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1 **Defining the allometric relationship between size and individual fatty acid turnover in**
2 **barramundi *Lates calcarifer*.**

3

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14 **Abstract**

15 An experiment was conducted with barramundi (Asian seabass; *Lates calcarifer*) to examine
16 the allometric scaling effect of individual fatty acids. Six treatment size classes of fish were
17 deprived of food for 21 days (Treatment A, $10.5 \pm 0.13\text{g}$; Treatment B, $19.2 \pm 0.11\text{g}$;
18 Treatment C, $28.3 \pm 0.05\text{g}$; Treatment D, $122.4 \pm 0.10\text{g}$; Treatment E, $217.6 \pm 0.36\text{g}$;
19 Treatment F, $443.7 \pm 1.48\text{g}$; mean \pm SD) with each treatment comprising of fifteen fish, in
20 triplicate. The assessment of somatic losses of whole-body energy and lipid were consistent
21 with previous studies, validating the methodology to be extended to individual fatty acids.
22 Live-weight (LW) exponent values were determined to be 0.817 ± 0.010 for energy and
23 0.895 ± 0.007 for lipid. There were significant differences among the fatty acids ranging from
24 0.687 ± 0.005 for 20:5n-3 (eicosapentaenoic acid) and 0.954 ± 0.008 for 18:1n-9 (oleic acid).
25 The LW exponent values were applied to existing fatty acid intake and deposition data of
26 barramundi fed with either 100% fish oil or 100% poultry oil. From this the maintenance
27 requirement for each fatty acid was determined. The metabolic demands for maintenance and
28 growth were then iteratively determined for fish over a range of size classes. Application of
29 these exponent values to varying levels of fatty acid intake demonstrated that the biggest
30 driver in the utilisation of fatty acids in this species is deposition demand and despite their
31 reputed importance, the long-chain polyunsaturated fatty acids had nominal to no
32 maintenance requirement.

33 **Keywords:** Allometric scaling; maintenance; fatty acid; bioenergetics; LC-PUFA;
34 barramundi, Asian seabass.

35 1. Introduction

36 A range of different approaches have been used to predict or determine growth as well as
37 feed requirements based on the dynamic flow of nutrients in aquatic systems (Bar et al.,
38 2007; Cho and Bureau, 1998; Glencross, 2008; Lupatsch and Kissil, 1998; Machiels and
39 Henken, 1986). Predictive models started out as relatively simple approaches such as the
40 ubiquitous specific growth rate and thermal growth coefficient calculations; however,
41 progressive extensions of these models now exist that consider the many biological properties
42 of fish (Birkett and Lange, 2007; Dumas et al., 2010). In addition, mass-balance models have
43 also been developed and used in understanding specific nutrient and metabolite flows in a
44 range of model species (Cunnane and Anderson, 1997; Turchini et al., 2006; Turchini et al.,
45 2007) as well as a whole ecosystem approach (Sawyer et al., 2016).

46 There is a growing body of evidence regarding the essential fatty acid requirements of many
47 species generally determined by various forms *in vivo* feeding assessments (NRC, 2011). The
48 efficient utilisation of these fatty acids within an organism depends on a number of factors
49 and there are many complex interactions potentially affecting their utilisation efficiency
50 (Glencross, 2009; Tocher, 2015). Despite the numerous studies to date, relatively little is
51 known about the maintenance requirements and utilisation efficiencies associated with
52 specific fatty acids and how these may be used in nutrient modelling. An obvious step in the
53 refinement of factorial models is the incorporation of empirically derived utilisation
54 efficiency values. Recently, the marginal efficiency of long-chain polyunsaturated fatty acids
55 (LC-PUFA) was determined for barramundi (Asian seabass; *Lates calcarifer*) and differences
56 were clear among the fatty acids (Salini et al., 2015a). Maintenance requirements of protein,
57 lipid and energy typically described by linear equations of intake to gain ratios can give an
58 insight into the partitioning of production and maintenance costs (Bureau et al., 2006; NRC,
59 2011; Pirozzi et al., 2010). Similarly, it should be possible to determine estimates of
60 productivity for specific fatty acids using derived body weight scaling exponent values to
61 provide a size independent response (Bar et al., 2007; Glencross and Bermudes, 2011; White,
62 2011).

63 Bioenergetic modelling of the nutrient flows in barramundi has been extensively researched
64 and 'user friendly' simulation programs are used routinely (Glencross, 2008; Glencross and
65 Bermudes, 2010, 2011, 2012). One of the key assumptions and constraints in the application
66 of these models is that the live-weight (LW) exponent values are constant. Studies have

67 shown with barramundi, over a range of normal temperatures, that this is generally the case
68 for the energy, protein and lipid exponents (Glencross and Bermudes, 2011). However, it is
69 assumed that when broken down into constituent fatty acids the body weight exponents are
70 also equivalent to that of the lipid as a complete nutrient.

71 A further refinement of those factorial bioenergetic models could include consideration of the
72 individual fatty acids and potentially amino acids in order to better understand their
73 utilisation in terms of productivity on a size independent basis. Therefore, the aim of the
74 present study was to determine the allometric scaling effect of specific fatty acids in
75 barramundi for use in future bioenergetic studies. In addition, a re-evaluation of previously
76 published data is used to refine the fatty acid demands for maintenance and growth of
77 barramundi using *in silico* predictive modelling.

78

79 **2. Materials and Methods**

80 *2.1 Fish husbandry and management*

81 Juvenile barramundi (*Lates calcarifer*) were sourced from the Betta barra fish hatchery
82 (Atherton, QLD, Australia), originally from two shipments and on-grown to various sizes
83 using commercial feeds (Ridley Marine Float; Ridley Aquafeeds). The fish were graded
84 multiple times during on-growing phase in order to generate an appropriate range of size
85 classes. Before commencement of the experiment the fish were individually weighed on an
86 electronic balance and sorted into a series of experimental tanks (600 L). Each tank was
87 alimented with heated flow-through seawater (3L/min) and maintained at a temperature of
88 30.0 ± 0.2 °C and dissolved oxygen of 6.6 ± 0.3 mg/L, under fluorescent lighting 12L:12D.
89 At the beginning of the experiment each of the tanks held fifteen fish. The six treatment size
90 classes were randomly distributed among the tanks with each treatment having three replicate
91 tanks (Treatment A, 10.5 ± 0.13 g; Treatment B, 19.2 ± 0.11 g; Treatment C, 28.3 ± 0.05 g;
92 Treatment D, 122.4 ± 0.10 g; Treatment E, 217.6 ± 0.36 g; Treatment F, 443.7 ± 1.48 g). The
93 fish were then fasted for 21 days. Whole fish samples were collected prior to and after fasting
94 from each of the treatment size classes and frozen at -20 °C before laboratory analysis.
95 Ethical clearance was approved for the experimental procedures by the CSIRO animal ethics
96 committee (Approval A3/2015).

97 *2.2 Laboratory analysis*

98 The initial and final fish were processed using the following methods. The frozen whole fish
99 were passed through a commercial meat mincer (MGT – 012, Taiwan) twice to obtain a
100 homogeneous mixture. A sample was taken for dry matter analysis and another sample was
101 freeze-dried until no further loss of moisture was observed (Alpha 1-4, Martin Christ,
102 Germany). Dry matter was calculated by gravimetric analysis following oven drying at 105°C
103 for 24 h. Crude protein was calculated after the determination of total nitrogen by organic
104 elemental analysis (CHNS-O Flash 2000, Thermo Scientific, USA), based on N x 6.25. Total
105 lipid content was determined gravimetrically following extraction of the lipids using
106 chloroform:methanol (2:1) following Folch et al. (1957). Gross ash content was determined
107 gravimetrically following loss of mass after combustion of a sample in a muffle furnace at
108 550 °C for 24 h. Gross energy was determined by adiabatic bomb calorimetry (Parr 6200
109 Calorimeter, USA). All methods were consistent with (AOAC, 2005).

110 Fatty acid composition was determined following the methods of Christie (2003). Lipids
111 were esterified by an acid-catalysed methylation and 0.3 mg of an internal standard was
112 added to each sample (21:0 Supelco, PA, USA). The fatty acids were identified relative to the
113 internal standard following separation by gas chromatography (GC). An Agilent
114 Technologies 6890N GC system (Agilent Technologies, California, USA) fitted with a DB-
115 23 (60m x 0.25mm x 0.15 µm, cat 122-2361 Agilent Technologies, California) capillary
116 column and flame ionisation detection was used. The temperature program was 50–175 °C at
117 25 °C /min then 175–230 °C at 2.5 °C /min. The injector and detector temperatures were set at
118 250 °C and 320 °C, respectively. The column head pressure was set to constant pressure mode
119 at 170 kPa using hydrogen as the carrier gas. The peaks were identified by comparing
120 retention times to the internal standard and further referenced against known standards (37
121 Comp. FAME mix, Supelco, PA, USA). The resulting peaks were then corrected by the
122 theoretical relative FID response factors (Ackman, 2002) and quantified relative to the
123 internal standard.

124 *2.3 Assessment of energy, lipid and fatty acid loss*

125 The assessment of somatic losses was based on the formula previously reported by Glencross
126 and Bermudes (2011):

$$127 \text{ Energy loss (kJ/day)} = \frac{W_i * E_i - W_f * E_f}{t}$$

128 Where the W_i and W_f are the initial and final weights of the fish respectively. E_i and E_f are
129 the initial and final energy content of the whole fish on a live-weight basis respectively. The
130 duration of the assessment is denoted as t . The determination of lipid and fatty acid loss was
131 calculated in the same way by substituting the appropriate E_i and E_f values with the
132 corresponding values for either lipid or fatty acids.

133 *2.4 Iteratively determined demands for fatty acids*

134 Maintenance demands for each fatty acid were calculated based on the multiplication of the
135 maintenance requirement by the regression of the transformed intake and deposition and then
136 the proportion of each fatty acid present in the whole body lipids following methodology
137 presented in Glencross (2008). Calculation and determination of fatty acid maintenance
138 requirements were previously reported in barramundi (Salini et al., 2015a). The fatty acid
139 gained was calculated as the mass of each fatty acid present in the lipid multiplied by the
140 predicted daily growth following the growth equation developed for barramundi (Glencross,
141 2008):

$$142 \quad \text{Gain (g/fish/d)} = (K + xT + yT^2 + zT^3) * (\text{weight})^{ax+b}$$

143 where K and b are constants and x , y , z and a are determined coefficients of the functional
144 growth response model. T is the temperature within an operating range of 16 to 39°C and
145 weight is the geometric mean weight of the fish in grams ($GMW=(W_{initial} \times W_{final})^{0.5}$). The
146 fatty acid requirement for growth was calculated as the fatty acid gained as a function of its
147 utilisation efficiency (Salini et al., 2015a). The total fatty acid demand is the sum of the
148 requirement for maintenance and growth.

149 *2.5 Statistical analysis*

150 All values are presented as mean \pm standard error of the mean (SEM) unless otherwise stated.
151 Energy, lipid and fatty acid losses were examined relative to the geometric mean weight in
152 grams of the initial and final fish from each treatment size class. All relationships were
153 examined using a power function ($y=aX^b$) or a logarithmic function ($y=b \ln(x)+a$). Microsoft
154 Excel (Microsoft Office 2007) was used to generate the equations and figures. A
155 bootstrapping approach was used to generate replications of exponent values of energy, lipid
156 and fatty acid loss in order to analyse the data statistically. Fatty acid exponents were then
157 analysed by one-way ANOVA using the RStudio package v.0.98.501. Levels of significance
158 were compared using Tukey's HSD test with significance defined as $P<0.05$.

159

160 **3. Results**

161 *3.1 Fish compositional changes*

162 The initial and final weights of the fish are presented in Table 1. In all size groups of fish
163 weight loss was between 12.9 % for the smallest fish to 5.3 % for the largest fish. The
164 condition factor was also lower in the fish after fasting. No fish died during the experiment.
165 The initial and final chemical composition of the fish were analysed and reported in Table 1.
166 The energy density of the barramundi of varying size before and after fasting was best fitted
167 to a power function with high R^2 values of 0.845 and 0.844 respectively (Fig. 1). There was a
168 decrease in the energy density of the fasted fish (Fig. 1). The lipid density of the barramundi
169 was best fitted to a logarithmic function with initial and final R^2 values of 0.711 and 0.744
170 respectively (Fig. 2). The logarithmic response after fasting appears to be driven by
171 Treatment F.

172 The individual fatty acid density of barramundi for each of the treatment size classes is
173 presented in Table 2 and the LC-PUFA density is plotted in Fig. 3. There was a general
174 increase in the fatty acid density with increasing size, concomitant with the lipid composition
175 of the fish (Table 1). The response after fasting was best fitted to a logarithmic function that
176 appears to be driven by the lipid content of Treatment F.

177 *3.2 Determination of metabolic live-weight exponents*

178 Somatic losses of energy, lipid and individual fatty acids were well described by the function
179 $a \cdot X^b$ (Table 3). A bootstrapping approach was used to generate replications of coefficient
180 (slope) and exponent values of energy, lipid and fatty acid loss. An energy live-weight (LW)
181 exponent of 0.817 was derived based on energy losses after fasting and the equation is
182 presented in Eqn. 1. Similarly, a lipid loss LW exponent of 0.895 was derived based on lipid
183 loss after fasting and the equation is presented in Eqn. 2. The relationships between fatty acid
184 losses and the geometric mean weight over the range of sizes in the present study are
185 presented in Fig. 4 (A and B).

186 Energy loss (kJ/fish/day) = $0.104(\pm 0.003) \cdot (\text{Live-weight})^{0.817(\pm 0.010)}$, $R^2 = 0.949$ (1)

187 Lipid loss (g/fish/day) = $0.002(\pm 0.000) \cdot (\text{Live-weight})^{0.895(\pm 0.007)}$, $R^2 = 0.985$ (2)

189 There was a significant difference in the derived LW exponent values for specific fatty acids
190 confirming that they are for most, different from that of the total lipid ($LW^{0.895}$). However,
191 there was no difference in the exponent values of 16:0 and 18:3n-3 (LNA) and 18:0 and
192 20:4n-6 (ARA) (Table 3). The LW exponent values for 22:6n-3 (DHA), 22:5n-3 (DPA) and
193 20:5n-3 (EPA), 0.792, 0.748 and 0.687 respectively, were all significantly lower than that of
194 lipid while 18:1n-9 was higher at 0.954 (Table 3). The weighted exponent values were
195 calculated and the sum of all fatty acids presented was equal to 0.854 ± 0.033 (Table 3; sum
196 not presented).

197 *3.3 Metabolic demands for fatty acids*

198 A re-evaluation of the marginal utilisation efficiencies of individual fatty acids using the fatty
199 acid LW exponents derived from the present experiment is presented in Table 4. This re-
200 evaluation was performed on data from three prior experiments (Glencross and Rutherford,
201 2011; Salini et al., 2015a; Salini et al., 2016). The linear equations of the marginal intake to
202 marginal gain ratio were extrapolated to zero ($0 = b(x) + a$) in order to obtain estimated
203 maintenance requirement values. In the first experiment, the LC-PUFA all produced negative
204 requirement values whereas all other shorter-chain length and more saturated fatty acids have
205 a determined requirement. In the subsequent studies, the marginal utilisation efficiencies for
206 ARA, EPA and DHA were higher, contrasting those of the first study. There was no
207 requirement value established for EPA and DHA, however there was a maintenance
208 requirement of $0.012 \text{ g/kg}^{0.880}/\text{d}$ determined for ARA.

209 Iteratively determined fatty acid maintenance, fatty acid gain, fatty acid for growth and total
210 requirements are presented in Table 5. For each of the size classes the values are presented
211 for barramundi fed either 100% fish oil or 100% poultry oil diets adapted from Salini et al.
212 (2015a).

213

214 **4. Discussion**

215 One of the key assumptions of nutritional modelling is that the allometric scaling exponent
216 values for biological variables ascribed to transform live-weight (LW) are constant
217 (Glencross and Bermudes, 2011; Lupatsch et al., 2003). In reality, exponent values for the

218 metabolic LW for energy in aquatic species usually fit around an average value of 0.80,
219 which has been adopted and used routinely (Bureau et al., 2002; Cho and Kaushik, 1990; Cui
220 and Liu, 1990; Lupatsch et al., 2003; NRC, 2011). Similarly for protein, a range of LW
221 exponents have been used to describe the allometric relationship and the value of 0.70 is
222 routinely used under normal physiological conditions (Lupatsch et al., 1998; Pirozzi et al.,
223 2010). Arguably the average of the weighted LW exponents for lipid and protein energy
224 should be equal to that of gross energy, therefore 0.90 can be ascribed to LW exponent of
225 lipid (Glencross and Bermudes, 2011). The development of predictive models of energy
226 transactions that also consider the individual compounds of nutrients rather than aggregates
227 of energy would help in understanding the discrete biochemical relationships that exist and
228 some attempts at compartmentalising these have been made in monogastric animals (Birkett
229 and Lange, 2007). However, these are not common in the literature or in practice for aquatic
230 species. The present study therefore investigated the allometric scaling effect of specific fatty
231 acids in barramundi held at a constant temperature.

232 In the present study, the assessment of somatic energy before and after fasting was highly
233 consistent with the study of Glencross and Bermudes (2011). This suggests that over the
234 variable size range of fish used in the present study and held at an optimal temperature,
235 fasting losses are quite predictable, further validating the methodology to be extended to
236 specific fatty acids. One caveat of the present study was that the size class selection of the
237 fish was limited to two initial shipments of fish that were held in stock aquaria and
238 subsequently graded. Therefore we cannot conclude on what may happen outside this range
239 or within the range if additional treatments were available. The increasing live-weight as a
240 function of energy and lipid density of the fish was best fitted to power and natural
241 logarithmic equations respectively. The lower than expected analytical values obtained for
242 lipid in Treatment F are likely related to the nutritional status of the fish prior to the
243 commencement of the study however there is no consistent explanation for this. Consistent
244 with other studies, the loss of lipid was concomitant to the loss of energy, confirming that
245 lipid is preferentially metabolised under fasting conditions in order to retain protein
246 (Glencross and Bermudes, 2011; Lupatsch et al., 1998).

247 The somatic losses determined in the present study were best described by power functions,
248 following the equation $y=a*X^b$, where a represents a temperature dependent coefficient, X is
249 the live-weight (LW) and b the scaling exponent. An important finding of the present study
250 was that the energy LW exponent value (0.817 ± 0.010) is consistent with the commonly

251 reported value of 0.80. This is an important finding as previous studies have found that even
252 slight variations in the reported exponent values can lead to substantially different outcomes
253 when applied to the determination of maintenance energy demands (Pirozzi, 2009). The lipid
254 exponent value of 0.895 ± 0.007 was also highly consistent with the values previously
255 described for barramundi (Glencross and Bermudes, 2011). One caveat of the present study
256 was that only a single temperature range was examined; however, it is reported that provided
257 barramundi are held within their normal temperature range then the values should be mostly
258 consistent (Glencross and Bermudes, 2011).

259 The fatty acid allometric scaling exponent values derived in the present study were
260 significantly different and ranged from 0.687 ± 0.005 for EPA to 0.954 ± 0.008 for 18:1n-9.
261 With the exception of ARA, all the LC-PUFA exponent values were significantly lower than
262 the more dominant shorter-chain length and more saturated fatty acids. The individual fatty
263 acids presented as weighted exponent values are also consistent with that of lipid as a
264 complete nutrient (0.854 ± 0.033 vs. 0.895 ± 0.007 respectively). The lower exponent values
265 recorded for the LC-PUFA suggest that there is likely to be a greater turnover of these fatty
266 acids in the juvenile fish indicating more specific biological demands. While the higher
267 exponents (eg. 18:1n-9) suggest there is less effect of size and lower biological demands for
268 those fatty acids. Additionally, the LC-PUFA with lower exponent values also have marginal
269 utilisation efficiencies that are considerably lower than other more dominant fatty acids
270 (Salini et al., 2015a). This lends further support to the theory that they are more biologically
271 important and that they are selectively retained in the tissues, corroborating evidence from
272 past studies in barramundi (Glencross and Rutherford, 2011; Salini et al., 2015c). Moreover,
273 the significance of LC-PUFA is also supported by their anti-inflammatory role in the
274 production of eicosanoids and specialised proresolving mediators (Bannenberg and Serhan,
275 2010; Rowley et al., 1995; Serhan, 2010).

276 The energy from metabolizable food in juvenile animals can only really be partitioned into
277 maintenance and growth as reproductive effort is essentially zero (Lucas, 1996; NRC, 2011).
278 Moreover, the concept of maintenance and growth demands are additive in terms of
279 productivity (Bureau et al., 2002; Clarke and Fraser, 2004). A range of data pools were used
280 in the analysis of the present study in order to iteratively determine the metabolic demands
281 for specific fatty acids in growing barramundi. The partial (marginal) efficiency values from
282 Salini et al. (2015a) were re-calculated with the newer exponent values derived in the present
283 study. The LW exponent of lipid (0.90) was applied to specific fatty acids and acknowledged

284 as an assumption in that earlier study. This re-calculation allowed a more accurate
285 determination of maintenance fatty acid demands given the acknowledged impact that this
286 transformation can have on the determination of that parameter (Pirozzi, 2009). We also
287 assessed the suitability of marginal efficiency values for ARA, EPA and DHA determined
288 from subsequent studies (Glencross and Rutherford, 2011; Salini et al., 2016). However these
289 values were inconsistent with those of Salini et al. (2015a) and not included in the final
290 analysis (Table 5). Reasons for these inconsistencies are likely to be due to the large
291 differences in the initial size of the fish and the feeding regime utilised.

292 The results of the present study demonstrate that the different fatty acids are utilised with
293 different efficiencies. However, contrary to what might be expected, the levels of LC-PUFA
294 required in barramundi fed a fish oil based diet are numerically higher than those fed a
295 poultry oil based diet. This apparent difference is driven largely by the deposition demands of
296 individual fatty acids rather than catabolism or other processes. Based on the demands
297 (requirements) for maintenance presented in Table 5, we could conclude that the LC-PUFA
298 requirements are negligible (Birkett and Lange, 2007). This conclusion may be more
299 generally applied to larger growing barramundi however, evidence suggests that essential
300 fatty acid requirements are more pronounced during the rapid growth phase of juveniles, and
301 virtually negligible at larger fish sizes (Salini et al., 2015c).

302 The relative contribution of the more dominant shorter-chain length and more saturated fatty
303 acids for the provision of energy is clear. This corroborates with data recently obtained in
304 barramundi where the monounsaturated and to a lesser extent saturated fatty acids 'spared'
305 LC-PUFA for deposition and were preferentially utilised as energy sources (Salini et al.,
306 2015b). This supports that the available lipids are partitioned into either those fatty acids
307 directed towards oxidative fates for generating energy or those directed towards other
308 downstream biological purpose such as eicosanoid production.

309 There are many potential assumptions in the application of energetic models (Glencross,
310 2008). The current allometric assessment only considers a single phenotypic parameter (live-
311 weight). Not surprisingly, past reports have concluded that temperature plays a key role in the
312 metabolism of ectotherms, including fish (Clarke and Fraser, 2004; Clarke and Johnston,
313 1999; Glencross and Bermudes, 2011; Pirozzi et al., 2010). With barramundi, Glencross and
314 Bermudes (2011) demonstrated that the allometric scaling over a range of temperatures did
315 change; however, the response was not dramatic under normal thermal conditions for the

316 species. Therefore, we assume that the effect of temperature would be minimised by using a
317 constant ‘optimal’ temperature of 30°C.

318 Additionally, there are many studies investigating the metabolic rate in animals and these
319 relationships with size can usually be described similarly using non-linear power equations or
320 variants of these (Clarke and Johnston, 1999; White, 2011). The assumption in the present
321 study is that the standard metabolic rate does not change under fasting conditions as this
322 could further impact the somatic losses incurred. There is evidence to suggest that in fish and
323 crustaceans, the standard metabolic rate is reduced by up to 50% during fasting and this is
324 due partly to decreased protein synthesis (O'Connor et al., 2000; Simon et al., 2015). Without
325 an estimation of oxygen consumption or another measure of standard metabolic rate, we
326 cannot conclude on what might happen on a temporal basis under fasting conditions.

327 The present study demonstrated that allometric scaling exponents of specific fatty acids
328 varied after food deprivation for 21 days in barramundi. The underlying assumption so far
329 has been that the scaling exponent of lipid (0.90) could be applied at a nutrient level to any
330 situation involving fatty acids, including the calculation of maintenance demands. The results
331 of the present study indicate that there are differences allometric scaling values of the
332 individual fatty acids and in the utilisation efficiencies of individual fatty acids, corroborating
333 evidence from past studies. After re-evaluating data from three separate experiments we have
334 concluded that the biggest driver in our understanding of LC-PUFA metabolism in
335 barramundi is that of deposition demand. Empirically based models should now attempt to
336 consider the energetic costs associated with the lipid metabolic pathway, as this would be the
337 logical progression of the current work.

338

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455

456 **Legends**

457 **Figure 1. Energy density of barramundi of varying live-weight before**
458 **(●=4.221(±0.010)x^{0.088(±0.001)}, R² = 0.845) and after (○=3.359(±0.011)x^{0.118(±0.001)}, R² = 0.844)**
459 **fasting for 21 days.**

460 **Figure 2. Lipid density of the barramundi of varying live-weight before**
461 **(●=0.807(±0.019)ln(x) + 2.312(±0.002), R² = 0.711) and after (○=0.981(±0.014)ln(x) –**
462 **0.083(±0.003), R² = 0.744) fasting for 21 days.**

463 **Figure 3. Fatty acid density (mg/g lipid) in barramundi of varying live-weight after**
464 **fasting for 21 days. Values were fitted to a logarithmic curve and equations are presented in**
465 **Table 2.**

466 **Figure 4. Fatty acid (A and B) loss in fasted barramundi of varying live-weight. Data are**
467 **(n=3) mean ± SEM. Values were fitted to a power function and equations are presented in**
468 **Table 3.**

469

470 **Table 1.** Performance parameters and chemical composition for initial and final barramundi of varying sizes. Data are presented as mean \pm SEM
 471 and composition data are presented on a wet-weight basis.

	Treatment A	Treatment B	Treatment C	Treatment D	Treatment E	Treatment F
<i>Biometric parameters</i>						
Initial weight (g/fish)	10.5 \pm 0.1	19.2 \pm 0.1	28.3 \pm 0.1	122.4 \pm 0.1	217.6 \pm 0.4	443.7 \pm 1.5
Final weight (g/fish)	9.2 \pm 0.1	17.3 \pm 0.1	25.6 \pm 0.1	114.3 \pm 0.1	206.5 \pm 0.3	420.0 \pm 1.0
Weight loss (g/fish)	1.4 \pm 0.1	1.9 \pm 0.0	2.7 \pm 0.2	8.1 \pm 0.2	11.1 \pm 0.2	23.7 \pm 1.6
Weight loss (%)	12.9 \pm 0.7	9.9 \pm 0.1	9.6 \pm 0.5	6.6 \pm 0.2	5.1 \pm 0.1	5.3 \pm 0.3
Condition initial*	1.2 \pm 0.0	1.2 \pm 0.0	1.3 \pm 0.1	1.2 \pm 0.0	1.2 \pm 0.1	1.2 \pm 0.0
Condition final*	1.1 \pm 0.0	1.0 \pm 0.0	1.1 \pm 0.1	1.1 \pm 0.0	1.1 \pm 0.1	1.1 \pm 0.0
<i>Initial composition</i>						
Dry matter (%)	24.4	24.4	27.2	27.2	29.7	30.9
Protein (%)	16.0	15.2	17.1	17.2	17.9	19.2
Ash (%)	3.8	3.8	3.7	3.1	4.1	4.8
Lipid (%)	3.8	4.0	6.0	6.3	7.2	6.4
Gross energy (MJ/kg)	5.1	5.2	6.2	6.5	7.0	6.9
<i>Final composition</i>						
Dry matter (%)	21.7 \pm 0.7	22.0 \pm 0.1	25.6 \pm 0.3	27.4 \pm 0.3	28.1 \pm 0.3	29.6 \pm 0.2
Protein (%)	15.1 \pm 0.6	15.4 \pm 0.1	16.7 \pm 0.4	17.6 \pm 0.5	18.2 \pm 0.3	18.5 \pm 0.1
Ash (%)	4.5 \pm 0.1	4.4 \pm 0.3	4.2 \pm 0.1	3.7 \pm 0.1	4.2 \pm 0.1	5.4 \pm 0.1
Lipid (%)	1.6 \pm 0.2	1.9 \pm 0.1	4.3 \pm 0.1	5.3 \pm 0.2	5.2 \pm 0.2	5.1 \pm 0.1
Gross energy (MJ/kg)	4.2 \pm 0.1	4.4 \pm 0.1	5.4 \pm 0.1	6.3 \pm 0.1	6.4 \pm 0.1	6.4 \pm 0.1

472 *Condition factor=weight/length³

473

474 **Table 2.** Fatty acid density in the fish (mg/g/fish) after 21 days of fasting. Data were fitted to logarithmic functions and presented as mean \pm
 475 SEM.

	Treatment A	Treatment B	Treatment C	Treatment D	Treatment E	Treatment F	Equation	R^2
16:0	30.0 \pm 1.0	35.1 \pm 0.7	66.0 \pm 2.9	97.9 \pm 0.5	94.8 \pm 0.9	99.1 \pm 0.3	$y=19.728(\pm 0.101)\ln(x) - 9.833(\pm 0.398)$	0.883
18:0	10.8 \pm 0.4	11.6 \pm 0.2	18.6 \pm 0.8	28.1 \pm 0.3	27.0 \pm 0.4	27.2 \pm 0.1	$y=4.935(\pm 0.028)\ln(x) + 0.466(\pm 0.104)$	0.873
18:1n-9	39.3 \pm 0.5	47.8 \pm 0.2	90.0 \pm 4.0	164.3 \pm 0.3	161.0 \pm 0.4	147.8 \pm 0.1	$y=34.580(\pm 0.245)\ln(x) - 32.392(\pm 0.824)$	0.849
18:2n-6	14.0 \pm 0.0	17.3 \pm 0.1	28.2 \pm 1.1	57.9 \pm 0.1	58.3 \pm 0.5	51.9 \pm 0.1	$y=12.511(\pm 0.083)\ln(x) - 13.006(\pm 0.281)$	0.858
18:3n-3	1.3 \pm 0.3	1.8 \pm 0.1	3.5 \pm 0.0	5.8 \pm 0.2	5.9 \pm 0.2	5.0 \pm 0.2	$y=1.195(\pm 0.008)\ln(x) - 0.985(\pm 0.027)$	0.799
20:4n-6	2.6 \pm 1.8	2.5 \pm 0.9	2.6 \pm 0.1	3.6 \pm 1.3	4.2 \pm 2.9	3.1 \pm 2.4	$y=0.325(\pm 0.004)\ln(x) + 1.771(\pm 0.018)$	0.531
20:5n-3	4.1 \pm 6.2	5.0 \pm 1.6	8.6 \pm 0.3	9.0 \pm 5.5	8.8 \pm 7.2	10.1 \pm 5.0	$y=1.408(\pm 0.009)\ln(x) + 1.884(\pm 0.045)$	0.763
22:5n-3	3.3 \pm 1.1	3.7 \pm 0.4	5.5 \pm 0.1	6.5 \pm 0.9	6.3 \pm 1.4	7.1 \pm 0.6	$y=0.954(\pm 0.005)\ln(x) + 1.510(\pm 0.023)$	0.867
22:6n-3	13.9 \pm 4.4	15.2 \pm 1.0	20.2 \pm 0.5	22.2 \pm 2.7	21.7 \pm 4.7	21.8 \pm 1.8	$y=2.224(\pm 0.017)\ln(x) + 10.649(\pm 0.073)$	0.756

476

477

478 **Table 3.** Coefficient and exponent values derived from the power function ($y=aX^b$) of fatty acid loss over a wide range of fish sizes from ~10 g
 479 to ~440 g. Replication was derived by manually bootstrapping each individual value and presented as mean \pm SEM (n=18).

	Coefficient (<i>a</i>)	Exponent (<i>b</i>)	R^2	Weighted Exponent*
Energy	0.104 \pm 0.003	0.817 \pm 0.010	0.949	NA
Lipid	0.002 \pm 0.000	0.895 \pm 0.007 ^a	0.985	NA
16:0	0.346 \pm 0.010	0.890 \pm 0.024 ^a	0.992	0.208 \pm 0.012
18:0	0.107 \pm 0.003	0.876 \pm 0.010 ^b	0.991	0.061 \pm 0.004
18:1n-9	0.399 \pm 0.011	0.954 \pm 0.008 ^c	0.992	0.350 \pm 0.007
18:2n-6	0.182 \pm 0.005	0.915 \pm 0.009 ^d	0.992	0.120 \pm 0.003
18:3n-3	0.026 \pm 0.001	0.899 \pm 0.007 ^a	0.991	0.013 \pm 0.000
ARA	0.012 \pm 0.000	0.796 \pm 0.007 ^b	0.942	0.009 \pm 0.001
EPA	0.114 \pm 0.002	0.687 \pm 0.005 ^e	0.990	0.021 \pm 0.001
DPA	0.038 \pm 0.001	0.748 \pm 0.008 ^f	0.985	0.015 \pm 0.001
DHA	0.138 \pm 0.003	0.792 \pm 0.006 ^g	0.990	0.058 \pm 0.004
P value	NA	<2.2 ⁻¹⁶	NA	NA

480 NA, not analysed.

481 * Calculated as geometric mean weight of each fatty acid x exponent (*b*).

482

483 **Table 4.** Re-evaluation the marginal efficiency of fatty acid utilisation in barramundi. Data were transformed to LW exponent values determined
 484 from the present study. Maintenance requirements and intake to gain ratio for each fatty acid are presented.

Fatty acid	Slope	Intercept	R^2	Req [#]	1/k [*]
Salini et al., (2015)					
16:0	2.258	-0.536	0.712	0.237	0.443
18:0	1.539	-0.068	0.837	0.044	0.650
18:1	1.111	-0.178	0.951	0.161	0.900
LOA	0.821	-0.025	0.751	0.031	1.218
LNA	1.040	-0.010	0.881	0.010	0.962
ARA	0.192	0.005	0.427	-0.025	5.222
EPA	0.305	0.005	0.953	-0.017	3.279
DPA	0.340	0.008	0.783	-0.023	2.943
DHA	0.271	0.014	0.952	-0.050	3.693
Salini et al., (2016)					
ARA	0.919	-0.011	0.965	0.012	1.088
EPA	0.621	0.000	0.975	-0.000	1.610
Glencross and Rutherford, (2011)					
DHA	1.065	0.046	0.961	-0.043	0.939

485 # Maintenance requirement (g/kg^x/d) determined by extrapolation to $0 = b(x) + a$.

486 * Intake to gain ratio.

487

488 **Table 5.** Fatty acid demands in growing barramundi fed either 100% fish oil (FO) or 100% poultry oil (PO) diets maintained at 30°C.
 489 Calculations are based on the predictive growth models and utilisation efficiencies from published studies for this species.

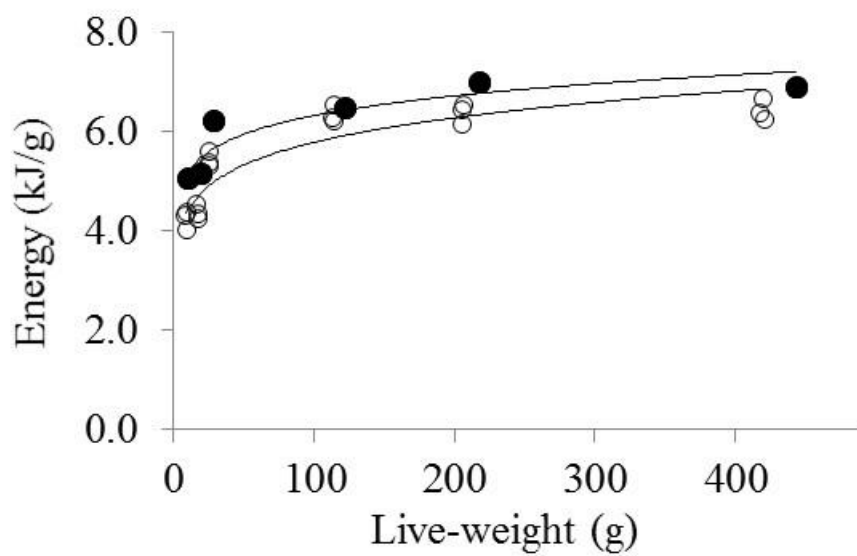
Fish live weight (g/fish)	50	100	500	1000	2000	50	100	500	1000	2000
Expected growth (g/day) ¹	2.13	2.88	5.81	7.85	10.61	2.13	2.88	5.81	7.85	10.61
<i>Diet</i> ²	FO	FO	FO	FO	FO	PO	PO	PO	PO	PO
<i>16:0 demands</i>										
16:0-maint (mg/fish/d) ³	0.004	0.007	0.030	0.055	0.103	0.004	0.007	0.027	0.051	0.094
16:0 gain (mg/fish/d) ⁴	0.028	0.042	0.108	0.163	0.245	0.025	0.038	0.099	0.150	0.225
16:0-growth (mg/fish/d) ⁵	0.012	0.018	0.048	0.072	0.109	0.011	0.017	0.044	0.066	0.100
16:0-total (mg/fish/d) ⁶	0.016	0.026	0.078	0.127	0.211	0.015	0.023	0.071	0.117	0.194
<i>18:0 demands</i> ⁷										
18:0-maint (mg/fish/d)	0.000	0.000	0.002	0.003	0.006	0.000	0.000	0.002	0.003	0.005
18:0 gain (mg/fish/d)	0.008	0.012	0.032	0.048	0.072	0.008	0.012	0.031	0.047	0.070
18:0-growth (mg/fish/d)	0.005	0.008	0.021	0.031	0.047	0.005	0.008	0.020	0.030	0.046
18:0-total (mg/fish/d)	0.005	0.008	0.022	0.034	0.052	0.005	0.008	0.022	0.033	0.051
<i>18:1 demands</i> ⁷										
18:1-maint (mg/fish/d)	0.003	0.006	0.027	0.051	0.099	0.004	0.007	0.032	0.062	0.120
18:1 gain (mg/fish/d)	0.038	0.057	0.148	0.222	0.335	0.046	0.069	0.179	0.269	0.406
18:1-growth (mg/fish/d)	0.034	0.051	0.133	0.200	0.302	0.041	0.062	0.161	0.242	0.365
18:1- total (mg/fish/d)	0.037	0.057	0.159	0.251	0.401	0.045	0.069	0.193	0.304	0.485
<i>18:2 demands</i> ⁷										
18:2-maint (mg/fish/d)	0.000	0.000	0.001	0.002	0.005	0.000	0.000	0.002	0.004	0.007
18:2 gain (mg/fish/d)	0.010	0.014	0.037	0.056	0.085	0.014	0.021	0.055	0.084	0.126
18:2-growth (mg/fish/d)	0.012	0.017	0.045	0.068	0.103	0.017	0.026	0.067	0.102	0.153
18:2-total (mg/fish/d)	0.012	0.018	0.047	0.071	0.108	0.018	0.026	0.069	0.105	0.160
<i>18:3 demands</i> ⁷										
18:3-maint (mg/fish/d)	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
18:3 gain (mg/fish/d)	0.001	0.001	0.004	0.005	0.008	0.002	0.002	0.006	0.009	0.013
18:3-growth (mg/fish/d)	0.001	0.001	0.003	0.005	0.008	0.001	0.002	0.006	0.009	0.013
18:3-total (mg/fish/d)	0.001	0.001	0.004	0.005	0.008	0.001	0.002	0.006	0.009	0.013

<i>ARA demands</i> ⁷										
ARA-maint (mg/fish/d)	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
ARA gain (mg/fish/d)	0.001	0.001	0.003	0.005	0.007	0.001	0.001	0.002	0.003	0.005
ARA-growth (mg/fish/day)	0.004	0.006	0.016	0.023	0.035	0.003	0.004	0.011	0.016	0.024
ARA-total (mg/fish/day)	0.004	0.006	0.016	0.024	0.036	0.003	0.004	0.011	0.016	0.024
<i>EPA demands</i> ⁷										
EPA-maint (mg/fish/d)	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
EPA gain (mg/fish/d)	0.005	0.007	0.018	0.027	0.040	0.001	0.001	0.003	0.005	0.008
EPA-growth (mg/fish/day)	0.015	0.022	0.058	0.087	0.131	0.003	0.004	0.011	0.017	0.025
EPA-total (mg/fish/day)	0.015	0.022	0.058	0.087	0.131	0.003	0.004	0.011	0.017	0.025
<i>DPA demands</i> ⁷										
DPA-maint (mg/fish/d)	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
DPA gain (mg/fish/d)	0.001	0.002	0.006	0.009	0.013	0.001	0.001	0.003	0.004	0.006
DPA-growth (mg/fish/day)	0.004	0.007	0.017	0.026	0.039	0.002	0.003	0.008	0.012	0.017
DPA-total (mg/fish/day)	0.004	0.007	0.017	0.026	0.039	0.002	0.003	0.008	0.012	0.017
<i>DHA demands</i> ⁷										
DHA-maint (mg/fish/d)	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
DHA gain (mg/fish/d)	0.005	0.007	0.019	0.029	0.043	0.002	0.003	0.008	0.012	0.018
DHA-growth (mg/fish/day)	0.018	0.027	0.070	0.106	0.159	0.008	0.011	0.029	0.044	0.067
DHA-total (mg/fish/day)	0.018	0.027	0.070	0.106	0.159	0.008	0.011	0.029	0.044	0.067

- 490 1 Modelled daily growth based on 30°C water temperature (Glencross, 2008; Glencross and Bermudes, 2012).
- 491 2 Data for the calculation of fatty acid demands were taken from previously published studies (Salini et al., 2015).
- 492 3 Maintenance digestible fatty acid requirements based on extrapolated values (Table 4), per exponent transformed fatty acid body weight (Table
- 493 3) and multiplied by the whole body fatty acids (g/kg/fish).
- 494 4 Fatty acid content of the modelled live-weight gain.
- 495 5 Digestible fatty acid demand based on the gain through modelled growth divided by the utilisation efficiency of that fatty acid.
- 496 6 Combined digestible demand for both maintenance and growth.
- 497 7 Refer to 16:0 demands.

498

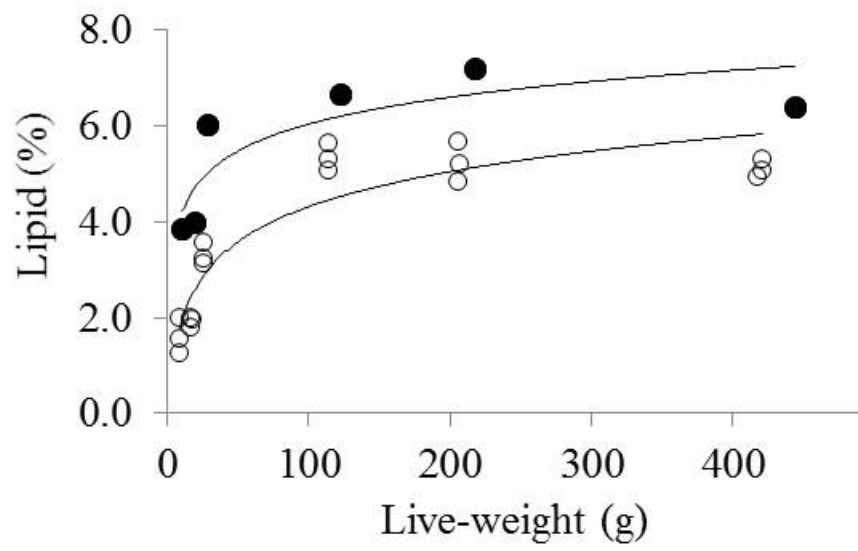
499 Figure 1



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502 Figure 2

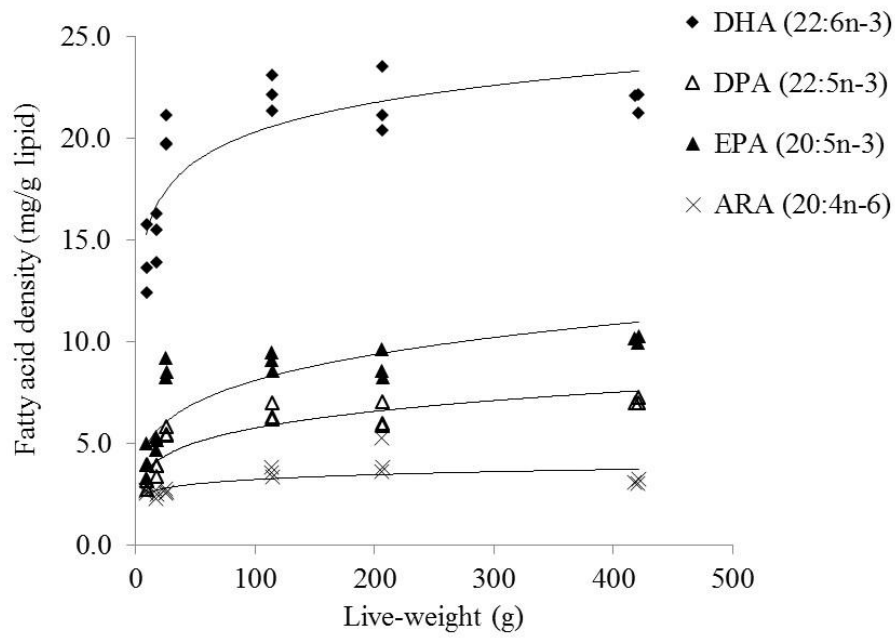


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506 Figure 3

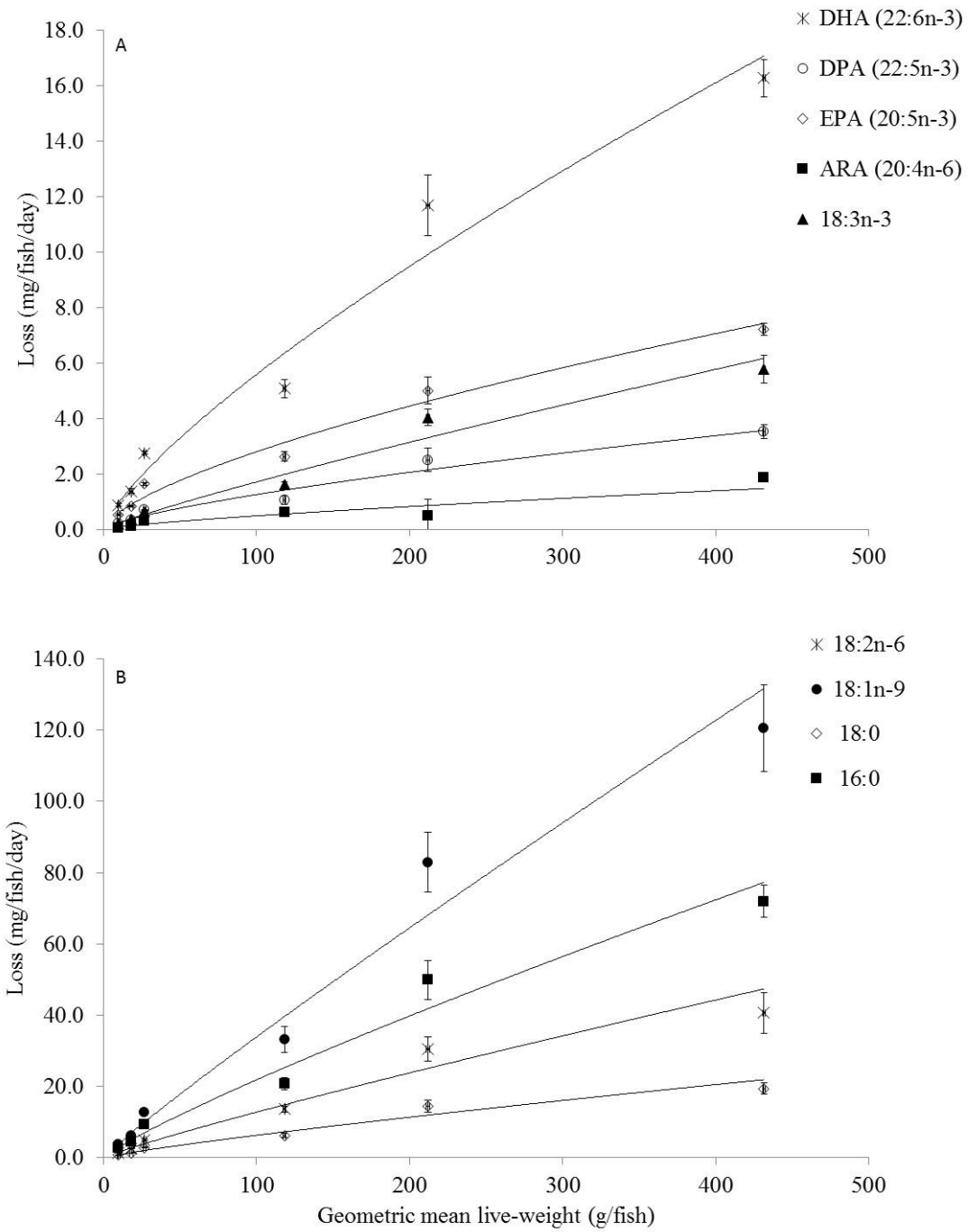


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510 Figure 4



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512