

1 **Diel growth dynamics in tree stems: linking anatomy and**  
2 **ecophysiology**

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20 **Keywords:** stem growth, water and carbon relations, stem diameter variations, plant  
21 sensors, plant models, trees

22 **Abstract**

23 **Impacts of climate on stem growth in trees are studied in anatomical,**  
24 **ecophysiological, and ecological disciplines, but an integrative framework to assess**  
25 **those impacts is still lacking. In this opinion article, we argue that three research**  
26 **efforts are required to come up with that integration. First, we need to identify the**  
27 **missing links in diel patterns in stem diameter and stem growth and relate those**  
28 **patterns to the underlying mechanisms that control water and carbon balance.**  
29 **Second, we should focus on the understudied mechanisms responsible for seasonal**  
30 **impacts on such diel patterns. Third, information of stem anatomy and ecophysiology**  
31 **should be integrated in the same experiments and mechanistic plant growth models**  
32 **to catch diel and seasonal scales.**

33

34 **Tree stem growth has huge implications but is poorly understood**

35 Forests cover 30% of the earth's land surface, store 45% of terrestrial carbon, and are  
36 responsible for 50% of the terrestrial net primary production [1, 2]. Forest productivity has  
37 increased globally over the past decades, which has been attributed to the positive effect of  
38 increasing CO<sub>2</sub> on tree growth, thus far offsetting negative impacts of warming and drought  
39 [3, 4]. However, the long-term impacts on trees and forests of increasing CO<sub>2</sub>, rising  
40 temperatures, and drought remain highly uncertain [5-7]. Another uncertainty is the role of  
41 trees in mitigating rising ambient CO<sub>2</sub> [8] and global warming by sequestering carbon in  
42 stems [1, 2]. We argue that such ecological uncertainties can only be tackled by developing  
43 an understanding of stem growth of individual trees that is based on underlying anatomical

44 and ecophysiological principles, which are currently represented by separate scientific  
45 domains.

46 In this opinion article, we briefly present an overview of the major fluxes and pools  
47 of water and carbon inside a stem segment of a tree. We then examine the diel dynamics in  
48 radial stem growth and underlying water and carbon mechanisms under wet and dry  
49 conditions. We also elucidate the possible processes affecting stem growth across a wet and  
50 dry growing season, integrating seasonal trends in stem anatomy and ecophysiology. We  
51 distinguish between major known patterns and processes, and more speculative ones. All  
52 these discussions are based on observations in the different research disciplines, but also  
53 result from mechanistic plant models aiming at integration. Based on this, we show the  
54 missing pieces that are critical to building an integrative theory to understand the causes  
55 and consequences of tree stem growth on diel and seasonal scales. Addressing the key  
56 missing pieces of information is very much needed in order to understand and predict the  
57 impacts of a changing climate on annual tree growth patterns and the future production  
58 and carbon sequestration potential of forests.

59

### 60 **Carbon and water fluxes in stem segments**

61 Water is transported upward in the sapwood, downward in the phloem, radially between  
62 sapwood and phloem, and is stored in both sapwood and phloem (Figure 1, fluxes/pools  
63 steps 1-4). Carbon is transported downward in the phloem in the form of sugars (Figure 1,  
64 step 2), and those sugars are used for maintenance of living cells in sapwood, cambium and  
65 phloem (Figure 1, step 6), for growth in the cambium and developing cells (Figure 1, step  
66 5), or for storage in the form of starch (Figure 1, step 11). Some carbon released as CO<sub>2</sub> by

67 respiring cells in the tree stem diffuses directly into the atmosphere (Figure 1, steps 7 a, b,  
68 and c), whereas another substantial portion of this respired CO<sub>2</sub> remains inside the stem  
69 (Figure 1, steps 8 a, b, and c) where it dissolves in xylem sap and is transported away from  
70 the site of origin (Figure 1, step 7d). Some CO<sub>2</sub> slowly diffuses in the axial direction (Figure  
71 1, step 9). The amount of CO<sub>2</sub> escaping into the atmosphere (measured efflux, Figure 1) is  
72 further reduced when respired CO<sub>2</sub> is refixed in sugars through photosynthesis within the  
73 stem (Figure 1, step 10). Below we discuss diel patterns in these water and carbon fluxes  
74 and their consequences for stem growth (see also Figure 2), and we provide an overview of  
75 the current state of art technology and methods used to quantify these fluxes (Figure 1, Box  
76 1 and 2).

77

### 78 **Stem dynamics in water fluxes and storage**

79 Large forest trees lose up to 98% of their acquired water through leaf transpiration,  
80 whereas less than 2% is used for photosynthesis [9]. On a sunny summer day, an adult tree  
81 may lose and acquire several hundred liters of water. Leaf transpiration typically starts  
82 minutes to hours earlier than water flow in stem and roots, because transpiration is also  
83 supported by water from internal water storage [10]. The daily amount of water withdrawn  
84 from storage contributes 5-22% to the total daily water loss [11-13], and its diel dynamics  
85 affect radial stem growth. The typical diel patterns in water relations at the stem level for a  
86 fully exposed canopy tree during a sunny day, after a wet period (unstressed conditions  
87 with ample soil water reserves), and a dry period are shown in Figure 2. We distinguish  
88 between well-established patterns and more speculative patterns in green and red,  
89 respectively.



90           On a sunny day in unstressed conditions, a strong symmetric hump-shaped pattern  
91 of sap flow in the tree stem is observed (Figure 2B), leading to large day/night differences  
92 in water potential, and changes in internally stored water in xylem and phloem (Figure 2C).  
93 Embolisms in the xylem [14], which can be detected by acoustic emissions (Figure 2B),  
94 occur in concert with the decrease in stem water potential and reduce xylem hydraulic  
95 conductivity. The embolisms also release water into the transpiration stream, and can thus  
96 be considered as a source of storage water or capacitive discharge, damping the amplitude  
97 of diel fluctuations in xylem tension [15-18]. Recovery of hydraulic conductivity and  
98 overnight refilling of conduits under wet conditions is thought to be possible, but open  
99 questions remain [19, 20]. Although trees can utilize osmotic adjustment to maintain turgor  
100 in their living cells [21], mechanistic plant models and supporting observations [22, 23]  
101 indicate that water flows from living cells to xylem conduits when xylem water potential is  
102 reduced when leaf transpiration exceeds root water uptake. As a consequence, cell turgor  
103 (Figure 2D) follows the same decreasing trend as stem water potential, which results in  
104 stem shrinkage (Figure 2A) rather than cell expansion and growth during daytime hours  
105 [24]. Later in the afternoon, cell turgor, cell expansion and, hence, stem growth resume  
106 because of rising stem water potentials, which allows water to flow from xylem conduits  
107 into the living cells of the stem. These observations show that diel patterns in growth are  
108 not directly driven by carbon limitations – with photosynthesis and phloem loading peaking  
109 during daytime hours – but are rather influenced by the turgor pressure in living cells,  
110 which coincides with the availability of sugars for growth [25]. More precisely, the  
111 difference between the turgor pressure and a wall-yielding threshold value (Figure 2D)  
112 determines irreversible cell expansion [24, 26]. This threshold value is estimated to be

113 around 0.9 MPa [26] for woody tissue, below which the cell cannot expand further [27, 28].  
114 Because highest turgor values are established after sunset, highest rates of structural stem  
115 growth occur during the night (Figure 2A).

116 These patterns change during a moderately dry period (Figure 2) and even more  
117 dramatically during a persisting dry period (e.g. [29]). Because the soil is no longer fully  
118 hydrated, soil and stem water potentials are lower, and water storage pools in the phloem  
119 and the xylem are no longer fully replenished overnight (Figure 2C). Under these  
120 conditions, internal stem water storage pools are depleted, which causes an even more  
121 pronounced stem shrinkage during the day (Figure 2A) and more acoustic emissions linked  
122 to more embolism formation (Figure 2B). The predicted turgor (Figure 2D) is reduced,  
123 following the stem water potential. Once dropping below the wall-yielding threshold value,  
124 turgor limits cell expansion and growth (Figure 2A), even during the night. While soil  
125 drying continues, most patterns are asymmetric which implies a whole cascade of  
126 consequences: more embolism formation in the xylem, resulting in a decreased hydraulic  
127 conductivity, stem water potential, turgor pressure and storage of water. Under long  
128 persisting droughts, the trends may become irreversible: leaves may wilt and be dropped  
129 [29] and trees may eventually die [30, 31].

130 We conclude that the qualitative trends in diel water relationships are relatively well  
131 studied and understood. There are nevertheless several open questions about how to link  
132 embolism repair to underlying mechanisms, the role of turgor and internal water storage in  
133 diel trends of stem growth, and the generality of the turgor threshold value across tree  
134 species. Another challenge is to better understand why the presented qualitative trends  
135 shown in Figure 2, differ so much quantitatively across species.

136

137 **Stem dynamics in carbon fluxes and storage**

138 Diel patterns in fluxes, use and storage in tree stems are much less well understood for  
139 carbon than for water (Figure 2), even in unstressed conditions with ample soil water  
140 reserves. Besides water, radial stem growth depends on carbon as structural material for  
141 the formation of new tissue and as source for metabolic energy [32]. The carbon that is  
142 locally used for both processes may come from four sources, recently fixed sugars that are  
143 transported in the phloem, transitory leaf starch stored during the day and broken down  
144 during the night, local stem starch reserves, or locally refixed CO<sub>2</sub> in photosynthetic tissue  
145 of the stem (Figure 1). Unraveling the much-needed carbon-related mechanism underlying  
146 radial growth requires concurrent measurements of photosynthesis, and the fluxes of  
147 recently produced photosynthate to respiration, growth and storage as well as the flux of  
148 nonstructural carbohydrates out of storage pools. Tracking variations in stem diameter  
149 with dendrometers (Figure 1, Box 1) shows promise to quantify growth, but needs  
150 mechanistic plant models to unambiguously interpret the signal and separate structural  
151 stem growth from reversible stem diameter fluctuations (Figure 2A). In addition to the  
152 impact of turgor on cell wall expansion, as discussed above, turgor (rather than water  
153 potential) affects cell formation, and deposition and assembly of new wall material [33-36].  
154 We therefore speculate that all growth processes (cell expansion, structural growth and its  
155 specific energy requirement) mainly occur during the nighttime, in concert with an  
156 improved water status and thus favorable turgor [32, 37, 38]. Turgor pressure thresholds  
157 for these different processes remain to be explored.

158 Another key challenge in understanding stem growth is to quantify diel patterns in  
159 respiration. Respiration is often estimated from measurements of CO<sub>2</sub> emitted to the  
160 atmosphere from the bark surface (Figure 1, Box 2), however this CO<sub>2</sub> efflux (Figure 2F)  
161 actually reflects the net result of multiple processes, including local growth and  
162 maintenance respiration, woody tissue photosynthesis, maintenance of ion transport over  
163 cell membranes, decomposition in heartwood, and CO<sub>2</sub> originating from respiration in  
164 lower stem or root tissues (Figure 1) [39, 40]. The measured diel pattern may follow the  
165 hump-shaped trend as expected from the exponential relationship between respiration and  
166 temperature [41], but daytime depressions in net CO<sub>2</sub> efflux may occur (Figure 2F), because  
167 of CO<sub>2</sub> transport in the xylem with the transpiration stream, or restricted growth during the  
168 daytime due to the loss of turgor in the living tissues [37]. A tight coupling has been  
169 observed between stem CO<sub>2</sub> efflux and CO<sub>2</sub> dissolved in xylem sap (Figure 2F) [39], and this  
170 relationship has been used to quantify the resistance to radial CO<sub>2</sub> diffusion [42]. Some  
171 indication exists that CO<sub>2</sub> does not only diffuse radially, but may also slowly diffuse axially  
172 along air-filled spaces in the wood [43]. Multiple processes, both locally in the considered  
173 stem section and remotely in other tree parts, thus drive the CO<sub>2</sub> emitted by a stem  
174 segment, but quantifying their relative importance remains a challenge. Stem anatomy  
175 likely influences the resistance to radial CO<sub>2</sub> diffusion, as well as local respiration and sap  
176 flow rates, in turn affecting net CO<sub>2</sub> efflux and the amount of CO<sub>2</sub> retained in the xylem [39,  
177 40]. Investigating stem anatomy, including bark thickness and tree hydraulics, may help to  
178 explain the large variations observed in net CO<sub>2</sub> efflux, and contribute to a clearer  
179 understanding of stem respiration [40, 42].

180 A mechanism of structural growth is dependent on incorporation of new carbon  
181 skeletons in the cell structure, and thus requires information on sugar concentrations in the  
182 stem. Although critical, predictions of dynamics in sugar concentration in xylem, phloem  
183 and cambium are highly uncertain (Figure 2E), and so are the relative contributions of the  
184 different sugar sources (from leaves, stem starch reserves, or local woody tissue  
185 photosynthesis) driving those dynamics. Sugars originating from recent leaf photosynthesis  
186 [32, 44], woody tissue photosynthesis refixing respired CO<sub>2</sub> in stem chloroplasts during  
187 daytime [45], and transitory leaf starch storage during nighttime [46], may contribute  
188 significantly to diel growth dynamics, whereas local stem carbon reserves appear to  
189 contribute only marginally to growth [32, 44]. Despite our knowledge of such carbon-based  
190 processes, diel patterns in stem growth are predictable by tree water status only [24, 47].  
191 However, the water-growth model predictions are only valid over short time periods, and  
192 we need a better understanding of the described carbon processes to understand and  
193 predict seasonal growth. This also highlights that much remains to be learned about the  
194 relative contribution of the co-occurring and interconnected growth processes. Another  
195 ambiguity is the predicted diel dynamics in phloem water flow (Figure 2E) [48, 49], which  
196 are contradicted by the constant phloem flow observed in MRI studies [50]. Despite the  
197 continuous attempts to refine the mechanism of turgor-driven transport of sugars from  
198 leaves to sink tissues with active and passive loading strategies and a leakage-retrieval  
199 process along the pathway [51], phloem transport in trees still remains poorly understood,  
200 with little connection between theory, research data, and the actual behavior observed for  
201 trees [52]. Thus we advocate the use of new experiments for deciphering phloem transport  
202 mechanisms by combining a focus on water and carbon relationships and adding

203 measurements of sugar concentrations (Figure 1). Very few data exists, because measuring  
204 the pressurized living phloem is a daunting task, often hindered by induced wound  
205 reactions. Therefore, new promising techniques and methods for measuring phloem sap,  
206 turgor pressure, and labeled CO<sub>2</sub> should be further explored (Box 2).

207         When the soil is dry, trees reduce leaf water loss through stomatal regulation [29],  
208 which is directly at the cost of leaf photosynthesis and sugar loading, resulting in lower  
209 sugar concentrations in the phloem (Figure 2E). The lower level of sugar loading and sugar  
210 concentrations, the lower turgor, and the buffered dynamics in phloem water flow on drier  
211 soil are mainly hypothetical, as are the carbon dynamics on days with well-watered soil.  
212 Experimental studies have produced a number of relevant observations about these carbon  
213 balance interactions within the stem on dry soils. For example, lower cell turgor affects  
214 growth and maintenance respiration, resulting in lower stem CO<sub>2</sub> effluxes and dissolved  
215 CO<sub>2</sub> in the xylem sap [37] (Figure 2F), and the formation of fewer and narrower cells  
216 (Figure 3) because of the sensitivity of cell expansion and, to a lesser extent, cell division to  
217 turgor [53, 54]; woody tissue photosynthesis in xylary chloroplasts likely fulfills local  
218 energetic and carbohydrate demands for repair of embolised conduits [55, 56]; and local  
219 stem carbon reserves, only marginally contributing to stem growth under non-stressed  
220 conditions, may become more important with drought [25]. These examples highlight the  
221 inherent tight coupling of water and carbon interactions between phloem and xylem but  
222 also illustrate the need for more comprehensive studies of these processes.

223         In conclusion, the fluxes, use and storage dynamics of carbon in stems remain largely  
224 hypothetical, despite some understanding of the qualitative patterns. Remarkably,  
225 mechanistic plant models can predict diel trends in stem diameter and, through

226 optimization of model parameters, provide hypotheses for diel trends in sugar  
227 concentrations and phloem water flow which remain to be tested. It is clear that respiration  
228 rates of tree stems remain highly uncertain, as does the contribution of woody tissue  
229 photosynthesis to the observed fluxes. Finally, we lack information on this shorter  
230 timescale on fluxes from starch to soluble sugars, and their contribution to diel dynamics in  
231 stem growth. We propose using new experiments that combine the more classic  
232 measurements of water and carbon relationships with new ones (Figure 1, Box 1 and 2),  
233 and emphasize the value of the integrative information obtained with diel stem diameter  
234 variation dynamics, which is particularly important for providing parameter values for the  
235 models. Despite their speculative nature, we consider the simulations by mechanistic plant  
236 models as a promising way to develop new hypotheses. However, this approach will require  
237 testing and validation with the more extensive and comprehensive data framework that  
238 needs to be built for different tree species with different wood anatomical properties under  
239 different water conditions.

240

#### 241 **Seasonal impacts on diel stem growth**

242 Overall, mechanistic plant models capture the water dynamics and diel stem growth  
243 variation [24, 29, 49], but most of the emerging dynamics in carbon remain hypothetical. A  
244 second complication is that the models cannot yet capture the gradual changes in those  
245 dynamics across the growing season because of rudimentary knowledge of the coordination  
246 between stem tissue formation and whole tree function (Figure 3). Seasonal stem growth as  
247 measured by dendrometers reflects the formation of xylem and phloem tissue. Both tissues  
248 originate from cambium cell division, but xylem mother cells divide more compared with

249 phloem mother cells, which explains the narrower phloem than xylem ring [57]. In addition  
250 to a slower growth rate, the timing of differentiation also differs, with phloem growth  
251 peaking before xylem growth [58]. Although longer-term phloem information is absent  
252 because sieve cells are functional for only 1-2 years and collapse afterwards, the phloem to  
253 xylem ratio increases with decreasing tree vitality [59] and with the level of environmental  
254 stress [60], indicating that higher priority is given to phloem tissue formation. As phloem  
255 growth becomes an important fraction of total stem growth under stress conditions, which  
256 affects the interpretation of stem diameter measurements, simultaneous investigation of  
257 xylem and phloem is imperative for us to understand seasonal stem growth.

258 Both water and carbon will shape the seasonal growth trend as well as the resulting stem  
259 anatomy and density, which, in turn, will influence xylem hydraulic conductivity and  
260 cavitation vulnerability [61]. The sub-processes shaping these anatomical variations within  
261 a tree ring are the rate and duration of cell enlargement and cell wall thickening [62].  
262 Interestingly, however, individual model simulations for different days predict an  
263 exponential decrease in cell wall extensibility over time during the growing season [63-65],  
264 which is supported by some observations [66] and is expected to result in a lower growth  
265 rate potential. Here we present two alternative – but not mutually exclusive – reasons for  
266 this decrease in cell wall extensibility. First, the decrease in cell wall extensibility matches  
267 with the reduction in duration of cell enlargement during the growing season: from 10-20  
268 days early in the growth season to less than five days later in the season [62, 67, 68]. It also  
269 agrees with the production of smaller cells near the end of growth (Figure 3C). Because cell  
270 size contributes more than rate of wall deposition to cell wall thickness and density [62],  
271 the reduction in cell wall extensibility and, thus, cell enlargement duration, determines a



272 great part of the ring's morphology. Under stress conditions, this becomes critical: smaller  
273 cells with thicker walls and higher density will be formed, representing a compromise  
274 between efficiency and safety of the conducting system (Figure 3). Under chronic stress  
275 conditions [69] as well as in declining trees [70], wood with lower density and thus reduced  
276 hydraulic safety has been observed, which can be explained by carbon limitation on top of  
277 water limitation during cell wall formation [61]. Second, cell wall extensibility decreases  
278 with increasing auxin concentrations in the cambium [71]. With the onset of shoot  
279 development in spring, the production of auxin in shoots and transport downward through  
280 the cambium [72] increases auxin concentrations with time and also creates auxin  
281 gradients within trees [73]. It seems that high auxin concentrations accelerate cell  
282 differentiation and thus reduce the period available for cell enlargement [74, 75], as  
283 indicated by the smaller sizes of the conduit cells close to the source of auxin (in the shoots)  
284 [76], or in branch junctions where two auxin flows unite [77]. The gradually increasing  
285 auxin concentrations in the cambium during the growing season may thus accelerate cell  
286 differentiation and reduce cell wall extensibility over time, finally resulting in the cessation  
287 of growth. Here, we speculate that implementation of a mechanism of cell wall extensibility  
288 versus cell age trends, which originates from the fundamental interdependencies between  
289 ecophysiology and anatomy, may greatly improve plant models to simulate seasonal  
290 variation in stem growth during the season. Hormonal regulation might be required for  
291 simulating wood anatomy and stem growth patterns over branches [78] and whole tree  
292 bodies [79].

293

294 **Concluding remarks**

295 Radial stem growth, and its ecological implications, has been studied by scientists from  
296 rather separate scientific domains (anatomy, ecophysiology, dendrochronology, ecology),  
297 and we still lack an integrative and tested theory to understand the causes and  
298 consequences of diel stem growth patterns. Such a theory is required to understand diel  
299 and seasonal growth patterns in trees and, in turn, the long-term trends in stem growth as  
300 impacted by climate. One major gap in our knowledge is the quantification of diel dynamics  
301 in carbon within the stem. A second major gap is how those carbon dynamics interact with  
302 dynamics in water, for example, how stems coordinate embolism repair and cell turgor and,  
303 in turn, stem growth. A third major gap is the poor understanding of the seasonal variation  
304 in stem growth patterns. We therefore propose to combine the methodologies for studying  
305 water dynamics, carbon dynamics and (anatomical) stem growth within the same study.  
306 This will allow us for the first time to monitor the dynamics in carbon, water, and stem  
307 anatomy and diameter simultaneously. In turn, this will enable setting crucial parameter  
308 values and testing of mechanistic plant models for their emergent patterns in those  
309 dynamics. We are confident that such a joint effort from separate scientific domains will  
310 contribute to building and testing an integrated theory on causes of diel and seasonal  
311 patterns in stem growth. Such insights are much needed for predicting the impact of a  
312 changing climate on stem growth, with major implications for the well-being of trees and  
313 forests under global change.

314

### 315 **Acknowledgements**

316 We thank R.O. Teskey for helpful comments on the original manuscript, the anonymous  
317 reviewers for valuable inputs, and the Research Foundation – Flanders (FWO) (research

318 programmes G.0319.13N and G.0941.15N granted to KS) for funding. The opinions  
319 expressed in this paper were partly inspired by and are linked to the activities conducted  
320 within the COST FP1106 network STReESS (Studying Tree Responses to extreme Events: a  
321 SynthesiS).

322

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520 **Box 1. Material list for quantifying water dynamics within stems**

521 Integrative experiments with new technology and methods (Figure 1) can capture diel  
522 water dynamics within tree stem across the season under field conditions.

523 **Sap flow sensor**

524 Sap flow sensors measure sap flow rate ( $\text{g h}^{-1}$ ) or sap flux density ( $\text{cm}^3 \text{cm}^{-2} \text{h}^{-1}$ ), and allows  
525 quantification of whole-tree water use without altering the transpiration conditions. Many  
526 methods have been developed (see reviews by [80, 81]), and these use heat to sense sap  
527 movement in the stem xylem. Accurate estimates of sap flow are critical when assessing  
528 water transport and storage dynamics, but also when estimating xylem  $\text{CO}_2$  transport in  
529 trees, or for understanding diel dynamics in stem  $\text{CO}_2$  concentration and stem  $\text{CO}_2$  efflux.

530 **Sapwood water content sensor**

531 Sapwood water content sensors measure sapwood water content ( $\text{m}^3 \text{m}^{-3}$  or  $\text{kg water (kg}$   
532  $\text{dry weight)}^{-1}$ ), which is considered as critical component in the whole-tree water balance  
533 because of its direct link to changes in internal water storage. These techniques for  
534 assessing sapwood water content, such as frequency domain reflectometry [82] and  
535 Sapflow+ sensors [83] are new and promising, but still under further development.

536 **Stem psychrometer**

537 Stem psychrometers measure stem water potential (MPa), which is a robust and direct  
538 indicator of the plant water status, and expresses the tension (negative values) along the  
539 continuous water column in the xylem, typically pulling the water upwards in the tree.  
540 Concurrent measurements of stem water potential and sapwood water content would allow  
541 us to explore, for the first time, *in situ* the diel dynamics in hydraulic capacitance ( $C$  [ $\text{kg m}^{-3}$

542 MPa<sup>-1</sup>), quantified as the amount of water that can be released from living tissues into the  
543 transpiration stream for a unit decrease in water potential [84].

#### 544 **Acoustic emission sensor**

545 Acoustic emission sensors measure acoustic emissions (AE), which are linked to cavitation  
546 events, when gas nanobubbles expand and form embolisms [14], typically triggered by high  
547 xylem water tensions. Cumulative AEs may be used to estimate relative loss of hydraulic  
548 conductivity in the xylem [18].

#### 549 **Point dendrometer and linear variable displacement transducer**

550 Point dendrometers and linear variable displacement transducers measure variations in  
551 stem diameter ( $\mu\text{m}$ ) at high temporal resolution (e.g. 10 minute intervals). The sensor  
552 signal simultaneously displays the integrative result of: (1) irreversible radial xylem and  
553 phloem growth, (2) reversible shrinking and swelling of the living stem cells due to changes  
554 in internally stored water, (3) contraction and expansion of dead conducting xylem  
555 elements due to the increase and relaxation of internal tensions, and (4) thermal expansion  
556 and contraction of the stem [32]. When interpreting stem diameter measurements, it is  
557 important to consider that phloem tissue degrades over time with the inherent information  
558 disappearing over time. Tracking variations in stem diameter with and without phloem  
559 tissue has been suggested as a promising approach to study xylem-phloem interactions and  
560 phloem turgor without damage [22].

561

#### 562 **Box 2. Material list for quantifying carbon dynamics within stems**

#### 563 **Solid state non dispersive infrared (NDIR) sensor**

564 Solid state non dispersive infrared (NDIR) sensors measure the CO<sub>2</sub> concentration of gas  
565 (%) in holes drilled into the stem (high concentrations, range <1 to over 26%; [39]). Using  
566 Henry's law, it is possible to convert measured CO<sub>2</sub> concentrations in the gaseous phase  
567 ([CO<sub>2</sub>], %) to the amount of CO<sub>2</sub> dissolved in xylem sap ([CO<sub>2</sub>\*], mol l<sup>-1</sup>, [85]).

#### 568 **Stem cuvette connected to infrared gas analyzer (IRGA)**

569 A stem cuvette connected to an infrared gas analyzer (IRGA) measures the net flux of CO<sub>2</sub>  
570 diffusing out of the stem section into the atmosphere (μmol m<sup>-2</sup> s<sup>-1</sup>). The CO<sub>2</sub> is produced by  
571 the living cells of xylem, cambium and phloem, or is imported in the transpiration stream  
572 (Figure 2). Stem cuvettes are typically dark to exclude local woody tissue photosynthesis.

#### 573 **Aphid stylet**

574 Aphid stylets are used to collect phloem sap for analysis of osmotic pressure and sap sugar  
575 concentration, and when a cell pressure probe is glued to an exuding stylet of an aphid  
576 feeding from the phloem, turgor pressure can be monitored [86, 87].

#### 577 **Pulse labeling of trees with stable or radioactive carbon isotopes**

578 The carbon isotope (atoms of an element with the same atomic number, but with different  
579 atomic masses) content of assimilated carbon is artificially altered using stable (<sup>13</sup>C) or  
580 radioactive (<sup>14</sup>C and <sup>11</sup>C) CO<sub>2</sub> as short pulses over longer periods, and the fate of labeled CO<sub>2</sub>  
581 into the tree and its release to the atmosphere is traced to quantify carbon allocation in  
582 trees and assess its role in stem growth. Methods and associated challenges are reviewed in  
583 [88].

#### 584 **Micro-borer**

585 The micro-borer is a tool used to extract stem micro-cores from the tree stem to investigate  
586 cambial activity, which cannot be directly observed or measured from outside the stem.  
587 Repeated sampling of newly formed xylem and phloem allows quantifying the temporal  
588 dynamics of stem anatomy and formation during the growing season (Figure 3). To  
589 minimize damage, stem samples are extracted as small cores with a Trephor micro-borer  
590 [89]. (For instruction movie, see:  
591 [http://www.wageningenur.nl/en/Expertise-Services/Chair-groups/Environmental-](http://www.wageningenur.nl/en/Expertise-Services/Chair-groups/Environmental-Sciences/Forest-Ecology-and-Forest-Management-Group/Show/Microcore-Processing-instruction-film-launched.htm)  
592 [Sciences/Forest-Ecology-and-Forest-Management-Group/Show/Microcore-Processing-](http://www.wageningenur.nl/en/Expertise-Services/Chair-groups/Environmental-Sciences/Forest-Ecology-and-Forest-Management-Group/Show/Microcore-Processing-instruction-film-launched.htm)  
593 [instruction-film-launched.htm](http://www.wageningenur.nl/en/Expertise-Services/Chair-groups/Environmental-Sciences/Forest-Ecology-and-Forest-Management-Group/Show/Microcore-Processing-instruction-film-launched.htm))

594 **Figure captions**

595 **Figure 1.** Schematic of important processes, fluxes and pools of water and carbon inside a  
596 stem segment of a tree (right): (1) sap flow in the xylem (or transpiration stream),  
597 transporting part of the dissolved CO<sub>2</sub> (7d); (2) phloem sap flow, transporting sugars and  
598 dissolved CO<sub>2</sub>; (3) radial exchange of internally stored water between living cells in xylem  
599 and phloem, and the transpiration stream; (4) hydraulic capacitance, defining the capacity  
600 of living cells to store water and release it into the transpiration stream; (5) growth  
601 respiration; (6) maintenance respiration; (7) diffusion of CO<sub>2</sub> out of the stem from phloem  
602 (a), cambium (b) and xylem ray cells (c); or imported in xylem sap (d); (8) CO<sub>2</sub> diffusing  
603 into the transpiration stream from phloem (a), cambium (b) or xylem ray cells (c); (9) axial  
604 CO<sub>2</sub> diffusion along air-filled spaces in the wood; (10) CO<sub>2</sub> fixation by woody tissue  
605 photosynthesis, which can utilize CO<sub>2</sub> from all four sources (a, b, c, d) above; (11) carbon  
606 pool, which consists of recently assimilated sugars transported in the phloem (2), locally  
607 refixed CO<sub>2</sub> in photosynthetic tissue (10), and local starch reserves (modified after [39, 40]).  
608 Details of the technology and methods used for quantifying the diel dynamics in water,  
609 carbon and stem growth (left) can be found in Box 1 and 2.

610  
611 **Figure 2.** Diel patterns in water and carbon dynamics for a fully exposed canopy tree  
612 during a sunny day in unstressed conditions with ample soil water reserves (left), and a  
613 sunny day in dry soil conditions (right). We distinguish between well-established patterns  
614 and more speculative patterns in green and red, respectively. Measured variations in stem  
615 diameter (A) integrate diel dynamics in water (B, C, D) and carbon (E, F). (a) Stem diameter  
616 variation measured on xylem and phloem (see Figure 1). (B) The line shows the sap flow in



617 the sapwood, and the dots show the acoustic emission signals reflecting cavitation events,  
618 whenever gas nanobubbles expand and form embolisms. (C) Water content (positive  
619 values) and stem water potential (negative values). (D) Turgor pressure in the dividing  
620 cambium and expanding cells, and wall-yielding threshold value. (E) Sugar loading in the  
621 phloem, water flow rate in the phloem, and sugar concentration (dashed line indicates  
622 model simulation and green dots indicate measurements). (F) Two possible patterns for  
623 stem CO<sub>2</sub> efflux (see explanation in the text), and dissolved CO<sub>2</sub> in the xylem sap. Details of  
624 the technology and methods used to measure the diel patterns in water, carbon and stem  
625 growth (green) can be found in Box 1 and 2 and are illustrated in Figure 1. The scale of the  
626 y-axis is virtual, covering the range of values of each variable.

627

628 **Figure 3.** Seasonal growth patterns in expanding tree rings of *Populus × canadensis* trees in  
629 a temperate environment, for a tree on a soil with ample water reserves during the whole  
630 growing season (blue lines in A, B) and another tree exposed to dry soil conditions in the  
631 middle of the growing season (red lines in A, B). Stem samples of the micro-sections color  
632 reddish (after adding safranin) when cell walls with lignin had established, or color blue  
633 (after adding astrablue) in the absence of lignin and when still expanding. (A) Seasonal  
634 patterns in radial stem growth as measured with point dendrometers (without the diel  
635 fluctuation). Snapshots of possible co-occurring wood formation processes at some key  
636 moments during the growing season are shown. Wood formation resulted from cell division  
637 in the cambial zone (Cz) and cell enlargement (ENL), whereas cell wall thickening and  
638 lignification (CWT) happened afterwards to form secondary cell walls, ultimately shaping  
639 tree-ring width and anatomy. At the same time, the cambial zone (Cz) also produces sieve

640 cells of phloem (Ph). During spring, when cambium division just started, the first rows of  
641 enlarging cells appeared which eventually differentiated into vessels (Mv), fibers (f) or  
642 parenchyma (p). Finally, the cambium stopped producing new cells in both trees. During  
643 dry conditions, a lower number of smaller fibers (Ef) and smaller vessels (Ev) were formed  
644 due to the impacts of a lower turgor on cell division and cell expansion. As a result, tree-ring  
645 width and anatomy reflect plastic adjustments to best fit the environmental conditions  
646 when the stem was formed (B, C): the drought-exposed tree showed a narrower tree ring  
647 with higher wood density during drought, which generally reflects a lower hydraulic  
648 conductivity but a safer transport system.

649

# Sensors and methods

# Processes, fluxes and pools





