

Original article

Population-based cohort study of outcomes following cholecystectomy for benign gallbladder diseases

CholeS Study Group, West Midlands Research Collaborative

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Background: The aim was to describe the management of benign gallbladder disease and identify characteristics associated with all-cause 30-day readmissions and complications in a prospective population-based cohort.

Methods: Data were collected on consecutive patients undergoing cholecystectomy in acute UK and Irish hospitals between 1 March and 1 May 2014. Potential explanatory variables influencing all-cause 30-day readmissions and complications were analysed by means of multilevel, multivariable logistic regression modelling using a two-level hierarchical structure with patients (level 1) nested within hospitals (level 2).

Results: Data were collected on 8909 patients undergoing cholecystectomy from 167 hospitals. Some 1451 cholecystectomies (16.3 per cent) were performed as an emergency, 4165 (46.8 per cent) as elective operations, and 3293 patients (37.0 per cent) had had at least one previous emergency admission, but had surgery on a delayed basis. The readmission and complication rates at 30 days were 7.1 per cent (633 of 8909) and 10.8 per cent (962 of 8909) respectively. Both readmissions and complications were independently associated with increasing ASA fitness grade, duration of surgery, and increasing numbers of emergency admissions with gallbladder disease before cholecystectomy. No identifiable hospital characteristics were linked to readmissions and complications.

Conclusion: Readmissions and complications following cholecystectomy are common and associated with patient and disease characteristics.

Members of the CholeS Study Group and West Midlands Research Collaborative are co-authors of this study and may be found under the heading Collaborators

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Introduction

Benign gallbladder disease is a major global health burden¹. It is estimated that for every 100 000 of the world's population, 115 patients undergo cholecystectomy every year. In England alone, approximately 70 000 cholecystectomies are performed annually². Among those fit for surgery, patients follow one of three pathways from presentation to definitive treatment linked to emergency admissions with gallbladder disease: emergency cholecystectomy during an emergency admission; elective cholecystectomy with no previous emergency admission; or delayed cholecystectomy following one or more previous emergency admissions with gallbladder pathology.

Variations in outcomes exist following these different patient pathways. When performed with no previous

emergency admission, either as an index emergency or elective operation, cholecystectomy is associated with fewer gallbladder-specific complications, a shorter total length of hospital stay and similar operative complications compared with those among patients who have had one or more emergency admissions^{3–5}. Many of these studies were conducted in specialized centres by enthusiasts. In contrast, population-level data from Hospital Episode Statistics (HES)² and a retrospective study from Scotland⁶ both suggested that emergency cholecystectomy may be associated with poorer surgical outcomes. The reasons for these differences are unclear, but may be due to patient, disease, surgical and hospital variables not fully realized in administrative data sets.

Patient outcomes are used to measure quality of health-care, such as readmission, complication, reoperation and

mortality rates^{6–13}. The mortality rate is low following cholecystectomy, and therefore a poor measure of quality in this cohort¹⁴. In contrast, reducing hospital readmissions and complications after surgery can lower hospital costs and improve patient satisfaction^{15–17}. The causes of readmission and complications after cholecystectomy have been poorly studied in large prospective series, but may vary according to patient pathways¹¹.

Over the past 8 years, trainee-led networks in the UK have adopted a collaborative approach to deliver prospective population-level data collection, and measure patient, disease, surgical and hospital variables with short-term endpoints such as readmissions and complications¹⁸. Using these networks, a prospective, population-based cohort study was conducted to describe management of patients with benign gallbladder disease¹⁹, and identify patient, disease, surgical and hospital-related characteristics that might be associated with all-cause 30-day readmission and complications.

Methods

The study was carried out as described previously¹⁹. The study protocol did not require research registration as anonymized, observational data were collected. This was confirmed by the online National Research Ethics Service decision tool (<http://www.hra-decisiontools.org.uk/research/>), and further supported by written confirmation and advice from the Research and Development Director at University Hospitals Birmingham NHS Foundation Trust, UK. The study was registered as a clinical audit or service evaluation at each participating hospital under the supervision of a named senior investigator (consultant surgeon).

Inclusion and exclusion criteria

All patients undergoing cholecystectomy for benign gallbladder diseases in acute UK and Irish hospitals participating in this study between 1 March and 1 May 2014 were included. Patients were grouped according to the timing of cholecystectomy: emergency cholecystectomy, defined as cholecystectomy during an emergency admission; delayed cholecystectomy, defined as a scheduled cholecystectomy following an emergency admission with gallbladder disease in the preceding 12 months; or elective cholecystectomy, defined as a planned elective admission for cholecystectomy following referral by a family doctor and addition to the routine surgical waiting list from an outpatient department visit. Open, laparoscopic, and laparoscopic procedures converted to open surgery were

included. Cholecystectomies for a known gallbladder cancer or as a part of another surgical procedure (such as pancreaticoduodenectomy) were excluded.

Outcome measures

Planned analyses comprised a description of current management of benign gallbladder disease with readmission and complication rates. Variations in 30-day complication and readmission rates were studied as well as predictive factors for these events. A list of recorded complications with their definitions is available in *Appendix S1* (supporting information).

Data quality

To standardize data quality, a quality assurance programme was developed¹⁹. This included a detailed study protocol, pilot phase, and a requirement for a minimum of 95 per cent data completeness at submission. Case ascertainment, including readmission to a different hospital from that in which cholecystectomy was performed, and data accuracy, were validated by independent investigators at selected hospitals, who checked data from 10 per cent of patients against original medical records. These independent investigators were not involved in the original data collection.

Explanatory variables

Patient, disease and hospital characteristics were considered as potential explanatory variables influencing the performance of emergency cholecystectomy. A full list including definitions has been published previously¹⁹. Briefly, patient characteristics included: age, sex, ASA fitness grade (I, normal healthy patient; II, mild systemic disease; III, severe systemic disease; IV, severe systemic disease that is a constant threat to life; V, moribund patient who is not expected to survive without the operation) and BMI (less than 17.9 kg/m², underweight; 18.0–24.9 kg/m², normal; 25.0–29.9 kg/m², overweight; 30.0–34.9 kg/m², moderate obesity; 35.0 kg/m² and above, severe or very severe obesity). The following disease characteristics were considered: indication (biliary colic, cholecystitis, pancreatitis, common bile duct (CBD) stones), ultrasound findings (gallbladder wall thickness, dilated CBD), findings from other radiological investigations (CT, magnetic retrograde cholangiopancreatography (MRCP), endoscopic retrograde cholangiopancreatography (ERCP)) and total number of emergency admissions with biliary symptoms in the 12 months before cholecystectomy.

Table 1 Patient and disease characteristics, and radiological investigations according to performance of emergency, delayed or elective cholecystectomy

	All patients (n = 8909)	Emergency cholecystectomy (n = 1451)	Delayed cholecystectomy (n = 3293)	Elective cholecystectomy (n = 4165)	P**
Age (years)					< 0.001
< 40	2534 (28.4)	441 (30.4)	859 (26.1)	1234 (29.6)	
40–60	3531 (39.6)	510 (35.1)	1161 (35.3)	1860 (44.7)	
61–80	2602 (29.2)	435 (30.0)	1108 (33.6)	1059 (25.4)	
> 80	242 (2.7)	65 (4.5)	165 (5.0)	12 (0.3)	
Sex					< 0.001
F	6565 (73.7)	1000 (68.9)	2189 (66.5)	3376 (81.1)	
M	2344 (26.3)	451 (31.1)	1104 (33.5)	789 (18.9)	
BMI (kg/m ²)					0.033
< 17.9	41 (0.5)	6 (0.4)	17 (0.5)	18 (0.5)	
18.0–24.9	1749 (20.6)	262 (19.4)	667 (21.1)	820 (20.5)	
25.0–29.9	3031 (35.7)	494 (36.6)	1108 (35.1)	1429 (35.8)	
30.0–34.9	2078 (24.4)	337 (25.0)	805 (25.5)	936 (23.4)	
≥ 35.0	1600 (18.8)	250 (18.5)	560 (17.7)	790 (19.8)	
Unknown	410	102	136	172	
ASA fitness grade					< 0.001
I–II	7897 (89.4)	1220 (85.0)	2873 (87.9)	3804 (92.1)	
≥ III	937 (10.6)	216 (15.0)	396 (12.1)	325 (7.9)	
Unknown	75	15	24	36	
Indication					< 0.001
Colic	4683 (52.6)	295 (20.3)	955 (29.0)	3433 (82.5)	
Cholecystitis	2581 (29.0)	795 (54.8)	1369 (41.6)	417 (10.0)	
Pancreatitis	851 (9.6)	268 (18.5)	545 (16.6)	38 (0.9)	
CBD stone	589 (6.6)	83 (5.7)	386 (11.7)	120 (2.9)	
Polyp	135 (1.5)	2 (0.1)	16 (0.5)	117 (2.8)	
Dyskinesia	31 (0.3)	1 (0.1)	9 (0.3)	21 (0.5)	
Acalculous	28 (0.3)	6 (0.4)	11 (0.3)	11 (0.3)	
Other	2 (0.0)	0 (0)	0 (0)	2 (0.0)	
Missing	9	1	2	6	
No. of admissions before surgery					< 0.001
0	5196 (58.3)	913 (62.9)	118 (3.6)	4165 (100)	
1	2859 (32.1)	361 (24.9)	2498 (75.9)	0 (0)	
2	623 (7.0)	121 (8.3)	502 (15.2)	0 (0)	
≥ 3	231 (2.6)	56 (3.9)	175 (5.3)	0 (0)	
Ultrasonography performed	8539 (96.0)*				
Ultrasound findings					
Thick-walled	2855 (32.8)†	729 (51.9)	1412 (43.6)	714 (17.6)	< 0.001
CBD dilated	1398 (16.0)‡	289 (20.6)	793 (24.5)	316 (7.8)	< 0.001
CT performed	1307 (14.8)§	290 (20.1)	680 (20.8)	337 (8.2)	< 0.001
MRCP performed	2301 (26.1)¶	417 (28.9)	1319 (40.2)	565 (13.8)	< 0.001
ERCP performed	960 (10.9)#	139 (9.6)	670 (20.5)	151 (3.7)	< 0.001

Values in parentheses are percentages. CBD, common bile duct; MRCP, magnetic retrograde cholangiopancreatography; ERCP, endoscopic retrograde cholangiopancreatography. Data missing for *12, †219, ‡212, §101, ¶93 and #105 patients. ** χ^2 test or Fisher's exact test, as appropriate.

Surgical characteristics included degree of difficulty according to the Nassar score²⁰ and surgical approach (laparoscopic, open, or laparoscopic converted to open surgery). Hospital characteristics, including type (university or not), specialist hepatobiliary centre and acute hospital status, were recorded along with the number of consultants within the reporting hospital performing cholecystectomy, hospital country, number of beds within the reporting hospital (fewer than 100, 101–500, 501–1000, more than 1000) and presence of an on-site

ERCP service. The hospital's policy regarding the ease of performing intraoperative cholangiography and use of dedicated emergency gallbladder operating lists were considered. The consultant's presence, specialty and grade were also recorded at the time of cholecystectomy.

Statistical analysis

Results are reported in accordance with the STROBE statement for observational studies²¹. Crude rates of

Table 2 Surgical and hospital-related factors in 8909 cholecystectomies according to performance of emergency, delayed or elective cholecystectomy

	All patients (n = 8909)	Emergency cholecystectomy (n = 1451)	Delayed cholecystectomy (n = 3293)	Elective cholecystectomy (n = 4165)	P‡
Grade of operating surgeon					
Junior trainee	403 (4.5)	91 (6.3)	114 (3.5)	198 (4.8)	< 0.001
Senior trainee	1488 (16.7)	278 (19.2)	503 (15.3)	707 (17.0)	< 0.001
Consultant	7007 (78.7)	1080 (74.5)	2675 (81.3)	3252 (78.2)	< 0.001
Missing	11	2	1	8	
Consultant present	7755 (89.5)*	1178 (85.9)	2940 (90.9)	3637 (89.6)	< 0.001
Consultant specialty					
Oesophagogastric	3416 (38.5)	560 (38.8)	1220 (37.1)	1636 (39.5)	< 0.001
HPB	1918 (21.6)	314 (21.8)	634 (19.3)	970 (23.4)	
Colorectal	1958 (22.1)	352 (24.4)	831 (25.3)	775 (18.7)	
Breast	348 (3.9)	42 (2.9)	137 (4.1)	169 (4.1)	
Vascular	373 (4.2)	57 (3.9)	141 (4.3)	175 (4.2)	
Other	863 (9.7)	117 (8.1)	327 (9.9)	419 (10.1)	
Missing	33	9	3	21	
Operative method					
Laparoscopic	8523 (95.7)	1343 (92.6)	3105 (94.3)	4075 (97.8)	< 0.001
Converted	297 (3.3)	77 (5.3)	152 (4.6)	68 (1.6)	
Open	89 (1.0)	31 (2.1)	36 (1.1)	22 (0.5)	
Hospital type					
Non-university	4843 (54.4)	687 (47.3)	1915 (58.2)	2241 (53.8)	< 0.001
University	4066 (45.6)	764 (52.7)	1378 (41.8)	1924 (46.2)	
Tertiary HPB centre					
No	6602 (74.1)	941 (64.9)	2588 (78.6)	3073 (73.8)	< 0.001
Yes	2307 (25.9)	510 (35.1)	705 (21.4)	1092 (26.2)	
Acute hospital					
No	561 (6.3)	13 (0.9)	222 (6.7)	326 (7.8)	< 0.001
Yes	8348 (93.7)	1438 (99.1)	3071 (93.3)	3839 (92.2)	
Day case					
No	3077 (35.1)	5700 (64.9)	958 (29.2)	822 (19.8)	< 0.001
Yes	5700 (64.9)	39 (2.9)	2324 (70.8)	3337 (80.2)	
Missing	132	115	11	6	
Emergency cholecystectomy list					
No	6036 (67.8)	993 (68.4)	2225 (67.6)	2818 (67.7)	< 0.001
Ad hoc	984 (11.0)	152 (10.5)	403 (12.2)	429 (10.3)	
Once per week	646 (7.3)	162 (11.2)	212 (6.4)	272 (6.5)	
More than once per week	788 (8.8)	138 (9.5)	292 (8.9)	358 (8.6)	
Elective surgery only at hospital	455 (5.1)	6 (0.4)	161 (4.9)	288 (6.9)	
Nassar operative difficulty score					
1	3554 (40.2)	360 (25.1)	1146 (35.1)	2048 (49.5)	< 0.001
2	2644 (29.9)	374 (26.1)	942 (28.9)	1328 (32.1)	
3	1814 (20.5)	423 (29.5)	775 (23.8)	616 (14.9)	
4	821 (9.3)	278 (19.4)	397 (12.2)	146 (3.5)	
Missing	76	16	33	27	
IOC					
Not performed	7770 (87.9)	1121 (78.0)	2869 (87.6)	3780 (91.6)	< 0.001
Planned	965 (10.9)	295 (20.5)	354 (10.8)	316 (7.7)	
Unplanned	105 (1.2)	22 (1.5)	54 (1.6)	29 (0.7)	
Missing	69	13	16	40	
CBD exploration	282†	99 (6.9)	113 (3.4)	70 (1.7)	< 0.001

Values in parentheses are percentages. HPB, hepatobiliary; IOC, intraoperative cholangiography; CBD, common bile duct. Data missing for *244 and †75 patients. ‡ χ^2 test or Fisher's exact test, as appropriate.

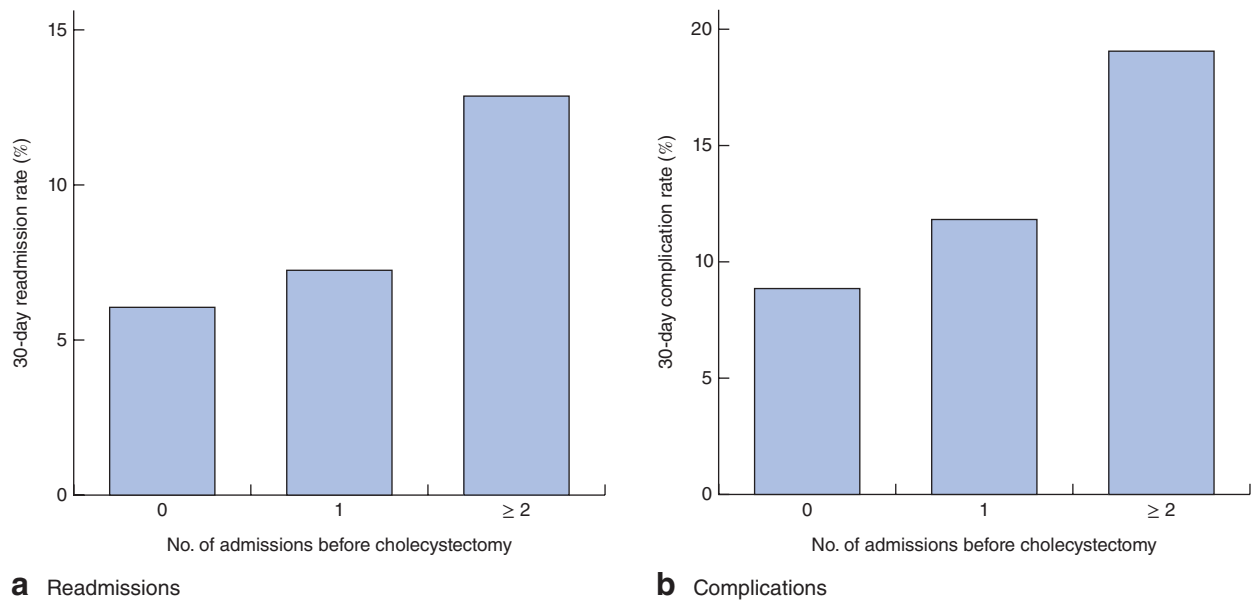
emergency cholecystectomy at each hospital were calculated for all patients. Descriptive statistics were obtained for all variables. Median values with interquartile range (i.q.r.) are reported. The χ^2 test or Fisher's exact test, as appropriate, was used to identify differences between categorical variables.

To investigate the relationship between 30-day readmission and complication rates and the variables studied, data were analysed using multilevel, multivariable logistic regression modelling. Both 30-day readmission and complication rates were recorded as binary outcome measures, requiring a logistic analytical approach. These data

Table 3 Thirty-day readmission and complications according to performance of emergency, delayed or elective cholecystectomy

	Emergency cholecystectomy (n = 1451)	Delayed cholecystectomy (n = 3293)	Elective cholecystectomy (n = 4165)	P*
Readmissions	138 (9.5)	270 (8.2)	225 (5.4)	< 0.001
All complications	223 (15.4)	420 (12.8)	319 (7.7)	< 0.001
Intraoperative complications				
Stones spilt	222 (15.3)	400 (12.1)	224 (5.4)	< 0.001
Bleeding	195 (13.4)	302 (9.2)	257 (6.2)	< 0.001
Bowel injury	8 (0.6)	22 (0.7)	19 (0.5)	0.479
CBD injury	5 (0.3)	12 (0.4)	7 (0.2)	0.232
Postoperative complications				
Collections	44 (3.0)	88 (2.7)	57 (1.4)	< 0.001
Surgical-site infection	38 (2.6)	78 (2.4)	76 (1.8)	0.114
Pancreatitis	13 (0.9)	19 (0.6)	4 (0.1)	< 0.001
CBD stone	30 (2.1)	28 (0.9)	25 (0.6)	< 0.001
Bile leak	32 (2.2)	52 (1.6)	37 (0.9)	< 0.001
Respiratory	29 (2.0)	69 (2.1)	29 (0.7)	< 0.001
Reimaging	172 (11.8)	300 (9.1)	206 (4.9)	< 0.001
Radiological drain	16 (1.1)	37 (1.1)	16 (0.4)	< 0.001
Relaparoscopy or laparotomy	7 (0.5)	27 (0.8)	27 (0.6)	0.399
30-day mortality	3 (0.2)	6 (0.2)	2 (0.0)	0.160

Values in parentheses are percentages. CBD, common bile duct. * χ^2 test.

**Fig. 1** Thirty-day **a** readmission rate and **b** complication rate according to number of emergency admissions before cholecystectomy

comprise a two-level hierarchical structure, with patients at level 1, nested within hospitals at level 2. Multilevel (hierarchical) modelling was selected owing to the structure of the data. Patient outcomes are not independent of each other as patients are clustered within hospitals. This clustering introduces multilevel dependency or correlation among patient observations that can have implications for model parameter estimates. Because of this dependency

among observations, multilevel modelling has advantages over other approaches, such as logistic regression analysis, which assume that observations are independent.

Before model building, variables were investigated for potential confounding relationships using correlation and scatter plots. As the variables included in this study could be viewed as being on a causal path potentially linking each variable to the outcome, they were assessed during model

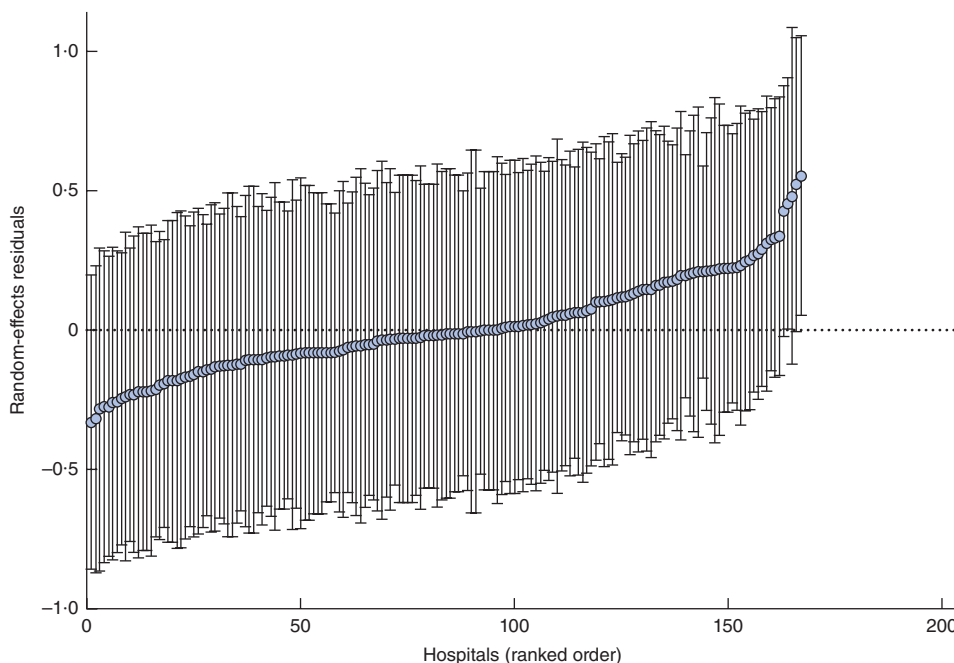


Fig. 2 Plot examining hospital effects (residuals) and corresponding 95 per cent confidence intervals for 30-day readmissions

Table 4 Multilevel random intercept logistic regression analysis of association between patient and surgery characteristics with all-cause 30-day readmission following cholecystectomy

	Odds ratio	P
Random intercept	0.07 (0.06, 0.09)	< 0.001
Patient factors		
Age (years)		
< 40	1.00 (reference)	
40–60	0.78 (0.63, 0.95)	0.014
61–80	0.72 (0.58, 0.91)	0.005
> 80	0.56 (0.33, 0.94)	0.028
ASA fitness grade		
I–II	1.00 (reference)	
II–IV	1.47 (1.14, 1.90)	0.003
Surgical factors		
Surgery admission type		
Delayed	1.00 (reference)	
Emergency	0.91 (0.68, 1.21)	0.519
Elective	0.48 (0.35, 0.66)	< 0.001
No. of surgical admissions		
0	1.00 (reference)	
1	1.50 (1.11, 2.03)	0.009
≥ 2	1.59 (1.18, 2.14)	0.002
Duration of surgery (per min)	1.01 (1.00, 1.01)	0.043

Values in parentheses are 95 per cent confidence intervals.

building and none was excluded. Variable collinearity was also tested using variance inflation factor scores.

Variables were included in the models if they were found to be significant at the 5 per cent level. The forward and

back Collett method²² was used to select variables for inclusion.

To investigate between-hospital variation, the random intercept model was extended to a random coefficient model, including each variable in turn, allowing the factor to vary across hospitals. Results are expressed as adjusted odds ratios (ORs) with 95 per cent confidence intervals (c.i.).

All two-way interactions were assessed and no significant interactions were identified in the final models. Model testing was performed using likelihood ratio tests, Wald tests, and residual and deviance plots. Owing to the binary nature of the outcome data, the multilevel logistic regression model deviates from the normal assumptions that underlie regression models and as such these were not tested for. However, testing for the assumption of independent co-variance structure between random effects was not possible as no explanatory variables were included at level 2.

Missing data accounted for 0.8 per cent of the data set. Models were fitted with missed data and therefore all available data were included.

All statistical analyses were performed using Stata[®] version 12 (StataCorp, College Station, Texas, USA). The multilevel, multivariable logistic regression modelling was carried out in MLwiN version 2.14 (<http://www.cmm.bristol.ac.uk/MLwiN>).

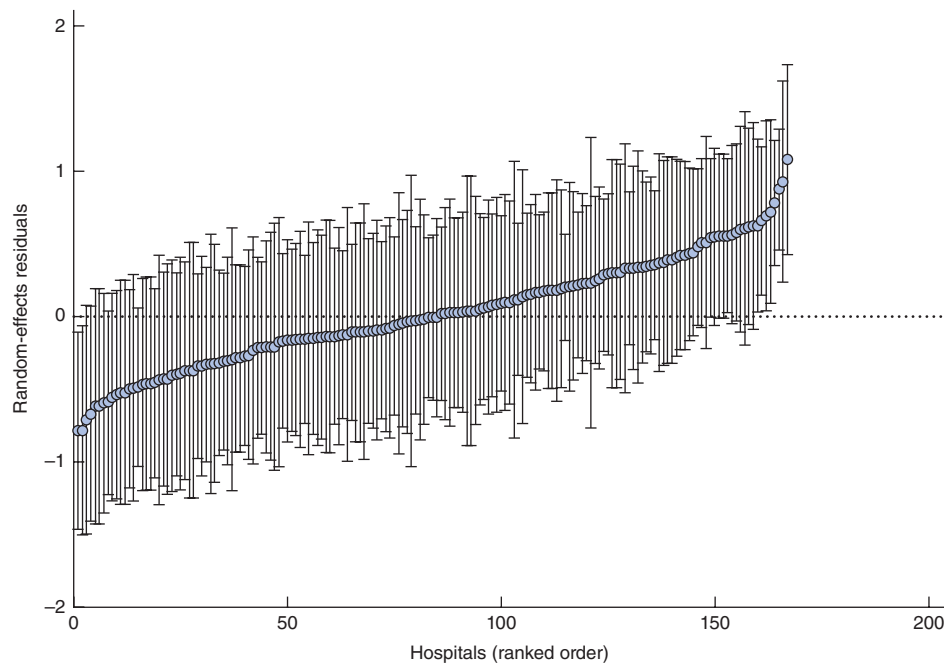


Fig. 3 Plot examining hospital effects (residuals) and corresponding 95 per cent confidence intervals for 30-day complications

Results

Data were collected on 8909 patients undergoing cholecystectomy from 167 hospitals. Case ascertainment and accuracy of collected data were 95.2 and 99.2 per cent respectively, compared with information from 10 per cent of patients checked independently against the original medical records.

The median age of the cohort was 51 (38–64) years. The numbers of patients undergoing emergency, delayed and elective cholecystectomy were 1451 (16.3 per cent), 3293 (37.0 per cent) and 4165 (46.8 per cent) respectively. A total of 3713 patients (41.7 per cent) had had at least one emergency admission with acute gallbladder disease before cholecystectomy. Elective cholecystectomy was undertaken mainly for biliary colic, in younger women with a low ASA fitness grade, who did not require additional radiological tests or interventions (such as MRCP or ERCP) compared with patients who had delayed and emergency cholecystectomy (Table 1). Patients with biliary colic underwent elective surgery (73.3 per cent) more frequently, whereas cholecystitis and pancreatitis were more frequently treated by delayed cholecystectomy (53.0 and 64.0 per cent respectively). Elective cholecystectomy was more likely to be completed laparoscopically, was less difficult as assessed by the operating surgeon, and had fewer intraoperative complications (bile contamination, stones spilled, bleeding, bowel and significant biliary injury),

compared with delayed and emergency cholecystectomy (Table 2). The difference in incidence of bile duct injury, however, did not reach statistical significance. The median duration of an elective procedure was 60 (45–79) min compared with 65 (50–90) and 80 (60–110) min for delayed and emergency cholecystectomy respectively.

Outcomes at 30 days

Readmission and complication rates at 30 days were 7.1 per cent (633 of 8909) and 10.8 per cent (962 of 8909) respectively (Table 3). The rates of readmission, overall complications and individual complications at 30 days were higher in the delayed and emergency groups than in the elective group. Both readmission and complication rates differed according to the number of surgical admissions (Fig. 1). Readmission rates among patients with no, one or at least two surgical admissions before cholecystectomy were 6.1, 7.2 and 12.9 per cent respectively; corresponding complication rates were 8.9, 11.8 and 19.1 per cent. Reoperations were more frequent following delayed cholecystectomy, although this difference was not statistically significant. The 30-day mortality rate was higher when cholecystectomy was performed as an emergency or delayed operation, but again this difference was not statistically significant.

Thirty-day readmission rate

The null random intercept model containing no exploratory variables was used to test variation across the

Table 5 Multilevel random intercept logistic regression of the association between patient and surgery characteristics with all-cause 30-day complications following cholecystectomy

	Odds ratio	P
Random intercept	0.06 (0.04, 0.07)	< 0.001
Patient factors		
Age (years)		
< 40	1.00 (reference)	
40–60	0.78 (0.65, 0.95)	0.012
60–80	0.98 (0.80, 1.19)	0.838
> 80	1.52 (1.08, 2.16)	0.018
ASA fitness grade		
I–II	1.00 (reference)	
II–IV	1.44 (1.17, 1.78)	0.001
Surgical factors		
Surgical admission type		
Delayed	1.00 (reference)	
Emergency	1.01 (0.80, 1.29)	0.902
Elective	0.61 (0.46, 0.81)	< 0.001
No. of surgical admissions		
0	1.00 (reference)	
1	1.36 (1.05, 1.75)	0.021
≥ 2	1.28 (0.99, 1.65)	0.055
Method of operation		
Laparoscopic	1.00 (reference)	
Open	1.77 (1.04, 3.01)	0.034
Laparoscopic converted to open	2.59 (1.91, 3.52)	< 0.001
Duration of surgery (per min)	1.01 (1.01, 1.01)	0.003
Level of operation difficulty (per Nassar level)	1.22 (1.12, 1.33)	< 0.001

Values in parentheses are 95 per cent confidence intervals.

167 hospitals, and demonstrated a statistically significant between-hospital variance (likelihood ratio statistic 11.57, $P = 0.003$). Estimates of the hospital effects obtained from the null model showed the hospital effects in rank order together with 95 per cent confidence intervals (*Fig. 2*). Only two of 167 hospitals (1.2 per cent) had 30-day readmission rates higher than the rest. When the model was extended to include explanatory variables, duration of surgery and greater number of surgical admissions before the index surgery were associated with a higher risk of readmission, whereas there was no difference in readmissions between emergency and delayed operation (*Table 4*). Elective cholecystectomy, younger patients and ASA score I–II were associated with a lower risk of readmission. The variables included in this multilevel model accounted for 97 per cent of the detected variation. BMI, indication for cholecystectomy and hospital-related variables were not independently associated with readmission.

Thirty-day complication rate

The null random intercept model demonstrated significant between-hospital variance (likelihood ratio statistic 74.80, $P = 0.003$). Eleven hospitals (6.6 per cent) had a significantly different 30-day complication rate from the others

(*Fig. 3*). When the model was extended to include explanatory variables, age, ASA grade, surgical admission type, number of admissions and duration of surgery were again associated with complications (*Table 5*). In addition, having an open or a laparoscopic procedure converted to open surgery and a greater degree of operative difficulty were associated with a higher risk of complications. These variables accounted for 93 per cent of the detected variation. Other patient categories, disease and hospital factors were not independently associated with the outcomes measured.

Discussion

This study evaluated the current management and outcomes of cholecystectomy for benign gallbladder disease in the UK and Ireland. Readmissions and complications were common and varied across the 167 hospitals studied. An emergency or delayed operation and greater numbers of surgical admissions before the index surgery were associated with a higher risk of readmission and complications. Intraoperative features, such as difficulty, duration and operative method, were also associated with poorer outcomes across hospitals. Importantly, the hospital characteristics analysed did not influence these associations.

Readmission and complication rates at 30 days were similar to those reported previously. Other studies^{2,6,12,23–26} have described patient and hospital factors, both independently and in combination, linked to complications and readmissions. Factors associated with readmission or complication in the present study were analysed by means of hierarchical modelling. The advantage of this type of analysis was that it allowed the effects of patient variables on certain outcomes to be considered independently of hospital variables that may also influence outcomes²⁷. Age, ASA grade, duration of surgery, operative approach and degree of operative difficulty were all associated with worse outcomes, as demonstrated previously^{25,28}.

Increasing numbers of emergency admissions before cholecystectomy were independently associated with both readmission and complication rates here. This supports a pathway in which definitive cholecystectomy should be performed during the first admission. Emergency cholecystectomy was carried out mainly in younger patients and those presenting with cholecystitis, whereas older patients and those requiring further investigations tended to be discharged and brought back for a delayed cholecystectomy.

Delayed cholecystectomy can result in emergency readmissions and poorer outcomes^{29–33}. Logistical barriers to emergency cholecystectomy, such as lack of prompt access to specialist investigations and emergency theatre availability, appear to explain differences in service provision.

Hospital policy and surgeon or patient preference may contribute to delaying cholecystectomy. Increasing the numbers of emergency cholecystectomies by addressing modifiable barriers, such as reducing the number of surgical admissions with gallbladder pathology before cholecystectomy, would improve outcomes. This is generalizable to healthcare providers outside the UK and Ireland.

In contrast to previous studies, there was no statistical difference in readmissions and complications when emergency and delayed cholecystectomies were compared, suggesting that the delayed cohort was not homogeneous. Definitions of emergency and delayed cholecystectomy varied in previous studies. Some considered emergency or early cholecystectomy to comprise operations performed within 48–72 h of symptom onset⁵. A population-based study⁴ of 14 200 patients in Canada showed that patients experienced fewer complications when cholecystectomy was performed within 7 days of hospital admission. A study³ in Switzerland demonstrated that a 6-day delay in performing emergency cholecystectomy was associated with a higher conversion rate (12 per cent at day 0 *versus* 18 per cent at day 6), more complications (5.7 *versus* 13 per cent respectively), and the reoperation rate was almost double in the delayed compared with the emergency group (0.8 *versus* 0.5 per cent).

There are limitations to the present study. The data represent a 2-month snapshot of practice and this may account for unexpected observations, such as the inverse association between age and risk of readmission. However, short intensive data collection allowed surgical teams to contribute meaningful numbers of patients with high levels of accuracy and without additional resources. The number of patients who did not undergo cholecystectomy is unknown. It seems intuitive that those with less co-morbidity are more likely to be offered cholecystectomy. The overall models accounted for nearly 90 per cent of the variations in outcomes seen across the hospitals studied, suggesting the presence of other factors not characterized in this study. Despite these limitations, the accuracy of the data set was validated independently and it contained variables not typically collected in similar studies.

Sweden³⁴, Denmark³⁵ and Switzerland²⁵ use prospective registries of cholecystectomy for continual quality improvement. Although this is costly and time-consuming, the results of this prospective population-based cohort study demonstrate that cholecystectomy following multiple surgical admissions is linked to 30-day complications and readmissions. Measuring numbers of surgical admissions before cholecystectomy provides a simple quality improvement metric. There needs to be a focus on

offering emergency rather than delayed cholecystectomy for patients presenting with acute benign gallbladder disease.

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[Correction added on 7 October 2016, after first online publication: the list of collaborators has been updated to include all members].

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[Correction added on 7 October 2016, after first online publication: reference 20 referenced the wrong paper and has now been corrected].

Supporting information

Additional supporting information may be found in the online version of this article:

Appendix S1 Definitions of complications (Word document)