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Protective effects of the neuropeptides PACAP, substance P and the somatostatin analogue octreotide in retinal ischemia: a metabolomic analysis

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Running title: Metabolomics of the peptide-treated ischemic retina

Abbreviations: DAPI, 4'-6-diamidino-2-phenylindole; DPG, 2,3-diphosphoglycerate; ESI, electrospray ionization; G3P, glyceraldehyde 3-phosphate; GAPDH, Glyceraldehyde 3-phosphate dehydrogenase; GCL, ganglion cell layer; GSH, glutathione; GSSG, oxidized glutathione; INL, inner nuclear layer; IP3, inositol triphosphate; IPL, inner plexiform layer; MRM, multiple reaction monitoring; MS, mass spectrometry; NO, nitric oxide; OCT, octreotide; ONL, outer nuclear layer; OPL, outer plexiform layer; PACAP, pituitary adenylate cyclase activating peptide; PB, phosphate buffer; PBS, phosphate-buffered saline; PEP, phosphoenolpyruvate; PIP2, phosphatidyl-inositol 4,5 phosphate; PIP3, phosphatidyl-inositol 3,4,5-triphosphate; PKA, protein kinase A; PPP, pentose phosphate pathway; ROS, reactive oxygen species; SP, substance P; VEGF, vascular endothelial growth factor

37 **Abstract**

38 Ischemia is a primary cause of neuronal death in retinal diseases and the somatostatin subtype
39 receptor 2 agonist octreotide (OCT) is known to decrease ischemia-induced retinal cell death. Using
40 a recently optimized *ex vivo* mouse model of retinal ischemia, we tested the anti-ischemic potential
41 of two additional neuropeptides, pituitary adenylate cyclase activating peptide (PACAP) and
42 substance P (SP), and monitored the major changes occurring at the metabolic level.

43 Metabolomics analyses were performed via fast HPLC online with a microTOF-Q MS instrument, a
44 workflow that is increasingly becoming the gold standard in the field of metabolomics.

45 The metabolomic approach allowed detection of the most significant alterations induced in the
46 retina by ischemia and of the significance of the protective effects exerted by OCT, PACAP or SP.

47 All treatments were shown to reduce ischemia-induced cell death, vascular endothelial growth
48 factor over-expression and glutamate release. The metabolomic analysis showed that OCT and, to a
49 lesser extent, also PACAP or SP, were able to counteract the ischemia-induced oxidative stress and
50 to promote, with various efficacy, (i) a decreased accumulation of glutamate and normalization of
51 glutathione homeostasis; (ii) a reduced build-up of α -ketoglutarate, that might serve as a substrate
52 for the enhanced biosynthesis of glutamate in response to ischemia; (iii) a reduced accumulation of
53 peroxidized lipids and inflammatory mediators; (iv) the normalization of glycolytic fluxes and thus
54 prevented the over-accumulation of lactate, or either promoted the down-regulation of the
55 glyoxalate anti-oxidant system; (v) a reduced metabolic shift from glycolysis towards the PPP or
56 either a blockade at the non-oxidative phase of the PPP; (vi) tuning down of purine metabolism.

57 In addition, OCT seemed to stimulate nitric oxide production. None of the treatments was able to
58 restore ATP production, although ATP reservoirs were partly replenished by OCT, PACAP or SP.

59 These data indicate that, in addition to that of somatostatin, peptidergic systems such as those of
60 PACAP and SP deserve attention in view of peptide-based therapies to treat ischemic retinal
61 disorders.

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66 **Keywords:** neuropeptides, cell death, glutamate, mass spectrometry, metabolic shift, mouse retina.

67

68 Introduction

69

70 Retinal ischemia is cause of visual impairment and blindness. It is assumed to be involved in the
71 pathogenesis of major vision-threatening diseases, such as age-related macular degeneration,
72 diabetic retinopathy and glaucoma^{1,2}. It consists in a reduction of blood supply leading to decreased
73 oxygen availability and nutrient delivery, other than to limited or no removal of damaging cellular
74 metabolites.² Ischemia is also the driving force for new vessel formation in the retina,³ which is
75 observed in retinal diseases such as proliferative diabetic retinopathy, retinopathy of prematurity,
76 central vein occlusion and branch retinal vein occlusion⁴. Studies in animal models have been
77 helpful in suggesting therapeutic strategies; however it is essential to further our understanding of
78 the molecular events taking place downstream of the proposed therapeutic drugs.

79 Recently, using an *ex vivo* model of the ischemic mouse retina, we provided evidence for the
80 presence of apoptosis in the retinal layers and for the positive correlation of the ischemic damage
81 with glutamate release. Owing to this model, we could determine a role for the neuropeptide
82 somatostatin in the rescue of retinal cells from ischemic damage^{5,6}. In particular, it has been
83 established that activation of somatostatin subtype 2 (sst₂) receptors by somatostatin or its analog
84 octreotide (OCT), a sst₂ receptor-preferring agonist, protects retinal neurons against ischemia-
85 induced damage⁵⁻¹².

86 The therapeutic potential of natural substances such as neuropeptides or their analogs resides in the
87 multiplicity of peptidergic receptors and of the transduction pathways they activate. Peptides
88 display high specificity for their receptors and have minimal cross-reactivity. Different from other
89 small molecule therapeutics, peptides do not accumulate in tissues and they are efficiently
90 metabolized by endogenous enzymes. They also have only limited potential for drug-drug
91 interactions and are free of important toxicological complications¹³. In addition to that of
92 somatostatin, other peptidergic systems deserve to be exploited for their possible protective effects
93 against retinal ischemia. For instance, pituitary adenylate cyclase activating polypeptide (PACAP) is
94 known to protect the retina against a variety of insults and anti-ischemic actions have been reported
95 for PACAP^{8,14,15}. Neuroprotective mechanisms mediated by PACAP are likely to stem from its
96 potent anti-oxidant, anti-inflammatory and anti-apoptotic effects¹⁵. Substance P (SP) may be
97 another neuropeptide of interest for potential anti-ischemic properties^{8,14}. Its levels are known to
98 increase in response to cerebral ischemia¹⁶ and SP has been reported to mediate retinal responses to
99 acute myocardial ischemia¹⁷.

100 In the present study, we investigated the effects of OCT, PACAP or SP treatments in an *ex vivo*
101 model of retinal ischemia similar to that used in previous studies^{5,6,9}. Subsequently, an in-depth
102 metabolomic investigation of the comprehensive changes at the metabolic level (low molecular
103 weight compounds < 1.5 kDa) was performed through the application of innovative HPLC-mass
104 spectrometry (MS) approaches. MS-based metabolomics has recently gained momentum and
105 became to be considered the apogee of the omics trilogy as an ideal complement to genomics and
106 proteomics¹⁸. Metabolomics represents a paradigm shift in metabolic research, away from
107 approaches that focus on a limited number of enzymatic reactions or single pathways, to approaches
108 that attempt to capture the complexity of metabolic networks. We could hereby take advantage of an
109 analytical approach that we recently set up^{19,20} and successfully applied to a wide series of
110 biological matrices²¹⁻²³. The use of these novel functional tools to study metabolic effects of
111 neuropeptides provides a unique insight into the progression of retinal ischemic disease.

112

113 **Materials and methods**

114

115 *Animals and applied drugs*

116 Experiments were performed on retinas of C57BL/6 mice of both sexes in compliance with the
117 Italian law on animal care N° 116/1992 and in accordance with the European Community Council
118 Directive (EEC/609/86). In all experiments, mice were anaesthetized by i.p. injection of Avertin
119 (1.2% tribromoethanol and 2.4% amylene hydrate in distilled water, 0.02 mL / g body weight;
120 Sigma Aldrich, St Louis, MO, USA) and killed by cervical dislocation. The retinas were rapidly
121 dissected in phosphate-buffered saline (PBS – standard solution both containing sodium and
122 potassium salts, Na₂HPO₄ and KH₂PO₄) and subjected to ischemic treatment or incubated in control
123 conditions, in the absence or in the presence of OCT, PACAP-38 or SP. OCT was a gift of Prof. D.
124 Hoyer and Dr H. Schmid (Novartis Pharma, Basel, Switzerland); PACAP-38 (referred to as PACAP
125 in the remainder of the paper) and SP were purchased from Sigma. All treatments were performed
126 at the same time of the day (between 09:00 h and 15:00 h) in order to exclude possible circadian
127 influences. Data collected from both male and female mice were combined, since there was no
128 apparent gender difference.

129 *Ex vivo ischemic treatment and drug administration*

130 In preliminary experiments, we verified that a metabolomic analysis was difficult in the ischemic
131 model that we have set up for use in our previous work^{5,6,9}. Therefore, we designed a different

132 ischemic treatment in which the dissected retinas were incubated for 30 minutes, 1 hour or 3 hours
133 at 37°C in N₂-saturated PBS containing 1 mM sodium azide in airtight vials (ischemic treatment) or
134 in air-saturated PBS containing 6 mM glucose in open vials (non-ischemic control). Experiments
135 were conducted in order to set the conditions of the ischemic treatment to obtain a significant score
136 of cell death, as determined with the TUNEL technique, in all three nuclear layers, i.e. the outer
137 nuclear layer (ONL), the inner nuclear layer (INL) and the ganglion cell layer (GCL). A significant
138 cell death was observed in retinas incubated in ischemic conditions for 3 hours (see results),
139 therefore the effects of OCT, PACAP or SP were investigated in retinas treated with the ischemic
140 solution for 3 hours.

141 OCT and SP were applied at 1 μM, while PACAP was applied at 0.1 μM concentration, at the
142 beginning of the incubation period. According to previous studies, 1 μM OCT is a concentration
143 giving maximal receptor occupancy in different systems²⁴, including mouse retina^{25,26}; 1 μM SP is a
144 concentration within the range of those applied in rodent brain slices *in vitro* (0.75 - 4.0 μM²⁷⁻²⁹);
145 0.1 μM PACAP is in the range of concentrations previously used *in vitro* to evaluate PACAP
146 neuroprotective effects in developing rat retinas (100 fM - 1 μM^{30,31}).

147

148 *Preparation of retinal sections, TUNEL staining and quantitative analysis*

149 At the end of the incubation period, the retinas used for the TUNEL staining were immersion fixed
150 in 4% paraformaldehyde in 0.1 M phosphate buffer (PB) for 45 to 60 min at room temperature and
151 stored overnight in 25% sucrose in 0.1 M PB at 4 °C. Retinal sections were cut perpendicularly to
152 the vitreal surface at 10 μm with a cryostat, mounted onto gelatin-coated slides and stored at -20°C.
153 All retinas were cut with the same temporal-to-nasal orientation. Consecutive sections were
154 alternately put onto a series of five slides, so that on each slide the sections were spaced every 50
155 μm. Five sections were put on each slide, and five series of slides were prepared from each retina.
156 Corresponding series of the different experimental conditions were used in each experiment. At
157 least three retinas were analyzed for each experimental condition and at least two series of slides
158 from each retina were used for the TUNEL staining.

159 An *in situ* cell death detection kit (Roche Diagnostics, Basel, Switzerland) was used to identify
160 apoptotic profiles by TUNEL technique according to the manufacturer's instructions. The slides
161 were coverslipped in a 0.1 M PB-glycerin mixture containing 0.5 μg/mL of 4',6-diamidino-2-
162 phenylindole (DAPI, Sigma). TUNEL images were acquired using a 40X plan-NEOFLUAR Zeiss
163 objective, an Axiocam photcamera and the Zeiss Axiovision 4 software. The digital images were

164 sized and optimized for contrast and brightness using Adobe Photoshop. Final images were saved at
165 a minimum of 300 dpi. The fluorescent TUNEL staining was evaluated in selected sections to
166 calculate the percentage of cell death in each nuclear layer of the retina, as previously described^{5,6}.

167

168 *qPCR assay*

169 qPCR experiments were performed in agreement with previous reports¹⁰. Briefly, total RNA was
170 extracted from 3 retinas per experimental condition with the RNeasy Mini Kit and DNase digestion
171 (Qiagen, Valencia, CA, USA), according to the manufacturer's instructions. After solubilization in
172 RNase-free water, total RNA was quantified by Picodrop Microlitre Spectrophotometer (Picodrop,
173 Saffron Walden, UK). First-strand cDNA was generated from 3 µg of total RNA using ImProm-II
174 Reverse Transcription System (Promega, Madison, WI, USA). As shown in **Table 1**, primer pairs
175 amplifying 69-172 bp fragments were designed to hybridize to unique regions of the appropriate
176 gene sequence. qPCR was performed using Brilliant SYBR Green Q-PCR Master Mix (M-Medical,
177 Milan, Italy) according to the manufacturer's recommended procedure. All reactions were run in
178 triplicates and the template was replaced with water in all blank control reactions. The fluorescence
179 was read during the reaction by Mx3000PTM real time PCR system (Stratagene, La Jolla, CA,
180 USA), allowing a continuous monitoring of the amount of PCR products. The melt-curve analysis
181 was performed at the end of each experiment to verify that a single product per primer pair was
182 amplified. As to control experiments, gel electrophoresis was also performed to verify the
183 specificity and the size of the amplified qPCR products (**Suppl. Fig.1**). The analysis was carried out
184 using the endpoints method option that causes the collection of the fluorescence data at the end of
185 each extension stage of amplification. Samples were compared using the relative cycle threshold
186 method. The fold increase or decrease was determined relative to a control after normalizing to
187 Glyceraldehyde 3-phosphate dehydrogenase (GAPDH, internal standard) through the use of the
188 formula $2^{-\Delta\Delta CT}$ ³².

189

190 *Statistical analysis of the TUNEL and qPCR data*

191 Upon verification of normal distribution, statistical significance of raw data between the groups in
192 each experiment was evaluated using ANOVA followed by the Newman-Keuls Multiple
193 Comparison post-test. The GraphPad Prism software package (GraphPad Software, San Diego, CA,
194 USA) was used. After statistics (raw data), data belonging from different experiments were
195 represented and averaged in the same graph. The results were expressed as means ± SEM.

196 *Untargeted Metabolomic Analyses*197 Metabolite extraction

198 Metabolomic analyses were performed as previously reported^{19,20}, with minor modifications.
199 Triplicate runs were performed on five retinas for each of the five groups (non-ischemic control,
200 ischemic, ischemic treated with OCT, PACAP or SP). Samples were extracted following a validated
201 protocol^{19,33}. Retinas were resuspended in 0.15 mL of ice cold ultra-pure water (18 MΩ) to lyse cell,
202 then the tubes were plunged into a water bath at 37°C for 0.5 min. Samples were mixed with 0.6 mL
203 of -20°C methanol and then with 0.45 mL chloroform. Subsequently, 0.15 mL of ice cold ultra-pure
204 water were added to each tube and the tubes were transferred to -20°C for 2-8 hours. An equivalent
205 volume of acetonitrile was added to the tube and transferred to refrigerator (4°C) for 20 min.
206 Samples with precipitated proteins were thus centrifuged for 10000 x g for 10 min at 4 °C. Finally,
207 samples were dried in a rotational vacuum concentrator (RVC 2-18 - Christ GmbH, Osterode am
208 Harz, Germany) and resuspended in 200 µl of 5% formic acid and transferred to glass auto-sampler
209 vials for LC/MS analysis.

210 Rapid Resolution Reversed-Phase HPLC

211 An Ultimate 3000 Rapid Resolution HPLC system (LC Packings, Dionex, Sunnyvale, CA, USA)
212 was used to perform metabolite separation. The system featured a binary pump and vacuum
213 degasser, well-plate autosampler with a six-port micro-switching valve, a thermostated column
214 compartment. Samples were loaded onto a Reprosil C18 column (2.0 mm of i.d. × 150 mm of
215 length and particle size 2.5 µm, 100 Å pore diameter/surface area, 17% C – r125.b9.s1502,
216 DrMaisch, Ammerbuch-Entringen, Germany) for metabolite separation. Chromatographic
217 separations were achieved at a column temperature of 30°C; and flow rate of 0.2 mL/min. For
218 downstream negative ion mode (-) MS analyses, A 0–100% linear gradient of solvent A (10 mM
219 tributylamine aqueous solution adjusted with 15 mM acetic acid, pH 4.95) to B (methanol mixed
220 with 10 mM TBA and with 15 mM acetic acid, pH 4.95) was employed over 30 min, returning to
221 100% A in 2 minutes and a 6-min post-time solvent A hold. For downstream positive ion mode (+)
222 MS analyses, a 0–100% linear gradient of solvent A (ddH₂O, 0.1% formic acid) to B (acetonitrile,
223 0.1% formic acid) was employed over 30 min, returning to 100% A in 2 minutes and a 6-min post-
224 time solvent A hold.

225 Mass Spectrometry: Q-TOF settings

226 Due to the use of linear ion counting for direct comparisons against naturally expected isotopic
227 ratios, time-of-flight instruments are most often the best choice for molecular formula

228 determination. Thus, MS analysis was carried out on an electrospray hybrid quadrupole time-of
229 flight mass spectrometer microTOF-Q (Bruker-Daltonik, Bremen, Germany) equipped with an
230 electrospray ionization (ESI) ion source. Mass spectra for metabolite extracted samples were
231 acquired both in positive and in negative ion mode. ESI capillary voltage was set at 4500V (+) (-)
232 ion mode. The liquid nebulizer was set to 27 psi and the nitrogen drying gas was set to a flow rate
233 of 6 L/min. Dry gas temperature was maintained at 200°C. Data were stored in centroid mode. Data
234 were acquired with a stored mass range of m/z 50–1200. Automatic isolation and fragmentation
235 (AutoMSⁿ mode) was performed on the 4 most intense ions simultaneously throughout the whole
236 scanning period (30 min per run). Calibration of the mass analyzer is essential in order to maintain a
237 high level of mass accuracy. Instrument calibration was performed externally every day with a
238 sodium formate solution consisting of 10 mM sodium hydroxide in 50% isopropanol: water, 0.1 %
239 formic acid. Automated internal mass scale calibration was performed through direct automated
240 injection of the calibration solution at the beginning and at the end of each run by a 6-port divert-
241 valve.

242 Targeted metabolomics and lipidomics: Multiple Reaction Monitoring

243 Metabolites of interest were thus further tested for validation with multiple reaction monitoring
244 (MRM), as previously reported²⁰. Instrument set up, calibration curves and relative quantization
245 were performed against external standards from Sigma. Each standard compound was weighted and
246 dissolved in nanopure water. Starting at a concentration of 1 mg/ml of the original standard
247 solution, a dilution series of steps (in 18 MO, 5% formic acid) was performed for each of the
248 standards in order to reach the limit of detection (LOD) and limit of quantification (LOQ), as
249 previously reported.^{19,20} Metabolites were directly eluted into a High Capacity ion Trap HCTplus
250 (Bruker-Daltonik). Mass spectra for metabolite extracted samples were acquired in positive ion
251 mode, as previously described¹⁹. ESI capillary voltage was set at 3000 V (+) ion mode. The liquid
252 nebulizer was set to 30 psi and the nitrogen drying gas was set to a flow rate of 9 L/min. Dry gas
253 temperature was maintained at 300°C. Internal reference ions were used to continuously maintain
254 mass accuracy. Data were acquired at the rate of 5 spectra/s with a stored mass range of m/z 50–
255 1500. Data were collected using Bruker Esquire Control (v. 5.3 – build 11) data acquisition
256 software. In MRM analysis, m/z of interest were isolated, fragmented and monitored (either the
257 parental or fragment ions) throughout the whole RT range. Validation of HPLC online MS-eluted
258 metabolites was performed by comparing transitions fingerprint, upon fragmentation and matching
259 against the standards metabolites (Sigma) through direct infusion with a syringe pump (infusion rate

260 4 $\mu\text{l}/\text{min}$). Robustness and linearity of the method were confirmed to be in agreement with our
261 previous reports.^{19,20} Stability of oxidation-prone compounds, such as GSH, under the experimental
262 conditions described above, was confirmed at 1h, 1day and 1 week from sample preparation
263 (samples stored at -80°C).

264 Data elaboration and statistical analysis

265 Triplicate technical runs for biological replicates ($n=5$) for each group (non-ischemic control,
266 ischemic, and ischemic retinas treated either with OCT, PACAP or SP) were exported as mzXML
267 files and processed through MAVEN³⁴. Mass spectrometry chromatograms were elaborated for peak
268 alignment, matching and comparison of parent and fragment ions, and tentative metabolite
269 identification (within a 20 ppm mass-deviation range between observed and expected results against
270 the KEGG pathway database)³⁵. In order to reduce the number of possible hits in molecular formula
271 generation, we exploited the Compound Mass Formula application within the MAVEN software
272 package (Princeton University, NJ, USA) and SmartFormula 3D (Bruker Daltonics, Bremen,
273 Germany), which directly calculate molecular formulae based upon the MS spectrum (isotopic
274 patterns) and transition fingerprints (MS/MS fragmentation patterns). This software generates a
275 confidence-based list of chemical formulae on the basis of the precursor ions and all fragment ions,
276 and the significance of their deviations to the predicted intact mass and fragmentation pattern
277 (within a predefined window range of 5 ppm). Relative quantization and pathway representations
278 were determined upon normalization against non-ischemic controls in a pathway-wise fashion.
279 Statistical significance was determined at p -value < 0.05 , 0.01 or 0.001 (ANOVA) upon comparison
280 of treated groups to untreated control or ischemic retinas, through GraphPad Prism (GraphPad
281 Software, San Diego, CA, USA).

282

283

284 **Results and Discussion**

285 *Experimental model*

286 In the present study, *ex vivo* retinal ischemia was induced by incubating the retinas in an oxygen-
287 depleted solution containing 10^{-3} M sodium azide. Sodium azide inhibits mitochondrial complex IV
288 by binding with molecular iron associated with cytochrome oxidase and prevents the production of
289 ATP. It causes the generation of reactive oxygen species and induces caspase-3 production and
290 apoptosis in neuronal cells³⁶. As shown in **Fig. 1A-D**, no TUNEL labeling was observed in sections
291 from non-ischemic control retinas or from retinas incubated in the ischemic solution for 30 minutes,
292 while only very faint TUNEL signal was detected after 1 hour incubation. Significant TUNEL
293 staining was present in the ONL, the INL and the GCL after 3 hour ischemic treatment (**Fig. 1E**).
294 Compared to our previous ischemic model⁵, the rate of apoptotic cell death was similar in the ONL
295 (about 38% vs 35%) and lower in the INL (about 13% vs 20%) and in the GCL (about 19% vs
296 30%). Overall, the observed cell loss in the retinal layers was similar to that reported in an *ex vivo*
297 model of the ischemic rat retina^{12,37} or in *in vivo* models of ischemia-reperfusion injury³⁸⁻⁴⁰.

298

299 *Effects of OCT, PACAP or SP on apoptosis and vascular endothelial growth factor (VEGF)* 300 *expression*

301 The effects of OCT, PACAP or SP were evaluated in retinas incubated in ischemic solution for 3
302 hours. All the three tested treatments resulted in notable reduction of TUNEL staining in the ONL,
303 the INL and the GCL (**Fig. 1F-G**). In particular, as shown in **Fig. 1I**, OCT almost prevented cell
304 death in all nuclear retinal layers, while PACAP or SP reduced cell death of about 85% in the ONL,
305 75% in the INL, and 95% in the GCL. Consistent with our previous data^{5,6} and with other studies in
306 guinea pig and rat retinas^{7,12,37}, these observations show a potent protective effect of OCT against
307 ischemia-induced apoptosis, as evaluated with TUNEL staining, thus confirming and expanding the
308 notion that *sst*₂ receptor agonists possess a promising therapeutic potential to treat retinal
309 pathologies^{8,9,14}. Most importantly, our results show that additional peptidergic systems, namely
310 PACAP and SP, display significant anti-apoptotic effects in the ischemic retina and they may
311 contribute to the arsenal of retinal anti-ischemic drugs. If such an action could be expected for
312 PACAP in view of its reported protective effects in the retina¹⁵, this is the first demonstration, to our
313 knowledge, of a protective role of SP in retinal ischemia.

314 The expression of caspase-3 mRNA was significantly increased in ischemic retinas with respect to
315 non-ischemic controls, while treatments with OCT, PACAP or SP resulted in values of caspase-3

316 mRNA expression that were not significantly different from those detected in non-ischemic control
317 retinas (**Fig. 2A**). The observation that the expression of caspase-3 mRNA increases in the ischemic
318 retina confirms our previous results⁵ and is consistent with data indicating that ischemia-induced
319 apoptosis in the retina is executed at least in part by caspase-3-dependent pathway⁴¹. Caspase-3 is a
320 key player in ischemia-induced apoptosis in response to various stimuli and, in particular,
321 downstream to glutamate excitotoxicity signaling pathways⁴². The effect of OCT, which abolishes
322 the ischemia-induced increase of caspase-3 mRNA, is in line with results obtained with retinas of
323 *sst₁* receptor knockout mice, which over-express functional *sst₂* receptors⁵. In addition, our results
324 demonstrating similar effects of PACAP and SP confirm that these peptides may exert important
325 anti-apoptotic actions in the ischemic retina.

326 Since an ischemic condition not only promotes cell death, but also induces vascular responses³, we
327 evaluated this aspect by assessing VEGF mRNA levels following ischemic treatment. VEGF mRNA
328 levels were observed to dramatically increase in ischemic retinas, but this effect was abolished by
329 treatments with OCT, PACAP or SP (**Fig. 2B**). The finding of significantly increased VEGF mRNA
330 in the ischemic retina is in line with the stimulating effect of hypoxia on VEGF expression in
331 hypoxic retinas⁴³, however, it is in apparent contrast with our previous finding of reduced VEGF
332 mRNA in *ex vivo* mouse retinas treated for 1 hour with an ischemic solution containing iodoacetic
333 acid¹⁰. A likely explanation is that the 1 hour survival in extremely adverse ischemic conditions is
334 too short to activate transcription of VEGF mRNA at detectable levels, and only a massive release
335 of VEGF from neurons and an accumulation of VEGF in retinal vessels takes place in those
336 retinas¹⁰. In contrast, the survival of the retinas in the present study is 3 hours and the ischemic
337 conditions are less severe, thus allowing the activation of hypoxia-inducible factor and VEGF
338 upregulation. In other words, in the iodoacetic acid-treated retinas, neurons (which appear to be the
339 main sources of VEGF in the mouse retina¹⁰) are incapable of increasing VEGF expression since
340 they undergo fast and extensive apoptotic cell death⁵. In contrast, in sodium azide-treated retinas,
341 neurons display a longer survival time and a reduced percentage of cell death in the INL and in the
342 GCL, thus retaining the potential of increasing their VEGF expression. We demonstrate here that
343 the treatment of ischemic retinas with OCT, PACAP or SP counteracts the effects of ischemia and
344 reverts VEGF levels to those of non-ischemic retinas. This effect of OCT is consistent with the
345 results of studies in hypoxic retinal models⁴³. Instead, PACAP has been reported to promote VEGF
346 expression in tumor cells, while SP has been observed to promote angiogenesis in different
347 experimental models (see Ribatti et al.⁴⁴, for review). Our hypothesis is that VEGF is released¹⁰

348 and possibly synthesized (present study) by retinal neurons when they start suffering from of
349 oxygen and nutrient shortage and in the presence of increasing apoptotic molecules. If neurons are
350 protected from metabolic stress and apoptosis, they would release and synthesize less VEGF;
351 therefore factors with neuroprotective potential, such as OCT, PACAP or SP, would also limit the
352 neuron-mediated VEGF increase in ischemic conditions.

353

354 *Overview of the metabolomic analyses*

355 Metabolomics results are plotted in **Figs. 3-10** as fold-change variations of metabolites, normalized
356 to non-ischemic retinas, upon ischemia and OCT, PACAP or SP treatment. Metabolites were
357 grouped following a pathway-based criterion, including: (i) glutamate accumulation and glutathione
358 (GSH) homeostasis (**Figs. 3 and 4**); (ii) oxidized lipids and inflammatory mediators (**Suppl. Fig.**
359 **2**); (iii) arginine-citrulline-nitric oxide (NO) metabolism and signaling molecules (**Suppl. Fig. 3**);
360 (iv) Pentose Phosphate Pathway (PPP) (**Fig. 5**); (v) glycolysis (**Fig. 6**); (vi) Krebs cycle (**Suppl.**
361 **Fig. 4**); and (vii) purine metabolism (**Suppl. Fig. 5**).

362

363 *Glutamate accumulation and alteration of GSH homeostasis*

364 One of the distinct features of ischemia-induced neural injury is glutamate excitotoxicity². In the
365 present study, we observed significantly increased levels of glutamate following ischemic treatment
366 (109.65 ± 1.64 fold-change increase in comparison to non-ischemic retinas), that were significantly
367 decreased, albeit not fully restored back to normal values, by the exposure to OCT, PACAP, or SP
368 (**Fig. 3A**). Of note, the ischemic treatment also significantly altered the levels of the glutamate
369 precursor glutamine (**Fig. 3B**), a condition that was restored by all the assayed treatments. These
370 effects of OCT confirm previous evidence demonstrating reduced glutamate release in ischemic
371 retinas over-expressing functional sst₂ receptors⁵ or in ischemic retinas treated with OCT⁶. In
372 addition, these data are in line with observations of protective effects of PACAP or SP against
373 excitotoxic insults^{45,46}, although direct effects of these peptides in the modulation of glutamate
374 release have not been reported previously.

375 Since ischemia is associated with oxidative injury², we wondered whether GSH homeostasis was
376 also altered by the ischemic treatment to some extent. Untargeted metabolomics results showed a
377 positive effect of PACAP or SP on the accumulation of GSH, a phenomenon that was not induced
378 by OCT (**Fig. 3C**). On the other hand, ischemia resulted in significant accumulation of oxidized
379 glutathione (GSSG), a condition that was fully restored by OCT or SP and partially, albeit still

380 significantly, by PACAP (**Fig. 3D**). Increased levels of GSSG in the ischemic retina have been
381 reported^{47,48} and therapeutic interventions based on the administration of antioxidants have been
382 proposed⁴⁸. Consistent with these observations, we measured increased levels of the GSH precursor
383 γ -glutamyl cysteine in ischemic conditions and reduction of these levels upon treatment with OCT,
384 PACAP or SP (**Fig. 3E**). GSH is a tripeptide of glutamate, glycine and cysteine, the latter being a
385 rate-limiting substrate for GSH biosynthesis. Ischemic injury was associated with decreased
386 cysteine levels (**Fig. 3F**), which could result from increased cysteine consumption in response to the
387 increased need for GSH, as suggested by the effect of OCT recorded with targeted metabolomic
388 analyses (see **Fig. 4B**), and of PACAP and SP as suggested by untargeted metabolomics (see **Fig.**
389 **3C**).

390 Ischemic injury promoted the accumulation of L-homocysteine (**Fig. 3G**), a phenomenon that was
391 not counteracted by PACAP or SP. On the other hand, OCT decreased L-homocysteine levels below
392 those in non-ischemic retinas. This is relevant in the light of the documented association between
393 the levels of homocysteine and adenosylhomocysteine and retinal microvascular abnormalities⁴⁹,
394 although no effects of ischemia or of the peptide treatments were observed in the levels of
395 adenosylhomocysteine (**Fig. 3H**).

396 In order to validate these results, we performed a targeted and orthogonal MRM metabolic analysis
397 of the metabolites involved in GSH homeostasis (**Fig. 4**). As a result, we could confirm the
398 evidence from untargeted metabolomics for glutamate and GSSG, while MRM analyses indicated a
399 decrease (instead of no significant change) of the GSH levels upon ischemic treatment. Both
400 targeted and untargeted approaches showed that OCT treatment produced GSH/GSSG ratios that
401 were not significantly different from non-ischemic controls. Overall, these results suggest that
402 PACAP and SP are capable of counteracting the ischemia-induced oxidative stress, while OCT
403 might just prevent oxidative stress accumulation.

404

405 *Peroxidized lipids and inflammatory mediators*

406 We documented oxidative stress following ischemic injury at the lipid level, with the accumulation
407 of pro-flogosis effectors, including prostaglandins (D2/E2, F1 α), leukotrienes (C4), thromboxanes
408 (A2) and oxysterols (cholest-5-ene-3- β ,26-diol; 5,6-epoxy 18R-HEPE; 7 α ,24-dihydroxy-4-
409 cholesten-3-one) (**Suppl. Fig. 2A-D, F-H**). On the other hand, lipid turn-over was reduced upon
410 ischemic injury, as deduced by the observed decrease of carnitine (**Suppl. Fig. 2E**), a trend that was
411 significantly contrasted by the treatment with OCT or SP. These results are consistent with the

412 previously reported accumulation of oxidative stress targeting the lipid fraction in the ischemic
413 retina⁵⁰, which is known to trigger pro-inflammatory responses that promote flogosis and local
414 vasculature responses during reperfusion⁵¹. The accumulation of pro-inflammatory factors was
415 reverted by OCT, PACAP or SP treatment. In particular, OCT relieved prostaglandin F1 α
416 accumulation better than PACAP or SP.

417

418 *Nitric oxide (NO) metabolism*

419 NO synthesis results from the conversion of L-arginine, in the presence of NADPH and oxygen,
420 into NO and citrulline, catalyzed by the enzyme NO synthase. This enzyme competes with arginase
421 for the substrate L-arginine⁵², and deletion/demodulation of arginase reduces neuro-glial injury and
422 improves neuronal function in a model of retinopathy of prematurity⁵³, suggesting that arginine
423 availability for NO synthesis may result in protective effects. Arginine is one of the key
424 intermediate metabolites of the citrulline-arginine-ornithine cycle in the urea cycle. These
425 metabolites (arginine, ornithine, citrulline) were found to be up-regulated in ischemic retinas, while
426 the treatment with OCT, PACAP or SP demodulated this effect (**Suppl. Fig. 3A-C**), with OCT
427 promoting down-regulation of arginine, ornithine and citrulline to levels below the non-ischemic
428 controls. These observations may indicate a role of OCT in directing arginine utilization towards
429 NO production. In particular, arginine is converted into ornithine and urea by arginase, and then
430 further transformed into citrulline in the urea cycle. On the other hand, arginine is also a substrate of
431 NO synthase for the production of NO (a reaction that directly produces citrulline). In the present
432 study, OCT-induced decrease of arginine was not paralleled by ornithine and citrulline
433 accumulation. In general, increased consumption rates of metabolic intermediates (such as in this
434 case) could result from over-activation of metabolic fluxes through a given pathway (though further
435 labeling experiments are mandatory to draw any definitive conclusion). However, the present
436 results suggest that the possibility exists that OCT treatment might promote NO production. This
437 hypothesis will deserve further testing in the future, in the light of the reported increase in NO
438 production induced by sst₂ receptor agonists⁵⁴, which is suggestive of a role for NO as a mediator of
439 the neuroprotective effects of somatostatin in the ischemic retina³⁷.

440

441 *cAMP, IP3 and PIP2/PIP3 ratio*

442 Ischemic retinas showed significantly decreased levels of cAMP in comparison to non-ischemic
443 controls (**Suppl. Fig. 3D**). This effect was restored by all treatments, with OCT appearing as less

444 efficacious than PACAP or SP. While correlations between the somatostatinergic system and
445 adenylate cyclase have been previously reported in the literature²⁶, a key role in cAMP production
446 was expected for PACAP (owing to its name reflecting its downstream activated pathways). Indeed,
447 the neuroprotective effect of PACAP is predominantly mediated by PAC1 receptors, and it involves
448 protein kinase A (PKA), cAMP response element binding, extracellular signal-regulated kinase
449 phosphorylation, and the PKA/Bad/14-3-3 protein cascade resulting in increased expression of the
450 protective Bcl-xL and Bcl-2⁵⁵. Although SP signaling should not involve cAMP production, we
451 could also detect control-like levels of cAMP in SP-treated ischemic retinas (**Suppl. Fig. 3D**). The
452 possibility exists that SP counteracts the ischemia-induced cAMP reduction through indirect
453 mechanisms not involving a direct action of SP on adenylate cyclase activity.

454 Alteration of calcium signaling in response to ischemia is one of the central events tied to glutamate
455 release at the synaptic level⁵⁶. Calcium reservoirs in the endoplasmic reticulum and mitochondria
456 are indirectly regulated by signaling molecules, such as inositol triphosphate (IP3). In line with
457 these considerations, ischemia induced upregulation of inositol. This effect was abolished by all
458 treatments (**Suppl. Fig. 3E**), while upregulation of IP3 was relieved by OCT or SP (**Suppl. Fig.**
459 **3F**). Ischemia also induced the accumulation of the IP3 precursor phosphatidyl-inositol 4,5
460 phosphate (PIP2) (**Suppl. Fig. 3G**). This is relevant in the light of the role of PIP2 accumulation in
461 triggering pro-apoptotic cascades, via shifting cellular signaling from the IP3 kinase (IP3K)-
462 mediated accumulation of phosphatidyl-inositol 3,4,5-triphosphate (PIP3) and subsequent activation
463 of Akt and Akt-regulated pro-survival pathways^{57,58}. Since PIP3 promotes survival and PIP2
464 (indirectly) apoptosis, the PIP3/PIP2 ratio is inversely related to the triggering of pro-apoptotic
465 cascades. Indeed, ischemia induced a two-fold increase of PIP3 and a four-fold increase of PIP2,
466 which halved the PIP3/PIP2 ratio observed in non-ischemic controls (**Suppl. Fig. 3G and 3H**).
467 While restoring PIP2 levels back to control values, PACAP treatment resulted in decreased levels of
468 PIP3, which reduced the PIP3/PIP2 ratio in comparison to non-ischemic controls. Conversely, OCT
469 in particular and, to a lesser extent, SP, restored PIP3/PIP2 ratios back to control values (**Suppl.**
470 **Fig. 3G and 3H**). These results complement data available from the literature, whereby a role has
471 been suggested for OCT, PACAP, and SP in modulating anti-apoptotic and anti-proliferative
472 actions via IP3K/Akt pathways in pituitary tumor cells⁵⁹, human retinal pigment epithelial cells⁶⁰,
473 and human mesenteric preadipocytes⁶¹, respectively.

474
475

476 *Metabolic shift towards the pentose phosphate pathway (PPP)*

477 Ischemic retinas were generally characterized by higher levels of metabolites of the PPP, including
478 early oxidative phase intermediates (glucose 6-phosphate, 6-phosphogluconolactone) and non-
479 oxidative phase metabolites (ribulose 5-phosphate) (Fig. 5). Metabolic shifts towards the PPP are
480 required during anabolism or in response to oxidative stress⁶², to provide reducing coenzyme
481 NADPH to restore GSH from GSSG and to replenish the antioxidant battery of several antioxidant
482 enzymes (for example GSH peroxidase). In ischemic retinopathy, NADPH oxidase activity is tied
483 to the overexpression of VEGF and induces neovascularization⁶⁴. On the other hand, NADPH
484 oxidase deletion promotes neuroprotection in retinal ischemia/reperfusion injury⁶⁴. Notably, neither
485 PACAP nor SP counteracted ischemia-induced metabolic diversion towards the PPP (Fig. 5A-D),
486 suggesting that ischemic retinas treated with PACAP or SP still need to cope with oxidative stress.
487 Indirectly, this emerges also from the observation of NADPH levels (Fig. 5E), which were
488 increased only two-fold in ischemic retinas in comparison to non-ischemic controls, while higher
489 NADPH levels were observed in OCT or PACAP-treated but not in SP-treated ischemic retinas.
490 These data also suggest that OCT-treated ischemic retinas are less affected by oxidative stress and
491 thus conserve higher reservoirs of NADPH, according with the observation that OCT-treated retinas
492 seem not to suffer from the metabolic shift towards the PPP. On the other hand, PACAP seems to
493 promote the shift towards PPP while maintaining higher levels of NADPH in comparison to SP-
494 treated or untreated ischemic retinas, suggesting that PACAP might be more effective than SP in
495 defending the retina from ischemia-induced oxidative stress. However, it is also worthwhile to note
496 that build-up of metabolic intermediates of a certain pathway might either testify an over-activation
497 of that specific pathway, or rather a blockade downstream to it (for example, at the non-oxidative
498 phase of the PPP), which would result in late PPP intermediates (such as erythrose phosphate) being
499 fluxed back to early oxidative phase ones or just being accumulated since they are less fluxed to
500 other pathways. Therefore, in the absence of data from stable isotope labeling with [U-13C_{1,2}]-
501 glucose and its derivatives, it is also worth considering that higher levels of erythrose 4-phosphate
502 in OCT-treated ischemic retinas (Fig. 5F) can be either suggestive of an action of OCT towards (i)
503 the deregulated utilization of erythrose phosphate in down-stream pathways or (ii) the promotion of
504 metabolic fluxes from the non-oxidative PPP arm towards the main glycolytic pathway; finally,
505 build-up of erythrose phosphate might also (iii) promote the biosynthesis of aromatic amino acids
506 (tyrosine, phenylalanine and tryptophan), of which erythrose 4-phosphate serves as a co-substrate
507 with phosphoenolpyruvate. However, we could not provide supporting evidence to none of these

508 hypotheses (energy metabolism is discussed in the following paragraph), especially as far as
509 aromatic acids are concerned, since we could not observe any major alterations in the levels of
510 tyrosine, tryptophan or phenylalanine in OCT-treated ischemic retinas (data not shown).

511

512 *Energy metabolism and oxidative phosphorylation*

513 As anticipated in the previous paragraphs, ischemic retinas are known to suffer from impaired
514 energy metabolism (namely, depletion of ATP reservoirs), which promotes calcium dysregulation
515 and glutamate release^{2,56}. This is consistent with a reduced glycolytic rate through the Embden
516 Meyerhof pathway (**Fig. 6**), resulting from a shift towards the PPP, as described above. In detail,
517 except for glucose 6-phosphate (**Fig. 6A**), that has already been discussed in the previous paragraph
518 since it also represents the first metabolite of the PPP, all glycolytic intermediates suffered from a
519 significant decrease upon ischemic treatment (fructose 1,6-biphosphate, dihydroxyacetone
520 phosphate, glyceraldehyde 3-phosphate (G3P), 2,3-diphosphoglycerate (DPG), phosphoglycerate;
521 **Fig. 6B-F**), a trend that was challenged only in part by some of the treatments. In particular, only
522 PACAP boosted the production of DPG (**Fig. 6E**) while PACAP and SP increased the levels of
523 phosphoenolpyruvate (PEP– **Fig. 6G**) and OCT levels did not significantly vary in comparison to
524 non-ischemic controls or ischemic retinas for these two metabolites. Although it is difficult to
525 deduce any definitive explanation to these observations, a hypothesis is that any shift towards the
526 PPP should drive metabolic fluxes to the purine biosynthesis pathway, to the aromatic acid
527 biosynthesis, or rather re-enter glycolysis, though downstream to G3P. Several lines of evidence
528 support the latter hypothesis, since both DPG and PEP are downstream to G3P, and both PACAP
529 and SP, albeit not OCT, maintain the ischemia-induced shift towards the PPP. Conversely, it is
530 interesting to note that despite apparently promoting the PPP, ischemia did not result in major
531 deviations from the non-ischemic control in the levels of DPG and PEP, which is suggestive of a
532 blockade at the non-oxidative phase level of PPP before re-entering the canonical glycolytic
533 pathway.

534 Depletion of early glycolytic intermediates can also result from a more rapid fluxing towards the
535 accumulation of end-products. Indeed, ischemia promoted the accumulation of lactate (**Fig. 6H**),
536 which is particularly relevant when considering that glycolysis ensues under anaerobic conditions
537 (and in this case, in response to anaerobiosis-mimetic ischemia). In addition, this effect was
538 reverted by OCT, but not by PACAP or SP. In the absence of information about metabolic fluxes
539 through stable isotope labeling, we may hypothesize that the observed consumption of early

540 glycolytic intermediates accompanied by lactate accumulation in response to ischemia might derive
541 from an exacerbated glycolytic rate. Indeed, build-up of lactate represents a well-established
542 signature of an exacerbated (anaerobic) glycolysis, which is relevant in that it fits with the observed
543 ischemia-induced increased transcription of VEGF (**Fig. 2.B**), a marker often associated to hypoxic
544 stress.⁴³ On the other hand, lactate accumulation might rather derive from the up-regulation of
545 alternative pathways, such as the glyoxalase system, which is known to prevent retinal neuroglial
546 and vasodegenerative pathologies through the conversion of oxoaldehydes, thus promoting the
547 formation of dangerous advanced glycation end-products⁶⁵. The final product of this antioxidant
548 pathway is indeed lactate, passing through the lactoyl-glutathione intermediate⁶⁶, whose relative
549 levels were increased in the ischemic retinas, and were returned to control values after treatment
550 with OCT but not with PACAP or SP (**Fig. 6I**). It is also worthwhile to stress that the
551 intertwinement between glycolysis and oxidative stress is not only limited to the shift towards the
552 PPP and methylglyoxal (glyoxalase system), but it might also involve the direct scavenging of
553 reactive nitrogen species by certain glycolytic intermediates⁶⁷.

554 A superficial interpretation of the results related to Krebs cycle intermediates might suggest that the
555 oxidative arm of tricarboxylic acid cycle was apparently up-regulated in ischemic retinas (**Suppl.**
556 **Fig. 4A-E**), especially downstream to α -ketoglutarate (**Fig. 9B**) at the level of succinyl-CoA and
557 NADH (**Suppl. Fig. 4C and 4E**, respectively). In particular, α -ketoglutarate might enter the Krebs
558 cycle as a direct metabolite of glutamate (by several enzymes, including glutamate dehydrogenase)
559 upon its glutaminase-dependent conversion from glutamine, and downstream to citrate/isocitrate
560 (**Suppl. Fig. 4A**) which indeed were not apparently altered by ischemia. These effects were almost
561 completely reverted by OCT (**Suppl. Fig. 4A-E**), while PACAP and SP seemed to exacerbate the
562 ischemic effect on the Krebs cycle metabolism downstream to α -ketoglutarate (in particular for
563 succinyl-CoA, succinate and NADH - **Suppl. Fig. 4C-E**). On the other hand, it can be argued that,
564 in the absence of stable isotope labeling from glucose (or alternative carbon sources that might fuel
565 the Krebs cycle – such as fatty acids or glutamine), it is difficult to conclude whether the observed
566 ischemia-dependent accumulation of Krebs cycle intermediates α -ketoglutarate and succinyl-CoA
567 might result from over-activation of the Krebs cycle or a blockade downstream to succinyl-CoA
568 (succinate dehydrogenase, fumarase or malate dehydrogenase). A healthy Krebs cycle indeed
569 results in the generation of glutamate and aspartate through the activity of glutamate-oxalacetate
570 transaminases (GOT) from α -ketoglutarate and oxalacetate carbon sources, respectively. Glutamate
571 generation might also result from the alanine-dependent transamination of α -ketoglutarate by

572 glutamate-pyruvate transaminase (GPT). In this view, increased levels of ischemic α -ketoglutarate
573 might be consistent with the observed ischemia-dependent accumulation of glutamate and the
574 decrease in ATP production (lower levels of ATP were detected in ischemic and treated retinas –
575 **Suppl. Fig. 4F**). This might mean that ischemia uncouples fluxing through the Krebs cycle from
576 ATP production, which could relate to the previously reported ischemia-dependent production of
577 reactive oxygen species (ROS) at the mitochondria, mitochondrial apoptosis and impairment of the
578 oxidative phosphorylation following ischemia⁶⁸ and is consistent with the hereby documented
579 caspase-3 upregulation. It is however worth noting that, although ATP levels remained lower than
580 in non-ischemic controls, OCT, PACAP or SP partly replenished ATP reservoirs (**Suppl. Fig. 4F**).

581

582 *Purine metabolism*

583 In prolonged ischemia, the breakdown products of ATP metabolism accumulate, including adenine,
584 adenosine, hypoxanthine and inosine⁶⁹⁻⁷¹. Adenosine is thought to provide protective effects during
585 ischemia by targeting adenosine A1 receptor⁷⁰, whereas overstimulation of the A2a receptors has
586 deleterious effects⁶⁹. On the other hand, prolonged accumulation of adenosine may serve as a
587 substrate for the formation of ROS^{69,71}. Besides, prolonged ischemia results in increased production
588 of xanthine, also promoting ROS formation through the activity of xanthine oxidase on
589 hypoxanthine, thus exacerbating the ischemic damage to the retina^{70,71}. Also, hypoxanthine might
590 be produced from deamination of adenine, a process involved in the ischemic injury to guinea pig
591 hearts⁷³. Consistent with these data, our results show that ischemia promoted the accumulation of
592 purine catabolites (adenine, adenosine, hypoxanthine, inosine – **Suppl. Fig. 5A, 5B, 5C and 5D**,
593 respectively). In addition, these effects were further favored by PACAP or SP treatment.
594 Conversely, OCT treatment resulted in significant decrease of the ischemia-induced levels of purine
595 catabolites. No effects of ischemia were observed concerning the AMP levels (**Suppl. Fig. 5E**),
596 while those of inosine monophosphate resulted increased by ischemia and reverted at or near
597 control values by OCT, PACAP or SP (**Suppl. Fig. 5F**).

598 **Conclusion**

599

600 In summary, based on a recently optimized *ex vivo* model for retinal ischemia, we could monitor the
601 major changes occurring at the metabolic level in response to treatments with OCT, PACAP, or SP.
602 All the treatments decreased cell death and down-regulated VEGF mRNA levels, demonstrating
603 that, in addition to that of somatostatin, at least two other peptidergic systems, namely PACAP and
604 SP, deserve attention in view of peptide-based therapies to treat ischemic retinal disorders. The mass
605 spectrometry-based metabolomic analysis evidenced that ischemia induces glutamate accumulation
606 and alteration of GSH homeostasis, which are significantly restored back to normal by all the
607 treatments. In particular, OCT seems to prevent the oxidative stress associated to ischemia, while
608 PACAP or SP-treated retinas appear to actively cope with it. In addition, our observations revealed
609 OCT, and to a lesser extent also PACAP and SP-mediated (i) a decreased accumulation of glutamate
610 and normalization of glutathione homeostasis; (ii) a reduced build-up of α -ketoglutarate, that might
611 serve as a substrate for the enhanced biosynthesis of glutamate in response to ischemia; (iii) a
612 reduced accumulation of peroxidized lipids and inflammatory mediators; (iv) the normalization of
613 glycolytic fluxes and thus prevented the over-accumulation of lactate, or either promoted the down-
614 regulation of the glyoxalate anti-oxidant system; (v) a reduced metabolic shift from glycolysis
615 towards the PPP or either a blockade at the non-oxidative phase of the PPP; (vi) tuning down of
616 purine metabolism. In addition, OCT seems to be involved in NO production, although further
617 investigations are needed to clarify this point. On the other hand, PACAP or SP-treated ischemic
618 retinas show some distinct features, with the most significant being the up-regulation of the GSH
619 anti-oxidant system. OCT, PACAP and SP are likely to modulate pro-survival signaling by restoring
620 cAMP levels, IP3 signaling and PIP2/PIP3 ratios. None of the treatments was able to restore proper
621 energy metabolism and ATP production, although ATP reservoirs were partly replenished by OCT,
622 PACAP or SP.

623 To our knowledge, this is the first study to examine perturbations in the metabolome in relation to
624 retinal ischemia and appropriate neuropeptide targets. The interactions of neuropeptides with
625 metabolic network abnormalities, as demonstrated in the present study, open new perspectives in
626 the discovery and development of peptide therapeutics against ischemia-induced retinal neuronal
627 damage.

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629

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635

636

637 **Figure legends**

638

639 **Fig. 1.** Summary of TUNEL staining in non-ischemic control and ischemic retinas, either untreated
640 or treated with OCT, PACAP or SP or. (A) DAPI staining of a retinal section to show the retinal
641 layers. (B) TUNEL staining in a non-ischemic control retina. (C, D, E) TUNEL staining in retinas
642 treated with 10^{-3} M sodium azide for 30 min, 1 hour and 3 hours, respectively. (F, G, H) TUNEL
643 staining in retinas treated with 10^{-3} M sodium azide for 3 hours plus OCT, PACAP or SP,
644 respectively. Scale bar, 20 μ m. (I) Quantitative analysis of the TUNEL staining in the outer nuclear
645 layer (ONL), inner nuclear layer (INL) and ganglion cell layer (GCL). IPL, inner plexiform layer;
646 OPL, outer plexiform layer. $^{\S\S}P < 0.01$; $^{\S\S\S}P < 0.001$ against non-ischemic controls; $^*P < 0.05$; $^{**}P <$
647 0.01 ; $^{***}P < 0.001$ against untreated ischemic retinas, ANOVA.

648

649 **Fig. 2.** qPCR of mRNAs encoding for caspase-3 (A) and VEGF (B) in ischemic retinas treated with
650 OCT, PACAP or SP. Values are expressed as mean \pm SEM (n = 5) of the fold change over non-
651 ischemic retinas (broken line). $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $^{**}P < 0.001$; $^{***}P <$
652 0.0001 against untreated ischemic retinas, ANOVA.

653

654 **Fig. 3.** GSH homeostasis and glutamate metabolism as assessed using untargeted metabolomic
655 analyses. Values are expressed as mean \pm SEM (n = 5) of the fold change over non-ischemic retinas
656 (broken lines). $^{\S}P < 0.01$; $^{\S\S}P < 0.001$; $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $^*P < 0.01$; $^{**}P <$
657 0.001 ; $^{***}P < 0.0001$ against untreated ischemic retinas, ANOVA.

658

659 **Fig. 4.** Glutamate, GSH and GSSG levels detected through MRM targeted metabolomics. Values
660 are expressed as mean \pm SEM (n = 5) of the fold change over non-ischemic retinas (broken lines).
661 $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $^*P < 0.01$; $^{***}P < 0.0001$ against untreated ischemic
662 retinas, ANOVA.

663

664

665 **Fig. 5.** PPP related metabolites, as assessed using untargeted metabolomic analyses. Values are
666 expressed as mean \pm SEM (n = 5) of the fold change over non-ischemic retinas (broken lines). $^{\S}P <$
667 0.01 ; $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $^*P < 0.01$; $^{**}P < 0.001$; $^{***}P < 0.0001$ against
668 untreated ischemic retinas, ANOVA.

669

670 **Fig. 6.** Glycolytic metabolism through the Embden Meyerhof pathway, as assessed using untargeted
671 metabolomic analyses. Values are expressed as mean \pm SEM (n = 5) of the fold change over non-
672 ischemic retinas (broken lines). $^{\S}P < 0.01$; $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $*P < 0.01$;
673 $**P < 0.001$; $***P < 0.0001$ against untreated ischemic retinas, ANOVA.

674

675

676 **Suppl. Fig. 1.** Representative gel electrophoresis of qPCR products.

677

678 **Suppl. Fig. 2.** Lipid peroxidation and pro-inflammatory markers, as assessed using untargeted
679 metabolomic analyses. Values are expressed as mean \pm SEM (n = 5) of the fold change over non-
680 ischemic retinas (broken lines). $^{\S}P < 0.01$; $^{\S\S}P < 0.001$; $^{\S\S\S}P < 0.0001$ against non-ischemic controls;
681 $*P < 0.01$; $**P < 0.001$; $***P < 0.0001$ against untreated ischemic retinas, ANOVA.

682

683 **Suppl. Fig. 3.** Arginine-citrulline-ornithine nitric oxide-related metabolism and secondary
684 messenger metabolites (including cyclic AMP, inositol triphosphate, PIP2 and PIP3), as assessed
685 using untargeted metabolomic analyses. Values are expressed as mean \pm SEM (n = 5) of the fold
686 change over non-ischemic retinas (broken lines). $^{\S}P < 0.01$; $^{\S\S\S}P < 0.0001$ against non-ischemic
687 controls; $*P < 0.01$; $**P < 0.001$; $***P < 0.0001$ against untreated ischemic retinas, ANOVA.

688

689 **Suppl. Fig. 4.** Krebs cycle metabolites, as assessed using untargeted metabolomic analyses. Values
690 are expressed as mean \pm SEM (n = 5) of the fold change over non-ischemic retinas (broken lines).
691 $^{\S}P < 0.01$; $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $*P < 0.01$; $**P < 0.001$; $***P < 0.0001$
692 against untreated ischemic retinas, ANOVA.

693

694 **Suppl. Fig. 5.** Purine metabolism, as assessed using untargeted metabolomic analyses. Values are
695 expressed as mean \pm SEM (n = 5) of the fold change over non-ischemic retinas (broken lines). $^{\S}P <$
696 0.01 ; $^{\S\S\S}P < 0.0001$ against non-ischemic controls; $*P < 0.01$; $***P < 0.0001$ against untreated
697 ischemic retinas, ANOVA.

698

699

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Table 1. Primer pairs designed for qPCR analysis

*<http://medgen.ugent.be/rtprimerdb/index.php>

Name	Symbol	Gene accession N°	Primer sequence	Amplicon	Source
Caspase 3	<i>casp3</i>	NM_009810	F: 5'-GCACTGGAATGTCATCTCGCT-3' R: 5'-GGCCCATGAATGTCTCTCTGAG-3'	69 bp [nt 143-241]	PrimerBank#
VEGF	<i>vegfa</i>	NM_009505	F: 5'-GCACATAGAGAGAATGAGCTTCC-3' R: 5'-CTCCGCTCTGAACAAGGCT-3'	105 bp [nt 342-446]	PrimerBank#
GAPDH	<i>gapdh</i>	NM_008084	F: 5'-ACCCAGAAGACTGTGGATGG-3' R: 5'-ACACATTGGGGGTAGGAACA-3'	172 bp [nt 594-765]	RTPrimerDB*

#<http://pga.mgh.harvard.edu/primerbank/>

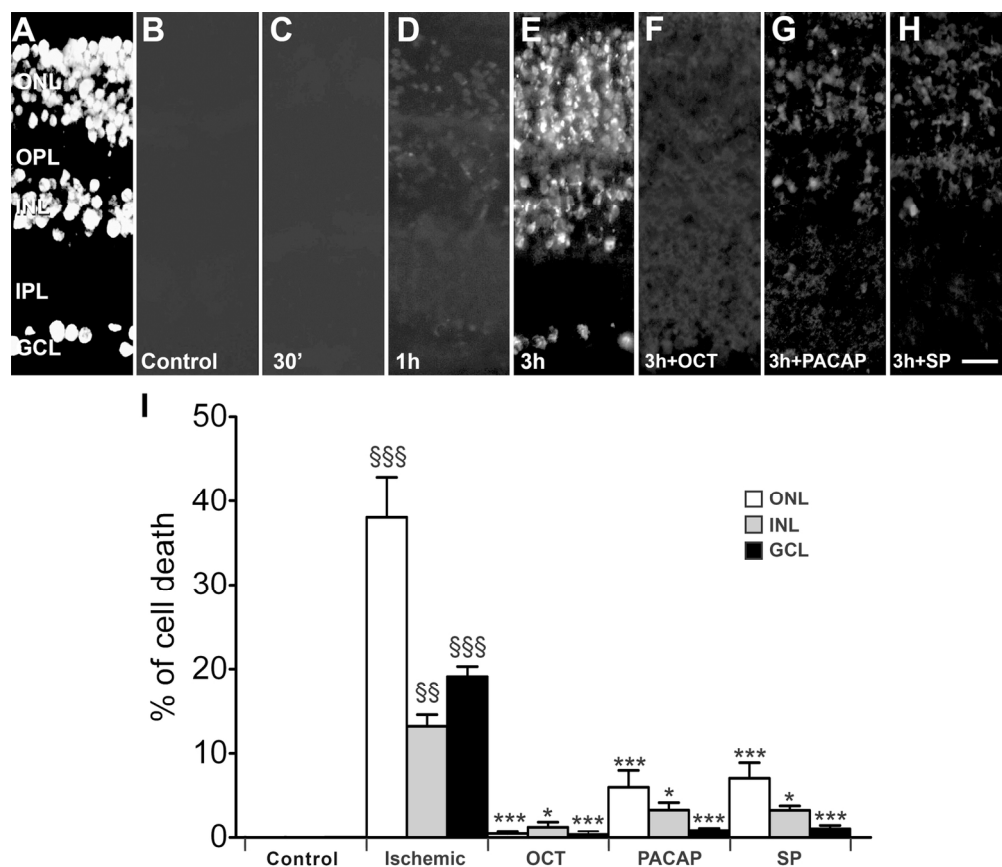


Fig. 1. Summary of TUNEL staining in non-ischemic control and ischemic retinas, either untreated or treated with OCT, PACAP or SP or. (A) DAPI staining of a retinal section to show the retinal layers. (B) TUNEL staining in a non-ischemic control retina. (C, D, E) TUNEL staining in retinas treated with 10-3M sodium azide for 30 min, 1 hour and 3 hours, respectively. (F, G, H) TUNEL staining in retinas treated with 10-3M sodium azide for 3 hours plus OCT, PACAP or SP, respectively. Scale bar, 20 μ m. (I) Quantitative analysis of the TUNEL staining in the outer nuclear layer (ONL), inner nuclear layer (INL) and ganglion cell layer (GCL).

IPL, inner plexiform layer; OPL, outer plexiform layer. §§P < 0.01; §§§P < 0.001 against non-ischemic controls; *P < 0.05; **P < 0.01; ***P < 0.001 against untreated ischemic retinas, ANOVA.

147x127mm (300 x 300 DPI)

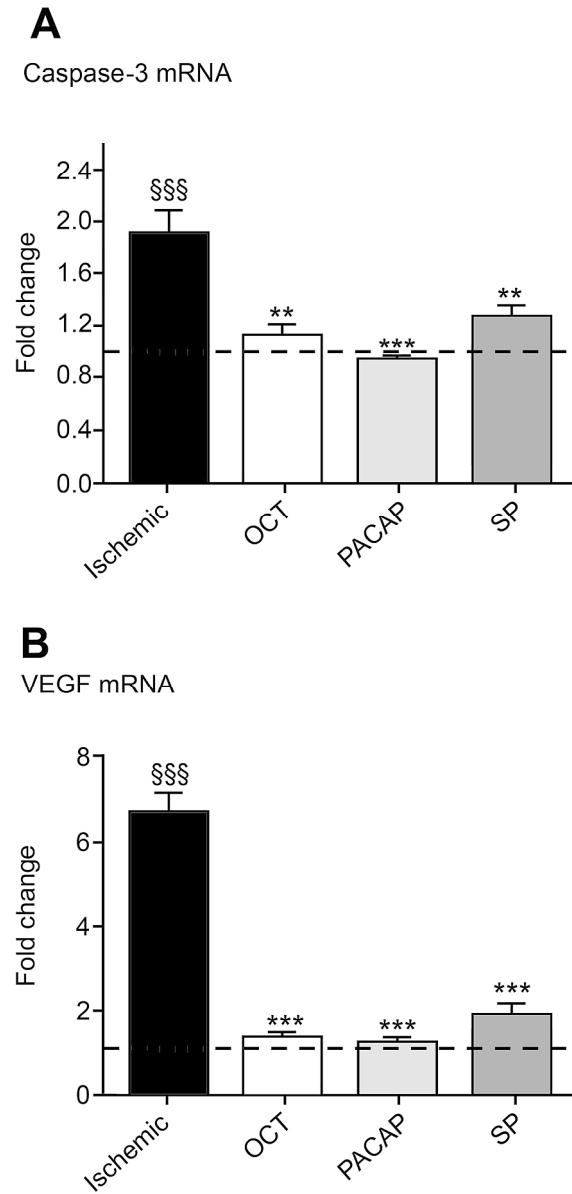


Fig. 2. qPCR of mRNAs encoding for caspase-3 (A) and VEGF (B) in ischemic retinas treated with OCT, PACAP or SP. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken line). §§§ $P < 0.0001$ against non-ischemic controls; ** $P < 0.001$; *** $P < 0.0001$ against untreated ischemic retinas, ANOVA.
180x363mm (600 x 600 DPI)

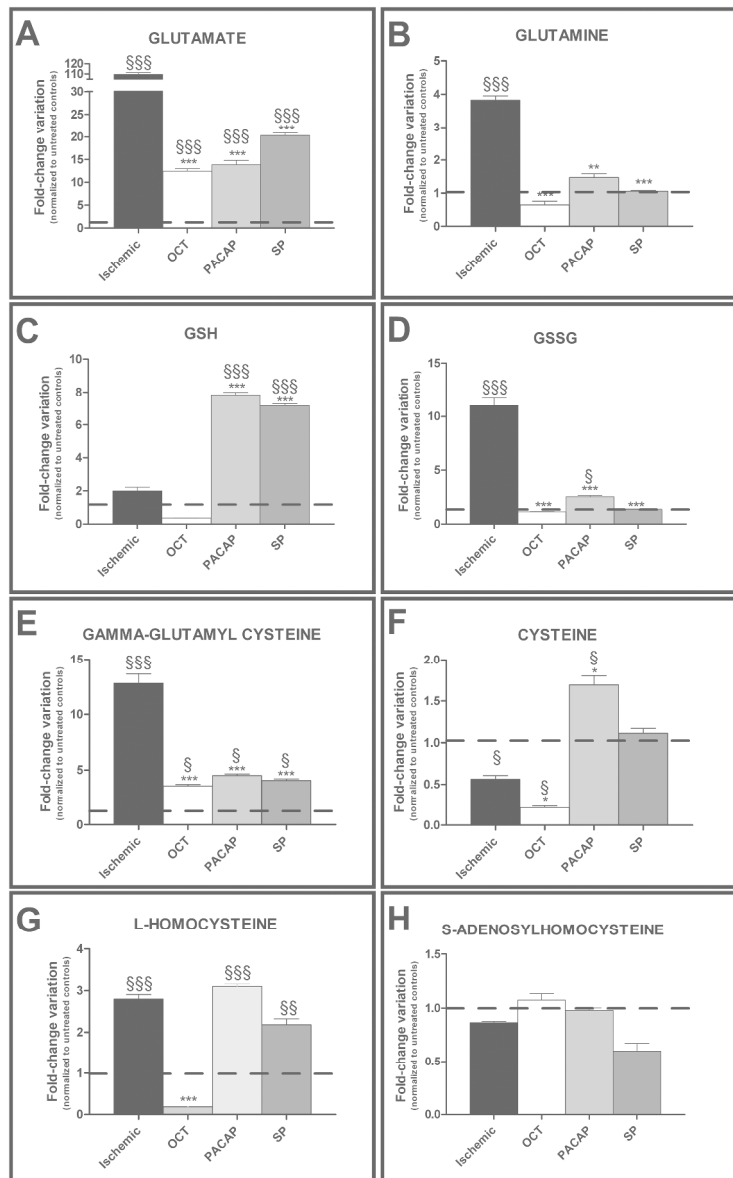


Fig. 3. GSH homeostasis and glutamate metabolism as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). §P < 0.01; §§P < 0.001; §§§P < 0.0001 against non-ischemic controls; *P < 0.01; **P < 0.001; ***P < 0.0001 against untreated ischemic retinas, ANOVA.

200x317mm (600 x 600 DPI)

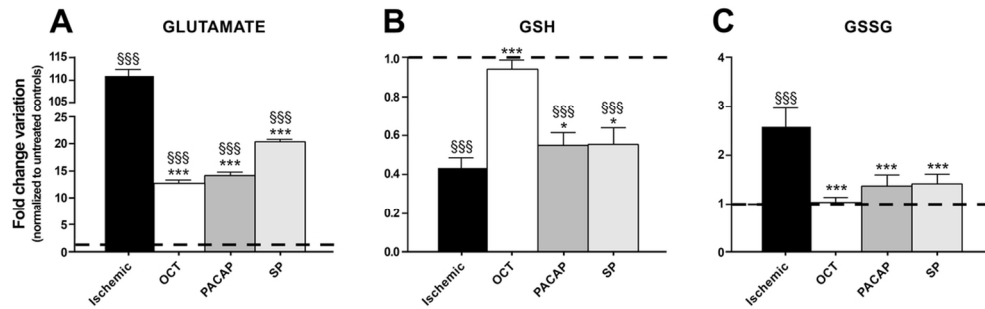


Fig. 4. Glutamate, GSH and GSSG levels detected through MRM targeted metabolomics. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). §§§P < 0.0001 against non-ischemic controls; *P < 0.01; ***P < 0.0001 against untreated ischemic retinas, ANOVA.

53x16mm (600 x 600 DPI)

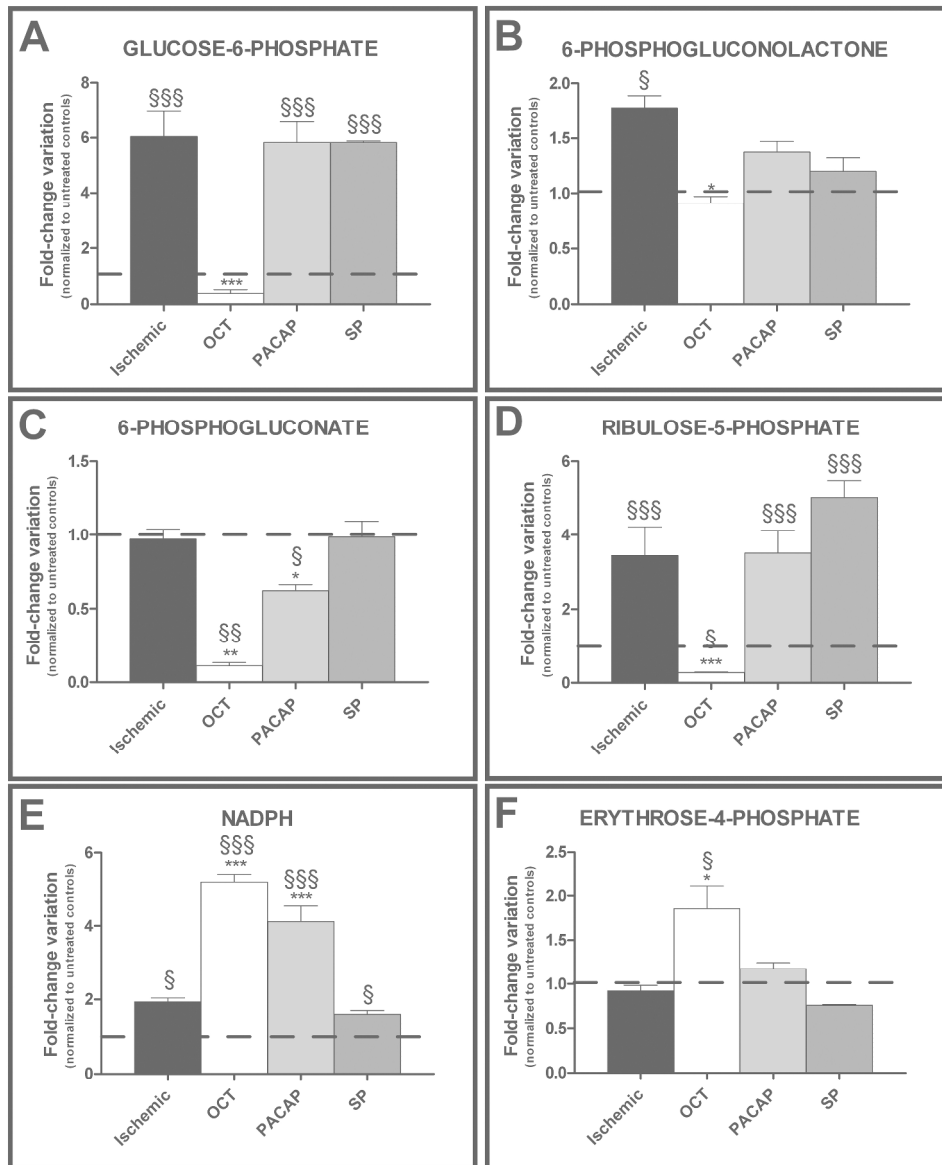


Fig. 5. PPP related metabolites, as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). § $P < 0.01$; §§§ $P < 0.0001$ against non-ischemic controls; * $P < 0.01$; ** $P < 0.001$; *** $P < 0.0001$ against untreated ischemic retinas, ANOVA.

170x208mm (600 x 600 DPI)

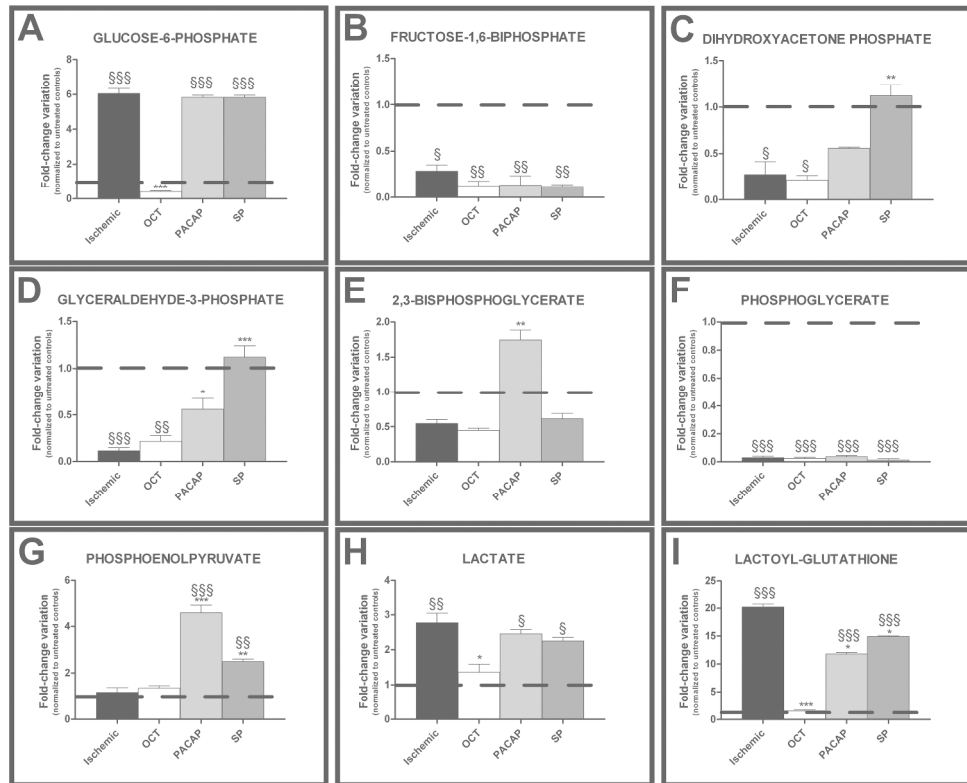
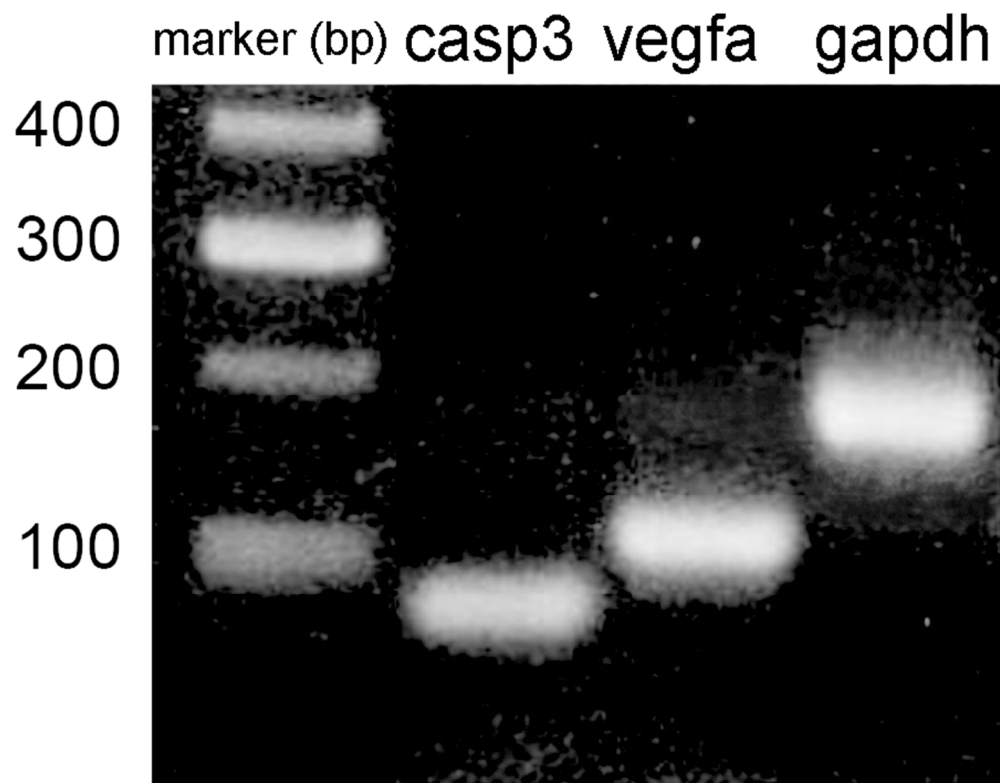
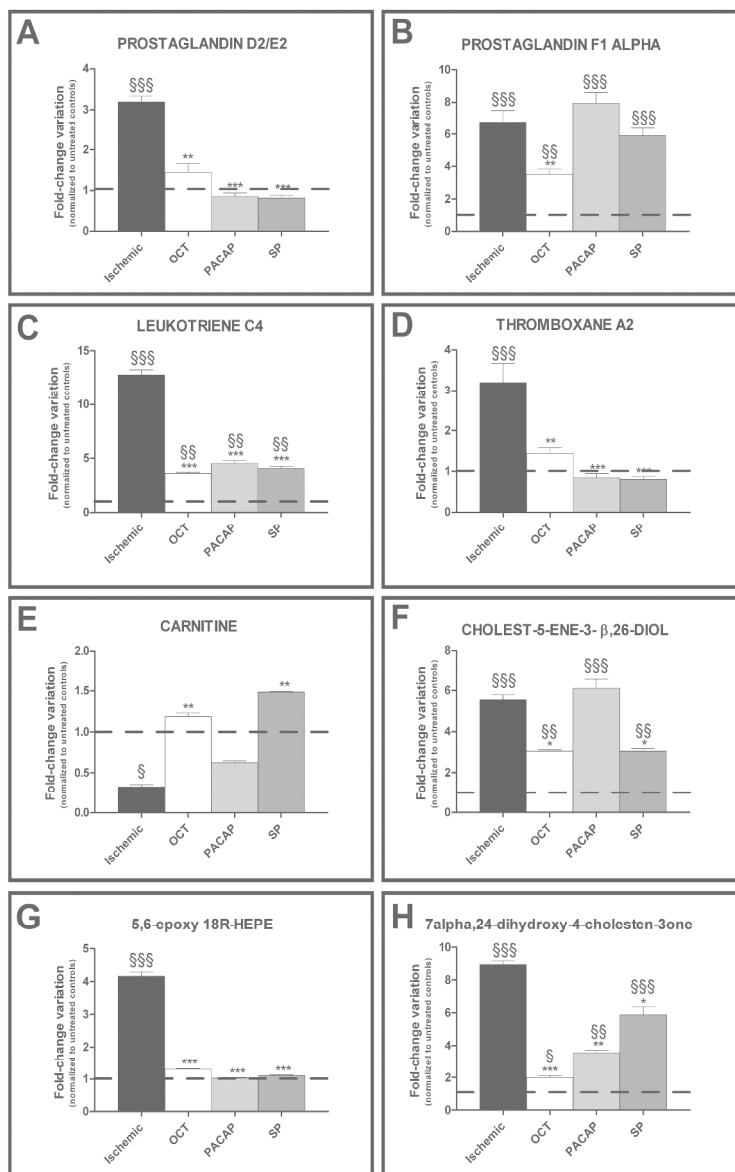


Fig. 6. Glycolytic metabolism through the Embden Meyerhof pathway, as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). § $P < 0.01$; §§§ $P < 0.0001$ against non-ischemic controls; * $P < 0.01$; ** $P < 0.001$; *** $P < 0.0001$ against untreated ischemic retinas, ANOVA.
130x106mm (600 x 600 DPI)

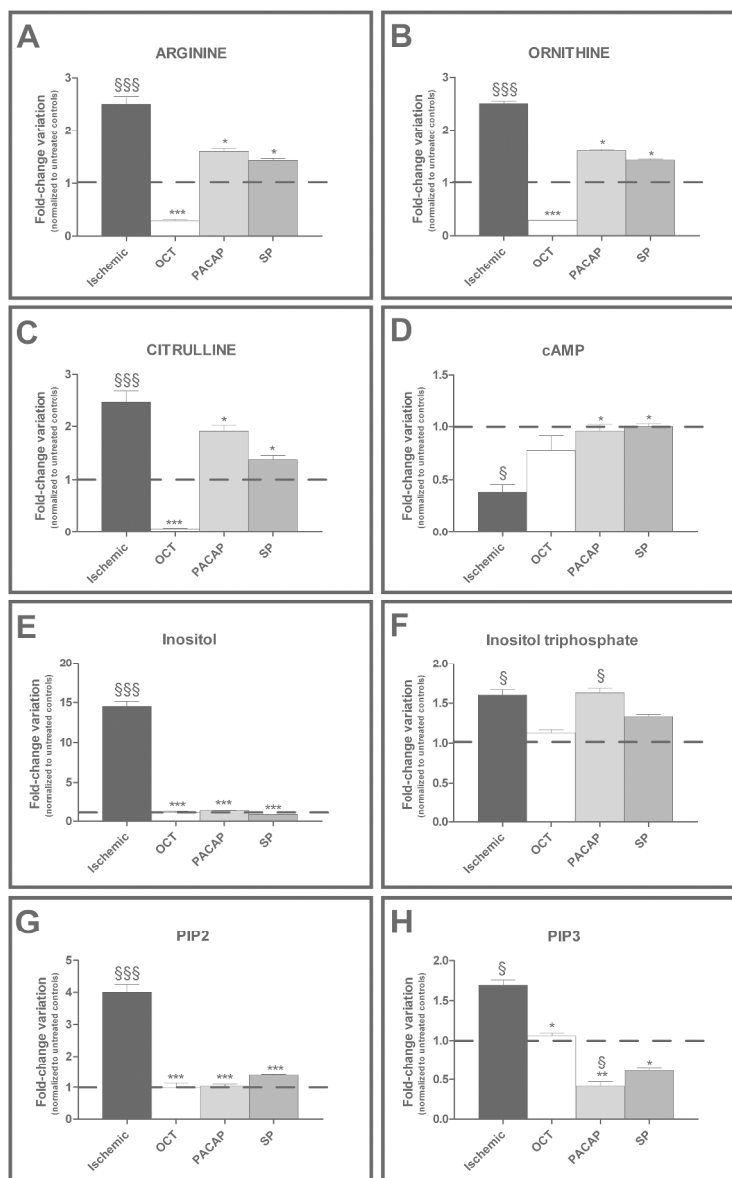


Suppl. Fig. 1. Representative gel electrophoresis of qPCR products.
76x60mm (300 x 300 DPI)

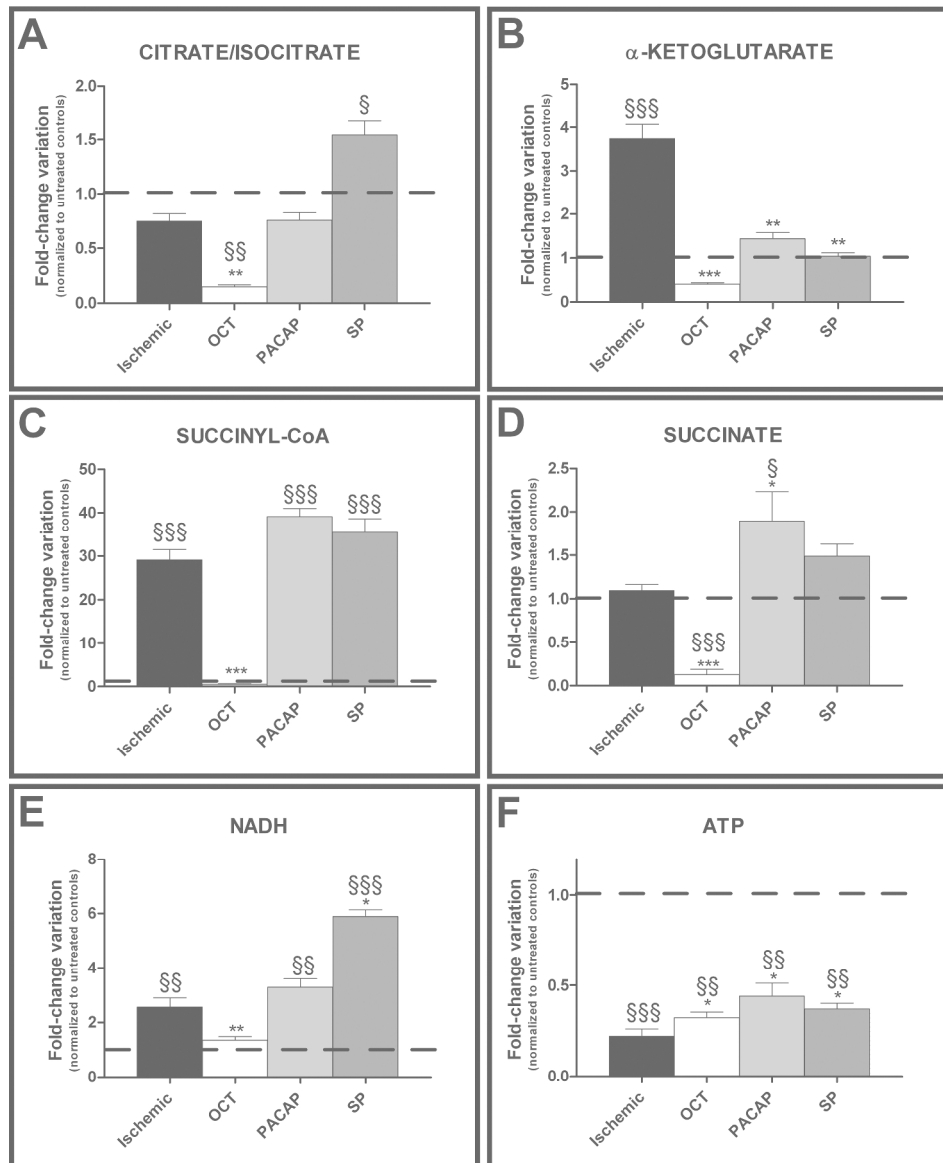


Suppl. Fig. 2. Lipid peroxidation and pro-inflammatory markers, as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). § $P < 0.01$; §§ $P < 0.001$; §§§ $P < 0.0001$ against non-ischemic controls; * $P < 0.01$; ** $P < 0.001$; *** $P < 0.0001$ against untreated ischemic retinas, ANOVA.

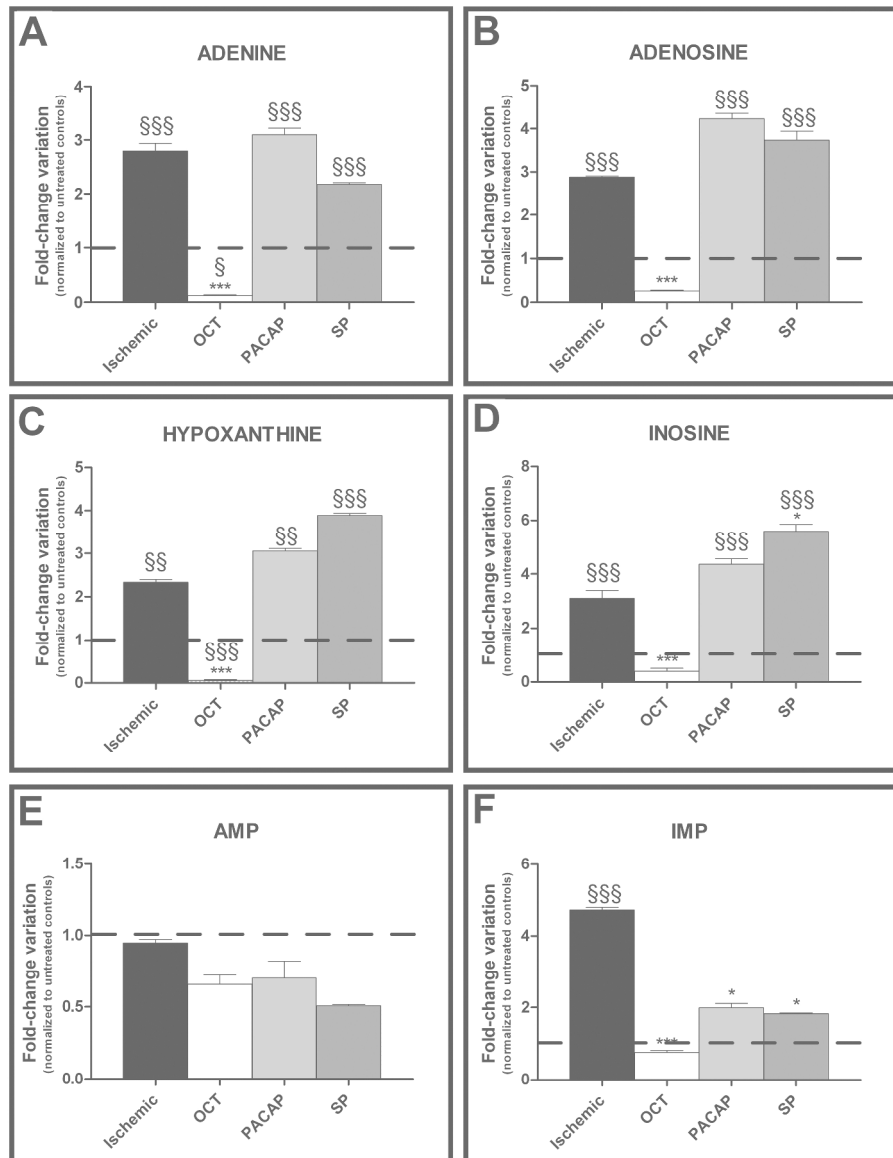
200x317mm (600 x 600 DPI)



Suppl. Fig. 3. Arginine-citrulline-ornithine nitric oxide-related metabolism and secondary messenger metabolites (including cyclic AMP, inositol triphosphate, PIP2 and PIP3), as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). $\$P < 0.01$; $\$\$\$P < 0.0001$ against non-ischemic controls; $*P < 0.01$; $**P < 0.001$; $***P < 0.0001$ against untreated ischemic retinas, ANOVA.
200x317mm (600 x 600 DPI)

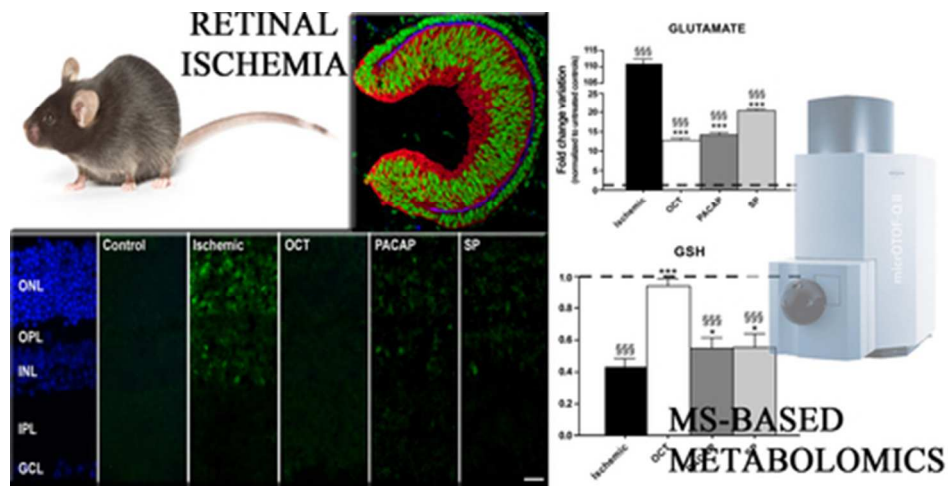


Suppl. Fig. 4. Krebs cycle metabolites, as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). § $P < 0.01$; §§§ $P < 0.0001$ against non-ischemic controls; * $P < 0.01$; ** $P < 0.001$; *** $P < 0.0001$ against untreated ischemic retinas, ANOVA.
171x210mm (600 x 600 DPI)



Suppl. Fig. 5. Purine metabolism, as assessed using untargeted metabolomic analyses. Values are expressed as mean \pm SEM ($n = 5$) of the fold change over non-ischemic retinas (broken lines). § $P < 0.01$; §§§ $P < 0.0001$ against non-ischemic controls; * $P < 0.01$; *** $P < 0.0001$ against untreated ischemic retinas, ANOVA.

178x228mm (600 x 600 DPI)



39x19mm (300 x 300 DPI)

Glutathione m/z: 306.0735-306.0796

