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1 **Variable Effects of Exposure to Formulated**
2 **Microbicides on Antibiotic Susceptibility in**
3 **Firmicutes and Proteobacteria**

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33 **ABSTRACT**

34 Microbicides are broad-spectrum antimicrobial agents that generally interact with multiple
35 pharmacological targets. Whilst they are widely deployed in disinfectant, antiseptic and
36 preservative formulations, data relating to their potential to select for microbicide or antibiotic
37 resistance have been generated mainly by testing the compounds in much simpler aqueous
38 solutions. In the current investigation, antibiotic susceptibility was determined for bacteria
39 that had previously exhibited decreased microbicide susceptibility following repeated
40 exposure to microbicides either in formulation with sequestrants and surfactants or in simple
41 aqueous solution. Statistically significant increases in antibiotic susceptibility occurred
42 for 12% of bacteria after exposure to microbicides in formulation *vs* 20% after exposure to
43 aqueous solutions, whilst 22% became significantly less susceptible to the antibiotics,
44 regardless of formulation. Of the combinations of bacterium and antibiotic for which British
45 Society for Antimicrobial Chemotherapy breakpoints are available, none became resistant.
46 Linear modeling, taking into account phylogeny, microbicide, antibiotic and formulation
47 identified small but significant effects of formulation that varied depending on bacterium and
48 microbicide. Adaptation to formulated benzalkonium chloride in particular was more likely to
49 increase antibiotic susceptibility than the simple aqueous solution. In conclusion, bacterial
50 adaptation through repeated microbicide-exposure was associated with both increases and
51 decreases in antibiotic susceptibility. Formulation of the microbicide to which the bacteria had
52 previously adapted had an identifiable effect on antibiotic susceptibility but this was typically
53 small relative to the differences observed among microbicides. Susceptibility changes
54 resulting in resistance were not observed.

55

56 **INTRODUCTION**

57 Microbicides are broad-spectrum antimicrobial compounds that are widely deployed to
58 control the growth of microorganisms or eliminate them. Applications include the control of
59 biofouling and microbial contamination in industry (1) as well as clinical antisepsis (2-4).
60 They are also used extensively in the domestic environment as hygiene adjuncts and
61 preservatives in a range of formulations including oral care products (5), hand sanitizers (6)
62 and hard surface cleaners (7).

63 The safety of certain microbicide applications has been questioned due to the possibility that
64 long-term microbicide exposure could select for reduced antimicrobial susceptibility in
65 bacteria (8-10). Reduced microbicide susceptibility has been reported for some combinations
66 of bacterium and microbicide (11) and changes in bacterial susceptibility to chemically

67 unrelated antimicrobials such as antibiotics or other microbicides have been reported
68 following laboratory microbicide exposure (12, 13). The mechanisms involved in such cross-
69 resistance include selection for mutations in shared cellular target sites, upregulation of efflux
70 pumps (14), reductions in cell permeability (15) and in some cases, sporulation (16).

71 Evidence that microbicides can select for reduced microbicide susceptibility in the
72 environment is limited, with the majority of reports relating to *in vitro* exposure (17).

73 Similarly, little evidence has emerged to firmly link microbicide/antibiotic cross-resistance to
74 microbicide use (18-21). The majority of studies aiming to better understand the potential
75 risks of resistance through microbicide exposure have exposed bacteria to microbicides in
76 aqueous solution with or without the addition of co-solvents such as dimethyl sulfoxide (22)
77 or ethanol (23). In real use however, microbicides are deployed in products formulated with
78 surfactants, sequestrants and other compounds that can interact with cellular targets to
79 influence antimicrobial potency. As previously reported, such formulation can decrease the
80 frequency and extent of the acquisition of reduced microbicide susceptibility in bacteria (24).

81 Accordingly, evaluating the effects of bacterial exposure to microbicides within a formulation
82 chassis containing surfactants and sequestrants may generate more realistic data on which to
83 base risk assessments on the induction of changes in bacterial susceptibility. In the current
84 investigation we have therefore assessed changes in antibiotic susceptibility in bacteria which
85 have previously exhibited decreases in microbicide susceptibility following repeated exposure
86 to a range of microbicides in simple aqueous solutions and in formulations containing
87 commonly used non-ionic surfactants and sequestrants (24). The microbicides tested reflect
88 those frequently used in consumer products such as laundry detergents, hard surface
89 disinfectants and personal care products. The antibiotics were selected on the basis of their
90 common therapeutic use and their inclusion in a US investigation of links between domestic
91 microbicide use and antibiotic resistance (25).

92 **MATERIALS AND METHODS**

93 **Bacteria.** *Pseudomonas aeruginosa* ATCC 9027, *Staphylococcus aureus* ATCC 6538,
94 and *Escherichia coli* ATCC 25922 were obtained from Oxoid (Basingstoke, United
95 Kingdom). *Acinetobacter baumannii* MBRG15.1, *Pseudomonas putida* MBRG15.2,
96 *Escherichia coli* MBRG15.4 and *Cronobacter sakazakii* MBRG15.5, were isolated from a
97 domestic kitchen drain biofilm. *Enterococcus faecalis* MRBG15.6 is a wound isolate provided
98 by Angela Oates, The University of Manchester.

99 **Chemicals reagents and growth media.** Bacteriological growth media were
100 purchased from Oxoid (Basingstoke, United Kingdom). All other chemical reagents were
101 purchased from Sigma-Aldrich (Dorset, United Kingdom) unless otherwise stated. Bacterial
102 growth media were sterilized at 121°C and 15 lb/in² for 15 min prior to use. *Pseudomonas*
103 *aeruginosa*, *Staphylococcus aureus*, *Escherichia coli*, and *Enterococcus faecalis* were
104 cultured on Tryptone Soy agar and broth. *Acinetobacter baumannii*, *Pseudomonas putida* and
105 *Cronobacter sakazakii* were grown on Wilkins Chalgren agar and broth containing 2%
106 sucrose. All bacteria were incubated aerobically at 37°C for 18 h unless stated otherwise.

107 **Antimicrobials.** The microbicides benzalkonium chloride (BAC), chlorhexidine
108 digluconate (CHX 20% v/v), thymol and triclosan were purchased from Sigma-Aldrich
109 (Dorset, UK). Didecyldimethyl ammonium chloride (DDAC 50% v/v) was purchased from
110 Merck Millipore (Durham, UK). Vantocil (a 20% v/v aqueous solution of polyhexamethylene
111 biguanide (PHMB) was obtained from Arch Chemicals Inc. (Manchester, UK). Glydant (1,3-
112 Dimethylol-5,5-dimethylhydantoin; DMDM hydantoin at 54% v/v) was obtained from Lonza
113 (Bishops Stortford, UK) whilst benzisothiazolinone (BIT) was supplied by Unilever (Port
114 Sunlight, UK). All microbicides were prepared in aqueous solution or added to a microbicide-
115 free formulation chassis containing sequestrants and surfactants as previously described (24),
116 at concentrations reflective of their normal deployment in consumer products. BAC, CHX,

117 DDAC, DMDM hydantoin, PHMB and thymol were prepared at 1% (v/v) in a general
118 purpose cleaner. Triclosan was added to a laundry detergent at 0.0066% (w/v).
119 Benzisothiazolinone was formulated into a laundry detergent at 0.02% (v/v). Ciprofloxacin
120 (1µg), cephalothin (20µg), ampicillin (10µg), kanamycin (5µg) and tetracycline (10µg)
121 antibiotic discs were obtained from Oxoid (Basingstoke, UK).

122 **16S rRNA gene sequencing.** Single bacterial colonies were dispersed in 100µl of
123 nanopure water, vortexed for 30 sec. and boiled at 100°C for 15min. to lyse cells.
124 Microcentrifuge tubes were centrifuged at 16, 000 x g for 1 min to remove cellular debris and
125 the resulting supernatant was retained as DNA template. PCR was performed using the
126 primers 8FLP (5'-GAG TTT GAT CCT GGS TCA G-3') and 806R (5'-GGA CTA CCA
127 GGG TAT CTA AT-3') at 5µM per reaction. PCR was conducted using a Biometra
128 TGradient thermocycler (Analytik Jena, Germany) and run for 35 thermal cycles: 94°C (1
129 min), 53°C (1 min) and 72°C (1min). A 15 min. elongation step was included in the final
130 cycle. PCR products were purified using a QIAquick PCR purification kit (Qiagen, West
131 Sussex, UK) according to manufacturer's instructions and the resulting DNA yield was
132 quantified using a NanoDrop 2000c UV-vis spectrophotometer (Thermo Scientific,
133 Wilmington, USA). A reaction mixture containing 4pM forward or reverse primer and 40-
134 50ng of DNA in 10µl total volume was used for DNA sequencing. DNA sequencing was
135 performed using the Applied Biosystems 3730 DNA Analyzer (ThermoFisher, Paisley, UK).

136 **Microbicide exposure in aqueous solution and formulation.** A system previously
137 validated as highly selective for changes in antimicrobial susceptibility (26, 27) was used.
138 Reproducible *c.* 100-fold-concentration gradients of the antimicrobial compounds were
139 generated on Tryptone Soy or Wilkins Chalgren agar plates using an automated spiral plater
140 (Don Whitley Scientific, Shipley, United Kingdom). Antimicrobials in aqueous solution or in
141 formulation (50µl) were deposited on the agar surface. Plates were dried for 1h at room

142 temperature prior to radial deposition of bacterial pure cultures and then incubated (4d; 37°C)
143 in an aerobic incubator. After incubation, growth observed at the highest microbicide
144 concentration was aseptically removed and streaked onto a fresh plate containing the same
145 antimicrobial compound concentration gradient. Where growth was observed across the
146 whole antimicrobial gradient, a new plate produced with a 5-fold-higher microbicide
147 concentration was used. This process was repeated until 14 passages had occurred (P14).
148 Bacteria at P0 and P14 were archived for subsequent susceptibility testing.

149 **Determination of antibiotic susceptibility.** Bacteria showing ≥ 4 -fold increases in
150 minimum bactericidal concentration (MBC) after microbicide/formulation exposure were
151 investigated for changes in antibiotic susceptibility. Antibiotic susceptibilities were
152 determined for ciprofloxacin (1 μ g), cephalothin (20 μ g), ampicillin (10 μ g), kanamycin (5 μ g)
153 and tetracycline (10 μ g). Disc diffusion assays were performed according to the British
154 Society for Antimicrobial Chemotherapy (BSAC) disc diffusion method for antimicrobial
155 susceptibility testing (28).

156 **Statistical analyses.** Antibiotic zone of inhibition sizes were compared before and
157 after adaptation to microbicides using Mann-Whitney U tests and in the cross-resistance
158 assays using linear mixed effect models (LMMs). LMMs were required to simultaneously
159 compare and account for the effects on the inhibition zone of: a) microbicidal environment to
160 which the bacterium was adapted, b) the antibiotic against which it was tested and c) the
161 interaction of microbicidal environment and antibiotic (each fitted as fixed effects) plus d) the
162 different bacteria (fitted as a random effect), allowing the variation among bacteria to differ
163 for different antibiotics. Initial models with this structure violated the statistical assumptions
164 of normality of residuals and homogeneity of variance. Box-Cox transformation indicated that
165 a transformation with a power of 0.5 (square root) was approximately optimal to address the
166 non-normality and was therefore used. A wide range of different models accounting for non-

167 homogeneity of variance in response to different variables was tested. Models allowing
168 different variances for different bacteria and different variances for different microbicidal
169 environments were superior to all others tested (lowest Akaike information criterion). To
170 account for the fact that closely related bacteria are likely to respond more similarly than
171 others just through having a more recent common ancestor, a correlation term was included
172 based on the 16S-based phylogenetic tree of the strains used. Testing different weightings on
173 this correlation term (Pagel's λ (29)) determined that a Brownian model (i.e. Pagel's $\lambda = 1$)
174 was best. In addition, a LMM was fitted for the subset of data involving microbicides where
175 bacteria were tested that had adapted to both formulated and unformulated versions of the
176 microbicidal environment. In this case, accounting for non-homogenous variance was best
177 done by allowing different variances for different microbicidal environments and for variance
178 to increase at higher values according to the formula $e^{(0.65 * \text{zone of clearance value})}$. All models were
179 fitted using the NLME package (Version 3.1) (30) in R version 3.2 (31) with phylogenetic
180 correlation structures created using the APE package (version 3.3) (32). Where p-values are
181 not explicitly given, statistical significance was deemed to be $p < 0.05$.

182 **RESULTS**

183 After exposure to microbicides in simple aqueous solution, out of 90 possible combinations of
184 bacterium and antibiotic, 22% significantly ($P < 0.05$) reduced in antibiotic susceptibility (8%
185 towards ciprofloxacin, 6% to ampicillin, 4% to kanamycin, 2% to tetracycline and 2% to
186 cephalothin). In comparison, 20% significantly increased in antibiotic susceptibility (6%
187 towards ciprofloxacin, 4% to kanamycin, 4% to tetracycline, 3% to cephalothin and 2% to
188 ampicillin). After exposure to the formulated microbicides, out of 50 possible combinations of
189 bacterium and antibiotic, 22% significantly decreased in antibiotic susceptibility (6%
190 ciprofloxacin, 6% kanamycin, 4% cephalothin and 4% tetracycline and 2% ampicillin). In
191 comparison, 12% significantly increased in antibiotic susceptibility (8% ciprofloxacin 2%

192 kanamycin and 2% tetracycline). Importantly, whilst statistically significant increases and
193 decreases in antibiotic susceptibility occurred, generation of resistance as defined by BSAC
194 breakpoints was not observed in any previously susceptible bacterium.

195 The frequency of reduction in antibiotic susceptibility was highest in organisms exhibiting
196 previously reduced susceptibility towards DMDM hydantoin (80%), followed by BAC, CHX,
197 DDAC (20%), triclosan (20%) and PHMB (16%). Bacteria with reduced susceptibility to
198 triclosan showed the highest frequency of increased antibiotic susceptibility (45%), followed
199 by CHX (30%), DDAC (27%), DMDM hydantoin (20%) and PHMB (4%). In comparison,
200 after exposure to the formulations, 27% of thymol formulation and 20% of DDAC
201 formulation-adapted isolates exhibited increased antibiotic susceptibility, whilst 40% of
202 DDAC formulation, 33% of thymol formulation, 10% of BAC formulation and 7% of PHMB
203 formulation-adapted bacteria had significantly decreased antibiotic susceptibility. The
204 following section details the effects of each microbicide on antibiotic susceptibility.

205 **Benzalkonium chloride.** When comparing unexposed to BAC-adapted organisms
206 there was a significant decrease in susceptibility of *S. aureus* to ciprofloxacin and kanamycin
207 (Table 1). *E. coli* also showed a significant reduction in kanamycin susceptibility after
208 exposure to BAC. After repeated exposure to BAC formulation *S. aureus* showed a
209 significantly decreased susceptibility to ciprofloxacin (Table 1).

210 **Chlorhexidine.** *S. aureus* showed a significant decrease in susceptibility to ampicillin
211 and ciprofloxacin after CHX exposure as well as an increase in susceptibility to tetracycline
212 (Table 1). *E. coli* demonstrated increased susceptibility to ciprofloxacin and ampicillin after
213 repeated exposure to chlorhexidine.

214 **Didecylmethyl ammonium chloride.** After exposure to DDAC, *A. baumannii*
215 showed a significant increase in susceptibility to ciprofloxacin and kanamycin and decreased
216 susceptibility to tetracycline when compared to the bacterium before microbicide exposure

217 (Table 1). Increased susceptibility to ciprofloxacin, kanamycin and cephalothin was observed
218 for the *E. coli* drain isolate, whilst a significant reduction in tetracycline susceptibility was
219 also evident in this bacterium. After exposure to DDAC in formulation, the *E. coli* drain
220 isolate underwent a significant reduction in kanamycin, cephalothin, tetracycline and
221 ampicillin susceptibility, and an increase in susceptibility to ciprofloxacin. *P. aeruginosa*
222 showed a significant increase in ciprofloxacin susceptibility after long-term exposure to
223 DDAC formulation (Table 1).

224 **DMDM hydantoin.** After repeated exposure to DMDM hydantoin the *E. coli* drain
225 isolate demonstrated a significant reduction in ciprofloxacin, kanamycin, cephalothin and
226 ampicillin susceptibility and an increase in tetracycline susceptibility when compared to its
227 pre-exposed counterpart (Table 1).

228 **Polyhexamethylene biguanide.** Following adaptation to PHMB, the *E. coli* drain
229 isolate exhibited a decrease in kanamycin and ciprofloxacin susceptibility (Table 1). *S. aureus*
230 developed a significantly reduced susceptibility to ampicillin and ciprofloxacin after repeated
231 PHMB exposure but higher tetracycline susceptibility when compared to the unexposed
232 parent strain. After exposure to PHMB formulation *S. aureus* also showed a significant
233 reduction in ciprofloxacin susceptibility.

234 **Thymol.** None of the test bacteria demonstrated a significant change in antibiotic
235 susceptibility after exposure to thymol in aqueous solution. Following exposure to the
236 thymol-containing formulation however, *P. putida* underwent significant decreases in
237 susceptibility to ciprofloxacin and kanamycin (Table 1), whilst *E. coli* showed significant
238 increases in ciprofloxacin and cephalothin susceptibility but decreases in susceptibility to
239 kanamycin and tetracycline. *A. baumannii* increased in susceptibility to ciprofloxacin,
240 kanamycin and tetracycline compared to its unexposed counterpart (Table 1).

241 **Triclosan.** Following exposure to triclosan, *S. aureus* exhibited significant reductions
242 in ciprofloxacin and ampicillin susceptibility whilst susceptibility to kanamycin, tetracycline
243 and cephalothin increased (Table 1). *E. coli* showed increased susceptibility to ampicillin and
244 ciprofloxacin for this bacterium after triclosan exposure, whilst the *E. coli* drain isolate
245 showed decreased ciprofloxacin susceptibility but increased cephalothin susceptibility, when
246 compared to the parent strain. Comparatively *C. sakazakii* showed a significant increase in
247 ciprofloxacin, cephalothin and kanamycin susceptibility, and a decrease in ampicillin
248 susceptibility after repeated triclosan exposure (Table 1).

249 To gain an overview of the statistical significance of the observed changes in antibiotic
250 susceptibility and ask whether it was possible to identify consistent patterns in susceptibility,
251 linear mixed-effects models were fitted for how the susceptibility to particular antibiotics
252 varied, dependent on the antibiotic in question, the bacterium and the microbicidal
253 environment previously adapted to. A highly significant interaction ($F_{40, 298} = 15, P < 2 \times 10^{-16}$)
254 ¹⁶) indicative of different responses to particular antibiotics dependent on the microbicidal
255 environment to which the organism had previously adapted (Fig. 1) was observed. Bacterial
256 strains differed most in their response to ampicillin (standard deviation among strains = 5.1)
257 and least in their response to tetracycline (standard deviation among strains = 2.7), with the
258 responses of different strains to some antibiotics being associated either positively
259 (cephalothin and ampicillin, $r = 0.95$) or negatively (ciprofloxacin and ampicillin, $r = -0.28$),
260 (Table 2).

261 Data presented in Fig. 1 indicate differences in the antibiotic susceptibility of organisms
262 previously adapted to either formulated or unformulated microbicides. The differences in
263 susceptibility changes observed between microbicides in simple aqueous solution or in
264 complex formulation were highly significant (likelihood ratio test of the full model against a

265 model treating formulated and unformulated versions of microbicides as equivalent: $LR_{88,70} =$
266 $61, P = 8.6 \times 10^{-10}$). To test whether there was any consistent effect of formulation; a second
267 linear mixed-effects model was created for the subset of the data where strains had adapted to
268 both formulated and unformulated versions of the same microbicide (PHMB, BAC and
269 DDAC). This indicated that the way bacteria adapted to formulated versus non-formulated
270 versions of a microbicide depended on the microbicide in question ($F_{2, 145} = 4.5, P = 0.012$),
271 although that did not vary significantly among the antibiotics ($F_{8, 145} = 0.70, P = 0.69$). The
272 effect of formulation was specific to BAC, with formulation giving a small increase in the
273 antibiotic susceptibility of microbes adapted to it (Fig. 2).

274

275 **DISCUSSION**

276 Investigations into the potential of microbicides to select for reduced microbicide
277 susceptibility in bacteria and induce cross-resistance to antibiotics have been largely
278 conducted by evaluating susceptibility changes following exposure of bacteria to microbicides
279 in simple aqueous solution (17). In such experiments, susceptibility of the exposed bacteria
280 has been reported to decrease for certain combinations of bacterium and microbicide either
281 transiently or stably (26). In the real world however microbicides are deployed in complex
282 formulations containing sequestrants, surfactants and other compounds. Recent investigations
283 indicate that the formulation of microbicides can significantly enhance antibacterial potency
284 and that decreases in microbicide susceptibility after sub-lethal microbicide exposure may be
285 significantly lower in frequency and extent when the microbicides are incorporated into
286 formulations reflecting application in the real world (24, 33). This highlights the value of risk
287 assessments that more accurately reflect the way microbicides are deployed. In the current
288 investigation we have evaluated whether the formulation of microbicides additionally
289 mitigates the development of antibiotic insusceptibility in bacteria.

290 In order to investigate whether the formulation of microbicides affects cross-resistance to
291 antibiotics, we studied the induction of changes in antibiotic susceptibility in bacteria that had
292 been repeatedly exposed, using a highly selective system arguably representing a worst case
293 scenario, to microbicides in simple aqueous solution and in formulation with ingredients that
294 are used in consumer products such as laundry detergents, hard surface disinfectants and
295 personal care products (24). It should be noted that whilst the majority of microbicides tested
296 are widely used in domestic cleaning products, the use of triclosan in Europe is generally
297 restricted to applications where its utility is greatest, such as oral care.

298 Out of 288 microbicide-exposed bacteria, 28 organisms previously demonstrated a ≥ 4 -fold
299 decrease in microbicide susceptibility (18 organisms adapted to microbicides following
300 exposure to simple aqueous solutions and 10 to microbicides in formulation). These were
301 further evaluated for changes in antibiotic susceptibility in the current study. The difference in
302 the numbers of test bacteria between treatment groups results from the mitigating effects that
303 the formulation of microbicides had on the development of microbicide insusceptibility.
304 Increases in antibiotic susceptibility occurred at higher frequency following exposure to
305 simple solutions in comparison to formulations (20% v 12%) whilst 22% became significantly
306 less susceptible to the antibiotics regardless of formulation. Whilst both increases and
307 decreases in antibiotic susceptibility were observed in the test bacteria after exposure to
308 microbicide/formulation, no bacterium became resistant according to published BSAC
309 breakpoints.

310 Changes in antibiotic susceptibility varied between the test antibiotics, bacteria and the
311 microbicides that the bacteria had been previously adapted to, suggesting little correlative
312 effect between the different variables. One positive correlation was however observed
313 between the β -lactam antibiotics ampicillin and cephalothin (Table 2). In this case,

314 microbicide exposure could have altered alteration transpeptidase expression or otherwise
315 influenced cell wall permeability, subsequently impacting on the efficacy of these antibiotics
316 which target cell wall synthesis.

317 In some cases, bacterial antibiotic susceptibility was increased following microbicide
318 exposure. It is notable that such “cross-susceptibility” was associated with adaptation to at
319 least some microbicides for all antibiotics except ampicillin (Fig. 1). The phenomenon of
320 “cross-susceptibility” has been observed in several previous investigations (17, 22, 34, 35)
321 where links between antibiotics and decreased microbicide susceptibility in bacteria have
322 been demonstrated *in vitro* (14, 17). In a recent study, exposure of *Burkholderia cepacia* to
323 low concentrations of either CHX or BAC resulted in variable reductions in antibiotic
324 susceptibility (36). CHX exposure was reportedly associated with significant decreases in
325 susceptibility to ceftazidime, ciprofloxacin and imipenem, whilst short-term exposure to BAC
326 resulted in significant decreases in ceftazidime, ciprofloxacin and meropenem susceptibility.
327 These effects were however highly variable between biological replicates in a manner
328 suggestive of stochastic effects. In another recent investigation, six *S. aureus* strains including
329 methicillin-resistant *S. aureus* were repeatedly exposed to triclosan. Susceptibility to triclosan
330 was significantly decreased in all exposed bacteria, whereas antibiotic susceptibility was
331 significantly increased in the majority of cases. Whilst the reasons for cross-susceptibility
332 have not been elucidated, they are likely to include general fitness costs of adaptation and
333 transient cellular damage as previously hypothesized (37).

334 Mechanisms of cross-resistance have been more extensively investigated and include non-
335 specific reductions in cell permeability, active efflux of the compound from the bacterial cell
336 or acquired mutations in shared target sites (14, 17). Antibiotics such as aminoglycosides
337 enter the cell through a mechanism of self-promoted uptake (38) whereby they displace

338 cations in the bacterial cell envelope leading to the reorganisation of lipopolysaccharide,
339 which may facilitate antibiotic entry. This mechanism of self-promoted uptake mirrors that of
340 polymeric biguanides, such as PHMB and CHX (39) which has led to the question as to
341 whether any adaptation to reduce biguanide uptake may have a resulting effect on the uptake
342 of aminoglycosides into the bacterial cell. The current investigation included the evaluation of
343 any changes in susceptibility to the aminoglycoside antibiotic kanamycin in bacteria that had
344 previously shown reduced susceptibility to both CHX and PHMB. However, we found no
345 evidence of a systematic effect of this sort (indeed adaptation to CHX typically led to an
346 increase in susceptibility to kanamycin; Fig. 1) and only the PHMB adapted *E. coli* drain
347 isolate showed any significant reduction in antibiotic susceptibility (Table 1).

348 Cross-resistance between quaternary ammonium compounds (QACs), such as BAC and
349 DDAC and antibiotics has been attributed to the expression of broad-range efflux systems
350 capable of removing both the microbicide as well as certain antibiotics from the bacterial cell
351 (40-42). It has additionally been noted that genes encoding QAC-specific efflux pumps such
352 as *qacA/B* may be detected on plasmids bearing β -lactamases in certain clinical isolates,
353 suggesting another cause for correlation between QACs and penicillins, such as ampicillin
354 (43). Furthermore, the *qacE* gene has been detected in the 3' conserved sequence of certain
355 integrons found in multiple Gram-negative bacteria. Integrons often contain multiple
356 antibiotic resistance genes, and due to their high mobility, may allow the dissemination of
357 both QAC and antibiotic resistance genes through a population via horizontal gene transfer
358 (44). Our data indicate that 20% of bacterial isolates with reduced BAC and DDAC
359 susceptibility in addition to 40% and 10% of isolates with reduced DDAC or BAC
360 formulation susceptibility, were also significantly reduced in their antibiotic susceptibility.
361 Linear mixed effect modelling revealed that the formulation of BAC conferred a moderate
362 protective effect on the development of antibiotic cross-resistance (Fig. 2), possibly

363 suggesting a regulatory impact of the formulation excipients on the induction of the
364 aforementioned efflux mechanisms, due to non-specific effects on cell permeability or
365 through other cellular changes.

366 Triclosan exposure may select for mutations in the target enzyme *fabI*, an enoyl-acyl carrier
367 protein reductase that participates in bacterial fatty acid synthesis (45). There has been
368 concern over the induction of cross-resistance between triclosan and therapeutic agents that
369 also share this target enzyme, such as isoniazid used to treat *Mycobacterium tuberculosis*.
370 Cross-resistance between triclosan and certain antibiotics has been reported in *P. aeruginosa*
371 and is largely believed to be due to increased expression of the MexAB-OprM efflux system
372 (14). In the current investigation, data show reductions in ciprofloxacin susceptibility in *S.*
373 *aureus* and the *E. coli* drain isolate together with reductions in ampicillin susceptibility in *S.*
374 *aureus* and *C. sakazakii* after repeated triclosan exposure, which may potentially be mediated
375 through regulation of efflux or cell permeability.

376 Whilst the induction of cross-resistance between microbicides and antibiotics has been
377 previously investigated, little information is available concerning any effect of incorporation
378 of microbicides into formulations containing surfactants and sequestrants on antibiotic
379 susceptibility in adapted bacteria. Data presented here indicate that both decreases and
380 increases in antibiotic susceptibility can occur in bacteria following exposure to microbicides
381 in simple solution and in formulations using a highly selective system. A rigorous statistical
382 analysis demonstrated that formulation significantly affected the development of cross-
383 resistance but that this was variable with the only consistently identified formulation effect
384 being a small increase in susceptibility across antibiotics in strains adapted to the formulated,
385 relative to the unformulated version of the microbicide benzalkonium chloride.

386 In conclusion, whilst both increases and decreases in antibiotic susceptibility were observed in
387 microbicide and formulation adapted bacteria, these were not sufficient to confer clinical
388 resistance according to published BSAC breakpoints.

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394 **TRANSPARENCY DECLARATION**

395 Alejandro Amézquita is an employee of Unilever. Peter McClure was an employee of
396 Unilever when this project was initiated. All other authors: none to declare.

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Table 1. Antibiotic susceptibility of bacterial isolates that showed a ≥ 4 -fold decrease in microbicide/formulation susceptibility following exposure to microbicides in simple aqueous solution or formulated with surfactants and sequestrants.

Microbicide	Bacterium	Ciprofloxacin			Kanamycin			Cephalothin			Ampicillin			Tetracycline		
		UE	UF	F	UE	UF	F	UE	UF	F	UE	UF	F	UE	UF	F
		P0	P14	P14	P0	P14	P14	P0	P14	P14	P0	P14	P14	P0	P14	P14
BAC	<i>S. aureus</i> [†]	22	14 (0.5)	18 (0.5)	17 (1.5)	14 (0.6)	17 (0.5)	45 (0.5)	43	45	47 (0.5)	45 (0.5)	46	26 (0.5)	25 (0.5)	27 (0.5)
	<i>E. coli</i> [†]	29 (1.5)	31	31 (0.5)	15 (1.2)	12 (0.5)	14 (0.4)	18 (0.5)	16 (2.1)	18	21	22 (0.5)	21	21 (0.5)	21 (0.5)	20 (0.5)
	<i>P. aeruginosa</i> [†]	25 (1.5)	25	na	ns	ns	na	ns	ns	na	ns	ns	na	ns	ns	na
CHX	<i>S. aureus</i> [†]	22	19 (0.5)	na	17 (1.5)	18	na	45 (0.6)	45 (0.5)	na	47 (0.5)	29 (1)	na	26 (0.6)	35 (2.2)	na
	<i>E. coli</i> [†]	29 (1.5)	35 (0.5)	na	15 (1.2)	16 (0.5)	na	18 (0.5)	20 (2.1)	na	21	24 (0.5)	na	21 (0.5)	23 (1.5)	na
DDAC	<i>P. aeruginosa</i> [†]	25 (1.5)	25	28 (0.6)	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
	<i>A. baumannii</i> [*]	19	27	na	19	21	na	ns	ns	na	ns	ns	na	15	13	na
	<i>E. coli</i> [*]	37	42 (1.5)	40 (0.6)	14	18	11	19	24 (2.1)	15 (0.5)	25	26 (1.5)	21 (0.6)	20	11 (0.5)	11 (0.5)
DMDM	<i>E. coli</i> [*]	37	35	na	14	12 (1.5)	na	19	16	na	25	20 (0.5)	na	20	24	na
PHMB	<i>S. aureus</i> [†]	22	20 (0.5)	21	17 (1.5)	17 (1.2)	16 (0.5)	45 (0.6)	45 (0.5)	45	47 (0.5)	35 (0.5)	45 (1.5)	26 (0.6)	36 (1.5)	25 (0.5)
	<i>E. coli</i> [†]	29 (1.5)	29	na	15 (1.2)	16 (0.5)	na	18 (0.5)	18 (2.1)	na	21	20 (1.5)	na	21 (0.5)	22 (0.5)	na
	<i>P. aeruginosa</i> [†]	25 (1.5)	25	25 (0.9)	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
	<i>E. faecalis</i> [†]	ns	ns	ns	ns	ns	ns	12	13 (0.5)	12 (0.5)	33	33	33 (1.3)	8	8	9 (0.5)
	<i>E. coli</i> [*]	37	28 (0.6)	na	14	12 (1.5)	na	19	18 (2.2)	na	25	25 (0.5)	na	20	20 (0.5)	na
Thymol	<i>E. coli</i> [†]	29 (1.5)	na	33	15 (1.2)	na	14	18 (0.5)	na	19	21	na	21	21 (0.5)	na	20
	<i>P. putida</i> [*]	27	na	19.5 (0.5)	30	na	27 (0.5)	ns	na	ns	ns	na	ns	14	na	12 (2.1)
	<i>A. baumannii</i> [*]	19	na	33 (0.5)	19	na	22	ns	na	ns	ns	na	ns	15	na	16 (0.5)
Triclosan	<i>S. aureus</i> [†]	22	21 (0.5)	na	17 (1.5)	21 (0.5)	na	45 (0.5)	51 (2.5)	na	47 (0.5)	44 (0.5)	na	26 (0.5)	34	na
	<i>E. coli</i> [†]	29 (1.5)	41 (1.5)	na	15 (1.2)	13 (0.5)	na	18 (0.5)	18 (0.5)	na	21	28 (0.5)	na	21 (0.6)	20 (1.5)	na
	<i>C. sakazakii</i> [*]	28	32 (0.6)	na	17	20 (0.5)	na	11	12	na	25	21 (0.5)	na	17	17 (0.5)	na
	<i>E. coli</i> [*]	37	35	na	14	15 (1.3)	na	19	20	na	25	24 (1.2)	na	20	23 (2.1)	na

Data show growth inhibition zones (mm) representative of antibiotic susceptibility before (P0) and after 14 passages (P14) in the presence of microbicide/formulation. Antibiotic zones of inhibition were determined before antimicrobial exposure (unexposed; UE) and after antimicrobial exposure to both unformulated (UF) (i.e. simple aqueous solution) and formulated (F) (i.e. with surfactants and sequestrants) microbicides. †, non-drain isolates; *, drain isolates. Statistically significant changes are bold text ($P < 0.05$). Bacteria that did not undergo a ≥ 4 -fold change in MBC were not assessed for changes in antibiotic susceptibility. Where data varied between biological replicates, standard deviations have been given in parentheses (n=6). Combinations of bacterium and antibiotic for which BSAC breakpoints are available are indicated in blue text. According to these, no susceptible bacterium became antibiotic resistant following microbicide adaptation.

Table 2. Correlation across strains in the responses to different antibiotics in the linear mixed effects model.

	AMP	CEP	CIP	KAN	TET
AMP	1	0.95	-0.28	-0.08	0.54
CEP	0.95	1	-0.09	0.03	0.61
CIP	-0.28	-0.09	1	0.54	0.17
KAN	-0.08	0.03	0.54	1	0.73
TET	0.55	0.61	0.17	0.73	1

Key: 

A value of 1 indicates that all organisms respond in a perfectly correlated way to the two antibiotics indicated (either more or less sensitive to both), a value of -1 would indicate a perfect negative correlation with organisms that are more sensitive to one antibiotic. Amp, ampicillin; cep, cephalothin; cip, ciprofloxacin; kan, kanamycin; tet, tetracycline.

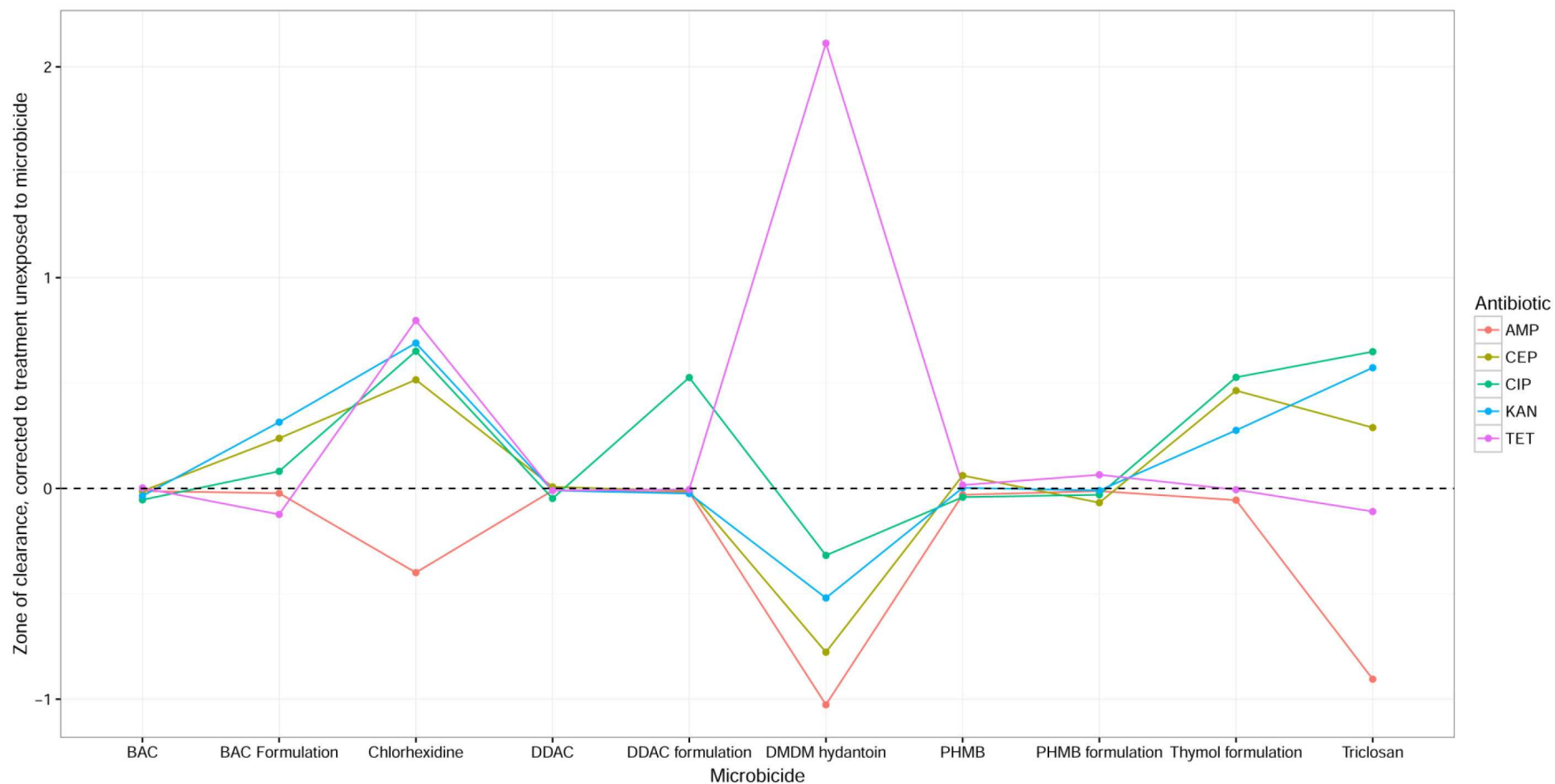


Fig. 1. Antibiotic susceptibility of strains adapted to different microbicides. The values plotted are the difference in the average zone of clearance across strains before and after adaptation to the given microbicide as estimated by the linear mixed effects model (arbitrary scale, see methods). i.e. values above zero indicate antibiotic cross-susceptibility arising from adaptation to microbicide and values below zero indicate cross-resistance. Points are connected for ease of comparison only. See footnote to Tables 1 and 2.

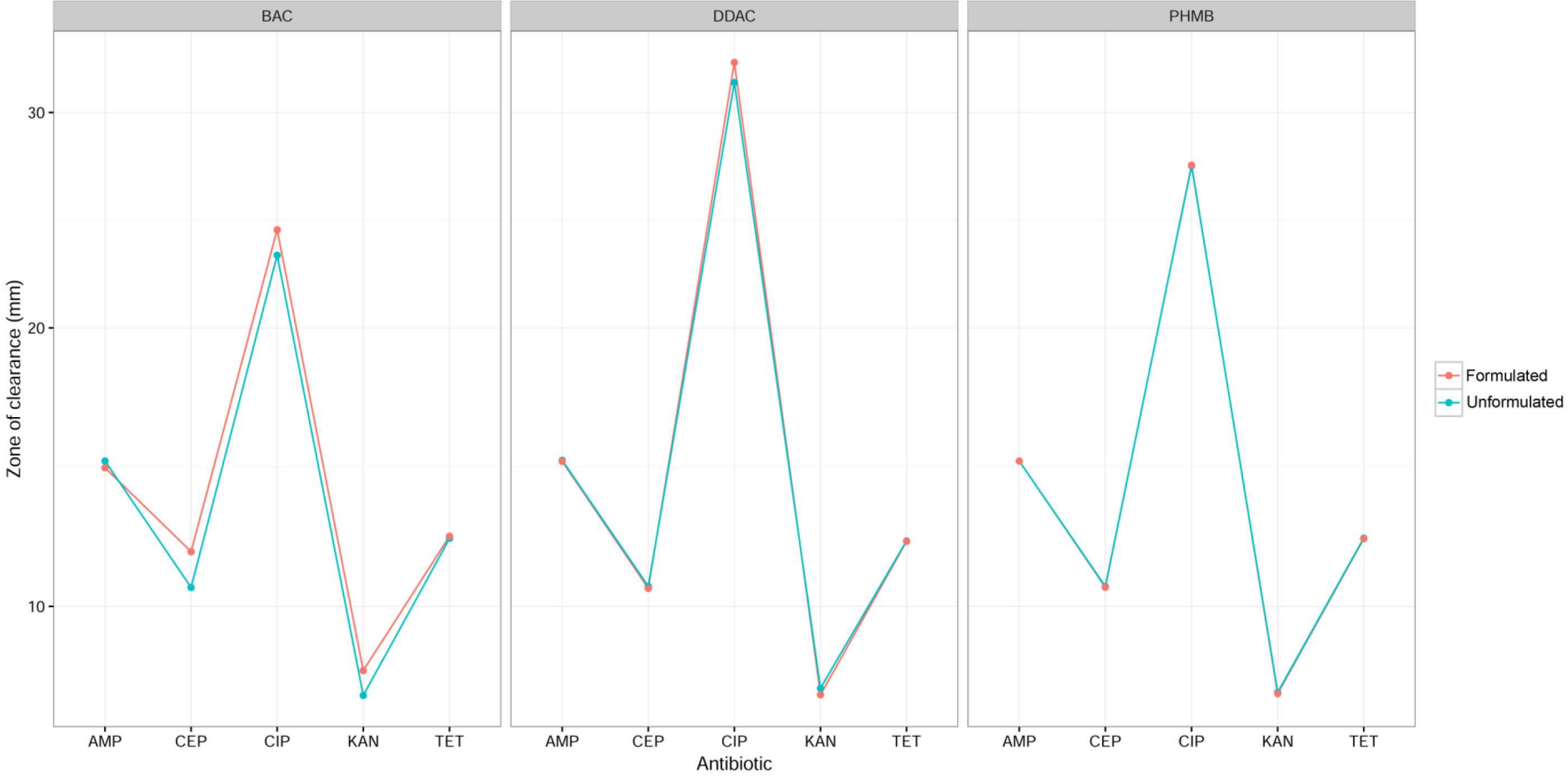


Fig. 2. Antibiotic susceptibility of strains exposed to different microbicides in formulation with surfactants and sequestrants) and simple aqueous solution (unformulated). A significant difference is only apparent for BAC. The values plotted are the average zone of clearance, in mm, as estimated in the linear mixed effects model (note the transformed scale as used by the model, see methods). See footnote to Table 1.