

1 **TITLE PAGE**

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3 **Title:** Combined ecological risks of nitrogen and phosphorus in European freshwaters

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15
16 **ABSTRACT**

17 Eutrophication is a key water quality issue triggered by increasing nitrogen (N) and phosphorus
18 (P) levels and potentially posing risks to freshwater biota. We predicted the probability that an
19 invertebrate species within a community assemblage becomes absent due to nutrient stress as the
20 ecological risk (ER) for European lakes and streams subjected to N and P pollution from 1985 to
21 2011. The ER was calculated as a function of species-specific tolerances to NO₃⁻ and total P
22 concentrations and water quality monitoring data. Lake and stream ER averaged 50% in the last

23 monitored year (i.e. 2011) and we observed a decrease by 22% and 38% in lake and stream ER
24 (respectively) of river basins since 1985. Additionally, the ER from N stress surpassed that of P
25 in both freshwater systems. The ER can be applied to identify river basins most subjected to
26 eutrophication risks and the main drivers of impacts.

27 **Keywords:** ecological risk; nitrogen; phosphorus; lake; stream; river basin;

28 **Capsule:** Quantifying the ecological risk of invertebrate losses due to N and P pollution

29 **Introduction**

30 The “limiting nutrient” concept, following Liebig’s Law of the Minimum, was based on
31 the effects of added nutrients on crop performance (van der Ploeg et al., 1999). Later, the concept
32 was extended to productivity-based experiments for eutrophication, such as those testing the
33 effects of nutrient surplus (mainly nitrogen – N – and phosphorus – P) on chlorophyll
34 concentration or biomass productivity (Allgeier et al., 2011; Elser et al., 2007). Despite the
35 benefit prompted by the increase in the availability of a resource, such as increase in
36 productivity, a further increase in the same resource level could cause ecosystem damage, such
37 as a shift in species composition (Odum et al., 1979).

38 Freshwater eutrophication is triggered by agricultural and urban discharges of N and P as
39 well as atmospheric emissions of N (Harrison et al., 2010; van Drecht et al., 2005; van Drecht et
40 al., 2009). On one hand, the increase in nutrient availability generally increases primary
41 production and, thus, the availability of food to planktivores and herbivores (Carpenter et al.,
42 1985). On the other hand, it may also lead to increased predation by secondary consumers and
43 decreases in food quality (Carpenter et al., 1985; Grimm and Fisher, 1989), water transparency

44 and light availability, thereby eliciting competitive exclusion of autotrophic species and the
45 release of allelochemicals by competing phytoplankton, particularly cyanobacteria (Havens et
46 al., 2001; Havens et al., 2003; Leflaive and Ten-Hage, 2007). Furthermore, enhanced
47 decomposition of nuisance algae and macrophytes may generate hypoxic or (in extreme cases)
48 anoxic conditions in aquatic systems (Carpenter et al., 1998). Ultimately, the presence of oxygen
49 depleted conditions, exposure to toxins released by phytoplankton, and shifts in food availability
50 may be harmful to invertebrates (Camargo and Alonso, 2006; Correll, 1998) (Figure 1).
51 Therefore, the same nutrient stimulating autotrophic productivity and food availability may, in
52 turn, instigate ecosystem damage at increasing concentrations. Accordingly, defining the nutrient
53 as a resource or as a stressor depends as to whether its concentration prompts a benefit or
54 damage to ecosystems.

55 Ecological theory models detect this dual aspect of N and P. The intermediate disturbance
56 hypothesis (IDH) conveys that species richness is maximized at intermediate levels of stress and
57 minimized at the two extremes (Grime, 1973). Underlying the IDH, the physiological tolerance
58 hypothesis (Currie et al., 2004) conveys that species richness is the upshot of the tolerance of
59 each individual species to specific local conditions. Currie et al. (2004) use the hypothesis to
60 explain species tolerance to climatic variables and we expand it so as to describe species
61 tolerance to the upper end of nutrient levels, i.e. the level of the stressor which triggers species
62 loss.

63 Eutrophication is a complex issue as it encompasses potential feedback mechanisms (van
64 Donk and van de Bund, 2002), non-linear responses of primary production to trophic conditions
65 (Genkai-Kato and Carpenter, 2005), and synergistic effects of N and P on primary production
66 (Elser et al., 2007). The extent to which they drive primary productivity can be examined by

67 analyzing past nutrient level patterns (Anderson, 1998) or nutrient stoichiometry changes
68 (Glibert, 2012), ecological modeling (Genkai-Kato and Carpenter, 2005), or via nutrient addition
69 experiments (Schindler, 1977). Nonetheless, the development and the application of
70 eutrophication models which include all the various pathways through which N and P influence
71 individual invertebrate species occurrence may be troublesome due to lack of data and of insights
72 on all relevant mechanisms of impact.

73 Alternatively to mechanistic models, statistical models coupled with available monitoring
74 data of water bodies may be used to underpin biodiversity effects of eutrophication and provide
75 environmental protection agencies with guidelines for the improvement and the maintenance of
76 water quality (Smith et al., 2007). We circumvent the uncertainties within each of the different
77 ecological mechanisms by developing a probabilistic model of invertebrate species occurrences
78 with the upper observed stressor tolerance in field observations (Figure 1).

79 Eutrophication indicators based on the performance of invertebrates may be less certain
80 than those on autotrophs since consumers are not directly affected by N and P concentrations as
81 are photosynthesizing organisms (Johnson et al., 2014). However, invertebrates are convenient to
82 environmental agencies because they are extensively monitored (Growth et al., 1997) and their
83 monitoring can be easily employed as water quality indicators, such as the ecological quality
84 ratio (EQR). In the case of the EQR, the composition of invertebrates is compared with a
85 reference representing minimum impairment (Clarke, 2013). Nevertheless, indicators usually do
86 not detect the main stressor driving the eutrophication impact.

87 In the case of eutrophication, the estimation of the overall health quality of freshwater
88 needs also to uncover what the main cause of impairment is. Therefore, an ecological indicator

89 that allows for estimation of the ecosystem health as well as for identification of the driving
90 stressor of eutrophication impairment may provide environmental agencies with the tools to
91 recognize impaired areas and to target the stressor of concern. In this study, we propose the
92 ecological risk (ER) to identify the areas and the main drivers of eutrophication impairment. This
93 framework is compatible with risk assessments proposed for toxicants (Beketov et al., 2013;
94 Fedorenkova et al., 2012; Malaj et al., 2014; van Straalen, 2002).

95 **Material and methods**

96 Ecological risk

97 The ER posed to a group of species depends upon the sensitivity of each of its species
98 and the probability that the group of species is subjected to the stressor (Figure 2a). Thus, ER
99 (dimensionless) is the definite integral

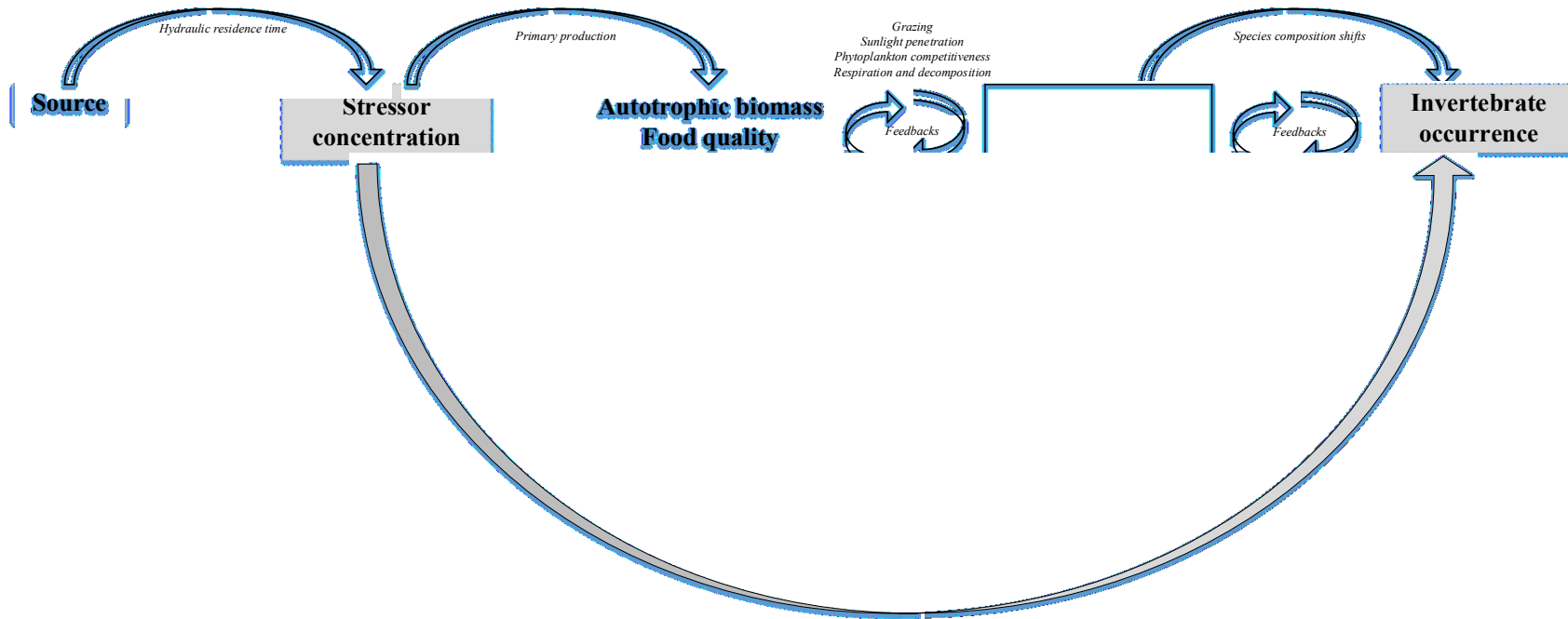
$$100 \quad ER_i = \int_{-\infty}^{\infty} CDF_i(x) \cdot PDF_i(x) dx \quad (1)$$

101 where PDF is the probability density function of the stressor i of $^{10}\log$ concentration x and CDF
102 is the cumulative distribution function of the sensitivity of species to increasing x (Fedorenkova
103 et al., 2012; van Straalen, 2002) (see study outline in Figure 3). The ER can be interpreted as the
104 probability that an invertebrate species within a community in a river-basin and in a given year is
105 exposed to a stressor level above its threshold of occurrence in the environment.

106 The dual effects of the two stressors can be combined in order to estimate the total ER to
107 species as

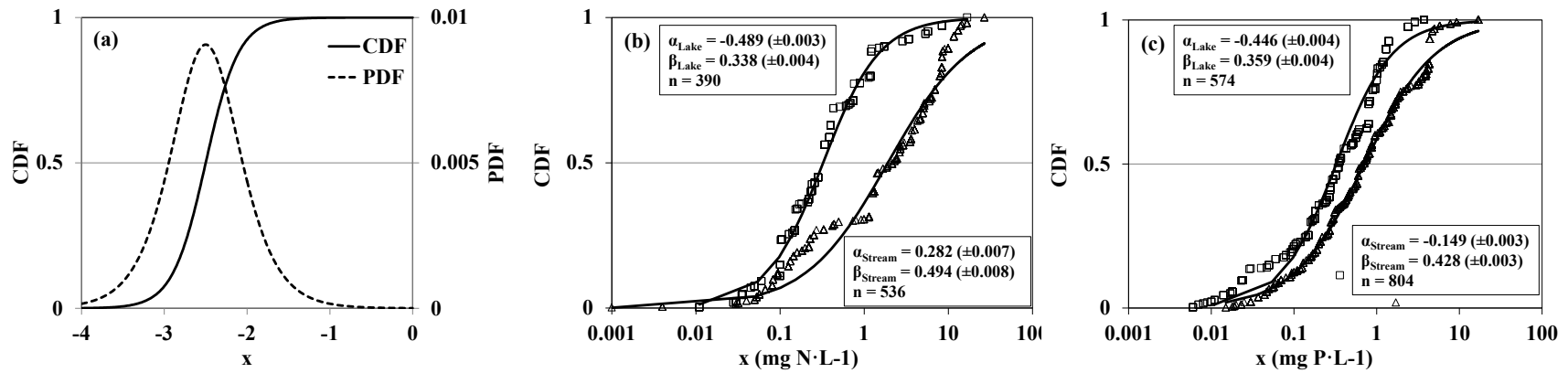
$$108 \quad ER_T = 1 - \prod_i (1 - ER_i) \quad (2)$$

109 where ER_i is the individual ER of stressor i (Fedorenkova et al., 2012). In our case, the
110 ecological risks are calculated for two stressors (NO_3^- and TP) and in two freshwater types (i.e.
111 lakes and streams) in different European river basins per year. The ecological risks posed by
112 NO_3^- and TP are hereafter referred to ER_N and ER_P , respectively. In the absence of ER_N or of
113 ER_P , ER_T was not determined. We focus on TP and NO_3^- as indicators for P and N stress since
114 they are commonly monitored by water quality programs (Lewis et al., 2011). Our study
115 considers the ecological risk to lakes and streams separately because they differ considerably
116 with respect to the cycling of water and nutrients as well as their sources of energy supply (Doi,
117 2009). Finally, we used linear regression to test if the ER_T changed over time in each river basin.



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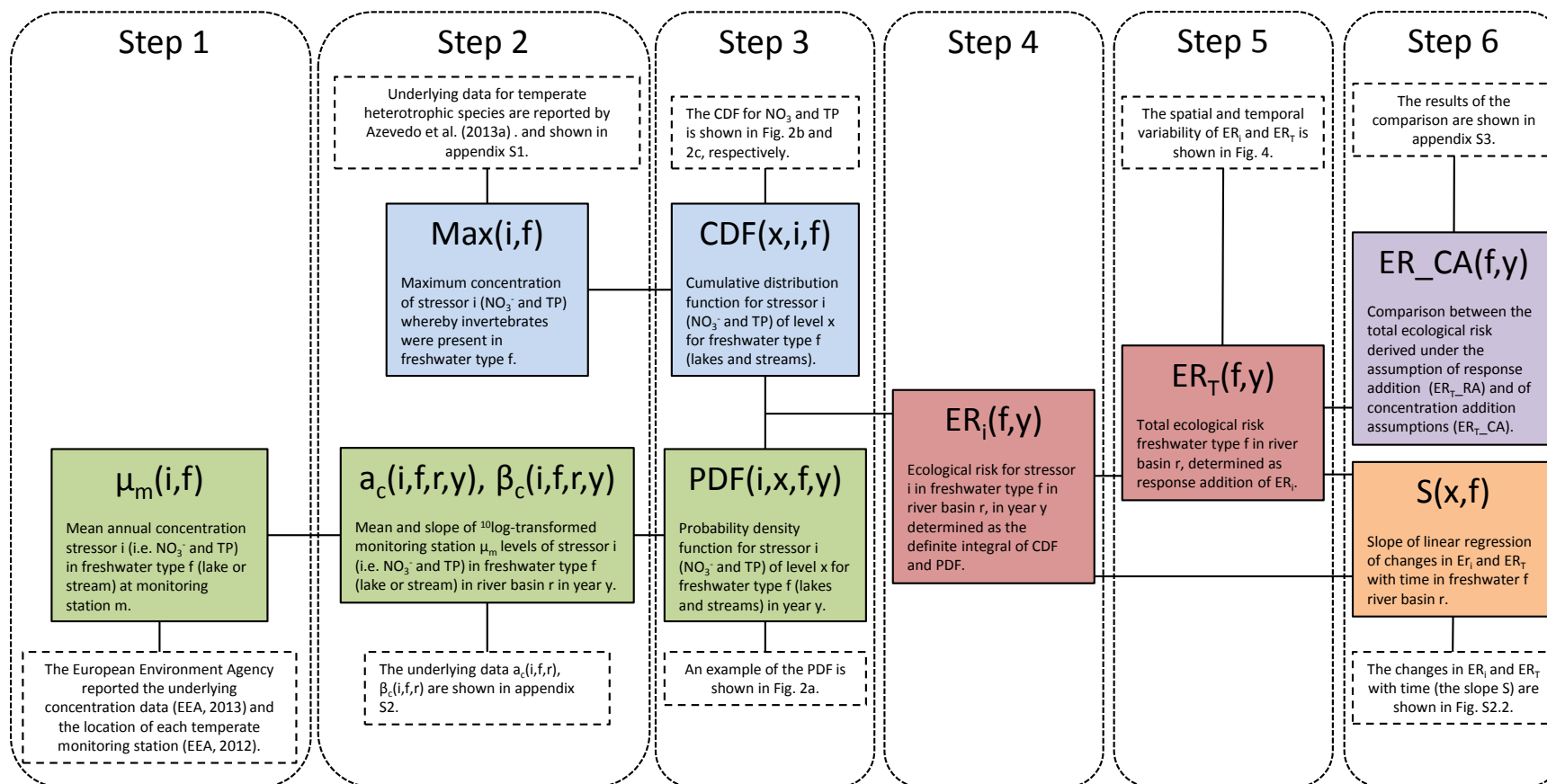
120 **Figure 1 (2-column figure image)** Probabilistic model of our study: the linkage between stressor concentrations and invertebrate
 121 species occurrences (grey fill). The full impact pathway of freshwater eutrophication includes the discharge of stressors (nitrogen and
 122 phosphorus) into freshwater bodies, thereby influencing N and P levels, primary productivity, and autotrophic biomass which, in turn,
 123 may set off various ecological feedbacks, including the occurrence of invertebrates in the field. The graph illustrates the upper
 124 boundary of the stressor concentration (x-axis) at which individual invertebrate species occurs under field conditions (y-axis, listed as
 125 I_1 to I_n , ordered in descending tolerance to a stressor).



126

127 **Figure 2 (2-column figure image) (a)** Illustration of ecological risk (ER) defined as the area under the probability density function
 128 (PDF) of stressor ¹⁰log concentration x and the cumulative distribution function of the cumulative fraction of absent species (CDF)
 129 with x, adapted from Fedorenkova et al. (2012). In this example, the α_c and β_c coefficients of the PDF are -0.25 and 0.28 and the α and
 130 β coefficients of the CDF are -2.5 and 0.20, respectively. Cumulative distribution functions of invertebrate species losses and **(b)**
 131 nitrogen and **(c)** phosphorus concentration x in lakes (squares) and streams (triangles). Standard error is shown in brackets and sample
 132 size as n.

133



135

136 **Figure 3 (2-column figure image)** Derivation of the cumulative distribution function, CDF (Step 1), of the probability density
 137 function, PDF (Step 2), and of the ecological risk, ER (Step 3). The dashed line boxes show the underlying data and the results of our
 138 study.

140 Cumulative distribution function (CDF)

141 The CDF describes the cumulative number of species no longer tolerant to high stressor
142 levels (Figure 2). Increasing sensitivity to stressors can be illustrated in different ways, such as
143 decreasing frequency of occurrence or reproduction, or increasing mortality. Ultimately, a
144 species subjected to high enough stressor level will no longer be able to subsist in the
145 environment. Here, the tolerance to the stressor is defined as the threshold level at which an
146 individual species is no longer present in field surveys.

147 To attain the CDF, species-specific maximum tolerance concentration levels were
148 ordered from low to high values (highest being the species most tolerant to the stressor) and
149 ranked from zero to one. The CDF was then fitted to a logistic function describing the fraction of
150 species becoming absent with increasing levels of a stressor as

$$151 \quad CDF_i(x) = \frac{1}{1 + \exp\left(-\frac{(x_i - \alpha_i)}{\beta_i}\right)} \quad (3)$$

152 where x is the $^{10}\log$ concentration of stressor i , the coefficients α represents the $^{10}\log$
153 concentration at which 50% of the all species become absent because of excess of stressor i , also
154 called location parameter, and β represents the slope of the CDF. (Both coefficients are
155 dimensionless.) The β depicts the variability in maximum tolerance concentration levels across
156 species (i.e. the lower its value, the more similar the species are with respect to their sensitivity
157 to high stressor levels). The CDF was determined for the two stressors (i.e. NO_3^- and TP) in two
158 freshwater types (i.e. lake or stream) but we do not account for differentiated species
159 composition within a given freshwater type, e.g. the differences between shredder or collector
160 species, or between stream orders.

161 We use the same CDF expressing the vulnerability of species towards high nutrient levels
162 (i.e. α coefficient) and their sensitivity to changes (i.e. β coefficient) across the years and across
163 the same freshwater type. We expect that this function is unlikely to change in such a short
164 period of time as its parameters describe characteristics inherited during years of evolution and
165 are driven by differentiated exposures to hydrological and biogeochemical patterns in the two
166 freshwater types (Azevedo et al., 2013a).

167 Probability density function (PDF)

168 The probability of a stressor being found at a $^{10}\log$ concentration x can be described by a
169 PDF of a logistic curve as

$$170 \text{ PDF}(x) = \frac{\exp\left(-\frac{(x_i - \alpha_c)}{\beta_c}\right)}{\beta_c \cdot \left[1 + \exp\left(-\frac{(x_i - \alpha_c)}{\beta_c}\right)\right]^2} \quad (4)$$

171 where α_c and β_c are, respectively, mean and the slope of $^{10}\log$ -transformed mean annual stressor
172 concentrations at each monitoring station, μ_m , in a freshwater type (i.e. lake or stream) in a given
173 year (i.e. from 1985 to 2011). The slope β_c is equal to $\frac{\sigma\sqrt{3}}{\pi}$ (Kooijman, 1981), where σ is the
174 standard deviation of $^{10}\log$ -transformed μ_m values.

175 Model input data

176 For the derivation of CDF for NO_3^- and TP for a typical lake and stream in Europe, we
177 used invertebrate species-specific maximum TP tolerance obtained from a collection of field
178 surveys, whereby the presence of heterotrophs was recorded in the field alongside the TP
179 concentration in temperate lakes or streams (Azevedo et al., 2013a). The maximum level at

180 which invertebrate species was confirmed to be present was employed in the derivation of the
181 CDF and it illustrates the highest stressor concentration of a temperate lake or stream in which
182 the species was confirmed to occur at any given time. The same procedure described by Azevedo
183 et al. (2013a) was employed in our study in order to determine the maximum tolerance to NO_3^-
184 of species inhabiting temperate lakes and streams and, thus, to derive the CDF for NO_3^- . The
185 number of times a species was spotted in the field depended on the scale of each field survey and
186 on how frequent the species is found in the environment. Species-specific data on maximum
187 concentrations of NO_3^- and TP at which each species was present are not differentiated across
188 river-basins and across years. The list of species and their respective maximum concentrations
189 are available in appendix S1 of the Supporting Information.

190 For the derivation of PDF for NO_3^- and TP for each river basin (total of 88) and per year
191 (from 1985 to 2011), mean annual concentration μ_m per monitoring station within each river
192 basin of the European temperate zone are reported by the European Environment Agency (EEA,
193 2013). We employed the river basin delineation reported by the EEA (2012) and temperate
194 freshwaters as defined by the major freshwater habitat types (MHT) of the Freshwater
195 Ecoregions of the World (FEOW). Each monitoring station was allocated to its respective river
196 basin based on its geographic coordinate. The number of monitored stations within each basin
197 depended on the size of the basin and it varied from 1 to 738 (averaging 112) and the number of
198 times each station was monitored in a given year varied from 1 to 513 (averaging 11.4), see
199 Figure S2.1. The variables α_c and β_c required for the derivation of each PDF are river-basin and
200 year specific. From 1985 to 2011, the number of river basins which had both NO_3^- and TP lake
201 or streams monitored at any given time during a one-year period increased from 2 to 48 and from
202 8 to 68 (see appendix S2 for the summary statistics with α_c and β_c results in each river basin).

203 Testing assumptions

204 In our study, we assume that the total ecological risk to species (ER_T) is a result of the
205 added response of N and P, i.e. response addition (RA, equation 2) (van Straalen, 2002).
206 However, if they have similar metabolic pathways (in ecotoxicology, this is defined to as having
207 similar modes of action), the concentration of the mixture of stressors affecting the organism is
208 given as the added concentrations of the individual stressors, thereby defined as concentration
209 addition (CA) (Backhaus et al., 2000). We tested how the assumptions of RA and CA affect ER_T
210 (appendix S3 for details).

211 **Results**

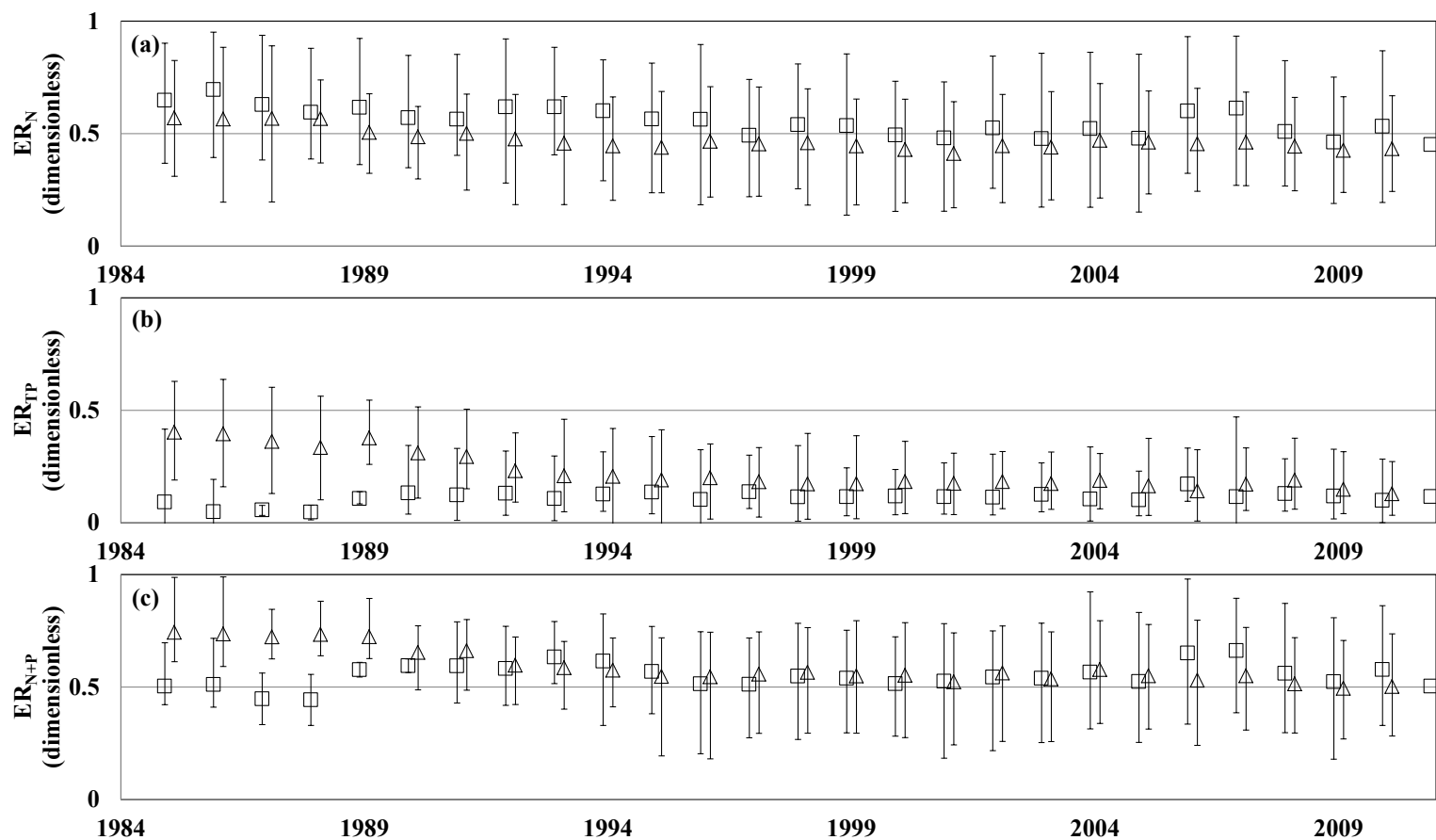
212 The number of species available for the derivation of the CDFs varied from 390 (for NO_3^-
213 in lakes) to 804 (for TP in streams). The species-specific maximum tolerance levels varied from
214 0.001 mg N/L to 27 mg N/L for NO_3^- (Tables S1.1a and S1.2a) and from 0.01 to 17 mg P/L for
215 TP (Tables S1.1b and S1.2b). Our results show that the tolerance to N and P levels is lower in
216 lakes than in streams ($\alpha_{Lake,TP} < \alpha_{Stream,TP}$ and $\alpha_{Lake,NO_3} < \alpha_{Stream,NO_3}$, Figure 2b,c).
217 Likewise, the sensitivity to increasing nutrient levels is higher in lakes than in streams, as shown
218 by steeper slopes of the CDF ($\beta_{Lake,TP} < \beta_{Stream,TP}$ and $\beta_{Lake,NO_3} < \beta_{Stream,NO_3}$).

219 The number of stations monitored for nutrient levels increased in both lake and stream
220 systems over the monitored period. Still, the derivation of ER_T depended upon the availability of
221 both ER_N and ER_P for a given year and river-basin. Of 51 river basins for which lake ER_N was
222 available over time, 10 basins comprised decreasing ER_N (slope $S < 0$ at a 95% confidence level,
223 Figure S2.2a) and 39 basins were not subjected to temporal changes in ER_N . Likewise, the

224 number of basins whereby lake ER_P decreased with time was rather low compared with the
225 number of unchanging ER_P (11 of 42), Figure S2.2b. Accordingly, most basins show no temporal
226 changes in lake ER_T (total of 33) or stream ER_T (total of 42), Figure S2.2c. Nevertheless, the
227 number of basins with decreasing stream ER_N , ER_P , and ER_T relative to the total number of
228 estimated basins was considerably higher than that in lakes. For example, 11 of 56 basins were
229 subjected to a decrease in lake ER_P but the same was only observed in 29 of 79 basins for stream
230 ER_P (Figure S2.2b).

231 The ER_N was predominantly higher than ER_P in streams (Figure 4a,b). For example, from
232 2001 to 2011, 46 to 77% of river basins comprised ER_N higher than ER_P in a given year.
233 However, the opposite pattern is observed in streams. Over the same period, 11 to 52% of river
234 basins in a given year comprised ER_N above ER_P . We also found a strong variability in the ER
235 across European river basins, especially for ER_N . This can be seen as the average range of 95th
236 and 5th percentiles of ER_N in basins in a given year was 58.1% in lakes and 45.1% in streams
237 (Figure 4a) while the average range of 95th and 5th percentiles of ER_P was 25.3% in lakes and
238 31.3% in streams (Figure 4b). The increase in monitoring efforts over the years also prompted
239 the increasing variability across river basins, Figure 4c.

240 The difference between the ER_T derived under the assumption of RA and CA was minor,
241 although the difference increased with increasing ER_T (Figure S3.1). The average difference in
242 river basin ER_T derived using the RA and CA methods was of 0.005 (for lakes) and 0.033 (for
243 streams).



245

246

247 **Figure 4 (2-column figure image)** Ecological risk (ER) due to (a) N, (b) P, and (c) N+P from 1985 to 2011. Square and triangle248 symbols represent the median of ER in lakes and streams, respectively, and bars represent the 5th and 95th percentiles.

249 **Discussion**

250 Lakes versus streams

251 Streams have a shorter hydraulic residence time than lakes; thereby the former may serve
252 as an instantaneous indicator of recent nutrient discharges. The decrease in ER_P in streams can be
253 attributed to successful efforts to reduce P discharges to freshwater by controlling wastewater
254 emissions and by banning phosphates in detergents (EEA, 2010; Glibert, 2012). By contrast,
255 since lakes are subjected to continuous recycling and may release P from sediments which were
256 enriched in the past (Marsden, 1989), the decrease in lake ER_P was observed in only 20% of
257 European river basins.

258 Despite the success in reducing P discharges from wastewater, this management strategy
259 alone may not solve issues of freshwater eutrophication in Europe since ER_P and ER_N remained
260 constant in a large number of basins. As agricultural emissions account for an important share of
261 freshwater eutrophication impacts, controlling emissions from non-point sources (e.g.
262 agricultural fertilizers) is an important step towards achieving further reductions in nutrient
263 discharges (EEA, 2010).

264 Stream fauna appeared to be less vulnerable to high nutrient levels ($\alpha_{Lake} < \alpha_{Stream}$). This
265 also corresponds with the lower N and P levels defining trophic state thresholds for lakes than for
266 streams (Smith et al., 1999). Additionally, lake invertebrates are more sensitive to increasing
267 nutrient levels compared to streams ($\beta_{Lake} < \beta_{Stream}$). Here, we propose biogeochemical and
268 ecological reasons for this trend. The long residence time of lentic waters may prevent the
269 decrease in organic matter following N and P discharges and primary production in lakes (Holtan

270 et al., 1988). Furthermore, convective mixing of anoxic hypolimnetic waters with surface waters
271 may cause fast decreases in dissolved oxygen levels (Baehr and DeGrandpre, 2004). Azevedo et
272 al. (2013a) suggest that this higher sensitivity is due to the fact that insects in lakes
273 (corresponding to 42% of the invertebrates) respond to increasing nutrient stress more similarly
274 to one another than those in streams (corresponding to 64% of invertebrates) due to the higher β -
275 diversity in the latter (see also Hof et al., 2008). Additionally, since the surface area of streams in
276 contact with adjacent areas (namely, terrestrial systems) is larger than that of lakes (Johnson et
277 al., 2014), streams may be subjected to higher nutrient input from terrestrial systems relative to
278 the area they occupy, there is a possibility that species may have adapted to corresponding
279 nutrient levels. The adaptation of species to the environmental conditions they are exposed to
280 through time is depicted by the evolutionary species pool hypothesis (Pither and Aarssen, 2005).

281 Despite the higher sensitivity of lake invertebrates to increasing nutrient concentrations,
282 efforts to monitor nutrient levels in lakes were considerably less than in streams. We attribute
283 that to the higher level of spatial detail required in the guidelines of monitoring data, whereby the
284 sampling per covered area in streams is more frequent than in lakes (Nixon et al., 1998). The
285 increase in monitoring efforts over the last two decades in both lakes and streams is evident
286 (appendix S2). Ultimately, the monitoring of stressor concentrations by the EEA (or by another
287 environmental agency) is an obligatory step for the derivation of the stressors probability density
288 functions and, thus, for the estimation of the ecological risks.

289 Nitrogen versus phosphorus

290 The ecological risk posed by N stress is estimated to be considerably higher than the
291 ecological risk of P stress in both streams and lakes (Figure 4a,b). Here, we propose two reasons

292 for this trend. In low primary production systems, nutrient demand by autotrophs is reduced. The
293 lessened uptake by N by autotrophs may cause accumulation of N. High NO_3^- values were
294 associated to low primary production rates in a low productivity temperate lake (Sterner, 2011).
295 Second, the excess of N supply compared to P was also identified in stoichiometric analysis of
296 tissues of herbivores and of tissues of herbivore food supplies (Elser et al., 2000). In their study,
297 the average N:P ratio of herbivore tissue was 22.2 while the average N:P ratio in herbivory feed
298 was 30.2. An excess of N in lakes is expected if N:P ratios are lower in the tissue of consumer
299 organisms than in the tissue from which they feed (Elser et al., 2000; Glibert, 2012).

300 The relatively high ER_N in both lakes and streams can be possibly attributed to high
301 atmospheric N deposition rates in midwestern Europe compared with the global average
302 (Dentener et al., 2006) and the emphasis in controlling emissions of P, not of N. As
303 environmental programs emphasized the reduction of P discharges to freshwater, N emissions
304 from wastewater (and particularly from non-point sources) remained fairly unchanged from 1975
305 to 1995 in the Netherlands, for example (van der Molen et al., 1998). Nonetheless, the impact of
306 unchanging N emissions compared to those of P may be offset by the faster removal rates of N
307 compared to those of P in lakes (van der Molen et al., 1998). The differentiated atmospheric
308 deposition patterns across European landscapes (Dentener et al., 2006) may have also prompted
309 the higher variability in river basin ER_N compared to that of ER_P .

310 Contrariwise to our findings, Weijters et al. (2009) found that macroinvertebrate family
311 richness was more affected by P than by N. This may have been caused by the difference in
312 spatial coverage, taxonomic level, and taxonomic coverage. Our study focused on a wide range
313 of invertebrate species in Europe while Weijters et al. (2009) perform a global scale meta-
314 analysis for family richness of mayflies, stoneflies, and caddisflies. Because our study uses

315 species-specific NO_3^- and TP concentration thresholds, an individual species is either subjected
316 to N or to P stress, not both at the same time. Nonetheless, at the species community level, the
317 differentiated sensitivity across species essentially characterizes dual nutrient management.

318 Limitations

319 In our study, we assume that NO_3^- and TP have additive responses on potential
320 invertebrate species losses. Although the difference between ER derived under the assumptions
321 of RA and CA was low, this difference increases with increasing stressor levels and when the
322 slope coefficient β is lower than one (Drescher and Boedeker, 1995). Strong deviations between
323 the ER derived with the two methods could point towards non-additive effects between stressor
324 mixtures (Drescher and Boedeker, 1995). Non-additive effects on primary productivity or
325 autotrophic biomass have been repeatedly confirmed for combined N and P stress (Allgeier et al.,
326 2011; Dodds, 2006; Elser et al., 2007). However, as opposed to effects on primary productivity,
327 we are not aware of observational studies confirming interacting effects of N and P on diversity
328 of invertebrate species in freshwaters. Similarly, Harpole & Tilman (2007) observed interactive
329 effects of stressors on plant species losses in experimental studies but only an additive effect in
330 observational studies, which is likely a result of the independent detrimental effects of N and P
331 on species richness, as observed for north-western European grasslands (Ceulemans et al., 2013).
332 In our study, we assume additive effects of N and P since the mechanisms behind mixed
333 stressors effects on organisms are often unidentified or unknown (Backhaus et al., 2000;
334 Backhaus et al., 2004) and, in the case of N and P, the mechanisms are multiple, e.g. effects on
335 the synthesis of nucleic acids and of phospholipids. As environmental concentrations in
336 observational studies are not deliberately designed as are those in controlled experiments
337 (Tilman, 1987), it is not possible to test this interaction based on our field survey study. If the

338 interaction between N and P would be non-additive, the increase of one stressor would not affect
339 the total ecological risk of the mixture. For example, following the limiting nutrient concept for
340 responses based on primary productivity (Schindler, 1977; Schindler et al., 2008), increasing
341 NO_3^- concentrations would not cause changes in primary productivity if productivity is limited
342 by P deficiency. Thereby, ER_N would not have any influence in the ER_T . We do not rule out the
343 possibility of non-additive effects of N and P on invertebrate losses because of the few
344 comparisons between effect model outcomes up to now.

345 Our study uses the maximum NO_3^- and TP concentrations at which each invertebrate
346 species was confirmed present and they represent the threshold whereby species are no longer
347 tolerant to higher nutrient levels. However, field surveys may simply have been unable to detect
348 the species at levels higher than this threshold (Azevedo et al., 2013a), a characteristic that is
349 common to presence-only studies of species occurrence (Azevedo et al., 2013b; Walker and
350 Cocks, 1991). In more controlled experiments, Hickey and Martin (2009) found that effective
351 and lethal concentrations of NO_3^- for invertebrates were generally higher than those of our study.
352 This discrepancy may be attributed to the higher tested NO_3^- concentrations than those generally
353 found in European freshwater bodies (see average $^{10}\log$ concentrations a_c in appendix S2). If
354 higher species-specific maximum tolerance levels were employed for all species instead and if
355 the monitored concentrations remained unchanged, α in the CDF would be higher than those
356 reported in our study, thereby decreasing the ecological risk posed by the stressor. Additionally,
357 we perform our risk assessment not with pre-selected (indicator) species but with all species
358 reported in the environment. In the former, the CDF would likely indicate a higher sensitivity of
359 the ecosystem to stress since target or indicator species tend to be more sensitive to stress
360 (Smetanová et al., 2014).

361 Freshwater systems comprise many different stressors which may cause detrimental
362 effects to organisms, e.g. N, P, oxygen, temperature, pH, etc. Given that we gathered data on
363 environmental concentrations and organism threshold levels of two (NO_3^- and TP) but no other
364 stressor, we are unable to test for potential auto-correlation between stressors. Such correlations
365 might exist between NO_3^- and NO_2^- , which affects oxygen-carrying hemocyanin in crustaceans
366 (Alonso and Camargo, 2008) and NH_3 , which affects the secretion of byssus in bivalves (U.S.
367 Environmental Protection Agency, 2013), as well as between other stressors involved in
368 eutrophication impacts, e.g. dissolved oxygen and temperature.

369 The underlying data for the derivation of the yearly river basin PDF are the annual mean
370 concentrations of NO_3^- and TP at different monitoring stations reported by the EEA. Thus, the σ_c
371 used in the PDF describes the spatial variability across monitoring stations within the basin but
372 not the intra-annual variability in nutrient levels. Occasional high concentrations at individual
373 monitoring stations, common during peak rainfall events or upon fertilization at upstream farms,
374 would shift the mean annual concentration of the monitoring station towards higher values.
375 Ultimately, if many monitoring stations in a river basin would be subjected to peak
376 concentrations, the year-based river basin ER would be higher than the basins comprising fewer
377 high annual mean concentrations.

378 A final limitation of our study is the underlying data used for the derivation of the CDF
379 and of the PDF. While the PDF is derived with spatially and temporally differentiated α_c and β_c
380 variables, the α_i and β_i of the CDF are not differentiated across river-basins or across years but
381 solely across temperate freshwater types (i.e., lakes and streams). This lack of differentiation
382 could have underestimated the ER of basins which are particularly sensitive to eutrophication as
383 well as overestimated the ER of the less sensitive ones. Nonetheless, spatial and temporal

384 differentiation of the CDF may be obtained once surveys of invertebrates presence becomes as
385 widespread as the monitoring of nutrient levels in freshwaters.

386 Conclusions

387 Because the monitoring of biodiversity shifts can be costly, ecological indicators of water
388 quality impairment should be an available tool for environmental agencies (Johnson et al., 2014).
389 Here, we estimated the ecological risks in lakes and streams due to dual N and P stress to
390 invertebrates as this species group is frequently monitored (Growth et al., 1997) and because
391 recent studies have shown the importance of dual nutrient management to control algae blooms
392 (Paerl et al., 2011). Other environmental stressors, e.g. temperature or salinity, can be included in
393 further assessments as well if sufficient monitoring data are available. Efforts to improve water
394 quality in Europe should take into account that risks of absence of invertebrates due to excess of
395 nutrients were generally correlated to high N levels, not P. Thus, a stricter control of nitrogen
396 discharges to Europe inland waters is recommendable in order to comply with the ecological
397 status requirements of the Water Framework Directive (James et al., 2005). As water bodies in
398 the European Union are required to achieve ‘good ecological status’ by 2015 (Water Framework
399 Directive, 2000), this framework determines the ecological risks of eutrophication as a function
400 of the sensitivity of individual species in temperate lakes and streams as well the water quality of
401 individual river basins. Furthermore, this framework conveys which stressors related with
402 increasing primary productivity may cause the highest risk of biodiversity losses, which
403 European river basins are most subjected to eutrophication risks, and how have these risks
404 changed over time. These are some of the principal aspects required for environmental policy
405 decisions.

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413 **Supporting Information**

414 Species-specific data on maximum concentrations of NO_3^- and TP are available in
415 appendix S1. Yearly monitoring data on NO_3^- and TP concentrations and ER_N , ER_P , and ER_T per
416 river-basin data are available in appendix S2. Results of the comparison between total ecological
417 risks derived under the assumptions of response and concentration additions are shown in
418 appendix S3.

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