

Universidade de Lisboa

Faculdade de Medicina Dentária



**MICROINFILTRAÇÃO COM CONTAMINAÇÃO SALIVAR EM
RESTAURAÇÕES CLASSE V (*ESTUDO IN VITRO*)**

Cláudia Galrinho

Mestrado integrado em Medicina Dentária

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Dissertação orientada pela Professora Doutora Sofia Arantes e Oliveira

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Ao meu irmão

Por limpar a neblina sempre que o objectivo parecia desfocado.

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RESUMO:

O desenvolvimento da medicina tem promovido um aumento da esperança média de vida nos últimos tempos (Mackenbach., 2013). O aumento significativo no número dos idosos é acompanhado por um conjunto de problemas muito específicos no que respeita aos cuidados de saúde oral, já que os estes estão a viver mais e a reter e os seus dentes naturais durante mais tempo (Chalmers., 2006). Os idosos são mais vulneráveis à cárie devido a várias condições médicas, tais como o Síndrome de Sjogren e radiação da cabeça e pescoço que reduzem a produção de saliva (Turner et al., 2007). Além disso, estes pacientes são frequentemente medicados com drogas que também reduzem o fluxo de saliva e causam xerostomia (Gareri et al., 1998; Baldoni et al., 2010). Um dos problemas específicos da população idosa relaciona-se com a maior prevalência de cárie radicular em comparação com os adultos jovens .

A localização da cárie radicular está associada à idade e à recessão gengival, que expõe a superfície da raiz (Watanabe., 2003; Meneghim et al., 2002). Um dos principais problemas destas lesões é a maior susceptibilidade das superfícies radiculares à cárie, devido ao elevado pH crítico da dentina (de 6,8 a 6,0) em comparação com o pH crítico do esmalte (5,9 a 5,2.). Outro problema deste tipo de lesão está associado ao isolamento em relação à contaminação salivar, devido à proximidade com tecidos gengivais e dificuldades de acesso interproximal; à grande quantidade de água e menor quantidade de matéria inorgânica na dentina. São factores críticos porque afetam a resistência de união à dentina (Hoppenbrouwers et al., 1986).

A microinfiltração corresponde à passagem indetectável de bactérias, fluidos, moléculas ou iões entre as paredes da cavidade e do material de restauração (Kidd., 1976 apud Alani and Toh., 1997). A integridade marginal depende de numerosos factores, incluindo o tipo de material restaurador utilizado, do tipo de cavidade e as condições de isolamento (Murray et al., 2000). Portanto, a selecção de um material em detrimento de outro é de importância crítica para a diferença entre o sucesso e falha de uma restauração a longo prazo (Maryniuk et al., 1986).

O ionómero de vidro modificado por resina, o ionómero de vidro convencional, os compómeros, resinas compostas e amálgama são os materiais restauradores

frequentemente usados para restaurar lesões profundas de cárie (Nicholson., 2006; Mickenautsch et al., 2011; Sakrana et al., 200).

Objectivo

O principal objetivo do presente estudo é avaliar a influência da contaminação com saliva na microinfiltração de restaurações classe V restauradas com de ionómero de vidro e resina composta com dois diferentes sistemas adesivos (etch-and-rinse e self-etch)

Materiais e métodos

30 dentes foram seccionados ao meio, longitudinalmente com uma lâmina de diamante (Diamond Wafering Blade - Buehler, Série 15HC Diamante N ° 11-4244, Deutschland);em cada metade foi realizada uma cavidade de classe V ($3 \times 2 \times 2$ milímetros) na superfície da raiz com uma de broca cilíndrica de diamante, sob refrigeração a água. As amostras foram divididas aleatoriamente em três grupos de acordo com o material a estudar, (Grupo 1 – Ionofill plus, VOCO; Grupo 2 - Solobond M, VOCO e Grandioso, VOCO; Grupo 3 - FuturabondM, VOCO e Grandioso, VOCO). Em cada grupo de 10, os espécimes foram restaurados de acordo com as instruções do fabricante e os outros 10 foram contaminados com saliva antes do material restaurador. Contaminação Saliva foi realizado com saliva fresca e aplicada durante 5 segundos com uma microescova antes da inserção do material restaurador e após a fotopolimerização do adesivo o adesivo nos grupos em que se utilizou adesivo (groups 2 e 3).

- Nos grupos 2 e 3 após a contaminação salivar, a resina composta foi inserida em incrementos de 2 milímetros e fotopolimerizados por 20seg. (600mW/cm²-Fotopolimerizador de halogénio XL3000 de série n ° 105944, 3M ESPE Dental Products, St Paul, MN, EUA) . Todos os espécimes foram sujeito a termociclagem

- As amostras foram isoladas com cera na câmara pulpar e ápex com e cera e verniz deixando uma margem de 1 milímetro à restauração

- As amostras foram, em seguida, imersas em solução de azul de metileno a 2%, durante 4 h e cuidadosamente lavadas com água corrente destilada.

- Cada amostra foi seccionada longitudinalmente em 2 segmentos com uma lâmina de diamante 0,3 (Diamond wafering Blade -Buehler, Série 15HC Diamante N ° 11-4244, Alemanha), com um dispositivo de corte (Isomet 1000 - Buehler, Illinois, EUA).

- As superfícies expostas foram polidas e examinadas em um microscópio estereoscópico (Meiji Techno EMZ-8TR n serial. ° 411.479-Meiji Techno Co., Saitama, Japão), com aquisição da imagem digital, a fim de quantificar o grau de infiltração.

- Cada superfície foi classificada de acordo com a classificação ISO 14765 (2003). Os dados foram analisados com testes estatísticos de Kruskal-Wallis, Mann-Whitney com correção Bonferroni. O teste Wilcoxon foi realizado para permitir comparações de 2 variáveis dependentes (infiltração no esmalte e infiltração na dentina).

Resultados

Nas margens de esmalte a percentagem de grau de microinfiltração variou de 18% no grau 2, para 46% a de grau 0. Nas margens de dentina, a percentagem variou de 5% no grau de 1 a 75% no grau 3.

De acordo com o Teste de Kruskal-Wallis, a microinfiltração no esmalte e na dentina revelaram diferenças entre os grupos ($p < 0,05$). Para os 15 comparações realizadas com os testes de Mann-Whitney posthoc, o teste de Bonferroni corrigiu a significância estatística para $p < 0,003$.

No esmalte o grau de microinfiltração foi inferior para o sistema de restauração self-etch/composito tanto com contaminação como sem contaminação salivar ($p < 0,003$). Estes valores foram seguidos pelo etch-rinse/composite e ionómero de vidro sem contaminação com saliva e, finalmente, por etch-rinse/composite e de ionómero de vidro com contaminação salivar.

Em dentina, os grupos etch-rinse/composito e ionómero de vidro sem contaminação salivar obtiveram menor infiltração do que os outros grupos ($p < 0,003$).

O self-etch/composito foi o único sistema de restauração onde a contaminação salivar não influenciou a microinfiltração no esmalte e na dentina ($p < 0,003$).

O grau de microinfiltração foi mais baixa no esmalte do que em dentina ($p < 0,05$) para os grupos do self-etch/composito (3a e 3b), com e sem contaminação salivar. Para os demais grupos testados não houve diferenças no grau de microinfiltração entre esmalte e dentina.

Discussão

No presente estudo os materiais utilizados demonstraram ter comportamentos diferentes. O maior grau de microinfiltração, em dentina e esmalte, foi registado nas restaurações de etch-and-rinse/composito e ionómero de vidro. Os resultados estão em concordância com o esperado no que respeita ao etch-and-rinse, mas são controversos no caso do ionómero, uma vez que é tido como um material mais tolerante à contaminação salivar (McLean et al. 1985) e por aderir melhor a estruturas humedecidas (Burgess and Gallo, 2002). Este facto sugere por um lado que mais estudos têm que ser realizados com diferentes marcas de materiais, além de que o tecido dentário é uma variável que é difícil de controlar e pode interferir com os resultados.

O sistema de restauração self-etch/composito não foi influenciado pela contaminação em ambas as margens, apesar de ter sido menos eficaz nas margens em dentina. Este resultado não seria de esperar uma vez que o pH do self-etch não é suficientemente baixo para acondicionar o esmalte tanto quanto a dentina, uma vez que o grau de mineralização é diferente (Moszner et al., 2005). Apesar disso este resultado é semelhante a estudos anteriores nos quais os self-etch também teve piores resultados em dentina (Brackett et al, 2003; Fabianelli, 2003). Nesse sentido os materiais utilizados tiveram influência nas diferenças registadas entre o esmalte e a dentina, apesar deste facto só se verificar no grupo do self-etch.

Dada a sobrevalorização da microinfiltração pelo azul de metileno, pode não ser correto seleccionar um material em detrimento de outro só com base num estudo, além de existirem variáveis não desejáveis que podem contribuir para alterar os resultados como a marca do material a sensibilidade do operador e a variabilidade da estrutura dentária.

Conclusões

A partir da análise dos resultados obtidos no presente estudo *in vitro*, concluiu-se que:

- O grau de microinfiltração nas margens em esmalte e dentina foi semelhante nas restaurações em ionómero de vidro e etch-and-rinse/composito, diferindo apenas no grupo do self-etch/composito.

- A microinfiltração foi diferente em dentina e esmalte apenas nas restaurações em self-etch/composito.

- O mesmo estudo deveria de ser realizado com outras marcas comerciais dos mesmos materiais: de ionómero de vidro, self-etch e etch-and-rinse.

- Outro tipo de estudo, *in vivo* ou *in vitro* (para além do estudo da microinfiltração), deveria ser realizado de modo a atingir o mesmo objectivo deste estudo.

ABSTRACT

The main aim of the present study was to evaluate the influence of saliva contamination in the microleakage of a glass ionomer material and a resin composite bonded with two different adhesive systems.

In this study 30 teeth are half cut, longitudinally with a diamond blade and in each half a class V cavity was performed. Specimens were randomly divided by three groups according to the material to study; (Group 1- Ionofill molar, VOCO; Group 2- Solobond M, VOCO and Grandioso, VOCO; Group 3- FuturabondM, VOCO and Grandioso, VOCO). In each group 10 specimens were restored according to the manufacturer's instructions and 10 were contaminated with fresh saliva prior to the restorative material and after curing the adhesive in the groups where adhesive was used (groups 2 and 3). Composite resin were inserted in groups 2 and 3 with 2 increments of 2mm and cured for 40sec each. All specimens were thermal cycled by immersion in two interchanging baths of 5°C and 55°C, for 500 cycles. Specimens were isolated with wax and nail polished and immersed in a 2% methylene blue solution for 4h. Each specimen was sectioned across the restoration in three segments of 1mm each with a diamond saw at a cutting device and microleakage degree evaluated under a stereomicroscope. According to Kruskal-Wallis, both enamel and dentin microleakage revealed differences between groups ($p < 0,05$). Enamel microleakage was lowest for the self-etch/composite restoration system either with saliva or without saliva contamination ($p < 0,003$). In dentin, etch-rinse/composite and glass ionomer without saliva contamination groups yielded significantly lower microleakage than the other groups ($p < 0,003$). The self-etch/composite was the only restoration system where saliva contamination did not influenced enamel and dentine microleakage ($p < 0,003$). The degree of microleakage for the self-etch/composite groups with and without saliva contamination, was found to be lower in enamel than in dentin ($p < 0,05$). These results suggest that microleakage at the enamel and dentine margins of a restoration performed with saliva contamination is affected by the restorative system used.

PALAVRAS-CHAVE: Restaurações classe V; Microinfiltração; Contaminação salivar; Ionómero de Vidro; Sistemas Adesivos

KEYWORDS: Class V restorations; Microleakage; Saliva contamination; Glass Ionomer; Adhesive systems

1. INTRODUCTION

The development of medicine has promoted an increase in life expectancy in recent times (Mackenbach., 2013). This significant increase in the number of the elderly is followed by a set of very specific problems with regard to oral health care.

Many factors such as eating habits and presence of plaque are responsible for caries in the elderly (Selwitzet et al., 2007) that have become an important dental problem since patients are retaining their natural teeth longer (Chalmers., 2006).

The elderly are more vulnerable to caries also due to several medical conditions such as Sjogren's syndrome and head and neck radiation that lead to reduce salivary output (Turner et al., 2007). It is known that the salivary buffering and sugar clearance effects of saliva that prevent demineralization play a major role as an anti-cariogenic factor (Cassolato et al., 2003).

Furthermore, these patients are frequently medicated with drugs that also reduce saliva flow and cause dry mouth (Gareri et al., 1998; Baldoni et al., 2010), such as diuretics, beta blockers, tricycle antidepressants, antihistamines, anticonvulsants and antipsychotic (Olver., 2006).

One of the specific problems of this population relates to the higher prevalence of root caries in the elderly compared to younger adults (Ritter et al., 2010)

Root caries lesions have been described in the literature without a general consensus regarding involvement of the cemento-enamel junction (Bignozzi et al., 2013).

Most authors agree that root caries are located on the root surface of a tooth, usually close to or below the gingival margin (Lynch et al., 1994). It and its location have been positively associated with age and gingival recession (Watanabe., 2003; Meneghim et al., 2002) that expose the root surface.

According to a study performed by Hoppenbrouwers et al, the higher susceptibility of root surfaces to caries is due not only to the much higher critical pH of the root hard tissue (from 6,8 to 6,0) compared to the enamel critical pH (5,9 to 5,2) but

also to the much greater demineralization rate of root than enamel at a buffer solution (pH5) undersaturation with respect to hydroxyapatite. The authors attribute this higher solubility of the root mineral with respect to that of the surface enamel mineral to the much higher carbonate and magnesium contents of the root mineral (Hoppenbrouwers et al., 1986)

Challenges encountered in the restoration of these lesions differ from those posed by coronal lesions (Amer et al., 2012). Saliva contamination more probably occurs in regions near or at the gingival margin and many carious lesions are found in these areas where isolation is difficult (Yoo et al., 2006; Sattabanasuk et al., 2006). One of the consequences of saliva contamination is the reduction of bond strength of adhesive systems (Barghi et al., 1991; Hitmi and Attal., 1999; Powers et al., 1995).

High bond strength values lead to the maintenance of marginal sealing that is crucial to prevent secondary caries, as well as pulpal infection and ultimately loss of pulp vitality due to microleakage (Guéders and Geets, 2011; Murray et al., 2002).

Microleakage may be defined as undetectable passage of bacteria, fluids, molecules or ions between the cavity walls and the material of restoration (Kidd., 1976 apud Alani and Toh., 1997). The marginal integrity depends on numerous factors, including the type of restorative material used, the type of cavity and the isolation conditions (Murray et al., 2002; Costa P., 2006). Therefore, the selection of one material over another is of critical importance to the difference between success and failure of a long-term restoration (Maryniuk et al., 1986). The relationship between marginal leakage and type of restorative materials used has been extensively studied both in clinical and laboratory experiments (Amer and Kolker, 2012) and microleakage of a restoration may vary over time. Resin-based composites in association with dental adhesives are believed to lose sealing ability over time, enabling microleakage (Lundin and Noren, 1991).

Resin-modified glass ionomer, glass ionomer, compomer, composite resin, and amalgam restorative materials are frequently used to restore carious root lesions (Nicholson, 2006; Mickenautsch et al., 2011; Sakrana et al., 2004). Amalgam has been extensively used in the past due to its many advantages such as low technical sensitivity, self-sealing margins (as a consequence of corrosion) and good wear resistance, however, its use is rapidly declining due to alleged adverse health effects

related to the release of mercury (Bates, 2006; Al-Saleha and Al-Sedairib, 2011). This has been a controversial subject since some authors agree that there is no reason to discontinue use of amalgam as the standard of care for caries in posterior teeth (Bellinger et al., 2006). Nevertheless, amalgam also has aesthetic shortcomings (Manhart et al., 2001) and plastic alternatives are being increasingly used (Dijken, 2000; Collins et al., 1998; Raskin et al., 1999)

Composite resins are the most commonly used material nowadays, since they combine aesthetic, physical and mechanical properties: modulus of elasticity and ability to establish adhesion to tooth structure, allowing more conservative restorations (Martins et al., 2007). However they are highly expensive, time-consuming and need a technique-sensitive adhesive procedure by coupling with dentin bonding agents.

Simplification in the adhesive technique has become a major requirement in the current dental practice. Three-step bonding systems are now considered too complicated and time consuming (Coelho et al., 2012). They have been replaced by “one-bottle” and “self-etching” adhesives. These bonding systems contain acidic hydrophilic monomers, which perform etching and monomer penetration simultaneously; therefore separated etching, rinsing and drying phases do not exist when using these materials (Peumans et al., 2005; Moszner et al., 2005). Reduced number of working phases has diminished the technical sensitivity and the possibility of errors while using. However, significant improvement in bond strengths with these materials is yet to be proved. Several recent studies suggested that self-etch adhesives might be more resistant to salivary contamination because hydrophilic adhesive solutions, specifically products with acetone or ethanol based, may perform better in saliva contamination (Kermanshah et al., 2010).

Other weakness of the composite material is the lack of dimensional stability due not only to the polymerization shrinkage, but also to the thermal expansion coefficient, which is higher than the one from dental hard tissues (Bullard et al., 1988, Rossomando and Wendt, 1995). The thermal expansion coefficient is the expansion and the contraction of the restorative material when subjected to changes in temperature (Anusavice and Phillips, 2003), and is one of the most important factors that influence the microleakage (Bullard et al., 1988; Tan and Santini, 2005).

Both higher thermal expansion coefficient and polymerization shrinkage, compete with the bond strength of the adhesive system and challenges marginal integrity and sealing ability especially in the dentin segment (Manhart et al., 2001), where high bond strengths are more difficult to achieve (Hashimoto et al., 2003; Spencer et al., 2010).

Admittedly, a glass ionomer have thermal expansion coefficient similar to dentin's (Kaplan et al., 1992) and will undergo polymerization shrinkage to a smaller degree than a resin composite restorative material (Bowen et al., 1982), and although their chemical adhesion to tooth structure lead to lower bond strength values than resin adhesive materials the less stress due to lower shrinkage could imply lower microleakage. Matis et al, have reported an 80% 10-year retention rate with Ketac- Fil, a conventional glass ionomer (Matis et al.,1996).

Glass ionomers adhere best to moist tooth structures, and drying reduces bond strength and increases leakage significantly, which could be a reason for the materials to behave adequately in saliva contamination conditions (Burges and Gallo, 2002). On the other hand, poor mechanical properties, such as low fracture strength, toughness and wear, limit their extensive use in dentistry as a filling material in stress-bearing area (Burges and Gallo, 2002). On the other hand, glass ionomers have good biocompatibility, and by incorporating fluorine, they exhibit an anticariogenic potential. Two clinical trials have shown a 30% reduction in recurrent caries around glass ionomer restorations in high caries risk patients (Erickson et al., 2001; Haveman et al, 1999). Clearly, these materials are the materials of choice in high caries—risk patients (Burges and Gallo, 2002). Furthermore, a study by Arcoria, showed that when a glass ionomer liner was used in both dental amalgam and glass ionomer restorations is successful in what concerns the reduction of microleakage (Arcoria, 1999).

2. OBJECTIVES

The main aim of the present study was to evaluate the influence of saliva contamination, in enamel and dentin microleakage, of a glass ionomer material and a resin composite bonded with two different adhesive systems (etch and rinse one step and self-etching adhesive).

Regarding the main objective, the following hypotheses were tested:

Hypothesis a)

H0: The materials studied yielded the same degree of enamel microleakage

H1: The materials studied yielded different degrees of enamel microleakage

Hypothesis b)

H0: The materials studied yielded the same degree of dentin microleakage

H1: The materials studied yielded different degrees of dentin microleakage

Hypothesis c)

H0: Saliva contamination had no influence on the enamel microleakage of the materials studied.

H1: Saliva contamination influenced the enamel microleakage of the materials studied.

Hypothesis d)

H0: Saliva contamination had no influence on the dentin microleakage of the materials studied.

H1: Saliva contamination influenced the dentin microleakage of the materials studied.

Hypothesis e)

H0: The material tested did not influence the differences between enamel and dentin microleakage degrees.

H1: The material tested influenced the differences between enamel and dentin microleakage degrees.

3. MATERIALS AND METHODS

The materials used in the study were a glass ionomer, Ionofil Plus AC plus (color A3; VAL: 2/2015, lot n°.: 135342; Voco GmbH, Cuxhaven, German); two adhesive systems: Solobond M (VAL: 8/2015, lot n°.:1307330; Voco GmbH, Cuxhaven, German) and Futurabond M (VAL: 1/2015, LOT n°.: 1305252; Voco GmbH, Cuxhaven, German) and a resin composite: Grandioso SO (Color A3; VAL 7/2015, lot n°.:1304305; Voco GmbH, Cuxhaven, German). Materials composition is presented in Table X below (figure 3.1 and table 3.1).

Name	Application Procedure	Composition
Ionofil Plus AC	Mixing (10sec); Application directly into the cavity within 30 s after completion of mixing.	Glass polyalkenoate cement
Solobond M	Etch with 37% phosphoric acid, for 15 sec Application of Solobond M homogeneously with a Micro Tim and allow to act for 30 s. Dispersion of Solobond M with a faint air jet Curing with LED/halogen light for 20 s	Acetone 50%-100%; 2- hidroxyethyl methacrylate 10- 25%; BisGMA 10-25%; Acidic adhesive Monomer 5-10%; Hidroxypropylmethacrylate <2.5%; Catalyst <2.5%
Futurabond M	Rinse cavity thoroughly with water. Remove excess moisture with a faint air jet. Application of Futurabond M onto a mixing palette. Apply with a suitable applicator and allow it to act for 20 s. Dry the adhesive layer with an air jet for at least 5 s. Polymerization with blue light (halogen or LED light) for 10 s.	Urethanedimethacrylate 25-50%; Ethanol 10-25%; Acidic adhesive monomer 5-10%; 2-hidroxyethyl methacrylate 2,5-5%; Catalyst <2,5%
Grandioso SO	Application of GrandioSO in the prepared cavity, adapt with a suitable instrument. Insert in 2 increments of 2mm and cure for 20sec each with a halogen curing light with the intensity of 600mW/cm2, measured with a curing radiometer	Resin: BisGMA; BisEMA; tegdma; Camphorquinone; Butylated Hydroxytoluene Filler: Glass Ceramic (1µm); Silicon Dioxide nano-particles (20-40nm) Pigments (Iron oxide; titatium dioxide)

Table 3.1: Composition and application procedures of the materials used



Figure 3.1 Materials used

3.1 SPECIMENS PREPARATION

Thirty human permanent molars were used, after being stored in 0,5% chloramine (Chloramine T Trihydrate – Merck KGaA, Darmstadt, Germany) at 4°C, for a maximum of a month (ISO, 2003). Before being used teeth were clean (from dental calculus, soft tissues and debris) and stored in distilled water (4°C) (ISO, 2003). All the teeth were half cut, longitudinally with a with a 0,3mm thick diamond blade (Diamond Wafering Blade – Buehler, Series 15HC Diamond N°11-4244, Germany) in a Precision Saw machine (IsoMet® 1000 Precision Saw from Buehler, Illinois, USA), obtaining 60 specimens (figures 3.2 and 3.3)



Figure 3.2. Precision Saw machine (IsoMet® 1000 Precision Saw from Buehler, Illinois, USA).



Figure 3.3. Diamond blade (Diamond Wafering Blade – Buehler, Series 15HC Diamond N°11-4244, Germany).

In each half a class V cavity (figure 3.4) was performed (3×2×2mm) at the root surface (mesial and distal) with a cylinder diamond bur (Bush, Pfings & Company, NJ, USA), in turbine under water refrigeration. All the cavities were performed by the same operator. The cavities had 3 mm length, 2 mm wide, 2 mm deep. The cervical wall was 1mm apical to the cementum enamel junction. Cavity margins were in enamel and dentin.



Figure 3.4. Cervical cavity (3×2×2mm)

Specimens were randomly divided in three groups (table 3.2) according to the study material; (Group 1- Ionofil Plus AC, VOCO; Group 2- Solobond M, VOCO and Grandioso, VOCO; Group 3- FuturabondM, VOCO and Grandioso, VOCO).

In each group 10 specimens were restored according to the manufacturer's instructions and 10 were contaminated with saliva prior to the restorative material application.

All the cavities were washed with a water syringe and dried for 5 sec, followed by the restorative procedure in group 1b, 2b and 3b. Saliva contamination was performed in groups 1a, 2a, and 3a with fresh saliva collected from a researcher, applied onto the surface of the cavity with a syringe (10 μ L) and spread for 5 sec with a micro brush. It was performed after washing and drying the cavity in group 1a and after adhesive curing in groups 2a and 3a.

Composite resin was inserted in 2 increments of 2mm and cured for 20sec each with a halogen curing light (Curing Light XL3000 serial n° 105944, 3M ESPE Dental Products, St Paul, MN, USA) with the intensity of 600mW/cm², measured with a curing radiometer (Model 100, Demetron Research Corp., Danbury, USA). Glass ionomer was inserted in bulk and allowed to cure for 6 min prior to storage (figure 3.5).



Figure 3.5 Glass ionomer (Ionofil Plus AC, VOCO) application

	Before contamination	Saliva contamination	Restorative material system
Group 1 (a)	Water rinsed	5 sec	Ionofill plus AC
Group 1 (b)	Water rinsed	none	Ionofill Plus AC
Group 2 (a)	Acid etched+ rinse+ etch and rinse+ light curing	5 sec	Grandioso
Group 2 (b)	Acid etched+ rinse+ etch and rinse+ light curing	none	Grandioso
Group 3 (a)	Self-etch+ light cured	5 sec	Grandioso
Group 3 (b)	Self-etch+light cured	none	Grandioso

Table 3.2- Schematics of the groups

After the restorative procedures, the specimens were stored for 24 hours in an incubator at 37°C and 100% relative humidity (ISO, 2003). Specimens were then thermal cycled (figure 3.6) by 20sec immersion in two interchanging baths of 5°C and 55°C, with 5sec dwell time, for 500 cycles (ISO, 2003), and stored for 24 hrs more in the same conditions as described above.



Figure 3.6 Thermal cycler

3.2 MICROLEAKAGE TEST

Apex and pulp chamber were isolated with sticky wax and nail polish (Fariha et al., 2012) was applied over the surface leaving a 1mm frame from the restoration margin (figures 3.7 and 3.8).



Figure 3.7 Specimen isolation with Sticky wax



Figure 3.8 Specimen isolation with nail polish

Specimens were then immersed in a 2% methylene blue solution for 4h and thoroughly rinsed under running water. Each specimen was then sectioned across the restoration in two segments of 1mm each (Figure 3.9) with a cutting device (Isomet 1000 - Buehler, Illinois, USA).



Figure 3.9 Specimen segments

Exposed surfaces were polished with polishing disks (silicon carbide grinding paper, 800-grit, Buehler II, Germany) and examined at a stereomicroscope (Meiji Techno EMZ-8TR serial n.º 411479-Meiji Techno Co., Saitama, Japan), in order to quantify the degree of infiltration (Figures 3.10 and 3.11).



Figure 3.10. 800-grit polishing disk (Buehler II, Germany)



Figure 3.11 Stereomicroscope (Meiji Techno EMZ-8TR)

Each surface was classified using the ISO 14765 (2003) classification method (table 3.3).

Enamel Classification	
0	No infiltration
1	Infiltration in the enamel wall
2	Infiltration in the dentin wall without the pulpal wall
3	Infiltration in the dentin wall up to the pulpal wall
Dentin Classification	
0	No infiltration
1	Infiltration in the dentin wall (less than 50%)
2	Infiltration in the dentin wall (50% or more) without the pulpal wall
3	Infiltration in the dentin wall up to the pulpal wall

Table 3.3: Classification of microleakage adopted and altered from ISO 14765, 2003

For each margin (enamel and dentin) microleakage data was analysed with nonparametric statistical tests (Kruskal-Wallis, Mann-Whitney with Bonferroni

correction). A Wilcoxon test was performed in order to compare 2 related variables (enamel and dentin microleakage). Statistical significance was set at 5%.

4. RESULTS

Percentages of microleakage degrees for enamel margins are presented in figure 4.1, and for dentin margins are presented in figure 4.2.

The microleakage frequencies found are presented in table 1 and 2 in appendix I.

In enamel margins percentage of microleakage degree varied from 18% in degree 2, to 46% in degree 0. In dentin margins, percentage of microleakage degree varied from 5% in degree 1 to 75% in degree 3.

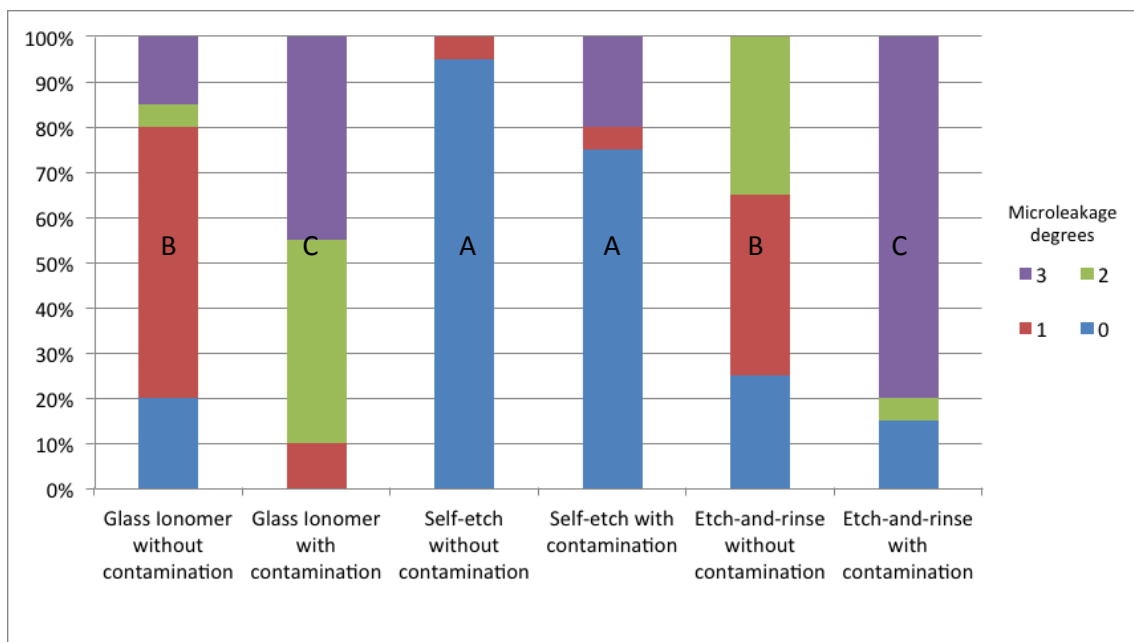


Table 4.3 Percentage of microleakage degrees found for each restorative material system, with and without saliva contamination, in enamel. Different letters represent statistical differences found with Mann-Whitney test ($p < 0,003$).

Statistical tests performed are presented in annex II.

According to Kruskal-Wallis, both enamel and dentin microleakage revealed differences between groups ($p < 0,05$). For the 15 comparisons performed with Mann-Whitney posthoc tests, Bonferroni test corrected the statistical significance to $p < 0,003$.

Enamel microleakage was lowest for the self-etch/composite restoration system either with saliva or without saliva contamination ($p < 0,003$). These values were followed by the etch-rinse/composite and glass ionomer without saliva contamination and finally by etch-rinse/composite and glass ionomer with saliva contamination.

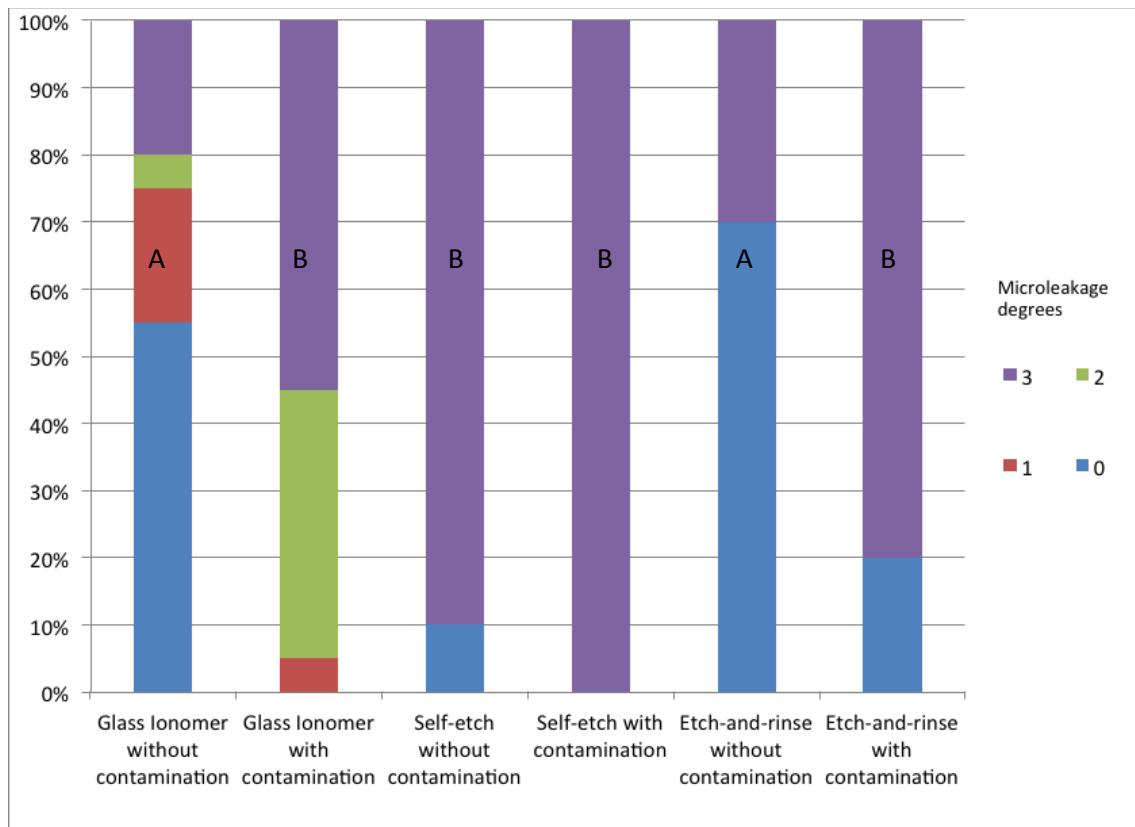


Table 4.4 Percentage of microleakage degrees found for each restorative material system, with and without saliva contamination, in dentin. Different letters represent statistical differences found with Mann-Whitney test ($p < 0,003$).

In dentin, etch-rinse/composite and glass ionomer without saliva contamination groups yielded significantly lower microleakage than the other groups ($p < 0,003$). No other differences were found.

The self-etch/composite was the only restoration system where saliva contamination did not influenced enamel and dentine microleakage ($p < 0,003$).

The degree of microleakage was found to be lower in enamel than in dentin ($p < 0,05$) for the self-etch/composite groups (3a and 3b) with and without saliva contamination. For the other groups tested there were no differences in microleakage degree between enamel and dentin margins.

5. DISCUSSION

Salivary contamination is a frequent problem in restorative procedures, especially when the isolation with rubber dam is difficult to obtain. This represents a considerable issue since the quality of the adhesion between the restorative material and the tooth will be challenged and this bond is considered a key factor in determining the longevity of a restoration (Kermanshah et al., 2010; Chang et al., 2010; Koppolu et al., 2012).

Laboratory methods are frequently used to predict *in vivo* performance of restorative materials (Fabianelli, 2004), and they are considered a good complement to the more costly and time-consuming clinical study approach (Lucena et al., 2011).

Microleakage analysis is a laboratory method used to examine marginal seal between the restorative material and the tooth surface (Lucena et al., 2011). There are *in vitro* methods to evaluate the adhesion to tooth structure such as shear and micro-shear bond strength (Placido et al., 2007), as well as microtensile bond strength (Heintze et al., 2011). However, the different properties of materials used in this study (composite material and glass ionomer) such as polymerization contraction and bond strength could be misleading in a bond strength study (Alnazzawi and Watts, 2012; Kaplan et al., 1992). In fact, high bond strengths are required for a resin composite due to the high stress at the bonded interface generated by the polymerization contraction and high coefficient of thermal expansion (Alnazzawi and Watts, 2012). Conversely, glass ionomers require less bond strengths values to maintain a good marginal seal, since they do not suffer from polymerization contraction and have a coefficient of thermal expansion closer to the tooth (Kaplan et al., 1992).

Coefficient of thermal expansion can be manipulated by thermal cycling (Alnazzawi and Watts, 2012). This treatment subjects specimens to extreme temperature changes, similarly to what occurs naturally in the oral cavity (Cenci et al., 2008). However, there are disagreeing opinions about the influence of thermal cycling on microleakage. Some authors reported the absence of any influence, recommending higher number of cycles (Rossomando and Wendt, 1995; Bijella and da Silva, 2000; Pazinato et al., 2003; Veronezi et al., 2002), while others show an increase of microleakage at the cementum-dentin-restoration interface after thermal stressing

(Hakimeh et al., 2000; Cenci et al., 2008). Because there is no consensus between authors, this study followed recommendations established internationally (ISO, 2003), to enable a comparison of results between different studies.

Whole healthy human saliva has been established as an acceptable contamination medium by several authors, and was used in the present work (Oonsombat et al., 2002; Zeppieri et al., 2003). One of the main issues of saliva contamination was the timing. The ideal time for contamination would be after etching, since according to Jordan (1993, apud Lopes et al., 2007) the surface free energy doubles after etching, which is main reason for a good wettability by the adhesive system and the action of saliva would reduce this energy, placing adhesion at risk.

Saliva contamination of the surface after etching would not be feasible in the current study because one of the adhesive system used, a self-etching material, combines in same solution the acidified primer and the adhesive (Peumans et al., 2005; Moszner et al., 2005), not using a separated etching. A study by Kermanshah et al, showed that saliva reduced to the same degree the bond strength of an etch-and-rinse adhesive system when the contamination was performed after the etching step or after the polymerization of the adhesive. Therefore, in the present study the contamination was performed after the adhesive polymerization both in the etch-and-rinse and in the self-etch group (Kermanshah et al., 2010).

When saliva influences adhesion to tooth structure, a gap at the margin of the restoration is formed and can be exposed and easily quantified by means of color dye penetration (Fabianelli, 2004). For this procedure specimens need to be isolated first with sticky wax and nail polish. This preparation is recommended to study marginal leakage without the confounding influence of dentine permeability (Gale e Darvell, 1999). Colour dye penetration studies are the most commonly employed techniques (Lucena et all 2011), due to facility of storage, application and visualizing the penetration of dyes (Youngson et al., 1998). In this study, methylene blue was employed as a tracer to evaluate the degree of infiltration, with a concentration of 2% and an immersion time of 4 hours, a protocol followed in other studies (Camargo et al., 2006; Sattabanasuk et al., 2006; Alani and Toh, 1997).

Microleakage can be analysed quantitatively or qualitatively and although there are reports of no differences between the methods (Camargo et al., 2006; Veronezi, et

al., 2002), in the present work microleakage was evaluated by a quantitative method recommended by ISO (ISO, 2003), since as reported by Nunes et al., the qualitative method used to measure the degree of microleakage is visual and adopts an empirical scale, thus depending on visual acuity and judgment of examiners (Nunes et al., 2005).

Still, results from the quantitative analysis should be considered carefully, since each specimen is sectioned across the restoration in two segments and the exposed surfaces are then analysed, therefore this method only determines the penetration depth along the plane of one tooth section and depends on how and where the tooth is sectioned (Alani and Toh, 1997; Sun et al., 2009).

A low shrinkage during setting and a coefficient of thermal expansion similar to dentin (Kaplan et al., 1992), could determine lower microleakage to the glass ionomer material, although this result was not verified in the present study. In fact, glass ionomer restoration without saliva contamination yielded the same dentin and enamel microleakage as etch-and-rinse/composite restoration and higher enamel microleakage than the self-etch treated composite restorations. These results lead to the rejection of the null hypothesis a) and b).

Although there are no other studies, to the author's knowledge, that compare the materials used in the present study, Kaplan (1992) compared microleakage in cervical restorations of etch-and-rinse/composite with glass ionomer showing better results when glass ionomer was used, and this would be our expectation for this study, even though the materials used were not the same, and further studies should be developed using other brands of glass ionomer, etch-and-rinse and composite materials.

In the present study and in the presence of saliva contamination, materials behaved differently, thus null hypothesis c) and d) had to be rejected. Saliva contamination led to higher enamel and dentin microleakage of etch-and-rinse/composite restoration and of the glass ionomer restorations. These results were expected for the etch-and-rinse/composite restoration, but can be considered controversial for the glass ionomer since it has been referred to as insensible to saliva contamination (McLean et al. 1985) and to adhere best to moist tooth structures (Burgess and Gallo, 2002), reinforcing the idea that further studies must be carried with different brands of materials. Another aspect that influence the results is the fact that human tooth was used, which is so uncontrolled as a variable, as well as the operator variability. Self-

etch/composite restorative system was not influenced by saliva contamination, in both margins, as in a study by Kermanshah (Kermanshah et al 2010).

Conversely, the self-etch/composite restorative system was less effective in restraining microleakage along dentin margins than along the enamel margins. This was not expected since it was reported that the self-etching pH is not low enough to condition the enamel surface as well as it does for the dentin surface, due to mineral differences in the dental tissue (Moszner et al., 2005). Despite that contradiction, these results are in accordance with other studies (Brackett et al, 2003; Fabianelli, 2003), in which self-etch materials also had worst results in dentin margins.

These results lead to the rejection of null hypothesis e), the material tested influenced the differences between dentin and enamel microleakage. Even though this null hypothesis had to be rejected, this effect was only registered for the self-etch/composite material, since enamel and dentin microleakage were the same in the glass ionomer and in the etch-and-rinse/composite group.

By testing the marginal sealing ability of restorative materials with dye penetration method alone, one cannot conclude superiority of one material over the other, especially because of the overestimation of infiltration that can be attributed to methylene blue (Fabianelli, 2004). Further studies are needed to determine the best material to be used in challenging situations such as contaminated class V restorations.

Clinical Significance

Due to the discrepant data attained in the present study it is recommended that conclusion of superiority of one material over the other are not drawn from microleakage analysis alone, although it seems that the self-etch material studied was less influenced by the presence of saliva contamination.

6. CONCLUSIONS:

Within the limitations of an in vitro study the results obtained led to the following conclusions:

- Enamel and dentin microleakage degrees were similar for the etch-and-rinse/composite and the glass ionomer restorations, differing only in with the self-etch/composite restorations

- Enamel and dentin microleakage yielded by the self-etch/composite restorations were less influenced by saliva contamination than the other groups.

- The present study should be repeated with other commercial brands of glass ionomer, self-etch, etch-and-rinse and composite materials.

- In vivo and other in vitro studies, besides microleakage should be carried out to fulfil the same objective as in the present study.

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Appendix I

Frequency Tables and Microscopy Images

Frequency tables

Microleakage	Frequency	Percent	Valid Percent	Cumulative Percent
0	46	38,3	38,3	38,3
1	24	20,0	20,0	58,3
2	18	15,0	15,0	73,3
3	32	26,7	26,7	100,0
Total	120	100,0	100,0	

Table-1 Frequency of microleakage in Enamel. The most frequent value of microleakage in Enamel was 0, and the less frequent was 2.

Microleakage	Frequency	Percent	Valid Percent	Cumulative Percent
0	31	25,8	25,8	25,8
1	5	4,2	4,2	30,0
2	9	7,5	7,5	37,5
3	75	62,5	62,5	100,0
Total	120	100,0	100,0	

Table-2 Frequency of microleakage in Dentine. The most frequent value of microleakage in Dentine was 3, and the less frequent was 1.

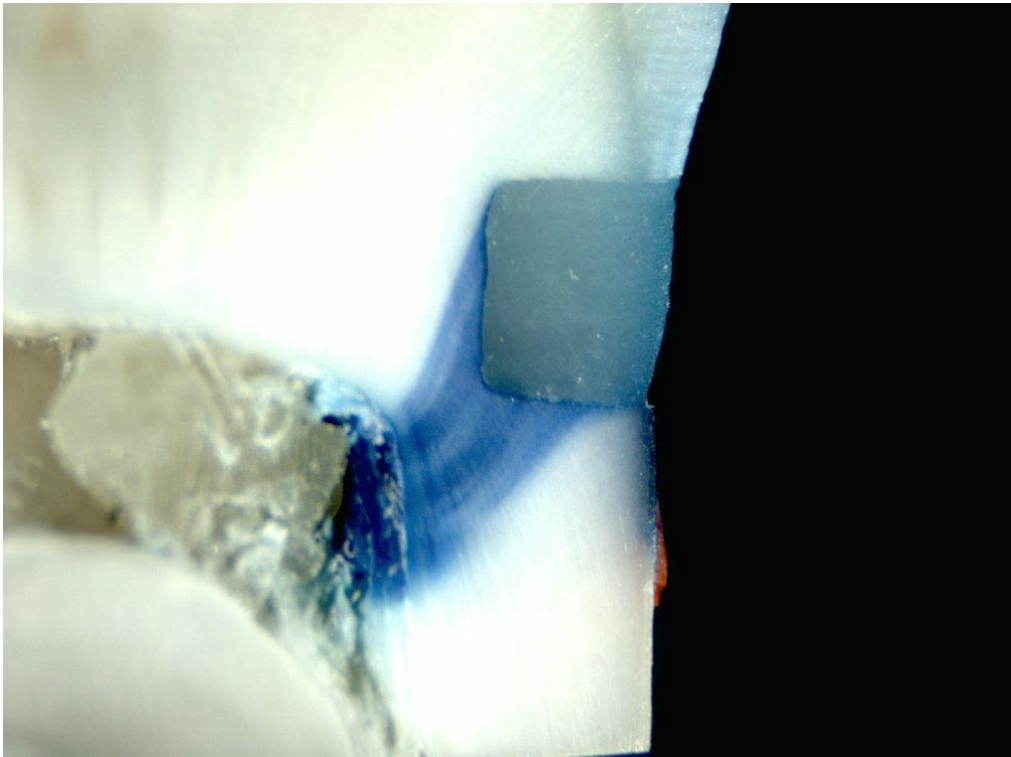


Figure 1 Microscopy image of a specimen with Self-etch without contamination (1.5X magnification)

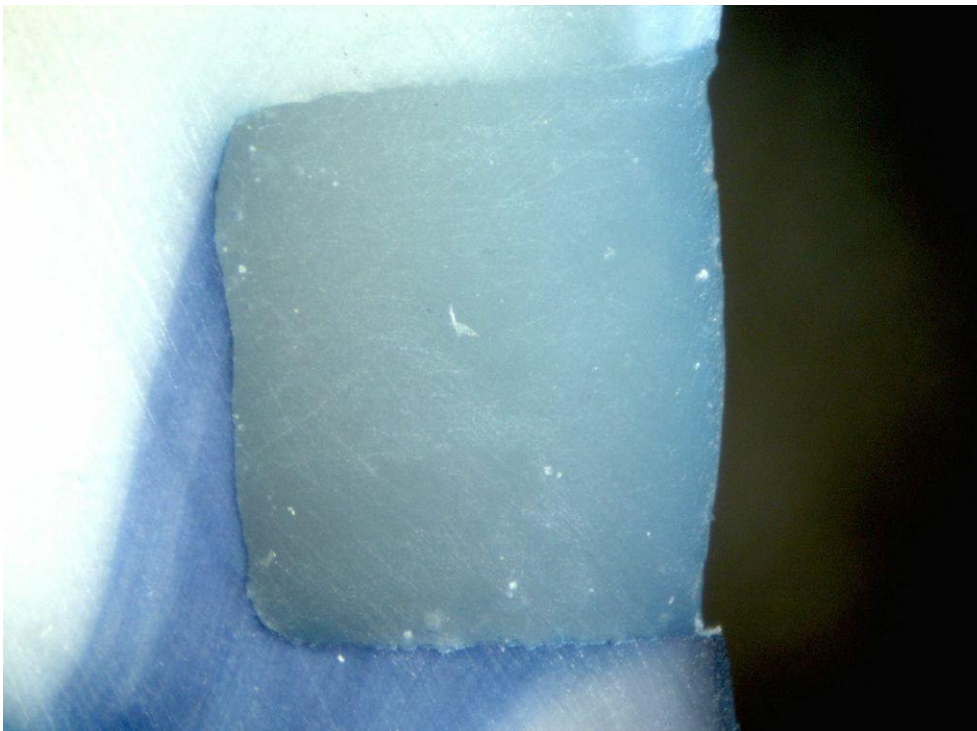


Figure 2 Microscopy image of a specimen with Self-etch without contamination (3.5 X magnification)

Appendix II

Statistics (SPSS)