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# Extremely strong tubular stacking of aromatic oligoamide macrocycles $\dagger$ 

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#### Abstract

As the third-generation rigid macrocycles evolved from progenitor 1, cyclic aromatic oligoamides 3, with a backbone of reduced constraint, exhibit extremely strong stacking with an astoundingly high affinity (estimated lower limit of $K_{\text {dimer }}>10^{13} \mathrm{M}^{-1}$ in $\mathrm{CHCl}_{3}$ ), which leads to dispersed tubular stacks that undergo further assembly in solution. Computational study reveals a very large binding energy ( -49.77 $\mathrm{kcal} \mathrm{mol}^{-1}$ ) and indicates highly cooperative local dipole interactions that account for the observed strength and directionality for the stacking of 3 . In the solid-state, X-ray diffraction (XRD) confirms that the aggregation of 3 results in well-aligned tubular stacks. The persistent tubular assemblies of 3 , with their non-deformable sub-nm pore, are expected to possess many interesting functions. One such function, transmembrane ion transport, is observed for 3 .


## Introduction

Tubular structures, with their cylindrical shapes, defined outer and inner surfaces, and internal pores, provide versatile structural modules for constructing functional structures. ${ }^{1,2}$ Nanopores with precisely defined diameters of less than 2 nm , such as those of carbon nanotubes (CNTs), exhibit many fascinating properties. ${ }^{3,4}$ Compared with carbon nanotubes, organic nanotubes ${ }^{5}$ have unique advantages such as ready functionalization, versatile compatibility, and modular assembly. Among known strategies, ${ }^{2,5,6}$ the superposition of cyclic building blocks ${ }^{5 a, e-g, 7}$ represents an approach that combines the ready modifiability of small molecules and the power of self-assembly, leading to nanotubes with structural and functional tunability. However, the alignment of cyclic molecules based on non-covalent forces is often impeded by limitations such as the poor directionality of $\pi-\pi$ stacking and/or the limited strength of hydrogenbonding, especially in polar media, which frequently lead to undesired outcomes upon even a slight structural modification on an otherwise promising building block.

[^1]Given the many remarkable functions exhibited by or expected of non-deformable nanopores, ${ }^{3,4}$ organic nanotubes resulted from the stacking of rigid macrocycles, which contain non-collapsible inner pores, is especially attractive. ${ }^{8}$ While many rigid macrocycles such as those with $\pi$-conjugated ${ }^{9,10}$ and other backbones, ${ }^{11-15}$ along with tubular stacks of some of these macrocycles in the solid and liquid crystalline phases, ${ }^{5 d-f, 7}$ are known, self-assembling nanotubes that stably exist in solution are rare. The availability of stable nanotubular assemblies should greatly advance the development of systems with properties typically associated with biological structures. Achieving this objective requires the strong, directional stacking of cyclic building blocks.

Over the years, we have developed several different classes of rigid macrocycles containing non-deformable internal cavities. ${ }^{16}$ The first generation of such molecules are aromatic oligoamide macrocycles $\mathbf{1},{ }^{14 a}$ which were found to form efficiently in one pot while we attempted to prepare folding aromatic oligoamides ${ }^{17,18}$ and polyamides ${ }^{19}$ having similar backbones. The one-pot macrocyclization we found has led to rigid macrocycles containing internal cavities of 5 to $30 \AA$ across. ${ }^{16,20}$ The benzene residues of macrocycles $\mathbf{1}$ are connected via amide groups engaging in highly favourable three-centre intramolecular hydrogen-bonding interaction ${ }^{21}$ that constrains the macrocyclic backbones. With fully constrained, non-deformable backbones, macrocycles 1 were observed to strongly aggregate in solution and form tubular stacks in the solid state. ${ }^{22}$

To better control the alignment of these molecules, amide side chains are attached to $\mathbf{1}$, which led to the second-generation macrocycles 2 . Being flanked by alkoxy side chains, the amide side chains of $\mathbf{2}$ are perpendicular to the benzene rings to
which they are attached and should thus be predisposed to intermolecular H -bonding that enforces the macrocycles to stack on top of one another into a tubular stack. Surprisingly, studies using multiple analytical techniques suggested that macrocycles 2 underwent insignificant aggregation. ${ }^{23}$ It seemed that the amide side chains of 2 not only failed to engage in intermolecular H-bonding, but also abolished the otherwise strong aggregation of $\mathbf{1}$.


$\mathrm{R}^{1}, \mathrm{R}^{2}=$ akyl, etheric, and other groups
1a: $\mathrm{R}^{1}=s^{2} \mathrm{R}^{2}=-\mathrm{CH}_{3}$


3a: $\left.\mathrm{R}^{1}=\right\}$ 3b: $\mathrm{R}^{1}=$ 亿
3c, 3d: $\left.R^{1}=\right\}^{(2}$
3e: $\mathrm{R}^{1}=\mathrm{R}^{2}=-\mathrm{CH}_{3}$

$=-$ CONHR

$\begin{aligned} 4: & \mathrm{R}^{1} \\ \mathrm{R}^{2} & =n-\mathrm{C}_{8} \mathrm{H}_{17} ;\end{aligned}$

The unexpected behavior of macrocycles 2 may be due to steric crowdedness that hampers side-chain H -bonding and backbone $\pi-\pi$ stacking. Such a besetment could be evaded by removing the alkoxy groups flanking the amide side chains of 2, which leads to 3 , our third-generation aromatic oligoamide macrocycles. ${ }^{24}$ Herein, we report the unusually strong tubular stacking of 3. It was found that, in solution, macrocycles 3 underwent aggregation that was mediated by their backbones and weakened by polar solvents. The self-association of 3 is extremely strong, with a strength that is, to the best of our knowledge, unprecedentedly high. The strong association of 3 results in individually dissolved columnar stacks that dominate at low concentrations and further pack at elevated concentrations. X-ray diffraction (XRD) revealed the columnar stacks of 3 and their hexagonal packing in the solid state. Consistent with their reliable tubular self-assembly, macrocycles 3 were found to mediate efficient transmembrane transport of ions.

## Results and discussion

## Backbone-mediated aggregation

The aggregation of macrocycles 3a-d was first indicated by their ${ }^{1} \mathrm{H}$ NMR spectra. In $\mathrm{CDCl}_{3}$, no signals could be found in the


Fig. 1 Plots of the chemical shifts of (a) protons $b$ and (b) protons $a$ of 3 a (1 mM, blue) and 4 ( 1 mM , red), against volume percent DMSO- $\mathrm{d}_{6}$ in $\mathrm{CDCl}_{3}$.
amide and aromatic region. The only peaks observed are those from 0.5 ppm to 1.8 ppm , which belong to the terminal alkyl groups of the side chains (Fig. S1 in the ESI $\dagger$ ). This observation suggests that 3a-d undergo decreased molecular motion due to aggregation involving their oligoamide backbones. In DMF-d ${ }_{7}$ or DMSO- $\mathrm{d}_{6}$, the ${ }^{1} \mathrm{H}$ NMR spectra of 3a-d contain well dispersed signals (Fig. S2 $\dagger$ ), suggesting that the aggregation of these molecules is interrupted in polar solvents.

To gain additional insights, the ${ }^{1} \mathrm{H}$ NMR spectra of 3 a were recorded in $\mathrm{CDCl}_{3}(1 \mathrm{mM})$ containing incremental proportions of DMSO- $\mathrm{d}_{6}$. The signals of amide and aromatic protons only become obvious in solvents with $30 \%$ or more DMSO- $d_{6}$ (Fig. $\mathrm{S} 3 \dagger$ ). The same trend was observed with increasing ratios of DMF- $\mathrm{d}_{7}$ (Fig. $\mathrm{S} 4 \dagger$ ). In comparison to macrocycles 1 that gave well dispersed ${ }^{1} \mathrm{H}$ NMR signals with as few as $5 \%$ DMSO- $\mathrm{d}_{6}$ or DMF- $\mathrm{d}_{7}$ in $\mathrm{CDCl}_{3},{ }^{14 a}$ the aggregation of 3 a , as indicated by the effect of DMF or DMSO, is much stronger. Plotting the chemical shifts of the amide protons of 3a and those of 4 against DMSO$\mathrm{d}_{6}$ contents indicates that amide protons $b$ of 3 a and 4 follow the same trend with changing solvent polarity (Fig. 1a). This observation suggests that the side-chain NH groups of 3a, like that of the molecularly dissolved 4 (Fig. $\mathrm{S} 5 \dagger$ ), are exposed to solvent. In contrast, with increasing ratios of DMSO- $\mathrm{d}_{6}$, the downfield shifts of amide protons $a$ are non-linear for 3 a , and linear for trimer 4 (Fig. 1b). The different behavior of protons $a$ of $3 \mathbf{a}$ and 4 can be explained by the stacking of 3 a in $\mathrm{CDCl}_{3}$, which shields the oligoamide backbone from solvent molecules. Increasing solvent polarity weakens and eventually breaks up the aggregates, which exposes individual molecules, and hence protons $a$, of $3 \mathbf{a}$ to solvent molecules.


Fig. 2 Fluorescence spectra of 1a (red) and 3a (blue) in (a) DMF (1 $\mu \mathrm{M}$ ) and, (b) $\mathrm{CHCl}_{3}(1 \mu \mathrm{M})$ using an excitation wavelength of 282 nm .

Experiments based on diffusion-ordered spectroscopy (DOSY) in $\mathrm{CDCl}_{3}$ containing $40 \%$ DMF- $\mathrm{d}_{7}$ clearly demonstrated the aggregation of $\mathbf{3 a}$ and the lack of aggregation in pure DMF$\mathrm{d}_{7}$ (Fig. $\mathrm{S} 6 \dagger$ ). Dynamic light scattering (DLS) was also used to compare the aggregation of 3a and 1a. In DMF, neither 3a nor 1a formed any noticeable aggregate. In contrast, aggregates of 3a ( 1 mM ), with an average hydrodynamic diameter [(2.6 $\pm 0.6$ ) $\left.\times 10^{4} \mathrm{~nm}\right]$ that is much larger than that $[(250 \pm 18) \mathrm{nm}]$ of the aggregates formed by $\mathbf{1 a}$ were observed in chloroform. The DLS results corroborate those from DOSY and ${ }^{1} \mathrm{H}$ NMR, confirming that the aggregation of $\mathbf{3 a}$ is much stronger than that of $\mathbf{1 a}$.

## Ground-state aggregation

Macrocycles 1a and 3a were then examined at $1 \mu \mathrm{M}$, a concentration that is three orders of magnitude lower than those used for NMR and DLS studies, with fluorescence spectroscopy. In DMF, emission bands centred at 350 nm , which can be ascribed to molecularly dissolved monomers, are observed (Fig. 2a). In $\mathrm{CHCl}_{3}$, macrocycles 1a and 3a display broad, red-shifted bands at 450 nm (Fig. 2b). The 450 nm bands are reminiscent of excimer fluorescence typical of $\pi$-stacked aromatic rings ${ }^{25}$ that exist in the ground state (i.e., due to aggregation) and give "excimer-like" emission. ${ }^{26}$ Consistent with the ground-state association of 3a, monitoring the emission bands of $3 \mathbf{a}$ ( 125 nM and 0.1 pM in $\mathrm{CHCl}_{3}$ ) at 350 nm and 450 nm revealed two different peaks at 260 nm and 280 nm , respectively, in the excitation spectra (Fig. $\mathrm{S} 7 \dagger$ ).

Emission spectra collected at reduced concentrations in $\mathrm{CHCl}_{3}$ indicate that 3a remains aggregated down to 1 pM and exists as monomers only at 0.1 pM (Fig. 3a). Assuming that, at 1 pM , macrocycle 3a is involved in a monomer-dimer equilibrium ${ }^{10 b}$ with a $10 \%$ dissociation, a lower limit of $4.5 \times 10^{13}$ $\mathbf{M}^{-1}$ for the dimerization constant can be estimated, which suggests that 3a engages in remarkably strong association. In contrast, the fluorescence spectra of 1a recorded below 100 nM contain emission bands at both 350 nm and 450 nm ; at 10 nM , the emission band at 450 nm greatly weakens while the one around 350 nm becomes dominant (Fig. 3b). These observations demonstrate that the aggregation of $\mathbf{3 a}$ is several orders of magnitude stronger than that of $\mathbf{1 a}$.

The effect of solvent polarity on the aggregation of $\mathbf{3 a}$ and $\mathbf{1 a}$ $(1 \mu \mathrm{M})$ was revealed by plotting $E_{450} / E_{350}$, the ratios of normalized fluorescence emissions at 450 nm and 350 nm , as a function of volume percent $\mathrm{CHCl}_{3}$ in DMF (Fig. S8 and Table S1 $\dagger$ ).


Fig. 3 Fluorescence spectra of (a) 3a and (b) 1a recorded at different concentrations in $\mathrm{CHCl}_{3}$ using an excitation wavelength of 282 nm .

The $E_{450} / E_{350}$ ratio rises with increasing volume percent $\mathrm{CHCl}_{3}$ in DMF. In contrast, the intensity of the 450 nm band of 1a (1 $\mu \mathrm{M}$ ) is much less prominent than that of 3a. These observations confirm the high sensitivity of the aggregation of 3 a , even at a very low concentration, to solvent polarity, which implies the involvement of a strong dipole-dipole factor in the self-association of this compound.

## Insights from computational study

To gain insights into the strong self-association of 3, ab initio computation was performed on a dimer consisting of two stacked molecules of model macrocycle 3e. The potential energy as a function of the relative stacking angle between two such macrocyclic units was calculated at the density-functional theory (DFT) level of M06-2X/6-31G(d), with the molecular structure being optimized at the DFT BLYP-D3/GTH level with inclusion of dispersion correction (see the ESI $\dagger$ ). It was found that the dimer with a stacking angle of $60.5^{\circ}$ gave the strongest binding, with a binding energy of $-49.77 \mathrm{kcal} \mathrm{mol}^{-1}$. In contrast, the dimer involving two "eclipsed" molecules, i.e., with a stacking angle of $0^{\circ}$, had a binding energy of -24.42 kcal $\mathrm{mol}^{-1}$. The drastically enhanced stability of the most stable dimer may be explained by the highly cooperative interaction of local dipoles. With a stacking angle of $60^{\circ}$, the two different types of benzene residues, one derived from the diacid monomer and the other derived from the diamine monomer, stack directly on top of each other and undergo favourable dipoledipole attraction. The highly cooperative action of six such pairs of benzene residues is most likely responsible for the observed strong association of 3a.

## Time course of aggregation: a two-stage process

The progress of the aggregation of 1a and 3a was monitored by following the intensity of the 450 nm band upon adding a solution of $\mathbf{3 a}$ or $\mathbf{1 a}$ in DMF into $\mathrm{CHCl}_{3}$. It was found that the rate of aggregation increased with increasing proportion of $\mathrm{CHCl}_{3}$ (Fig. S9 $\dagger$ ). Fig. 4 shows the time courses for the 450 nm band of 1a or 3a $(1 \mu \mathrm{M})$ in $\mathrm{CHCl}_{3}$ and DMF ( $1 / 1, \mathrm{v} / \mathrm{v}$ ). The aggregation of $3 \mathbf{a}$ involves two stages: an initial rapid growth phase that lasts for about 37 min , followed by a much slower growth phase (Fig. 4a, red). In the same solvent, the aggregation of 1a is negligible, with no obvious increase being observed for


Fig. 4 Change of fluorescence intensity at 450 nm as a function of time. (a) Upon mixing 3a or 1a dissolved in DMF with $\mathrm{CHCl}_{3}$. The final concentration of 1 a or $3 a$ is $1 \mu M$ and, (b) 3 a ( 10 nM and 1 nM ), in the mixed solvent of $\mathrm{CHCl}_{3}$ and $\mathrm{DMF}(1 / 1, v / v)$. The measurements were carried out using an excitation wavelength of 281 nm .
its 450 nm band (Fig. 4a, blue). Lowering the concentration of 3a decreased the rates of aggregation considerably (Fig. S10 $\dagger$ ) and, below certain concentration, resulted in the disappearance of the second growth phase, even at greatly increased $\mathrm{CHCl}_{3}$ content. For example, at 10 nM , macrocycle 3a, being aggregated as shown by its 450 nm band (Fig. S11 $\dagger$ ), gives one growth phase (Fig. 4b). At 1 pM in the same solvent, macrocycle 3a exists mainly as monomers (Fig. $\mathrm{S} 12 \dagger$ ) and, consistent with the lack of aggregation, shows insignificant increase of emission at 450 nm (Fig. S13†).

The observed fluorescence emission and two-stage time course associated with the aggregation of 3a may be rationalized by a model that involves an initial (fast) assembling period during which the molecules of 3a undergo strong, backbonemediated stacking, followed by a second (slow) phase in which the columnar stacks of 3 a further pack via the surface interactions between columns (Fig. S14 $\dagger$ ). The initial phase is fast because, when 3a starts to aggregate, the concentration of monomer is high and that of the columns is negligible. The packing of columns is slower because the concentration of the columns is much lower than the monomers and it takes more time for the columns to diffuse and then to achieve optimum surface contact. The sharp transition from the first to the second phase thus indicates a threshold beyond which the packing of columns becomes dominant. At low concentrations, the second growth phase is no longer observable because the macrocyclic molecules are not able to stack into columns with the length and/or concentration needed for further packing. This also suggests that at low but aggregating concentrations, individually dissolved columnar stacks dominate.

## Individually dissolved columns in solution

The likely presence of dispersed stacks of $3 \mathbf{a}$ in $\mathrm{CHCl}_{3}$ was probed with steady-state fluorescence anisotropy at $25^{\circ} \mathrm{C}$ (see the ESI $\dagger$ ). At 10 nM , a concentration at which 3a remains fully aggregated as shown by its emission spectrum (Fig. $\mathrm{S} 15 \dagger$ ), the aggregate of 3a, assumed to be a rotating "sphere", has a diameter of 3.0 nm that is surprisingly close to that of $\mathbf{3 a}$ with side chains included. A plausible explanation is that the revealed diameter reflects the rotation of dispersed stacks of 3a around their long axes. In solution, only the self-spin of the cylindrical stacks is detected because such spin is much faster than the tumbling of the stacks around directions perpendicular to their long axes. Based on the


Fig. 5 (a) Diffractogram of the solid sample of 3a. (b) Schematic drawing of the columnar packing of $3 a$ and the hexagonal lattice. The hexagonal lattice parameter $a$ is $29.8 \AA$.
data from fluorescence anisotropy and a refined model involving cylindrical stacks, the stacks of 3a, at 10 nM , have an average of six macrocyclic molecules (see the ESI $\dagger$ ).

## Columnar assembly in the solid state

The columnar assembly of 3a was confirmed by XRD analysis on a solid sample prepared by drop-casting a solution in chloroform onto a glass plate. The obtained diffractogram contains a very intense peak at $25.8 \AA$ that overshadows other peaks (Fig. 5). The $25.8 \AA$ reflection and those at $14.7 \AA, 13.0 \AA$, and $9.74 \AA$, with ratios of $d$-spacings being $1: 1 / \sqrt{3}: 1 / 2: 1 / \sqrt{7}$ (Fig. 5a), are typical of columnar stacks of disc-like molecules that further packed on a hexagonal $\left(\mathrm{col}_{\mathrm{h}}\right)$ lattice (Fig. 5b). ${ }^{27}$ Based on the 25.8 Å peak, the hexagonal lattice parameter a, i.e., the diameter of the cylindrical stacks of $3 \mathbf{a}$, was calculated to be 29.8 Å. The diameter determined by XRD agrees with that obtained from fluorescence anisotropy, which demonstrates that 3a stacks into cylindrical assemblies in both solution and the solid state. Moreover, a prominent peak at $3.66 \AA$, typical of $\pi-\pi$ stacking, is observed. This peak can be attributed to the interplanar reflection between macrocyclic backbones within a column. Applying Scherrer's equation ${ }^{28}$ to this 3.66 Å reflection leads to a correlation length of 22 nm that corresponds to $\sim 60$ continuously stacked macrocyclic units, which demonstrates the remarkable long-range ordering of the macrocycles within a column.

## Transmembrane transport of proton $\left(\mathbf{H}^{+}\right)$

The tubular assembly of 3 , with a non-deformable hydrophilic internal pore of $\sim 8 \AA$ across, could serve as transmembrane


Fig. 6 (a) Time-dependent changes in the (a) ratio of the emission intensities of 8 -hydroxypyrene-1,3,6-trisulfonate (HPTS, 0.1 mM ) encapsulated inside large unilamellar vesicles (LUVs) of 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC). Solutions of LUVs (KCl 145 mM , HEPES $100 \mathrm{mM}, \mathrm{pH} 7.0$ ) were first mixed with 3a, 3c, gramicidin (added from 1 mM stock solutions in THF), or THF (control) and then incubated for 2 min , followed by a $\mathrm{HCl}(2 \mathrm{M})$ pulse. The ratio of emission intensities at 510 nm by exciting at 450 nm and 405 nm respectively was monitored over 5 min ; (b) the fluorescence intensity of $N$-(ethoxycarbonylmethyl)-6-methoxyquinolinium bromide (MQAE) encapsulated inside LUVs of POPC. Solutions of $\mathrm{Cl}^{-}$free LUVs ( 10 mM MQAE, potassium gluconate 100 mM , HEPES $100 \mathrm{mM}, \mathrm{pH} 7.4$ ) were first incubated with $\mathrm{KCl}(100 \mathrm{mM})$ in HEPES ( $100 \mathrm{mM}, \mathrm{pH} 7.4$ ) buffer for 1 min . Stock solutions of 3a, 3c, gramicidin ( 1 mM in THF) and THF (control) were added to monitor the change of emission intensity at $460 \mathrm{~nm}\left(\lambda_{\text {ex }}=354 \mathrm{~nm}\right)$ for 5 min . The LUVs were ruptured by adding $200 \mu(\mathrm{~L}$ of $1 \times \mathrm{X}$ lysis buffer ( 1.55 mM Triton X-100 in pH 7.0 Tris-EDTA) (for (a)) or $200 \mu\left(\mathrm{~L}\right.$ of Triton X-100 (3.1 mM in $\mathrm{H}_{2} \mathrm{O}$ ) (for (b)).
channels when partitioning into lipid bilayers. Thus, a solution of large unilamellar vesicles (LUVs) enclosing the pH -sensitive dye HPTS was mixed with 3 a and then subjected to an extravesicular acid ( HCl ) pulse. As shown in Fig. 6a, the decrease of fluorescence emission from the entrapped HPTS in the presence of 3a is similar to that caused by gramicidin, a well-known channel-forming peptide and is much faster than that of the control. Rupture of the LUVs upon adding Triton X-100, a nonionic surfactant, led to the nearly complete reduction of fluorescence emission. Under the same condition, macrocycle 3c also led to the same reduction of fluorescence emission, suggesting that the observed increase in proton influx was mediated by the inner pores, rather than the side chains, of the tubular assembly.

The transport of anions, or the lack of which, through the nanopores of 3a or 3c was assessed by using LUVs enclosing MQAE, a chloride-sensitive fluorescence dye. ${ }^{29}$ It was found that, in the presence of a chloride gradient across the lipid bilayer, adding 3a, 3c or gramicidin failed to quench the fluorescence emission from the entrapped MQAE (Fig. 6b). As expected, rupturing the LUVs with Triton X-100 led to complete quenching of fluorescence emission from MQAE. These results demonstrate that the self-assembling pores of 3, with numerous inward pointing amide oxygens, and thus being electrostatically negative, facilitated the transport of cations while impeded the passage of anions.

## Conclusions

Our study shows that the self-assembly of macrocycles 3 is remarkably strong, which affords a robust nanotubular motif that persists in both solution and the solid state. With their subnm inner pores, the tubular assemblies of 3 should be of wide use in constructing various nanostructures. For example, with their high stability and tunable solvent-compatibility (by adjusting side chains), the tubular stacks of 3 bode well for developing various mass-transporting channels when partitioned into biological membranes, as exemplified by the cationtransporting capabilities of $3 \mathbf{a}$ and $3 \mathbf{3 c}$. The persistent nanotubular assemblies of 3 may also serve as a reliable supramolecular motif for fabricating nanoporous membranes, e.g., by blending with synthetic polymers. The high propensity of the tubular assemblies of 3 for parallel packing may lead to the next-generation membranes consisting of densely packed subnm pores. Furthermore, methods adopted in this study should be of general value for analysing hierarchical processes of other self-assembling systems, especially those involving extended or infinite stacks, which remains a major challenge.

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# Extremely Strong Tubular Stacking of Aromatic Oligoamide Macrocycles 

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## 1. General Experimental Methods

Compounds 3a-3d were synthesized as reported before. ${ }^{1}$ Chemical grade reagents were used without further purification. The 1X lysis buffer mentioned in the legend of Figure 6a was provided by Gene and Cell Technologies, Inc., CA. ${ }^{1} H$ NMR spectra were recorded at 500 MHz on a Varian INOVA spectrometer. Chemical shifts were expressed in parts per million ( $\delta$ ) using tetramethylsilane (TMS) or residual solvent protons as internal standards ( ${ }^{1} \mathrm{H}$ : chloroform $\delta 7.26 \mathrm{ppm}$; DMSO $\delta 2.50 \mathrm{ppm}$ ). Diffusion-ordered spectroscopy (DOSY) experiments were performed on a Varian Inova 500 MHz spectrometer under regulated temperature ( 298 K ), with a 5 mm probe. The pulse sequence employed was a bipolar pulse pair simulated echo (BPPSTE). Additional parameters: gradient strength array has 15 increments from 3 to $94 \%$ of the maximum gradient strength in a linear ramp, diffusion gradient length is set to 2 ms , diffusion delay is 100 ms .

## 2. Dynamic Light Scattering (DLS)

DLS measurements were performed on a Brookhaven 90plus Particle Analyzer. The wavelength of laser is 532 nm . Fluorescence spectra were recorded on a Perkin Elmer LS55 luminescence spectrometer.

The hydrodynamic diameters of the assembly of macrocycles 3a and 1a in mixed solvents containing DMF and $\mathrm{CHCl}_{3}$ were measured at room temperature. A total of three experiments were performed per data set and averaged.

Two stock solutions of $\mathbf{3 a}(1 \mathrm{mM})$, each prepared in DMF and $\mathrm{CHCl}_{3}$ respectively, were filtered immediately through a $0.45-\mu \mathrm{m}$ filter to remove dust and debris, and left to stand for $15-\mathrm{min}$ before each series of measurements. The first measurement started with 3 mL of $\mathbf{3 a}$ $(1 \mathrm{mM})$ in DMF, followed by removing a pre-calculated aliquot from the DMF solution that had been measured, to which the same volume of the 3a stock solution in $\mathrm{CHCl}_{3}$ was added to result in the desired volume percent $\mathrm{CHCl}_{3}$ while the concentration of $\mathbf{3 a}$ was maintained at 1 mM . This procedure was repeated by removing the needed volume of the measured solution out of the cuvette, followed by adding the same volume of the 3a stock solution in $\mathrm{CHCl}_{3}$ to the cuvette, until measurements were completed on all the compositions of $\mathrm{CHCl}_{3}$.

To let the aggregational process reach equilibrium, a $15-\mathrm{min}$ rest period after mixing was allowed before each measurement was performed. The hydrodynamic diameters of the 1 mM solutions of $\mathbf{1 a}$ at different $\mathrm{CHCl}_{3}$ volume ratios were similarly measured after the samples have been rested for 15 minutes and 24 hours.

The viscosity of mixed solvents containing different portions of DMF and $\mathrm{CHCl}_{3}$ was measured by an in-house computational program written via a similar protocol. ${ }^{1}$ The refractive index of DMF and $\mathrm{CHCl}_{3}$ mixtures were calculated via Wiener equation. ${ }^{2,3}$

## 3. Fluorescence Spectroscopy

Fluorescence measurements in parallel with DLS. To further probe the effect of $\mathrm{CHCl}_{3}$ on the aggregation of $\mathbf{3 a}$ and $\mathbf{1 a}$, a set of fluorescence experiments were performed analogously to the DLS studies of $\mathbf{1 a}$ and $\mathbf{3 a}$ at the reduced concentration of $1 \mu \mathrm{M}$. Once samples were tested with DLS, they were quickly examined with fluorescence (within 5 minutes of the DLS measurements) spectroscopic measurements. Fluorescence emission spectra of $\mathbf{1 a}$ and 3a in mixed solvents containing different ratios of $\mathrm{CHCl}_{3}$ in DMF were obtained ( $\lambda_{\text {ex }}=282 \mathrm{~nm}$, Slitex $=4 \mathrm{~nm}$, Slit $_{\mathrm{em}}=5 \mathrm{~nm}$ ) with a scan speed of $100 \mathrm{~nm} / \mathrm{min}$.

Recording fluorescence emission spectra of $1 \mathbf{a}$ and $3 \mathbf{a}$ at various concentrations in $\mathrm{CHCl}_{3}$. Stock solutions of $\mathbf{1 a}$ and $\mathbf{3 a}(1 \mu \mathrm{M})$ in spectroscopic grade $\mathrm{CHCl}_{3}$ were prepared one hour before each round of experiments. Samples were prepared by simple dilution to reach the required concentrations. Fluorescence spectra of 1a and 3a in $\mathrm{CHCl}_{3}$ at different concentrations were obtained ( $\lambda_{\text {ex }}=282 \mathrm{~nm}$, Slit $_{\text {ex }}=8 \mathrm{~nm}$, Slit $_{\mathrm{em}}=10 \mathrm{~nm}$ ) with a scan speed of $100 \mathrm{~nm} / \mathrm{min}$.

Estimating the "dimerization" constant of macrocycle 3a. The calculation was performed based on a "monomer-dimer" equilibrium that is made at the extremely low concentration of 1 pM (aggregated, assuming to be mainly dimers), with a conservative estimate of $10 \%$ dissociation of the dimers. Such an assumption is reasonable because at 0.1 pM , macrocycle 3a exists mainly as monomers.

Recording fluorescence excitation spectra. Excitation spectra of 3a in spectroscopic grade solvents were collected at both $\lambda_{\mathrm{em}}=350 \mathrm{~nm}$ and $\lambda_{\mathrm{em}}=450 \mathrm{~nm}$ with background subtraction $\left(\right.$ Slit $_{\mathrm{ex}}=4 \mathrm{~nm}$, Slit $\left._{\mathrm{em}}=5 \mathrm{~nm}\right)$.

Times course of aggregation at $1 \mu M$ of $\mathbf{1 a}$ and $\mathbf{3 a}$ in solvents with different ratios of $\mathrm{CHCl}_{3}$ in DMF . The times course of aggregation at $1 \mu \mathrm{M}$ of $\mathbf{1 a}$ and $\mathbf{3 a}$ was assessed based on the following steps: Stock solutions of both 1a and 3a in DMF $(198 \mu \mathrm{M})$ were prepared and diluted to $1 \mu \mathrm{M}$ into mixed solvents with various ratios of $\mathrm{CHCl}_{3}$ pre-mixed with DMF (spectroscopic grade). The stock solutions were prepared 1 hour before measurements, which were performed immediately after dilution. Aggregational times course was followed by recording emission intensities at $\lambda=450 \mathrm{~nm}$ ( Slit $_{\mathrm{ex}}=8 \mathrm{~nm}$, Slit $_{\mathrm{em}}=10 \mathrm{~nm}$ over 1200 minutes).

Times course of aggregation at significantly reduced concentrations. Solutions of 1a and 3a were prepared in DMF at various concentrations. Each stock solution was prepared one hour before measurements. The measurements were performed immediately after dilution by adding DMF stock solution to spectroscopic grade $\mathrm{CHCl}_{3}$. The final volume ratio of $\mathrm{CHCl}_{3}$ and DMF of each experiment is 99.9:0.1. Aggregational times course was followed by recording emission intensities at $\lambda=450 \mathrm{~nm}$ (Slitex $=8 \mathrm{~nm}$, Slit $_{\mathrm{em}}=10 \mathrm{~nm}$ over 1200 mins ). Fluorescence emission spectra of the samples were collected immediately following the above procedure $\left(\lambda_{\mathrm{ex}}=282 \mathrm{~nm}\right.$, Slit $_{\mathrm{ex}}=8 \mathrm{~nm}$, Slit $_{\mathrm{em}}=10 \mathrm{~nm}$ ).

All time-resolved intensity decays were measured by using an IBH model 5000 W SAFE time-correlated single photon counting (TCSPC) fluorescence lifetime instrument. A 280 nm light emitting diode (Nano LED) served as the excitation source. Emission was recorded at 450 nm ( 32 nm bandpass). All experiments were conducted until there were at least $10^{4}$ counts in the peak multichannel analyzer channel. The typical time resolution for an experiment was between 0.04 and $0.05 \mathrm{~ns} /$ channel and 1024 total channels were used.

The TCSPC traces were analyzed by using Globals WE (Globals Unlimited), a commercially available nonlinear least-squares analysis software package, and evaluate the reduced $\chi^{2}$, residuals and autocorrelation traces to determine the best fit model. The solvent blank was paramatized within a Global analysis strategy to account for its contribution to the sample signal.

## 4. Fluorescence Anisotropy

All steady-state fluorescence measurements were performed by using a SLM-AMINCO model 8100 spectrofluorimeter (SLM Instruments, Inc.) with a 450 W Xe arc lamp excitation
source. The sample temperature was maintained by using a temperature bath (Brookfield model TC-620D). The excitation wavelength was maintained at 282 nm . For emission spectra and steady-state fluorescence anisotropy experiments, the excitation and emission spectral bandpasses were 4 and 8 nm and 8 and 32 nm , respectively.

The stacking of 3a in solution was probed with steady-state fluorescence anisotropy at 25 ${ }^{\circ} \mathrm{C}$ in $\mathrm{CHCl}_{3}$. By monitoring the $450-\mathrm{nm}$ emission band ( $\lambda_{\text {ex }}=282 \mathrm{~nm}$ ) that serves to indicate aggregation in $\mathrm{CHCl}_{3}$, at 10 nM , a concentration at which 3a engages in ground-state aggregation as shown by its emission spectrum (Figure S15), an excited-state fluorescence lifetime $(\tau)$ of $2.35 \pm 0.03 \mathrm{~ns}$ and a steady-state fluorescence anisotropy (r) of $0.0529 \pm$ 0.0013 were found for the aggregate formed by 3a. Besides, the fundamental fluorescence anisotropy $\left(\mathrm{r}_{0}\right)$ of $\mathbf{3 a}(10 \mathrm{nM})$ was determined to be $0.1167 \pm 0.0023$ in glycerol at $0{ }^{\circ} \mathrm{C}$.

Based on Perrin equation:

$$
\begin{equation*}
r=r_{0} /(1+\tau / \theta) \tag{1}
\end{equation*}
$$

and the experimentally determined $\mathrm{r}_{0}$, r , and $\tau$ values, the rotational correlation time $\theta$ of the aggregate of $\mathbf{3 a}$ was calculated to be 1.94 ns .

The rotational correlation time is in turn given by:

$$
\begin{equation*}
\theta=\eta \mathrm{V} / \mathrm{RT} \tag{2}
\end{equation*}
$$

where $\eta$ is solvent viscosity, $T$ temperature in $K, R$ the gas constant, and $V$ the molar volume of the rotating unit (i.e., the aggregate) being examined. Based on the value of $\theta$, the molar volume $(V)$ of the aggregate of $\mathbf{3 a}$ was found to be $14.76 \mathrm{~nm}^{3}$. If a spherical shape is assumed for the aggregate, a diameter of 3.0 nm , a value very close to the diameter of the macrocyclic molecule, was obtained for the rotating "sphere" formed by 3a, which suggests that the measured rotational correlation time for 3a reflects the spin of the cylindrical stacks of $\mathbf{3 a}$ around their long axes.

Instead of assuming a spherical shape for the aggregate of 3a 10 nM in $\mathrm{CHCl}_{3}$, a model based on a cylinder consisting of stacked 3a may allow the number of macrocyclic molecules
that form such stacks to be estimated. Given that the radius (r) of 3a monomer is $14.9 \AA$ (XRD data, Figure 5), and the molar volume of the aggregate of $\mathbf{3 d}$ is $14.76 \mathrm{~nm}^{3}$ (see above), based on the equation for the volume of a column:

$$
\mathrm{V}=\mathrm{h} \pi \mathrm{r}^{2}
$$

The average height (h) of the stacks of $\mathbf{3 a}$ is 2.12 nm , which, based on the stacking distance of $\mathbf{3 a}$ in a column ( $3.66 \AA$, Figure 5), gives an average number of $\sim 6$ (5.79) molecules for the stacks of 3a.

## 5. X-ray diffraction (XRD)

X-ray diffraction was recorded at the 2-ID-D beam line of the Advanced Photon Source at Argonne National Laboratory using 10.1 Kev radiation ( $\lambda=1.2275 \AA$ ) on a Newport 6circle (Kappa) diffractometer. X-ray diffraction was measured with a QUAD-RO CCD detector (Princeton Instruments, Trenton, NJ) placed behind the specimen. The detector-tosample distance was varied based on the angular range of the required measurement. Because the limited field views of the CCD detector, usually full diffraction rings were measured for those relatively small angle diffractions, and partial rings were measured for those large angle diffractions. The diffraction intensities of individual reflections were integrated along their rings and plotted along $2 \theta$ angles.

## 6. Computational Study

Figure S16(a) shows the molecular structure of macrocycle $\mathbf{1 e}$ optimized at the level of M06-2X/6-31G(d) implemented in the Gaussian 09 software package, ${ }^{4}$ where the molecular axis is highlighted by a blue arrow. To understand the intermolecular interaction between stacked macrocycles, two such molecules are stacked in parallel to form different dimers as the function of rotation (stacking) angle ( $\theta$ ) and interlayer distance ( $r$ ). The stacking angle and interlayer distance are respectively defined as the angle between two molecular axes and the distance between the center of mass of each monomer (see Figure S16(b)). First, the dimer with initial $r=3.3 \AA$ varies as a function of $\theta$ from $0^{\circ}$ to $60^{\circ}$. These dimers are
optimized by using the Kohn-Sham formulation of density-functional theory (DFT) and the Gaussian plane-wave (GPW) method ${ }^{5}$ implemented in the CP2K software package. ${ }^{7}$ The Becke-Lee-Yang-Parr (BLYP) functional ${ }^{8,9}$ is employed for structural optimization. The core electrons are described by the Goedecker-Teter-Hutter (GTH) norm-conserving pseudopotential, ${ }^{10,11}$ and the wave functions of valence electrons are expressed by the combination of the polarized double- $\xi$ quality Gaussian basis ${ }^{12}$ and a plane-wave basis set (with an energy cutoff of 280 Ry ). To better describe the long-range electron correlations that are responsible for the van der Waals (vdW) interactions between two monomers, the Grimme dispersion corrected (DFT-D3) method ${ }^{13}$ is adopted. After geometry optimization of the dimers, the single-point energies of these dimers are computed using the more accurate M06-2X/6-31G(d) method. The computed binding energies (see Figure S17) are computed with basis set superposition error (BSSE) correction ${ }^{14,15}$ implemented in the Gaussian 09 software package. ${ }^{4}$ As shown in Figure S17, the dimer with $r=3.486 \AA$ and $\theta=60.5^{\circ}$ has the largest binding energy of about $-49.77 \mathrm{kcal} / \mathrm{mol}$. The strong binding is most likely due to the strong $\pi-\pi$ interaction as well as local dipole interaction between two monomers.

## 7. Supporting Figures



Figure S1. ${ }^{1} \mathrm{H}$ NMR spectra of macrocycles 3a-d ( 1 mM in $\mathrm{CDCl}_{3}, 500 \mathrm{MHz}, 25^{\circ} \mathrm{C}$ ).
(a)

(b)


Figure S2. Full-range ${ }^{1} \mathrm{H}$ NMR spectra of (a) 3a-3d in DMF- $d_{7}$ and (b) 3a-3c in DMSO- $d_{6}$ or DMSO- $d_{6} / \mathrm{CDCl}_{3}(3 / 1, \mathrm{v} / \mathrm{v})$.


Figure S3. Partial ${ }^{1} \mathrm{H}$ NMR ( $500 \mathrm{MHz}, 25^{\circ} \mathrm{C}$ ) spectra of $\mathbf{3 a}(1 \mathrm{mM})$ in solvents containing various volume percent DMSO- $d_{6}$ in $\mathrm{CDCl}_{3}$. All NMR samples were prepared from the same stock solutions of $\mathbf{3 a}$ in $\mathrm{DMSO}-d_{6}$ and $\mathrm{CDCl}_{3}$.


Figure S4. Partial ${ }^{1} \mathrm{H}$ NMR ( $500 \mathrm{MHz}, 25^{\circ} \mathrm{C}$ ) spectra of $\mathbf{3 a}(1 \mathrm{mM})$ in solvents containing various volume percent DMF- $d_{7}$ in $\mathrm{CDCl}_{3}$.


Figure S5. ${ }^{1} \mathrm{H}$ NMR $\left(500 \mathrm{MHz}, 25^{\circ} \mathrm{C}\right)$ spectra of $\mathbf{3 a}(1 \mathrm{mM})$ in $\mathrm{DMSO}-d_{6}(\mathrm{top})$ and $\mathrm{CDCl}_{3}$ (bottom).


Figure S6. Partial DOSY spectra of $\mathbf{3 a}(1 \mathrm{mM})$ (a) in $\mathrm{CDCl}_{3} 40 \%$ DMF- $d_{7}$ and (b) in $100 \%$ DMF- $d_{7}$.


Figure S7. Fluorescence excitation spectra of (a) 125 nM , (b) 0.1 pM of $\mathbf{3 a}$ in $\mathrm{CHCl}_{3}$ monitored at 350 nm or 360 nm (blue) and 450 nm (red) with background subtraction [Slit ${ }_{\mathrm{ex}}=4 \mathrm{~nm}$, Slit $_{\mathrm{em}}=$ 5 nm ].


Figure S8. Ratio of the $450-\mathrm{nm}$ and $350-\mathrm{nm}$ emission bands, $\mathrm{E}_{450} / \mathrm{E}_{350}$, which serves as an indicator for the aggregation of $\mathbf{1 a}(1 \mu \mathrm{M}$, blue) and $\mathbf{3 a}(1 \mu \mathrm{M}$, red), versus volume percent of $\mathrm{CHCl}_{3}$ in DMF at $25^{\circ} \mathrm{C}$.


Figure S9. Time courses for the fluorescence emission intensities (at 450 nm ) of $\mathbf{3 a}(1 \mu \mathrm{M})$ at 450 nm vs volume $\% \mathrm{CHCl}_{3}$ in DMF.


Figure S10. Time courses for the fluorescence emission intensities (at 450 nm ) of $\mathbf{3 a}$ at various concentrations in $99.9 \% \mathrm{CHCl}_{3}$ and $0.1 \% \mathrm{DMF}$.


Figure S11. Emission spectrum of $\mathbf{3 a}(10 \mathrm{nM})$ in the mixed solvent containing $99.9 \% \mathrm{CHCl}_{3}$ and $0.1 \%$ DMF.


Figure S12. Emission spectrum of $\mathbf{3 a}(1 \mathrm{pM})$ in the mixed solvent containing $99.9 \% \mathrm{CHCl}_{3}$ and 0.1\% DMF.


Figure S13. Time course for the fluorescence emission intensities (at 450 nm ) of $\mathbf{3 a}(1 \mathrm{pM})$ in the mixed solvent containing $99.9 \% \mathrm{CHCl}_{3}$ and $0.1 \%$ DMF.


Figure S14. The two phases of the aggregation of macrocycles 3: the rapid stacking of the macrocyclic molecules into columns and the slow packing of individually dissolved columns into bundles.


Figure S15. Emission spectra of 3a in $\mathrm{CHCl}_{3}$ at various concentrations.


Figure S16. (a) M06-2x/6-31G(d)-optimized monomer and (b) BLYP-D3/GTH optimized dimer. The molecular axis is highlighted by a blue arrow. The rotation angle $(\theta)$ and interlayer distance ( $r$ ) are respectively defined as the angle between two molecular axes and the distance between the center of mass of each monomer.


Figure S17. Computed binding energies with BSSE correction for dimers with different interlayer distance $(r)$ and rotation angle $(\theta)$. The dimer with $r=3.486 \AA$ and $\theta=60.5^{\circ}$, whose structure is highlighted in insets, has the strongest binding energy. The dimers are optimized at the BLYP-D3/GTH level of theory and the binding energies are computed at the M06-2X/6$31 G(d)$ level of theory.

## 8. Table S1

Ratios of normalized fluorescence emission of $\mathbf{1 a}$ and $\mathbf{3 a}(1 \mu \mathrm{M})$ at 450 nm and 350 nm ( $\mathrm{E}_{450} / \mathrm{E}_{350}$ ) vs volume \% of $\mathrm{CHCl}_{3}$ in DMF.

| Volume\% CHCl ${ }_{3}$ in DMF | $\mathbf{E}_{\mathbf{4 5 0}} / \mathbf{E}_{\mathbf{3 5 0}}$ |  |
| :---: | :---: | :---: |
|  | $\mathbf{1 a}$ | 3a |
| $0.0 \%$ | 0.23385 | 0.19019 |
| $10.0 \%$ | 0.24498 | 0.20186 |
| $20.0 \%$ | 0.33124 | 0.22100 |
| $30.0 \%$ | 0.42024 | 0.22631 |
| $40.0 \%$ | 0.56238 | 0.24138 |
| $50.0 \%$ | 0.64068 | 0.26017 |
| $60.0 \%$ | 0.74397 | 0.40204 |
| $70.0 \%$ | 0.84293 | 0.72311 |
| $80.0 \%$ | 1.48594 | 2.34813 |
| $90.0 \%$ | 1.87874 | 9.75216 |
| $100.0 \%$ | 2.07645 | 34.39988 |

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