

Cellular distribution of the histamine H₃ receptor in the basal ganglia: Functional modulation of dopamine and glutamate neurotransmission

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This version is the Accepted Author Manuscript of Basal Ganglia 3 (2013) 109–121

For the published version of this paper go to <http://dx.doi.org/10.1016/j.baga.2012.12.001>

Abstract:

Histamine H₃ receptors (H₃R) are widely expressed in the brain where they participate in sleep-wake cycle and cognition among other functions. Despite their high expression in some regions of the basal ganglia, their functional role in this forebrain neural network remains unclear. The present findings provide *in situ* hybridization and immunohistochemical evidence for H₃R expression in several neuronal populations of the rat basal ganglia but not in astrocytes (glial fibrillary acidic protein immunoreactive cells). We demonstrate the presence of H₃R mRNA and protein in dopaminergic neurons (tyrosine hydroxylase positive) of the ventral tegmental area and substantia nigra. In the dorsal and ventral (nucleus accumbens) striatal complex we show H₃R immunoreactivity in cholinergic (choline acetyltransferase immunoreactive) and GABAergic neurons (substance P, proenkephalin or dopamine D₁ receptor positive) as well as in corticostriatal terminals (VGLUT1-immunoreactive). Double-labelling experiments in the medial prefrontal cortex show that H₃R is expressed in D₁R-positive interneurons and

Introduction

Histamine is involved in a variety of brain functions such as the sleep-wake cycle, attention, learning, memory and the control of food intake and locomotion [1,2] through its interaction with four identified G-protein coupled receptors. Three of them (H₁ to H₃) are widely distributed in the

VGLUT1-positive corticostriatal output neurons. Our functional experiments confirm that H₃R ligands modulate dopamine synthesis and the probability of glutamate release in the striatum from cortico-striatal afferents. The presence of H₃R in such different neuronal populations and its involvement in the control of striatal dopaminergic and glutamatergic transmission ascribes a complex role to H₃R in the function of the basal ganglia neural network.

Abbreviations

Acb: nucleus Accumbens; D1R: dopamine receptor 1; H3R: histamine receptor 3; PE: proenkephalin; SNc: substance nigra pars compacta; SNr: substance nigra pars reticulata; SP: substance P; SSC: sodium saline citrate; TBS: 50mM tris buffer saline pH 7.6; TSA: tyramide signal amplification; VGLUT1: vesicular glutamate transporter 1; VTA: ventral tegmental area

Keywords

histamine H₃ receptor; colocalization; dopamine; electrophysiology;

central nervous system while the H₄ receptor is expressed mostly in bone marrow and leukocytes, displaying very low levels in brain [3,4].

The histamine H₃ receptor (H₃R) was initially described as an autoreceptor controlling histamine release and synthesis in histaminergic terminals of the central

nervous system [5,6]. Later, its heteroreceptor role was demonstrated as it also modulates the release of other neurotransmitters including serotonin [7], norepinephrine [8], dopamine [9], glutamate [10] and GABA [11] in brain samples. Many human and rat H₃R mRNA isoforms are generated by differential splicing [12]. In the rat, four isoforms are functionally active: H₃₍₄₄₅₎, H₃₍₄₁₃₎, H₃₍₄₁₀₎, H₃₍₃₉₇₎. H₃₍₄₁₃₎ has been suggested to be the autoreceptor of histaminergic neurons [13]. The H₃R isoforms have a heterogeneous expression level in cerebral structures [14] being highly expressed in cortex, thalamus and caudate-putamen [15]. This regional localisation matches the relative distribution of histaminergic projections arising from the tuberomammillary nucleus. In addition, radioligand binding studies in rodents show high H₃R levels in olfactory nucleus, cortex, substantia nigra pars reticulata (SNr), amygdala, thalamus and hypothalamus, specially in tuberomammillary nucleus, with the highest density in striatum and nucleus accumbens [16].

The rat striatum is the main input structure of the basal ganglia involved in sensory-motor behavioural coordination. It can be divided in dorsal and ventral regions: Dorsal striatum (caudate-putamen) has been implicated in the initiation and development of a voluntary motor behaviour, while the ventral striatum (nucleus accumbens, Acb) plays a central role in motivated and goal directed behaviours because it integrates information from motor and limbic systems [17]. Dorsal and ventral striatum differ in afferences and efferences, but both present the same neuronal phenotypes. Thus 95% of striatal neurons are GABAergic spiny projection neurons, which can be divided in two populations: striato-nigral pathway neurons which show dynorphin, substance

P (SP) and D₁-like dopamine receptors and striato-pallidal pathway neurons that coexpress enkephalin and the D₂-like dopamine receptor [18,19]. Nevertheless, discrimination between these two populations is not absolutely clear because all of these neurons can express low levels of characteristic receptors of the other neuronal type [20, see also 21]. The remaining 5% of striatal neurons is composed by interneurons of two subtypes: cholinergic and GABAergic [22].

Striatal neurons are a major target of mesencephalic dopaminergic neurons, which are implicated in complex neurological and psychiatric disorders such as Parkinson, Huntington, schizophrenia and addiction. The role of H₃R in normal striatal functions such as locomotion control is not clearly elucidated [23,24], and even less in pathological conditions. However, the therapeutic potential of H₃R antagonists is being studied in sleep-wake disorders, dementia, attention-deficit hyperactivity disorders, and schizophrenia [25,26]. Conversely, stimulation of H₃R decreases L-dopa-induced chorea and turning behaviour in animal models of Parkinson's disease [27,28]. In the present work functional histamine H₃R expression in basal ganglia neuronal populations is studied to evaluate the possibility that H₃ receptors constitute new targets for treatments of these disorders.

Experimental procedures

Tissue preparation for histochemistry

Experiments performed in the present study conformed to the Ethics Committee for Human and Animal Research (Universidad Autónoma de Barcelona) in accordance with the European Communities Council Directive of 24 November 1986 (86/609/EEC). Brains were obtained from male OFA-Sprague-Dawley

rats weighing 200-250 g (Animal Service, Universidad Autónoma de Barcelona, Barcelona, Spain). Animals were sacrificed by decapitation, their brain was removed rapidly, immediately frozen (-40°C) by immersion in isopentane and stored at -20°C. Brain sections (10µm) were prepared on a cryostat and thaw-mounted onto Superfrost slides. Slices were fixed for 40 min at 4°C in freshly prepared 4% formaldehyde made up in 0.1M phosphate buffer pH 7.4, rinsed three times (5 min each) in 0.1M phosphate buffered saline, pH 7.4, dehydrated through graded ethanol and dried. All the sections were stored at -20°C until use.

Fluorescent *in situ* hybridization histochemistry

Brain sections were incubated at 37°C for 10 min with proteinase K (5µg/ml), acetylated for 10 min (in 0.1M triethanolamine, pH 8 and 0.25% acetic anhydride) at room temperature and dehydrated in graded ethanol up to 100%. Hybridization was performed overnight at 55°C in the presence of 10-20 ng of biotin/digoxigenine labelled antisense or sense probes in hybridization buffer (50% formamide, 10% dextran sulfate, standard saline citrate 2x (SSC), 1% Denhart's solution, 50mM Tris-HCl buffer, 0.1% NaPPi, 0.2mg/ml tRNA, 1mM EDTA). Subsequently, sections were rinsed with: 50% formamide in SSC2x (30 min at 55°C), SSC2x (5 min at 55°C, 2 times 10 min at room temperature) and incubated for 40 min at 37°C with ribonuclease. Then, sections were washed in graded SSC (4x and 2x, 15min each, 0.1x 30 min at 60°C and 0.1x 10 min room temperature), Tris buffered saline 50mM pH 7.6 (TBS) -Tween 20 0.05% three times (5 min each) and blocked with 1% blocking reagent (Roche Applied Science) in TBS for 1 h at 37°C. They were then incubated for 2 h at room temperature in a humid chamber with the primary antibodies sheep anti-

digoxigenine-peroxidase (Roche Applied Science, 1/100) and mouse anti-Biotin (Jackson Immunoresearch, 1/200) diluted in buffer (TBS, 0.1% acetylated bovine serum albumin, 1% goat serum, 0.1% Tween 20). After three rinses with TBS-Tween 20 0.05% (5 min each) sections were incubated with the green secondary antibody anti-mouse-Alexa488 (Invitrogen, 1/200) diluted in TBS-Tween 20 0.1% for 2 h at room temperature. Two more washes followed by one in TBS without Tween 20 (5 min) were performed before the incubation with the red fluorophore, which is conjugated to tyramide signal amplification (TSA)-Cy3 activated by peroxidase (Perkin Elmer, 1/500). Finally, sections were washed and mounted with Mowiol.

The H₃R probe corresponded to nucleotides 636-1243 of the rat H₃R sequence. It was previously shown to hybridize to the various H₃R mRNA isoforms expressed in the brain or peripheral tissues [14,16]. The tyrosine hydroxylase probe used to detect dopaminergic neurons was complementary to rat tyrosine hydroxylase mRNA sequence from nucleotide 25 till the end. cDNAs for proenkephalin (PE) and SP were obtained by polymerase chain reaction and corresponded to nucleotides 335-641 (GenBank accession n° AH002996) and nucleotides 80 - 227 (AH002233), respectively. They were subcloned into pGEM-4Z (Promega) plasmids. Antisense and sense cRNA riboprobes were prepared by *in vitro* transcription. The sense probe was used as a control for the specificity of the signal obtained with the antisense probe.

Fluorescent immunohistochemistry

Brain sections were thawed at 4°C, washed in TBS for 5 min, then in sodium borohydrate 1% (diluted in disodium hydrogenphosphate 0.1M pH 7.8) for 20 min and rinsed in phosphate buffer saline

50mM pH 7.4 and TBS (3 min each). Blocking was made with 7% donkey serum in TBS for 1 h at 37°C. Primary antibodies (listed in **Table 1**) were diluted in buffer (TBS, acetylated bovine serum albumin 1%, Tween 20 0.1%, 7% donkey serum) and incubated overnight at 4°C. Histamine H₃ receptor expression in dopaminergic and cholinergic neurons was detected using the Abcam antibody while the Alpha Diagnostic H3R31A antibody was employed for the other experiments as they showed similar immunostaining (Fig. 3). The H₃R signal specificity was tested by comparing three different commercial antibodies and by blocking Alpha Diagnostic anti-H₃ (H₃Ral) signal with its blocking peptide. After three washes in TBS-Tween 20 0.05%, sections were incubated with the secondary antibodies diluted in the same buffer as the primary. Specificity of the secondary antibodies employed was tested by control experiments without primary antibody. Three more washes with TBS-Tween 20 0.05% and TBS were done prior the incubation of 5 min with Hoechst33258 (diluted 1/1000 in TBS) for nuclei visualization. Final washes in TBS were made before the mounting with Mowiol.

Sections were analyzed with a Nikon Eclipse 90i microscope equipped with conventional fluorescence: (1) DAPI filters (340-380nm excitation, 435-485nm emission), (2) FITC filters (465-495nm excitation, 515-555nm emission) and (3) G2-A filters (510-560nm excitation, 590 emission). Fluorescent images were captured with a high resolution (1280x1024 pixels) Nikon digital DXM1200F camera interfaced with the ACT-1 Nikon software. Image signal levels were adjusted using Adobe Photoshop software for a better visualization. Original images have been kept. Confocal images are a Z-stack of 5 photos (1µm/slice) made with an Olympus FluoView FV1000 (Olympus) microscope

equipped with a UPLSAPO 60x NA: 1.35 objective. The following lasers were used: a 488nm laser (488nm excitation, 520nm emission) and a 559nm laser (559nm excitation, 618nm emission). Since the intensity of immunolabelling for the antibodies used could be due to many variables that cannot be individually quantified, this study does not attempt to quantify the relative amounts of labelled antigens. Colocalization of both antigens were measured with the FV10-ASW 1.7 software (Olympus) and are shown as average overlap \pm standard deviation of seven different regions of interest for each image. When the overlap value is above 0.5 we consider both antigens colocalized.

Electrophysiology

The protocol used was adapted from [29] and was as follows: Brains from male Sprague-Dawley rats of 5 - 9 weeks of age were rapidly extracted and placed in ice-cold Krebs buffer containing 124 mM NaCl, 3.5 mM KCl, 25 mM NaHCO₃, 1.25 mM NaH₂PO₄, 1 mM CaCl₂, 2 mM MgSO₄, 10 mM glucose, 10 mM Hepes (pH 7.4) and oxygen saturated (95% O₂/5% CO₂). Sagittal corticostriatal slices (350 µm) were prepared from tissue blocks of the brain with a Vibratome (Leica, VT1000S) and maintained at least 2 h at room temperature in the Krebs buffer, containing 2 mM CaCl₂. This medium was used for further recordings. A single slice was transferred to a recording chamber of an upright microscope (DMLFS, Leica). The slice was positioned under a nylon mesh and continuously superfused with oxygen saturated Krebs solution (flow rate 2 ml/min) maintained at 30-32°C. Extracellular recordings were made using a glass micropipette (flame polished borosilicate capillary, inside diameter 0.58 mm, outside diameter 1 mm, Warner instruments; resistance 4-7 MΩ) with a wire (silver, 250 µm, A-M Systems) filled with

perfusion medium and placed in the dorsal striatum. Afferent fibers were stimulated by delivering monophasic voltage pulses at a frequency of 0.05 Hz to a bipolar electrode (nickel chrome wire, bare diameter 50 μm , A-M Systems) connected to a multi-channel external stimulator (STG4, Multi channels systems) controlled by the software MC Stim (Multi channels systems). The stimulating electrode was placed in the corpus callosum, or in the striatum close to the border of the corpus callosum. Stimulation intensity ranged from 100-800 μA and 80-600 ms. The recording electrode was connected to a patch-clamp amplifier (Axopatch 200 B, Axon Instruments). Signals were digitized (Digidata 1200 Interface, Axon Instruments) and filtered at 2 kHz. Paired-pulse ratio was obtained by applying two stimuli with a 50 ms interval and calculated by dividing the second field potential amplitude by the amplitude of the first one (P2/P1). Data were collected by Win LTP (kind gift by Dr. W. Anderson, University of Bristol, UK). The amplitude of the field potential was used as a measure of synaptic transmission. After obtaining a stable baseline of at least 15 min, thioperamide was diluted in the Krebs solution and bath-applied. Field potential amplitudes were normalized to baseline amplitude. Each data point used for statistics was the mean of 8 consecutive field potentials. Results were pooled in Sigmaplot (Sigmaplot version 9) and represented as means (\pm SEM) of $n = 5$ animals.

Dopamine synthesis

Fresh rat brains were chilled immediately in modified Krebs-Ringer-bicarbonate medium with the following composition: 120 mM NaCl, 0.8 mM KCl, 2.6 mM CaCl_2 , 0.67 mM MgSO_4 , 1.2 mM KH_2PO_4 , 27.5 mM NaHCO_3 , and 10 mM glucose, pH 7.4, saturated with 95% O_2 /5% CO_2 . In a 4 $^\circ\text{C}$ room, striata (including

nucleus accumbens) were dissected and sliced using a McIlwain tissue chopper to obtain miniprisms of 0.3-0.3 mm/side. Miniprisms were suspended in the same medium and washed by centrifugation and resuspension to remove cell debris. Miniprisms were distributed into 2 ml polypropylene tubes and preincubated for 15 min at 37 $^\circ\text{C}$ in an Eppendorf Thermomixer under 95% O_2 /5% CO_2 atmosphere. Imetit (H_3R agonist) or vehicle was added and preincubation continued for 10 min. Then ring-labeled [3,5- ^3H]-L-tyrosine (40–60 Ci/mmol) was added to all samples (final concentration of 0.12 μM) and incubation continued for 10 min to synthesize [^3H]-dopamine. Synthesis was stopped by the addition of a deproteinizing solution containing trichloroacetic acid and 100nmol internal standard dopamine per tube. Blank tubes contained deproteinizing solution prior to [^3H]-tyrosine and were kept ice-cold throughout. All samples were homogenized in a Dynatech/Sonic Dismembrator (Dynatech Labs). An aliquot was taken for protein quantification by the Lowry method to take into account the variability of tissue amounts in each tube. Tissue homogenates were then centrifuged (12,000 g, 10 min, 4 $^\circ\text{C}$), and supernatants were recovered for [^3H]-dopamine purification by HPLC-UV.

The chromatography system consisted of a reverse-phase C18 column (Tracer Extrasil ODS2, 5-mm particle size, 25 x 0.46 cm; Teknokroma) and an ion-pair mobile phase, made up of 100 mM sodium phosphate buffer, 1 mM EDTA, 0.75 mM octanesulfonic acid plus 12% (v/v) methanol (pH 5). Flow rate was 1 ml/min. Internal standards were detected by UV 285 nm. Radiolabelled and endogenous tyrosine and dopamine were undetectable by UV absorbance. Recovery of the internal standard was quantified in each sample (internal/external standard peak area). Dopamine fractions were collected in

scintillation vials, mixed with Optiphase HiSafe III cocktail (Wallac), and [³H]-dopamine was quantified in a liquid scintillation counter. Dpm obtained were corrected by dopamine internal standard recovery, dpm in blank samples, and protein content in each incubated tube. Results were expressed as percentage versus control samples in the same experiment.

Results

H₃R mRNA and protein expression in mesencephalic dopaminergic neurons.

In a previous study of H₃R mRNA distribution in several brain regions [16], no expression was apparent in the ventral tegmental area (VTA). In contrast in the present work we do describe H₃R mRNA expression in the VTA using the same H₃R cRNA probe for *in situ* hybridization as [16]. TSA amplification permitted to visualize H₃R expression, particularly in dopaminergic neurons of the VTA identified by tyrosine hydroxylase mRNA (double *in situ* hybridization) and protein (double immunohistochemistry; **Fig. 1A**). In agreement with Pillot et al [16] we confirm the presence of H₃R mRNA and protein in substantia nigra pars compacta (SNc, **Fig. 1B**), particularly in dopaminergic neurons. Additional neuronal populations of SNr also showed H₃R labeling (data not shown). The Pillot et al (2002) study also showed a low but significant binding of the H₃R ligand [¹²⁵I]-iodoproxyfan in the VTA as compared to the SNc. Thus, our results would agree with them after improvement of signal detection with TSA. Nevertheless, we controlled the specificity of the H₃ cRNA antisense probe used for *in situ* hybridization with the sense probe. In both our study and [16] a very low non-specific signal was detected in the VTA with the sense probe (**Fig. S1**), but it was almost

undetectable when compared with the specific signal of the antisense probe in the same conditions. We also controlled the specificity of the H₃R antibodies used by comparing three different commercial antibodies (listed in **Table 1**) obtaining the same signal pattern. These antibodies were previously used in several studies [30,31]. Moreover, the signal specificity of the Alpha Diagnostic anti-H3R (anti-H3Ral) antibody was completely abolished by preincubation with its blocking peptide (**Fig. S2**)

H₃ receptors inhibit dopamine synthesis

Striatal dopamine synthesis takes place in dopaminergic terminals arising from VTA and SNc. To search for H₃R function in dopaminergic neurons we chose to determine dopamine synthesis in miniprism preparations of freshly dissected striatum. In the presence of different concentrations of the H₃R agonist imetit, [³H]-dopamine synthesis from [³H]-tyrosine was decreased by 65 % vs. controls (p<0.01 oneway ANOVA; **Fig. 2**). This result was representative of three independent experiments, and it confirms a previous report with a different H₃R agonist [9]. This suggests that H₃R are functional inhibitory heteroreceptors in dopaminergic neurons.

H₃R protein and mRNA expression in striatal neurons

Next we studied the presence of H₃R mRNA (**Fig. 3**) and protein (**Fig. 4**) in striatal GABAergic projection neurons. Approximately half of H₃R mRNA-positive neurons corresponded to each population of SP or PE-expressing GABAergic projection neurons (**Fig. 3**). Almost all SP mRNA positive neurons expressed H₃R mRNA (111 double-labelled of 126 SP positive neurons in accumbens and 115 of 133 in striatum). Similarly, almost all PE mRNA positive neurons expressed H₃R mRNA (131 double-

labelled of 140 PE positive neurons in accumbens and 141 of 160 in striatum).

We also studied the colocalization of H₃R protein and dopamine D₁ receptor immunoreactivities. Dopamine D₁ receptor immunoreactivity was more intense in neuronal somas, although it showed a pattern of expression suggesting terminal labelling. Using confocal imaging, we found H₃R-D₁R colocalization (**Fig. 4**) in the H₃R positive neurons of the medial prefrontal cortex, dorsal striatum and nucleus accumbens (overlap values 0.71±0.01, 0.67±0.05 and 0.71±0.03 respectively) and also in H₃R positive terminals of these areas (overlap values 0.70±0.02, 0.70±0.03 and 0.74±0.04 respectively).

Although H₃R activation modulates acetylcholine release [32,33,34], the presence of H₃R on cholinergic neuron terminals had not yet been clearly established. We found H₃R immunoreactivity in virtually all accumbal (10 double-positive of 10 cholinergic neurons) and striatal (17 double-positive of 17 cholinergic neurons) cholinergic interneurons, as shown in **Fig. 5**. Cholinergic interneurons were identified by choline acetyltransferase (ChAT) immunoreactivity and by their big size.

H₃R protein expression in glutamatergic endings. Effects on glutamate release.

The striatum receives a modulatory histaminergic input arising from the tuberomammillary nucleus of the hypothalamus [35] and three major synaptic inputs: the dopaminergic nigrostriatal pathway and the glutamatergic corticostriatal and thalamostriatal pathways [36]. These two glutamatergic inputs to striatal neurons can be easily distinguished on the basis of the vesicular transporter used for glutamate storage. Thalamic neurons express the vesicular glutamate transporter 2 while cortical neurons innervating the striatum express the

vesicular glutamate transporter 1 (VGLUT1) [37]. As **Fig. 6** shows, we found that H₃R are highly expressed in glutamatergic corticostriatal nerve endings (VGLUT1 immunoreactive) in striatum and nucleus accumbens (overlap values 0.75±0.08 and 0.72±0.04 respectively) as well as in glutamatergic terminals in the medial prefrontal cortex (overlap value 0.68±0.08). At the same time, we found H₃R-VGLUT1 colocalization in the external border of some H₃R positive neurons in medial prefrontal cortex, striatum and nucleus accumbens (overlap values 0.54±0.03, 0.60±0.03 and 0.62±0.05 respectively), while central area of the neurons only showed H₃R immunoreactivity.

To determine if H₃ receptors found on glutamatergic corticostriatal endings were functional, we recorded field potentials elicited by cortico-striatal stimulation. The application of H₃R antagonist/inverse agonist thioperamide (100 nM) to fresh striatal brain slices induced an increase of field potential amplitude accompanied by a decrease of the paired-pulse ratio (**Fig. 7**). This effect persisted during thioperamide application (30 min) and after washout (p<0.05 repeated-measures ANOVA), resulting in an enduring potentiation of field potential amplitude. A change in paired-pulse ratio is generally interpreted as a changed probability of neurotransmitter release reflecting a presynaptic action of the studied molecule. Thus the effects of 100 nM thioperamide clearly suggest a potentiation of corticostriatal glutamate release mediated by blockade of inhibitory H₃R present in corticostriatal nerve endings.

H₃R protein is not expressed in GFAP-immunoreactive astrocytes.

Astrocytes detected with an antibody against its specific marker, the glial fibrillary acidic protein (GFAP), are present

in diverse brain areas including the neostriatum, the substantia nigra and the cortex [38]. We analyzed the possible presence of H₃R in astrocytes and found no colocalization between H₃R and GFAP proteins in medial prefrontal cortex, striatum or nucleus accumbens (**Fig. 8**). Overlap values obtained in these three brain regions were 0.29±0.03, 0.26±0.07 and 0.27±0.07 respectively, always below the preestablished threshold to detect colocalization.

Discussion

In the present work we describe the presence of histamine H₃ receptor expression in several neuronal types of rat basal ganglia: (1) nigrostriatal and mesolimbic dopaminergic neurons; (2) striatonigral and striatopallidal GABAergic neurons; (3) striatal cholinergic interneurons and (4) corticostriatal glutamatergic terminals. In addition, we show that H₃ receptors appear to be functional in dopaminergic and glutamatergic cells. Thus H₃R are expressed in diverse cellular types and could mediate most histamine actions in these structures [39].

We describe for the first time H₃R mRNA presence in the VTA, which was not found in the study of brain H₃R distribution by Pillot *et al.* [16]. The reason for this discrepancy could be due to the sensitivity of methodological procedures. In the Pillot *et al.* work a ³³P radioactive probe was used for a one-week exposition time, a relatively short and probably insufficient period for low levels of mRNA expression. In our case we used the same cRNA probe as Pillot *et al.* but we detected it with the potent TSA amplification system. This improvement revealed H₃R mRNA expression in the VTA, specifically in dopaminergic cells. Pillot *et al.*

also studied the brain distribution of H₃R protein by binding with the H₃R antagonist ¹²⁵I-iodoproxyfan. They found minimum binding in the VTA, much lower than in the dorsal striatum, Acb, cortex and substantia nigra (noteworthy weaker in SNc than in SNr, suggesting predominant H₃R expression in striatonigral neurons as compared to nigrostriatal neurons). Using fluorescent immunohistochemistry we have confirmed H₃R receptor presence in those areas (cortex, dorsal striatum, Acb, SNc and also VTA), but a comparison between regions was not attempted due to the difficulties of fluorescence quantification. Although H₃R expression can be lower in the VTA and SNc than in other regions, we show it is clearly present in dopaminergic neurons characterized both by tyrosine hydroxylase immunoreactivity and mRNA expression. Furthermore, H₃R stimulation decreased dopamine synthesis in striatal tissue (Fig. 2 and [9]), as expected according to the typically inhibitory role of H₃R in other cells [5,6]. Although dopamine release could also be modulated by H₃R, this effect was more clearly described in the prefrontal cortex than in the striatum [40,41]. In the Acb shell H₃R ligands modulate methamphetamine-stimulated dopamine release, but fail to modulate non-stimulated release [42]. Thus despite low expression levels, we can conclude that functional inhibitory H₃R are present in dopaminergic neurons projecting to the prefrontal cortex, dorsal striatum and Acb.

Colocalization of PE or SP mRNA with H₃R mRNA in the striatum and nucleus accumbens (Fig. 3) confirms H₃R expression in all GABAergic medium spiny projection neurons [43,44]. In striatonigral neurons, H₃R are functional taking into account that: 1) H₃R stimulation reduces dopamine D₁ receptor-dependent GABA release [11]; 2) H₃R stimulation inhibits dopamine D₁ receptor-stimulated cAMP accumulation

[45], and 3) D₁R - H₃R receptor heteromers stimulate MAP kinase specifically in these cells [44]. In striatopallidal neurons, H₃R presence agrees with 1) a previous report of H₃R mRNA in PE positive neurons [46] and 2) colocalization of D₂ and H₃ immunolabelling [44]. However, proof of H₃R functionality in striatopallidal neurons is still insufficient. D₂ and H₃ receptors can interact forming heteromers in living cells *in vitro*, and locomotor tests suggest they could also interact *in vivo* [46,47], but it is still uncertain whether this interaction actually occurs in striatal neurons [48]. Recently, Ellender *et al.* (2011) [39] reported that histamine modulates lateral inhibition between collaterals of striatal medium spiny neurons, although the authors did not test H₃R involvement in this effect.

Currently, the existence of a population of medium spiny neurons which coexpress D₁ and D₂ receptors is accepted [21,49]. In addition, all neurons expressing D₁ receptors appear to contain low levels of D₂ receptors and vice versa [20]. In the ventral striatum a subset of D₁ and D₂ receptor-expressing neurons coexpress dopamine D₃ receptors [50]. Additional populations of striatal efferent neurons coexpress (1) D₄ and D₅ receptors [51], (2) D₁ receptors, SP and also PE, projecting to the SNc [52], and (3) D₁ receptors and neurokinin B (but not SP or PE), projecting to the substantia innominata [19]. Thus, separation of neuronal populations can not be performed based on D₁ receptor labelling. In this paper all H₃R protein immunoreactive neurons in the studied areas showed D₁ protein immunoreactivity (Fig. 4). This might imply H₃R expression in neurons where D₁ and D₂ receptors are colocalized, but we did not attempt to demonstrate this by triple labelling. The specificity of the dopamine D₁ receptor antibody used here was described by

Narushima *et al.* [53]. In Narushima's paper, partial colocalization of D₁ and D₂ receptor immunoreactivities was apparent in some pictures. Further work should confirm whether H₃R are expressed in D₁ - D₂ positive cells.

GABAergic and cholinergic interneuron arborizations in the caudate/putamen would explain neuropil colocalization between D₁ receptors and H₃R (Fig. 4). In contrast, glutamatergic inputs are described to express only the D₂-like class of dopamine receptors [54]. Similarly, the D₁R - H₃R protein colocalization found in the medial prefrontal cortex could be due to the H₃R presence in the D₁R-expressing GABAergic interneurons of the cortex.

It is well known that excitatory corticostriatal afferents to the striatum innervate both populations of medium-sized spiny GABAergic projection neurons [55]. We found H₃R immunoreactivity in corticostriatal glutamatergic inputs to the striatum (Fig. 6). The colocalization of H₃R and VGLUT1 agrees with functional studies showing that 1) the H₃R inverse agonist thioperamide at 100 nM changed the paired-pulse ratio of corticostriatal synapses (Fig. 7A), an index of altered probability of presynaptic neurotransmitter (glutamate) release [56]; 2) H₃R mediate the synaptic depression induced by histamine in corticostriatal inputs [57,39]. Conversely, the H₃R inverse agonist thioperamide relieves the repression exerted by presynaptic H₃R on glutamatergic terminals, allowing an increased release of presynaptic glutamate that potentiates field potentials (Fig. 7B). The concentration of thioperamide we used in the present study (100 nM) should fully occupy H₃R, although it is much lower than that used in Doreulee and Ellender studies (10 μ M) to block histamine-induced synaptic depression. We must note

that bath application of 10 μ M thioperamide alone did not affect field potential amplitude or paired pulse ratios (data confirmed by us, in agreement with previous studies [57, 39]). We do not have an explanation for thioperamide concentration-dependent effects, but we could speculate that higher concentrations may have effects on an additional subset of receptors (and see [13]). Independently of that, Ellender *et al.* (2011) [39] suggested that H₃R mediate histamine depression of corticostriatal synapses and favor thalamostriatal transmission, but the presence of H₃R in thalamostriatal terminals has not yet been demonstrated. H₃R activation in striatal synaptosomes inhibits glutamate release [10], but striatal synaptosomes may be formed from cortical, thalamic or additional inputs. Taken together, we can conclude that functionally inhibitory H₃R are present in corticostriatal terminals, limiting glutamate release.

Our results show that striatal cholinergic neurons present histamine H₃ receptor immunoreactivity. Due to the low number of striatal cholinergic interneurons, we were unable to show direct effects of H₃R ligands specifically in these cells, but there are numerous studies where H₃R modulation of acetylcholine release has been observed in diverse brain regions: (1) in the amygdala H₃R agonists increased acetylcholine release [58]; (2) in the cortex H₃R agonists decreased acetylcholine release [32,33]; (3) in the hippocampus H₃R antagonists increased acetylcholine release [59]; (4) in the ventral striatum of freely moving rats acetylcholine release was stimulated by both H₃R agonists and inverse agonists by acting at H₃ receptors putatively located in different populations of neurons, although no evidence was obtained of direct effects of H₃ ligands on cholinergic neurons [34]. Thus, the possibility that H₃

receptors in striatal cholinergic interneurons are functional is still uncertain.

Although we did not find H₃R presence in GFAP-immunoreactive astrocytes in the medial prefrontal cortex, striatum or nucleus accumbens, this colocalization was recently shown at the caudal spinal trigeminal nucleus of non-human primates [60]. Thus H₃R presence in astrocytes could be limited to some areas. In cultured astrocytes histamine seems to act through H₁ receptors to induce inositol phosphate accumulation [61] and calcium entry [62] but we have found no literature evidence of H₃ receptor-mediated effects in astrocytes.

Due to the presence of functional H₃R in such different cellular types, what role should these receptors have in striatal function? Regarding locomotion, it has been shown that histamine action on H₃R elicits a fast hypokinetic effect, and afterwards histamine would activate H₁ receptors to elicit hyperactivity [23]. The hypokinetic effect could be explained by a transient decrease of dopamine neurotransmission provoked by H₃R stimulation. However H₃R KO mice exhibit lower locomotion than wild-type mice [24], a finding that is hard to reconcile with the H₃-mediated hypokinetic effect and with the observation that H₃ antagonists do not change locomotor activity. An interpretation given by these authors is that the absence of H₃ inhibitory autoreceptors in histamine neurons of KO mice could favor histamine release, which could decrease neuronal histamine levels, which in turn could decrease activation of H₁ receptors [24]. Developmental adaptations in H₃R KO mice are difficult to interpret given the varied cellular types expressing H₃R in the basal ganglia.

Several H₃R agonists decrease L-dopa and apomorphine-induced turning

behavior in 6-hydroxydopamine lesioned rats [26,63] as well as L-dopa-induced chorea in MPTP-lesioned monkeys [28]. These effects could be due to H₃R-mediated decrease of GABA release in the SNr [64] (but see [65]). In reserpinized mice, H₃ receptor stimulation decreases locomotion induced by dopaminergic agonists [47]. These effects should be independent of H₃R expression in dopaminergic neurons. In brains from Parkinson disease patients a strong H₃R binding was found in the SNr [66]. Thus, it is likely that H₃R in the GABAergic direct pathway could account for the majority of the effects of H₃R agonists in models of Parkinson's disease. H₃R and D₁R in these neurons have opposite effects [11,44] and dopaminergic lesions may sensitize them [66,45].

The effects of H₃R antagonists / inverse agonists in the basal ganglia can be more difficult to interpret. H₃R inverse agonists would (1) stimulate histamine release, which may lead to H₁-mediated effects such as hyperlocomotion [23,67] and H₂-mediated depolarization of medium spiny neurons [39]; (2) facilitate glutamate release from corticostriatal terminals (Fig. 7); and (3) stimulate cortical dopamine release [40]. In reserpinized mice, the H₃R antagonists / inverse agonist thioperamide potentiates locomotion elicited by dopaminergic agonists [47]. However, antagonism of H₃R in striatonigral neurons could also block D₁-H₃ receptor heteromers [44], whose involvement in locomotion is uncertain, but could contribute to

dopamine-mediated effects. D₁-H₃ receptor heteromers work as processors integrating dopaminergic and histaminergic signals that can be blocked by antagonists of either receptor protomer composing the heteromer [44]. According to H₃R expression in several neuronal types of the basal ganglia, further studies would be needed to determine whether H₃R ligands could be therapeutically useful in Parkinson's disease or related movement disorders [68]. Similarly, further studies of H₃R antagonists / inverse agonists would be advisable in models of other disorders where the basal ganglia play a central role such as attention-deficit hyperactivity disorder, schizophrenia and alcohol abuse [25,26]. The fact that each neuronal pathway involved expresses H₃R difficults prediction of the predominant functional effects of H₃R antagonists / inverse agonists. We expect these ligands would favor histamine actions on other histamine receptor subtypes, but their effects on glutamatergic and dopaminergic neurotransmissions must also be considered.

Acknowledgements

Supported by Spanish government grants SAF2006-08240, SAF2009-12510 and Red de Trastornos Adictivos RD06/0001/0015. M.G.S. was recipient of a Spanish government FPI fellowship. HH was recipient of an Allocation de Recherche from the French government.

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Table 1. List of antibodies (A) and fluorescent detection systems (B) used for immunofluorescence and fluorescent *in situ* hybridization studies. Histamine H₃ receptor protein was detected using the Abcam 13014 antibody in dopaminergic and cholinergic neurons and the Alpha Diagnostic H3R31A antibody in the rest of experiments.

A

Antigen	Abbreviation	Dilution	Reference	Host
Histamine H ₃ receptor	anti-H ₃ Rab	1/300	Abcam (ab-13014)	Rabbit (P)
Histamine H ₃ receptor	anti-H ₃ Rc	1/200	Chemicon (ab5660)	Rabbit (P)
Histamine H ₃ receptor	anti-H ₃ Ral	1/200	Alpha Diagnostic (H3R31-A)	Rabbit (P)
Tyrosine Hydroxylase	anti-TH	1/500	Millipore (AB1542)	Sheep (P)
Dopamine D1 receptor	anti-D1	1/300	Frontier Institute (D1rgpaf501)	G. Pig (P)
Choline Acetyl Transferase	anti-ChAT	1/100	Chemicon (ab144P)	Goat (P)
Vesicular Glutamate Transporter 1	anti-VGLUT1	1/300	Synaptic Systems (135 511)	Mouse (M)
Glial fibrillary Acidic Protein	anti-GFAP	1/500	Sigma Aldrich (G3893)	Mouse (M)

P, polyclonal; M, monoclonal

B

Detection system	Dilution	Source	Host
Anti Digoxigenin -peroxidase	1/100	Roche (11207733910)	Sheep
Anti-rabbit-peroxidase	1/200	Cell signalling (7074)	Goat
Anti biotine	1/200	Jackson Immun. (200-002-211)	Mouse
Anti mouse -Alexa 488	1/200	Invitrogen (A11029)	Goat
Anti sheep -FITC	1/40	Sigma Aldrich (F7634)	Donkey
Anti goat -Alexa 488	1/200	Invitrogen (A11055)	Donkey
Anti guinea pig -Alexa 488	1/200	Invitrogen (A11073)	Goat
Anti rabbit -Alexa594	1/200	Invitrogen (A21442)	Chicken
TSA-Cy3 (amplification system)	1/100-500	Perkin Elmer (NEL 744)	-
Hoechst 33258	1/10000	Invitrogen (H3569)	-

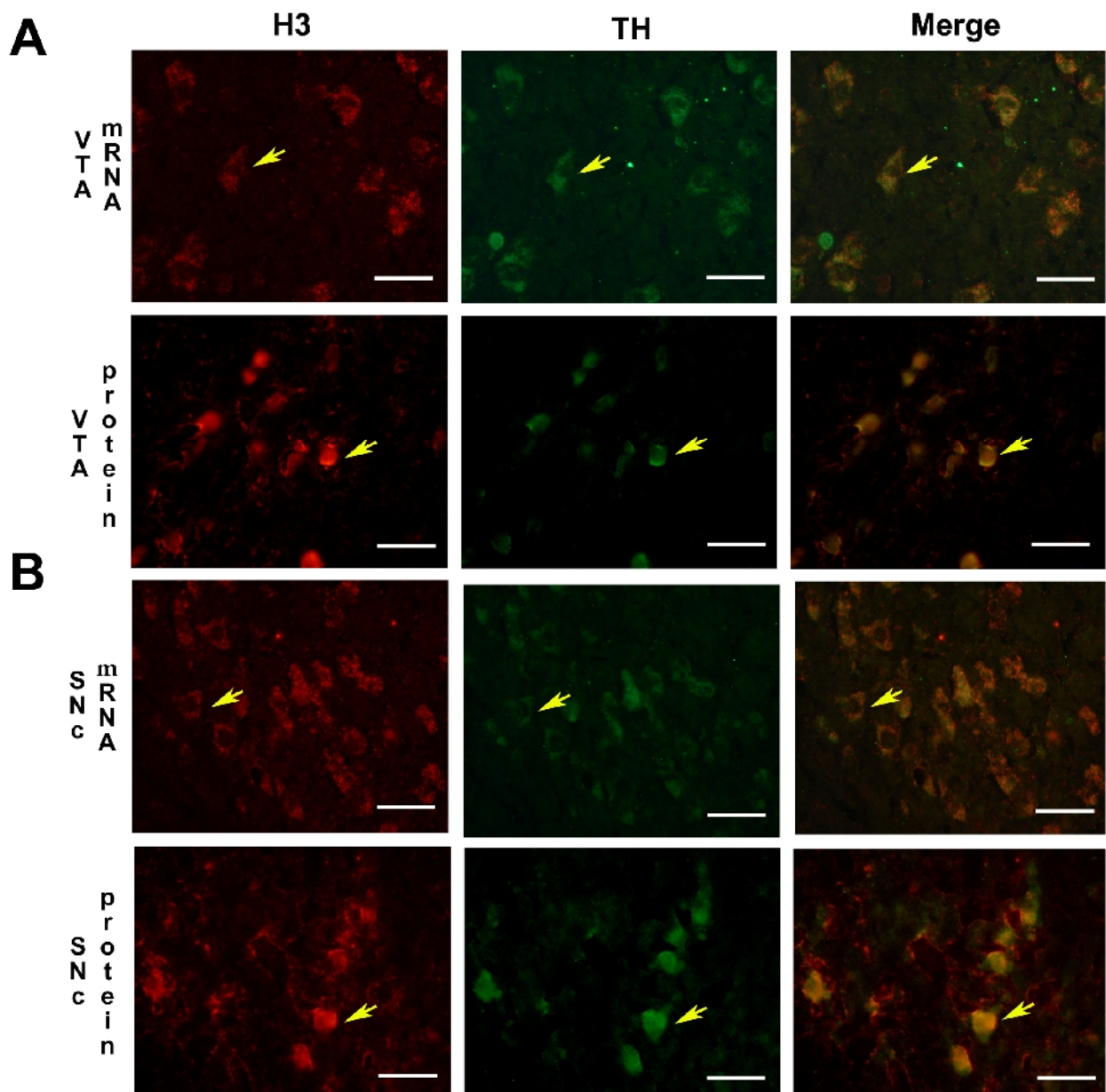


Figure 1. H₃R expression in mesencephalic dopamine neurons. A) Representative colocalization of H₃R and TH mRNAs (upper images) and protein immunoreactivities (lower images) in the VTA (scale bar 40µm). B) Colocalization of H₃R and TH mRNAs (upper images) and protein immunoreactivities (lower images) in the SNc (scale bar, 40µm). Images are representative of three brain sections obtained from different animals. H₃R protein immunoreactivity is detected with the Abcam rabbit anti-H₃R antibody and an anti-rabbit secondary coupled to DIG. H₃R mRNA is detected with a H₃R-specific cRNA-DIG probe. In both protocols, an anti-DIG-peroxidase antibody is used followed by TSA-Cy3 signal amplification, which gives a red labelling to H₃R expressing cells. TH protein is detected with a sheep anti-TH antibody and an anti-sheep FITC-coupled secondary antibody. TH mRNA is detected with a cRNA-biotin probe, followed by a mouse anti-biotin antibody and an anti-mouse Alexa 488-coupled antibody. In both cases a green label shows TH-expressing cells. Yellow arrows show neurons with positive colocalization.

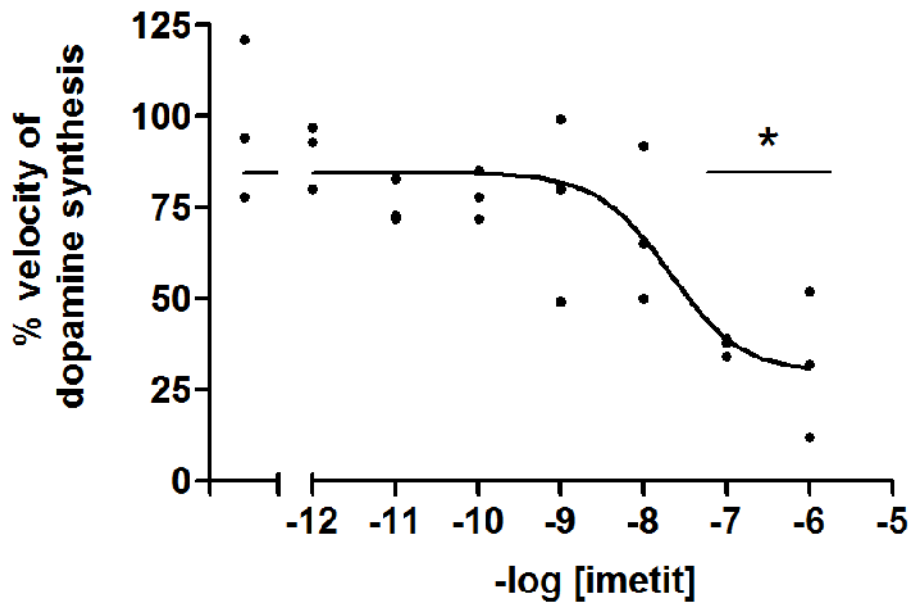


Figure 2. Inhibition of dopamine synthesis by a H₃R agonist. The H₃R agonist imetit dose-dependently decreased ³H-dopamine synthesis in fresh striatal miniprisms incubated with ³H-tyrosine. Data shown are obtained from individual incubations and expressed as % of dopamine synthesis versus control samples. 100% dopamine synthesis in control samples was 162667 dpm. This result was representative of three independent experiments performed with brains obtained from three different animals. Estimated IC₅₀ was 20 nM. * p<0.01 vs controls, one-way ANOVA and Dunnett post-hoc test.

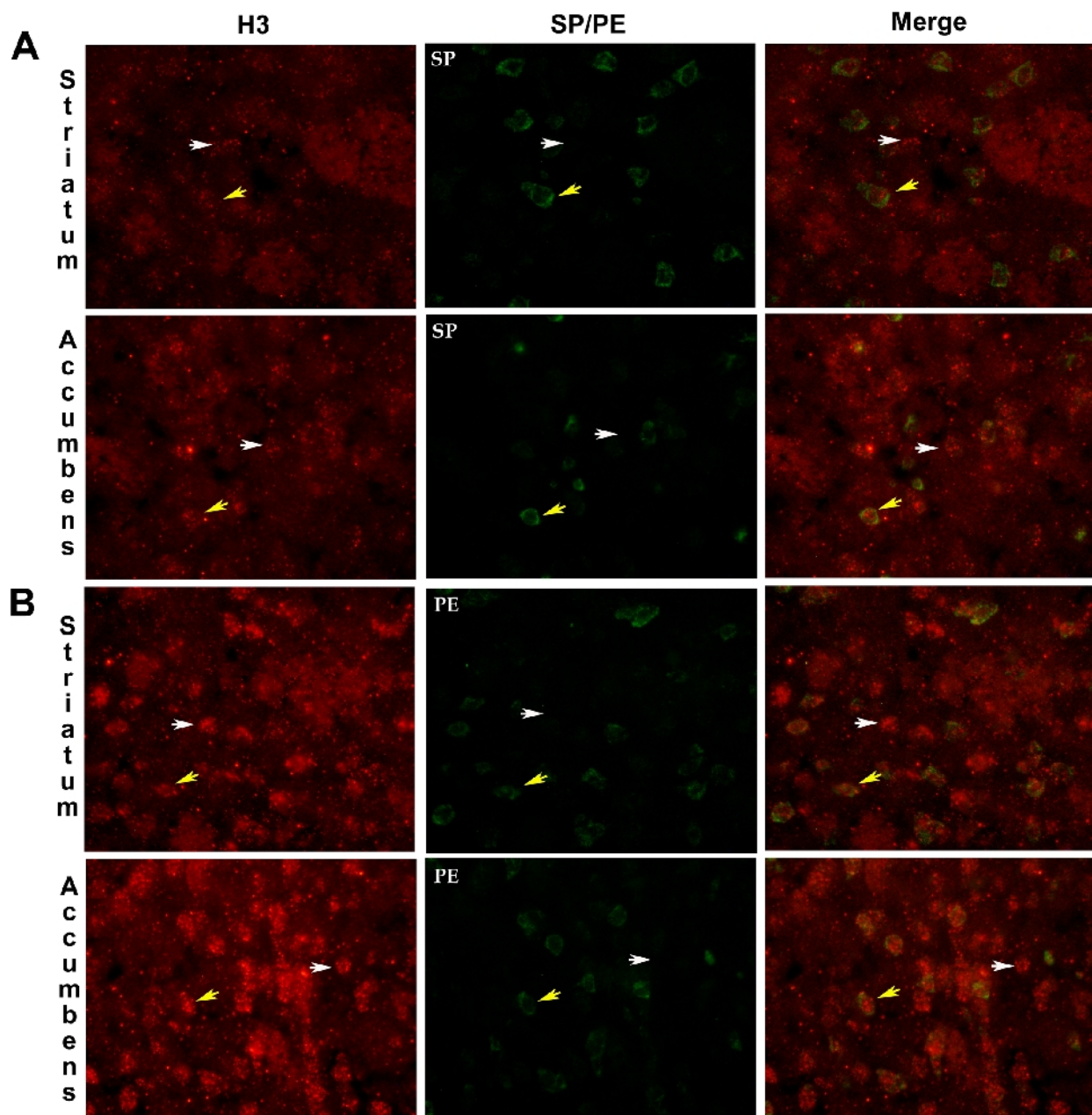


Figure 3. H₃R mRNA expression in GABAergic medium spiny projection neurons of the striatum and nucleus accumbens. A) H₃R mRNA colocalization with SP mRNA B) H₃R mRNA colocalization with PE mRNA. Images are representative of three brain sections obtained from three different animals. H₃R mRNA is detected as a red fluorescent signal obtained using a H₃R-specific cRNA-DIG probe recognized by an anti-DIG-peroxidase antibody and followed by a TSA-Cy3 signal amplification. PE or SP mRNAs are detected as green fluorescence signals obtained using PE or SP cRNA-Biotin probes recognized by a mouse Anti-biotin antibody and followed by a goat anti-mouse Alexa 488-coupled antibody. White arrows show neurons single-labelled with H₃R mRNA only. Yellow arrows show positive neurons for both probes. Scale bar 40µm.

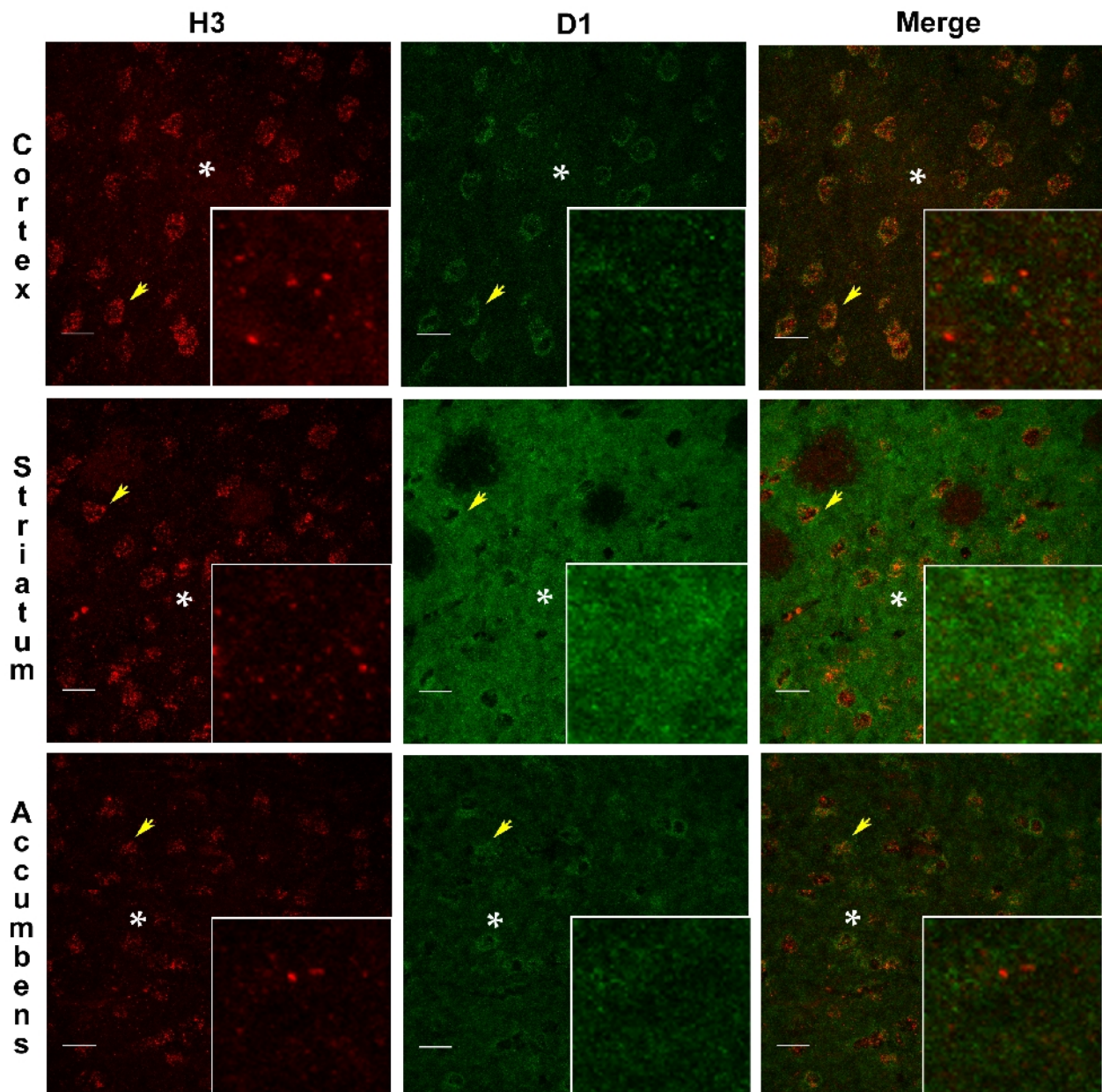


Figure 4. Colocalization of H₃R and D₁R immunoreactivities. H₃R and D₁R protein immunolabelling colocalize at neuronal bodies of the medial prefrontal cortex, dorsal striatum and nucleus accumbens (overlap values 0.71 ± 0.01 , 0.67 ± 0.05 and 0.71 ± 0.03 respectively) and neuropil of these areas (overlap values 0.70 ± 0.02 , 0.70 ± 0.03 and 0.74 ± 0.04 respectively). No neurons were found with only H₃R immunoreactivity. Images are representative of three brain sections obtained from different animals. H₃R protein is detected as red fluorescence obtained with the Alpha Diagnostic rabbit anti-H₃R antibody followed by an anti-rabbit-peroxidase and the TSA-Cy3 system. D₁ protein is detected as green fluorescence obtained with the guinea pig anti-D₁ antibody followed by the goat anti-guinea pig-Alexa488 antibody. Yellow arrows show positive neurons for both antibodies. Asterisks mark colocalization of immunoreactivity at nerve terminals. The insert show a zoom (7x) of the area marked by the asterisk. Scale bar 20 μ m.

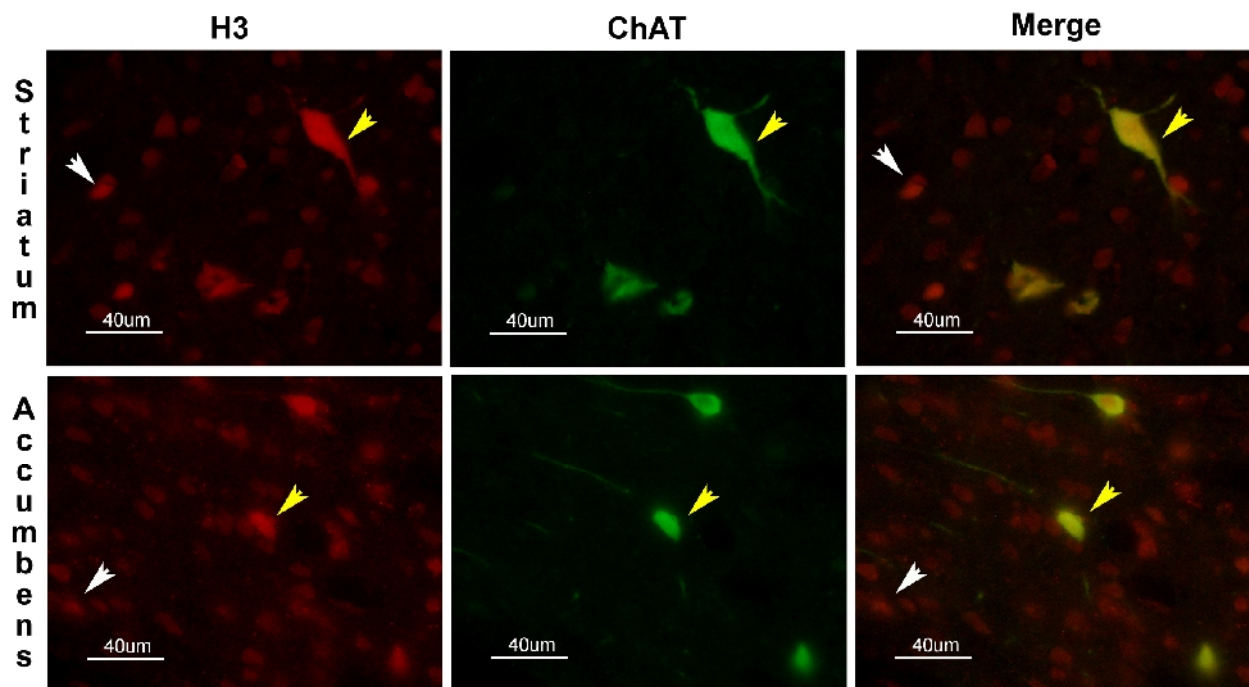


Figure 5. Presence of H₃R immunoreactivity in cholinergic (ChAT-immunoreactive) neurons in striatum and nucleus accumbens. ChAT immunoreactivity is found in big size H₃R-immunoreactive neurons. H₃R positive – ChAT negative neurons are also found. Images are representative of three different brain sections obtained from three animals. H₃R protein is detected as red fluorescence obtained with the Abcam rabbit anti-H₃R antibody developed with a chicken anti-rabbit-Alexa594 antibody. ChAT protein is detected as green fluorescence obtained by the goat anti-ChAT antibody developed with the donkey anti-goat-Alexa488 antibody. White arrows show neurons with H₃R protein immunoreactivity only. Yellow arrows show colocalization of both antibodies. Scale bar 40µm

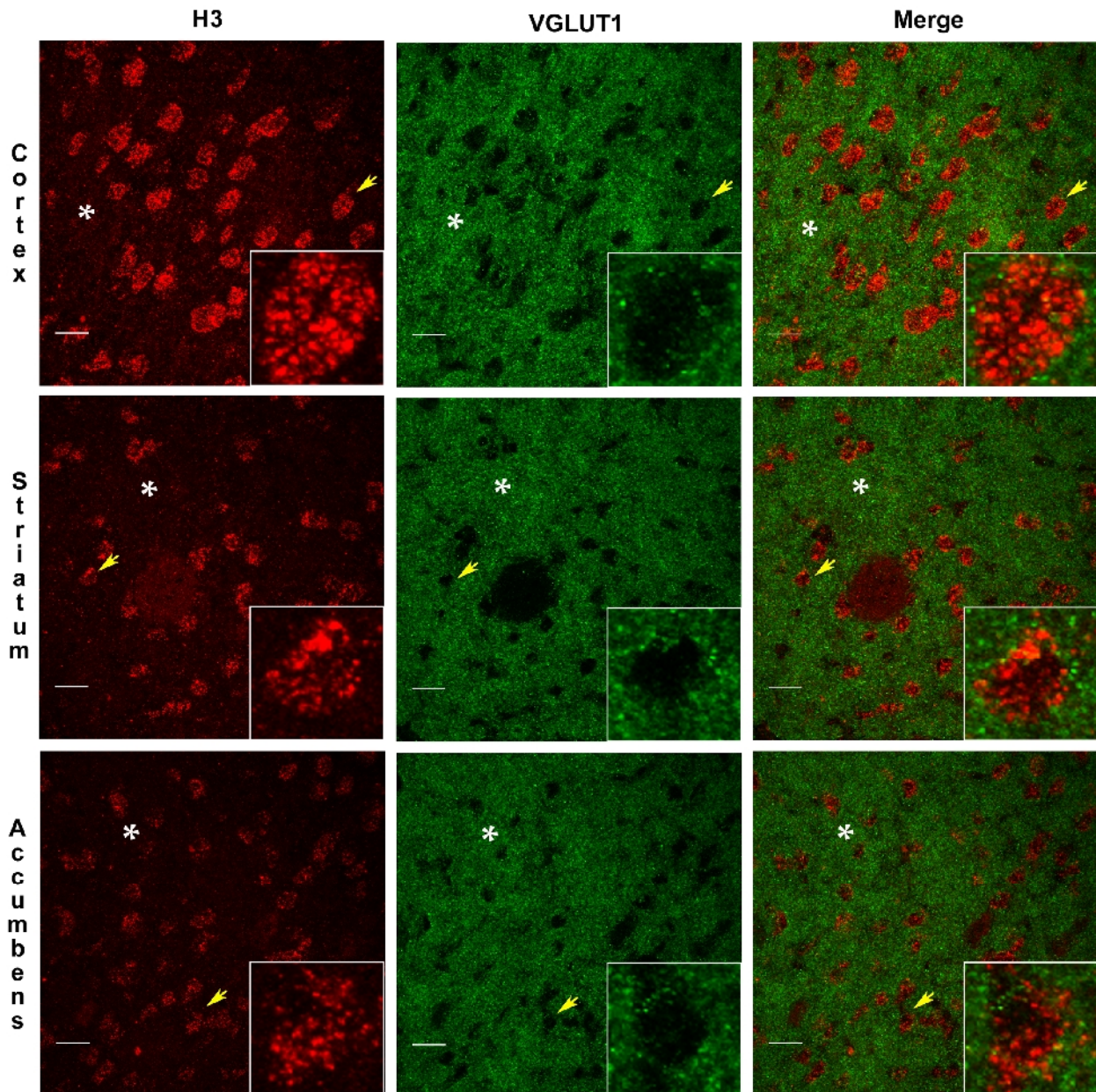


Figure 6. Presence of glutamatergic (VGLUT1-immunoreactive) terminals surrounding H₃R immunoreactive neurons. There is a clear terminal-axon (neuropil) VGLUT1 pattern of expression that spares most H₃R labelling located in the cell bodies. Colocalization between H₃R and VGLUT1 can be found in the neuropil of the medial prefrontal cortex, striatum and nucleus accumbens (overlap values 0.68 ± 0.08 , 0.75 ± 0.08 and 0.72 ± 0.04 respectively) and in the external border of some H₃R immunoreactive neurons (overlap values 0.54 ± 0.03 , 0.60 ± 0.03 and 0.62 ± 0.05 respectively in the same regions). Images are representative of three brain sections obtained from different animals. H₃R protein is detected as red fluorescence obtained with the Alpha Diagnostic rabbit anti-H₃R antibody followed by an anti-rabbit-peroxidase and the TSA-Cy3 system. VGLUT1 protein is detected as green fluorescence by the mouse anti-VGLUT1 antibody developed with the goat anti-mouse-Alexa488 antibody. Yellow arrows show positive neurons for both antibodies while asterisks mark immunoreactive colocalization at terminals. The insert shows a zoom (5x) of the neurons marked with a yellow arrow, where VGLUT1 protein is detected in the external border of H₃R immunoreactive neurons. Bar 20 μ m.

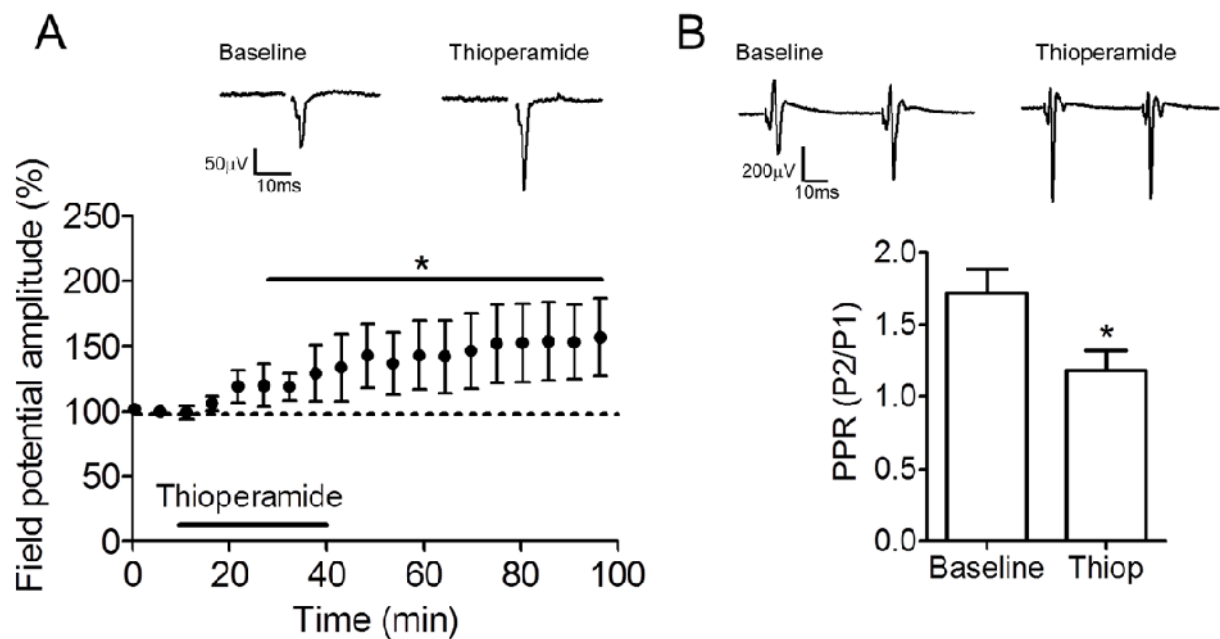


Figure 7. Effect of the H₃R inverse agonist thioperamide on excitatory cortico-striatal synaptic transmission. A) Long-lasting enhancement of synaptic transmission and B) decrease in paired-pulse facilitation ratio induced by thioperamide. Excitatory field potentials (fEPSP) were evoked by either single (A) or paired (B) stimuli of cortico-striatal afferents. As shown in A, thioperamide (100nM, 30min) induced a slow-onset increase in fEPSP amplitude which continued up to 20min after washout. On the graph, data are means \pm SEM ($n = 3-5$ slices obtained from different animals) of fEPSP amplitudes normalized to their respective baseline activity. In B, pooled paired-pulse facilitation ratio measured 5 min before and 20 min after thioperamide washout are shown. Paired-pulse facilitation was obtained by delivering two stimuli with a 50ms interval. Paired-pulse facilitation ratio was further calculated by dividing the second peak amplitude (P2) by the first one (P1). On the graph, data are expressed as averages of paired-pulse ratios (P2/P1) \pm SEM obtained from 5 individual experiments where each determination is the mean of 8 consecutive fEPSP. The decrease of the paired-pulse ratio suggests that presynaptic H₃R alter the probability of neurotransmitter release. Representative electrophysiological traces are shown above each graph. They were extracted during baseline activity and 20min after thioperamide washout when signals reached a stable amplitude. In both A and B changes were statistically significant (* $p < 0.05$ versus controls, repeated measures ANOVA).

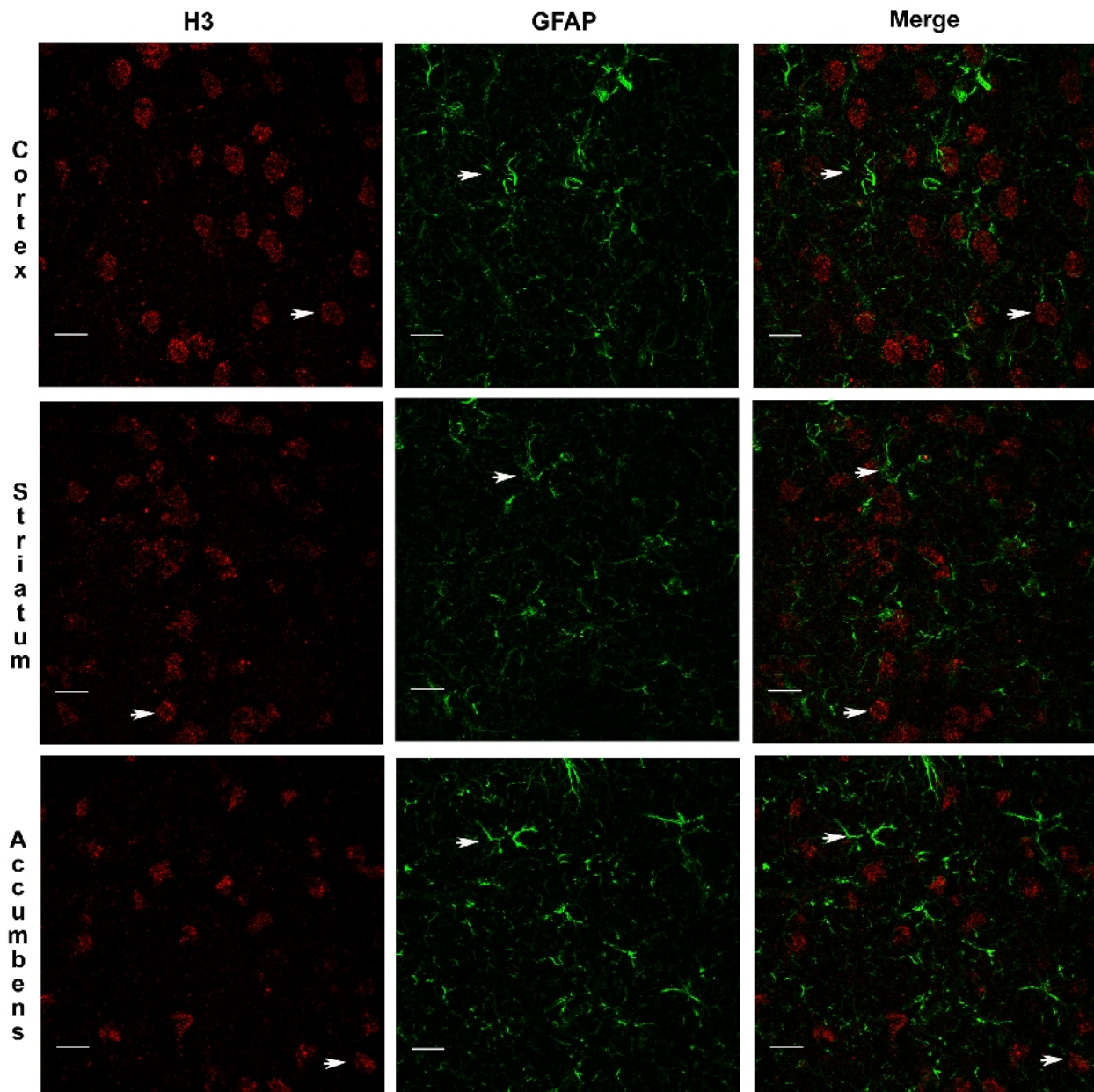


Figure 8. Absence of H₃R protein expression in astrocytes (GFAP-immunoreactive cells) in the rat forebrain. GFAP-positive astrocytes surround H₃R immunolabelled neurons in the medial prefrontal cortex, striatum and nucleus accumbens. Overlap values obtained were always lower than 0.5, the preestablished threshold to detect colocalization. Images are representative of three brain sections obtained from different animals. H₃R protein is detected as red fluorescence obtained with the Alpha Diagnostic rabbit anti-H₃R antibody followed by an anti-rabbit-peroxidase and the TSA-Cy3 system. GFAP protein is detected as green fluorescence obtained with the mouse anti-GFAP antibody developed with the goat anti-mouse-Alexa488 antibody. White arrows show immunostained cells for only one of the antigens. Scale bar 20 μ m.

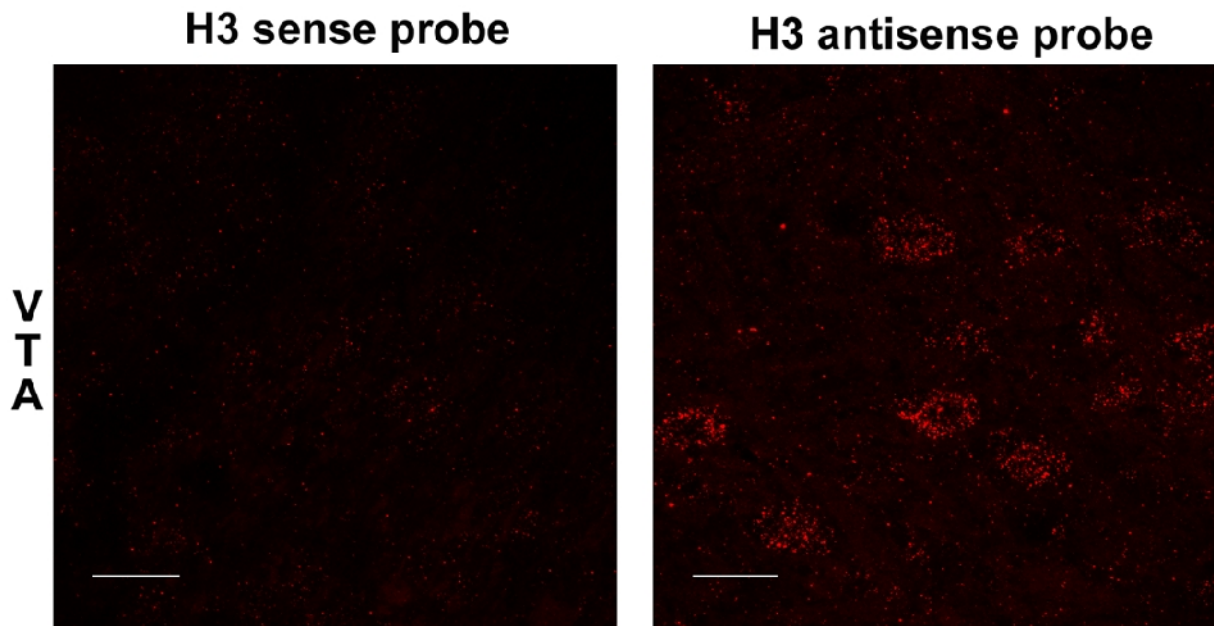


Figure S1. Comparison between sense and antisense H₃R cRNA probes. A faint signal due to low non-specific binding of the sense H₃R cRNA probe can be found in the VTA, but it is almost undetectable when compared with the specific signal. Scale bar 35µm.

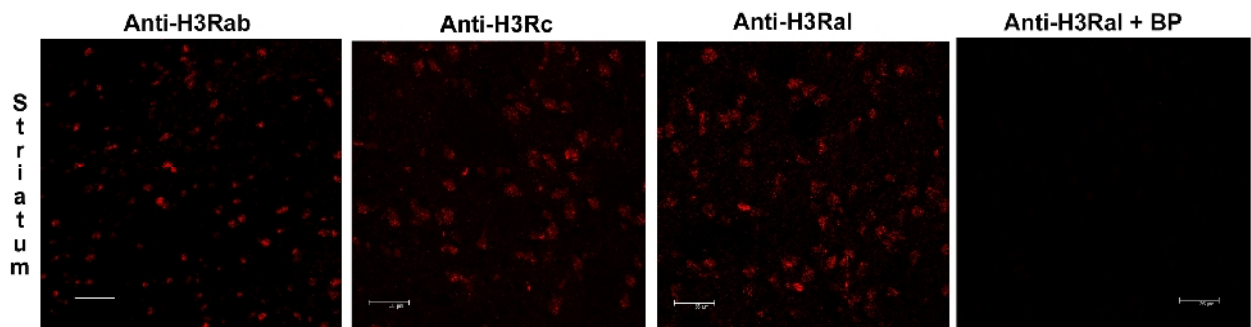


Figure S2. Comparison among diverse H₃R commercial antibodies. Similar H₃R immunostaining pattern was obtained by using three different commercial antibodies. Alpha Diagnostic anti-H3R (anti-H3Ral) signal was completely abolished by preincubation with its blocking peptide. See Table 1 for antibody details. Scale bar 35µm.