# Lagrangian caps

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### Abstract

We establish an *h*-principle for exact Lagrangian embeddings with concave Legendrian boundary. We prove, in particular, that in the complement of the unit ball B in the standard symplectic  $\mathbb{R}^{2n}$ ,  $2n \ge 6$ , there exists an embedded Lagrangian *n*-disc transversely attached to B along its Legendrian boundary.

# 1 Introduction

**Question**. Let *B* be the round ball in the standard symplectic  $\mathbb{R}^{2n}$ . Is there an embedded Lagrangian disc  $\Delta \subset \mathbb{R}^{2n} \setminus \text{Int } B$  with  $\partial \Delta \subset \partial B$  such that  $\partial \Delta$  is a Legendrian submanifold and  $\Delta$  transversely intersects  $\partial B$  along its boundary?

If n = 2 then such a Lagrangian disc does not exist. Indeed, it is easy to check that the existence of such a Lagrangian disc implies that the Thurston-Bennequin invariant  $tb(\partial \Delta)$  of the Legendrian knot  $\partial \Delta \subset S^3$  is equal to +1. On the other hand, the knot  $\partial \Delta$  is sliced, i.e its 4-dimensional genus is equal to 0. But then according to Lee Rudolph's slice Bennequin inequality [8] we should have  $tb(\partial \Delta) \leq -1$ , which is a contradiction.

As far as we know no such Lagrangian discs have been previously constructed in higher dimensions either. We prove in this paper that if n > 2 such discs exist in abundance. In particular, we prove

<sup>\*</sup>Partially supported by the NSF grant DMS-1205349

**Theorem 1.1.** Let L be a smooth manifold of dimension n > 2 with non-empty boundary such that its complexified tangent bundle  $T(L) \otimes \mathbb{C}$  is trivial. Then there exists an exact Lagrangian embedding  $f : (L, \partial L) \to (\mathbb{R}^{2n} \setminus \text{Int } B, \partial B)$  with  $f(\partial \Delta) \subset$  $\partial B$  such that  $f(\partial \Delta) \subset \partial B$  is a Legendrian submanifold and f transverse to  $\partial B$  along the boundary  $\partial L$ .

Note that the triviality of the bundle  $T(L) \otimes \mathbb{C}$  is a necessary (and according to Gromov's *h*-principle for Lagrangian immersions, [6] sufficient) condition for existence of any Lagrangian *immersion*  $L \to \mathbb{C}^n$ .

In fact, we prove a very general h-principle type result for Lagrangian embeddings generalizing this claim, see Theorem 2.2 below. As corollaries of this theorem we get

- an *h*-principle for Lagrangian embeddings in any symplectic manifold with a unique conical singular point, see Corollary 6.1;
- a general *h*-principle for embeddings of flexible Weinstein domains, see Corollary 6.3;
- construction of Lagrangian immersions with minimal number of self-intersection points; this is explored in a joint paper of the authors with T. Ekholm and I. Smith, [2].

Theorem 2.2 together with the results from the book [1] yield new examples of rationally convex domains in  $\mathbb{C}^n$ , which will be discussed elsewhere. The authors are thankful to Stefan Nemirovski, whose questions concerning this circle of questions motivated the results of the current paper.

# 2 Main Theorem

## Loose Legendrian submanifolds

Let  $(Y, \xi)$  be a (2n-1)-dimensional contact manifold. Let us recall that each contact plane  $\xi_y, y \in Y$ , carries a canonical linear symplectic structure defined up to a scaling factor. Thus, there is a well defined class of isotropic and, in particular, Lagrangian linear subspaces of  $\xi_y$ . Given a k-dimensional ,  $k \leq n-1$ , manifold  $\Lambda$ , an injective homomorphism  $\Phi : T\Lambda \to TY$  covering a map  $\phi : \Lambda \to Y$  is called isotropic (or if k = n - 1 Legendrian) if  $\Phi(T\Lambda) \subset \xi$  and  $\Phi(T_x\Lambda) \subset \xi_{\phi(x)}$  is isotropic for each  $x \in \Lambda$ . Given a (2n - 1)-dimensional contact manifold  $(Y, \xi)$ , an embedding  $f : \Lambda \to Y$  is called *isotropic* if it is tangent to  $\xi$ ; if in addition dim  $\Lambda = n - 1$  then it is called Legendrian. The differential of an isotropic (resp. Legendrian) embedding is an isotropic (resp. Legendrian) homomorphism.

Two Legendrian embeddings  $f_0, f_1 : \Lambda \to Y$  are called *formally Legendrian isotopic* if there exists a smooth isotopy  $f_t : \Lambda \to Y$  connecting  $f_0$  and  $f_1$  and a 2-parametric family of injective homomorphisms  $\Phi_t^s : T\Lambda \to TY$ , such that  $\Phi_t^0 = df_t, \Phi_0^s = df_0, \Phi_1^s = df_1$  and  $\Phi_t^1$  is a Legendrian homomorphism  $(s, t \in [0, 1])$ .

The results of this paper essentially depend on the theory of *loose Legendrian* embeddings developed in [7]. This is a class of Legendrian embeddings into contact manifolds of dimension > 3 which satisfy a certain form of an *h*-principle. For the purposes of this paper we will not need a formal definition of loose Legendrian embeddings, but instead just describe their properties.

Let  $\mathbb{R}^{2n-1}_{\text{std}} := (\mathbb{R}^{2n-1}, \xi_{\text{std}} = \{dz - \sum_{1}^{n-1} y_i dx_i = 0\})$  be the standard contact  $\mathbb{R}^{2n-1}$ , n > 2, and  $\Lambda_0 \subset \mathbb{R}^{2n-1}_{\text{std}}$  be the Legendrian  $\{z = 0, y_i = 0\}$ . Note that a small neighborhood of any point on a Legendrian in a contact manifold is contactomorphic to the pair  $(\mathbb{R}^{2n-1}_{\text{std}}, \Lambda_0)$ . There is another Legendrian  $\tilde{\Lambda}$ , called the *universal loose* Legendrian, which is equal to  $\Lambda_0$  outside of a compact subset, and formally Legendrian isotopic to it. A picture of  $\tilde{\Lambda}$  is given in Figure 2.1, though we do not use any properties of  $\Lambda$  besides those stated above. A connected Legendrian submanifold  $\Lambda \subset Y$  is called *loose*, if there is a contact embedding  $(\mathbb{R}^{2n-1}_{\text{std}}, \tilde{\Lambda}) \to (Y, \Lambda)$ . We refer the interested readers to the paper [7] and the book [1] for more information. The following proposition summarizes the properties of loose Legendrian embeddings.

**Proposition 2.1.** For any contact manifold  $(Y, \xi)$  of dimension 2n - 1 > 3 the set of connected loose Legendrians have the following properties:

- (i) For any Legendrian embedding f : Λ → Y there is a loose Legendrian embedding *f* : Λ → Y which coincides with f outside an arbitrarily small neighborhood of a point p ∈ Λ and which is formally isotopic to f via a formal Legendrian isotopy supported in this neighborhood.
- (ii) Let  $f_0, f_1 : \Lambda \to Y$  be two loose Legendrian embeddings of a connected  $\Lambda$  which coincide outside a compact set and which are formally Legendrian isotopic via a compactly supported isotopy. Then  $f_0, f_1$  are Legendrian isotopic via a compactly supported Legendrian isotopy.
- (iii) Let  $f_t : \Lambda \to Y$ ,  $t \in [0,1]$ , be a smooth isotopy which begins with a lose Legendrian embedding  $f_0$ . Then it can be  $C^0$ -approximated by a Legendrian isotopy  $\tilde{f}_t : \Lambda \to Y$ ,  $t \in [0,1]$ , beginning with  $\tilde{f}_0 = f_0$ .



Fig. 2.1: The universal loose Legendrian,  $\tilde{\Lambda}$ . In the terminology of [7] and [1]  $\tilde{\Lambda}$  is the stabilization of  $\Lambda_0$  over a manifold of Euler characteristic 0.

Statement (i) is the Legendrian stabilization construction which replaces a small neighborhood of a point on a Legendrian submanifold by the model  $(\mathbb{R}^{2n-1}_{\text{std}}, \tilde{\Lambda})$ . It was first described for n > 2 in [3]. The main part of Proposition 2.1, parts (ii) and (iii), are proven in [7]. Notice that (ii) implies that if a Legendrian is already loose that any further stabilizations do not change its Legendrian isotopy class.

## Symplectic manifolds with negative Liouville ends

Throughout the paper we use the terms *closed submanifold* and *properly embedded submanifold* as synonyms, meaning a submanifold which is a closed subset, but not necessarily a closed manifold itself.

Let L be an n-dimensional smooth manifold. A *negative end* structure on L is a choice of

- a codimension 1 submanifold  $\Lambda \subset L$  which divides L into two parts:  $L = L_{-} \cup L_{+}, L_{-} \cap L_{+} = \Lambda$ , and
- a non-vanishing vector field S on  $\mathcal{O}p L_{-} \subset L$  which is outward transverse to

the boundary  $\Lambda = \partial L_{-}$ , and such that the negative flow  $S^{-t} : L_{-} \to L_{-}$  is defined for all t and all its trajectories intersect  $\Lambda$ .

In other words, there is a canonical diffeomorphism  $L_{-} \to (-\infty, 0] \times \Lambda$  which is defined by sending the ray  $(-\infty, 0] \times x$ ,  $x \in \Lambda$ , onto the trajectory of -S originated at  $x \in \Lambda$ .

Alternatively, the negative end structure can be viewed as a *negative completion* of the manifold  $L_+$  with boundary  $\Lambda$ :

$$L = L_{+} \bigcup_{0 \times \Lambda \ni (0,x) \sim x \in \Lambda} (-\infty, 0] \times \Lambda.$$

Negative end structures which differ by a choice of the cross-section  $\Lambda$  transversely intersecting all the negative trajectories of L will be viewed as equivalent.

Let  $(X, \omega)$  be a 2*n*-dimensional symplectic manifold. A properly embedded cooriented hypersurface  $Y \subset X$  is called a *contact slice* if it divides X into two domains  $X = X_- \cup X_+, X_- \cap X_+ = Y$ , and there exists a Liouville vector field Z in a neighborhood of Y which is transverse to Y, defines its given co-orientation and points into  $X_+$ . Such hypersurfaces are also called symplectically convex [4], or of contact type [9].

If the Liouville field extends to  $X_{-}$  as a non-vanishing Liouville field such that the negative flow  $Z^{-t}$  is defined for all  $t \geq 0$  and all its trajectories in  $X_{-}$  intersect Y then  $X_{-}$  with a choice of such Z is called a *negative Liouville end* structure of the symplectic manifold  $(X, \omega)$ .

The restriction  $\alpha$  of the Liouville form  $\lambda = i(Z)\omega$  to Y is a contact form on Y and the diffeomorphism  $(-\infty, 0] \times Y \to X_-$  which sends each ray  $(-\infty, 0] \times x$  onto the trajectory of -Z originated at  $x \in \Lambda$  is a Liouville isomorphism between the negative symplectization  $((-\infty, 0] \times Y, d(t\alpha))$  of the contact manifold  $(Y, \{\alpha = 0\})$ and  $(X_-, \lambda)$ . Hence alternatively the negative Liouville end structure can be viewed as a *negative completion* of the manifold  $X_+$  with the negative contact boundary Y, i.e. as an attaching the negative symplectization  $((-\infty, 0] \times Y, d(t\alpha))$  of the contact manifold  $(Y, \{\alpha = 0\})$  to  $X_+$  along Y.

A negative Liouville end structure which differs by another choice of the cross-section Y transversely intersecting all negative trajectories of X will be viewed as an equivalent one. Note that the holonomy along trajectories of X provides a contactomorphism between any two transverse sections. Any such transverse section will be called a *contact slice*.

If the symplectic form  $\omega$  is exact and the Liouville form  $\lambda$  is extended as a Liouville

form, still denoted by  $\lambda$ , to the whole manifold X, then we will call  $(X, \lambda)$  a Liouville manifold with a negative end.

Let L be an *n*-dimensional manifold with a negative end, and X a symplectic 2*n*manifold with a negative Liouville end. A proper Lagrangian immersion  $f: L \to X$ is called *cylindrical at*  $-\infty$  if it maps the negative end  $L_-$  of L into a negative end  $X_-$  of X, the restriction  $f|_{L_-}$  is an embedding, and the differential  $df|_{TL_-}$  sends the vector field S to Z. Composing the restriction of f to a transverse slice  $\Lambda$  with the projection of the negative Liouville end of X to Y along trajectories of Z we get a Legendrian embedding  $f_{-\infty}: \Lambda \to Y$ , which will be called the *asymptotic negative boundary* of the Lagrangian immersion f.

#### The action class

Given a proper Lagrangian immersion  $f: L \to X$ , we consider its mapping cylinder  $C_f = L \times [0,1] \bigcup_{(x,1) \sim f(x)} X$ , which is homotopy equivalent to X, and denote respectively by  $H^2(X, f)$  and  $H^2_{\infty}(X, f)$  the 2-dimensional cohomology groups  $H^2(C_f, L \times 0)$  and  $H^2_{\infty}(C_f, L \times 0) := \lim_{K \subset C_f} H^2(C_f \setminus K, (L \times 0) \setminus K)$ , where the direct limit is taken over all compact subsets  $K \subset C_f$ . We denote by  $r_{\infty}$  the restriction homomorphism  $r_{\infty} : H^2(X, f) \to H^2_{\infty}(X, f)$ . If f is an embedding then  $H^2(X, f)$  and  $H^2_{\infty}(X, f)$  are canonically isomorphic to  $H^2(X, f(L))$  and  $H^2_{\infty}(X, f(L)) := \lim_{K \subset X} H^2(X \setminus K, f(L) \setminus K)$ , respectively. We define the relative action class  $A(f) \in H^2(X, f)$  of a proper Lagrangian immersion  $f: L \to X$  as the class defined by the closed 2-form which is equal  $\omega$  on X and to 0 on  $L \times 0$ . We say that f is *weakly exact* if A(f) = 0. The relative action class at infinity  $A_{\infty}(f) \in H^2_{\infty}(X, f)$  is defined as  $A_{\infty}(f) := r_{\infty}(A_{\infty})$ . We note we have  $A_{\infty}(f) = A_{\infty}(g)$  if Lagrangian immersions f, g coincide outside a compact set.

Consider next a compactly supported Lagrangian regular homotopy,  $f_t: L \to X$ ,  $0 \le t \le 1$ , and write  $F: L \times [0, 1] \to X$ , for  $F(x, t) = f_t(x)$ . Let  $\alpha$  denote the 1-form on  $L \times [0, 1]$  defined by the equation  $\alpha := \iota_{\partial/\partial t}(F^*\omega)$ , where t is the coordinate on the second factor of  $L \times [0, 1]$ . Then the restrictions  $\alpha_t := \alpha|_{L \times \{t\}}$  are closed for all  $t \in$  [0, 1]. We call the Lagrangian regular homotopy  $f_t$  a Hamiltonian regular homotopy if the cohomology class  $[\alpha_t] \in H^1(L)$  is independent of t. It is straightforward to verify that for a Hamiltonian regular homotopy  $f_t$  the action class  $A(f_t)$  remains constant. Note, however, that the converse is not necessarily true.

If X is a Liouville manifold, then we define the absolute action class  $a(f) \in H^1(L)$ 

as the class of the closed form  $f^*\lambda$ , and call a Lagrangian immersion f exact if a(f) = 0. Note that in that case we have  $\delta(a(f)) = A(f)$ , where  $\delta$  is the boundary homomorphism  $H^1(L) \to H^2(X, f)$  from the exact sequence of the pair  $(C_f, L \times 0)$ . We will also use the notation

$$H^1_{\infty}(L) := \lim_{\substack{K \subset L \\ K \text{ is compact}}} H_1(L \setminus K), \ r_{\infty} : H^1(L) \to H^1_{\infty}(L), \ a_{\infty}(f) = r_{\infty}(a(f)).$$

If the the immersion f is cylindrical at  $-\infty$  then the class  $a_{\infty}(f)$  vanishes on  $L_{-}$ .

## Statement of main theorems

We say that a symplectic manifold X has infinite Gromov width if an arbitrarily large ball in  $\mathbb{R}^{2n}_{st}$  admits a symplectic embedding into X. For instance, a complete Liouville manifold have infinite Gromov width.

**Theorem 2.2.** Let  $f : L \to X$  be a cylindrical at  $-\infty$  proper embedding of an *n*-dimensional,  $n \geq 3$ , connected manifold L, such that its asymptotic negative Legendrian boundary has a component which is loose in the complement of the other components. Suppose that there exists a compactly supported homotopy of injective homomorphisms  $\Psi_t : TL \to TX$  covering f and such that  $\Psi_0 = df$  and  $\Psi_1$  is a Lagrangian homomorphism. If n = 3 assume, in addition, that the manifold  $X \setminus f(L)$ has infinite Gromov width. Then given a cohomology class  $A \in H^2(X, f(L))$  with  $r_{\infty}(A) = A_{\infty}(f)$ , there exists a compactly supported isotopy  $f_t : L \to X$  such that

- $f_0 = f;$
- $f_1$  is Lagrangian;
- $A(f_1) = A$  and
- $df_1: TL \to TX$  is homotopic to  $\Phi_1$  through Lagrangian homomorphisms.

If X is a Liouville manifold with a negative contact end, then one can in addition prescribe any value  $a \in H^1(L)$  to the absolute action class  $a(f_1)$  provided that  $r_{\infty}(a) = a_{\infty}$ , and in particular make the Lagrangian embedding  $f_1$  exact.

We do not know whether the infinite width condition when n = 3 is really necessary, or it is just a result of deficiency of our method.

Suppose we are given a smooth proper immersion  $f: L^n \to X^{2n}$  with only transverse double points and which is an embedding outside of a compact subset. If L is connected, L is orientable and X is oriented and n is even, we define the *relative self-intersection index* of f, denoted I(f), to be the signed count of intersection points, where the sign of an intersection  $f(p^0) = f(p^1)$  is +1 or -1 depending on whether the orientation defined by  $(df_{p^0}(L), df_{p^1}(L))$  agrees or disagrees with the orientation on X. Because n is even, this sign does not depend on the ordering  $(p^0, p^1)$ ; if n is odd or L is non-orientable we instead define I(f) as an element of  $\mathbb{Z}_2$ . If X is simply connected a theorem of Whitney [10] implies that f is regularly homotopic with compact support to an embedding if and only if I(f) = 0.

Theorem 2.2 will be deduced in Section 5 from the following

**Theorem 2.3.** Let  $(X, \lambda)$  be a simply connected Liouville manifold with a negative end  $X_-$ , and  $f : L \to X$  a cylindrical at  $-\infty$  exact self-transverse Lagrangian immersion with finitely many self intersections. Suppose that I(f) = 0, and the asymptotic negative boundary  $\Lambda$  of f has a component which is loose in the complement of the others. If n = 3 suppose, in addition, that  $X \setminus f(L)$  has infinite Gromov width. Then there exists a compactly supported Hamiltonian regular homotopy  $f_t$ , connecting  $f_0 = f$  with an embedding  $f_1$ .

*Remark.* If X is not simply connected the statement remains true if the self-intersection index I(f) is understood as an element of the group ring of  $\pi_1(X)$ .

# 3 Weinstein recollections and other preliminaries

## Weinstein cobordisms

We define below a slightly more general notion of a Weinstein cobordism than is usually done (comp. [1]), by allowing cobordisms between non-compact manifolds. Let W be a 2n-dimensional smooth manifold with boundary. We allow W, as well as its boundary components to be non-compact. Suppose that the boundary  $\partial W$ is presented as the union of two disjoint subsets  $\partial_{\pm}W$  which are open and closed in  $\partial W$ . A Weinstein cobordism structure on W is a triple ( $\omega, Z, \phi$ ), where  $\omega$  is a symplectic form on W, Z is a Liouville vector field, and  $\phi : W \to [m, M]$  a Morse function with finitely many critical points, such that

- $\partial_- W = \{\phi = m\}$  and  $\partial_+ W = \{\phi = M\}$  are regular level sets;
- the vector field Z is gradient like for  $\phi$ , see [1], Section 9.3;

• outside a compact subset of W every trajectory of Z intersects both  $\partial_-W$  and  $\partial_+W$ .

The function  $\phi$  is called a *Lyapunov function* for *Z*. The Liouville form  $\lambda = i(Z)\omega$ induces contact structure on all regular levels of the function  $\phi$ . All *Z*-stable manifolds of critical points of the function  $\phi$  are isotropic for  $\omega$  and, in particular, indices of all critical points are  $\leq n = \frac{\dim W}{2}$ . A Weinstein cobordism  $(W, \omega, X, \phi)$  is called *subcritical* if indices of all critical points are < n.

# **Extension of Weinstein structure**

The following lemma is the standard handle attaching statement in the Weinstein category (see [9] and [1]). We provide a proof here because we need it in a slightly different than it is presented in [9] and [1].

**Lemma 3.1.** Let  $(X, \lambda)$  be a Liouville manifold with boundary, Z the Liouville field corresponding to  $\lambda$  (i.e.  $\iota_Z \omega = \lambda$  where  $\omega = d\lambda$ ) and  $Y \subset \partial X$  a (union of) boundary component(s) of X such that Z is inward transverse to Y. Let  $(\Delta, \partial \Delta) \subset (X, Y)$  be a k-dimensional ( $k \leq n$ ) isotropic disc, which is tangent to Z near  $\partial \Delta$ . If k = 1suppose, in addition, that  $\int_{\Delta} \lambda = 0$ , and if k < n suppose, in addition, that  $\Delta$  is extended to (a germ of) a Lagrangian submanifold  $(L, \partial L) \subset (X, Y)$  which is also tangent to Z near  $\partial L$ . Then for any neighborhoods  $U \supset \Delta$  and  $\Omega \supset Y$  there exists a Weinstein cobordism  $(W, \omega, \tilde{Z}, \phi)$  with the following properties :

- $Y \cup \Delta \subset W \subset \Omega \cup U;$
- $\partial_- W = Y;$
- the function φ has a unique critical point p of index k at the center of the disc Δ;
- the disc  $\Delta$  is contained in the  $\widetilde{Z}$ -stable manifold of the point p;
- the field  $\widetilde{Z}|_{L\cap W}$  is tangent to L;
- the Liouville form λ̃ = i(Z̃)ω can be written as λ + dH for a function H compactly supported in U \ Y.

*Proof.* Let us set  $L = \Delta$  if k = n. For a general case we can assume that  $L = \Delta \times \mathbb{R}^{n-k}$ . Let  $\omega_{st}$  denote the symplectic form on  $T^*(L) = T^*L \times T^*\mathbb{R}^k = \Delta^k \times \mathbb{R}^k \times \mathbb{R}^{n-k} \times \mathbb{R}^{n-k}$  given by the formula

$$\omega_{\rm st} = \sum_{1}^{k} dp_i \wedge dq_i + \sum_{1}^{n-k} du_j \wedge dv_j$$

with respect to the coordinates  $(q, p, v, u) \in \Delta^k \times \mathbb{R}^k \times \mathbb{R}^{n-k} \times \mathbb{R}^{n-k}$  which correspond to this splitting. Denote by  $\lambda_k$  the Liouville form  $\sum_{1}^{k} (2p_i dq_i + q_i dp_i) + \frac{1}{2} \sum_{1}^{n-k} (v_i du_j - u_j dv_j), d\lambda_k = \omega_{\text{st}}$ . Note that the Liouville field

$$Z_k := \sum_{1}^{k} \left( -q_i \frac{\partial}{\partial q_i} + 2p_i \frac{\partial}{\partial p_i} \right) + \frac{1}{2} \sum_{1}^{n-k} \left( v_i \frac{\partial}{\partial v_i} + u_j \frac{\partial}{\partial u_j} \right)$$

corresponding to the form  $\lambda_k$  is gradient like for the quadratic function

$$Q := \sum_{1}^{k} (p_i^2 - q_i^2) + \sum_{i}^{n-k} (u_j^2 + v_j^2),$$

tangent to L, and the disc  $\Delta$  serves as the  $Z_k$ -stable manifold of its critical point.

Using the normal form for the Liouville form  $\lambda$  near  $\partial L$  (see [9], and also [1], Proposition 6.6) and the Weinstein symplectic normal form along the Lagrangian L we can find, possibly decreasing the neighborhoods  $\Omega$  and U, a symplectomorphism  $\Phi: U \to U'$ , where U' is a neighborhood of  $\Delta$  in  $T^*L$ , such that

- $\Phi(L \cap U) = L \cap U', \ \Phi(\Delta \cap U) = \Delta \cap U';$
- $\Phi^* \omega_{\rm st} = \omega;$
- $\Phi^*\lambda_k = \lambda$  on  $\Omega \cap U$ ;
- $\Phi(Y \cap U) = \{Q = -1\} \cap U'.$

Thus the closed, and hence exact 1-form  $\Phi_*\lambda - \lambda_k$  vanishes on  $\Omega' := \Phi(\Omega \cap U)$ , and therefore, using the condition  $\int_{\Delta} \lambda = 0$  when k = 1, we can conclude that  $\lambda_k = \Phi_*\lambda + dH$  for a function  $H: G \to \mathbb{R}$  vanishing on  $\Omega' \supset \partial \Delta$ . Let  $\theta: U' \to [0, 1]$ be a  $C^{\infty}$ -cut-off function equal to 0 outside a neighborhood  $U'_1 \supset \Delta$ ,  $U'_1 \subseteq U'$ , and equal to 1 on a smaller neighborhood  $U'_2 \supset \Delta$ ,  $U'_2 \Subset U'_1$ . Denote  $\widehat{H} := \theta H$ . Then the form  $\widehat{\lambda} := \Phi_* \lambda + d\widehat{H}$  coincides with  $\Phi^* \lambda$  on  $\Omega' \cup (U' \setminus U'_1)$ , and equal to  $\lambda_k$  on  $U'_2$ .

Then, according to Corollary 9.21 from [1], for any sufficiently small  $\varepsilon > 0$  and a neighborhood  $U'_3 \supset \Delta$ ,  $U'_3 \Subset U'_2$ , there exists a Morse function  $\widehat{Q} : U' \to \mathbb{R}$  such that

- $\widehat{Q}$  coincides with Q on  $\{Q \leq -1\} \cup (\{Q \leq -1 + \varepsilon\} \setminus U'_2;$
- $\widehat{Q}$  and Q are target equivalent over  $U'_3$ , i.e. there exists a diffeomorphism  $\sigma : \mathbb{R} \to \mathbb{R}$  such that over  $U'_3$  we have  $\widehat{Q} = \sigma \circ Q$ ;
- $-1 + \varepsilon$  is a regular value of  $\widehat{Q}$  and  $\{\widehat{Q} \leq -1 + \varepsilon\} \subset \Omega' \cup U'_2;$
- inside  $\widehat{W} := \{-1 \leq \widehat{Q} \leq -1 + \varepsilon\} \subset U'$  the function  $\widehat{Q}$  has a unique critical point.

Denote  $\widetilde{Q} := \widehat{Q} \circ \Phi : U \to \mathbb{R}$ . Let us extend the function  $\widetilde{Q}$  to the whole manifold X in such a way that

- $\{\widetilde{Q} = -1\} \setminus U = Y \setminus U$ ,
- $\{-1 \leq \widetilde{Q} \leq -1 + \varepsilon\} \setminus U \subset \Omega \setminus U,$
- the function  $\widetilde{Q}|_{X\setminus U}$  has no critical values in  $[-1, -1+\varepsilon]$  and
- the Liouville vector field Z is gradient like for  $\widehat{Q}$  on  $\{-1 \leq \widetilde{Q} \leq -1 + \varepsilon\} \setminus U$ .

Let us define  $W := \{-1 \leq \widetilde{Q} \leq -1 + \varepsilon\} \subset X$ ,

$$\widetilde{\lambda} = \begin{cases} \Phi^* \widehat{\lambda} = \lambda + d\widehat{H} \circ \Phi, & \text{on } U, \\ \lambda, & \text{on } X \setminus U. \end{cases}$$

Let  $\widetilde{Z}$  be the Liouville field  $\omega$ -dual to the Liouville form  $\widetilde{\lambda}$  Then the Weinstein cobordism  $(W, \omega, \widetilde{Z}, \phi := \widehat{H} \circ \Phi)$  has the required properties.

We will also need the following simple

**Lemma 3.2.** Let  $(X, \lambda)$  be a Liouville manifold and  $f : L \to X$  a Lagrangian immersion. Let  $p \in X$  be a transverse self-intersection point. Then there exists a symplectic embedding  $h : B \to X$  of a sufficiently small ball in  $\mathbb{R}^{2n}_{st}$  into X such that h(0) = p and  $h^{-1}(f(L)) = B \cap (\{x = 0\} \cup \{y = 0\}).$  *Proof.* By the Weinstein neighborhood theorem, there exist coordinates in a symplectic ball near p so that f(L) is given by  $\{x = 0\} \cup \{y = dg(x)\}$  for some function  $g : \mathbb{R}^n \to \mathbb{R}$  so that dg(0) = 0 (here we use natural coordinates on  $T^*\mathbb{R}^n$ ). By transversaility the critical point of g at 0 is non-degenerate. Composing with the symplectomorphism  $(x, y) \mapsto (x, y - dg(x))$  gives the desired coordinates.  $\Box$ 

## Cancellation of critical points in a Weinstein cobordism

The following proposition concerning cancellations of critical points in a Weinstein cobordism is proven in [1], see there Proposition 12.22.

**Proposition 3.3.** Let  $(W, \omega, Z_0, \phi_0)$  be a Weinstein cobordism with exactly two critical points p, q of index k and k - 1, respectively, which are connected by a unique Z-trajectory along which the stable and unstable manifolds intersect transversely. Let  $\Delta$  be the closure of the stable manifold of the critical point p. Then there exists a Weinstein cobordism structure  $(\omega, Z_1, \phi_1)$  with the following properties:

- (i)  $(Z_1, \phi_1) = (Z_0, \phi_0)$  near  $\partial W$  and outside a neighborhood of  $\Delta$ ;
- (ii)  $\phi_1$  has no critical points.

## From Legendrian isotopy to Lagrangian concordance

The following Lemma about Lagrangian realization of a Legendrain isotopy is proven in [5], see there Lemma 4.2.5.

**Lemma 3.4.** Let  $f_t : \Lambda \to (Y, \xi = \{\alpha = 0\}), t \in [0, 1]$ , be a Legendrian isotopy connecting  $f_0, f_1$ . Let us extend it to  $t \in \mathbb{R}$  as independent of t for  $t \notin [0, 1]$ . Then there exists a Lagrangian embedding

$$F: \mathbb{R} \times \Lambda \to \mathbb{R} \times Y, d(e^s \alpha)),$$

of the form  $F(t, x) = (\tilde{f}_t(x), h(t, x))$  such that

- $F(t,x) = (f_1(x),t)$  and  $F(x,-t) = f_0(x)$  for t > C, for a sufficiently large constant C;
- $\widetilde{f}_t(x)$   $C^{\infty}$ -approximate  $f_t(x)$ .

# 4 Action-balanced Lagrangian immersions

Suppose we are given an exact proper Lagrangian immersion  $f: L \to X$  of an orientable manifold L into a simply connected Liouville manifold  $(X, \lambda)$  with finitely many transverse self-intersection points. For each self-intersection point  $p \in X$  we denote by  $p^0, p^1 \in L$  its pre-images in L. The integral  $a_{\rm SI}(p, f) = \int_{\gamma} f^* \lambda$ , where  $\gamma$ :  $[0,1] \to L$  is any path connecting the points  $\gamma(0) = p^0$  and  $\gamma(1) = p^1$ , will be called the *action* of the self-intersection point p. Of course, the sign of the action depends on the ordering of the pre-images  $p^0$  and  $p^1$ . We will fix this ambiguity by requiring that  $a_{\rm SI}(p, f) > 0$  (by a generic perturbation of f we can assume there are no points p with  $a_{\rm SI}(p, f) = 0$ ).

A pair of self-intersection points (p,q) is called a *balanced Whitney pair* if  $a_{\rm SI}(p,f) = a_{\rm SI}(q,f)$  and the intersection indices of  $df(T_{p^0}L)$  with  $df(T_{p^1}L)$  and of  $df(T_{q^0}L)$  with  $df(T_{q^1}L)$  have opposite signs. In the case where L is non-orientable we only require that p and q have the same action. A Lagrangian immersion f is called *balanced* if the set of its self-intersection points can be presented as the union of disjoint balanced Whiney pairs.

The goal of this section is the following

**Proposition 4.1.** Let  $(X, \lambda)$  be a simply connected Liouville manifold with a negative end and  $f: L \to X$  a proper exact and cylindrical at  $-\infty$  Lagrangian immersion with finitely many transverse double points. If n = 3 suppose, in addition, that  $X \setminus f(L)$  has infinite Gromov width. Then there exists an exact cylindrical at  $-\infty$ Lagrangian regular homotopy  $f_t: L \to X, t \in [0, 1]$ , which is compactly supported away from the negative end, and such that  $f_0 = f$  and  $f_1$  is balanced.

If the asymptotic negative boundary of f has a component which is loose in the complement of the other components and I(f) = 0 then the Lagrangian regular homotopy  $f_t$  can be made fixed at  $-\infty$ .

Note that Proposition 4.1 is the only step in the proof of the main results of this paper where one need the infinite Gromov width condition when n = 3.

The following two lemmas will be used to reduce the action of our intersection points in the case where we only have a finite amount of space to work with, for example when  $X_+$  is compact. In the case where  $X_+$  contains a symplectic ball  $B_R$  of arbitrarily large radius, e.g. in the situation of Theorem 1.1, these lemmas are not needed. **Lemma 4.2.** Consider an annulus  $A := [0,1] \times S^{n-1}$ . Let x, z be coordinates corresponding to the splitting, and y, u the dual coordinates in the cotangent bundle  $T^*A$ , so that the canonical Liouville form  $\lambda$  on  $T^*A$  is equal to ydx + udz. Then for any integer N > 0 there exists a Lagrangian immersion  $\Delta : A \to T^*A$  with the following properties:

- $\Delta(A) \subset \{|y| \leq \frac{5}{N}, ||u|| \leq \frac{5}{N}\};$
- $\Delta$  coincides with the inclusion of the zero section  $j_A : A \hookrightarrow T^*A$  near  $\partial A$ ;
- there exists a fixed near ∂A Lagrangian regular homotopy connecting j<sub>A</sub> and Δ;
- $\int_{\zeta} \lambda = 1$ , where  $\zeta$  is the  $\Delta$ -image of any path connecting  $S^{n-1} \times 0$  and  $S^{n-1} \times 1$ in A;
- action of any self-intersection point of  $\Delta$  is  $<\frac{1}{N}$ ;
- the number of self-intersection points is  $< 8N^3$ .

*Proof.* Consider in  $\mathbb{R}^2$  with coordinates (x, y) the rectangulars

$$I_{j,N} = \left\{ \frac{j}{5N^2} \le x \le \frac{j}{5N^2} + \frac{1}{5N}, 0 \le y \le \frac{5}{N} \right\}, j = 0, \dots (N-1)N.$$

Consider a path  $\gamma$  in  $\mathbb{R}^2$  which begins at the origin, travels counter-clockwise along the boundary of  $I_{0,N}$ , then moves along the *x*-axis to the point  $(\frac{1}{5N^2}, 0)$ , travels counter-clockwise along the boundary of  $J_{1,N}$  etc., and ends at the point (1,0). Note that  $\int y dx = \frac{N-1}{N}$ . We also observe that squares  $I_{j,N}$  and  $I_{i,N}$  intersect only when  $|i - j| \leq N$ , and hence for any self-intersection point p of  $\gamma$  its action is bounded by  $N\frac{1}{N^2} = \frac{1}{N}$ . Let us  $C^{\infty}$ -approximate  $\gamma$  by an immersed curve  $\gamma_1$  with transverse self-intersections and which coincides with  $\gamma$  near its end points. We can arrange that

• 
$$\left| \int_{\gamma_1} y dx - 1 \right| < \frac{2}{N};$$

- action of any self-intersection point of  $\gamma_1$  is  $<\frac{1}{N}$ ;
- the number of self-intersection points is  $< 2N^3$ ;



Fig. 4.1: The curve  $\gamma_1$  when N = 3.

• the curve  $\gamma_1$  is contained in the rectangular  $\{0 \le x \le \frac{1}{5}, 0 \le y \le \frac{5}{N}\}.$ 

See Figure 4.1. The only non-trivial statement is the upper bound on the number of self-intersections. Notice that there are less than  $N^2$  loops, and each loop intersects at most 2N other loops, in 2 points each. Thus the number of self intersections, double counted, is less than  $4N^3$ .

We will assume that  $\gamma_1$  is parameterized by the interval  $[0, \frac{1}{5}]$ . Let  $r_N$  denote the affine map  $(x, y) \mapsto (x + \frac{1}{5}, -\frac{y}{N})$ . We define a path  $\gamma_2 : [\frac{1}{5}, \frac{2}{5}] \to \mathbb{R}^2$  by the formula

$$\gamma_2(t) = r_N(\gamma_1(t - \frac{1}{5})).$$

Note that the immersion  $\gamma_{12}: [0, \frac{2}{5}] \to \mathbb{R}^2$  which coincides with  $\gamma_1$  on  $[0, \frac{1}{5}]$  and with  $\gamma_2$  on  $[\frac{1}{5}, \frac{2}{5}]$  is regularly homotopic to the straight interval embedding via a homotopy which is fixed near the end of the interval, and which is inside  $\{0 \le x \le \frac{2}{5}, -\frac{5}{N^2} \le 1\}$ 

$$y \leq \frac{5}{N}$$
}. We also note that  $\left| \int_{\gamma_{12}} y dx - 1 \right| < \frac{3}{N}$ . See Figure 4.2

We further extend  $\gamma_{12}$  to an immersion  $\gamma_{123} : [0,1] \to \mathbb{R}^2$  by extending it to  $[\frac{2}{5},1]$  as a graph of function  $\theta : [\frac{2}{5},1] \to [-\frac{5}{N},\frac{5}{N}]$  with

$$\int_{2/5}^{1} \theta(x) dx = 1 - \int_{\gamma_{12}} y dx,$$

which implies  $\int_{\gamma_{123}} y dx = 1.$ 



Fig. 4.2: The curve  $\gamma_{12}$ .

Let  $j_{S^{n-1}}$  denote the inclusion  $S^{n-1} \to T^*S^{n-1}$  as the 0-section. Consider a Lagrangian immersion  $\Gamma: A \to T^*A$  given by the formula

$$\Gamma(x,z) = (\gamma_{123}(x), j_{S^{2n-1}}(z)) \in T^*[0,1] \times T^*S^{n-1} = T^*A.$$

The Lagrangian immersion  $\Gamma$  self-intersects along spheres of the form  $p \times S^{n-1}$  where p is a self-intersection point of  $\tilde{\gamma}$ . By a  $C^{\infty}$ -perturbation of  $\Gamma$  we can construct a Lagrangian immersion  $\Delta : A \to T^*A$  with transverse self-intersection points which have all the properties listed in Lemma 4.2. Indeed, for each of the  $4N^3$  intersection points p of  $\gamma_{123}$ , the sphere  $p \times S^{n-1}$  can be perturbed to have two self-intersections. The other required properties are straightforward from the construction.

Remark 4.3. Given any a > 0 we get, by scaling the Lagrangian immersion  $\Delta$  with the dilatation  $(y, u) \mapsto (ay, au)$ , a Lagrangian immersion  $\Delta_a : A \to T^*A$  which satisfy

- $\int_{\zeta} \lambda = a$ , where  $\zeta$  is the  $\Delta_a$ -image of any path connecting the boundary  $S^{n-1} \times 0$ and  $S^{n-1} \times 1$  of A;
- action of any self-intersection point of  $\Delta_a$  is  $< \frac{a}{N}$ ;
- the number of self-intersection points is  $< 8N^3$ ;
- $\Delta_a(A) \subset \{|y|, ||u|| \leq \frac{5a}{N}\};$
- the immersion  $\Delta_a$  is regularly homotopic relative its boundary to the inclusion  $A \hookrightarrow T^*A$ .

Given a proper Lagrangian immersion  $f: L \to X$  with finitely many transverse selfintersection points, we denote the number of self-intersection points by SI(f). The action of a self-intersection point p of f is denoted by  $a_{SI}(p, f)$ . We set  $a_{SI}(f) := \max |a_{SI}(p, f)|$ , where the maximum is taken over all self-intersection points of f.

**Lemma 4.4.** Let  $f_0 : L \to (X, \lambda)$  be a proper exact Lagrangian immersion into a simply connected Liouville manifold with finitely many transverse self-intersection points. Then for any sufficiently large integer N > 0 there exists a fixed at infinity  $C^0$ -small exact Lagrangian regular homotopy  $f_t : L \to X$ ,  $t \in [0, 1]$ , such that  $f_1$  has transverse self-intersections,

$$a_{\mathrm{SI}}(f_1) \leq \frac{a_{\mathrm{SI}}(f)}{N}, \ \mathrm{SI}(f_1) \leq 9N^3 \mathrm{SI}(f_0).$$

*Proof.* Let  $p_1, \ldots, p_k$  be the self-intersection points of  $f_0$  and  $p_1^0, p_1^1, \ldots, p_k^0, p_k^1$  their pre-images,  $k = SI(f_0)$ . Let us recall that we order the pre-images in such a way that  $a_{SI}(f_0)(p_i) > 0$ ,  $i = 1, \ldots, k$ . Choose

- disjoint embedded *n*-discs  $D_i \ni p_i^1$ , i = 1, ..., k, which do not contain any other pre-images of double points, and
- annuli  $A_i \subset D_i$  bounded by two concentric spheres in  $D_i$ .

For a sufficiently large N > 0 there exist disjoint symplectic embeddings  $h_i$  of the domains  $U_i := \{|y|, ||u|| \leq \frac{5a_{\rm SI}(p,f_0)}{N}\} \subset T^*A$  in  $X, i = 1, \ldots, k$ , such that  $h_i^{-1}(f_0(L)) = h_i^{-1}(A_i) = A$ . Then, using Remark 4.3, we find a Lagrangian regular homotopy  $f_t$  supported in  $\bigcup_{i=1}^{k} h_i(U_i)$  which annihilates the action of points  $p_i$ , i.e.  $a_{\rm SI}(p_i, f_1) = 0, i = 1, \ldots, k$ , and which creates no more than  $8kN^3$  new selfintersection points of action  $< \frac{a_{\rm SI}(f_0)}{N}$ . Hence, the total number of self-intersection points of  $f_1$  satisfies the inequality  ${\rm SI}(f_1) < 9{\rm SI}(f_0)N^3$ .

The next lemma is a local model which will allow us to match the action of a given intersection point, during our balancing process. For a positive C we denote by  $Q_C$  the parallelepiped

 $\{|z| \le C, |x_i| \le 1, |y_i| \le C, i = 1, \dots, n-1\}$ 

in the standard contact space  $\mathbb{R}^{2n-1}_{st} = (\mathbb{R}^{2n-1}, \xi = \{\alpha_{st} := dz - \sum_{1}^{n-1} y_i dx_i = 0\})$ . Let  $SQ_C$  denote the domain  $[\frac{1}{2}, 1] \times Q_C$  in the symplectization  $(0, \infty) \times Q_C$  of  $Q_C$  endowed with the Liouville form  $\lambda_0 := s\alpha_{st}$ . We furthermore denote by  $L^t$  the Lagrangian rectangular  $\{z = t, y = 0; j = 1, \dots, n-1\} \cap SQ_C \subset SQ_C, t \in [-C, C].$ 

**Lemma 4.5.** For any positive  $b_0, b_1, \ldots, b_k \in (0, \infty)$ ,  $k \ge 0$ , such that

$$\frac{C}{4k+4} > b_0 > \max(b_1, \dots, b_k),$$

and a sufficiently small  $\varepsilon > 0$  there exists a Lagrangian isotopy which starts at  $L^{-\varepsilon}$ , fixed near  $1 \times Q_C$  and  $[\frac{1}{2}, 1] \times \partial Q_C$ , cylindrical near  $\frac{1}{2} \times Q_C$ , and which ends at a Lagrangian submanifold  $\widetilde{L}^{-\varepsilon}$  with the following properties:

- $\widetilde{L}^{-\varepsilon}$  intersects  $L^0$  transversely at k+1 points  $B_0, B_1, \ldots, B_k$ ;
- if  $\gamma_{B_j}, j = 0, \ldots, k$ , is a path in  $\widetilde{L}^{-\varepsilon}$  connecting the point  $B_j$  with a point on the boundary  $\partial Q_C$ , then

$$\int\limits_{\gamma_{B_j}} \lambda_0 = b_j, \ j = 0, \dots, k;$$

- the intersection indices of  $L^0$  and  $\widetilde{L}^{-\varepsilon}$  at the points  $B_0, B_1, \ldots, B_k$  are equal to  $1, -1, \ldots, -1$ , respectively.
- $\widetilde{L}^{-\varepsilon} \cap \{s = \frac{1}{2}\}$  is a Legendrian submanifold in  $Q_C$  defined by a generating function which is equal to  $-\varepsilon$  near  $\partial Q_C$  and positive over a domain in  $Q_C$  of Euler characteristic 1 k.

Proof. We have

$$\omega := d\lambda_0 = ds \wedge dz - \sum_{1}^{n-1} dx_i \wedge d(sy_i) = -d(zds + \sum_{1}^{n-1} v_i dq_i),$$

we denoted  $v_i := sy_i$ , i = 1, ..., n - 1. Let  $I^{n-1} \subset \mathbb{R}^{n-1}$  be the cube  $\{\max_{i=1,...,n-1} |q_i| \le 1\}$ . Choose a smooth non-negative function  $\theta : [\frac{1}{2}, 1] \to \mathbb{R}$  such that

•  $\theta(s) = s \text{ for } s \in [\frac{1}{2}, \frac{5}{8}];$ 

- $\theta$  has a unique local maximum at a point  $\frac{3}{4}$ ;
- $\theta(s) = 0$  for s near 1;
- the derivative  $\theta'$  is monotone decreasing on  $\left[\frac{5}{8}, \frac{3}{4}\right]$ .

For any  $\tilde{b}_0, \ldots, \tilde{b}_k \in (0, \frac{C}{2k+2})$  which satisfy  $\tilde{b}_0 > \max(\tilde{b}_1, \ldots, \tilde{b}_k)$  one can construct a smooth non-negative function  $\phi: I^{n-1} \to \mathbb{R}$ . with the following properties:

- $\phi = 0$  near  $\partial I^{n-1}$ ;
- $\max_{i=1,\dots,n-1} \left| \frac{\partial \phi}{\partial q_i} \right| < \frac{C}{2};$
- besides degenerate critical points corresponding to the critical value 0, the function  $\phi$  has k+1 positive non-degenerate critical points: 1 local maximum  $\tilde{B}_0$  and k critical points  $\tilde{B}_1, \ldots, \tilde{B}_k$  of index n-2 with critical values  $\tilde{b}_0, \tilde{b}_1, \ldots, \tilde{b}_k$  respectively.

Take a positive  $\varepsilon < \min(\tilde{b}_1, \ldots, \tilde{b}_k, \frac{C}{8k+8})$  and define a function  $h: [\frac{1}{2}, 1] \times I^{n-1} \to \mathbb{R}$  by the formula

$$h(s,q) = -\varepsilon s + \theta(s)\phi(q), \ s \in \left[\frac{1}{2}, 1\right], q \in I^{n-1}.$$

Thus the function h is equal to  $s(-\varepsilon + \phi(q))$  for  $s \in [\frac{1}{2}, \frac{5}{8}]$  and equal to  $-\varepsilon s$  near the rest of the boundary of  $[\frac{1}{2}, 1] \times I^{n-1}$ . The function h has one local maximum at a point  $(s_0, \tilde{B}_0)$  and k index n-1 critical points with coordinates  $(s_j, \tilde{B}_j), j = 1, \ldots, k$ . Here the values  $s_j \in [\frac{5}{8}, \frac{3}{4}]$  are determined from the equations  $\tilde{b}_j \theta'(s_j) = \varepsilon, j = 0, \ldots, k$ . Respectively, the critical values are equal to  $\hat{b}_k := -\varepsilon s_j + \theta(s_j)\tilde{b}_j$ , For  $\tilde{b}_j$  near  $\varepsilon$  we have  $\hat{b}_j < \varepsilon$ , while for  $\tilde{b}_j$  close to  $\frac{C}{2k+2}$  we have  $\hat{b}_j > \frac{C}{4k+4}$ . Hence, by continuity, any critical values  $b_0, b_1, \ldots, b_k \in (\varepsilon, \frac{C}{4k+4})$  which satisfy the inequality  $b_0 > \max(b_1, \ldots, b_k)$  can be realized.

The required Lagrangian manifold  $\tilde{L}^{-\varepsilon}$  can be now defined by the equations

$$z = \frac{\partial h}{\partial s}, \ x_j = q_j, \ v_j = \frac{\partial h}{\partial p_j}, \ j = 1, \dots, n-1, \ s \in \left[\frac{1}{2}, 1\right], \ q \in I^{n-1},$$

or returning to x, y, z, s coordinates by the equations

$$\widetilde{L}^{-\varepsilon} = \left\{ z = \frac{\partial h}{\partial s}, y_j = \frac{1}{s} \frac{\partial h}{\partial q_j} \right\}.$$

It is straightforward to check that  $\widetilde{L}^{-\varepsilon}$  has the required properties.

After using Lemma 4.4 to shrink the action of an intersection point, Lemma 4.5, applied with k = 0, will allow us to balance any negative intersection point. Positive intersection points still provide a challenge though, because the intersection point with the largest action created by Lemma 4.5 is always positive. The following lemma solves this issue.

**Lemma 4.6.** Let  $f : L \to (X, \lambda)$  be a proper exact Lagrangian immersion into a simply connected X and  $D \subset L$  an n-disc which contains no double points of the immersion f. Then for any A > 0 and a sufficiently small  $\sigma > 0$  there exists a supported in D Hamiltonian regular homotopy of f to  $\tilde{f}$  which creates a pair  $p_+, p_-$  of additional self-intersection points such that  $a_{SI}(p_{\pm}, \tilde{f}) = A \pm \sigma$ , the self-intersection indices of  $p_{\pm}$  have opposite signs and can be chosen at our will.

Let us introduce some notation. Consider a domain

$$U_{\varepsilon} := \{ -2\varepsilon < p_1 < 1 + 2\varepsilon, \max_{1 \le i \le n} |q_i| < 2\varepsilon, \max_{1 \le j \le n} |p_j| < 2\varepsilon \}$$

in the standard symplectic  $\mathbb{R}^{2n}_{st} = (\mathbb{R}^{2n}, \sum_{1}^{n} dp_i \wedge dq_i)$ . Let  $L^t$  be the Lagrangian plane  $\{p_1 = t, p_j = 0 \text{ for } j = 2, \ldots, n\} \cap U_{\varepsilon} \subset U_{\varepsilon}, t \in \{0, 1\}$ . Note that  $pdq|_{L^t} = tdq_1$ . We will also use the following notation associated with  $U_{\varepsilon}$ :

- $u_{\pm} \in L^1$  denote the points with coordinates  $p = (1, 0, \dots, 0), q = (\pm \delta_1, 0, \dots, 0);$
- $z_{\pm} \in L^0$  denote the points with coordinates  $p = (0, 0, \dots, 0), q = (\pm \delta_1, 0, \dots, 0)$
- $c^0$  denote the point with coordinates  $p = (0, 0, \dots, 0), q = (-\varepsilon, 0, \dots, 0);$
- $c^1$  denote the point with coordinates  $p = (1, 0, \dots, 0), q = (-\varepsilon, 0, \dots, 0);$
- $J^1_+$  denote the intervals connecting  $c^1$  and  $u_{\pm}$ ;
- $J^0_+$  denote the intervals connecting  $c^0$  and  $z_{\pm}$ .

We will use in the proof of 4.6 the following

**Lemma 4.7.** There exists a Lagrangian isotopy  $f_t : L^1 \to U_{\varepsilon}$  fixed near  $\partial L^1$  and starting at the inclusion  $f_0 : L^1 \hookrightarrow U_{\varepsilon}$  such that  $\widetilde{L}^1 = f_1(L^1)$  transversely intersects  $L^0$  at two points  $z_{\pm}$  with the following properties:

•  $f_1^*(pdq) = q_1 + d\theta$ , where  $\theta : L^1 \to \mathbb{R}$  is a compactly supported in Int  $L^1$  function such that  $\theta(z_{\pm}) = \mp \delta$  for a sufficiently small  $\delta > 0$ ;

 the intersection indices of *L*<sup>1</sup> and *L*<sup>0</sup> at *z*<sub>+</sub> and *z*<sub>-</sub> have opposite signs and can be chosen at our will.

*Proof.* For sufficiently small  $\delta_1, \delta_2, 0 < \delta_1 \ll \delta_2 \ll \varepsilon$ , there exists a  $C^{\infty}$ -function  $\alpha : [-\varepsilon, \varepsilon] \to \mathbb{R}$  with the following properties:

- $\alpha(t) = t$  for  $\delta_2 \le |t| \le \varepsilon$ ;
- $\alpha(t) = t^3 3\delta_1^2 t$  for  $|t| \le \delta_1$ ;
- the function  $\alpha$  has no critical points, other than  $\pm \delta_1$ ;

• 
$$-\frac{\varepsilon}{2} < \alpha'(t) < 1 + \frac{\varepsilon}{2}$$
.

Let us also take a cut-off function  $\beta : [0, 1] \rightarrow [0, 1]$  which is equal to 0 near 1 and equal to 1 near 0. Take a quadratic form  $Q_j$  of index j - 1:

$$Q_j(q_2,\ldots,q_n) = -\sum_{i=2}^j q_i^2 + \sum_{j+1}^n q_i^2, \ j = 1,\ldots,n,$$

and define a function  $\sigma: \{|q_i| \leq \varepsilon; i = 1, ..., n\} \to \mathbb{R}$  by the formula

$$\sigma_j(q_1, q_2, \dots, q_n) = q_1 + \delta_2 Q_j(q_2, \dots, q_n) \beta\left(\frac{\rho}{\varepsilon}\right) \beta\left(\frac{|q_1|}{\varepsilon}\right) + (\alpha(q_1) - q_1) \beta\left(\frac{\rho}{\varepsilon}\right),$$

where we denoted  $\rho := \max_{2 \le i \le n} |q_i|$ . The function  $\sigma_j$  has two critical points  $(-\delta_1, 0, \ldots, 0)$ and  $(\delta_1, 0, \ldots, 0)$  of index j and j - 1, respectively. We note that

$$-\frac{\varepsilon}{2} - Cn\delta_2\varepsilon \le \frac{\partial\sigma_j}{\partial q_1} < 1 + \frac{\varepsilon}{2} + Cn\delta_2\varepsilon$$

and

$$\left|\frac{\partial \sigma_j}{\partial q_i}\right| \le 2\delta_2 \varepsilon + Cn\delta_2 \varepsilon + \frac{C\delta_2}{\varepsilon}$$

for i > 1, where  $C = ||\beta||_{C^1}$ . In particular, if  $\delta_2$  is chosen small enough we get  $-\varepsilon < \frac{\partial \sigma_j}{\partial q_1} < 1 + \varepsilon$  and  $\left| \frac{\partial \sigma_j}{\partial q_i} \right| < \varepsilon$  for  $i = 2, \ldots, n$ .

Assuming that  $L^1$  is parameterized by the q-coordinates we define the required Lagrangian isotopy  $f_t: L^1 \to U_{\varepsilon}$  by the formula:

$$f_t(q) = \left(q, 1 + t\left(\frac{\partial\sigma_j}{\partial q_1} - 1\right), t\frac{\partial\sigma_j}{\partial q_2}, \dots, t\frac{\partial\sigma_j}{\partial q_n}\right), |q_i| < 2\varepsilon; \ i = 1, \dots, n.$$

The Lagrangian manifold  $\tilde{L}^1 = f_1(L^1)$  intersects  $L^0$  at two points  $z_{\pm}$  with coordinates  $p = 0, q_1 = \pm \delta_1, q_2 = 0, \ldots, q_n = 0$ . The intersection index of  $\tilde{L}^1$  and  $L^0$  at  $z_-$  is equal to  $(-1)^j$ , and to  $(-1)^{j-1}$  at  $z_+$ . Thus by choosing j even or odd we can arrange the intersection to be positive at  $z_+$  and negative at  $z_-$ , or the other way around. The compactly supported function  $\theta$  determined from the equation  $f_1^*(pdq) = dq_1 + d\theta$  is equal to  $\sigma_j - q_1$ . In particular,  $\theta(z_{\pm}) = \pm 2\delta_1^3$ .

Proof of Lemma 4.6. We denote  $\widetilde{J}^1_{\pm} := f_1(J^1_{\pm})$ , where  $f_t$  is the isotopy constructed in Lemma 4.7. Take any two points  $a, b \in D \subset \widetilde{D} := f(D) \subset \widetilde{L} := f(L)$  and connect them by a path  $\eta : [0,1] \to \widetilde{D}$  such that  $\eta(0) = \widetilde{b} := f(b)$  and  $\eta(1) = \widetilde{a} := f(a)$ . Denote  $B := \int_{-\infty}^{\infty} \lambda$ .

For any real R there exists an embedded path  $\gamma : [0, 1] \to X$  connecting the points  $\gamma(0) = \tilde{a}$  and  $\gamma(1) = \tilde{b}$  in the complement of  $\tilde{L}$ , homotopic to a path in  $\tilde{L}$  with fixed ends, and such that  $\int_{\gamma} \lambda = R$ . For a sufficiently small  $\varepsilon > 0$  the embedding  $\gamma$  can be

extended to a symplectic embedding  $\Gamma: U_{\varepsilon} \to X$  such that  $\Gamma^{-1}(\widetilde{L}) = L^0 \cup L^1$ . Here we identify the domain [0, 1] of the path  $\gamma$  with the interval

$$I = \{q_1 = -\varepsilon, q_j = 0, j = 2, \dots, n; 0 \le p_1 \le 1, p_j = 0, j = 2, \dots, n\} \subset \partial U_{\varepsilon},$$

so that we have  $\Gamma(c^0) = \widetilde{a}$  and  $\Gamma(c^1) = \widetilde{b}$ .

The Lagrangian isotopy  $\tilde{f}_t := \Gamma \circ f_t : L^1 \to X$ , where  $f_t : L^1 \to U_{\varepsilon}$  is the isotopy constructed in Lemma 4.7, extends as a constant homotopy to the rest of L and provides us with a regular Lagrangian homotopy connecting the immersion f with a Lagrangian immersion  $L \to X$  which has two more transverse intersection points  $p_{\pm} := \Gamma(z_{\pm})$  of opposite intersection index sign. See Figure 4.3. Consider the following loops  $\zeta_{\pm}$  in  $\tilde{L} \subset X$  based at the points  $p_{\pm}$ . We start from the point  $p_{\pm}$ along the  $\Gamma$ -image of the oppositely oriented interval  $\tilde{J}^1_{\pm}$  to the point  $\tilde{b}$ , then follow the path  $\eta$  to the point  $\tilde{a}$ , and finally follow along the  $\Gamma$ -image of the path  $J_0$  back to  $p_{\pm}$ .

Then we have

$$\int_{\zeta_{\pm}} \lambda = -\int_{\widetilde{J}_{\pm}^{1}} \Gamma^{*}\lambda + \int_{\eta} \lambda + \int_{J_{\pm}^{0}} \Gamma^{*}\lambda$$
$$= \left(-\int_{\widetilde{J}_{\pm}^{1}} \Gamma^{*}\lambda + \int_{\gamma} \lambda + \int_{J_{\pm}^{0}} \Gamma^{*}\lambda\right) + \left(\int_{\eta} \lambda - \int_{\gamma} \lambda\right)$$



Fig. 4.3: The Lagrangian  $f_1(L)$ . The light curve represents  $\gamma$ .

$$= \left(-\int\limits_{\widetilde{J}^1_{\pm}} pdq - \int\limits_{I} pdq + \int\limits_{J^0_{\pm}} pdq\right) + (B+R) = -\varepsilon + B + R \mp 2\delta_1^3.$$

It remains to observe that there exists a sufficiently small  $\varepsilon_0 > 0$  which can be chosen for any  $R \in [A - C - 1, A - C + 1]$ . Hence, by setting  $R = A - C - \varepsilon_0$  and  $\varepsilon = \varepsilon_0$  we arrange that the action of the intersection points  $p_{\pm}$  is equal to  $A \mp 2\delta_1^3$  while their intersection indices have opposite sign which could be chosen at our will.  $\Box$ 

**Lemma 4.8.** Let  $((0, \infty) \times Y, d(t\alpha))$  be the symplectization of a manifold Y with a contact form  $\alpha$ . Let  $\Lambda$  be a Legendrian submanifold and  $L = (0, \infty) \times \Lambda$  the Lagrangian cylinder over it. Suppose that there exists a contact form preserving embedding  $\Phi : (Q_C, \alpha_{st}) \to (Y, \alpha)$  and  $\Gamma \subset Y$  an embedded isotropic arc connecting a point  $b \in \Lambda$  with a point

$$\Phi(x_1 = 1, x_2 = 0, \dots, x_{n-1} = 0, y_1 = 0, \dots, y_n = 0, z = 0) \in \partial \Phi(Q_C).$$

Then there exists a Lagrangian isotopy  $L_t \subset \mathbb{R} \times \Lambda$  supported in a neighborhood of  $1 \times \Gamma \cup \Phi(Q_C), t \in [0, 1]$ , which begins at  $L_0 = L$  such that

- $L_t$  transversely intersects  $1 \times Y$  along a Legendrian submanifold  $\Lambda_t$ ;
- $\Phi^{-1}(\Lambda_1) = \Lambda^0 \cup \Lambda^{-\varepsilon}$  for a sufficiently small  $\varepsilon > 0$ .

Proof. We use below the notation  $I_a^k$ , a > 0 for the cube  $\{|x_i| \le a, i = 1, \ldots, k\} \subset \mathbb{R}^k$ . The embedding  $\Phi$  can be extended to a slightly bigger domain  $\widehat{Q} = \{|x_i| \le 1 + \sigma, |y_i| \le C, i = 1, \ldots, n-1, |z| \le C + \sigma\} \subset \mathbb{R}^{2n-1}_{\text{st}}$  for a sufficiently small  $\sigma > 0$ . The intersection  $\widehat{Q} \cap (\mathbb{R}^{n-1} = \{y = 0, z = 0\})$  is the cube  $I_{1+\sigma}^{n-1} \subset \mathbb{R}^{n-1}$ . We can assume that the intersection of the path  $\Gamma$  with  $\widehat{Q}$  coincides with the interval  $\{1 \le x_1 \le 1 + \sigma, x_j = 0, j = 2, \ldots, n-1\} \subset I_{1+\sigma}^{n-1}$ . The Legendrian embedding  $\Psi := \Phi|_{I_{1+\sigma}^{n-1}} : I_{1+\sigma}^{n-1} \to Y$  can be extended to a bigger parallelepiped

$$\Sigma = \{-1 - \sigma \le x_1 \le 2 + \sigma, |x_j| \le 1 + \sigma, j = 2, \dots, n - 1\} \subset \mathbb{R}^{n-1}$$

such that the extended Legendrian embedding, still denoted by  $\Psi$ , has the following properties:

- $\Psi(\{1 \le x_1 \le 2, x_j = 0, j = 2, \dots, n-1\}) = \Gamma;$
- $\Psi(\{x_1=2\}) \subset \Lambda$ .

For a sufficiently small positive  $\delta < C$  the Legendrian embedding can be further extended as a contact form preserving embedding

$$\widehat{\Psi}: (\widehat{P}:=\{(x,y,z)\in\mathbb{R}^{2n-1}_{\mathrm{st}}; x\in\Sigma, |y_i|\leq\delta, i=1,\ldots,n-1, |z|\leq\delta\}, \alpha_{\mathrm{st}})\to(Y,\alpha),$$

such that

- $\widehat{\Psi}|_{\widehat{P}\cap\widehat{Q}} = \Phi|_{\widehat{P}\cap\widehat{Q}};$
- the Legendrian manifold  $\widehat{\Lambda} := \widehat{\Psi}^{-1}(\Lambda)$  is given by the formulas

$$\widehat{\Lambda} := \{ z = \pm (x_1 - 2)^{\frac{3}{2}}, y_1 = \pm \frac{3}{2} \sqrt{x_1 - 2}, x_1 \ge 2, y_j = 0, j = 2, \dots, n - 1 \}$$

(note that any point on any Legendrian admits coordinates describing  $\widehat{\Lambda}$  as above). Consider a cut-off  $C^{\infty}$ -function  $\theta : [0, 1 + \sigma] \rightarrow [0, 1]$  such that  $\theta(u) = 1$  if  $u \leq 1$ ,  $\theta(u) = 0$  if  $u > 1 + \frac{\sigma}{2}, \theta' \leq 0$ , and denote

$$\Theta(u_1, \dots, u_{n-2}) := (3+\sigma) \prod_{i=1}^{n-2} \theta(u_i), \ u_1, \dots, u_{n-2} \in [0, 1+\sigma].$$



Fig. 4.4: The function  $q_s$ .

For  $s \in [0, 1]$  denote

 $\Omega_s := \{2 - s\Theta(|x_2|, \dots, |x_{n-1}|) \le x_1 \le 2 + \sigma\} \cap \Sigma \subset \mathbb{R}^{n-1}.$ 

We have  $\Omega_1 \supset \{-1 - \sigma \le x_1 \le 2, |x_2|, \dots, |x_{n-1}| \le 1\} \supset I_1^{n-1}$  and  $\Omega_0 = \{2 \le x_1 \le 2 + \sigma\} \cap \Sigma$ .

For a sufficiently small positive  $\varepsilon < \frac{\sigma^{\frac{3}{2}}}{2}$  consider a family of piecewise smooth continuous functions  $g_s : [2 - s, 2 + \sigma] \to [0, \sigma^{\frac{3}{2}}], s \in [0, 3 + \sigma]$  defined by the formulas

$$g_s(u) = \begin{cases} (u-2+s)^{\frac{3}{2}}, & u \le 2-s+\varepsilon^{\frac{2}{3}};\\ \varepsilon, & 2-s+\varepsilon^{\frac{2}{3}} < u < 2+\varepsilon^{\frac{2}{3}};\\ (u-2)^{\frac{3}{2}}, & u \ge 2+\varepsilon^{\frac{2}{3}}. \end{cases}$$

See Figure 4.4. We can smooth  $g_s$  near the points  $2 + \varepsilon^{\frac{2}{3}}$  and  $2 - s + \varepsilon^{\frac{2}{3}}$  in such away that the derivative is monotone near these points (i.e. decreasing near  $2 - s + \varepsilon^{\frac{2}{3}}$  and increasing near  $2 + \varepsilon^{\frac{2}{3}}$ ). We continue to denote the smoothened by  $g_s$ .

Next, define for  $s \in [0, 1]$  a function  $G_s : \Omega_s \to \mathbb{R}$  by the formula

$$G_s(x_1, x_2..., x_{n-1}) = g_{s\Theta(x_2,...,x_{n-1})}(x_1).$$

Note that by decreasing  $\varepsilon$  and  $\sigma$  we can arrange that  $\frac{\partial G_s}{\partial s}(x), \left| \frac{\partial G_s}{\partial x_i}(x) \right| < \delta, i = 1, \ldots, n-1$ , for all  $s \in [0,1]$  and  $x \in \Omega_s$ . We also observe that if  $\frac{\partial G_s}{\partial x_1}(x) = 0$  then  $G_s(x) = \varepsilon$ . Choose a cut-off function  $\mu : [1 - \delta, 1 + \delta] \to [0,1]$  which is equal to 1 near 1 and equal to 0 near  $1 \pm \delta$  and consider a family of Lagrangian submanifolds  $N_s, s \in [0,1]$ , defined in the domain  $([1 - \delta, 1 + \delta] \times \widehat{P}, d(t\alpha_{st}))$  in the symplectization of  $\widehat{P}$  defined by the formulas

$$z = \pm G_{s\mu(t)}(x) \pm t \frac{\partial G_{s\mu(t)}}{\partial t}(x), y_i = \pm \frac{\partial G_{s\mu(t)}}{\partial x_i}(x),$$
  
$$x \in \Omega_{s\mu(t)}, \ i = 1, \dots, n-1, \ t \in [1-\delta, 1+\delta].$$

First, let us check that  $N_s$  is Lagrangian for all  $s \in [0, 1]$ . Indeed, we have  $d(t\alpha_{st}) = -d\left(zdt + \sum_{i=1}^{n-1} (ty_i)dx_i\right)$ , and hence

$$d(t\alpha_{\rm st})|_{N} = \pm d\left(\left(G_{s\mu(t)} + t\frac{\partial G_{s\mu(t)}}{\partial t}\right)dt + \sum_{1}^{n-1}t\frac{\partial G_{s\mu(t)}}{\partial x_{i}}dx_{i}\right) = \pm d(d(tG_{s\mu(t)})) = 0.$$

Next, we check that  $N_s$  is embedded. The only possible pairs of double points may be of the form (x, y, z) and (x, -y, -z), that is z = 0 and y = 0. But then  $\frac{\partial G_{s\mu(t)}}{\partial x_1} = 0$ , and hence  $G_{s\mu(t)}(x) = \varepsilon$  and  $\frac{\partial G_{s\mu(t)}}{\partial t}(x) = 0$ , which shows  $z = G_{s\mu(t)}(x) + t \frac{\partial G_{s\mu(t)}}{\partial t}(x) \neq 0$ .

We also note that  $N_s \cap \{t = 1\}$  is a Legendrian submanifold  $\{z = \pm G_{s\mu(t)}(x), y_i = \pm \frac{\partial G_{s\mu(t)}}{\partial x_i}(x), i = 1, \dots, n-1\} \subset \hat{P}$  and  $N_1$  intersects  $Q_C$  along  $\Lambda^{-\varepsilon} \cup \Lambda^{\varepsilon}$ . Near  $t = 1 \pm \delta$  the submanifold  $N_s$  coincides with the symplectization of the Legendrian submanifold  $\hat{\Lambda}$  for all  $s \in [0, 1]$ .

Let us remove from the Lagrangian cylinder  $L = (0, \infty) \times \Lambda \subset ((0, \infty) \times Y, t\alpha)$  the domain  $[1 - \delta, 1 + \delta] \times \Lambda$  and replace it by  $\Psi(N_s)$ . The resulted Lagrangian isotopy  $L_s$  has the following properties:  $L_0 = L$ ,  $L_1$  intersects the contact slice  $1 \times Y$  along a Legendrian submanifold  $\Lambda_1$  and  $\Phi^{-1}(\Lambda_1) = \Lambda^{-\varepsilon} \cup \Lambda^{\varepsilon}$ . Note that if we modify the embedding  $\Phi$  as  $\tilde{\Phi}(x, y, z) = \Phi(x, y, z - \varepsilon)$  we still get a contact form preserving embedding  $\tilde{\Phi} : (Q_C, \alpha_{\rm st}) \to (Y, \alpha)$  for which  $\tilde{\Phi}^{-1}(\Lambda_1) = \Lambda^{-2\varepsilon} \cup \Lambda^0$ .  $\Box$ 

Proof of Proposition 4.1 for n > 3. Let  $X_{-}$  be a negative Liouville end of X bounded by a contact slice  $Y \subset X$  such that f is cylindrical below it. Denote  $\Lambda := f^{-1}(Y)$ . According to Lemma 4.4 for any  $\varepsilon$  there exists a Hamiltonian regular homotopy of f into a Lagrangian immersion with transverse self-intersection points of action  $< \varepsilon$ . Moreover, the number of self-intersection points grows proportionally to  $\frac{1}{\varepsilon^3}$ when  $\varepsilon \to 0$ . For a sufficiently small C > 0 there exists a contact form preserving embedding  $(Q_C, \alpha_{\rm st}) \to (Y \setminus \Lambda, \alpha := \lambda|_Y)$ . Note that given an integer N > 0 and a positive  $\varepsilon < \frac{C}{N}$  there exists contact form preserving embeddings of  $N^n$  disjoint copies of  $(Q_{\varepsilon}, \alpha_{\rm st})$  into  $(Q_C, \alpha_{\rm st})$ , i.e. when decreasing  $\varepsilon$  the number of domains  $(Q_{\varepsilon}, \alpha_{\rm st})$  which can be packed into  $(Y \setminus \Lambda, \alpha)$  grows proportionally to  $\varepsilon^{-n}$ , which is greater than  $\varepsilon^{-3}$  by assumption. Hence for a sufficiently small  $\varepsilon$  we can modify the Lagrangian immersion f, so that the action of all its self-intersection points are  $< \varepsilon$ , and at least SI(f) disjoint Darboux neighborhoods isomorphic to  $Q_{12\varepsilon}$  which do not intersect  $\Lambda$  can be packed into  $(Y, \alpha)$ . We will denote the number of self-intersection points by N and the corresponding  $Q_{12\varepsilon}$ -neighborhoods by  $U_1, \ldots, U_N$ . Notice that for a sufficiently small  $\theta > 0$  there exists a Liouville form preserving embedding  $((0, 1 + \theta) \times Y, t\alpha) \rightarrow (X, \lambda)$  which sends  $Y \times 1$  onto Y.

For each intersection point  $p_i \in f(L)$ , i = 1, ..., N, we will find a compactly supported Hamiltonian regular homotopy to balance each intersection point  $p_i$  without changing the action of the other intersection points. Recall  $0 < a_{SI}(p_1, f) < \varepsilon$ . Using Lemma 4.8 we isotope the Lagrangian cylinder  $(0, 1 + \theta) \times \Lambda$  via a Lagrangian isotopy supported in a neighborhood of  $Y \times 1$  so that:

- the deformed cylinder  $\widetilde{\Lambda}$  intersects Y transversely along a Legendrian submanifold  $\widetilde{\Lambda}$ ;
- for a sufficiently small  $\sigma > 0$  and each i = 1, ..., N, the cylinder  $\Lambda$  intersects  $U_i = Q_{12\varepsilon}$  along Legendrian planes  $\Lambda^0 = \{y = 0, z = 0\}$  and  $\Lambda^{-\sigma} = \{z = -\sigma, y = 0\}$ .

We can further deform the Lagrangian  $\widetilde{L}$  to make it cylindrical in  $[\frac{1}{2}, 1] \times Y$ , and hence, we get embeddings  $([\frac{1}{2}, 1] \times Q_{12\varepsilon}, t\alpha_{st}) \to ((0, 1] \times Y, t\alpha)$  such that the intersections  $([\frac{1}{2}, 1] \times U_i, \alpha_{st})$  with  $\widetilde{L}$  coincide with the Lagrangians  $L^0$  and  $L^{-\delta}$  from Lemma 4.5. There are two cases, depending on the sign of the intersection; suppose first that the self-intersection index at the point  $p_i$  is negative. Then we apply Lemma 4.5 with k = 0 and construct a cylindrical at  $-\infty$  and fixed everywhere except  $L^{-\delta}$  and  $\Lambda^{-\delta} \times (0, \frac{1}{2}]$  Hamiltonian regular homotopy of the immersion f which deforms  $L^{-\delta}$ to  $\widetilde{L}^{-\delta}$  such that  $L^0$  and  $\widetilde{L}^{-\delta}$  positively intersect at 1 point  $B_0$  of action  $a_{\rm SI}(B_0, f) =$  $a_{\rm SI}(p_i, f)$ . Hence, the point  $B_0$  balances  $p_i$ . Notice that this homotopes  $\Lambda$  to another Legendrian  $\widetilde{\Lambda}$ , and in fact  $\widetilde{\Lambda}$  will never be Legendrian isotopic to  $\Lambda$  (after a balancing of a sigle intersection point; we show below that it will be isotopic after all intersection points are balaned).

If the self-intersection index of  $p_i$  is positive we first apply Lemma 4.6 to create two new intersection points  $p_+$  and  $p_-$  of index 1 and -1 and action equal to  $A - \sigma$  and  $A + \sigma$  respectively, for some  $A \in (a_{\rm SI}(p_i, f), a_{\rm SI}(p_i, f) + 4\epsilon)$  and sufficiently small  $\sigma > 0$ . We then apply Lemma 4.5 with k = 2 and create 3 new intersection points  $B_0, B_1, B_2$  of indices 1, -1, -1 and of action  $A + \sigma, A - \sigma$  and  $a_{\rm SI}(p_i, f)$ , respectively. Then  $(p_i, B_2), (p_+, B_1)$  and  $(p_-, B_0)$  are balanced Whitney pairs.

In the course of the above proof,  $\Lambda$  is homotoped to the Legendrian  $\Lambda$  at  $-\infty$ . In order to make the constructed Hamiltonian homotopy of our Lagrangian fixed at  $-\infty$ , it suffices to show that  $\Lambda$  is Legendrian isotopic to  $\tilde{\Lambda}$ , because we can then apply Lemma 3.4 to undo this homotopy near  $-\infty$ . Assume that  $\Lambda$  has a loose component and I(f) = 0. In the course of the above proof we only need to homotope

a single component of  $\Lambda$  of our choosing; we choose the component of  $\Lambda$  which is loose. Obviously we can also fix a universal loose Legendrian embedded in this component of  $\Lambda$ , thus the corresponding component of  $\tilde{\Lambda}$  is also loose. Using part (ii) of Proposition 2.1, it only remains to show that  $\Lambda$  is formally Legendrian isotopic to  $\tilde{\Lambda}$ . Because the algebraic count of self intersections of f is zero the homotopy from  $\Lambda$  to  $\tilde{\Lambda}$  also has an algebraic count of zero self-intersections. This implies that they are formally isotopic; see Proposition 2.6 in [7].

To deal with the case n = 3 we will need an additional lemma. Let us denote by P(C) the polydisc  $\{p_i^2 + q_i^2 \leq \frac{C}{\pi}, i = 1, ..., n\} \subset \mathbb{R}^{2n}_{st}$ .

**Lemma 4.9.** Let  $(X, \omega)$  be a symplectic manifold with a negative Liouville end,  $Y \subset X$  a contact slice, and  $\lambda$  is the corresponding Liouville form on a neighborhood  $\Omega \supset X_{-}$  in X. Suppose that there exists a symplectic embedding  $\Phi : P(C) \rightarrow X_{+} \setminus Y$ . Let  $\Gamma$  be an embedded path in  $X_{+}$  connecting a point  $a \in Y$  with a point in  $b \in \partial \widetilde{P}$ ,  $\widetilde{P} := \Phi(P(C))$ . Then for any neighborhoods  $U \supset (\Gamma \cup \widetilde{P})$  in  $X_{+}$  there exists a Weinstein cobordism  $(W, \omega, \widetilde{X}, \phi)$  such that

- (i)  $W \subset X_+ \cap (U \cup \Omega), \ \partial_- W = Y;$
- (ii) the Liouville form  $\widetilde{\lambda} = \iota(\widetilde{X})\omega$  coincides with  $\lambda$  near Y and on  $\Omega \setminus U$ ;
- (iii)  $\phi$  has no critical points;
- (iv) the contact manifold  $(\widetilde{Y} := \partial_+ W, \widetilde{\alpha} := \widetilde{\lambda}|_{\widetilde{Y}})$  admits a contact form preserving embedding  $(Q_a, \alpha_{st}) \to (\widetilde{Y}, \widetilde{\alpha})$  for any  $a < \frac{C}{2}$ .

Proof. For any  $b \in (a, \frac{C}{2})$  the domain  $U_b := \{|q_i| \le 1, |p_i| < b; i = 1, ..., n\} \subset \mathbb{R}^{2n}_{\mathrm{st}}$ admits a symplectic embedding  $H : U_b \to \operatorname{Int} P(C)$ . Denote  $\partial_n U_b := \{p_n = b\} \cap \partial \overline{U}_b$ . Consider a Liouville form  $\mu = \sum_{1}^{n} (1 - \sigma) p_i dq_i - \sigma q_i dp_i = \sum_{1}^{n} p_i dq_i - \sigma d\left(\sum_{1}^{n} p_i q_i\right)$ , where a sufficiently small  $\sigma > 0$  will be chosen later. Then

$$\beta := \mu|_{\partial_n U_b} = d\left((b-\sigma)q_n - \sigma\sum_{1}^{n-1}p_iq_i\right) + \sum_{1}^{n-1}p_idq_i.$$

Let us verify that for a sufficiently small  $\sigma > 0$  there exists a contact form preserving embedding  $(Q_a, \alpha_{st}) \rightarrow (\partial_n U_b, \beta)$ . Consider the map  $\Psi : Q_a \rightarrow \mathbb{R}^{2n}_{st}$  given by the formulas

$$p_i = -y_i, q_i = x_i, \ i = 1, \dots, n-1, p_n = b, q_n = \frac{z}{b-\sigma} - \frac{\sigma}{b-\sigma} \sum_{i=1}^{n-1} x_i y_i$$

Note that  $|q_n| \leq \frac{a+a\sigma(n-1)}{b-\sigma} < 1$  if  $\sigma < \frac{b-a}{n}$ . Hence, if  $(x, y, z) \in Q_a$  we have

$$|p_i| \le a < b, |q_i| \le 1$$
 for  $i = 1, \dots, n-1, p_n = b, |q_n| < 1$ 

i.e.  $\Psi(Q_a) \subset \partial_n U_b$ . On the other hand

$$\Psi^* \mu = \Psi^* \beta = d\left(z + \sigma \sum_{1}^{n-1} x_i y_i - \sigma \sum_{1}^{n-1} x_i y_i\right) - \sum_{1}^{n-1} y_i dx_i = \alpha_{\rm st}$$

There exists a domain  $\widehat{U}_b$ , diffeomorphic to a ball with smooth boundary, such that

- $U_b \subset \widehat{U}_b \subset U_{b'}$  for some  $b' \in (b, \frac{C}{2})$ ;
- $\partial \widehat{U}_b \supset \partial_n U_b;$
- $\widehat{U}_b$  is transverse to the Liouville field T,  $\omega$ -dual to the Liouville form  $\mu$ .

Note that there exists a Lyapunov function  $\psi : \widehat{U}_b \to \mathbb{R}$  for T such that  $(\widehat{U}_b, \omega, T, \phi)$  is a Weinstein domain.

Denote  $\widetilde{U}_b := \Phi(H(U_a)) \Subset X_+$ . We can assume that the path  $\Gamma$  connects a point on Y with a point on  $\partial \widetilde{U}_b \setminus \Phi(H((\partial_n U_b)))$ .

We modify the Liouville form  $\lambda$ , making it equal to 0 on the path  $\Gamma$  and equal to  $\Phi_*H_*\mu$  on  $\widetilde{U}_b$ . Next, we use Lemma 3.1 to construct the required cobordism  $(W, \omega, \widetilde{X}, \phi)$  by connecting  $X_-$  and  $\widehat{U}_b$  via a Weinstein surgery along  $\Gamma$ , and then apply Proposition 3.3 to cancel the zeroes of the Liouville field  $\widetilde{X}$ . As a result we ensure properties (i)–(iii). In fact, property (iv) also holds. Indeed, by construction  $\partial_+W \supset \Phi(H(\partial_n U_b))$ , and hence there exists a contact form preserving embedding  $(Q_a, \alpha_{\rm st}) \rightarrow (\partial_+W, \widetilde{\alpha} := \iota(\widetilde{X})\omega|_{\partial+W}).$ 

Proof of Proposition 4.1 for n = 3. The problem in the case n = 3 is that we cannot get sufficiently many disjoint contact neighborhoods  $Q_C$  embedded into Y to balance all the intersection points. Indeed, both the number of intersection of action  $< \varepsilon$ and the number of  $Q_{12\varepsilon}$ -neighborhoods one can pack into contact slice Y grow as  $\varepsilon^{-3}$  when  $\varepsilon \to 0$ . However, using the inifinite Gromov width assumption we can cite Lemma 4.9 to modify Y so that it would contain a sufficient number of disjoint neighborhoods isomorphic to  $Q_{12\varepsilon}$ . Indeed, suppose that there are N double points af action  $< \varepsilon$ . By the infinite Gromov width assumption there exists N disjoint embeddings of polydiscs  $P(24\varepsilon)$  into  $X_+ \setminus f(L)$ .

Using Lemma 4.9, we modify the Liouville form  $\lambda$  into  $\tilde{\lambda}$  away from f(L), so that  $(X, \tilde{\lambda})$  admits a negative end bounded by a contact slice  $\tilde{Y}$  such that there exists N disjoint embeddings  $(Q_{12\varepsilon}, \alpha_{\rm st}) \to (\tilde{Y}, \tilde{\alpha})$  preserving the contact form. The rest of the proof is identical to the case n > 3.

# 5 Proof of main theorems

Proof of Theorem 2.3. We first use Proposition 4.1 to make the Lagrangian immersion f balanced and then use the following modified Whitney trick to eliminate each balanced Whitney pair.

Let  $p, q \in X$  be a balanced Whitney pair,  $p^0, p^1 \in L$  and  $q^0, q^1 \in L$  the pre-images of the self-intersection points p, q, and  $\gamma^0, \gamma^1 : [0, 1] \to L$  are the corresponding paths such that  $\gamma^j(0) = p^j, \gamma^j(1) = q^j$  for j = 0, 1, the intersection index of  $df(T_{p^0}L)$  and  $df(T_{p^1}L)$  is equal to 1 and the intersection index of  $df(T_{q^0}L)$  and  $df(T_{q^1}L)$  is equal to -1. Recall that according to our convention we are always ordering the pre-images of double points in such a way that their action is positive.

Choose a contact slice Y, and consider a path  $\eta : [0, 1] \to L$  connecting a point in the loose component  $\Lambda$  of  $\partial L_+$  with  $p^0$  such that  $\overline{\eta} := f \circ \eta$  coincides with a trajectory of Z near the point  $\overline{\eta}(0)$ , and then modify the Liouville form  $\lambda$ , keeping it fixed on  $X_-$ , to make it equal to 0 on  $\overline{\eta}$ . We further modify  $\lambda$  in a neighborhood of  $\overline{\gamma}^0$  making it 0 on  $\overline{\gamma}^0$ , where we use the notation  $\overline{\gamma}^0 := f \circ \gamma^0$ ,  $\overline{\gamma}^1 := f \circ \gamma^1$ . Note that this is possible because  $Y \cup \overline{\eta} \cup \overline{\gamma}^0$  deformation retracts to Y. Assuming that this is done, we observe that  $\int_{\overline{\gamma}^1} \lambda = \int_{\overline{\gamma}^0} \lambda = 0$ .

Next, we use Lemma 3.2 to construct Darboux charts  $B_p$  and  $B_q$  centered at the points p and q such that the the intersecting branches in these coordinates look like coordinate Lagrangian planes  $\{q = 0\}$  and  $\{p = 0\}$  in the standard  $\mathbb{R}^{2n}$ . Set  $\lambda_{\rm st} := \frac{1}{2} \sum_{i=1}^{n} p_i dq_i - q_i dp_i$ . Then the corresponding to it Liouville vector field  $Z_{\rm st} = \frac{1}{2} \sum_{i=1}^{n} q_i \frac{\partial}{\partial q_i} + p_i \frac{\partial}{\partial p_i}$  is tangent to the Lagrangian planes through the origin.

We have  $\lambda_{st} - \lambda = dH$  in  $B_p \cup B_q$ . Choosing a cut-off function  $\alpha$  on  $B_p \cup B_q$  which is equal to 1 near p and q and equal to 0 near  $\partial B_p \cup \partial B_q$  we define  $\lambda_1 := \lambda + d(\alpha H)$ . The Liouville structure  $\lambda_1$  coincides with the standard structure  $\lambda_{st}$  in smaller balls around the points p and q, and with  $\lambda$  near  $\partial B_p \cup \partial B_q$ .

Next, we use Lemma 3.1 to modify the Liouville structure  $\lambda_1$  in neighborhoods of paths  $\overline{\gamma}^0$  and  $\overline{\gamma}^1$  and create Weinstein domain C by attaching handles of index 1 with  $\overline{\gamma}^0$  and  $\overline{\gamma}^1$  as their cores. The corresponding Lyapunov function on C has two critical points of index 0, at p and q, and two critical points of index 1, at the centers of paths  $\overline{\gamma}^0$  and  $\overline{\gamma}^1$ . Note that the property  $\int_{\overline{\gamma}^j} \lambda_1 = 0, j = 0, 1$ , is crucial in order to

apply Lemma 3.1.

Next, we choose an embedded isotropic disc  $\Delta \subset X_+ \setminus \operatorname{Int} C$  with boundary in  $\partial C$ , tangent to Z along the boundary  $\partial \Delta$ , and such that  $\partial \Delta$  is isotropic, and homotopic in C to the loop  $\overline{\gamma}^0 \cup \overline{\gamma}^1$ . We then again use Lemma 3.1 to attach to C a handle of index 2 with the core  $\Delta$ . The resulted Liouville domain  $\widetilde{C}$  is diffeomorphic to the 2n-ball. Moreover, according to Proposition 3.3 the Weinstein structure on C is homotopic to the standard one via a homotopy fixed on  $\partial C$ . In particular, the contact structure induced on the sphere  $\partial C$  is the standard one. The immersed Lagrangian manifold f(L) intersects  $\partial C$  along two Legendrian spheres  $\Lambda^0$  and  $\Lambda^1$ , each of which is the standard Legendrian unknot which bounds an embedded Lagrangian disc inside C. These two discs intersect at two points, p and q. Note that the Whitney trick allows us to disjoint these discs by a smooth (non-Lagrangian) isotopy fixed on their boundaries. In particular, the spheres  $\Lambda^0$  and  $\Lambda^1$  are smoothly unlinked. If they were unlinked as Legendrians we would be done. Indeed, the Legendrian unlink in  $S_{\rm std}^{2n-1}$ bounds two disjoint exact Lagrangian disks in  $B_{\text{std}}^{2n}$ . Unfortunately (or fortunately, because this would kill Symplectic Topology as a subject!), one can show that it is impossible to unlink  $\Lambda^0$  and  $\Lambda^1$  via a Legendrian isotopy.

The path  $\overline{\eta}$  intersects  $\partial \widetilde{C}$  at a point in  $\Lambda^0$ . Slightly abusing the notation we will continue using the notation  $\overline{\eta}$  for the part of  $\overline{\eta}$  outside the ball  $\widetilde{C}$ . We then use Lemma 3.1 one more time to modify  $\lambda_1$  by attaching a handle of index 1 to  $X_- \cup \widetilde{C}$ along  $\overline{\eta}$ . As a result, we create inside  $X_+$  a Weinstein cobordism W which contains  $\widetilde{C}$ , so that  $\partial_-W = Y$  and  $\widetilde{Y} := \partial_+W$  intersects f(L) along a 2-component Legendrian link. One of its components is  $\Lambda^1$ , and the other one is the connected sum of the loose Legendrian  $\Lambda$  and the Legendrian sphere  $\Lambda^0$ , which we denote by  $\widetilde{\Lambda}$ . Again applying Proposition 3.3 we can deform the Weinstein structure on W keeping it fixed on  $\partial W$ to kill both critical points inside W. Hence all trajectories of the (new) Liouville vector field Z inside W begin at Y and end at  $\widetilde{Y}$ , and thus W is Liouville isomorphic to  $\widetilde{Y} \times [0,T]$  for some T (with Liouville form  $e^t \lambda_1, t \in [0,T]$ ). We also note that the intersection of f(L) with W consists of two embedded Lagrangian submanifolds A and B transversely intersecting in the points p, q, where

- A is diffeomorphic to the cylinder  $\Lambda \times [0,1]$ ,  $A \cap Y = \Lambda$  and  $A \cap \widetilde{Y} = \widetilde{\Lambda}$ ;
- B is a disc bounded by the Legendrian sphere  $\Lambda^1 = B \cap \widetilde{Y}$ .

The Legendrian  $\widetilde{\Lambda}$  is smoothly unlinked with  $\Lambda^1$ . Since  $\widetilde{\Lambda}$  is loose, Proposition 2.1 implies that there is a Legendrian isotopy of  $\widetilde{\Lambda}$  to  $\widehat{\Lambda}$  which is disjoint from a Darboux ball containing  $\Lambda^1$ . We realize this isotopy by a Lagrangian cobordism  $A_1$  from  $\widetilde{\Lambda}$  to  $\widehat{\Lambda}$  using Lemma 3.4, and also realize the inverse isotopy by a Lagrangian cobordism  $A_2$  from  $\widehat{\Lambda}$  to  $\widetilde{\Lambda}$ . For some  $\widetilde{T}$ , these cobordisms embed into  $\widetilde{Y} \times [0, \widetilde{T}]$ . Inside  $\widetilde{Y} \times [0, 2\widetilde{T} + 2T]$ , we define a cobordism  $\widetilde{A}$  from  $\Lambda$  to  $\widetilde{\Lambda}$ , built from the following pieces.

- $\widetilde{A} \cap \widetilde{Y} \times [0,T] = A$ ,
- $\widetilde{A} \cap \widetilde{Y} \times [T, \widetilde{T} + T] = A_1,$
- $\widetilde{A} \cap \widetilde{Y} \times [\widetilde{T} + T, \widetilde{T} + 2T] = \widehat{\Lambda} \times [\widetilde{T} + T, \widetilde{T} + 2T],$
- $\widetilde{A} \cap \widetilde{Y} \times [\widetilde{T} + 2T, 2\widetilde{T} + 2T] = A_2.$

We then define  $\widetilde{B}$  by

- $\widetilde{B} \cap \widetilde{Y} \times [0, \widetilde{T} + T] = \varnothing$ ,
- $\widetilde{B} \cap \widetilde{Y} \times [\widetilde{T} + T, \widetilde{T} + 2T] = B$ ,
- $\widetilde{B} \cap \widetilde{Y} \times [\widetilde{T} + 2T, 2\widetilde{T} + 2T] = \Lambda^1 \times [\widetilde{T} + 2T, 2\widetilde{T} + 2T].$

A schematic of these cobordisms is given in Figure 5.1. After elongating W (which can be achieved by choosing a contact slice closer to  $-\infty$ ),  $\widetilde{A} \cup \widetilde{B}$  can be deformed to  $A \cup B$  via a Hamiltonian compactly supported regular homotopy fixed on the boundary. We then define  $\widetilde{f} : L \to X$  to be equal to f everywhere, except the portions of L which are mapped to A and B are instead mapped to  $\widetilde{A}$  and  $\widetilde{B}$ , respectively.



Fig. 5.1: The cobordisms A and B.

Proof of Theorem 2.2. We first use Gromov's h-principle for Lagrangian immersions [6] to find a compactly supported regular homotopy starting at f and ending at a Lagrangian immersion f with the prescribed action class A(f) (or the action class a(f) in the Liouville case). More precisely, let us choose a triangulation of L. There are finitely many simplices of the triangulation which cover the compact part of Lwhere the embedding f is not yet Lagrangian. Let K be the polyhedron which is formed by these simplices. Using the *h*-principle for open Lagrangian immersions, we first isotope f to an embedding which is Lagrangian near the (n-1)-skeleton of K, realizing the given (relative) action class. Let us inscribe an n-disc  $D_i$  in each of the *n*-simplices of K, such that the embedding f is already Lagrangian near  $\partial D_i$ . Next, we thicken  $D_i$  to disjoint 2n-balls  $B_i \subset X$  intersecting f(L) along  $D_i$ . We then apply Gromov's h-principle for Lagrangian immersions in a relative form to find for each i a fixed near the boundary regular homotopy  $D_i \to B_i$  of  $D_i$  into a Lagrangian immersion. Note that all the self-intersection points of the resulted Lagrangian immersion f are localized inside the ball  $B_i$  and images of different discs  $D_i$  and  $D_j$  do not intersect.

Let us choose a negative end  $X_-$ , bounded by a contact slice Y in such a way that the immersion  $\tilde{f}$  is cylindrical in it and  $X_- \cap \bigcup B_i = \emptyset$ . Denote  $L_- := \tilde{f}^{-1}(X_-), \Lambda_- =$ 

 $\partial L_{-}$ . Let us choose a universal loose Legendrian  $U \subset Y$  for the Legendrian submanifold  $\Lambda_{-} \subseteq Y$ . Denote  $\widetilde{\Lambda}_{-} = \Lambda_{-} \cap U$ . Let  $V_{-} := \bigcup_{0}^{\infty} Z^{-s}(U) \subset X_{-}$  be the domain in  $X_{-}$  formed by all negative trajectories of Z intersecting U. Let us choose disjoint paths  $\Gamma_{i}$  in  $L \setminus \text{Int} (L_{-} \cup \bigcup_{i} D_{i})$  connecting some points in  $\widetilde{\Lambda}_{-}$  with points  $z_{i} \in \partial D_{i}$ for each *n*-simplex in K. Choose small tubular neighborhoods  $U_{i}$  of  $\widetilde{f}(\Gamma_{i})$  in XSet

$$\widetilde{X} := V_{-} \cup \bigcup_{i} (B_i \cup U_i) \text{ and } \widetilde{L} := \widetilde{f}^{-1}(\widetilde{X}).$$

The manifold  $\widetilde{X}$  deformationally retracts to  $V_{-}$  and hence  $\widetilde{X}$  is contractible and the Liouville form  $\lambda|_{V_{-}}$  extends as a Liouville form for  $\omega$  on the whole manifold  $\widetilde{X}$ . We will keep the notation  $\lambda$  for the extended form. Thus  $\widetilde{L}$  is an exact Lagrangian immersion into the contractible Liouville manifold  $\widetilde{X}$ , cylindrical at  $-\infty$  over a loose Legendrian submanifold of U. Moreover, L is diffeomorphic to  $\mathbb{R}^n$ , and outside a compact set the immersion is equivalent to the standard inclusion  $\mathbb{R}^n \hookrightarrow \mathbb{R}^{2n}$ . We also note that  $I(\widetilde{f}|_{\widetilde{L}}: \widetilde{L} \to \widetilde{X}) = 0$  since this immersion is regularly homotopic to the smooth embedding  $f|_{\widetilde{L}}: \widetilde{L} \to \widetilde{X}$ .

Applying Theorem 2.3 to  $\tilde{f}|_{\tilde{L}}$  we find an exact Lagrangian embedding  $\hat{f}$  which is regularly Hamiltonian homotopic to  $\tilde{f}|_{\tilde{L}}$  via a regular homotopy compactly supported in  $\tilde{X}$ . We further note that the embeddings  $\hat{f}$  and  $f: \tilde{L} \to \tilde{X}$  are isotopic relative the boundary. Indeed, it follows from the *h*-cobordism theorem that an embedding  $\mathbb{R}^n \to \mathbb{R}^{2n}$  which coincides with the inclusion outside a compact set and which is regularly homotopic to it via a compactly supported homotopy is isotopic to the inclusion relative infinity.

Slightly abusing notation we define  $\hat{f} : L \to X$  to be equal to  $\tilde{f}$  on  $L \setminus \hat{L}$ . This Lagrangian embedding is isotopic to f via an isotopy fixed outside a compact set. Finally we note that  $d\tilde{f} : TL \to TX$  is homotopic to  $\Phi_1$  since it is constructed with the *h*-principle for Lagrangian immersions, and  $d\hat{f}$  is homotopic to  $d\tilde{f}$  since they are regularly Lagrangian homotopic.

Next, we deduce Theorem 1.1 from Theorem 2.2.

Proof of Theorem 1.1. Let B be the unit ball in  $\mathbb{R}^{2n}$ . The triviality of the bundle  $T(L) \otimes \mathbb{C}$  is equivalent to existence of a Lagrangian homomorphism  $\Phi : TL \to T\mathbb{C}^n$ . We can assume that  $\Phi$  covers a map  $\phi : L \to \mathbb{C}^n \setminus \text{Int } B$  such that  $\phi(\partial L) \subset \partial B$ . Let  $v \in TL|_{\partial L}$  be the inward normal vector field to  $\partial L$  in L, and  $\nu$  an outward normal to the boundary  $\partial B$  of the ball  $B \subset \mathbb{C}^n$ . Homomorphism  $\Phi$  is homotopic to a Lagrangian homomorphism, which will still be denoted by  $\Phi$ , sending v to  $\nu$ . Indeed, the obstructions to that lie in trivial homotopy group  $\pi_j(S^{2n-1}), j \leq n-1$ . Then  $\Phi|_{T\partial L}$  is a Legendrian homomorphism  $T\partial L \to \xi$ , where  $\xi$  is the standard contact structure on the sphere  $\partial B$  formed by its complex tangencies. Using Gromov's hprinciple for Legendrian embeddings we can, therefore, assume that  $\phi|_{\partial L} : \partial L \to \partial B$ is a Legendrian embedding, and then, using Gromov's h-principle for Lagrangian immersions deform  $\phi$  to an exact Lagrangian immersion  $\phi : L \to \mathbb{C}^n \setminus \text{Int } B$  with Legendrian boundary in  $\partial B$  and tangent to  $\nu$  along the boundary. Finally, we use Theorem 2.2 to make  $\phi$  a Legrangian embedding.  $\Box$ 

# 6 Applications

#### Lagrangian embeddings with a conical singular point

Given a symplectic manifold  $(X, \omega)$  we say that  $L \subset M$  is a Lagrangian submanifold with an isolated conical point if it is a Lagrangian submanifold away from a point  $p \in L$ , and there exists a symplectic embedding  $f : B_{\varepsilon} \to X$  such that f(0) = p and  $f^{-1}(L) \subset B_{\varepsilon}$  is a Lagrangian cone. Here  $B_{\varepsilon}$  is the ball of radius  $\varepsilon$  in the standard symplectic  $\mathbb{R}^{2n}$ . Note that this cone is automatically a cone over a Legendrian sphere in the sphere  $\partial B_{\varepsilon}$  endowed with the standard contact structure given by the restriction to  $\partial B_{\varepsilon}$  of the Liouville form  $\lambda_{st} = \frac{1}{2} \sum_{i=1}^{n} (p_i dq_i - q_i dp_i)$ .

As a special case of Theorem 1.1 (when  $\partial L$  is a sphere) we get

**Corollary 6.1.** Let L be an n-dimensional, n > 2, closed manifold such that the complexified tangent bundle  $T^*(L \setminus p) \otimes \mathbb{C}$  is trivial. Then L admits an exact Lagrangian embedding into  $\mathbb{R}^{2n}$  with exactly one conical point. In particularly a sphere admits a Lagrangian embedding to  $\mathbb{R}^{2n}$  with one conical point for each n > 2.

## Flexible Weinstein cobordisms

The following notion of a flexible Weinstein cobordism is introduced in [1].

A Weinstein cobordism  $(W, \omega, Z, \phi)$  is called *elementary* if there are no Z-trajectories connecting critical points. In this case stable manifolds of critical points intersect  $\partial_-W$  along isotropic in the contact sense submanifolds. For each critical point p we call the intersection  $S_p$  of its stable manifold with  $\partial_-W$  the *attaching sphere*. The attaching spheres for index n critical points are Legendrian. An elementary Weinstein cobordism  $(W, \omega, Z, \phi)$  is called *flexible* if the attaching spheres for all index *n* critical points in *W* form a loose Legendrian link in  $\partial_-W$ .

A Weinstein cobordism  $(W, \omega, Z, \phi)$  is called *flexible* if it can be partitioned into elementary Weinstein cobordisms:  $W = W_1 \cup \cdots \cup W_N$ ,  $W_j := \{c_{j-1} \le \phi \le c_j\}, j =$  $1, \ldots, N, m = c_0 < c_1 < \cdots < c_N = M$ . Any subcritical Weinstein cobordism is by definition flexible.

**Theorem 6.2.** Let  $(W, \omega, Z, \phi)$  be a flexible Weinstein domain. Let  $\lambda$  be the Liouville form  $\omega$ -dual to Z, and  $\Lambda$  any other Liouville form such that the symplectic structures  $\omega$  and  $\Omega := d\Lambda$  are homotopic as non-degenerate (not necessarily closed) 2-forms. Then there exists an isotopy  $h_t : W \to W$  such that  $h_0 = \text{Id}$  and  $h_1^*\Lambda = \varepsilon \lambda + dH$  for a sufficiently small  $\varepsilon > 0$  and a smooth function  $H : W \to \mathbb{R}$ . In particular,  $h_1$  is a symplectic embedding  $(W, \varepsilon \omega) \to (W, \Omega)$ .

Recall that a Weinstein cobordism  $(W, \omega, Z, \phi)$  is called a *Weinstein domain* if  $\partial_-W = \emptyset$ .

**Corollary 6.3.** Let  $(W, \omega, Z, \phi)$  be a flexible Weinstein domain, and  $(X, \Omega)$  any symplectic manifold of the same dimension. If this dimension is 3 we further assume that X has infinite Gromov width. Then any smooth embedding  $f_0: W \to X$ , such that the form  $f_0^*\Omega$  is exact and the differential  $df: TW \to TX$  is homotopic to a symplectic homomorphism, is isotopic to a symplectic embedding  $f_1: (W, \varepsilon \omega) \to$  $(X, \Omega)$  for a sufficiently small  $\varepsilon > 0$ . Moreover, if  $\Omega = d\Theta$  then the embedding  $f_1$ can be chosen in such a way that the 1-form  $f_1^*\Theta - i(Z)\omega$  is exact. If, moreover, the  $\Omega$ -dual to  $\Theta$  Liouville vector field is complete then the embedding  $f_1$  exists for an arbitrarily large constant  $\varepsilon$ .

Proof of Theorem 6.2. Let us decompose W into flexible elementary cobordisms:  $W = W_1 \cup \cdots \cup W_k$ , where  $W_j = \{c_{j-1} \leq \phi \leq c_j\}, j = 1, \ldots, k$  for a sequence of regular values  $c_0 < \min \phi < c_1 < \cdots < c_k = \max \phi$  of the function  $\phi$ . Set  $V_j = \bigcup_{i=1}^{j} W_i$  for  $j \ge 1$  and  $V_0 = \emptyset$ .

We will construct an isotopy  $h_t: W \to W$  beginning from  $h_0 = \text{Id}$  inductively over cobordisms  $W_j$ , j = 1, ..., k. It will be convenient to parameterize the required isotopy by the interval [0, 2k]. Suppose that for some j = 1, ..., k we already constructed an isotopy  $h_t: W \to W$ ,  $t \in [0, j - 1]$  such that  $h_{j-1}^* \Lambda = \varepsilon_{j-1} \lambda + dH$  on  $V_{j-1}$ . Our goal is to extend it [j - 1, j] to ensure that  $h_j$  satisfies this condition on  $V_j$ . Without loss of generality we can assume that there exists only 1 critical point p of  $\phi$  in  $W_j$ . Let  $\Delta$  be the stable disc of p in  $W_j$  and  $S := \partial \Delta \subset \partial_- W_j$  the corresponding attaching sphere. By assumption, S is subcritical or loose. The homotopical condition implies that there is a family of injective homomorphisms  $\Phi_t: T\Delta \to TW, t \in [j-1,j]$ , such that  $\Phi_{j-1} = dh_{j-1}|_{\Delta_i}$ , and  $\Phi_j: T\Delta_j \to (TW, \Omega)$ is an isotropic homomorphism. We also note that the cohomological condition implies that  $\int \Omega = 0$  when dim  $\Delta = 2$ . Then, using Theorem 2.2 when dim  $\Delta = n$  and Gromov's h-principle, [6], for isotropic embeddings in the subcritical case, we can construct an isotopy  $g_t: \Delta \to W_j, t \in [j-1, j]$ , fixed at  $\partial \Delta$ , such that  $g_{j-1} = h_{j-1}|_{\Delta}$ is the inclusion and the embedding  $g_i: \Delta \to (W, \Omega)$  is isotropic. Furthermore, there exists a neighborhood  $U \supset \Delta$  in  $W_j$  such that the isotopy  $g_t$  extends as a fixed on  $W_{j-1}$  isotopy  $G_t: W_{j-1} \cup U \to W$  such that  $G_t|_{\Delta} = g_t, G_t|_{W_j} = h_{j-1}|_{W_{j-1}}$  for  $t \in [j-1,j], G_{j-1}|_U = h_{j-1}|_U$  and  $h_j : (W_{j-1} \cup U, \varepsilon_{j-1}\omega) \to (W, \Omega)$  is a symplectic embedding. Choose a sufficiently large T > 0 we have  $Z^{-T}(W_i) \subset W_{i-1} \bigcup U_i$ , and hence  $h_j \circ e^{-T}|_{V_i}$  is a symplectic embedding  $(W_j, \varepsilon_j \omega) \to (W, \Omega)$ , where we set  $\varepsilon_j := e^{-T} \varepsilon_{j-1}$ . Then we can define the required isotopy  $h_t : W \to W, t \in [j-1, j]$ , which satisfy the property that  $h_i|_{V_i}$  is a symplectic embedding  $(V_i, \varepsilon_i \omega) \to (W, \omega)$ by setting

$$h_t = \begin{cases} h_{j-1} \circ Z^{-2T(t-j+1)} & \text{for } t \in [j-1, j-\frac{1}{2}], \\ G_t \circ Z^{-T} & \text{for } t \in [j-\frac{1}{2}, j]. \end{cases}$$

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