

THE COWL



Vol. LXXXI No. 9 @thecowl · thecowl.com

Providence College

November 10, 2016



President-Elect Donald Trump gives his victory speech after several hours of waiting for the final result of the race.

PHOTO COURTESY OF LATIMES.COM

by Katie Puzycki '17
Editor-in-Chief

POLITICS

After a nail-biting and cliff-hanging election night that trailed into the early hours of the morning, Donald J. Trump surpassed former Secretary of State and Democratic nominee Hillary Clinton in a groundbreaking upset for the Presidency of the United States.

They were neck and neck for a majority of the race in many states, but Clinton was unable to pull ahead of Trump in the final votes from the Electoral College, losing in many key battle-ground states including Pennsylvania, which voted Republican for the first time in six elections, and Ohio, which has not voted Republican since George W. Bush ran in 2004.

As of Wednesday, November 9, *Politico* polls have Clinton winning 19 states, including the District of Columbia, and Trump winning 28. Although not all of the polls have been confirmed by this time, it does not seem that Michigan, New Hampshire, or Arizona will have any effect on the confirmation of Trump as the President-Elect.

Overall, Trump was awarded 279 of the 538 electoral votes, while Clinton ended the night with only 228 votes. The popular vote as it currently stands has Clinton in a narrow lead with 47.7 percent and Trump with 47.5 percent—a difference of 217,783

votes total.

Trump gave what some might consider a surprisingly presidential speech in comparison to some of his previous public appearances, driving-home the theme of unity and “us.” In his victory speech, Trump reassured the American public that we “will no longer settle for anything less than the best.” Providing a visionary ideal for the future Trump also remarked that, “We’re going to dream of things for our country, and beautiful things and successful things once again.”

The future 45th President also made sure to immediately congratulate his opponent on what he deemed to be a “very hard-fought campaign.” “Hillary has worked very long and very hard over a long period of time, and we owe her a major debt of gratitude for her service to our country. I mean that very sincerely.”

While Trump supporters, the President-Elect, and his family celebrated at the Trump Headquarters in New York City, a much more somber tone filled the audience at the Javits Convention Center in Manhattan. The images from Clinton’s election party changed throughout the night from excited buzz at the potentiality of having the first female president, to clear shock, distress, and despondence as the polls grew increasingly close.

Clinton remained strong until the last hours of what was a very long election night, not officially conceding until around 2:40 a.m. on Wednesday. She gave her official

concession speech on Wednesday morning.

A large concern for many of those against a Trump presidency was how the nation would explain this election to minorities, children, immigrants, and refugees. In an emotional speech regarding this, CNN correspondent Van Jones’ remarked, “You tell your kids: Don’t be a bully ... don’t be a bigot ... do your homework and be prepared. And then you have this outcome ... You have people putting children to bed tonight, and they’re afraid of breakfast. They’re afraid of ‘How do I explain this to my children?’ ... This was a rebellion against the elites, true, it was a complete reinvention of politics... but it was also something else.”

Jones was referring to the portion of America that, following Tuesday, will certainly be left in the dark regarding their future, but he also attempted to leave his message on a note of positivity stating, “Donald Trump has a responsibility tonight to come and reassure people that he is going to be a president of all the people who he insulted and offended and brushed aside.”

Clinton also proved to be as gracious a loser in the night’s election as Trump was a winner. Her concession speech emphasized a peaceful transition from the Obama presidency to the Trump presidency, and an extended hand to work with Trump, as Clinton stated, “On behalf of our country.”

While Clinton will not be the first female president, she offered a promising message, “...To all the little girls who are watching this, never doubt that you are valuable and

powerful and deserving of every chance and opportunity in the world to pursue and to achieve your own dreams.”

While exit polls are still coming in, the most current results have proved just how divided the nation currently is—a fine representation of the bipartisan struggle. They are so far suggesting that in many areas republicans are as hard pressed against democrats as democrats are against republicans.

Forty-one percent of males voted for Clinton, while 53 percent voted for Trump, and 54 percent of females gave Clinton their vote, compared to 42 percent that sided with Trump. Fifty-eight percent of whites also voted for Trump, while an overwhelming 88 percent of blacks supported Clinton. The Hispanic/Latino vote also overpowered Trump, favoring the democrats with 65 percent of their vote. Overall, Clinton seems to have beat Trump with more backing from minority races.

In poll questions such as “Better commander in chief,” 94 percent of people claimed support for Clinton, and to the republican side an almost equal percentage, but slightly higher percentage of 96 percent favored Trump.

While it is too soon to see what this will mean for the future of presidential elections and the country, it is fair to say that the most important thing we as a nation can do is follow the lead of Clinton and Trump’s call for unity leading up to the January inauguration date and beyond.

UNDER THE HOOD

Providence College’s Student-Run Newspaper Since 1935

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News

Timothy Cardinal Dolan delivered a powerful address to the PC community.



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A&E

The Fall in Love with Love coffeehouse was the first of many unforgettable events this semester.



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PC Community Responds to Diversity

by Meaghan Dodson '17
News Co-Editor

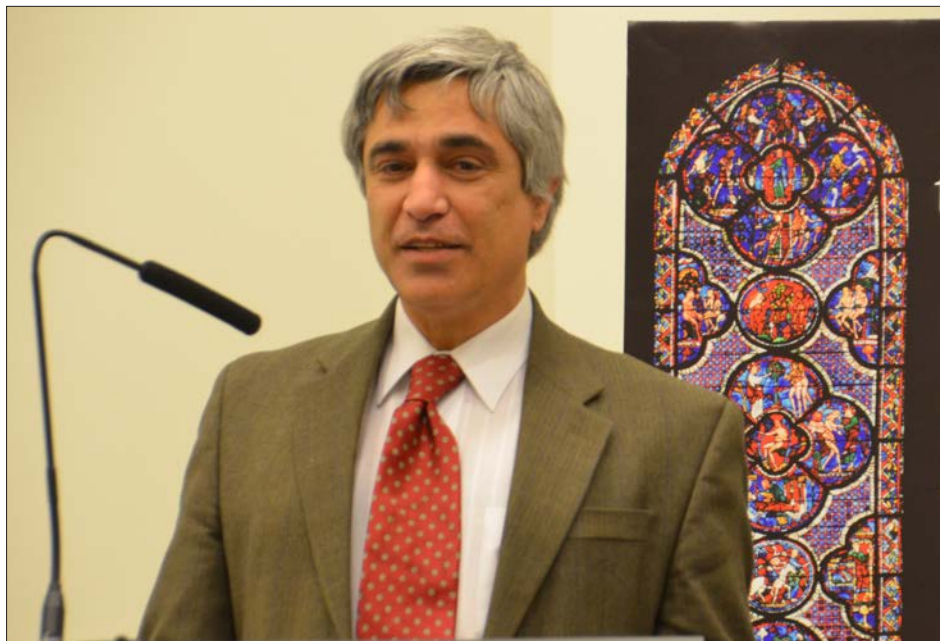
ON CAMPUS

Over the past few years, Providence College has worked to both address and promote campus diversity. The administration has succeeded in amassing the most diverse undergraduate population in College history, while students have drawn attention to social and racial concerns via organized events, meetings, and protests. Furthermore, administrators and students alike have collaborated to create the College's first-ever Diversity & Inclusion Implementation Committee (DIIC), whose goal is to establish a more welcoming, inclusive campus.

The diversity conversation, however, has escalated in recent weeks as the result of an article published by a PC faculty member. Students, faculty, administration, and even the author himself have responded both to the article and to one another's responses. For the sake of clarity, *The Cowl* is here to present readers with both a summary and a timeline of the recent events.

On Sept. 26, *Crisis Magazine* published an article written by Dr. Anthony Esolen of the PC English department. The article is entitled, "My College Succumbed to the Totalitarian Diversity Cult," and its focus is to question the meaning of the word "diversity." In the article, Esolen states that many Catholic colleges and universities—PC included—are denying their Catholic principles in an effort to acquire this elusive "diversity."

Esolen also questions if he is being unreasonable when he asks, "Is it permitted for a Catholic, at a college that advertises itself as Catholic, to affirm a Catholic view of sex and the family?" He states that "more than one" of his friends have felt attacked by their secular colleagues, and that "diversity" is not the answer for an institution that wishes to achieve unity.



Esolen's recent article has caused campus-wide discussion about diversity and freedom of speech.

PHOTO COURTESY OF LESFEMMES-THETRUTH.BLOGSPOT.COM

He cites the Diversity page on the PC website as an example of this idea, stating that, as a Catholic college, PC should not welcome "the alphabet soup of cheered-on sexual proclivities," but rather welcome those who are in need of the church and her truth.

Nearly a month after the article's publication, the Board of Representatives organized an event to protest both the Esolen article and the lack of response by the College administration. The Board of Representatives is a newly-formed organization made up of students from clubs such as NAACP, SOAR, Brotherhood, Women Empowered, and Afro-Am, all of who are united against social and racial injustice.

On the morning of Oct. 20, students engaged in a campus-wide protest that took them through the Slavin Center, the Ruane Center for the Humanities, and finally Harkins Hall. They finished the march at the president's office where Fr. Brian Shanley, O.P. '80 was receptive to the students and their concerns.

Meanwhile, that same day the *Crisis Magazine* published another of Esolen's

articles, this one entitled, "What Will You Do When the Persecution Comes?" Although Esolen mentions neither diversity nor PC in the article, he does state that the ideal Catholic is a "soldier" in the face of persecution because, as his article concludes, "The war is here."

The following day, Fr. Shanley issued a campus-wide email that responded to both Esolen's article and the Board of Representatives' protest. In the email, Fr. Shanley emphasized the principle of academic freedom, but also stated that Esolen's opinions are not representative of those held by himself, his administration, or the College as a whole. Fr. Shanley encouraged the PC community to debate the meaning of the word "diversity," but at the same time to refrain from demeaning or mislabeling one another.

Two weeks later, WDOM radio hosts Michael Bartels '18 and Stephen Rasch '18 conducted an interview with Esolen. During the interview Esolen stated that he had "no intention of addressing Providence College directly" when writing the article, and that the title of it was not of his choosing. He emphasized

that his focus is on his Catholic faith and not on politics, and that he views every human being as "infinitely precious."

On Nov. 1, *The American Conservative's* Rod Dreher interviewed Esolen in his article, "Tony Esolen *Contra Mundum* [Against the World]." During the interview, Esolen stated that he is "happy, even eager, to meet with [students] to talk about what it is like to be a minority student at Providence College."

He mentioned, however, that this invitation has yet to be answered; at the time of the interview, he had yet to receive any calls or emails from concerned students. Instead of "blowing students off," Esolen felt that he himself had been "blown off." Indeed, the only student interaction he experienced was via a blackboard message that read, "Diversity is not a cult!"

Esolen also gave *The American Conservative* access to the entirety of Fr. Shanley's Oct. 21 email. Esolen added that he was "stunned" at being "singled out and exposed before the whole faculty."

Esolen added that "The Good Guys in all this" have been meeting to "draft a stern response" about the matter. When asked whether or not tenure will protect him, Esolen responded that he "can be fired despite...tenure, though that is very unlikely."

The very next day, the DIIC emailed the PC community with an update on how it has been responding to recent events. The DIIC confirmed that although some committee members found the tone of Esolen's articles to be "offensive and implicitly racist," it is not the role of the committee to either endorse or condemn people's opinions.

Moving forward, there may be several opportunities to foster dialogue between Esolen, students, faculty, and administration. Congress is hoping to speak with Esolen at one of its weekly meetings, and Esolen himself has talked about organizing a faculty speaking event.

Diversity talks will continue, and the PC community is encouraged to voice its opinions about this important issue.

PC Blessed with Visit from Cardinal Timothy

Cardinal Stresses Similarities between the Catholic and Jewish Faiths

by Benjamin Bauchiero '18
News Staff

CAMPUS EVENTS

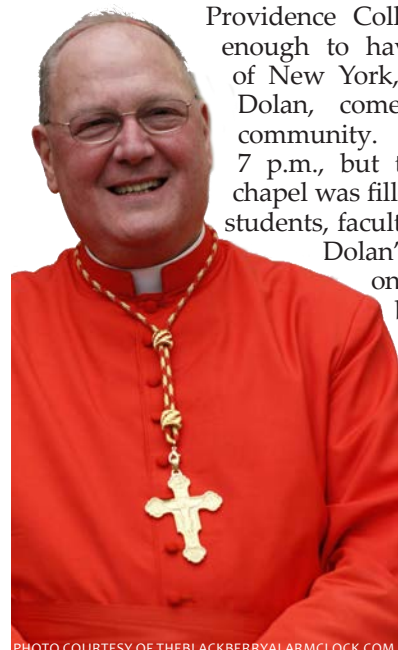


PHOTO COURTESY OF THEBLACKBERRYLARMCLOCK.COM

On Thursday, November 3, Providence College was fortunate enough to have the Archbishop of New York, Cardinal Timothy Dolan, come to talk to the community. His talk started at 7 p.m., but the entirety of the chapel was filled by 6:45 p.m. with students, faculty, and guests alike.

Dolan's talk was focused on the unifying link between Christians and Jews, and how the two religions share many similarities and must strive for harmonious coexistence in the years to come.

Cardinal Dolan was introduced by Fr. Brian Shanley,

O.P. '80. During his speech, Fr. Shanley explained that members of the Christian and Jewish faiths are all children of God.

Fr. Shanley also informed attendees that both religions are children of Abraham, and that the early stages of the two faiths are similar in many respects. Fr. Shanley voiced his own opinion that "we must find what differentiates us, as well as what unites us" as both Christians and members of the Jewish faith.

Dolan began his talk by explaining how he is far from an expert on the relationship between Christians and Jewish dialogue. Dolan did, however, explain that he has been fortunate enough to travel to various countries with other officials of the Catholic Church, as well as those of the Jewish religion.

One story that Dolan particularly reflected upon was how he, along with several other bishops and rabbis, stood before the tomb of St. Peter, teary-eyed and in awe of both the saint's accomplishments and the sheer power that seeing his tomb in the flesh instilled upon the two of them.

This, Dolan explained, was a moment in which he realized that members of the Jewish faith and the Catholic faith were not so different after all.

Another story that Dolan told focused on Poland in the years after WWII when the country was dealing with the unpredictable neighbor of the communist Soviet Union. Dolan explained how after the war,

when the Allied Powers defeated Adolf Hitler's Nazi regime, Pope John Paul II traveled to Poland to deliver a talk to its people.

He visited areas that were particularly affected by the horrors of the Second World War, whether it was through the annexation during the Nazi regime, the civilian casualties brought on by the airstrikes, or the horrors of the Holocaust and Hitler's "final solution."

At one location, while the pope was talking amongst the crowd, a chant began that soon swept over the entirety of the crowd and lasted for a significant amount of time. The cry was, "We want God."

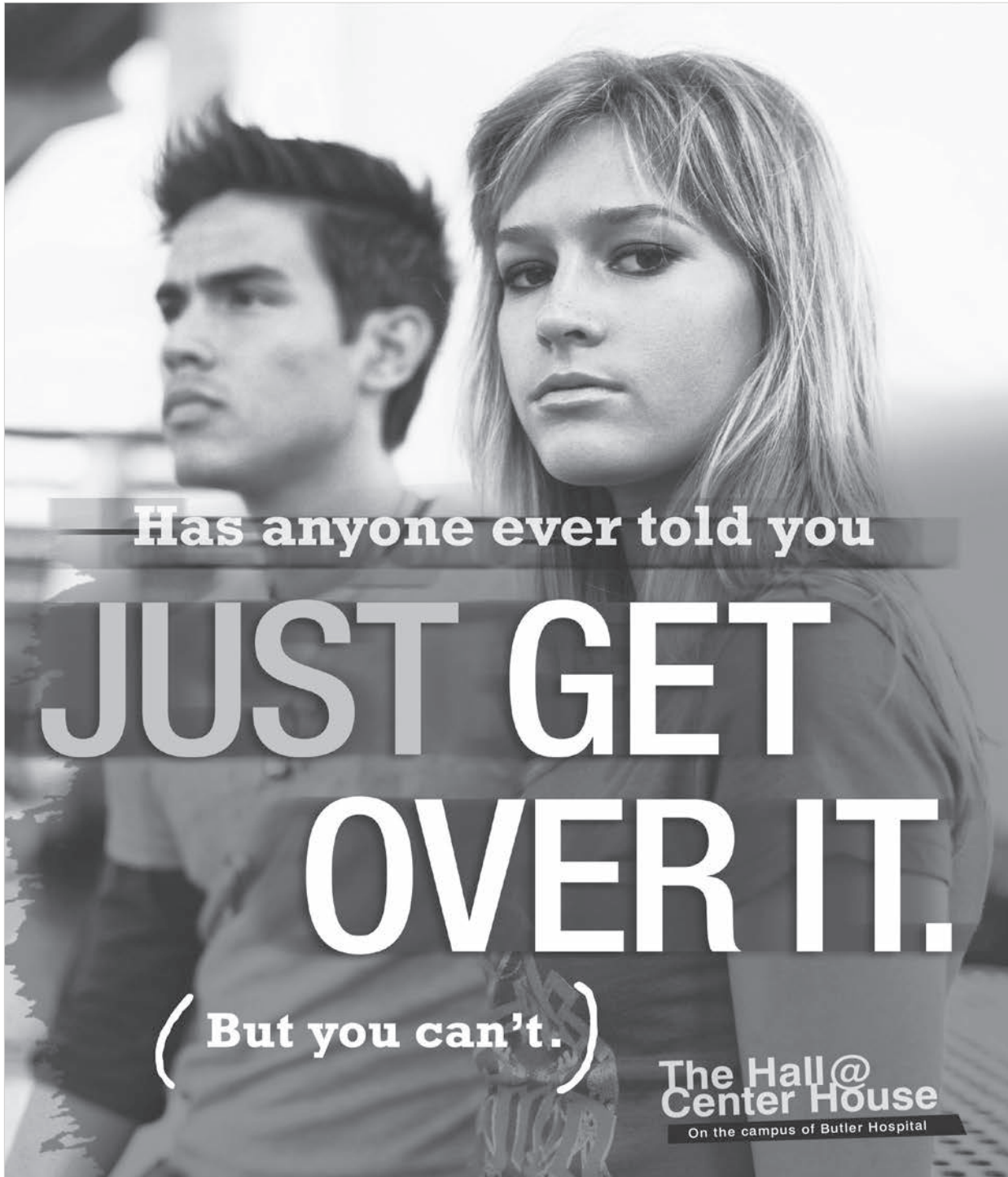
This simple, three word phrase was echoed loudly, and Dolan related that this was what the pope had dreamed would happen.

These people had suffered great turmoil and understood the importance of God, whose presence many people had not felt in the past few years.

Dolan explained how this cry has been echoed among Christians and Jews alike. He also explained how this cry of "we want God," was "the quintessential cry of Israel."

It is a cry that had been echoed by all of the great Biblical figures, and again by those who suffered through the horrors of the Second World War.

Dolan reminded his audience that, at the core of both religions, members of each faith share the same belief, mindset, and request that "We want God."



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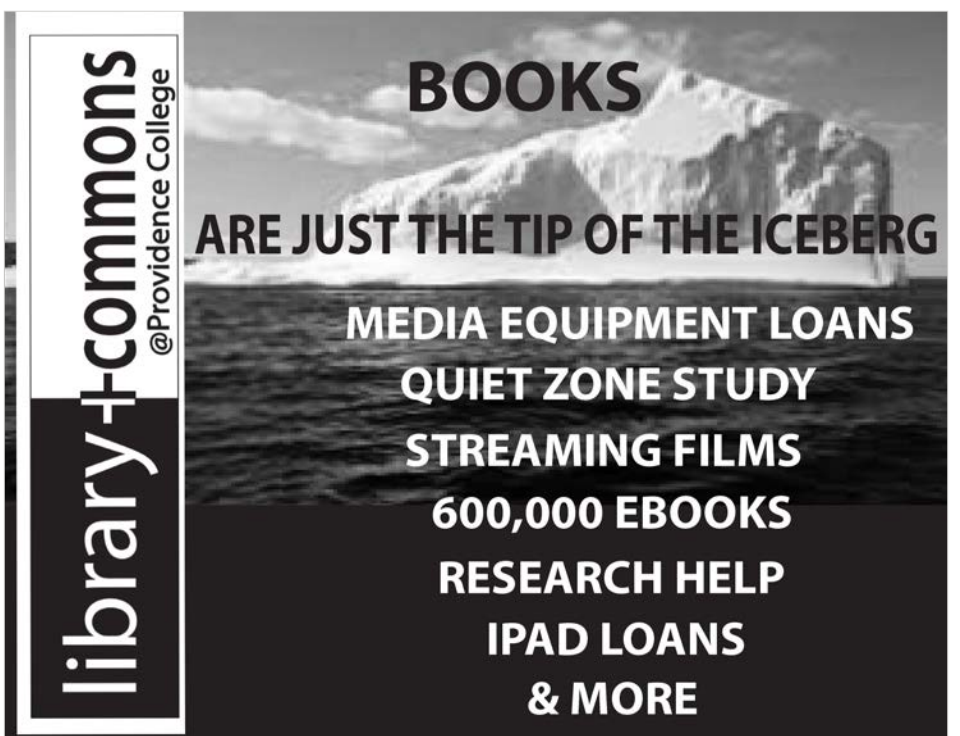


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Bursting the PC Bubble

by Daria Purdy '19
News Staff

Four States Legalize Marijuana

Marijuana legalization won big Tuesday night, creating the biggest electoral victory for marijuana reform since Colorado and Washington's approval in 2012. Marijuana can now be used recreationally in California, Massachusetts, Maine, and Nevada. Florida, North Dakota, and Arkansas also approved medical marijuana use.

According to the Marijuana Policy Project, a group created in 1995 to end marijuana prohibition, Trump has a mixed past of both favoring the legalization of all drugs and recently opposing legalizing and regulating marijuana. The group does believe he supports medical marijuana use and that states should be able to set their own policies for adult use.

Possible Missing Nuclear Weapon Found

Diver Sean Smyrichinsky was in the water near British Columbia when he discovered a large metal device. The device could be a decommissioned U.S. nuclear bomb that has been missing since the 1950s. The Canadian Department of National Defense confirmed the possibility that the device could be the bomb lost when a U.S. Air Force B-36 bomber crashed in the area in 1950. A search for this lost nuke has been going on for years. The government believes that the bomb does not contain any active nuclear material.

Missing California Woman Abducted?

Sherri Papini, 34, was last seen on Nov. 2, when she left her house to go on a jog. Her husband notified the police when the mother of two did not appear to pick her children up from day care. Local police have interviewed 290 people, and say that her disappearance is suspicious. Mr. Papini found his wife's phone on the side of the road on that same day. Her family is offering \$50,000 for any information concerning her whereabouts. The police say that they have slowly been piecing together evidence in the case from various sources.

Hungarian Parliament Votes on EU Quotas

The Hungarian Parliament will vote on the approval of an amendment to their constitution that would ban the settlement of "foreign populations" in the country. The EU set a migrant quota in 2015 which allowed for 160,000 migrants to be relocated across the union. Hungarians have already voted in a referendum to reject the EU quotas, but the results were rendered invalid due to low voter turnout. This new parliamentary vote has been justified on the grounds that 3.3 million Hungarians voted to reject the EU's quotas.

Congress Updates

by Meaghan Dodson
News Co-Editor

CONGRESS UPDATES

The weekly meeting of the 67th Student Congress was held this Tuesday, November 8 at 5:30 p.m. in the Ruane Center for the Humanities. Executive Vice President Phionna-Cayola Claude '18 announced that she is in contact with Dr. Anthony Esolen of the Providence College English department. Esolen has been scrutinized for writing what many students perceive as being "anti-diversity" articles. Claude stated that she invited Esolen to attend a Congress meeting, and also that Esolen is working with another PC professor to create a forum that will explain his views on the Christian faith.

Morgan Inz '18, student life chair, announced that she recently met with Kevin Hillery, associate director of residence life, in order to discuss residence hall fines and the possibility of having cameras installed in dorm lobbies and laundry rooms.

Meanwhile, in terms of old business, members voted to pass a bill regarding Congress' statement of position. The bill passed with 86 yays, with 16 members absent.

In terms of new business, Congress discussed the idea of a statement of position on diversity. Members expressed a desire for Congress to be a part of the campus' diversity conversation, and for the statement of position to be distributed among campus groups and organizations. Andrew Konnerth '17, the executive president, stated that he will also be sending a copy of the statement to the dean's office. The statement emphasizes that Student Congress "supports and encourages all forms of diversity," and many Congress members felt that the statement lays the foundation for future discussions on diversity.



Club Spotlight: San Miguel

by Daria Purdy '19
News Staff

CLUB SPOTLIGHT

One of the goals of Campus Ministry at Providence College is to reach out and connect with the community surrounding the campus in meaningful ways. Within Campus Outreach in Campus Ministry, there is the San Miguel Mentorship Program, which helps to further this goal. The program pairs PC students with students from the local San Miguel School to act as mentors and role models.

The San Miguel Schools have locations across the country and are run by the Christian Brothers. The San Miguel Schools are all-boys schools that admit urban youth who are at risk for dropping out of school, due to tumultuous family lives or other factors.

The San Miguel School partners with local high schools, to ensure that their students, including grades five to eight, have the best chance of continuing their education and staying in school.

Camille Greaney '19, a member of the mentorship program says, "San Miguel focuses on higher education, so they bring in a lot of mentors and

volunteers to set an example for boys who are most at risk."

Zach Brown '17, Will DiStefano '17, and Sean Wrenn '17 are the current directors of the mentorship program.

Nick Mello '18, the vice-president, says of the program, "We hope that we can serve as mentors/role models and form a close enough relationship with our mentee so that if he has any problems going on at school or at home they feel comfortable enough to tell us."

Brown elaborates that "we try to start the relationships early in the program and have them grow throughout our time at Providence College." He says many senior mentors have been with their mentees since freshman year.

A typical meeting of the club consists of an hour-long activity in Peterson Recreation Center. Brown says, "This could be a mentor-mentee relationship building activity, like human bingo and 21 questions, or just something for fun, like kickball or knockout."

The mentors also bring their students to lower Slavin for a half hour for snacks, drinks, and further time for conversation between mentor and mentee. The club meets every other Wednesday at 3:30 p.m. near the Concannon Atrium.



San Miguel students and mentors trick-or-treat at McDermott Hall.

PHOTO COURTESY OF ZACH BROWN '17

Friar Flashback: Famous Alumni

PC Graduates Leave Their Mark on the Film, Television, and Sports Industries

by Marla Gagne '18
News Co-Editor

FRIAR FLASHBACK

Providence College first opened in 1919 with only 71 students to teach and nine Dominican faculty members. One hundred years later, the school boasts over 4,000 students every year from all over the world. From Texas to Boston to London, alumni continue to carry on the PC tradition.

PC prides itself on its alumni connections around the world, propelling new and old Friars alike into successful careers and building on the PC legacy. Some of PC's most notable and famous alums include actors and actresses, film directors, NBA sideline reporters, and Hall of Fame coaches.

Below are just a few of the successful alumni who the world has come to know as greats in their professions. The thing they all have in common? They started their journeys at PC.

John O'Hurley '76

Before John O'Hurley was hosting *Family Feud* or showing his best moves on *Dancing with the Stars*, he was a regular college student with dreams of going into the arts. O'Hurley graduated PC in 1976 with a B.A. in Theatre.

He would eventually gain fame for his role as J. Peterman, Elaine Benes' boss and owner of the Peterman Company, in the 1990s hit show *Seinfeld*. The show eventually became part of his everyday life as he became a part owner of the real Peterman Company, financing its re-launch in 2001.

O'Hurley is also known for being the runner-up on *Dancing with the Stars* in 2005, hosting Purina's annual National Dog Show since 2002, and hosting *Family Feud* from 2006-2010. He also made guest appearances on *The Muppets*, *Drake and Josh*, *All My Children*, and *Devious House Maids*.

Peter Farrelly '79

Peter Farrelly, along with his brother Bobby Farrelly, have made names for themselves in Hollywood, hitting it big with their "gross-out humor romantic comedies." Peter Farrelly graduated from PC in 1979 and spent the



John O'Hurley '76, the former *Family Feud* host and *Seinfeld* star, graduated from Providence College with a B.A. in Theater.

PHOTO COURTESY OF POST-GAZETTE.COM

next decade crafting his talent as a director, producer, and screenwriter.

The Farrelly brothers eventually created the hit movie *Dumb and Dumber*, which brought in \$340 million. Other works include *Kingpin*, *Shallow Hal*, and remaking the *Three Stooges* in 2012.

Peter Farrelly went back to his PC roots in 2000 on the set of *Me, Myself, and Irene*, where Father Kenneth Gumbert, O.P., a film professor at PC, played the character of a priest.

Doris Burke '87

Doris Burke is well known on the sidelines of the NBA, acting as a reporter and analyst for ESPN, ABC, and MSG. She first made headlines for basketball while playing point-guard on the PC Women's Basketball team in the 1980s.

The youngest of eight from Manasquan, New Jersey, Burke led the Big East in assists her senior year, left as the all-time leader in assists for PC, and would eventually be inducted into the PC Hall of Fame in 1999.

Burke also became the first female analyst to call a

New York Knicks game on the radio or TV in 2000.

She was inducted into the North East Basketball Hall of Fame in 2006 and writes for various magazines, such as *Basketball Times Magazine*. Burke left PC with a degree in health service administration/social work and a master's in education.

Lenny Wilkens '60

Three-time NBA all-star, the second most wins for any coach of all time, and coach of two Olympic gold medal teams. These are just a few of Lenny Wilkens' accomplishments as a basketball player and coach.

Wilkens started off as a basketball player at PC, where he would become an All-American player in 1959 and 1960. He would graduate as the second highest scorer in history, at the time, and would eventually have his jersey returned, the first alum to receive the honor.

Wilkens was drafted sixth overall to the St. Louis Hawks and would play for a number of teams including the Seattle Supersonics, The Cleveland Cavaliers, and the Portland Trail Blazers. Wilkens then coached for Portland, Seattle, Cleveland, Atlanta, Toronto, and New York. He was inducted into both the PC Hall of Fame and the College Basketball Hall of Fame in 2006.

Janeane Garofalo '86

Starting off as a double major in history and American studies, Garofalo would eventually leave PC to become a stand-up comedian, actress, writer, and political activist. After college, Garofalo struggled to build a career as a comedian and actor.

She eventually acted in over 50 films, starring in *Reality Bites*, *The Matchmaker*, *Mystery Men*, *Wet Hot American Summer*, and *Bad Parents* and had supporting roles in *The Cable Guy*, *Romy and Michele's High School Reunion*, and *The Wild*.

Garofalo also has had many roles on the small screen, acting in *Seinfeld*, *West Wing*, *Criminal Minds: Suspect & Behavior*, *Girlfriends Guide to Divorce*, and a Netflix prequel for her previous movie *Wet Hot American Summer*.

She then teamed up with Ben Stiller in 1999 to write a *New York Times* bestseller spoof of popular self help books entitled *Feel This Book: An Essential Guide to Self-Empowerment, Spiritual Supremacy, and Sexual Satisfaction*.

Global Learning and Engagement Showcase

Providence College Students & Faculty Prove That the World is Their Classroom

by Patrick Healey '17
News Staff

CAMPUS EVENTS

As global communication continues to get easier and more popular, Providence College makes globalization and international access an increasing priority, and this was on full display at this showcase event last week.

Officially named, "Global Learning and Engagement at Providence College," this event, which took place last Thursday, was hosted by the Center for Teaching Excellence and the Center for International Studies. Dr. Tuba Agartan, who is a Faculty Fellow for Global Learning and Engagement here at PC as well as an associate professor of health policy and management, led the event.

Students and faculty, equipped with poster boards, congregated in the Ruane Great Room to display their research and experience on anything having to do with globalization, whether it be time spent abroad or biology studies in Jamaica.

Additionally, professors came out to advertise courses which involved global travel or global elements. Dr. Agartan noted, "Global engagement and social responsibility are crucial educational priorities for colleges in a diverse and unequal world."

Dr. Agartan began the afternoon with a brief presentation and overview of all things having to do with globalization and pointed also that one of the goals

of the afternoon was to highlight and celebrate contributions regarding globalization to PC.

There was an emphasis on the huge benefits which come from understanding other cultures and a consistent praising of diversity. Dr. Agartan's presentation mentioned that communication with people abroad was a stimulus for empathy and adaption.

Faculty and students examined and discussed the success of international students and took a closer look at study abroad numbers, which showed that only four percent of education majors study abroad.

The presentation was aimed at giving an overview of the state of global learning and engagement here at PC and looking at the path to expand and move forward.

After the presentation concluded, people were welcomed to walk around the Great Room and ask questions to those who had come with poster boards about their specific expertise, which included "Providence in Ghana" and "Providence in Nicaragua," the History Department's 2014 Maymester, "PC Goes Global to Scotland," upcoming trips to Japan, and courses for students interested in learning further about globalization.

Dr. Jacqueline Elcik, who was there on behalf of the school of business, said that the business school wants to "create more global opportunities for our business students."

For an hour and a half, there was a buzz of conversation between everyone



Faculty and students gathered in the Ruane Great Room to celebrate increased globalization at PC.

KIMBERLY LEZAMA '18 / THE COWL

involved with the event, and the passion for global engagement and learning could be easily felt.

Dr. Agartan explained that an important goal was "to connect the dots because while dots are very important by themselves, together they constitute an important part of who we are and how we work in this college."

It was clear that PC is aware of its duty to provide opportunities for students to learn about the world around them which will in turn lead to better communication, diversity, and deeper relationships on a global level.

Overall, this event gave students and faculty alike the opportunity to share anything that they have learned or experienced within the realm of globalization, while at the same time providing an avenue to get involved with globalization at PC, whether it be through traveling or simply learning.

Dr. Agartan also pointed to her favorite part of the afternoon: "Seeing all these initiatives and projects together in one room. It was wonderful to see participants chatting and sharing their work with each other."



OPINION

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November 10, 2016

The Next Four Years



PHOTO COURTESY OF SPORTSBOOKREVIEW.COM

by Taylor Godfrey '19
Asst. Opinion Editor

POLITICS

Watching the results from the 2016 Presidential Election pour in on Wednesday night, I was completely panicked. And not just “really hoping my candidate wins but I will be okay either way” panicked, but so panicked that I was a little bit afraid to make plans for the rest of the week because I had a niggling feeling that the apocalypse was nigh.

As it turns out, the candidate I wanted to win did not, and the country elected Donald Trump as the next president of the United States. And while I have not yet seen any mysterious clouds of black smoke or huge chasms open in the earth, I am still not convinced that the danger has passed.

But seriously, no election should ever make any citizen feel this way. The fact that I was (and still am) so worried about the outcome of a presidential race clearly indicates that something needs to change and soon. However, we first must prepare for the next four years.

To begin, I just want to send out a message to anyone that Trump has ever demeaned or insulted. You matter. Your race, your religion, your sexuality, your gender, and your rights are important and legitimate, no matter what the soon-to-be president says.

I also want to caution every citizen of our country. If the next four years are anything like the past two years of campaigning have been, there are going to be a lot more offensive and demeaning comments and actions, many of which will probably come from the head of state himself.

When a person with that much power degrades people who are different from him, it seems to give permission for

others to degrade those people as well.

We can expect many more hurtful comments and maybe even legal barriers to the rights of minorities and women over the next four years. And when faced with such problems, we must remember to care for one another.

We must be the voice of the people that Trump will try to silence. We must work together and show that in the United States, love and unity really do trump hate and bigotry, regardless of who the majority elects to the Oval Office.

I'm aware that those very same comments, as well as Trump's blunt demeanor, were things that many of his supporters cited as the reason for their support. Many said that his commitment to speaking his mind differentiated him from other candidates.

But how can you tout someone speaking his mind as a virtue if the things on his mind are hurtful and offensive?

Trump has promised to “Make America Great Again,” but what kind of America is he trying to revive? Women and minority groups have the more freedom today than they have ever had. The past America that Trump is referring to was only “great” for people like him. So we all must also stay vigilant to ensure that America moves forward into the future, not regresses into the past.

Aside from the actual outcome of the election, there have been a few major issues that ran throughout the election cycle and really turned this race into one of the most contentious and frankly downright chaotic yet.

One glaring problem throughout this almost two year long election process has been the blatant misinformation and even outright lying throughout, by both citizens and the candidates themselves. I have never seen more people get out their soapboxes on social media about anything else before this election.

While I completely support being an informed voter and campaigning for your candidate, the problem was that many of the posts I saw were horribly misinformed. And spreading misinformation is when it becomes a major issue.

This election has shown that our education system has truly failed much of the populace. We need more government and civics classes in our schools. How can our citizens be informed voters if they do not even fully understand how the process works? And no, sharing a random article on Facebook does not count as being an educated voter.

Another issue was the aggressive hatred towards both of the chosen candidates. It is not fair to either candidate to bemoan the fact that they were the two that this country chose. Not in a country where, according to the Pew Research Center, only 28.5 percent of the eligible voting population voted in the 2016 primary elections.

We as a country chose these candidates, and no one had a louder voice than those that abstained from voting in the primaries altogether.

In order to avoid this situation in the future, we must do a better job as a nation during the early days of the campaigns. Do your research early and go vote in the primaries because they matter just as much—or maybe more—as the general election.

Another thing this race has clearly shown is the importance of everyone really making an effort to vote. The margins of difference between the two candidates in many states were razor thin. If only a fraction of a percent of people in many states had not voted, the results for each state would have been very different.

It really shows that the people who refuse to vote because they claim that

their vote will not count are just plain wrong. Every vote matters and if you take anything away from this mess of an election, let it be the crucial importance of letting your voice be heard through voting.

The fact is, regardless of who you voted for, what is done is done and it is on all of us now to create a better future. A future where women do not have to worry about the autonomy of their healthcare and minorities can expect safety and respect of their human rights. A future that celebrates the melting pot of America and the fact that it was created by immigrants instead of building literal walls to divide people.

We all must remember that the president's views do not reflect everyone's views. We must remember that we still have a voice and a say in how our country is run. We must remember that this is not the end, but only the beginning.

So we must end this political apathy, especially among young people. We may be stuck with this President-Elect, but there will be other elections over the next four years. Elections for Congress and even for local offices in which we must participate, in order to have our voices heard.

As college students, the future is up to us. Trump only gets four years. We are the next generation and it is up to us to create a nation that is respectful and safe for each and every one of its citizens. We owe it to the future generations and we owe it to ourselves.

Looking ahead we do not need to “Make America Great Again,” but rather to continue to make it greater. We must look for hope in the future, not repeat the mistakes of the past. And that is a job that, regardless of who lives in the White House, I think we are all ready to take on.

Stop The Pipeline

by Kevin Copp '18
Opinion Staff

POLITICS

The Dakota Access Pipeline and its intrusion on the sacred lands of the Standing Rock Sioux Tribe has finally started to make some headway as major news recently, but it still remains outside of the national consciousness with the presidential election going on.

This needs to change soon after the election, because Energy Transfer Partners, the company building the pipeline, is attempting to place the pipeline next to reservation lands and directly on top of many sites sacred to the Standing Rock Sioux. The completion of the pipeline would represent a severe violation of the rights of Native Americans and the sanctity of their religious sites, as well as potentially damaging their drinking water.

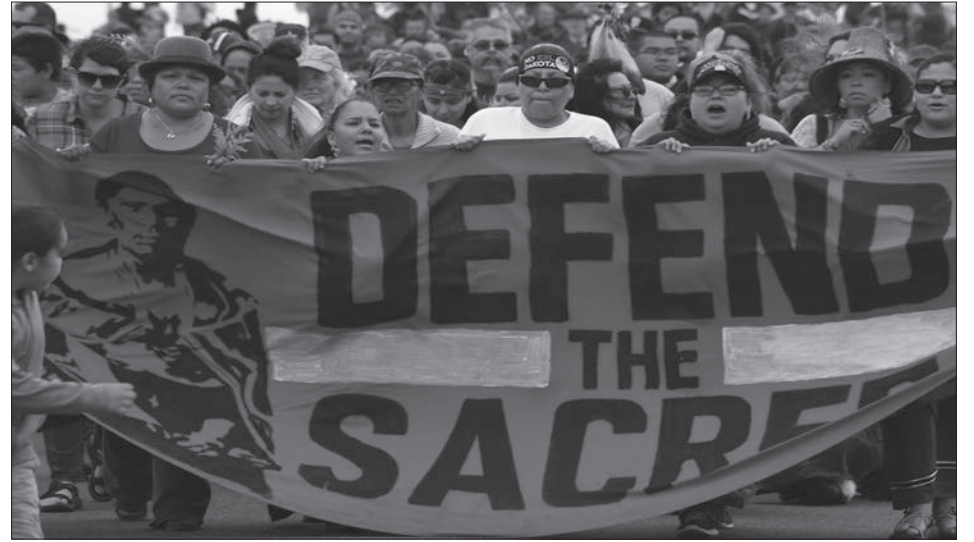
Dave Archambault Jr., the chairman of the Standing Rock Tribe, noted in a statement to the United Nations' Human Rights Council how Energy Transfer Partners has caused "deliberate destruction" to many places that the tribe considers sacred. A key misconception in this debate may arise from the fact that the pipeline company does not share the same viewpoint as the tribe in what is considered "sacred."

According to Rosalyn LaPier of the *Washington Post*, the tribe believes that many of the areas that the pipeline is slated to pass through are home to deities and must be kept free from human contact. It might be hard for the company executives to understand why the open land must be left alone even after this explanation, but protecting something because it is sacred to Native Americans is no different than protecting something sacred to Christians, Muslims, Jews, Hindus, or Buddhists. No one has ever complained about being unable to develop around the Dome of the Rock or St. Peter's Basilica because they are understood in the mainstream consciousness to be sacred.

The residence of a deity in the hills of North Dakota should also be respected because to do otherwise is to desecrate the sanctity of a site that is meaningful to people. The beliefs of Native Americans should not be belittled simply because the deity they believe in has a different form, and the people have a different way of respecting that deity.

The continuing construction of the pipeline would also violate the 1868 Treaty of Fort Laramie. This treaty gives the Standing Rock Sioux the right to the use and protection of their reservation, which the pipeline is planned to cut directly through.

The company's placement of the pipeline also demonstrates an obvious



Protestors rally against the building of the Dakota Pipeline.

PHOTO COURTESY OF BILLMOYERS.COM

affront to the Standing Rock Sioux concerning their health. The pipeline was initially planned to run much closer to the Missouri River, which serves as the main water supply for Bismarck, the capitol of North Dakota.

However, when it was determined that a spill could damage the drinking water for Bismarck, the pipeline was shifted much closer to the lands protected by the treaty and only half a mile upstream from Lake Oahe, the drinking supply for the Standing Rock.

While the company and the Army Corps of Engineers have insisted that a spill is not possible, their actions seem to say otherwise. They are determined to make the Standing Rock Sioux

second-class citizens, touting economic benefits over the natural rights of people.

President Obama has voiced his concern for the Standing Rock Tribe, but there is no guarantee that, without strong national support, their land will not be taken away and used for the pipeline.

The completion of the pipeline would signify a loss of rights granted in the Constitution. There is no justification for the pipeline to cross sacred land other than for the economic gain of people other than Native Americans. So why shouldn't pipelines be built everywhere then? Who knows, maybe your home will be next.

Is It Thanksgiving Yet?

Christmas is Not the Only Event to Look Forward To



PHOTO COURTESY OF COACHELLAVALLEY.COM

by McKenzie Tavella '18
Opinion Staff

COMMUNITY

Halloween has ended, and now everyone is wondering, where is Christmas? However, let's take it one step at a time. Even though Halloween is over, there are still plenty of upcoming events to look forward to, both at Providence College and in general.

Beginning as soon as next weekend, the Class of 2018 has their Fall Ball, which is a dance that occurs specifically during this season. Although this dance is not for all of the class years, it is still something that brings the PC Friar family together.

However, with this recent cold weather, it seems as though it should be called the Winter Ball. That leads me to another possible upcoming occurrence—snow days. In my opinion, PC gets the best snow days because we have the infamous

Guzman Hill, which is perfect for sledding.

Whether you live off campus or on, go to Guzman Hill on the first snow day and you will see what I mean. Get bundled up in a thick jacket, boots, gloves, and a hat. Some people even have their ski gear in their dorm rooms, and actually ski down Guzman, as opposed to sledding. This is a snowy sight you cannot miss.

Not only does PC usually get a lot of snow days, but we also seem to get them at the best time. For instance, one time we had a snow day the same day as a basketball game. The timing could not have been better. This is yet another thing students have to look forward to on campus.

PC's basketball season will begin shortly, with the men's first game on Nov. 14. PC is at its peak during basketball season because that is when the majority of the student body joins together and expresses our true school spirit. There is nothing more electrifying than a completely blacked out arena, with full stands, a loud crowd, and flashing white lights. Whether it is a white out or a black

out, Friars and fans are still as colorful as ever.

Lastly, we have Thanksgiving break. Right now, students at PC are experiencing a lull. Exams have settled down, for the most part, and the sicknesses plaguing campus have been temporarily cured, but we still have three weeks until Thanksgiving break. This is definitely what I most look forward to. For those who did not visit home for Columbus Day weekend, this is the first time they will be able to see their friends and family since moving in for the fall 2016 semester.

Even beyond this, we also get nearly an entire week off of school. If you ask me, this has been one of the most challenging and busiest semesters I have experienced at PC, so we could definitely say that this break is much needed, for both students and professors.

As you continue moving forward in this semester, keep these upcoming events in mind and remember that you have a lot to be excited for. Start counting down the days, PC, because break is right around the corner.

Students Deserve Sick Days Too

Your Health Matters More Than Your Grades

by Hannah Paxton '19
Opinion Staff

CAMPUS

As someone whose primary concern at college is attending all of my classes and ensuring that I maintain good grades, there is one thing I deem to be more important than school, and that is self-care.

It's now November, we are well into fall, and winter is on the horizon of a not-too-distant future. The weather, combined with the fact that one is surrounded by thousands of students around campus with varying concerns for hygiene and levels of stress, makes it easy, and in fact almost inevitable, for someone to get sick.

It is even easier to think that losing one's voice, coughing uncontrollably, and/or being bedridden for an entire weekend still constitutes attending class.

Obviously it is one thing if you are skipping class left and right every time you so much as sneeze, but it is an entirely different thing if you are suffering from a cold while still forcing yourself to stay up late every night to cram for an impending exam.

We tend to think that ignoring our sicknesses and continuing about our lives as though we were perfectly healthy is the right way to take care of ourselves, myself included. The worst part about being sick in college is that, because we are constantly studying and writing papers, we make ourselves even more sick.

While it is important to keep up with your classes and stay on top of all of your coursework, it is considerably more important that you take care of yourself, both physically and mentally.

If you think that you are catching a cold that is going around, the best thing you can do for yourself is to minimize your stress, as stress will only make things worse.

It is understandable that you want to make sure you get a good grade on an upcoming exam. However, if you are only getting four hours of sleep and refusing to take time to rest, then not only will you not get better, but chances are you won't do as



PHOTO COURTESY OF ODYSSEYONLINE.COM

well in your classes as you want to.

If you are feeling too sick to even leave your room, then it is likely you are too sick to go to class that day, and that's okay. College students are adults; we are responsible for our own lives, which does mean deciding whether or not to go to class.

It also means that first and foremost we need to take care of ourselves. If you do go to class when you're not feeling well, what will it really do for you?

While you will be present, most likely you will not be registering anything the professor is saying and instead you will be thinking about lying in your bed,

wishing you never came in the first place.

People should never have to feel guilty or nervous for missing class or not studying for seven hours straight when they are clearly unequipped to be doing so.

There is no point in trying to push yourself and bringing about even more stress, therefore making yourself even sicker than before. Instead, you can stop, recognize the importance of your health, and take that into consideration when you're in the library late at night. Your overall well-being should always take priority over school.

Under Pressure

Society Expects Too Much of Young People

by Allison LaBelle '20
Opinion Staff

MENTAL HEALTH

Race To Nowhere, a documentary produced by Vicki Abeles in 2010, examines the pressure put on teenagers to excel. This documentary highlights the idea that today's teens are put under far too much pressure to succeed in school.

This whirlwind of stress begins at the ripe age of 14, when teenagers first enter high school. As freshmen, we are told that we need to do well in high school so that we can get into a respectable college so we can, in turn, get a high paying job, and therefore be happy.

At this young age we are told that we need to start thinking about our futures. We need to fill our class schedules with as many honors and advanced placement courses as possible and occupy our free time with extracurricular activities, sports, and clubs. On top of this, we should also be involved in community service because that looks "good" on college applications.

"Stand out," our guidance counselors tell us. "Make yourself as appealing as possible" and "have the whole package." When the time to apply to college finally arrives,



PHOTO COURTESY OF KIWI.COM

we are encouraged to interview at as many schools as possible, so that we can make ourselves known.

We dress up like professionals and pretend that we have the slightest clue of what we want to do with the rest of our lives, when in reality, the majority of us can't even imagine leaving the nest.

Then we get into college, and we feel as though a weight has been

lifted off our shoulders—but this is only the beginning.

College is a whole new playing field. You thought you knew what stress was in high school? I hate to break it to you, but high school was just little league.

Now you are trying to balance college level courses with making new friends and getting as involved as possible. On top of that, everyone

seems to be asking you what you are majoring in and what you want to do with the rest of your life (here we go again).

Finally, here we are, two weeks before Thanksgiving break, and we are all swamped with work. The homework continues to pile up and we feel as though we are being engulfed by it. We have this pressure to succeed and do well. The work will get done, but in order to get it done we must sacrifice our time, sleep, health, and occasionally even our sanity.

College students stay up late into the night doing homework, only to wake up the next day and repeat the process. In order to make it through these long and tiresome days, a cup or two of coffee becomes a necessity. Coffee, class, homework, sleep. Coffee, class, homework, sleep. We are overscheduled and overtired.

We work hard because we want to succeed and do well, but when is enough, enough? To what end? Yes, we all want to get a good job and live a happy life, but it is important that we consider our happiness in this present moment. Society expects too much from our generation. We are expected to grow up too fast. Our childhood is stolen from us at an early age, and replaced with piles of expectations—expectations to do well and make it far in life.

Letters to the Editor

Campus Solidarity

By Dr. Anthony Esolen

Dear Students:

Unlike many professors here and elsewhere, I am not interested in your political action one way or another, but I am deeply interested in you as human beings. I have expressly written that every single human being is of inestimable value, a unique and unrepeatable image of the almighty and eternal God. Here are my exact words, inspired by my Catholic faith:

Back when Providence College was a school for local boys who had not the money nor the connections or the right grandparents to attend Brown University, immigrants from Italy, Portugal, French Canada, and Ireland would have been rubbing elbows and occasionally throwing fists, and there was your diversity, ready to hand. If the College were to return to that founding vision, we would now be taking plenty of students of both sexes from the poorer neighborhoods in the state, and again we would have the ethnic diversity as a matter of course, only now the mix would include Haitians, Mexicans, African Americans, and people from the Middle East. But that would compromise our standing as a more than regional school, and a weather eye for their salaries and their prestige would suffice for most of the faculty to rebel against such a policy. Cherchez l'argent.

I have nothing against making sure that when young people come to college, they encounter a real community that fosters their personal and intellectual growth, rather than cold shoulders and shut doors. A youth from Nigeria or Morocco should be welcomed with genuine friendship and openness to what he has experienced of the world beyond our American horizons. It would be wrong to make him feel as if he were an outsider, tolerated graciously at best, and under sufferance at worst—as if he were a Jew at Harvard in 1900, or an orthodox Roman Catholic in 2016. I'm grateful for students to whom I can ask, "How

do you say 'Our Father, who art in heaven' in Tagalog?" and "What's it like to live in Lagos?" Meanwhile, I have three millennia of poetry, art, philosophy, theology, and history to teach, and if you are willing to learn, I'm gladly at your service.

The final two sentences of the first paragraph are meant to be bitterly ironic. I would be happy to serve all of the poor in our own neighborhood; I am a localist at heart. Not many professors are.

Meanwhile, here is a copy of a letter I sent to the executive Vice President, Father Sicard, before the semester began. I repeat it here because, though I'm not good at organizing things, some of you students might be, and I guess that if they don't begin with you, they won't begin at all. I think that recent events on campus bear out my instinctive sense that faith, hope, and charity bring people together; mirth and innocent foolishness bring people together; singing and dancing and playing games bring people together; politics does not. Here it is. I would dearly love to see some of what I've mentioned become a reality for you. If any student wishes to speak with me about these matters or anything else, I will be delighted to meet you, any time I'm at school:

Dear Father Sicard,

Apropos of feeling welcome:

I believe that many students leaving home for the first time and arriving at college are very lonely; and this is not a political but a human problem. When I arrived at Princeton at age 18, I had never known a rich person in my life, never met someone who had gone to a boarding school, never known what "crew" was, never eaten at a Chinese or a Mexican restaurant, did not know what a country club was all about, never met an atheist or even an agnostic, and so on. I was also shy, and if it hadn't been for good luck—I was assigned a room with two fine roommates, in an "entryway" with 24

other freshmen, most of whom were nice people—I don't know what I would have done.

I have many hard things to say about Princeton, but there were some things there that Providence College lacks that helped enormously in bringing students together. None of them were led by the administration. They were natural, by-the-way things. Every weekend there were four or five movies showing. All of the "eating clubs" had pool tables and ping pong tables. There was plenty of open green space for pick-up games of this or that. The Gothic archways provided great acoustics for the eight or nine A cappella singing groups, who would just show up under one of them, about once a week, and regale passersby with songs. There were places on campus for performances by bands organized by students. One thing that there should have been—dances. At Benedictine College in Kansas, a place I've visited recently, there is a swing dance EVERY WEEK, and other dances also—square dancing, waltzes, and so on. At Christendom College there are intramural sports all the time—and you don't have to book things months in advance.

People become friends not as the result of a friends-program, but by the way, when they come together in something that they enjoy, or when they are united by what means a great deal to them, such as their faith. Faith wasn't prominent at Princeton, but it could certainly be more prominent at Providence College: I mean "prominent" in its etymological sense—leaning forward, visible, standing out.

In general, I believe students when they tell me that there is very little for them to do on our campus. Nor do I think it is at all fair to sneer at them, as some of my colleagues do, and say that they should go out and explore the city. A lot of people don't like cities, and in any case to say "go out to Weybosset Street" does not address the issue. You do not want the students to have to plan and

work hard and muster transportation so as to attend something among crowds of strangers downtown. You want them not to have to plan at all, but just to be on campus, on a campus active enough so that they would find it hard to AVOID the various wholesome and human things going on.

I think that these things are "political" in the old and true sense of the word: they have to do with people living in a free and self-governing community. Beyond that, though, I don't see that it helps to address loneliness by means of politics, which has a way of making enemies out of people who might have been friends. I'm not saying that is what your committee is now doing. I am just wary of what might be. I'd suggest very strongly that professors have less to do with these matters, and that the chaplains and the friars have more. Professors are not particularly good at spreading amity. A softball team would do better; a skeet-shooting club; a Risk tournament; a boxing club; anything but professors. I will say that if any professors could do a good job, Bill Hogan and Laurie Grupp can. But I think that ten game rooms would be better. When people are really welcome, they forget themselves; they do not feel as if they were on a stage or under a spotlight or at a podium.

God bless your work, and best wishes for a peaceful remainder of the summer.

Tony Esolen

Room for Critique

By Dr. Christopher Arroyo

To the editors:

Over the past few weeks, some members of the Providence College community (alumni, faculty, staff, and student alike) have sought ways to respond to Prof. Anthony Esolen's essay in the Sept. 26 issue of *Crisis Magazine*. Many of these people took offense to what Prof. Esolen wrote, and understandably so. Without rehearsing criticisms others have made, I'd like to offer a

few observations, ones that I have not seen made publicly.

The first is that, whatever you think of Prof. Esolen's opinion of the term "diversity," he raises some important questions for those of us who think that diversity is a meaningful, valuable concept. For example, he asks, "What is diversity as opposed to divergence? What is diversity as opposed to mere variety? What goods, precisely, is diversity supposed to deliver?" For those of us who think that Providence College is intellectually and morally richer for having members of our community who are not men, not white, not straight, and/or not cisgender, these are questions we should be prepared to answer.

My second observation is that Prof. Esolen's piece is in some respects at odds with Catholic values and pastoral teaching, at least as they are propounded and defended in this country. The United States Conference of Catholic Bishops (USCCB) maintains a Committee of Cultural Diversity in the Church (<http://www.usccb.org/issues-and-action/cultural-diversity/>). The charge of the Committee and the documents it produces show that the USCCB conceives of diversity as integral to the contemporary Catholic Church. It is not, then, merely a sign of weakness on the part of the administration of Providence College that it makes diversity a central feature of our Catholic mission. Indeed, our Catholic identity calls us to be sensitive to the ways in which some people have been and continue to be objects of derision and persecution and to work against this.

Perhaps, though, Prof. Esolen thinks that the culture of diversity that he criticizes in his piece is different from the diversity valorized by the USCCB. Or perhaps he thinks that the USCCB, too, has succumbed to the pressures of cultural totalitarianism. Or perhaps he would argue for a different point altogether. Whatever his view of the USCCB's position on diversity,

Prof. Esolen can, in good faith as a Catholic, criticize it, which is my final observation. The Catholic Church's teaching on cultural diversity, like all of its ethical teachings (including those on sexual morality) are ones that it offers to the world as reasonable. In other words, the Catholic Church makes its case for its ethical teachings on the basis of premises available, it thinks, to all human beings, regardless of their belief in God (or lack thereof). A Catholic understanding of faith and reason entails that one can disagree with a particular ethical teaching of the Catholic Church without thereby rejecting anything essential to Catholic faith.

The Catholic intellectual tradition is built on arguments and criticism, which is integral to Providence College's identity as a Catholic college. This intellectual tradition entails that when we disagree with views such as the ones Professor Esolen defends, we can (and, I think, should) criticize them, and we can (and, I think, should) do so because we are Catholic.

Academic Freedom

By Brian Barbour (Emeritus), Robert Barry, Giuseppe Butera, Joseph Cosgrove, Matthew Cuddeback, Gary Culpepper, Paul Gondreau, Sandra Keating, James Keating, Robert LaMontagne (retired), Patrick Macfarlane, Paul Maloney, Theresa Moreau, and Jay Pike

At Providence College a group of students took exception to the published writings of a PC professor, and on Oct. 20 staged protests in Slavin Center, the Ruane Center for the Humanities, and Harkins Hall. After President Brian Shanley, O.P., met with the protesters, he sent a message to the entire college community (Oct. 21) in which he reaffirmed the College's commitment to academic freedom but also denounced what he took to be the ideas of this professor on the topic of diversity. On Nov. 2, a message to the college community from the "Diversity and

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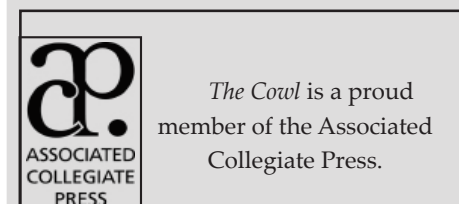
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Letters to the Editor

Continued from page 9:

Inclusion Implementation Committee" stated that "many found the tone of the articles offensive and implicitly racist." The message mentions no alternative interpretation of the articles. And there is now an online statement, "Breaking the Silence, Faculty Statement," which intensifies the rhetoric.

In light of these events, we concerned Providence College faculty members think it important to advance the following points publicly:

1) Together with the professor at the center of this whirlwind, we welcome and celebrate the increased racial and ethnic diversity of our campus. We support President

Shanley's sincere and energetic effort to have Providence College reflect the rich diversity of the Catholic Church and of society. The Catholic and Dominican tradition of the College is well-equipped to welcome and educate a diverse student population, as shown admirably by the core Development of Western Civilization program, which exposes students to fundamental principles of human dignity and human liberation, and to the rich diversity of cultures, perspectives, and persons that constitute Western civilization.

2) Part of the Catholic and Dominican educational tradition is a commitment to the free exchange of

ideas even, or especially, when we differ about important matters. The freedom of professors to speak from their expertise is enshrined in the College's commitment to academic freedom. This freedom is not an end in itself, but serves the higher purpose of empowering faculty and students to seek the truth with a critical and searching mind. And so we must voice our deep concern over any and all efforts to intimidate, shame, or marginalize any faculty member or student for holding unpopular views. Protests and petitions have their place, but should not impede the cultivation of a campus culture of patient listening, charitable interpretation, and mutual understanding. Protests must not replace

or hamstringing vigorous and respectful debate.

3) The temptation to gang up on those who dissent from the majority is a grave threat to our building of a community informed by the free exchange of ideas. One is at liberty to disagree with the author—whose arguments were directed against ideologies he deems harmful to students, not against students themselves—but there are no grounds to impugn his character or question his ability to teach students of diverse backgrounds. Rather, we know him as a first-rate scholar who loves to teach and loves the students who he teaches, whether they agree with him or not.

Letter/Guest Submission Policy

The Cowl welcomes guest opinions and letters to the editor from members of the Providence College community and outside contributors. All submissions must include the writer's name, signature, a phone number, and an email address where he or she can be reached. Letters should be no more than 250 words in length and will be printed as space permits. Guest commentaries should be limited to 500 words in length, and only one will be published per week. *The Cowl* reserves the right to edit articles for grammar. Submissions must be emailed to *The Cowl* office no later than 9 p.m. on the Sunday before publication. We do not print previously published articles. Email responses to commentary@thecowl.com, and remember a guest submission is only an email away!



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Let Us Not Lose Faith

by Jacqueline Kelley '17
Associate Editor-in-Chief

EDITOR'S COLUMN

As America faces what was once an unimaginable outcome, anxiety overcomes me. This presidential election, the first one I had the privilege of partaking in, has been nothing short of disorienting.



Here I am forced to accept my greatest fear: our country is not yet ready to make the leaps and bounds necessary for it to move forward, but would rather drag its feet, and in some cases, reverse progress altogether. As I come to terms with this reality, however, I understand that I cannot despair. We cannot despair.

It is all too easy to proceed in the coming days, months, and years with a pessimistic outlook. It is all too easy to feel powerless, to feel as if my voice cannot and will not be heard even though I am shouting, crying out for somebody, anybody, to hear that this is not what I want for America. It is all too easy, after all of that shouting, to lose my voice.

So, life will not be easy. Instead, every day will be a challenge that I am willing to stand up to, that I need to stand up to if I want this country to move in the right direction. I refuse, however, to take said stand through name-calling, through violence, through anger, through hatred, through the very tactics that have divided our nation and that have landed us where we are today.

Do not get me wrong, I will not hesitate to disagree with others. Honest dialogues must unfold across

this campus and across this country for things to improve. When I voice my opinion, however, I will always remember that I am addressing another human being whose beliefs, no matter how different from my own, do not make them worthy of attack. What our country needs more than anything right now are examples of compassion, and I am prepared to supply them. I hope you are too.

Providence College emphasizes the importance of veritas, or truth. The truth of the matter at hand is that people all around us are hurting. They have been denied the proper respect that they deserve. Their human needs and rights have been overlooked, forgotten even, which is why they desperately need our support. It is important that we prove to the College community, and the country at large, that there is still love in our hearts.

As the College and America navigate this volatile point in time, it is also essential that we have faith. Whether we place that faith in God, our government, the American people, ourselves, our ability to make a difference, or something else is our choice. The crucial thing is that we have faith in something. We must have faith. We cannot despair.

TANGENTS & TIRADES

One Last Time

After meeting with my academic advisor to prepare for spring semester class registration, it dawned on me: this coming Friday will be the last time I register for classes in college. This is certainly bittersweet. After Friday, I will no longer have to scour the course catalog to create my ideal course schedule, and decide on the one or two backups I will inevitably need.

After Friday, I will no longer need to set my alarm for 7 a.m. and refresh the registration page at least 10 times before I can finally get into the system and fight virtual-Hunger-Games style for a spot in my number one class. However, registering for the last time on Friday will also cement the reality that I am nearly at the end of my time at Providence College.

Looking at my transcript, with next semester being the only space still needing to be completed, is honestly a bit frightening, since what comes after that blank space is graduation and leaving PC. At this point, even with tentative after-graduation plans, that part of my life is still massively unknown to me.

Still, this last time registering for classes has also shown me just how much I have learned at PC and that there is still time to learn more. I could have never truly predicted my first semester freshman year just how much my education at PC would transform by the time I became a senior. And as a senior, I am ready to be transformed again, one last time.

-Carolyn Walsh '17

I Am Not A Zoo Animal

There I am, minding my own business, just doing some homework in the library or in Slavin. It is a regular weekday and I have a good amount of work to do. I am hopefully fully submersed in said work. Then, through the gentle instrumental music coming from my headphones, I hear the sound of voices so cheerful it can only be a tour full of prospective students.

I can feel the eyes all turn and look at me as the tour guide points out what a great spot this is for doing work. And right then and there I become an exhibit: "PC student doing work." Except that when I am in the middle of a long civ reading or a particularly grueling philosophy assignment, me and my eye circles, so dark it looks like I have been punched in the face, are really not the ones you want representing the entire student body. Eventually the tour moves away and I am left hoping that at least some of the students still want to come here.

Now I don't really have an answer to this problem. I love our school and I know that giving tours of it is necessary for us to find more Friars. And I really think the tour guides do a great job. I suppose it is on me to find another place to do my work, somewhere so out of the way and secluded that no one ever finds me.

-Taylor Godfrey '19

Give Back Our Sundays

Sundays are supposed to be for rest. Sundays are the days that you're supposed to be at home, sleeping in pajamas and watching football. College, however, takes your Sundays away from you, and we need to petition to get those Sundays back.

It starts on Friday. How could you do homework on a Friday afternoon? After a stressful week, all you can do is relax and catch up with your friends who you probably haven't seen for three days.

You get some things done on Saturday—or you try. But, come on, it's Saturday. You need to give yourself a break. You need more recovery.

Then Sunday hits. All of your assignments and papers for next week sneak up and attack you, and you crawl out of your dorm to Club Phil against all odds and park yourself there against all sanity and mental happiness.

You feel as if you're being punished for taking time to be a human being on the weekend, because time to be a human being is too much to ask for in college. You fantasize about your dog while you stare at your empty word document in despair. You wonder if you've ever been happy or if you'll ever be happy again.

When you leave the library, it's dark outside. It's like the day did not even exist, and you got absolutely nothing done. The best, most relaxing day of the week at home has become your eternal nightmare.

Let's all just decide to push the beginning of the week to Tuesday, please.

-Brianna Abbott '17





PHOTOGRAPHY



CHARLIE QUINN '17/ PHOTO CLUB



KRISTINA HO '18/ THE COWL



KRISTINA HO '18/ THE COWL

TOP: Students dance to Eaton Street Funk as they perform live music, sponsored by Student Activities.

LEFT: Cardinal Dolan discusses the unifying link between Christians and Jews.

ABOVE RIGHT: Students pick out their favorite toppings and enjoy customized waffles, sponsored by Student Activities.

BOTTOM LEFT: Students attend an information session to learn about how to become part of the orientation staff and how to become a Resident Assistant, sponsored by Residence Life.

BOTTOM RIGHT: Students learn about mental health and learn about various study abroad experiences from other students, sponsored by Center for International Studies.



KIMBERLY LEZAMA '18/ THE COWL



HANNAH PAXTON '19/ PHOTO CLUB



PROVING PHOTOGRAPHY

What is your favorite dessert?



"Pecan pie."
Tommy Maggiacomo '20



"Pound cake."
Sam Rosengarden '17



"Strawberry banana ice cream and apple pie with vanilla ice cream."
Maodo Lo '18 and Matthew Carpenter '19



"Cake, fondue, candy, and cupcake."
Colleen Dwyer '17, Patti Hoban '17, Julia Alagero '17, and Abbie Anderson '17



"Rainbow cookies, cheesecake, and ice cream."
Jill Fitzpatrick '17, Jill Fitzsimmons '17, Annie Panatier '17, and Amanda D'Ambrosio '17



"Ice cream, cookies, cupcake, chocolate lava cake, and ice cream."
Sam Delaney '20, Sara Schmidt '20, Julia Thissell '20, Maggie Ahearn '20, and Michelle Doucette '20



"Pie."
- Barack Obama

PHOTO COURTESY OF WWW.CNN.COM

Photos Taken By Kimberly Lezama '18, Assistant Photo Editor



A&E Abroad: *Mona Lisa* at the Louvre

by Elizabeth Jancsy '18

A&E Staff

FINE ARTS

One of the perks to studying in Europe is the accessibility to travel to different countries in a short period of time. You can visit an amazing new place for a whole week, a weekend, or in my case, just one day!

That's right, I took on the City of Love, Paris, all in one day. I caught the 8:30 a.m. train from London and was in Paris in less than three hours and ready to take on the day.

With less than 24 hours to experience the entire city, I had a very strict checklist of the things I wanted to do. As you can imagine, this list consisted of seeing the Eiffel Tower, the Arc De Triomphe, the Champs-Élysées, consuming a true French baguette, and, at the top of my list, was seeing the *Mona Lisa* at the Louvre.

If you have ever been to Paris or know anyone who has ever been to Paris, you may be aware of the spectacle of the *Mona Lisa*—a glass box protruding from the wall, enclosing a very famous, framed portrait.

It does not sound that exciting compared to going to the top of the Eiffel Tower, but for some reason it was my absolute favorite part of the whole trip. I believe it is not because I simply saw a famous painting from about 15 feet away, but because of the significance of the painting itself.

The *Mona Lisa* is a portrait of Lisa Gherardini from the waist up, smiling, with her arms crossed. It is very simple and elegant upon first glance, but what people do not know is that the *Mona Lisa* is one tough cookie!

The painting itself has been stolen before, subjected to acid damages, and has been the target for mentally disturbed museum visitors who believed if they hurt the painting, they hurt France. It was fascinating to hear all of this drama over a painting, and to still have it standing there in front of me.

As I sat there looking at the portrait, I also thought about how the *Mona Lisa* is still a figure in our current popular culture. At the time, there was no such thing as a "selfie," yet I believe this to be the most famous selfie in history. Forget Kim Kardashian, people from all around the world lined up around me to gaze upon this masterpiece, without hitting a "like" button on Facebook or double tapping a "heart" on Instagram.

I stood there staring at the portrait for what felt like hours, as I was mesmerized. Others stood around me posing for their own selfies with the portrait, but I was happy just staring at the original selfie queen herself.



The *Mona Lisa* on display.

PHOTO COURTESY OF THEINDEPENDENT.COM

BMSA Coffeehouse a Hit



Stage set at a slam poetry event.

PHOTO COURTESY OF PINTEREST.COM

by Blaine Payer '18

A&E Staff

CAMPUS

Last Tuesday, as I was on my way to get some lunch from Alumni Hall, I saw a handful of men working feverishly to transform the interior of McPhail's into a trendy coffeehouse, straight out of the New York art district.

The occasion was the Fall in Love with Love event, sponsored by BMSA and the Office of Student Affairs, featuring Believers of Words (BOW) poetry, the PC slam poetry club. The new decor was complete with Persian rugs, animal pelts, and clusters of Edison-inspired light bulbs hanging from the ceiling. It immediately sparked my attention, so I knew I would be back that night to check it out.

When I returned, McPhail's was packed with upwards of 100 students, each and every one with their eyes fastened unfalteringly towards the stage. There was not a band or a movie playing; but rather, a single young woman, a member of BOW poetry, confidently poised on stage, pouring out her heart and soul. I was instantly mesmerized, with my trance-like state being broken only by the thunderous applause she received from her faithful peers.

"The purpose of the event was to create an open and inviting space for students to express themselves through different mediums of art," a senior BMSA Events Committee chair said, "Be it through poetry, music, short films, dance, stories, drawing, or painting." The idea for the event was born out of the BMSA Events Committee and quickly gained the full support of Dean Sears, who spearheaded the McPhail's transformation.

Finding its roots in the open mic format, Fall in Love with Love gave any and all students the chance to perform on stage, whether they signed up to do so before the event or were inspired by their peers during the event to go up there and join in the festivities. The latter option was actually so popular that the Events Committee, who was running the

event, had to start turning people away due to time constraints.

Luckily, those who did not get a chance to perform at the last event will have another chance, since this was only the first installment of a five-part series, with each subsequent event being co-sponsored by a different on-campus club.

The highlight of the night came when the special guest, renowned underground slam poet Rudy Francisco, took the stage for a second time to close out the show. The time was approaching midnight, but nobody in the audience could look away from Rudy and his captivating performance for long enough to actually check the time.

The raw emotion and passion with which he delivered his poems is difficult to adequately describe, but the energy in the room while he was performing was palpable. He begged students to be themselves, and to never let a moment pass them up, especially ones that you will look back on and regret not acting upon.

In a stinging critique on our generation's lack of perspective, he challenged us to stop "worrying about whether or not the glass was half full or half empty, just be thankful that there is water in it and drink it up."

I met Francisco after the event, and the only thing I could manage to say to him was that what he was doing is so important, and something everyone my age should experience. I stand by what I said. Fall in Love with Love reminded me how amazing it is to have artistic outlets to express yourself, and how empowering a judgment-free environment can be, especially when you are surrounded by your peers.

This was more than another run-of-the-mill open mic night; this was a powerful, moving experience. I saw students from every reach of life come together to support one another and enjoy art in a raw, unadulterated way.

I left the event with more respect and love for my peers, as well as myself. I look forward to the next coffeehouse event, for if it is half as good as this one was, it will be unforgettable.

Prov Film Festival

by Alexis Jais '18
A&E Staff

LOCAL

Between Nov. 3–6 this past weekend, the Cable Car Cinema and Rhode Island School of Design hosted the Providence Art and Design Film Festival.

The pieces in the festival included narrative films, documentary shorts, and autobiographical recounts of artists, designers, curators, and art forms from around the world.

The initiative of the festival was to teach the public about these different people and art forms in order to show how art can and has influenced policy, history, personal expression, and modern society.

Fortunately, I was able to view the film *Burden*, directed by Timothy Marrinan and Richard Dewey, at the Cable Car Cinema last Friday night. This film centered on the so-called "Evil Kenevil" of the art world, Chris Burden.

In the film, Marrinan and Dewey looked at some of Burden's most daring pieces and offered input from his ex-wives and girlfriends, close acquaintances and confidantes, fellow artists and colleagues, and critics including Roger Ebert and Bob Seville; they even included personal video footage and recordings from Burden's own records, and were able to tour his studio in Topanga Canyon in California before his death in 2015.

Burden's work is difficult to classify, but could be best described as performance sculpture, seeing as he took a slightly unconventional approach to sculpting. Burden was always fascinated with the necessity of physical activity on the viewer's part in order for them to properly experience a sculpture. That is, he felt that making both himself and the viewer(s) into part of a piece could emphasize its significance and make the "sculpture" more intense and graphic.

A few pieces in particular could be considered art by some, and having nothing to do with art by others. Burden, on the other hand, believed art never has to have a purpose. He often would refrain from providing explanations about his

sculptures when asked.

Considering the rather perplexingly daring extent of some of his work, though, one might be inclined to wonder about its meaning. For instance, in what is perhaps his most well-known piece, Burden recruited a friend to shoot him in the arm and was badly wounded. Another extreme piece called "TV Hijack" involved Burden guest-starring on friend Phyllis Lutjeans' talk show in 1972—to be fair, she asked him to do a surprise performance piece, but was unaware of the nature of it—where he began by calmly answering interview questions, and ended by holding a knife to her throat, all as a part of the performance.

As true radical art, Burden's pieces were often misunderstood and he felt out of place much of the time. Following an obsessive period involving guns and putting himself in harm's direct path, Burden moved further away from his past and relocated to Topanga Canyon in Los Angeles county, California. There, the wild performance sculptures he was once known for faded into a series of more tangible projects.

After relocating, he began buying and refurbishing antique lampposts which stand together today as a poetic symbol of Los Angeles. He also consulted with an engineer friend who helped him to build a miniature orbiting blimp, which was displayed in a Los Angeles museum just five days after Burden's death.

I thought Marrinan and Dewey marvelously depicted both Burden's point of view on his own art, as well as the view of the public and those associated with him.

Having been able to speak with Burden before his death, Marrinan and Dewey were able to pull in a huge variety of media to supplement the narrative. It was also clear to me that a lot of time and effort had been put into finding Burden's close friends and family who were able to give valuable insight as to why Burden may have done the things he did.

The Film Festival was packed with films on a variety of artists, and while I was only able to view one of them, I learned a great deal about insight, art, and society from Marrinan and Dewey's film, and discovered a truly intriguing character in the art world as a result.



Artist Chris Burden posing for a photo.

PHOTO COURTESY OF FLOODMAGAZINE.COM

PC Trip To NYC

by Luiza Alves '19
A&E Staff

CAMPUS



PHOTO COURTESY OF TOUCHOFMODERN.COM

Who doesn't love New York City during the holidays? For one, New Yorkers are in a better mood, especially in autumn when the leaves are different shades of burgundy red, golden yellow, and rich brown.

It is hard to overlook, however, the fact that it is about a three hour drive from Providence College, which many students are not able to take at the drop of a hat. Nevertheless, when an opportunity arises to visit the Big Apple, one should never say no. I know I won't.

With Halloween now behind us, the city gears up for Thanksgiving and the rest of the holiday season, and activities around NYC are not slim by any means. A great opportunity for PC students to visit New York before the leaves fall and before all of the chaotic shopping begins is with the Art and Art History Departments museum bus trip.

This Saturday, November 12, the department is sponsoring a trip to New York City in a charter bus from Flagship Trailways that will leave Providence College at 7:30 a.m. behind Smith Center for the Arts and return to campus at approximately 10:30 p.m. The cost is \$20 round trip and the bus will stop at The Metropolitan Museum of Art and the Museum of Modern Art. Although visiting the museums is optional, it is one of the many great activities and places students can explore.

One exhibit I look forward to seeing at the MET is "Diane Arbus in the Beginning." Diane Arbus was an American photographer and writer known for showcasing people who society often saw as ugly and unimportant during the 20th century, such as dwarfs, transgendered people, and circus performers.

The exhibit will showcase over 100 photos from 1956 to 1962 that played a role in Arbus being such a provocative photographer and will feature never-before-seen pictures. This would be the perfect time to visit as the exhibit is only available until November 27, 2016.

After visiting the exhibit, since it would be around brunch time, I plan on visiting a spot within proximity of the Upper East Side called Casimir & Co. to grab a bite to eat.

Since the MET is within walking distance of Central Park, a stroll through all of the fall foliage and past the sail boat pond is always a good option as well. Not to mention that by remaining within the Upper East Side, spending money for subway tickets is not necessary.

Whether you stay within the Upper Easter Side or venture into lower Manhattan, as long as you're exploring, it is a day well-spent. If you can't make the trip this fall, there is another trip held in the spring, as well as plenty of excuses with the holidays coming up for you to get to New York City.

Going 'Back to Black': Iconic Album 10 Years Later

by Kerry Torpey '20
A&E Staff

MUSIC

October 27, 2016 marked the 10th Anniversary of the release of Amy Winehouse's second and final studio album, *Back to Black*. Managing to go platinum 12 times in the United Kingdom and double platinum in the United States, *Back to Black* defined Winehouse's career as an artist.

When *Back to Black* was released in 2006, it was an instant hit, as it immediately surpassed the success of Winehouse's debut album, *Frank*. Songs like "Rehab," "Tears Dry on Their Own," and "Love is a Losing Game" put Winehouse's unique, soulful voice on display.

Those who worked hand-in-hand with Winehouse on the album included critically acclaimed producers Mark Ronson and Saalam Remi.

The album by the late singer received a Grammy for Best Pop Vocal Album and was nominated for Album of the Year at the 50th Annual Grammy Awards. Alongside these two nominations, Winehouse's hit single "Rehab" won three Grammys for Record of the Year, Song of the Year, and Best Female Pop Vocal Performance. To end the night, Winehouse took home the Grammy for Best New Artist, which only further proved her to be a rare artist in the music industry.

There was no vocal artist out there who had a voice as distinctive as Winehouse. Her one-of-a-kind voice along with her distinctive winged eyeliner and beehive hair completed her image.

However, on July 23, 2011, Winehouse died of alcohol intoxication. Immediately, the world mourned the loss of an artist who cannot be described as anything other than exceptional; her impact on the music industry is incomprehensible.

Spencer Kornhaber of *The Atlantic* said that Winehouse "believed in her own gravity, and she never, in song, considered escaping it." The lyrics that one hears in *Back to Black* reflect Winehouse's



Amy Winehouse poses for a promotional photo.

PHOTO COURTESY OF THEOTHERPRESS.CA

ability to articulate her feelings of pain and despair alongside her fierce independence and heartbreak.

Since the release of *Back to Black*, it is apparent that Winehouse has paved the way for many young artists, especially females, in the music industry. Her rare and successful combination of R&B and soul put confidence in aspiring musicians, letting them know that if they make the music they love, they can find success.

Worldwide sensation Adele credits Winehouse for her success, saying, "Because of her I picked up a guitar and wrote my own songs and if it wasn't for her, that wouldn't have happened."

In hopes of eternalizing the impact of Winehouse and *Back to Black* on the world, The Amy Winehouse Foundation and Island Records are holding a contest for Winehouse fans and singers.

Fans can download the instrumental tracks of

"Back to Black," "Just Friends," "Tears Dry on Their Own," and "Rehab," and submit covers of themselves singing on YouTube. The winner(s) will receive an opportunity to record their cover in a studio with *Back to Black* producers Ronson and Remi, who will choose the contest winners themselves.

All proceeds will be donated to The Amy Winehouse Foundation, who hope "supporting and empowering children and young adults in need through music therapy and music education and works" will help "to prevent the effects of drug and alcohol misuse on young people."

The contest is open until January 31, 2017, so if any aspiring musicians in the Friar family want to submit their own Winehouse covers, you can find out how to submit your cover at <http://amywinehousefoundation.org>.

2016 CMA's: Winners, Performances, & Surprises



Emily Robison, Beyoncé, and Natalie Maines perform at the 2016 CMA Awards.

PHOTO COURTESY OF ABC.COM

by Brigid Walshe '19
A&E Staff

MUSIC

For those of you who don't know, this past Wednesday, November 2, was the annual Country Music Awards, where all of the biggest names in country music, and Beyoncé, came together to show their love for country music in Nashville, the country music capital of the world.

The big winner of the night was artist Garth Brooks, who won the prestigious Entertainer of the Year

award. Carrie Underwood and Chris Stapleton won Female and Male Vocalist of the Year, respectively.

Little Big Town walked away as the Vocal Group of the Year, and Brothers Osborne was voted the Best Vocal Duo of the Year. Eric Church won Album of the Year for *Mr. Understood*. Tim McGraw's hit "Humble and Kind" won Song of the Year, and Thomas Rhett's "Die a Happy Man" won Single of the Year.

Dolly Parton was the recipient of this year's Willie Nelson Lifetime Achievement Award. This award is given each year to an artist who

embodies country music, from their performances to their charitable efforts.

Parton is the fourth person and the first woman to receive this award, which has been previously won by country music legends Willie Nelson, Kenny Rogers, and Johnny Cash.

Many of the biggest names in country music, such as Underwood, Reba McEntire, and Martina McBride, came together to pay tribute to the "9 to 5" singer and performed a medley of her most memorable hits, from "Jolene" to "I Will Always Love You."

There were many other artists who

put on great performances during the show, including Little Big Town, Florida Georgia Line, Tim McGraw, Thomas Rhett, Brad Paisley, Keith Urban, Rhiannon Giddens, Eric Church, and others.

Of course, the big moment of the night was Beyoncé's performance of her song "Daddy Lessons" from her latest visual album, *Lemonade*. The Dixie Chicks joined Beyoncé in the act and the extremely talented artists sounded incredible together.

The audience seemed just as shocked as I was to see Beyoncé, the queen of contemporary R&B and pop, at the Country Music Awards. This was CMA's attempt to reach out to a pop or R&B audience.

Some are viewing this hushed up performance as an attempt to obtain more viewers for the show, but it is also an example of the interrelationship between genres and artists and how the music industry is so versatile.

A collaboration with artists of different genres showcases an appreciation and acceptance of music, for all the different styles and sounds that exist in the industry.

There was pure joy on the faces of Beyoncé and The Dixie Chicks during the performance, and regardless of the circumstances of why the Country Music Awards wanted Beyoncé to perform, it was a pleasure to see greats in the music industry compliment each other and put on a performance that we will be talking about for years to come.

Classic Rock in 2016: Alive and Well

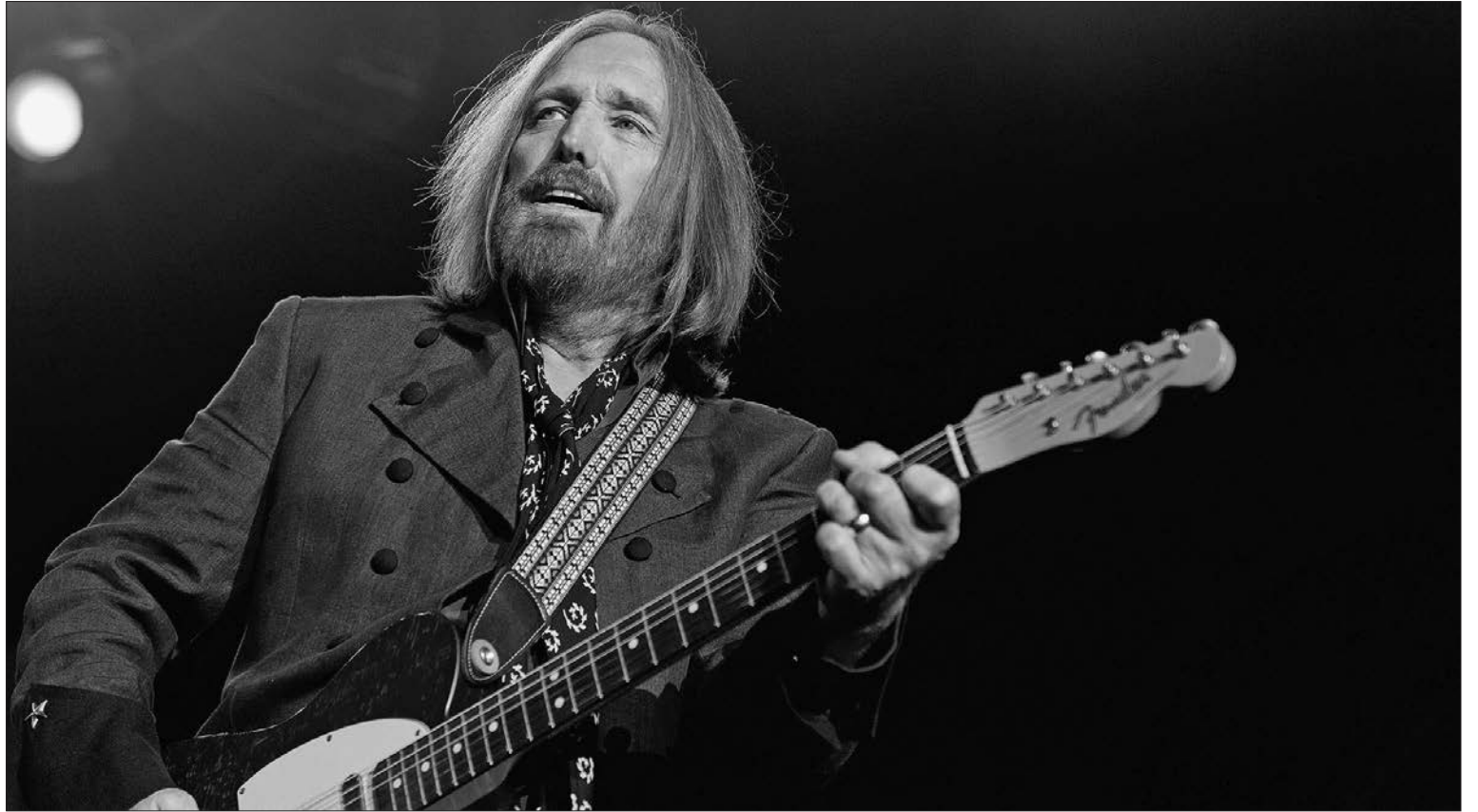
by Joe Clancy '18
A&E Staff

MUSIC

This year has proven to be one of greatest years for recent classic rock albums releases. This year a number of classic rock musicians have released albums, showing the world that rock and roll is here to stay.

There are a number of familiar names on the list, including both living and dead artists. Perhaps one of the biggest announcements is that Chuck Berry, who just turned 90, is set to release a new album for the first time in 40 years. Berry is known for his early contributions to rock and roll with iconic hits like "Johnny B Goode," "Maybellene," and "Route 66."

One of the biggest cult bands of the 1960s, The Doors, is set to release a new album of live stage performances from London in 1966. The album is named *London Fog*, and is set to be released on the 50th anniversary of their performance. The Doors were a band based out of Los Angeles, featuring two of the most celebrated artists of the 20th century, Jim Morrison and Ray Manzarek, both of



Tom Petty performs at Madison Square Garden.

PHOTO COURTESY OF ELMOREMAGAZINE.COM

whom have passed away. Morrison died at the age of 27 in Paris due to alcoholism and Manzarek died of cancer in 2013.

Other classic rockers set to release new albums are Tom Petty, The Rolling Stones, Metallica, Bob Dylan, and Neil Young. The Rolling Stones

are going to release an album of their live performance in the city of Havana to commemorate the reopening of relations between Cuba and the United States.

This month, Tom Petty and the Heartbreakers are going to release an album of their studio sessions of the 1980s.

Metallica is set to release an album of all new material dubbed *Hardwired to Self Destruct*. This is the first album released by Metallica in eight years.

Bob Dylan is set to release a new album of his studio session in the 1960s, featuring a lot of his work on albums

like *Bringing all Home* and *Blonde on Blonde*.

Folk music icon Tom Petty is set to release an album with new material this month as well with his *Peace Trail*. Although rock and roll exploded into the mainstream around 60 years ago, 2016 will prove that the genre is as energetic as ever.

Double Dare: Celebrating 30 Years

by Ryan Cox '18
A&E Staff

TELEVISION

Nickelodeon is riding the wave of the rising culture of revivals with its latest project, a 30th anniversary special of the popular family game show *Double Dare*.

The show's original run was from 1986 to 1993, running for about 500 episodes with Marc Summers as host. A brief revival in 2000, aptly named *Double Dare 2000*, was just as popular and brought more of the Millennial generation into the sloppy, messy fun of the show.

The half-hour special is jam-packed with some behind-the-scenes footage and clips from the original show as well as moments from new episodes that were filmed earlier in the year.

Summers will return to host, along with original co-hosts John Harvey and Robin Marella. There is no word on whether or not Jason Harris and Tiffany Phillips, from *Double Dare 2000*, will make an appearance.

The gameplay was preserved in all of the past revivals. Two families competed head-to-head in a toss-up challenge for initial control of the main trivia game.

As Summers would say at the



Contestants covered in slime on *Double Dare*.

PHOTO COURTESY OF TWITTER.COM

beginning of each show, "I'm going to ask you a question, and if you don't know the answer, or think the other team hasn't got a clue, you can dare them to answer it for double the dollars. But, be careful, because they can always double dare you back for four times the amount, and then you'll have to either answer that question or take the physical challenge."

Those physical challenges were always messy and usually involved

household objects and crazy props. One game, "Pie in the Pants," had one contestant launching pies with a small catapult while their teammate tried to catch them in a pair of clown pants.

Both teams kept their winnings, but the winning team got a chance to run an obstacle course as messy as the physical challenges for a grand prize.

What made *Double Dare* and its

subsequent revivals so entertaining, and what makes footage from the show still appealing, was the craziness and absurdity of the physical challenges.

Everything from jumping into a vat of classic Nickelodeon slime to finding a flag for the obstacle course, to sitting on balloons to pop as many as possible in 30 seconds was inventive, and more importantly, wildly exciting.

In a statement, Summers noted that "*Double Dare* was the show for a particular generation. For the kids of the '80s and '90s, they laughed and learned, and got messy in the process. Thirty years later, I believe it's still the gold standard."

The hit success of *Double Dare* meant that it ran for seven years, making it Nickelodeon's longest-running game show.

The *Double Dare* special is not the first revival endeavor by Nickelodeon. In March, the channel announced that a made-for-TV movie adaptation of the popular game show *Legends of the Hidden Temple* was in production. It will premiere on Nov. 26 at 8 p.m., with Kirk Fogg and Dee Bradley Baker reprising their roles in the show — Fogg as himself and Baker as Olmec.

The *Double Dare* 30th anniversary special will air on Nov. 23 at 9 p.m., with an encore presentation at 10 p.m.

Can Wonder Woman Save DC?



Actress Gal Gadot poses for a promotional photo.

PHOTO COURTESY OF TECHTIMES.COM

by Michael Welch '17
A&E Staff

FILM

I was once excited to see movies by DC Comics, but when you get closer you start to notice the darkness. The trailer for *Wonder Woman* dropped on Nov. 3, and it looks amazing! You know what other movies had amazing trailers? *Batman vs. Superman* and *Suicide Squad*, and we all know how critics received those movies.

So, what makes *Wonder Woman* different from these other movies? Well for one, it will not have to establish more than a few main characters, as it seems the film's focus will be on Wonder Woman and her love interest, Steve Trevor.

This was a big problem in previous DC movies with movies often trying to establish too many characters and a whole DC universe in a two hour film. Hopefully *Wonder Woman* will not follow suit and will focus on her story without trying to throw a quick tie-in to Justice League.

What we can tell from the trailer is that, besides the focus on obviously Wonder Woman and Steve Trevor, the film also appears to take place before World War I. Steve references the "war to end all wars" and weapons that would wreak destruction like never before, which sounds like pre-World War I type rhetoric.

It is safe to assume a large part of this film will involve Wonder Woman working with Steve to win

the war for the American army. This is evident from the epic action shot of Wonder Woman ignoring the trench warfare and simply walking into enemy fire. She will be fighting all over the battlefield in what seems to be more grounded and realistic superhero action.

DC movies typically have over-the-top combat riddled with excessive special effects because how else can you properly show Superman fighting General Zod? I think an advantage of *Wonder Woman* could be a more grounded approach to super-powered combat.

A concern of mine would be the villain, who has not been revealed yet. One of the few flaws in Marvel's many films would be the one-off forgettable villains like Malekith from *Thor 2*.

DC has a rare opportunity to one-up Marvel by succeeding where they have failed. We have not caught a glimpse of a big-bad type who could level buildings with a single look.

Since the movie takes place during World War I, I am unsure about what superpowered villains there were at that time. If none, then the movie can still succeed with Wonder Woman taking down lightweights like entire armies.

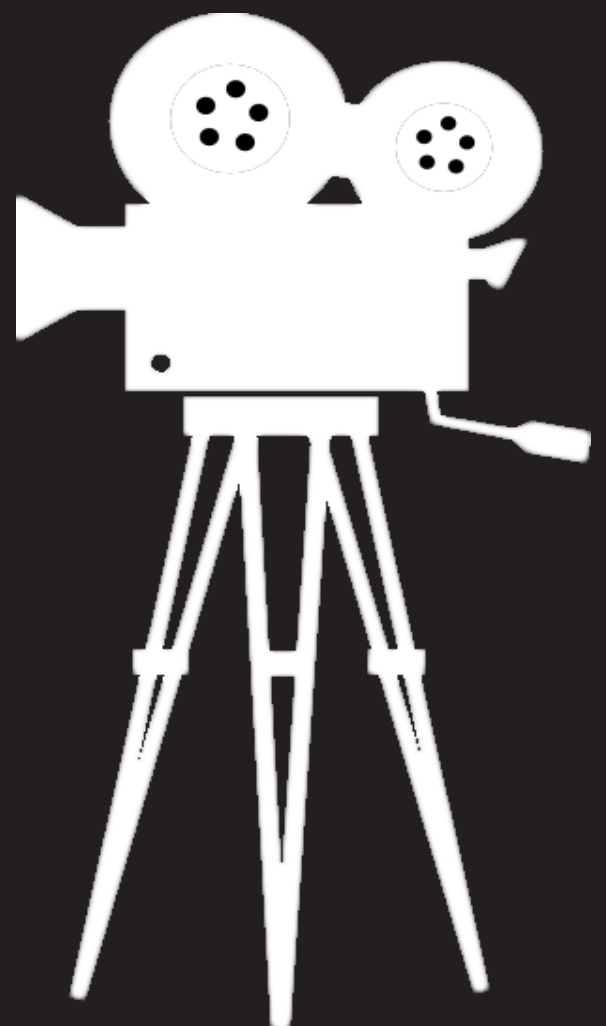
Will this be the film that finally establishes DC as Marvel's equal? Most likely not, but that does not mean my expectations are low. This trailer gives all moviegoers hope that DC finally has it together and can succeed with both viewers and critics. *Wonder Woman* hits theaters June 2, 2017.

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A Fairy Story

by Jonathan Coppe '18
Portfolio Staff

FICTION

Once, in a distant land, there was a stout-hearted and courageous king. Although he was of a lean and delicate frame, which he received from his mother, from his youth he was known for his bravery and patient endurance. When, in battle, the spirit of his comrades would fail for the length and magnitude of hardship, he alone could fight with all the vigor of a fresh warrior and rouse his stronger brothers back to zeal. For this he was commended and greatly prized by all his brethren in arms and commanders.

No such achievement in bravery ever contented the king's father, however, from whom the king, in his youth, never heard a good word, for which reason he lived out many of his years in great sorrow. When, therefore, he discovered the honor and praise of his comrades in arms and saw the glory of his deeds spread abroad, he began to seek this praise above all other things. Nonetheless, he ruled with clemency and equity, and he married and with his wife brought forth an heir, whom he loved dearly and to whom he gave always the places of honor at banquets and festivals, recalling the sorrow he had known as a boy. And under him, the kingdom grew happy.

Now, as the stout-hearted king began to age, the servants of his court said amongst themselves, "The king is grown old, and soon his mind shall begin to slip. And although he loves his son, he has not seen fit to educate him rightly, so that now the boy is not competent for all the tasks for which his majesty may soon be inadequate, and, even then, when our prince assumes the throne, surely he shall want an assistant trained in the government of his father. Therefore, let us find a young man who is shrewd and good-hearted, who may be a friend to the prince, to whom we may teach the ways of the crown."

But amongst the knights of the court they could find none of noble enough heart and keen enough mind for the task. For many days they were distressed about this, until one of the lords of the king's table chanced upon a youth engaged in sport amongst his friends, who always, in spite of his leanness, outlasted them all.

The lord kept his eye on the boy, for he reminded him of their beloved king. And so, upon discovering that, besides his enthusiastic spirit, he was also quite bright and devoted to his mother and father, he brought him to the court to be the king's new attendant, much to the approval of the other lords.

This youth soon became well-acclaimed among the people of the court, who were astonished that a young man of such nobility could have been found

among the common people of the town. And the more the youth was trained as a courtesan and a knight, the greater the praise that was uttered of him both to his face and in private. And when the knights of the kingdom were called upon, this youth showed himself so brave and enduring in battle that the people of the kingdom said amongst themselves, "Surely God has blessed us in this boy, so alike in nobility to our beloved king. Who better to look after us in the king's old age or to train the king's son, the prince?" And the love of him was spread abroad.

Now, the king at first had enjoyed the presence of this youth, but once the young lad was known to be courageous and long-suffering, the king discovered that no more could he tell tales of his own daring without being forced to listen, not to his own praise, but to the praises of this new and magnificent young man.

Therefore, the king began to grow a deep hatred for the boy. At night he could not lie still in his bed, but roamed around the halls of his castle, searching for a means by which he might make the boy low once more in the eyes for others.

He tried to do this first by sharp and constant criticism of the boy, then by speaking ill of him to his commanding officers. On days he knew the boy would be busy, he would summon him early in the morning to his chamber, only to force the boy to wait outside, under pretense that he was engaged in an important private council, until the boy would be late for all his other duties.

But when, at length, the king found that the more the boy suffered at his hands, the more he was commended and revered for his patience and kindness in the face of wrong, and the more the king lost his reputation, (for it had become clear to all that the many years of praise and acclaim had so softened the king that he could no longer bear the discomfort even of seeing another better than himself) then it was that the king conceived in his heart a plot to kill the boy.

Knowing, then, that the youth often went out into the forest, the king hired an archer from a nearby land to lie in wait for the youth in the woods. Since the youth dressed in the humble brown clothes of his home whenever he left the castle (for he did not like to put on airs), the king planned that they would claim the archer had mistaken him for an animal and thus killed him. Therefore, the king showed the archer the boy's clothes, and the archer went out to the forest to lie in wait.

Now it also happened that the king's son, the prince, upon a ride into town, had found there a young maiden with whom he was greatly enamored, and desired to court her. But, on account of her modesty, she refused to be courted

by someone she deemed higher than herself, and so the prince resolved to disguise himself as a peasant and, in that guise, to win her heart. Therefore, he prevailed upon his friend, the youth whom the king was trying to kill, to lend him his clothes every week to make trips to the young maiden. But, this time, when the prince ventured out of the castle in the brown clothes of his friend, the archer mistook him for the hated youth and slew him on his way into the town.

When news of this reached the king, he tore his garments open and wept for forty days, taking neither food nor drink, refusing to emerge from his inner chamber until he was nearly on the point of death. On the 40th day, however, the king emerged from his room and called to himself the youth whom he had hated. When the young man approached, he said to him, "I, in my wickedness, sought to do you wrong who have never done me any wrong, and so zealous was I for glory that I have destroyed the true glory which is my child, whom I loved. This throne no longer is fit for me. But it is clear that you, even more than my first born son who was my glory, are the one deserving of this throne, for you are possessed of every nobility. Therefore, from this moment I give it to you."

And the king reached up and took off his crown from upon his head, but as he reached to place it on the young man, he stopped the king and said, "My lord, it is not right that you should do this. You have brought yourself low, and so think yourself unworthy of the crown, but I, too, am nothing, having come only from lowly stock, for I, like you, are but a man to be raised up to height beyond my worthiness. This great esteem I possess I have deserved no more than you think you deserve this crown."

Therefore, keep your crown until the day of your death, my lord, and do not give it to me until then, for it is in this your humility that, in the sight of all, you have won back your honor."





Appreciation

by David Martineau '18
Portfolio Staff

FICTION

"And if you turn to page 157 in your books, you'll see how even when Odysseus has everything anyone could possibly want, he still experiences suffering. Despite everything Calypso has to offer—all the wonderful things that any of us would probably choose in a heartbeat—Odysseus would choose a mortal life over all of them...even if that means he must suffer and die." With a wry smile that all but pleaded with the audience surrounding him to respond in any way, Dr. Marcus Toller scanned the ascending rows of students who filled the lecture hall and added, "Now that's a real man, wouldn't you say?"

He received a few halfhearted replies: a sympathetic smile or two, perhaps a muted chuckle—although it could have been a well-disguised cough—but overall, the attitude that permeated the silent, half-empty classroom was one of barely-registered boredom. It was something Marcus had gotten used to over the years, but it was only slightly less disheartening now than when he had first begun to teach... and that had been three decades ago, at least. Somehow, though, despite the overwhelming silence he often faced, he had never given up hope that a few of his students might latch onto something he was saying. That wasn't much to ask, even for an introductory course in literature, which most of the students were taking simply to satisfy a requirement. Perhaps his choice in texts had something to do with it—not everybody had the heart to look between the archaic lines of *The Odyssey* to see the wonder that lay beneath them.

Marcus had never been quite certain why some people weren't drawn to the beauty of ancient literature. He, of course, often reminded himself that many of his students had no intention of pursuing the study of literature all the way to a doctorate, as he had. He tried, therefore, to make his classes as broadly appealing as possible, but even then there were difficulties. It wasn't a lack of effort, per say—he had passed many students, a number of them with flying colors—but the level of engagement...that had never lived up to his

expectations. Students never came to his office simply to talk about what they were learning or what they had found interesting—why, he wouldn't have minded if they just came to talk about the weather, or which sports team they liked—no, they only wanted to discuss their work, and mostly how to do better at it...

As he continued through his lecture on *The Odyssey*, Marcus could tell that today was going to be no different than many of his other days at the podium, contrary to his ever-present hope that maybe, someday, someone would be inspired to look deeper than they had before.

At the end of the lecture's appointed time, the students rose and filed out, heading off to who knows where, whatever notes they had taken thrust back into the darkness of their bags, likely already forgotten. Marcus gathered his papers together and began to pack them away, hardly suppressing a sigh.

"Excuse me...Doctor Toller?"

He looked up. One of the students had remained behind, a girl with short brown hair, blue eyes, and an inquisitive look unlike anything Marcus had ever seen. He recognized her as one of the few students who had looked at all interested in what he had been saying, but her name did not immediately jump to mind. "Yes?" he asked.

She fingered the straps of her backpack uncertainly. "I just wanted to say...I found your lecture very interesting." A soft red tinge came to her cheeks, but she didn't look away. "I...I've never read *The Odyssey* before, and I was having a tough time getting it, but you made it much easier to understand."

He smiled,++ "Oh...well, thank you. I don't always get students who tell me that I did a good job."

The joke felt a little flat to him, but then again, he wasn't used to this sort of conversation.

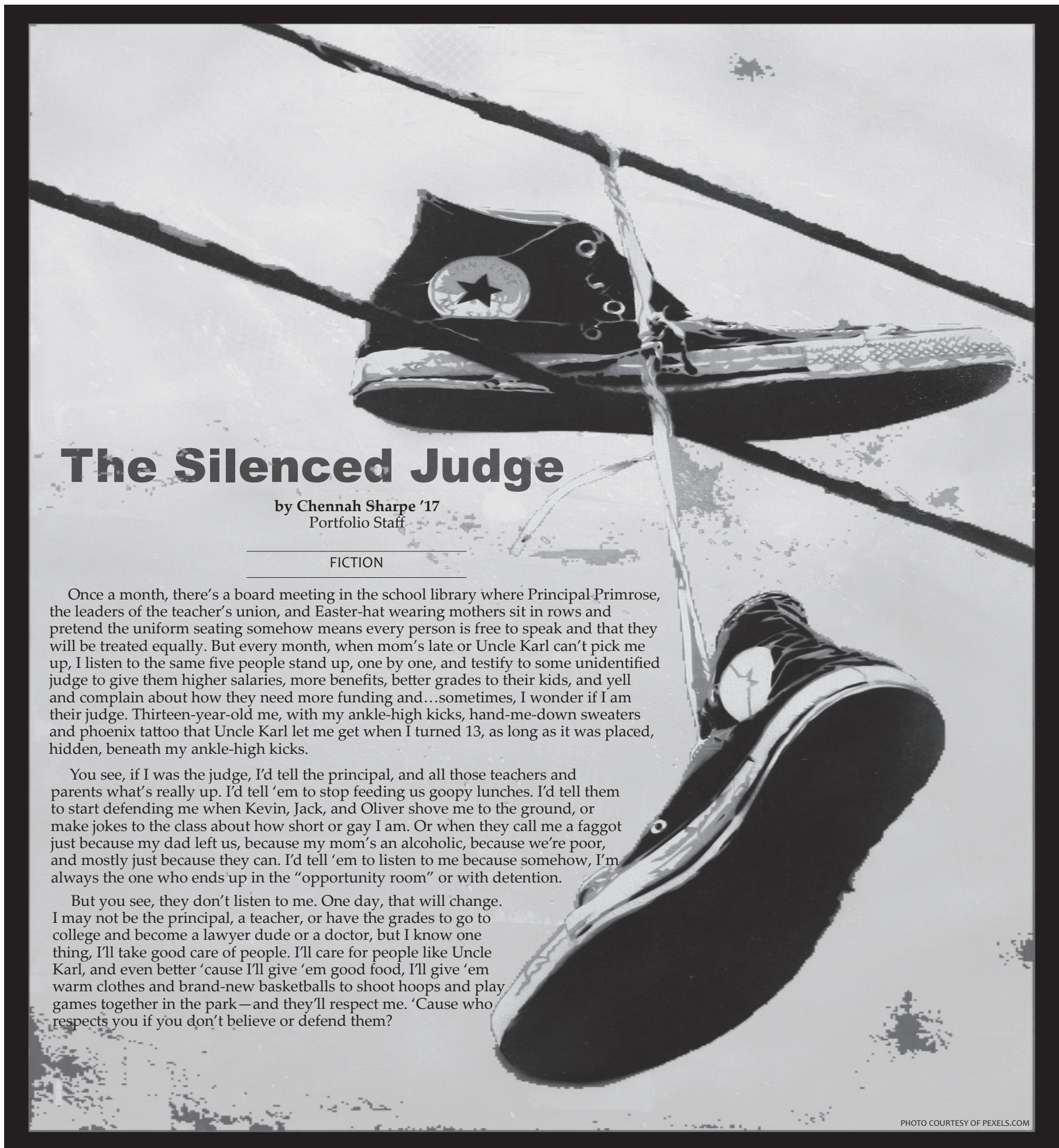
She went on. "I used to think that all of these old stories didn't mean anything to people my age... but now I'm starting to see that they can."

He nodded. "Sometimes it's hard to understand a story that's so removed from you," he said, "but if you take a little time to look within the words, you can see just how familiar it can be. Homer recited *The Odyssey* in a completely different culture, but his words transcend his time, and speak to all of us. A lot of people think that the most important thing to learn about is the present, because what's going on in the world right now affects them directly. But the problems of the past—and its people—are just as diverse as they are today. That's why we try to appreciate them as well."

The girl gave him a bright smile and said, "Well, I appreciate you... for taking the time to teach me that."

After she left, Marcus took a moment to smile. Finally, he thought, someone that listened...





The Silenced Judge

by Chennah Sharpe '17
Portfolio Staff

FICTION

Once a month, there's a board meeting in the school library where Principal Primrose, the leaders of the teacher's union, and Easter-hat wearing mothers sit in rows and pretend the uniform seating somehow means every person is free to speak and that they will be treated equally. But every month, when mom's late or Uncle Karl can't pick me up, I listen to the same five people stand up, one by one, and testify to some unidentified judge to give them higher salaries, more benefits, better grades to their kids, and yell and complain about how they need more funding and...sometimes, I wonder if I am their judge. Thirteen-year-old me, with my ankle-high kicks, hand-me-down sweaters and phoenix tattoo that Uncle Karl let me get when I turned 13, as long as it was placed, hidden, beneath my ankle-high kicks.

You see, if I was the judge, I'd tell the principal, and all those teachers and parents what's really up. I'd tell 'em to stop feeding us goopy lunches. I'd tell them to start defending me when Kevin, Jack, and Oliver shove me to the ground, or make jokes to the class about how short or gay I am. Or when they call me a faggot just because my dad left us, because my mom's an alcoholic, because we're poor, and mostly just because they can. I'd tell 'em to listen to me because somehow, I'm always the one who ends up in the "opportunity room" or with detention.

But you see, they don't listen to me. One day, that will change. I may not be the principal, a teacher, or have the grades to go to college and become a lawyer dude or a doctor, but I know one thing, I'll take good care of people. I'll care for people like Uncle Karl, and even better 'cause I'll give 'em good food, I'll give 'em warm clothes and brand-new basketballs to shoot hoops and play games together in the park—and they'll respect me. 'Cause who respects you if you don't believe or defend them?

PHOTO COURTESY OF PEXELS.COM



Cartoon by Joey Aiello '17

Listomania

Best Write-In Candidates

Buddy Cianci

Darth Vader

Dot From Ray

Paul Rudd

Lin-Manuel Miranda

King Arthur

Bart Simpson

Leslie Knope

My Dad

Braveheart

Charles Dickens & Jonathan Swift

Anyone That Works For *The Cowl*

Kanye West

A Rock

Tiffany & Earl

*Making PC an emotionally stable place
one letter at a time*

Dearest Tiffany and Earl,

How do I register for my classes?

Sincerely,

The Entirety of the Freshman Class

Dear Frosh,

Have you ever seen *The Hunger Games*? If not, you're seriously behind on both your pop culture and your knowledge on how registration works.

On the day of registration, you and the rest of the poor souls who weren't allowed to pre-register wake up before the sun and groggily prepare for war. You see, there are only so many openings for that philosophy class you have your eye on, and there's no way you're going to take it at 8:30 a.m.

When the huge, terrifying clock counts down, you shakily type your PIN number into CyberFriar and desperately try not to mess it up—if you type it incorrectly, you're going to be mowed down within the first 30 seconds.

You're in, and then it becomes a dead sprint to the classes that you want. Don't hesitate when typing in all the class codes. Do you type in all of them at once or save time by going for the ones you really need first?

That's your decision, but don't be surprised if I come out of nowhere and side-tackle you because I'm not about to end up in that 8:30 a.m.



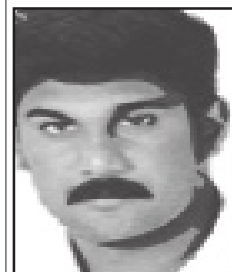
Tiffany

Dear Newbies,

The best thing you can do is do like Earl do, baby. Earl's never made a plan for course registration in his life. Earl's a one man party and any class would be lucky to have him. So you want to know how I register for classes? Well now, I don't. Everyone wants a piece of the Earl. Classes actually register for me these days. Professors all wake up early and fight for which one of them gets the pleasure of teaching and learning from your boy.

However, there was a time before Earl was *Earl*. In those days, I had to register the plain, old way like you chumps. Like I said though, I never made plans. Do you think I got to where I am by making plans? I've never sat down at a library desk with a laptop and piece of notebook paper making potential schedules like some kind of nerd.

Your boy Earl would just wake up those days at whatever time he wanted. That's right—I slept in. Everytime. Once I woke up, I'd go get something to eat and then when I felt good and ready I'd jump on the good old interweb. I'd register for whatever looked cool and was left. I wowed any professor and classmates I had with my amazing looks and natural charm that, after one semester, I was given priority registration access and professors were fighting for me. That's right, I was only a nobody for one semester. Just kidding, I was never a nobody, it just took one semester for everyone to realize that Earl was, in fact, *Earl*, baby.



EARL

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Sláinte!

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SPORTS

FLY THE W: Cubs Win First Title in 108 Years

by Kevin Skirvin '18
Assistant Editor

WORLD SERIES

What a win it was. Game seven took us into the early morning hours this past Wednesday but it was well worth the wait. With a final score of 8-7, the Cubs were able to erase the longest title drought in sports history and capture their third World Series trophy.

Corey Kluber had been incredible on the mound for Cleveland all post season, but this night had a certain feel to it—where you just knew the offenses would take command. With the first at bat of the game, Dexter Fowler quieted the crowd early at Progressive Field, knocking a huge solo blast to give Chicago a 1-0 lead.

The Cub's Kyle Hendricks was a machine through his 4.2 innings pitched, posting an ERA of 1.0 with two strikeouts. Hendricks was forced to pitch around a couple of errors by Javier Báez, and came up huge in the third when he battled back from being down 3-0 to Francisco Lindor, which ended up stranding two Indians on base.

It was no mystery Cleveland's bullpen had proven themselves to be one of the best relief pitching groups in baseball, but Chicago's starting five held their own talent to match. Besides Hendricks, who by the way was the National League's ERA leader, Chicago had talent like Jake Arrieta and Jon Lester, with relief help from another all-star in Aroldis Chapman.

Cub's manager Joe Maddon had an awfully quick hook for Hendricks after allowing a walk on a *terrible* call by the umpire. Jon Lester came on in relief, and allowed two runs on an errant pitch. Had the Cubs ended up

losing all eyes would've turned to this moment as a huge momentum swing for Cleveland. Lester settled down in the innings to come and struck out four in a 55-pitch effort.

Báez would redeem himself with a leadoff shot to right-center in the fifth, and the Cubs tacked on one

As the clock ticked past midnight the two ring-hungry franchises would be told to wait due to inclement weather. The 17-minute delay felt like an eternity for the entire world, but play resumed and the Cubs were ready. Kyle Schwarber, who missed the entire season with a torn ACL, led off the 10th with a single. Cleveland intentionally walked Anthony Rizzo, and the eventual World Series MVP Ben Zobrist hit a double to give Chicago the lead. Another single by Miguel Montero created a two-run cushion, but the Indians got out of the inning without surrendering another.

Three outs separated the Cubs from curing over a century of heartache, but fans would have their nerves tested once more in the bottom of the 10th. With two outs in the inning, Carl Edwards Jr. walked Brandon Guyer, who then was singled home by the eighth inning hero Davis. A man in scoring position with two outs was the final at bat of the series, ending in a groundout by Michael Martinez.

Chicago celebrated their first title in 108 years on Friday with an estimated five million fans packing the streets of Chicago to get a glimpse of the champions. Chicago natives here at PC let their joy be heard, and were celebrating what they had wanted for so long late into the night. Count on the Cubs as serious contenders for the years to come, free of the looming drought that once hung over a now flourishing city.



Cubs fans celebrate and fly the W the night of the World Series win.

PHOTO COURTESY OF JONATHAN DANIEL,GETTY IMAGES

more to put themselves up 5-3. The real magic in this game didn't come until the eighth, when the forgotten hero Rajai Davis smacked an electrifying two-run home run to tie the game at six.

After Cleveland took a 3-1 series lead on Chicago, the world was left dazed and confused as to how the beloved Cubs could have succumbed under the pressure. Chicago bent but they never broke, eventually managing to force a do or die game seven that seemed to be destined from the start.

Cross Country Eye NCAA Championships



Men's Cross Country poses with their Big East runner-up trophy.

PHOTO COURTESY OF PORTER BINKS

by Liza Sisk '19
Sports Staff

CROSS COUNTRY

This year, both the Women's and Men's Providence College Cross Country teams sprinted to a successful finish in their regular seasons and are already showing promise for a competitive and prosperous championship run. Both teams competed at the Big East Championships on Oct. 28 at Van Cortlandt Park in the Bronx, New York, to begin their play-off run.

The women's team defended their title by coming out on top at the meet for the third time in the past four years. The ladies tailed 36 points and four of their runners placed in the top eight. This launched them to the top of the US

Track and Field Cross Country Coaches Association (USTFCCCA) rankings for cross country teams in the Northeast, and placed them at the number three spot for teams nationwide. Despite wind and frigid conditions, the women were able to secure the first place finish with incredible efforts from Brianna Ilarda '18 of Perth, Australia who claimed a third place finish, and by Sarah Mary Collins '17G of Basel, Switzerland who finished immediately behind her in fourth place. The outstanding efforts of Mille Paladino '18 of Morgantown, West Virginia and Abbey Wheeler '20 of Pine City, New York were rewarded with sixth and eighth place finishes respectively. Graduate student Laruen Mullins, hailing from Binghamton, New York, rounded out the efforts of the Friars with a 15th place win. Ilarda,

Collins, Paladino, Wheeler, Mullins and Mackenzie Barry '18 of Mendham, New Jersey who secured 16th place, all received All-Big East honors for their top 20 placements in the race.

The men's team also performed incredibly well in the Big East Championships. Their efforts earned them a second place finish in the race, and propelled them into the USTFCCCA rankings. The previously unranked team now holds the 30th spot nationwide, and the third spot in the Northeast rankings. Julian Oakley '17G of Tauranga, New Zealand led the Friars with a fourth place finish. Securing an impressive 24:37.6 finish time. Hugh Armstrong '17 of Ballina, County Mayo, Ireland finished in eighth place with a time of 24:55.9. Stephen Robertson '17G, Trevor Crawley '17 and Aaron Hanlon '18 all

contributed to the Friars' second place finish by all placing in the top 25, along with Nicholas Carleo '19 and Thomas O'Neill '18 who finished 22nd and 23rd respectively. Oakley, Armstrong, Robertson and Crawley each earned All-Big East honors for their top 20 finishes.

The Friars are back in action at the NCAA Northeast Regional meet on Friday, November 11. Both the women's and men's teams are looking to secure spots to compete in the NCAA Championships by succeeding in this meet. The Northeast Regional meet will be held at Van Cortlandt Park once again. If the teams are successful at the Northeast Regional meet, they will head to Terre Haute, Indiana on Saturday, November 19 to compete in the NCAA Championships.

Find the Fitness Class Best For You

by **Gretta Schultz '17**
Sports Editor

EDITOR'S CORNER

Most colleges and universities do not place a heavy focus on student fitness. Here at Providence College we are fortunate to have access to a state of the art fitness center and field house. What some people may not realize is that in addition to the fitness center being included in tuition, as students we have access to fitness classes for free. Through the Concannon Fitness Center there are a multitude of fitness classes, so everyone at any level can find something that works for them. I have explored several of the fitness classes offered so far this year and have come to find each class, and instructor, has a specific goal and its own strengths. Group fitness classes can be a great way to get in shape and trainer and instructor Kate Ryan '18 says, "I really enjoy the supportive environment of group fitness classes that make participants feel comfortable trying new exercises by helping them achieve goals they might not be able to reach on their own."

Indoor Cycling (Spin)

Indoor Cycling, or Spin, is probably the most familiar of the fitness classes offered at PC. Spin has been widely recognized as a great source of cardio and one of the best ways to burn fat. I have found that the spin instructors at PC all actively work to push participants to pedal faster and harder to reach goals that they have set for themselves. I have also found that more so than any other class indoor cycling has found ways to make working out fun through things like prizes and themes.

Body Pump

Body pump is a strength based class that focuses on low weight and high repetition. Through participating regularly in Body Pump classes, I have found that I have learned how to target each muscle group, something I did not know was possible before now.

Interval

Interval is a high intensity cardio class that has a main focus of keeping your heart rate up for 50 minutes to maximize cardio strength. This class is no joke and after the first time you may be sore for days. I'm talking the kind of sore where sitting down is a chore. But, once you get in a routine of doing this type of workout regularly, the benefits are endless. I have found myself incorporating some of the circuits from these classes into my own workouts in the gym.

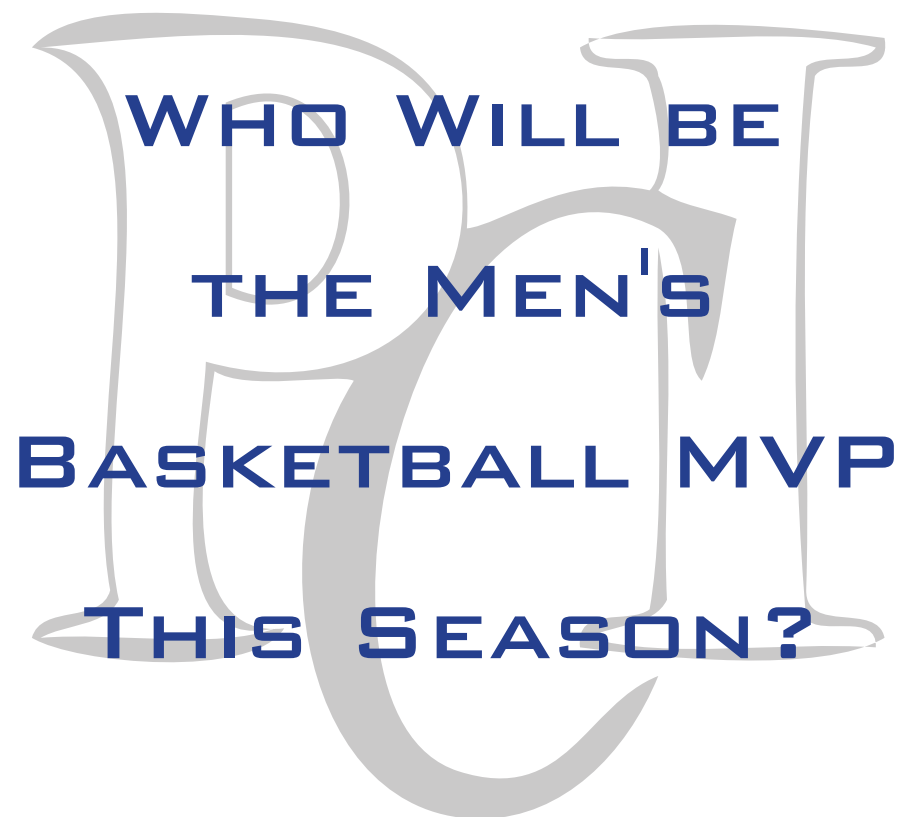
TRX

TRX is another version of a strength-based class focused on hitting specific muscle groups. Trainer and instructor Cali MacEachon '17 explains, "TRX workouts can be as beginner or as advanced as the client wants them to be." I have found this to be true in my own experiences. By adjusting your stance slightly your workout can be transformed to the perfect difficulty for anyone at any level of fitness. Another benefit of TRX is the small class size. MacEachon agrees with this saying, "I find that these smaller-group, 30 minute classes are very inclusive. I love working with those who are new to TRX, and to see my regulars improve every week!"

EMMITT HOLT

For the casual basketball fan, you may not have heard of Emmitt Holt '18, but after this basketball season he will be a common name around campus. Holt is a transfer from Indiana University and brings experience after playing big minutes for the Hoosiers as a freshman. The Friars were in desperate need of size last season and Holt will be a physical presence in the paint that the team lacked. While only standing at 6'7", he makes up for his lack of size with a massive 7'3" wingspan. He has a reputation for being a strong rebounder at every level he has played at. The Friars lacked a strong inside presence who is able to both rebound and be a reliable scorer as well. Not only can he score inside, but Holt is also very efficient in doing so. He shot 65 percent from the field at Indiana against top-flight competition. So expect Holt to lead the Friars in field goal percentage this season. Another example indicating his future dominance was from an exhibition game against Carleton University. Holt led the Friars with 19 points and ten rebounds, showing his quickness to beat his defender and get to the rim. This article serves as a warning to all the PC basketball fans. Number 15 on the Friars will be the MVP despite the fact that he is a new member of the team. Holt will ease the transition from the departures of Dunn and Bentil and have an incredibly successful season.

-Jake Scarbo '17



Men's Basketball Upcoming Games



PHOTOS COURTESY OF SPORTSLOGOS.NET

11/14/16	vs. Vermont	Providence, RI	7:00 p.m.
11/17/16	at Ohio State	Columbus, OH	7:00 p.m.
11/19/16	vs. Grambling St.	Providence, RI	12:00 p.m.
11/21/16	vs. St. Francis Brooklyn	Providence, RI	6:30 p.m.
11/25/16	vs. Memphis	Destin, FL	9:30 p.m.
11/26/16	vs. Iowa/Virginia	Destin, FL	4:00 p.m.
11/30/16	vs. New Hampshire	Providence, RI	6:30 p.m.
12/03/16	vs. Rhode Island	Providence, RI	4:30 p.m.
12/06/16	vs. Brown	Providence, RI	7:00 p.m.
12/10/16	vs. Massachusetts	Providence, RI	12:00 p.m.

RODNEY BULLOCK

Everyone remembers when Rodney Bullock '18 sank an amazing last second shot in the NCAA tournament game against the University of Southern California last season. The buzzer-beater play was enough to send PC to the NCAA Round of 32 for the first time since the 1996-1997 season. Bullock played a great game, scoring 16 points and 10 rebounds to register the seventh double-double of his Friars career. A consistent player, Bullock scored 400 points in 34 games played last season.

Standing 6'8", weighing 225 pounds, Bullock is one of the tallest players on the team. After an impressive season last year, much is to be expected from Bullock this season, especially since star players Kris Dunn '17 and Ben Bentil '18 both were drafted into the NBA, by the Minnesota Timberwolves and Boston Celtics, respectively (Bentil has since been traded to the Indiana Pacers). When both Dunn and Bentil were injured last season, Bullock was able to step up and show that he can be a front runner for the Friars, which is exactly the kind of attitude Head Coach Ed Cooley likes to see. If Bullock can score 400 or more points this year, he just might beat out his fellow classmates Emmitt Holt '18, Jalen Lindsey '18, Kyron Cartwright '18, and Tom Planek '18 for the Friars' Most Valuable Player.

-Lauren Altmeyer '17