Enhancement of low-energy electron emission in 2-D radioactive films

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High-energy radiation has been utilized for decades, however, the role of low-energy electrons created during irradiation has only recently begun to be appreciated^{1,2}. Low-energy electrons are the most important component of radiation damage in biological environments because they have subcellular ranges, interact destructively with chemical bonds, and are the most abundant product of ionizing particles in tissue. However, methods for generating them locally without external stimulation do not exist. To address this we synthesized one atom thick films of the radioactive isotope ¹²⁵I on gold that are stable under ambient conditions. Scanning tunnelling microscopy, supported by electronic structure simulations, allowed us to directly observe nuclear transmutation of individual ¹²⁵I atoms into ¹²⁵Te, and explain the surprising stability of the 2-D film as it underwent radioactive decay. The metal interface geometry induces a 600% amplification of low-energy electron emission (<10 eV)³ compared to atomic ¹²⁵I. Therefore, this enhancement of biologically active low energy electrons opens a new direction for highly targeted nanoparticle therapies⁴⁻⁶.

Nuclear decay is one of the most extreme processes and is central to a range of fields including energy, medicine, imaging, labelling, archaeology and sensing. Radiation in the form of alpha particles, beta particles and gamma rays have fundamentally different interactions with matter and therefore exhibit different mean-free paths (~1 µm, 1 mm and 1 cm, respectively). These forms of primary radiation deposit their energy over the course of their trajectory by ionizing their surroundings and producing non-thermal secondary electrons. Only very recently has the ability of low-energy secondary electrons to induce chemical reactions and biological damage begun to be appreciated¹, because they have energies below the typical ionization threshold of organic matter. For example, low-energy electrons (3–20 eV) have been shown to be effective at causing DNA cleavage ^{2,4,7}. This ability stems from their high cross-section for breaking chemical bonds, and as a consequence they have a very short mean-free path of ~1–10 nm in solution^{8,9}. Furthermore, hot electrons that are not captured by surrounding molecules become thermalized as solvated electrons which are known to be chemically and biological active ⁹⁻¹². To harness these unique properties, the design of radioactive materials that increase and localize the flux of *short-range* low-energy electrons to target sites is crucial for their application in targeted cancer therapies that minimize damage to healthy cells. Thus far, it has not been possible to design atomically precise radioactive materials that maximize these effects due to self-destruction arising from nuclear recoil, Coulomb explosion and self-irradiation ^{13–16}.

We report a straightforward method for synthesizing monolayer films of radioactive ¹²⁵I atoms on gold-coated mica substrates under ambient conditions, and characterize their composition and their electron emission. Despite being synthesized from radioactive ¹²⁵I (> 99.9% purity) they are robust with respect to self-destruction, and provide well-defined, intense planar sources of secondary electrons. ¹²⁵I decays by electron capture (EC) of a core shell electron to produce a nuclear excited state of ¹²⁵Te (Figure 1a), the majority of which eject another core

shell electron during de-excitation. A cascade of electronic relaxations following the creation of each core hole leads to emission of multiple electrons. Most of these emitted electrons have > 10 eV kinetic energy and their distribution in energy is very sensitive to the local chemical environment^{3,15,17}. This rapid electron emission (within ~1 ns) leaves the daughter ¹²⁵Te atom in a highly charged state (up to Te²⁵⁺), and in a condensed material or molecule the sudden charging makes the system susceptible to fragmentation (via Coulomb explosion) without sufficiently fast neutralization¹⁵. Therefore, a major challenge in realizing a nano-structured radiation source is the design of a system that is robust under the ultra-fast release of energy and particles that accompany each atomic decay event. In anticipation of this challenge we have chosen ¹²⁵I/Au for this work, because the well-known, robust I/Au chemistry makes this system a good candidate for a stable 2-D emitter ^{18,19}.

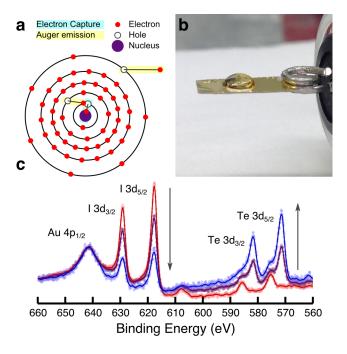


Figure | **Overview of radioactive** ¹²⁵**I monolayer film preparation and characterization.** (a) Schematic of electron capture decay of ¹²⁵I and a resulting Auger electron. (b) Photograph of Au/mica substrate during the drop-casting deposition of I from solution. (c) XPS spectra of radioactive ¹²⁵I film as a function of time reveals the nuclear transmutation of ¹²⁵I into ¹²⁵Te, and indicates that the daughter ¹²⁵Te atom remains bound to the surface. Elemental core levels are labelled and arrows highlight the change of I to Te over time: red is at 8 days, purple at 38 days and blue at 76 days.

Samples were prepared using an ambient drop-casting method adapted from the previous (non-radioactive) ¹²⁷I/Au work of Huang et al.²⁰ (Figure 1b). Survey X-ray photoelectron spectra (XPS) taken after preparation and transportation indicate no major contamination of the ¹²⁵I samples during deposition or exposure to ambient conditions (Figure S1). In order to track the nuclear transmutation of ¹²⁵I to ¹²⁵Te, XPS measurements of the sample were taken as a function of time. By measuring the I and Te 3d core levels with XPS we directly observe the nuclear transmutation of ¹²⁵I to ¹²⁵Te as a decrease in the I and an increase in the Te signals over time (Figure 1c). The sample never left vacuum over the course of the XPS measurements and hence the newly formed ¹²⁵Te atoms appear in the spectrum with a binding energy of 582 (3d_{3/2}) and 572 (3d_{5/2}) eV, as expected for the Te⁰ oxidation state²¹. These XPS measurements clearly show that the films withstand ambient processing (based on initial XPS surveys after synthesis and transportation), and that the newly formed ¹²⁵Te daughter is resistant to desorption.

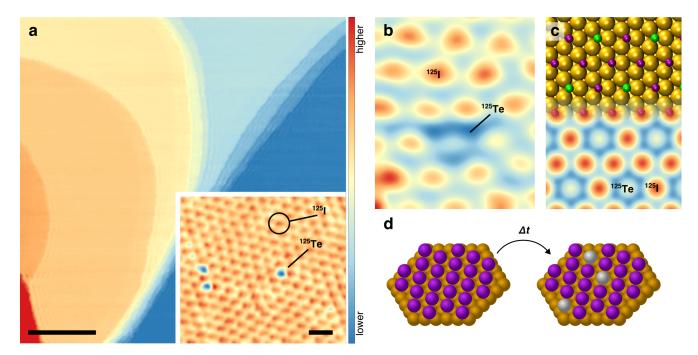


Figure | Atomic-scale characterization of radioactive ¹²⁵I monolayer and nuclear transmutation. (a) STM images of ¹²⁵I films show flat I-covered Au terraces separated by atomic steps (main image: V = +100 mV, I = 1 nA and 50 nm scale bar) and atomic resolution of ¹²⁵I atoms in $(\sqrt{3} \times \sqrt{3})$ R30° overlayer (inset: V = -400 mV, I = 100 pA and 1 nm scale bar). (b) High resolution STM image reveals a ¹²⁵Te atom feature topographically lower than the neighbouring I atoms (V = 100 mV, I = 10 pA). (c) Repeating DFT structure (top; I in purple and Te in green) and DFT-based simulated STM image (bottom) indicate that these features are isolated Te atoms which appear topographically lower than their I neighbours due to the shorter, stronger Te—Au bond. (d) Schematic representation of stochastic nuclear transmutation of individual atoms in the monolayer geometry (¹²⁵I in purple, ¹²⁵Te in grey).

We imaged the film structure with scanning tunnelling microscopy (STM) to search for atomic-scale damage near the 125 Te species observed in XPS. Theoretical studies have indicated that the decay of condensed phase 125 I leads to an average total energy of 18.3 keV being deposited into its surroundings in the form of hot electrons $^{3.22}$. When using the traditional convention of only considering total deposited energy, it would be reasonable to suspect film damage via local atomic desorption in 125 I films 18 . However this is not what we observe; when imaging $100 \times 100 \text{ nm}^2$ areas or larger (Figure Figure a), no damage is visible, and the 125 I films appear identical to those of stable 127 I control films (Figure S2). High-resolution imaging of smaller areas (Figure Figure a, inset; and Figure 2b) yields atomic resolution of the 125 I monolayer in the expected ($\sqrt{3} \times \sqrt{3}$)R30° structure. In total, imaging of the radioactive monolayer structure at many scales shows that the 125 I film is not damaged by self-irradiation. We observe the appearance of atom-sized depressions randomly distributed throughout the 125 I monolayer which are not present in the 127 I control films which we assign as 125 Te atoms resulting from the nuclear transmutation of 125 I.

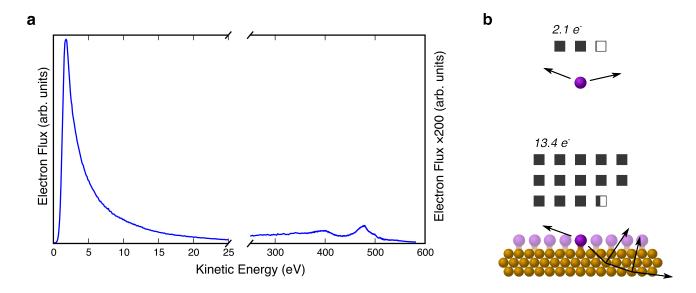


Figure | **Electron emission from radioactive** ¹²⁵**I monolayer.** (a) Representative electron emission spectrum shows that, in addition to the expected electron capture decay process Auger peaks at 480 eV (intensity \times 200), a multitude of low-energy (0-20 eV) electrons are emitted from the ¹²⁵I/Au film. (b) Schematic of electron backscattering from the metal film (lower) which leads to six-fold enhancement of low-energy electron emission compared to atomic ¹²⁵I (upper). Each box represents the average emission of 1 electron per decay with kinetic energy < 10 eV³.

The striking resilience of the radioactive film can be explained by the density functional theory calculations (DFT) we performed for various I, Te and mixed I/Te overlayers. We determined the most stable adsorption sites for both I and Te as the three-fold hollow sites by placing the adsorbates at a variety of high-symmetry adsorption sites (for an explanation of DFT methods and setup see Supplementary Information). The simulated STM images of the overlayer structure (illustrated in Figure Figure c) indicate that the Te atoms do indeed appear as depressions with respect to the I atoms (See Figures S3 & S4 where it is shown that this is the case for all biases considered). This difference in apparent height is primarily due to the Te atoms being bound more strongly to the Au(111) surface and subsequently having a shorter bond length (268 pm for Te, 291 pm for I). Experimental images with STM tip states that provide very high spatial resolution reveal a central protrusion within the depressions corresponding to the Te atom, which is consistent with our DFT-simulated STM images (Figure 2b, c). Furthermore, the results of the DFT calculations explain the experimentally observed film stability. The calculated I-Au and Te-Au binding energies, 2.1 eV and 3.1 eV respectively, are much larger than the nuclear recoil energy (< 0.1 eV), thus preventing rupture of the surface bonds following decay¹⁸. More importantly, there is also substantial hybridization of the I/Te valence orbitals with the Au surface which we postulate imparts resilience against Coulomb explosion by allowing fast electron transfer from the Au surface that rapidly neutralizes the atom undergoing decay^{15,23}.

In order to probe the performance of the 125 I/Au films as low-energy electron emitters we recorded electron emission spectra in the 0–600 eV kinetic energy range with a 5-channel concentric hemispherical electron energy

analyser. The emission spectrum (Figure 3a) shows the electron energy distribution is concentrated in the desired region of 0–20 eV and a smaller peak at 480 eV that arises from Auger (MNN) transitions in the daughter ¹²⁵Te atom during the core hole relaxation cascade²¹. Given the uncertainty of the transmission function of our analyser at low electron energy we quantified the number of emitted electrons by bringing a flat Au-coated plate (3.5 mm diameter) within 0.1 mm of the grounded sample surface in vacuum and recording the electrical current. By applying a negative potential to the collector plate we could suppress, and hence quantify, the low-energy electron flux flowing from the radioactive sample to the collector. Application of -10 V to the collector plate suppressed the electron flow by 11.8 pA. The half-life of ¹²⁵I, the age of our sample (8 days), and the density of ¹²⁵I atoms in the monolayer are known, and we calculate that there are 13.4 electrons emitted per ¹²⁵I decay with a kinetic energy < 10 eV (see Supplementary Information for details). The 2-D interface geometry of our radiation source dictates that half of the primary electrons emitted from decaying ¹²⁵I atoms are directed into the metal substrate, and those with higher energies should be expected to backscatter lower energy secondary electrons; in an analogous manner to secondaries generated during electron spectroscopy and diffraction experiments²⁴. An interesting effect occurs when the collector is biased at -10 V: the net current flow reverses compared to when the sample and collector are unbiased, and (at -10 V) electrons flow from the collector to the sample. This is because the high energy primaries from the radioactive sample generate secondary electrons in the collector plate that dominate the electrical current when the secondary electrons from the sample are suppressed. Although we expect some enhancement of the low-energy primary electron emission due to hybridization between the ¹²⁵I atoms and the Au surface, this experiment demonstrates the significance of the secondary emission from Au metal induced by primary emission of the radioactive decay. Our 125 I films emit a low-energy (0 – 10 eV) electron flux that is > 600% that of atomic ¹²⁵I when deposited on Au(111) (Figure 3b) mainly via inelastic scattering, which will be a ubiquitous property for all metal substrates. Furthermore, the influence of the substrate material can be examined using this setup. We found a $\sim 20\%$ reduction in the secondary emission induced by the ¹²⁵I monolayer in a ~ 0.6 mm thick disc of graphite attached to the collector, which illustrates the benefits of a metallic substrate in amplifying the yield of chemically-active low-energy electrons.

In summary, we report a method for making air-stable, planar and atomically well-defined radiation sources that emit high fluxes of low-energy electrons. This system has enabled us to image nuclear transmutation with atomic-scale resolution. Looking forward, the simplicity of this approach for making 2-D radioactive films, coupled with the abundance of established experimental procedures for nano-patterning substrates and functionalizing nanoparticles will open up many new possibilities. For example, electron transmission through thin films of water, proteins and DNA adsorbed on well-defined radioactive substrates will help quantify the local effect of secondary electrons. This will in turn provide an improved microscopic understanding of radiation chemistry, biological degradation and material damage²⁵. In terms of application, ¹²⁵I is commonly used in radiation therapy as well as in medical imaging and the I-Au surface chemistry used in our model system is compatible with Au nanoparticles. Such nanoparticles, when functionalized, are commonly used in many aspects of biology and medicine to target specific sites within cells^{5,6,26-29}. Given that 80% of the secondary-generating electrons ejected from ¹²⁵I have an inelastic mean free path less than 2 nm, ¹²⁵I-coated nanoparticles are expected to also produce high fluxes of low-energy electrons. The prospects for ¹²⁵I/Au nanoparticle stability in a biological environment are promising as it is well known that iodine-coated Au nanoparticles are very stable in solution due

to strong I-Au bonds, and our DFT calculations reveal that the Te-Au bond is even stronger ^{6,30–32}. The 600% amplification in low-energy electron emission of the radioactive ¹²⁵I/Au system we report here highlights the potential for targeted radio-iodine coated Au nanoparticles that increase their efficacy per nuclear decay while minimizing bystander damage due to the short mean free path of the emitted low-energy electrons.

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Author Contributions E.C.H.S. and A.P. conceived and designed the experiments. A.P., C.J.M. and G.B. fabricated the samples. A.P., C.J.M., E.A.L. and F.R.L. carried out STM, XPS and electron emission experiments. A.P. analysed the experimental data and wrote the paper. P.P. and A.M. performed theoretical computations. G.P. and G.B. provided materials, radiation-safe laboratory space and safety oversight. All the authors discussed the results and edited the manuscript.

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