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1 **Title:** Zika virus IgM-specific based diagnostic is highly correlated with detection of  
2 neutralising antibodies in neonates with congenital disease

3 **Running title:** Zika virus antibodies in neonates with microcephaly

4 **Authors:** Marli T. Cordeiro, Aggeu Magalhães Research Center, Fundação Oswaldo Cruz  
5 (FIOCRUZ-PE), Recife, PE, Brazil; Carlos A. A. Brito, Department of Clinical Medicine,  
6 Federal University of Pernambuco (UFPE), Recife, Brazil; Lindomar J. Pena, Priscila M. S.  
7 Castanha, Laura H. V. G. Gil, Kenya G. S. Lopes and Rafael Dhalia, Aggeu Magalhães  
8 Research Center, Fundação Oswaldo Cruz (FIOCRUZ-PE), Recife, PE, Brazil; Jucille A.  
9 Meneses, Ana C. Ishigami and Luisa M. Mello, Department of Pediatrics, Instituto de  
10 Medicina Integral Professor Fernando Figueira (IMIP), Recife, Brazil; Liciania X. E. Alencar  
11 and Klarissa M. Guarines, Central Public Health Laboratory, Secretaria de Saúde do Estado  
12 de Pernambuco, Recife, Brazil; Laura C. Rodrigues, Faculty of Epidemiology and Population  
13 Health, London School of Hygiene and Tropical Medicine, London, England; Ernesto T. A.  
14 Marques, Aggeu Magalhães Research Center, Fundação Oswaldo Cruz (FIOCRUZ-PE),  
15 Recife, PE, Brazil, and Center for Vaccine Research and Department of Infectious Disease  
16 and Microbiology, University of Pittsburgh, Pittsburgh, PA

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Corresponding Author (Pos-Publication): Ernesto T. A. Marques, Departamento de Virologia, Centro de Pesquisas Aggeu Magalhães-CPqAM, FIOCRUZ-PE, Av. Professor Moraes Rego, SN, Campus da UFPE, Cidade Universitária, Recife, PE, Brazil, CEP 50.740.465, Tel. 55-00-81-2101-2500. Email: marques@pitt.edu; emarques@cpqam.fiocruz.br

19 **ABSTRACT**

20 **Background.** Usually IgM serology is not sufficiently specific to confirm Zika infection.  
21 However, since IgM does not cross the placenta it may be a good marker of infection in  
22 neonates.

23 **Methods.** We tested blood from 42 mothers and neonates with microcephaly; and collected  
24 cerebrospinal fluid (CSF) from 30 neonates. Molecular assays were performed for ZIKV,  
25 DENV and CHIKV; ELISA-IgM and PRNT for ZIKV and DENV. No control neonates  
26 without microcephaly were evaluated.

27 **Results.** In neonates, 38/42 (90.5%) were ZIKV-IgM positive, all 30 CSF were positive and  
28 considering blood or CFS all 42 neonates were ZIKV-IgM positive. ZIKV-IgM results were  
29 higher in CSF (median 14.9 [9.3-16.4]) than in serum (median 8.9 [2.1-20.6])  $p=0.0003$ . All  
30 ZIKV-IgM positive results in the neonates were confirmed by the presence of neutralising  
31 antibodies (NAb). ZIKV-primary infection had NAb to ZIKV only; secondary  
32 Flavivirus/ZIKV-infected cases had high titer of NAb to ZIKV; mothers median was 2,072  
33 (232-12,980) and neonate 2,730 (398-12.980),  $p < 0.0001$ ; CSF median was 93 (40-578),  
34  $p < 0.0001$ .

35 **Conclusion.** Detection of Zika IgM in the neonate is confirmatory of congenital Zika and in  
36 the CSF of neurologic infection. Therefore, we recommend testing of Zika IgM in neonates  
37 suspected of congenital Zika and PRNT in equivocal cases.

38 **Keywords:** Zika virus, microcephaly, congenital Zika, Anti-ZIKV IgM, ZIKV antibodies.

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## 44 INTRODUCTION

45 Zika virus (ZIKV) was first detected in Northern Brazil in March 2015 in the serum of  
46 patients with a dengue-like illness. Phylogenetic analysis demonstrated that the Brazilian  
47 strain belonged to the Asian lineage and was highly related to a ZIKV isolate from French  
48 Polynesia [1]. By the end of year, the virus had spread to 19 of the 27 Brazilian states [2] and  
49 by April 2016 to 34 countries and territories in America. An epidemic of microcephaly started  
50 in Brazil in October, six to seven months after health authorities confirmed ZIKV  
51 transmission in the country; and it was declared a Public Health Emergency of International  
52 Concern by the World Health Organization (WHO) in February 1<sup>st</sup>, 2016 [3].

53 Based on the growing evidence that ZIKV was the etiological agent of the microcephaly, as  
54 well as other manifestation of zika syndrome [4-10], the causal link between ZIKV and  
55 microcephaly was finally recognized [11]. The hesitancy to accept causation in the presence  
56 of much epidemiological circumstantial evidence was related to the difficulty of laboratory  
57 confirmation in affected infants.

58 Laboratory diagnosis of ZIKV is challenging. In an outbreak of ZIKV in Yap Island,  
59 Federated States of Micronesia, in 2007, Lanciotti and colleagues [12] analysed serum  
60 samples from ZIKV-infected patients by using serological assays, such as detection of IgM  
61 antibodies by IgM-capture enzyme-linked immunosorbent assay (ELISA) and plaque  
62 reduction neutralization test (PRNT) to diagnose and evaluate the extent of cross-reactivity  
63 among flaviviruses. They found marked cross-reactivity with other flaviviruses, mainly in  
64 patients where the ZIKV was the secondary flavivirus infection; an accurate diagnosis  
65 required combining serologic data to ZIKV detection by molecular methods [12].

66 The current recommendation for routine diagnosis of ZIKV infection include detection of the  
67 viral nucleic acid by reverse transcription polymerase chain reaction (RT-PCR), detection of  
68 specific IgM antibodies by ELISA and PRNT for confirmation of positive IgM result and

69 exclusion of other flaviviruses [13,14]. The cross-reactivity of flavivirus antibodies is  
70 accepted as the main challenge in the interpretation of serologic test results, especially when  
71 the PRNT is not available [12-14]. Laboratory diagnosis is an essential tool for research and  
72 for public health prevention measures; thus, validation of commercial kits and a better  
73 understanding of the performance of currently available kits for detection of IgM antibodies is  
74 an urgent priority to diagnose ZIKV infection.

75 In this study, we compared results of serologic testing (ELISA) for ZIKV-IgM, dengue virus  
76 (DENV) IgM and IgG antibodies and of ZIKV and DENV neutralising antibodies in serum  
77 from 42 mothers and their neonates born with microcephaly. The levels of ZIKV-specific  
78 IgM and neutralising antibodies in the CSF samples of 30 neonates were also assessed.

79

## 80 **METHODS**

### 81 **Population, study settings and ethic issues**

82 From 21 to 30 October 2015 we collected samples from 42 neonates with microcephaly and  
83 from their mothers. Neonates were born between September 5 and October 27, 2015, in  
84 hospitals located in the Metropolitan Region of Recife, Pernambuco State, Brazil. These cases  
85 constituted the very first of microcephaly identified in this outbreak. No control neonates  
86 without microcephaly born in this period were included in this study. Microcephaly was  
87 defined as neonatal occipitofrontal circumference  $\geq 2$  SD below the mean for gestational age  
88 and sex of the new born at birth [15]. We conducted this investigation as part of the routine  
89 epidemiologic and laboratory surveillance and as such, ethical committee approval was not  
90 required. However, we did collect mother's written informed consent to participate.

91

### 92 **Sample collection and processing**

93 We collected blood from 42 mothers and neonates and CSF from 30 of the neonates;  
94 specimens were sent to the Department of Virology at Fiocruz Pernambuco, under  
95 refrigeration. Blood samples were spun down for 10 minutes at 1500 g and serum was stored  
96 at  $-80^{\circ}$  C. CSF samples were frozen at  $-80^{\circ}$  C without processing. We carried out molecular  
97 diagnostic assays for ZIKV, DENV and chikungunya virus (CHIKV) in the neonate  
98 specimens (serum and CSF). Serologic test were performed for DENV and ZIKV in all  
99 samples.

100

### 101 **Molecular assays**

102 Serum and CSF were tested by RT-PCR or, real-time RT-PCR (qRT-PCR) for detection of  
103 ZIKV, DENV and CHIKV. Viral RNA was extracted using the QIAamp Viral RNA Mini Kit  
104 (Qiagen, Valencia, CA) according to the manufacturer's instructions. RT-PCR was performed  
105 for ZIKV using previously described methods with minor modifications [16] in which two  
106 steps RT-PCR was used (cDNA synthesis followed by the PCR) instead of one step protocol.  
107 For DENV a well-established RT-PCR protocol was employed [17]; for CHIKV, the qRT-  
108 PCR was performed according to Lanciotti et al [18].

109

### 110 **Serologic assays**

111 DENV IgM and IgG antibodies - Serum samples from mothers and neonates were first tested  
112 for dengue IgM and IgG antibodies detection using the commercial kits: Dengue IgM-capture  
113 ELISA and Dengue IgG capture ELISA (PANBIO, Inverness Medical Innovations Australia  
114 Pty Ltd), following the manufacturer's guidelines.

115

116 ELISA for ZIKV and DENV- Serum and CSF were tested by IgM antibody capture ELISA  
117 using the protocol [12] and reagents provided by the Centers for Disease Control and

118 Prevention (CDC, Fort Collins, CO, EUA). Samples were tested in parallel with ZIKV and  
119 DENV antigens to investigate cross-reactivity; reagents were previously titrated and diluted  
120 as appropriated. Briefly, plates were coated with 75µl of goat anti-human IgM (Kirkegaard  
121 and Perry Laboratories, USA) in carbonate/bicarbonate (pH 9.6) and incubated overnight at 4°  
122 C. After blocking with PBS pH 7.2, 5% non-fat dry-milk /0.05% tween 20, for 30 minutes at  
123 room temperature (RT) and washing (done after each step), 50µl of serum samples diluted  
124 1/400 in PBS pH 7.2, 0.05% Tween 20 and CSF undiluted; negative (pooled flavivirus-  
125 negative serum) and positive (CDC humanized 6B6C-1 pan-flavivirus) controls, were added  
126 and incubated at 37°C for 1 hour. Viral Zika antigen (CDC Vero E6 derived, inactivated  
127 ZIKV antigen; Normal antigen (CDC Vero E6 derived, mock-infected normal antigen) and  
128 dengue antigen: mixture of the four serotypes (Evandro Chagas Institute, Brazil) were added  
129 to each sample (50µl) and incubated overnight at 4°C. Detecting antibody conjugate  
130 (Horseradish peroxidase conjugated monoclonal antibody 6B6C-1, CDC) diluted in blocking  
131 buffer was added: incubation for 1 hour at 37°C. The substrate TMB (3,3',5', 5'  
132 tetramethylbenzidine base, Becton Dickson, USA) was added; after 10 minutes incubation at  
133 RT the reaction was stopped with 1NH<sub>2</sub>SO<sub>4</sub> solution and the optical density (OD) read at 450  
134 nm. The ratio (P/N) was calculated as follows: Mean OD of the test sample reacted on viral  
135 antigen (P) divided by the Mean OD of the negative control reacted on viral antigen (N). P/N  
136 value <2.0 was negative; >3.0 was positive; and between 2.0 and 3.0 was considered  
137 equivocal. If the sample showed some degree of cross-reactivity it was considered ZIKV-IgM  
138 positive only when the Zika P/N was, at least, twice higher than the dengue P/N.

139

140 Plaque Reduction Neutralization Test – PRNT<sub>50</sub> was performed following a modified  
141 protocol previously described elsewhere [19]. Briefly, tests were carried out on Vero cells  
142 seeded at the density of 300,000 cells/mL using 24-well plates. The assay was performed after

143 serial dilution of serum (inactivated 30 minutes at 56° C) and CSF (1/20 to 1/20,480) and  
144 incubation of 100 PFU challenge viruses, previously titrated. The assay was carried out using  
145 viruses isolated in the State of Pernambuco: ZIKV (Brazil-PE243/2015); DENV-1 (BR-  
146 PE/97-42735), DENV-2 (BR-PE/95-3808), DENV-3 (BR-PE/02-95016) and DENV-4 (BR-  
147 PE/12-008), molecularly characterized. Neutralising antibody titers were determined by  
148 using a PRNT with a 50% cut-off value (PRNT50); ZIKV and DENV serotype-specific  
149 antibodies titers were calculated using a four-parameter non-linear regression.

150

151 **Data preparation and analysis** - The medians values were calculated using Wilcoxon test  
152 for paired samples. DENV serotype-specific and ZIKV neutralising antibodies titers  
153 (PRNT50) were estimated using a four-parameter non-linear regression. Statistical analysis  
154 was performed using Graph Pad Prism, version 6.0e.

155 Classification of immunological response: Primary-ZIKV infection was considered present if  
156 neonate/mother had a negative DENV-IgG and a positive ZIKV-IgM confirmed by a PRNT  
157 positive to ZIKV only; Secondary Flavivirus/ZIKV infection was confirmed if the neonate  
158 had positive DENV-IgG, positive ZIKV-IgM, PRNT positive to ZIKV and to any DENV  
159 serotype. We present results for all 42 mother-neonate pairs in the text, and for the 30 in  
160 which the neonate had a CSF sample in the tables.

161

## 162 **RESULTS**

163 Mothers were young (age 15 – 38 years), 13 were < 20 years old (31%); 21 (50% [20 to 29  
164 years]) and 8 (19%) from 30 to 38. Twenty-six of 42 mothers (62%) reported rash during  
165 pregnancy; 23 in the first trimester and three in the second trimester; fever was reported only  
166 by 12 of 26 mothers with rash. Thirteen of 42 (31%) denied any symptoms consistent with  
167 viral infection during pregnancy.



168 ZIKV, DENV and CHIKV viral genomes were not detected in serum or in CSF samples by  
169 RT-PCR and/or qRT-PCR.

170 None of the 42 mother-neonate paired serum samples had IgM antibodies to DENV;  
171 however, 83.3% of the mothers and their babies had DENV-IgG antibodies in serum, in the  
172 remaining 16.7% (7/42) DENV-IgG was negative; these results were confirmed by PRNT.

173 In serum, 13 of 42 mothers (31%) had ZIKV-IgM antibodies; of the remaining mothers, 29/42  
174 (69%) were negative.

175 In neonates, 38/42 (90.5%) of serum were positive for ZIKV-IgM antibodies; the remaining  
176 four of 42 (9.5%) samples were negative. Importantly, specific ZIKV-IgM antibodies were  
177 detected in all 30 samples of CSF obtained from neonates with microcephaly.

178 Results of the serologic testing for the sub-set of 30 mother-neonate pairs in which the  
179 neonate had CSF collected are shown in the tables. Table 1 and 3 present results for the pairs  
180 where ZIKV would be a primary flavivirus infection (eg those without DENV IgG in serum)  
181 and tables 2 and 4 for those where ZIKV would be the secondary infection (for pairs with  
182 DENV-IgG in serum).

183 Table 1 presents results of DENV-IgG, ZIKV-IgM and DENV-IgM in seven mother/neonate  
184 pairs without DENV-IgG in serum (primary ZIKV infection). IgM antibody response in  
185 primary ZIKV–infected neonates was specific for ZIKV in six of seven (85.7%) CSF tested.  
186 In one (case 12), ZIKV-IgM antibodies cross-reacted with dengue; case 21 had a monotypic  
187 ZIKV-IgM response in CSF (P/N 15.6) but IgM result was equivocal in serum (P/N 2.1)  
188 (Table 1).

189 Table 2 shows results of 23 mother-neonate pairs in which ZIKV would be a secondary  
190 flavivirus infection: of these, 11 mothers (47.8%) were positive for ZIKV-IgM. Among  
191 neonates, ZIKV-IgM antibodies were detected in all 23 CSF samples and in 21 serum samples  
192 (91.3%). A monotypic ZIKV-IgM antibody response was present in CSF in 18 samples

193 among the 20 cases; all demonstrated low levels of cross-reactive IgM as shown by a dengue  
194 P/N value in the equivocal range (2.0 – 3.0).

195 Presence of ZIKV-IgM in CSF and in serum was concordant in 95.6%. Among the 30 CSF  
196 results with ZIKV-IgM, there were 24 with monotypic responses and only six cross-reacted  
197 with DENV. Figure 1A shows ZIKV-IgM results in CSF (median 14.9 [9.3-16.4]) and in sera  
198 (median 8.9 [2.1-20.6])  $p=0.0003$ .

199 A subset of the suspected ZIKV-infected neonates for whom paired serum and CSF  
200 specimens had been collected was analysed by using PRNT50 to search for specific ZIKV and  
201 DENV neutralising antibodies and to evaluate the extent of cross reactivity to related  
202 flavivirus.

203 Table 3 shows the PRNT50 results for the seven primary ZIKV infection cases. Mother and  
204 neonate serum and CSF samples had specific neutralising antibodies only for ZIKV,  
205 confirming the ELISA results for ZIKV-IgM presented in the Table 1. PRNT50 results also  
206 showed that the neutralising antibody response among primary ZIKV–infected patients was  
207 highly specific.

208 All 18 secondary ZIKV-infected cases (mothers and neonates) (Table 4), had high titter of  
209 neutralising antibodies to ZIKV; for the mothers, the median was 2,072 (range 232-12,980)  
210 and for the neonate the median was 2,730 (range 398-12.980),  $p < 0.0001$ ; in CSF the  
211 neutralising antibodies titter was lower than in serum. In CSF, the median was 93 (range 40-  
212 578),  $p < 0.0001$  (Figure 1B). Presence of neutralising antibodies to DENV serotypes in serum  
213 of the neonates was similar to the mother. However, in CSF samples, the neutralising  
214 antibodies were exclusively to ZIKV. There was a remarkably good concordance between  
215 anti-ZIKV-IgM results in CSF and serum of neonates with the PRNT results.

216 As for neutralising antibodies for DENV, 11 had for DENV-3 and DENV-4; four for DENV-  
217 4; one for DENV-3 and one case to all DENV serotypes. Of seven mothers with negative

218 serology for DENV, 28.6% had ZIKV-IgM antibodies in serum; of 23 mothers who were  
219 positive for DENV, 11 (47.8%) had ZIKV-IgM antibodies in serum.

220

## 221 **DISCUSSION**

222 It is known that IgM antibodies to DENV can be detected at least 90 days after the onset of  
223 symptoms [20], but it is not known how long ZIKV-IgM antibodies remain detectable after  
224 infection, in blood and in cerebrospinal fluid of newborns with microcephaly.

225 Based on the fact that 23 of 26 mothers that reported rash indicated that the rash was in the  
226 first trimester of pregnancy, it is likely that Zika infection would have occurred at least six  
227 months prior birth. Although, we cannot be sure of when the infections have occurred, it is  
228 possible that ZIKV-IgM antibodies would remain longer than 90 days; prospective studies are  
229 needed to elucidate that.

230 Surprisingly, none of the mothers in this study reported presence of rash in the third trimester  
231 of pregnancy; it is possible that 31% of them experienced asymptomatic Zika infection.

232 There is evidence that the virus can persist for long time in the central nervous system (CNS)  
233 of foetuses [6], however, we could not detect ZIKV RNA in the neonate CSF samples.

234 In our study, the specimens that were ZIKV-IgM positive and DENV-IgM negative by ELISA  
235 were initially considered as a presumptive recent ZIKV infection; and they were all confirmed  
236 by the PRNT. We found that 90.5% and 97% of the neonates had ZIKV-IgM antibodies in  
237 serum or in CSF, respectively; indicating that the embryo or the foetal brain were exposed.

238 In the ZIKV epidemic in Yap State, Micronesia, secondary flavivirus–infected patients had a  
239 higher degree of serologic cross-reactivity with other flaviviruses than primary  
240 flavivirus/ZIKV–infected patients [12]. This was much less marked in the neonates in our  
241 study; serologic cross-reactivity with DENV was observed in only five of 23 secondary cases  
242 (21.7%) and only one (14.3%) among our seven ZIKV primary cases. Antibody response to

243 ZIKV was monotypic in 78.3% (18/23) of the secondary flavivirus/ZIKV infection cases. The  
244 most probable is that IgM does not cross the placental barrier, at least to a significant degree,  
245 and since these samples were collected in the perinatal period these neonates, probably, have  
246 not been directly exposed to other flaviviruses, except for ZIKV in uterus. Moreover, the IgM  
247 in the CSF indicate the presence of antigen specific B-cell in the brain and high specificity in  
248 the IgM capture ELISA. In contrast, the neonates had maternal IgG and hence also the anti-  
249 DENV-IgG; for neonates IgG based diagnostic has low specificity.

250 Consistently with findings in Yap study, our PRNT results have shown higher titers of  
251 neutralising antibody to ZIKV, however, in contrast to the Yap study [12], in our study cross-  
252 reactivity among the two flaviviruses, ZIKV and DENV was not observed, although both  
253 viruses are circulating in our region. In Pernambuco State, yellow fever vaccination is not  
254 compulsory, the region is not at risk for sylvatic yellow fever virus (YFV), and as none of the  
255 mothers were vaccinated against YFV this virus was not tested in the PRNT.

256 Neutralising antibody responses to DENV were mainly to DENV-3 and DENV-4 (only one  
257 mother presented antibodies to DENV-1 and DENV-2 and one to all four serotypes). As the  
258 mothers were young these findings reflect the epidemiological scenario of dengue circulation  
259 in Pernambuco State in the last 30 years, with DENV-1 introduced in 1987, DENV-2 in  
260 1994, and DENV-3 in 2002; DENV-3 predominated until DENV-4 introduction in 2010 [19-  
261 23].

262 Our study adds important evidence that supports the etiological relationship between ZIKV  
263 infection of the CNS and microcephaly. We found that 97% of the microcephalic infants had  
264 ZIKV-positive IgM in the CNS. Since IgM does not normally cross either the placenta or the  
265 blood-brain barrier, detection of virus-specific IgM in the CSF is a significant diagnostic  
266 finding, indicating that the neonate had a CNS ZIKV infection during pregnancy [23].

267 Detection of neutralising antibodies to ZIKV in the neonates CSF samples corroborates the  
268 ZIKV-IgM positive results and indicates that detection of ZIKV-IgM in the neonate blood or  
269 CSF is a good diagnostic tool. The relevance of this study is that these were the first cases of  
270 microcephaly identified in Recife, state of Pernambuco, in September 2015 that sparked the  
271 investigation for the cause of the outbreak. Despite this study lacks control neonates samples  
272 for comparison, our findings is another piece of evidence that suggest that the brain  
273 abnormalities were a consequence of Zika congenital infection. Moreover, based on these  
274 results we conclude that identification of anti-Zika IgM in the neonate serum during the  
275 perinatal period is confirmatory of congenital Zika. Therefore, we recommend for testing anti-  
276 Zika IgM in neonates suspected of congenital Zika, and that the PRNT could be employed to  
277 elucidate equivocal cases.

278

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284

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363 **Figure Legends**

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365 **Figure 1A - New born ZIKV- IgM results in serum and cerebrospinal fluid (CSF)**

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367 **Figure 1B - Maternal serum sample, new born serum and CSF samples and ZIKV PRNT**  
368 **results.**

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