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# Surface Nanotopography guides Kidney-derived Stem Cells Differentiation into Podocytes

*Melanie MacGregor-Ramiasa<sup>a, ‡</sup>, Isabel Hopp<sup>b, ‡</sup>, Akash Bachhuka<sup>a</sup>, Patricia Murray<sup>b, \*</sup> and  
Krasimir Vasilev<sup>a, c, \*</sup>*

<sup>a</sup> Future Industries Institute, University of South Australia, Mawson Lakes 5095 SA, Australia

<sup>b</sup> Institute for Translational Medicine, University of Liverpool, Liverpool L69, United Kingdom

<sup>c</sup> School of Engineering, University of South Australia, Mawson Lakes 5095 SA Australia

KEYWORDS gold nanoparticle, nanotopography gradient, plasma polymers, kidney stem cell, stem cell differentiation, physical cues, nanoroughness density, podocytes, proximal tubule cells.

ABSTRACT Stem cells have enormous potential for developing novel therapies for kidney disease but our current inability to direct their differentiation to specialised renal cells presents a barrier to their use in renal bioengineering and drug development programmes. Here, a plasma-based technology was used to produce a range of biocompatible substrates comprising controlled surface nanotopography and tailored outermost chemical functionalities. These novel substrata were used to investigate the response of mouse kidney-derived stem cells to changes in both substrate nanotopography and surface chemistry. The stem cells proliferated to a similar extent on all substrates, but specific combinations of nanotopography and surface chemistry promoted differentiation into either podocyte or proximal tubule-like cells. The data reveal that high density of surface nanodefects in association with amine rich chemistry primarily lead to differentiation into podocytes while surfaces with low amine content constituted better substrates

23 for differentiation into proximal tubule cells regardless of the surface nanotopographic profile.  
24 Thus plasma coated nanorough substrate may provide useful platform for guiding the fate kidney  
25 stem cell in vitro.

## 26 **1- Introduction**

27 Chronic kidney disease (CKD) is a global epidemic for which very limited treatment options  
28 are available. To date, the only two alternatives available to patients with end stage renal failure  
29 are dialysis or kidney transplantation. Transplantation is the gold-standard treatment but there is  
30 a shortage of donors. Dialysis is economically very costly and is associated with high rates of  
31 morbidity and mortality and poor patient quality of life.[1] Stem cell-based therapies are  
32 emerging as a potent new approach to address this public health issue [2, 3] and have been found  
33 to be therapeutic in various rodent models of kidney disease.[4, 5] Stem cells also have potential  
34 in renal bioengineering, for understanding disease mechanisms[6] and in drug development  
35 programmes,[7] but for these applications it is necessary to direct the differentiation of the cells  
36 to specialised renal cell types. Stem cell-derived podocytes and proximal tubule cells (PTCs) are  
37 of particular interest for drug development because these cell types are implicated in the most  
38 common types of CKD, including diabetic nephropathy.[8, 9] However, progress in this field is  
39 limited by the lack of appropriate in vitro culture systems for promoting growth and controlling  
40 differentiation.[10, 11] Our previous work has shown that mouse kidney-derived stem cells  
41 (mKSCs) can spontaneously generate renal-specific cell types, such as PTCs and podocytes  
42 during in vitro culture, but differentiation was poorly controlled, so that only a sub-set of the  
43 population differentiated to the required cell type.[12, 13]

44 It is well accepted that soluble factors, such as growth factors and cytokines, are critical in  
45 regulating the fate of stem cells. Besides soluble cues, however, the material properties of the

46 underlying substrate also play a crucial role in directing stem cell adhesion, growth, and  
47 eventually their differentiation.[14-17] Since no in vitro nor any in vivo cell culture substrate is  
48 molecularly smooth, the effect of surface topography on cell fate is of particular interest [18-20],  
49 with the important role of nanoscale features becoming increasingly apparent.[15, 21] Indeed,  
50 recent studies have demonstrated that surface nanotopography affects the adhesion and growth of  
51 various cell lines [22] and can influence stem cell differentiation.[23, 24] This is likely due to the  
52 fact that nanotopographical features can induce changes in the structure of the cellular  
53 cytoskeleton, [15, 25] thus triggering mechano-transduction events that can cause changes in  
54 gene expression, which ultimately lead to differentiation.[14, 26, 27]

55 Nevertheless, based on our current understanding of these molecular mechanisms, it is not  
56 possible to predict the effect that nanotopography will have on any specific cell type. In previous  
57 work, we used plasma polymer gradients of surface chemistry as high-throughput vectors for  
58 screening the behaviour of mouse embryonic stem cells.[28, 29] Cell-surface interactions, such  
59 as adhesion and spreading, varied with surface chemistry and this strongly affected phenotype,  
60 with stemness being better maintained on surfaces that favoured the formation of multi-layered  
61 colonies rather than monolayers.[30] These studies clearly demonstrated that cell surface  
62 interactions dictate stem cell differentiation.

63 We have recently shown that surface chemistry is an important parameter that influences the  
64 differentiation of mKSCs into specialised renal cell lines. We used Allylamine (AA) and  
65 Octadiene (OD) composed homo- and co-polymeric plasma coatings and found that AA-rich  
66 surfaces promoted cell differentiation into podocytes whereas OD richer surfaces directed  
67 differentiation into PTCs.[7] Here, in order to assist the development of culture systems that are  
68 able to promote the differentiation of mKSCs to specific lineages, we have used plasma

69 deposition methods to produce a library of substrates with increasing nanoroughness in  
70 combination with specific surface chemistries.[31] This technique has the advantage of being  
71 highly reproducible and environmentally friendly, in the sense that it does not require the use of  
72 organic solvents. Furthermore, plasma deposition is easily scalable and can be used to modify the  
73 chemistry, wettability, topography and adhesion properties of any material.[32] For these  
74 reasons, plasma deposition has become a tool of choice for the production of novel functional  
75 biomaterials.[33] We show here that mKSCs are sensitive to both chemical and topographical  
76 variation, and that specific combinations of nanotopography and surface chemistry can promote  
77 the differentiation of mKSCs to either podocytes or PTCs.

## 78 **2- Experimental section**

79 *2-1. Gold nanoparticle synthesis.* Gold nanoparticles (AuNPs) were synthesized by reducing  
80 hydrogen tetrachloroaurate (HAuCl<sub>4</sub>, 99.9985%, ProSciTech) with trisodium citrate (TSC, 99%,  
81 BHD Chemicals, Australia Pty. Ltd.) as per Zhu et al. method.[34] Briefly, a 1% TSC solution  
82 was added to 50 mL of boiling HAuCl<sub>4</sub> solution (0.01 %) under vigorous stirring.[35] The  
83 amount of reacting TSC determines the size of the AuNPs. 1 mL and 0.3 mL of TSC were added  
84 in order to produce particles with 16 nm and 68 nm diameter, respectively. The solution was kept  
85 under the boil for another 20 minutes period over which the color of the reaction solution  
86 changes from light yellow to deep red. Once the color change was complete the solution was  
87 allowed to cool to ambient temperature. In order to modify the surface of the AuNPs, a large  
88 excess of 2-mercaprosuccinic acid (MSA, 97%, Aldrich) was subsequently added to the AuNPs  
89 solution. A 10<sup>-2</sup> M Na<sub>2</sub>(MSA) solution was prepared by stoichiometric neutralisation of the thiol  
90 with sodium hydroxide. 7.5 mL of the Na<sub>2</sub>(MSA) solution were added to the prepared AuNPs

91 suspension, and left to react overnight at 50°C under constant stirring. The nanoparticles  
92 suspension were kept in the dark at 4°C until further use.

93 *2-2. Plasma polymer substrates* Plasma polymerization was carried out in a custom-built 13.56  
94 MHz radiofrequency plasma reactor described previously.[36] 13 mm tissue culture treated  
95 thermanox coverslips were introduced in the chamber and cleaned by applying a 3 minutes air  
96 plasma. On all substrates, except the tissue culture plate control, an allylamine under layer (AA)  
97 (98%, Aldrich) was first deposited at a flow rate of 10 standard cubic centimetres per minute  
98 (sccm) for 3 minutes. The purpose of the resulting plasma deposited polyallylamine films  
99 (ppAA) is to facilitate the surface immobilisation of the AuNPs, as described below. Following  
100 the nanoparticles adsorption, 5 nm thick overcoatings were deposited on the nanorough  
101 substrates in order to control their outermost chemistry. Allylamine and 1,7-octadiene (98%,  
102 Aldrich) precursor were mounted on two separate needle valves. In order to achieve different  
103 overcoatings surface chemistry, the ratio of allylamine and octadiene allowed to enter the plasma  
104 chamber was carefully controlled by the automated needle valves. Composition of monomers  
105 used consisted of 100% AA; 75%AA/25%OD; 25%AA/75%OD and 100%OD. In the following  
106 these coating are referred to as 100%AA, 75%AA, 25%AA and 0%AA. In all cases the total  
107 precursor flow rate was 10 sccm, and the plasma polymer films were deposited for 30 seconds at  
108 30 W.

109 *2-3. Preparation of nanorough substrates.* Homogeneous nanorough substrates were prepared  
110 by immersing the substrates coated with the ppAA underlayer in AuNPs solution for 2 and 6h,  
111 for the 16 and 68 nm particles, respectively. In this way, electrostatic interaction between  
112 positively charged surface amine groups and negatively charged nanoparticles drive the binding  
113 of the nanoparticles to the substrates. Nanoroughness gradient substrates were prepared by

114 gradually adsorbing the nanoparticles onto the ppAA coated coverslips. The immersion time was  
115 controlled by progressively dipping the substrates in the AuNPs solution using a linear motion  
116 drive dip coater (Zaber T-LSR series)[37]. The rate of immersion was 5 mm/h and 1.66 mm/h for  
117 the 16 and 68 nm AuNPs, respectively. Once 10 mm of the substrate had been immersed, the  
118 substrates were promptly withdrawn from the solution and thoroughly rinsed with MilliQ water  
119 in order to wash off loosely bound particles. This way, the section of the gradient samples that  
120 were in the AuNPs solution for the longest time, were immersed for 2 and 6h for 16 and 68 nm  
121 particles respectively, just like the corresponding homogeneous samples. For the substrates  
122 physico-chemical analysis and cell culture assays, the gradient samples were divided into 5,  
123 2mm wide sections along the axis of increasing nanoparticle coverage, as sketched in Figure 1.a.

124 *2-4. Atomic force microscopy.* An NT-MDT NTEGRA SPM atomic force microscope (AFM)  
125 was used in non-contact mode to provide topographical images. Silicon nitride non-contact tips  
126 coated with gold on the reflective side (NT-MDT, NSG03) and with resonance frequencies  
127 between 65 and 100 kHz were used. The amplitude of oscillation was 10 nm, and the scan rate  
128 for 5  $\mu\text{m}$  x 5  $\mu\text{m}$  images was 0.5 Hz. The scanner used had a maximum range of 100  $\mu\text{m}$  and  
129 was calibrated using 1.5  $\mu\text{m}$  standard grids with a height of 22 nm.

130 *2-5. X-ray photoelectron spectroscopy (XPS).* XPS analysis was used to determine the surface  
131 composition of the plasma polymer and the gradients of deposited AuNPs. XPS spectra were  
132 recorded on a Specs SAGE XPS spectrometer using Al K $\alpha$  radiation source ( $h\nu = 1253.6$  eV)  
133 operated at 10 kV and 20 mA. Elements present in a sample surface were identified from the  
134 survey spectrum recorded over the energy range 0–1000 eV at a pass energy of 100 eV and a  
135 resolution of 0.5 eV. The areas under selected photoelectron peaks in a widescan spectrum were  
136 used to calculate percentage atomic concentrations (excluding hydrogen). All the binding

137 energies (BEs) were referenced to the C1s neutral carbon peak at 285 eV, to compensate for the  
138 effect of surface charging. The XPS analysis area was circular with a diameter of 0.7 mm. The  
139 processing and curve-fitting of the high-energy resolution spectra were performed using  
140 CasaXPS software.

141 *2-6. Cell culture and analyses.* mKSCs [12] were cultured in high glucose DMEM (Sigma)  
142 supplemented with 2 mM L-glutamine (Sigma), 1% non-essential amino acids (Life  
143 Technologies) and 10% FBS (Sigma). Cells were cultured in a humidified chamber in an  
144 atmosphere of 5% CO<sub>2</sub> at 37 °C. Cells were cultured for 96 h on the novel substrates and  
145 medium was changed every second day. All experiments were carried out using cells between  
146 passage 15 and 25. The mKSCs used in this study were isolated from a single neonatal mouse  
147 kidney and a clonal cell line was identified that was able to differentiate into a range of kidney-  
148 specific cell types, including proximal tubule-like cells that display megalin-dependent  
149 absorptive functions. [12] In addition, mKSCs were able to generate PTCs and podocytes that  
150 were located within developing nephrons using a chimeric kidney rudiment culture system.[12,  
151 13] A thorough characterisation of these cells can be found in the literature. [12, 13]

152 *2-7. Live cell imaging and podocyte identification.* For mKSC and podocyte-like cell  
153 quantification,  $1 \times 10^3$  cells/well were seeded into 24 well plates (Corning®) in 500  $\mu$ L of cell  
154 culture medium. Cell numbers were determined 24 and 96 h post seeding from phase contrast  
155 images obtained during live cell imaging (CellIQ, Chip-man Technologies) from 10 different  
156 areas across homogeneously coated samples as well as 5 per section across gradients substrates.  
157 For the gradient substrates, the 5 imaging subdivisions corresponded to the areas 1 to 5 defined  
158 in the above substrate characterisation section and illustrated in Figure 1.a. Podocytes were  
159 identified from characteristic morphological features, which included high cytoplasmic-to-



160 nuclear ratio, arborized appearance and a high incidence of binucleation and counted by eye  
161 following established procedures.[12, 13, 38] A minimum of 10 images per coverslip and a total  
162 number 80 cells per field of view was analysed. The number of podocyte-like cells was then  
163 quantified relative to cells that did not show podocyte characteristic features. All experiments  
164 were performed in 3 biological replicates.

165 *2-8. Immunostaining.* Cultured cells were fixed in 4% paraformaldehyde (PFA) for 5 minutes at  
166 room temperature and washed with PBS. The following primary antibodies were used: anti-Wt1  
167 (1:100, Millipore, 05-753), anti-nephrin (1:500, Abcam, ab58968) and anti-megalin (1:200,  
168 Acris, DM3613P). The secondary antibodies were Alexa fluor-conjugates (1:500) (Life  
169 Technologies). F-actin was stained using Alexa flour conjugated phalloidin (1:250, Thermo  
170 Fischer). Nuclei were stained with DAPI (Life Technologies). Images were collected using a  
171 Leica DFC350FX camera connected to a Leica DM2500 fluorescence microscope.

172 *2-9. Cell count and PDT:* Cultured cells were fixed in 4% paraformaldehyde (PFA) for 5 minutes  
173 at room temperature and washed with PBS. Subsequently nuclei were stained with DAPI (Life  
174 Technologies) and a minimum of 10 images were taken per coverslip using a Leica DFC350FX  
175 camera connected to a Leica DM2500 fluorescence microscope. Cell number was then quantified  
176 by counting the number of nuclei per image using ImageJ software.[39] Population doubling  
177 time (PDT) was then determined from these cell numbers by employing nonlinear regression  
178 analysis using the following equation:  $PDT = \ln(2)/K$  where  $K$  is the rate constant.

179 *2-10. Statistical Analysis:* Standard deviation (SD) error was used for descriptive analysis and  
180 standard error of the mean (SEM) for inferential statistics with a minimum of 3 independently  
181 conducted experiments (n=3). One-way analyses of variance (ANOVA) and post-hoc Tukey test  
182 were performed to evaluate statistical significances between two groups of samples. All

183 statistical analyses were performed using Graphpad (GraphPad Prism v5.0 software for  
184 Windows, GraphPad Software Inc., San Diego, CA). The statistical significance is shown using  
185 the  $p$ -value ( $p$ ), which was considered “significant” with  $p < 0.05$  (\*); “very significant” with  
186  $0.01 > p > 0.001$  (\*\*) and “very highly significant” with  $p < 0.001$  (\*\*\*). If no significant difference was detected between data  
187 sets this is indicated either in the figure captions or indicated by n.s. (not significant) within the  
188 graphs.

### 190 3- Results

191 **3-1. Substrate physico-chemical characterisation.** The influence of surface nanotopography on  
192 the fate of mKSCs was determined by assessing cells growth and differentiation on  
193 nanoengineered substrates where gold nanoparticles (AuNPs) were used to generate controlled  
194 surface nanotopography. Two differently sized nanoparticles, 16 nm and 68 nm in diameter, were  
195 used to generate substrates with both uniform nanoparticle surface density and as nanoparticles  
196 number density gradients (Figure 1a). Representative AFM images of the 16 nm and 68 nm  
197 gradient substrata are shown in Figure 1b and c, respectively. The surface bound AuNPs are  
198 nearly monodispersed in size and not aggregated. For both sizes, the AuNPs density increases as  
199 a function of the position on the gradient, 1 to 5 (Figure 1a). As a consequence, both the surface  
200 area and root mean square (RMS) roughness of the substrates increases over the length of the  
201 gradient, as shown in Figure 1d and e, respectively. The AuNPs surface density on the  
202 homogeneous nanorough substrates correspond for both 16 and 68 nm particles to that of  
203 position 5 on the gradients.

204 In addition to the different topographies, 4 distinct surface chemistries were generated by  
205 plasma polymer co-deposition of allylamine and octadiene precursors in different proportions.

206 Namely the controlled overcoating consisted of plasma deposited copolymer containing 100%  
207 allylamine (100% AA); 75% allylamine-25% octadiene (75% AA), 25% allylamine-75%  
208 octadiene (25% AA) and 100% octadiene (0% AA) (Figure 1. A, right). Typical carbon to  
209 nitrogen ratio and gold atomic content for the 68 and 16 nm gradients sample sets are shown in  
210 Figure 2a and b, respectively. The atomic content, determined from XPS survey spectra for the  
211 entire set of samples used in this study is provided in Supporting Information, Table 1.  
212 Substrates contain carbon, nitrogen and oxygen species in good agreement with previous studies.  
213 [28, 40-42] Compared to uncoated gradient substrates, the nitrogen atomic content increases as  
214 the proportion of allylamine used for the polymer deposition increases. Across the gradient, the  
215 C/N ratio is essentially constant for a given overcoating chemistry, thus indicating that the  
216 plasma deposited thin films indeed provide a uniform surface chemistry over the topographical  
217 features. It is worth noting that since 100% AA coating was used for the electrostatic binding of  
218 the AuNPs onto the substrates, the uncoated gradients also contain nitrogen, but in lesser  
219 amounts than the 100% AA overcoating due to the presence of uncoated gold nanoparticles. The  
220 plasma deposition conditions were chosen so as to ensure the deposited polymeric films were  
221 continuous and pinhole free (thickness > 5 nm), and yet did not shield the underlying  
222 nanotopography as per previously published work [37, 43] The presence of gold in the XPS  
223 survey spectra indicates that the plasma polymer overcoating layer is thinner than 10 nm in  
224 thickness, which is suitable for retaining the underlying topographic profile.[37] Finally, the  
225 gold atomic content increases over the length of the gradient.

226 **3-2. Cell proliferation.** The response of mKSCs to surface nanotopography and chemistry was  
227 probed by analysing cell attachment and proliferation on the substrates. Firstly, cells were seeded  
228 on substrates with a uniform distribution of AuNPs across the surface, coated with 16 nm or 68

229 nm AuNPs that were overcoated with thin plasma films composed of 100% AA, 75% AA, 25%  
230 AA or 0% AA. The cells adhered to and proliferated on all substrates. The cell density, as  
231 recorded after 24 and 96 h in culture, is comparable for all substrates investigated. Population  
232 doubling time (PDT) analysis showed that mKSCs require about  $26 \pm 2$  h to double their  
233 population on all substrates. The data demonstrate that none of the substrates significantly inhibit  
234 or enhance cell proliferation.

235 Cell proliferation was subsequently assessed on the nanotopography density gradients. The  
236 change in cell number across the nanotopography gradient 24 and 96 h post seeding is provided  
237 in supplementary information Figure S2 for both AuNPs sizes and the 4 distinct surface  
238 chemistries. At 24 h, cell numbers were higher on the 68 nm substrates, but by 96 h the cells had  
239 proliferated similarly on all substrates and displayed equal cell density across the gradients,  
240 regardless of AuNPs size and plasma coating. Similarly, we did not find significant differences  
241 in PDT ( $p > 0.05$ ) (Figure S3).

242 **3-3. Cell differentiation.** Previous studies have shown that mKSCs can spontaneously  
243 differentiate into podocyte- and proximal tubule-like cells in the presence of soluble cues within  
244 the cell culture medium.[12] Here we interrogate for the first time the combined effect of  
245 substrate nanotopography and surface chemistry on mKSC differentiation.

246 *3-3.1 Differentiation of mKSCs into podocytes.* To investigate whether mKSCs differentiate into  
247 podocytes in response to surface chemistry and nanotopography, the number of podocyte-like  
248 cells was quantified 96 h post seeding. Podocyte differentiation was first investigated on samples  
249 with homogeneous surface nanotopography but different chemistries. Podocyte-like cells were  
250 identified by their typical morphological features that include high cytoplasmic-to-nuclear ratio,  
251 arborized appearance and binuclearity as described previously.[12, 44] The quantification of

252 podocyte-like cells on the 16 and 68 nm substrates are presented in Figure 4 for all 4 surface  
253 chemistries. By 96 h post seeding, it was found that the number of podocyte-like cells on the  
254 homogeneous nanorough substrates increased with increasing AA content. Nanotopography size  
255 did not seem to affect the number of cells differentiating into podocytes. Although there were  
256 slightly larger numbers of podocyte-like cells on the surfaces containing 68 nm nanotopography,  
257 these differences were not statistically significant.

258 Podocyte differentiation was then interrogated in the same way on nanotopography gradient  
259 substrates (Figure 5). The results confirm the above findings, where there is an increase in  
260 podocyte-like cell number with increasing AA surface content. Moreover, the proportion of  
261 podocyte like-cells increases with increasing AuNPs density across the gradient. This trend is  
262 consistent, regardless of the AuNPs size and plasma overcoating chemistry. The percentages of  
263 podocyte-like cells is overall highest on AA rich coatings with high AuNPs density (35%), and  
264 lowest on substrates comprising 0% AA with low AuNPs density (10-15%). Our data therefore  
265 show that the optimal surface properties for initiating podocyte differentiation are high nitrogen  
266 (amine) concentration and high nanoroughness density.

267 Subsequently, mKSCs were immunostained to examine the presence of two specific podocyte  
268 markers, WT1 and nephrin, 96 h post seeding. Figure 6 shows representative images of cells  
269 cultured on 16 nm AuNPs density gradients coated with either AA rich or OD rich plasma film.  
270 The results show that both markers are expressed in cells that were cultured on amine rich  
271 coatings. The expression of the podocyte markers increases along the nanotopography gradient,  
272 in good agreement with the percentage of podocyte-like cells calculated and presented in Figure  
273 5. Images for the rest of the experimental conditions are provided in the Supporting information.

274 3-3.2 *Differentiation of mKSCs into proximal tubule cells.* The substrates were also assessed for  
275 their influence on PTC differentiation. PTCs express megalin, which is responsible for the  
276 endocytic uptake of albumin from the glomerular filtrate. In Figure 7 representative images show  
277 mKSCs stained for megalin (green) across the 16 nm and 68 nm nanotopography density  
278 gradient overcoated with either a OD or AA rich plasma coating. Typical images for the whole  
279 range of experimental conditions are provided in supporting information. The results show that  
280 AuNPs surface density does not appear to influence megalin expression. However, more cells  
281 appeared to express megalin on the octadiene-rich substrates (0%AA).

#### 282 4- Discussion

283 While many reports in the literature demonstrate that together both surface nanotopography  
284 and chemistry contribute to changes in the fate of stem cells, interrogating the individual effect  
285 of these two type of environmental cues is still challenging.[45] Here, in order to isolate the  
286 specific contribution of mechanical cues from other surface chemistry related signals in  
287 modulating mKSC differentiation towards different kidney cell lineages, we developed a plasma  
288 based approach to generate specially designed nanorough substrates. We produced a range of  
289 biocompatible substrates comprising nanoengineered topography gradients with tailored  
290 outermost surface chemistries. Using this experimental method we were able to compare the  
291 effect of surfaces which had the same outer chemistry but different nanoroughness (and vice-  
292 versa), on the differentiation of mKSC. ~~These novel substrates were used to investigate both the~~  
293 ~~individual and combinatory effect of surface nanotopography and chemistry related cues in~~  
294 ~~modulating mKSC differentiation towards podocytes or proximal tubule cells phenotype. In this~~  
295 ~~study, we produced a range of biocompatible substrates comprising nanoengineered topography~~  
296 ~~gradients with tailored outermost surface chemistries. These novel substrates were used to~~

297 ~~investigate the combinatory effect of surface nanotopography and chemistry on the behaviour of~~  
298 ~~mKSCs~~. The key finding was that surfaces with the highest surface density of AuNPs and  
299 highest AA content promoted podocyte differentiation. PTC differentiation was not affected by  
300 the degree of surface roughness, controlled by the surface AuNPs density, but in contrast,  
301 podocyte differentiation appeared to be stimulated on surfaces with lowest AA content.

302 Plasma facilitated methods well establish in our laboratory [37, 46-48] were used to produce  
303 substrates with either uniform coverage or number density gradient distribution of near  
304 monodisperse gold nanoparticles 16 or 68 nm in diameter. As a result, in the set of model  
305 substrates used in this study, the vertical and lateral dimensions of the nanofeatures were varied  
306 as well as the overall surface area (Figure 1). The RMS roughness of the substrate increases over  
307 the gradient substrates from 3 to 6 nm for the 16 nm AuNPs, and from 7 to 16 nm for the larger  
308 68 nm AuNPs. The surface area increases by a maximum of 10% for the small nanoparticles, but  
309 up to 42% for the large ones. Additionally, all substrates were coated with a nanothin (5 nm)  
310 organic plasma polymer film of desired chemical composition. Therefore, the outer surface  
311 chemistry on the gradients was uniform (Figure 2a) while the nanotopography of the substrates  
312 was preserved (Figure 2b). Owing to this careful substrate design, **we were able to decouple the**  
313 **effect of topography and chemistry**. On any given gradient substrate, it was possible to explore  
314 the effect on the mKSC of surface cues which were uniquely topographical in nature, through  
315 gradual changes in the density of the physical features along one axis. Nanotopography gradients  
316 with controlled chemistry are in this way a powerful means to elucidate the effect of the  
317 extracellular matrix physical properties on cell behaviour by providing contact guidance cues. It  
318 is worth noting here that the gold nanoparticles used in this study to impart nanoroughness to the  
319 growth substrate, were selected because they are chemically inert, in the size range used, and

320 therefore do not cause adverse cellular reaction. Besides, the thin but pinhole-free plasma  
321 polymer coating deposited on top of the gold nanoparticles prevents them from entering in direct  
322 contact with the cells. Furthermore, the gold nanoparticles are strongly bound to the substrates  
323 via electrostatic interaction and are therefore highly unlikely to penetrate the cells. Under the  
324 experimental conditions investigated, no nanotoxicity was observed.

325 While we have shown in our previous work that AA and OD composed plasma polymers allow  
326 cell attachment and proliferation,[22, 28] here we explored the additional effect of  
327 nanotopography on cell behaviour. The presence of nanosized topographical features in the  
328 natural extracellular matrix has been reported [49, 50] and it is now believed that only  
329 nanostructures of size similar to those of natural proteins affect their potential denaturation [51]  
330 which in turn would dictate the fate of cells. For this reason we choose two different nanoparticle  
331 sizes 16 and 68 nm, which correspond to the size of an individual medium-size protein such as  
332 laminin, and a small protein cluster, respectively.[52] Previous studies have shown that various  
333 cell types are indeed sensitive to minute changes in nanofeatures scale and that they may react  
334 differently to nanosized physical cues. For instance, published studies have shown that human  
335 mesenchymal stem cells, rat osteoblast and rat fibroblasts had a higher proliferation rate on  
336 surfaces with 200 nm features (opposed to 1500 or 50 nm),[53] whereas the proliferation rate of  
337 human embryonic kidney cells (HEK-293) was higher on surfaces with 40 nm features than 100  
338 nm ones.[54] Other studies exploring the effect of nanofeatures surface density on primary  
339 fibroblasts highlighted that cell adhesion and spreading decreased as a function of nanoparticle  
340 size and was optimal for 16 nm particles with densities between 50 and 140 np/um<sup>2</sup>. [22] The  
341 only regions of the gradients investigated in the present work with corresponding nanoparticle  
342 densities are section 2 to 5 on the 16 nm substrate (Figure 8.a). However, in this work we found



343 that mKSC attachment and proliferation was not significantly affected by nanotopography, as all  
344 substrates supported cell attachment and proliferation to a similar degree regardless of AuNPs  
345 size, density and plasma coating chemistry (Figure 3, Figure S2 and S3).

346 mKSC behaviour was not affected by AuNPs size. However, differentiation to podocyte-like  
347 cells was significantly enhanced by increasing the amount of AA on the surface (e.g., the mKSC  
348 population comprised 10% podocytes on 0% AA, and 20% on 100% AA), thus indicating that  
349 substrate chemistry strongly influences mKSC differentiation. Amine rich surface coatings are  
350 known for their good biocompatibility and previous studies have demonstrated that such surfaces  
351 can enhance the differentiation of stem cells.[7, 28, 55] The unique properties of amine rich  
352 substrates derive from their propensity to bind proteins. In physiological conditions, the localised  
353 positive charge of protonated amine groups engage with negatively charged biomolecules, such  
354 as the extracellular matrix (ECM) proteins, fibronectin and vitronectin that are present in serum.  
355 Depending on how they are presented by the plasma-functionalised substrates, these ECM  
356 proteins could then serve as a reservoir for important signalling molecules such as FGFs, BMPs  
357 and Wnts, and also engage cell membrane receptors, such as integrins, thereby initiating complex  
358 molecular mechanisms which can regulate proliferation and differentiation. For instance, it has  
359 been shown that engagement of integrin  $\beta 1$  can regulate the differentiation and maintenance of  
360 podocytes.[56]

361 Using nanoparticle density gradients, we further demonstrated that podocyte differentiation  
362 depended on nanofeatures number density and was greater on the denser part of the  
363 nanotopography gradients, where the podocyte component of the population reached ~35%.  
364 Surface nanotopography may trigger podocyte differentiation via 2 different mechanisms.  
365 Firstly, the increase in nanoparticle density is accompanied by an increase in surface area (Figure

366 1d) and so more protein could theoretically adsorb onto the surface. Moreover, the  
367 nanotopographical landscape of the nanorough substrate may lead to a diversity in protein  
368 orientation and so increase or reduce their bio-availability. This enhanced protein adsorption  
369 could promote the differentiation of mKSCs into podocytes, especially if the surface bound  
370 proteins were bioactive and similar to those present in the glomerular basement membrane,  
371 which is the natural ECM of podocytes. It is indeed well accepted that substrates mimicking  
372 natural ECMs promote differentiation. [57] Secondly, the nanofeatures could be directly acting  
373 on the cytoplasmic membrane of the mKSCs and trigger differentiation by mechanical action.  
374 Previous studies have, for instance, shown that neuronal [58-60] and myogenic [27, 61]  
375 differentiation can be triggered by surface nanofeatures. Interestingly, neurones and myoblasts,  
376 share some morphological features with podocytes in that they also have relatively large  
377 cytoplasm and elongated protuberances. Our findings, together with those of previous studies  
378 [27, 58-61] indicate that differentiation into large cells with defined cytoplasmic features are  
379 particularly stimulated by discrete surface nanotopography, such as pits, nanofibers or, here,  
380 nanoparticles.

381 It is worth noting, however, that the increase in nanoparticle density was associated with an  
382 increase in podocyte-like cells, regardless of the nanoparticles diameter and surface chemistry.  
383 In all cases, we detected significantly more cells towards rougher regions of the gradient. The  
384 percentage of podocyte like-cells is presented in Figure 8b as a function of the AuNPs number  
385 density for both nanoparticle size combined. The percentage of podocyte-like-cells increases  
386 logarithmically with the number of AuNPs/  $\mu\text{m}^2$ , irrespective of AuNPs size. In contrast, the  
387 number of podocyte like cells doesn't directly correlate to the actual surface area (Figure 8c).  
388 This result suggests that out of the two mechanism proposed above, the mechanical action of

389 surface nanocues may have a greater impact on podocyte differentiation than an increase in  
390 surface area associated with enhanced protein absorption. Our results demonstrated that podocyte  
391 differentiation is independently promoted by 1) increasing number density of surface  
392 nanofeatures and 2) amine rich chemistry. Furthermore, our results show that these effect are  
393 additive as combining both favourable physical and chemical cues results in the greatest amount  
394 of podocyte differentiation.

395 In contrast to podocyte differentiation, which was higher on AA-rich substrates, PTC  
396 differentiation appeared to be enhanced by culture on the octadiene-rich substrates (i.e., low  
397 AA). This is perhaps not too surprising because evidence suggests that the concentration of  
398 certain signalling molecules, especially Wnts, can influence whether nephron progenitor cells in  
399 the developing embryo kidney adopt a podocyte or PTC fate.[62] For instance, it has been  
400 suggested that high levels of Wnts trigger PTC differentiation and inhibit podocyte  
401 differentiation, whereas lower levels of Wnts are associated with podocyte differentiation.[62]  
402 Thus, it would be expected that culture conditions designed to promote podocyte differentiation  
403 would show a corresponding reduction in the extent of PTC differentiation.

## 404 **5- Conclusions**

405 In summary, substrates displaying controlled nanotopographical features and finely tailored  
406 outermost surface chemistry were produced via gold nanoparticle surface immobilisation and  
407 subsequent plasma polymer deposition. This approach allowed us to decouple the role of  
408 topography and other surface chemistry related cues in modulating the fate of mKSC. Thorough  
409 AFM and XPS surface characterisation established the differences in surface chemistry and  
410 nanoroughness between the substrates prepared with nanoparticles 16 and 68 nm in diameter.  
411 ~~were used to investigate the fate of mKSCs.~~ All these model surfaces, with either homogeneous

412 or gradient nanotopography, supported cell adhesion and proliferation. Neither AuNPs size nor  
413 density had significant effects on cell proliferation, whereas mKSC differentiation into podocytes  
414 and PTCs was highly dependent on surface chemistry. Amine rich surface chemistry promoted  
415 mKSC differentiation into podocytes while substrates coated with octadiene provided a better  
416 platform for differentiation into proximal tubule-like compared to allylamine-rich surfaces.  
417 Furthermore, culturing mKSCs on nanotopography density gradients demonstrated that podocyte  
418 differentiation was enhanced on rougher surfaces with high nanofeature density while PTC  
419 differentiation was independent of surface topography. Our result indicates that, although the  
420 type of surface nanotopography investigated here does not seem to affect mKSC adhesion and  
421 proliferation significantly, it certainly influences their differentiation. This works also proves that  
422 plasma-based methods can be used to control both surface nanoroughness and chemistry in order  
423 to prepare growth substrate capable to direct mKSC differentiation towards either PTC or  
424 podocytes. Our results further suggest that a simple increase in surface area may not be a factor  
425 as determining of the cell fate as the actual number of surface nanodeflect. These findings raise  
426 questions on the role of individual physical cues on the mechanism of mKSC differentiation into  
427 podocytes which requires further investigations.

#### 428 SUPPLEMENTARY MATERIAL

429 XPS atomic content for the full range of substrates. WT1, nephrin and megalin immunostaining  
430 micrograph for all gradient substrates.

#### 431 AUTHOR INFORMATION

#### 432 **Corresponding Author**

433 \* K. Vasilev email: krasimir.vasilev@unisa.edu.au

434 \* P. Murray email: P.A.Murray@liverpool.ac.uk

435 AUTHOR CONTRIBUTIONS

436 The manuscript was written through contributions of all authors. All authors have given approval  
437 to the final version of the manuscript. ‡MMR and IH contributed equally.

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## 455 FIGURE CAPTIONS

456 **Figure 1:** Quantitative analysis of nanoparticle gradients. **a.** Schematic of the gradient substrates  
457 investigated identifying on the left the gradient sections 1 to 5 with increasing number of surface  
458 bound AuNPs and on the right, the 4 different surface chemistry investigated 0%AA, 25%AA,  
459 75%AA and 100%AA. **b.** and **c.** 5x5 $\mu$ m AFM images of the 16 nm and 68nm nanoparticle  
460 gradient, respectively, for position 1 to 5 across the gradient. Images were recorded every 2 mm  
461 across the gradient from 2 mm (position 1) to 10 mm (position 5). The scale bar corresponds to  
462 1 $\mu$ m. **d.** percentage of increased surface area and **e.** RMS roughness in nm across the gradients  
463 for both sizes of nanoparticles.

464 **Figure 2:** XPS atomic concentration analysis. Elements were identified from survey spectra. All  
465 binding energies were referenced to the C1s neutral carbon. **a.** Ratio of carbon to nitrogen (C/N  
466 ratio) on the 68nm gradient and **b.** gold atomic concentration, in %, on the 16nm gradient both  
467 measured at 5 positions across the gradient with 1 being the lowest and 5 being the highest  
468 AuNPs density.

469 **Figure 3:** **a.** and **b.** Cell proliferation. **c.** and **d.** Cell population doubling time (PDT) of mKSCs  
470 seeded on substrates with homogeneous AuNPs coating, 16 nm (**a.** and **c.**) and 68 nm (**b.** and **d.**)  
471 in size. The cells were seeded at a density of  $1 \times 10^3$  cells per well and cultured for a period of 96  
472 h. Bare tissue culture treated substrates (Tx) and 100% AA control (w/o AuNPs) were used as  
473 controls. Data represent an average of 3 biological replicates. Error bars represent SEM. No  
474 statistical differences were found ( $p > 0.05$ ).

475 **Figure 4:** Quantification of podocyte-like cells on substrates with homogeneous  
476 nanotopography. The cells were seeded at a density of  $1 \times 10^3$  cells per well and the number of

477 podocyte-like cells was determined 96 h post seeding. Data represent an average of 3 biological  
478 replicates. Error bars represent SEM and asterisks indicate statistical significance compared to  
479 the 100% AA coated equivalent ( $p < 0.0001$ ).

480 **Figure 5:** Quantification of podocyte-like cells on substrates that display AuNPs density  
481 gradients overcoated with plasma films 96 h post seeding **a.** 16 nm AuNPs and **b.** 68 nm AuNPs.  
482 A bare tissue culture treated (Tx) substrate was used as control. The cells were seeded at a  
483 density of  $1 \times 10^3$  cells / well containing a 13 mm coated coverslip. Data represent an average of 3  
484 biological replicates. Error bars represent SEM and asterisks indicate statistical difference  
485 compared to an untreated Tx control ( $p < 0.0001$ ). No significant difference between 16 nm and  
486 68 nm AuNPs was detected ( $p > 0.05$ ).

487 **Figure 6:** Immunofluorescence images of mKSCs stained for podocyte markers across 16nm  
488 AuNPs density gradients. **a.** WT1 (green) co-stained with phalloidin to label F-actin (red) **b.**  
489 Nephrin (red) counterstained with DAPI nuclear stain (blue). In both cases, the cells were seeded  
490 at a density of  $1 \times 10^3$  cells per well and cultured for 96 h. Scale bars correspond to 100  $\mu\text{m}$ .

491 **Figure 7:** Megalin staining. Immunofluorescence images of mKSCs stained for the PTC marker  
492 megalin (red) and co-stained with DAPI (blue) across the **a.** 16 nm and **b.** 68 nm AuNPs density  
493 gradient. Cells were seeded at a density of  $1 \times 10^3$  cells per well and cultured for 96 h. Scale bars  
494 correspond to 100  $\mu\text{m}$ .

495 **Figure 8. a.** Number of AuNPs per unit area for both Np sizes. **b.** Number of podocyte-like cells  
496 in % as a function of AuNPs density for 16 and 68 nm combined. The solid lines correspond to a  
497 2 parameter logarithm function fit. The  $r^2$  values are 0.73, 0.75, 0.69 and 0.78 for 100%,

498 75%,25% and 0%AA respectively. **c.** Number of podocyte-like cells in % as a function of the  
499 actual surface area.

500

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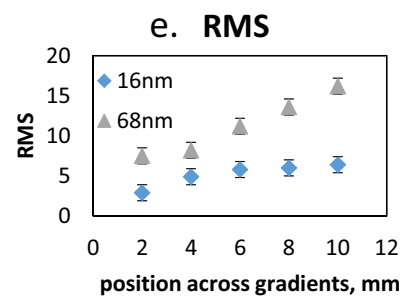
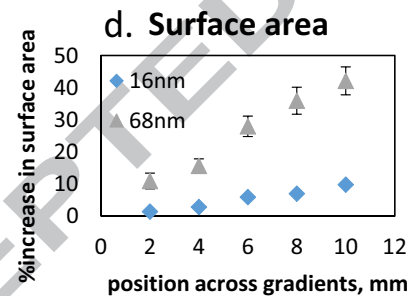
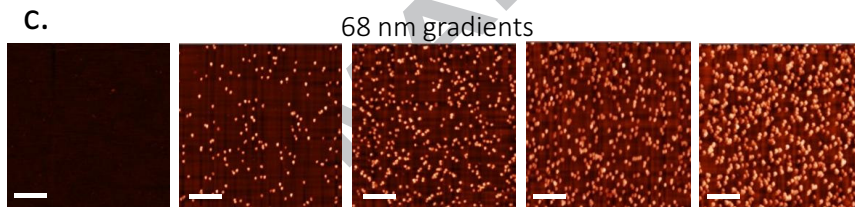
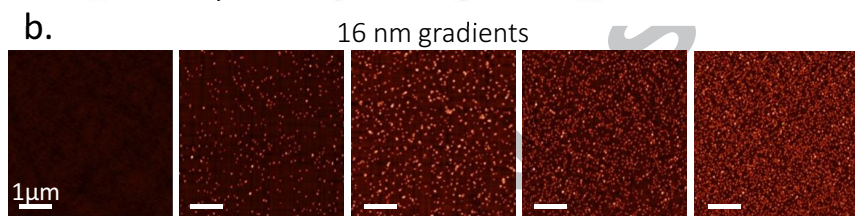
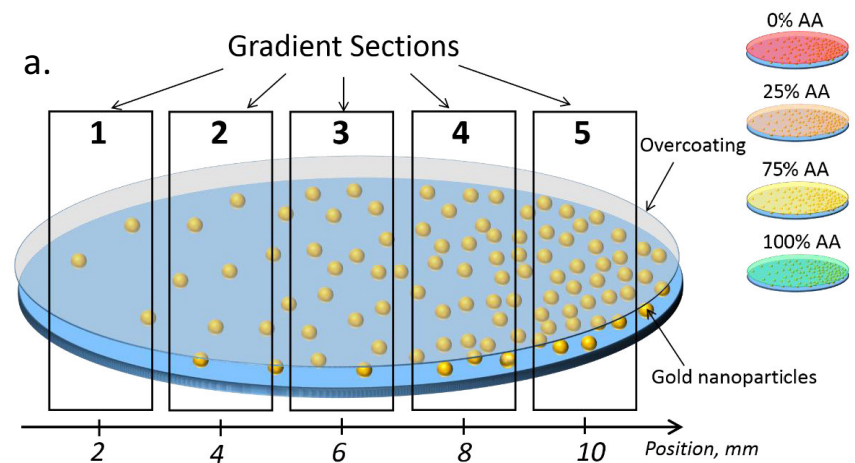


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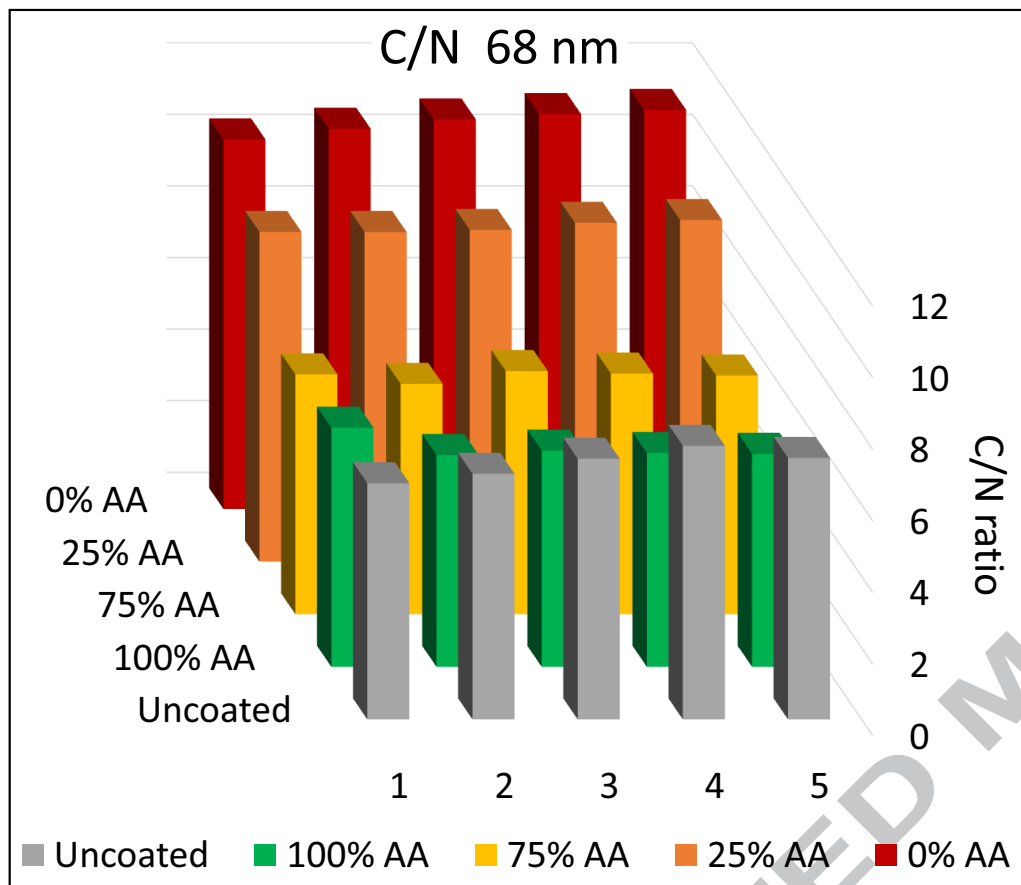
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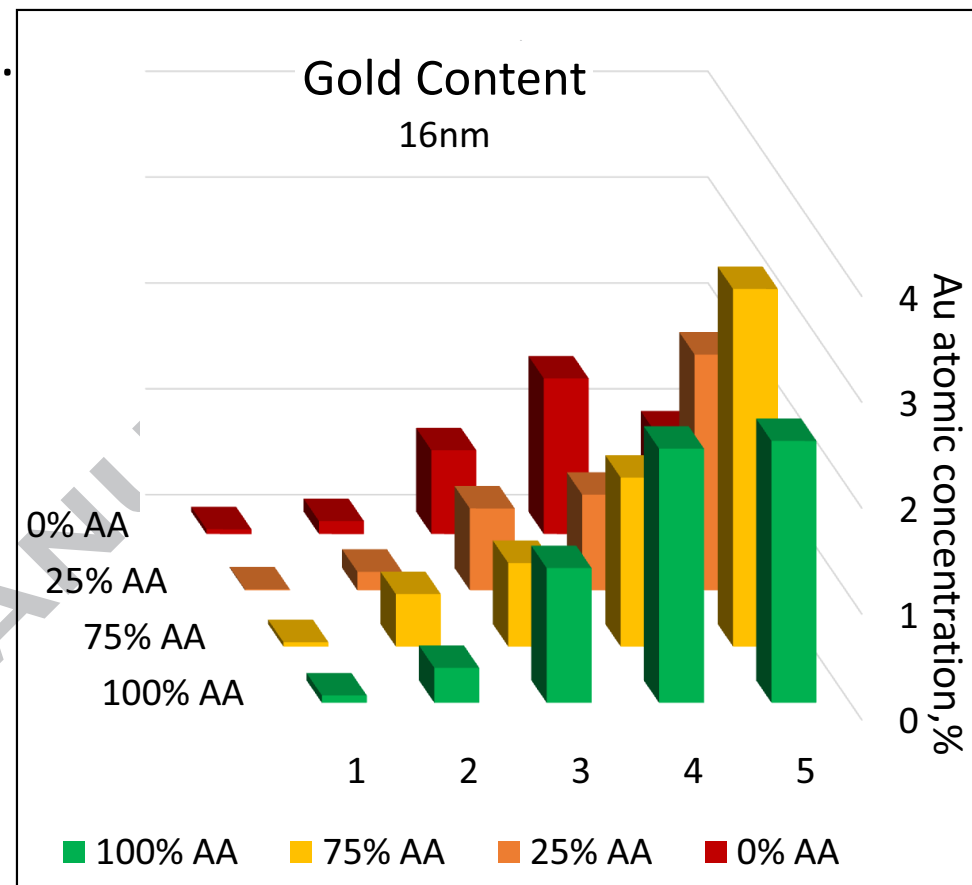
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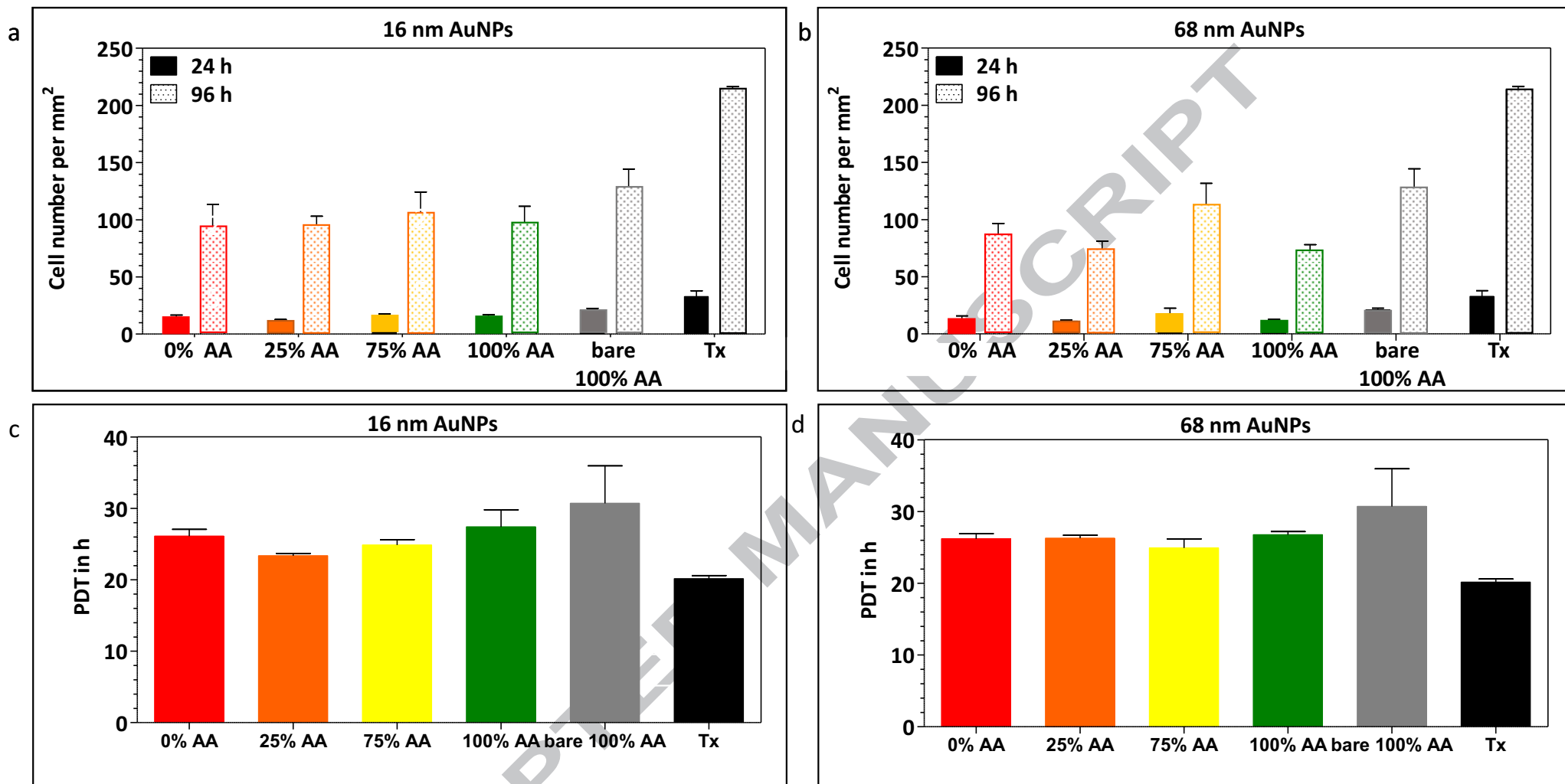
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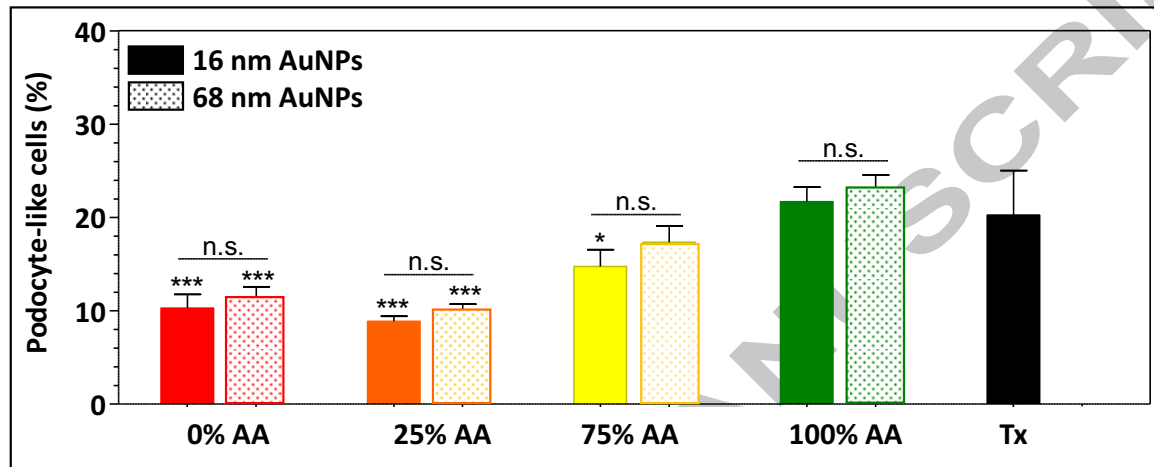


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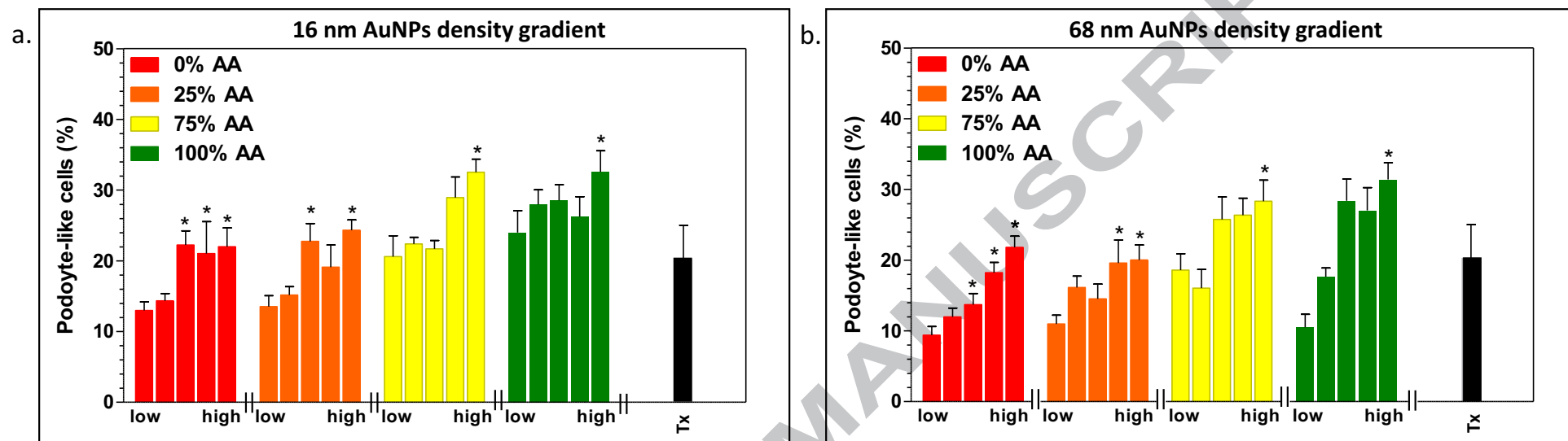


Figure(s)

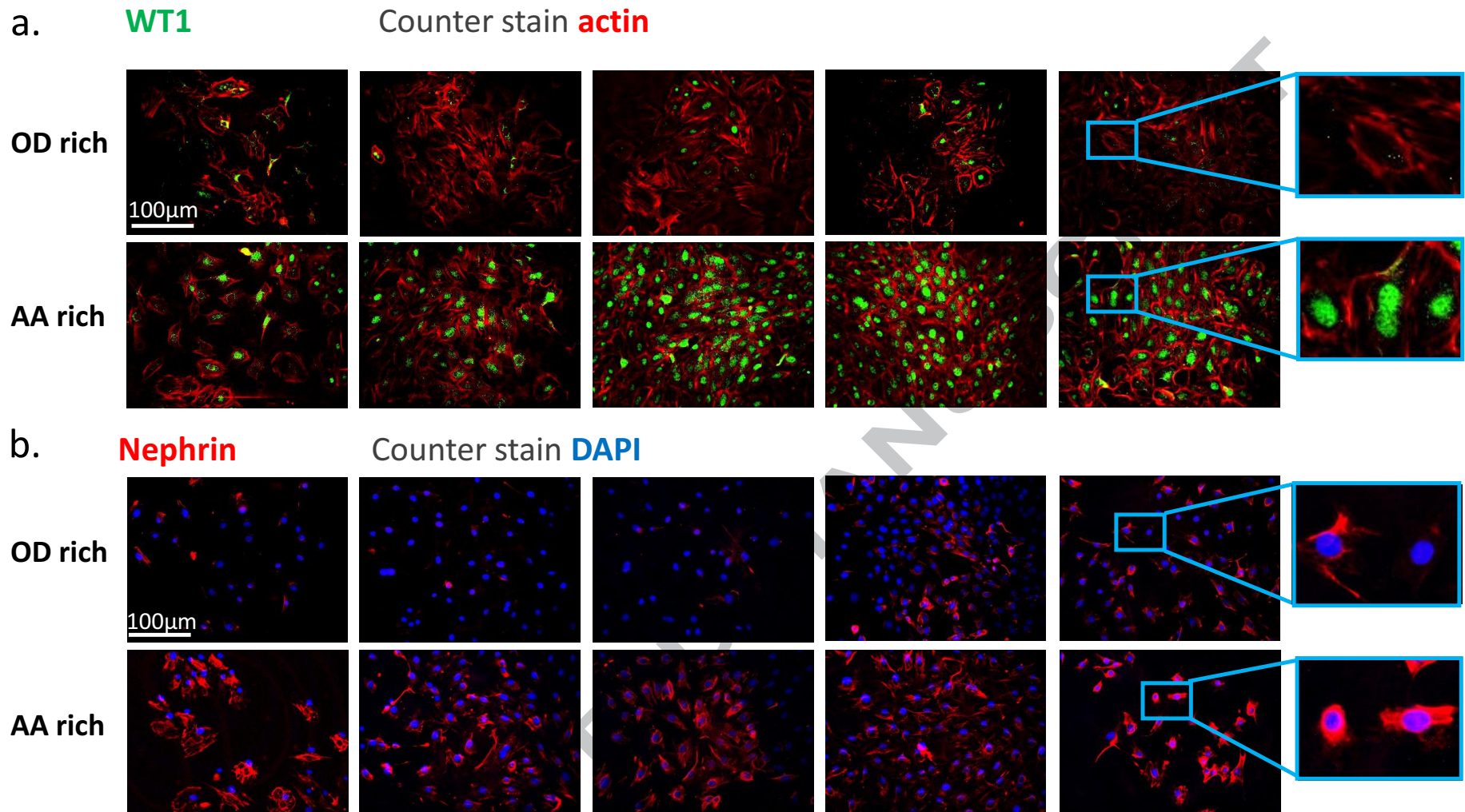


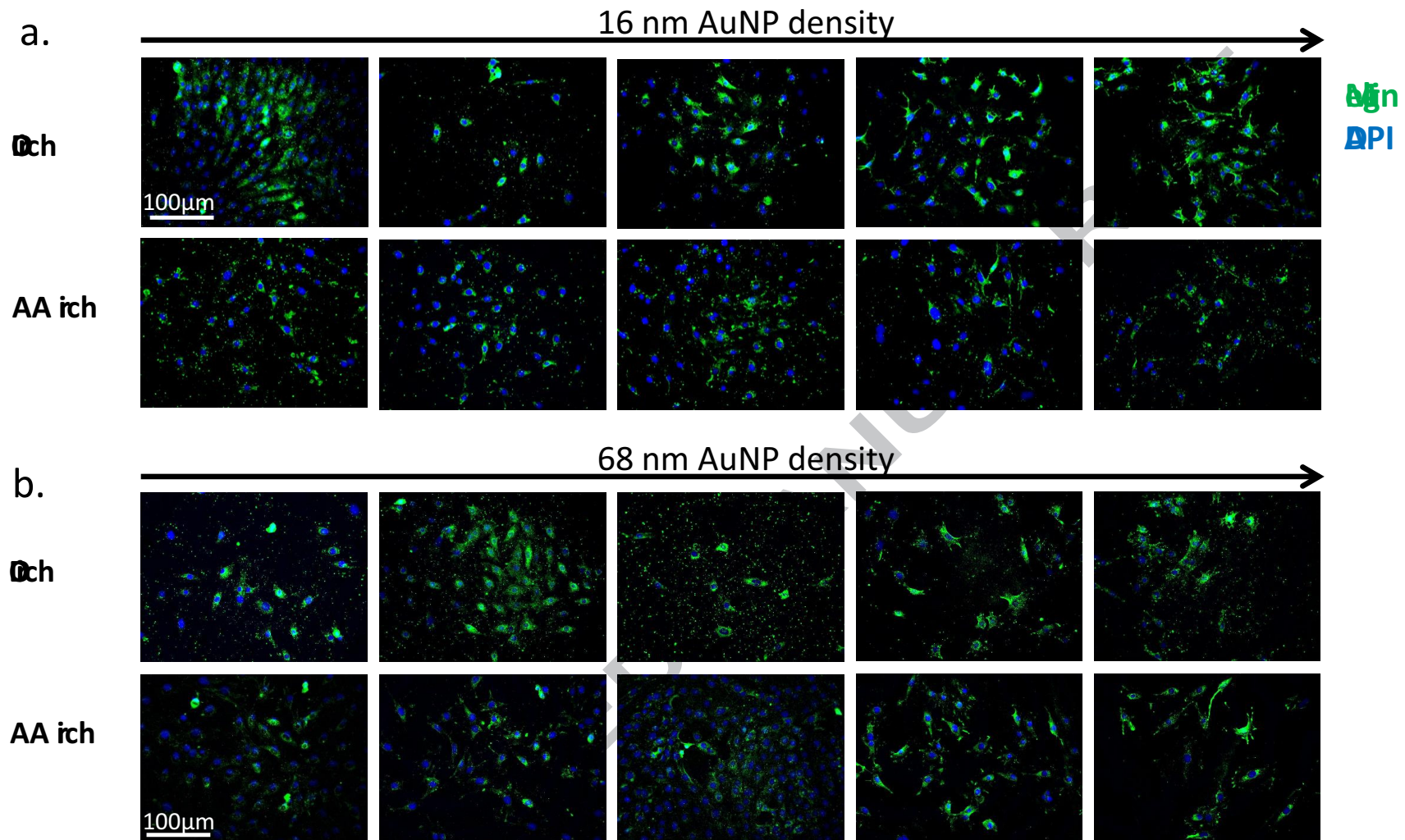


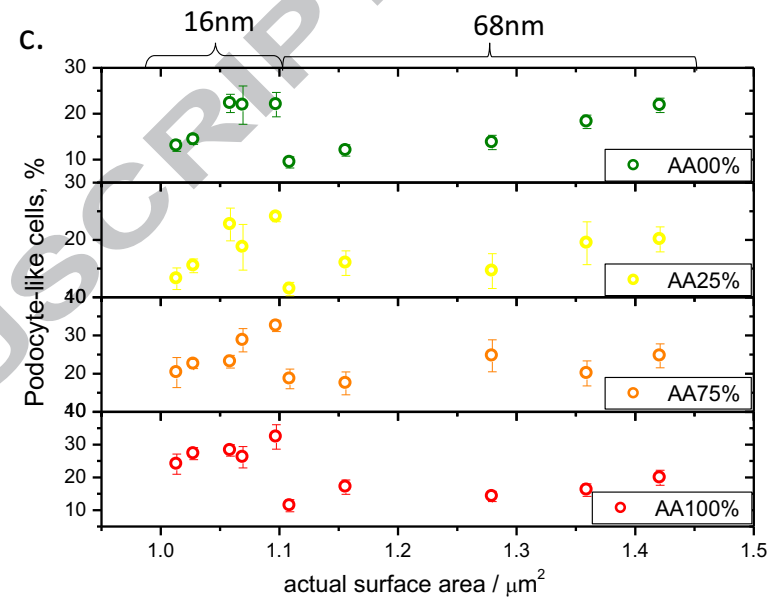
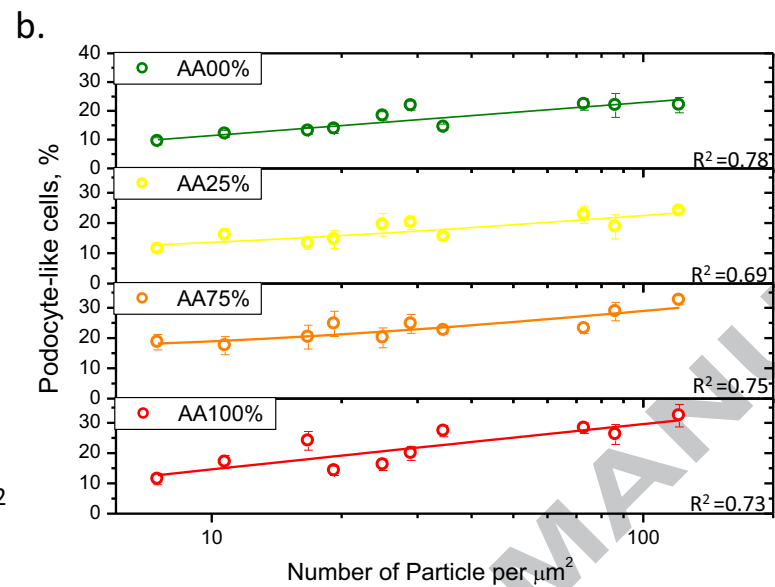
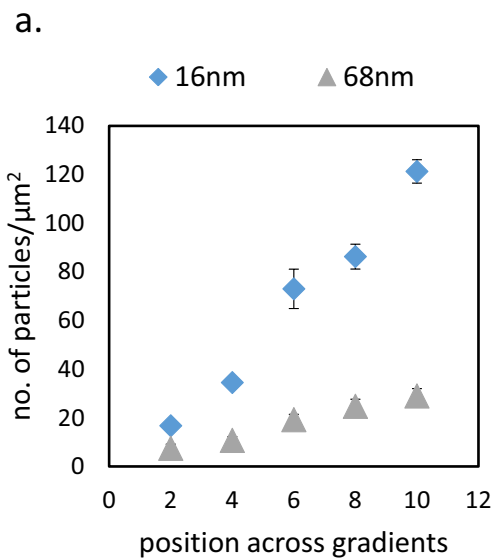
Figure(s)











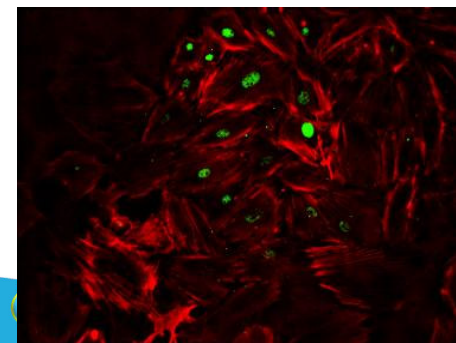
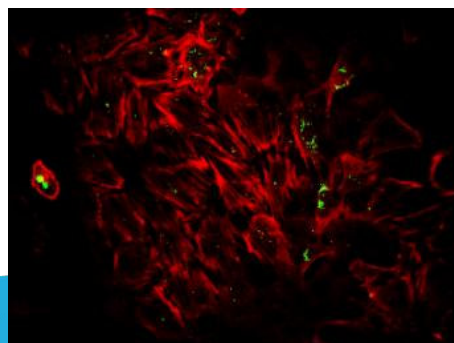
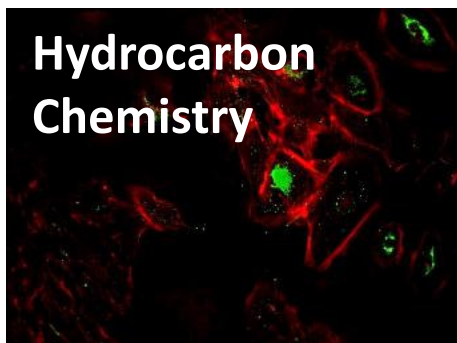
# Surface Nanotopography guides Kidney-derived Stem Cells Differentiation into Podocytes

*Melanie MacGregor-Ramiasa<sup>a‡</sup>, Isabel Hopp<sup>b‡</sup>, Akash Bachhuka<sup>a</sup>, Patricia Murray<sup>b\*</sup> and*

*Krasimir Vasilev<sup>c\*</sup>*

## SIGNIFICANCE STATEMENT

Adult kidney-derived *stem cells* have been identified as a promising way to regenerate damaged nephrons. Artificial growth platforms capable to guide the stem cells differentiation into useful cell lineages are needed to expand regenerative cell therapies for chronic kidney diseases. Chemically homogeneous growth substrates endowed with nanotopography gradients were generated via plasma assisted methods in order to investigate the effect of physical cues on the proliferation and differentiation of kidney-derived stem cells. For the first time it is shown that the surface density of the nano-structures had a greater impact on fate of the stem cells than their size. Careful design of the growth substrate nanotopography may help directing the differentiation into either podocytes or proximal tubule cells.



Nanotopography density gradient

Podocyte differentiation

