1	Di-calcium-phosphate and phytosphingosine as an innovative acid
2	resistant treatment to occlude dentine tubules
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24	ABSTRACT. This study evaluated the ability of an experimental di-calcium-
25	phosphate desensitising agent (DCP) used alone or combined with
26	phytosphingosine (PHS) to occlude dentine tubules and resist a citric acid (CA)
27	or artificial saliva (AS) challenge. Three groups of human dentine specimens (DS)
28	were treated with 1) PHS alone, 2) DCP or 3) a combination of PHS and DCP.
29	Dentine hydraulic conductance was evaluated using a digital flow sensor at 6.9
30	kPa. The fluid volume average of each treated-DS was used to calculate the total
31	dentine permeability reduction (P%) prior to and following CA immersion for 1
32	min or 4 weeks in AS. Treated-DS were submitted to SEM and FTIR
33	spectroscopy analysis. Statistically significant differences (P%) were identified
34	between the groups by ANOVA and Fisher's multiple comparison test ($P < 0.05$).

35 Interestingly, PHS and DCP appeared to work synergistically. DS treated with

1 DCP or PHS/DCP demonstrated a significant reduction (P%) prior to and 2 following CA or AS challenge (P < 0.05). SEM and FTIR analysis showed 3 consistent brushite crystals occluding the dentine tubules. Conversely, the 4 application of PHS alone failed to demonstrate any significant reduction of 5 dentine permeability (P > 0.05) or show any evidence of occlusion of the dentine 6 tubules. DCP can however, be used alone or combined with PHS to decrease the 7 dentine permeability as well as resisting an acid and artificial saliva challenge. 8 This may therefore represent a suitable treatment for dentine hypersensitivity.

9 INTRODUCTION

Dentine hypersensitivity (DH) represents a common clinical condition within the 10 11 young and adult population in western countries [West et al., 2013] mainly due to 12 gastric and dietary acids revealing underlying dentine [Lussi et al., 2004]. DH 13 develops in two phases [Dowell and Addy, 1983]: i) lesion localisation: 14 subsequent loss of enamel caused by tooth wear or to gingival recession; ii) lesion initiation and DH symptomatology, which occurs after the protective smear layer 15 16 is removed and the underlying dentine tubules are exposed. According to the 17 hydrodynamic theory, the movement of fluid within the dentine tubules following 18 either physical or osmotic stimulation may cause pain [Brannstrom et al., 1968]. The main treatment for DH is based on the reduction of the fluid flow through the 19 20 physical occlusion of the dentine tubules [Pashley, 1986]. Although several products are currently available, there is still the need to develop innovative acid 21 22 resistant desensitising agents. Acidic di-calcium phosphates (e.g., brushite) have 23 been widely used as a hard tissue substitute due to their bioactivity and 24 biocompatibility [Cama et al. 2009]. Moreover, it has been recently reported that 25 pre-treatment of experimental hydroxyapatite discs (HAp) with sphingoid bases 26 such as sphingosine, phytosphingosine (PHS), PHS phosphate and sphinganine 27 significantly protected HAp against acid demineralisation in vitro [Valentijn-Benz et al., 2015]. Cukkemane et al., (2015) revealed using atomic force 28 29 measurement that PHS and other sphingoid bases can form diffusion barriers 30 against H⁺ ions and bacteria. In principle, the reported anti-erosive properties 31 would suggest that PHS could be included in oral care products for DH treatment. 32 The aim of the present study was to evaluate the ability of experimental 33 desensitising agents based on an acid di-calcium-phosphate (DCP) alone or in 34 combination with PHS to occlude exposed dentine tubules. This aim was 35 accomplished by quantitatively evaluating the reduction of the hydraulic conductance following the application of the tested materials and a subsequent 36

citric acid (CA) or artificial saliva (AS) challenge. SEM and FTIR spectroscopy
analysis were also conducted. The null hypotheses tested were: 1) the application
of DCP onto exposed dentine when used alone or in combination with PHS would
not reduce the hydraulic conductance of EDTA-treated dentine; 2) the citric acid
(CA) or artificial saliva (AS) challenge would reduce their ability to maintain the
occlusion of the dentine tubules (longevity of treatment).

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8 MATERIALS AND METHODS.

9 **Preparation of specimens.** Thirty sound human molars were extracted for surgical 10 reasons under institutional ethical approval (granted by the research ethics committee) and used to create mid coronal dentine discs (DS) as described by 11 12 Sauro et al., [2006]. In brief, occlusal enamel was removed using a slow-speed, 13 water-cooled diamond saw (RS-70300; Struers, Copenhagen, Denmark). A second parallel cut was performed 1.5 mm beneath the cementum-enamel junction 14 in order to remove the roots. A standard smear layer was created using a 180-grit 15 16 silicon-carbide paper (30 s) and subsequently removed using 17% EDTA (pH 7.4) 17 for 1 min followed by ultrasonic bath containing distilled water (5 min). DS were randomly divided into two main groups based on the challenge storage (n=15/ 18 19 group): i) CA: citric acid; ii) AS: artificial saliva. Each main group was then 20 divided in three sub groups (n=5/sub-group) based on the desensitising treatment: 21 A) PHS: 4-hydroxysphinganine; B) DCP: Di-calcium-Phosphate (Brushite); C) 22 PHS/DCP: phytosphingosine + Brushite. A Tris-Tween/ethanol solution (5 mg/ml) of PHS was prepared as described by Valentijn-Benz et al., [2015]. 23

24 Desensitising dentine treatment. Specimens were rinsed with deionised water 25 prior to the pre-treatment with PHS. PHS (0.1 ml) was gently brushed onto the dentine surface of all the specimens in Group A using a micro-brush (20 s), in 26 triplicate (60 s; 0.3 ml) and then rinsed with deionised water (10s). The DCP was 27 28 prepared as described by Cama *et al.*, [2009] by mixing equimolar quantities of 29 β -tricalcium phosphate (β -TCP, Sigma-Aldrich, Gillingham, UK) and monocalcium phosphate monohydrate (MCPM, Sigma-Aldrich) in deionised 30 31 water (R=3 g/ml). The DCP specimens (Group B) were treated by an application 32 of DCP (0.3 g) on the EDTA-treated dentine. Two consecutive layers of a semifluid paste (30s each; ~0.15 g) were gently brushed onto the dentine surface using 33 a micro-brush (60s) and left undisturbed for a further 30 s. Finally, the specimens 34 35 were rinsed with deionised water (10s) and the excess of DCP was removed from the dentine surface using the tip of a soft paint brush. The PHS/DCP specimens
 (Group C) also received the same PHS treatment, immediately followed by
 application of DCP as described above.

Dentine permeability evaluation. All DS were cemented (ROCKET Heavy DVA, 4 USA) to Plexiglass blocks penetrated with an 18 Gauge stainless steel tube. Each 5 6 specimen was finally connected to a hydraulic pressure device (Fig. 1) under a 7 constant hydraulic pressure of 6.9 kPa (Sauro et al., 2007; Pashley at al., 1986) 8 for the measurement of the fluid volume (FV) through a digital sensor with a 9 resolutions of ~100 nl/min and a response reading frequency of 1.56 Hz (ASL 10 1600, Sensirion, Staefa, Switzerland). The highest hydraulic conductance of each 11 specimen was recorded (Lp-max = 100% was arbitrarily assigned); specimens 12 with a fluid flow rate less than 3µl/min were excluded and replaced with discs 13 with a higher flow rate. Lp-max permits an evaluation of the changes in dentine 14 permeability following the application of the test treatments. Each specimen was 15 treated with the test materials as described above, and based on observations obtained during a pilot study, five FV readings were performed every 3 minutes 16 17 for 15 minutes. These readings were then averaged and used to calculate the 18 permeability reduction (P %) of each specimen using the following equation:

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$$\%P = \frac{fluid filtration rate of the treated dentine}{fluid filtration rate of EDTA-etched dentine} x 100$$

The specimens were subsequently tested according to two different ageing 20 21 protocols (CA or AS). DS were immersed in CA (6 wt%; pH 1.5) and then left 22 undisturbed for 60 s or in AS for 4 weeks (37°C). The composition of the AS was 1.5 mmol/L CaCl₂, 50 mmol/L KCl, 0.9 mmol/L KH₂PO₄, 20 mmol/L Tris, pH 23 24 7.4. This solution (25 ml) was replaced every 72 h. The means (P %) and standard 25 deviations of each group were calculated and any significant differences were observed between the groups by One-way ANOVA and Fisher's least test (P < 26 27 0.05).

ATR/FTIR Spectroscopy and SEM evaluation. Two further DS were prepared
for each sub-group and subsequently treated and challenged as previously
described. These were analysed using a ATR/FTIR Spectrometer (Perkin-Elmer,
Beaconsfield, UK) with a resolution of 4 cm⁻¹ to characterise the chemical
composition of the dentine prior to and following each product application and
challenge protocol (*i.e.* CA or AS). The same specimens were then dried overnight
in a silica-containing desiccator at 37°C, gold sputter-coated (SCD004 Bal-Tec,

1 Vaduz, Liechtenstein) and examined using SEM (S-3500; Hitachi, Wokingham,

2 UK).

3 **RESULTS.**

4 The results of dentine permeability reduction (P%) are illustrated in Figure 2. The 5 application of DCP or PHS/DCP onto the EDTA-etched dentine significantly 6 reduced dentine permeability (P < 0.05). However, the specimens treated with 7 PHS/DCP demonstrated an ability to reduce dentine permeability by 92.2% after 8 CA attack (Fig. 2A) and 83.1% after AS immersion (Fig. 2B). There was no 9 significance reduction (P > 0.05) prior to and following CA or AS challenge in 10 any group. PHS induced the lowest Lp reduction (10%) and no significant change 11 (P > 0.05) was observed following CA or AS challenge. These results were 12 confirmed by the SEM analysis, which showed a demineralised dentine surface 13 with patent dentine tubules and exposure of collagen fibrils following EDTA 14 etching (Fig. 3A), PHS application (Fig. 3B) and after CA attack (Fig. 3C). The 15 FTIR analysis showed demineralised dentine (Amide I and II) both after PHS 16 application (Fig. 3D) and after AS aging (Fig. 3E).

17 Conversely, dentine treated with DCP or PHS/DCP showed dentine tubules that 18 remained occluded following CA (Fig. 4A and 4B, respectively) or AS challenge 19 (Fig. 4C). Conversely, the EDTA-etched specimens treated with PHS alone and 20 subsequently immersed in AS presented only very few mineral deposits on the 21 outer surface and patent dentine tubules (Fig. 4D). The FTIR analysis revealed 22 that the mineral crystallites precipitated on the dentine surface following DCP or 23 PHS/DCP application was brushite (Fig. 4E). The brushite's crystals (size $< 2\mu m$) 24 that precipitated within the tubules and on the dentine surface (Fig. 4A and 4B), 25 converted into a more complex apatite-like calcium phosphate following AS 26 immersion (Fig. 4F), although the size and the morphology of such latter crystals presented no clear change over time (Fig. 4C). Conversely, the EDTA-etched 27 specimens treated with PHS and immersed in AS presented a very low PO peak 28 at 1019 cm⁻¹ and a clear demineralised dentine surface (Amide I and II), (Fig. 29 30 4G).

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33 **DISCUSSION**

An ideal dentine desensitiser should be easy to apply, act rapidly, cause no
alteration to the tooth structure and/or irritation to pulp, and last as long as
possible [Grossman, 1935].

1 However, in order to reduce the symptomatology of DH, it is of key importance 2 to decrease dentine permeability (Lp), but also maintain the occlusion of the 3 dentine tubules following subsequent acid and saliva challenges [Wang et al., 4 2010]. The risk for DH may increase with the presence of dietary acids, as these 5 remove the smear layer and open the underlying dentine tubules [Sauro et al., 6 2007]. Citric acid is a common component of both fruit and soft drinks, and it is 7 widely used in *in vitro* studies to simulate the oral environment and test the 8 resistance of desensitisers to an acid challenge [Wiegand et al., 2007]. Saliva can 9 also solubilise materials adhering to teeth and contains calcium and phosphate ions that can interact with surfaces [Arrais at al., 2003]. Therefore, it is essential 10 11 to evaluate whether novel desensitising agents have the potential to effectively occlude the dentine tubules under circumstances similar to the oral environment. 12 13 The results of the present study would therefore appear to reject both of the two 14 null hypotheses since the DCP paste alone or in combination with PHS caused a 15 significant (P < 0.05) permeability reduction before and after a CA challenge due to the precipitation of brushite both within the dentine tubules and on the dentine 16 17 surface (Fig. 4A, 4B and 4E) or after AS storage, where this brushite converted 18 to a different and probably more complex calcium-phosphate (Fig. 4 F) thereby 19 maintaining the status of tubular occlusion over a period of 4 weeks (Fig. 4C). 20 Indeed, Jiang et al., (2009) demonstrated that brushite may convert to stable 21 hydroxyapatite when immersed in a calcium-rich solution at a slightly alkaline 22 pH.

Similarly, a novel calcium phosphate desensitising agent (TEETHMATETM, 23 24 Kuraray corp., Japan), consisting of tetracalcium phosphate and di-calcium 25 phosphate anhydrous (i.e. Monetite) has been demonstrated both in clinical [Mehta et al., 2014] and in vitro [Thanatvarakorn et al., 2013] studies to be 26 27 efficacious as dentine desensitising agent. This product contains di-calcium 28 phosphate as one of the main constituent, whereas the DCP paste used in this 29 study was made of equimolar quantities of β -TCP and mono-calcium phosphate-30 monohydrate that precipitate as brushite (Cama et al., 2009) during application (Fig. 4). Conversely, TEETHMATE appears to precipitate as an apatite-like 31 32 mineral [Brown and Chow, 1983]; its solubility in acid solutions [pH <5.0] may be much lower than that of brushite [Jiang et al., 2009]. The precipitation of 33 34 brushite however, is not a new issue in dental research. For instance, dentine acid-35 etching induces the release of calcium and phosphate which may precipitate as 36 either brushite or octacalcium phosphate depending on the environmental pH. 37 However, Shellis et al., (1997) demonstrated that at a pH below 4, as in the DCP

paste (Fig. 4E), brushite is mainly precipitated. Moreover, the acidic environment
created by the CA challenge induced further precipitation of monetite [Şahin and
Çiftçioğlu, 2014] and tubules occlusion (Fig. 4C). Indeed, crystals of di-calcium
phosphates may increase and create a mechanical interlocking in acidic pH,
thereby providing a more structural resistance to further hard tissue loss [Wang
and Nancollas, 2008].

7 Although PHS was not able to suitably occlude the dentine tubules (Fig. 3B) even 8 after prolonged AS immersion (Fig. 4D), it appears to work synergistically in 9 combination with DCP, forming an effective DH desensitiser. These specific results were probably due to the anti-erosive characteristic of PHS. Indeed, PHS 10 may capture ionised phosphate and have a protection effect against 11 demineralisation by binding any remaining HAp crystals [Kosoric et al., 2007]. 12 13 However, due to its amphipathic character, in solution, PHS has the tendency to 14 assemble into highly positively-charged aggregates or micelles, with the fatty acid tails buried inside and the positively charged head groups exposed to the 15 bulk of the solution. Hence, the high density of positive charges on such 16 17 aggregates will more likely produce a high avidity for negatively charged 18 phosphate-rich surfaces such as HAp [Valentijn-Benz et al., 2015].

19 It is also acknowledged that erosion initiated by dietary acids may exacerbate DH 20 and cause demineralisation of the collagen matrix. Demineralised dentine is 21 characterised by unprotected collagen fibrils (Fig. 3A) that can be degraded by 22 endogenous enzymes e.g., metalloproteases and cysteine cathepsins [Zarella et 23 al., 2015]. Moreover, further collagen degradation can be also induced by 24 salivary esterases and/or bacteria proteases [Park et al., 2008]. However, it has 25 been demonstrated that mineral precipitation induced by bioactive substances e.g., calcium-phosphates and bioactive glasses may also reduce the enzymatic-26 27 mediated collagen degradation [Tezvergil-Mutluay et al., 2014] and the risk for further wear of hard tissues (e.g. dentine) [Zarella et al., 2015]. 28

29 In conclusion, this experimental in vitro study demonstrated that the use of DCP 30 paste alone or in combination with PHS may represent a suitable treatment for 31 DH. The formation of acid resistant crystals within the dentine tubules produced by the experimental materials evaluated in the present study would suggest that 32 33 they may be useful as potential long-term desensitisers for the treatment of DH. 34 Further evaluation however, would be required in order to define and create more 35 suitable clinical formulations for commercial products and their subsequent application in vivo. 36

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35 FIGURES AND CAPTIONS



Figure 1. Schematic illustration of how the dentine specimens were connected to a hydraulic pressure device under a constant hydraulic pressure (6.9 KPa) and the measurements of the fluid volume (FV) were attained via a digital sensor.



Figure 2. Mean and standard deviations of %P (dentine permeability reduction) values
before and after a citric acid A) and AS B) challenge. In rows, different superscript letters
indicate significant differences between the three experimental desensitising agents
following application or following a CA or AS challenge (P<0.05). In columns, different
superscript numbers indicate significant differences in the same desensitising agent,
between application and CA or AS challenge (P<0.05).



Figure 3. SEM micrograph of EDTA-etched dentine showing several patent tubules and collapsed collagen fibrils (pointer). B: EDTA-etched dentine following application of PHS showing no tubules occlusion, but only collapsed collagen fibrils (pointer). C: EDTA-etched dentine surface following application of PHS and subsequent CA attack. Note the presence of patent tubules and collapsed collagen fibrils (pointer). D: Spectra of EDTA-etched dentine treated with PHS. Note the bands at 3200–3400 cm⁻¹ due to the O-H stretching of water (H₂O) and amide bands of collagen (1200–1725 cm⁻¹) in dentine. The same spectra was also observed following PHS application and after CA attack (E). EDTA-etched dentine that received no desensitising treatment shows the same FTIR

1 features observed in figure-(E).



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45 Role of all authors:

46 Sauro S: Corresponding author. He wrote the entire manuscript. He elaborated of the47 experimental project and performed part of the dentine permeability assessment.

48 **Lin CY:** He contributed to perform the experimental project, specifically in the 49 preparation of specimens and dentine permeability assessment.

50 Bikker FJ: He contributed to revise the manuscript. He was also involved in the
51 elaboration of the experimental project. He formulated the experimental
52 phytosphingosine used in this study.

- 1 Cama G: He contributed to revise the manuscript. He was also involved in the elaboration
- 2 of the experimental project. He formulated the experimental Di-calcium phosphate used
- 3 in this study.
- 4 **Dubruel P:** He performed the entire experimental part about FTIR analysis and he was
- 5 involved in the interpretation of the results.
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- 8 Gillam D: Head of the group. He contributed to write and revise the entire manuscript.
- 9 He was also involved in the elaboration of the experimental project and interpretation of
- 10 results.