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Abstract

- 1. Changes in phenology are an inevitable result of climate change, and will have wide-reaching impacts on species, ecosystems, human society and even feedback onto climate. Accurate understanding of phenology is important to adapt to and mitigate such changes. However, analysis of phenology globally has been constrained by lack of data, dependence on geographically limited, non-circular indicators and lack of power in statistical analyses.
- 2. To address these challenges, especially for the study of tropical phenology, we developed a flexible and robust analytical approach using Fourier analysis with confidence intervals to objectively and quantitatively describe long-term observational phenology data even when data may be noisy. We then tested the power of this approach to detect regular cycles under different scenarios of data noise and length using both simulated and field data.
- 3. We use Fourier analysis to quantify flowering phenology from newly available data for 856 individual plants of 70 species observed monthly since 1986 at Lopé National Park, Gabon. After applying a confidence test, we find that 59% of the individuals have regular flowering cycles, and 88% species flower annually. We find time series length to be a significant predictor of the likelihood of confidently detecting a regular cycle from the data. Using simulated data we find that cycle regularity has a greater impact on detecting phenology than event detectability. Power analysis of the Lopé field data shows that at least six years of data are needed for confident detection of the least noisy species, but this varies and is often greater than 20 years for the most noisy species.

4. There are now a number of large phenology datasets from the tropics, from which insights into current regional and global changes may be gained, if flexible and quantitative analytical approaches are used. However consistent long-term data collection is costly and requires much effort. We provide support for the importance of such research and give suggestions as to how to avoid erroneous interpretation of shorter length datasets and maximize returns from long-term observational studies.

- Key-words:
- Flowering; Phenophases; Spectral analysis; Tropical forests; Gabon; Time-series data;
- 51 Climate change, Circular analysis; Lopé National park

Introduction

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Phenology concerns the timing of recurring life-cycle events - such as leaf growth, flowering and fruiting in plants - and has long fascinated ecologists and evolutionary scientists. Questions range from understanding the complex environmental cues and internal mechanisms that initiate phenology events (phenophases) to the adaptive significance of their timing and duration and responses to environmental change. Phenology has wide-reaching influence within ecosystems and determines the nature of many inter-specific interactions (Butt et al. 2015). Changes in global climate will inevitably have long-term impacts on phenology (Parmesan 2006) with knock-on effects for ecosystems and people (Van Vliet 2010). It is also clear that there will be feedbacks between changing phenology and climate, but they are poorly characterised by current climate models (IPCC 2014). Tropical phenology overlooked in reviews of change Major reviews of phenological change to date have lent heavily on evidence from temperate, especially Northern hemisphere, regions (Chambers et al. 2013; Cleland et al. 2007; Parmesan 2006). In these regions more phenology data is available and analyses are arguably simpler. The strong seasonality in temperate regions accompanied by a dormant winter season results in broad synchronisation of phenology on the annual cycle. Years can be treated to some extent as independent repeating events and researchers are able to make use of a relatively simple suite of "spring indicators" (e.g. first appearance, first lay-date, bud-burst measured in days since January 1st). While tropical climates are often seasonal, annual variation is more limited than in temperate regions and vegetative growth and reproduction are possible at any time of

the year resulting in more diverse phenology and cycles other than twelve months (van Schaik et al. 1993). Use of simple spring indicators is not appropriate for tropical phenology because of the *circularity of the data* (e.g. January 1st is an arbitrarily low value and not meaningfully different from December 31st).

Furthermore, phenology is subject to many conflicting demands, for example an organism may receive an environmental signal to reproduce but fail to do so because it lacks critical resources (Obeso 2002). Inconsistencies and gaps in data collection due to observation error are also common in long-term studies, making quantification in many cases harder still. Thus analytical approaches for tropical phenology need to take account of the circularity of the data, be flexible, quantitative and attribute confidence to conclusions.

Analyses of long-tem tropical plant phenology

Published analyses of tropical plant phenology range from simple descriptions and correlations with environmental variables to more recent, quantitative analyses of change (S1). The Newstrom et al. (1994) framework was an important step towards objective inter-site comparisons, however categorisation loses analytical power and visual comparisons lack objective rigour. More computationally intensive methods have included differentiation of species-level reproductive cycles using finite mixture theory and bootstrapping methods (Cannon et al. 2007), modelled autocorrelation functions (Norden et al. 2007), sinusoid-based regression (Anderson et al. 2005), spectral analysis (Chapman et al. 1999), circular statistics (Ting et al. 2008; Zimmerman et al. 2007; Wright et al. 1999; Wright & Calderon 1995), generalized linear models (GLMs) (Newbery et al. 2013) and generalized additive mixed models (GAMMs) (Polansky and Robbins 2013). While data has often been collected at the scale of the individual plant

(9/18 studies in S1), this is not always reflected in analysis where individuals are clumped into species, guilds, or a percentage score of a whole community, losing power and precluding vital covariate information. The longest tropical phenology dataset analysed to date is 22 years of flowering data (Pau et al. 2013) and 18 years of flowering and fruiting data (Wright & Calderon 2006) from Barro Colorado Island, Panama with many other studies relying on fewer than ten years data (9/18 studies in S1).

Addressing the challenges of sample size, data quality, circularity and pseudo-replication is of paramount importance to quantify tropical phenology and compare between sites and over time. Consensus as to the most suitable way to analyse these data, what length of data is necessary to identify cycles and how to attribute confidence to results has been missing, although progress is being made (Hudson & Keatley 2010).

In this article, we apply statistical theory to both field and simulated data, to develop and demonstrate objective methods – based on *Fourier analysis* - to detect and quantify confidence in regular phenological cycles. We also test the likelihood of detecting cycles under different data noise and length scenarios and discuss opportunities for incorporating the resulting insights into research and policy. Explanations of technical terms related to Fourier analysis used in this paper are given in the glossary in Table 1 and their first use in the text is indicated in *bold italics*.

Introduction to Fourier analysis for phenology

The Fourier transform is a mathematical method used to identify regular *cycles* in *time series* data by comparing fluctuations in the data with *sinusoids* (Bloomfield 2000) and has been used extensively in disciplines such as engineering and mathematics. The Fourier transform calculates the tendency (hereafter known as *power*) of all possible

cycles to appear in the data and can therefore be used to quantify seasonal phenology data without the need for prior knowledge or hypotheses of *cycle length*. However it has been rarely used in the context of phenology analysis and never for long-term observational phenology data. Chapman et al. (1999) used Fourier to identify dominant reproductive cycles from six years of data for a tropical tree community, but did not use a confidence test. More recently Zalamea et al. (2011) used Fourier to identify flowering cycles from reconstructed 12-month series of herbarium data for a genus of neotropical tree, attributing confidence to cycles using a bootstrapping method. Compared to other data for which Fourier has been used, phenology data are often comparatively short and collected at low resolution due to the costs and effort incurred. However, in the field of movement ecology, Wittemyer et al. (2008) and Polansky et al. (2010) successfully used Fourier to confidently identify regular cycles in animal movements by comparing outputs with a null hypothesis of random movement and 95% confidence intervals. In this paper we build on Wittemyer et al.'s (2008) analytical framework to extend the existing uses of Fourier for the field of long-term phenology research. First we demonstrate appropriate application of Fourier to phenology data by quantifying flowering cycle confidence, length, power, timing and synchrony for individuals of a single species from the Lopé long-term observational study of tropical forest plants (1986 – 2016). Second, we up-scale this Fourier-based approach to analyse flowering phenology using newly available data for all species from the Lopé study (856 individuals, 70 species). Third, we recognize that while the Lopé study is one of the longest and most consistent of its kind in the tropics, data is still often noisy or short for certain individuals and/or species. In order to apply this framework elsewhere, and to inform best practice for data collection, we test the ability of the Fourier method to

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- detect regular phenology under different scenarios using both simulated data and field
- data with realistic noise.

How to detect and describe flowering cycles using Fourier analysis

The Lopé long-term observational phenology study.

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Since 1986, researchers from the Station d'Études des Gorilles and Chimpanzées (SEGC), Lopé National Park, Gabon, have observed individual plants of 88 different species each month and noted the proportion of each canopy covered by new, mature and senescing leaves, flowers, unripe and ripe fruits. Canopy coverage for a particular phenophase is assessed from the ground using binoculars and recorded as a score from 0 to 4. The study area experiences an equatorial climate, where seasonality is determined by movements of the inter-tropical convergence zone to form two dry and two wet seasons annually. See Tutin and White (1998) for detailed site description including local climate and vegetation. In this first section we demonstrate Fourier analysis using flowering data for tree species Duboscia macrocarpa Bocq. (Malvaceae, n=11). Initial observation of specieslevel data shows no apparent seasonality in flowering (figure 1a-b). However this is because the true flowering cycle for this species is 18 months long and is not synchronised between individuals. This unusual reproductive phenology is useful to demonstrate the explicitly circular basis of Fourier analysis, and how analysis at the individual-level allows for quantification of complex tropical phenology. R scripts are provided in supporting information (S6) and follow this description. **Data input requirements** For all Fourier analyses we used the function *spectrum* from the R base package 'stats' (R Core Team 2015). The method requires regular time intervals between observations, so we interpolated data for gaps up to three data points long using a simple linear estimator, interpNA from R package 'timeSeries' (Rmetrics Core Team et al. 2015). For

longer gaps we suggest analysing time series in separate parts but more sophisticated forms of interpolation could be used or Lamb normalized periodogram analysis (Press et al. 1992) which allows for unevenly spaced data.

The periodogram

The Fourier transform decomposes a time series into a series of *sine and cosine waves* of differing *frequencies*, quantifying the power of each via the *spectral estimate*, visualised in the *periodogram* (Figure 1c). The shortest possible cycle for our data is two months long (twice the observation interval) and the longest is the full length of the data available. Cycles not well supported by the data have low power while cycles well supported by the data have high power.

Smoothing the spectral estimate

The *raw* (unsmoothed) *spectral estimate* shows all fine-scale structure and can be overly influenced by certain segments of data. We smooth all spectral estimates using a moving-average smoother - the modified *Daniell kernel* - available within function *spectrum*. The width of the Daniell kernel (known as the *span*) is user-specified and is a compromise between *resolution* and *stability*. The classic text on this method (Bloomfield 2000) recommends a trial and error approach for span-choice relying on visual observation of the periodogram. After much experimentation we found that successively applying the Daniell kernel to achieve a smoothed spectral estimate with a *bandwidth* close to 0.1 gave sufficient resolution to identify *dominant peaks* in the periodogram. For example, applying a Daniell kernel with a span of seven, followed by a kernel with a span of nine to the first *D. macrocarpa* flowering time series of length 353 months (figure 1b) resulted in a spectral estimate with bandwidth 0.099. Spans to achieve this resolution vary depending on initial time series length; we provide

appropriate spans for data ranging from 24 to 360 months in S6 (line 160). **Smoothed spectral estimates** derived from Fourier analysis of flowering data for five example *D. macrocarpa* individuals are shown in figure 1c.

Identifying dominant cycles

Interpreting the periodogram begins with observing the general shape of the *spectrum* (e.g. is the data influenced by short or long cycles) and then to identify the peaks with highest power, representing *dominant cycles* within the data. The smoothed spectral estimates derived from flowering data for *D. macrocarpa* show a similar pattern between individuals (figure 1c). The highest peak for each individual is near to 0.056 cycles per month (equivalent to a cycle length of 18 months).

Assigning confidence to dominant cycles

Tree phenology studies often rely on monthly canopy observations and are subject to both measurement error (observation uncertainty) and natural variation (process uncertainty). Because of these uncertainties a measure of confidence is needed to differentiate real cycles from the surrounding noise. Bloomfield (2000) suggests that spectral estimates approximate a chi-square distribution, and that 95% confidence intervals can be derived as follows,

$$\frac{v\hat{s}(f)}{X_v^2(0.975)} \le s(f) \le \frac{v\hat{s}(f)}{X_v^2(0.025)}$$

216 Eqn. 1

where v is the degrees of freedom (derived from the function output), $\hat{s}(f)$ is the spectral estimate, s(f) is the true spectrum, and $X_v^2(0.975,0.025)$ are the 2.5% and 97.5% quantiles of the chi square distribution with v degrees of freedom.

There are two credible null hypotheses - representing "no cyclicity" - with which to compare the 95% confidence intervals. The first is the *null continuum* of the spectrum, which is an extreme smooth of the spectral estimate such that only the underlying shape remains (dotted line, Figure 1d). The second is simply the mean spectrum (otherwise known as the white noise spectrum; Meko 2015). We prefer the null continuum as its use results in fewer false positive results at medium to high noise scenarios (S2). We found we could achieve sufficient smoothness for the null continuum by successively applying the Daniell kernel to give a bandwidth similar to 1 (S1 line 160). Where the lower confidence interval for a specified frequency does not overlap with the null hypothesis, the peak at that frequency can objectively be considered as significantly different from the surrounding noise and representing a real cycle. Bloomfield (2000) cautions against general fishing expeditions for significant peaks because the 95% confidence intervals calculated are not simultaneous. We therefore, only recommend using this method to test the dominant peak, not all local peaks. Occasionally we find that when data are highly irregular, the dominant peak is identified at the longest possible cycle length and is likely to score as "significant" against the null continuum. To avoid these false positive results, we screen Fourier outputs and exclude dominant cycles greater than half the data length. 95% confidence intervals for the smoothed spectral estimate derived from one example *D. macrocarpa* time series are shown in figure 1d. We can be confident that the dominant peak at 18 months represents a real flowering cycle because the lower confidence interval doesn't cross the null continuum.

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243 Assessing timing and synchrony

In order to assess timing and synchrony within populations, we developed a method to reference the peak events of tropical phenological cycles in time using a simulated cosine curve within *co-Fourier analysis*. Co-Fourier allows simultaneous Fourier analysis of any two time series and in addition to normal outputs, gives an estimate for the lag (*phase difference*) between the time series for every possible cycle. Once a dominant cycle has been detected in an empirical time series, we simulate a cosine curve with matching cycle length, by convention for our data peaking on 1st January 1986. After co-Fourier analysis of the empirical time series alongside the matching simulated time series, we then extract the phase difference associated with the dominant cycle.

In figure 1e we show flowering data for an example *D. macrocarpa* individual alongside a simulated cosine curve with matching cycle length (18 months) and peaking on January 1st 1986. The phase difference between these two time series at the dominant cycle of 18 months is 2.11 *radians*.

Phase difference can be converted to time (an estimate of the first flowering peak, in

$$if \Phi_{radians} > 0, \quad \Phi_{months} = \frac{\Phi_{radians}}{(2\Pi/\lambda)}$$

$$if \ \Phi_{radians} < 0, \qquad \Phi_{months} = \frac{\Phi_{radians} + 2\Pi}{(2\Pi/\lambda)}$$

260 Eqn. 2

where Φ is the phase difference and λ is *wavelength* in months.

months since January 1st) by the following,

It is important to consider that radians are a circular unit and there are 2Π radians in a full cycle no matter how many months are in that cycle. Converting phase to months is

very simple when the cycle is annual: one month = $2\Pi/12$ and the first peak month will be the only peak month in a given calendar year. However, for cycle lengths other than 12 months, conversion to time will need some careful thought. For a six-month cycle, we would expect two peaks in each calendar year, and for an 18-month cycle we would expect one peak a calendar year but in different months in alternate years. For the *D. macrocarpa* time series used as an example in Figure 1e, the phase difference of 2.11 radians converts to six months since January 1st, placing the first peak at the beginning of July. The next peak in flowering will occur 18 months later, at the beginning of January. We would expect this individual to have flowers in January and July in alternate years.

Calculating mean timing and synchrony for species

Mean phenophase timing can be computed for a sample with the same dominant cycle by taking the *circular mean* of the phase difference (in radians) for each individual, as calculated from co-Fourier analysis. Synchrony can be quantified by taking the *circular standard deviation* of the mean phase (all circular values calculated using the R package '*circular*' (Agostinelli & Lund 2013)). For the *D. macrocarpa* example, mean phase difference for all individuals with significant dominant cycle at 18 months is $0.94\pm1.68~\mathrm{SD}$ radians. Converted to time, this references a flowering peak in mid-March and mid-September in alternate years. However synchrony between individuals is so low (SD of peak month is 4.8 months) that "peak flowering" for the population has little biological meaning.

In S4 we include a detailed description of Fourier analysis for the flowering cycles of two additional species (*Antidesma vogelianum Muell. Arg.* flowering on a six-month

cycle, and *Pentadesma butyracea Sabine* flowering on an annual cycle) and a comparison of Fourier alongside four other commonly used methods for seasonal phenology analysis – graphical representations, circular statistics, autocorrelation analysis and GAMs.

Scaling up – quantifying flowering phenology among many

individuals and species

Methods

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We used the methods developed above to quantitatively describe flowering data for all species monitored as part of the Lopé study. We preselected 856 individuals (70 species of 26 families) with the following criteria; greater than five years continuous data, at least one flowering event and no persistent records of disease (species list given in S3). Where we found isolated gaps longer than three months, we excluded data before or after (whichever was shorter) from further analysis. Linear interpolation for gaps shorter than three months was necessary for 95% of the individuals in the sample. Time series' length ranged from 60 to 353 months (mean = 249 months). To quantitatively describe regular cycles, we ran Fourier analysis and a confidence test of the dominant flowering cycle for each tree. To allow comparison between individuals for the power of the dominant cycle, we normalised the spectrum so that the mean power across frequencies was equal to one (Polansky et al. 2010). To summarise at the species-level we calculated the modal cycle length for species with more than five individuals with significant dominant cycles. To estimate the level of synchrony at the species-level, we ran co-Fourier analysis for each individual with a significant dominant cycle equal to the modal cycle length for that species (only

including species with more than five such individuals). From the co-Fourier outputs we calculated the standard deviation of mean phase difference in radians and converted to months using Eqn. 2 for each species. We present whole sample summaries for time series length and sample size per species and compare these between all individuals and those for which we could detect significant cycles. We then present the most common flowering cycles and level of synchrony (standard deviation of mean phase difference) per species. We also tested the impact of time series length as a predictor of detecting significant regular phenology using a binomial Generalized Linear Mixed Model (GLMM) with species as a random effect. **Results**

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We detected significant regular flowering cycles for 509 out of 856 individuals in our sample, 79% of which were annual. Of those for which we could not confidently detect regular cycles, 22 came from five species for which no significant cycles were detected (e.g. Baillonella toxisperma Pierre and Dacryodes normandii nornandii Aubr. & Pell., S3: Table 2). When only trees with significant cycles were included, the sample distribution shifted toward longer time series (Figure 2a), and mean sample size per species for all trees (12 individuals \pm 8.1 SD) was reduced (seven individuals \pm 5.8 SD) (Figure 2b). We found time series' length to be a significant positive predictor (z value = 6.42, p<0.001) of the likelihood of detecting a significant regular cycle from the data (GLM outputs in S5). To assess modal cycle length we used a subsample of 42 species (458 individuals). The modal flowering cycle for most species was annual (37 species, e.g. P. butyracea, S4),

with others flowering on a 6-month (4 species, e.g. A. vogelianum, S4) and an 18-month basis (1 species, *D. macrocarpa*, S4) (Figure 2c, Figure 3 and S3: Table 2). To assess modal level of synchrony between species we used a subsample of 39 species (402 individuals). The majority of species had flowering cycles well synchronised between individuals, (38 species with standard deviation of mean peak less than one month) (Figure 2d, S3: Table 2). Species showed considerable inter- and intra-specific variation in flowering phenology (Figure 3). Some species were split between different cycle length strategies; e.g. for a sample of 19 *Uapaca guieensis Muell. Arg.* trees, the dominant flowering cycle was annual for 13 trees and six months for six trees. Species also varied in the power of their dominant flowering cycles. Despite all individuals shown in Figure 3 having significant flowering cycles, some species such as *Maranthes glabra (Oliv.) Prance* (mean power = 9.3+1.6 S.D.) and *Xylopia aethiopica (Dunal) A. Richard* (mean power = 8.1+2.6 S.D.) tended to have much stronger, less noisy cycles than others such as *Klainedoxa* gabonensis Baill. (mean power = 2.1+0.4 S.D.) and Pseudospondias microcarpa (A Rich.) *Engl.* (mean power = 2.4 ± 0.7 S.D.) (S3: Table 2).

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Testing Fourier under different scenarios using both simulated and

field data

Methods

To test the impact of noise and sample length on cycle detectability, we undertook a power analysis of simulated phenology data. We simulated 10,000 individual time series representing an annually repeating flowering cycle peaking in June, with three

key parameters allowed to vary between "individuals"; 1) the regularity of the peak month (representing process uncertainty), 2) the detectability of flowering events (representing observation uncertainty) and 3) the length of data recorded. For each year of data, we generated monthly flowering scores of zero and a peak of three-months duration with positive scores randomly chosen from a distribution similar to that found in our field data. We varied levels of regularity by randomly choosing the peak flowering month each year from a truncated normal distribution (ranging from two to 11, with mean six and standard deviation randomly selected from 0.1 to six). The standard deviation of the distribution was consistent between years but allowed to vary between individuals. We then varied levels of detectability by replacing a certain percentage of randomly chosen positive flowering scores with zeros (from zero to 60%). Finally, a window of data (five, ten or 15 years) was randomly cut from each fulllength time series prior to Fourier analysis (example simulated data are plotted in S2). We assessed the dominant cycle using a 95% confidence test and whether it fell within the expected interval for an annual cycle (11-13 months). To demonstrate the impact of data length with realistic noise we also conducted a power analysis using all individual time series from the Lopé study longer than 20 years, from which we had previously detected significant annual flowering cycles and for species with more than five such individuals (233 individuals of 30 different species). We randomly chose individual time series from this sub-sample and cut shorter windows of data (window length randomly selected from the range 2:20 years with randomly selected start date), repeating 10,000 times. We analysed the windowed time series with Fourier as described above and recorded if the dominant cycle was significant and fell within the expected interval for an annual cycle (11-13 months). We fitted binomial GLMs to compare the effect of time series' length between species.

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Results

The power analysis of simulated phenology data (Figure 4) showed that as time series' length increased, from 5 to 15 years, so did likelihood of confidently detecting the annual cycle. For example, for a mid-level noise scenario (cycle regularity 2SD; zero replacement 20%) the proportion of the sample with a significant annual cycle was zero after 5 years, 57% after 10 years and 81% after 15 years. However, at relatively lownoise scenarios, (highly regular cycles <1SD; low zero replacement < 20%), the effect of time series length saturated quickly, with 100% likelihood of detecting a significant annual cycle after just five years. In contrast at high-noise scenarios (highly irregular cycles >4SD; zero replacement > 60%), likelihood of detecting a significant annual cycle never rose above 20% even after 15 years. For highly regular cycles (SD<2), even poor event detectability (zero replacement 40 – 60%) had little impact on likelihood of detecting the cycle.

Similar to the simulated data, we found that as time series' length increased, so did likelihood of detecting regular cyclic behaviour for our field data (Figure 5). We found that for the species in our sample with the most positive slope estimates for time series length (*M. glabra and Pycnanthus angolensis Welw.*) *Warb.*, S5), just six and seven years of data respectively were required before the annual flowering cycle could be detected with greater than 95% likelihood. However species ranged widely, with 19 species not reaching this 95% threshold until after 20 years. The species with the least positive slope estimates were *Detarium macrocarpum Harms* and *Greenwaydodendron suaveolens Engl. & Diels.* (S5).

Discussion

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Detectability and power

The flowering phenology of trees observed at Lopé National Park, Gabon, is dominated by annual cycles (88% species), in contrast with forests from the neotropics that appear to be dominated by sub-annual reproductive cycles and the Dipterocarp forests of South-East Asia that are dominated by supra-annual reproductive cycles (Sakai 2001). We could not confidently describe regular cycles for many individuals in our sample (41%), where either flowering is regular but the data were too noisy or too short for detection or glowering is irregular. Observation length was shown to be a significant positive predictor of detecting regular cycles in both field data and simulations. Even when cycles were confidently described, we found that the power attributed to cycles ranged widely, meaning that the flowering phenology of some species is much noisier than others. However the source of this noise is difficult to differentiate for field data. To explore this further we simulated two forms of noise associated with both process and observation uncertainty and found that cycle regularity has a greater effect on ability to detect a significant cycle than event detectability: Fourier analysis can be used to detect the cycle even if the observer misidentifies 60% of flowering months. There are likely to be additional sources of noise in the field, such as false recording of non-existent phenophases, however we consider these to occur less often. We attributed cycle characteristics to the species-level when we had five or more individuals with significant cycles, under the biological assumption that phenology is an evolutionarily adaptive trait and likely to be constraining con-specifics in a similar way. However, true levels of intraspecific variation are unknown. We find considerable intraspecific variation for some species (i.e. *Uapaca guineensis*) and further research

may reveal that phenology is not necessarily a stable trait within a species or an individual's lifetime.

Our results can be used to inform effective collection, processing and analysis of phenological data. We have shown that where suitable data is available, objective analyses can be used to confidently detect regular phenology and that frequency-based outputs – cycle length, power, timing and level of synchrony – give a suite of indicators that could be used to quantitatively describe and compare phenology globally.

Development for causation and change research

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The indicators derived from Fourier analysis can be used to address research questions such as the proximate and ultimate causes of adaptive phenology and detection of change. Where data is available, analysis at the individual-level allows for inclusion of covariates (e.g. location, age, size of individuals etc.) in subsequent statistical models, either in combination with random effects and best linear unbiased predictors (BLUPs) to account for variation (for example between different sites, genera or functional groups) or as fixed effects to test hypotheses of the causes of variation between individuals' phenology. Co-Fourier analysis would allow testing of other cyclic factors (such as climate data) alongside phenology to measure synchrony. The advantage of these spectral approaches is that they explicitly model the circular nature of phenology and weather data without losing power by clumping data points into arbitrary time periods or pseudo-replication. Detecting long-term changes in phenology is challenging and field observations (Plumptre 2011) are vital to stimulate hypotheses and further analysis. However it will be increasingly important to measure the statistical confidence of detected changes. To date, studies of change in tropical phenology are few (S1), due to the paucity of longterm data. Wavelet analysis is the natural extension of Fourier into the time-frequency domain (Hudson et al. 2010; Polansky et al. 2010; Wittemyer et al. 2008), overcoming assumptions of stationarity, to estimate the spectrum as a function of time (Cazelles et al. 2008). For phenology research, this could enable analysis of whether individuals or species reproduce more or less frequently (e.g. change in dominant cycle length), reproduce at the same frequency but with more or less certainty (e.g. change in the power of the dominant cycle) or shift phase and become more or less synchronised over time. The power of a cycle may be a more subtle and effective indicator for change than frequency to track increasing uncertainty over time, especially in the shorter term. In a formal comparison of this Fourier-based method with other commonly used methods for quantifying phenology (S4), we found Fourier is flexible to diverse phenology and provides a suite of quantitative information to describe seasonal activity with attribution of variance and confidence.

Steps forward

We have shown that at least six years of data are necessary to confidently detect reproductive cycles amongst our species sample. For data-collection scenarios resulting in noisier data – those with high likelihood of measurement error (e.g. inconspicuous flowers), systematic error (e.g. high inter-observer uncertainty) or natural variation that cannot be controlled for (e.g. diverse array of phenological responses within a population) – it will be necessary to invest in large samples of individuals over a longer time period to detect cycles confidently. To effectively monitor the response of tropical forests to global change, it will be necessary to focus efforts on suitable indicator species – those with good signal to noise ratios - to maximise analytical power over relatively short time periods.

For many phenology research questions, collecting sufficient data will be a challenge and require significant research effort. Ways to achieve this include: formation of research networks and greater coordination of methods and objectives between sites, internet-based citizen-science data collection networks and technical solutions to data collection, such as automated canopy photography and GIS.

Conclusions

Phenology is a key adaptive trait shown to determine species distributions (Chuine 2010) and as such will shape how ecosystems respond to rapidly increasing regional and global changes including human pressure. With the emergence of long-term tropical phenology data, the need also emerges for appropriate analytical methods to improve our understanding of the functioning of ecosystems. We present a Fourier-based method that can be further developed and tested, to give simple, flexible and quantifiable indicators for phenology activity, and demonstrate the importance of consistent long-term investment in phenological research.

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500 and Technology (CENAREST) (2010 - present.) We thank Daisy Dent, Tim Paine, Ed 501 Mitchard and two reviewers of a previous version of this manuscript whose comments 502 in preparation significantly improved it. **Data Accessibility:** 503 504 R scripts: uploaded as online supporting information 505 Individual- and species-level flowering data: University of Stirling's DataSTORRE 506 (https://datastorre.stir.ac.uk) doi: XXXX **Author contributions:** 507 508 EB, NB, KA and AJ conceived the ideas for this manuscript; CT, LW and KA designed the 509 field methodology; ED, JTD, CT, KA, LW and KJ collected the data; EB, NB and KA 510 analysed the data; EB, NB, KA and AJ led the writing of the manuscript. All 511 authors contributed critically to the drafts and gave final approval for publication.

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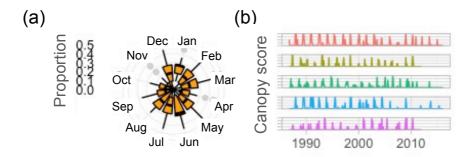
612	S1: Review of methods from the literature
613	Review of key literature analysing long-term tropical plant phenology data, detailing the
614	phenophase of interest, site, data length, analytical methods used and the scale of data
615	collection and analysis.
616	S2: Null hypothesis choice and example simulated data
617	Power analysis of simulated data to show the impact of null hypothesis choice (null
618	continuum vs. white noise spectrum) for detecting periodicity.
619	S3: Species list from Lopé long-term phenology study
620	List of families ($n=26$), species ($n=70$) and individuals ($n=856$) observed as part of the
621	Lopé long-term phenology study included in Fourier analysis and summarised Fourier
622	outputs at the species level.
623	S4: Demonstration of Fourier analysis and comparison with other methods
624	Demonstration of Fourier analysis for three case study species - Antidesma vogelianum,
625	Pentadesma butyracea, Duboscia macrocarpa - and comparison with other common
626	methods for quantifying flowering phenology.
627	S5: GLM outputs
628	GLM outputs for effect of time series length on likelihood of detecting significant cycle
629	from all available field data and from power analysis of annually cycling species.
630	S6: R code for Fourier analysis of phenology

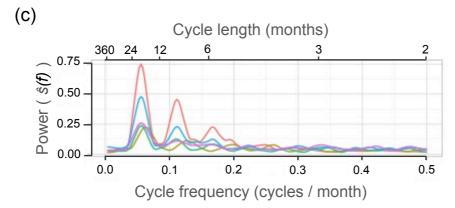
Supporting Information

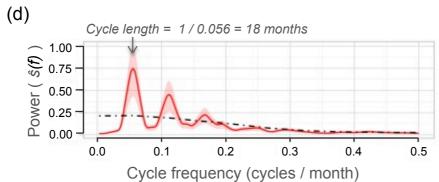
631 Table 1: Glossary to technical terms

Term	Definition
Bandwidth	The distance at which two peaks in the <i>periodogram</i> can be distinguished from each other,
	a quantitative measure of <i>resolution</i> . For example a bandwidth of 0.1 means that cycles can
	be distinguished from each other when the difference between their frequencies is at least
	0.1.
Circular mean	A mean value calculated for <i>circular data</i> where the arithmetic mean would be
	inappropriate. For example, the circular mean of 5° and 355° is 0° , in comparison to the
	arithmetic mean which is 180°.
Circular standard	A measure of dispersion calculated for <i>circular data</i> where the arithmetic standard
deviation	deviation would be inappropriate.
Circular data	Data from circular distributions (e.g. months, hours, directions etc.) where there is no true
	zero and "high" and "low" values are arbitrary (e.g. Figure 1a).
Co-Fourier analysis	Simultaneous <i>Fourier analysis</i> of two <i>time series</i> . Additional outputs include relative
	<i>phase difference</i> between the time series at every possible <i>cycle</i> (Figure 1e).
Cycle	A pattern of repeating events in a regular order
Cycle length /	The time taken for a whole <i>cycle</i> to repeat itself (e.g. number of months between repeating
Wavelength	flowering events)
Daniell kernel	A moving-average smoother used to eliminate fine detail from the <i>raw spectral estimate</i> to
	make the output more <i>stable</i> and easier to interpret (e.g. <i>smoothed spectral estimate</i> in
	Figure 1c)
Dominant cycle	The <i>cycle length</i> associated with the <i>dominant peak</i> .
Dominant peak	The point in the <i>spectral estimate</i> with highest <i>power</i>
Fourier analysis	Decomposition of a <i>time series</i> into a series of <i>sinusoidal</i> functions. The <i>power</i> of each
	cycle in the series can be used to identify dominant cycles (Figure 1c).
Frequency	The rate at which something occurs (e.g. number of flowering cycles per month or per year)
Null continuum	A <i>spectral estimate</i> , derived from the data series, that has been smoothed extensively so
	that only the underlying shape remains, and no fine detail can be identified (Figure 1d).

Periodogram	The visual output of the <i>spectral estimate</i> derived from <i>Fourier analysis</i> (Figure 1c-d)
Phase difference	The distance between the peaks in two <i>cycles</i> of matching <i>frequency</i> and referenced in time
	(Figure 1e).
Power	The relative tendency of all possible <i>cycles</i> to appear in the data. Estimated in the <i>spectral</i>
	estimate and plotted in the y-axis of a periodogram (Figure 1c). Cycles not well supported
	by the data have low power, while cycles well supported by the data have high power
Radians	The standard unit of angular measures; 2π radians = 360° .
Raw spectral	The default output of <i>Fourier analysis</i> where all fine-scale structure is included, and can be
estimate	overly influenced by certain segments of the data.
Resolution	The ability to represent fine structure and distinguish between close peaks in the <i>spectral</i>
	estimate derived from Fourier , quantified as the bandwidth (Bloomfield 2000). Spectral
	estimates with high resolution will show all peaks including minor ones, where as spectral
	estimates with very low resolution may show no peaks at all, but rather the general shape of
	the data (e.g. the <i>null continuum</i> in Figure 1d). Increased resolution reduces stability and
	visa versa.
Sinusoid / Sine wave	A smooth repeating pattern occurring every 2π radians (or 360°) (e.g. the simulated curve
/ Cosine wave	in Figure 1e).
Smoothed spectral	The output of <i>Fourier analysis</i> after a moving-average smoother is applied to the <i>raw</i>
estimate	spectral estimate (Figure 1c-d).
Spans	The user-specified widths of the <i>Daniell kernel</i> smoother, specifically how many data
	points are used to smooth the <i>spectral estimate</i> in each local window.
Spectral estimate /	The output of <i>Fourier analysis</i> showing the tendency of all possible <i>cycles</i> to appear in the
Spectrum	data, from twice the observation interval to the full length of the series (Figure 1c-d).
Stability	Extent to which small fluctuations in certain segments of the data influence the <i>spectral</i>
	estimate derived from Fourier. Greater stability reduces resolution and visa versa.
	(Bloomfield 2000).
Synchrony	The simultaneous occurrence of two or more events.







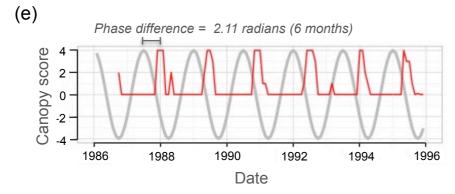
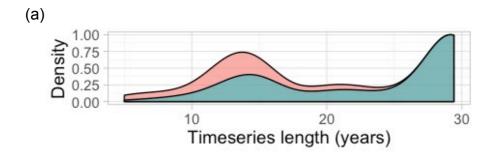
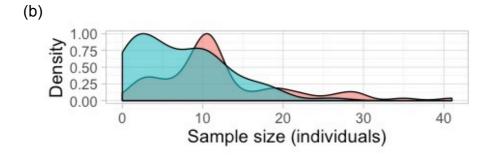


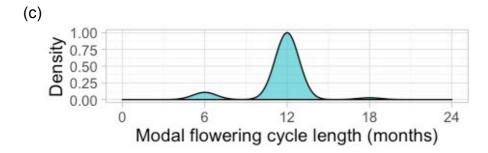
FIGURE 1: Using Fourier analysis to detect flowering phenology for a single species *Duboscia macrocarpa*.

a) Boxplots showing the proportion of individuals (n=11) in flower each month from 1986 to 2016. There is no obvious seasonal flowering pattern for this species.

638 b) *Time series* plots showing flowering canopy scores every month since 1986 to 2016 639 (five individuals shown as an example). There appears to be some regular flowering 640 cycles for individuals. 641 c) *Periodogram* displaying the *smoothed spectral estimates* (*bandwidth*=0.1) derived 642 from *Fourier analysis* for each individual flowering time series in (b). The x-axis of the 643 shows all possible cycle *frequencies* (from one cycle every two months to the full length 644 of the series). The y-axis shows the *power* of each cycle. The highest peak in each 645 **spectrum** occurs at a frequency of 0.056 cycles per month (indicating a flowering cycle 646 length of 18 months). d) Periodogram displaying smoothed spectral estimate derived from Fourier analysis 647 648 for the first flowering time series shown in (b) (red line). The 95% confidence intervals 649 for the spectral estimate (red shades) show that the *dominant peak* (grey arrow) at 650 0.056 cycles per month is different from the null hypothesis of no cyclicity (the null 651 continuum: black dashed line). We can be confident that the 18-month cycle is different 652 from surrounding noise and represents a real flowering cycle. 653 e) Demonstration of *co-Fourier* analysis to derive the relative phase of the flowering 654 cycle identified in (d). The flowering time series (red line) is decomposed alongside a 655 regular *cosine curve*, simulated to have the same *cycle length* as the flowering data (18 656 months) and by convention for our data peaking on the 1st January 1986 (grey line). The 657 *phase difference* (2.11 *radians*) between the two time series can be converted to time 658 (6 months). 659







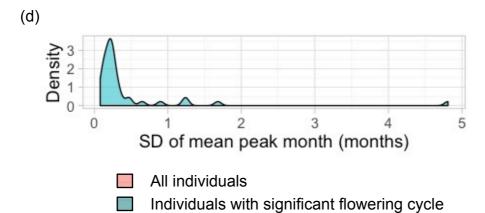


FIGURE 2: Summary of flowering phenology for all tree species monitored at Lopé NP, Gabon.

a) Density plot of time series' length for all individuals analysed (red, 856 individuals) compared to individuals with significant flowering cycles (blue, 509 individuals).

b) Density plot of number of individuals per species for all individuals (red, 856
 individuals, 70 species) compared to individuals with significant flowering cycles
 (blue, 509 individuals, 65 species).

- c) Density plot of most common flowering *cycle length* (mode) per species, for a subsample of 42 species, each more than five individuals with significant flowering cycles (458 individuals).
- d) Density plot of *synchrony* (standard deviation of mean peak month) per species, for a subsample of 39 species, each with more than five individuals with significant dominant cycle equal to the species modal cycle length (402 individuals).

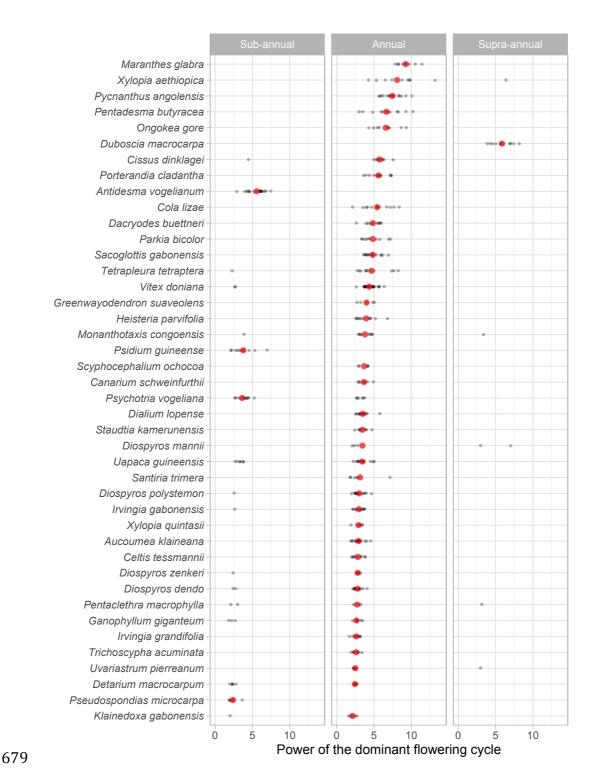
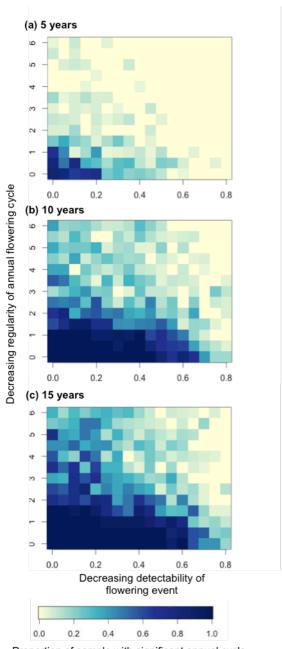


FIGURE 3: Inter- and intra-specific variation in flowering phenology for tree species monitored at Lopé NP, Gabon.

Cycle length (sub-annual, annual and supra-annual) and power for each individual (grey dots) and modal cycle length and mean power per species (red dots) from a sub-

- sample of 42 species with more than five individuals with significant flowering cycles(458 individuals).



Proportion of sample with significant annual cycle detected using Fourier analysis

FIGURE 4: Power analysis of simulated phenology data (n=10,000) to show the impact of data noise and length (5, 10 and 15 years; (a)-(c)) on likelihood of detecting cycles using Fourier analysis.

Noise simulated as cycle regularity (y-axis: standard deviation - 0.1: 6 - of mean month

of annual flowering event) and event detectability (x-axis: proportion – 0: 60% - of positive flowering events replaced by zeros).

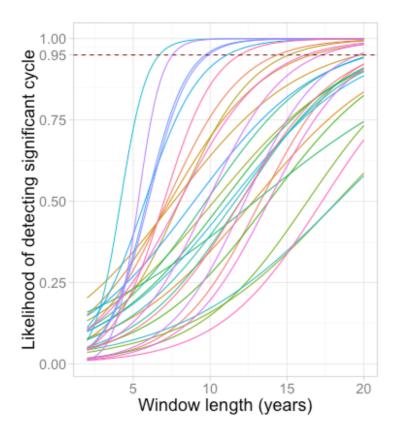


FIGURE 5: Power analysis of annually flowering phenology data from Lopé NP to show the impact of time series length (2-20 years window length) on cycle detection using Fourier analysis (10,000 random samples from 233 individuals of 30 species). Generalised linear model (GLM) predictions (family=binomial, link=logit) for each species (see S5, for species key and GLM outputs).