

1 **Altered Urothelial ATP Signaling in Major Subset of Human Overactive Bladder**  
2 **Patients with Pyuria**

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24 **Abstract (200 words):**

25 Overactive Bladder (OAB) is an idiopathic condition, characterized by urgency,  
26 urinary frequency and urgency incontinence, in the absence of routinely traceable  
27 urinary infection. We have described microscopic pyuria ( $\geq 10$  wbc  $\mu\text{l}^{-1}$ ) in patients  
28 suffering from the worst symptoms. It is established that inflammation is associated  
29 with increased ATP release from epithelial cells, and extracellular ATP originating  
30 from the urothelium following increased hydrostatic pressure, is a mediator of  
31 bladder sensation. Here, using bladder-biopsy samples, we have investigated  
32 urothelial ATP signaling in OAB patients with microscopic pyuria.

33 Basal, but not stretch-evoked, release of ATP was significantly greater from  
34 urothelium of OAB patients with pyuria than from non-OAB patients or OAB patients  
35 without pyuria ( $< 10$  wbc  $\mu\text{l}^{-1}$ ). Basal ATP release from urothelium of OAB patients  
36 with pyuria was inhibited by the P2 receptor antagonist suramin and abolished by  
37 the hemichannel blocker carbenoxolone, which differed from stretch-activated ATP  
38 release. Altered P2 receptor expression was evident in urothelium from pyuric OAB  
39 patients. Furthermore, intracellular bacteria were visualized in shed urothelial cells  
40 from ~80% of OAB patients with pyuria.

41 These data suggest that increased ATP release from the urothelium, involving  
42 bacterial colonization, may play a role in the heightened symptoms associated with  
43 pyuric OAB patients.

44

45

46 **Introduction:**

47 Overactive bladder syndrome (OAB) is an idiopathic condition where the bladder  
48 detrusor urinae muscle spontaneously contracts before the bladder is full. In the  
49 USA, it is ranked in the top 10 of common chronic conditions, competing with both  
50 diabetes and depression, with a reported prevalence of up to 31-42% in the adult  
51 population (2).

52 OAB is currently characterized by symptoms of urgency, with or without  
53 urgency incontinence, with increased frequency, and nocturia, and in some cases  
54 pain, in the absence of urinary tract infection (UTI) or other defined underlying  
55 pathology (54). The exclusion of infection is determined by failure to isolate  $\geq 10^5$   
56 colony forming units (CFU)/ml of a single species of bacteria from culture of a  
57 midstream urine (MSU) specimen (23) and negative leukocyte esterase and/or  
58 nitrate urinalysis by dipstick (25). Controversy exists as to whether current methods  
59 used to determine UTI are fully accurate (28). It has been established that the  
60 bacterial threshold of  $\geq 10^5$  CFU/ml, in the presence of symptoms, is not identified in  
61 approximately 50% of UTI (31). In addition, we have recently reported the low  
62 sensitivity and specificity of routine urinary dipstick tests (20, 51). Interestingly, in  
63 recent studies where the threshold has been reduced to  $\geq 10^2$  CFU/ml, bacterial  
64 cystitis has been identified in approximately one third of patients with refractory  
65 OAB, suggesting bacteria may play a significant role in the aetiology of OAB, in at  
66 least a subset of patients with OAB (22, 37, 49). It is generally accepted, that the  
67 best indicator of UTI is the detection of  $\geq 10$  white blood cells (wbc) in 1  $\mu$ l of fresh,  
68 un-spun, urine examined using a haemocytometer (16, 44); however nowadays this  
69 is not normal clinical practice. Using this methodology, we have identified a low-  
70 grade inflammatory response (pyuria with  $\geq 10$  wbc  $\mu$ l<sup>-1</sup>) in 10-35% of MSU  
71 specimens from patients with OAB (*i.e.* symptoms of urgency, with or without  
72 urgency incontinence, with frequency and nocturia, in the absence of UTI) (45, and  
73 new data not shown). Interestingly, our observation is that these patients showed  
74 the worst symptoms of frequency. Most apposite to this finding is that persistent  
75 inflammation, caused by infection and thereby accompanied by pyuria, is associated  
76 with increased nucleotide (primarily adenosine 5'-triphosphate [ATP]) release from  
77 epithelial cells and nucleotide-activated P2 receptor signaling (4, 5, 36, 55).

78 Extracellular nucleotide signaling via P2 receptor activation is important in  
79 the regulation of bladder function (3, 7, 8). Bladder stretch, during filling, induces a  
80 cytosolic  $\text{Ca}^{2+}$  increase via multiple proposed pathways (9) to promote release of ATP  
81 through conductive or vesicular pathways (46), and probably other nucleotides from  
82 superficial urothelium. Once released, nucleotides bind to P2 receptors on  
83 suburothelial sensory afferents (P2X2, 3 and/or 2/3 subtypes) to trigger nerve  
84 activation and the sensation of bladder fullness and the urge to urinate (52). Given  
85 the rapid breakdown of extracellular nucleotides by nucleotidases, this route should  
86 involve intermediate signaling steps involving activation of P2 receptors on other  
87 urothelial cells to release additional nucleotides to act in an autocrine/paracrine  
88 manner (17, 19, 48, 58). Nucleotide signaling in human urothelium is enhanced in  
89 interstitial cystitis (IC) in humans and felines (17, 58), a condition symptomatically  
90 similar to OAB yet with the presence of pain and an inflammatory aetiology. In IC,  
91 stretch-activated ATP release is significantly increased, P2R expression profiles are  
92 altered in the urothelium, and ATP breakdown is purportedly decreased (15, 58).  
93 Interestingly, studies on humans with acute cystitis/urinary infection demonstrate  
94 that uropathogenic *E. coli* (UPEC) can thrive in the urothelium as intracellular  
95 bacterial colonies resisting host immunity (29), that should be accompanied by  
96 increased nucleotide release from epithelial cells (see paragraph above).

97 We hypothesize that in a subset of OAB patients (*i.e.* those with pyuria  $\geq 10$   
98 wbc  $\mu\text{l}^{-1}$ ) there is increased release of ATP, and other nucleotides, from the  
99 urothelium caused by low-grade inflammation, which ultimately results in increased  
100 sensory nerve excitation and the enhanced symptoms of OAB. Furthermore, in  
101 these patients the low-grade inflammation is associated with intracellular bacteria  
102 colonization of the urothelium. Here we investigated our hypothesis using human  
103 bladder urothelium obtained using flexible cystoscopy.

104

105 **Methods:**

106 *Reagents.* Chemical reagents were purchased from Sigma-Aldrich (Poole, UK); with  
107 the exception of suramin obtained from Bayer AG (Leverkusen, Germany) and DAPI-  
108 containing microscope slide mountant obtained from Vector Labs (Peterborough,

109 UK). HPLC column and solid phase extraction cartridges were obtained from  
110 Phenomenex (Macclesfield, UK).

111

112 *Human tissue and urine samples.* All procedures were performed with consent and  
113 approval from the Moorfields and Whittington Hospitals Research Ethics Committee  
114 (London, UK) and the NHS Research Authority South East Coast (Kent). Informed  
115 written consent was obtained from volunteers involved in the study. Bladder  
116 biopsies and urine samples were obtained from either the Whittington Hospital  
117 Campus, University College London or Medway Maritime Hospital. Bladder biopsies  
118 were obtained using a flexible cystoscope under local (or rarely general) anaesthesia.  
119 A catheter specimen of urine (CSU) was obtained from female patients and a MSU  
120 from male patients and non-OAB controls. Patients with idiopathic OAB were  
121 recruited from Incontinence Clinics and non-OAB controls were recruited from the  
122 Haematuria Clinic. The inclusion criteria for OAB, reconfirmed at the time of sample  
123 collection, were adults aged  $\geq 18$  years of either sex with frequency  $\geq 8$  per day,  
124 urgency with or without urgency incontinence, and the absence of a UTI or severe  
125 concomitant urinary tract pathology (*e.g.* chronic obstruction, catheterisation,  
126 neurological disease, prior radiotherapy, anatomical defects, implanted devices,  
127 pregnancy, bleeding disorders, and/or anticoagulant therapy). All urine samples  
128 obtained were sent for conventional urinalysis and bacteria culture at the time of  
129 collection, if a UTI was subsequently identified the sample was retrospectively  
130 removed from the study. The inclusion criteria for non-OAB were a single historical  
131 episode of microscopic haematuria with no underlying pathology. All OAB and non-  
132 OAB patients were additionally investigated for pyuria by trained clinicians as  
133 previously described (20); significant pyuria was taken as of  $\geq 10$  wbc  $\mu\text{l}^{-1}$  of fresh un-  
134 spun urine. Thus the following experimental groups were used in this investigation:  
135 *i) non-OAB controls, ii) OAB patients without pyuria*, that is patients with no wbc or  
136 with  $< 10$  wbc  $\mu\text{l}^{-1}$ , and *iii) OAB patients with pyuria*, that is patients with  $\geq 10$  wbc  $\mu\text{l}^{-1}$ .  
137 Urine was either stored on ice and processed within 1 h (for microscopy) or  
138 immediately snap-frozen and kept at  $-80^{\circ}\text{C}$  until the time of processing (for HPLC).  
139 Bladder biopsies were either immediately transported to the laboratory in ice-cold  
140 sterile saline and processed within 1 h of collection or placed in 10% formalin for 48

141 h prior to histological scrutiny.

142

143 *Bioopsy histology.* Following 48 h in 10% formalin, biopsy tissue was dehydrated  
144 with alcohol and xylene in a vacuum infiltration-processing machine for 12 h. The  
145 tissue was then impregnated with paraffin wax. A microtome (Microm HM355S;  
146 Thermo Fisher Scientific, Loughborough, UK) was used to cut sections of 6  $\mu\text{m}$   
147 thickness. Slices were placed on a glass slide then dried at 60°C for 10 min. The  
148 sections were then stained with H&E to evaluate the morphological characteristics of  
149 the tissue. A Leica DM4000B upright light microscope (Wetlar, Germany) was used to  
150 image the sections.

151

152 *Biopsy ATP release.* A Luciferin Luciferase ATP Bioluminescence Assay Kit was used to  
153 quantify ATP release from intact, live, bladder urothelium according to the  
154 manufacturer's protocol. In brief, the urothelial cell layer was manually isolated  
155 from the underlying tissue of the bladder biopsy using fine forceps, scalpel and a  
156 dissection microscope (final wet tissue weight being  $3.4 \pm 0.7$  mg [n=33]). Two  
157 working solutions containing the luciferin luciferase reagents were made up, one in  
158 PBS (0.1 M; Solution-A) and one with distilled water (Solution-B). The intact  
159 urothelial cell layer was then incubated for 1 h in Solution-A (100 $\mu\text{l}$ ) at 37°C in a 96-  
160 well plate (Nunc, Roskilde, Denmark). Basal readings of luminescence were taken  
161 after 1 h incubation with the tissue still immersed in Solution-A. Stimulated  
162 readings of luminescence (*i.e.* stretch-evoked ATP release) were taken following the  
163 addition of Solution-B (100 $\mu\text{l}$ ) for 1 min. Where stated, stimulated readings of  
164 luminescence were taken over a period of 15 min with 3 min interval recordings to  
165 observe degradation of ATP with time. Two ATP standard curves, one in Solution-A  
166 (100  $\mu\text{l}$  volume), and the other in Solution-A and Solution-B (50:50, 200  $\mu\text{l}$  volume),  
167 in combination with blank wells, were prepared alongside each given experiment  
168 with concentrations ranging from  $10^{-10}$  to  $10^{-7}$  M. ATP-evoked luminescence was  
169 quantified using a luminometer (Synergy 2, BioTek, Winooski, USA). ATP  
170 concentration from samples was calculated from the ATP standards using linear  
171 regression analysis. All data were normalised as nM ATP per 5 mg of wet tissue, and

172 stimulated readings presented following the subtraction of basal readings. In  
173 experiments investigating the effect of drugs, the same protocol was followed,  
174 allowing a minimum of 5 min for the drugs to take effect before luminescence was  
175 read. Parallel standard curves were also run in the presence of drugs to investigate  
176 any possible interactions with the luciferin luciferase reaction.

177

178 *Biopsy vesicle staining.* Following immediate transport to the laboratory in ice-cold  
179 sterile saline, biopsy tissue was placed in PBS (0.1 M) and incubated for 1 h at 37 °C  
180 to create *resting* conditions, or, to imitate *stretch* conditions (*i.e.* bladder filling),  
181 biopsy tissue was then incubated in hypotonic PBS (0.05 M) for 1 min. Both the  
182 *resting* and *stretch* biopsy tissues were immediately transferred to PFA (4%) for 48 h,  
183 before being wax-embedded and sectioned (as above: *Biopsy histology*). The tissue  
184 sections were permeated with a 0.1% Triton X100 solution and incubated with  
185 quinacrine (100 µM) for 30 min before being washed with PBS (0.1 M). Sections  
186 were mounted with DAPI-containing mountant, and visualised under an inverted  
187 confocal microscope using the x63 oil immersion objective (Leica SP5; Wetzlar,  
188 Germany). Using ImageJ software, mean fluorescence intensity was measured in all  
189 images taken from quinacrine-labelled tissue.

190

191 *Biopsy RNA extraction and RT-PCR.* Following immediate transport to the laboratory,  
192 in cold sterile saline, the urothelial cell layer was manually isolated from the  
193 underlying tissue of the bladder biopsy using fine forceps, scalpel and a dissection  
194 microscope. Intact urothelium was homogenised in Tri-reagent and then  
195 freeze/thawed in liquid nitrogen followed by chloroform extraction and ethanol  
196 precipitation. Precipitated RNA was loaded onto Qiagen RNeasy columns (Qiagen,  
197 Crawley, UK) for DNase treatment and further purification. RNA concentration was  
198 measured using a spectrometer, Nano N-1000 system (Nanodrop Technologies,  
199 Wilmington, USA).

200 Total RNA (10 ng) from each sample was reverse transcribed in a 20 µl reaction  
201 volume using the One-step Quantitect Reverse Transcription Kit (Qiagen, Crawley,  
202 UK) according to manufacturer's instructions. Primers for P2 receptor subtypes were  
203 designed using Primer 3 Web-software (Whitehead Institute for Biomedical

204 Research, Cambridge, USA) and manufactured by Eurofins-MWG (Ebersberg,  
205 Germany) (see Appendix for primers and mRNA accession numbers used). The real-  
206 time PCR, based on SyBR green detection, (Qiagen, Crawley, UK) was performed  
207 using a Chromo-4 thermal cycler (Bio-Rad, Hemel Hempstead, UK) with 2  $\mu$ l total  
208 RNA. Using a standard curve, created by duplicate serial dilutions of standard DNA  
209 (target sequence of interest) over 12 logarithmic orders and the thermal cycler  
210 software the relative concentrations of the target amplicons were determined. In  
211 addition, the standard curve was used to verify the linearity of amplification of each  
212 transcript;  $r^2 > 0.99$  in all cases. The relative concentrations of target in each run were  
213 expressed as a ratio to the housekeeping gene, GAPDH. All PCR products were  
214 checked for specificity and purity from a melting curve profile created after each run  
215 by the thermal cycler software. Homology of the PCR products was further checked  
216 for size by agarose gel electrophoresis.

217

218 *Urine sediment immunofluorescence.* Fresh urine (50  $\mu$ l; within 1 h of collection and  
219 stored on ice) was spun onto slides using a cytospin (Sandon Cytospin 4, York, UK) at  
220 800 rpm for 5 min. The deposit was stained with acridine orange (0.5% in Gey's  
221 solution) for 30 min; previously shown to fluoresce green in the presence of viable  
222 organism DNA after excitation by a laser at 436-490 nm (12, 32). In order to  
223 differentiate extracellular from intracellular bacteria, a crystal violet counter-stain  
224 (0.1% in 150 mM NaCl) was added to quench the fluorescence of extracellular  
225 microorganisms. Images were acquired using an upright fluorescence microscope  
226 (Leica DM4000B, Wetlar, Germany), samples were excited at 488 nm and emitted  
227 light collected with a 505-550 nm band pass filter. On those slides found to have  
228 cells containing bacteria, the deposit was fixed with PFA (4%) for 2 min, then further  
229 treated with anti-Uroplakin III (Santa Cruz Biotechnology Inc; Santa Cruz, USA) for 12  
230 h, a specific marker of urothelial cells (10). Alexa 555 (Invitrogen, UK) was used as a  
231 secondary antibody and incubated for 2 h, after which the slides were mounted with  
232 DAPI-containing mountant. Images were acquired with a confocal microscope (Leica  
233 SP5; Wetlar, Germany) and Z-series processed using Volocity software (Improvision,  
234 Coventry, UK). Alexa-555 and DAPI were excited at 543 nm and 405 nm, and



235 emitted light was collected using a 560 nm long-pass filter and 420 nm long pass  
236 filter, respectively.

237

238 *Urine nucleotide and nucleoside quantification.* Urine, that had previously been  
239 immediately snap-frozen and kept at -80°C, was thawed and sterile filtered through  
240 a 0.22 µm membrane prior to HPLC analysis. HPLC analysis was performed as  
241 previously described (11). In brief, the samples were then subjected to a solid phase  
242 extraction cleaning procedure through Strata-X columns (30 mg/ml; Phenomenex,  
243 Macclesfield, UK). Elution was achieved using 25 mM ethanolamine at pH 5.0 and  
244 30% methanol in ethanolamine (pH 5.0). A standard curve was prepared alongside  
245 each HPLC experiment consisting of ADP only. Samples (100 µl) were injected into  
246 the column (Polar-RP 4 µm 80A 250x4.6 mm, Phenomenex, Macclesfield, UK) and a  
247 gradient profile of 2%-30% acetonitrile in phosphate buffer was run for 20 min, with  
248 an additional 15 min stabilisation period. Nucleotides and nucleosides were UV-  
249 detected at 254 nm and areas measured with the Agilent software (Agilent  
250 Technologies, Wokingham, UK). Areas were then adjusted to the SPE cartridge  
251 performance and compared against standard curves to obtain the final  
252 concentration. Urinary creatinine levels were measured using a commercial test  
253 (R&D Systems, Abingdon, UK) as per manufacturer's instructions to ensure data  
254 were comparable.

255

256 *Statistical analysis.* All numerical data were assessed for normality using the  
257 Kolmogorov-Smirnov test. Significance level was evaluated by two-tailed paired and  
258 unpaired *t*-tests, parametric and non-parametric one-way ANOVA with appropriate  
259 post-hoc tests. *P* values less than 0.05 were considered statistically significant. All  
260 data presented as mean±SEM, and *n* equals number of patients or samples.

261

262

263 **Results:**

264 *Bladder biopsies obtained from patients using flexible cystoscopy have full-thickness*  
265 *intact urothelium.* H&E staining of wax-embedded and sliced biopsies obtained using  
266 flexible cystoscopy routinely demonstrated intact urothelium of full-thickness in  
267 samples of all three experimental groups of patients (*i.e.* non-OAB [8 of 8  
268 specimens], OAB without pyuria [11 of 13 specimens], and OAB with pyuria [6 of 6  
269 specimens]) (Figure 1A). Morphologically distinct umbrella cells were evident on the  
270 luminal side of the urothelium further demonstrating the integrity of the tissue  
271 (Figure 1B).

272

273 *Basal ATP release is significantly greater from urothelium of OAB patients with*  
274 *pyuria.* To measure ATP release from microdissected urothelium, we used a luciferin  
275 luciferase assay. ATP levels became detectable after 15 min and stabilized at 30-40  
276 min (data not shown) and consequently recordings were taken at 60 min. The subtle  
277 increase in concentration of ATP, which stabilized with time, was taken to represent  
278 basal (*i.e.* unstimulated) release of ATP. Basal release of ATP was significantly  
279 greater from urothelium of OAB patients with pyuria ( $78.1 \pm 20.6$  nM/5 mg of wet  
280 tissue [hereafter referred to as simply 'nM'],  $n=15$ ,  $P<0.05$ ) than from non-OAB  
281 patients ( $1.9 \pm 1.5$  nM,  $n=9$ ) or OAB patients without pyuria ( $2.2 \pm 1.7$  nM,  $n=33$ )  
282 (Figure 2A). Application of a hypotonic solution, to mimic stretch and thus bladder  
283 filling, resulted in substantial, and similar increase in ATP release from the  
284 urothelium of all three experimental groups (non-OAB patients,  $129 \pm 48$  nM,  $n=9$ ;  
285 OAB patients without pyuria,  $38 \pm 18$  nM,  $n=33$ ; OAB patients with pyuria,  $268 \pm 188$   
286 nM,  $n=15$ ) (Figure 2B). Peak stretch-evoked ATP levels (*i.e.* the highest  
287 concentration of ATP measured following stimulation) was achieved within 1 min  
288 irrespective of experimental group ( $n=18$ ; data not shown). The concentration of  
289 ATP decreased during hypotonic insult suggesting degradation by endogenous tissue  
290 ATPases. As expected, increasing hypotonicity caused additional ATP release from  
291 urothelium ( $\sim 2$ -fold with 25% hypotonic buffer,  $\sim 10$ -fold with 50% hypotonic buffer,  
292 and  $\sim 20$ -fold with 75% hypotonic buffer). The concentration of ATP released from  
293 urothelium following osmotic insult decreased by  $51 \pm 8\%$  ( $n=9$ ) and  $52 \pm 11\%$  ( $n=9$ )

294 after 3 min for samples from non-OAB patients and OAB patients with pyuria,  
295 respectively, and levels returned to basal concentrations within 10-12 min in both  
296 cases. However, for samples from OAB patients without pyuria, the decrease in  
297 concentration of stimulated-ATP release was significantly less after 3 min ( $26\pm 7\%$ ;  
298  $n=9$ ;  $P<0.05$ ) and returned to basal concentrations in  $\sim 30$  min (Figure 2C). The  
299 slower rate of stimulated ATP decay seen with urothelium obtained from OAB  
300 patients without pyuria was similar to that with urothelium obtained from non-OAB  
301 patients in the presence of the ATPase inhibitor ARL 67156 ( $100\ \mu\text{M}$ ;  $n=5$ ) (Figure  
302 2C); ARL 67156 did not alter the peak concentration of stimulation-evoked ATP  
303 release (data not shown). For ATP concentration measurements following  
304 stimulation, results obtained using HPLC correlated well with results from the  
305 luciferin luciferase assay (data not shown); however it was not possible to use HPLC  
306 to measure basal ATP release as, in some cases, concentrations were below the level  
307 of accurate quantification using the HPLC technique.

308

309 *Basal ATP release mechanisms differ from stretch-evoked stimulated release.* We  
310 pharmacologically investigated the molecular mechanism(s) by which ATP is released  
311 (primarily stretch-evoked) from human urothelium obtained from non-OAB patients,  
312 OAB patients without pyuria, and OAB patients with pyuria, using a luciferin  
313 luciferase assay. Basal ATP release from urothelium of OAB patients with pyuria was  
314 significantly inhibited (by  $67\pm 9\%$ ,  $n=3$ ) by the P2 receptor antagonist suramin ( $1\ \text{mM}$ )  
315 and almost abolished by the hemichannel and gap junction blocker carbenoxolone  
316 (CBX,  $50\ \mu\text{M}$ ;  $n=3$ ), yet, was significantly potentiated (by  $74\pm 13\%$ ,  $n=3$ ) by the P2  
317 receptor agonist UTP ( $1\ \mu\text{M}$ ) (Figure 3A). The UTP-evoked potentiation of ATP was  
318 subtly inhibited (by  $\sim 30\ \text{nM}$ ,  $n=3$ ) by co-incubation with CBX ( $50\ \mu\text{M}$ ) and  
319 significantly inhibited by co-incubation with suramin ( $1\ \text{mM}$ ;  $P<0.05$ ,  $n=3$ ), suggesting  
320 at least two mechanisms of ATP release (*i.e.* hemichannel-mediated and  
321 downstream P2 receptor-evoked) (Figure 3A and 7A). Botulinum toxin-A (BTX-A;  $20$   
322 units/ml) known to inhibit vesicular release of ATP, brefeldin-A (BFA;  $20\ \mu\text{M}$ ) known  
323 to inhibit vesicular trafficking, capsazepine ( $3\ \mu\text{M}$ ) a blocker of stretch-activated TRP  
324 channels, and 4,4'-diisothiocyano-2,2'-stilbenedisulfonic acid (DIDS,  $100\ \mu\text{M}$ ) a

325 calcium-activated chloride channel blocker, did not significantly alter basal ATP  
326 release (all n=3-4) (Figure 3A). Unfortunately, basal ATP release, as opposed to  
327 stretch-evoked ATP release, from urothelium of non-OAB patients and OAB patients  
328 without pyuria could not be fully investigated due to barely detectable levels of ATP  
329 (see Figure 2A). However, the effects of UTP (1  $\mu$ M, n=3) were investigated in these  
330 tissues and found not to significantly increase basal ATP concentration. Stretch-  
331 evoked ATP release (*i.e.* release evoked by a hypotonic stimulus) from urothelium of  
332 OAB patients with pyuria was significantly inhibited (by  $72\pm 14\%$ , n=5) by suramin (1  
333 mM;  $P<0.05$ ) and almost abolished by BTX-A (20 units/ml, n=3) and BFA (20  $\mu$ M,  
334 n=3), but unaffected by capsazepine, CBX, DIDS or UTP (n=3-5) (Figure 3B).  
335 Stimulated ATP release from urothelium of non-OAB patients and OAB patients  
336 without pyuria, in addition to being abolished by suramin, BTX-A and BFA, was  
337 significantly inhibited by capsazepine (by  $67\pm 11\%$  [n=3] control and  $83\pm 8\%$  [n=4]  
338 OAB-pyuria;  $P<0.05$ ).

339         Given that BTX-A abolished hypotonicity-evoked ATP release from urothelium  
340 of OAB patients with pyuria (Figure 3B) we investigated whether vesicles were  
341 evident in the urothelium. Quinacrine staining of wax-embedded and sliced biopsies  
342 demonstrated ATP-containing vesicular structures throughout the urothelium and in  
343 underlying tissue (Figure 4A). Hypotonic challenge of biopsies from OAB patients  
344 with pyuria prior to wax embedding and slicing resulted in significantly less dense  
345 quinacrine staining ( $3.9\pm 1.3$  arbitrary units [AU], n=3, as compared to  $0.9\pm 0.3$  AU,  
346 n=3), suggesting vesicle emptying following hypotonic stimulation (Figure 4B), which  
347 was inhibited by the addition of BTX-A ( $1.3\pm 1.3$  AU, n=3).

348

349 *Altered expression of P2 receptor mRNA in bladder urothelium of OAB patients.* To  
350 quantify the relative abundance of P2 receptor mRNA in microdissected urothelium  
351 of non-OAB patients, OAB patients without pyuria, and OAB patients with pyuria, we  
352 calculated a ratio of the P2 receptor gene of interest to a constitutively expressed  
353 housekeeping gene (GAPDH) using RT-PCR.

354         We failed to detect significant levels (*i.e.*  $>5$  arbitrary units) of P2X<sub>4</sub> and P2Y<sub>4</sub>  
355 mRNA in urothelium from any experimental group. In contrast, significant amounts

356 of mRNA were detected for P2X<sub>1</sub>, 2, 3, 5, 6 and 7, and P2Y<sub>1, 2, 6, 11, 12, 13, 14</sub> in  
357 urothelium of non-OAB controls; order of expression: P2Y<sub>14</sub>>>P2X<sub>1, 3, 5, 6</sub> and  
358 7=P2Y<sub>1, 6, 11, 12 and 13</sub>>P2X<sub>2</sub>=P2Y<sub>2</sub> (Figure 5). Urothelium from OAB patients without  
359 pyuria showed a significant increase in abundance of P2Y<sub>11 and 13</sub> mRNA (by 200-fold  
360 and 10-fold, respectively; n=6; P<0.01). Whereas, urothelium from OAB patients  
361 with pyuria showed a significant increase in abundance of P2Y<sub>2 and 11</sub> mRNA (100-fold  
362 and 50-fold, respectively; n=6; P<0.01) (Figure 5B).

363

364 *Intracellular bacteria in shed urothelial cells of OAB patients with pyuria.* To  
365 investigate whether intracellular bacteria are responsible for increased basal release  
366 of ATP from urothelium from OAB patients with pyuria we stained cytopun fresh  
367 urine samples with acridine orange and crystal violet. Biopsy tissue was not used in  
368 this part of the investigation given its precious nature and the necessity of its use in  
369 mechanistic luciferin luciferase studies. Planktonic bacteria were observed in 1 of 16  
370 samples from non-OAB patients, whereas, intracellular bacteria were not observed  
371 in any sedimentary cells (8±2 urothelial cells per sample, n=16) (Figure 6A).  
372 Similarly, planktonic bacteria were observed in <10% of samples from OAB patients  
373 without pyuria (n=33) and intracellular bacteria were not observed in any  
374 sedimentary cells (Figure 6B). The number of sedimentary cells identified as  
375 urothelial cells in urine samples from OAB patients without pyuria was 15±3 (n=33).  
376 Planktonic bacteria were observed in 9 of 16 samples from OAB patients with pyuria,  
377 and intracellular bacteria were observed in sedimentary urothelial cells from 13  
378 samples (19±3 urothelial cells per sample, n=16). In the 13 samples, 52±9% of  
379 urothelial cells were found to contain intracellular bacteria (Figure 6C). To confirm  
380 that the cells containing intracellular bacteria were urothelial cells, the deposit was  
381 fixed with PFA (4%) then further treated with anti-Uroplakin III (UP-III) and DAPI. In  
382 all cases, those cells initially identified as urothelial cells by their morphology alone,  
383 were confirmed as urothelial cells by positive UP-III immunofluorescence. Z-stack  
384 images obtained by confocal microscopy further confirmed the intracellular  
385 localization of bacteria (Figure 6D).

386

387 *Urinary AMP and adenosine levels are elevated in OAB.* Given that basal ATP release  
388 is significantly greater from urothelium of OAB patients with pyuria we investigated  
389 whether this was detectable by HPLC in MSU samples, as well as other nucleotides  
390 (ADP, AMP, GTP, GDP, GMP, UTP, UDP and UMP) and nucleosides (adenosine,  
391 guanosine and uridine) that may be altered (Table 1). Urinary AMP levels were  
392 significantly greater in samples from OAB patients without pyuria ( $14.4 \pm 8.3 \mu\text{M}$ ,  
393  $n=17$ ,  $P<0.05$ ) and OAB patients with pyuria ( $8.5 \pm 2.3 \mu\text{M}$ ,  $n=16$ ,  $P<0.05$ ) than non-  
394 OAB patients ( $2.7 \pm 0.5 \mu\text{M}$ ,  $n=11$ ). In addition, urinary adenosine levels were  
395 significantly greater in samples from OAB patients without pyuria ( $228 \pm 106 \mu\text{M}$ ,  
396  $n=17$ ,  $P<0.05$ ) than non-OAB patients ( $61 \pm 58 \mu\text{M}$ ,  $n=11$ ). Nucleotide and nucleoside  
397 release from biopsy tissue was not investigated using HPLC given the necessity of the  
398 tissue's use in mechanistic luciferin luciferase studies.  
399  
400

401 **Discussion:**

402 The main findings of this investigation revealed that basal release of ATP from the  
403 urothelium is significantly greater for human OAB patients with pyuria  $\geq 10$  wbc  $\mu\text{l}^{-1}$   
404 than for OAB patients without pyuria (or with pyuria  $< 10$  wbc  $\mu\text{l}^{-1}$ ) or non-OAB  
405 patients, which may account for the heightened symptoms seen in these patients  
406 (36). More specifically, we present evidence that (1.) bacteria reside in some  
407 urothelial cells of OAB patients with pyuria  $\geq 10$  wbc  $\mu\text{l}^{-1}$ , and (2.) a sequential  
408 signaling mechanism occurs whereby (i) basal ATP release from the urothelium is via  
409 hemichannels, (ii) ATP released through hemichannels acts in an autocrine/paracrine  
410 manner by activating P2 receptors expressed throughout the urothelium (likely to be  
411 the P2Y<sub>2</sub> subtype, shown here to be upregulated in OAB patients with pyuria), and  
412 (iii) P2 receptor activation causes yet further ATP release from the urothelium via an  
413 undetermined mechanism. Taken together, these findings lead to the proposal that  
414 in a subset of OAB patients (*i.e.* OAB patients presenting with pyuria  $\geq 10$  wbc  $\mu\text{l}^{-1}$ ),  
415 there is heightened basal ATP release from, and increased P2 receptor expression in,  
416 the urothelium originating from intracellular bacteria colonization, that culminates in  
417 inappropriate sensory nerve excitation and the symptoms of OAB seen in these  
418 patients (see Figure 7A).

419 In addition to reporting altered urothelial ATP release from OAB patients  
420 presenting with pyuria, we also describe stretch-evoked ATP signaling in human  
421 urothelium (which does not significantly differ between OAB patients without  
422 pyuria, OAB patients with pyuria, and non-OAB patients). Specifically we present  
423 evidence that a sequential signaling mechanism occurs whereby (i) urothelial cell  
424 stretch (as occurs in bladder filling) evokes vesicular ATP release, (ii) ATP released  
425 from vesicles acts in an autocrine/paracrine manner by activating P2 receptors (of  
426 which a variety and abundance are expressed throughout the urothelium), and (iii)  
427 P2 receptor activation causes yet further vesicular ATP release from the urothelium  
428 to presumably activate P2X receptors on suburothelial sensory nerves and therefore  
429 signal bladder fullness (see Figure 7B).

430

431 *Mechanisms of urothelial ATP release.*

432 It is well established that extracellular nucleotide signaling arising from the  
433 urothelium is important in the regulation of bladder function (3, 8). However, to  
434 date little work has been performed on human urothelium. This, in part, is because  
435 of the reported fragility of the urothelial cell layer and superficial umbrella cells, and,  
436 the logistic difficulty in obtaining tissue samples using the cold-cup biopsy technique  
437 (normally performed under general anaesthesia). However, here we demonstrate  
438 that full-thickness intact urothelium obtained using flexible cystoscopy, a routinely  
439 used procedure using a fibre optic instrument and not requiring general anesthesia  
440 of the donor, can be used successfully to study the physiology/pathophysiology of  
441 the urothelium *in vitro*.

442 Using urothelium samples, obtained by flexible cystoscopy, we have  
443 presented evidence for an autocrine/paracrine ATP signaling mechanism in human  
444 urothelium that presumably culminates in sensory nerve excitation (see Figure 7).  
445 Our proposed mechanisms of autocrine/paracrine ATP signaling are broadly in  
446 keeping with others. Autocrine/paracrine signaling by ATP, and other nucleotides, in  
447 epithelial tissues is a well documented phenomenon, especially in renal tissue where  
448 basal ATP release and stretch-evoked ATP release (a function of tubular flow rate)  
449 influence ion and water transport mechanisms, and may even influence intrarenal  
450 blood flow (21, 35, 39, 60). With respect to the bladder, the group of Birder was the  
451 first to propose that the abundance, and variety, of P2 receptors expressed  
452 throughout the urothelial cell layer might serve to amplify stretch-evoked ATP  
453 signaling (15). Non-neuronal cellular release mechanisms of ATP are not well  
454 understood. Proposals to date involve a number of complementary pathways that  
455 include transport via ATP-binding-cassette (ABC) proteins, connexin hemichannels,  
456 large-diameter anion channels and exocytotic vesicular release (1, 31). Our data  
457 using human urothelium demonstrate ATP release via hemichannels and vesicles  
458 (see Figure 3 and 4). This investigation extends findings of earlier studies using  
459 urothelium by demonstrating multiple, and different, release mechanisms for both  
460 basal release (in OAB patients with pyuria) and stretch-evoked release (from all  
461 experimental groups). However, disappointingly we report at least one unidentified  
462 ATP release mechanism in OAB patients with pyuria that is insensitive to all  
463 blockers/antagonists tried (see Figure 7). It is perhaps prudent to mention at this



464 juncture that the effect of bacteria on urothelial cell permeability has not be  
465 investigated, which of course may also account for increased increased basal release  
466 of ATP from the urothelium of patients with OAB and pyuria.

467 Current OAB therapies include antimuscarinic and/or BTX-A treatment. The  
468 former is associated with severe side-effects and high rates of withdrawal, and the  
469 latter is notoriously expensive. Our study tested the ability of suramin and BTX-A to  
470 alter the ATP signaling cascades seen in urothelium from OAB patients. Suramin,  
471 successfully inhibited the exaggerated basal ATP release unique to OAB patients with  
472 pyuria, whereas BTX-A was without effect (see Figure 3A). However, stimulated ATP  
473 release, similar in non-OAB patients and OAB patients alike, was inhibited by both  
474 suramin and BTX-A (see Figure 3B). These findings suggest that BTX-A may not be a  
475 suitable therapy for those suffering from OAB with pyuria, and that selective  
476 targeting of urothelial ATP receptors may be an alternative pharmacological strategy  
477 to currently used antimuscarinics in the treatment of OAB (irrespective of pyuria  
478 status).

479

#### 480 *P2 receptor expression in urothelium.*

481 Using real time-PCR, we molecularly characterized the P2 receptor subtypes  
482 expressed in urothelium of non-OAB patients, OAB patients without pyuria, and OAB  
483 patients with pyuria. We consistently demonstrated mRNA expression of P2X1-3 and  
484 5-7 receptor subunits, but not P2X4, in samples from all 3 experimental groups. The  
485 level of expression for each subtype did not significantly differ between  
486 experimental groups. Given the ability of P2X receptors to form homomeric and  
487 heteromeric ion channels, the possibility exists that up to 10 subtypes of P2X  
488 receptor (P2X1, 2, 3, 5, 6, 7, 1/2, 1/5, 2/3 and 2/6) may be functionally expressed in  
489 human urothelium. For P2Y receptors, we consistently demonstrated mRNA  
490 expression for all subtypes (P2Y<sub>1, 2, 6 and 11-14</sub>) with the exception of P2Y<sub>4</sub>. However,  
491 levels of P2Y<sub>2, 11 and 13</sub> were significantly increased in OAB patients, with an increase in  
492 P2Y<sub>2</sub> being specific to OAB patients with pyuria and P2Y<sub>13</sub> being specific to OAB  
493 patients without pyuria (see Figure 5).

494 Our PCR findings demonstrating expression of almost all P2 receptors in  
495 human urothelium are broadly in accordance with previous studies that collectively

496 reported all P2X (P2X1-7) and P2Y<sub>1, 2, 4, 6 and 11</sub> localization/expression in native  
497 urothelium of human, rat, mouse, rabbit, guinea-pig and cat and in a human  
498 urothelial cell line (UROtsa cells) (4, 6, 13-15, 18, 19, 24, 40, 42, 50, 57, 61). That  
499 others have not demonstrated P2Y<sub>12-14</sub> expression is perhaps due to the recent  
500 discovery and cloning of these subtypes from human tissue. Our PCR investigation  
501 also extends findings of earlier studies in which P2 receptor expression in the  
502 urothelium is described for both human and feline IC patients, whereby P2X1 and 3  
503 and P2Y<sub>2</sub> are decreased (6, 15).

504 Interestingly, stimulation of some P2 receptors (P2X<sub>2, 4 and 7</sub>, and P2Y<sub>6</sub>)  
505 results in the release of key proinflammatory cytokines (*e.g.* IL-1 $\beta$ , IL-6, IL-8 and  
506 TNF $\alpha$ ) (3, 47). IL-1, IL-6 and IL-8 have been shown to presage UTI symptoms (27, 53).  
507 Here we present data suggesting that P2Y<sub>6</sub> expression may be increased (not quite  
508 significant; Figure 5B) in the urothelium of OAB patients with pyuria, which may be  
509 critical to the release of these cytokines, and amplify the cascade of events leading  
510 to the heightened symptoms of OAB.

511

#### 512 *Bacterial colonization of bladder urothelium.*

513 With our findings in mind, the most apposite series of animal experiments have been  
514 reported by the Hultgren group (41, 59). Using a murine model of chronic urinary  
515 infection, they demonstrated the ability of *E. coli* to colonize the superficial  
516 urothelium forming intracellular bacterial colonies (IBCs). These colonies exhibit a  
517 reduced susceptibility to antibiotics and host immune mechanisms. Electron  
518 microscopy studies showed that colonies formed pod-like protrusions from the cell  
519 wall, with the resident bacteria encased in a polysaccharide-rich matrix surrounded  
520 by a protective shell. Eventually, bacteria detached from the pod and burst into the  
521 bladder lumen where the escaped bacteria then infected fresh cells. However, in  
522 this study we failed to identify bacteria residing within the urothelial cells lining the  
523 bladder (*i.e.* in biopsy material) but instead bacteria were identified inside shed  
524 urothelial cells found in urine samples. The possibility exists that the shed umbrella  
525 cells were from the renal pelvis, ureters, urethra and bladder; although unlikely  
526 given that the urine was obtained by CSU sampling.

527 Interestingly, Rosen and colleagues have published data that showed IBCs  
528 forming in urothelial cells of patients with acute cystitis (60). UPEC  
529 lipopolysaccharide (LPS) is an extremely potent activator of innate immune  
530 responses acting via binding to CD14 and Toll like receptors in the bladder  
531 urothelium to activate p38 MAP kinase,  $Ca^{2+}$  and cAMP signalling which in turn  
532 triggers IL-6 and IL-8 production. (34, 56). Furthermore, ATP released from both  
533 UPEC and infected cells can stimulate IL-8 production via P2 receptor signalling (4,  
534 43, 55). IL-6 is associated with activation of the acute phase response, which  
535 increases production of C-reactive protein from the liver and IL-8 acts as a  
536 chemotactic factor for neutrophils (pyuria). The presence of pyuria in the absence of  
537 infection (determined by failure to isolate  $\geq 10^5$  colony forming units) in a subset of  
538 OAB patients, which suggests bladder infection and IBC, is a relatively recent  
539 discovery (44).

540

541 *Urinary nucleotides and nucleosides as biomarkers of OAB.*

542 Previous studies have utilized the luciferin luciferase assay to investigate the  
543 potential for urinary ATP concentration to serve as a suitable biomarker for UTIs.  
544 These studies report ATP concentrations of 5-25 nM in MSU samples collected from  
545 patients testing negative for UTIs, and 112-140 nM for patients with positive culture  
546 (26, 38), suggesting that ATP could be a biomarker for urinary infection. However, a  
547 more recent study looking at ATP concentrations in the urine of OAB patients found  
548 similar low levels of ATP in both OAB and non-OAB control groups (1.5 and 1.4 nM  
549 [normalized to creatinine concentrations], respectively) (33). Using a novel HPLC  
550 technique we found significantly higher levels of AMP in MSU samples from OAB  
551 patients (irrespective of pyuric status) than in samples from non-OAB patients. In  
552 addition, we detected elevated adenosine in OAB patients without pyuria. Whereas  
553 these data are currently too preliminary to propose biomarkers for OAB, it may be  
554 useful in determining additional signaling mechanisms responsible for the symptoms  
555 of OAB.

556

557 *Should pyuria inform the diagnosis and treatment of OAB?*

558 Data presented here raise the question as to whether OAB with pyuria should be  
559 classified and treated differently to OAB without pyuria. Considerable overlap  
560 already exists between OAB and chronic prostatitis or “chronic pelvic pain  
561 syndrome” and IC, also called “painful bladder syndrome”, and in all cases the  
562 diagnosis, rightly or wrongly, relies on exclusion of urinary infection by routine  
563 culture methods (54). Our findings suggest that OAB with pyuria has a subclinical  
564 UTI component (intracellular bacteria in the urothelium), not dissimilar to recent  
565 findings for IC yet without pain and inflammation (29). That significant basal ATP  
566 release is novel to OAB with pyuria suggests treatment could be designed  
567 accordingly. Further multi-centre investigations are required to fully answer this  
568 question; which may need to wait until routine UTI detection methodologies are  
569 updated.

570

571 **Summary:**

572 These data provide a better understanding of OAB aetiology and, nucleotide release  
573 and signaling in bladder epithelium (in health and disease). The former may prompt  
574 clinical re-classification of OAB, to aid successful diagnosis and treatment in the  
575 future. The later may help identify alternative, efficacious, and acceptable  
576 therapeutic treatments for the unpleasant symptoms of OAB. Conceivably, efficient  
577 therapeutic strategies may be evolved to target nucleotide signaling by intravesicular  
578 delivery methods to alleviate OAB symptoms and/or treat intracellular bacteria of  
579 OAB with pyuria.

580

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587

588 **Competing Interests:**

589 The author(s) declare to have no competing interests.

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596 **Figure 1.** *Bladder biopsies obtained using flexible cystoscopy have full-thickness*  
597 *urothelium.* Human bladder biopsies were obtained using a flexible cystoscope  
598 under local or general anaesthetic. Biopsies were placed in 10% formalin for 48 h  
599 prior to dehydration with alcohol and xylene, and paraffin wax embedding. Sections  
600 (6  $\mu\text{m}$  thick) were stained with H&E to investigate urothelium integrity. (A)  
601 Representative microphotograph of a biopsy section from an OAB patient that  
602 presented with pyuria of  $<10 \text{ wbc } \mu\text{l}^{-1}$ . Full-thickness urothelium is evident in the  
603 sample (between arrowheads). (B) Representative microphotograph of a biopsy  
604 section from an OAB patient that presented with pyuria of  $\geq 10 \text{ wbc } \mu\text{l}^{-1}$ . Full-  
605 thickness urothelium is evident in the sample (as in A); umbrella cells lining the  
606 luminal membrane are clearly visible (arrowheads). Scale bars equal 200  $\mu\text{m}$ .

607

608 **Figure 2.** *Greater ATP release from urothelium of OAB patients with pyuria of  $\geq 10$*   
609 *wbc  $\mu\text{l}^{-1}$ .* ATP release from microdissected urothelium was measured using a  
610 luciferin luciferase assay. ATP release was first measured at rest (classified here as  
611 'basal' release) and then after addition of a hypotonic solution (to cause cell stretch  
612 and mimic bladder filling; classified here as 'stimulated' release). Data for stimulated  
613 ATP release is presented following subtraction of basal release values. (A) Basal ATP  
614 release from urothelium of OAB patients with pyuria  $\geq 10 \text{ wbc } \mu\text{l}^{-1}$  (OAB + pyuria;  
615  $n=15$ ) was significantly greater than basal ATP release from urothelium of OAB  
616 patients without pyuria, or with pyuria  $<10 \text{ wbc } \mu\text{l}^{-1}$  (OAB - pyuria;  $n=9$ ), or non-OAB  
617 patients ( $P<0.05$ ;  $n=9$ ). (B) Stimulated ATP release from the urothelium was not  
618 significantly different between experimental groups (non-OAB patients,  $n=9$ ; OAB  
619 patients without pyuria,  $n=9$ ; OAB patients with pyuria,  $n=15$ ). (C) The rate at which  
620 the concentration of ATP decreased, following stimulation and in the continued  
621 presence of hypotonic solution, was greatest from urothelium of non-OAB patients  
622 ( $n=9$ ) and OAB patients with pyuria ( $n=15$ ). The decreased rate of stimulated ATP  
623 degradation seen from urothelium of OAB patients without pyuria ( $n=9$ ), was similar  
624 to that from urothelium of non-OAB patients in the presence of the ATPase inhibitor  
625 ARL 67156 (100  $\mu\text{M}$ ,  $n=5$ ). Data shown are mean  $\pm$  SEM. \* denotes significant  
626 difference from non-OAB, where  $P<0.05$ .

627

628 **Figure 3.** *Mechanisms of ATP release from urothelium of OAB patients with pyuria.*  
629 ATP release from microdissected urothelium of OAB patients with pyuria  $\geq 10$  wbc  $\mu\text{l}^{-1}$   
630  $^1$  (OAB + pyuria) was measured using a luciferin luciferase assay. ATP release was  
631 first measured at rest ('basal') or after addition of a hypotonic solution ('stimulated').  
632 Data for stimulated ATP release is represented following subtraction of basal release  
633 values. Urothelium was pre-treated with the stated drug for 5 min prior to  
634 measuring ATP release (basal or stimulated). (A) Basal ATP release from urothelium  
635 was significantly attenuated by both suramin (1 mM, n=3) and carbenoxolone (CBX,  
636 50  $\mu\text{M}$ , n=3), and significantly potentiated by UTP (1  $\mu\text{M}$ , n=3) ( $P < 0.05$  in all cases).  
637 The potentiating effects of UTP were inhibited by co-treatment with either CBX or  
638 suramin. (B) Stimulated ATP release from the urothelium was significantly  
639 attenuated by suramin (n=5), botulinum toxin-A (BTX-A, 20 units/ml, n=3) or  
640 brefeldin-A (BFA, 20  $\mu\text{M}$ , n=3) ( $P < 0.05$  in all cases). Co-treatment of either BFA or  
641 suramin with UTP (n=3 in both cases) had no further effect. Data shown are  
642 mean  $\pm$  SEM. \* denotes  $P < 0.05$ .

643

644 **Figure 4.** *Urothelial cell stretch evokes vesicular release of ATP.* Human bladder  
645 biopsies were obtained using a flexible cystoscope under local anaesthetic. Biopsies  
646 were placed in 10% formalin for 48 h prior to dehydration with alcohol and xylene,  
647 and paraffin wax embedding. In some cases, biopsies were challenged with a  
648 hypotonic solution (to cause cell stretch and mimic bladder filling) prior to fixation.  
649 Sections (6  $\mu\text{m}$  thick) were stained with DAPI and quinacrine to investigate  
650 localisation of ATP-containing vesicles. (A) Representative microphotograph of a  
651 biopsy section from an OAB patient with pyuria  $\geq 10$  wbc  $\mu\text{l}^{-1}$ ; *i*) DAPI staining (blue),  
652 *ii*) quinacrine staining (green), *iii*) composite image of DAPI and quinacrine staining,  
653 *iv*) bright field image. ATP containing vesicles are evident throughout the  
654 urothelium. (B) Representative microphotograph of a biopsy section from an OAB  
655 patient with pyuria  $\geq 10$  wbc  $\mu\text{l}^{-1}$ , challenged with a hypotonic solution prior to  
656 fixation; *i*) - *iv*) as in A. ATP containing vesicles are less evident throughout the  
657 urothelium. Scale bars equal 100  $\mu\text{m}$ .

658

659 **Figure 5.** *Altered P2Y receptor expression in urothelium of OAB patients.* RT-PCR was  
660 performed on microdissected urothelium of non-OAB patients, OAB patients without  
661 pyuria, or with pyuria  $<10 \text{ wbc } \mu\text{l}^{-1}$  (OAB – pyuria), and OAB patients with pyuria  $\geq 10$   
662  $\text{wbc } \mu\text{l}^{-1}$  (OAB + pyuria). The ratio of the P2 receptor gene of interest to a  
663 constitutively expressed housekeeping gene (GAPDH) was calculated. (A) Ionotropic  
664 P2X receptor mRNA levels were similar in urothelium from the three experimental  
665 groups (n=6). (B) Urothelium from OAB patients without pyuria showed a significant  
666 increase in abundance of metabotropic P2Y<sub>11 and 13</sub> mRNA (n=6;  $P < 0.01$ ). Whereas,  
667 urothelium from OAB patients with pyuria showed a significant increase in  
668 abundance of metabotropic P2Y<sub>2 and 11</sub> mRNA (n=6;  $P < 0.01$ ). Data shown are  
669 mean  $\pm$  SEM. \* denotes significant difference from non-OAB, where  $P < 0.01$ .

670

671 **Figure 6.** *Intracellular bacteria identified in shed urothelial cells from OAB patients*  
672 *with pyuria  $\geq 10 \text{ wbc } \mu\text{l}^{-1}$ .* Fresh urine was spun onto slides using a cytospin and the  
673 deposit stained with acridine orange (which fluoresces green in the presence of  
674 viable organism DNA). In order to differentiate extracellular from intracellular  
675 bacteria, a crystal violet counter-stain was added to quench the fluorescence of  
676 extracellular microorganisms. Images were acquired using an upright fluorescence  
677 microscope. Intracellular bacteria were not observed in sedimentary cells from the  
678 urine of non-OAB patients (see A for a representative image) or OAB patients  
679 without pyuria, or with pyuria  $<10 \text{ wbc } \mu\text{l}^{-1}$  (OAB – pyuria; see B for a representative  
680 image). (C) Representative microphotograph of shed urothelial cell colonized by  
681 intracellular bacteria (arrow) from an OAB patient with pyuria  $\geq 10 \text{ wbc } \mu\text{l}^{-1}$  (OAB +  
682 pyuria). Bacterial colonization of urothelial cells was seen in 81% of urine samples  
683 tested (n=16), and of those,  $52 \pm 9\%$  of urothelial cells contained bacteria ( $19 \pm 3$   
684 urothelial cells per sample). Further confirmation of the intracellular localisation of  
685 bacteria and cell type was obtained by treatment with anti-uroplakin III (red; a  
686 marker of urothelial cells) and DAPI (blue; marker of DNA). Images were acquired  
687 with a confocal microscope and Z-series processed using Volocity software. (D)  
688 Representative 2D microphotograph of three shed urothelial cells from urine of an  
689 OAB patient with pyuria (Di), whereby the intracellular localisation of bacteria is

690 evident in the side projections (Dii and Diii; dashed line shows origin of side-  
691 projection). Scale bars equal 10  $\mu\text{m}$ .

692

693 **Figure 7.** *Proposed mechanisms of ATP release from urothelium of OAB patients with*  
694 *pyuria.* In our investigations, basal release of ATP was ~15-fold greater from  
695 urothelium of OAB patients with pyuria, nearing levels normally associated with  
696 stretch and bladder fullness. Histology demonstrates that bacteria reside in  
697 urothelial cells, and RT-PCR suggest that levels of P2Y<sub>2</sub> and P2Y<sub>11</sub> are increased. (A)  
698 When the bladder is at rest there is a substantial release of ATP (basal release) from  
699 the urothelium, which in our experiments is abolished by CBX, suggesting release via  
700 hemichannels (1.). We propose that the released ATP acts in a paracrine/autocrine  
701 fashion to activate P2 receptors expressed throughout the urothelium (including the  
702 upregulated P2Y<sub>2</sub> and P2Y<sub>11</sub> subtypes) (2.). P2 receptor activation in turn evokes  
703 further ATP release (in our experiments attenuated by suramin and potentiated by  
704 UTP) via an undetermined mechanism (3.). Presumably, released ATP reaches levels  
705 able to activate P2 receptors expressed on suburothelial sensory nerves, resulting in  
706 inappropriate signalling normally associated with bladder fullness (4.). We  
707 hypothesise that the presence of intracellular bacteria (IB) is responsible for  
708 increased P2 receptor expression and hemichannel mediated ATP release. (B) When  
709 the urothelium is stretched (*i.e.* when the bladder is full) there is a substantial  
710 release of ATP (stimulated release), which in our experiments is abolished by BTX-A  
711 or BFA, suggesting release from vesicles (1.). We propose that the released ATP acts  
712 in a paracrine/autocrine fashion to activate P2 receptors expressed throughout the  
713 urothelium (2.). P2 receptor activation in turn evokes further ATP release (in our  
714 experiments attenuated by suramin) again from vesicles (3.). Presumably, released  
715 ATP reaches levels able to activate P2 receptors expressed on suburothelial sensory  
716 nerves, resulting in signalling of bladder fullness (4.). The presence of intracellular  
717 bacteria (IB) does not appear to alter stimulated ATP release from urothelium.

718

719

720

721

722 **Table 1:**

Compound	Non-OAB	OAB	OAB
		without pyuria	with pyuria
ATP	1.4±0.8 nM	4.2±3.6 nM	2.0±0.8 nM
ADP	19.0±8.5µM	11.7±2.5µM	24.2±6.5 µM
AMP	2.7±0.5µM	14.4±8.3 µM*	8.5±2.2 µM*
adenosine	61.0±58.5µM	228±86 µM*	113±42.3 µM
GTP	44.9±13.9 µM	157±92.7µM	89.8±42.3 µM
GDP	128±54.0 µM	83.2±20.0 µM	138±47.3 µM
GMP	5.5±2.0µM	20.7±10.3 µM	15.9±6.7 µM
guanosine	478±174 µM	225±81.5µM	527±176 µM
UTP	9.9±2.4 µM	22.9±14.5 µM	8.6±2.6 µM
UDP	30.6±13.9µM	20.2±6.3µM	46.5±19.3 µM
UMP	1.4±0.6 mM	734±393 µM	667± 261 µM
uridine	7.3±3.4µM	25.0±8.1 µM	10.0±4.8 µM

723

724 *Urinary AMP levels are elevated in OAB patients presenting with pyuria.* HPLC was  
725 used to measure the concentration of nucleotides and nucleosides in urine samples  
726 from non-OAB patients, OAB patients without pyuria or with pyuria  $<10 \text{ wbc } \mu\text{l}^{-1}$   
727 (OAB without pyuria), or with pyuria  $\geq 10 \text{ wbc } \mu\text{l}^{-1}$  (OAB with pyuria). Creatinine levels  
728 were similar in all 3 patient groups (non-OAB,  $119 \pm 25 \text{ mg/dl}$ ; OAB without pyuria,  
729  $132 \pm 20 \text{ mg/dl}$ ; OAB with pyuria,  $121 \pm 14 \text{ mg/dl}$ ). Data are mean  $\pm$  SEM (n=11 for non-  
730 OAB, n=16 for OAB without pyuria, n=17 for OAB with pyuria). \* denotes statistical  
731 difference from non-OAB patients ( $P < 0.05$ ).

732



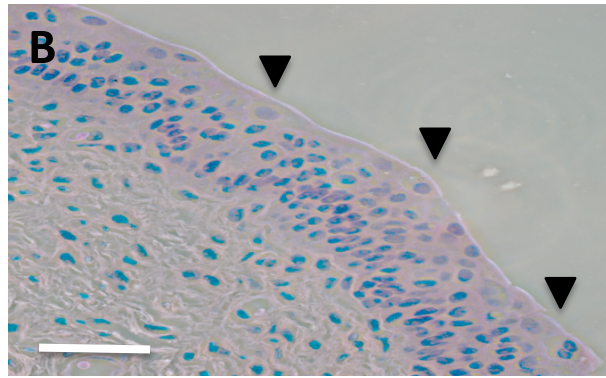
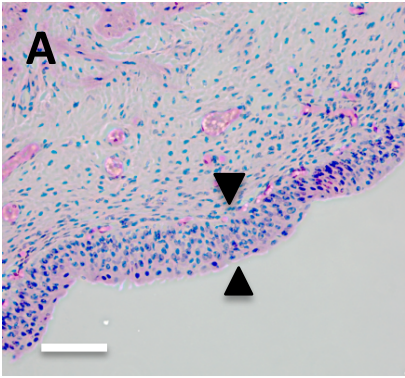
733 **Appendix:**734 *Human P2 receptor primers and mRNA accession numbers.* Primers were designed

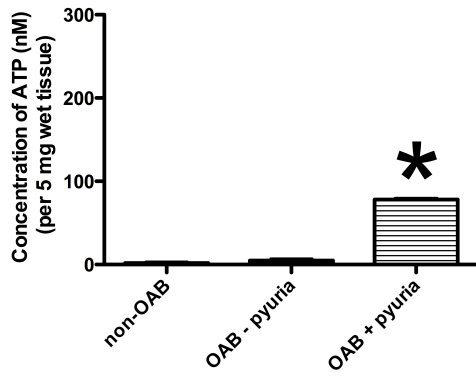
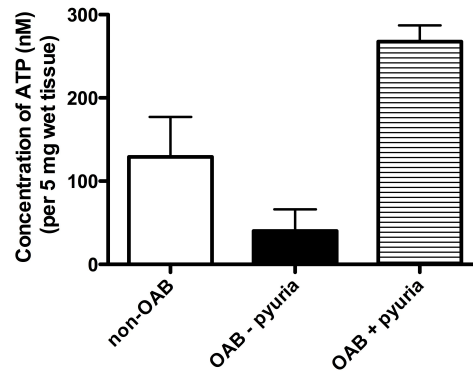
735 using Primer 3 Web software (Whitehead Institute for Biomedical Research,

736 Cambridge, USA) and manufactured by Eurofins-MWG (Ebersberg, Germany).

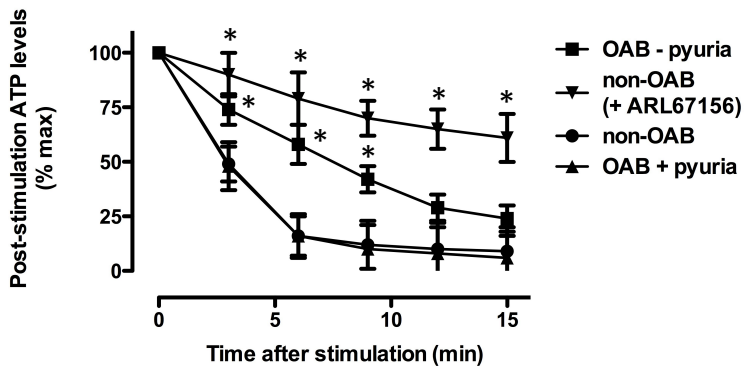
Gene	Accession No.	5'to 3' Sequence	Position
P2X1	NM_002558	S: CGCCTTCTCTTCGAGTATGA	471-491
		AS: AGATAACGCCACCTTCTTATTAC	538 – 514
P2X2	NM_170682	S: GCCTACGGGATCCGCATT	958 – 975
		AS: TGGTGGGAATCAGGCTGAAC	1024– 1005
P2X3	NM_002559	S: GCTGGACCATCGGGATCA	135 – 152
		AS: GAAAACCCACCTACAAAGTAGGA	205 – 182
P2X4	NM_002560	S: CCTCTGCTTGCCAGGTA	1108– 1128
		AS: CCAGGAGATACGTTGTGCTCAA	1176– 1155
P2X5	NM_002561	S: CTGCCTGTCGCTGTTTCA	311 – 328
		AS: GCAGGCCACCTTCTTGTT	378 – 360
P2X6	AF065385	S: AGGCCAGTGTGTGGTGTCA	488 – 507
		AS: TCTCCACTGGGCACCAACTC	555 – 536
P2X7	NM_002562	S: TCTTCGTGATGACAACTTTCTCAA	401 – 425
		AS: GTCCTGCGGGTGGGATACT	476 – 458
P2Y <sub>1</sub>	NM_002563	S: CGTGCTGGTGTGGCTCATT	1352 – 1370
		AS: GGACCCCGGTACCTGAGTAGA	1419 – 1399
P2Y <sub>2</sub>	NM_176072	S:GAACTGACATGCAGAGGATAGAAGAT	1495 – 1520
		AS: GCCGGCGTGGACTCTGT	1567 – 1551
P2Y <sub>4</sub>	NM_002565	S: CCGTCTGTGCCATGACA	725 – 742
		AS: TGACCCCGAGCTGAAGT	793 – 776
P2Y <sub>6</sub>	NM_176797	S: GCCGGCGACCACATGA	1171 – 1186
		AS: GACCCTGCCTCTGCCATTT	1227 – 1209
P2Y <sub>11</sub>	NM_002566	S: CTGGAGCGCTTCTCTTAC	511 – 530
		AS: GGTAGCGTTGAGGCTGATG	586 – 567
P2Y <sub>12</sub>	NM_022788	S: AGGTCCTCTCCACTGCTCTA	318 – 339
		AS: CATCGCCAGGCCATTTGT	385 – 368
P2Y <sub>13</sub>	NM_023914	S: GAGACTCGGATAGTACAGCTGGTA	223 – 248
		AS: GCAGGATGCCGGTCAAGA	291 – 274
P2Y <sub>14</sub>	NM_014879	S: TTCCTTTCAAGATCCTTGGTGACT	433 – 456
		AS: GCAGAGACCCTGCACACAAA	505 – 486

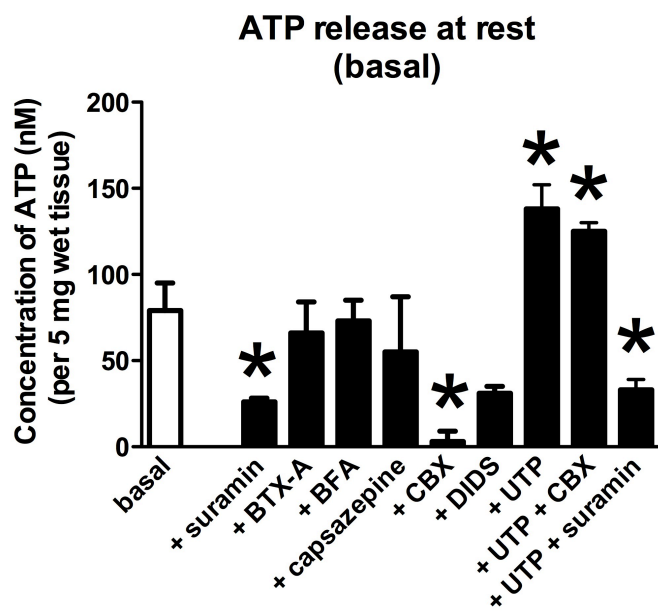
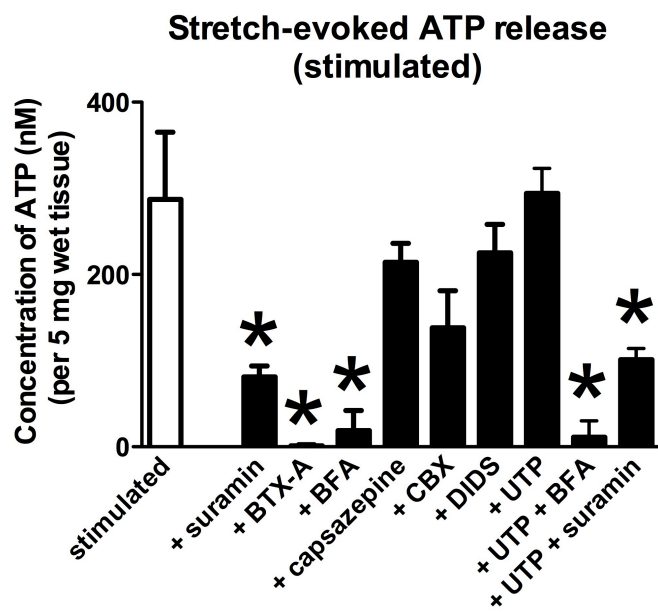


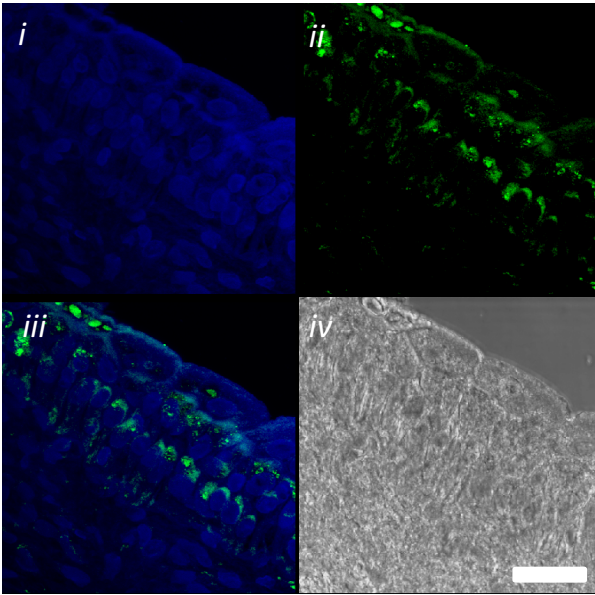
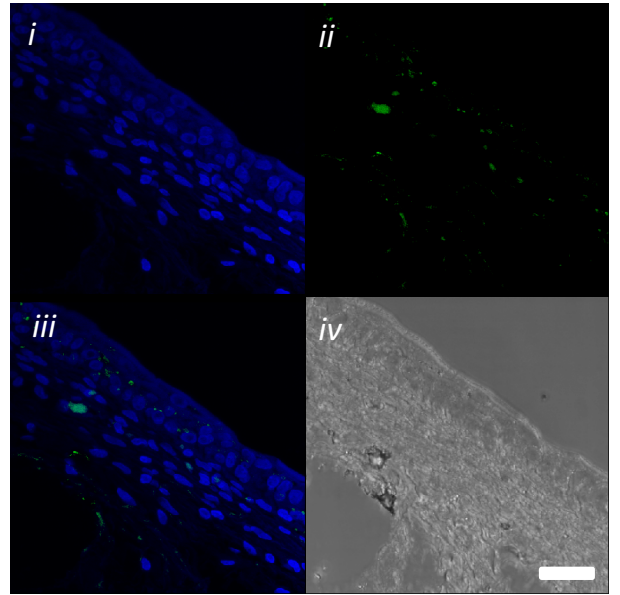


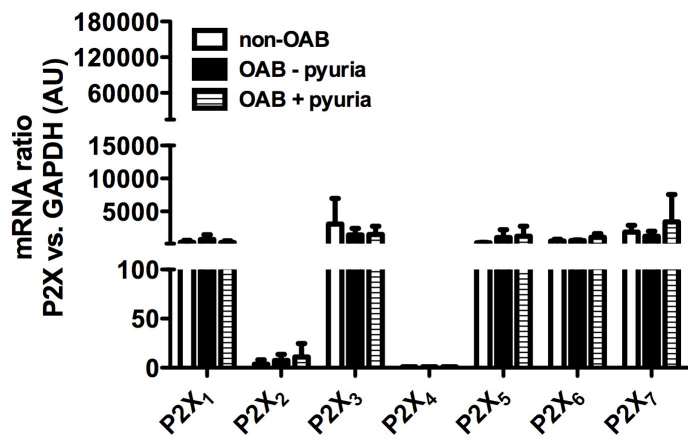
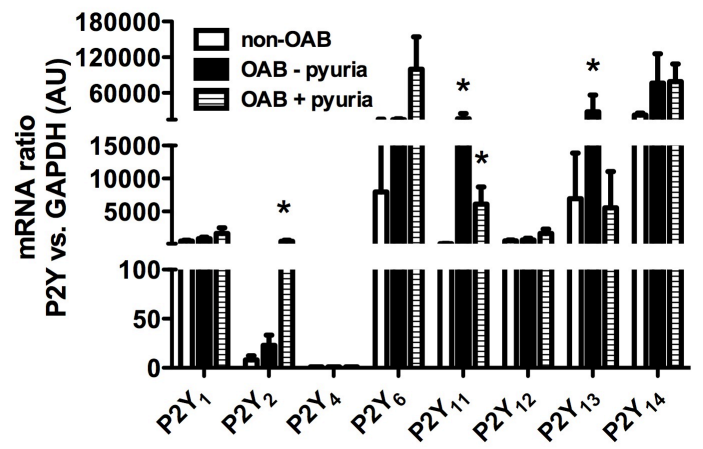
**A**ATP release at rest  
(basal)**B**Stretch-evoked ATP release  
(stimulated)**C**

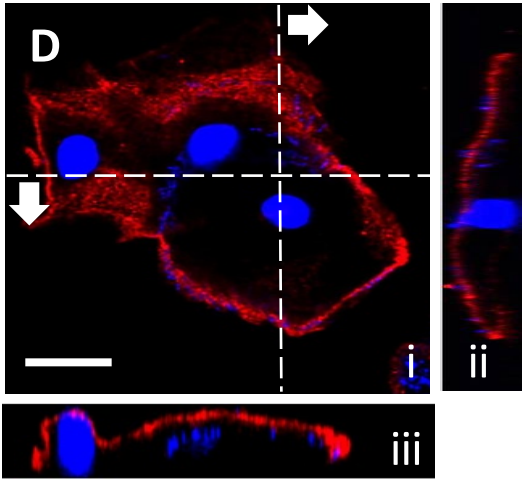
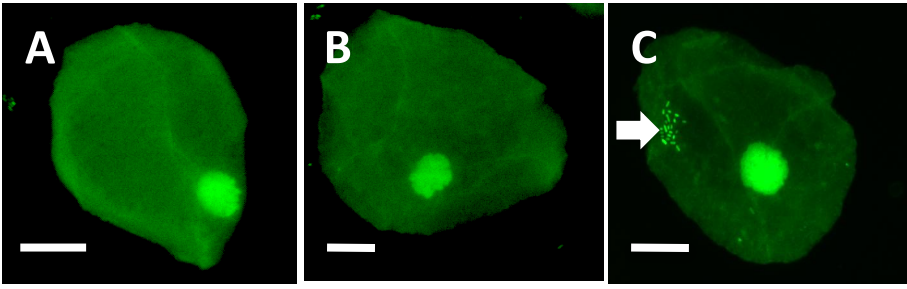
ATP decay (post stimulation)



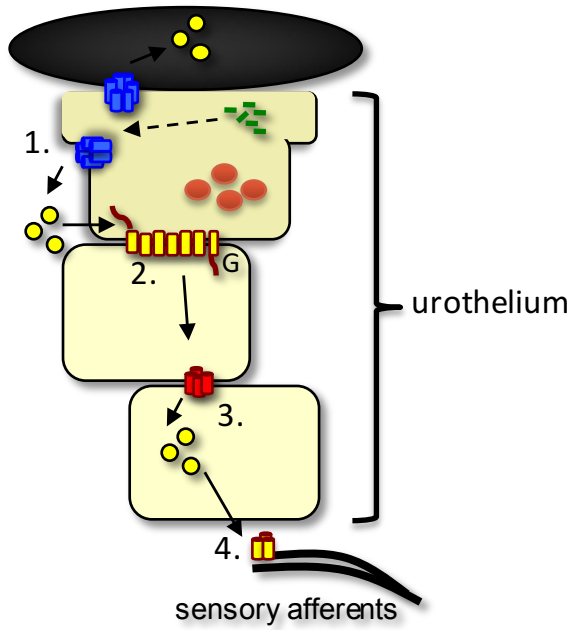
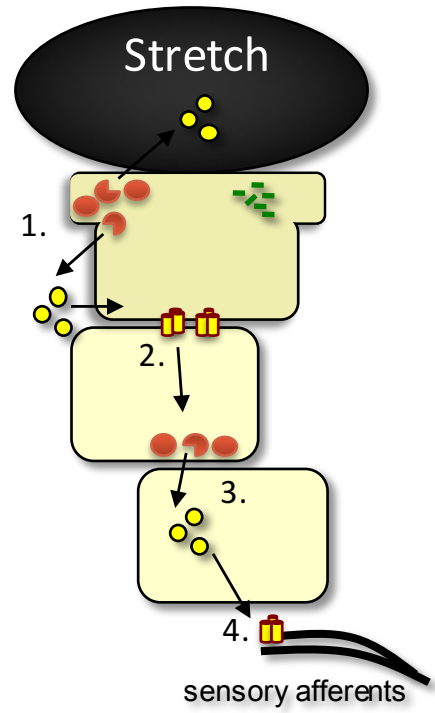
**A****B**








**A****B**

**A****B**





**A****B**

Key: , intracellular bacteria; , hemichannel; , ATP; <sub>G</sub>, P2Y receptor; , undetermined ATP channel; , P2X receptor; , ATP-containing vesicle.