

1 **Anaerobic co-digestion of the organic fraction of municipal solid**  
2 **waste with FOG waste from a sewage treatment plant: recovering a**  
3 **wasted methane potential and enhancing the biogas yield**

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## 1        **Abstract**

2        Anaerobic digestion is applied widely to treat the source collected  
3        organic fraction of municipal solid wastes (SC-OFMSW). Lipid-rich  
4        wastes are a valuable substrate for anaerobic digestion due to their high  
5        theoretical methane potential. Nevertheless, although fat, oil and grease  
6        waste from sewage treatment plants (STP-FOGW) are commonly  
7        disposed of in landfill, European legislation is aimed at encouraging more  
8        effective forms of treatment. Co-digestion of the above wastes may  
9        enhance valorisation of STP-FOGW and lead to a higher biogas yield  
10       throughout the anaerobic digestion process. In the present study, STP-  
11       FOGW was evaluated as a co-substrate in wet anaerobic digestion of  
12       SC-OFMSW under mesophilic conditions (37°C). Batch experiments  
13       carried out at different co-digestion ratios showed an improvement in  
14       methane production related to STP-FOGW addition. A 1:7 (VS/VS) STP-  
15       FOGW:SC-OFMSW feed ratio was selected for use in performing further  
16       lab-scale studies in a 5L continuous reactor. Biogas yield increased from  
17       0.38±0.02 L g VS<sub>feed</sub><sup>-1</sup> to 0.55±0.05 L g VS<sub>feed</sub><sup>-1</sup> as a result of adding  
18       STP-FOGW to reactor feed. Both VS reduction values and biogas  
19       methane content were maintained and inhibition produced by long chain  
20       fatty acid (LCFA) accumulation was not observed. Recovery of a  
21       currently wasted methane potential from STP-FOGW was achieved in a  
22       co-digestion process with SC-OFMSW.

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24       *Keywords:* Anaerobic digestion; co-digestion; municipal solid waste;  
25       organic fraction, FOG waste.

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Accepted version

**1 Introduction**

1 Anaerobic digestion of the organic fraction of municipal solid waste (OFMSW)  
2 has been widely implemented in Europe throughout the last decade (De Baere,  
3 2006). The main factors underlying this increase include: i) European legislation  
4 limiting landfill treatment of biodegradable waste (99/31/EC), ii) increase in  
5 source sorted collection of waste, and iii) anaerobic treatment of biodegradable  
6 fraction resulting in enhanced energetic valorisation.

7

8 Considering these favourable circumstances, co-digestion of organic waste has  
9 become an active area of research due to its potential advantages compared to  
10 conventional anaerobic digestion: the main improvement would be in the  
11 methane yield of the process, and it would also be a way of valorising certain  
12 co-substrates. Moreover, existing facilities could be used with no need for new  
13 investment (Mata-Alvarez et al., 2000; Hartmann and Ahring, 2005; Bolzonella  
14 et al., 2006; Cuetos et al., 2008; Macias-Corral et al., 2008).

15

16 Nowadays, lipid-rich waste, also called fat, oil and grease (FOG) waste, has  
17 become an interesting substrate for anaerobic digestion because it is produced  
18 in large quantities by several industries. Its high theoretical methane potential in  
19 comparison with other substances makes FOG waste a desirable substrate to  
20 treat in anaerobic digestion processes (Angelidaki and Sanders, 2004).  
21 However, problems associated with the anaerobic treatment of lipids have been  
22 reported: on one hand, operational problems like biomass washout due to  
23 flotation (Hwu et al., 1998; Rinzema et al., 1993), and on the other hand,  
24 inhibitory and toxic effects produced by long chain fatty acids (LCFA) generated  
25 from the hydrolysis of lipids, which have been extensively reported and

1 discussed in the literature over the years (Koster and Cramer, 1987; Angelidaki  
2 and Ahring, 1992; Rinzema et al., 1994, Hwu and Lettinga, 1997; Lalman and  
3 Bagley, 2000; Alves et al., 2001). Nevertheless, recent studies have shown that  
4 inhibition in methane production caused by LCFA could be non-permanent and  
5 reversible, and acclimation has been mentioned as a key factor in avoiding  
6 these hypothetical negative effects in microbial communities (Pereira et al.,  
7 2004; Pereira et al., 2005; Cavaleiro et al., 2008).

8

9 The importance of studying real and complex FOG wastes, not just synthetic  
10 mixtures of LCFA or the simple FOG wastes that are widely reported in the  
11 literature, in order to face the complexity and heterogeneity of real FOG waste  
12 has recently been highlighted (Jeganathan et al., 2006). Expanding the range of  
13 suitable substrates has also been mentioned as a way of giving anaerobic  
14 technologies more importance in the bioenergy market (Alves et. al., 2009).

15

16 Complex FOG waste is present in sewage, and must be removed during the  
17 first steps of sewage treatment plants (STP) in order to avoid mechanical  
18 problems caused by the increase in solid sludge throughout the treatment  
19 process, biological problems due to possible inhibitions, or oxygen mass  
20 transfer difficulties, as well as odour problems. It is usually separated in the first  
21 stage of the STP (skimming tank) using aeration combined with mechanical  
22 separation, then it is partially dried in situ and often then transported to landfill  
23 or incinerated. However, to our knowledge there is no specific literature on the  
24 anaerobic treatment of STP-FOG waste (STP-FOGW).

25

1 Co-digestion of STP-FOGW with OFMSW appears to be a feasible option,  
2 especially bearing in mind European legislation. Unlike landfill, this would be an  
3 environmentally friendly treatment of a biodegradable waste. In addition, adding  
4 waste with high-lipid content to SC-OFMSW, a waste that already contains a  
5 certain amount of FOG, could be a way of improving the yield of the whole  
6 anaerobic digestion process.

7

8 The main purpose of this study was to investigate the mesophilic anaerobic  
9 co-digestion of SC-OFMSW and STP-FOGW in a lab-scale reactor. Prior to the  
10 anaerobic co-digestion treatment, anaerobic biodegradability batch assays were  
11 carried out to determine possible inhibitory or toxic effects and to establish an  
12 appropriate STP-FOGW feed content for the subsequent studies in a  
13 continuous lab reactor.

14

## 15 **2 Methods**

### 16 *2.1. Inoculum, SC-OFMSW and STP-FW*

17 The inoculum for the batch tests was obtained from the accumulated outlet of a  
18 mesophilic continuous lab reactor treating SC-OFMSW in a steady-state  
19 operation (hydraulic retention time (HRT)= 16d; organic loading rate (OLR)= 3  
20 kg VS m<sup>-3</sup>d<sup>-1</sup>) for 8 months. Total solids (TS) and volatile solids (VS) were 13.7  
21 g L<sup>-1</sup> and 9.4 g L<sup>-1</sup> respectively and volatile fatty acid (VFA) concentration was  
22 1.28 g L<sup>-1</sup> of only acetate.

23 The inoculum for the lab-scale reactor study was obtained from the  
24 aforementioned mesophilic reactor while batch tests were being carried out.

25 TS and VS content of the reactor inoculum were 8.5 g L<sup>-1</sup> and 5.6 g L<sup>-1</sup>

1 respectively. Only acetate was detected in a concentration of 1.87 g L<sup>-1</sup>.

2

3 SC-OFMSW was obtained from the municipal solid waste treatment plant  
4 Ecoparc II, in Montcada i Reixac (Catalunya, Spain). TS and VS were 370.4 g  
5 kg<sup>-1</sup> and 275.3 g kg<sup>-1</sup> and its total FOG content was 11% (w/w, dry basis). Total  
6 organic carbon (TOC) percentage was 45% (w/w, dry basis) and total Kjeldahl  
7 nitrogen (TKN) was 3.2% (w/w, dry basis). The free LCFA contained in the  
8 original sample is shown in Table 1, and palmitate and stearate were present in  
9 the highest concentrations. SC-OFMSW was ground, diluted with tap water to  
10 achieve the desired TS feed content and stored at -18°C until use.

11

12 STP-FOGW was collected from the primary skimmer of the Sabadell STP  
13 (Catalunya, Spain). TS and VS values were 120.2 g kg<sup>-1</sup> and 99.4 g kg<sup>-1</sup>  
14 respectively. No VFA was detected. FOG content was 48% (w/w, dry basis),  
15 TOC content was 56% (w/w, dry basis) and TKN was 2.4% (w/w, dry basis).  
16 Table 1 shows the average for the free LCFA content of the original sample,  
17 and palmitate was clearly the most abundant. FOG waste was stored at -18 °C  
18 until use.

19

20

21

22 *2.2 Biodegradability batch assays*

23

1 Discontinuous assays were performed in duplicate in order to evaluate the  
2 effect of STP-FOGW on wet anaerobic degradation of SC-OFMSW and thus, in  
3 turn, to choose an appropriate feed ratio for further lab-scale studies.

4  
5 Anaerobic batch tests were based on Field et al. (1988), adapted in accordance  
6 with Ferrer et al. (2004) and taking into account some points from Angelidaki et  
7 al. (2009). Batch reactors were commercial aluminium bottles with a total  
8 volume of 600 mL and with a modified cap to include a manual valve for biogas  
9 measures. Biogas production was measured according to the pressure increase  
10 in the headspace by means of an SMC Pressure Switch manometer (1 bar, 5%  
11 accuracy). Biogas samples were taken periodically to analyze the methane  
12 content by gas chromatography.

13  
14 Accumulated volumetric biogas production was calculated from the pressure  
15 increase in the headspace volume at 37°C and expressed in standard  
16 temperature and pressure conditions. The net values of methane production  
17 used to calculate methane yields were obtained by subtracting the biogas  
18 production of the blank assay (only inoculum) from the biogas production of  
19 each treatment.

20  
21 Different SC-OFMSW:STP-FOGW (VS/VS) co-digestion ratios were tested:  
22 16:1, 7:1, 2:1, 1:0 and 0:1, corresponding to STP-FOGW/total feed (VS/VS)  
23 percentages of 5%, 15%, 35%, 100% and 0%. The 100% and 0% assays were  
24 performed in order to compare them with the co-digestion ratios and assess any  
25 differences in the typical parameters (VS reduction, methane yield) or detect



1 hypothetical inhibitory effects. Ratios higher than 35% were not evaluated as  
2 unrealistic because of the low production of STP-FOGW compared with the  
3 large quantities of SC-OFMSW that are produced nowadays.

4  
5 The initial contents of the VS are shown in detail in Table 2 as well as the initial  
6 VFA concentration and pH values. After each batch reactor was filled up, they  
7 were flushed with nitrogen to remove air and afterwards incubated at 37 °C.

### 8 9 *2.3. Continuous lab reactor: experimental set-up and procedure*

10  
11 Anaerobic co-digestion was carried out in a 5L glass jacketed reactor connected  
12 to a thermostatic bath through which the temperature was controlled (Ferrer et  
13 al., 2008) in order to maintain mesophilic conditions (37°C). The biogas  
14 channel, the feeding inlet tube, and the extracting and/or sampling outlet tube  
15 were all located in the stainless steel cap of the reactor. The reactor was fed  
16 once a day, always following the same extraction/feed routine: first the  
17 established volume was extracted with a vacuum pump connected to a vessel  
18 also linked to the outlet tube, and then, immediately afterwards, the feeding  
19 mixture was added through the inlet channel. Automatic stirring was established  
20 as 20 minutes every 2 hours and programmed through a simple commercial  
21 controller. The biogas produced was measured on line volumetrically by water  
22 displacement, by means of an electric counter connected to a sensor level.

23  
24 The anaerobic digester was operated for roughly 7 months and three  
25 experimental periods can be defined. The start-up (Period I) lasted 36 days, in

1 which the reactor was fed with diluted SC-OFMSW (TS= 40 g L<sup>-1</sup>, VS= 35 g L<sup>-1</sup>)  
2 maintaining a flow rate of 310 mL d<sup>-1</sup>, which corresponds to an HRT of 16 d, a  
3 conventional value used in municipal solid waste treatment plants. The OLR  
4 was around 2 kg VS m<sup>-3</sup>d<sup>-1</sup>. Next, the TS feed concentration was increased to  
5 70 g L<sup>-1</sup> to reach the feed values of OFMSW wet anaerobic digestion that are  
6 usual in industrial plants (Period II) and the OLR was therefore increased to 4  
7 kg VS m<sup>-3</sup> d<sup>-1</sup>. The FOG content from the SC-OFMSW in the feed was 11%  
8 (w/w, dry basis). This period (Period II) lasted until stable values of biogas  
9 production and VS, TS removal efficiencies were achieved (which was 27 days,  
10 from process day 55 to 82).

11  
12 Finally, a third operation period (Period III) began when STP-FOGW was  
13 added, and lasted for 74 days. As a result of the addition, the total FOG feed  
14 concentration was then increased to 18% (w/w, dry basis), the OLR raised to  
15 4.5 kg VS m<sup>-3</sup>d<sup>-1</sup> and the HRT reduced to 14.5 d.

16  
17 Stability criteria in order to determine the average values for each period were  
18 established as follows: a minimum of one HRT has to be accounted for and  
19 variations in VFA, biogas yield, VS and TS reduction percentages have to be  
20 lower than 10%.

21

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24 *2.4 Analytical methods and monitoring parameters*

25

1 TS and VS were determined according to Standard Methods (APHA, 1999).  
2 TOC content was determined using a solid commercial TOC analyzer (Solids  
3 TOC Analyzer, O I Analytical, USA). TKN content was determined in  
4 accordance with Standard Methods (APHA, 1999).

5 VFAs (acetic, propionic, butyric, valeric and *n*-valeric acids) were determined by  
6 gas chromatography in a Hewlett Packard Chromatograph (HP 5890) equipped  
7 with a flame ionization detector (FID) and a Teknocroma (25% NPGA, 2%  
8 H<sub>3</sub>PO<sub>4</sub>) 2.7m x 1/8" column. Nitrogen was the carrier gas at 230 kPa, and the  
9 oven, injector and detector temperatures were 130, 250 and 260°C respectively.  
10 Samples were previously centrifuged (30 min, 13500 rpm, Beckman), filtered  
11 (0.45 µm, Millipore) and then mixed (1/1, v/v) with a 0.2% pivalic acid solution  
12 as an internal standard. A total sample volume of 1 µL was used for  
13 chromatography. The detection range was from 0.5 to 8 g L<sup>-1</sup>.

14  
15 Methane and carbon dioxide content in the biogas were analyzed by means of a  
16 Hewlett Packard Chromatograph (HP 5890) equipped with a thermal  
17 conductivity detector (TCD) and a Supelco Porapack Q (250°C) 3m x 1/8"  
18 column. Helium was the carrier gas at 338 kPa, and the oven, injector and  
19 detector temperatures were 70, 150 and 180°C respectively. A total sample  
20 volume of 100 µL was used for chromatography.

21 Total FOG content (lipids and also free LCFA primarily contained in the original  
22 sample) of the samples was determined gravimetrically after extraction with *n*-  
23 heptane (99% purity, Panreac, Spain) as an organic solvent. FOG extraction  
24 was performed in commercial Soxhlet extraction equipment (Extraction system  
25 B-811, Büchi, Switzerland).

1

2 Free LCFA (palmitate, oleate, stearate and myristate) concentrations contained  
3 in the original FOG sample were determined by gas chromatography after the  
4 total extracted FOG was taken up in a known heptane volume and filtered (0.45  
5  $\mu\text{m}$ , Millipore). A Hewlett Packard Chromatograph (HP 6890) equipped with a  
6 flame ionization detector (FID) and a HP-Innowax (30m x 0.25 mm) column was  
7 used. The carrier gas was Helium (500 kPa) with a split ratio of 13 (column flow:  
8 5 mL min<sup>-1</sup>). An initial oven temperature of 235°C was maintained for 7 min,  
9 then increased to 260°C at 20 min °C<sup>-1</sup> and maintained at this temperature for  
10 another 7 min. Injector and detector temperatures were 250°C and 260°C  
11 respectively. The system was calibrated with commercial solutions (Sigma-  
12 Aldrich) of the aforementioned free LCFA within the range of 50 to 1000 mg L<sup>-1</sup>.  
13 A total volume of 5  $\mu\text{L}$  was used.

14

### 15 **3 Results and discussion**

16

#### 17 *3.1 Biodegradability batch assays*

18

19 The evolution of net methane production during the 35 days of assay is shown  
20 in Figure 1 (inoculum methane production has been withdrawn). Average values  
21 are shown, all with a maximum standard deviation of 10%.

22 Due to the remains of a high content of easily biodegradable organic matter in  
23 the inoculum, net methane production was not observed until almost day 10 in  
24 the 0%, 5% and 15% reactors. The 35% and 100% reactors, with higher STP-

1 FOGW content, required 12 and 14 days respectively (negative values in net  
2 methane production are marked with zeros).

3

4 All reactors, except the 100% one, registered higher net methane production  
5 values when the STP-FOGW percentage in the feed increased. The slight lag  
6 phase of 2 days in the 35% assay and the following recovery could be the result  
7 of a slight reversible inhibition, previously reported in other works (Pereira et al.,  
8 2005; Cavaleiro et al., 2008; Palatsi et al., 2009), that could be related to the  
9 LCFA content, particularly to palmitate, since it is the most abundant LCFA in  
10 STP-FOGW, followed by oleate and stearate (see Table 1).

11

12 In the final batch assay results (see Table 3) palmitate was also the most  
13 abundant free LCFA found in all reactors at the end of the experiment. This is a  
14 reasonable result considering that it is also an intermediate of oleic acid  
15 degradation, which is described as a fast and non-limiting step (Lalman and  
16 Bagley, 2000; Pereira et al., 2002).

17

18 VS elimination (see also Table 3) decreased coupled with the addition of STP-  
19 FOGW, achieving reduction values within the range of 58 to 65% in the 0%, 5%  
20 and 15% assays. Total FOG reduction was clearly lower in the 35% assay  
21 (34%) while higher values, between 42 and 50%, were achieved in the 0%, 5%  
22 and 15% assays.

23 The increase in methane yields as the STP-FOGW increased, except in the  
24 35% and 100% assays, indicates that co-digestion of SC-OFMSW and STP-  
25 FOGW could increase the biogas yield in a continuous digestion process.

1

2 In the 100% assay, lower methane production was obtained even in comparison  
3 with the 0% assay. The final results (see Table 3) showed low VFA  
4 concentrations (below  $0.5 \text{ g L}^{-1}$ ) in the 100% assay, which rules out a VFA  
5 inhibition of methanogenic bacteria. The final free LCFA values analyzed were  
6 similar to the ones obtained in the 35% assay, showing no accumulation of free  
7 LCFA at this point and excluding hypothetical problems in their degradation to  
8 acetate ( $\beta$ -oxidation step). Moreover, a very low FOG reduction percentage was  
9 obtained. These results indicate that the hydrolytic step in the 100% assay was  
10 slow and FOG remained in the reactor, probably due to a low  
11 inoculum/substrate ratio in this particular assay .

12

13 In line with the results presented above and bearing in mind the real production  
14 of both wastes, STP-FOGW and SC-OFMSW, a 15% STP-FOGW (VS) feed  
15 content was selected to carry out further continuous lab-scale studies.

16

### 17 *3.2 Continuous lab reactor experiment*

18

19 During Period I, the start-up period, after 6 days for inoculum acclimation, the  
20 reactor was fed with SC-OFMSW at a low concentration (TS=4%), maintaining  
21 an OLR of around  $2 \text{ kg VS m}^{-3} \text{ d}^{-1}$  (Figure 2). This operation was maintained  
22 until low values of VFA were achieved, which allowed a further increase in solid  
23 feed content. The low reduction in VS (between 40 and 55%), as well as the  
24 relatively high values of VFA (up to  $2 \text{ g L}^{-1}$ ), are related to the acclimation of  
25 microorganisms during the start-up period (Ahring, 1994).

1  
2 Period II started with an increase in solid feed content (TS=7%) to achieve an  
3 OLR of  $4 \text{ kg SV m}^{-3} \text{ d}^{-1}$ ; the HRT was 16 d and the FOG feed content was 12%,  
4 since only SC-OFMSW was fed. The whole period lasted from process day 36  
5 to 82 but only values from day 52, after one complete HRT, were considered  
6 stable enough to characterize this period. An initial upturn of total VFA due to  
7 the increase in the OLR was noticed on day 43, when VFA (only acetate was  
8 present) increased to  $1.3 \text{ g L}^{-1}$  (see Figure 2). Afterwards, the VFA returned to  
9 values lower than  $0.5 \text{ g L}^{-1}$ , which were maintained throughout Period II,  
10 therefore showing stable reactor performance. Biogas production was around 8  
11  $\text{L d}^{-1}$  and biogas yield was  $0.38 \text{ L biogas g VS}_{\text{feed}}^{-1}$ , corresponding to a methane  
12 yield of  $0.24 \text{ L CH}_4 \text{ g VS}_{\text{feed}}^{-1}$  ( $202 \text{ Nm}^3 \text{ CH}_4 \text{ ton VS}_{\text{feed}}^{-1}$ ). TS and VS reductions  
13 of 61 and 66% respectively were obtained (see Table 4).

14  
15 Several values for VS and TS reduction, methane content in the biogas and  
16 methane yield can be found in the literature on anaerobic digestion of OFMSW.  
17 Focusing on methane yield, Davidsson et al. (2007) reported a wide range from  
18  $200 \text{ to } 600 \text{ Nm}^3 \text{ CH}_4 \text{ ton VS}_{\text{feed}}^{-1}$ , including both thermophilic and mesophilic  
19 treatments. Hartmann and Ahring (2006) also compiled values for different  
20 processes of anaerobic digestion of OFMSW. Significant differences and  
21 variability among compiled values mean that, apart from operational conditions,  
22 OFMSW characteristics and the sorting, collecting, and pre-treatment  
23 procedures are also determinant factors in obtaining certain methane yield  
24 values, as well as other parameters during the anaerobic digestion process.  
25 The VS reduction percentage and methane yields obtained in the present study

1 are similar to some of those referenced in the literature. In the free LCFA and  
2 FOG evolution throughout Period II, FOG was reduced by a total of 50% and  
3 only palmitate was found ( $9.1 \text{ mg L}^{-1}$ ) in the effluent in a low concentration (see  
4 Table 4).

5

6 The co-digestion period (Period III) started at process day 82 when STP-FOGW  
7 was added to the reactor feed, increasing the OLR from 4 to  $4.5 \text{ kg VS m}^{-3} \text{ d}^{-1}$   
8 and raising the total FOG feed content to 18%. This first addition of STP-FOGW  
9 caused an immediate increase in total VFAs to  $1.25 \text{ g L}^{-1}$  that dropped again  
10 below  $0.5 \text{ g L}^{-1}$  on process day 92 (see Figure 2). From that day on there were  
11 negligible values of VFA below  $0.5 \text{ g L}^{-1}$  throughout the co-digestion period.

12

13 Furthermore, biogas production increased due to STP-FOGW addition and  
14 reached an average value of  $13 \text{ L biogas d}^{-1}$  during Period III, almost twice as  
15 much as the production in Period II (see Figure 2). Methane content remained  
16 around 63%. An immediate increase in both biogas and methane yields was  
17 observed after day 82, which remained fairly constant throughout the period  
18 and reached average values of  $0.55 \text{ L biogas g VS}_{\text{feed}}^{-1}$  and  $0.35 \text{ L CH}_4 \text{ g VS}_{\text{feed}}^{-1}$   
19 ( $317 \text{ Nm}^3 \text{ CH}_4 \text{ ton VS}_{\text{feed}}^{-1}$ ) respectively (see Figure 2 and Table 4). These  
20 results indicate a 45% enhancement of biogas and methane yields in  
21 comparison with values obtained in Period II ( $0.38 \text{ L biogas g VS}_{\text{feed}}^{-1}$  and  $0.24$   
22  $\text{L CH}_4 \text{ g VS}_{\text{feed}}^{-1}$ ). This is in accordance with other co-digestion experiments  
23 using complex FOG wastes that also showed improvements in methane yield  
24 when a similar HRT and OLR were applied in order to treat FOG waste with



1 sewage sludge (Davidsson et al., 2008; Luostarinen et. al., 2009; Kabouris et.  
2 al., 2009).

3

4 The average VS reduction percentage obtained was 65%, which is very similar  
5 to the one previously achieved in Period II (66%). This shows that STP-FOGW  
6 did not have a negative effect on VS destruction, although, as a result of the  
7 addition, the OLR increased from 4 to 4.5 kg VS m<sup>-3</sup> d<sup>-1</sup> and the HRT decreased  
8 from 16 to 14.5d with regard to Period II (see Table 4).

9

10 Enhancement of methane yield without remarkable improvement in VS  
11 destruction was observed when co-digestion of sewage sludge with FOG waste  
12 was compared with anaerobic digestion of sewage sludge only (Luostarinen et  
13 al., 2009), and similar results were obtained also when a continuous reactor  
14 was fed with synthetic dairy wastewater: an increase in the applied OLR was  
15 coupled with an improvement in the methane yield while the VS reduction  
16 remained stable (Cavaleiro et al., 2009).

17

18 The FOG reduction percentage increased during Period III with regard to Period  
19 II (56% as opposed to 50%) and free LCFA concentrations in the effluent  
20 remained in spite of STP-FOGW addition. These results suggest that FOG from  
21 STP-FOGW was degraded and there was no accumulation in the sludge, which  
22 would explain the remarkable increase in methane yield during the co-digestion  
23 period (Cavaleiro et al., 2009)

24 From the results stated above and to reinforce the idea of the feasibility of co-  
25 digestion of STP-FOGW with SC-OFMSW instead of sewage sludge, it should

1 be remembered that both wastes always have a low or moderate percentage of  
2 non-organic refuse (even when OFMSW comes from a source-collection  
3 management system). This means that using STP-FOGW as a co-substrate in  
4 an anaerobic digestion process of SC-OFMSW will not imply potential  
5 operational problems. Moreover, it should be considered that composting is  
6 usually applied to digested SC-OFMSW in industrial plants, which already  
7 includes a post-treatment step to separate refuse from compost material.

8

#### 9 **4. Conclusions**

10 Mesophilic co-digestion of STP-FOGW with SC-OFMSW at a feed ratio of 15%  
11 (VS) carried out in a 5L lab-scale reactor resulted in an improvement both in  
12 terms of biogas production (72% higher) and methane yield (46% higher) in  
13 comparison with anaerobic treatment of SC-OFMSW. During the co-digestion  
14 process, a stable reactor performance was observed and there was no  
15 inhibition either in LCFA accumulation or in VFA excess. VS and TS reduction  
16 percentages were stable and around 65% and 57% respectively, and the  
17 methane content in biogas was 63%. These results suggest that anaerobic co-  
18 digestion is a feasible and efficient way of managing STP-FOGW. Moreover, it  
19 is an environmentally friendly treatment in comparison with the landfill option  
20 and allows a methane potential that is presently being wasted to be recovered.

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### **Figure captions**

**Figure 1** Time course of accumulative net methane production for batch assays. ( $\nabla$ ) 0% STP-FOGW, (O) 5% STP-FOGW, ( $\blacktriangle$ ) 15% STP-FOGW, ( $\square$ ) 35% STP-FOGW, ( $\bullet$ ) 100% STP-FOGW.

**Figure 2** Evolution of ( $\bullet$ ) VS reduction (%), ( $\diamond$ ) Biogas production (L bg d<sup>-1</sup>), (+) pH, ( $\text{—}$ ) OLR (Kg VS m<sup>-3</sup>·d<sup>-1</sup>), (O) Methane yield (L CH<sub>4</sub> g VS added<sup>-1</sup>) and ( $\blacktriangle$ ) Total VFA (g L<sup>-1</sup>) in the continuous lab-scale reactor experiment.

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1 **Table 1**

2 Free LCFA content in STP-FOGW and SC-OFMSW (dry basis).

<b>Free LCFA</b>	<b>STP-FOGW(mg/g)</b>	<b>SC-OFMSW (mg/g)</b>
Palmitate	23.8 ± 0.4	6.7 ± 0.5
Oleate	7 ± 1	3.6 ± 0.4
Stearate	6.0 ± 0.7	5.4 ± 1.5
Myristate	3.1 ± 0.1	0.53 ± 0.01

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**Table 2** Initial VS, VFA and pH values of batch assays.

Assay	Initial pH	Initial VFA (g L <sup>-1</sup> )		Inoculum	VS composition (mg)	
		Acetate	Propionate		SC-OFMSW	STP-FOGW
Blank	7.8	1.3 ± 0.1	< 0.5	2800	4100	0
0%	7.7	1.4 ± 0.1	< 0.5	2800	4100	0
6%	7.7	1.3 ± 0.1	< 0.5	2800	4100	252
15%	7.6	1.2 ± 0.2	< 0.5	2800	4100	604
52%	7.9	1.3 ± 0.1	< 0.5	2800	4100	2114
100%	7.2	1.9 ± 0.2	0.68 ± 0.3	2800	0	4027

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**Table 3** Characterization of the batch reactors at the end of the assay.

Assay	pH	Final VFA (g L <sup>-1</sup> )	Final free LCFA (ppm)				FOG reduction (%)	VS reduction (%)	Net methane yield (mL CH <sub>4</sub> gVS feed <sup>-1</sup> )
			Palmitate	Oleate	Stearate	Myristate			
0%	7.8	<0.5	n.d	n.d	n.d	n.d	50 ± 3	65.2 ± 0.2	298 ± 21
5%	7.7	0.92 ± 0.01	n.d	n.d	n.d	n.d	51 ± 2	60.0 ± 0.7	301 ± 4
15%	7.7	0.93 ± 0.01	33 ± 8	8.96 ± 0.02	6 ± 1	n.d	42 ± 3	58.1 ± 0.4	318 ± 27
35%	7.6	1.24 ± 0.03	78 ± 7	19 ± 2	10 ± 3	9.5 ± 0.4	34 ± 1	36.2 ± 0.6	277 ± 24
100%	7.9	<0.5	75 ± 2	22 ± 9	18 ± 3	6 ± 1	32 ± 2	28.2 ± 0.1	278 ± 18

n.d: not detected

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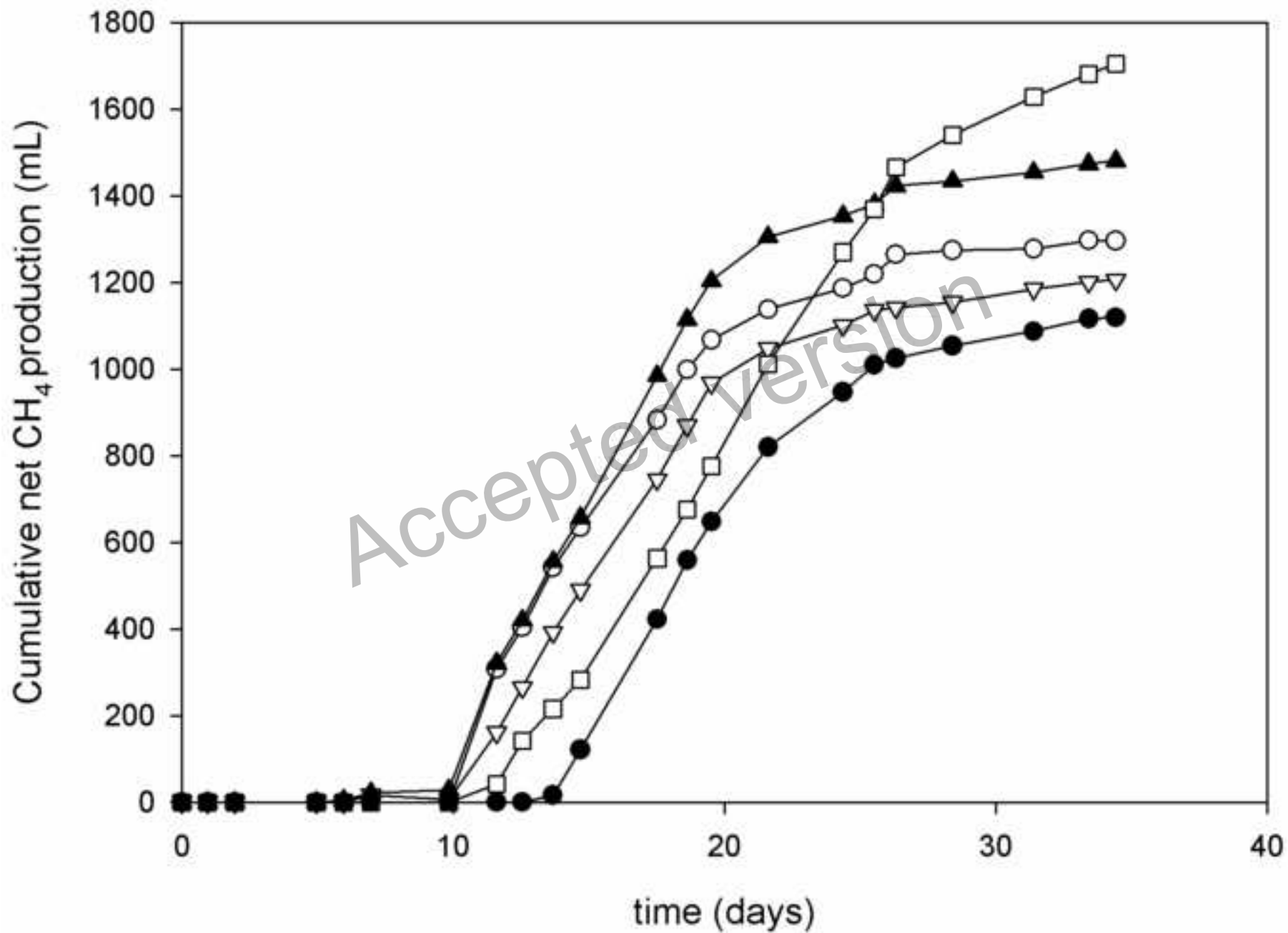
**Table 4**

Characterization of Periods II and III.

<b>Parameters</b>	<b>Period II (days 52-81)</b>	<b>Period III (days 131-205)</b>
Type of feed	SC-OFMSW	SC-OFMSW + STP-FOGW
OLR (kg VS m <sup>-3</sup> d <sup>-1</sup> )	~ 4	~ 4.5
HRT (days)	16	14
STP-FOGW in feed (% VS)	0	15
pH	7.2 ± 0.1	7.6 ± 0.1
Biogas (L d <sup>-1</sup> )	7.9 ± 0.6	14 ± 1
Methane content in biogas (%)	62 ± 1	63 ± 1
Total VFA (g L <sup>-1</sup> )	< 0.5	< 0.5
Effluent free LCFA content (mg L <sup>-1</sup> )		
Palmitate	9.1 ± 0.9	14 ± 2
Myristate	n.d	4.4 ± 0.2
Oleate	n.d	n.d
Stearate	n.d	n.d
TS reduction (%)	61 ± 4	56 ± 3
VS reduction (%)	66 ± 4	64 ± 3
Biogas yield (L g VS <sub>feed</sub> <sup>-1</sup> )	0.38 ± 0.02	0.57 ± 0.04
Methane yield (L g VS <sub>feed</sub> <sup>-1</sup> )	0.24 ± 0.01	0.36 ± 0.02
Total FOG reduction (%)	50	56

n.d: not detected

Figure  
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Figure

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