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Chicopee and Springfield School Collaboration with UMass Amherst (UMA): Alcohol and Opioid Screening, Brief Intervention and Referral to Treatment

Donna Zucker University of Massachusetts - Amherst

Et al.

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Chicopee and Springfield School Collaboration: Alcohol and UNassAmherst Opioid Screening, Brief Intervention and Referral to Treatment

SBIRT Team: D. Zucker¹, S. Linowski^{2,} G. Chandler¹, E. Dundon¹, G. DiFulvio^{3,} D. Fedorchak⁴, S. Rataj³ and D. Heffernan³

Problem

- 67.5% of high school students have cons umed alcohol
- 40.1% indicate one drink in the last 30 d ays
- 22.2% having five or more drinks in the last 30 days
- Use typically begins during early adolescence and the first alcohol exposure peaking during grades 7 to 9

Innovation

The UMA nursing undergraduate training program, SBIRT: The Power of Nursing to Change Health will train 150 undergraduate nursing students/ year

- It builds on a SAMHSA curriculum that is integrated into existing psychiatric/mental health, pediatricyoung adult and community nursing courses
- The curriculum incorporate alcohol and substance abuse disorders

Both Community and Student Advisory Boards have been formed

Methods

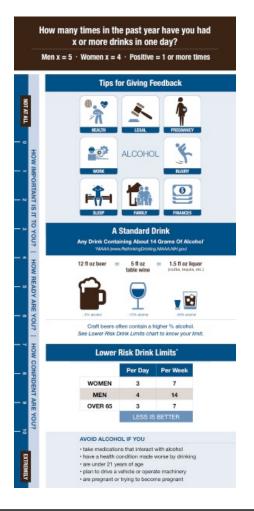
Screening, Brief Intervention and Referral to Treatment (SBIRT)

Student nurses apply these new skills in their community and medical/surgical rotations in partnership with the Chicopee and **Springfield Public Schools**



Outcomes

- The UMA SBIRT Team completed the first training session October 2016 incorporating EBP into training and evaluation
- We have networked with state and regional SAMHSA officials MA School Nurses and the MA Office of Elder Affairs
- Community collaboration is critical to the success of the Power of Nursing to Change Health



1College of Nursing, 2Dean of Students Office, 3 School of Public Health and Health Sciences,