

1 **Increase of interferon- γ inducible α chemokine (C-X-C motif) ligand (CXCL)9 and**
2 **CXCL11 serum levels in patients with active Graves' disease,**
3 **and modulation by methimazole therapy.**

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5 Alessandro Antonelli, MD¹, Silvia Martina Ferrari, MSc¹,
6 Alda Corrado, MSc¹, Ele Ferrannini, MD¹, Poupak Fallahi, MD¹.

7
8 ¹ Department of Clinical and Experimental Medicine, University of Pisa, Via Savi 10, 56126,
9 Pisa, Italy

10
11 Alessandro Antonelli: alessandro.antonelli@med.unipi.it
12 Silvia Martina Ferrari: sm.ferrari@int.med.unipi.it
13 Alda Corrado: corradoalda@gmail.com
14 Ele Ferrannini: ferranni@ifc.cnr.it
15 Poupak Fallahi: poupak@int.med.unipi.it

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18 **Running title:** Serum CXCL9 and CXCL11 in Graves' disease.

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20 **Keywords:** CXCL9, CXCL11, CXCL10, Graves' disease, hyperthyroidism, autoimmunity,
21 chemokines.

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23

1 **Abstract**

2

3 **Background:** Chemokine (C-X-C motif) ligand (CXCL)9 and CXCL11 play an important
4 role in the initial phases of autoimmune thyroiditis (AT); however their serum levels in
5 patients with Graves' disease (GD) have never been evaluated in relation to thyroid function
6 and treatment.

7 **Methods:** To evaluate CXCL9 and CXCL11 serum levels in GD, to relate these parameters to
8 the clinical phenotype, we measured CXCL9 and CXCL11 serum levels in 91 GD patients, 91
9 AT, 34 non-toxic multinodular goiters (MNG), 31 toxic nodular goiters (TNG) and 91 healthy
10 controls (age- and sex-matched).

11 **Results:** Mean CXCL9, or CXCL11, levels were higher in GD, in comparison with controls,
12 or euthyroid AT, or MNG, or TNG ($*p < 0.05$, ANOVA; CXCL9: 274 ± 265 , $*76 \pm 33$,
13 $*132 \pm 78$, $*87 \pm 48$, $*112 \pm 56$ pg/mL; CXCL11: 140 ± 92 , $*64 \pm 20$, 108 ± 48 , $*76 \pm 33$, $*91 \pm 41$
14 pg/mL; respectively). Hyperthyroid GD had significantly higher CXCL9 or CXCL11 than
15 euthyroid or hypothyroid GD. GD with untreated hyperthyroidism had higher CXCL9 or
16 CXCL11 than hyperthyroid or euthyroid GD under methimazole (MMI) treatment.
17 Comparable CXCL9 and CXCL11 levels were observed in newly diagnosed untreated
18 hyperthyroid GD vs. untreated patients with relapse of hyperthyroidism after a previous MMI
19 course.

20 **Conclusions:** Serum CXCL9, and CXCL11, levels are associated with the active phase of GD
21 both in newly diagnosed and relapsing hyperthyroid patients. The reduction of serum CXCL9
22 and CXCL11 levels in treated patients with GD may be related to the immunomodulatory
23 effects of MMI.

24

1 **Introduction**

2

3 The impressive complexity of the immune system involved in autoimmune disorders has
4 been partially clarified in the last years. Briefly, the production of interleukin (IL)-12
5 promotes the development of T helper (Th)1 cells producing interferon (IFN)- γ , IL-2, and
6 TNF- α , which activate macrophages and are responsible for cell-mediated immunity and
7 phagocyte-dependent protective responses. By contrast, the production of IL-4 favors the
8 development of Th2 cells producing IL-4, IL-5, and IL-13, which are responsible for strong
9 antibody production, eosinophil activation, and inhibition of several macrophage functions,
10 thus providing phagocyte-independent protective responses.

11 Th1 cells tend to produce the proinflammatory responses responsible for killing intracellular
12 parasites and for perpetuating autoimmune responses, whereas Th2 cells are associated with
13 the promotion of humoral immunity and of IgE and eosinophilic responses. The production of
14 transforming growth factor (TGF)- β and IL-6 promotes the development of Th17 cells, a
15 distinct type of effector T cell that induces tissues damage. Once Th17 cells are established,
16 IL-23 also participates in their maintenance. Treg cells, which inhibit autoimmunity and
17 protect against tissue injury, are induced by TGF- β in the absence of IL-6. Thus, TGF- β
18 functions as a regulator of tissue-damaging Th17 cells when collaborating with IL-6 and as
19 an activator of anti-inflammatory Treg cells when acting without IL-6 (1).

20 Chemokines are defined as small (8–15 kDa) proteins that induce chemotaxis and in some
21 instances, modulate the functional properties of different leucocytes during inflammation.

22 Chemokines are grouped into four distinct families according to the number and spacing of
23 two conserved N-terminal cysteine residues. Two chemokine families have multiple
24 members: the CXC (two N-terminal cysteines separated by a single amino acid) and the CC
25 (two N-terminal cysteines adjacent) family. The remaining CX3C and the C families each

1 contain a single member only, named CX3CL1 (fractalkine) and XCL1 (lymphotactin),
2 respectively. The CXC chemokines are additionally subdivided into those that contain a
3 glutamic acid-leucine-arginine (ELR) motif near their N-terminus (e.g. CXCL1 and CXCL8),
4 and those that do not contain this motif. The non-ELR CXC chemokines can be further
5 subgrouped based on their structure and target receptor. Three structurally related
6 chemokines comprise the IFN-inducible non-ELR CXC chemokine subgroup: chemokine C-
7 X-C motif ligand (CXCL)9, CXCL10 and CXCL11 (1-5).

8 A number of properties distinguish CXCL9, 10 and 11 from the other non-ELR CXC
9 chemokines and show that these chemokines are closely related. First, these molecules
10 exhibit significant structural homology being more similar to each other than to any of the
11 other non-ELR CXC chemokines (2). Second, the genes for these chemokines are all highly
12 inducible by IFN- γ . Third, all three chemokines share the ability (albeit to varying degrees) to
13 promote the directional migration of activated and memory, but not naive T cells. Finally,
14 CXCL9, 10 and 11 all bind to a common receptor named CXCR3. Thus, these chemokines
15 are considered appropriately as a distinct subfamily (3-5).

16 Two distinct domains that contributed to CXCR3 internalization were identified. The
17 carboxyl-terminal domain and beta-arrestin1 were predominantly required by CXCL9 and
18 CXCL10, and the third intracellular loop was predominantly required by CXCL11 (6).

19 CXCR3 chemokines play an important role in the initial phases of Graves' disease (GD) and
20 autoimmune thyroiditis (AT) (1).

21 The CXC α chemokines inducible by IFN- γ , CXCL9, CXCL10, CXCL11, are associated
22 with Th1-mediated immune responses, and among them CXCL10 is a prototype and its
23 serum levels are increased in several endocrine autoimmune conditions (7-10).

1 Recent experimental evidences have demonstrated that CXC chemokines and particularly
2 CXCL10 play an important physiopathological role in the initial phases of autoimmune
3 thyroid disorders (AITD) (8, 11, 12).

4 Expression of CXCL10 and CXCL9 was poor or absent in normal thyroid tissue, while both
5 the chemokines and their receptor were present in most thyroid glands of patients affected by
6 GD. CXCL10 and CXCL9 localized to infiltrating lymphocytes and macrophages, as well as
7 to resident epithelial follicular cells. Of note, maximal expression of CXCL10 and CXCL9
8 was found in the thyroid gland of patients with recent-onset GD and correlated with IFN- γ (8,
9 13). At the same time, it was shown that human thyrocytes in primary culture produce large
10 amounts of CXCL10 when stimulated by IFN- γ (11).

11 We have previously shown that CXCL10 is associated with the active phase of GD both in
12 newly diagnosed and relapsing hyperthyroid patients, and that the reduction of circulating
13 CXCL10 in treated patients with GD may be related to the immunomodulatory effects of
14 methimazole (MMI) (14, 15).

15 Increased expression of CXCL10 and CXCL9 was also observed in thyroid tissue specimens
16 obtained from subjects affected by AT by immunohistochemistry (11), and high levels of
17 CXCL9 and CXCL11 have been recently shown in patients with AT, in particular in the
18 presence of hypothyroidism (16-18). Furthermore, we have recently shown that IFN- γ and
19 TNF- α are able to induce the secretion of the CXCL9 and CXCL11 chemokines in thyrocytes
20 and fibroblasts of patients with GD and ophthalmopathy (19-21).

21 Briefly, it has been hypothesized that Th1 cells secreting these chemokines (CXCL9, 10, 11)
22 were presumably originally attracted to the thyroid gland because of the thyroid autoantigens.
23 In the thyroid, Th1 cells produce cytokines (such as IFN- γ and TNF- α) that can modulate the
24 autoimmune response inducing the production of CXCL9, CXCL10 and CXCL11
25 chemokines not only by lymphocytes, but also from thyrocytes. These chemokines induce the

1 migration of other Th1 lymphocytes into the thyroid, which in turn, secrete more IFN- γ and
2 TNF- α , stimulating further the chemokine production by the target cells, thus initiating and
3 perpetuating the autoimmune cascade.

4 To our knowledge, no study has evaluated systematically the IFN- γ inducible CXCL9 and
5 CXCL11 chemokines in patients with GD in relation to thyroid function and treatment. The
6 aim of the present study therefore was to measure serum CXCL9 and CXCL11 levels in
7 patients with GD and to relate the findings to the clinical phenotype, in order to assess the
8 potential benefit of routine assessment of these chemokines in the clinical management of
9 such patients.

10

11 **Materials and Methods**

12

13 *Patients*

14 From the outpatient clinic, we prospectively studied 91 consecutive Caucasian patients with
15 GD, without clinical signs or symptoms of Graves' ophthalmopathy (**Table 1**). The patients
16 were referred to us by general practitioners or other hospitals because of the presence of
17 hyperthyroidism or of circulating thyroid autoantibodies, or clinical suspicion of a thyroid
18 disorder. The diagnosis of GD (14, 15) was established from the clinical presentation
19 (presence of a diffuse goiter, varying in size from normal to very large), thyroid hormones
20 and thyroid autoantibodies measurements [presence of antithyrotropin-receptor
21 autoantibodies (TRAb), and/or thyroid ultrasonography (decreased, dyshomogeneous
22 echogenicity, and diffuse goiter)]. The majority of these patients had goiter (61%), the others
23 showed a normal thyroid volume. A minority of patients (7%) were submitted to fine-needle
24 aspiration (FNA) of thyroid nodules to exclude the presence of thyroid cancer or lymphoma;
25 in these cases, cytology excluded the presence of a malignancy.

1 Among the GD patients, 31 were untreated hyperthyroid patients (11 of them had a relapse of
2 hyperthyroidism after a MMI course of 8-31 months), 50 were in treatment with MMI (2-34
3 months duration), while the other 10 were euthyroid and in remission after a previous course
4 of MMI therapy of 1-36 months duration.

5 In terms of thyroid function, 48 were hyperthyroid [low TSH associated with high levels of
6 free T₃ (FT₃) and/or free T₄ (FT₄)], 34 were euthyroid (normal TSH, FT₃ and FT₄), and 9
7 were hypothyroid (high TSH, with normal or low levels of FT₄ and/or FT₃) while being
8 treated with MMI.

9 *Controls*

10 We used two different controls to compare the features of GD not associated with
11 hyperthyroidism (Comparison 1), or associated with hyperthyroidism (Comparison 2). The
12 necessity to use two different comparisons was due to the fact that the mean age of GD
13 patients was 41 years (**Table 1**), while the mean age of toxic nodular goiter (TNG) collected
14 in the same period (used as control group of hyperthyroid GD) was 55 years; as serum
15 CXCL10 levels are higher in older subjects (9), the Comparison 2 group was made excluding
16 patients younger than 45 years in controls, with thyroiditis and GD, and with a matched age.

17 Comparison 1

18 Three control groups were used (**Table 1**). The first control group (controls I, n = 91)
19 consisted of a random sample of the general population (matched by sex and age \pm 2 years,
20 with GD patients) from the same geographic area in whom a complete thyroid work-up
21 [history, physical examination, TSH, FT₃, FT₄, antithyroglobulin (TgAb) and
22 antithyropoxidase (TPOAb) antibodies measurements, and ultrasonography] was available,
23 and excluded the presence of thyroid disorders.

24 A second control group was made by 91 patients with euthyroid chronic AT (matched by sex
25 and age \pm 2 years, with GD patients) (**Table 1**). The diagnosis of AT (22) was established

1 from the clinical presentation (presence of a firm goiter, varying in size from small to very
2 large, with a lobulated surface), thyroid hormones and thyroid autoantibodies measurements,
3 and/or thyroid ultrasonography (decreased, dyshomogeneous echogenicity).

4 A third control group comprised 34 patients with non-toxic multinodular goiter (MNG)
5 extracted from the same random sample of the general population (matched by sex and age \pm
6 2 years, with GD patients). The majority of these patients had a normal thyroid volume, some
7 showed goiter (41%). All these patients were submitted to FNA to exclude the presence of
8 thyroid cancer; cytology confirmed the absence of a malignancy.

9 Comparison 2

10 In the same period we collected the clinical history and the blood samples of 31 patients
11 affected by TNG (diagnosed by thyroid scintigraphy) (**Table 2**). All patients were
12 hyperthyroid, and the majority of them had a goiter (69%). All these patients were submitted
13 to FNA to exclude the presence of thyroid cancer; cytology confirmed the absence of a
14 malignancy. Owing to the fact that the mean age of the patients with TNG was 55 years and
15 that serum CXCL9 levels are higher in older subjects the comparison 2 was made by
16 matching TNG patients by age (\pm 3 years) and sex with controls, i.e. hyperthyroid patients
17 with **GD, or thyroiditis (Table 2)**.

18 In all patients and controls, a blood sample was collected in the morning, after overnight
19 fasting, and serum was kept frozen until thyroid hormones, TSH, thyroid autoantibodies, and
20 CXCL9 and CXCL11 measurement.

21 All study subjects gave their informed consent to participate in the study, which was
22 approved by the local Ethical Committee.

23 *Ultrasonography of the neck and FNA*

24 Neck ultrasonography was performed by the same operator, who was unaware of the results
25 of thyroid hormones, autoantibodies and CXCL10 measurements (Esaote, AU5 with a

1 sectorial 7.5 MHz transducer). Thyroid volume was calculated using the ellipsoid formula, as
2 described (14, 15). The presence of hypoechoic and dyshomogeneous echogenicity was
3 arbitrarily rated at three levels (0 = normal echogenicity; 1 = slightly hypoechoic and
4 dyshomogeneous; 2 = severely hypoechoic and dyshomogeneous) in order to evaluate
5 structural abnormalities of thyroid tissue associated with thyroid autoimmunity (14, 15). The
6 presence of thyroid nodules was recorded, and nodules with a diameter >10 mm were
7 submitted to ultrasonography-guided FNA, which was performed by the same operator, using
8 a free-hand method as already described (14, 15).

9 *Thyroid blood flow (TBF)*

10 TBF by color-flow doppler (CFD) was studied in all patients (14, 15). The CFD pattern was
11 defined as normal (or type 0): TBF limited to peripheral thyroid arteries; type I: TBF mildly
12 increased; type II: TBF clearly increased; type III: TBF markedly increased (14, 15).

13 *Laboratory evaluation*

14 Thyroid function and thyroid autoantibodies were measured as previously described (22).
15 Circulating FT₃ and FT₄ were measured by commercial RIA kits (AMERLEX-MAB FT₃/
16 FT₄ Kit; Amersham, UK). Serum TSH (DiaSorin, USA), TPOAb and TgAb (ICN
17 Pharmaceuticals, USA) were evaluated by immunoradiometric assay (IRMA) methods.
18 TRAb autoantibodies were measured with the use of a radioreceptor assay (Radim, Italy)
19 (normal range 0-1 IU/mL). For TgAb, TPOAb, positivity was set at > 50, and > 10 IU/mL,
20 respectively.

21 *Serum CXCL9, CXCL11, IFN- γ and CCL2 levels by ELISA*

22 Serum CXCL9 levels were assayed by a quantitative sandwich immunoassay using a
23 commercially available kit (R&D Systems, Minneapolis, MN, USA), with a sensitivity
24 ranging from 9-15.5 pg/mL and a mean minimum detectable dose of 5.6 pg/mL. The intra-
25 and inter-assay coefficients of variation were 4.7% and 5.8%.

1 Serum CXCL11 levels were assayed by a quantitative sandwich immunoassay using a
2 commercially available kit (R&D Systems), with a sensitivity ranging from 2.1-4.5 pg/mL
3 and a mean minimum detectable dose of 12.1 pg/mL. The intra- and inter-assay coefficients
4 of variation were 4.9% and 6.8%.

5 IFN- γ (Th1 cytokine) and CCL2 (Th2 chemokine) concentrations were also measured in
6 serum using commercially available kits (R&D Systems). The mean minimum detectable
7 level was 2.5 pg/mL for IFN- γ and 4.6 pg/mL for CCL2; the intra- and inter-assay
8 coefficients of variation were 3.1% and 5.9% for IFN- γ , 4.3% and 5.2% for CCL2.

9 *Data analysis*

10 Values are given as mean \pm SD for normally distributed variables, otherwise as median and
11 interquartile range. Mean group values were compared by ANOVA for normally distributed
12 variables, otherwise by the Mann-Whitney *U* or Kruskal-Wallis test. Proportions were
13 compared by the χ^2 test. *Post-hoc* comparisons of normally distributed variables were carried
14 out using the Bonferroni-Dunn test. Multivariate analysis was performed by multiple linear
15 regression analysis using CXCL9 or CXCL11 as dependent variable and age, TSH, FT₃, as
16 covariates.

17

18 **Results**

19

20 The demographic and clinical features of GD patients and controls are reported in **Table 1**.
21 The mean CXCL9 levels were significantly higher in patients with GD, than in controls, or in
22 patients with euthyroid AT or multinodular goiter (**Fig. 1**).

23 In GD patients, serum CXCL9 levels were significantly higher in patients older than 50 years
24 ($p = 0.043$, ANOVA), in GD patients with a hypoechoic pattern (55%) ($p = 0.012$, ANOVA),
25 and in those with hypervascularity (68%) ($p = 0.015$, ANOVA) (**Table 3**), while no

1 significant difference was observed in relation to the presence of goiter, TPOAb, TgAb, or
2 TRAb positivity. In a multiple linear regression model including age, TSH, and FT₃, only age
3 and FT₃ were slightly but significantly related to serum CXCL9 levels (**Table 4**).

4 Patients with GD and hyperthyroidism had significantly higher CXCL9 levels than euthyroid
5 or hypothyroid GD patients ($p = 0.01$, ANOVA) (**Fig. 2A**), lower TSH ($p < 0.001$), and
6 higher FT₄ ($p < 0.001$), FT₃ ($p < 0.001$), TRAb levels ($p < 0.001$), and higher degrees of
7 hypervascularity ($p = 0.001$) (**Table 5**), while there was no significant difference in thyroid
8 volume, echogenicity, TgAb and TPOAb titers.

9 GD patients with untreated hyperthyroidism had higher CXCL9 levels than hyperthyroid
10 patients treated with MMI, or euthyroid patients treated with MMI ($p = 0.001$, ANOVA)
11 (**Fig. 3A**). CXCL9 levels were not significantly different in newly diagnosed untreated
12 hyperthyroid patients in comparison with untreated patients with relapse of hyperthyroidism
13 after a previous MMI course (**Table 3**).

14 MMI-treated patients who were euthyroid had higher CXCL9 levels than patients in
15 remission of hyperthyroidism without treatment ($p = 0.001$, ANOVA) (**Table 3**).

16 By defining a high CXCL9 level as a value of at least 2 SD above the mean value of the
17 control group (> 142 pg/mL), 54% of patients with GD, 27% of AT, 3% of controls, and one
18 of the MNG patients had high CXCL9 levels ($p < 0.001$, χ^2) (**Table 1**). No relationship was
19 observed between CXCL9 and disease duration.

20 Patients with GD had higher levels of CXCL9 than patients with euthyroid AT, TNG, or age-
21 and sex-matched controls (**Table 2**).

22 The mean CXCL11 levels were significantly higher in patients with GD, than in controls or
23 multinodular goiter patients (**Table 1**), and it was not significantly different from patients
24 with euthyroid AT (**Fig. 1B**).

1 In GD patients, serum CXCL11 levels were significantly higher in GD patients with
2 hypervascularity ($p = 0.041$, ANOVA) (**Table 3**), while no significant difference was
3 observed in relation to the presence of goiter, TPOAb, TgAb, or TRAb positivity.
4 Patients with GD and hyperthyroidism had significantly higher CXCL11 levels than
5 euthyroid or hypothyroid GD patients (ANOVA, $p = 0.03$ respectively) (**Fig. 2B**).
6 In a multiple linear regression model including TSH and FT₃, they were not significantly
7 related to serum CXCL11 levels.
8 Patients with GD had significantly higher levels of CXCL11 than age- and sex-matched
9 controls, while CXCL11 levels were higher, although not significantly, compared to
10 euthyroid AT, or TNG (**Table 2**).
11 GD patients with untreated hyperthyroidism had higher CXCL11 levels than hyperthyroid
12 patients treated with MMI, or euthyroid patients treated with MMI ($p = 0.006$, ANOVA)
13 (**Fig. 3B**). CXCL11 levels were not significantly different in newly diagnosed untreated
14 hyperthyroid patients compared to untreated patients with relapse of hyperthyroidism after a
15 previous MMI course (**Table 3**).
16 Patients who were euthyroid while being treated with MMI or during remission of
17 hyperthyroidism without treatment showed similar CXCL11 levels (**Table 3**).
18 By defining a high CXCL11 level as a value of at least 2 SD above the mean value of the
19 control group (> 104 pg/mL), 32 % of patients with GD, 27% of AT, 2% of controls, and one
20 of the multinodular goiter patients had high CXCL11 levels ($p < 0.001$, χ^2) (**Table 1**). No
21 relationship was observed between CXCL11 and the GD disease duration.
22 No significant relationship was observed between CXCL9 and CXCL11 serum levels in
23 patients with GD, by simple regression.
24 IFN- γ was detectable in the serum of 5% of controls, 6% of MNG, 45% of GD, and 37% of
25 AT ($p < 0.0001$, χ^2). IFN- γ levels were similar in GD (12 [5.2-25.4] pg/mL, median and

1 [interquartile range]), and in AT (10.1 [4.1-22.5] pg/mL) ($p = ns$).
2 No significant relationship was observed between CXCL9, or CXCL11, or IFN- γ serum
3 levels in patients with GD, by simple regression.
4 CCL2 levels were similar in GD (403 [131-734] pg/mL, median and [interquartile range]), in
5 AT (354 [154-673] pg/mL), MNG (339 [127-801] pg/mL) and controls (371 [143-724]
6 pg/mL) ($p = ns$).

7

8 **Discussion**

9

10 The results of the present study confirm that CXCL9 and CXCL11 serum levels are increased
11 in newly diagnosed patients with GD, and demonstrate a strong association with the
12 hyperthyroid phase of the disease, with a decrease of both chemokines with MMI therapy.
13 Furthermore, high levels of CXCL9 and CXCL11 were strongly associated with
14 hypervascularity. The relapse of hyperthyroidism was characterized by CXCL9 and CXCL11
15 serum levels similar to those observed in newly diagnosed hyperthyroid patients.

16 Other studies suggest that a prevalent Th1 immune response is involved in AT, while a
17 predominant Th2 response is associated with GD (23-26).

18 Our results are in agreement with some studies that have shown a prevalent Th1 immune
19 response in the initial phase of GD (8, 15). IFN- γ serum levels were higher in GD patients
20 than in controls, confirming a Th1 involvement in GD and the results of previous studies (27-
21 29).

22 The increase of CXCL9 in hyperthyroid patients with GD is in agreement with previous
23 studies showing the involvement of IFN- γ (27), TNF- α (30) and Th1 cytokines in GD (27,
24 31-35). Furthermore, the increase of serum CXCL9 in hyperthyroid patients with GD is in
25 agreement with the results of another study that found that GD patients who relapsed or went

1 into remission had significantly different levels of CXCL9 (36).

2 Moreover, it has been recently shown that IFN- γ and TNF- α are able to induce the secretion
3 of the CXCL9 and CXCL11 chemokines in thyrocytes of patients with GD (11, 19-21).

4 In our series, the increase of CXCL9 and CXCL11 seemed not associated with
5 hyperthyroidism “*per se*”; in fact, the serum levels of these chemokines were higher in
6 hyperthyroid Graves’ patients than in toxic nodular goiter. Therefore, the reported reduction
7 of circulating CXCL9 and CXCL11 levels under MMI therapy could be reasonably ascribed
8 to the well known immunomodulatory effect of antithyroid drugs (37, 38). This is also in
9 agreement with the results observed for CXCL10 in GD patients treated with MMI (14, 15,
10 34).

11 Recently, it has been shown that MMI inhibits CXCL10 secretion in human thyrocytes. MMI
12 decreased cytokine-induced CXCL10 secretion by reducing TNF- α -induced upregulation of
13 the IFN- γ receptor (39).

14 The site of production of CXCL9, CXCL10 and CXCL11 remains to be clarified. Cytokine
15 production has been variably interpreted as sustained by thyroid follicular cells (TFC) (40),
16 by intrathyroidal lymphocytes (27), or from the activation of humoral reactions in sites other
17 than the thyroid (41, 42). However, the MMI-induced reduction of CXCL9 and CXCL11
18 levels in our GD patients suggests that both intrathyroidal lymphocytes and TFC could be
19 responsible for CXCL9 and CXCL11 production. These findings are in agreement with the
20 observed reduction of CXCL10 levels after ^{131}I treatment, or thyroidectomy in GD patients,
21 that suggests that the thyroid gland itself is the main source of circulating CXCL10 (43, 44).

22 Patients with GD in remission after a previous course of MMI therapy show serum CXCL9
23 and CXCL11 levels similar to normal controls or euthyroid multinodular goiters, but lower
24 than patients with euthyroid AT. These data are in agreement with previous reports showing
25 that CXCL10 expression was comparable to controls in patients with long-standing GD (8)

1 and suggest that CXCL9, CXCL10 and CXCL11 are transiently involved in the active phase
2 of GD, when an active inflammatory process is present, and the Th1-mediated immune
3 response is prevalent, while it is no more significantly present when remission of the disease
4 is achieved. This finding may be regarded as a result of the negative feedback of Th2
5 cytokines on IFN- γ production. This switch from a Th1 to a Th2 phenotype already reported
6 in other long standing autoimmune diseases appears to be present also in GD, in line with a
7 previous report showing that lymphocytes obtained from orbital and thyroid tissue of patients
8 affected by Graves' ophthalmopathy had a predominant Th1 profile, whereas patients with
9 remote onset of hyperthyroidism had a large majority of Th2 lymphocytes (33). However,
10 during relapse of hyperthyroidism, a new increase of CXCL10 is demonstrable, in line with a
11 novel activation of the Th1-mediated immune response.

12 The increase of CXCL9, CXCL10 and CXCL11 in the active phase of GD is in agreement
13 with findings arisen from previous reports in which these chemokines have been
14 contemporarily assessed in the serum and cerebrospinal fluid of multiple sclerosis patients
15 (MS), showing significant modification in relation to the clinical phase of disease.
16 Specifically, CXCL10 was higher in acute MS and lower in stable disease, suggesting a
17 pathogenetic role for the chemokine in mediating clinical reexacerbation of MS (45). In
18 addition, the previously reported inverse correlation between CXCL10 levels and time from
19 last clinical relapse, together with the finding that CXCL9, CXCL10 and CXCL11 are
20 upregulated during relapse in MS (46-48), strongly supports this hypothesis.

21 The increase of CXCL9 and CXCL11 in patients with relapse of hyperthyroidism suggests
22 that CXCL9 and CXCL11 could be used as prognostic markers in patients with GD after the
23 remission of the hyperthyroidism with MMI treatment. Currently, this is typically addressed
24 by the determination of TRAb, which represent the most useful addition to the clinical
25 armamentarium and a low-cost assay in treatment planning; the major hurdle consists in

1 increasing the sensitivity of the available assays for TRAb in order to be applied successfully
2 to a greater proportion of patients with GD (49). We have failed to show a relationship
3 between the differences of CXCL9 or CXCL11 concentrations and the presence of circulating
4 TRAb, TPOAb, or TgAb suggesting that the activation of the CXCL9 and CXCL11 system
5 may be independent of autoantibody reactions in the thyroid.

6 Interestingly, circulating levels of CXCL9 in GD patients were higher than those of CXCL11.
7 This finding is in agreement with the results of previous studies that have shown that in
8 primary cultures of thyrocytes, obtained from GD patients, the treatment with TNF- α plus
9 IFN- γ has a significantly higher synergistic effect on CXCL9 secretion than on CXCL11
10 release, and reinforces the hypothesis that the thyroid gland itself is the main source of these
11 chemokines (19, 20).

12 In conclusion, IFN- γ inducible chemokines CXCL9 and CXCL11 are associated with the
13 active phase of GD both in newly diagnosed and in relapsing hyperthyroid patients. The
14 reduction of circulating CXCL9 and CXCL11 levels in patients with GD treated with MMI
15 may be related to the immunomodulatory effect of MMI. Future longitudinal studies in
16 patients with GD will be necessary to assess the possible use of CXCL9 and CXCL11 serum
17 levels as prognostic markers both in patients treated with MMI or after achievement of
18 remission and as a possible addition to the TRAb assay.

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1 **Author Disclosure Statement**

2 The authors have no conflicts of interest to disclose.

3 No competing financial interests exist.

4

5 **Corresponding author and person to whom reprint requests should be addressed:**

6 Alessandro Antonelli, MD

7 Department of Clinical and Experimental Medicine

8 University of Pisa

9 Via Savi, 10, 56126, Pisa, Italy

10 Phone: +39-050-992318

11 Fax: +39-050-553235

12 e-mail: alessandro.antonelli@med.unipi.it

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8

1 **Table 1.** Thyroid status of control subjects, or patients with autoimmune thyroiditis, or euthyroid
 2 multinodular goiter, or Graves' disease.

	<i>controls I</i>	<i>thyroiditis</i>	<i>multinodular goiter</i>	<i>Graves' disease</i>	<i>p</i>
n	91	91	34	91	
Age (years)	43 ± 13	42 ± 12	43 ± 10	41 ± 11	ns
Sex (M/F)%	23	23	24	23	ns
Thyroid volume (mL)	10 ± 11	12 ± 13	19 ± 14	23 ± 16*	< 0.001
Hypoechoic (%)	0	65	0	55	< 0.001
Hypervascular (%)	0	41	0	68	< 0.001
Serum TSH (μU/mL)	1.4 ± 0.7	1.5 ± 1.1	1.0 ± 0.9	0.6 ± 1.7*	0.006
TPOAb (IU/mL)	8 ± 11	456 ± 532°	10 ± 6	342 ± 297°	< 0.001
TgAb (IU/mL)	7 ± 9	212 ± 284°	9 ± 11	164 ± 351°	< 0.001
TRAb (IU/mL)	0	0	0	25 ± 27§	< 0.001
TPOAb positivity (%)	0	78	0	42	< 0.001
TgAb positivity (%)	0	72	0	35	< 0.001
CXCL9 (pg/mL)	76 ± 33	132 ± 78°	87 ± 48	274 ± 265§	< 0.001
CXCL9 (> 142 pg/mL)	3%	27%	3%	54%	< 0.001
CXCL11 (pg/mL)	64 ± 20	108 ± 48^	76 ± 33	140 ± 92°	0.009
CXCL11 (> 104 pg/mL)	2%	27%	3%	32%	< 0.001

3
 4 Antithyropoxidase antibody=TPOAb; Antithyroglobulin antibody=TgAb; Antithyrotropin-receptor
 5 antibody=TRAb. Mean group values were compared by ANOVA for normally distributed variables,
 6 otherwise by Kruskal-Wallis test. Proportions were compared by the χ^2 test. *Post-hoc* comparisons on
 7 normally distributed variables were carried out using the Bonferroni-Dunn test.

8 * $p < 0.05$ or less vs. controls or vs. autoimmune thyroiditis.

9 ° $p < 0.05$ or less vs. controls and vs. multinodular goiters.

10 ^ $p < 0.05$ or less vs. controls.

11 § $p < 0.05$ or less vs. controls, vs. autoimmune thyroiditis and vs. multinodular goiters.

1 **Table 2.** Thyroid status of control subjects and patients with euthyroid autoimmune thyroiditis, or
 2 toxic nodular goiter, or Graves' disease.

	<i>controls</i>	<i>thyroiditis</i>	<i>toxic nodular goiter</i>	<i>Graves' disease</i>	<i>p</i>
n	31	31	31	31	
Age (years)	57 ± 6	56 ± 10	55 ± 9	53 ± 10	ns
Sex (M/F)%	29	29	29	29	ns
Thyroid volume (mL)	11 ± 13	18 ± 16	31 ± 32°	27 ± 21°	< 0.001
Serum TSH (μU/mL)	1.7 ± 0.9	1.8 ± 1.2	0.03 ± 0.09°	0.02 ± 0.06°	< 0.001
TPOAb (IU/mL)	11 ± 7	453 ± 356*	9 ± 7	241 ± 276*	< 0.001
TgAb (IU/mL)	12 ± 9	542 ± 371*	10 ± 8	213 ± 275*	< 0.001
TRAb (IU/mL)	0	0	0	21 ± 19§	< 0.001
CXCL9 (pg/mL)	88 ± 41	147 ± 91^	112 ± 56	261 ± 283§	< 0.001
CXCL11 (pg/mL)	67 ± 23	105 ± 52^	91 ± 41	135 ± 79 ^	0.012

3

4 Antithyropoxidase antibody=TPOAb; Antithyroglobulin antibody=TgAb; Antithyrotropin-receptor
 5 antibody=TRAb. Mean group values were compared by ANOVA for normally distributed variables,
 6 otherwise by Kruskal-Wallis test. Proportions were compared by the χ^2 test. *Post-hoc* comparisons on
 7 normally distributed variables were carried out using the Bonferroni-Dunn test.

8 ° $p < 0.05$ or less vs. controls or vs. autoimmune thyroiditis.

9 * $p < 0.05$ or less vs. controls and vs. toxic nodular goiter.

10 ^ $p < 0.05$ or less vs. controls.

11 § $p < 0.05$ or less vs. controls, vs. autoimune thyroiditis and vs. toxic nodular goiter.

12

1 **Table 3.** Serum CXCL9 and CXCL11 levels in relation to various parameters in patients with Graves'
 2 disease.

<i>CXCL9</i>			
Age			
> 50 years	< 50 years		<i>p</i>
309 ± 243 pg/mL	216 ± 267 pg/mL		0.043
Hypoechoic pattern			
No	Yes		<i>p</i>
209 ± 241 pg/mL	328 ± 284 pg/mL		0.012
Hypervascularity			
No	Yes		<i>p</i>
234 ± 231 pg/mL	314 ± 301 pg/mL		0.015
Euthyroidism under MMI	In remission of hyperthyroidism		<i>p</i>
191 ± 235 pg/mL	122 ± 83 pg/mL		0.001
Newly diagnosed untreated hyperthyroidism	Untreated in relapse of hyperthyroidism		<i>p</i>
302 ± 295 pg/mL	295 ± 308 pg/mL		ns
<i>CXCL11</i>			
Hypervascularity			
No	Yes		<i>p</i>
111 ± 84 pg/mL	160 ± 98 pg/mL		0.041
Euthyroidism under MMI	In remission of hyperthyroidism		<i>p</i>
101 ± 61 pg/mL	90 ± 44 pg/mL		ns
Newly diagnosed untreated hyperthyroidism	Untreated in relapse of hyperthyroidism		<i>p</i>
168 ± 103 pg/mL	154 ± 87 pg/mL		ns

1 **Table 4.** Multiple linear regression of CXCL9 vs. age, TSH, and FT₃.
2

	<i>standardized coefficient (β)</i>	<i>regression coefficient (r.c.)</i>	<i>CI (r.c.) 95% lower</i>	<i>CI (r.c.) 95% upper</i>	<i>p</i>
Age (years)	0.19	1.5	0.1	2.7	0.032
TSH (ln[μ U/mL])	-0.11	-1.2	-3.1	2.3	0.514
FT ₃ (ng/L)	0.24	2.9	0.3	7.4	0.033

3 Free T₃=FT₃; Confidence Interval=CI.
4

1 **Table 5.** CXCL9 serum levels in relation to thyroid status of patients with Graves' disease.
 2

	GD	GD	GD	<i>p</i>
	hyperthyroidism	euthyroidism	hypothyroidism	
CXCL9 (pg/mL)	340 ± 285	182 ± 175	195 ± 170	0.015
TSH (μU/mL)	0.03 ± 0.07	0.65 ± 1.2	12.1 ± 17.4	< 0.001
FT ₄ (pg/mL)	21.7 ± 12.4	9.3 ± 3.9	3.7 ± 2.5	< 0.001
FT ₃ (μU/mL)	11.5 ± 7.4	3.9 ± 1.4	2.5 ± 0.8	< 0.001
TRAb (IU/mL)	36 ± 31	17 ± 15	14 ± 12	< 0.001
Degrees of hypervascularity (score units)	1.1 ± 0.2	0.7 ± 0.3	0.3±0.4	0.001

3
 4

1 **Legends to Figures**

2

3 **Figure 1.** Distribution of serum CXCL9 (A), or CXCL11 (B), values in control subjects
4 (Ctrl), in patients with autoimmune thyroiditis (AT), euthyroid multinodular goiter (MNG)
5 and Graves' disease (GD). The box indicates the lower and upper quartiles and the central
6 line is the median value; the horizontal lines at the end of the vertical lines are the 2.5% and
7 97.5% values (* $p < 0.05$ or less vs. controls; ** $p < 0.05$ or less vs. controls, or vs. MNG;
8 *** $p < 0.05$ or less vs. controls, or vs. AT, or vs. MNG; by Bonferroni-Dunn).

9

10 **Figure 2.** Patients with Graves' disease and hyperthyroidism (Hyper) had significantly higher
11 CXCL9 (A), or CXCL11 (B) levels than euthyroid (Eu) or hypothyroid (Hypo) GD patients.
12 The box indicates the lower and upper quartiles and the central line is the median value; the
13 horizontal lines at the end of the vertical lines are the 2.5% and 97.5% values (* $p < 0.05$ or
14 less vs. Eu, or Hypo; by Bonferroni-Dunn).

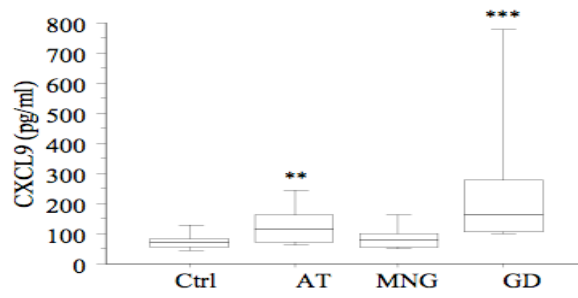
15

16 **Figure 3.** Patients with Graves' disease with untreated hyperthyroidism (Hyper) had higher
17 CXCL9 (A), CXCL11 (B) levels than hyperthyroid patients treated with MMI (Hyper+MMI),
18 or euthyroid patients treated with MMI (Eu+MMI) (* $p < 0.05$, by Bonferroni-Dunn). The
19 box indicates the lower and upper quartiles and the central line is the median value; the
20 horizontal lines at the end of the vertical lines are the 2.5% and 97.5% values.

21

22

A



B

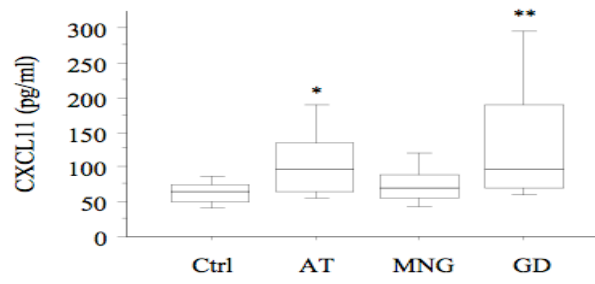


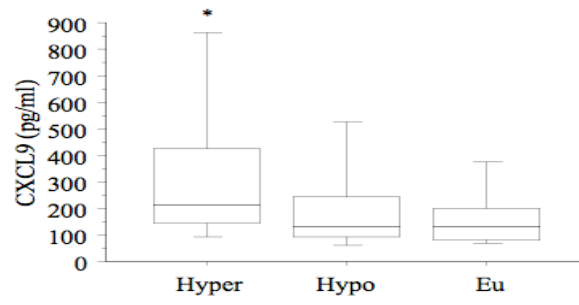
Figure 1

1

2

3

A



B

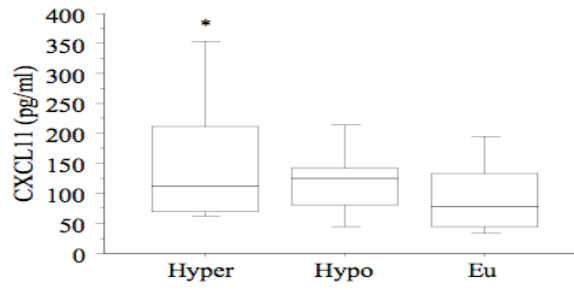
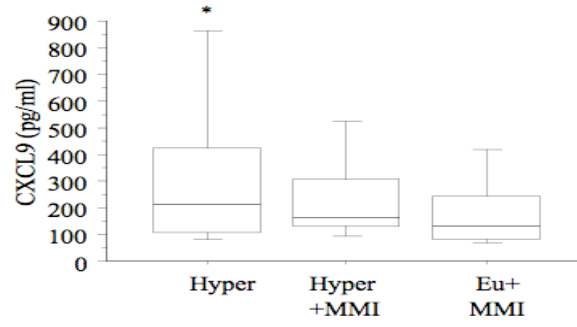


Figure 2

1

2

A



B

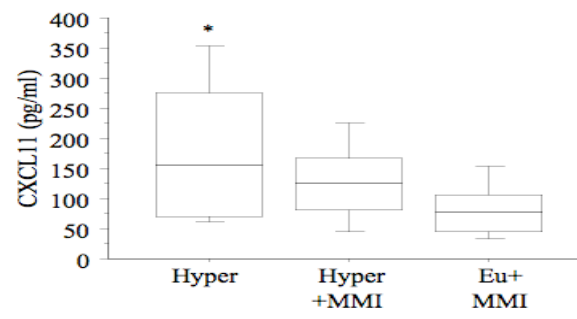


Figure 3