

ACCEPTED VERSION

Birgita D. Hansen, Paul Reich, Timothy R. Cavagnaro and P. S. Lake

Challenges in applying scientific evidence to width recommendations for riparian management in agricultural Australia

Ecological Management and Restoration, 2015; 16(1):50-57

© 2015 The Authors

This is the peer reviewed version of the following article: Birgita D. Hansen, Paul Reich, Timothy R. Cavagnaro and P. S. Lake Challenges in applying scientific evidence to width recommendations for riparian management in agricultural Australia Ecological Management and Restoration, 2015; 16(1):50-57, which has been published in final form at <http://dx.doi.org/10.1111/emr.12149>. This article may be used for non-commercial purposes in accordance with [Wiley Terms and Conditions for Self-Archiving](#).

PERMISSIONS

<http://olabout.wiley.com/WileyCDA/Section/id-820227.html>

Publishing in a subscription based journal

Accepted Version (postprint)

Self-archiving of the accepted version is subject to an embargo period of 12-24 months. The embargo period is 12 months for scientific, technical, and medical (STM) journals and 24 months for social science and humanities (SSH) journals following publication of the final article.

The accepted version may be placed on:

- the author's personal website
- the author's company/institutional repository or archive
- certain not for profit subject-based repositories such as PubMed Central as [listed below](#)

Articles may be deposited into repositories on acceptance, but access to the article is subject to the embargo period.

The version posted must include the following notice on the first page:

"This is the peer reviewed version of the following article: [FULL CITE], which has been published in final form at [Link to final article using the DOI]. This article may be used for non-commercial purposes in accordance with [Wiley Terms and Conditions for Self-Archiving](#)."

24 August 2015

<http://hdl.handle.net/2440/92221>

1 **Summary**

2 Intact riparian zones maintain aquatic-terrestrial ecosystem function and ultimately, waterway
3 health. Effective riparian management is a major step towards improving the condition of
4 waterways and usually involves the creation of a ‘buffer’ by fencing off the stream and
5 planting vegetation. Determination of buffer widths often reflects logistical constraints (e.g.
6 private land ownership, existing infrastructure) of riparian and adjacent areas, rather than
7 relying on rigorous science. We used published information to support riparian width
8 recommendations for waterways in agricultural Victoria, Australia. We focused on different
9 ecological management objectives (e.g. nutrient reduction or erosion control) and scrutinised
10 the applicability of data across different environmental contexts (e.g. adjacent land use or
11 geomorphology). Not surprisingly, the evidence supported variable ‘effective’ riparian
12 widths, depending on the objective and environmental context. We used this information to
13 develop a framework for determining riparian buffer widths to meet a variety of ecological
14 objectives in south-east Australia. Widths for reducing nutrient inputs to waterways were
15 most strongly supported with quantitative evidence, and varied between 20 and 38 m
16 depending on environmental context. The environmental context was inconsistently reported,
17 making it difficult to recommend appropriate widths, under different land use and
18 physiographic scenarios. The evidence to guide width determination generally had high levels
19 of uncertainty. Despite the considerable amount of published riparian research, there was
20 insufficient evidence to demonstrate that implemented widths achieved ecological objectives.
21 We emphasise the need for managers to clearly articulate the objectives of proposed riparian
22 management and carefully consider the environmental context. Monitoring ecological
23 responses associated with different riparian buffer widths is essential to support future
24 management decisions.

25

26 **Introduction**

27

28 Riparian zones exert important influences on the waterways they adjoin by mediating the bi-
29 directional flow of matter and energy between the water body and surrounding uplands
30 (Naiman *et al.* 2005). Globally, riparian zones are generally in poor condition (Sweeney &
31 Newbold 2014) due to widespread modification of catchments through clearing of vegetation
32 for agriculture, horticulture, grazing of livestock, forestry and urbanisation (Norris *et al.*
33 2001; Lake 2005; Burger *et al.* 2010). Riparian management is usually viewed as a
34 practicable and cost-effective means of protecting waterways and enhancing ecological
35 values in degraded landscapes. Governments and land managers spend millions of dollars on
36 managing riparian zones on the assumption that intact riparian zones will alleviate or reverse
37 the impacts of past and present disturbances (Hassett *et al.* 2005; Price *et al.* 2009).

38

39 Riparian management in agricultural systems involves fencing to exclude livestock,
40 controlling weeds and planting of (usually) native vegetation (Correll 2005; Price *et al.* 2009;
41 Buckley *et al.* 2012). The choice of where and how much riparian area to manage is usually
42 constrained by associated costs, property boundaries, and the willingness of landholders to
43 retire, donate, or lose productive land. The ‘ideal’ form of riparian management should target
44 both banks, and ensure that the length and width of the area managed is sufficient to meet
45 multiple restoration objectives (Weller *et al.* 1998; Mayer *et al.* 2007; Lake *et al.* 2007). As
46 riparian land is usually divided longitudinally by property boundaries, affecting the
47 practicability of continuous management along a waterway, width is generally the focus for
48 determining the size of the management area (Lee *et al.* 2004).

49

50 We previously developed minimum width recommendations for riparian zones in Victoria
51 (Hansen *et al.* 2010). Here, we investigate the evidence base riparian management, in order to
52 emphasise broader principles and lessons for restoration. We focus on agricultural lands in
53 south-eastern Australia, which are often highly degraded and therefore, the target for
54 restoration. This review was not intended to be a meta-analysis to quantify effective riparian
55 zone widths (which has been done elsewhere: e.g. Mayer *et al.* 2007; Sweeney & Newbold
56 2014), but rather to identify the state of knowledge about riparian zone widths required to
57 restore streams to meet different ecological objectives in different environmental contexts.
58 The approach we adopted was to focus on ecological management objectives, not social or
59 economic objectives. The rationale we used could equally apply urban or mining geographic
60 locations. We outline research and monitoring priorities for Australian riparian systems, as
61 well as opportunities to improve the science and practice of riparian restoration.

62

63 **Review method**

64

65 We reviewed riparian literature on width requirements for initiating or augmenting riparian
66 zone function. Peer-reviewed and “grey” references up to 2014 were located using the
67 keywords riparian, “riparian zone”, width, buffer and “vegetated filters” singly or combined,
68 in search engines such as Scopus and Google Scholar. Studies containing primary width data
69 were categorised according to riparian ecological function(s) (hereafter referred to as
70 response(s)) and environmental context (see Supplementary Material online). Environmental
71 contexts are modifying variables which influence riparian functions and include site-specific
72 characteristics like vegetation type (e.g. forest versus grassland), vegetation extent (e.g. at the
73 property scale), soil type, flow characteristics (surface versus subsurface), or slope of the

74 riparian zone. Other environmental contexts include landscape characteristics such as
75 physiographic features, stream order or adjacent land use.

76

77 Six broad responses were identified:

78 (1) improved connectivity of riparian habitat (e.g. contiguity of vegetation);

79 (2) reduction of nutrient, contaminant and sediment to waterways (includes erosion control);

80 (3) moderation of stream temperatures through riparian shading;

81 (4) provision of habitat and/or input of resources for aquatic fauna (e.g. wood, leaves,
82 insects);

83 (5) lateral extent, or maintenance of riparian vegetation diversity;

84 (6) terrestrial (riparian) habitat for fauna (invertebrates, birds, reptiles, amphibians and
85 mammals).

86

87 Empirical data from single studies that represented different responses and / or environmental
88 contexts were defined as separate cases. For example, nitrate removal of 50% from
89 subsurface flows was achieved through herbaceous riparian zones averaging 13.8 m in width
90 compared to 38 m through forested riparian zones (with different soil types) in Canada
91 (Vidon & Hill 2004). This study was split into two cases, representing the different
92 contextual variables that influenced riparian response.

93

94 Where primary width data applied to nutrient or sediment reduction, the width necessary to
95 reduce $\geq 75\%$ of non-point pollutants to streams was used (value derived from nitrogen
96 attenuation: Mayer *et al.* 2007). Where comparisons were made between different widths

97 (e.g. organic matter inputs from clearcuts versus buffers of 10 m and 30 m: Kiffney &
98 Richardson 2010) or between a control and treatment (e.g. effects on aquatic invertebrates of
99 forested buffers versus clearcuts [Davies & Nelson 1994] or pasture [Lorian & Kennedy
100 2009]), the minimum width for a significant difference was used. Several studies used a
101 modelling approach, validated by field data, to determine a width at which a change or effect
102 occurs (e.g. distance at which coarse wood from riparian tree fall originates: van Sickle &
103 Gregory 1990). Widths were either reported as is (e.g. a 100 m buffer reduces logging
104 impacts on lotic macroinvertebrates; Grown & Davis 1991) or as the average of a width
105 range (e.g. 250-300 m to reduce disturbance impacts on breeding Blue Herons *Ardea*
106 *herodias*; Vos *et al.* 1985).

107

108 We described primary width data using summary statistics (median, 25th and 10th percentiles),
109 representing individual identifiable cases, to establish a width range for each response. We
110 distinguished wetlands (includes off-stream water bodies and lowland floodplains) from other
111 settings for a single response, improving water quality.

112

113 Where dominant land use adjacent to waterways was specified, widths for each response
114 were further summarised by land use intensity, categorised using Australian literature on
115 fertiliser application and stocking rates (see Appendix 1 for details). Studies on reducing non-
116 point pollution to waterways and providing habitat for terrestrial fauna were numerous
117 enough to distinguish widths under low, moderate and high intensity land uses. Some of these
118 had insufficient information to clearly differentiate low from moderate, or moderate from
119 high land use. Patterns in widths for different responses with soil type, buffer vegetation type,
120 stream size, geomorphology were also explored.

121

122 **Width guidelines for management of Victorian riparian systems**

123 We focused on riparian systems in agricultural Victoria (temperate climate) to determine the
124 applicability of width data to a specific region and across a variety of land use types (e.g.
125 cropping, irrigated pasture, market gardens). Median values for each relevant riparian
126 response were applied to four key management objectives, considered important for
127 determining minimum widths in Victoria:

128 (A) improving water quality (controlling erosion and reducing nutrient and contaminant
129 inputs to streams) – response 2;

130 (B) increasing shading and moderating stream temperatures – response 3;

131 (C) providing food and other resource inputs to the aquatic environment – response 4;

132 (D) improving terrestrial biodiversity (flora and fauna) – responses 5 & 6.

133

134 Using the median values for each response, a matrix of provisional width recommendations
135 was produced for each of the four management objectives for common environmental
136 contexts (excluding urban and nature reserve settings). These were (1) low intensity land use,
137 (2) moderate intensity land use, (3) high intensity land use, (4) low order, steep catchments
138 (partially or completely cleared), and (5) lowland floodplain / wetland systems (Appendix 1).

139 The width recommendation for a single management objective was set by the median value
140 of the corresponding riparian response, and was increased by an amount corresponding to the
141 25th percentile for each increase in land use intensity. This adjustment reflected the need for
142 wider riparian zones to mitigate greater impacts and disturbances originating from the
143 catchment (see Castelle *et al.* 1994). It also incorporated variable width riparian zones, which

144 often have a large range and may be more appropriate than fixed widths (Wissmar *et al.*
145 2004; Mac Nally *et al.* 2008; Anderson & Poage 2014).

146

147 Most quantitative riparian research originated from other regions and countries and may not
148 be directly applicable to Victoria. We assigned three levels of scientific certainty
149 (confidence) to data from the literature:

150 *high* - there are many overseas studies (typically >>50), several equivalent studies have been
151 conducted in temperate Australia in different contexts, and / or general principles should be
152 largely transferable to Victorian systems;

153 *moderate* - there are some overseas studies (typically <30) , there is limited evidence from
154 temperate Australian systems (usually several studies done in similar contexts) and / or
155 general principles may have limited application to Victorian systems; and

156 *low* - there are some overseas studies (typically <30), , there is little or no data from
157 Australian studies and / or general principles are unlikely to apply in Victorian systems.

158 These levels were used to describe the level of confidence (in terms of the availability and
159 relevance of scientific evidence) of each width recommendation.

160

161 In some contexts (e.g. low order streams) there was inadequate information to distinguish
162 between different responses. This greatly increased the uncertainty of width recommendation.
163 We used general theoretical knowledge about changes in stream function with order and size
164 to determine width recommendations in these cases, and the certainty levels described above
165 to highlight our confidence in the transferability of this information.

166

167 **Results and discussion**

168

169 **Summary of evidence from riparian width studies**

170 Information pertaining to riparian widths existed for a wide range of riparian management
171 objectives, but most empirical evidence was skewed toward improving water quality. This
172 predominantly originated from North America and Europe (Table 1), with some different
173 ecological processes to Australia (particularly terrestrial processes), increasing the
174 uncertainty of applying this data to Victorian systems.

175

176 There were over 600 relevant references, with 162 containing suitable primary width data
177 (representing 188 response and/or context cases). Over 40% of the primary width data studies
178 related to the reduction of sediment, nutrient and contaminant input to waterways (i.e.
179 improving water quality). These had the lowest median widths (and percentiles) of all
180 responses (20.0 m, range: 2-107 m) (Table 1). Of these, 61 nutrient and sediment reduction
181 studies explicitly stated whether widths related to surface (median=16.5, n=26) and / or
182 subsurface (median=20.0, n=35) flows. Evidence for improving terrestrial faunal biodiversity
183 was the next most numerous (Table 1), dominated by studies on Northern Hemisphere birds
184 and then mammals. There was less evidence for other specific responses indicating that
185 current implemented widths may be underestimated for a range of ecological objectives. Our
186 recommendations of 20-38 m for reducing nutrient inputs to streams and controlling erosion
187 reflected widths documented elsewhere (Abernethy & Rutherford 1999; Sweeney & Newbold
188 2014)but larger widths were required for other responses (Lee *et al.* 2004; Table 2).

189

190 Generally, the environmental context of waterways was inconsistently reported, making it
191 difficult to draw inferences about appropriate widths under different land use and

192 physiographic scenarios. Low intensity land uses were most readily distinguishable from
193 other environmental contexts (75 studies), and reported widths averaged across these studies
194 were lower than for moderate or high intensity land uses (Table 3). Differentiating between
195 moderate and high intensity land uses was often more difficult due to ambiguous land use
196 information. Thus, widths did not differ substantially between these intensity levels (Table 3).
197 We concluded that the available evidence supported the premise that increasing land use
198 intensity required greater riparian widths (see also *Castelle et al.* 1994; *Mayer et al.* 2007).

199

200 Recommended riparian widths varied with environmental contexts, often unpredictably.
201 Forested buffer widths required for improving water quality were larger than grassy buffer
202 widths (Figure 1); forested and wetland buffer widths were largest when providing terrestrial
203 habitat for fauna like breeding amphibians and birds (e.g. *Hennings & Edge* 2003; *Semlitsch*
204 *& Bodie* 2003). Relationships between between soil type and buffer effectiveness were
205 difficult to discern, with 35 different soil types reported across 60 studies. Geomorphic
206 context (i.e. stream order) was specified across different nutrient and sediment reduction
207 studies: headwater / 1st-2nd order streams had median widths of 20.0 m (n=18) but higher
208 order waterways (3rd order and above) were 78.3 m (n=4). This seemed counter-intuitive as
209 we might expect the opposite pattern on the basis of catchment topography and surface flow
210 runoff rates (*Nakamura & Yamada* 2005; *Kang & Lin* 2009). It demonstrated that there is
211 relatively fewer data from high-order waterways.

212

213 **The importance of environmental contexts and objectives of riparian management in**
214 **width setting**

215 Appropriateness of width recommendation depended strongly on the management objective
216 (reflecting the desired buffer function: Castelle *et al.* 1992). A grassy riparian buffer designed
217 to intercept sediment (Blanco-Canqui *et al.* 2004) will be inadequate for supporting stream-
218 dwelling invertebrates (Lorion & Kennedy 2009). Similarly, a 10-30 m forested riparian strip
219 may provide adequate woody inputs to sustain aquatic biota (McDade *et al.* 1990, Thompson
220 *et al.* 2009; Bahuguna *et al.* 2010), but may fail to maintain amphibian and reptile
221 populations (Semlitsch & Bodie 2003; Ficetola *et al.* 2008). Furthermore, biophysical gaps
222 along its length may compromise the opportunity for terrestrial fauna to migrate into suitable
223 habitat patches (Knopf & Samson 1994).

224

225 To manage for multiple objectives, quantification of the objective(s) with the greatest
226 relevant width is required (see for example Castelle *et al.* 1994; Nakamura & Yamada 2005;
227 Sweeney & Newbold 2014) to set the minimum width. This can reduce the impacts of the
228 most intensive land use practice on the waterway. For example, soil and/or vegetation type
229 may reduce the role of the riparian zone in reducing nutrient input to streams (e.g. where
230 groundwater flows bypass the retentive influence of riparian vegetation: Kuglerová *et al.*
231 2014). Managing for multiple objectives necessitates guidance on the most appropriate width
232 - we used our review to outline how this may be achieved. Adopting a general approach of
233 “more is better” will allow for landscapes where vegetation widths, and thus riparian widths,
234 are longitudinally variable (i.e. where the topography is variable: Bren 1998; Polyakov *et al.*
235 2005; Mac Nally *et al.* 2008).

236

237 **Where was the evidence lacking?**

238 Identifying riparian zone widths for floodplains and wetlands, and low order, steep
239 catchments, was more challenging given the scarcity of consistent evidence. Stream order and
240 river size were specified for many studies, but general patterns were difficult to discern.
241 Furthermore, supporting data for low and high order streams for any given objective were
242 highly variable. The riparian zone will typically be large, relative to the channel width in
243 headwater streams, then narrows in the gorge / valley section, and increases in lowland areas
244 where the rivers are relatively wide and the hydrological and geomorphic complexity of
245 floodplains produces patches of riparian vegetation around channels, billabongs and other
246 off-stream waterbodies (Ward *et al.* 2002). In lowland waterways, the riparian zone reflects
247 the lateral extent of hydrological influence. For example, the floodplain vegetation
248 community in the lower Murray River may extend up to 12 km from the river (Roberts 2004).
249 To maintain floodplain function, widths must encapsulate the connection to floodplain
250 components (Opperman *et al.* 2010) and could be derived from conservative floodplain
251 mapping (e.g. 1 in 30 year flood level: Peake *et al.* 2011).

252

253 Most evidence comes from the Northern Hemisphere and while general physical processes
254 are likely to be similar on most continents, some critical biotic processes are not comparable.
255 Extrapolating nutrient and sediment interception studies to Victoria is justifiable, given
256 nitrogen removal and sediment transport are broadly transferable (Drewry *et al.* 2006). Some
257 dominant sources and forms of nutrients like phosphorus do however exhibit some
258 differences; N and P exports are usually lower in Australia (Harris 2001). Stream shading and
259 inputs of riparian material to aquatic environments relate to generally similar physical
260 processes (e.g. continuity of riparian canopy cover: Rutherford *et al.* 2004; or height of
261 vegetation and valley slope dictate stream shading in low order waterways: DeWalle 2008).
262 However, some critical aspects of riparian resource provisioning to streams (riparian

263 subsidies) differ, depending on the ecology of riparian vegetation species and regional
264 climate patterns (Francis & Sheldon 2002; Gawne *et al.* 2007). Northern hemisphere data
265 relating riparian terrestrial biodiversity to buffer widths are unlikely to apply to many
266 temperate Australian riparian systems due to the more unpredictable climate, and the
267 idiosyncratic patterns in species abundance and distribution that often typify Australian fauna
268 (Kingsford 2000; Woinarski *et al.* 2000). Our width recommendations for achieving
269 terrestrial objectives had relatively high levels of uncertainty, illustrating the limitations of
270 extrapolating research from other regions.

271

272 **Management considerations**

273 Our review demonstrated that greater widths were required to achieve objectives when
274 adjacent land use intensity was high, or when the objective of management was improving
275 terrestrial biodiversity (particularly fauna). This becomes problematic when intense land use
276 practices occur on small properties, reducing the amount of riparian land that can
277 economically be protected or targeted for management. Large widths recommendations may
278 be impractical in these landscape settings. As the evidence originated predominantly from
279 North American landscapes, the applicability of these data to south-eastern Australia may be
280 limited. In order for practitioners to determine trade-offs between ecological and economic
281 considerations, they require information on “functional effectiveness” of different widths
282 under different land uses. This evidence is still broadly lacking, despite the considerable
283 investment in riparian management. Decisions about appropriate riparian widths should be
284 guided by strategic prioritisation of target areas within catchments (e.g. headwaters) that
285 maximise ecological benefits (Parkyn *et al.* 2005; Craig *et al.* 2008; Stranko *et al.* 2012). For
286 example, if we apply the evidence summarised here to a streamside property used for
287 dairying in the lower Hunter River, New South Wales, a riparian zone width of 40 m may

288 achieve $\geq 75\%$ reduction of nitrogen inputs to the river and reduce stream bank erosion,
289 contributing to improved downstream water quality. However, the same investment in
290 riparian set-aside in the upper reaches of the Hunter catchment may provide additional
291 improvements to stream nutrient processing (Lowe & Likens 2005), aquatic biodiversity
292 (Chessman *et al.* 1997) and bird diversity (Bennett *et al.* 2014).

293

294 Riparian width decisions should be underpinned by three important considerations: (1) clear
295 definitions of the ecological objectives of management, (2) incorporation of the spatio-
296 temporal context of the restoration effort into management, and (3) documentation of the
297 success (or failure) of management, to inform future programs.

298

299 Over the last two decades of riparian management, the failure to adequately document
300 successes or failures has hindered riparian restoration science (Reich *et al.* 2011; Morandi *et*
301 *al.* 2014). Compared to investment in restoration implementation, investment in monitoring
302 has been minimal. The collection of monitoring data, for a suite of key indicators, linked to
303 clearly stated goals, should be integral to any restoration programme (Palmer *et al.* 1997).

304 Without these data, practitioners will continue to find it difficult to transfer the evidence from
305 riparian research.

306

307 **Research and monitoring priorities**

308 We have focused on width recommendations, but for riparian management to be fully
309 effective, interactive effects of other variables need to be understood. These are hydrology,
310 climate, invasive species management, and longitudinal continuity of the riparian zone.

311 Hydrology and climate strongly influence riparian function (Ward *et al.* 2002) and the

312 effectiveness of the riparian zone as a buffer from disturbance, or as habitat for biota, may be
313 different in non-perennial systems (Bond & Cottingham 2008).

314

315 Invasive species are widespread in riparian zones and weed control is usually required to
316 reduce their impact on native vegetation survival and recruitment. Weed invasion into
317 riparian zones may be pronounced when widths are small (Ferris *et al.* 2012). However, the
318 extent to which invasive species positively or negatively interfere with management is not
319 well understood, usually due to poor understanding of target ecological processes.

320

321 Evidence is accumulating that restoring longitudinal continuity of riparian zones should be a
322 priority for management (e.g. Parkyn *et al.*, 2005). Continuous riparian zones are important
323 as even small gaps can allow disturbance impacts originating from the catchment to
324 compromise the efficacy of downstream management (Weller *et al.* 1998). However,
325 knowledge about the relationship between width and length remains poor in relation to
326 objectives, e.g. riparian habitat as faunal conduits versus breeding areas, nutrient interception
327 in upland versus lowland systems.

328

329 We found that the environmental context was inconsistently reported across many riparian
330 studies, making it difficult to infer appropriate widths under different land use and
331 physiographic scenarios. Exploration of gradients across different environmental contexts
332 (e.g. lowland floodplains or low-order streams subject to high intensity adjacent land uses), to
333 test hypotheses about effective riparian widths, would address this knowledge gap (e.g.
334 riparian widths required to support woodland bird breeding under different adjacent
335 agricultural practices.

336

337 **Conclusions**

338

339 In devising guidelines for riparian land managers, we found that the effectiveness of managed
340 riparian zones in achieving their stated ecological objective was often unquantified, probably
341 because restoration may take years or even decades of monitoring to detect. By focusing on
342 riparian zones in agricultural Victoria, we demonstrated that evidence to support management
343 guidelines is difficult to apply beyond the study area, despite the generality of some
344 responses and their biophysical processes. Furthermore, any attempt to develop such
345 recommendations becomes plagued with uncertainty resulting from high variability in
346 riparian ecological responses, as well as a lack of information about the effect of
347 environmental context. This requires flexibility in widths applied, which may rely on a
348 combination of flood level mapping and adoption of the general principle that, the greater the
349 land use intensity, the wider the riparian zone required to buffer against catchment
350 modifications and disturbances. Thus, where land use changes are proposed, riparian zones
351 need to be adjusted to account for forecasted increases in disturbance impacts. Our
352 understanding of the sources of variation in ecological responses to riparian management
353 would be greatly improved if the appropriate and acknowledged ‘contextual’ information was
354 gathered and documented.

355

356 **Acknowledgements**

357

358 We thank Peter Vollebergh and Claire Moxham for comments on a previous version. This
359 project was funded by the Victorian Government's Department of Environment and Primary
360 Industries. TRC also gratefully acknowledges the Australian Research Council for supporting
361 his research via the award of a Future Fellowship (FT120100463).

362

363

364 **References**

365

366 Abernethy B. and Rutherford I. D. (1999) Guidelines for stabilising streambanks with
367 riparian vegetation. Technical Report 99/10. Cooperative Research Centre for Catchment
368 Hydrology. University of Melbourne, Parkville.

369

370 Anderson P. D. and Poage N. J. (2014) The Density Management and Riparian Buffer Study:
371 A large-scale silviculture experiment informing riparian management in the Pacific
372 Northwest, USA. *Forestry Ecology and Management* **316**, 90-99.

373

374 Barling R. and Moore I. D. (1994) Role of buffer strips in management of waterway
375 pollution: a review. *Environmental Management* **18**, 543-558.

376

377 Bahuguna D., Mitchell S. J. and Miquelajauregui Y. (2010) Windthrow and recruitment of
378 large woody debris in riparian stands. *Forestry Ecology and Management* **259**, 2048-2055.

379

380 Bennett A. F., Nimmo D. G. and Radford J. Q. (2014) Riparian vegetation has
381 disproportionate benefits for landscape-scale conservation of woodland birds in highly
382 modified environments. *Journal of Applied Ecology* **51**, 514-523.

383

384 Blanco-Canqui H., Gantzer C. J., Anderson S. H., Alberts E. E. and Thompson A. L. (2004)
385 Grass barrier and vegetative filter strip effectiveness in reducing runoff, sediment, nitrogen,
386 and phosphorus loss. *Soil Science Society of America Journal* **68**, 1670-1678.
387

388 Bond N., and Cottingham P. (2008) Ecology and hydrology of temporary streams:
389 implications for sustainable water management. eWater Technical Report. eWater
390 Cooperative Research Centre, Canberra, 35p.
391

392 Bren L. J. (1998) The geometry of a constant buffer-loading design method for humid
393 watersheds. *Forest Ecology and Management* **110**, 113–125.
394

395 Buckley C., Hynes S. and Mechan S. (2012) Supply of an ecosystem service—Farmers’
396 willingness to adopt riparian buffer zones in agricultural catchments. *Environmental Science*
397 *and Policy* **24**, 101-109.
398

399 Burger B., Reich R. and Cavagnaro T. (2010) Trajectories of change: riparian vegetation and
400 soil conditions following livestock removal and replanting. *Austral Ecology* **35**, 980-987.
401

402 Castelle A. J., Conolly C., Cooke S., Emers M., Erickson T., Metz E. D., Meyer S.,
403 Mauermann S. and Witter M. (1992) *Wetland buffers: use and effectiveness*. Adolfsen
404 Associates, Inc., Shorelands and Coastal Zone Management Program, Washington
405 Department of Ecology: Olympia. Pub. No. 92-10.
406

407 Castelle A. J., Johnson A. W. and Conolly C. (1994) Wetland and stream buffer size
408 requirements - a review. *Journal of Environmental Quality* **23**, 878-882.
409

410 Chessman B. C., Growns J. E. and Kotlash A. R. (1997) Objective derivation of
411 macroinvertebrate family sensitivity grade numbers for the SIGNAL biotic index: application
412 to the Hunter River system, New South Wales. *Marine and Freshwater Research* **48**, 159-
413 172.

414

415 Correll D. L. (2005) Principles of planning and establishment of buffer zones. *Ecological*
416 *Engineering* **24**, 433-439.

417

418 Craig L. S., Palmer M. A., Richardson D. C., Filoso S., Bernhardt E. S., Bledsoe B. P., Doyle
419 M. W., Groffman P. M., Hassett B. A., Kaushal S. S., Mayer P. M., Smith S. M. and Wilcock
420 P. R. (2008) Stream restoration strategies for reducing river nitrogen loads. *Frontiers in*
421 *Ecology and the Environment* **6**, 529-538.

422

423 Davies P. E. and Nelson M. (1994) Relationships between riparian buffer widths and the
424 effects of logging on stream habitat, invertebrate community composition and fish
425 abundance. *Australian Journal of Marine and Freshwater Research* **45**, 1289-1305.

426

427 DeWalle D. R. (2008) Guidelines for Riparian Vegetative Shade Restoration Based Upon a
428 Theoretical Shaded-Stream Model. *Journal of the American Water Resources Association* **44**,
429 1373-1387.

430

431 Drewry J. J., Newham L. T. H., Greene R. S. B., Jakeman A. J. and Croke B.F.W. (2006) A
432 review of nitrogen and phosphorus export to waterways: context for catchment modelling.
433 *Marine and Freshwater Research* **57**, 757-774.

434

435 Ferris G., D'Amico V. and Williams C. K. (2012) Determining effective riparian buffer width
436 for nonnative plant exclusion and habitat enhancement. *International Journal of Ecology*
437 **2012**. doi:10.1155/2012/170931

438

439 Ficetola G. F., Padoa-Schioppa E. and De Bernardi F. (2008) Influence of landscape elements
440 in riparian buffers on the conservation of semiaquatic amphibians. *Conservation Biology* **23**,
441 114-123.

442

443 Francis C. and Sheldon F. (2002) River Red Gum (*Eucalyptus camaldulensis* Dehnh.)
444 organic matter as a carbon source in the lower Darling River, Australia. *Hydrobiologia* **481**,
445 113-124.

446

447 Gawne B., Merrick C., Williams D. G., Rees G., Oliver R., Bowen P. M., Treadwell S.,
448 Beattie G., Ellis I., Frankenberg J. and Lorenz, Z. (2007) Patterns of Primary and
449 Heterotrophic Productivity in an Arid Lowland River. *River Research and Applications* **23**,
450 1070-1087.

451

452 Grouns I. O. and Davis J. A. (1991) Comparison of the macroinvertebrate communities in
453 streams in logged and undisturbed catchments 8 years after harvesting. *Australian Journal of*
454 *Marine and Freshwater Research* **42**, 689-706.

455

456 Hansen B. D., Reich P., Lake P. S. and Cavagnaro T. (2010) Minimum width requirements
457 for riparian zones to protect flowing waters and to conserve biodiversity: a review and
458 recommendations. Unpublished report to Department of Sustainability and Environment,
459 School of Biological Sciences, Monash University.

460

461 Harris G. P. (2001) Biogeochemistry of nitrogen and phosphorus in Australian catchments,
462 rivers and estuaries: effects of land use and flow regulation and comparisons with global
463 patterns. *Marine and Freshwater Research* **52**, 139-149.

464

465 Hassett B., Palmer M., Bernhardt E., Smith S., Carr J. and Hart D. (2005) Restoring
466 watersheds project by project: trends in Chesapeake Bay tributary restoration. *Frontiers in*
467 *Ecology and Environment* **3**, 259–267.

468

469 Hennings L. A. and Edge W. D. (2003) Riparian bird community structure in Portland,
470 Oregon: Habitat, urbanization, and spatial scale patterns. *Condor* **105**, 288-302.

471

472 Jansen A. and Robertson A. I. (2001) Relationships between livestock management and the
473 ecological condition of riparian habitats along an Australian floodplain river. *Journal of*
474 *Applied Ecology* **38**, 63-75.

475

476 Johnston W. H., Garden D. L., Rančić A., Koen T. B., Dassanayake K. B., Langford C. M.,
477 Ellis N. J. S., Rab M. A., Tuteja N. K., Mitchell M., Wadsworth J., Dight D., Holbrook K.,
478 LeLievre K. and McGeoch S. M. (2003) The impact of pasture development and grazing on
479 water-yielding catchments in the Murray-Darling Basin in south-eastern Australia. *Australian*
480 *Journal of Experimental Agriculture* **43**, 817-841.

481

482 Kang S. and Lin H. (2009) General soil-landscape distribution patterns in buffer zones of
483 different order streams. *Geoderma* **151**, 233-240.

484

485 Kiffney P. M. and Richardson J. S. (2010) Organic matter inputs into headwater streams of
486 southwestern British Columbia as a function of riparian reserves and time since harvesting.
487 *Forest Ecology and Management* **260**, 1931-1942.

488

489 Kingsford R. T. (2000) Ecological impacts of dams, water diversions and river management
490 on floodplain wetlands in Australia. *Austral Ecology* **25**, 109-127.

491

492 Knopf F. L. and Samson F. B. (1994) Scale perspectives on avian diversity in Western
493 riparian ecosystems. *Conservation Biology* **8**, 668-676.

494

495 Kuglerová L., Ågren A., Jansson R. and Laudon H. (2014) Towards optimizing riparian
496 buffer zones: Ecological and biogeochemical implications for forest management. *Forest*
497 *Ecology and Management* **334**, 74-84.

498

499 Lake P. S. (2005) Perturbation, restoration and seeking ecological sustainability in Australian
500 flowing waters. *Hydrobiologia* **552**, 109-120.

501

502 Lake P. S., Bond N. and Reich P. (2007) Linking ecological theory with stream restoration.
503 *Freshwater Biology* **52**, 597-615.

504

505 Lee P., Smyth C. and Boutin S. (2004) Quantitative review of riparian buffer width
506 guidelines from Canada and the United States. *Journal of Environmental Management* **70**,
507 165-180.

508

509 Lorion C. M. and Kennedy B. P. (2008) Relationships between deforestation, riparian forest
510 buffers and benthic macroinvertebrates in neotropical headwater streams. *Freshwater Biology*
511 **54**, 165-180.

512

513 Lowe W. H. and Likens G.E. (2005) Moving headwater streams to the head of the class.
514 *Bioscience* **55**, 196-197.

515

516 Mac Nally R., Molyneaux G., Thomson J. R., Lake P. S. and Read J. (2008) Variation in
517 widths of riparian-zone vegetation of higher-elevation streams and implications for
518 conservation management. *Plant Ecology* **198**, 89-100.

519

520 Mayer P. M., Reynolds Jr S. K., McCutchen M. D. and Canfield T. J. (2007) Meta-analysis of
521 nitrogen removal in riparian buffers. *Journal of Environmental Quality* **36**, 1172-1180.
522

523 McDade M. S., Swanson F. J., Mckee W. A., Franklin J. F. and Van Sickle J. (1990) Source
524 distances for coarse woody debris entering small streams in western Oregon and Washington.
525 *Canadian Journal of Forest Research* **20**, 326-330.
526

527 Morandi B., Piégay H., Lamouroux N. and Vaudor L. (2014) How is success or failure in
528 river restoration projects evaluated? Feedback from French restoration projects. *Journal of*
529 *Environmental Management* **137**, 178-188.
530

531 Naiman R. J., Décamps H. and McClain M. E. (2005) *Riparia. Ecology, Conservation, and*
532 *Management of Streamside Communities*. Elsevier Academic Press: Burlington, Ma.
533

534 Nakamura F. and Yamada H. (2005) Effects of pasture development on the ecological
535 functions of riparian forests in Hokkaido in northern Japan. *Ecological Engineering* **24**, 539-
536 550.
537

538 Nash D., Riffkin P., Harris R., Blackburn A., Nicholson C. and McDonald M. (2013)
539 Modelling gross margins and potential N exports from cropland in south-eastern Australia
540 *Journal of Agronomy* **47**, 23-32.
541

542 Norris R. H., Prosser I. P., Young B., Liston P., Bauer N., Davies N., Dyer F., Linke S. and
543 Thoms M. (2001) *The Assessment of River Conditions (ARC). An Audit of the Ecological*
544 *Condition of Australian Rivers*, CSIRO, National Land and Water Resources Audit Office:
545 Canberra.

546

547 Opperman J. J., Galloway G. E., Fargione J., Mount J. F., Richter B. D. and Secchi S. (2009)
548 Sustainable Floodplains Through Large-Scale Reconnection to Rivers. *Science* **326**, 1487-
549 1488.

550

551 Palmer M. A., Ambrose R. F. and Poff N. L. (1997) Ecological theory and community
552 restoration ecology. *Restoration Ecology* **5**, 291-300.

553

554 Parkyn S. M., Davies-Colley R. J., Bryce Cooper A. and Stroud M. J. (2005) Predictions of
555 stream nutrient and sediment yield changes following restoration of forested riparian buffers.
556 *Ecological Engineering* **24**, 551-558.

557

558 Peake P., Fitzsimmons J., Frood D., Mitchell M., Withers N., White M. and Webster R.
559 (2011) A new approach to determining environmental flow requirements: Sustaining the
560 natural values of floodplains of the southern Murray-Darling Basin. *Ecological Management*
561 *and Restoration* **12**, 128-137.

562

563 Polyakov V., Fares A. and Ryder M. H. (2005) Precision riparian buffers for the control of
564 nonpoint source pollutant loading into surface water: A review. *Environmental Reviews* **13**,
565 129–144.

566

567 Price P., Lovett S. and Davies P. (2009) *A national synthesis of river restoration projects*.
568 Waterlines report, National Water Commission: Canberra.

569

570 Radcliffe J. C. (2002) *Pesticide Use in Australia*. Australian Academy of Technological
571 Sciences and Engineering: Parkville, Victoria.

572

573 Ralph T. J. and Hesse P. B. (2010) Downstream hydrogeomorphic changes along the
574 Macquarie River, southeastern Australia, leading to channel breakdown and floodplain
575 wetlands. *Geomorphology* **118**, 48-64.

576

577 Reich P., Lake P. S., Williams L. and Hale R. (2011) On improving the science and practice
578 of riparian restoration. *Ecological Management & Restoration* **12**, 4-5.

579

580 Ridley A. M., Christy B. P., White R. E., McLean T. and Green R. (2003) North-east Victoria
581 SGS National Experimental Site: water and nutrient losses from grazing systems on
582 contrasting soil types and levels of input. *Australian Journal of Experimental Agriculture* **43**,
583 799-815.

584

585 Roberts J. (2004) *Floodplain Forests and Woodlands in the southern Murray-Darling Basin*.
586 Report JR 03/2004: Canberra, ACT.

587

588 Rutherford J. C., Marsh N. A., Davies P. M. and Bunn S.E. (2004) Effects of patchy shade on
589 stream water temperature: how quickly do small streams heat and cool? *Marine and*
590 *Freshwater Research* **55**, 737-748.

591

592 Semlitsch R. D. and Bodie J. R. (2003) Biological criteria for buffer zones around Wetlands
593 and riparian habitats for amphibians and reptiles. *Conservation Biology* **17**, 1219-1228.

594

595 Stranko S. A., Hilderbrand R. H. and Palmer M. A. (2012) Comparing the fish and benthic
596 macroinvertebrate diversity of restored urban streams to reference streams. *Restoration*
597 *Ecology* **20**, 747-755.

598

599 Sweeney B. W. and Newbold J.D. (2014) Streamside forest buffer width needed to protect
600 stream water quality, habitat, and organisms: a literature review. *Journal of the American*
601 *Water Resources Association* **50**, 560-584.

602

603 Thompson R. M., Phillips N. R. and Townsend C. R. (2009) Biological consequences of
604 clear-cut logging around streams - Moderating effects of management. *Forest Ecology and*
605 *Management* **257**, 931-940.

606

607 Van Sickle J. V. and Gregory S. N. (1990) Modeling inputs of large woody debris to streams
608 from falling trees. *Canadian Journal of Fisheries and Aquatic Sciences* **20**, 1593-1601.
609

610 Vidon P. G. F. and Hill A. R. (2004) Landscape controls on nitrate removal in stream riparian
611 zones. *Water Resources Research* **40**, W03201.
612

613 Vos D. K., Ryder R. A. and Graul W. D. (1985) Response of breeding Great Blue Herons to
614 human disturbance in northcentral Colorado. *Colonial Waterbirds* **8**, 13-22.
615

616 Ward J. V., Tockner K., Arscott D. B. and Claret C. (2002) Riverine landscape diversity.
617 *Freshwater Biology* **47**, 517-539.
618

619 Weller D. E., Jordan T. E. and Correll D. L. (1998) Heuristic models for material discharge
620 from landscapes with riparian buffers. *Ecological Applications* **8**, 1156-1169.
621

622 Wissmar R. C., Beer W.N. and Timm R.K. (2004) Spatially explicit estimates of erosion-risk
623 indices and variable riparian buffer widths in watersheds. *Aquatic Sciences* **66**, 446-455.
624

625 Woinarski J. C. Z., Brock C., Armstrong M., Hempel C., Cheal D. and Brennan K. (2000)
626 Bird Distribution in Riparian Vegetation in the Extensive Natural Landscape of Australia's
627 Tropical Savanna: A Broad-scale Survey and Analysis of a Distributional Data Base. *Journal*
628 *of Biogeography* **27**, 843-868.

630 **Table 1.** Summary statistics for riparian width-related studies classified according to ecological
631 function (or response) and geographic region. 25th and 10th percentiles are provided for comparison.
632 No. cases = total number of width/response/context combinations across all studies. Nth Am. = North
633 American, Eur. = Europe (and United Kingdom), AUS=Australasian. All widths are in metres.

634

Ecological function	Median width	25 th perc.	10 th perc.	Width range	No. cases	Nth Am.	Eur.	AUS	Other
Improving water quality	20.0	9.4	5.8	2-107	77	49	17	9	2
Improving water quality - wetlands	28.8	7.0	-	1-2250	4	2	1	1	0
Riparian inputs for aquatic fauna	30.0	20.0	11.4	10-100	21	14	1	6	0
Stream shading	27.5	18.1	10.3	10-83	11	11	0	1	0
Riparian vegetation	35.0	11.6	10.0	10-330	20†	9	2	8	1
Riparian habitat for fauna	78.5	30.0	15.0	5-900	53†	44	4	3	2
Connectivity for fauna	100.0	93.3	-	91-183	4	4	0	0	0
Total number of cases					188	136	25	28	5

635 † these responses share four cases where reported widths related to both riparian flora and fauna. Thus, total
636 number of cases is four less than sum over all rows.

637

638 **Table 2.** Minimum width recommendations for riparian management in Victoria, developed on the
 639 basis of existing primary width data. The level of confidence for each recommendation (high,
 640 moderate and low) is written below the width. All widths are in metres.

Environmental context / Management Objective	Land Use Intensity Low	Land Use Intensity Moderate	Land Use Intensity High	Lowland floodplain /wetland systems	Steep catchments/ low order streams
Improve water quality	20 high	29 high	38 high	29 <i>moderate</i>	38 <i>moderate</i>
Moderate stream temperatures	28 <i>moderate</i>	46 <i>moderate</i>	64 <i>moderate</i>	28 † <i>moderate</i>	28 <i>moderate</i>
Provide food and resources	30 <i>moderate</i>	50 <i>moderate</i>	70 <i>moderate</i>	30 † <i>moderate</i>	30 <i>moderate</i>
Improve terrestrial biodiversity	50 low	80 low	110 low	110 † low	50 low

641 † Width will relate to the lateral extent of hydrological influences, and thus, the actual minimum should reflect
 642 flood mapping (e.g. 1 in 30 year).

643

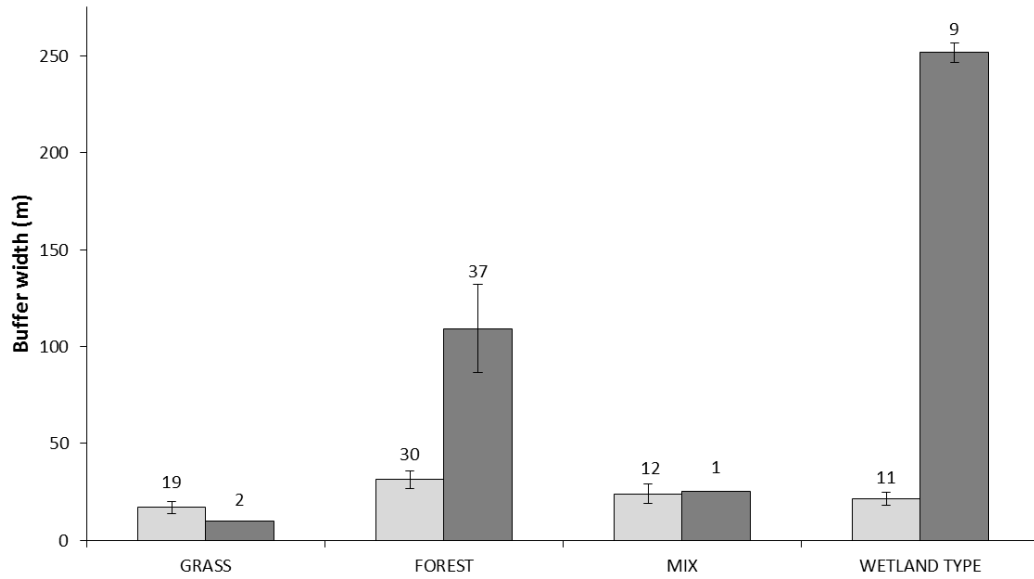
644 **Table 3.** Riparian buffer widths (m) for each ecological function (excluding studies with 4 cases or
 645 less), averaged across low, moderate and high land use intensity categories. Standard errors are given
 646 in parentheses. Where it was difficult to distinguish between low and moderate or moderate and high
 647 land use intensity, the lowest intensity was selected for summary.

Ecological function	Land use intensity			No. cases
	Low	Moderate	High	
Improving water quality	20.6 (2.6)	31.8 (9.4)	26.4 (3.6)	68
Inputs for aquatic fauna	38.6 (9.6)	50.0 (na)	-	10
Shading	35.6 (8.5)	-	-	9
Terrestrial biodiversity (flora & fauna combined)	62.6 (30.5)	169.4 (105.6)	130.0 (57.2)	44

648

649

650 **Figure 1.** Riparian buffer width for two key responses (improving water quality – pale bars,
651 and terrestrial fauna habitat – dark bars), averaged across major buffer vegetation types
652 (where stated in each study). Mixed buffer types may be any combination of grass, trees, and
653 / or shrubs. Wetland types include floodplain and wetland forests (as stated in given studies).
654 Values above each bar provide number of studies. Error bars are ± 1 SE.



655

656

657 **Appendix 1.** Definitions of environmental contexts used in this review to reflect the majority
 658 of land uses in south-eastern Australia.

High intensity land use	Dairy (high stocking rates >10 DSE/ha/annum ^{1,2}) Irrigated dairy Dryland cropping (e.g. canola, wheat) Livestock grazing (stocking rates >15 DSE/ha/annum ^{1,2}) Swine and poultry (CAFO) Market gardens (vegetable production) High fertilizer application rates (>15kg P/Ha/yr ³ or >110kg N/Ha/yr ^{4,5}) Sealed roads within 30m
Moderate intensity land use	Dairy (all other stocking rates ≤ 10 DSE/ha/annum) Grazing (stocking rates 5-15 DSE/ha/annum) Other forms of dryland cropping (e.g. lucerne, clover) Orchards (including citrus) Other production crops including vines hops olives Medium-low fertilizer application rates (<15 kg P/Ha/yr or ≤110kg N/Ha/yr) Unsealed roads within 30m
Low intensity land use	Grazing (low stocking rates <5 DSE/ha/annum all stock) Pasture cropping Timber plantations Forestry operations Pesticide application (e.g. Endosulfan-containing insecticides, glyphosate, organophosphates, etc. ⁶)
Steep catchments / low order streams	Highly incised waterways with slopes typically exceeding 30° ⁷ where adjacent land is cleared or partially cleared of woody vegetation Headwater systems and low order streams (1-4)
Lowland floodplain / wetland systems	Typically higher order waterways with complex geomorphological features like anabranches, oxbow lakes and billabongs, and paleo-channels, and where the lateral extent of floodplain vegetation is large but highly variable and usually subjected to seasonal inundation ⁸ Chain-of-ponds or lakes or similar that are connected at any time to flowing waters (which may resemble lowland floodplains)

659 Sources used for defining land use intensity levels and environmental contexts:

660 ¹ adapted from Jansen & Robertson (2001) – horses considered equivalent to bulls DSE (dry sheep equivalents)
 661 and deer equivalent to weaner calves (on the basis of relative size)

662 ² adapted from Ridley *et al.* (2003)

663 ³ adapted from Johnston *et al.* (2003)

664 ⁴ adapted from Nash *et al.* (2013)

665 ⁵ 33rd percentile of N/NO₃-N application rates reported in water quality studies investigated in this review (range
 666 75-389kg N/ha)

667 ⁶ refer to Radcliffe (2002) for more information on pesticide use in Australia

668 ⁷ derived from Barling & Moore (1994), plus valley slope data determined in this review (Supplementary
 669 material online)

670 ⁸ Ralph & Hesse (2010)

671

672

673

674

675

676 [BOX]

677 **Implications for managers**

- 678 • The effectiveness of managed riparian zones in achieving their stated ecological objective
679 was often unquantified, probably because the restoration response may take years or even
680 decades of monitoring to detect.
- 681 • Evidence to determine riparian zone widths for agricultural contexts in Victoria was
682 frequently associated with high levels of uncertainty as many of the studies originated
683 from the Northern Hemisphere
- 684 • The environmental context of waterways was often inconsistently reported, making it
685 difficult to draw inferences about appropriate widths under different land use and
686 physiographic scenarios
- 687 • The influence of hydrology, climate, invasive species management, and longitudinal
688 continuity of the riparian zone on effective riparian zone widths should be targets for
689 future investigation
- 690 • Generally, the greater the land use intensity, the wider the riparian zone needs to be to
691 buffer against catchment modifications and disturbances.
- 692 • The collection of monitoring data, for a suite of key indicators and linked to clearly stated
693 goals should be an integral part of any restoration program

694