

# THE COWL

Vol. LXXX No. 18 @thecowl · thecowl.com

Celebrating 80 Years  
of Publication

Providence College

March 10, 2016

## Fitness Center Modifies Existing Dress Code

by Sabrina Guilbeault '18  
Asst. News Editor

DRESS CODE

By the time Providence College students made their way back to campus from spring break, news had spread regarding the implementation of a dress code at Concannon Fitness Center that would start on Monday, March 14. The information surfaced after a flyer was displayed outside the Fitness Center and was spread via social media.

The flyer pictured examples of "encouraged" and "prohibited" attire to ensure "safety, comfort, and equipment maintenance." The flyer used language such as "appropriate" and "non-revealing," which resulted in negative backlash from students as rumors spread as to why the dress code was being implemented.

Ed Laprey, director of the

Fitness Center, spoke to Student Congress Tuesday night to welcome open dialogue with students and emphasize that the Fitness Center has heard student concerns. Since the opening of the Fitness Center eight years ago, policies regarding a dress code have always been in place; however, the dress code described in the flyer was a modified version of the policy that had already existed.

Students will see no change in the enforcement of a dress code this coming Monday, as the Fitness Center Staff wishes to keep the dialogue open and clear any miscommunication regarding the dress code's intent. At Congress, Laprey stated that even if enforcement was to begin, the Fitness Center Staff would never have taken the approach of throwing students out of the gym.

The Cowl is in communication with the Fitness Center Staff, and an article regarding the dress code and



PHOTO COURTESY OF THEODYSSEY.COM

its policies will appear in next week's issue.

## Time to Let the Month of Madness Begin

by Brannon Walker-Hodges '16  
Sports Staff

MEN'S BASKETBALL

Throughout the entire college basketball season, there has been a lot of parity and many unexpected storylines. The overall theme of the season has been dominated by ever-changing No. 1 teams, seniors anointed as the best players, and silly, choreographed bench celebrations. Now, we are entering the most exciting time of the season. March Madness is in full effect with conference tournaments underway, leading up to the NCAA Tournament. The Providence College Men's Basketball Team has had a successful regular season. The Friars are one of four, potentially five, Big East teams slated to represent the conference in the NCAA Tournament. This draws a lot of interest to the Big East Conference Tournament, which started on Wednesday, March 9 at Madison Square Garden in New York City. The team that wins the Big East Tournament receives an automatic NCAA Tournament bid.

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## Habitat Volunteers Build More Than Just Homes

by Marla Gagne '18  
News Co-Editor

CAMPUS

This past spring break, approximately 130 Providence College students volunteered to travel throughout the East Coast to build homes with Habitat for Humanity. Habitat's goal is not only to build houses, but to also build hope and community. Be it Kittanning, Pennsylvania or Bridgeport, Connecticut, PC students joined community members and organizers to build affordable housing for low-income families.

Emily DiRenzo '16, president of the PC chapter of Habitat for Humanity and team leader of the group that traveled to Mechanicsville, Virginia, explained how much of an impact the program made on her life at PC. Her team's goal during the break was to roof a house. "To see it when it was finished was an incredible feeling, and we all just looked at each other and high-fived," said DiRenzo, whose



PHOTO COURTESY OF CUMBERLANDHABITAT.ORG

PC sent approximately 130 students across the eastern seaboard to build houses, hope, and community with Habitat for Humanity during spring break last week.

first job as a freshman on a Habitat trip was to finish the shingling of a roof. "To be able to shingle the roof this year really brought everything full circle."

"Everyone on the site was blown away that we gave up our break," said Claire Beatty '17. Along with the rest of her group, Beatty spent 22

hours driving to Mechanicsville and slept and ate all meals in a church basement for the week. "I didn't feel like I gave up a week," she said. "I gained one of my best weeks ever at PC."

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PHOTO COURTESY OF TWITTER.COM

The Men's Basketball Team recently arrived in Manhattan for Big East Tournament play March 9-12.

## UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

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### Portfolio

Do the post-spring break blues have you down? This week's Listomania on Spring Break Expectations vs. Reality may lift your spirits.



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### Opinion

How have the common practices of mockery and insults impacted our culture? Matt Tinsley '16 offers his perspective as it relates to the human person.



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### News

This past Monday, President Father Brian Shanley, O.P., publicized his response to students' demands for change.



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# NEWS

## Huxley Avenue Will Close in Coming Months One of Many Projects Taking Place for PC's Upcoming Centennial

by Marla Gagne '18  
News Co-Editor

### CAMPUS TRANSFORMATION

The grass may not always be greener on the other side, but it may be greener in the middle. Under the "Huxley Way" project, Providence College will close its portion of Huxley Avenue, from Eaton Street to Ventura Avenue, to unite the West and East sides of the campus with a new pedestrian walkway.

Originally purchased in December 2012, PC has been working on a plan for a few years to close Huxley Avenue. In an email to students, faculty, and staff, College President Father Brian Shanley, O.P., publicly announced Huxley's closing and said, "The College ultimately decided that closing its portion of Huxley Avenue to vehicular traffic and turning it into a pedestrian walkway would best achieve the goal of unifying the campus while providing the highest level of safety and security for members of the College community." In recent years, pedestrians have been hit by cars on Huxley Avenue.

The street is set to close between May 16 and June 1, but may be closed a few days in

prior weeks to accommodate "construction and utility work." When students return for the fall semester, they will see a whole new version of Huxley Avenue

The College has released videos on Vimeo that showcase changes for the area. Vehicular traffic will be moved away from the back of Raymond Hall and instead will be focused on a roundabout in front of the Arthur and Patricia Ryan Center for Business Studies' front lawn. There will also be a PC gateway sign and lower cascade piazza.

The new pathway connecting the two sides of campus will feature landscaping, benches, and sculptures to create a new outdoor space. The Huxley Avenue and Eaton Street intersection will be closed to traffic, but there will be a new entranceway for students coming from the southeast.

The current RIPTA stop located on Huxley will be relocated for the summer and information regarding its new destination will be released in the coming months. In the fall, Students will find a new bus stop and shelter moved about 200 feet to the north of Huxley Avenue

John Sweeney, the senior vice president for finance and business/CFO, said most work for the \$2 million Huxley project will take place during the summer. Another

\$7.75 million will be used to create the traffic circle, gateways, and pedestrian walkways.

The "Huxley Way" project is part of PC's "Campus Transformation," a series of construction projects and renovations. These projects are funded by "Our Moment: Campaign for Providence College," which has raised \$136.9 of its \$140 million goal. The "Campus Transformation" already includes work done on the School of Business, Chapey Field at Anderson Stadium, a new softball field, a new parking garage, and tennis courts.

In addition to these projects, the school is also continuing renovation on residence halls. Sweeney said Bedford, Cunningham, DiTraglia, Mal Brown, Fennell, and Raymond Hall will receive wireless upgrades throughout the summer during the final phase of the project. "The College is currently planning for the complete renovation of Aquinas Hall," said Sweeney. This will be done in phases throughout various summers but is still in the design phase.

Sweeney also said, "The improvements to the residence halls started in 2010, actually before the Transformation movement started, but it is now a critical part of campus improvements. Yet, updating residence halls is a continuous

program so it will continue after we declare the Campus Transformation complete."

The School of Business is currently under construction and running on time for the early 2017 deadline. The steel structure is being installed and should be done in a month.

Finally, students will also return in the fall to see work being done on Albertus Magnus Hall and Moore Hall. Starting over the summer Albertus Magnus will have utilities relocated, improvements made and foundation installed, and 35,000 square feet added facing Ruane. Sweeney said, "Once the addition is occupied, renovation of spaces will occur in phases which will allow the building to be fully functional during the academic year and allow for research work in the summer." Moore will be transformed into a multicultural center over the next two years with a \$1 million budget, and students will contribute to the design process.

As PC approaches Fall 2016, facilities, from walkways to dorms to learning centers, will be greatly transformed to celebrate 100 years of PC history and tradition.

## Habitat: PC Students Dedicate Their Spring Break to Service

### Continued from front page

This past spring break, approximately 130 Providence College students volunteered to travel throughout the East Coast to build homes with Habitat for Humanity. Habitat's goal is not only to build houses, but to also build hope and community. Be it Kittanning, Pennsylvania or Bridgeport, Connecticut, PC students joined community members and organizers to build affordable housing for low-income families.

Emily DiRenzo '16, president of the PC chapter of Habitat for Humanity and team leader of the group that traveled to Mechanicsville, Virginia, explained how much of an impact the program made on her life at PC. Her team's goal during the break was to roof a house. "To see it when it was finished was an incredible feeling, and we all just looked at each other and high-fived," said DiRenzo, whose first job as a freshman on a Habitat trip was to finish the shingling of a roof. "To be able to shingle the roof this year really brought everything full circle."

"Everyone on the site was blown away that we gave up our break," said Claire Beatty '17. Along with the rest of her group, Beatty spent 22 hours driving to Mechanicsville and slept and ate all meals in a church basement for the week. "I didn't feel like I gave up a week," she said. "I gained one of my best weeks ever at PC."

The connections and bonds formed during Habitat were a favorite aspect for a majority of the student volunteers. "Working side-by-side, learning completely new skills and being outside of your comfort zone together bonds us," said DiRenzo. She also explained that working with the project manager on site and community volunteers also enhances the experience. "[They] come day in and day out talking to you, teaching you, being nothing but patient and kind while you slowly try to figure out which way the plank of wood should face when you're using a power saw," she said.

"The friendships we've formed definitely enhanced the experience," said Kyle Fitzsimons '18, whose team has already gone to breakfast together at Papa Paulie's since arriving back on campus. "What we did back on the site is a direct correlation of what we do here at PC," Fitzsimons said. "We're a Friar Family, and although Habitat made an impact on us, we are also leaving our own impact on the program."

"It's hard to sit down and explain it all, because there were so many little life changing aspects of it all that just made it so amazing," said Katherine Agugliaro '19. "As a freshman, having so many upperclassmen being so helpful and not treating me any differently as someone four years younger was incredible." Agugliaro explained that going on Habitat gave her a foundation of friendships with people she can now talk to about school, life, and all things in between. "It's different than Orientation, because everyone wants to be there," she said.

Prior to going on the trip, there were programming events for the teams to get to know one another and bond. Fitzsimons explained how everyone went out of their way to learn more about one another and explained that she made friends with people she never would have expected to. "People realized they only had a week, and did all they could to make the most of it," she said.

"When it came down to it, before the trip I almost wasn't going to go," said Caitlin Costello '18. With midterms, work, and everything that was piled onto students before the break, leaving for a week of service seemed more like a daunting task than a life-changing experience. "I'm so glad I went, and I can't express how amazing the week was."

Another special part of Habitat for Humanity is that often times, volunteers will work alongside the families who will end up living in the house. "Whether they are about to move into the house you're working on or they have moved in one

word to their home already and are back to help out, all of them are incredible and all of them change you," said DiRenzo.

"Building those relationships was so cool," said Megan Manning '18, who was responsible for finishing the flooring of a house. "Getting to know them and what their lives are like was such a positive experience." She went on to explain that on the last day her group painted the entirety of the interior of the house with the family. "After working on different sites all week, coming together as one group was so much fun."

According to DiRenzo, planning for the trips start in September. The Executive Board hosts info sessions, hands out and reads through applications, selects leaders, selects the sites, places all of the participants in their sites, hosts fundraisers, plans programming, and

works out all transportation details. "I work closely with our Campus Minister, Bob Pfunder, and together we would meet every week to work on all that needed to be done," DiRenzo said. "The goal is to send 130-140 students on a spring break trip so anything and everything that is involved with that was my responsibility and joy."

According to DiRenzo, PC often sends out the largest group of student volunteers each year, providing 140 spots for students to do service and make a difference. "I find that a lot of students sign up not really knowing what the week will be like or what it will do for them," she said. "When they come back, it has helped them see difference, appreciate life, mature as a person, gain friendships, learn skills, and make them that much stronger."



PC volunteers pause from painting for a smile in Bridgeport, Connecticut. PHOTO COURTESY OF MEGAN MANNING '18  
PHOTO COURTESY OF HABITAT.ORG

# Comprehensive Diversity Reform Found in President's Response to Campus

by Zak Harvey '16  
News Staff

ON CAMPUS

Over the course of the past academic year, students at Providence College have seen a debate unfold on campus unlike anything in the College's history. It has become increasingly clear that beneath the surface there has been a turbulent undertow that has now completely engulfed the conversation on campus. The debate in reference is that of the series of conflicts stemming from the debate on campus diversity.

Beginning in November to as recently as late February, there have been solidarity marches, protests, sit-ins, and meetings attempting to help resolve and address the frustrations presented by both students and faculty on campus. As of Monday, March 7, President Father Brian Shanley, O.P., and his administration have presented otherwise unprecedented reforms on diversity in the College's 100 year history. Fr. Shanley recently sat down with *The Cowl* to talk about the progress that has been made, the plan he and his administration will implement, and the road going forward.

In the *Providence Journal* there are newly published articles in light of Fr. Shanley's response titled, "Racism at PC: Shanley Issues Response, but Student Group Disappointed." In the article students are cited saying, "It is disappointing because when we left his office after our 13 [hour] sit-in, we had the understanding that he would produce a 'substantive plan' towards each of the demands, but what we received was a largely repetitive

response in the sense that these are answers that we have heard from him before. After reading and re-reading the response we are left with many questions regarding his plans to deliver progress with all deliberate speed and to create a system of accountability."

By virtue of the debate on campus there has been a tension between a few student groups and those at the helm of the institution. Fr. Shanley stated, "I firmly believe one of the goals of a campus is robust discussion of controversial points of view, [which] is part of the educational message of the College. I laud students that want to speak out in what they firmly believe in." The College's President and the administration encourage student input and look forward to engaging in debates on crucial issues.

It is imperative to name a few of the solutions that Fr. Shanley proposed: increased diversity training by faculty, committing new resources to curriculum diversity, hiring of diverse faculty, a complete release of the Campus Climate report, researching the creation of the Center for the study of the Black Diaspora, a \$1 million commitment to the renovation of Moore Hall, redefining Dean Rafael Zapata's position to report directly to the president, and many more.

In Fr. Shanley's campus-wide response he quoted Martin Luther King Jr., saying in part, "A genuine leader is not a searcher for consensus, but a molder of consensus." As Fr. Shanley acknowledges, dialogue may be slower than a demand-response method, but one must cede that for meaningful change to be enacted one must consider all voices in the campus community.

The eight pages of reforms and solutions that Fr. Shanley proposed on March 7 express his commitment to the students, faculty, and culture of an institution that means so very much to each and every one of us. When asked about the process of drafting the response to the student's demands, Fr. Shanley said, "I did my best to respond and to try and chart a course forward for the College." He went on to say, "The only way for us to move forward as a community is [by way] of dialogue...For us as a campus the discussion needs to be campus wide and everyone needs a voice in how we go forward."

Again, Fr. Shanley expressed his gratitude for "students pushing the [debate as] it has focused on race like we have never been before." Subsequent to the student sit-in within the Presidential Suite in Harkins Hall, Fr. Shanley and his cabinet have reached out to administrators, faculty, and students to find the best way to address the problems on-campus. Fr. Shanley attended a forum on diversity in '64 Hall with more than 200 in attendance to field questions regarding diversity.

The Development of Western Civilization program has been a point of contention for students and faculty throughout the course of this debate. When asked about the program and its role on campus Fr. Shanley responded, "Civ has been debatable since day one. [The program] is about studying our flaws, knowing ourselves, [and studying] development of Western civilization as it has evolved...What we are committed to on an ongoing basis is to fulfill objectives set for Civ." Fr. Shanley also noted that we as an institution have to have faith in the expertise and academic freedom of

the teaching faculty in the Civ program and trust in them to fulfill the Core Objectives.

One of the most noteworthy reforms includes the redefined role of Dean Rafael Zapata, the College's chief diversity officer. Dean Zapata will begin reporting directly to Fr. Shanley as a part of the President's cabinet. Talking about the change Fr. Shanley elaborated, "I think Rafael will be [crucial] as we transition to a more vigorous pursuit of diversity and inclusion...Continuity is important right now, Rafael has many bridges with people and [has] their trust, including mine."

In the Development of Western Civilization program, each and every student learns of the homeward journey of Odysseus. As the interview with Fr. Shanley concluded it became clear that the College finds itself in a position somewhat similar to that of Odysseus: a journey that is homeward bound. The College's centennial is quickly approaching and as Fr. Shanley notes, the College is in some respects returning to its roots. Fr. Shanley concludes, "[Our country] is becoming more diverse everyday. Providence College needs to serve the students who are coming to us and they are going to be more diverse. We were founded to be a place of opportunity for first generation college students. This is our sweet spot, back to where we started, and this is where we are going to focus going forward." Through the tempest of campus debate, the administration moving forward has recommitted itself to progress, opportunity, and, above all, hope.

## Board of Representatives Respond to Fr. Shanley *Student Leaders Continue to Ask for Change and Progress*

by Sabrina Guilbeault '18  
News Co-Editor

STUDENT RESPONSE

On the afternoon of Monday, March 7, the Providence College community received a message from President Father Brian Shanley, O.P., in the form of an email. This email contained the president's response to the Demands of Redress in Response to Racism and Anti-Blackness at Providence College, which was written by the Board of Representatives, a group of student leaders on campus who are committed to working toward a vision of inclusivity at the College.

The Board of Representatives consists of students from the N.A.A.C.P. Providence College Chapter, SOAR, Brotherhood, Afro-am, and Women Empowered.

"The response that Fr. Shanley issued on March 7, in order to address systemic racism and other oppressive actions taken against faculty and students, was merely that," said the Board of Representatives in a statement to *The Cowl*. "Although we appreciate the time and effort put into Fr. Shanley's response, we were hoping for a plan of action rather than a response to our positive efforts."

"Some of the anger and frustration on our campus is caused by a perceived lack of substantive progress on the student demands and recommendations that were first brought to the administration and the faculty in November," said

Shanley in his emailed response. "Many feel that the Administration and I have not done enough to demonstrate a serious commitment to addressing problems of racism, and that too much time has been spent on dialogue rather than on demonstrable action."

Shanley did address each of the demands in his email as promised, however the Board of Representatives find that it is lacking. "No measurable components were put into Fr. Shanley's response, and the language was carefully chosen to deny the need for specific changes," the Board stated.

The plan of action that was stated in Shanley's response includes mandatory

training, such as that regarding cultural sensitivity, for new faculty. The plan also includes the transformation of Moore Hall into a multicultural center, which will cost \$1 million over the next two years. A promise was also made to maintain a 20 percent rate for faculty of color. Shanley's response to these demands came after the occupation of the President's office on Tuesday, February 16 starting at 8:30 a.m. "Father Shanley has continued to ignore the problems of the marginalized communities that exist at Providence College via political jargon and outright resistance to change," said the Board.

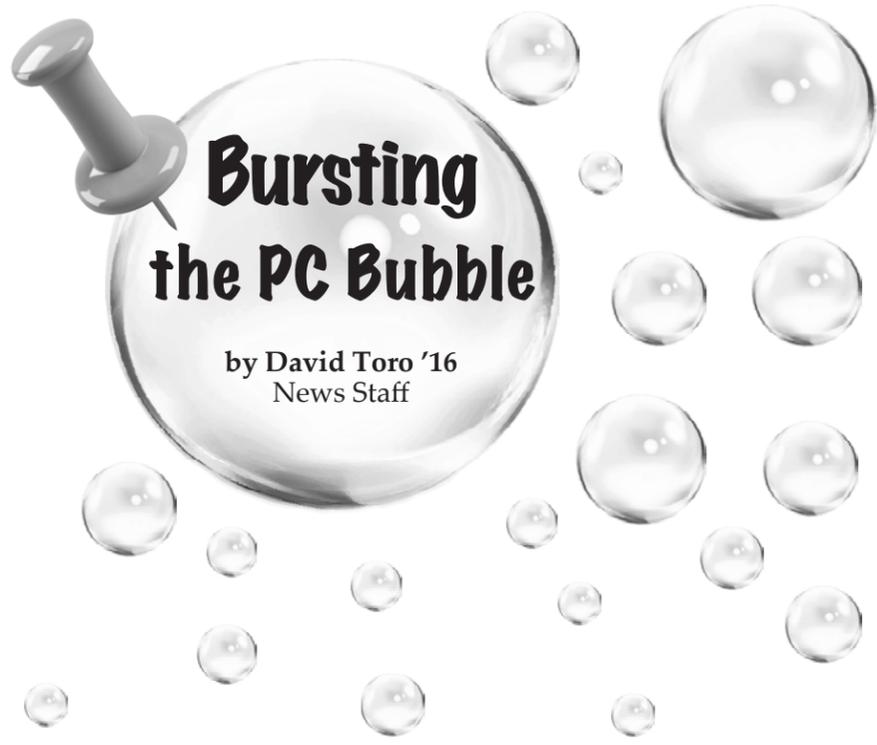
"The purpose of our sit-in was for

President Shanley to sign a formal agreement, that compelled him to make substantial progress on the Demands for Redress," said the Board, who organized and executed the protest. "During the negotiation segment of the sit-in, all of the students came together as a Friar Family, and created a document that Fr. Shanley agreed upon in writing."

At the end of his response, Fr. Shanley stated, "The campus community is passionately committed to developing and sustaining an environment that is more equitable, diverse, and inclusive," and renewed his own commitment to continuous action with faculty, staff, and students.



PHOTO COURTESY OF PROVIDENCE.EDU



# Bursting the PC Bubble

by David Toro '16  
News Staff

## Cancer Vaccine is Tested in Britain

Kelly Potter is a 35-year-old British woman with stage four cervical cancer who has been accepted into what could be a new ground breaking cancer treatment. The new vaccine will stimulate the immune system to destroy tumors in different parts of the body. Potter is a good candidate for the study because her cancer has unfortunately spread to several parts of her body, including her liver and lungs. Doctors have also determined that a low dose of chemotherapy will help the immune system so that it does not attack the body's own cells. Potter is excited to be part of this study as it could not only cure her cancer but potentially develop a cure for the rest of the world.

## Turkish Newspaper Zaman Taken Over By Government

Turkish President Recep Tayyip Erdogan and his government have taken over the *Zaman* newspaper. *Zaman* was the biggest newspaper in Turkey, with a circulation that reached approximately 650,000. Due to the recent the takeover, *Zaman* will not be run by administrators. The government has given no explanation. It is thought that *Zaman* is closely linked to the Hizmet movement that seeks to overthrow Erdogan's government. Protesters in favor of free press were targeted with rubber bullets as well as tear gas. The government now plans to wipe the newspaper's online archive. The European Union has not released any major statement on the matter.

## No Tsunami after Earthquake in Indonesia

Last week a 7.8 magnitude earthquake was recorded 500 miles southwest of Padang in Sumatra at a depth of 15 miles. The earthquake had originally been recorded at an 8.3 magnitude, which spread fear because of the devastating 9.1 magnitude earthquake that hit the island in 2004 and caused 220,000 deaths. Tsunami warnings have been lifted after a few days with no significant readings. Many of the buoys that measure wave movement in key earthquake areas are broken, which render tsunami predictions useless. However, Thailand's National Disaster Warning Center has lifted its tsunami warning because no impact has been detected.

## Worst Drought in Middle East in 90 Years

Scientists have been studying tree rings in Cyprus, Israel, Jordan, Lebanon, Syria, and Turkey to determine previous drought history in order to compare to current conditions. The drought in the Middle East from 1998 to 2012 was not only longer than usual but was also significantly drier. The worst drought prior to this one is estimated to have been in 1100. If the Middle East is suffering a drought now, it is likely that the entire Mediterranean will suffer a drought as well. Climate scientists have determined that as a result of climate change and human emissions the Mediterranean will dry up in the future.

# Congress Updates

by Marla Gagne '18  
News Co-Editor

STUDENT CONGRESS

### Gym Dress Code

Student Congress hosted special guest speaker, Ed Laprey, coordinator of the gym, to address concerns over the new dress code policy in the gym. Laprey said the "new policy," which prohibits select clothing in the gym, is actually not new. He argued that dress codes are typical of all facilities and are made to protect the longevity of the machines. The dress code has raised controversy among the student body. Laprey said he is open to communicating and receiving feedback from students moving forward.

### Role of Class President and Treasurer

Student Congress passed changes regarding the presidential role on SRW Core and Commencement Core. The president shall:

- "Serve as the co-chair of class committees and assist in the selection process of said committees (i.e.: Senior Ring Weekend and Commencement Core Committees)."

- "The President of the sophomore class will not remain on Senior Ring Weekend Core if not reelected for junior year."

- "The President of the junior class must remain on Senior Ring Weekend Core until the event senior year; if he/she loses the election going into senior year or chooses to not run he/she will remain on the Core."

- "If the President of the junior class is not reelected for senior year he/she will not serve on Commencement Core; the elected senior class president will serve as Commencement Core co-chair."

Similar legislation was also enacted regarding the Treasurer position.



# Club Spotlight: Asian American Club

## Exploring and Celebrating Culture

by Sarah Gianni '18  
News Staff

CLUB SPOTLIGHT

Many of the clubs and organizations at Providence College are geared toward the celebration of cultures and nationalities from around the world. Among one of the first ethnic-based clubs at PC is the Asian American Club, an organization that reaches back to the late '80s. Executive board member Brittany Price '18 said that she has felt support and comfort within the club since she first joined during her freshman year. "The Asian American club has allowed me to explore and celebrate myself and my culture through meetings, events, friendships, and tons of free food," she said. Kent Shirai '16, president of Asian American club, expanded on the events that are in the works, as well as ones that have already occurred on campus. "Some of the events we hold annually are the Lunar

New Year celebration, *ImaginAsian*, and *Maki Your Own Sushi*," said Shirai. "One event that we have coming up on March 19 is the screening of *"Spirited Away,"* a movie from Japan's studio Ghibli," he said. The movie will begin at 7:30 p.m. in the Slavin Unity Center, with snacks and drinks provided. Currently, the Asian American Club consists of about 30 members, but is always looking to expand. "Anyone who is interested in joining can come to our bi-weekly meetings or email any member of the Executive Board," said Shirai. Meetings are held every other Tuesday at 7:30 p.m. in the Slavin Unity Center, with the next meeting occurring on March 15. "I was instantly provided with a group of role models upon joining the Asian American Club, and hope to continue my leadership for the duration of my time at PC," said Price. All who are eager to explore a new culture or enhance their understanding of their own are encouraged to participate.



PHOTO COURTESY OF BRITTANY PRICE '18

Members of the Asian American Club run popular campus events such as "Maki Your Own Sushi."

# Liberal Honors Program Takes 80 to Ireland

## Students and Staff explore Ireland's Dublin and Killarney

by Daria Purdy '19  
News Staff

ACROSS THE ATLANTIC

This spring break, the Liberal Arts Honors Program took a group of 80 students to Ireland. The trip is an annual tradition for the program; honors students travel to locations in Europe in order to supplement their learning in their Development of Western Civilization classes. This year, Dr. Stephen Lynch, Dr. Suzanne Fournier, Dr. Despina Prassas, and Dr. Karen Holland accompanied the students on their trip.

The trip began with a five night stay in Ireland's capital city of Dublin. The stay involved sight-seeing tours and excursions to local sights around Dublin, including the ancient monastery at Glendalough and the castles at Malahide and Howth. The students also enjoyed the restaurants, historical sights, and green parks of Dublin. They explored Trinity College and saw an Irish play, *Juno and the Paycock* by Sean O'Casey, at a local theater.

After the stay in Dublin, the group undertook a three hour road trip to the western coast of Ireland and the city of Killarney. In Killarney, the students drove around the legendary Ring of Kerry, a scenic drive that allowed the students to take in views of western Ireland's spectacular mountains and

bays. Jenna LaChapelle '19, a participant of the trip, said of western Ireland, "I absolutely loved the old fashioned horse ride through Killarney National Park, and the views on the Ring of Kerry were the most amazing I have ever seen. I am ready to go back!"

The trip was organized through Go Ahead Tours, which provided an itinerary and two tour guides for the students. "I really loved the tour guides," said Brigid Walshe '19. "They made the trip even more memorable and they were there to make sure everything went perfectly. Plus, they were a married couple, which made it even cuter!"

The trip supplements the Development of Western Civilization classes by allowing the students to actually visit the places they have read about in their classes. The trip also helps the students to experience and appreciate other cultures. Regarding the educational value of the trip, Jaclyn Fleener '17 said, "The trip also benefits all Providence College students by acting as an example of how to use your college education to approach the rest of the world. We need to understand different cultures, and this comes from appreciation of history, the arts, sports, food, language, and tradition, all of which are integrated into these educational trips. It is about both having the experience and continuing to learn about the world around you."



Students enjoy themselves at Dublin's Oldest Pub, the Brazen Head.

PHOTO COURTESY OF ALLY LOUNGO '18



Students were given the chance to visit the Emerald Isles while on the trip.

PHOTO COURTESY OF BETHANY FRANKLIE '18



Marlena Forrester '18 poses in front of the Ring of Kerry while in Ireland.

PHOTO COURTESY OF MARLENA FORRESTER '18

# Bake Sale Raises Money and Awareness of Gender Inequality

## Women Will Fights the Pay Gap through Cookies for a Cause

by Patrick Lovett '17  
News Staff

EVENTS

If you were walking through the Slavin Center this Monday, March 7, chances are you saw a table offering baked goods for sale—with rather discriminatory prices attached. Women were pleased to see they could buy a few cookies or a cupcake for 77 cents. Men, however, had to pay a little more: a full dollar for the same items.

Through these baked goods, Providence College's Women Will club was able to demonstrate the similar—and far more serious—issue of the wage gap. Females earn 77 cents on the male dollar, a disheartening statistic that Women Will hopes to change by raising awareness and money.

Colleen Gardner '16, Women Will president, explained, "Through this event, we hope to not only educate PC students, but also raise money for The Wage Project, an organization that helps to educate women and provide them with skills to compete in the male-dominated working world."

In addition to the lesson taught by the varying prices for baked goods, posters surrounding the bake sale demonstrated gender inequality through facts and figures from the working world. For instance, one poster read, "Over the

course of her career a woman working full-time in the U.S. will lose \$431,000 because of the wage gap."

Pointing out the numerous posters, Gardner said, "Educating on gender inequality is especially relevant for 60 percent of this school, but for the guys too, it's important to be educated on the real challenges facing women."

As a senior, Gardner was also quick to note how the reality of gender inequality is rapidly approaching her fellow classmates. "For women that will be graduating and entering the workplace in a short time," she said, "these numbers will become a reality."

By the end of the day, Women Will member Kristen Rezuke '18 positively reported, "The bake sale went really well. We made a decent amount on the day and a lot of people that came said they learned from it."

This is not, by any stretch, the first event Women Will has put on. Yet, despite the club's prevalence and its numerous members, Gardner acknowledged that it is a lesser-known group on campus. "Somehow," she said, "we still fly under the radar."

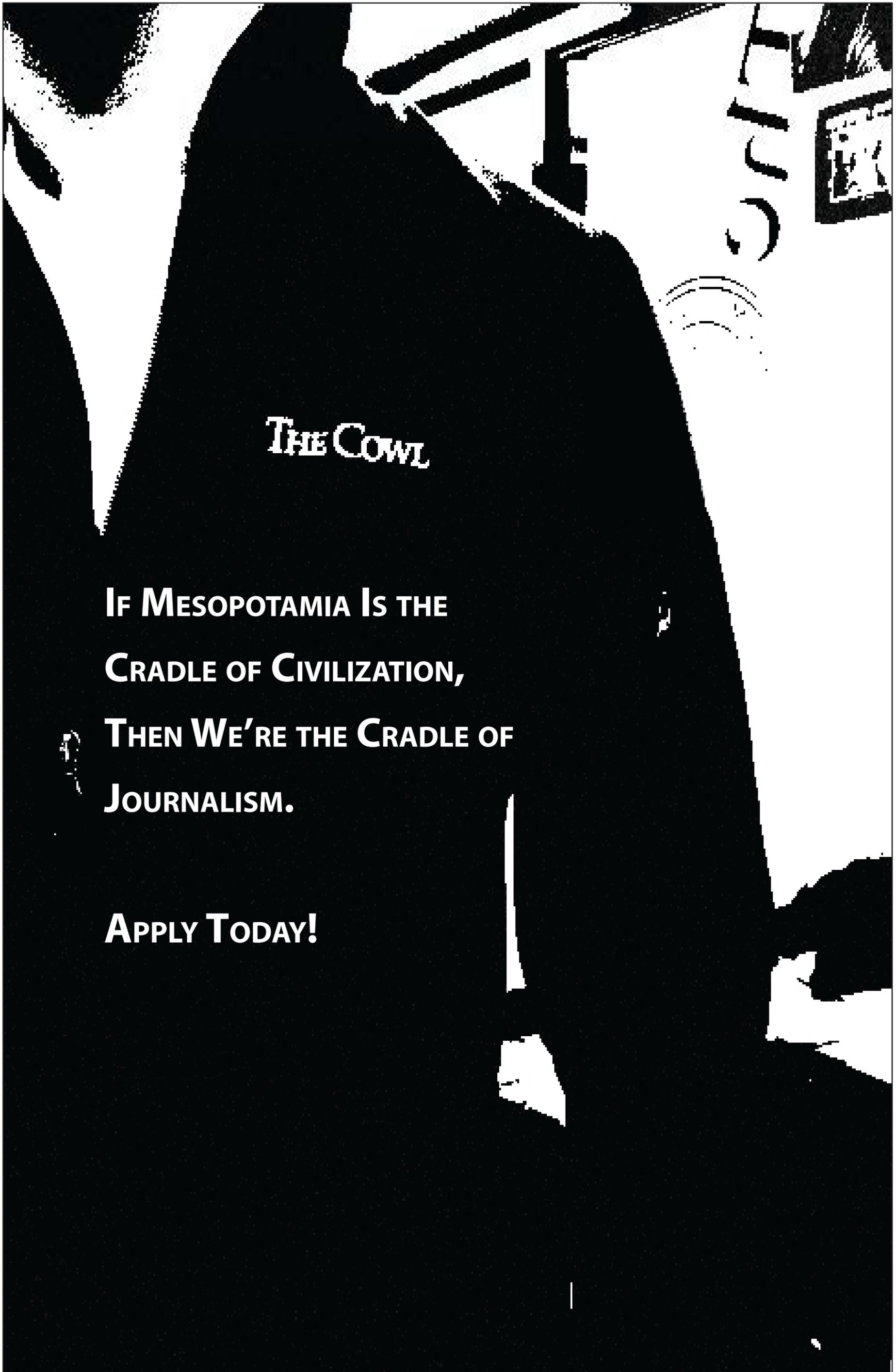
Those interested in women's issues and participating in future events like this are encouraged to join Women Will. Club meetings are at 8 p.m. on Wednesdays in Feinstein 403.



Members of Women Will sold baked goods in the Slavin Atrium to raise pay gap awareness.

KRISTINA HO '18/THECOWL

PHOTO COURTESY OF WASHINGTONPOST.COM



**THE COWL**

**IF MESOPOTAMIA IS THE  
CRADLE OF CIVILIZATION,  
THEN WE'RE THE CRADLE OF  
JOURNALISM.**

**APPLY TODAY!**



# OPINION

## New Diversity in DWC

*A Response to Dr. Anthony Esolen*

by Edward Walrod '16  
Opinion Staff

### DIVERSITY

If you are like me, you come from a mixed background of eastern and western cultures. I was born and, for a time, lived in Seoul, South Korea, with my Korean mother and my white, American father. Part of my eastern heritage was heavily influenced by the Confucian-Judeo-Christian principles that both my parents tried their very hardest to instill in me. One such principle was near absolute obedience to your elders, such as parents, grandparents, teachers, peers, and professors. To question or even spark debate with a professor would, in my eyes, cause extreme dishonor to both me and the professor in question. Thank you to my peers at Providence College who taught me that questioning is fine and should be encouraged – which is why, in light of criticism I know I will receive from my peers and academics alike, I would like to examine Dr. Anthony Esolen's recent article regarding proposed curriculum changes to DWC in light of recent protests.

This shouldn't be taken as an attack on Dr. Esolen. Certainly he is a professor of great expertise whose primary concern does seem to be

for the betterment of his field and its students. That is why all arguments must be framed as such: What furthers our students and our fields of study in order to discern our truth? It is by this standard that I truly believe DWC is fantastic. It seeks to equip students with previously unknown or unexplored knowledge and concepts in order to understand ourselves and apply it to our fields of study in our search for truth.

Yet the further I progressed in my college studies, the more I realized how lacking DWC was. Much of Dr. Esolen's article and other opponents of curriculum changes use the argument that there is already so much to learn that adding in Eastern, African, and other civilizations would further dilute and take away from the current course's already stretched resources. Dr. Esolen is right insofar as adding other civilizations may indeed stretch limited time further, but under that standard, why learn anything in DWC if it is so incomplete to begin with? DWC lacks depth not because we can't dissect every minute detail of Kant (no one ever has); it lacks understanding because it currently does not work in tandem with how its own philosophies developed. Only after examining Eastern and African philosophies can one truly understand works such as Aristotle. DWC doesn't teach you that

many Roman Emperors were African, not Italian, and, depending on which professor you took, DWC gave you a very apologetic view of Bartolomé De Las Casas (who begged for the end of Native American slavery in favor of African slavery).

DWC in its current form cannot equip us to seek the truth in its entirety because it does not acknowledge the truth in its entirety. The benefits of a more diverse understanding of other civilizations and their interactions with the West is not only to the benefit of us "narcissistic campus diversity activists"; rather it is for the betterment and further understanding of Western civilization itself. We cannot understand the foundations of the West without knowledge of its interactions and cultural adaptations from Eastern, African, and "New World" civilizations. We fail to understand our western foundations because we do not know how they formed.

The article further demonizes the calls for greater curriculum diversity by pointing out that said activists hold double standards as to what constitutes diversity (a Latino writer in the U.S. is considered proficient, but the old pagans of western Europe are not). The difference is that the majority of what we learn is from those who have traditionally held power:

rich, white males. Diversity seeks to bring in different perspectives from those who have traditionally defined the parameters of holding power or influence. Under this definition, learning about pagan Vikings may qualify as history but is of questionable diversity in the larger context. As for the accusation of a politically motivated faculty Senate, I believe the purpose of that statement was to undermine the core of faculty members who stand with students in seeing curriculum issues. This also vastly undermines professors whose area of study is not in Western thought or civilization.

I do want to remind everyone of this, though. The arguments made should not be whether diversity is of value. They should instead focus on how to best achieve diversity here at PC in a manner in which all students feel welcomed, safe, and included. Step one is to teach all of our histories and how they interact in hopes of further understanding what truths are relevant to this continued discourse.

PHOTOS COURTESY OF WORDPRESS.COM

## An Alternative Spring Break *Why You Should Build Instead of Beach*

by Francis Hannon '17  
Guest Writer

### SPRING BREAK



Megan Yaeger '19 and Annie Butler '19 pose during demolition.

Each year, Providence College teams with Habitat for Humanity to participate in the Collegiate Challenge, a nationwide movement in which universities across the country send students to work with Habitat for Humanity during their spring break. This year, Providence College sent 12 groups of 10-15 people, a showing that compares closely in size to universities with much larger populations, which club President Emily DiRenzo '16 says "should be surprising, but makes total sense after witnessing the dedication and passion that all of us at PC have to help and serve others." With help and coordination of Campus Ministry, the Providence College chapter of Habitat for Humanity provides students the opportunity to go out and do some meaningful service while bonding with peers whom they may have never met otherwise.

I had the pleasure of taking the trip this year, and spent a week in Kittanning, Pennsylvania, working on refurbishing a house for a family to eventually move into. My group stayed in a local church, and had all of our meals generously prepared for us by the local affiliate working for Habitat for Humanity, as well as a host of local churches. Each day, after a long workday, we were received by kind and joyful hosts in churches across the town who had taken the time to cook for us. It was moving to be received with this immense generosity, being welcomed into the town with open arms. Each evening, we would go back to our temporary home tired but satisfied, and reminisce with our new friends about how the day had gone. Though we were tired and not sleeping at home in our beds, there was a feeling of

contentment that only comes through knowing you have done something worthwhile with your day, which we could not have gotten from a leisurely day spent at home.

While students choose to go on Habitat trips for a variety of reasons, all seem to come away from the trip with a few common sentiments. Megan Yaeger '19 described her desire to go on the trip by saying, "I wanted to take the opportunity to meet new people from PC while making an impact on the community." She described her experience on the trip by saying, "I absolutely loved my week spent in Kittanning and can't wait to continue with Habitat next year. It was awesome to see how the group of us could come together to accomplish so much and create amazing new friendships on the way." Yaeger's commentary reflects some of the commonalities students often feel in going on Habitat trips. Students experience a sense of satisfaction that, in a very small way, they personally helped someone else. Their physical work on the house had an actual, measurable impact in making someone's life better, regardless of how small it seems on a larger scale. Another benefit as Yaeger describes, is the bond students form with their peers through shared service. In just a week, they experience these feelings intimately, and return to school with more friends at PC than they had when they departed.

Habitat for Humanity is not a week on the beach or in bed; it requires work over spring break. But it has rewards which are unique and perhaps more meaningful than some of the things you could be doing over spring break. I am just glad to have had this opportunity, and I hope others will also consider this trip for the future if they are looking for something different to do during their spring break.



Kittanning group first enters the house and realizes that there's a long way to go.

PHOTOS COURTESY OF LIV D'ELIA '19

# London Town Friar

## *A Different Approach to Education*

by Carolyn Walsh '17  
Asst. Opinion Editor

STUDY ABROAD

As I write this, it is hard to believe that I am already nearly two months into my semester abroad in London. The city is starting to feel like home, somewhere I feel completely comfortable and confident belonging. Coming to this midway point in my experience abroad has provided me with an opportunity to reflect on what I have come to learn from living the life of a university student in London. Last week, as the students of Providence College enjoyed their spring break and got their tan on, across the pond it was "reading week" at my university.

Even though I had no classes, my professors made it clear that this week was not just a break: it was meant to allow us students time to catch up on required reading and to start preparing for end of term coursework and exams. As much as I loathe the pressure and stress of semester finals at Providence College, I did not realize just how different it would be at a U.K. university. One difference is that my

coursework and exams will count for 100 percent of my grade in all of my classes. In general, though, I have learned that the Brits seem to have a distinctive approach to education altogether.

The U.K. education system is known for emphasizing depth over breadth. As students rarely take classes outside of their majors, there is more opportunity for acquiring deeper knowledge of a chosen subject. Academic life is highly independent: students' one job is to do the required reading and there really isn't anybody checking to see if they did or not. The idea of one exam or one essay counting for your entire grade revolves around this standard of self-independence and reflection. Constant assessments like quizzes and projects are not features

of a typical British classroom, but working toward only one assignment helps to further strengthen analytical and critical thinking skills. Having been immersed in the U.K. system for nearly two months, I feel that it does have a lot of advantages. Rather than feeling overwhelmed by non-stop work, I feel that I have more time to absorb my readings. Also, the emphasis on independent study has challenged me to be more self-motivated.

With those advantages, I also feel that there are some disadvantages as well. Having your grade defined by one essay or exam seems a bit intimidating. More so, being locked into taking classes only toward your field of study squanders the chance of experiencing a diverse and creative education.

Although education style might not be a language universally shared between the U.S. and the U.K., I know I am lucky I get to experience some of the best of what both countries have to offer.



PHOTO COURTESY OF GETYOURGUIDE.COM

# Activism Across The Pond

## *Americans Should Be Aware of International Politics*

by Sarah Kelley '18  
Opinion Staff

SPRING BREAK

After spending a week abroad in Ireland with Providence College for spring break, I came back to campus in awe of everything I had seen and experienced. From the rich history of Dublin and the natural scenes of Glendalough and Killarney to the scenic views around the Ring of Kerry, the Emerald Isle definitely amazed me with everything it had to offer.

Yet amidst the sightseeing and super-touristy photo-taking, I was also amazed by how much more politically active and involved the young people of Ireland seem to be compared to me and other PC students.

During our first night in Dublin while walking around the city, not only were Irish students vocally discussing their own politics (with the recent parliamentary elections having just taken place)—they also began discussing with PC students (once they realized we were from the States) the state of American political affairs.

After being asked where we were from, a friend of mine answered Vermont. Immediately the Dublin students who we were talking to cried, "Bernie Saaanders!" and began asking about the politician and his platform. Similarly, when another PC student answered she was from New Jersey,

a student from Dublin began to talk about Chris Christie and his political views. The Irish students even mentioned Donald Trump's name during our discussion of possible presidential candidates.

Should I have been so amazed by how knowledgeable the Irish students were about American politics?

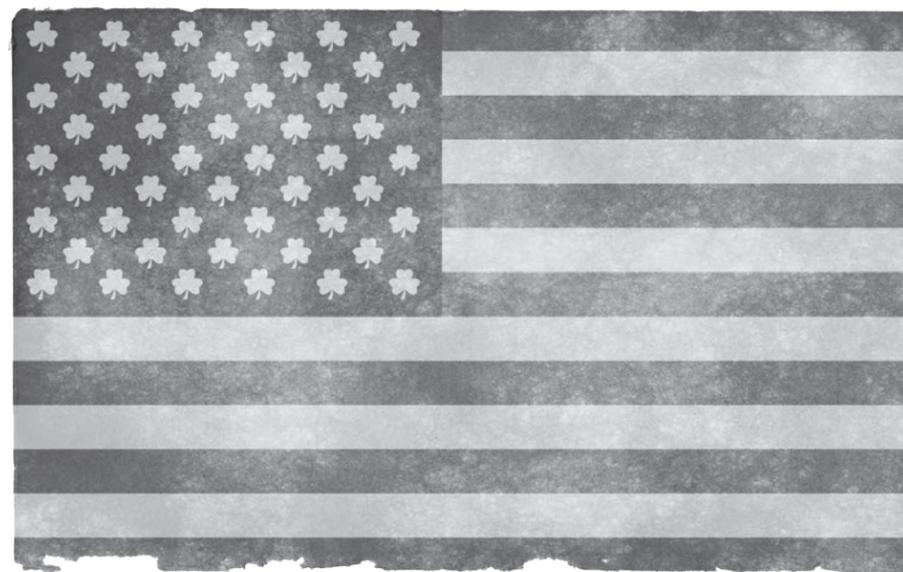


PHOTO COURTESY OF WORDPRESS.COM

Maybe, maybe not. On the one hand, they demonstrated an active and eager involvement within the political affairs of their own country—something that most young people in the U.S. would agree is a necessity, especially with the

presidential primaries underway. But on the other hand, these Irish students' political knowledge was not limited to their own country.

In recognizing various American political figures and their parties, and in questioning their views and platforms, the young Irish people I met that first night in Dublin

that parliamentary elections had just recently taken place, nor did I know any major Irish political figures or even the leading political parties of the country. And amongst other students on the trip, I don't believe I am alone in admitting this.

Perhaps I am biased or misguided in saying this, but the young Irish students we met truly did seem so much more politically knowledgeable and active—not because they were so passionately involved in their own national politics, but because they had such a strong grasp of the current state of American political affairs as well. This discovery of Irish students' political knowledge not only provided another aspect of Irish culture that amazed me, but also made me question our own culture in terms of what sort of political knowledge we value more than others.

While I cannot deny the importance of having a strong grasp of the state of our own political affairs, maybe some of us can learn something from these Irish students in recognizing the value in understanding other countries' politics as well. Not only should we value the importance of being politically active within our own nation, but we should also begin to foster a greater awareness of politics abroad as well.

seemed to possess a broader political understanding than many of my fellow PC students.

Although I can say that I try to keep up with our own national politics, while visiting Ireland I had no clue

# Taunting Rhetoric Takes Over Media

## *Distracts During Presidential Race*

by Matt Tinsley '16  
Opinion Staff

POLITICS

“Donald [Trump] is not going to make America great again; he’s going to make America orange!” joked Senator Marco Rubio to a laughing crowd in Virginia last week. Rubio was, of course, referring to Trump’s spray tan, which has turned the Republican candidate’s complexion a tinge of orange. Such childish and lowbrow humor, heard mostly in schoolyards at recess, has certainly found a home in our culture today. While taunting and name-calling are hardly new phenomena, they seem more common and widespread than ever before. We find insulting discourse exchanged between our athletes, musicians, and now, sadly, our presidential candidates. This article asks, what role ought mockery play in our culture? If insults and put-downs are more public and common than ever, what might that say about our attitudes as a people?

Consider a few recent examples of mindless name-calling and taunting in our culture. Two mixed martial arts fighters, Connor McGregor and Nate Diaz, fought this past Saturday night in what was a record-breaking night for the Ultimate Fighting Championship. Millions of fans tuned in to watch the fight, and millions were paid to each fighter at the night’s end. The insults exchanged by McGregor and Diaz in the weeks leading up to the fight doubtlessly contributed to the record viewership. At a press conference in Las Vegas, McGregor insulted Diaz,

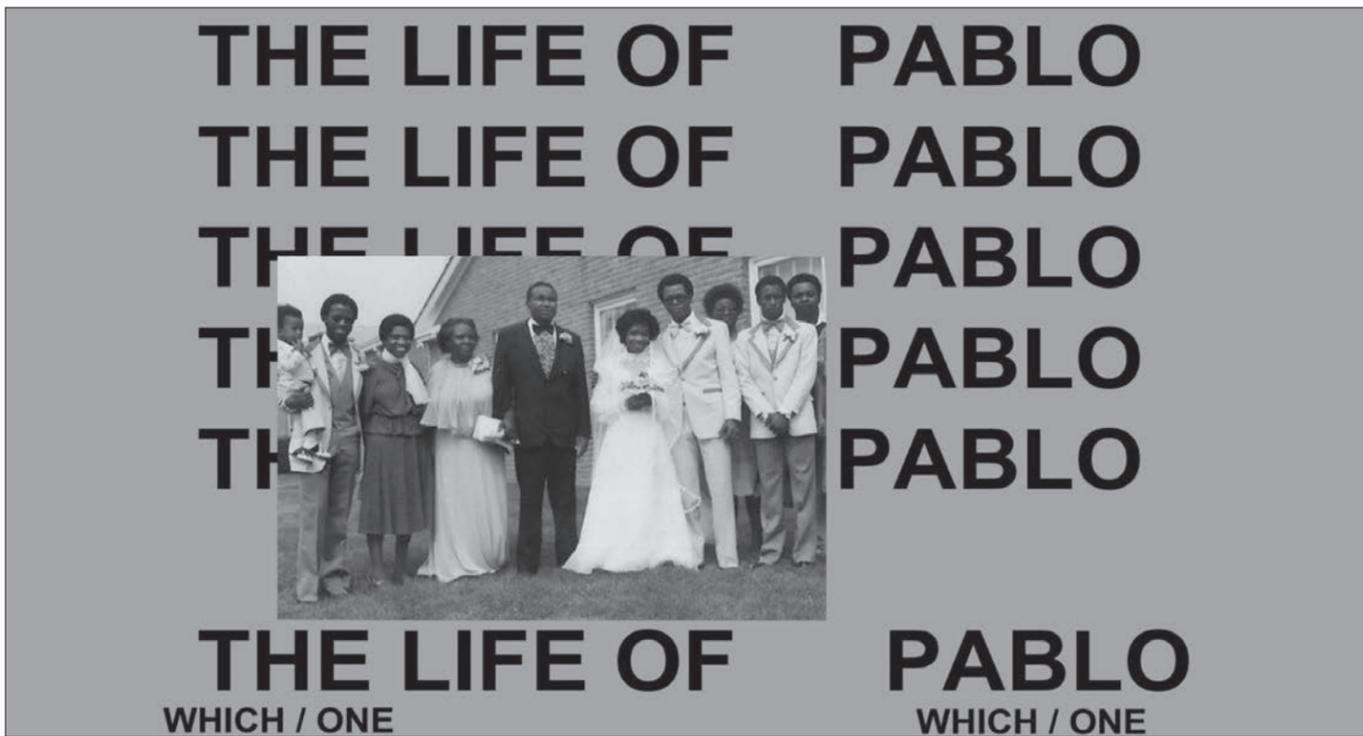


PHOTO COURTESY OF IMAGES.VICE.COM

calling his tough-guy persona “fake” since he coaches kids’ Jui Jitsu and enjoys biking as a hobby—the crowd went wild. McGregor also poked fun at Diaz’s “low” income, which was nearly \$40,000 for his last fight. None of this mockery has anything to do with their professions as fighters, yet still we see name-bashing and taunting.

In his most recent album, *The Life of Pablo*, rapper Kanye West takes aim at Taylor Swift. West claims that Swift owes her success and notoriety to him, namely because of the famous incident at the VMA Awards in 2009, in which

West interrupted Swift during her acceptance speech. Swift fired back at West during the Grammy’s this past month, suggesting that the rapper’s claim was false, self-serving, and, perhaps, misogynistic. Though this exchange of insults is entirely irrelevant to their artistry and talents as musicians, it seemed to dominate the most popular headline from the awards show.

And now, we find similar taunting and slandering in the rhetoric of our presidential race. We have candidates, who are expected to lead our nation and set an example of professionalism

and integrity, speaking about the hand-size of competing nominees. The effect of this name-bashing is that the candidates become more like celebrities, comedians, entertainers—the attention is on their humor and showmanship, and not their policies. While argumentation and disputation are critical for progress, they must not be reduced down to a mindless exchange of jabs and put-downs. The stakes, namely the welfare of our country, are simply too high for us to be distracted in this presidential race.

# The Effectiveness of the Facebook Politician

## *No Post Can Replace The Vote*

by Daniel Barton '18  
Opinion Staff

POLITICS

Every four years, when the presidential elections come around, Americans everywhere look to any and all available resources in order to decide which candidate deserves their vote. Traditionally, those resources were limited to media outlets such as newspapers and TV, resulting in most people being relatively private about their views beyond a simple yard sign or bumper sticker. With the outbreak of social media outlets, particularly Facebook, people, especially young college-aged adults, are getting more and more public and are seemingly becoming more and more active in their political beliefs. Is this a good thing?

Sure, young people becoming more politically active is promising for the future of our outstanding nation, but is using social media as a source really the best means by which this increase in activity should be achieved? For example, while cable news stations such as FOX, NBC, and CNN are accused of being wildly biased, there is no denying that a privately run Facebook page that claims a political agenda is free to exhibit much more bias with fewer credible sources that must back them up. This results in the spread of one-sided information that,



PHOTO COURTESY OF AMAZONAWS.COM

more often than not, is a feeble, shaky attack on the opposing parties’ views.

This new aged version of political activism leads to young people’s minds getting too drawn in to one side of an issue; they lack a good understanding of certain issues as a whole. For example, a Facebook user could, and often does,

follow various pages and people that only strictly agree with their views. This puts the next generation of future politicians in a tough spot in regards to dealing with one of Washington DC’s biggest problems: bridging the wide gap between parties and their corresponding beliefs.

Another big issue with this phenomenon is that some young individuals take their ability and willingness to express their feelings toward certain candidates as a replacement for giving them their vote. People can litter their friends’ Facebook News Feeds with videos and memes that compare Donald Trump to Hitler or call Hillary Clinton a rotten liar all they want, but there is simply no replacement for getting out there and voting come election day.

“I go to school in a different state” or “My vote will never count” are common excuses given by these Facebook politicians, but setting up an absentee ballot is definitely not as time consuming as finding a picture that perfectly describes how you and Bernie Sanders both share the same views on immigration.

The political climate is heating up again, and a lot of things are expected to change in Washington come next year. One thing that is guaranteed not to change, though, is the fact that Facebook shares and pictures about “what the Second Amendment means to you” will never actually count for anything on election day.

Showing support for your candidate is great, but it means nothing if you are not actually casting your vote for them, so put your phone down, put your computer away, and get out there and vote!

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The Cowl is committed to accuracy and carefully checks every article that goes into print to ensure that the facts are presented clearly and truthfully. If you find an error in any article, please email the Editor-in-Chief at editor@thecowl.com. Corrections will be printed as necessary.

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# With Great Power Comes Great Transitions

by **Gabriella Nigro '16**  
Associate Editor-in-Chief

EDITOR'S COLUMN

I start every editorial in exactly the same manner. I talk about a current holiday or event, I stray away from



the politics, and I always emphasize the jarring amount of time left in the semester. I have successfully created the perfect algorithm to whip up my bi-publication pieces in no time on Wednesday afternoons.

It is therapeutic, in a way, to sit down and write under pressure—about anything at all. Kathleen and I get no prompts, no guidelines, and no suggestions. Perhaps sometimes I forget that I have the power to write whatever I so choose (tastefully), and no one can stop me. As Uncle Ben said in Spiderman (Toby McGuire, not the new guy...), "With great power comes great responsibility." Although Kathleen and I are only one mere aspect of the entire paper, it is our duty to make sure this ship does not sink. Yes, we rigorously check content and make sure every article remains stimulating yet respectful, but we try not to patrol. We let our writers and section editors freely cultivate their own individual ecosystems to what best suits them. Yes, at times we get incredibly controversial topics, and sometimes we have to pull pieces; but

what good is a paper if it does not get kids talking? I mean, that's why we publish pieces on Clinton v. Trump, am I right?

Kidding...

And as this year wraps up with a whopping seven more weeks until the last day of classes, new hands start to trade places. The learners become the teachers and the underclassmen become upperclassmen. Staffers become presidents and executive board members, and then in no time at all, those new leaders must find their replacements. It is incredible that from 18 to 22 years old, we experience the process that we will continue to witness for the rest of our lives.

Kathleen and I are in the process of choosing leaders to take our spots before May. No, this isn't my "It's going to be so hard to let go" editorial ... But it's getting there. Yet, I look at the applicants, no, the amazing people I have learned to work and befriend, and I know that insofar as it will be difficult to leave, every rising leader inherently knows their power.

# TANGENTS & TIRADES

*Make Yourself  
Heard and Vote*

By now we are well into the primary election process leading up to the presidential election this November, and all anyone seems to be talking about is the election and the candidates. With such a polarizing and controversial batch of candidates, many are venting their frustration or anger at what the country may look like this time next year; however, there is one easy way to have your voice heard: make sure you vote.

It may seem simple, but every year people don't vote, citing laziness or a lack of candidates that they like as reasons to abstain. According to the U.S. Census, only 62 percent of citizens voted. But these are not excuses. If all of the people refusing to vote actually went out to the polls, they could enact real change.

People might say that their one vote does not count, but according to Boston.com, in the town of Methuen, Massachusetts, Bernie Sanders won the Democratic primary by just one vote. Also, even if one individual vote may not seem to count, if no one voted nothing would happen at all.

Voting for the leaders of our country, in both presidential and local elections, is an important part of being in a democracy and is an important way for everyone's voices to be heard. So even if you missed the primary elections, make sure that next November you get yourself to the polls.

- Taylor Godfrey '19

*We Need More  
Macaroni*

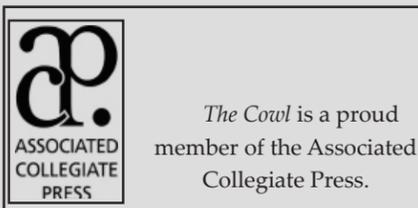
Whether you are three or 73, it is safe to say that most people love their macaroni and cheese. It is one of the first real foods we are given when we are children, but it is also a food that we never truly move on from, even going into our adult lives. Ray has only served this cheesy, delicious dish twice so far this academic year, which is quite a disappointment to all the mac and cheese lovers on campus—and it is safe to say there are many of those. It does not seem like a request that is asking for too much. Mac and cheese is quick and easy to make and can certainly be prepared in large quantities without too much effort. Sure, students can simply bring their own microwavable bowls, but it just is not the same. Not to mention that the picture of the nice big bowl of cheesy pasta in Alumni is a little deceiving, considering the fact that they do not even serve it as a food option. It does not have to be served every week, but waiting months and months for mac and cheese to appear on the menu seems a little unfair. If mac and cheese really must be a rare occasion, then perhaps it could at least be a monthly or bi-weekly occurrence. After all, people love their macaroni.

- Hannah Paxton '19

*Join The March  
This April*

As our first March break comes to a close, the second one is right around the corner. Not only do we have Easter to look forward to, but right when we get back, students at Providence College have Relay for Life. Beginning at 6 p.m. on Friday, April 8, the doors open and students begin to pour in for this spectacular event. Not only is Relay for Life an extremely great charity organization that donates the money to cancer research, but the event itself is such a fun time. Students can spend the entire night watching performances, such as singing from the a capella groups, dancing with Zumba instructors, and shows from the Dance Team, Dance Company, and pretty much every dance organization at PC that you can think of. My favorite part of Relay for Life, however, is walking around the track in the gym; for each lap you complete, you get to add a bead to a bracelet. This is something material that you can always physically have with you as a reminder of how many laps you completed for cancer. Also, as you travel along the path, there are exciting booths set up every few feet, such as face painting and dress-up photo booths. As of today, 54 teams and 278 participants have signed up, and about \$14,989.00 has been raised. It is only \$10.00 to register and the amount of memories you gain makes this price 100 percent worth it a million times over. I want to urge freshmen, or even first time participants at PC, to get a group together and sign up. Don't feel as though you need to know someone who had cancer to be a part of this experience. All are welcome and all are appreciated.

- McKenzie Tavella '18





# PHOTOGRAPHY

The Cowl 11  
March 10, 2016



ANDREW BUTLER '16/ THE COWL



KIMBERLY LEZAMA '18/ THE COWL



KRISTINA HO '18/ THE COWL

**ABOVE:** Alyssa Rizzo tells students about how she overcame difficulties to become a successful woman in the business world, sponsored by PC Women in Business.

**BELOW:** Professors and students gather to discuss and increase awareness about the wage gap and gender inequality in the workforce, sponsored by BOP.

**BOTTOM RIGHT:** Students gather to support the Men's Basketball Team for the Big East Tournament, sponsored by Student Activities.

**TOP LEFT:** Students have the opportunity to learn about cancer, Relay for Life, and how to participate in the event, sponsored by Colleges Against Cancer.

**TOP RIGHT:** Students view the film *Undocumented* and discuss the difficulties that come with immigration and citizenship, sponsored by Office of Institutional Diversity.

**BELOW:** Students gather together, enjoy coffee, and learn how to get involved on campus, sponsored by Urban Action.



KRISTINA HO '18/ THE COWL



KRISTINA HO '18/ THE COWL



KIMBERLY LEZAMA '18/ THE COWL



# PROVING PHOTOGRAPHY

## *What is your favorite drink at Dunkin' Donuts/Starbucks?*



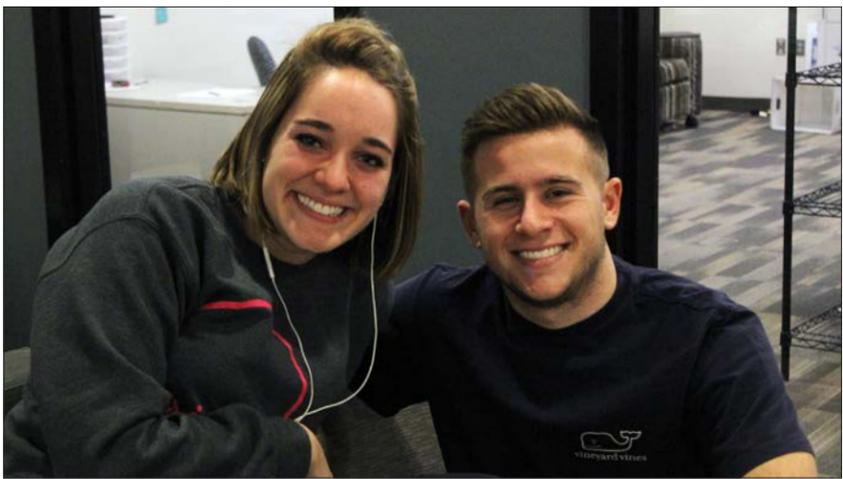
*"Iced dark roast with cream, sugar, and caramel."*

Michelle Ea '16



*"Water with two ice cubes with lemon."*

Justine DeVerna '18 and Brendan Delia '18



*"Iced coconut mocha with cream and iced latte with whole milk, caramel, and coconut."*

Delfina Mancebo '18 and Mark Stutzmann Jr. '18



*"Caramel macchiato and iced coffee with vanilla swirl."*

Chris Campanelli '19 and Liz Petretti '17



*"Mocha frappuccino and iced coffee with cream and sugar."*

Dan DeMauro '19 and Peter Jacques '19



*"Frappuccino, frozen hot chocolate, and iced coffee."*

Nhat Vo '19, Matthew Gentile '19, and Brian Sailer '19



*"Iced Coffee."*

-David Ortiz

PHOTO COURTESY OF WWW.ESPN.GO.COM



## MythBusters Goes Out With a Bang

by Ryan Cox '18

A&E Staff

TELEVISION

After 14 years on the air, 248 episodes, and over 1,000 myths, *MythBusters* finished their run in a way that only they could: a 5,001-pound explosion of ANFO, the largest in the show's history. The show became known for its often gratuitous explosions and skillfully built rigs to test the myths and urban legends the team was presented with.

Hosts Adam Savage and Jamie Hyneman, along with "Build Team" Kari Byron (who replaced Scottie Chapman after season three), Grant Imahara, and Tory Belleci, have received consistently positive acclaim for their entertaining approach to the scientific method. *MythBusters* made science fun and applicable, inspiring children to explore careers in science and technology. The addition of Chapman, and later of Byron, also helped girls relate to the show; as Savage discussed in a reunion special that aired after the finale, they have become especially interested in science.

Although the cast has become close after 14 years of filming, Savage and Hyneman admit that the success of *MythBusters* has come largely from a mutual respect, more of a business partnership than a friendship. In an interview with *Business Insider*, Savage said, "We don't get along very well together on a personal level...Jamie and I might argue back and forth about how to execute something, but the simple fact is that I know by the end of the day that he'd get it done, even if I wasn't there, and he knows the same about me."

The relationship between the two hosts made for great television as well; Savage's bursting excitement and enthusiastic personality contrasted with Hyneman's dry, matter-of-fact personality, creating an almost comedic duo.



MythBusters crew from left to right: Karl Byron, Jaime Hyneman, Adam Savage, Tory Belleci, and Grant Imahara. PHOTO COURTESY OF EARNTHIS.NET

The *MythBusters* are frequently asked to give presentations for talk shows and college campuses, and were commended by President Obama for "inspiring so many of our young people to ask the big questions about our world," as he told the cast in a recorded video shown during the reunion special.

Despite all of their honors, the most humbling moment that the cast experienced was when they learned that one of their experiments saved a mother and her daughter from drowning in their car in 2007. Theresa Booth hit a patch of snow while driving and skidded into the water. As the car was filling with water, she resisted the urge to push her way out of the car. Instead, she remembered from a previous *MythBusters* episode that waiting for the exterior pressure to equalize with the interior pressure of the car while underwater would allow the car door to open easily. She waited for that moment, and she and her daughter swam safely out of the water. Byron

held back tears after watching the news story. "I don't know what to say to that. That's intense," Savage said.

As for what's next, Savage said in an interview with *Entertainment Weekly* that he would like to "do more television, both behind and in front of the camera." Hyneman will keep M5, his special effects company that served as the set of the show, in business. "I want to circle back to actually doing build projects where I don't have a bunch of film people in my way and manipulating what's going on," he told *Entertainment Weekly*.

But, *MythBusters* will not be going off air yet—the entire library of episodes will move to The Science Channel. For now, we say thank you, *MythBusters* crew, for inspiring your fans to investigate the world around them and for making scientific inquiry real, entertaining, and most importantly, fun.

# Introducing Zoella

*A look at Britain's most popular female YouTuber*

by Luiza Alves '19

A&E Staff

SOCIAL MEDIA

What started as a hobby and a fun way for 25-year-old YouTuber Zoe Sugg to display her love of beauty soon became her career and rise to stardom. Sugg began making videos seven years ago in 2009 at her home in Wiltshire, United Kingdom, after she turned 18 and experienced her first panic attack. Filming herself doing make-up looks and hauls became a way in which she exerted positive energy to keep the negatives from causing her stress.

Currently, Sugg holds the title as the first woman in the United Kingdom to reach 10 million subscribers. Her main channel, "Zoella," first named "zoella280390" after her birth date, is mostly fashion, beauty hauls, and "favorites" videos, which display her favorite products from the previous month. "MoreZoella," her second channel, contains daily video accounts of her life, or "vlogs."

Sugg currently lives in Brighton, the UK's second largest city, with her boyfriend Alfie Deyes, also a YouTuber, and her pug, Nala. In 2013, she was named one of Britain's most influential Tweeters by *The Telegraph*. Sugg has won numerous awards, including Nickelodeon's Kids'

Choice Award for "Favorite Vlogger" and the 2014 Teen Choice Award for "Choice Web Star: Fashion/Beauty"; "Zoella" is also YouTube's 50th most subscribed to channel.

Sugg signed a two-book deal with Penguin Books in 2014, which included her debut novel *Girl Online* that was released on November 25, 2014. The novel achieved the highest first-week sales for a debut author since records began in 1998, and as of December 2014 it was also the fastest selling book of the year. The sequel to the novel, *Girl Online: On Tour*, was released on October 20, 2015. Along with two best selling novels, Sugg has also launched a range of beauty products under the brand name Zoella Beauty. The bath and beauty launch was the biggest one of the year. She currently has over seven million followers on Instagram alone, and dedicates time to her online blog, zoella.co.uk, along with her two YouTube channels.

Sugg is considered to be a great role model for young girls and boys by parents in the United Kingdom because of her personal experiences of suffering from anxiety. She openly talks about her anxiety and seeing a therapist in her YouTube videos to promote the message of being one's self and facing one's fears. She has been named the first "digital ambassador" for Mind, a mental



British YouTuber Zoe Sugg.

PHOTO COURTESY OF STANDARD.CO.UK

health charity.

Her brother, Joe Sugg, also known by his YouTube channel's name "ThatcherJoe," has succeeded on YouTube as well. He has over six million followers on his main

channel, nearly three million on his second channel "ThatcherJoeVlogs," and over one million on his third channel "ThatcherJoeGames." YouTube seems to have done great things for the Sugg clan and their followers.

# Kendrick Lamar Drops Surprise Album

by Ryan Charland '18  
A&E Staff

MUSIC

Kendrick Lamar has had a big year. His last album, *To Pimp a Butterfly* (2015), was a critical smash, winner of the Grammy for Best Rap Album, and a close contender for 2016's Album of the Year. Not content to rest on his laurels, Lamar surprised delighted fans this past Friday with the release of *untitled unmastered.*

The new album is an odd beast. While most of its tracks are unused demos from *To Pimp a Butterfly*, they are fresh and varied enough to constitute a follow-up to that album. This is not Lamar rehashing last year's success in a cash grab.

*untitled unmastered.* takes the heavy bass lines and smooth sound of Lamar's previous effort and runs with it. Tracks like "untitled 05 | 09.21.2014." have a darker funk than most of the songs on *To Pimp a Butterfly* (an impressive feat), complimented by collaborators like saxophonist Kamasi Washington and Thundercat. In particular, "untitled 06 | 06.30.2014. (feat. Cee-Lo Green)" feels like Kendrick reached into the 1970s and pulled out the perfect instrumental for Cee-Lo's vocals.

This new release is not a concept album like *To Pimp a Butterfly*. Rather, these tracks were recorded over the course of several years, united by a similar sound rather than a lyrical theme.

Some tracks are less polished than others, with "untitled 07 | 2014-2016" standing out as a peek into the recording studio. There is a jarring jump from that track to the album's crown jewel, "untitled 08 | 09.06.2014." The track has some echoes of "King Kunta" in Lamar's vocals and the driving jazz beat, though it is a bit more upbeat musically. Thundercat's distinct bass drives the song along wonderfully, contrasting the rather downcast lyrics detailing a young woman's struggle to survive.

*untitled unmastered.* does not shy away from the sociopolitical issues that are central to Lamar's work. He rejects shallow songwriting, choosing instead to tackle poverty, inequality, the rap industry, and more in this short compilation. The combination of powerful lyrics and unique jazz instrumentals earned him his Grammy, and he is continuing to develop and evolve. If anything, *untitled unmastered.* is further proof that Lamar is one of the most interesting voices in contemporary rap.

Whether you consider it a mixtape, a demo compilation, or a whole new album, *untitled unmastered.* is worth a listen. The entire album is available to stream via Lamar's website, as well as for purchase from Amazon or iTunes. No physical release has been announced yet; Lamar is keeping his listeners on their toes. Although no new album is slated for release anytime soon, there may just be another surprise around the corner.



Grammy winning rapper, Kendrick Lamar.

PHOTO COURTESY OF VOGUE.COM



Socialite Khloé Kardashian making an appearance at 1 OAK Nightclub. PHOTO COURTESY OF SHOPYAH.COM

by Kelly Laske '16  
A&E Staff

CELEBRITY

When checking any of your social media outlets, it is hard to scroll without coming across an article or post on the Kardashian family. A majority of the comments following these posts are from people begging that the family disappear from their News Feeds. It is the materialism, the surgically altered faces, and the drama that is causing people to throw their hands in the air. With political changes and faltering economies all over the world, how is it that Kim Kardashian's pregnancy continues to get more buzz than conflicts in other countries? Most recently, the sister that has taken all of the media's attention is Khloé—the one sister who was always viewed differently for her relatable body type. In a matter of months, Khloé has completely slimmed down to an almost unrecognizable figure, ultimately putting herself in the same category as her other beauty and body-crazed sisters.

By writing this, I am ultimately working contrary to the issue of having too much unnecessary buzz about the family, but another side to the story of what Khloé is doing needs to be heard. Unlike the other sisters, Khloé has always had the most realistic body type. With the pressures of being a socialite in Hollywood, she always flaunted her

figure with her head held high. In many cases, she has revealed her body struggles and self-consciousness to the media remaining true to who she was. With stick-thin sisters like Kendall and Kylie who are often praised for their bodies, Khloé has been surrounded by women who are famous for the way they look.

Recently, Khloé has been appearing on magazine covers, Instagram posts, and television talk shows with an almost completely different body. While she looks absolutely stunning, it almost feels like fans have lost her to the dark side. Just last week, fans noticed that a picture she posted on Instagram was photoshopped to make her leg look thinner. Realizing that the media was already onto her tricks, she deleted it and posted the original photo again.

It is a debatable topic of conversation, because while you want to be happy for her for getting her body to a place she wanted it to be, you cannot help but wonder why she actually changed herself. Was it because of the pressures of the media or was it for her own personal health? Khloé has so many fans due to her outspoken personality and for showcasing that she does not care what other people think, but with her new figure and the attitude surrounding it, I cannot help but wonder if being a member of this body-obsessed and materialistic family is what ultimately changed her to fit that mold.

## The Rising Problem of Social Media Hoaxes

by Olivia Walsh '19  
A&E Staff  
EDITORIAL

Facebook is home to viral videos of dogs singing, fabulous foods that can be made in under 20 minutes, and highlights of Donald Trump's weekly absurdities; many people depend on Facebook for updates on their friends' lives, the current election, and Hollywood news. While we all know not to believe everything we read online, when something is shared by seemingly all of our friends it is hard to keep from believing that it could be true.

In the past few months, social media sites such as Facebook have been bogged down by hoax stories of celebrity lives. In particular, the links are more often than not from a site called "The McKenzie Post." These posts have claimed that Justin Bieber is moving to Oregon, Angelina Jolie and Brad Pitt are moving to Newport, Rhode Island, and, most recently, that Miley Cyrus is moving to Boston. While most people brush these hoaxes and links off and do not think twice about them, it is interesting and concerning to consider how easily lies are spread over the Internet. I personally assumed the news that Cyrus was moving to Boston was true, got very excited, and was eventually let down when I realized it was just another hoax.

While celebrity news is not that important in the grand scheme of things, "The McKenzie Post" highlights a real and terrifying problem with social media. Due to their millions of users, Facebook, Instagram, and other social media sites have become highly influential. Whether one admits it or not, what we see on the screen impacts how we think and what we perceive to be true. Maybe Angelina Jolie and Brad Pitt are not moving to Newport and the lie makes fans disappointed, but that does not cause any real harm. What it does do is make us ask the question: what other things on the Internet, perhaps far more serious, are also lies?

Indoctrination and propaganda are scary words that we tend to shy away from, afraid of seeming like either conspiracy theorists or anarchists. However, those things do play a role in our everyday lives. It is easy to be dragged into what everyone on the Internet is saying, but it is becoming increasingly important to think for ourselves and to not let the opinions of others influence our own too much.

"The McKenzie Post" may seem harmless in nature, and it probably is, but it brings up valid questions about social media as a whole and how it can impact our perceptions of the world. If people can believe a random Facebook post about Miley Cyrus moving to downtown Boston, there is no telling what else they will believe and hold to be true. Social media is a great tool that can be used for many positive things, but it also has the power to manipulate and twist the truth.



PHOTO COURTESY OF ALEXANDRAELIZABETHI.BLOGSPOT.COM

# Quantico Mid-Season Premiere

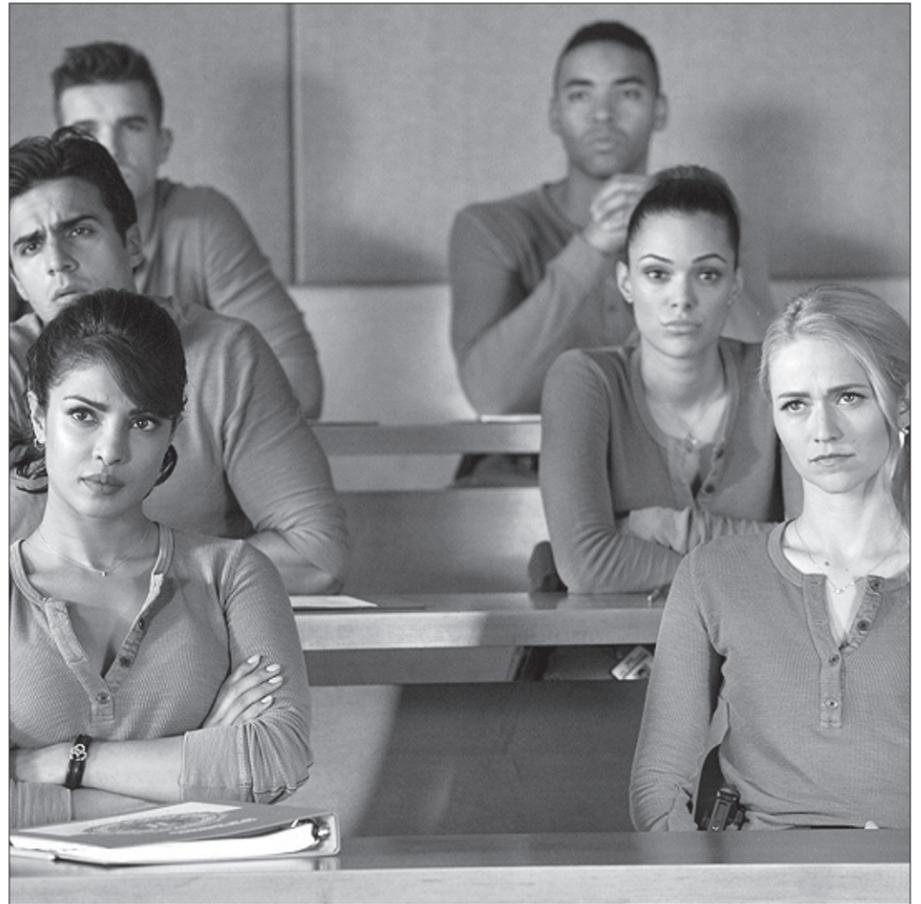
by Kealy Robertson '16  
A&E Staff  
TELEVISION

ABC's new show, *Quantico*, has captivated audiences across America. The show focuses on soon-to-be detectives for the FBI as they work to prove their worth in the organization. The show's main character, Alex Parrish, cannot catch a break as she tries to solve the mystery of who blew up Grand Central Station in New York City.

At the end of the winter finale, dramatic irony was created as the fictional world believed that Parrish was responsible for the explosion while the audience knew she was innocent. Sunday's mid-season premiere begins three months after another explosion, which took place in the last episode and killed 32 people. Agent Elias is determined as the man behind both bombs, and the FBI wants Agent Parrish to testify that Elias was the one and only mastermind behind the terrorist attacks; however, it seems as though Parrish cannot form those words, as she cannot believe that Elias could have acted alone.

With a range of flashbacks and present images, *Quantico* keeps its audience questioning what the truth is. Parrish cannot let go of the fact that Elias' last words before throwing himself out of a window were, "Tell her I thought I didn't have a choice." Elias' words have stuck with Parrish and ignite the elements she was taught to consider as a trainee: "Just because you don't find the evidence, doesn't mean there isn't any."

With Sunday's episode titled



Front and center, *Quantico* star Priyanka Chopra (left) and co-star Johanna Braddy.

PHOTO COURTESY OF TELEFILMADDICTED.COM

"Alex," it is evident that the main focus will be on Parrish and how she handles both the situations back at Quantico and everything that is occurring with the trial. It is also important to mention the smaller storylines within the episode, such as the interrogation of Charlie after his kidnapping, where it is obvious that he must be hiding something too. The relationship between Shelby and her conartist sister is still not

over and there seems to be another storyline developing between the two as Shelby is unable to let her fake sister go.

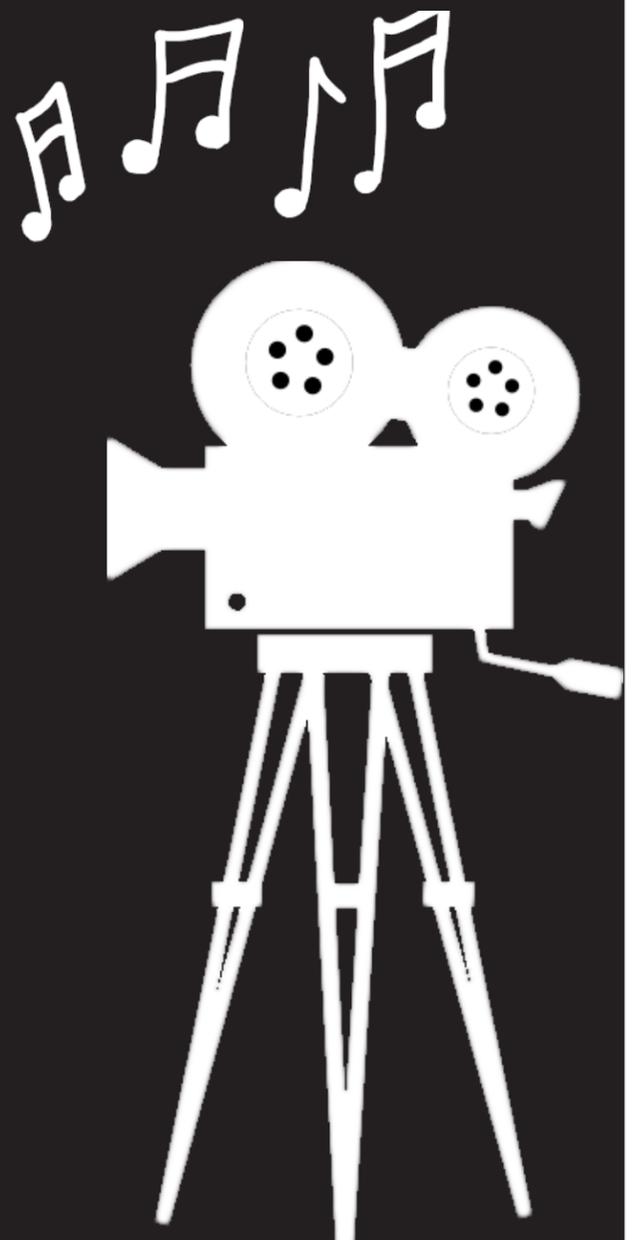
The spring season of *Quantico* will, without a doubt, be as riveting as the winter premiere of the show. The episodes will have to be closely watched in order to understand what will happen next and Agent Parrish will have to prove herself to the FBI as she acts on her own yet again.

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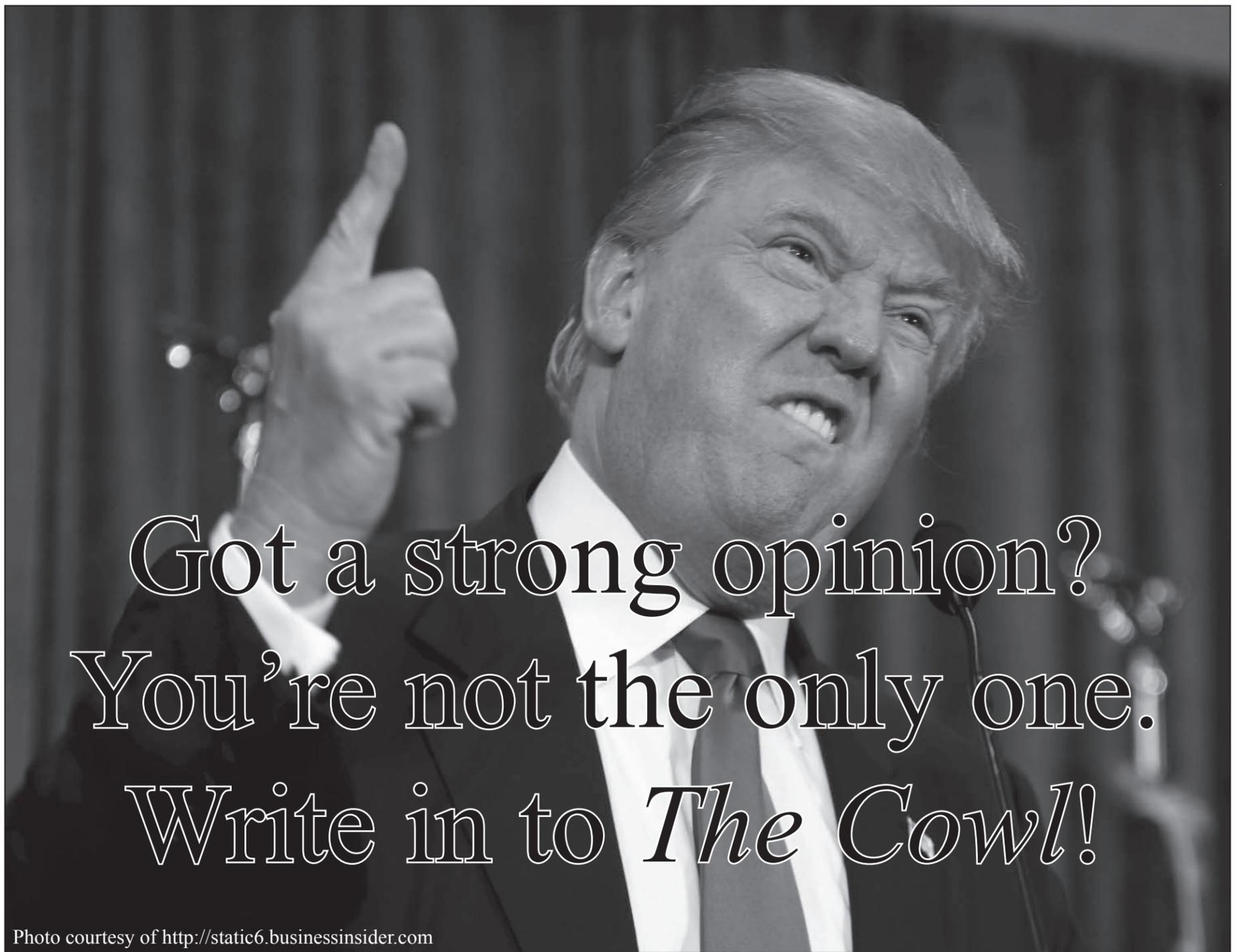
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Photo courtesy of <http://static6.businessinsider.com>



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# PORTFOLIO

The Owl 18  
March 10, 2016

## Gothic Tranquility

by Kate Mechem '17  
Portfolio Staff

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POETRY

---

tormented but brilliant.  
like an old familiar destination,  
you have made the journey here before.  
like angst before death.  
moments hanging from a high beam.  
young victims:  
insecurity, clear notions of what they hate.  
they appear less than sophisticated.  
a beautiful young optimist;  
loved everything life had to offer.  
licked her lips, revealing attack.  
placed her hands and leaned close.  
killed love devoted to controversy.  
effortless things learned the hard way.  
led to believe mistakes were capital crimes.  
compelled by the most gothic tranquility

*Dedicated to WHM II*

# A Night Out

by Matthew Farrell '17  
Portfolio Staff

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POETRY

---

Shadow craves life,  
Hollow shell of former self,  
Ego crushed,  
Membrane severed,  
Brain swells,  
Thoughts race in broken conscience,  
Bruises appear as apparitions,  
Nothing but a ghost with no spirit,

A body caught the eye  
Of an animal craving.  
A force brought fierceness bubbling over  
On top of the prey, salivating.  
Fear in her eyes  
And no way out.  
Surviving a vicious attack,  
An ordeal, yet after agony asked

"What were you wearing?"

PHOTO COURTESY OF CHRISTOPHER TRAN

# Chatter

by Branan Durbin '16  
Portfolio Editor

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FICTION

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Her ears pinpointed the friend's voice she was trying to listen to. She caught most words here and there, piecing together the story flowing past her into the air, something about a guy, or friends, or maybe work? Co-workers? Compatriots? Either way, she wasn't grasping enough to actually follow, so she just nodded and sipped her coffee and tried not to let her eyes wander.

Normally she could understand more, could feign fluency, but this place was so loud, the whirring of beans being ground, the collapsing of piles of plates and coffee cups into the back kitchen, and the door constantly squeaking open and closed with heavy footsteps in and out, with the bell above it constantly ringing at each departure and arrival, and the talking, all the people talking, with their voices of indiscernible chatter filling her ears like cottonballs and placing a glass wall between her and the friend on the other side of the narrow table.

Her thin fingers grasped the coffee cup more tightly, interlocking around it. She focused her eyes intently at the center of her friend's forehead, focusing, listening, straining, and yet looking more through her friend than at her, becoming more distant for her efforts.

"Do you want to go?" the friend asked, finally in words like music, loud and clear, a familiar melody to her tired ears.

She smiled sheepishly and nodded, and the two went through the ringing bell door and into the soothingly cold, empty February air.

PHOTO COURTESY OF CHALEERAT NG.

# DOGGED EQUALITY

by Dawyn Henriquez '19  
Portfolio Staff

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FICTION

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And as the wolves descended I knew. I knew that my life, the one I lived up to that point, was over. I knew that I would never be the same again. Who I was at that moment, who I was deemed to be, who I was fated to be—that person stopped existing, wiped away by pale hands and a minority of dark ones. And I had never been happier to know that my life was about to receive irreparable damage.

And as the wolves descended I knew that that moment was the freest I had ever felt as a person of color in a world that looked down on any pigmentation in one's complexion. Those wolves did not see a black man whom they were going to tear to pieces because of his color or where his family came from, they simply saw a man—a creature of the world who, just like them, breathes air, feels lust, and feels rage. They wanted to destroy me, rip my limbs apart and leave a trail of gore in their wake. I could see it in their predatory eyes, sizing up my shivering corpse.

And yet I felt more accepted among them, my soon-to-be murderers, than I would in a room of my fellow flesh. These wolves were going to kill me just as they would any other person, with or without melanin in their skin, because they understood what those others did not: we human beings are the same. Adrenaline seeped into my bones bidding me to run, but my mind was frozen in place. Magma spewed from the oppressed geysers of courage within me. Courage that had long been closed off by wrought iron fences that spoke of subliminal signs that said "whites only." At that point I was just watching; a pair of disembodied eyes witnessing the scene unfold in the dark.

My death? Inevitable, that much was clear. And somehow in the murk that was my mind I found a glimmering sliver of peace. I remembered the story of a poor soul who once found joy in pushing a boulder up a mountain for eternity, an unjust punishment, as the underworld, and the life he left behind, churned all around and above him. One must imagine the doomed man happy; one must imagine *me* happy, even if it took my death to feel equal to those who made me feel my life wasn't worth living at all.

PHOTO COURTESY OF TOMTOWN

# Listomania

## Spring Break: Expectation vs. Reality

### Expectation

### Reality

Apply for jobs related to your major	Scream about not knowing what you're doing with your life
See corners of the Earth that you've never seen before	See corners of your house that you never want to see again
Get a sweet tan on the beaches of Punta Cana	Get a sunburn from your computer screen
Listen to exotic music and dance in the night air	Get yelled at by your mom to take the trash out
Do homework and get ahead	Watch all of <i>Friends</i> on Netflix
Go with your friends on a quality-time getaway	Spend the maximum amount of hours available at work
Read a book for fun that you've been putting off	Read 12 different BuzzFeed articles about cats
Watch the Republican Debate	Watch three hours of bickering
Have a long, restful week to recharge and reenergize	Have a split second before going back to school

# FAREWELL TO SPRING BREAK

by David Martineau '18  
Portfolio Staff

POETRY

From a week-long spell of grateful rest,  
Free of the pains of essay, class, and test,  
Filled with travels from East to West,  
We return, some with joy, some in protest.

Gone are the days where we lay in the sun,  
Wasting our time in celebration and fun.  
With backs bent by books weighing a ton,  
We return, our brief rest over and done.

Class and seminar their routines renew,  
With weeks yet ahead for us to get through.  
But ahead lies the end, just within view—  
We return, knowing the days left are but few.

PHOTO COURTESY OF CAVELL L. BLOOD

# Tiffany & Earl

*Making PC an emotionally stable  
place one letter at a time*

Dear Tiff and Earl,

I've had a bit of a problem recently. As schoolwork and classes consume most of my life, I can only fit an hour into my schedule for exercising/working out/keeping fit. Except that that amount has halved as of late because of the new bouncer they hired to man the door. I couldn't help but think, "Okay, since when has a gym ever needed a bouncer?" I haven't gone a day without arguing with him about how I'm not allowed in. Some of the gems he has told me have been along the lines of, "You don't appear athletic enough," "This is a gym, not a club, miss," and my personal favorite, "Come back when you look like you've stepped out of a sci-fi flick." Is it too early to throw in the towel and start paying to go to the gym off campus? My non-sci-fi thighs haven't flexed in a week.

Sincerely,  
Sensual Shoulders

Dear Struggling with Sexism,

Is this gym the Concannon Fitness Center and is this bouncer the newly enforced dress code at said center? Or is this a clever metaphor for the meat heads who inhabit the gym and (yes, behind your back) make fun of you for not being on the copious amounts of questionably legal substances that pervade the gym?

If you've answered "yes" to these questions, welcome to PC, where dress codes eliminate 80 percent of viable female workout attire and blame revealing clothing—not perverted minds—for the moral degradation amongst our generation, both while being consequently announced on International Women's Day. LOL, don't you absolutely love divine, coincidental timing, while consequently encouraging raging narcissism among the few genetically and drug gifted? Welcome to PC, where nothing makes sense, including this advice column run by two questionably sane people and/or deers.

If you answered no, then you go to a typical gym-nightclub hybrid. Deal with it. Or as PC's administration would say, "Put on a Victorian workout gown down to your ankles and sweat your tears out."

BTW, look at my hot bod. Size negative 300. I'm actually a black hole.

Sweaty hugs,  
You-know-I-do-CrossFit-because-I'll-tell-you-within-the-first-10  
-seconds-of-meeting-me-kind-of-like-a-vegan

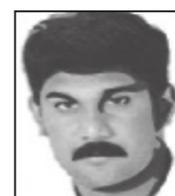


Tiffany

Dear Lazy,

One word: Parkour. 6 a.m., every morning. Maybe 10 a.m. on the weekends. Make the time, no excuses. What's more important, feeling good or thinking good? Exactly. Start yourself off with something easy, like climbing the library and then taking the roofs all the way to Al-Mag. Then gradually work your way up to climbing McVinney. On days you're particularly ambitious, climb the cross on top of St. Dominic Chapel. It won't matter if there's a bouncer at the gym or not. Can't get in? Climb your way in. Get kicked out? Just hop out of the nearest window and free run your way across the rooftops.

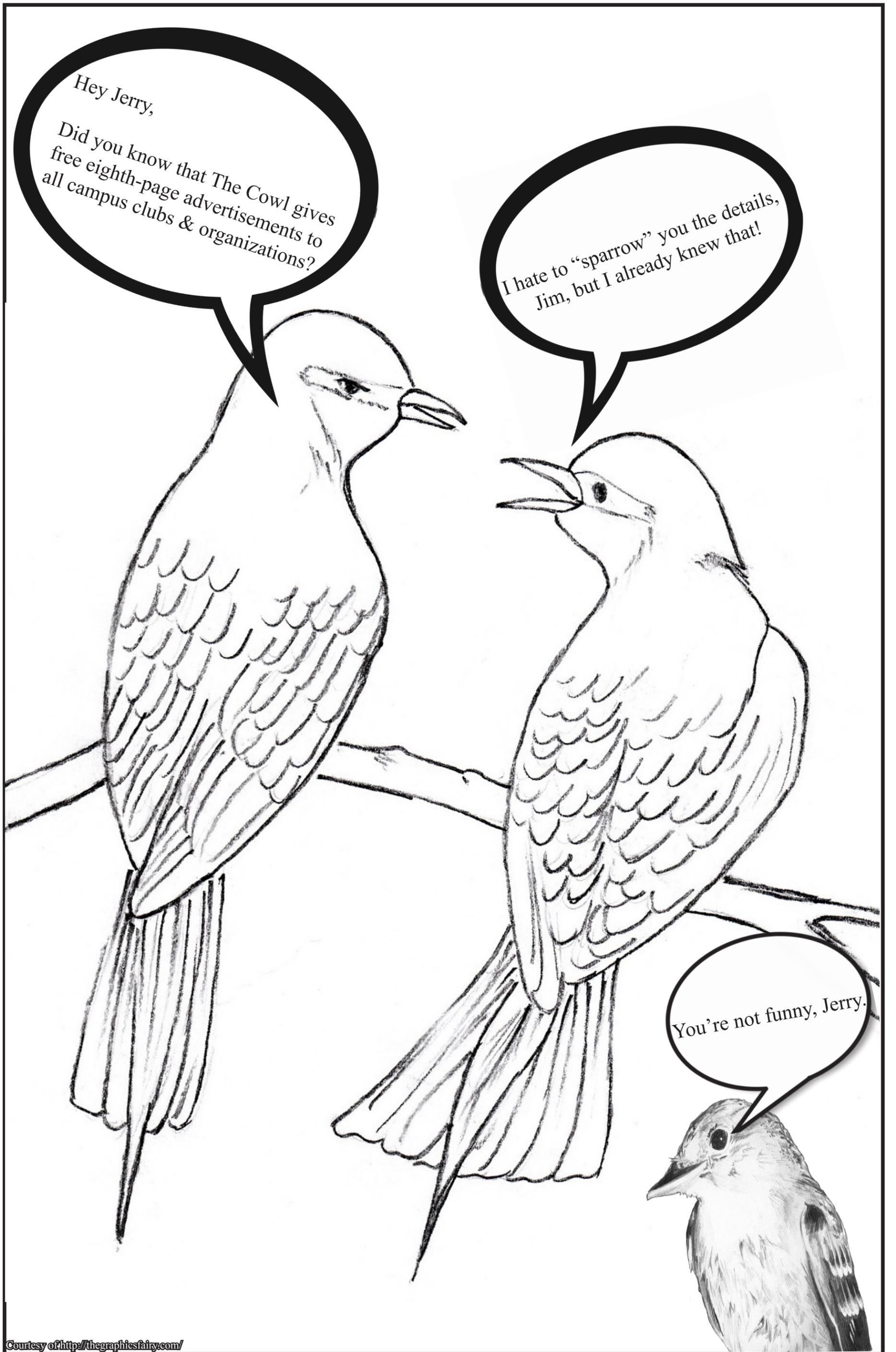
Meet you atop the capitol building,  
Every Athlete Runs Lemons (Otherwise known as...EARL)



EARL

### Disclaimer

The Tiffany & Earl feature is a satirized account of Providence College. Both the question and answers are purely works of fiction. Tiffany & Earl are anti-heroes whose comments ultimately satirize the stereotypes they each represent.



Hey Jerry,  
Did you know that The Cowl gives  
free eighth-page advertisements to  
all campus clubs & organizations?

I hate to "sparrow" you the details,  
Jim, but I already knew that!

You're not funny, Jerry.

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**BREAKING NEWS:**  
 There is a brand new club here at PC! It's called the Cyber Leadership Initiative! Here at CLI we hold events and bi-weekly meetings to discuss the Social, Ethical, Political, and Legal implications of technology. Best of all it is open to All Majors! Exec. Board openings available!



**Cyber Leadership Initiative**

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# SPORTS

## Big East:

Continued from front page

As we watch the results of the Big East Tournament unfold, let us take a look at the Big East contenders who will be within the field of 68 teams battling for the national championship.

Regardless of the outcome of the Big East Tournament, the Villanova Wildcats are slated to appear as a No. 1 seed during Selection Sunday of the NCAA Tournament. It is just a matter of where they play. Villanova has been a Top-5 team in the polls all season long, led by Josh Hart, Ryan Arcidiacono, and Daniel Ochefu, all of whom have earned All-Big East honors. The depth and defensive aggressiveness of the Wildcats have been a staple to their team's success as they boast a 10-4 record against teams within the Top-50 of the Basketball Power Index (BPI). Of all the Big East teams that qualify, Nova is projected to have the easiest route to a deep run in the NCAA Tournament toward the Final Four.

Making a strong case to be as high as a No. 2 seed in the big tournament bracket are the Xavier Musketeers. Xavier has had a surprising breakout season as they have shown their ability to compete with anyone within college basketball. The Musketeers went 6-1 against ranked opponents, including

a victory against Villanova. This team will go as far as Trevon Bluiett takes them, which is not a bad bet considering Bluiett earned First Team All-Big East honors this season. If Xavier men's Head Coach Chris Mack can rally the rest of his team to push all the way to a Big East Championship, the selection committee has to consider Xavier as another No. 1 seed along with Villanova.

The Pirates of Seton Hall finished third in the Big East standings, mainly due to a regular season sweep of the Friars, who were right on the Pirates' heels in the final Big East standings poll. This team relies on their potent offense to win big games, led by First Team All-Big East honoree Isaiah Whitehead. Whitehead, along with three other starters for Seton Hall, finished the regular season scoring double-digits, a statistic that bodes concern for Seton Hall's tournament-bound match-up if the Pirates' opponent lacks depth and discipline on defense.

The wild card team to keep an eye on from the Big East is the Butler Bulldogs. Although Butler is considered a bubble team, their strength of schedule and Top-40 BPI ranking has them in position to be a tournament party crasher. Depending on the outcome of other match-ups, coupled with a deep Big East Tournament run to the championship game on their own accord, Butler may have enough quality wins by Selection Sunday to convince the committee members that

a fifth Big East team deserves to enter the field of 68.

Then, there are the beloved Friars. Our men's basketball team has been riding on the shoulders of Kris Dunn '17RS and Ben Bentil '18 all season long and it has brought tremendous results. Dunn and Bentil have together formed one of the deadliest duos in all of college basketball. Respectively, they finished first and second in the Big East Conference in points per game, making them unanimous First Team All-Big East selections. Dunn has dazzled the entire college basketball landscape with his seamless attacks to the basket, ball-hawking ability on defense, leadership, and confidence. Meanwhile, Bentil's rapid ascension to star status has been the biggest storyline for the Friars aside from the "Get it Dunn" campaign. His athleticism, smooth offensive game, and performance in clutch moments has positioned Providence as a formidable NCAA Tournament opponent. Friars men's basketball Head Coach Ed Cooley will need to find a third scorer, whether in the form of Rodney Bullock '18 or Jalen Lindsey '18, as more polished teams will aim to take away the Friars' two main threats. The NCAA will most likely not have the Friars play a "home game" at the Dunkin' Donuts Center in the first round of the NCAA Tournament. However, one would think the selection committee would do the Friars a favor, seeing as how

last year the Friars had to play their first round NCAA Tournament game against the Dayton Flyers in the Flyers' home state of Ohio. The tournament experts have the Friars slated between the No. 4 and No. 8 seeds in the big tournament. A Big East Championship would significantly help the Friars' chances to at least advance past the first round of the NCAA Tournament in Coach Cooley and the team's third consecutive appearance.

There is plenty to look forward to as we enter sports' most exciting month. The Big East Conference has proven that their qualified teams are just as talented as the likes of those from the Big Ten, Big 12, and ACC. Basketball programs and March Madness fans across the nation will be fixated on a TV screen this coming Sunday to see which teams will be matched against one another in one of the most unpredictable, exciting tournament fields in recent history.

Get your brackets ready, folks: it is that time of year again.

## Men's Hockey Prepares for Postseason

by Joey Ciccarello '16  
Sports Editor

MEN'S HOCKEY

For the Providence College Men's Ice Hockey Team, the first weekend of spring break brought about a series with the University of Massachusetts on Feb. 26 and 27. The Friars entered the weekend with a slim chance at an outright Hockey East regular season championship. Although those plans did not come to fruition, a sweep of the Minutemen and one Boston College loss to UMass-Lowell gave Providence a share of the Hockey East regular season title for the first time in school history.

In the first game of the series, the Friars looked sluggish out of the

gate on offense; they failed to score for the first period, and headed into the intermission deadlocked at zero. Just six minutes into the second period, however, Nick Saracino '16 and the Friar powerplay unit drew first blood; some two minutes later, Trevor Mingoia '16 added a shorthanded goal and Providence headed into the third period up 2-0. Two Brandon Tanev '16 goals in the third period provided extra cushion, and Providence cruised to a 4-1 victory. Nick Ellis '17 was tremendous in goal, stopping 23 out of 24 shots, and the Friars outshot UMass 35-24 for the game.

The second game of the weekend series doubled as senior night for nine Providence players: Saracino, Mingoia, Tanev, Mark Jankowski '16,

John Gilmour '16, Brooks Behling '16, Tom Parisi '16, Kevin Rooney '16, and Steven McParland '16. All nine played in the Friars' eighth straight victory, a 6-0 rout that was effectively over midway through the second period. Mingoia and Jankowski both scored twice, and goals from defensemen Gilmour and Josh Monk '17 added an exclamation point to the most successful regular season in Providence hockey history. Ellis, Hayden Hawkey '19, and Brendan Leahy '17 all combined for Providence's fifth shutout this season.

Although the Friars can lay claim to a share of the Hockey East title, they lost the tiebreaker to Boston College and will be the number two seed in the Hockey East Playoffs

for the second straight season. This weekend, the Friars will host seventh-seeded Merrimack in a quarterfinal matchup. Earlier in the season, Providence swept the Warriors by scores of 2-1 and 4-0 and head into the weekend as overwhelming favorites. They are looking for their third trip to the Hockey East semifinals in four years, and have locked down their third straight trip to the NCAA Tournament. After hitting a rough patch in January, the Friars are rolling into the postseason and look even more potent than last year's National Championship team.



Mark Jankowski '16 and John Gilmour '16 celebrate a Friar goal.

PHOTO COURTESY OF FACEBOOK.COM

# Editor's Corner: NBA Races Heating Up

by DJ Anderson '16  
Sports Editor

COLUMN

As the 2015-2016 National Basketball Association regular season winds down, it is looking increasingly likely that there could be two 70 game winners, the San Antonio Spurs and the Golden State Warriors. This is truly remarkable, especially when you consider that the 1995-1996 Chicago Bulls are the only team in NBA history to ever win 70 games in the first place.

It is quite common for various media outlets around the world, as well as the common person, to focus on the Warriors as they chase the 1995-1996 Bulls record. Nobody can blame them for this, as this is a record that most people thought unbreakable prior to last season. However, even as Steve Kerr's Golden State team strives to rewrite the record books, nobody should make the mistake of forgetting about Gregg Popovich's Spurs.

As the Western Conference currently stands, the Warriors are at 56-6, the best 62 game mark in NBA history. Nevertheless, San Antonio boasts a 54-10 record of their own, which only leaves them three games behind Steph Curry and the Warriors. Whether or not Popovich chooses to employ his normal end-of-the-year strategy, which involves benching nearly every one of his star players throughout the last ten games, these two teams are setting quite the stage for the Western Conference

Finals.

If both teams are able to make it through the first two rounds of the Western Conference Playoffs, which will require series victories over the Los Angeles Clippers and the Oklahoma City Thunder, then fans could be treated with one of the best Conference Finals of the last few decades. As we all sit on pins and needles waiting for this moment, which I will remind you is a few months away, several people will speculate on the reasons why both teams will make it through to the NBA Finals.

In the past two years, the Warriors have revolutionized the way that the game of basketball has been played. In the 2014-2015 season, the Warriors blended a seemingly impossible mix of offense and defense, ranking first in the league in total offense and still allowing under 100 points per game, an impressive team statistic in today's NBA. This season, the numbers have not been as impressive. The team still leads the league in points per game, averaging 115.1. However, their defensive numbers have really slipped, as they allow 104.4 points per game; this puts them out of the league's Top 10.

Meanwhile, this year's Spurs have made their own efforts to clone the overall clinic orchestrated by the 2014-2015 Warriors. This year, the Spurs have allowed 92.2 points per

game, which is far-and-away the best team mark in the NBA. They have not been as efficient as last year's Warriors on offense, ranking 7th in the league. However, their differential is over a point better than this year's Warriors, and this number cannot be ignored.

In their only game against each other this season, the Warriors beat the Spurs by 30 points at home, and although this is extremely impressive, everything is known to be quite different come playoff time. The biggest factor in this matchup may indeed come down to home court advantage. If the Warriors are able to hold on to the one seed, then the odds could truly swing in their favor, as neither team has lost a single home game this season.

The Spurs will need to overcome this barrier and steal home court advantage away from the Warriors, which will be especially difficult given the large crowd turnouts each and every night at Oracle Arena. One thing is for certain: if Curry is able to score at will on Spurs forward Kawhi Leonard like he did in their first meeting of the season, then a potential Western Conference Finals matchup will almost surely swing in favor of the Warriors.



Curry and Leonard appear headed for a late-May showdown.

PHOTO COURTESY OF SOLECOLLECTOR.COM

## VILLANOVA

Villanova has proven year after year, especially during the last few years, to be the team to beat in the Big East Conference. Finishing the regular season ranked No. 1 with a 16-2 Big East record, the Wildcats will be able to enter the Big East tournament with confidence. With strong competitors like Xavier and Providence who both finished the season with winning records, the Big East is not a conference to be taken lightly. However, what these teams lack is the reliable offensive that Villanova brings to every game.

With half of the team averaging over 20 points per game the Wildcats are able to run up the scoreboard quickly, something not many other teams in the conference have been successful at achieving. The team as a whole has averaged a 14-point margin over their opponents. On the other hand, Xavier holds only a 10.5-point margin over their opponents on average.

More so than any other team, Villanova has proven successful and competitive throughout the first half. A problem that has plagued teams this season is the inability to be consistent for the whole game both on offense and defense. If a team gets slow on defense, it offers opportunity for their opponent to close any gaps they may have gained, but being slow on offense can kill the opportunity to run up the scoreboard in the first place. Villanova has proven that strength on both offense and defense is what it takes to win games, win the conference, and be the best. They have proven to have the skill and drive to go the distance that other teams in the conference lack.

-Gretta Schultz '17

# WHICH TEAM WILL WIN THE BIG EAST TOURNAMENT? XAVIER

As much as I would like to write about our beloved Providence Friars hoisting the Big East Championship Trophy when all is said and done, I cannot do this with one of the top teams in the conference, the Xavier Musketeers, looming in the distance.

When you talk about matchup nightmares around the Big East, you can look no further than Chris Mack's overall 26-4 record Xavier team. The team boasts two upperclassmen monsters in Jalen Reynolds and James Farr, both of whom stand at 6'10" or greater and can rebound with any opposing big men in the country.

These two have been problems for teams around the conference all season long, and it certainly does not help that the Musketeers also has a group of athletic guards and forwards to add to the mix.

Trevon Bluiett is the team's best overall player, averaging 15.2 points and 6.4 rebounds per game throughout the season. However, Myles Davis and Edmund Sumner are also viable playmakers for Xavier. Both players score over 10 points a game for their team and have been reliable all season long.

Lastly, there is JP Macura, the sparkplug bench player that has provided his team with big buckets in high-profile games down the stretch. This season, Macura's shining moment may have come in his 19 point effort in a win against the then No. 1 ranked Villanova Wildcats. His points were crucial in securing his team a victory in this contest.

I believe that these various pieces will give Xavier what it needs to take home the Big East postseason crown in this weekend's tournament.

-DJ Anderson '16