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# Cell division and death inhibit glassy behaviour of confluent tissues

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We investigate the effects of cell division and apoptosis on collective dynamics in two-dimensional epithelial tissues. Our model includes three key ingredients observed across many epithelia, namely cell-cell adhesion, cell death and a cell division process that depends on the surrounding environment. We show a rich non-equilibrium phase diagram depending on the ratio of cell death to cell division and on the adhesion strength. For large apoptosis rates, cells die out and the tissue disintegrates. As the death rate decreases, however, we show, consecutively, the existence of a gas-like phase, a gel-like phase, and a dense confluent (tissue) phase. Most striking is the observation that the tissue is self-melting through its own internal activity, ruling out the existence of any glassy phase.

Simple epithelial tissues consist of a single layer of tightly connected cells. Especially during development, epithelial cells grow, divide and move, leading to a dynamic reorganisation of the entire tissue. This process is regulated by a complex set of chemical and mechanical signalling pathways [1–4] that control cell shapes and cell-cell contacts. How the regulation of cell-cell interactions is transmitted to the tissue-level organisation is still a topic of active research. Mechanical signalling, *i.e.*, a set of processes that control the cell response to mechanical stimuli in the form of externally applied or internally generated forces, is at present only partly understood [2]. One well-known example of mechanics-influenced regulation is the density-dependent inhibition of proliferation in cell monolayers [5, 6]. A hallmark of cancerous tissues is the absence of this regulation, leading to uncontrolled tumour growth. Perturbations in the mechanical sensing of cells have been reported to be relevant in several diseases such as osteoporosis and atherosclerosis [7]. Breast cancer [8], cardiovascular [9] and liver diseases [10] as well as renal glomerular disease [11] are all known to be accompanied by significant changes in the mechanical properties of relevant tissues.

Recent advances in microscopy techniques and powerful algorithms for automated cell tracking have enabled studies of collective cell migration for large cell numbers, over extended periods of time and with high spatial resolution, both *in vitro* and *in vivo*. Traction force microscopy [12] measurements revealed that the collective motion of epithelial cell layers is far more complex than previously believed [13–15]. Homogeneous cell sheets behave as a supercooled fluid at long time scales and as a glass at short time scales, showing large spatial fluctuations of the inter-cellular forces. These fluctuations cannot be pinpointed to a specific cell but extend over regions spanning several cells [16–18]. They strongly resemble the fluctuations observed in supercooled colloidal and molecular liquids approaching the glass transition [13] with evidence of dynamical heterogeneity, a hallmark of glassy dynamics that has been extensively studied in soft condensed matter physics.

In spite of the many interesting similarities to soft glasses, cell sheets viewed as active materials constitute a new class

of non-equilibrium system in which the interplay between activity, long range elasticity and cell interactions give rise to novel phases with unusual structural, dynamical and mechanical properties [19–21]. Many recent works have shown that cell activity, for example in the form of self-propulsion, has the capability to fluidise a confluent tissue, but only above a critical level of activity [20–23]. At low enough activity all of these works report the existence of a glassy phase where cell diffusion ceases.

In contrast, in this paper we show that the simple presence of any finite rate of cell division and death completely destroys the glassy dynamics of the tissue. In agreement with Ranft *et al.* [24], we report that cell division and apoptosis always fluidises the confluent tissue. To systematically explore the effect of cell division and cell death as an active driver, we introduce a minimal particle-based model based on simplified cell and division dynamics. This allows us to fully explore the phase space of the model and enumerate its phases, from gaseous to gel-like and eventually confluent, as a function of the relative death to division ratio (Figure 2). We carefully characterise the lower-density transitions (absorbing to gaseous, phase separated to gel-like) to produce a phase diagram (Figure 5). In the confluent phase, we show the self-melting effect of a range of division and death rates, and their scaling limits (Figure 6). Finally, we compare division and death dynamics to active self-propulsion dynamics and show that at the long time scales relevant to glassy dynamics, the effect of division always dominates (Figure 7).

## MODEL

Cell shape is known to play an important role in tissue organisation, and it is controlled by a complex set of signalling pathways [25]. Despite its complexity, a remarkable amount of information about collective behaviour at scales exceeding the size of a single cell can be gained from effective models that treat cells as soft elastic objects [26]. More generally, particle based tissue models have been successfully applied to

a wide range of systems (for a complete review see Drasdo *et al.* and the references within [27]). In this study we take a similar approach and consider a model where the cells are represented by soft spheres of radius  $b_i$ . The tissue consists of a collection of  $N$  such spheres with radii  $b_i$  uniformly distributed in the range of 0.85 to 1.15.

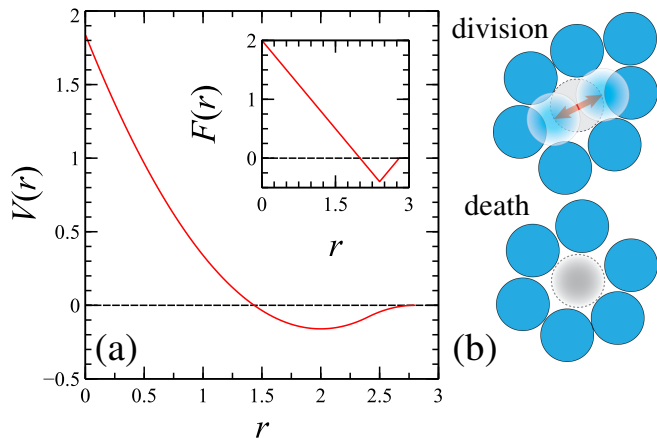


FIG. 1. (a) Interparticle potential  $V(r)$ , for  $k = 1$  and  $\varepsilon = 0.2$ . The elastic force is shown as inset. (b) Schematic illustration of the cell division and cell death dynamics.

We model the contact forces between two cells  $i$  and  $j$  through a pair potential that includes short range repulsion to mimic volume exclusion, together with short range adhesion (see Figure 1(a)) [16, 27]. The potential is given by

$$V(r_{ij}) = \begin{cases} \frac{1}{2}kb_{ij}^2 \left[ \left( \frac{r_{ij}}{b_{ij}} - 1 \right)^2 - \varepsilon^2 \right] & \text{if } \frac{r_{ij}}{b_{ij}} - 1 \leq \varepsilon \\ -\frac{1}{2}kb_{ij}^2 \left( \frac{r_{ij}}{b_{ij}} - 1 - 2\varepsilon \right)^2 & \text{if } \varepsilon < \frac{r_{ij}}{b_{ij}} - 1 \leq 2\varepsilon, \end{cases} \quad (1)$$

where  $k$  is the stiffness constant,  $b_{ij} = b_i + b_j$  is the sum of the particle radii, and  $(b_{ij}\varepsilon)$  is the adhesive force strength.

In accordance with micron-size scales for cell diameters, we neglect inertia effects and model the dynamics of the cell positions  $\mathbf{r}_i(t)$  as fully overdamped [28]

$$\partial_t \mathbf{r}_i(t) = \mu \mathbf{F}_i, \quad (2)$$

where  $\mu$  is the inverse friction coefficient and  $\mathbf{F}_i = \sum_{j \neq i} \mathbf{F}_{ij}$  is the total force acting on particle  $i$  exerted by its neighbours.

The only source of activity in the system is cell division and apoptosis, as schematically drawn in Figure 1(b). Apoptosis is included by removing cells randomly at constant rate  $a$ . Note that this simplified approach can also model other removal mechanisms, such as sheet extrusion or ingression from the sheet into other tissues. Motivated by the well-known density-dependent inhibition of proliferation in cell monolayers [5, 6], we model cell division as a density dependent mechanism with a division rate

$$d = d_0 \left( 1 - \frac{z}{z_{max}} \right), \quad (3)$$

where  $d_0$  is the division rate amplitude,  $z$  is the number of contact neighbours of the particle and  $z_{max}$  is number of contact neighbours at which division ceases in the system. We fix the maximum value of nearest neighbours to  $z_{max} = 6$ , *i.e.* a full ring of nearest neighbours. Taking rearrangements into account, this allows for the neighbour distribution with mean 6 typical of a two-dimensional confluent tissue [29, 30], see Figure 1(b). We replace the cell by the new mother-daughter pair located on top of each other, and then linearly fade in their mutual potential  $V_{ij}$ , therefore preventing jumps in the local forces.

Our model contains two microscopic time scales: the elastic interaction time scale  $\tau_{el} = (\mu k)^{-1}$  and a much longer time scale introduced by the active division process  $\tau_a = (d_0)^{-1}$ . We fix the simulation time unit by setting  $\mu = k = 1$ . Then the phase space can be explored varying only three control parameters: (1) the ratio of apoptosis to division rate,  $a/d_0$ , (2) the ratio of attraction to repulsion  $\varepsilon$ . (3) Furthermore, we have established that the homeostatic properties of the system (density, pressure, contact number) do not depend on  $d_0$  (see SI, section A). We study the dynamics of the model in a square box of size  $L = 120$  with periodic boundary conditions to mimic the bulk dynamics of the tissue. Depending on final density, this is equivalent to  $N = 2000 - 10000$  particles. The simulations were carried out using both a C++ GPU-parallel Molecular Dynamics code (see SI, section D), and the multi-purpose active matter simulation code SAMoS (Soft Active Matter on Surfaces) [31].

## RESULTS AND DISCUSSION

To study the interplay between activity and adhesion, we explore the phase space of  $a/d_0$  and  $\varepsilon$ .

We monitor the state of the system by following the packing fraction  $\Phi = \sum_i \pi b_i^2 / L^2$ , the number of contact neighbours  $Z_{ng}$  and the virial pressure  $P = \sum_i \mathbf{r}_i \cdot \mathbf{F}_i / 2V$ . The corresponding results are shown in Figures 3 and 4.

At high apoptosis rates  $a/d_0 \lesssim 1$ , the system is unable to reach a steady state at non-zero density, *i.e.* the colony dies out. We find an  $\varepsilon$ -dependent critical  $a/d_0$  where the cell division is first able to balance cell death and the system reaches a gas-like state (Fig. 2(a)). Since all of the values are below the expected threshold of stability,  $a/d_0 = 1$ , it is clear that collective effects play a role. In the steady state, the rate of loss of particles and the actual division rate balance each other, *i.e.*  $\langle d \rangle = a$ , where the average takes local correlations into account. Intuitively, we can derive the following mean-field scaling for the contact number,

$$z_{MF} = z_{max} (1 - a/d_0). \quad (4)$$

As shown in the inset to Fig. 3, the  $z - a/d_0$  curves for all  $\varepsilon$  collapse, and deviations from the linear scaling occur only at the lowest  $a/d_0$ .

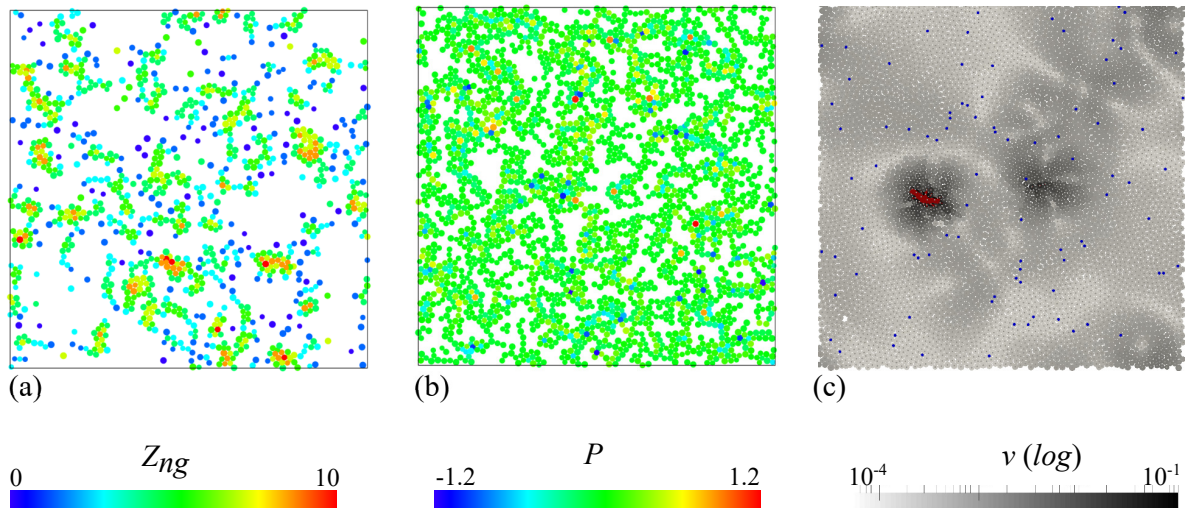


FIG. 2. Snapshots of the system in different parts of the phase space for  $\varepsilon = 0.15$ . (a) Gas-like phase at apoptosis rate just within the stable region ( $a/d_0 = 0.5$ ,  $d_0 = 10^{-2}$ ); (b) phase separated state consisting of a percolated cluster surrounded by a gas of cells ( $a/d_0 = 0.3$ ,  $d_0 = 10^{-2}$ ); (c) self-melting dynamics in a confluent system ( $a/d_0 = 3 \times 10^{-3}$ ,  $d_0 = 3 \times 10^{-3}$ ). Particles are coloured according to: (a) contact number, (b) local virial pressure and (c) velocity magnitude (log scale). Note that the tracer particles used for the mean-square displacement and self-intermediate function calculation are shown in blue.

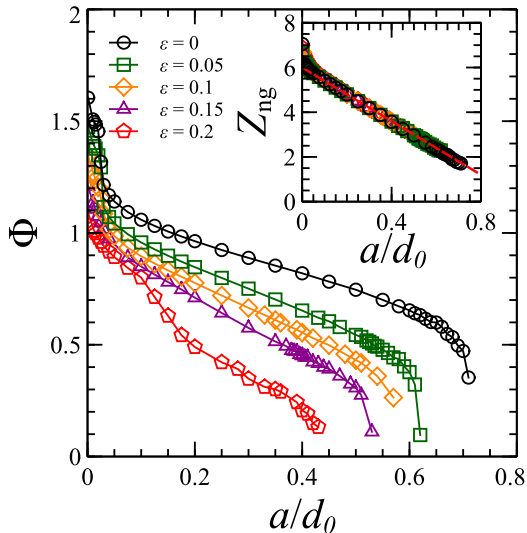


FIG. 3. Packing fraction  $\Phi$  and mean contact number  $Z_{ng}$  (inset) as a function of the ratio of apoptosis to division rate,  $a/d_0$ . The mean field line,  $z_{MF} = z_{max}(1 - a/d_0)$ , is indicated by red dashed lines. Different symbols and colours (online) correspond to different attraction forces  $\varepsilon$ . For this figure we used  $d_0 = 10^{-2}$ .

What sets the critical  $a/d_0$  value remains an open question. If we extend the mean-field argument to the mean density,  $\Phi_{MF} = \Phi_{max}(1 - a/d_0)$ , where  $\Phi_{max}$  is the packing fraction of a system with  $\langle z \rangle = z_{max}$ , we obtain a linear scaling that is consistent with much of the intermediate  $a/d_0$  range. However, this argument overestimates  $\Phi$  when  $\varepsilon$  is increased.

Clustering is observed at  $\varepsilon = 0$  in the absence of any adhesion force, simply due to the fact that cell divisions create

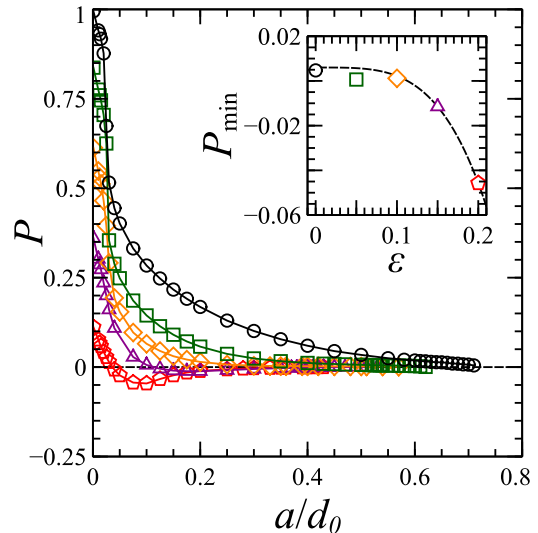


FIG. 4. Virial pressure  $P$  as function of the ratio of apoptosis to division rate,  $a/d_0$ . The negative pressure region is indicative of a gel-like phase and the inset shows the minimum pressure,  $P_{min}$  for different values of  $\varepsilon$ . The line is a guide for the eye. Symbols and colours are the same as in Fig. 3.

new cells nearby [32]. Spatial heterogeneities lower the effective division rate since the typical number of neighbours increases, and hence the critical apoptosis rate also decreases. As we increase the adhesion force, we observe even stronger spatial heterogeneities and so the effective local division rate decreases more strongly, due to the contact number in the clusters reaching  $z_{max}$ . We predict a decrease of the critical  $a/d_0$  with  $\varepsilon$ , consistent with the numerical results in Fig. 5. The

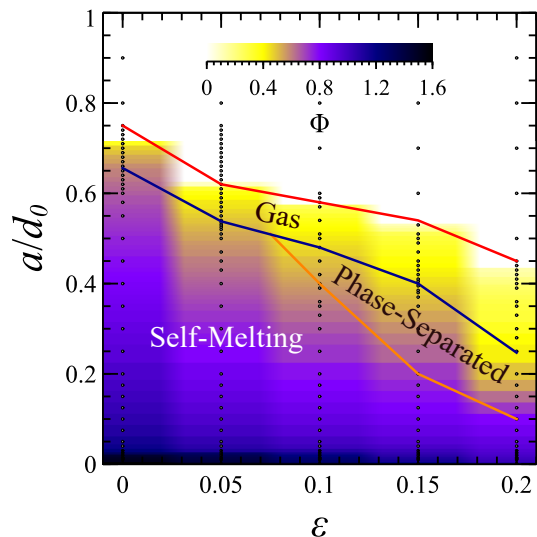


FIG. 5. Phase diagram of the system as a function of the adhesion force characterised by  $\varepsilon$  and the activity characterised by  $a/d_0$ . The red line represent the (numerically estimated) first passage line between an absorbing state and the clustering gas phase. The blue line corresponds to the percolation transition in the system which separates the gas from the percolating cluster phase and the liquid. Finally, the orange line denotes the cluster-liquid transition. The color map shows the value of the packing fraction,  $\Phi$ .

actual lowest achievable  $a/d_0$  is in fact set by a first passage problem: no colony can recover once all cells have died. It is important to note that the finite size has a crucial effect in this situation. Further work is needed to explore this effect in more detail (see SI, section B).

In addition, decreasing  $a/d_0$  from its critical value causes a rapid increase in the density, leading to a gel-like percolated structure (Fig. 2(b)). Using standard percolation tools [33, 34], we construct the blue transition line in Fig. 5. The nature of the percolation transition will be studied in future work [35]. Depending on the strength of the adhesion force  $\varepsilon$ , the final confluent tissue state, Fig. 2(c) is reached either directly or through phase separation mechanism where a gel-like structure appears in the system. In section we discuss the self-melting phase in more detail, and the gel phase in section . Additionally, for large attraction  $\varepsilon > 0.2$ , the central soft core repulsion can be overcome, and the system aggregates into an unphysical series of clumps.

We have constructed the  $(\varepsilon, a/d_0)$  phase diagram shown in Fig. 5 using the results discussed above, together with the methods described in the followings subsections.

### Self-melting confluent tissue

The key result here concerns the confluent tissue, where we observe a very slow dynamics, which is nevertheless fluidised by the presence of dividing and dying particles. We illustrate the dynamics of this state in Fig. 2(c), where par-

ticles are colour-coded by their velocity magnitude. Each individual death or division event is responsible for a displacement wave that propagates diffusively, and that, together with other events, leads to rearrangements in the system and eventually to a finite diffusive motion of cells. This dynamics leads to a liquid state at all values of the activity quantified by  $d_0$  and  $a$ . We measure the mean-square displacement  $\text{MSD}(t) = \langle |\mathbf{r}(t) - \mathbf{r}(0)|^2 \rangle$  through the addition of 2% of inactive but otherwise identical tracer particles (blue particles in Fig. 2(c)). Figure 6(a) shows a typical set of MSD curves. We observe a ballistic scaling at short times and very small displacements, characteristic of the persistent motion due to individual division or death events and thus dependent on the internal relaxation dynamics characterised by the surface friction  $1/\mu$  and the elastic stiffness  $k$  of individual cells (see section C of the SI). The strain field caused by this events corresponds to classical long range elasticity [36] as a response to the changes in local structure. Signatures of this elastic response can be seen in the velocity field in Fig. 2(c). In the long time limit at times longer than a characteristic time  $\tau$ , the dynamics become diffusive. From the long-time behaviour of the tracer motion we define a diffusion coefficient  $D$  from  $\text{MSD}(t) = 4Dt$ . In addition, Fig. 6(c) shows the scaled diffusion coefficient  $D/d_0$  as a function of the division/death ratio  $a/d_0$ . As can be seen, the curves collapse consistently with a linear scaling  $D/d_0 \sim a/d_0$ , with some deviations for the largest values of the activity  $a/d_0$ . This last result is in accordance with the theoretical description presented by Ranft *et al.* [24].

To better understand how cells decorrelate their positions in time, we compute the self-intermediate scattering function  $F(t) = \frac{1}{N} \langle \sum_{n=1}^N e^{i\mathbf{q} \cdot (\mathbf{r}_n(t) - \mathbf{r}_n(0))} \rangle_t$ , for a value of  $|\mathbf{q}| = \sqrt{2\pi}/\sigma$ . As in ordinary liquids and unlike in glassy or supercooled systems, we find a single decay time scale, as shown in Fig. 6(d). We fit the decorrelation time  $\tau$  at which  $F(t)$  has decayed by half. As shown in panel (f), we observe a simple scaling collapse,  $\tau d_0 \sim (a/d_0)^{-1}$  as a very good approximation, with again deviations at the largest  $a/d_0$ . In panel (e), we have rescaled time by the effective inverse time scale  $(a/d_0)d_0 = a$ , *i.e.* the apoptosis rate. We observe collapse of the curves, and the same holds for the MSD curves (panel (b)). This means that the only relevant time scale for fluidisation is the division time scale proportional to  $1/a$  in the stationary state.

To emphasise the relevance of the fluidisation time scale  $\tau$ , we have added individual motility to the particles. We use a standard form of active dynamics [37], a non-aligning active force term  $F_{\text{act}} = v_0 \hat{n}$ , where the unit vector  $\hat{n}$  diffuses with rotational diffusion coefficient  $D_r$ . It has been shown that in the absence of division or death, this dynamics leads to a glassy phase at sufficiently high density and low  $v_0$  [20, 22]. For high values of  $D_r$ , the system can be mapped to a thermal system with effective temperature  $T_{\text{eff}} = v_0^2/2D_r$  and mostly analogous glassy dynamics [38]. Here we consider the case of  $D_r = 1$ , which fits into this regime. In Fig. 7 we compare the system with only active motion (panels (b) and (d)) to a system with both active motion and a very small rate of



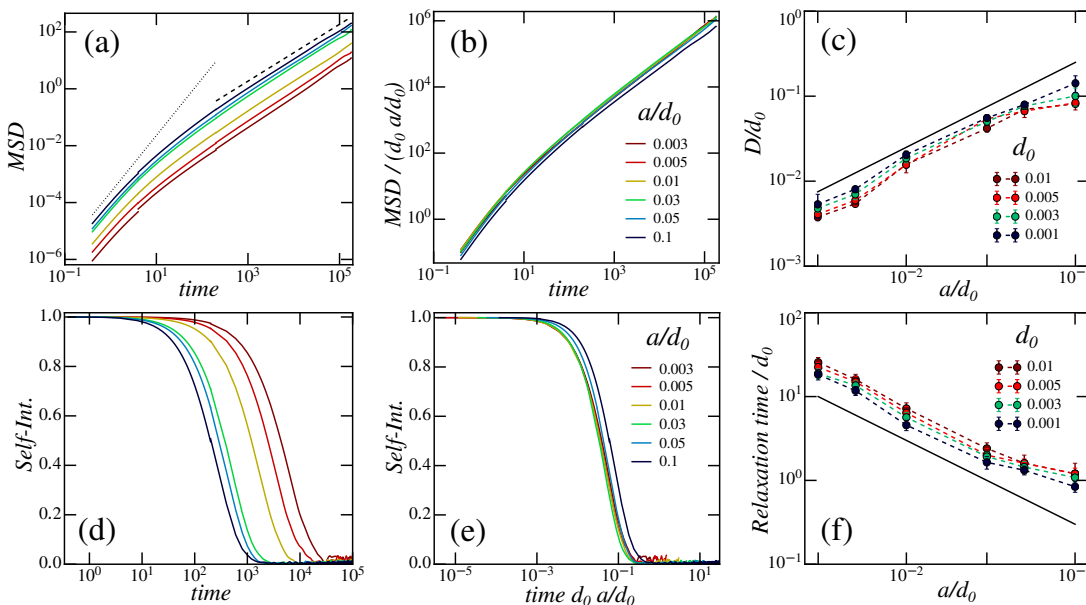


FIG. 6. Diffusive dynamics in the dense system. (a) Mean-square displacement for bare division rate  $d_0 = 0.003$  and a range of  $a/d_0$ . (b) Rescaling with  $1/a$  time scale. (c) Scaling of the diffusion coefficient extracted from (a). (d) Self-Intermediate scattering function  $F(t)$  for the same parameters as (a). (e) Rescaling with  $1/a$  time scale. (f) Scaling of the fluidization time scale  $\tau$  extracted from (b).

division and death (panels (a) and (c)).

In the system with only active driving, we see a clear transition through the active glass transition as a function of  $v_0$ . The MSD (panel (b)) shows an indefinite plateau at low  $v_0$  which then increases quadratically with  $v_0$ , until it reaches the cage breaking threshold. Panel (d) shows the self-intermediate scattering function characterising the decorrelation of cell positions. As expected for a system with glassy dynamics,  $F(t)$  does not decay significantly for the low  $v_0$  systems, but decays at increasingly shorter time scales for larger  $v_0$ . The actual shape of  $F(t)$  exhibits a stretched exponential decay visible over the whole time range. This is likely due to the active nature of the dynamics, and the known effects of  $d = 2$  on the detailed phenomenology of the glass transition [39].

If we now add a small amount of cell division dynamics ( $d_0 = 3 \times 10^{-3}$  and  $a/d_0 = 3 \times 10^{-3}$ ), we observe that the active dynamics of the system is fully dominated by cell division/apoptosis events. This leads to a complete decorrelation of the positions, *i.e.* a fluidised tissue (panel (c)), and purely diffusive dynamics of the MSD beyond the ballistic time scale (panel (a)). The decay of the intermediate structure factor  $F(t)$  (panel (c)) for dynamics with cell division is unaffected only for the largest  $v_0$ , with a decay that is otherwise truncated by the rapid decay of the dividing contribution. In the same way, only the MSD for the largest  $v_0$  that was already diffusive without the division is unaffected. The curves at low  $v_0$  essentially collapse on top of the division-only curve. This remarkable results demonstrate that at long time scales, the division dynamic dominates for low values of the driving  $v_0$ , therefore erasing any signatures of the glassy state.

## Gel phase

In the intermediate activity rate region, above the percolation point, we observe either a confluent tissue, or a phase separated system with strong density heterogeneities. This gel phase is absent at low adhesion strengths ( $\epsilon \leq 0.05$ ) and dominates at larger adhesion values. In order to quantify this gel phase we analyse the coarse-grained density field [40]. First, we discretise space into boxes of length  $\xi_b$  and define a discrete density field  $\rho(\mathbf{r})$  for discrete positions  $\mathbf{r}$  located at the centre of the boxes

$$\rho(\mathbf{r}) = \frac{1}{V_b} \sum_i \theta(b - |\mathbf{r} - \mathbf{r}_i|), \quad (5)$$

where  $V_b = \xi_b^2$  is the elementary volume,  $\theta(x)$  is the Heaviside function and  $b = \langle b_i \rangle$  is the mean particle radius. The coarse grained density field  $\bar{\rho}(\mathbf{r})$  is smoothed over adjacent boxes:

$$\bar{\rho}(\mathbf{r}) = \frac{1}{6} \left[ 2\rho(\mathbf{r}) + \sum_{\pm} \sum_{\alpha=x,y} \rho(\mathbf{r} \pm b\mathbf{e}_\alpha) \right], \quad (6)$$

where  $\mathbf{e}_\alpha$  is the unit vector in the  $\alpha$  direction. As in Testard *et al.* [40] we set  $\xi_b = 0.5b$ .

In Fig. 8, we show typical density fields for  $\epsilon = 1.15$  and two  $a/d_0$  rates on both sides of the transition. As can be seen from Fig. 8(a), for  $a/d_0 = 0.2$ , the system is in a phase coexistence state characterised by a strongly heterogeneous coarse-grained density. On the other hand, for a very low apoptosis rate  $a/d_0 = 10^{-3}$  (Fig. 8(b)), the system is homogeneous. The probability distribution of the coarse-grained density  $P(\bar{\rho})$  gives us a systematic method to distinguish be-

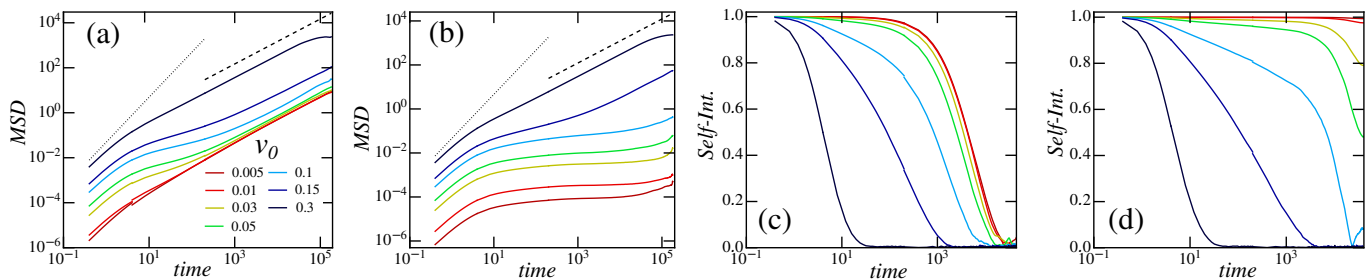


FIG. 7. Interaction of division/death dynamics with the active glass transition induced by self-propulsion. Left: Mean squared displacement. Right: Self-intermediate scattering function. (a) and (c) are for a system with both division/death dynamics and self-propulsion, and (b) and (d) are for a system with only self-propulsion.

tween the intermediate gel phase and the high density self-melting confluent tissue phase. As can be seen in Fig. 8, in the gel phase  $P(\bar{\rho})$  is characterised by two peaks reflecting phase coexistence. One peak is located at almost zero density representing the non-percolated phase (gas phase). A second peak is at intermediate density representing the cluster phase. On the other hand, for the high density self-melting confluent tissue the probability distribution of the coarse-grained density is represented by a single peak as expected. We used the presence of a second peak to construct the *Phase-separated - Self-melting* transition line showed in Fig. 5.

Interestingly, the formation of the gel is accompanied by the build-up of a negative pressure in the system as demonstrated in Fig. 4. The source of this negative pressure is that the percolated network structure may exhibit tensile stresses due to the attractive forces when confined to a fixed volume. Therefore, the measurement of a global quantity like the pressure can already give some information on the underlying internal structure.

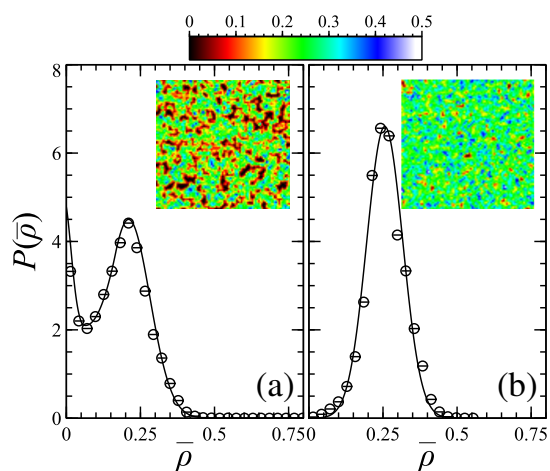


FIG. 8. Probability distribution corresponding to the coarse-grained density field, Eq. (6) for  $\varepsilon = 1.15$ ,  $d_0 = 10^{-3}$  and  $a/d_0$  ratio equal to (a)  $2 \times 10^{-1}$  and (b)  $10^{-3}$ .

## CONCLUSIONS

In summary, using a simple model that includes only three independent parameters, we have been able to explore active dynamics relevant to tissues. As we increase the apoptosis rate for a given adhesion force, we encounter, sequentially, a dense confluent tissue phase, a network forming phase, a low density clustering phase and a region where the tissue is dying. We observe that in confluent tissues, regardless of the level of active driving our model fluidises at long times, above the division time scale. Signatures of active glassy dynamics only exist at very short time scales, however they are already severely affected by the division dynamics. We emphasise that this behaviour is not solely a property of the model presented here. For example, in an active vertex model simulation [31], we have confirmed that adding cell division as only source of activity also fluidises the tissue.

The absence of a glassy phase in a system with any level of division or death events is important for the biology of tissues. Our results suggests that in actual developmental epithelial tissues (*e.g.* drosophila, chick embryo and the mammalian cornea), where there is substantial division dynamics, active glassy dynamics does *not* play a fundamental role. Only *in vitro* systems that have suppressed division rates are more likely candidates to show true glassy features. A number of recent results [41, 42] predict a glassy phase in confluent tissues, based on a shape parameter relating perimeter and area of cells. However, the associated models [42, 43] all neglect cell division and death.

In further studies it will be important to also consider other biological processes that involve more complex collective processes. During organ development or tumour growth, the cells organise themselves in a collective manner by regulating proliferation rate (cell division) and cell death (apoptosis). Gene expression and tissue pattern formation can be highly influenced by the spatial distribution of mechanical stresses [44, 45].

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## Supplementary Material for:

# Cell division and death inhibit glassy behaviour of confluent tissues

### A. INFLUENCE OF THE DIVISION RATE $d_0$

We consider again our system where the only source of activity is cell division and apoptosis. Cell division is a density dependent mechanism with division rate (Eq. 3 in the main text)

$$d = d_0 \left( 1 - \frac{z}{z_{max}} \right).$$

We investigate the influence of the bare division rate  $d_0$  on the steady state of the system for two attractive force strengths  $\varepsilon = 0$  and  $\varepsilon = 0.15$ . The results are shown in Fig. S1. As can be seen, the overall state of the system does not change significantly with  $d_0$ , except at very high  $d_0$  where the division time scale competes with the elastic time scale (see below).

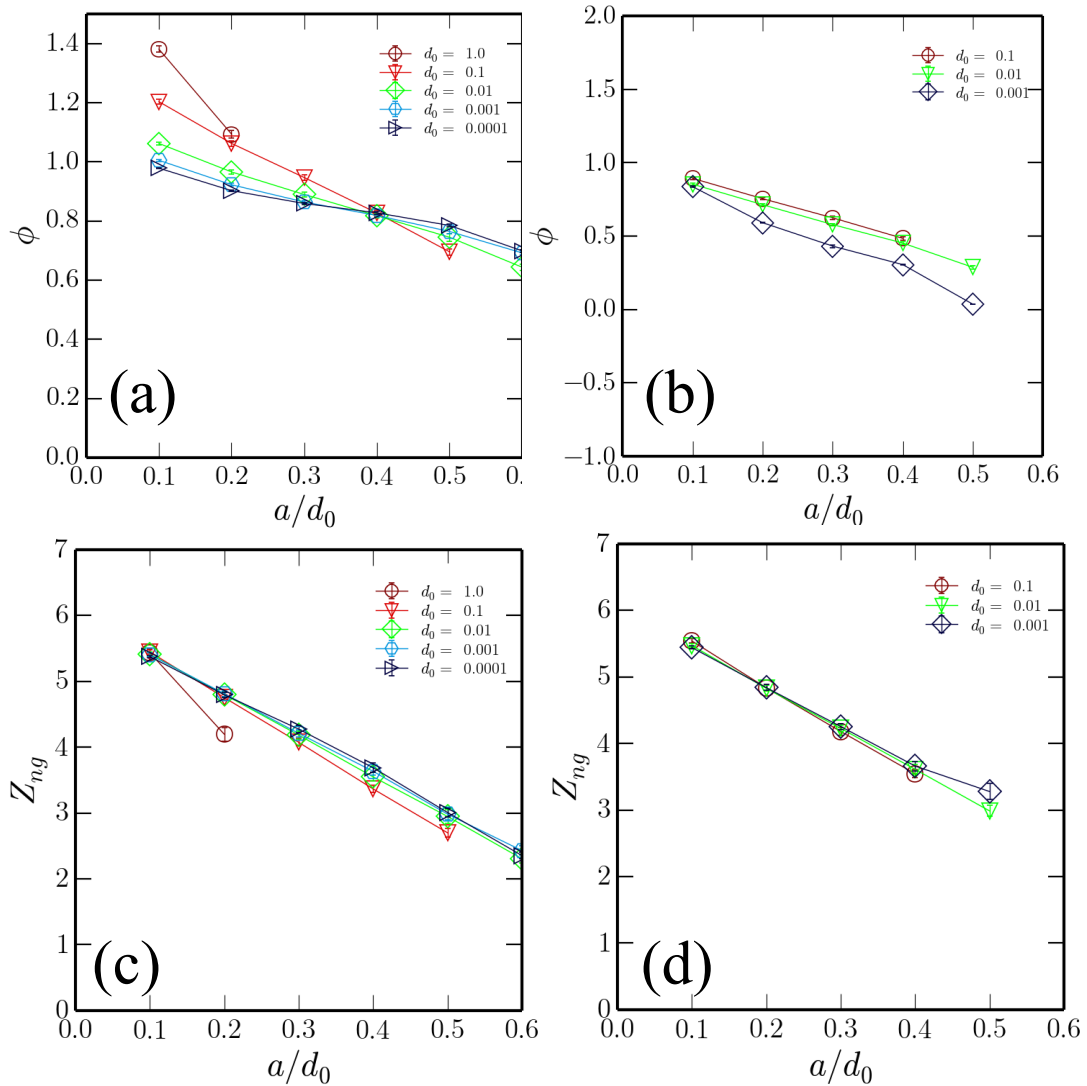


FIG. S1. Influence of the bare division rate  $d_0$  on the packing fraction  $\Phi$  (a-b) and mean contact number  $Z_{ng}$  (c-d) as a function of  $a/d_0$ . Panel (a-c)  $\varepsilon = 0$  and (b-d) 0.15.

## B. FINIZE SIZE SCALING EFFECTS

We investigate how the system size influences the location of the *gas - absorbed* phase boundary line  $\Phi = 0$ . We choose a system at  $(a/d_0 = 0.5, \varepsilon = 0.15)$ , which is just within the gas phase for a very large system with  $L = 240$ . We then monitor the evolution of the packing fraction  $\Phi$  when we decrease the system size; the results are presented in Fig. S2. We observe that, as expected, density fluctuations play a major role for small systems. For  $L < 25$  the fluctuations of the packing fraction are sufficient to remove all the cells, leading to the absorbing empty state in a first passage dynamics. Figure S3 shows the variance of the packing fraction  $\text{Var}(\Phi)$  as function of system size. As can be seen, for small system sizes the fluctuations are comparable to  $\Phi$ , making any colony die out. Further work is needed to explore this effect in more detail.

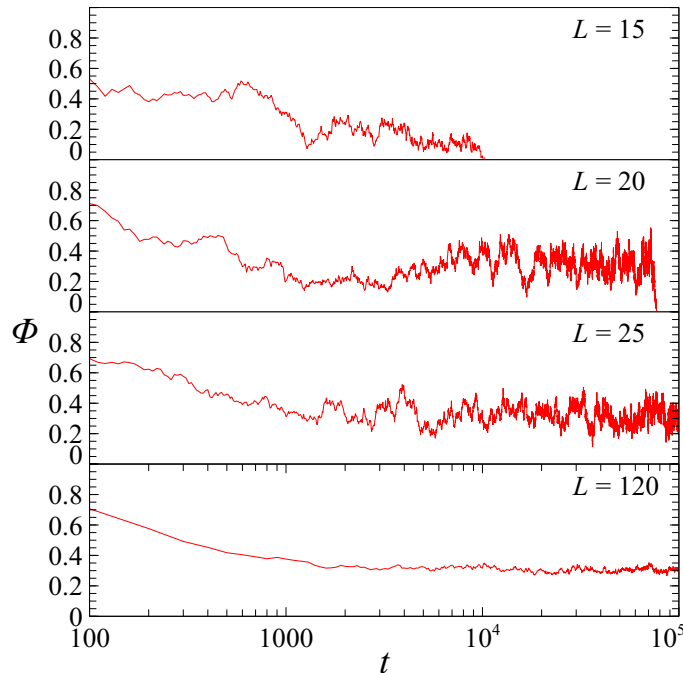


FIG. S2. Influence of the system size on the packing fraction  $\Phi$  for  $a/d_0 = 0.5$  and  $\varepsilon = 0.15$ .

## C. INFLUENCE OF THE ELASTIC TIME SCALE

In the equations of motion  $\partial_t \mathbf{r}_i = \mu \mathbf{F}_i$  (Eq. 2 of the main text), the mobility  $\mu$  sets the time scale of the diffusive dynamics due to particle motion. Taking the form of the potential into account, mobility and elastic constant  $k$  form a single time scale  $\tau_{el} = 1/\mu k$ . Here, we investigate the influence of  $\tau_{el}$  on the slow dynamics in the confluent phase.

We find a nuanced picture. At short time scales (MSD plot), the influence of  $\tau_{el}$  is pronounced: for low values of  $\mu$ , i.e. large  $\tau_{el}$ , the system takes a longer time to switch from ballistic to diffusive behaviour. This confirms that the relevant time scale in the MSD is *not* set by the inverse division rate  $1/a$ . The curves also do not rescale with a simple power of  $\tau_{el}$ , pointing towards a subtler interaction of elastic and division time scales for this crossover. At longer time scales, the relaxation time scale in the Self-intermediate function is only slightly influenced by  $\tau_{el}$ , with larger  $\mu$  leading to a faster decay, but only by about a factor of 3 over more than two orders of magnitude of change in  $\tau_{el}$ .

## D. GPU-PARALLEL IMPLEMENTATION

It is well known that Molecular Dynamics (MD) simulation is a highly parallelizable numerical method; implementations of MD are packages like for example LAMMPS, AMBER and GROMACS. Following these examples, we have built our own parallel MD code on GPU (NVIDIA CUDA). In contrast to LAMMPS, for example, our in-house code is specifically designed to introduce different sources of activity into the system (cell division, cell death and self propelled velocities). The general workflow of the code is shown in algorithm 1. All our routines are fully implemented on the GPU, so that there are no transfers

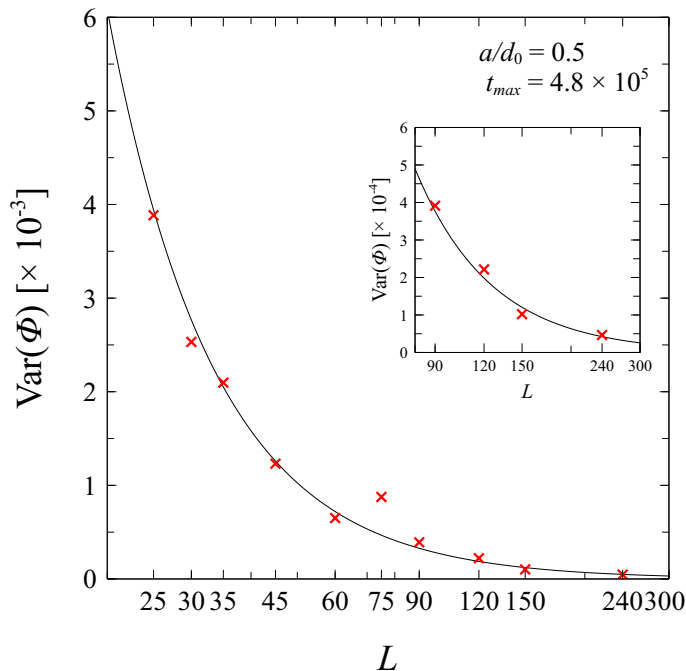


FIG. S3. Variance of the packing fraction  $\text{Var}(\Phi)$  as a function of the system size  $L$ . We use the same set of parameters as in Fig. S2; the maximum simulation time  $t_{max}$  is indicated on the figure.

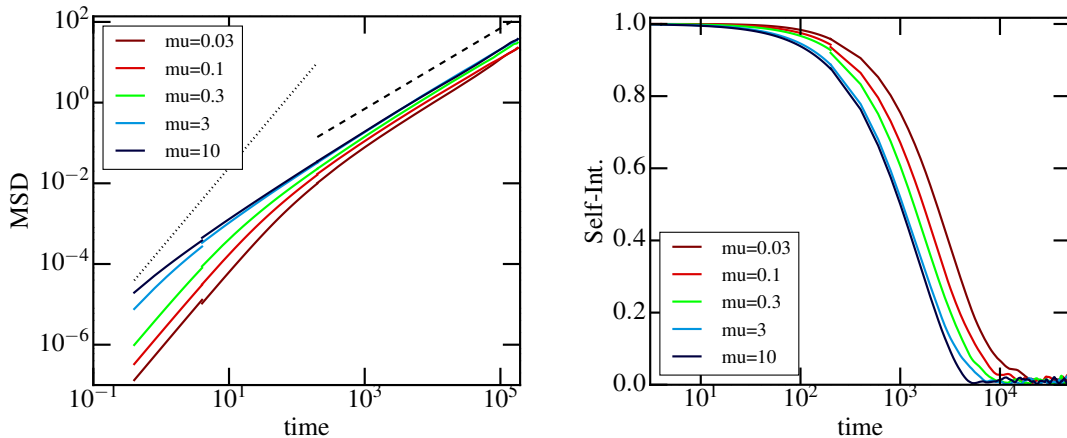


FIG. S4. Influence of elastic time scale  $1/\mu k$  on the confluent dynamics. Left: Mean square displacement. Right: Self-Intermediate scattering function. All runs were performed at  $k = 1$ ,  $a/d_0 = 0.01$ ,  $d_0 = 0.003$  and  $\varepsilon = 0.15$ .

between DEVICE-HOST during the MD execution. The only routines executed by the host (colored in blue) are those required by the user in order to save data. It is worth mentioning that these operations require data transfer between the DEVICE and the HOST, see the red colored text.

Our CUDA kernels are moderately optimized, trying to keep aligned and coalesced memory access, and avoiding threads divergence and atomic functions. Further optimizations are still possible, but there are diminishing returns since at some point they will obfuscate the code for a negligible speedup. As defensive programming techniques we use assertions, and each routine is independently tested before implementation. We do not use heavy database implementations and/or post processing packages: In most cases the output of our simulation is already the final result. Finally, we used external imaging routines for visualization, testing and presentation purposes.

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**Algorithm 1:** Typical Simulation Scheme

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**(0) Give atoms initial positions and velocities;**

**for** *Simulation time* **do**

**(1) Predict next atom positions:**

(a) Get Forces;

(b) Move Atoms and Update Velocities;

(c) Apply Boundary Conditions;

(c\*) Apply Lees-Edwards boundary conditions during force-shear simulations;

**(2) Cell Functions:**

(a) Cell death;

(b) Cell division;

**(3) Build neighbours:**

**if** (2) *or atoms move too far* **then**

(a) Build the linked-list;

(b) Using (a) build the neighbour list of each atom;

**(4) Analysis:**

**if** *Simulation time* **then**

(a) Standard properties: pressure, density, etc.;

(b) Transport properties: Mean square displacement etc.;

(c) **Transfer (a) and (b) to the host (CPU);**

(d) **Save (a) (b);**

**(5) Save Configurations:**

**if** *Simulation time* **then**

(a) **Transfer atom properties to the host (CPU);**

(b) **Save (a);**

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