

1 **Actin binding proteins: Their ups and downs in metastatic life**

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4 Stephane R. Gross

5 School of Life and Health Sciences, Aston University, Aston Triangle, Birmingham B4 7ET,

6 UK.

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8 To whom correspondence should be addressed.

9 Email: S.R.Gross@aston.ac.uk

10 Tel: +44 121 3467;

11 Fax: +44 121 204 4187;

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1 **Abstract**

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3 In order to metastasise away from the primary tumour site and migrate into adjacent tissues,
4 cancer cells will stimulate cellular motility through the regulation of their cytoskeletal
5 structures. Through the coordinated polymerisation of actin filaments, these cells will control
6 the geometry of distinct structures namely lamella, lamellipodia, filopodia and as well as the
7 more recently characterised invadopodia. Because actin binding proteins play fundamental
8 functions in regulating the dynamics of actin polymerisation, they have been at the forefront
9 of cancer research. This review focuses on a subset of actin binding proteins involved in the
10 regulation of these cellular structures and protrusions, and presents some general principles
11 summarising how these proteins may remodel the structure of actin. The main body of this
12 review aims to provide new insights into how the expression of these actin binding proteins is
13 regulated during carcinogenesis and highlights new mechanisms that may be initiated by the
14 metastatic cells to induce aberrant expression of such proteins.

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1 **1. Introduction**

2 Cellular migration is an essential feature of life which is responsible for numerous
3 physiological processes including accurate embryogenesis and wound healing. In some cases,
4 however, the pathways regulating cell motility can also be used for aberrant purposes such as
5 the dissemination of tumour cells away from their primary site of growth. Whilst formation
6 of neoplasms is by itself an important concern for human health, the steps that lead to
7 invasion of other tissues by the primary tumour cells, a term referred to as metastasis, is much
8 more life threatening. Indeed this dissemination of cells, resulting in the formation of
9 secondary tumours in other organs, accounts for more than 90% of the fatalities associated
10 with cancer progression. Although we have made remarkable steps toward understanding
11 some aspects of the metastasis process, much still remains to be learned. Some of the key
12 questions which will need to be addressed in the future should focus on understanding the
13 cellular mechanisms that favour 1) the actual migration of cancer cells out of the primary
14 tumour and 2) how they can successfully enter, survive and then leave the blood and
15 lymphatic circulations (intravasation and extravasation, respectively) in order to generate
16 secondary tumours in other specific tissues and organs of the body.

17 In the majority of cases, the initial cellular events required to encourage metastasis are
18 triggered by a switch from an epithelial cellular type to a less differentiated mesenchymal
19 one, a process known as the epithelial mesenchymal transition (EMT)¹⁻³. During this
20 transition, cells will sever links with neighbouring cells. The loss of expression of the E-
21 cadherin is seen as a hallmark towards such commitment^{4,5}. This down-regulation of E-
22 cadherin is regulated by specific transcriptional repressors such as those of the Snail family⁶,
23 ⁷. Another important step seen during carcinogenesis will result in changes in cellular
24 migratory properties. Increased motility will encourage cells to move away from their initial
25 niche and invade surrounding tissues. This migration can take place as a single cell
26 (sometimes referred to as mesenchymal or amoeboid migration) or as a collective effort in
27 cell sheets or clusters⁸. In both cases, the remodelling of the actin cytoskeleton is seen as a
28 central step and significant alterations will take place at the cellular level. At the molecular
29 levels, changes in the dynamics of actin polymerisation just under the plasma membrane will
30 be the core process leading to these biological consequences. Pushing forces will be
31 generated either directly or indirectly by the assembly of F-actin filaments and these forces
32 will promote the formation of different protrusions at the leading edge, namely lamellipodia,
33 filopodia, invadopodia and blebbing, all playing key roles in cellular migration, albeit under
34 different circumstances⁹.

35 Over the years, attention has been focused on identifying new cytoskeletal markers that
36 demonstrate a good correlation between their expression and the degree of malignancy
37 attained by tumour cells. Such candidate markers would have the potential to become
38 invaluable tools to help comprehend better the stages involved in cancer biology, as well as
39 providing powerful tools to improve both cancer prognosis and treatment. Different actin
40 binding proteins have come to the fore and have been the focus of recent comprehensive
41 reviews¹⁰⁻¹². The work presented here focuses only on a subset of known actin binding
42 proteins, namely the Arp2/3 (Actin related protein 2 and 3 complex) and WASP/WAVE

1 (Wiskott-Aldrich Syndrome Protein / WASP and Verprolin homologous protein) complexes,
2 fascin and the tropomyosins all involved at different levels in the regulation of
3 lamellipodium, filopodium, lamellum and possibly blebbing, and whose expression is
4 aberrantly regulated during carcinogenesis. This review analyses the recent developments in
5 the field aiming to propose mechanisms that may be utilised by the metastatic cells in order to
6 control abnormal expression of these actin binding proteins. These new regulatory
7 mechanisms, if proven to be determinant in carcinogenesis, may translate into potential new
8 avenues of research and treatment in the future.

10 **2. The actin cytoskeleton in tumour cell migration**

11
12 The process of cellular migration is engineered as a cyclic procedure composed of 1)
13 extension of cellular leading edge in the forms of membrane sheet-like, finger-like or bleb-
14 like protrusion resulting from actin polymerisation in close proximity to the plasma
15 membrane; 2) development of cell-extracellular contact points which may or may not be
16 regulated by integrins and; 3) generation of forces by the actomyosin network to drive the
17 morphological and architectural reorganisation that promotes cell movement. This review
18 will focus mainly on specific actin binding proteins that promote extension of the leading
19 edge and their involvement during cancer progression and metastasis, since other reviews
20 summarising the global mechanisms of cell motility have recently been published^{9, 13, 14}.

21 Studies analysing the migratory behaviour of tumour cells have demonstrated the
22 architectural organisation of different actin-rich structures and molecules within, depending
23 on the environment in which they grow. For instance, an environment that promotes
24 sufficient mechanical contacts and loosely organised extracellular matrix (ECM) will
25 encourage an amoeboid-type migration where cells adopt a characteristic rounded shape. This
26 style of migration, which relies on the continuous formation of dynamic cellular membrane
27 protrusions, results in rapid locomotion and is typically seen in leukocyte cell lineages¹⁵ but
28 has also been observed in tumour cells¹⁶. Amoeboid motility does not require integrin nor
29 other molecular interaction with the ECM¹⁷ but relies on a continuous physical interaction
30 and friction with the environment¹⁸. Furthermore, although cortical actin polymerisation
31 plays a fundamental role in this type of 3 dimensional (3D) migration, providing a support to
32 stabilise the newly formed bleb bulging forward¹⁹, the filaments do not directly generate the
33 protruding forces necessary to push the plasma membrane, as seen during mesenchymal
34 motility. Equally important is the role of the Rho-ROCK signalling pathway that regulates the
35 contractile cortical actomyosin network²⁰. Indeed the generation of contraction forces by
36 myosin II causes the membrane to delaminate from/or fracture the actin cortex resulting in
37 the inflow of cytoplasm and increased pressure at the plasma membrane in the direction of
38 movement, leading to the formation of membrane blebbing at the leading edge^{16, 21}.
39 Movements of actin and related binding proteins into the bleb, during the later stages of
40 inflation or in the process of retraction result in the formation of a cage like structure²². As

1 the expansion of the bleb slows down, ezrin appears to be one of the first proteins, studied so
2 far, to be recruited, followed rapidly by actin²². The four actin binding proteins α -actinin,
3 coronin, tropomyosin-4 and fimbrin are also observed to move rapidly into the newly form
4 protrusion. In the final stage of the bleb retraction, recruitment of components of the
5 contractility apparatus such as myosin regulatory light chain and tropomodulin occur,
6 resulting in the assembly of discrete foci at the bleb rim²². Importantly, none of the factors
7 known to promote actin nucleation, such as Arp2/3 or mDia have been observed in the newly
8 formed bleb, highlighting some uncertainties as to how actin polymerisation is controlled and
9 regulated.

10 Mesenchymal motility, which is typically seen during fibroblast migration, result in cells
11 presenting a more elongated spindle-like shape, and orchestrating the modelling of different
12 cellular organelles. Growth on 2 dimensional (2D) structures encourages cells to promote
13 planar filamentous actin (F-actin) arrays known as filopodia/microvilli or sheet-like
14 organisation identified as lamellipodia (Figure 1). Both of these structures rely on the
15 controlled growth of the F-actin at their barbed end, leading to elongation of the filaments in
16 the direction of the cell membrane. The overall morphology and molecular composition of
17 these organelles determine their cellular importance. Lamellipodia are seen as the main
18 driving force for locomotion and result from the large agglomeration of short branched
19 filaments at the leading edge. The still increasing number of actin binding partners involved
20 coordinate the nucleation of actin filaments (formins, Arp2/3/WASP complexes), their
21 severing and depolymerisation from the pointed end (gelsolin, ADF (Actin Depolymerisation
22 Factor)-cofilin) and the control of capping of the F-actin filaments (VASP (VAsodilator
23 Stimulated Phosphoprotein), capping proteins, Arp2/3 complex)^{9,10}. Contractile forces
24 generated by myosin II activity are also required for stable lamellipodia extension and
25 organisation, acting at the back of the lamellipodium and facilitating both actin filament
26 disassembly at this location²³ as well as generating sufficient tensions to encourage focal
27 adhesion maturation and stabilisation through the interactions of contact points with the
28 substratum. Filopodia, on the other hand, are believed to act as sensory and guidance
29 organelles, probing the external environment for cues. Reflecting the idea of a “probing stick
30 or antenna”, they are rod-like extensions made of 10-30 tight bundles of long actin
31 filaments²⁴. Both formins and fascin have been shown to be major contributors in actin
32 polymerisation in filopodia whilst both cdc42 and other Rho GTPase proteins are important
33 to initiate the formation of filopodia^{12,24}.

34 However in a thick 3D ECM, and therefore a more *in vivo* environment, mesenchymal
35 migration is dependent upon some significant proteolytic digestion of the ECM²⁵, a
36 characteristic seen when cells develop a ventral membrane protruding a highly dynamic
37 actin-rich structure with ECM degradation activity. These structures are known as
38 invadopodia. These protrusions can be observed on the lateral side of invading cells, as well
39 as at the front and also at the base and branching sites of invading structures^{25,26}. In a high
40 proportion of cases, it seems that formation of invadopodia is a prerequisite for cellular
41 invasion and has been observed for numerous cancer cell lines that are capable of invading *in*
42 *vitro* assay systems or in animal xenograft models²⁷. Although a clear case for the

1 importance of invadopodia in invasion *in vivo* is still ill defined, circumstantial evidence has
2 highlighted the importance of invadopodia associated proteins in metastasis promotion²⁸. For
3 instance, using a xenograft model and through knockdown of N-WASP (Neural-Wiskott-
4 Aldrich Syndrome Protein), Gligorijevic et al²⁹ were able to demonstrate that inhibiting
5 formation of invadopodium *in vitro* correlated with a loss of invasion, intravasation and lung
6 metastasis. Others have suggested that lamellipodia and invadopodia, two independent
7 structures when studied in 2D conditions, may indeed merge into one invasive structure,
8 located at the cellular leading edge and be capable of multiple rounds of protrusion and
9 retraction, when cells are cultured in a 3D matrix and in conditions *in vivo*³⁰.

10 The molecular mechanisms underlying the formation of the structures involved in
11 mesenchymal migration are still being characterised, but common factors have now been
12 demonstrated to be involved in both sets of protrusions. Actin polymerisation is driven by the
13 Arp2/3 complex and its nucleation-promoting factor N-WASP or WASP have been shown to
14 be essential components of both invadopodia and lamellipodia/filopodia³¹⁻³³. Recently, the
15 well characterised actin bundling factor fascin, which is known to play a key role in
16 promoting the protrusion of filopodia, has also been characterised as an essential component
17 of invadopodia formation³⁴. Finally, the tropomyosin family of proteins is thought to play
18 important parts in both the amoeboid and mesenchymal-type migrations having been
19 observed in both blebbing protrusions²² and regulating lamellipodia and filopodia³⁵,
20 respectively. Each of these components will now be discussed, in terms of their biological
21 functions towards actin polymerisation, reviewing also their aberrant expression during
22 carcinogenesis and highlighting possible molecular mechanisms that the cancer cells will
23 deploy to achieve such changes.

24 a) Arp2/3 and WASP/WAVE family

25
26 The Arp2/3 complex consisting of 7 subunits (proteins ARPC1-5 and Arp2 and Arp3)
27 polymerizes new actin filaments from the sides of existing filaments, forming 70° side-
28 branched networks. Because of their similarity in structure to the monomeric actin molecules,
29 it is thought that the Arp2 and Arp3 proteins cooperate to form an active dimer for nucleation
30 of the newly branching filament³⁶. At the molecular level, it is thought that all seven subunits
31 of the Arp2/3 complex play key roles in the binding of the complex to the actin mother
32 filaments, but only the Arp2 and Arp3 subunits contribute to the initiation of the new
33 daughter filament³⁷. Regulation of the activity of the Arp2/3 complex to bind actin filaments
34 is controlled by cortactin, through its interaction with the Arp3 subunit³⁸ or the WASP
35 superfamily of proteins. This large family which is still in the process of being characterised,
36 is currently composed of the WASPs (WASP and N-WASP) and SCAR/WAVEs partners
37 (Suppressor of Cyclic AMP Receptor mutation and WASP and Verprolin homologous
38 protein), is defined by a conserved C-terminal VCA domain. This domain is crucial for
39 binding to the Arp2/3 complex and to the globular form of actin (G-actin), thereby recruiting
40 all components to encourage new nucleation^{37, 39}. The VCA domain is seen as the main
41 regulatory element of WASP binding to the Arp2/3 complex and is tightly controlled by
42 intra-molecular interactions that mask it away and prevent its interaction with other binding

1 partners. This direct auto-inhibition is the main regulator of the Arp2/3 promoting activity
2 and is therefore recognised by a plethora of pathways including Rho family GTPases,
3 phosphoinositide lipids, Src Homology SH3 domain containing proteins, kinases and
4 phosphatases⁴⁰. The N-terminal element of WASP family proteins is also seen as an
5 important regulator of the biochemical activities of the VCA domains and is thought to be
6 responsible for cellular localisation, as well to control the association with ligands.
7 Expressions of WASP and WAVE proteins and that of the Arp2/3 complex have been shown
8 to be altered during oncogenesis⁴¹ and such aberrant regulation result in important changes in
9 the overall architecture of the actin cytoskeleton, principally the lamellipodium.

10 Another cellular protrusion in the form of finger-like sensory and exploratory extensions
11 which push the plasma membrane outward is the filopodia. This structure is primarily
12 composed of parallel bundles of actin filaments (Figure 1). Their formation is regulated by a
13 growing number of proteins including the Arp2/3 complexes⁴². Whilst it was originally
14 perceived that the Arp2/3 complex was not required for filopodia formation, because of the
15 absence of such branched structures in the thin finger-like structure, new experiments suggest
16 that the complex may have important roles in the initiation of such protrusions since
17 individual filaments of the filopodium emanate from the branching point on other filaments
18 found in the lamellipodium^{43,44}. The actin bundling protein fascin has unequivocally been
19 demonstrated to be a key regulator of filopodia stability.

20 **b) Fascin**

21 The 55-kD monomeric globular protein fascin has been shown to cross-links actin filaments
22 *in vitro* into unipolar and tightly packed bundles⁴⁵ through 2 actin binding sites, located at
23 the N- and C-terminal ends of the protein in what is thought to be 2 different β -trefoil
24 domains^{46,47}. Humans express three forms of fascins, fascin-1 and fascin-2 showing the
25 highest degree of homology, whereas fascin-3 has only a very low homology with the other
26 two isoforms⁴⁸. Fascin-1 (termed from now on as fascin) is found ubiquitously expressed by
27 mesenchymal tissues and in the nervous system, whereas fascin-2 and fascin-3 are much
28 more precisely expressed in retinal photoreceptors and in testis, respectively⁴⁹. The role of
29 fascin in the formation of filopodia has been a rapidly expanding field and has generated
30 wide-ranging interests due to its involvement in cancer progression (see below). Recent
31 investigations have shed new light onto the mechanism for its regulation. The Rac and Rho
32 proteins have been shown to act upstream of fascin through the PAK1 pathway or the p-Lin-
33 11/Isl-1/Mec-3 kinases, respectively^{50,51}, but the main body of work highlighting post-
34 translational modification of fascin activities has been demonstrated through the regulation of
35 Protein Kinase C (PKC). Specific phosphorylation of serine 39 within the N-terminal actin-
36 binding domain by this kinase results in the loss of actin bundling by fascin^{52,53}, offering a
37 possible mechanism to control fascin involvement in both physiological and disease states.
38 The spatial localisation of fascin at the leading edge of crawling cells is important for the
39 assembly of filopodia and the actin bundles generated through its bundling action allow the
40 binding of the myosin motors II and V⁵⁴. Recent work suggests that F-actin filaments
41 bundled by fascin may be important for the regulation of Myosin X motor processivity in
42 filopodia formation⁵⁵.

1 Whilst both the Arp2/3 complex, its regulator and fascin play essential functions in the
2 control of actin polymerisation and organisation, resulting in leading edge extension at the
3 front of a migratory cell, other similarly important mechanisms are also required to promote
4 cellular motility. Thus F-actin filaments need to be anchored to the extracellular environment
5 via the formation of focal complexes and adhesions¹³ and this change along with the
6 remodelling of the actomyosin network generates tensile forces. It is the generation of such
7 tensile forces by the myosin family of proteins that drives some of the morphological and
8 architectural reorganisations that promote cell movement. The actomyosin contractile
9 network represents a structural complex which is spatially posterior to the lamellipodium⁵⁶
10 and is referred to as the lamellum. The biological mechanisms responsible for the segregation
11 of these two cellular subdomains are not clearly understood. The tropomyosin family of
12 proteins may be one of the factors responsible for such spatial discrimination since they
13 regulate the recruitment of myosin motors to the actin filaments⁵⁷.

14

15 **c) Tropomyosin**

16 The tropomyosins (tpms) are thought to be mainly absent from the dynamic Arp2/3
17 containing compartment⁵⁸, although such concepts have been recently challenged following
18 the observations of tropomyosin isoforms in both the lamellipodia and filopodia of spreading
19 normal and transformed cells³⁵. Originating from four distinct genes, there are today more
20 than 40 tpms isoforms that have been discovered so far. More than 10 of these tpms isoforms
21 are expressed from TPM1(a-TM) and TPM2 (b-TM) genes alone in vertebrate and are
22 classified further into high molecular (HMW) and low molecular weights (LMW) tpms.
23 Tpms are rod-shaped coiled-coil dimers actin-binding proteins that bind along the length of
24 the actin filaments and have been implicated in the assembly and stabilisation of actin
25 filaments⁵⁹. Some recent advances in the field indicate that the isoforms Tm1, Tm2/3, and
26 Tm5NM1/2 are required for assembly of stress fibres in cultured osteosarcoma cells,
27 stabilising the actin filaments at distinct regions⁶⁰. Tpms have also been shown to prevent
28 ADF-cofilin or gelsolin interaction with F-actin *in vitro*, regulating also their localisation in
29 the process, although such properties seem to be isoform-specific^{61,62}. For instance, the
30 tropomyosin isoform Tm5NM1 promotes inactivation of ADF-cofilin and leads to its
31 displacement from the cell periphery while another isoform, TmBr3 stimulates the
32 association of ADF-cofilin with actin filaments, therefore promoting its localisation at the
33 leading edge⁶³. Interestingly, such properties also reflect the ability of these tropomyosin
34 isoforms to recruit myosin II motors to the actin filaments with Tm5NM1 having a positive
35 control over the binding of myosin II to F-actin filament whereas TmBr3 regulates its
36 inactivity⁶³. These diverse regulatory functions correlate with differential changes in cell size
37 and shape, along with alterations in lamellipodial formation, increased cellular migration, and
38 reduced stress fibers⁶³.

39

1 All in all, the cellular pathways promoting cellular motility are diverse and complex and, not
2 surprisingly, we find that the paths to carcinogenesis are similarly varied and multiple,
3 involving the aberrant expression of many different targets. In an effort to correlate protein
4 expression to possible mechanisms involved in their regulation, and the biological
5 consequences of their interactions in cellular migration, this reviews brings together some of
6 the recent findings that have shed new light on such processes, tackling in the first instance
7 how the levels of these specific actin binding proteins are changes in the cancer cell (Table
8 1).

9 10 11 **3. Regulation of specific actin binding proteins in cancer progression**

12 13 **a) Arp2/3 and WASP/WAVE family**

14
15 The proteins of the Arp2/3 complex play essential orchestrating functions in actin
16 organisation. Their binding to already formed actin filaments, forming 70° side-branched
17 networks, is crucial for the modelling of the lamellipodia. Reports have shown that the
18 metastasis process correlates with changes in the expression pattern of components of the
19 Arp2/3 complex, although some uncertainty remains as to the degree of correlation as
20 discussed below.

21 Cancer progression of gastric cells appears to result in the robust and synchronous reduction
22 in the expression of Arp2/3 proteins, with the reduction of at least four mRNAs of the seven
23 subunits in more than 78% of the cases⁶⁴. Among all components analysed, the Arp2, ARPC2
24 and ARPC3 mRNAs, as determined by reverse transcriptase polymerase chain reaction, were
25 found to be the most prominently reduced in cancer samples compared to their control
26 counterparts. However, some of the gastric cancer cells and tissues had been obtained from
27 primary tumours and no information was provided regarding their metastatic abilities.
28 Furthermore, the experiments measured only the mRNA contents for the different
29 components of the complex without assessing how the correlating protein levels were
30 affected. More recent work investigating the aberrant levels of Arp2/3 proteins in pancreatic,
31 colorectal and breasts carcinomas highlighted the elevation of the complex's proteins with the
32 rise in invasiveness and metastatic abilities. Increased levels of both Arp2 and Arp3 proteins,
33 measured by immunohistochemical staining correlated with the rise in atypical properties of
34 the colorectal neoplasms⁶⁵. This aberrant change in expression is not exclusive to the Arp2/3
35 proteins as other components of the complex have also been shown to be affected during
36 carcinogenesis. Expression pattern of the ARPC2 subunit has been reported to be increased in
37 breast cancer cell lines⁶⁶. The latter study provides further support for the role of ARPC2 as a
38 sole promoter of cellular invasion, since knockdown of its expression using siRNA was
39 sufficient to attenuate SK-BR3 breast cancer cells incursion into Matrigel. Independently
40 other components of the Arp2/3 complex have been shown to be equally important in the
41 pathogenesis of the head and neck squamous cell carcinoma, when the expression of the
42 ARPC5 subunit at both the mRNA level and protein level were significantly up-regulated in
43 malignant invasive cells and tissues compared to the control counterparts⁶⁷. These

1 observations were further substantiated using human head and neck squamous cell carcinoma
2 lines, that showed that high levels of ARPC5 expression resulted in both higher rates of
3 cellular migration, cellular invasion, and to a certain extent cellular proliferation. When
4 ARPC5 levels were specifically down-regulated in these cells, using siRNA, all these
5 properties were significantly diminished when compared to the mock transfected control
6 cells. Both results demonstrated the direct influence of ARPC5 on these pathways.
7 It is unclear why such contradictory patterns of expression have been observed between the
8 different studies. Studies using immunohistochemical analysis as only way to assess the
9 levels of proteins may themselves have short-coming, as they do not offer a satisfying
10 quantitative measurements of the real concentration and can further be influenced by the
11 localisation of the proteins. Furthermore, besides the potential explanation that the different
12 results are related to the different origins of the samples and tissues, there is also the more
13 pertinent possibility that levels of the Arp2/3 proteins may be up-regulated at a specific time
14 and/or indeed be critically required for the enhancement of invasive properties. Direct
15 demonstrations using knockdown experiments above highlighted the importance of the
16 expression of both ARPC5 and ARPC2 in enhancement of both cellular migration and
17 invasion. It is therefore reasonable to suggest that invasive cells could gain an important
18 selective advantage by aberrantly and timely up-regulating the expression of such proteins,
19 whilst other tumour cells which fail to modulate such control will remain in their original
20 environment.

21 This suggestion is further supported by studies that aim to link directly the Arp2/3 complex
22 and cell invasiveness. The subunits ARPC3 and ARPC5 have been shown to be expressed at
23 high levels in the expression profiling of invasive subpopulations of MTLn3-derived or
24 Polyoma Middle T oncogene (PyMT)–derived mammary tumor cells selected *in vivo*^{68, 69}. In
25 both instances, cells that demonstrated an ability to invade into adjacent tissues had up-
26 regulated the expression of the Arp2/3 complex components as well as molecules such as
27 cofilin, to coordinate the activation of motility pathways.

28 Moreover some degree of correlation has now been reported between the increased
29 expression of Arp2 proteins, Arp3 proteins, cortactin and fascin and the tumour depth of
30 invasion in gastric carcinoma⁷⁰, or between components of the Arp2/3 complex and their
31 activators, when significant up-regulation of WAVE2 and Arp2 are reported in breast cancer
32 samples^{71, 72} and in colorectal carcinomas⁷³. Altogether, it is therefore tempting to speculate
33 that although the expression of single components of the Arp2/3 complex may play an
34 important role to promote cell migration away from the primary tumour, they may not in their
35 own right be sufficient, and that concomitantly other actin binding proteins may also need to
36 be specifically targeted.

37 The importance of WASP and WAVE in the regulation of cancer invasion has been the topic
38 of excellent recent reviews^{12, 41, 74} and will only be briefly discussed here. WASP/WAVE
39 family of proteins play key functions in the regulation of the activity of the Arp2/3 complex,
40 acting via the VCA region, to act as a scaffold to promote interactions between the complex
41 and actin³⁷. As a result, they are necessary for the cell protrusive activity that is associated
42 with cell migration and invasion. Whilst WASP proteins have been shown to be directly
43 responsible for the formation of invadopodium in carcinoma cells²⁹, WAVE components
44 appear to regulate formation of lamellipodia and membrane ruffles as well as that of

1 filopodia⁷⁵⁻⁷⁷. Reports have highlighted their possible implication with metastasis, as their
2 expression encourages cells to migrate away from primary tumours. Thus recent work has
3 shown that N-WASP activity is required for invadopodia *in vivo* and promotes some of the
4 initial invasive steps of metastasis²⁹. Not surprisingly protein levels of N-WASP have been
5 shown to be increased in esophageal squamous cell carcinoma. This increase has been
6 correlated with lymph node metastasis and pathological staging⁷⁸. Similarly, WAVE proteins
7 have also been found to be elevated in different cancer tissues. Thus a correlation between
8 elevated levels of WAVE3 and advances in breast cancer progression has been highlighted⁷⁹.
9 Furthermore when WAVE3 is down-regulated using siRNA in MDAMB231 cells, the
10 resultant cells show an inhibition in cell motility and invasion, suggesting that WAVE3 may
11 be a significant element in tumour cell migration⁸⁰. Similar observations were made
12 following immunohistochemical staining for WAVE3 in prostate tumour sections or prostatic
13 cancer PC-3 and DU-145 cell lines⁸¹. Once again, reducing WAVE3 to the more basal levels
14 of non-tumorigenic cells led to a much reduced invasiveness, as quantified through cell
15 penetration of the basement membrane, without affecting growth or matrix adhesion. In
16 parallel WAVE2 transcription (mRNA and proteins) was reported to be at high levels in
17 node-positive cases as well as in moderately and poorly differentiated breast tumours and it
18 correlated with a poor prognosis⁸².
19 The story is, however, not as clear cut as first thought, since more recent reports have now
20 also indicated that low expressions of N-WASP or WAVE can also reflect a poor outcome.
21 For instance N-WASP has been reported to act as a tumour suppressor gene both *in vitro* and
22 *in vivo* using human breast cancer cell lines and tissues⁸³. Both protein and mRNA levels,
23 determined by immunohistochemical staining/Western blots analysis and quantitative PCR,
24 respectively, on freshly collected breast tissues, revealed that cancer tissues presented much
25 lower levels of expression of N-WASP than their control counterparts and that ectopic
26 overexpression of N-WASP could significantly reduce motility and invasiveness of
27 MDAMB231 cells *in vitro*, as well as reduced tumour growth in animals. However the ability
28 of N-WASP overexpressing MDAMB231 cells to form secondary tumours and metastasis
29 was never tested in this work, providing no further details as to the potential invasive
30 properties of this protein. The same group reported that WAVE1 and WAVE3 transcripts
31 were not increased in node-positive cases, as well as in moderately and poorly differentiated
32 breast tumours⁸².

33 **b) Fascin**

34 Numerous reports link fascin to cancer progression. Importantly, fascin expression has now
35 been reported to be associated with invasion of epithelial tumour cells and clinically
36 aggressive tumours (see references herein and recent reviews^{48, 84}). Fascin expression,
37 revealed by immunohistochemical staining, suggests that this protein is increased in
38 dendritic cells and tumour epithelia in thymomas and thymic carcinomas⁸⁵, as well as in
39 endometrioid carcinoma⁸⁶, pancreatic adenocarcinoma⁸⁷ and hepatocellular carcinoma⁸⁸. In
40 the latter work, cortactin expression was also up-regulated along with that of fascin. The
41 increased expression of fascin during cancer pathogenesis is not merely coincidental since
42 when expression of fascin is induced using plasmid transfection in pancreatic tumour cells⁸⁹

1 or oral squamous cell carcinoma⁹⁰ motility and invasion of the transfected cells are increased.
2 This up-regulation of fascin was mirrored by important increases in F-actin-based structures
3 like filopodia and lamellipodia. The inverse experiment, where levels of fascin are down-
4 regulated, also provides evidences of it playing a key role in invasion. Thus when fascin
5 levels are depleted in melanoma CHL1 cells or MDAMB231 breast adenocarcinoma cells by
6 siRNA the resultant cells showed a reduction in invadopodia³⁴. The mechanisms responsible
7 for the promotion of invasion by fascin are still not fully understood but essential elements
8 have recently been provided. It appears that the actin bundling properties of fascin are key for
9 formation of invadopodia since expressing a form of the protein that has lost its actin
10 bundling activities, following knockdown of the endogenous protein, failed to restore such
11 migratory characteristics in CHL-1 or A375MM cells³⁴.

12 **c) Tropomyosin**

13 Because of their important role in actin organisation and anchorage-independent growth,
14 tropomyosins (tpms) have been classified as tumour suppressors⁹¹. Reduced levels of both
15 tpm1 and tpm2 have been reported in tumorigenic cells thus highlighting their roles as core
16 components of cell transformation^{92,93}. More recent work also indicates that reduction or
17 loss of tropomyosin correlate with tumours that invade and/or metastasise in breast, prostate,
18 bladder and colon cancer, possibly through its regulatory function on the assembly of stress
19 fibers⁹⁴⁻⁹⁶. Thus for example a marked reduction in tpm1 was found in metastatic breast
20 MDAMB231 and colon SW620 cancer cell lines⁹⁶. Moreover when tpm 1 was overexpressed
21 in MDAMB231 cells, the level of stress fibers formation was increased and this correlated
22 with a reduction in actin ruffles at the leading edges and a loss of cell motility⁹⁶. Similarly,
23 Tm5NM1, a low molecular weight isoform from the TPM3 gene, inhibits both the
24 mesenchymal to amoeboid and amoeboid to mesenchymal cell transitions, as a result of
25 stabilisation of actin filaments and inhibition of cell migration in a 2D culture system⁹⁷.
26 Logically when Tm5NM1 was reduced the resultant cells were seen to increase significantly
27 directional persistence, presumably through a greater formation of focal complexes⁹⁸. From
28 this information, it is probable that progression to metastasis by certain primary tumours may
29 require the down-regulation of specific tpms but reports providing such information are, to
30 the best of my knowledge, not currently available. In fact most of the information linking
31 tropomyosins proteins to carcinogenesis presents them as potential promoters of cellular
32 invasions. Thus tpm3 has been shown to be highly expressed in malignant breast tumour cells
33 found in lymph nodes⁹⁹. Furthermore, chromosomal translocation of the tpm3 gene to other
34 DNA regions has also been reported to lead to carcinogenesis. Thus examples of the fusion of
35 the tpm3 gene to the anaplastic lymphoma kinase ALK gene, resulting in the chimera TPM3-
36 ALK has been linked to inflammatory myofibroblastic tumours¹⁰⁰ and anaplastic large cell
37 lymphoma¹⁰¹, whereas fusion of the tpm3 gene to the TRK kinase gene leads to human
38 thyroid papillary carcinoma¹⁰². In all these cases, a direct role for tpm3 as an oncogene has
39 always been in question since it could potentially act indirectly by promoting dimerisation/
40 multimerisation which would be sufficient to lead to activation of the associated kinase
41 protein. A recent report however, demonstrates the presence of elevated levels of both tpm3
42 mRNA and protein in human hepatocellular carcinoma when compared to the adjacent non-

1 tumour liver tissue¹⁰³. A significant correlation was also seen between elevated tpm3 levels
2 and poor recurrence-free survival¹⁰³. Much remains to be learned about the role of tpm3
3 during tumorigenesis, since it is currently unclear if tpm3 is solely responsible for all of the
4 observations reported or happens to be a coincidental partner expressed during cancer
5 progression.

6 All in all, the roles of the different actin binding proteins listed here in carcinogenesis have
7 been studied for many years, but uncertainties remain as to how they are involved and their
8 biological consequences. The challenge now is to comprehend, at the cellular level, how
9 different mechanisms may be diverted towards a single goal. Thus studies that concentrated
10 on the expression of a solitary protein may therefore have been blinded from others changes
11 that had taken place. A more globalistic approach, that has been embraced over the last few
12 years to monitor changes in cancer cell progression, will in turn provide a much greater
13 understanding of the different regulatory events responsible for the occurrence of metastasis.
14 The ramifications of such comprehension may lead us to identify overlapping regulatory
15 pathways that may be affected by cancer cells to alter the expression of specific proteins.
16

17 **4. Possible mechanisms high-jacked by cancer cells to regulate the expression of** 18 **actin binding proteins**

19 A plethora of work has now highlighted the differential expression of actin binding proteins
20 during carcinogenesis and acquirement of the metastatic state. It is, however, unclear as to
21 how these protein levels are controlled both in terms of their global cytoplasmic expression
22 and specific subcellular localisation. Indeed comparative genomic versus proteomic studies
23 have indicated that mRNA expression is not always a good predictor of the changes in
24 protein levels in eukaryotes¹⁰⁴. Therefore different mechanisms acting post-transcriptionally
25 may have been established to control gene expression and to regulate the levels of cellular
26 proteins and these will be discussed in regards to the specific actin binding proteins that have
27 been linked to cancer progression.

28 MicroRNAs (miRNAs or miR) are a class of naturally occurring small (20-25 nucleotides)
29 non-coding RNA molecules that have been shown to have critical roles in the regulation of
30 gene expression, resulting in important control of biological and metabolic processes such as
31 cell growth, differentiation, cell maintenance and cancer^{105, 106}. The precursor miRNAs are
32 initially transcribed by RNA polymerase II and further processed by RNase III Dorsal and
33 DGCR8. They are then exported by exportin 5 to the cytoplasm, where they will be converted
34 into an active form by Dicer. Their post-transcriptional functions are exerted through the
35 complementary binding of 3'-UTR (untranslated region) of target mRNAs, resulting in either
36 their degradations or their blocks in translation¹⁰⁷. Numerous lines of evidences indicate that
37 miRNAs also play vital functions in tumorigenesis and their expressions is aberrantly
38 regulated in several types of human cancers¹⁰⁶. Certain miRNAs such as miR-373 and miR-
39 520c have been classified as metastasis-promoting factors^{108, 109} while others play a role in
40 inhibiting tumour invasion and metastasis. Indeed numerous studies have reported that miR-
41 145, miR-143 and miR-133a/b play a tumour-suppressive role in various cancers and are

1 consequently down-regulated in the miRNA expression signatures of various human
2 malignancies^{110-112,113, 114}. Their regulation has highlighted their importance in controlling
3 specifically the levels of different actin binding proteins and hence they are discussed here
4 (Table 2).

5 **a) Arp2/3 and WASP/WAVE family**

6
7 Studies of the Arp2/3 complex and its binding partners have significantly improved our
8 understanding of the mechanisms that are in place in cells to modulate their actin
9 polymerisation activities. Work presented so far in this review, also reveals that protein levels
10 of the Arp2/3 complex are seen to be elevated during tumorigenesis in the great majority of
11 cancers studied, but much remains to be discovered to explain how such increases are
12 attained. A few new perspectives have now been put forward. Using head and neck
13 squamous cell carcinoma cells and a genome wide gene expression analysis, Kinoshita *et al.*
14 have now demonstrated that mRNA for the subunit ARPC5 is a target for miR-133a⁶⁷.

15 Whilst ARPC5 is seen as a marker of invasion and is significantly overexpressed in head and
16 neck squamous cell carcinoma, silencing its expression by siRNA led to reduced migration
17 and invasiveness. Interestingly, enhanced expression of miR-133a specifically down-
18 regulated levels of ARPC5 and also reverted the invasion and motility of the cells to a more
19 wild type phenotype. Recent data has revealed that miR-133a functions as a tumour
20 suppressor and its down-regulation plays a critical part during the progression of different
21 tumours of the bladder or esophageal squamous cell carcinoma¹¹⁵. It is therefore tempting to
22 speculate that such increase in tumorigenesis may in fact be linked to the enhanced
23 expression of ARPC5 thereby causing an increase in invasiveness.

24 Other miRNAs have also been reported to down-regulate specifically the expression of other
25 subunits of the Arp2/3 complex, albeit not in tumour cells. ARPC3 has been identified as a
26 target for miR-29a and miR-29b in primary hippocampal neurons and mouse N2A cells¹¹⁶,
27 whereas miR-129-3p specifically reduces the level of Arp2 in human retinal pigment
28 epithelial cells¹¹⁷. Although there is currently no information linking miR-29a and miR-29b
29 in the progression of cancer, levels of miR-129-3p are affected by DNA hypermethylation in
30 primary gastric cancers, resulting in reduced expression and correlating to poor clinic-
31 pathological features¹¹⁸. Direct connections have yet to be made between expression of miR-
32 129-3p and Arp2 levels in cancer cells and tissues, but these connections highlight another
33 possible regulatory mechanism that cells could initiate en route to full carcinogenesis. More
34 work in this field is therefore required to establish new links between these observations and
35 the importance of Arp2/3 in metastasis.

36 One needs to be mindful that posttranscriptional regulation of the expression of certain
37 subunits of the Arp2/3 complex is not necessarily the only method to achieve such elevated
38 levels. Other mechanisms are also being put forward to explain this phenomenon. Possible
39 mechanisms for the overexpression of subunits of the Arp2/3 complex may also be linked to
40 amplification of specific DNA target genes. Indeed, fluorescent *in situ* hybridisation of
41 pancreatic cancer cell lines and primary tumours has revealed an increase in copy number of
42 an amplicon core region containing the ARPC1A gene, this demonstrates a significant
43 correlation between amplification and elevated levels of expression of ARPC1A¹¹⁹.

1 Although much remains to be discovered regarding the regulatory mechanisms that govern
2 the expression of the family of WASP proteins in tumorigenesis, some recent findings are
3 starting to shed light on this process. As we have seen, correlation between expression levels
4 of WAVE3 and breast cancer progression have been highlighted, indicating that this protein
5 may act as a key inducer of metastasis. A link between its expression and that of specific
6 miRNAs, miR-31 and miR-200 have now also been recently documented^{120, 121}. Thus an
7 inverse correlation between expression of WAVE3 and that of either miR-31a or miR-200
8 has been reported with WAVE3 levels increasing as cells underwent EMT while both miR-31
9 and miR-200 levels were found to be reduced. These observations were seen to be more than
10 mere coincidence since miR-31 and miR-200 were shown to target specifically a portion of
11 the 3'-UTR of WAVE3 mRNA, and this resulted in a significant reduction of both its mRNA
12 and protein, whereas its targeting had no effect on either WAVE1 or WAVE2 mRNAs. This
13 initial descriptive observation will need to be characterised further to identify whether such
14 regulation helps to trigger the progression of a tumour in to a more malignant state.

15

16 **b) Fascin**

17 As previously discussed, clear evidence has now demonstrated that elevated level of fascin is
18 associated with poor prognosis and corresponds to changes in various tumours to more
19 aggressive phenotypes (Table 1). Interestingly, increases in expression may be tightly linked
20 to the process of metastasis, at least in human colon carcinomas, since levels of fascin appear
21 to return to more basal levels once cells reach their destination where migration ceases and
22 proliferation is enhanced¹²². Recent work has therefore been aimed at understanding how the
23 elevated expression of fascin is regulated in such a precise and clockwork-like manner when
24 it is required most, since experiments have shown that enhanced expression of fascin is solely
25 capable of inducing cellular migration *in vitro* using colonic non-invasive carcinoma lines¹²³.
26 The regulatory mechanisms that could explain such observation are still currently lacking,
27 although activation of pathways involving Insulin Growth Factor -1 (IGF-1) or Tumour
28 Necrosis Factor alpha (TNF- α) have been shown to up-regulate specifically the expression of
29 fascin in breast and bile duct carcinomas^{124, 125}, however the direct mechanisms need to be
30 identified in greater depths. Alternatively recent reports over the last few years have
31 established a link between fascin expression and that of specific miRNAs, mainly miR-
32 133a/b, miR-143 and miR-145 in prostate, bladder, esophageal squamous and in breast
33 cancer cells^{111-113, 126, 127}. Interestingly, most of these miRNAs have also now been shown to
34 be specifically regulated in carcinogenesis^{110-113, 114} (see earlier comments). Indeed the miR-
35 145 cluster is located in 5q33, a region of the genome that has been shown to be frequently
36 altered in cancers cells through chromosomal deletions, epigenetic changes and aberrant
37 transcription. Experiments using the breast cancer cell line MDAMB231 have further directly
38 implicated the role of miR-145, since overexpression of miR-145 was shown to reduce
39 dramatically the levels of fascin protein and coincidentally led to much reduced cellular
40 invasion capabilities¹²⁸. The inverse experiment also demonstrated that when miR-145 levels
41 were lowered, using specific anti miR-145 oligonucleotides, invasive abilities were enhanced
42 in less invasive breast tumour T47D cell lines¹²⁸. These properties of miR-145 do not appear

1 to be breast specific since similar work link it to fascin expression and invasion in the DU145
2 or PC3 prostate cancer cell models¹¹¹ or bladder cancer cell lines¹¹³. The list of newly
3 characterised miRNAs that can specifically target fascin is likely to rise in the future as recent
4 reports demonstrate that miR-143 and miR-133a can similarly reduce its levels^{113, 126}. It
5 remains to be elucidated however how exactly this process occurs and the biological
6 relevance of such observations. For example is this suppressive effect directly due to the
7 reduction in stability of fascin mRNA¹¹¹⁻¹¹³ or linked to the translation regulatory
8 mechanisms that prevent the recruitments of its mRNA to the ribosomes?

9 **c) Tropomyosins**

10 Recently, independent experiments aiming to identify new target genes for miR-145, using
11 comprehensive gene expression analysis, have implicated miR-145 as a regulator of tpm3
12 levels, down regulating its expression in esophageal squamous cancer cells and prostate
13 cancer cells^{111, 112}. Similarly, tpm3 (as well as tpm2) were identified as target genes
14 controlled by miR-133a in head and neck squamous cell carcinoma⁶⁷. In all these cases
15 however, such observations were not the direct focus of the investigations. Because these
16 miRNAs are known tumour suppressors, down-regulation of the tpm 3 isoforms could
17 possibly be a mechanism of such suppression. Establishing the true oncogenic nature of tpm3
18 and whether a direct connection occurs between its expression and that of specific miR-133a
19 and miR-145 should certainly provide a focus of future work.

20 The link between miRNAs and tropomyosins also appears to involve other members of their
21 respective families. Indeed gene repressing regulatory functions for miR-21 have also been
22 shown towards tmp1 in MCF-7 and MDAMB231 cells^{129, 130}. These breast cancer cell lines
23 express high levels of miR-21 and coincidentally low levels of tpm1, one of the potential
24 factors that could explain some of their malignant properties. When levels of miR-21 were
25 reduced in both of these cell lines they expressed high levels of tpm1, and sole expression of
26 myc-tagged tpm1, by transfection of an expression vector, in the MDAMB231 cells was
27 sufficient to reduce invasive capacity¹²⁹. Interestingly, such regulations of tpm1 levels was
28 shown to be exerted at the translational level, presumably through inhibition of the
29 recruitments of tpm1 mRNA to the ribosomes since its mRNA levels were unchanged¹³⁰.
30 Links have therefore now been initiated between tropomyosin isoforms and their regulation
31 post-transcriptionally through specific miRNAs. This avenue of research is in its infancy,
32 since such observations are currently mainly coincidental but they may prove to be
33 biologically relevant and possibly key in the route to metastasis.

34

35 **d) Regulation of expression of specific actin binding proteins through localisation of** 36 **their mRNAs at the leading edges of migratory cells**

37 Work in different organisms has now clearly demonstrated the importance of mRNA
38 localisation of target proteins to the protein's sites of function and their translation *in situ*.
39 Thus localisation of β -Actin mRNA near the cellular leading edge promotes cell motility¹³¹
40 since its delocalisation leads to a random distribution of the protein, as well as casual spatial

1 arrangement of the barbed end filaments and their nucleation sites¹³². Recent work has also
2 indicated that localising actin mRNA at the leading edge is not a sole requirement since
3 mRNAs encoding core components of both the lamellipodium and focal adhesions may also
4 be selectively targeted to this region. Indeed, through the use of both fluorescent *in situ*
5 hybridisation and tyramide-signal amplification, mRNAs for the seven members of the
6 Arp2/3 complex were found to be localised to protrusions in fibroblast cells¹³³. As for the
7 displacement of the β -actin mRNAs to non-physiological subcellular regions, recent work has
8 shown that preventing the proper localisation of the Arp2 mRNA to the leading edge leads to
9 narrow cellular protrusions and loss of directionality¹³⁴.

10 Similarly localisation of α -actinin mRNAs to the leading edge has been shown to be critical
11 for the proper regulation of the assembly of focal adhesion sites and migration¹³⁵.
12 Experiments looking at mRNA localisation in highly invasive MDAMB231 cells have shown
13 that α -actinin mRNA levels are remarkably low at the leading edge, presumably correlating
14 with low amount of proteins, this low level results in small and largely un-matured focal
15 adhesions¹³⁵. Moreover when the localisation of α -actinin mRNAs at actin-rich cellular
16 protrusion was elevated, through the increased expression of the **Zipcode Binding Protein 1**
17 (**ZBP1**, discussed further below), increased size and greater levels of mature focal adhesions
18 were produced, suggesting a link between mRNA spatial organisation of α -actinin and
19 assembly of focal adhesions.

20 It is therefore conceivable that proteins whose function is to target specific mRNAs to precise
21 regions in cells could therefore “indirectly” regulate the direct functions of such proteins. One
22 such factor is ZBP1, a primarily cytoplasmic 68 kDa protein, which contains several
23 recognizable regions, including two RNA-recognition motifs, four hnRNP K homology
24 domains, as well as potential nuclear localization and export signals¹³⁶. ZBP1 binds to
25 specific mRNAs through the recognition of cis-acting elements usually found in the 3’-
26 UTR¹³⁶ (and reviewed in¹³⁷). mRNAs for components of the Arp2/3 complex and α -actinin
27 have been shown to bind to ZBP1 proteins in MTLn3 breast cancer cells in microarray
28 experiments¹³⁸. High expression of ZBP1 results in the localisation of their mRNAs at the
29 cell leading edge and as a result is directly implicated in decreased turnover of focal
30 adhesions¹³⁵. This in turn leads to loss of the metastatic potential of a cell line derived from
31 breast tumours⁶⁸. Conversely, when ZBP1 expression is repressed, this change not only
32 increases cell migration, but also promotes the proliferation of metastatic cells¹³⁸.
33 Coincidentally, or possibly strikingly, it appears that the same cells that boost the levels of
34 the Arp2/3 complex proteins are also the ones that reduce the amount of ZBP1 on their route
35 to metastasis^{68, 69}. All together these reports indicate that the steps when ZBP1 is down-
36 regulated and the expression of specific actin binding proteins is simultaneously increased
37 may be critical in metastatic progression. This step could control both structural regulation of
38 the leading edge and cell polarity along with assembly of focal adhesions and their stability
39 by spatially regulating the translation of both the mRNAs discussed as well as others
40 potentially relevant to motility. To support this theory, a significant decrease in transcription
41 activity of the ZBP1 gene has been observed in cells from metastatic tissues through
42 methylation of its promoter region. Such changes have resulted in a dramatically silenced

1 expression of ZBP1 in highly invasive cells (MTLn3 and MDAMB231) compared to non-
2 invasive cells¹³⁸. The route to metastasis is a twisted, not necessarily unique path, that will be
3 achieved through a series of regulatory events. It is therefore conceivable to speculate here
4 that different mechanisms, working synergistically, will be at play to accomplish a common
5 goal. Regulating the expression of specific actin binding proteins such as those of the Arp2/3
6 complex, along with that of ZBP1 may be key for such progression and future work may
7 focus on analysing their levels in cancerous tissues and samples.

8 Whilst there is little doubt that transport of specific mRNAs to the leading edge will play
9 essential roles in regulating the expression of factors involved in lamellipodia, filopodia and
10 invadopodia, it is still uncertain as to how these targeted mRNAs will be retained at the
11 correct subcellular site. Although the role of ZBP1 or other carrier is critical for the transport
12 of the actin binding proteins, they do not by themselves interact directly with structures that
13 would allow their accumulation and anchoring at specific sites. Although no factors have so
14 far been reported for the mRNAs of either components of the Arp2/3 complex or α -actinin,
15 β -actin mRNA has been shown to be anchored onto actin filament by the eukaryotic
16 Elongation Factor 1 alpha (eEF1A)¹³⁹.

17 eEF1A, whose primary function is the delivery of amino-acyl tRNAs to the elongating chain
18 of the newly synthesised protein of the ribosome has also been reported to have numerous
19 other non-canonical functions; one of these functions is the remodelling of the actin
20 cytoskeleton which occurs throughout eukaryotes¹³⁹⁻¹⁴¹. Both mammalian isoforms, eEF1A1
21 and eEF1A2 have been reported to be important in carcinogenesis although not necessarily
22 for the same reason^{142, 143}. eEF1A2 has been shown to promote the formation of filopodia
23 through the generation of phosphatidylinositol-4,5 biphosphate in both the cytosolic and
24 membrane bound cellular compartments¹⁴⁴, a regulatory mechanism that appears to play an
25 important role in acinar development and mammary neoplasia¹⁴⁵. A direct connection
26 between tumorigenesis and eEF1A1 remains elusive, but could be linked to its ability to
27 interact with the actin cytoskeleton¹⁴², through regulation of the Sphingosine kinase 1¹⁴⁶ or
28 intracellular alkalinization-induced tumour cell growth¹⁴⁷. It appears, however, that increased
29 expression of eEF1A can lead to transformed phenotypes¹⁴⁸. More recently, the levels of
30 expression of eEF1A1 and its role during cancer progression has led to further uncertainty.
31 Some observations demonstrate increased eEF1A1 levels as single cells acquire metastatic
32 properties in primary mammary tumours¹⁴⁹ but eEF1A1 levels were subsequently found to
33 be significantly decreased in an invasive subpopulation of Polyoma Middle T oncogene
34 (PyMT)-derived mammary tumours, to a level similar to that of ZBP1⁶⁹. Further work on the
35 eEF1A protein is therefore required to shed more lights onto the potential oncogenic
36 properties of this factor and whether its ability to spatially organise mRNAs for actin and for
37 potential other target proteins that have hitherto not yet been identified plays some role in the
38 metastatic process.

39 **5. Concluding remarks**

40 The route to carcinogenesis is a lengthy and time-consuming process, as is the road that
41 scientists have been following in order to make sense of it all. In a mass of tumour cells,

1 some cells will regulate concurrently the expression of many different proteins, this is a key
2 step required to acquire more invasive properties, thereby allowing cells to infiltrate adjacent
3 tissues. Indeed, the penetration of the basal membrane, and the surrounding structures of this
4 physical barrier is seen as one of the most significant characteristics of malignancy. Yet it is
5 also one of the most challenging aspects of the cancer pathology to recapitulate *in vitro* since
6 cell invasion requires dynamic interaction between the tumour cells, especially when
7 considering collective migration, host cells from neighbouring and distant tissues to be
8 invaded and the basal membrane matrix itself. Recent advances, using elegant *ex vivo* or *in*
9 *vivo* techniques, such as the rat peritoneal basal membrane³³ or chick chorioallantoic
10 membrane¹⁵⁰ invasion assays, respectively, have generated new avenues of research that
11 will provide further insights in to the different steps of invasion and will allow identification
12 of more of the important players in this process. A subset of actin binding proteins, some of
13 which have been presented in this work, have now advanced as hallmarks for carcinogenesis
14 and some possible mechanisms for their regulations have also been reviewed. More in depth
15 studies on the importance of miRNAs and on localised regulation of protein expression will
16 be needed to provide a more complete picture of the mechanisms that facilitate cellular
17 invasion. In turn, the potentially newly-characterised factors involved in this process may
18 prove to be targets that will allow us to understand their full potential in tumour progression.

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1 **Legend**

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3 **Figure 1: Actin organisation in migrating cancer cell**

4 **A)** Staining for F-actin using Phalloidin-Alexa488 in a migrating Rama 37 malignant cell
5 expressing high levels of S100A4. In this image, the structures of lamellipodium/lamellum
6 and filopodium are clearly visible at the leading edge of the cell. **B** and **C** present models for
7 the lamellipodium/lamellum and filopodium and the respective molecular organisation
8 within, focusing on the proteins presented in this review. **B)** A simplified model for
9 lamellipodium/lamellum formation. In the lamellipodium, free barbed ends of actin filaments
10 recruit the Arp2/3 complex via activation by WASP/WAVE complex and cortactin. The
11 Arp2/3 complex nucleates a new actin filament from the side of existing filaments and
12 remains at the branching point. In the lamellum, actin filaments are bound to tropomyosins,
13 preventing interactions with other actin binding proteins. **C)** A simplified model for filopodia
14 formation. Individual filaments of the filopodium emerge from the branching point on other
15 filaments, through actin polymerisation promoted by the Arp2/3 complex. Further addition of
16 actin monomers at the barbed end of actin filaments is nucleated by the formin family,
17 whereas fascin regulates filopodia stability through its bundling activities.

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1 **Acknowledgment**

2 I would like to apologise for the numerous studies, which have significantly improved our
3 understanding of metastasis and cancer invasion, but could not be included in this work
4 owing to journal limits on the number of references. Special thanks are given to Prof. Philip
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7 **List of abbreviations**

8	ADF	Actin depolymerising factor
9	Arp2/3 complex	Actin related protein 2 and 3 complex
10	ARPC	Actin related protein complex subunit
11	ECM	Extracellular matrix
12	eEF1A	Eukaryotic Elongation Factor 1 alpha
13	EMT	epithelial mesenchymal transition
14	F-actin	Filamentous actin
15	G-actin	Globular actin
16	HMW	High molecular weight
17	LMW	Low molecular weights
18	miRNA or miR	MicroRNAs
19	PKC	Protein kinase C
20	siRNA	Small interference RNA
21	Tpms	Tropomyosins
22	UTR	Untranslated region
23	VASP	Vasodilator stimulated phosphoprotein
24	WASP	Wiskott-Aldrich Syndrome Protein
25	WAVE	WASP and Verprolin homologous protein
26	ZBP1	Zipcode Binding protein 1
27	2D	Two dimensional
28	3D	Three dimensional

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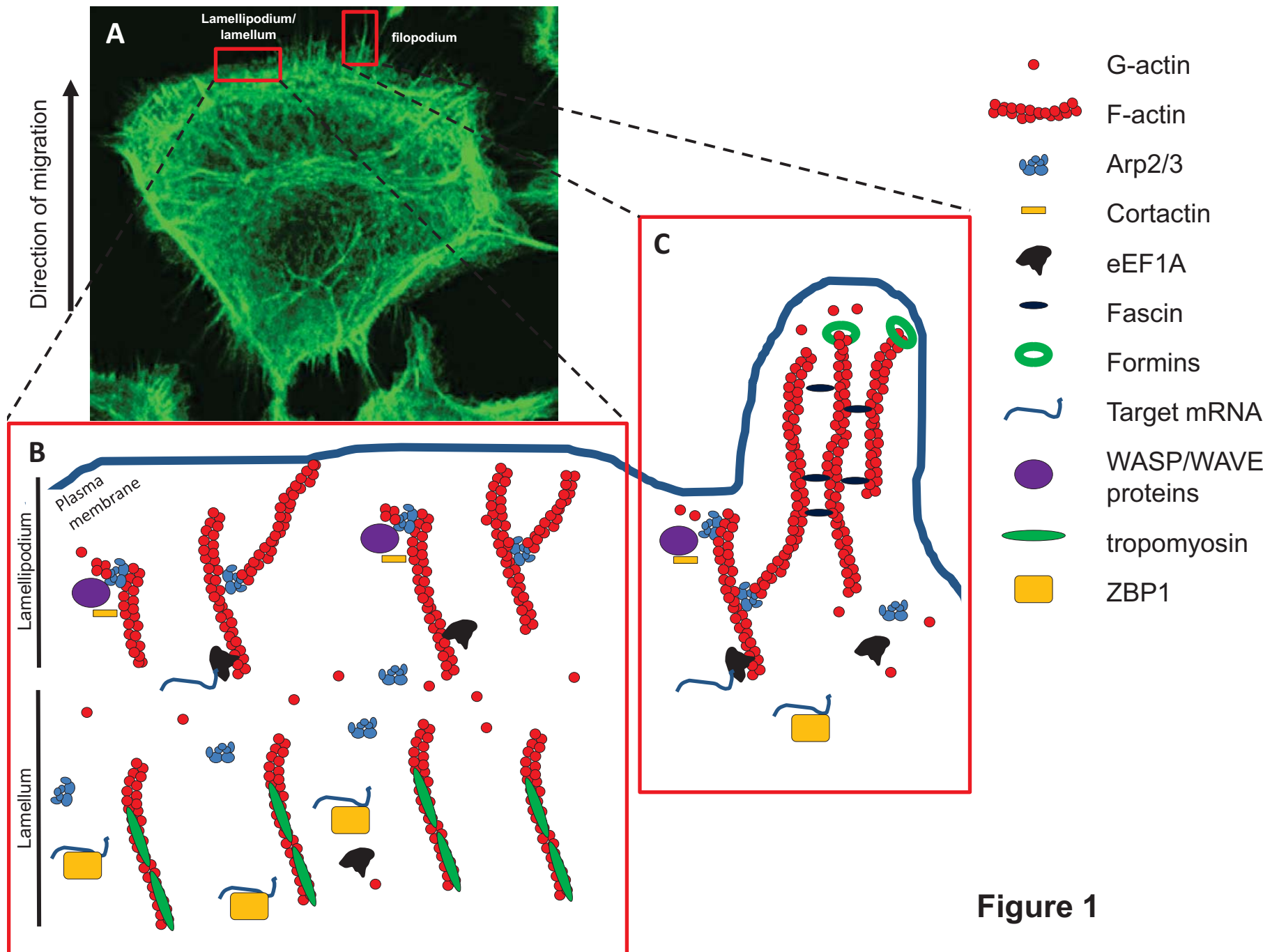


Figure 1

Table 1: Regulations of actin binding proteins in cancer tissue samples and cell lines

Actin binding protein affected	Level of regulation and tumour origins	References
Arp2/3 Arp2	Down in gastric carcinoma Up in gastric carcinoma Up in colorectal carcinoma Up in breast carcinoma	64 70 65,73 71,72
Arp3	Up in colorectal neoplasms Up in gastric carcinoma	65 70
ARPC1	Up in pancreatic carcinoma	119
ARPC2	Down in gastric carcinoma Up in breast carcinoma	64 66
ARPC3	Down in gastric carcinoma Up in breast cancer cell lines Up in PyMT tumor cells	64 68 69
ARPC5	Up in breast cancer cell lines Up in PyMT tumor cells Up in head and neck squamous cell carcinoma	68 69 67
WASP/WAVE		
N-WASP	Down in breast carcinoma Up in esophageal squamous cell carcinoma	83 78
WAVE1	No changes in breast carcinoma	82
WAVE 2	Up in breast carcinoma	82
WAVE3	No changes in breast carcinoma Up in breast carcinoma Up in prostate carcinoma	82 79 81
Fascin	Up in thymomas and thymic carcinomas Up in endometrioid carcinoma, Up in pancreatic adenocarcinoma Up in hepatocellular carcinoma	85 86 87 88

Tropomyosin		
Tpm1	Down in breast cancer cell line	96
	Down in colon cancer cell line	96
Tpm3	Up in breast cancer	99
	Up in hepatocellular carcinoma	103
ALK-TPM3	Up in inflammatory myofibroblastic tumours	100
	Up in anaplastic large cell lymphoma	101
TRK-TPM3	Up in thyroid papillary carcinoma	102

Table 2: miRNAs dependant mechanisms regulating the levels of actin binding proteins in different cancer samples and cell lines

Actin binding protein affected	Possible miRNA mechanisms	Tumour origin	References
Arp2/3 ARPC5	miR-133a	Head and neck squamous cell carcinoma	67
WASP/WAVE WAVE3	miR31	Breast cancer cell lines Prostate cancer cell line	121 121
	miR-200	Breast cancer cell line Prostate cancer cell lines	120 120
Tropomyosin Tpm1	miR-21	Breast cancer cell lines	129,130
Tpm2	miR-133a	Head and neck squamous cell carcinoma	67
Tpm3	miR-133a	Head and neck squamous cell carcinoma	67
	miR-145	Prostate cancer cell lines Esophageal squamous cancer carcinoma	111 112
Fascin	miR-133a	Bladder cancer cell lines	113
	miR-143	Esophageal squamous cell carcinoma	126
	miR-145	Breast cancer cell lines. Prostate cancer cell lines	128 111

		Bladder cancer cells lines	113
		Esophageal squamous cancer cell lines	126