

Table 1 Diagnostic evaluation of neurogenic lower urinary tract dysfunction

Lesion site	Reported symptoms	Findings in cystometry	Examples
Suprapontine lesion	Urgency, frequency, urgency incontinence	Detrusor overactivity	Stroke (17) Parkinson's disease (18) Multiple sclerosis (19)
Infrapontine suprasacral lesion	Urgency, frequency, urgency incontinence, hesitancy, retention	Detrusor overactivity, Detrusor-sphincter dyssynergia	Multiple sclerosis (19) Multiple System Atrophy (20)
Infrasacral lesion	Hesitancy, retention	Detrusor underactivity, sphincter insufficiency	Cauda equina syndrome (21) Peripheral neuropathy (22)

Table 2 Situations where early referral to a specialist urology service is indicated

Recurrent urinary tract infections
Haematuria
Suspicion of concomitant pathologies such as prostate enlargement or stress incontinence
Consideration for intradetrusor injections of botulinum toxin A
Consideration for suprapubic catheter
Pain of presumably upper urinary tract origin
Renal impairment

Table 3 Commonly used antimuscarinic agents presented in alphabetical order

Generic name	Trade name	Daily dose (mg)	Frequency	Selective receptor binding (M3:M1 affinity ratio)
Darifenacin Controlled release	Emselex	7.5-15	od	Mainly M3(9:3:1)
Fesoterodine Controlled release	Toviaz	4-8	od	Not subtype selective
Oxybutynin Immediate release	Ditropan, Cystrin	2.5–20	bd–qds	Not subtype selective
Controlled release	Lyrinel XL	5–20	od	
Transdermal patch	Kentera	36 mg (3.9 mg/24 h)	One patch twice weekly	
Propiverine Immediate release Controlled release	Detrunorm	15–60	od–qds	Not subtype selective
Solifenacin Controlled release	Vesicare	5–10	od	Mainly M3(2:5:1)
Tolterodine Immediate release Controlled release	Detrusitol Detrusitol XL	2–4	bd	Not subtype selective
Tropium chloride Immediate release Controlled release	Regurin	20–40	bd (before food)	Not subtype selective

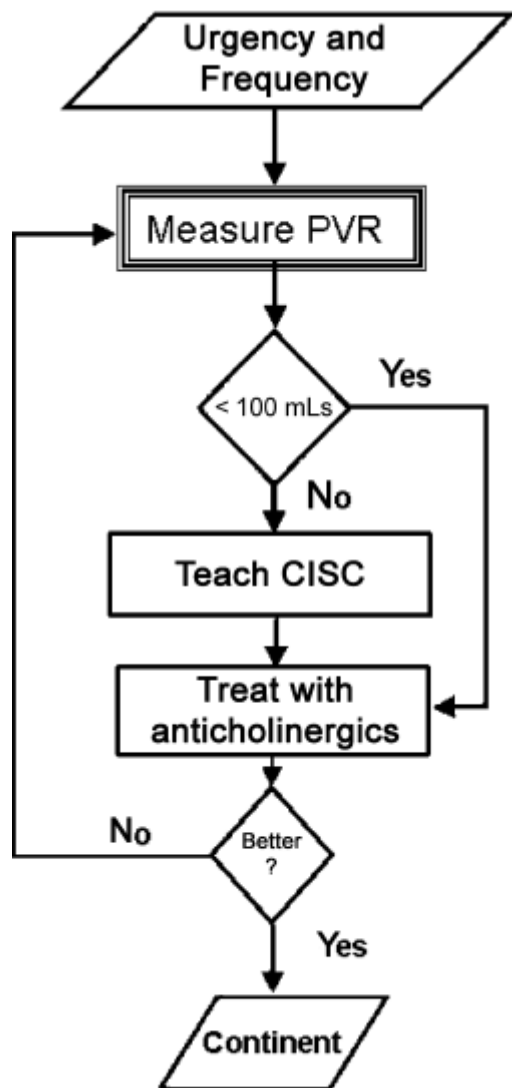


Figure 1 Algorithm for management of neurogenic lower urinary tract dysfunction in patients with progressive neurological disorders

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CISC, clean intermittent self-catheterisation; PVR, postvoid residual volume; UTI, urinary tract infection.