# Additive structure of difference sets and a theorem of Følner 

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#### Abstract

A theorem of $\mathrm{F} ø$ lner asserts that for any set $A \subset \mathbb{Z}$ of positive upper density there is a Bohr neigbourhood $B$ of 0 such that $B \backslash(A-A)$ has zero density. We use this result to deduce some consequences about the structure of difference sets of sets of integers having a positive upper density.


## 1 Introduction

This paper is about the structure of the difference set $D(A):=A-A$ of sets of integers having positive density. By density we mean the upper asymptotic density defined by

$$
\bar{d}(A):=\underset{n \rightarrow \infty}{\limsup } \frac{|A \cap[-n, n]|}{2 n+1}>0 .
$$

For sets $X, Y \subseteq \mathbb{Z}$ we mean

$$
X+Y=\{x+y: x \in X ; y \in Y\}
$$

and

$$
X \cdot Y=\{x \cdot y: x \in X ; y \in Y\} .
$$

When $X=\{x\}$ we write $x \cdot Y$.

We define a Bohr set as a set of the form

$$
\begin{equation*}
B(S, \varepsilon)=\left\{m \in \mathbb{Z}: \max _{s \in S}\|s m\|<\varepsilon\right\} \tag{1.1}
\end{equation*}
$$

where $S$ is a finite set of real numbers. Here $\|x\|=\min _{n \in \mathbb{Z}}|x-n|$, the absolute fractional part.

Recall that every Bohr set has positive density, and for every pair of sets $S, S^{\prime}$ and for every $k, 0<k \cdot \varepsilon^{\prime} \leq \varepsilon$, we have

$$
\begin{equation*}
k \cdot B\left(S, \varepsilon^{\prime}\right) \subseteq B(S, \varepsilon) \tag{1.2}
\end{equation*}
$$

and

$$
\begin{equation*}
B\left(S \cup S^{\prime}, \varepsilon\right)=B(S, \varepsilon) \cap B\left(S^{\prime}, \varepsilon\right) \tag{1.3}
\end{equation*}
$$

(see e.g. [9] p. 165).
These sets are just the basic neighbourhoods of 0 in the Bohr topology. We say that $B(S, \varepsilon)$ is a $k, \varepsilon$-neighbourhood if $|S|=k$ (or a $k$-neighbourhood if $\varepsilon$ is unimportant).

Bogolyubov [4] proved in the case of integers, and Følner [5], [6] generalized for general commutative groups, that the second difference set $D(D(A))=A-A+A-A$ of a set having positive upper Banach density is always a Bohr neighborhood of 0 .

In Bogolyubov's theorem four copies of $A$ are used. Three suffice with a small change. If $r, s, t$ are nonzero integers satisfying $r+s+t=0$ and $A$ is a set of integers having positive Banach density, then $S=r A+s A+t A$ is a Bohr neighbourhood of 0 , see [3]. Here $r A=\{r a: a \in A\}$. The condition $r+s+t=0$ is necessary to exclude trivial counterexamples; so there is no really "symmetric" result here. (A further comment on this is given in Section 3). The case $r=s=1, t=-2$ immediately generalizes Bogolyubov's theorem.

On the other hand, a theorem of Křiž ([8]) implies that there is a set $A$ with positive upper density whose difference set contains no Bohr set.

In the positive direction in [4] Følner proved that there is a Bohr set which is almost a subset of $A-A$; the exceptional set has zero density.

In this paper we give some applications of Følner's theorem. We investigate $A+$ $A+A$ and $A+A-A$ and Bohr sets. In [1] Bergelson investigated the additive structure of $D(A)$. He also proved that for every $k$ there exists an infinite set $B$ of integers for which $A-A \supseteq B+B+\cdots+B, k$ times, provided $A$ has positive upper density. His proof of this theorem is based on an ergodic theorem, namely the Fürstenberg correspondence theorem In [7] the first author gave a purely combinatorial proof of this result. Here we give a third proof of it using Følner's theorem. See also Theorem 2.5 in [2].

## 2 Structure of sum-differences

We have already mentioned in the introduction that $D(D(A))$ always contains a Bohr set, while the set $D(A)$ does not necessary contain a Bohr set. Now we investigate the
three-fold sum-differences of $A$. This generalizes Bogolyubov's theorem in a different direction.

Theorem 2.1 There is a symmetric set $A$ of integers such that $0 \in A, \bar{d}(A)>0$ and the set $A+A+A$ does not contain a Bohr set.

On the other hand we prove that $A+A-A$ is always a Bohr neighborhood of many $a \in A$.

Theorem 2.2 Assume that $\bar{d}(A)>0$. There exists a subset $A^{\prime}$ of $A$, such that $d\left(A \backslash A^{\prime}\right)=0$ and for every $a^{\prime} \in A^{\prime}$, the set $A+A-A-a^{\prime}$ is a Bohr neighbourhood of 0 .

We remark that the arguments used in our proof (see Section 3) actually yield the following property. For every $A$ and $X$, with $\bar{d}(A)>0, \bar{d}(X)>0$, there exists a subset $X^{\prime}$ of $X$ such that $d\left(X \backslash X^{\prime}\right)=0$, and for every $x^{\prime} \in X^{\prime}$, the set $X+A-A-x^{\prime}$ is a Bohr neighbourhood of 0 . We leave the details of this to the interested reader.

Let $f: \mathbb{N}_{+} \rightarrow \mathbb{N}_{+}$be any function and $C \subseteq \mathbb{N} ; C \neq \emptyset$. We will use the following notation:

$$
F S_{f}(C):=\left\{\sum_{c_{i} \in X} w_{i} c_{i}: X \subseteq C,|X|<\infty ; w_{i} \in[1, f(i)] \cap \mathbb{N}\right\} .
$$

Let the sum be zero when $X$ is the empty set.
Furthermore write

$$
F P(C):=\left\{\prod_{c_{i} \in X} c_{i}: X \subseteq C ; X \neq \emptyset,|X|<\infty\right\} .
$$

Clearly we have

$$
\begin{equation*}
F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right)=F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n-1}\right\}\right)+\left\{0, c_{n}, \ldots, f(n) c_{n}\right\} \tag{2.1}
\end{equation*}
$$

and

$$
\begin{equation*}
F P\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right)=F P\left(\left\{c_{1}, c_{2}, \ldots c_{n-1}\right\}\right) \cdot\left\{1, c_{n}\right\} \tag{2.2}
\end{equation*}
$$

for every $\left\{c_{1}, c_{2}, \ldots c_{n}\right\} \subseteq \mathbb{N} ; n \geq 2$; or equivalently,

$$
F P\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right)=F P\left(\left\{c_{1}, c_{2}, \ldots c_{n-1}\right\}\right) \cup c_{n} \cdot F P\left(\left\{c_{1}, c_{2}, \ldots c_{n-1}\right\}\right)
$$

Theorem 2.3 Let $A$ be a set of integers $\bar{d}(A)>0$. Let $f: \mathbb{N}_{+} \rightarrow \mathbb{N}_{+}$be any function. There exists an infinite set $C$ of integers, such that

$$
A-A \supseteq F S_{f}(C) \cup F P(C)
$$

This will give a third proof of Bergelson's theorem (see [1]). In fact we can conclude that $A-A$ contains both an additive and a multiplicative structure.

## 3 Proofs

## Proof of Theorem 2.1.

By the theorem of Křiž [8] we know the existence of a set $X$ of positive integers for which $\bar{d}(X)>0$, and the set $X-X$ does not contain a Bohr set. Let

$$
Y=\{4 x+1: x \in X\}
$$

and

$$
A=Y \cup-Y \cup\{0\} .
$$

Since $\bar{d}(Y)=\frac{1}{4} \bar{d}(X)>0$, we have $\bar{d}(A)>0$ and the set $A$ is symmetric and contains 0 .

Now we prove that $A+A+A$ does not contain a Bohr set. Assume to the contrary that there is a $B(S, \varrho) \subseteq A+A+A$. Then by (1.2), 4 $B(S, \varrho / 4) \subseteq A+A+A$. Now notice that $4 k \in A+A+A$ if and only if $4 k \in Y-Y=4(X-X)$. So we conclude that $B(S, \varrho / 4) \subseteq X-X$ which contradicts the fact that $X-X$ does not contain a Bohr set.

Proof of Theorem 2.2.
Let $B=B(S, \varepsilon)$ be a Bohr set for which

$$
d(B(S, \varepsilon) \backslash(A-A))=0
$$

the existence of which is given by Følner's theorem. Since $\{B(S, \varepsilon)+x: x \in \mathbb{Z}\}$ is an open covering of $\mathbb{Z}$ in the (compact) Bohr topology, there is a finite set $T$ for which

$$
B(S, \varepsilon)+T=\mathbb{Z}
$$

For $t \in T$ write $A_{t}=A \cap(B+t)$. Some of these sets have positive upper density; let $A^{\prime}$ be the union of such sets $A_{t}$. Clearly $A \backslash A^{\prime}$ is contained in the union of finitely many $A_{t}$ of density 0 , so it has density 0 itself.

Put $B^{\prime}=B(S, \varepsilon / 3)$. We now show $A+A-A \supset A^{\prime}+B^{\prime}$. This is equivalent to $A+A-A \supset A_{t}+B^{\prime}$ whenever $\bar{d}\left(A_{t}\right)>0$.

Take arbitrary $a \in A_{t}, b \in B^{\prime}$. Consider the set $a+b-A_{t}$. This has positive upper density and

$$
a+b-A_{t} \subset A_{t}-A_{t}+B^{\prime} \subset\left(B^{\prime}+t\right)-\left(B^{\prime}+t\right)+B^{\prime}=B^{\prime}+B^{\prime}-B^{\prime} \subset B .
$$

Hence $a+b-A_{t}$ is contained, up to a subset of density 0 , in $A-A$, so we can find $a^{\prime} \in A_{t}$ such that $a+b-a^{\prime} \in A-A$, and consequently $a+b \in a^{\prime}+A-A \subset A+A-A$ as wanted.

Proof of Theorem 2.3.
We start our proof by quoting Følner's theorem again. We have a Bohr set for which the exceptional set has density zero, i.e. for some $B=B(S, \varepsilon), E:=$ $B(S, \varepsilon) \backslash(A-A), d(E)=0$.

We will prove the existence of the infinite set $C$ inductively.
Let $K_{1}:=f(1)$. Since any Bohr set has positive density and the exceptional set has zero density, and also using (1.2), it follows that one can find an element $c_{0}$ from $B\left(S, \varepsilon / K_{1}\right)$ such that $i c_{1} \notin E$, for $i=1,2, \ldots K_{1}$. So we have

$$
F S_{f}\left(\left\{c_{1}\right\}\right) \cup F P\left(\left\{c_{1}\right\}\right)=\left\{0, c_{1}, \ldots, K_{1} c_{1}\right\} \subseteq B \backslash E \subseteq A-A
$$

Assume now that the elements $c_{1}<c_{2}<\cdots<c_{n}$ have been defined with the property

$$
\mathcal{F}_{n}:=F S_{f}\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right) \cup F P\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right) \subseteq B \backslash E \subseteq A-A
$$

Write $F P\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right)=\left\{p_{1}<p_{2}<\cdots<p_{m}\right\}$, and let $K:=\max \left\{f(n+1), p_{m}\right\}$. Define

$$
\begin{equation*}
\varepsilon_{1}=\frac{1}{K} \min \left\{\varepsilon-\|x s\|: x \in F S_{f}\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right) ; s \in S\right\} \tag{3.1}
\end{equation*}
$$

and let $B_{1}:=B\left(S, \varepsilon_{1}\right)$. Note that $B\left(S, \varepsilon_{1}\right) \subseteq B=B(S, \varepsilon)$.
By (3.1) we have that for every non-negative integer $i \leq K$, for every $u \in$ $F S_{f}\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right)$, for every $c \in B_{1}$ and $s \in S$,

$$
\|s(u+i c)\|<\varepsilon
$$

holds; hence

$$
F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right)+\{0, c, 2 c, \ldots K \cdot c\} \subseteq B .
$$

Now we claim that there exists an element $c \in B_{1}$, with $c>c_{1}$, for which

$$
F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right)+\{0, c, 2 c, \ldots K \cdot c\} \subseteq B \backslash E \subseteq A-A
$$

also holds.
Assume to the contrary that for every $c \in B_{1}$ with $c>c_{1}$ there is at least one element $x \in F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right)$ and one integer $j \in[1, \ldots, K]$ for which $x+$ $j c \in E$. Since $d\left(B_{1} \backslash\left[1, c_{n}\right]\right)>0$, by the pigeonhole principle there is then an $x_{0} \in F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right), j_{0} \in[1, \ldots, K]$ and a $B_{1}^{\prime} \subseteq B_{1}$, such that $\underline{d}\left(B_{1}\right)>0$ and $x_{0}+j_{0} B_{1}^{\prime} \subseteq E$, contradicting the fact that $d(E)=0$ and $\underline{d}\left(x_{0}+j_{0} B_{1}^{\prime}\right)>0$.

Let $c_{n+1}$ be any such $c$. Since $K \geq p_{m}$ and $0 \in F S_{f}\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right)$ we have

$$
c_{n+1} \cdot F P\left(\left\{c_{1}, c_{2}, \ldots, c_{n}\right\}\right) \subseteq\left\{0, c_{n+1}, 2 c_{n+1}, \ldots, K \cdot c_{n+1}\right\} \subseteq B \backslash E
$$

Then by $(2,2)$ and by the inductive hypothesis, $F P\left(\left\{c_{1}, c_{2}, \ldots, c_{n}, c_{n+1}\right\}\right) \subseteq B \backslash E$. Moreover $K>f(n+1)$,

$$
\begin{aligned}
F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}, c_{n+1}\right\}\right) & \subseteq \\
& F S_{f}\left(\left\{c_{1}, c_{2}, \ldots c_{n}\right\}\right) \\
& \quad+\left\{0, c_{n+1}, 2 c_{n+1}, \ldots, K \cdot c_{n+1}\right\} \\
& B \backslash E .
\end{aligned}
$$

Thus we have that

$$
\mathcal{F}_{n+1} \subseteq B \backslash E \subseteq A-A
$$

as we wanted.
So our desired set is

$$
C:=\left\{c_{1}<c_{2}<\ldots c_{n}<c_{n+1}<\ldots\right\}
$$

## 4 Further problems and results

We mention some open problems and announce some new results without proofs.
Bogolyubov's proof is effective: given the density of $A$ one can specify $k, \eta$ so that $A+A-A-A$ contains a Bohr $k, \eta$-set. Følner's proof is not effective, and the reason is that an effective version does not hold:

For every $\alpha<1 / 2, k \in \mathbb{N}$ and $\eta>0$ there is an $A \subset \mathbb{Z}, \bar{d}(A)>\alpha$ such that $\bar{d}(V \backslash(A-A))>0$ for every Bohr $k, \eta$-set $V$.

Our proof of Theorem 2.2 about $A+A-A$ used Følner's theorem, and so it is not effective. We cannot decide whether an effective version holds. However, we can solve positively a related finite question. The result is as follows:

Let $\alpha>\varepsilon>0$ be given. There exist $k, \eta$ depending on $\alpha$ and $\varepsilon$ with the following property. For every $A \subset \mathbb{Z}_{m},|A| \geq \alpha m$, the set $S=A+A-A-a$ contains a Bohr $k, \eta$-set for all but $\varepsilon m$ elements $a \in A$.

Here $\mathbb{Z}_{m}$ is the group of residues modulo $m$ and Bohr sets are defined as in (1.1) with the modification that only rational numbers for $s \in S$ of the form $k / m$ can be used.

Assume $\bar{d}(A)>0$. Is $A-A$ a Bohr neighbourhood of something? We know it may not be a neighbourhood of 0 , and 0 is the most natural difference. For the analogous finite question we can give a negative answer, which is as follows:

Let $\alpha<1 / 2, k, \eta$ be given. For all large $m$ there is an $A \subset \mathbb{Z}_{m},|A| \geq \alpha m$, such that $A-A-x$ does not contain a Bohr $k, \eta$-set for any $x \in \mathbb{Z}_{m}$.

We close by posing the following open question.
Is $A-A$ a Bohr neighbourhood of 0 under the stronger assumption that $A$ has positive lower Banach density? (In this case $A$ is syndetic, that is, has bounded gaps).

Here we cannot solve the related finite problem either, and do not have any heuristic reasoning in any direction.

## Acknowledgements

We thank the reviewers for their careful reading and for much advice. This note is supported by OTKA grants K 81658, K 100291.

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