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Novel VIPAS39 Mutation in a Syndromic Patient with Arthrogryposis, Renal Tubular

**Dysfunction and Intrahepatic Cholestasis** 

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Running Head: ARC syndrome

**Abstract** 

ARC syndrome is a rare autosomal recessive disease, characterized by arthrogryposis, renal

tubular dysfunction and cholestasis. Herein a 2.5 month old infant with dysmorphic features,

including small anterior fontanel, low set ears, beaked nose and high arched palate is presented

who was referred because of icterus. He also suffered from some additional anomalies, including

unilateral choanal atresia, club foot, and bilateral developmental dislocation of hip, while further

studies showed renal tubular acidosis and hearing impairment in addition to cholestasis. Genetic

studies showed a homozygous mutation in the VIPAS39 gene. Making the definite diagnosis of

the syndrome is important, while increased risk of mutation in other siblings highlights the

importance of prenatal diagnosis.

Key words: Syndrome, mutation, prenatal diagnosis, cholestasis

## Introduction

ARC syndrome is a rare disease, characterized by arthrogryposis, renal tubular dysfunction, and intrahepatic cholestasis (1). However, there is clinical variability in this syndrome. There are some reports showing musculoskeletal manifestations of arthrogryposis multiplex, or association of vertical talus, pes calcaneovalgus, hip dislocation, pathologic fractures, and rigid kyphosis in affected patients (2). Renal manifestations also varies from isolated renal tubular acidosis to severe fanconi syndrome with nephrogenic diabetes insipidus, interstitial nephritis and nephrocalcinosis (3,4). Hepatic involvement in ARC syndrome includes intrahepatic biliary ducts paucity, lipofuscin deposition, giant cell hepatitis, fibrosis and cirrhosis (4). Meanwhile normal hepatic histology could also be seen (5). Unfortunately, the syndrome has no curative therapy (6), and most patients die because of recurrent febrile illness and pneumonia before first birthday (4,7). ARC syndrome can be caused by homozygous or compound heterozygous mutations in VPS33B or VIPAS39 genes (8). Herein, a case with clinical manifestations compatible with ARC syndrome is reported, in which the definite diagnosis was made by genetic study.

# Case report

A 2.5-month old male infant, born from consanguineous Iranian parents, was admitted to the Children's Medical Center Hospital, the Pediatrics Center of Excellence in Tehran, Iran because of icterus from 3 weeks of age. This infant was the first child of family, born at gestational age of 35 weeks by cesarean section because of breech presentation. In prenatal evaluation, oligohydramnious had been detected. He had a birth weight of 2,700 gram; and was under levothyroxin therapy because of hypothyroidism. He has a dysmorphic features, including small anterior fontanel, low set ears, beaked nose and high arched palate. Additional anomalies were

unilateral choanal atresia, club foot, and bilateral developmental dislocation of hip (DDH). Because of his icterus and hepatomegaly, liver investigations were performed, which revealed hyperbilirubinemia, mild increased transaminases, greatly increased alkaline phosphatase and normal gamma glutamyl transpeptidase (AST=156, ALT=174, AlK=4467, GGT=46, Bil total=7.1, Bil direct=3.9, total protein=5.3, albumin=3.2). Hepatic histology showed hepatocyte disarray with scattered giant cell transformation intra and extra hepatocytic bile stasis in porta; no evidence of necrosis was seen. Portal spaces showed mild inflammation with mild fibrous expansion and decreased number of bile ducts. During the course of the admission, the patient developed polyuria, metabolic acidosis, glucosuria, phosphaturia, and aminoaciduria, which are the characteristics of renal tubular acidosis. Abdominal sonography showed increased echogenicity of kidneys. As of suspicious to ARC syndrome, ABR (Auditory Brainstem Response) test was performed which was abnormal. Genomic DNA of the patient was screened for mutations in VPS33B and VIPAS39 genes using Sanger sequencing and identified a homozygous missense c.1130G>C point mutation (SCV000258931) in VIPAS39 which cause arginine to proline amino acid change (Arg377Pro). Both parents were found to be heterozygous carriers of this mutation (Figure 1).

## **Discussion**

ARC syndrome is a rare disease that usually manifests by arthrogryposis, renal tubular dysfunction and cholestasis. Herein clinical feature of a patient is presented that was similar to previous case reports; so, genetic study was done which confirmed the diagnosis. This is the first report of the c.1130G>C mutaton in VIPAS39, which encodes VIPAR. Our patient has a severe ARC phenotype which suggests that arginine at position 377 is important to VIPAR function (9).

Additional feature in our patient was unilateral choanal atresia. There is an increased prevalence of autosomal recessive disorders in consanguineous populations. As siblings have one in four chance of inheriting the same disorder, the importance of prenatal diagnosis cannot be overemphasized. Therefore as mutation is confirmed in this family, prenatal test could be done on chorionic villus sample or amniotic fluid. This practice is important, especially in the Middle East region, where there are high rate of consanguinity and increased frequency of autosomal recessive disorders (10).

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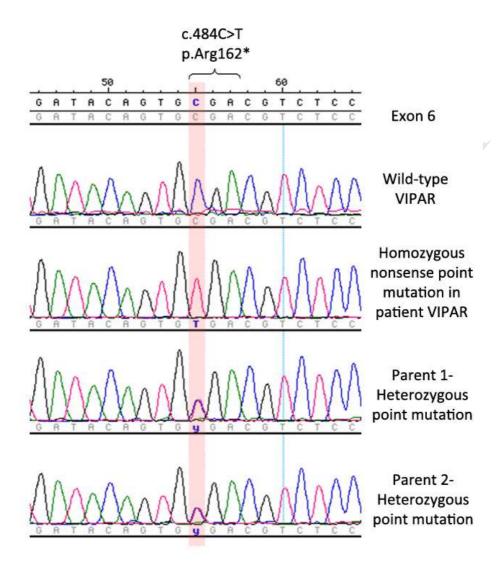


Figure 1. A control wild-type sequence with a peak for G and the patient sequence with a single peak for C, clearly showing the presence of a mutation (SCV000258931) and the fact that it is homozygous. Both parents are heterozygous for the mutation, since the electropherogram shows two peaks for G and C in this same position, validating the mutation found in the patient.