



## Antibiotic Susceptibility of Planktonic and Biofilm Grown Staphylococci Isolated from Implant Associated Infections: Should MBEC and Nature of Biofilm Formation Replace MIC?

Brady, A., Lavery, G., Gilpin, D., Kearney, P., & Tunney, M. (2017). Antibiotic Susceptibility of Planktonic and Biofilm Grown Staphylococci Isolated from Implant Associated Infections: Should MBEC and Nature of Biofilm Formation Replace MIC? *Journal of Medical Microbiology*.

### Published in:

*Journal of Medical Microbiology*

### Document Version:

Early version, also known as pre-print

### Queen's University Belfast - Research Portal:

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# Journal of Medical Microbiology

## Antibiotic Susceptibility of Planktonic and Biofilm Grown Staphylococci Isolated from Implant Associated Infections: Should MBEC and Nature of Biofilm Formation Replace MIC?

--Manuscript Draft--

<b>Manuscript Number:</b>	JMM-D-16-00721R1
<b>Full Title:</b>	Antibiotic Susceptibility of Planktonic and Biofilm Grown Staphylococci Isolated from Implant Associated Infections: Should MBEC and Nature of Biofilm Formation Replace MIC?
<b>Article Type:</b>	Standard
<b>Section/Category:</b>	Clinical Microbiology
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<b>Abstract:</b>	<p><b>Purpose:</b> The purpose of this study was to develop an alternative, more clinically relevant approach to susceptibility reporting for implant associated infections. Using 20 staphylococcal isolates, isolated from clinical implant infections, the majority (85%) demonstrated biofilm-forming capabilities. A significantly increased MBEC compared to MIC breakpoint was obtained, with MBEC values greater than 256 µg/mL for the majority of bacteria. Such a vast increase was also demonstrated for isolates defined as negligible biofilm formers via crystal violet staining, likely due to high protein content of biofilms confirmed by proteinase-K treatment.</p> <p><b>Methodology:</b> This study employed a variety of techniques to assess minimum inhibitory concentration (MIC) and minimum biofilm eradication concentration (MBEC) of isolates tested. In addition, the nature of bacterial biofilm across a range of clinical isolates was investigated using crystal violet staining, sodium metaperiodate and proteinase-K treatment and PCR analysis.</p> <p><b>Results/Key findings:</b> Infection of medical implants is associated with increased rates of infection and increased bacterial tolerance to antibiotic strategies. Clinical significance is due to the presence of pathogens attached to biomaterial surfaces, enclosed in an extracellular polymeric matrix termed the biofilm. This paper highlights the importance of defining the clinical susceptibility of implant associated infections in vitro using methods that are relevant to the biofilm phenotype in vivo, and highlights how current planktonic-based antimicrobial susceptibility tests are often misleading.</p> <p><b>Conclusion:</b> The use of biofilm-relevant susceptibility tests would improve patient outcomes by enabling correct antimicrobial regimens to be rapidly identified, reducing treatment failure and halting the spread of antimicrobial resistant strains.</p>

1 **Antibiotic Susceptibility of Planktonic and Biofilm**  
2 **Grown Staphylococci Isolated from Implant Associated**  
3 **Infections: Should MBEC and Nature of Biofilm**  
4 **Formation Replace MIC?**

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## 34 **Abstract**

35 **Purpose:** The purpose of this study was to develop an alternative, more clinically relevant approach  
36 to susceptibility reporting for implant associated infections. Using 20 staphylococcal isolates,  
37 isolated from clinical implant infections, the majority (85%) demonstrated biofilm-forming  
38 capabilities. A significantly increased MBEC compared to MIC breakpoint was obtained, with  
39 MBEC values greater than 256 µg/mL for the majority of bacteria. Such a vast increase was also  
40 demonstrated for isolates defined as negligible biofilm formers *via* crystal violet staining, likely  
41 due to high protein content of biofilms confirmed by proteinase-K treatment.

42 **Methodology:** This study employed a variety of techniques to assess minimum inhibitory  
43 concentration (MIC) and minimum biofilm eradication concentration (MBEC) of isolates tested. In  
44 addition, the nature of bacterial biofilm across a range of clinical isolates was investigated using  
45 crystal violet staining, sodium metaperiodate and proteinase-K treatment and PCR analysis.

46 **Results/Key findings:** Infection of medical implants is associated with increased rates of infection  
47 and increased bacterial tolerance to antibiotic strategies. Clinical significance is due to the presence  
48 of pathogens attached to biomaterial surfaces, enclosed in an extracellular polymeric matrix termed  
49 the biofilm. This paper highlights the importance of defining the clinical susceptibility of implant  
50 associated infections *in vitro* using methods that are relevant to the biofilm phenotype *in vivo*, and  
51 highlights how current planktonic-based antimicrobial susceptibility tests are often misleading.

52 **Conclusion:** The use of biofilm-relevant susceptibility tests would improve patient outcomes by  
53 enabling correct antimicrobial regimens to be rapidly identified, reducing treatment failure and  
54 halting the spread of antimicrobial resistant strains.

55

56 **Keywords:** Antibiotic susceptibility; Antibiotic resistance; Biofilms; Biomaterials;  
57 Indwelling devices

58

59

## 60 **Introduction**

61  
62 Infection of indwelling medical devices are commonly caused by multi-drug resistant pathogens.  
63 The implant surface provides an optimum environment for microbial attachment and growth, with  
64 numerous benefits to microorganisms including increased availability of nutrients; likelihood of  
65 survival, maturation and potential for symbiotic relationships (1). This results in failure of  
66 treatment, increased spread of resistant pathogens, device removal, morbidity and increased  
67 mortality (2). A recent UK government report outlined that without significant investment in new  
68 therapies, deaths due to infection are predicted to rise to more than 10 million deaths by 2050, a  
69 figure greater than cancer (3). Pathogen susceptibility is typically determined by the minimum  
70 inhibitory concentration (MIC) as recommended either by the British Society for Antimicrobial  
71 Chemotherapy (BSAC) or the Clinical and Laboratory Standards Institute (CLSI) guidelines (4).  
72 However, successful treatment of indwelling devices usually requires eradication of the bacterial  
73 pathogens growing in a biofilm. Biofilm associated infection is extremely difficult to eradicate and  
74 as a result, treatment commonly fails. Therefore, despite their high cost to healthcare and the  
75 economy, infections of implants remain unsolved and an ongoing burden (5).

76         The fundamental function of *in vitro* antimicrobial susceptibility tests (AST) in clinical  
77 laboratories is to provide the prescriber with accurate information on appropriate antimicrobial  
78 therapy (6). However, although effective against bacteria *in vitro*, it is well established that  
79 concentrations of antibiotics used in standard AST are not predictive of the concentrations required  
80 to eradicate infections associated with indwelling devices (7,8). In addition, studies have shown  
81 that sub-inhibitory concentration of antibiotics can both stimulate and impede biofilm formation  
82 further confusing the issue of appropriate treatment (9-11). Therefore, certain studies have  
83 suggested that a minimum biofilm eradication concentration (MBEC) would be more indicative of  
84 the antibiotic concentration required to eliminate bacteria in biofilm (12).

85 In addition to determining the MBEC, it would be clinically useful to characterise the  
86 degree and nature of the bacterial biofilm and the total biomass present by e.g. crystal violet (CV)  
87 staining (13) and treatment with sodium metaperiodate and proteinase-K respectively (14,15). This  
88 could, in turn, be used to inform the clinician treating the biofilm infection. For example, protease-  
89 directed therapy could be used as a means of eradicating those isolates which have been shown to  
90 possess considerable protein-mediated biofilm. Furthermore, using PCR it is also possible to  
91 identify those isolates which possess the *ica* operon which codes for production of enzymes  
92 required for bacterial adhesion by means of polysaccharide intracellular adhesin (PIA) synthesis.

93 This study aimed to determine the susceptibility of 20 clinical staphylococcal isolates,  
94 cultured from indwelling human devices, to a range of antibacterial agents when grown  
95 planktonically and in biofilm. In addition, we sought to determine the degree and nature of biofilm  
96 formation of the retrieved isolates and investigate the relationship between degree and mechanism  
97 of biofilm formation, possession of the *ica* operon and antibiotic susceptibility with a view to an  
98 alternative method of susceptibility reporting.

99  
100

## 101 **Materials and Method**

102

### 103 **Reagents**

104 CV powder, glacial acetic acid, JumpStart<sup>®</sup> Taq Polymerase, methanol, sodium metaperiodate,  
105 proteinase-K, oxacillin, tetracycline and vancomycin were obtained from Sigma-Aldrich  
106 (Gillingham, Dorset, United Kingdom). *Ica* primers (16) were obtained from Operon  
107 Biotechnologies (Cologne, Germany). DEPC-treated water was obtained from Ambion  
108 (Warrington, UK). Müeller Hinton Agar (MHA), Müeller Hinton Broth (MHB) and Tryptone Soya  
109 Broth (TSB) were obtained from Oxoid (Basingstoke, UK). E-tests<sup>®</sup> were obtained from Bio-Stat  
110 (Stockport, UK). Benzylpenicillin as Crystapen<sup>®</sup> was obtained from Britannia Pharmaceuticals Ltd

111 (Redhill, Surrey, UK). Clindamycin as clindamycin hydrochloride was obtained from Taresh Ltd  
112 (Banbridge, Northern Ireland).

113

#### 114 **Bacterial Isolates**

115 Nine coagulase-negative staphylococci (CoNS) and three meticillin-sensitive *Staphylococcus*  
116 *aureus* (MSSA) clinical isolates (B1-B12) obtained from patient samples were provided by the  
117 Microbiology Department, Belfast City Hospital, Belfast Health and Social Care Trust. A further  
118 eight clinical CoNS isolates (B24-B71) were cultured following surgical removal of catheters as  
119 previously described (17). Details of site of culture are provided in Table 1. Eleven of the twenty  
120 total isolates were chosen to determine susceptibility of both CoNS and *S. aureus* isolates growing  
121 as biofilm, and isolates cultured from a range of indwelling clinical devices growing as biofilm  
122 (Tables 1 and 4). For all isolates tested, a negative control of sterile TSB was included.

123

#### 124 **Planktonic Susceptibility Testing**

125 Antimicrobial susceptibility of all isolates was determined using the CLSI disk diffusion (DD)  
126 method and E-test<sup>®</sup> strips (18).

127

#### 128 **Quantification of Biofilm Formation**

129 Bacterial biofilms were grown and classified in sterile Nunc<sup>™</sup> 96-well microtitre plates (VWR  
130 International, Leicestershire, UK) as previously described (13), using TSB as a growth medium.  
131 Sterile TSB was also used as a negative control. Absorbance at 590nm was then measured using a  
132 Tecan Sunrise<sup>®</sup> plate reader (Tecan, Theale, Reading, United Kingdom). ODC was defined as three  
133 standard deviations above the mean optical density of the negative control (13).

134

135

136 Biofilm forming ability of the strains was classified as follows:

- 137  $OD \leq OD_c$  = non adherent (0)  
138  $OD_c < OD \leq 2 \times OD_c$  = weakly adherent (+)  
139  $2 \times OD_c < OD \leq 4 \times OD_c$  = moderately adherent (++)  
140  $4 \times OD_c < OD$  = strongly adherent (+++)

141

### 142 **Antimicrobial Susceptibility of Bacterial Isolates in Biofilm**

143 Bacterial biofilms were grown in 96-well trays using TSB as previously described (13). Following  
144 overnight incubation to allow biofilm growth, the 96-well trays were washed gently with sterile  
145 PBS to remove any non-adherent bacteria. Each isolate was then exposed to five antibiotics  
146 (penicillin, oxacillin, clindamycin, tetracycline and vancomycin) ranging in doubling  
147 concentrations from 4  $\mu\text{g}/\text{mL}$  – 256  $\mu\text{g}/\text{mL}$ . The specific isolates chosen were to allow comparison  
148 of both CoNS and *S. aureus* isolates and isolates cultured from a range of indwelling clinical  
149 devices. For all isolates tested, positive and negative controls were included.

150

### 151 **Detection of the Mechanism of Biofilm Formation**

152 Bacterial biofilms were grown in 96-well trays using TSB as previously described (13).  
153 Sodium metaperiodate ( $\text{NaIO}_4$ ) and proteinase-K have previously been shown to degrade  
154 polysaccharide and protein-mediated biofilms respectively (19,20). Specifically, as demonstrated  
155 by Wang *et al.* (15), if the polysaccharideb-1, 6-N-acetyl-D-glucosamine mediates biofilm  
156 formation, treatment with metaperiodate will result in biofilm dispersal. In contrast, if biofilm  
157 formation is protein-mediated, treatment with metaperiodate will have no effect, whereas treatment  
158 with proteinase-K will result in biofilm disruption and dispersal.

159

160 Following overnight incubation the plates were washed twice with 150 $\mu\text{L}$  sterile PBS. Plates were  
161 then simultaneously treated as follows:



162 *Plate 1:* Following discarding of the supernatant and washing, each well was filled with 200µL  
163 40mM NaIO<sub>4</sub> solution and incubated for a further 24 hours at 4°C. After incubation, the NaIO<sub>4</sub>  
164 solution was discarded and the wells washed thoroughly with PBS. The 96-well plates were dried  
165 and stained with CV as described above. Absorbance was then measured at 590nm.

166 *Plate 2:* Following discarding of supernatant and washing, each well was filled with 200µL of a  
167 proteinase-K solution (1mg/mL in 100 mM tris(hydroxymethyl)aminomethane) and incubated for  
168 4 hours at 37°C. After incubation, the proteinase-K solution was discarded and the wells washed  
169 thoroughly with PBS. The 96-well plates were dried and stained with CV as described above.  
170 Absorbance was then measured at 590nm.

171

## 172 **Detection of *ica* Gene**

173 A polymerase chain reaction (PCR) assay to detect the gene products of the *ica* operon was carried  
174 out using conditions as previously described (16) . PCR products of the expected size were  
175 visualised using gel electrophoresis and a UV-transilluminator (Gel-Doc, BioRad, Hertfordshire,  
176 UK). In addition to the test isolates, the RP62A (ATCC 35984) *S. epidermidis* isolate (known to  
177 form biofilms) was used as a reference biofilm-forming organism.

178

## 179 **Statistical analysis**

180 Statistical analysis was conducted where appropriate using a one-way analysis of variance  
181 (ANOVA). In all analyses, a *p* value < 0.05 denoted statistical significance. Statistical analysis was  
182 performed using the SPSS® software package.

183

184

## 185 **Results**

### 186 **Planktonic Susceptibility Testing**

187 The antibacterial susceptibility of each isolate to the 10 antibiotics routinely used in the Belfast  
188 City Hospital Microbiology Department is outlined in the antibiogram (Table 2). The number of  
189 isolates sensitive to each antibiotic is also shown in Table 2. Of the 20 isolates tested, two (B1 and  
190 B24) were susceptible to all 10 antibiotics according to CLSI breakpoint guidelines. A further nine  
191 isolates showed resistance to only one antibiotic and in all of these, the antibiotic was either  
192 penicillin or erythromycin. In addition, two of the tested isolates (B37 and B5) were resistant to  
193 two and three antibiotics, respectively. Two isolates (B3 and B9) were resistant to five antibiotics  
194 while a further five isolates were resistant to six of the 10 tested antibiotics. Of the three *S. aureus*  
195 isolates tested, each was susceptible to all antibiotics with the exception of penicillin. As shown in  
196 Table 2, vancomycin and teicoplanin proved to be most effective with all isolates demonstrating  
197 susceptibility to both antibiotics. Conversely, penicillin was the least effective antibiotic with only  
198 six of the 20 isolates (30%) demonstrating susceptibility. In addition, erythromycin also  
199 demonstrated limited efficacy with only 8 of the 20 isolates (40%) reported as susceptible.

### 200 201 **Quantification of Biofilm Formation**

202  
203 Results of biofilm detection are shown in Table 3. Sixteen (80%) of the isolates tested were biofilm  
204 formers. Of these 16, 8 isolates proved to be weakly (+) adherent, two isolates moderately (++)  
205 adherent and a further six strongly (+++) adherent. Of the six isolates that demonstrated strongly  
206 adherent biofilm formation all possessed the *icaA*, *icaB* and *icaC* operons (Table 5).

207

### 208 **Antimicrobial Susceptibility of Bacterial Isolates in Biofilm**

209  
210 The antibacterial susceptibility of 11 of the clinical isolates growing in biofilm to five antibiotics  
211 is shown in Table 4. Of 11 isolates tested, 9 were resistant to all five antibiotics at the highest

212 concentration tested (256 µg/mL). Only isolate B1, with MBEC values of 32 µg/mL and 256 µg/mL  
213 for clindamycin and vancomycin respectively, and isolate B11 with an MBEC value of 32 µg/mL  
214 for vancomycin displayed any sensitivity when grown in biofilm.

215

### 216 **Mechanism of Biofilm Formation**

217

218 Results of the CV staining after treatment with NaIO<sub>4</sub> and proteinase-K are shown in Fig. 1.  
219 Statistical analysis of the results using a one-way ANOVA test revealed a significant reduction (*p*  
220 < 0.05) in absorbance after treatment with both NaIO<sub>4</sub> and proteinase-K, in comparison with  
221 untreated biofilm. Of the 20 isolates tested, 11 showed a decrease in absorbance in comparison with  
222 untreated biofilm, after treatment with sodium metaperiodate. In addition, 15 of the 20 isolates  
223 showed a decrease in absorbance in comparison with untreated biofilm after treatment with  
224 proteinase-K.

225

### 226 **Detection of *ica* Genes**

227

228 Following PCR, the resulting amplicons were observed using UV trans-illumination. Bands  
229 corresponding to the expected size of *icaA*, *icaB* and *icaC* gene products were observed at 814, 526  
230 and 989 base pairs [Fig. 2(a)-2(c)]. Upon analysis of PCR products, 9 out of 20 isolates tested  
231 displayed the *icaA* gene, 9 out of 20 isolates tested displayed the *icaB* gene and 9 out of 20 isolates  
232 tested displayed the *icaC* gene. Notably, the *icaABC* genes detected were all in the same isolates.

233

## 234 **Discussion**

235

236 The colonisation of indwelling medical devices by bacteria growing in biofilm is thought to be the  
237 major contributing factor in the pathogenesis of device-related infections (21). This is in part due  
238 to the high innate resistance of these organisms to antimicrobial therapy and also due to the further  
239 increased resistance to even the highest concentrations of antibiotics when growing as a biofilm,

240 notably when the organism possesses an *ica* operon (22-26). Given this relationship between  
241 bacteria in biofilm and increased resistance to antibiotic therapy, the ability of 20 isolates retrieved  
242 from indwelling devices to form biofilms was investigated, together with their resistance to  
243 conventional antimicrobial therapy.

244

245 It is important to provide information on the MBEC to clinicians for several reasons. Currently lab  
246 reports only show antibiotic sensitivity to planktonic bacteria. Therefore to be accurate they could  
247 include a caveat indicating that this may not be a true reflection of the situation in the biofilm.  
248 Otherwise the lab report is not providing valid information. It could also be a means of educating  
249 the clinical team on interpreting lab results, as this should be done with due consideration of the  
250 clinical situation.

251

252 As expected, the 20 isolates tested demonstrated a scope of planktonic susceptibility to the 10  
253 antibiotics tested; all isolates were susceptible to both glycopeptide antibiotics (vancomycin and  
254 teicoplanin). This is similar to previous studies which have also reported 100% susceptibility of  
255 Gram-positive isolates to vancomycin when tested planktonically (27). Of the remaining  
256 antibiotics, the variation in susceptibility can be explained by inter-species variation. Similar to the  
257 findings in this study, erythromycin resistance in staphylococcal species has previously been  
258 reported as varying from 0% in *S. lugdunensis* to almost 90% in *S. haemolyticus* (28). In addition  
259 to planktonic susceptibility as determined by the DD method, 11 of the retrieved isolates were  
260 selected to determine their antimicrobial susceptibility when grown in biofilm. As with other  
261 studies, the results reported here confirm that when in biofilm, staphylococcal isolates display  
262 resistance to antimicrobial concentrations greater than 10-1000 times greater than that of MIC  
263 breakpoints (29,30). It is of clinical significance that the isolates tested in this study were chosen to  
264 reflect typical bacterial isolates from different sites and a range of implanted devices. Therefore,

265 the MBEC results reported in this study demonstrate that this greatly elevated MBEC value, in  
266 comparison with established MIC breakpoints, is completely independent of any specific implant  
267 or location. Furthermore, the 11 isolates tested also displayed a variation in degree of biofilm  
268 formation from non-adherent (-) to strongly adherent (+++). As virtually all the isolates in this study  
269 displayed an MBEC of >256 µg/mL, this suggests that, although the previously described CV  
270 method (13) classifies four isolates (B2,B4, B10 and B37) as non-biofilm forming, they are able to  
271 adhere to an implant surface to some extent and subsequently form a biofilm structure. A possible  
272 explanation for this could be that charged CV stain is retained following interaction with negatively  
273 charged teichoic acids in polysaccharide-mediated biofilm but to a much lesser extent in protein-  
274 mediated biofilm. Furthermore, studies have reported that protein synthesis plays a role in early  
275 biofilm formation as well as having a role in interactions with an abiotic surface (31). Therefore,  
276 those isolates which reported negligible biofilm could in fact possess a protein-based biofilm  
277 structure which displays minimal CV absorbance. A further explanation could be simply due to  
278 phenotypic variation of different bacteria in biofilm. Previous studies have reported that the amount  
279 of biofilm produced by individual *S. epidermidis* isolates displayed considerable phenotypical  
280 variation and that this biofilm was regulated by several factors (19,32-34). Therefore, it is possible  
281 that, depending on the degree and constitution of the biofilm, the CV could be physically or  
282 chemically prevented from giving an accurate indication of the true extent of biofilm present. In  
283 addition, the biofilm could become more saccharide (sugary) in nature in the presence of antibiotics  
284 versus a more proteinaceous one when unchallenged.

285

286 Several studies have reported that sub-optimal use of certain drugs, such as tetracycline and  
287 nafcillin may lead to increased biofilm formation by means of upregulation of certain genes  
288 responsible for intracellular adhesion (11,29). As the ability to form a biofilm in microtiter plates  
289 has a strong correlation with the ability of *S. epidermidis* to cause disease in a clinical setting it also

290 is reasonable to assume that these findings would be similar to results encountered *in vivo* and be  
291 of clinical significance (35,36). Despite the 20 isolates showing variation in biofilm formation, as  
292 determined by CV staining, the MBEC values showed similar levels of resistance. To further  
293 investigate this, the mechanism of biofilm formation was investigated. Numerous studies have  
294 reported that staphylococcal biofilm formation occurs *via* a cell-surface interaction that is mediated  
295 by a number of factors such as surface proteins (37), extracellular proteins (38), PIA (39) and an  
296 autolysin encoded by the *atlE* gene (40). Of these factors, it is recognised that, in the majority of  
297 isolates, biofilm formation is mediated by production of PIA, synthesised by enzymes encoded by  
298 the *ica* operon (41). It is clear from the results of the current study that PIA does play a substantial  
299 role in biofilm formation. However, it is equally apparent that a proteinaceous mechanism also  
300 plays a fundamental role in biofilm formation of certain isolates. These findings are in agreement  
301 with previous studies for both *S. epidermidis* (42,43) and *S. aureus* (44-46). Furthermore, it has  
302 also been reported that protein factors are sufficient for biofilm formation in *S. epidermidis* isolates  
303 (20). In addition, studies have demonstrated that certain clinical staphylococcal isolates are biofilm  
304 positive and *ica* negative (47) while previous studies have reported the presence of extracellular  
305 DNA as an important factor for biofilm formation in *P. aeruginosa*, *Streptococcus intermedius* and  
306 *Streptococcus mutans* (48,49). In those isolates (e.g. B51 and B71) that displayed absorption ( $A_{590}$ )  
307 after both proteinase-K and  $\text{NaIO}_4$  treatment it may be the case that, as previously reported,  
308 extracellular DNA may contribute to the biofilm formation (47). To date, numerous studies have  
309 reported the importance of PIA, synthesised by *icaADBC*-encoded proteins, in staphylococcal  
310 biofilm formation. Furthermore, recent studies have found a strong correlation between presence  
311 of the *ica* operon and strong to intermediate biofilm formation (26). It is therefore unsurprising that  
312 of the six isolates that demonstrated strongly adherent biofilm formation all possessed the *icaA*,  
313 *icaB* and *icaC* operons, confirming the suggestion that *icaADBC* is widespread in clinically  
314 significant *S. epidermidis* isolates (16,20,29). In addition to those isolates which were positive for

315 the *icaA*, *icaB* and *icaC* operons there are also isolates present which, although negative for these  
316 operons did produce a detectable biofilm. Although unusual, this phenotype has been previously  
317 reported, notably in a nosocomial setting (47). Under antibiotic selective pressure, normal biofilm  
318 negative/*ica* negative isolates are able to develop the biofilm positive/*ica* negative phenotype which  
319 subsequently is more resistant to vancomycin than biofilm positive/*ica* positive isolates.  
320 Conversely, isolates B9 and B11 are *ica* positive, yet only form weak biofilms. In these instances  
321 it is possible that, although the *ica* gene is present, for some unknown reason it is not fully  
322 expressed.

323

324 The highly resistant nature of the isolates in biofilm tested in this study indicate that all clinical  
325 isolates associated with indwelling devices, even in the absence of the *ica* gene, are still able to  
326 form some sort of adherent structure which resists conventional antimicrobial therapy.

327

## 328 **Conclusion**

329 Although limited to 20 clinical staphylococcal isolates, the results of this study clearly indicate that  
330 although these isolates demonstrated MIC susceptibility when exposed to antibiotic therapy, they  
331 displayed a much higher MBEC when grown in biofilm. As biofilms are related to the majority of  
332 infectious diseases (50) and are recognised as playing a fundamental role in infections associated  
333 with indwelling devices, it may be necessary to employ the MBEC as a clinical breakpoint when  
334 treating certain biofilm infections as opposed to current MIC breakpoints.

335

336 Although MBEC tests would incur additional laboratory costs and would be prohibitive on  
337 processing all central venous catheter (CVC) samples it could be offered on a basis of clinical need  
338 where it was imperative to keep the CVC *in situ*. This may occur when a patient is seriously ill and

339 there is no other means of vascular access. It may also aid clinical decision making to either stop  
340 toxic antibiotics or extend the range of antibiotics tested for the MBEC. In addition, biofilm may  
341 be present while the patient is asymptomatic. However, the patient may be starting chemotherapy  
342 which will compromise their immunity and if the MBEC is known it could direct the empirical  
343 antibiotic therapy when infection occurs in the agranulocytosis phase.

344

345 By developing a technique to include degree of biofilm formation in conjunction with mechanism  
346 of biofilm formation, it may be possible to tailor regimens, such as protease therapy, for difficult  
347 to eradicate biofilm-mediated infections. This would serve to more closely replicate clinical  
348 infection *in vitro*, improving: the ability to diagnose the presence and nature of biofilm infection;  
349 the validity of antibiotic(s) prescribed; clinical outcomes and reducing the threat of antimicrobial  
350 resistance.

351

## 352 **Acknowledgements**

353 A.B. was funded by a European Social Fund Grant. The supply of bacterial isolates by  
354 Department of Microbiology, Belfast Health and Social Care Trust is gratefully  
355 acknowledged.

356

## 357 **Conflicts of Interest**

358 The authors declare no conflicts of interest.

359

360



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500

**Table 1** Sites from which clinical isolates were cultured, including abbreviations.

<b>Isolate</b>	<b>Abbreviation</b>	<b>Location of isolation</b>
B1, B24, B37, B48, B49, B51, B63, B64, B71	CAPD	Continuous Ambulatory Peritoneal Dialysis Catheter or Fluid
B2, B3, B5, B6, B8, B9	CLT	Central Line Tip
B4	PCT	PermCath Tip
B7	ELT	Epidural Line Tip
B10	JLT	Jugular Line Tip
B11	VT	Venflon Tip
B12	FLT	Femoral Line Tip

**Table 2** Antibiogram showing antibiotic susceptibility data for all isolates

Isolate	Organism	Penicillin	Oxacillin	Erythromycin	Clindamycin	Fusidic Acid	Tetracycline	Gentamicin	Vancomycin	Teicoplanin	Ciprofloxacin
B1	CoNS	S	S	S	S	S	S	S	S	S	S
B2	<i>S.aureus</i>	<b>R</b>	S	S	S	S	S	S	S	S	S
B3	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	S	S	S
B4	<i>S.aureus</i>	<b>R</b>	S	S	S	S	S	S	S	S	S
B5	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	S	S	S	S	S	S	S
B6	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	S	S	<b>R</b>
B7	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	S	S	<b>R</b>
B8	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	S	S
B9	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	<b>R</b>	S	S	S
B10	<i>S.aureus</i>	<b>R</b>	S	S	S	S	S	S	S	S	S
B11	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	S	S	<b>R</b>
B12	CoNS	<b>R</b>	<b>R</b>	<b>R</b>	<b>R</b>	S	S	<b>R</b>	S	S	<b>R</b>
B24	CoNS	S	S	S	S	S	S	S	S	S	S
B37	CoNS	<b>R</b>	S	S	S	<b>R</b>	S	S	S	S	S
B48	CoNS	<b>R</b>	S	S	S	S	S	S	S	S	S
B49	CoNS	S	S	<b>R</b>	S	S	S	S	S	S	S
B51	CoNS	S	S	<b>R</b>	S	S	S	S	S	S	S
B63	CoNS	<b>R</b>	S	S	S	S	S	S	S	S	S
B64	CoNS	S	S	<b>R</b>	S	S	S	S	S	S	S
B71	CoNS	S	S	<b>R</b>	S	S	S	S	S	S	S

**Table 3** Source of isolate tested and degree of biofilm formation based on classificationdescribed by Stepanovic *et al.* (2000).  $OD_c = 0.255$ 

Isolate	Organism	Source	Biofilm Formation	Absorbance (A590)
B1	CoNS	CAPD	+	0.340
B2	<i>S. aureus</i>	CLT	-	0.220
B3	CoNS	CLT	++	0.775
B4	<i>S. aureus</i>	PCT	-	0.211
B5	CoNS	CLT	+	0.453
B6	CoNS	CLT	+++	2.762
B7	CoNS	ELT	+	0.284
B8	CoNS	CLT	+	0.308
B9	CoNS	CLT	+	0.272
B10	<i>S. aureus</i>	JLT	-	0.164
B11	CoNS	VT	+	0.261
B12	CoNS	FLT	+	0.269
B24	CoNS	CAPD	+++	1.956
B37	CoNS	CAPD	-	0.230
B48	CoNS	CAPD	+	0.344
B49	CoNS	CAPD	+++	2.169
B51	CoNS	CAPD	+++	2.440
B63	CoNS	CAPD	++	0.659
B64	CoNS	CAPD	+++	1.242
B71	CoNS	CAPD	+++	3.720

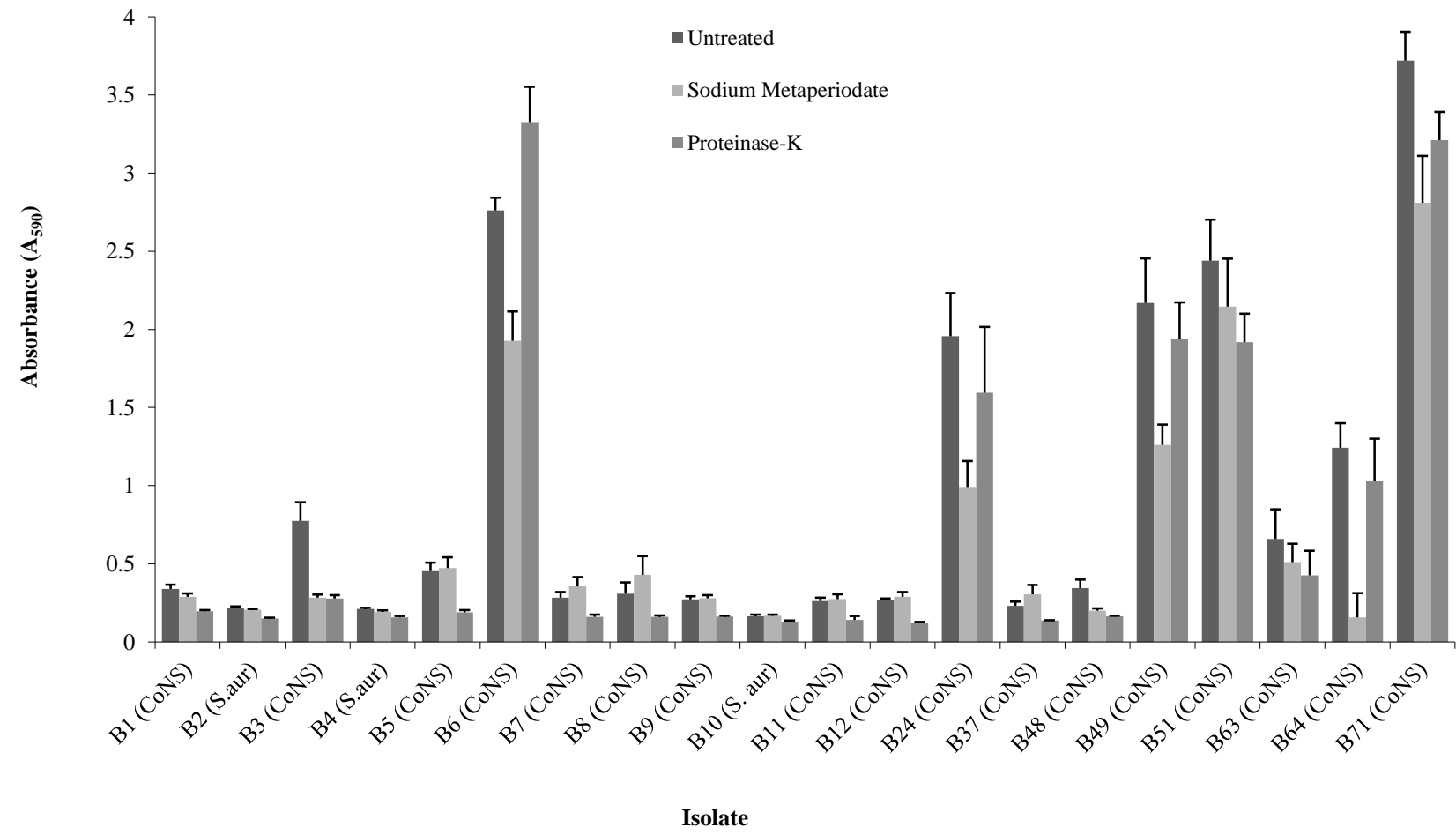
**Table 4** MBEC ( $\mu\text{g/mL}$ ) of bacterial isolates in biofilm

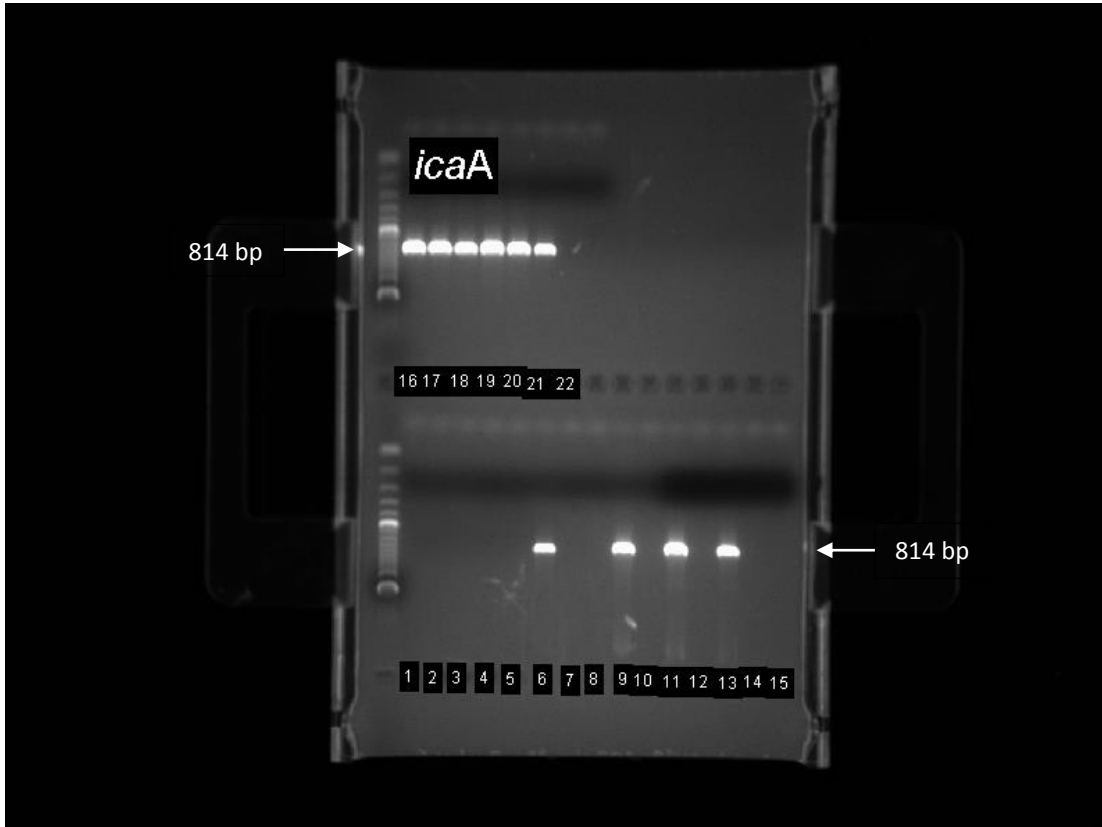
Isolate	Antibiotic				
	Penicillin	Oxacillin	Clindamycin	Tetracycline	Vancomycin
B1	>256	>256	32	>256	256
B2	>256	>256	>256	>256	>256
B4	>256	>256	>256	>256	>256
B6	>256	>256	>256	>256	>256
B10	>256	>256	>256	>256	>256
B11	>256	>256	>256	>256	32
B24	>256	>256	>256	>256	>256
B37	>256	>256	>256	>256	>256
B48	>256	>256	>256	>256	>256
B51	>256	>256	>256	>256	>256
B71	>256	>256	>256	>256	>256

**Table 5** Key of isolates in Figures 4a-4c

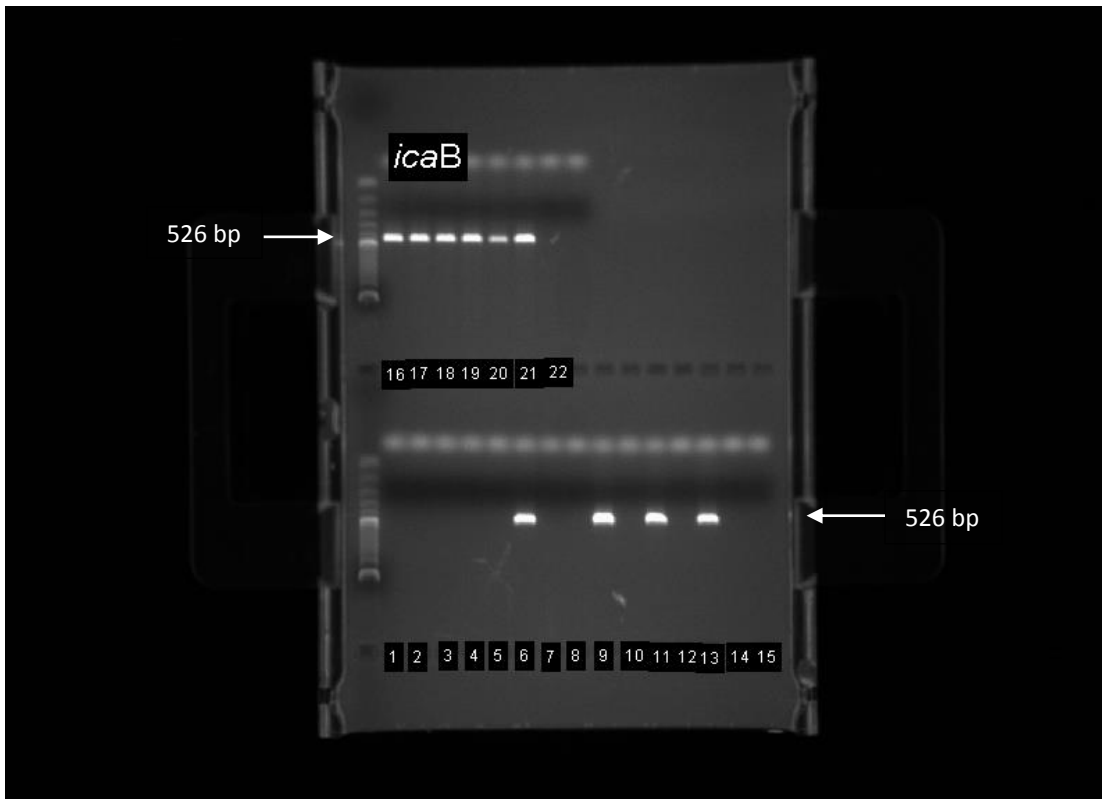
Number	1	2	3	4	5	6	7	8	9	10	11
Isolate	B1	B2	B3	B4	B5	B6	B7	B8	B9	B10	B11
Ica operon	✗	✗	✗	✗	✗	✓	✗	✗	✓	✗	✓
Number	12	13	14	15	16	17	18	19	20	21	22
Isolate	B12	B24	B37	B48	B49	B51	B63	B64	B71	+ve	-ve
Ica operon	✗	✓	✗	✗	✓	✓	✓	✓	✓	✓	✗



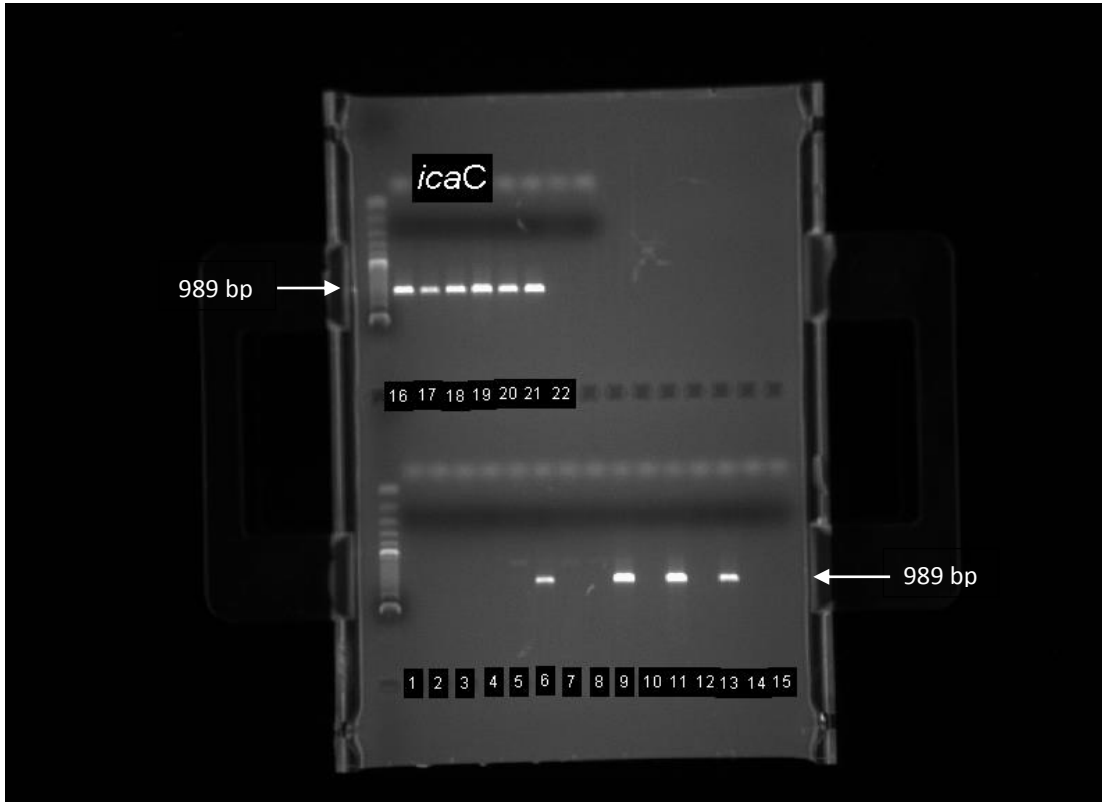




**Figure 2 (a)**



**Figure 2b**



**Figure 2c**