

1 **Biodiversity of bacteriocin-producing lactic acid bacteria from Mexican**  
2 **regional cheeses and their contribution to milk fermentation**

3 Silvia Portilla-Vázquez<sup>1</sup>, Ana Rodríguez<sup>2</sup>, Mario Ramírez-Lepe<sup>1</sup>, Patricia G.  
4 Mendoza-García<sup>1\*</sup> and Beatriz Martínez<sup>2\*</sup>

5 <sup>1</sup>*Food Research and Development Unit (UNIDA) Technological Institute of Veracruz, Calz.*  
6 *Miguel Ángel de Quevedo 2779, Formando Hogar, 91897 Veracruz, México.*

7 <sup>2</sup>*Dairy Research Institute IPLA-CSIC, Paseo Río Linares, s/n, 33300 Villaviciosa,*  
8 *Asturias, Spain.*

9  
10 **Correspondence to both authors:**

11 Patricia G. Mendoza-García

12 Food Research and Development Unit (UNIDA) Technological Institute of Veracruz, Calz.

13 Miguel Ángel de Quevedo 2779, Formando Hogar, 91897 Veracruz, México.

14 Phone +52 229-9345701; e-mail: [pmendoza@itver.edu.mx](mailto:pmendoza@itver.edu.mx)

15 Beatriz Martínez

16 IPLA-CSIC. Paseo Río Linares, s/n, 33300 Villaviciosa, Asturias, Spain.

17 Phone +34 985 89 21 31; e-mail: [bmfl@ipla.csic.es](mailto:bmfl@ipla.csic.es)

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19

20 **Abstract**

21 The aim of this work was to examine the biodiversity of bacteriocin-producing lactic acid  
22 bacteria from homemade cheeses produced in Veracruz (México) and assess their  
23 contribution as adjunct cultures in dairy products. Ninety-three presumptive  
24 bacteriocinogenic strains were detected by direct antagonism assays and twenty-nine out of  
25 them were active against *Enterococcus faecalis* NRRL-B537, *Listeria innocua* 062 AST, or  
26 *Listeria monocytogenes* ATCC19115 by the well diffusion test using cell-free supernatants,  
27 adjusted to pH 6.0 to exclude inhibition by organic acids. Positive isolates were identified  
28 by partial sequencing of the 16s rDNA as *Pediococcus acidilactici* (4 isolates),  
29 *Enterococcus faecium* (17 isolates), *Lactobacillus plantarum* (6 isolates) and *Lactobacillus*  
30 *fermentum* (2 isolates). RAPD-PCR discriminated 7 groups with a 50% similarity and  
31 revealed the presence of the same isolates. The coding genes for the synthesis of plantaricin  
32 EF, plantaricin JK, plantaricin N, plantaricin NC8 and the inducing peptide plantaricin A  
33 were detected by PCR in *L. plantarum*. Similarly, enterocin P and pediocin PA-1 genes  
34 were amplified from *Enterococcus* and *Pediococcus* genomic DNA, respectively. Overall,  
35 co-culturing of bacteriocin producing *Lactobacillus* and *Pediococcus* strains with the dairy  
36 starter *Lactococcus lactis* IPLA947 did not interfere with milk acidification. Lactose  
37 consumption, acidification rate and production of lactic acid were unchanged. Nonetheless,  
38 higher levels of acetic acid, ethanol and succinic acid were detected depending on the  
39 strain. Our results demonstrate the diversity of bacteriocinogenic species in homemade  
40 Mexican cheeses which may be used as adjunct cultures to enhancing safety of this well-  
41 appreciated cheese while providing a richer range of metabolites.

42 *Keywords:* milk fermentation, adjunct cultures, bacteriocin, Mexican cheese, raw milk  
43 cheese, lactic acid bacteria

## 44 **Introduction**

45

46 Lactic acid bacteria (LAB) play an important role in the food industry, because they  
47 contribute significantly to the flavour, texture and, in many cases, to the nutritional value of  
48 the food products (Carr et al. 2002). LAB are found on rich nutrient habitats which are  
49 characterized by the presence of soluble carbohydrates, degraded protein products and  
50 vitamins, as well as, low oxygen tensions and include, for example, milk, dairy products,  
51 fermented meat, fish, fruits and vegetables. LAB are also part of the gastrointestinal and  
52 urogenital tract native microbiota (Dobson et al. 2012; Eckburg et al. 2007)

53 LAB have the ability to inhibit the development of a large number of pathogenic  
54 and food spoilage microorganisms. The primary antimicrobial effect of LAB is due to the  
55 competition for nutrients and the synthesis of organic acids (mainly lactic acid and acetic  
56 acid), that lower the pH of the environment. However, among the antimicrobial substances  
57 produced by LAB, antimicrobial peptides known as bacteriocins, are regarded as the most  
58 interesting for food biopreservation (Favaro et al. 2015). Due to their protein nature, they  
59 are degraded by proteolytic enzymes in the gastrointestinal tract while they remain active in  
60 the food substrate in which they are located. In addition they are not considered toxic or  
61 immunogenic (Favaro et al. 2015; García et al. 2010).

62 The increasing number of consumers who demand for less processed and traditional  
63 food products has fostered research on bacteriocins to inhibit pathogenic microorganisms.  
64 Bacteriocin-producing LAB can be used as starters or adjuvant cultures in food  
65 fermentations (Rehaiem et al. 2012; Rilla et al. 2003). Fermented dairy products, especially  
66 raw milk artisanal cheeses, have been exploited as a source of bacteriocinogenic LAB. In  
67 this context, there are several reports on the isolation of indigenous LAB from different

68 types of cheeses made through a traditional way that highlight the relevance of the  
69 microbial diversity found in these niches (Lavilla-Lerma et al. 2013; Moraes et al. 2012;  
70 Ortolani et al. 2010).

71 In Mexico, as in other countries of Latin America, cheese quality is closely  
72 associated with the production region and its traditions (Saxer et al. 2013). Fresh Cheese is  
73 the most popular variety consumed in these countries and is also the most popular  
74 Hispanic-style cheese found in the United States (Torres-Llanez et al. 2006). A great  
75 variety of typical Mexican cheeses can be found such as Panela, Fresh, Oaxaca, Mexican-  
76 Manchego style, Manchego-Botanero, Tenate and backpack cheese (Caro et al. 2014; Saxer  
77 et al. 2013). These are cheeses made from cow's milk and they are often marketed and  
78 consumed fresh or short-ripened. Several aspects of Mexican cheeses dealing with food  
79 safety and characterization of native microbiota have been recently reported (Alvarado et  
80 al. 2005; Caro et al. 2013).

81 “Queso fresco” cheese (fresh cheese) is a high moisture cheese characterized by a  
82 crisp texture, a slightly salty flavour and a low melting capacity. Artisanal, small-scale  
83 production is traditionally made by farmers using raw milk without adding a specific starter  
84 culture (Caro et al. 2014; Renye et al. 2008; Torres-Llanez et al. 2006). Most commonly,  
85 coagulation is driven by the indigenous LAB present in milk and the action of rennet (Saxer  
86 et al. 2013; Torres-Llanez et al. 2006). The high moisture content of the cheese (c.a. 50%)  
87 and a nearly neutral pH (6.3 to 6.5) are ideal for supporting the growth of a large number of  
88 bacterial species that contribute to their sensory quality but also compromise their hygienic  
89 quality (Alvarado et al. 2005; Renye et al. 2008; Saltijeral et al. 1999).

90 The aim of this work was to isolate bacteriocin-producing LAB from “Queso  
91 fresco” cheese made from raw cow's milk, characterize their diversity in terms of bacterial

92 species and the bacteriocins they produce, and assess their feasibility as adjunct cultures for  
93 the manufacture of dairy products. The isolates were screened for antimicrobial activity  
94 against pathogens such as *Enterococcus* and also *Listeria monocytogenes* that has been  
95 reported as the causative agent of infectious outbreaks associated with the consumption of  
96 raw milk fresh cheeses (Moraes et al., 2012; Renye et al. 2008).

97

## 98 **Material and Methods**

99

### 100 **Microorganisms and culture conditions**

101 Bacteriocinogenic LAB strains were grown in Man-Rogosa-Sharpe (MRS) broth (BD  
102 Difco, Detroit, MI, USA) at 37°C for 18-24 h without agitation. *Lactococcus lactis*  
103 IPLA947, used as a starter strain (Cárcoba et al. 2000), was grown in M17 (Biokar) at 30  
104 °C. *Enterococcus faecalis* NRRL-B537, *Listeria innocua* AST 062 and *Listeria*  
105 *monocytogenes* ATCC19115 were used as indicators and grown in MRS and Luria-Bertani  
106 (LB) (BD Difco, Detroit, MI, USA), respectively, at 37°C. Clinical isolates from University  
107 of Veracruz *Proteus mirabilis*, *Enterobacter cloacae*, *Salmonella paratyphi*, *Klebsiella*  
108 *pneumoniae*, *Pseudomonas aeruginosa* and *Staphylococcus aureus* were grown in LB at 37  
109 °C. All strains were maintained as frozen stocks at –80 °C in their corresponding broth plus  
110 20% (v/v) glycerol.

111

### 112 **Direct antagonism test**

113 Samples of 15 cheeses elaborated in local farms from Municipio of La Joya, Veracruz  
114 (México) were aseptically taken and maintained at 4°C until laboratory processing. Five  
115 grams of cheese were homogenized with 10 mL of phosphate buffer (0.1M, pH 7.0). Then,

116 1 mL of homogenized sample was added to 10 mL of MRS broth and incubated for 24 h at  
117 37°C. From each sample, ten-fold serial dilutions were made in 0.85% NaCl solution and  
118 100 µl were spread on MRS agar plates which were incubated at 37°C for 24h. The  
119 experiments were carried out by triplicate. Plates with isolated colonies were double-  
120 layered with indicator strains. *E. faecalis* NRRL-B537 and *L. innocua* AST 062 were  
121 previously cultured for 2 h at 37°C in 10 mL of MRS and LB media, respectively, and used  
122 to inoculate the same media supplemented with 1.2% agar that was poured onto the plates.  
123 Plates were incubated at 37 °C during 18-20 h until the appearance of inhibition halos was  
124 observed. Positive colonies were re-isolated on MRS agar in order to obtain pure strains.  
125 All isolated colonies were examined for catalase activity, examined under optical  
126 microscopy to determine cell morphology, and tested for Gram-staining reaction (Torres-  
127 Llenez et al. 2006).

128

### 129 **Antimicrobial activity and proteolytic enzyme treatment**

130 Isolates were incubated in 10 mL MRS broth at 37 °C for 18-20 h. The cultures were  
131 centrifuged at 12,000 xg for 15 min, and cell-free supernatants were neutralized to pH 6.0  
132 with 1M NaOH and subsequently filtered through a 0.22 µm polyethersulfone membrane  
133 (Millipore, Darmstadt, Germany). Supernatants were stored at -20 °C until further use. The  
134 antimicrobial activity was determined by the agar well diffusion assay as previously  
135 described (Schillinger and Lucke 1989). Inactivation by proteinase K (1 mg/mL; Sigma-  
136 Aldrich, St. Louis, Mo. USA) was evaluated after incubation for 30, 90 and 120 min at 37  
137 °C. After treatment, the residual antimicrobial activity was determined by the agar well  
138 diffusion assay using a control sample without addition of enzyme.

139

140 **DNA extraction and molecular identification**

141 Colonies were homogenized in 20 µL of a lysis buffer (0.25% SDS-50 mM NaOH) and  
142 heated at 95°C for 5 min. Subsequently, volume was adjusted with deionized water to 200  
143 µL. Samples were centrifuged at 13,000 xg for 5 min at 4 °C and the supernatant was kept  
144 at -20 °C (Salgado-Ruiz et al. 2015). For PCR reactions, PureTaq Ready-To-Go PCR  
145 Beads (GE Healthcare, Munich, Germany) kit was used. For molecular identification of the  
146 cultures, primers 27FYM (5' AGAGTTTGATYMTGGCTCAG 3') and 1492R (5'  
147 GGTTACCTTGTTACGACTT 3') that partially amplify the 16S rDNA gene were used  
148 (Alegría et al. 2013). Reactions were made in a thermocycler (Bio-Rad, Hercules) with the  
149 following amplification protocol: 5 min at 95°C; 30 cycles of 30 s at 94°C, 45 s at 50°C,  
150 and 2 min at 72°C; 10 min at 72°C. PCR products were analysed by electrophoresis in 0.8  
151 % agarose gels and visualized under UV light with a G:Box Syngene™ 126  
152 transilluminator (Syngene, Cambridge, UK). The PCR products were sequenced by  
153 Macrogen (Korea).

154

155 **Genetic fingerprinting by RAPD-PCR**

156 DNA was extracted from colonies as described above. Primers OPL5 (5'-ACGCAGGCAC-  
157 3'), RAPD5 (5'-AACGCGCAAC-3'), P1 (5'-CCGCAGCCAA-3') were used according to  
158 Gutiérrez et al. (2011). RAPD-PCR reactions were performed with the following cycling  
159 program: four cycles at 94 °C for 45 s, 30 °C for 120 s and 72 °C for 60 s; 26 cycles at 94  
160 °C for 5 s, 36 °C for 30 s and 72 °C for 30 s and a final step of 10 min at 75 °C. Finally, the  
161 PCR products were analysed by electrophoresis in 0.8% agarose gels. For the construction  
162 of the dendrogram, the Pearson product moment correlation coefficient and the unweighted  
163 pair group method with arithmetic averages (UPGMA) were used (Gutiérrez et al. 2011).

164

### 165 **Detection of bacteriocin genes**

166 Determination of genes involved in the biosynthesis of bacteriocins were carried out by  
167 PCR using the conditions and specific primers as previously reported by Lavilla-Lerma et  
168 al. (2013), Hadji-Sfaxi et al. (2011) and Martínez et al. (1998) (Table 1). PCR generated  
169 fragments were analysed by electrophoresis in 2% agarose gels and visualized as described  
170 before.

171

### 172 **Induction of plantaricin NC8**

173 Induction of the production of the bacteriocin NC8 in *L. plantarum* SP-68 was studied as  
174 previously described (Maldonado et al. 2004). Briefly, MRS broth was inoculated with 1%  
175 of an overnight culture of *L. plantarum* SP-68 plus 0.5% of an overnight culture of *L. lactis*  
176 IPLA947 strain and incubated at 30 °C during 6, 8, 18 and 24 h. Antimicrobial activity of  
177 the supernatants was assayed by the agar well diffusion test using *L. plantarum* 128/2 as the  
178 indicator strain. Individual cultures of *L. lactis* IPLA947 and *L. plantarum* SP-68 were used  
179 as controls to confirm that the inhibitory activity was due to the induction of NC8.

180

### 181 **Analysis of sugars, organic acids and volatile compounds in milk co-cultures**

182 Bacteriocinogenic strains *P. acidilactici* SP-01, *L. plantarum* SP-68 and *L. plantarum* SP-  
183 651, and the starter strain *L. lactis* IPLA947 were initially pre-adapted in milk by two  
184 successive passages in 10 ml of commercially available UHT semi-skimmed milk (Central  
185 Lechera Asturiana, Spain). Carbohydrates and organic acids were followed in two  
186 independent co-cultures in a final volume of 50 ml of milk inoculated at 1% (v/v) with *L.*  
187 *lactis* IPLA947 and the bacteriocin producer. Samples (1 ml) were withdrawn at 8, 18 and



188 24 h of incubation at 30 °C. Sugars and organic acids were analysed by HPLC with an  
189 ICSep ICE-ION-300 ion-exchange column, essentially as described by Rehaïem et al.  
190 (2012), following an isocratic gradient with sulfuric acid 3mM as a mobile phase at 0.7  
191 mL/min flow and a temperature of 65 °C. Organic acids and sugars were detected by a  
192 photodiode array PDA 996 and a 410 differential refractometer detector, respectively.  
193 Volatile compound analysis was performed after co-culturing in 10 ml of UHT milk in 20  
194 ml glass tubes sealed with rubber and metallic cups. Strains were inoculated at 1% (v/v)  
195 and incubated for 18 h at 30 °C and two independent experiments were carried out for each  
196 co-culture. Volatile compounds were determined by headspace/gas chromatography/mass  
197 spectrometry (HS/GC/MS), using an Agilent apparatus (Agilent Technologies, Wilmington,  
198 DE, USA) equipped with a capillary column HP-Innowax 60 m×0.25 mm×0.25 µm  
199 (Agilent) (Salazar et al. 2009). Propyl acetate (1µg/ml) was used as an internal standard to  
200 determine relative abundances.

201

## 202 **Statistical analyses**

203 Statistics was performed using the SPSS 15.0 software (SPSS, Chicago, IL, USA). Data  
204 related to residual lactose, and production of organic acids and volatile compounds by the  
205 acidifying strain *L. lactis* IPLA947 alone and in co-cultures with the bacteriocinogenic  
206 strains *P. acidilactici* SP-01, and *L. plantarum* SP-68 and SP-651 at different incubation  
207 times (8, 18 and 24 h) were subjected to Oneway ANOVA using as factor the incubation  
208 time with four categories (the four strains indicated above). The Student-Newman-Keuls  
209 test ( $p<0.05$ ) was applied for means comparison.

210

211

## 212 **Results and Discussion**

### 213 **Isolation of antibacterial LAB from "Queso fresco" (fresh cheese)**

214 Ninety-three colonies grown on MRS plates and isolated from cheese samples obtained  
215 from the Municipio of La Joya, Veracruz (México), revealed the presence of inhibition  
216 halos against *L. monocytogenes* ATCC19115, *L. innocua* AST 062 or *E. faecalis* NRRL-  
217 B537 by the double-layer agar assay. The presumptive LAB strains were Gram-positive  
218 microorganisms, catalase negative and with bacillary or coccoid morphology.  
219 Subsequently, the cell-free supernatants from these strains were neutralized, sterilized by  
220 filtration, and tested by the well-diffusion assay. Twenty-nine strains were found to produce  
221 an inhibition zone against at least one of the three indicator strains (Table 2). None of the  
222 isolates were active against the genera *Proteus*, *Enterobacter*, *Salmonella*, *Klebsiella*,  
223 *Pseudomonas* and *Staphylococcus* (data not shown). Interestingly several isolates  
224 demonstrated a strong antilisterial activity (Table 2). Previous studies have reported the  
225 antagonistic activity of autochthonous isolates from dairy products against *L.*  
226 *monocytogenes* (Hadji-Sfaxi et al. 2011; Ortolani et al. 2010) which is of relevance as this  
227 pathogen is often involved in outbreaks associated with consumption of fresh cheese made  
228 from raw milk (Renyé et al. 2009; Saltijeral et al. 1999). The activity of some of the isolates  
229 was rather weak (shown as +/- in Table 2) and it was not always detected. However, these  
230 strains were further characterized given the fact that several bacteriocins are inducible and  
231 may require specific environmental conditions to trigger synthesis (Diep et al. 2001;  
232 Maldonado et al. 2003; Rojo-Bezarez et al. 2007).

233 The proteinaceous nature of the antimicrobial activity, typical for bacteriocins, was  
234 confirmed in 21 out of the 29 active supernatants by their susceptibility to proteinase K  
235 treatment (Table 2).

236

237 **Molecular identification of LAB isolates**

238 All 29 isolates were subjected to molecular identification. The partial 16S rDNA gene  
239 sequences of 29 isolates showed 99% homology with NCBI database retrieved sequences  
240 and were identified as follows: 6 strains (21%) as *Lactobacillus plantarum* (GenBank  
241 AB601179 and AB713901); 2 strains (7%) as *Lactobacillus fermentum* (GenBank  
242 HM058427 and HM058429); 4 strains (14%) as *Pediococcus acidilactici* (Gen Bank  
243 JN592051 and JQ801716), and 17 (57%) as *Enterococcus faecium* (GenBank gHQ293030  
244 and EF204317) (Table 2). Bacteriocin production by all these species have been often  
245 reported (Albano et al. 2007; Caro et al. 2013; Ortolani et al. 2010; Renye et al. 2009;  
246 Torres-Llenez et al. 2006).

247 As reported by Renye et al. (2009) and Moraes et al. (2012) who studied the  
248 microbial composition of fresh cheeses, the most prevalent species in our samples was *E.*  
249 *faecium*. The presence of this species in raw milk and raw milk cheese is very common  
250 (Moraes et al. 2012; Alvarado et al. 2005) and *E. faecium* has been considered essential for  
251 the development of the sensory qualities associated to Mexican Queso Fresco cheeses  
252 (Hadji-Sfaxi et al. 2011). However, its deliberate use in food is still controversial because  
253 of the increasing association of *Enterococcus* sp. with nosocomial infections and the  
254 presence of multiple antibiotic-resistant genes, putatively transmissible by conjugation to  
255 nonpathogenic microorganisms (Delgado and Mayo 2004; Hadji-Sfaxi et al. 2011).  
256 Therefore, enterococcal strains often undergo exhaustive safety assessments prior to their  
257 use in food.

258 *Lactobacillus* species were also isolated although the cheeses used in this study  
259 were not ripened. *Lactobacillus* has been reported to become predominant through ripening

260 because these organisms are capable to grow under the highly selective conditions of the  
261 cheese environment (Sánchez et al. 2006; Lavilla-Lerma et al. 2013). *Pediococcus*  
262 *acidilactici* strains were detected as well. This genus is not often isolated from dairy  
263 products (Papagianni and Anastasiadou 2009). However, there is great interest in the  
264 application of *P. acidilactici* strains in fermented dairy products as protective secondary  
265 cultures, particularly in the manufacture of Italian-style cheeses and also in low pH dairy  
266 foods such as yogurt (Somkuti and Steinberg 2010).

267

### 268 **Genetic fingerprinting by RAPD-PCR**

269 Randomly amplified polymorphic DNA (RAPD-PCR) is a useful method to study the  
270 genetic diversity of natural microorganisms present in different kind of cheeses, to  
271 monitoring the survival of strains added in the manufacturing process and/or maturation as  
272 well as detecting identical isolates within a strain collection (Delgado and Mayo et al. 2004;  
273 Sánchez et al. 2006). Some authors pointed out that if this technique is to be used alone,  
274 one primer is insufficient for a good discrimination (Gutiérrez et al. 2011; Sánchez et al.  
275 2006).

276 In our study, using the RAPD-PCR profiles generated by 3 primers, three major  
277 clusters I- III were identified, which could be further discriminated into seven sub-clusters  
278 Ia, Ib, IIc, IId, IIIe, IIIf, IIIg with a percentage of similarity of 50 % (Fig. 1). The cluster I,  
279 included two isolates of *P. acidilactici* and one of *L. fermentum* grouped into subgroups Ia,  
280 and Ib, respectively. The cluster II was the least homogeneous, grouping two strains of *P.*  
281 *acidilactici* and *E. faecium* (IIc), and two *L. plantarum* and one strain of *L. fermentum* (IId).  
282 The cluster III encompassed most of the *E. faecium* isolates (IIIf), two strains of *L.*  
283 *plantarum* (IIIe), and one strain of *P. acidilactici* (IIIg). Overall, *E. faecium* isolates were

284 closely related contrasting to the higher diversity found within the species *L. plantarum* and  
285 *P. acidilactici*. The RAPD-PCR also contributed to detect isolates with more than 80 % of  
286 similarity which suggests that are different isolates from the same strain (Gatti et al. 2008).  
287 This is exemplified by the pairs of *L. plantarum* SP-651/SP-24 and SP-50/SP-68 with  
288 similar inhibitory activities (Table 2) and the same bacteriocin genes, as described below  
289 (see Table 3).

290

### 291 **Detection of bacteriocin genes**

292 The presence of bacteriocin encoding genes within the bacteriocinogenic isolates was  
293 assessed by PCR. Within *L. plantarum*, two strains, SP-24 and SP-651, were positive for  
294 *plnA* (inducing peptide), *plnEF*, *plnJK* (encoding two-peptide bacteriocins), and *plnN*  
295 (putative bacteriocin with an N-terminal double glycine leader consensus) (Table 3). This  
296 result resembles the organization described in *L. plantarum* C11 and WCFS1 strains (Diep  
297 et al. 2009). On the other hand, two of our strains, SP-50 and SP-68, did not amplify *plnA*  
298 and *plnN* but were positive for the plantaricin NC8 which has been described previously in  
299 *L. plantarum* NC8, isolated from grass silage (Maldonado et al. 2003; 2004). Remarkably,  
300 NC8 producing strains are rarely isolated from dairy products (Diep et al. 2009; Maldonado  
301 et al. 2003; Rojo-Bezarez et al. 2007). All these bacteriocin producing isolates also carried  
302 the *plnEF* and *plnJK* genes demonstrating further the mosaicism and broad presence of  
303 several plantaricin genes in *L. plantarum*, regardless the source of isolation (Diep et al.  
304 2009; Lavilla-Lerma et al. 2013; Maldonado et al. 2004). The production of several  
305 bacteriocins by the same strain plays an important role in niche competition as each  
306 bacteriocin may differ in their mode of action, thus widening the spectrum of inhibited  
307 bacteria (Diep et al. 2009). In fact, it has been shown that plantaricins EF and JK have a

308 slightly different mode of action on sensitive cells, the first producing pores with selectivity  
309 for cations and the second one with selectivity for anions (Möll et al. 1999).

310 The diversity of bacteriocin genes present in the rest of strains was low. All *E.*  
311 *faecium* isolates amplified the gene encoding enterocin P (*entP*) while none of the other  
312 enterocin genes (*entA*, *entB*, *entL50A* and *entAS-48*) were detected (data not shown). The  
313 production of more than one enterocin is common among *E. faecium* strains (Alvarado et  
314 al. 2005). However, that was not the case of our isolates and their antimicrobial activity is  
315 likely due to production of enterocin P only. Enterocin P belongs to the pediocin-like class  
316 IIa bacteriocins with strong anti-listeria effect and together with enterocins A and B are  
317 prevalent among enterococci (Cintas et al. 1997; Hadji-Sfaxi et al. 2011; Renye et al.  
318 2009). Within *P. acidilactici*, the pediocin PA-1 gene was detected in three (SP-01, SP-02,  
319 and SP-61) out of the four strains and correlated with the anti-listeria activity shown by  
320 these isolates. As previously described, production of pediocin PA-1 is a common  
321 phenotype found in *P. acidilactici* strains (Albano et al. 2007; Millette et al. 2008;  
322 Papagianni and Anastasiadou 2009).

323 It is worth noticing that some isolates (SP-38, SP-48, SP-13, SP-23, SP-59, SP-653  
324 and SP-66) did not amplify any bacteriocin gene. These isolates were characterized by  
325 weak activity in their supernatants which was not always detected. Although the presence  
326 of other bacteriocin genes cannot be discarded, it is possible that non-producing mutants  
327 were selected during sub-culturing. Bacteriocin genes are often located on mobilizable  
328 genetic elements (transposons and plasmids) which may be lost when growing under  
329 laboratory conditions (García et al. 2010; Hadji-Sfaxi et al. 2011). Furthermore, small  
330 variations in culturing conditions (media composition, temperature) may reduce bacteriocin

331 synthesis, particularly in the case of those bacteriocins subjected to quorum sensing and  
332 may be strain specific (Diep et al. 2009; Maldonado et al. 2003).

333

#### 334 **Induction of bacteriocin NC8 activity**

335 Production of several bacteriocins is regulated by quorum-sensing mediated by peptide  
336 pheromones or autoinducer peptides (Diep et al. 2009; Rojo-Bezares et al. 2007). Other  
337 factors such as the presence of competing microorganisms have been reported to regulate  
338 production of bacteriocins by some LAB. Coordinating bacteriocin production within the  
339 population has a greater effect on inhibition of competitors, because a high concentration of  
340 bacteriocin is suddenly produced at a certain time, preventing the selection of bacteriocin  
341 resistant variants (Diep et al. 2001; Diep et al. 2009; Maldonado et al. 2004; Rojo-Bezares  
342 et al. 2007). Given the fact that inducing conditions may be strain specific (Diep et al.  
343 2009; Maldonado et al. 2003), co-cultures of *L. plantarum* SP-68 with *L. lactis* IPLA947  
344 were carried out to confirm the production of the inducible bacteriocin NC8 by this newly  
345 isolate of dairy origin. As shown in Fig. 2, antimicrobial activity against *L. pentosus* 128/2  
346 was only detected in cell-free supernatants from the co-cultures while no activity was  
347 present when the strains were grown independently. These results are in agreement with  
348 those reported previously by Maldonado et al. (2004) and demonstrate the inducible  
349 synthesis of the bacteriocin NC8 by *L. plantarum* SP-68.

350

#### 351 **Metabolic profiling of co-cultures in milk**

352 Adjunct dairy cultures are often used to enhance the organoleptic properties of dairy  
353 products. However, the addition of bacteriocin producing bacteria to milk may interfere  
354 with the rate of acidification driven by the starter or contribute to the formation of off-

355 flavours precluding their use as bioprotective cultures (Perin et al. 2015; Rilla et al. 2003).  
356 Thereby, pH decrease, sugar consumption, production of organic acids and volatile  
357 compounds was analysed in co-cultures of the starter strains *L. lactis* IPLA 947 and  
358 selected bacteriocin producers including *P. acidilactici* SP-01, *L. plantarum* SP-68 and *L.*  
359 *plantarum* SP-651. Acidification was not hindered by the presence of the bacteriocinogenic  
360 strains and all the co-cultures reached an average pH of 4.92 ( $\pm 0.01$ ), 4.28 ( $\pm 0.01$ ) and 4.25  
361 ( $\pm 0.02$ ) after 8, 18 and 24 h of incubation, respectively (data not shown). Accordingly,  
362 lactose consumption as well as the production of lactic acid, considered as the main  
363 metabolic product of milk fermentation, followed the same trend regardless of the  
364 bacteriocinogenic adjunct culture and no significant differences were noted at the end of the  
365 incubation ( $p > 0.05$ ) (Fig. 3a,b).

366 More variability was observed with other organic acids such as acetic, formic and  
367 succinic acids (Fig. 3). Acetic and formic acids are the result of alternative routes in  
368 homofermentative LAB that redirect pyruvate depending on environmental conditions  
369 (Mayo et al., 2010). This heterolactic or mixed fermentation appears to be favoured by the  
370 adjunct cultures. Production of acetic acid was clearly increased in all co-cultures ( $p < 0.05$ )  
371 and reached up to three-fold higher levels in the presence of *P. acidilactici* SP-01 compared  
372 to *L. lactis* IPLA947 alone (Fig. 3). Both *L. plantarum* strains also contributed with higher  
373 levels of acetic acid ( $p < 0.05$ ) that increased from 8 h to 24 h (Fig. 3). The concentration of  
374 formic acid were also higher ( $p < 0.05$ ) in co-cultures with *P. acidilactici* SP-01 during  
375 fermentation but levelled off at the end of the fermentation (Fig. 3). Very interesting, co-  
376 culturing with the bacteriocinogenic strains caused a significant increase of succinic acid  
377 throughout fermentation ( $p < 0.05$ ). Production of succinic acid by LAB has not been studied  
378 deeply but it has been detected in cultures of both *L. plantarum* and *P. acidilactici* and has



379 been associated to the development of the sensory attributes of fermented foods including  
380 cheese (Dudley and Steele 2005; Ramasamy et al. 2012).

381         The profile of major volatile compounds was also slightly different depending on  
382 the bacteriocin producing strain (Fig. 4). Co-cultures with *P. acidilactici* SP-01 and *L.*  
383 *plantarum* SP-651 showed an increased relative abundance of ethanol ( $p<0.05$ ) compared  
384 to the single fermentation carried out by *L. lactis* IPLA947, which is consistent with the  
385 mixed acid fermentation and the concomitant higher levels of acetic and formic acid (Fig.  
386 3). On the contrary, acetone levels were not significantly different to that of *L. lactis*  
387 IPLA947 milk cultures ( $p>0.05$ ). Diacetyl production was reduced in co-cultures with *L.*  
388 *plantarum* SP-68 but not with *L. plantarum* SP-651, reflecting the high biodiversity and the  
389 plasticity of this species (Siezen et al. 2010) which was also evident by the profile of  
390 organic acids (e.g. acetic and succinic acids) as described above. In general, these results  
391 reinforce the importance of analysing the contribution of each adjunct culture to the  
392 organoleptic properties of the fermented product in a strain-specific basis.

393

## 394 **Conclusions**

395

396 Mexican craft cheeses are a good source of genetically diverse bacteriocin producing LAB.  
397 Their presence in co-cultures with dairy starters does not interfere with milk acidification  
398 and, depending on the strain, they may provide a richer range of metabolites likely to  
399 impact positively the organoleptic properties of cheese, while possibly contributing to  
400 enhance safety.

401

402

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413

414 **The authors declare that the research was conducted in the absence of any**  
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416 **interest.**

417

418 **References**

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**Table 1.** Primer pairs and PCR conditions used for the detection of bacteriocin genes.

	PCR primers	Sequence 5'-3'	Annealing °C	Size (bp)	Reference
<i>plnA</i>	plnA-F	GTA CAG TAC TAA TGG GAG	50	450	(Lavilla-Lerma et al. 2013)
	plnA-R	CTT ACG CCA ATC TAT ACG			
<i>plnEF</i>	plnEF-F	GGC ATA GTT AAA ATT CCC CCC	50	428	
	plnEF-R	CAG GTT GCC GCA AAA AAA G			
<i>plnJ</i>	plnJ-F	TAA CGA CGG ATT GCT CTG	50	475	
	plnJ-R	AAT CAA GGA ATT ATC ACA TTA GTC			
<i>plnK</i>	plnK-F	CTG TAA GCA TTG CTA ACC AAT C	50	246	
	plnK-R	ACT GCT GAC GCT GAA AAG			
<i>plnN</i>	plnN-F	ATT GCC GGG TTA GGT ATC G	50	146	
	plnN-R	CCT AAA CCA TGC CAT GCA C			
<b>Plantaricin NC8</b>	NC8-F	GGT CTG CGT ATA AGC ATC GC	55	207	
	NC8-R	AAA TTG AAC ATA TGG GTG CTT TAA ATT CC			
<b>Plantaricin S</b>	plnS-F	GCC TTA CCA GCG TAA TGC CC	55	320	
	plnS-R	CTG GTG ATG CAA TCG TTA GTT T			
<b>Enterocin A</b>	AF	GGTACCACTCATAGTGGAAA	58	138	(Hadji-Sfaxi et al. 2011)
	AR	CCCTGGAATTGCTCCACCTAA			
<b>Enterocin B</b>	BF	CAAAATGTAAAAGAATTAAGTACG	56	201	
	BR	AGAGTATACATTTGCTAACCC			
<b>Enterocin P</b>	PF	GCTACGCGTTCATATGGTAATGGT	60	132	
	PR	ATGTCCCATACCTGCCAAACCAGAAG C			
<b>Enterocin L50A</b>	Ent1F	NNNNCCATGGGAGCAATCGCAAAA	56	135	
	Ent1R	NNNNAAGCTTAATGTTTTTTAATCCAT CAAT			
<b>Enterocin AS-48</b>	ASF	GAGGAGTATCATGGTTAAAGA	50	339	
	ASR	ATATTGTTAAATTACCAA			
<b>Pediocin PA-1</b>	Ped-F	AAA ATA TCT AAC TAA TAC TTG	44	723	(Martínez et al. 1998)
	Ped-R	TAA AAA GAT ATT TGA CCA AAA			

**Table 2.** Antimicrobial activity of cell-free supernatants of lactic acid bacteria isolated from “Queso Fresco” cheese and activity after treatment with proteinase K.

Species	Isolate	<i>E. faecalis</i>	<i>L. innocua</i>	<i>L. monocytogenes</i>	Treatment
		NRRL-B537 <sup>a</sup>	AST0 62 <sup>a</sup>	ATCC19115 <sup>a</sup>	Proteinase K <sup>b</sup>
<i>Lactobacillus plantarum</i>	SP-24	-	-	+/-	-
	SP-38	+/-	-	+/-	ND <sup>a</sup>
	SP-48	-	-	+/-	ND
	SP-50	-	+/-	+/-	-
	SP-651	-	-	+/-	-
	SP-68	-	+/-	+/-	-
<i>Lactobacillus fermentum</i>	SP-13	+	-	-	ND
	SP-23	+	-	+/-	ND
<i>Enterococcus faecium</i>	SP-03	++	++	+++	-
	SP-04	++	++	+++	-
	SP-08	+	+++	+++	-
	SP-09	++	+	+	-
	SP-10	++	++	+++	-
	SP-11	++	++	+++	-
	SP-12	++	++	+++	-
	SP-17	++	+++	+++	-
	SP-22	++	++	+++	-
	SP-33	+	++	+++	-
	SP-34	++	++	++	-
	SP-35	+	++	+++	-
	SP-58	+	++	++	-
	SP-59	-	+/-	+/-	ND
	SP-64	++	++	++	-
	SP-653	-	+/-	+/-	-
SP-66	-	+/-	+/-	-	
<i>Pediococcus acidilactici</i>	SP-01	+	++	++	-
	SP-02	+/-	+	+	ND
	SP-07	+/-	+	+	ND
	SP-61	+	+	+	ND

<sup>a</sup> (+++) Inhibitory zone >13mm, (++) Inhibitory zone 10-13mm, (+) Inhibitory zone 9mm, (+/-) weak inhibition, (-) No inhibition zone, ND: not determined

<sup>b</sup> Antimicrobial activity after proteinase treatment was determined against *L. monocytogenes* ATCC19115

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**Table 3.** Presence of bacteriocin genes determined by PCR in bacteriocinogenic lactobacilli isolated from “Queso Fresco” cheese.

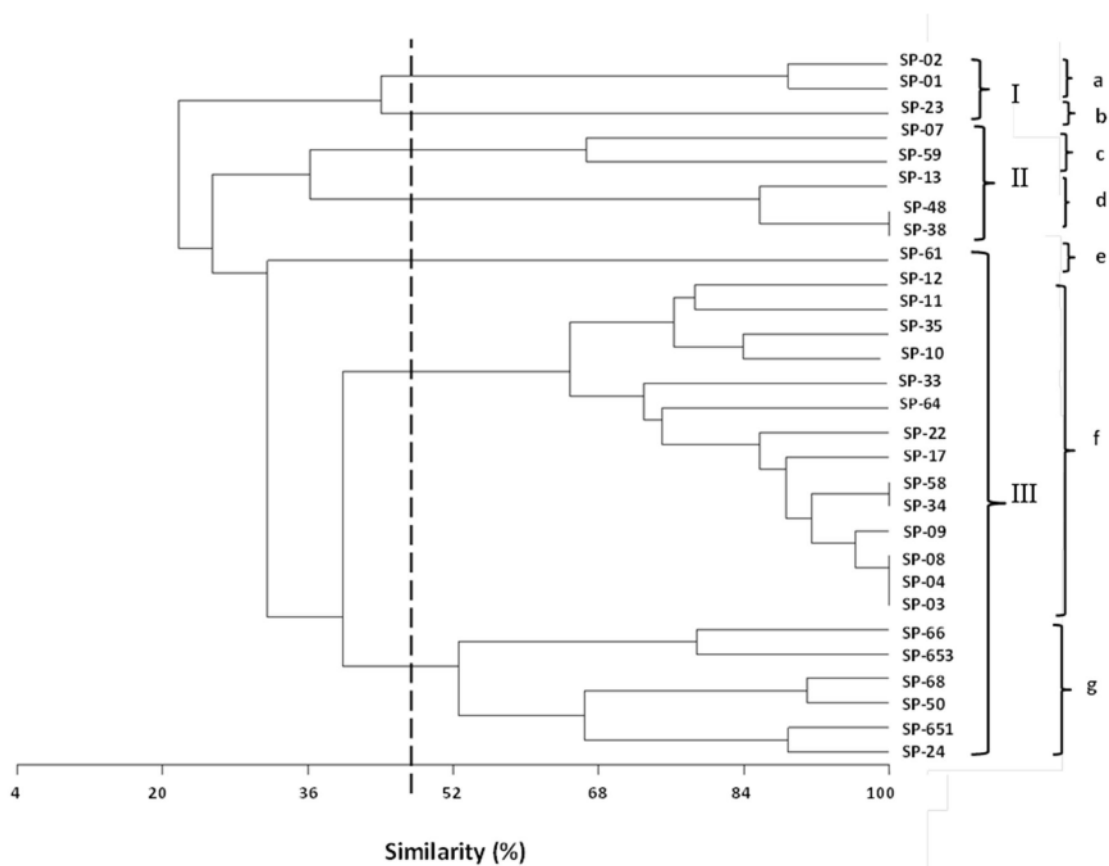
Species	Isolate	Bacteriocin gene						
		<i>plnA</i>	<i>plnEF</i>	<i>plnJ</i>	<i>plnK</i>	<i>plnS</i>	<i>plnN</i>	<i>plnNC8</i>
<i>Lactobacillus plantarum</i>	SP-24	+	+	+	+	-	+	-
	SP-38	-	-	-	-	-	-	-
	SP-48	-	-	-	-	-	-	-
	SP-50	-	+	+	+	-	-	+
	SP-651	+	+	+	+	-	+	-
	SP-68	-	+	+	+	-	-	+
<i>Lactobacillus fermentum</i>	SP-13	-	-	-	-	-	-	-
	SP-23	-	-	-	-	-	-	-

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565

566 **Figure 1.** Dendrogram obtained by cluster analysis of RAPD-PCR profiles of lactic acid  
 567 bacteria (SP) isolated from “Queso fresco” cheese, using the UPGMA method and the  
 568 Pearson product moment correlation coefficient. Dashed line represents threshold similarity  
 569 value of 50% for discriminating clusters.

570

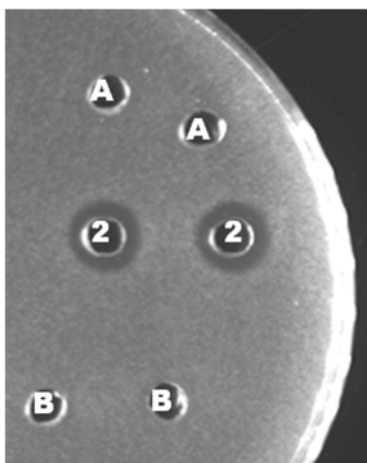


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574 **Figure 2.** Induction of the antimicrobial activity in *Lactobacillus plantarum* SP-68 by co-  
575 culturing with *Lactococcus lactis* IPLA947. Supernatants from individual cultures SP-68  
576 (A) and *L. lactis* IPLA947 (B) and co-cultures after 8 h of incubation at 30 °C (2) were  
577 assayed in duplicate by the well diffusion test using *Lactobacillus pentosus* 128/2 as  
578 indicator.



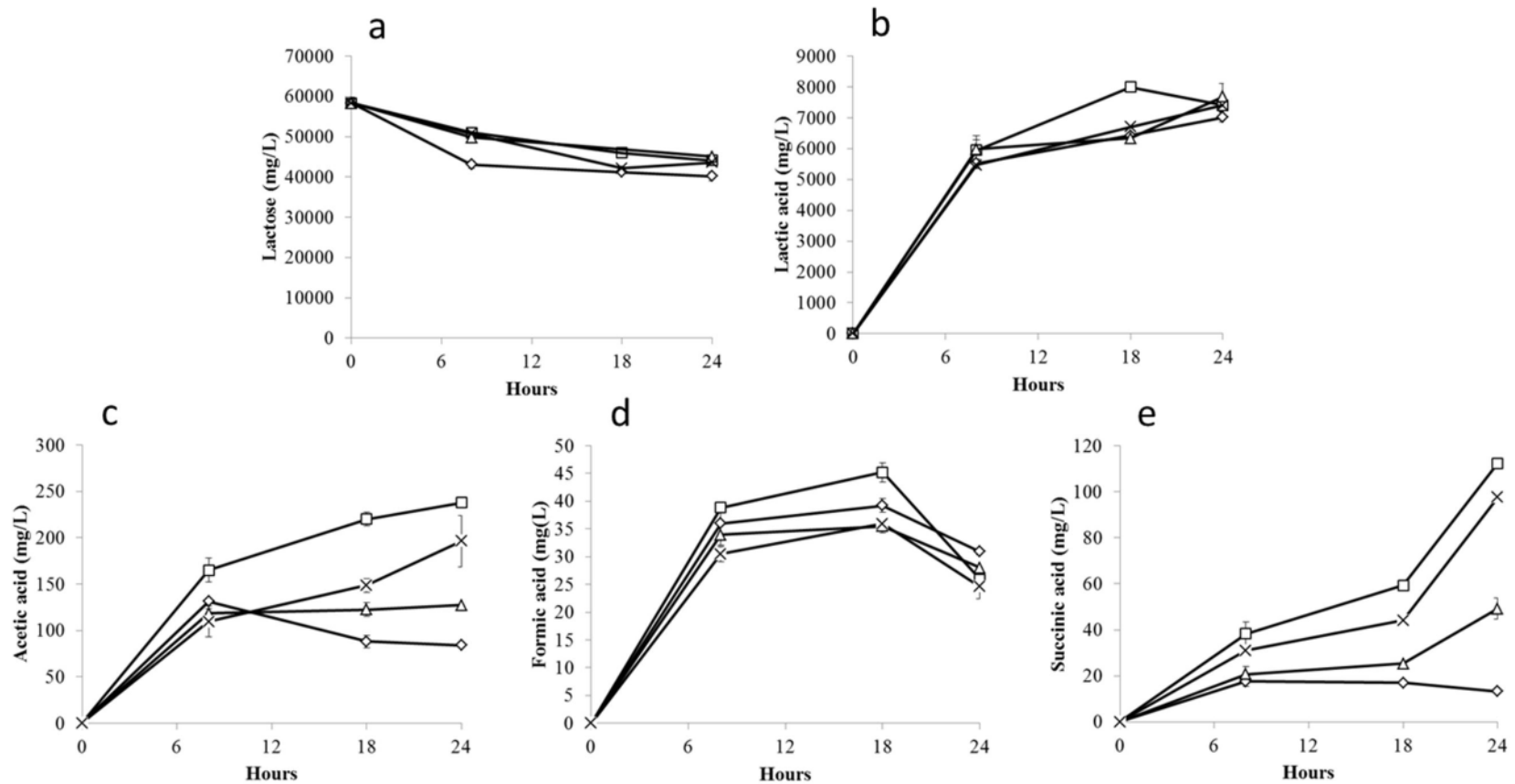
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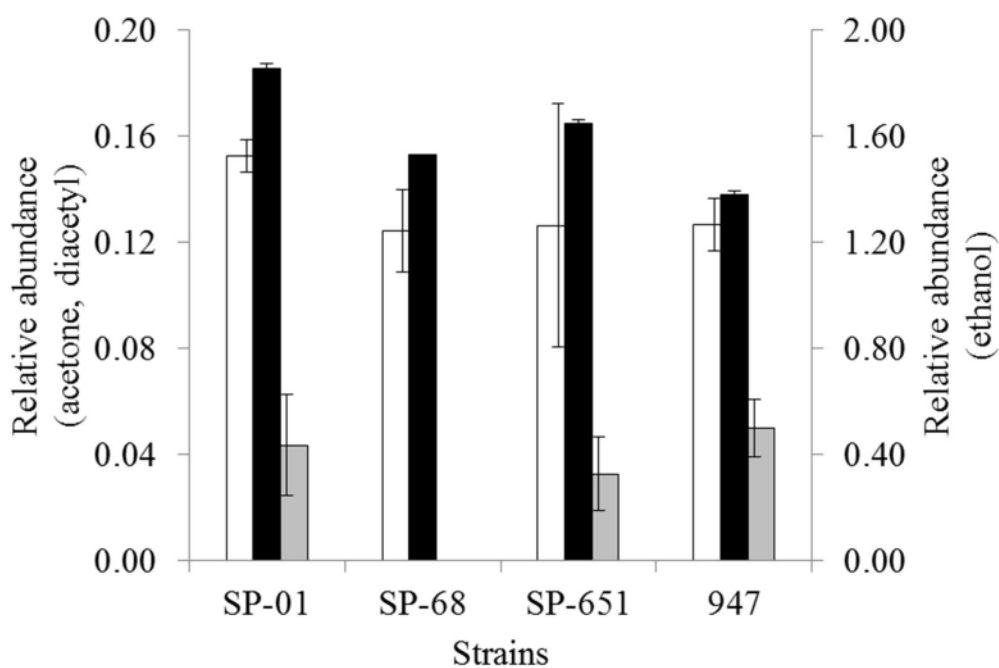
583 **Figure 3.** Residual lactose (a) and production of lactic (b), acetic (c), formic (d) and succinic (e) acids during milk fermentation of *L.*  
 584 *lactis* IPLA947 alone ( $\diamond$ ) and co-cultured with the bacteriocinogenic strains *P. acidilactici* SP-01 ( $\square$ ), *L. plantarum* SP-68 ( $\Delta$ ) and *L.*  
 585 *plantarum* SP-651 ( $\times$ ). Data reported are means and standard deviation (vertical bars) of two independent experiments.



586

587 **Figure 4.** Relative abundance of ethanol (black), acetone (white) and diacetyl (grey) in  
588 milk cultures incubated at 30 °C for 18 h of *L. lactis* IPLA 947 alone (947) or in co-culture  
589 with the bacteriocin producers *P. acidilactici* SP-1, *L. plantarum* SP-68 and *L. plantarum*  
590 SP-651. Data reported are means and standard deviation (vertical bars) of two independent  
591 experiments.

592



593