

The first academies were established in September of 1899, one on a mesa north of Santa Fe New Mexico, one outside of St. Louis Missouri & one on the Hudson outside New York City. Since Eastern systems like yoga, judo, karate, aikido, zen were part of the training, instructors were invited from the Orient & Eastern African students came to learn Western techniques. The basic aim of the academies was to synthesize the most functional aspects of Eastern & Western training. Academy graduates, returning to various professions, proved themselves incomparably more efficient than those who had not received academy training so more & more academies were set up. Other countries followed America's lead in setting up academies, the continual interchange of students & instructors tending to break down national boundaries. By the end of the 1920s there were academies throughout the world directing all research, education, police action & political formulations. The academies were located in sites of great beauty the architecture suited to the landscape. The Marrakesh academy was built around a vast courtyard with gardens & trees, pools & fountains & porticos. There were a number of academies in the Amazon rain forest, intricate structures of heavy timbers & split bamboo connected by catwalks & ladders. Here the physical training was carried out through canoe trips hunting fishing & farming, the program of training being adapted to the country & the landscape. The Eastern academies often used existing temples & monasteries & one of the most spectacular academies was built into the restored ruins of Samarkand. For the Greek academy all the Greek antiquities scattered through museums of the world were assembled. Dead fragments of Sunday curiosity were moulded everywhere into living structures. The canal city of Mexico was reconstructed & Mayan ruins echoed to the ancient language which all students at this academy were requested to master (Mayan is very much a living language & in the remote villages of Yucatan nothing else is spoken). Always the emphasis was on interchange of cultures, languages & training methods.

The St. Louis academy was a rambling red brick building on a bluff over the river. A twilight like blue dust was settling into the river valley when Bill Harper, a beginning student descended from a horse-drawn carriage cool remote Sunday fresh southerly winds a long time ago room with rose wallpaper copper luster wash basins an Indian boy got up off one of the brass beds & introduced himself. "I am Johnny Bufeo from the Ucyalli. I will go on to the medical school as I am son of a brujo. He had many remedies & only some of them were good. He could bring rain & he could call animals & sometimes he could kill a sick enemy. I have seen him draw fear from a patient with his dirty old hands & so many times I had to tell the patients 'very sorry the brujo is slobbered out borracho' He dies many years ago. American doctors

could learn from him. I am here to teach you & to learn. You get plenty strong plenty tough here. Then you go into silence rooms learn leave body go any place what you want. You come with me Meester William?" Room-mates were shifted every month, rotation being a basic principle of the academies. Many Western students elected to attend the Eastern academies where they learned the language & the local disciplines. Some students shifted from one academy to the other every three months & instructors also rotated from Marrakesh to the fjords of Norway from Missouri to Samarkand. Instructors & advanced students in the specialized academies would return to the basic academy course to refresh themselves with physical training & impart their knowledge to beginning students by direct contact. All academies exchanged weekly bulletins on research, experiments & new methods of training. With the advent of tape-recorders & movie camera films & tapes were constantly exchanged. Students with camera & recorder wandered from one academy to the other & guest rooms were set aside for the wandering students. While the training varied from one academy to the other, there were certain courses of training common to all: karate, judo, aikido, zen, breathing exercises to achieve perfect health & control of the body, silence drills in sense withdrawal, chambers & immersion tanks, & the mastery of a simplified hieroglyphic script teaching the students to think in silent images. The basic academy course lasted four years. After graduation from the basic academy, students could apply for advanced training at one of the specialized academies. In the medical school, the students learned in addition to the standard Western techniques all forms of massage, osteopathy, remedial exercises & diet. They studied the techniques of witch-doctors & faith healers & examined samples of all herbal & jungle remedies to isolate the active principles & apply them to therapy.

At the time the first academies were founded, heroin, cocaine & morphine were sold across the counter in drug stores. A survey revealed there were more than 200,000 addicts in the United States, many of whom had become addicted through the use of patented preparations. The addicts were for the most part middle-aged or elderly suffering from various chronic illnesses. On recommendation of the academies, opiates with the exception of codeine were distributed only on prescription. Once novacaine was synthesized the extraction of cocaine was discontinued & this drug disappeared from the pharmacopoeia. Confirmed addicts were allowed a maintenance dose of opium or morphine, whereas the use of heroin was restricted to medical use in the relief of extreme pain. A program of study was undertaken to determine the most efficacious treatment for addiction with particular reference to young addicts. The apo-morphine treatment was used & during the 1930s the formula was synthesized & a number of variations were developed. The regulatory action of apo-morphine led to the concept of preventive medicine with the emphasis on maintaining health rather than curing sickness. 'Anything that can be done

chemically can be done in other ways ... what is missed in withdrawal is a certain frequency' Academy Bulletin June 19, 1922.

The frequency of opiates turned out to be a special oscillation of ultra sound. The frequency was quite as habit-forming as morphine but could be gradually shut off over a period of several months resulting in a painless cure. Since it was a rule in the academies that all beginning students must refrain from the use of any drug, including alcohol & tobacco, & all young people aspired to graduate from the academies they were easily conditioned to avoid addicting drugs once cure was accomplished. The discovery that the effects of morphine can be produced by a sound frequency led to realization that the effects of any drug can be so produced & frequency therapy came to supplant drug therapy.

The training of all police was carried out by the academies, & only graduates of the police academies could qualify as police officers. The cadet officers were taught to prevent crime & keep people out of jail. Stop that swindler in Toronto before he issues any worthless mining stock. That man with a killer's temper should not be running a bar. Parents who don't want their children should have the children taken away from them before abuse occurs. All cases of cruelty to children received special attention & every patrolman was expected to know about infractions in his district. The protection of children was an interim measure pending the slow abolition of the old family system after which the rearing of children from birth would be in the hands of special centers set up by the academies. Such centers were already in existence to take care of abandoned unwanted children.

The sign of a well-run country is few police & few laws but those laws really enforced & those police really efficient. The whole system of state legislators was abolished & a uniform code of laws drawn up covering crimes against person & crimes against property. All so-called offenses involving private sexual behavior, drugs & gambling were eliminated from the legal code.

A.S. -- Academy Security was the highest police agency concerning itself with any unhealthy influences impeding the work of the academies. A.S. was not able to stop the first world war but did manage to keep America out of it. After the war they were in position to avoid the debacle of prohibition & the concomitant infiltration of the mafia: 'A pestiferous organization that must be dissolved at its very roots.'

A.S. moved to curtail the influence of the daily press by eliminating all coverage of crime & accidents. 'The daily press is largely responsible for the dreary events they describe.... We recommend that all daily papers be discon-

tinued.' The discoveries made by the academies were reported in weekly bulletins so that a discovery made anywhere was immediately available throughout the world. There was nothing secret about academy research.

'Admittedly any important discovery can be misused. However, if the destructive potentials of a discovery be kept secret its monopoly and misuse by a self-styled elite poses a more cogent threat than the possibility that some individual might misuse the discovery when it is made common knowledge. For example, the destructive potentials of infra sound have been openly described in our bulletins & we feel that this open bank policy is the best insurance against misuse of knowledge since anyone using infra sound for unworthy ends would be immediately detected.' World War II was easily averted by mediation efforts of the French, German & English academies & in consequence no atomic weapons were developed. 'No release of radio activity can be allowed to occur' Academy Bulletin August 4, 1945.

The Linguistic Institute carried out experiments with sound & human speech to discover what words are. Sub vocal speech was investigated with sensitive throat microphones. Special attention was given to schizophrenic subjects since in this condition involuntary movements of the vocal apparatus are most pronounced giving rise to the "voices" typical of this illness. These "voices" were recorded & played back to the patient, cut up, slowed down, inched, speeded up. The play back often resulted in a pronounced improvement. The subjects were given silence drills. At the prospect of silence many of them became hysterical -- that is, the "voices" became hysterical & were more easily recorded.

"YOU CAN'T YOU CAN'T YOU CAN'T" they scream. Injections of curare were given in these cases to paralyze the vocal apparatus while the subject was in an iron lung. Silence often resulted in a complete remission of the illness.

'Compulsive verbal patterns are actually word viruses that maintain themselves in the central nervous system by manipulation of the speech centers, throat muscles & vocal cords.' The peculiar style of schizophrenic speech was analyzed. It was observed that verbalizing which occurs during dreams & particularly between sleep & waking partakes of the same style & is in fact a special language probably operating at all times in so-called normal individuals. The Linguistic Institute set out to isolate this language & learn it. Students kept recorders by their beds since verbalization in this area is usually forgotten if not immediately recorded or written down. This language has no landmarks by which it can be recalled as if a resident of the psyche were speaking in an unknown language not unknown as regards the words themselves but as regards referents, construction & syntax. The Linguistic Institute also carried out advanced courses

in silence training. These installations were located in areas of natural silence, the Sahara & Gobi deserts, the high mountains of Tibet & South America. Silence is a medium in which the students slowly learn to breathe until they can stay there for hours with no movements of the throat muscles & vocal cords. A silence frequency of infra sound was developed that vibrates words loose from the body & this device was used in the last stages of training, a slow resonance that grows in the neck & spinal column & reaches deep into the internal organs vibrating the whole body shaking the words loose visible as a haze. At this point many students feel as if a parasitic being has been shaken loose from the body to dissolve reluctantly into air. After the baptism of silence the student moves with ease in the soundless medium, but words are at his disposition when he needs them to be used with absolute precision.

During the early days of aviation the academies established centers to train pilots & when space travel became possible they took over direction of the space program. The aim of the academy space program was not space in an aqualung trailing wires to wives & mothers.

'To put quite ordinary individuals into space at enormous expense is nothing to the purpose. Any academy graduate could learn more about space conditions & travel further in space after an hour of weightless silence than teams of orbiting astronauts who do not dream in space. Space is dream. Space is illusion. Why move a PX with all your dreary verbal preconceptions to the moon?' The astronauts were all single men since they are trained to exist in total independence & total solitude whereas marriage conditions one to dependence. 'To travel in space you must learn to leave the old verbal garbage behind: God talk, priest talk, family talk, mother talk, love talk, party talk, comrade talk. You must learn to exist with no religion no country no allies. You must learn to see what is in front of you with no preconceptions.'

Now contrast the possibilities opened by the establishment of such academies with what we see in the world today. The cold war is used as a pretext by both America & Russia to conceal & monopolize research, confining knowledge to official agencies. It is no exaggeration to say that all important research is now top secret until some one lets a rat out of the bag. Infra sound for example... I quote from an article that appeared in the Sunday Times April 16, 1967, Acoustics by Frank Dorsey, under the title 'Joshua Knew A Thing Or Two!' -- 'The world is not noticeably short of lethal weapons but a team of French scientists in Marseilles is working on a death ray machine designed to provide an entirely novel method of human destruction. The project began when the Electro-Acoustical Laboratory moved into a new building three years ago. Staff complained of headache & nausea. Investigations began. Electromagnetic waves were suspected &

eliminated. So were ultra sound waves. At this point one of the technicians got out an antique apparatus for detecting infra sound -- that is air vibrations which oscillate at less than 10 vibrations a second or 10 hertz (the human ear registers as sound vibrations from 16 hertz to 20,000 hertz). It had been used during the first world war to distinguish cannon fire & movements of trains too far off to be unscrambled by ear. It quickly identified the source of the unease: the giant ventilator of the factory next door. After changing the ventilator's frequency the five man team headed by Professor Vladimir Gavreau decided to find out more about the properties of infra sound. As everyone knows sound is a succession of waves in which the air is alternately compressed & decompressed. Fast vibrations either go right through solid objects or bounce off them usually doing relatively little harm even when very powerful. But slow vibration below the hearing level can create a sort of pendulum action, a reverberation in solid objects that quickly builds up to intolerable intensity. To study this phenomenon the team built a giant whistle, hooked to a compressed air hose. Then they turned on the air.

"That first test nearly cost all our lives" Professor Gavreau says. "Luckily we were able to turn it off fast. All of us were sick for hours. Everything in us was vibrating -- stomach, heart, lungs. All the people in the other laboratories were sick too. They were very angry with us."

The first blast was audible only down to 196 hertz. It had an acoustical force of about 100 watts compared with one watt for a football referee's whistle. From then on the team worked at lowering the frequency but carefully kept the power input down. A bigger whistle was built measuring about five feet across. It emits a very low but audible tone at about 37 hertz. If turned on full blast it would develop 2,000 watts -- & the building would fall down like the walls of Jerico before Joshua's trumpet. At the pressures used it has done no more than put cracks in the ceiling.

The team has discovered that the wave length most dangerous to human life is 7 hertz. At 7 hertz turned on very softly, one has a vague impression of sound & a feeling of general discomfort. At 3.5 nothing can be heard directly but there is a curious incidental effect. Nearby sounds such as air hissing into the pipe take on a pulsing quality -- at three & a half pulsations a second. All sounds in the neighborhood seem to ululate rhythmically.

The team has suffered from its experiments. Some of the invisible injuries appear to be persistent. "It not only affects the ears" Prof Gavreau says "but it works directly on the internal organs. There is a rubbing between the various organs because of a sort of resonance. It provokes an irritation so intense that for hours afterwards any low pitched sound

seems to echo through one's body."

In developing a military weapon, the scientists intend to revert to a policeman's whistle, a form perhaps as big as 18 feet across, mount it on a truck & blow it with a fan turned by a small airplane engine. This weapon they say will give forth an all destroying 10,000 acoustic watts. It could kill a man five miles away. There is one snag. At the present the machine is as dangerous to its operators as to the enemy. The team is working on a way to focus it. Various systems of baffles have been tried but the most promising method appears to be propagation of a different & complementary sound wave length backwards from the machine. This changes the frequency of air wave lengths moving in that direction thus protecting anyone to the rear.'

There is every indication that America & Russia have been working secretly with infra sound. Infra sound directed is an undetectable assassination weapon. Nine years ago in Amsterdam I talked with a Dutch chemist who told me they had synthesized a drug infinitely more potent than LSD & could not take the responsibility of testing this drug on human subjects owing to the possibility of residual brain damage. Subsequently I heard that the drug has now been released to 'official agencies' in America. This may well be the 'non-lethal nerve gas' being used in Viet Nam.

Recently I heard from someone connected with a laser research project conducted by the U.S. Navy: 'They can actually send a thought.'

Some years ago experiments in Norway indicated the possibility of activating speech patterns directly in the brain by means of an electro magnetic field.

Hearing voices?

The Black Box which develops positive ions enabling anyone within its range to perform at a high level of efficiency without fatigue was used by the U.S. Army & kept secret for ten years. Is it on the market yet?

Another pretext for withholding information is narcotics control. The drug lomotol which greatly reduces the need for opiates was first used in the Lexington Narcotics Hospital to control the diarrhea of late withdrawal. When they found this drug greatly reduces the need for morphine it was kept off the market for three years. Exhaustive tests demonstrated that lomotol is not habit-forming & it has now been released on prescription. How many doctors have heard of this drug? Lomotol is obviously useful not only in treating addicts but in any case where it is necessary to prescribe the opiates. If lomotol is administered with an opiate a much smaller dose affords the same relief from pain.

Important research that could be used to free the human spirit is being monopolized by paltry intellects in the name of 'national security.' What are you getting out of 'national security?' The cold war is an essential factor in maintaining the establishment in the West & in Russia & has all the deck marks of a deal under the table. China it would seem is the only stand out which is why our policy is directed towards the destruction of Red China & substituting some rightist lemon like Chiang Kai Chek who will represent 'free China' to the tune of unlimited subsidies.

One academy could bring back hope to their dead radio active riot torn streets to their contaminated over-populated mis-managed planet. Are they going to give you that hope?

If past performance is any indication they are not going to give you anything but bullshit. Whites & Blacks you have been sold out. If you want the world you could have in terms of discoveries & resources now in existence, be prepared to fight for that world to fight for that world in the streets.

POSTSCRIPT TO ACADEMY 23

The only government in the world today that has all out support of its young people is Red China. Why? Because the Red Guards are being offered the challenge & adventure of making their own world. What challenge, what adventure is being offered to young people in England & America? None whatever. It is not surprising that they turn to drugs. The Red Guards don't want drugs. Young people in the West would lose interest in drugs if they had anything else. So shave off your beards, cut your hair & vote those idiots out of office before they destroy your planet. Vote America out of Vietnam. Vote China into the U.N. If you want legalized marijuana, vote it in. Young people today are the most important voting block in the world. The 18 to 25 year olds with the Negro vote & a considerable bloc of older citizens who retain a degree of sanity could vote in any candidate of their choice. I am not advocating the overthrow of the U.S. government by force. I am advocating its overthrow by its own legal machinery. If the people now in power attempt to hold their position by illegal force then you will have to fight or submit to a degree of control beside which 1984 is liberal & permissive. If the Black Muslims can cut out all drugs including alcohol & tobacco, organize & train to protect their right to self determination, white teenagers can do the same. The only country to gain the support of its young people is Red China & that is why the U.S. State Dept. has put a travel ban on China. They do not want Americans to realize that any country which offers young people anything at all will gain their support. The western establishments are not offering anything. They have nothing to declare but their bad intentions. Well let them come all the way out in the open with their bad intentions. If it comes to that any number can play.

-- London, 1967