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81	Abstract	Epstein-Barr virus (EBV) has been implicated in multiple sclerosis (MS) pathogenesis. We aimed to assess the frequency of EBV-specific IgG and IgM oligoclonal bands (OCB) in cerebrospinal fluid (CSF) of 50 patients with clinically isolated syndrome (CIS) and in 27 controls with Guillain-Barré syndrome (GBS). Furthermore, we assessed correlations between the presence of OCB and CIS patients' CSF, MRI, and clinical variables. There was no difference in the proportion of CIS and GB patients with positivity for anti-EBV-specific IgG/IgM OCB. There were no correlations between OCB and analyzed variables, nor were they predictive of a higher disability at 3 years.	
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Cerebrospinal fluid anti-Epstein-Barr virus specific oligoclonal IgM and IgG bands in patients with clinically isolated and Guillain-Barré syndrome

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Francesca Vitetta¹ · Elisa Merelli¹ · Paolo Frigio Nichelli^{1,2} · Patrizia Sola¹

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Abstract Epstein-Barr virus (EBV) has been implicated in multiple sclerosis (MS) pathogenesis. We aimed to assess the frequency of EBV-specific IgG and IgM oligoclonal bands (OCB) in cerebrospinal fluid (CSF) of 50 patients with clinically isolated syndrome (CIS) and in 27 controls with Guillain-Barré syndrome (GBS). Furthermore, we assessed correlations between the presence of OCB and CIS patients' CSF, MRI, and clinical variables. There was no difference in the proportion of CIS and GB patients with positivity for anti-EBV-specific IgG/IgM OCB. There were no correlations between OCB and analyzed variables, nor were they predictive of a higher disability at 3 years.

Keywords Epstein-Barr virus · Clinically isolated syndrome · Multiple sclerosis · Oligoclonal IgG bands · Oligoclonal IgM bands

Introduction

Epidemiological data, including a seroprevalence >99% in multiple sclerosis (MS) patients (compared to 94% in

controls) (Ascherio and Munger 2007) and a higher risk of MS in subjects with a history of infectious mononucleosis (Handel et al. 2010), indicates that EBV may play a role in MS pathogenesis. The high infection prevalence in MS patients has suggested that it may be a prerequisite for the development of MS, although pathogenetic mechanisms are still unclear and hypotheses include promotion of autoimmunity by EBV-infected autoreactive B cells, bystander damage related to anti-EBV responses, and cross-reactivity between EBV and central nervous system (CNS) antigens (Holmøy, Kvale, and Vartdal 2004; Lang et al. 2002; Lünemann et al. 2008).

A debated issue is whether EBV represents an antigenic target for antibody production within the CNS.

Castellazzi et al. (Castellazzi et al. 2014) recently reported, among other findings, that local synthesis of cerebrospinal fluid (CSF) specific IgG oligoclonal bands (OCB) directed against Epstein-Barr virus (EBV) occurred in 21% of 100 patients with relapsing-remitting multiple sclerosis (RRMS), and that they had a low affinity in all patients. Authors concluded that the EBV-specific intrathecal oligoclonal IgG production is probably unrelated to the cause of the disease, but may occur in a subset of MS patients as part of a humoral polyreactivity directed against many different pathogens.

We hereby report on similar findings in a group of 50 patients with clinically isolated syndrome (CIS). We furthermore report results on the frequency of CSF-restricted EBV-specific IgM OCB in the CIS cohort, on the correlations between the presence of anti-EBV-specific IgG and IgM bands and CSF, MRI and clinical variables (including disability and the risk of conversion to clinically definite MS within the subsequent 3 years), and on the frequency of EBV-specific IgG and IgM OCB in a control group of 27 patients with Guillain-Barré syndrome (GBS).

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65	Methods and materials	
66	Patients	
67	Of 201 consecutive patients with a first demyelinating event	109
68	(CIS) seen at our center, whose CSF and serum had been	110
69	stored at -80°C after collection, we selected those patients	111
70	(nr = 50) who proved positive for both CSF-restricted IgG	112
71	OCB and CSF IgM OCB (the latter were CSF-restricted in	113
72	40 patients and present as a “mirror pattern”, i.e., identical	114
73	bands in CSF and serum, in 10 patients). Furthermore, of 38	115
74	patients diagnosed with GBS, we selected 27, who showed a	116
75	CSF IgG mirror pattern, as controls.	117
76	Data collection	
77	Of all CIS patients, we recorded demographic (sex, age at	120
78	onset), clinical (symptoms at onset, EDSS at onset, and clinical	121
79	recovery), MRI (presence and number of brain and spinal	122
80	cord MRI lesions, presence and number of gadolinium-	123
81	enhancing lesions on MRI, and presence of spinal/	124
82	infratentorial lesions), and routine CSF data collected at onset	125
83	(CSF proteins, cell count, Link’s IgG Index, presence of IgG	126
84	OCB and CSF/serum albumin quotient, indicating a blood-	127
85	brain barrier dysfunction if value $>6.5 \times 10^3$), as well as	
86	follow-up data including the occurrence of relapses and dis-	
87	ability status (EDSS) (Kurtzke 1983) in the subsequent	
88	3 years.	
89	Laboratory procedures	
90	<i>Cerebrospinal fluid and serum sampling</i>	
91	Laboratory procedures were carried out on CSF, and serum	130
92	samples from each patient, which, at the time of the diagnostic	131
93	spinal tap, had been centrifuged at 3000 rpm for 10 min and	132
94	stored in cryovial tubes at -80°C within 2 h from collection.	133
95	CSF and serum samples were analyzed for the presence of	134
96	IgM OCB by means of agarose gel isoelectric focusing (IEF)	135
97	followed by immunoblotting with polyclonal specific anti-	136
98	human IgM antibodies (Dako), according to the method pro-	137
99	posed by Villar et al. (L. M. Villar et al. 2001), with some	138
100	modifications (Ferraro et al. 2015). We obtained the approval	139
101	of the Modena Ethics Committee (protocol nr. 116/09).	
102	<i>EBV antigen-specific immunoblotting</i>	
103	EBV-specific OCB were investigated by antigen-specific im-	140
104	muno-blotting as reported by Castellazzi et al. (Castellazzi	141
105	et al. 2014), using the same mixture of antigens (Genway	
106	Biotech, Inc. San Diego, CA, USA, a P3H3 extract crude viral	
107	lysate containing a high concentration of EBV antigens, in-	
108	cluding VCA, EBNA, early antigen diffuse, and early antigen	
	restricted). However, we did not use a commercial kit to carry	109
	out IEF. For IEF, we used agarose gel, polyvinylidene fluoride	110
	membrane, rabbit anti-human IgG (primary antibody), poly-	111
	clonal swine anti-rabbit Ig/AP (secondary antibody conjugat-	112
	ed to alkaline phosphatase) (Dako Cytomation), and nitro blue	113
	tetrazolium and bromo-chloroindoleyl phosphate as dyes.	114
	The presence of CSF IgM OCB and of EBV-specific IgG	115
	and IgM OCB (at least two) was blindly assessed by two	116
	independent neurologists (DF and PS) and by a biologist	117
	(RB) in case of discrepancies.	118
	Statistical methods	119
	We calculated absolute frequencies and percentages for cate-	120
	gorical variables and mean \pm standard deviation and median	121
	for continuous variables. Mann-Whitney’s test and Fisher’s	122
	exact test were used to explore differences between groups.	123
	We used logistic regression to assess the relationship between	124
	anti-EBV-specific OCB status and the risk of disability or of a	125
	relapse (with subsequent diagnosis of clinically definite MS-	126
	CDMS) at 1 and 3 years in CIS patients.	127
	Results	128
	CIS and GBS patient characteristics	129
	CIS patients’ demographic, clinical, MRI, and CSF character-	130
	istics are shown in Table 1.	131
	CIS patients with positivity for IgM OCB, and thus select-	132
	ed for this study, do not differ from IgM OCB-negative pa-	133
	tients of the initial CIS cohort (nr = 201) with respect to base-	134
	line variables, except for a higher number of gadolinium-	135
	enhancing lesions on baseline MRI in IgM OCB-positive pa-	136
	tients (1.1 vs 0.5, $p = 0.01$).	137
	GBS patients’ demographic and CSF characteristics are	138
	shown in Table 2.	139
	Frequency of EBV-specific IgG and IgM in CIS and GBS	140
	patients	141
	In CIS, CSF-restricted EBV-specific IgG OCB (see Fig. 1)	142
	were present in 14 (28%) of patients and a EBV-specific IgG	143
	OCB in a mirror pattern in three (11%), while CSF-restricted	144
	EBV-specific IgM OCB (Fig. 2) were present in three (6%).	145
	In GBS, EBV-specific IgG OCB (mirror pattern) were pres-	146
	ent in six (22 %) of patients, while EBV-specific IgM OCB	147
	were present in three (16 %).	148
	There were no statistically significant differences in the	149
	proportion of CIS and GB patients with positivity for EBV-	150
	specific IgG OCB or IgM OCB ($p = 0.78$ and $p = 0.34$,	151
	respectively).	152

Q2 t1.1 **Table 1** Baseline demographic, clinical, MRI, and CSF characteristics of CIS patients (nr = 50)

t1.2	Sex M/F	14/36
t1.3	Age at onset, years*	33 ± 9
t1.4	Symptoms at onset	
t1.5	ON, n (%)	16 (32)
	Sensory, n (%)	12 (24)
	Motor/sensory motor, n (%)	6 (12)
	Brainstem/cerebellum, n (%)	13 (26)
	Other, n (%)	3 (6)
t1.6	Spinal onset, yes/no	18/32
t1.7	EDSS at onset*	2.3 ± 1
t1.8	Complete recovery, n (%)	41 (82)
t1.9	Baseline brain MRI	
t1.10	0 lesions, n (%)	4 (8)
	1–2 lesions, n (%)	7 (14)
	>2lesions, n (%)	39 (78)
	Presence of infratentorial lesions, n (%)	25 (50)
	Presence of CE, n (%)	26 (54)
t1.11	Baseline spinal cord MRI (available in 26 patients)	
t1.12	Positive (at least one lesion), n (%)	20 (77)
t1.13	Total CSF protein* (normal value 15–45 mg/dl)	38.5 ± 12
	Patients with elevated CSF protein, n (%)	13 (28)
t1.14	Cells* (normal value <4/mm ³)	7.2 ± 8
	Patients with elevated CSF cells, n (%)	30 (63)
t1.15	CSF/serum albumin* (normal value <6.5)	4.1 ± 1.3
	Patients with elevated CSF serum/albumin, n (%)	3 (6)
t1.16	IgG index* (normal value <0.7)	1.2 ± 0.5
	Patients with elevated IgG index, n (%)	45 (92)

ON optic neuritis, CE contrast enhancement

*Values expressed as mean ± SD

153 **Correlations between EBV-specific IgG/IgM OCB**
 154 **and clinical, MRI, and CSF parameters in CIS patients**

155 There were no differences in baseline clinical, MRI, and CSF
 156 variables between EBV-specific IgG OCB positive and nega-
 157 tive patients, except for a higher mean number of CSF cells in
 158 EBV-specific IgG OCB-negative patients; there were no dif-
 159 ferences in follow-up data (Table 3). EBV-specific IgM OCB

t2.1 **Table 2** Demographic and CSF characteristics of GBS patients (nr = 27)

t2.2	Sex M/F	18/9
t2.3	Age at onset, years*	54 ± 17
t2.4	Total CSF protein* (normal value 15–45 mg/dl)	91 ± 49
	Patients with elevated CSF protein, n (%)	23 (85)
t2.5	Cells* (normal value <4/mm ³)	32 ± 124
	Patients with elevated CSF cells, n (%)	7 (26)
t2.6	CSF/serum albumin* (normal value <6.5)	14.1 ± 9.7
	Patients with elevated CSF serum/albumin, n (%)	23 (85)

*Values expressed as mean ± SD

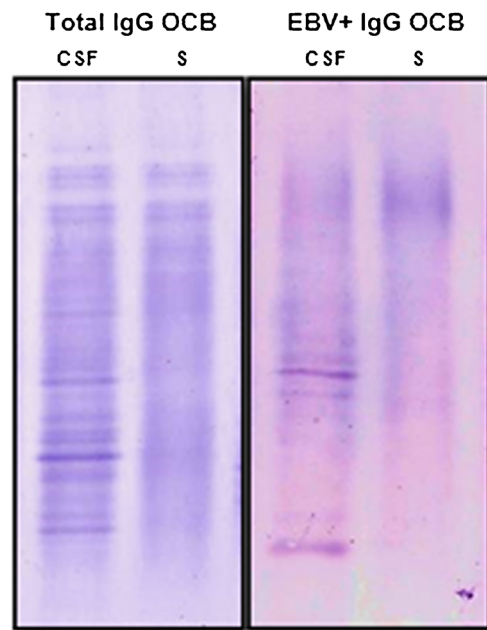


Fig. 1 EBV-specific IgG OCB in a CIS patient. Identical amounts of serum (S) and cerebrospinal fluid (CSF) IgG were isoelectrically focused and transferred to uncoated membrane (left) or membrane coated with EBV viral antigens (right). The figure shows a CIS patient with positivity for CSF-restricted IgG OCB (left) and for EBV-specific IgG OCB (right)

positive patients did not differ from EBV-specific IgM OCB- 160
 negative patients with regard to baseline and follow-up data 161
 (data not shown). 162

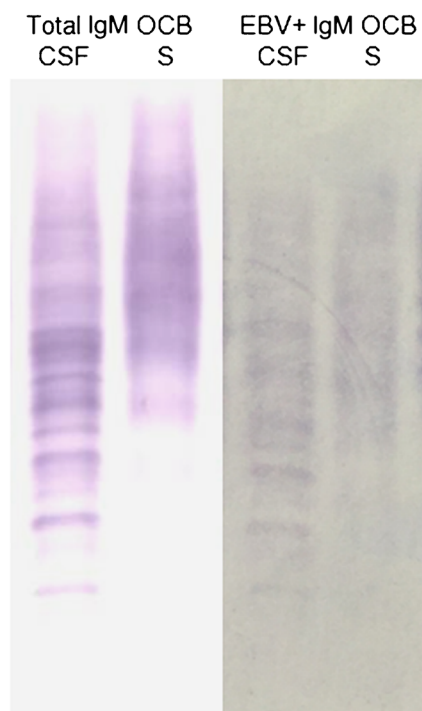


Fig. 2 EBV-specific IgM OCB in a CIS patient. The figure shows the CSF and serum of one CIS patient with positivity for CSF-restricted IgM OCB (left) and EBV-specific IgM OCB (right)

Table 3 Demographic, clinical, MRI, CSF, and follow-up data of EBV-specific IgG OCB positive and negative CIS patients. Significant results in bold.

Variable	Presence of EBV-specific CSF-restricted OCB (14 patients)	Absence of EBV-specific CSF-restricted OCB (36 patients)	<i>p</i> value
Sex M/F	1/13	13/23	0.07
Age at onset, years*	32 ± 8	33 ± 10	0.74
Spinal onset, yes/no	5/9	13/23	1
EDSS at onset*	1.9 ± 0.6	2.5 ± 1.1	0.03
Complete recovery, yes/no	13/1	8/28	0.21
Baseline brain MRI			
At least one lesion, yes/no	13/1	33/3	0.7
Presence of infratentorial lesions, yes/no	7/7	18/18	1
Presence of CE, yes/no	6/7	20/15	0.36
Baseline spinal cord MRI			
Positive (at least one lesion), yes/no	6/7	20/15	0.4
Total CSF protein* (normal value 15–45 mg/dl)	35 ± 9	40 ± 13	0.34
Elevated CSF protein yes/no, yes/no	3/10	10/23	0.46
Cells* (normal value <4/mm ³)	3.9 ± 2.6	8.4 ± 8.8	0.04
Elevated CSF cells yes/no, yes/no	6/7	24/11	0.14
CSF/serum albumin* (normal value <6.5)	3.8 ± 1.1	4.2 ± 1.4	0.21
Elevated CSF serum/albumin, yes/no	1/13	2/32	0.65
IgG index* (normal value <0.7)	1.1 ± 0.5	1.2 ± 0.6	0.97
Elevated IgG index yes/no, yes/no	11/3	34/1	0.07
CDMS diagnosis at 1 year, yes/no	7/7	13/23	0.3
CDMS diagnosis at 3 years, yes/no	11/3	22/14	0.2
EDSS at 3 years*	1.1 ± 1.2	1.5 ± 1.3	0.42
EDSS annual progression*	0.19 ± 0.35	0.25 ± 0.37	0.52

CE contrast enhancement

*Values expressed as mean ± SD

163 Patients with EBV-specific IgG and IgM OCB did not have
 164 a higher risk of conversion to CDMS at 1 or 3 years or of a
 165 higher disability at 3 years at logistic regression analysis (data
 166 not shown).

167 Discussion

168 In the present study, we found no differences in the proportion
 169 of CIS and GB patients with positivity for anti-EBV-specific
 170 IgG or IgM OCB. EBV-specific CSF OCB were reported in a
 171 variable proportion of MS patients (Cepok et al. 2005;
 172 Franciotta et al. 2011; Rand et al. 2000; Virtanen et al.
 173 2014), though, in part, they were not CSF-restricted but present
 174 in both serum and CSF (Franciotta et al. 2011; Rand et al.
 175 2000; Virtanen et al. 2014).

176 With regard to EBV-specific intrathecal IgG synthesis, as
 177 measured by CSF-to-serum antibody indices, some studies
 178 found no evidence for increased frequency of intrathecal antibody
 179 production against EBV in MS patients compared to controls
 180 (Jafari et al. 2010), or compared to the response to other
 181 viruses (Pohl et al. 2010), while another found such

evidence only early in the disease course, i.e., within 1 year
 from onset (Jaquérié et al. 2010).

The present study, carried out early in the disease course, at the time of the first demyelinating event (median interval between clinical onset and spinal tap, 2 weeks; range, 0–5 months), shows that the intrathecal synthesis of EBV-specific IgG OCB is present only in a proportion of patients with CIS and the frequency of EBV-specific IgG OCB in the CSF of CIS patients does not differ from that of control subjects with GBS. Clearly, CSF anti-EBV OCB in CIS patients differ from those found in GBS patients, since they are CSF-restricted in CIS patients, and present in “a mirror pattern” (with identical bands in serum, indicating passive transfer from serum to CSF) in GBS patients. This is, however, what we would expect in case of an intrathecal antibody production against a target antigen within the CNS in CIS patients, as opposed to a systemic response against a target antigen in the peripheral nervous system in GBS patients.

In order to increase the probability of finding an intrathecal EBV-specific immune response, we also sought to examine whether an intrathecal production of EBV-specific IgM OCB may be present in CIS patients, since a recent study (Beltrán

204 et al. 2014) showed that there were no clonal overlaps between
 205 the IgG and the IgM CSF repertoires, suggesting that IgM-
 206 and IgG-producing B cells independently enter the intrathecal
 207 compartment, and that they further mature and expand inde-
 208 pendently of each other in the CSF without intrathecal isotype
 209 switching from IgM to IgG. Furthermore, the majority of CSF
 210 IgM OCB (in particular those directed against lipids and
 211 which are thought to be secreted by CD5+ B cells) are persis-
 212 tent and do not represent a transient primary immune response
 213 (L. Villar et al. 2008). IgM OCB are present in approximately
 214 40% of MS patients and 20% of patients with CIS (Boscá et al.
 215 2010; Ferraro et al. 2013). To our knowledge, however, this is
 216 the first study assessing the presence of EBV-specific IgM
 217 OCB in MS patients. Only a very small proportion of patients,
 218 however, showed a positivity for EBV-specific IgM OCB
 219 (6%), and, again, the frequency did not differ from that of
 220 EBV-specific IgM OCB in control subjects with GBS.

221 Finally, data on high serum levels of anti-EBNA-1 or anti-
 222 EBV-VCA IgG increasing the risk of developing MS in CIS
 223 patients (Lünemann et al. 2010) and correlating with MRI
 224 activity (Farrell et al. 2009; Lünemann et al. 2010), disability
 225 (Lünemann et al. 2010) and brain atrophy (Zivadnov et al.
 226 2009) in MS patients, prompted us to evaluate whether CIS
 227 patients with positivity for EBV-specific IgG/IgM OCB
 228 showed different clinical/CSF/MRI parameters or if they had
 229 a worse prognosis in terms of conversion to MS and disability
 230 during a 3-year follow-up, but our data did not support this
 231 hypothesis.

232 **Conclusion**

233 There was no difference in the proportion of CIS and GB
 234 patients with positivity for CSF anti-EBV-specific IgG or
 235 IgM OCB. Furthermore, there were no correlations between
 236 EBV-specific IgG/IgM OCB and CIS patients' clinical, MRI,
 237 and CSF parameters, nor did we find evidence for a prognostic
 238 role of EBV-specific IgG/IgM OCB in CIS patients.

239 **Compliance with ethical standards**

240 **Conflict of interest** The authors declare that they have no conflict of
 241 interest.

Q3 242 We obtained the approval of the Modena Ethics Committee (protocol
 243 nr. 116/09).

244 **References**

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