# Is Busk and Serlin's measure of therapy effect size d a suitable

## measure for use in therapy studies? Evidence from simulations.

#### Introduction

Beeson & Robey (2006) suggest that Busk and Serlin's (1992)  $d_1$  (henceforth  $d_{BS}$ ) is the best measure of effect size, and one that should be routinely reported in therapy studies and is suitable for use in meta-analysis of single case therapy studies.

Our impression is that this measure is widely used and reported in single case studies

What are the criteria for a good of effect size suitable for meta-analysis?

We would suggest the following:

- 1. The measure of effect size should be unbiased in the standard statistical sense.
- 2. *p* values and confidence intervals can be calculated from the effect size.
- 3. The effect size measure should be directly related to the amount of improvement.
- 4. More rapid improvement should be directly reflected in a larger effect size.
- 5. It should be sensitive to trend across a set of baseline trials.

We investigated the properties of  $d_{BS}$  in a large number of simulations. We were particularly interested in whether it was affected by *autocorrelation* – the tendency for performance on one session to be related to performance on previous sessions. There are two possible aspects to this.

The first is *session-level dependence*; the overall probability of correct performance can vary depending on the level of performance in the previous session. The second, independent factor is *item-level dependence*. If an item is correct on one occasion it will be more likely to named correctly the next time it is presented than if it had been incorrectly named on the previous occasion.

Either aspect will result in autocorrelation that is well known to threaten statistical analysis of time series data.

#### Method

We conducted a set of simulations of patient data varying the following factors:

- (i) *auto*: this is the lag 1 autocorrelation between the underlying probability correct on trial *n* and trial *n*+1. This was varied from 0 to 0.25, 0.5 and 0.75. *auto* represents session-level dependence.
- (ii) k: this is the odds ratio for correct performance on trial n for items correct on trial n-1 relative to items incorrect on trial n-1. This was varied from 1 to 5, 20 and 100. The value of k represents item-level dependence. Together auto and k result in a measured degree of lag 1 autocorrelation that we call lag1r.
- (iii) *n*: this is the number of items in the test. This was varied from, 10 to 20, 50, 100.
- (iv) *trials*: this is the length of the baseline sequence. This was varied from 3 to 5, 10, 15 and 20.
- (v) *intendedsd*: this is the target sd for the sd of the underlying probability correct. It represents the degree of session-to-session variability related to session-level dependence. This was varied from 0.10 to 0.05, 0.025 and 0.01. The obtained sd was necessarily different and is called  $\sigma_r$ .

In addition the model was run with *auto*=0 and *intendedsd*=0, varying *k*, *n* and *trials* as before.

In each case we generated a sequence of 10020 trials. We defined the *true*  $d_{BS}$  as (0.90mean baseline)/sd baseline. (The 0.9 is arbitrary and unimportant). We compared the measured  $d_{BS}$  in each simulation from *n* items over *trials* trials. Across the 1360 combinations of conditions, each involving 10000 simulations, we could investigate, using simultaneous multiple regression how sample estimates of *dBS* are related to *true dBS* and how  $d_{BS}$  estimates are affected by *n*, *trials* (*t*), *logk*,  $\sigma_r$ , *lag1r* and *auto*.

## Results

On average 0.9% of runs had no variation in the sampled baseline (with a range from 0 to 25.6%) resulting in  $d_{BS}$  of infinity. These runs are eliminated in the results that follow.

In *every* one of the 1360 simulations the mean  $d_{BS}$  was significantly greater than the *true*  $d_{BS}$  (t test p<.001; see Figure 1).

The overestimation varies from 2.3% to 211% with a mean of 41.3%. Recall that *mean*  $d_{BS}$ , is always calculated over 10000 observations; individual values of  $d_{BS}$  will, of course, be much more variable.

In every case (of the 1360 simulations), mean  $d_{BS}$  is significantly greater than the true  $d_{BS}$ . Clearly, it is a biased estimator of the true  $d_{BS}$  effect size.

The determinants of overestimation of true  $d_{BS}$ .

We investigated how the degree of overestimation (defined as *mean d<sub>BS</sub>/true d<sub>BS</sub>*) was related to *n*, *auto*, *logk*, *t*,  $\sigma_r$ , and *lag1r* using simultaneous multiple regression. The degree of overestimation was related to *t* (t(1353)=48.70, p<.001,  $\eta^2 = 0.64$ ), *lag1r* (t(1353)=12.06, p<.001,  $\eta^2 = 0.097$ ), *n* (t(1353)=5.16, p<.001,  $\eta^2 = 0.019$ ) and *logk* (t(1353)= 3.78, p<.001,  $\eta^2 = 0.010$ ), but not *auto* (t(1353)=1.62, p=.11,  $\eta^2 = 0.002$ ), or  $\sigma_r$  (t(1353)=0.97, p=.33,  $\eta^2 = 0.001$ ).

Figure 1. The relationship between mean  $d_{BS}$  and true  $d_{BS}$ . The dotted line is represents equal values of mean measured  $d_{BS}$  and true  $d_{BS}$ . The solid line is the best-fitting line for the 1360 observations.



illustrated in Figure 2. The graph makes it clear again that measured  $d_{BS}$  always overestimates the *true*  $d_{BS}$ ; this is true even where there is no lag 1 autocorrelation. The degree of overestimation is always worse when there are fewer trials in the baseline.

Figure 2. The relationship between mean overestimation of  $d_{BS}$ , the number of trials in the baseline and *lag1r*: the autocorrelation in the baseline.



### Discussion

So, as a result of these simulations, what do we know about how  $d_{BS}$  behaves in relation to the criteria we advanced in the introduction?

(i) dBS is a biased measure.

In the simulations,  $d_{BS}$  is widely variable but its mean is, in every case, greater than the true value. The degree to which it overestimates the true  $d_{BS}$  is primarily related to two factors: it is greater with fewer trials in the baseline and with more autocorrelation in the baseline series (other factors have significant, though substantially smaller, effects on mean  $d_{BS}$ ).

- (ii) The effect size has a direct interpretation.
  It is clear that d<sub>BS</sub> varies with a number of factors, but it is not clear how its value is to be interpreted.
- (iii) *p* values and confidence intervals can be calculated from the effect size. We know of no way that *p* values (and hence confidence intervals) can be calculated from  $d_{BS}$ . The result is that readers cannot easily discriminate between therapy effect sizes that might easily have occurred by chance and those that are a result of real improvement.
- (iv) The effect size measure should be directly related to the amount of improvement. In data not presented here we show that the absolute amount of improvement and  $d_{BS}$  is not linear.
- (v) More rapid improvement should be directly reflected in a larger effect size. d<sub>BS</sub> as a measure takes no account of the number of sessions in therapy. As a result, it is clearly unable to capture anything about the rate of improvement.
- (vi) It should be sensitive to trend across a set of baseline trials.  $d_{BS}$  takes no account of any trend across the baseline trials.

To summarise,  $d_{BS}$  as a measure of effect size does not meet *any* of the criteria we suggested as necessary for an effect size measure suitable for meta-analysis that we think are uncontroversial.

## References

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