Optomechanical dual-beam backaction-evading measurement beyond the rotating-wave approximation

Daniel Malz and Andreas Nunnenkamp

Cavendish Laboratory, University of Cambridge, Cambridge CB3 0HE, United Kingdom

(Dated: November 3, 2016)

We present the exact analytical solution of the explicitly time-periodic quantum Langevin equation describing the dual-beam backaction-evasion measurement of a single mechanical oscillator quadrature due to Braginsky, Vorontsov and Thorne beyond the commonly used rotating-wave approximation. We show that counterrotating terms lead to extra sidebands in the optical and mechanical spectra and to a modification of the main peak. Physically, the backaction of the measurement is due to periodic coupling of the mechanical resonator to a light field quadrature that only contains cavity-filtered shot noise. Since this fact is independent of other degrees of freedom the resonator might be coupled to, our solution can be generalized, including to dissipatively or parametrically squeezed oscillators, as well as recent two-mode backaction evasion measurements.

I. INTRODUCTION

A continuous measurement of the position of a harmonic oscillator is subject to the "standard quantum limit" (SQL), a limit directly imposed by Heisenberg's uncertainty relation [\[1,](#page-9-0) [2\]](#page-9-1). An observable that can be monitored without precision limit is called "quantum non-demolition" (QND) variable, such that its continuous measurement can avoid the mea-surement backaction (BA) [\[3\]](#page-9-2) and thus open the way to the detection of weak forces, such as those due to gravitational waves [\[4\]](#page-9-3).

There has been continued interest to implement backaction-evading (BAE) measurements [\[5\]](#page-9-4). Following a detailed theoretical proposal, the first demonstration with a sensitivity beyond the SQL was in optomechanics [\[6,](#page-9-5) [7\]](#page-9-6) and they have since proven very useful [\[8–](#page-9-7)[11\]](#page-9-8). Despite the importance of such measurements, Ref. [\[6\]](#page-9-5) discusses only lowest-order corrections to the rotating-wave approximation (RWA).

Here, using the recently developed Floquet approach [\[12\]](#page-9-9), we derive the exact solution to the equations describing a BAE measurement. Due to the presence of CR terms, this constitutes a solution to genuinely explicitly time-dependent quantum Langevin equations, as there is no frame in which they become stationary. The solution is possible because the mechanical oscillator couples solely to a light quadrature that is independent of the mechanical oscillator, and only contains filtered shot noise. The coupling is periodic, which leads to two-time correlators that are not time-translation invariant. In such a situation, the power spectrum is a time average of the Fourier transform of the autocorrelator [\[12\]](#page-9-9).

In the following, after introducing our model in Sec. [II,](#page-0-0) we briefly remind the reader of results in RWA in Sec. [III.](#page-1-0) Then, we present all aspects of the solution, from the Floquet framework to the resulting spectra and backaction in Sec. [IV.](#page-1-1) Finally, in Sec. [V,](#page-5-0) we show how to generalize our solution to the important cases of dissipative and parametric squeezing, as well as two-mode BAE measurements (with explicit calculations in Appendices [A](#page-5-1) to [D\)](#page-8-0). We conclude in Sec. [VI.](#page-5-2)

FIG. 1. The dual-beam backaction-evading (BAE) measurement scheme proposed in Ref. [\[3,](#page-9-2) [6\]](#page-9-5). Two lasers of equal strength drive the cavity at frequencies $\omega_{\pm} = \omega_{\rm cav} \pm \delta$, where $\delta = \omega_m$ such that their sidebands overlap at the cavity frequency ω_{cav} . Counterrotating (CR) terms cause peaks at $\omega_{\rm cav} \pm 2\omega_m$ to appear. The output light will be an approximate BAE measurement of a rotating quadrature of the mechanical oscillator, the CR terms being responsible for the finite backaction.

II. MODEL

In cavity optomechanics, the photons in a cavity couple to the motion of a mirror via radiation pressure. A BAE measurement of one of the quadratures of the oscillator can be implemented by applying two drives of equal strength at frequencies $\omega_{\rm cav} \pm \omega_m$ (see Fig. [1\)](#page-0-1). Here, $\omega_{\rm cav}(\omega_m)$ is the frequency of a cavity (mechanical) mode. Originally due to Braginsky et al. [\[3\]](#page-9-2), the first detailed analysis in the context of cavity optomechanics was given in Ref. [\[6\]](#page-9-5).

We consider the Hamiltonian of a standard cavity optomechanical system

$$
H = H_{OM} + H_{rest} + H_{drives} + H_{baths}, \tag{1}
$$

where $(\hbar = 1)$

$$
H_{\text{OM}} = \omega_{\text{cav}} a^{\dagger} a + \omega_m b^{\dagger} b - g_0 a^{\dagger} a (b^{\dagger} + b), \quad (2a)
$$

$$
H_{\text{drives}} = \alpha (e^{-i\omega_{+}t} + e^{-i\omega_{-}t})a^{\dagger} + \text{h.c.}
$$
 (2b)

 a, b are the bosonic annihilation operators of the cavity mode and the mechanical oscillator, respectively. The cavity mode frequency is $\omega_{\rm cav}$, the mechanical frequency ω_m , the coupling strength via radiation pressure g_0 , and the driving strength of the drives with frequencies $\omega_{\pm} = \omega_{\rm cav} \pm \delta$ is α , where we have left δ unspecified for now (Fig. [1\)](#page-0-1). The BAE measurement is realized for $\delta = \omega_m$. A detailed derivation of the optomechanical Hamiltonian can be found for instance in Ref. $[13]$. H_{baths} couples the oscillator and cavity modes to baths at finite and

zero temperature, respectively. H_{rest} will remain unspecified for now, it can contain terms that couple the harmonic oscillator to other degrees of freedom. The only requirement is that $[H_{\text{rest}}, a + a^{\dagger}] = 0$, i.e., that the other degrees of freedom do not couple to this measurement cavity quadrature.

To proceed, we split the light field into a coherent part and fluctuations, go into a rotating frame, $a = \bar{a}e^{-i\omega_{\text{cav}}t}(e^{i\delta t} +$ $e^{-i\delta t} + d$, and linearize the Hamiltonian. Without loss of generality, $\delta > 0$. Under the usual assumptions of Markovian baths and a one-sided cavity, the resulting Hamiltonian

$$
H = \omega_m b^{\dagger} b - 2G \cos(\delta t) (b + b^{\dagger}) (d + d^{\dagger})
$$
 (3)

gives rise to Langevin equations [\[2,](#page-9-1) [14\]](#page-9-11) that are periodic in time

$$
\dot{d} = -\frac{\kappa}{2}d + \sqrt{\kappa}d_{\rm in} + 2iG\cos(\delta t)(b + b^{\dagger}), \qquad (4a)
$$

$$
\dot{b} = \left(-i\omega_m - \frac{\gamma}{2}\right)b + \sqrt{\gamma}b_{\rm in} + 2iG\cos(\delta t)(d + d^{\dagger}) + i[H_{\rm rest}, b].
$$
 (4b)

Here, we have defined the enhanced optomechanical coupling constant $G = g_0\bar{a}$, and the mechanical (optical) dissipation rate γ (κ). b_{in} , d_{in} are input noise operators with $\langle d_{\text{in}}(t) d_{\text{in}}^{\dagger}(t') \rangle$ = $\delta(t - t'), \langle d_{\text{in}}^{\dagger}(t) d_{\text{in}}(t') \rangle$ = 0, $\langle b_{\text{in}}(t) b_{\text{in}}^{\dagger}(t') \rangle = (n_{\text{th}} + 1) \delta(t - t'), \text{ and } \langle b_{\text{in}}^{\dagger}(t) b_{\text{in}}(t') \rangle =$ $n_{\text{th}}\delta(t-t').$

In Sec. [IV A,](#page-2-0) we solve Eqs. $(4a)$ and $(4b)$ without further approximations, in particular without the rotating wave approximation (RWA).

III. BACKACTION EVASION IN RWA

As a reminder, we first consider a BAE measurement within RWA. We define a quadrature rotating a frequency δ as

$$
X_{\delta} = be^{i\delta t} + b^{\dagger}e^{-i\delta t}.
$$
 (5)

The cavity equation of motion is (cf. Eq. [\(4a\)](#page-1-2))

$$
\dot{d} = -\frac{\kappa}{2}d + \sqrt{\kappa}d_{\rm in} + iG\left(b e^{i\delta t} + b^{\dagger} e^{-i\delta t}\right). \tag{6}
$$

The cavity couples only to one quadrature of the mechanical oscillator X_{δ} (set by the phase relation of the external drives). The equation of motion for that quadrature can be obtained from Eq. [\(4b\)](#page-1-3) (here also in RWA)

$$
\dot{X}_{\delta} = -\frac{\gamma}{2} X_{\delta} + \sqrt{\gamma} X_{\delta, \text{in}} + i [H_{\text{rest}}, X_{\delta}] \n+ iG \left[d \left(e^{i(\omega_m - \delta)t} - e^{i(\delta - \omega_m)t} \right) - \text{h.c.} \right].
$$
\n(7)

If $\delta = \omega_m$, the term in square brackets in the second line vanishes, and X_{ω_m} is entirely unaffected by the cavity. We can readily solve the equation of motion for d , Eq. [\(6\)](#page-1-4)

$$
d(\omega) = \chi_c(\omega) \left[\sqrt{\kappa} d_{\rm in}(\omega) + i G X_{\delta}(\omega) \right],\tag{8}
$$

with cavity response function $\chi_c(\omega) = (\kappa/2 - i\omega)^{-1}$. Thus the optical spectrum is directly related to the quadrature spectrum

$$
S_{d^\dagger d}(\omega) = |\chi_c(\omega)|^2 G^2 S_{X_\delta X_\delta}(\omega),\tag{9}
$$

where for a stationary process the Wiener-Khinchin theorem ensures that the Fourier transform

$$
S_{AB}(\omega) = \int_{-\infty}^{\infty} dt \, e^{i\omega t} \, \langle A(t)B(0) \rangle \tag{10}
$$

is the quantum noise spectral density. The scheme corresponds to a true BAE measurement, if the mechanical quadrature rotating with frequency δ is a QND variable. Here, this is the case for $\delta = \omega_m$ (or, if applicable, $\delta = \omega_{m,eff}$, the effective mechanical frequency). Independent of RWA, the inputoutput relation $d_{\text{out}} = d_{\text{in}} - \sqrt{\kappa}d$ can be used to the obtain the output spectrum $S_{d_{\text{out}}^{\dagger} d_{\text{out}}}(\omega) = \kappa S_{d^{\dagger} d}(\omega)$. For details on how to measure and interpret the output spectrum, see Ref. [\[15\]](#page-9-12).

IV. FLOQUET FRAMEWORK

The analysis in Sec. [III](#page-1-0) above breaks down if we include counterrotating (CR) terms. Using the framework developed in Ref. [\[12\]](#page-9-9), it is possible to find the stationary state of the explicitly time-periodic quantum Langevin equations exactly, which gives us the opportunity to precisely determine the backaction of the BAE measurement.

First, we split system operators into Fourier components

$$
d(t) = \sum_{n = -\infty}^{\infty} e^{in\delta t} d^{(n)}(t),
$$
 (11a)

$$
d^{\dagger}(t) = \sum_{n = -\infty}^{\infty} e^{in\delta t} d^{(n)\dagger}(t),
$$
 (11b)

and define

$$
d^{(n)}(\omega) = \int_{-\infty}^{\infty} dt \, e^{i\omega t} d^{(n)}(t), \tag{12a}
$$

$$
d^{(n)\dagger}(\omega) = \int_{-\infty}^{\infty} dt \, e^{i\omega t} d^{(n)\dagger}(t). \tag{12b}
$$

Note that this convention results in $[d^{(n)}(\omega)]^{\dagger} = d^{(-n)\dagger}(-\omega)$. The reason for doing this is that Eqs. $(4a)$ and $(4b)$ can now be written as an infinite set of coupled, *stationary* Langevin equations

$$
\dot{d}^{(n)} = \left(-in\delta - \frac{\kappa}{2}\right)d^{(n)} + \delta_{n,0}\sqrt{\kappa}d_{\text{in}} + iG\left(b^{(n-1)} + b^{(n+1)\dagger} + \lambda b^{(n+1)} + \lambda b^{(n-1)\dagger}\right), \quad (13a)
$$

$$
\dot{b}^{(n)} = \left(-i\omega_m - in\delta - \frac{\gamma}{2}\right)b^{(n)} + \delta_{n,0}\sqrt{\gamma}b_{\rm in} \n+ iG\left(I^{(n+1)} + \lambda I^{(n-1)}\right) + i[H_{\rm rest},b]^{(n)}.
$$
\n(13b)

where $x^{(n)} \equiv b^{(n)} + b^{(n)\dagger}$, $I^{(n)} \equiv d^{(n)} + d^{(n)\dagger}$, $\delta_{n,0}$ is the Kronecker delta, and $[H_{\mathrm{rest}},b]^{(n)}$ is the $n\mathrm{th}$ Fourier component of the commutator. Where feasible, here and in the following, we will mark counterrotating (i.e., off-resonance) terms by a λ (note that this only makes sense when δ is close to ω_m), such that RWA corresponds to $\lambda = 0$ and the full solution to $\lambda = 1$. To further guide the intuition, we remark that the second line of Eq. [\(13a\)](#page-1-5) equals $iG(x^{(n-1)} + x^{(n+1)})$. One can think of the two laser drives to result in two separate couplings to the position x of the resonator.

We define the "spectrum"

$$
S_{A^{\dagger}A}(\omega,t) \equiv \int_{-\infty}^{\infty} d\tau \, e^{i\omega\tau} C_{AA}(\tau,t), \tag{14}
$$

with $C_{AA}(\tau, t) \equiv \langle A^{\dagger}(t + \tau)A(t) \rangle$. The time dependence of $S_{A^{\dagger}A}(\omega, t)$ can be expressed as a Fourier series [\[12\]](#page-9-9)

$$
S_{A^{\dagger}A}(\omega,t) = \sum_{n=-\infty}^{\infty} e^{i\delta nt} S_{A^{\dagger}A}^{(n)}(\omega)
$$
 (15)

with components

$$
S_{A^{\dagger}A}^{(m)}(\omega) = \sum_{n} \int \frac{\mathrm{d}\omega'}{2\pi} \left\langle A^{(n)\dagger}(\omega + n\delta) A^{(m-n)}(\omega') \right\rangle. \tag{16}
$$

It can be shown that the zeroth Fourier component, which at the same time is the time average of $S(\omega, t)$, is the measured power spectrum [\[12\]](#page-9-9).

A. Solution beyond RWA

To solve Eqs. [\(4a\)](#page-1-2) and [\(4b\)](#page-1-3), we define the optical quadratures $I = d + d^{\dagger}$ and $Q = -i(d - d^{\dagger})$. From Eq. [\(4a\)](#page-1-2) we obtain

$$
\dot{I} = -\frac{\kappa}{2}I + \sqrt{\kappa}I_{\rm in},\tag{17a}
$$

$$
\dot{Q} = -\frac{\kappa}{2}Q + \sqrt{\kappa}Q_{\rm in} + 4G\cos(\delta t)x.
$$
 (17b)

For an illustration how the mechanical and optical quadratures couple together, see Fig. [2.](#page-2-1) For example, the arrow from X_{δ} to Q indicates that X_{δ} appears in the equation of motion of Q and that the latter therefore is influenced by the former. Since I commutes with the system Hamiltonian (3) , $[H, I] = 0$, there are no arrows pointing toward it in Fig. [2](#page-2-1) and we can solve its equation of motion [\(17a\)](#page-2-2) directly

$$
I(\omega) = \sqrt{\kappa} \chi_c(\omega) I_{\text{in}}(\omega)
$$
, and $I^{(n)}(\omega) = \delta_{n,0} I(\omega)$. (18)

Thus $\langle I(\omega)I(\omega')\rangle = 2\pi\delta(\omega + \omega')|\chi_c(\omega)|^2$ and $\langle I(\omega)\rangle = 0$. Equations [\(17a\)](#page-2-2) and [\(18\)](#page-2-3) imply that I is shot noise, filtered by the cavity, and is independent of the mechanics. Furthermore, this result does not depend on H_{rest} , as long as $[H_{\text{rest}}, I] = 0$. The coupling to I is periodic (cf. Eq. $(4b)$), a consequence of amplitude beating of the coherent state in the cavity. Therefore, the measurement has the same effect on the mechanical resonator as a time-periodic coupling to filtered shot noise.

FIG. 2. Coupling of quadratures. \hat{Q} records the desired information (info) about \hat{X}_{δ} . The measurement backaction (BA) is acting on \hat{P}_{δ} . Marked in gray are coupling due to counterrotating (CR) terms that are neglected in RWA.

With Eq. [\(18\)](#page-2-3) we can solve Eq. [\(13b\)](#page-1-7) in the case $H_{\text{rest}} = 0$ by going into frequency space

$$
b^{(n)}(\omega) = \chi_m(\omega - n\delta) \left[\delta_{n,0} \sqrt{\gamma} b_{\rm in} + 2\sqrt{\kappa} G f_{\rm in}^{(n)} \right], \quad (19a)
$$

$$
b^{(n)\dagger}(\omega) = \chi_m^* (-\omega + n\delta) \left[\delta_{n,0} \sqrt{\gamma} b_{\rm in}^{\dagger} - 2\sqrt{\kappa} G f_{\rm in}^{(n)} \right], \quad (19b)
$$

where the new bath noise operators

$$
f_{\rm in}^{(n)}(\omega) = i\chi_c(\omega)(\delta_{n,1} + \lambda \delta_{n,-1})I_{\rm in}(\omega)/2.
$$
 (20)

They obey $f_{\text{in}}^{(n)\dagger} = -f_{\text{in}}^{(n)}$, $f_{\text{in}}^{(-n)} = f_{\text{in}}^{(n)}$, and $\langle f_{\text{in}} \rangle = 0$. The time-dependence is best seen in the time domain, where

$$
f_{\rm in}(t) = i \cos(\delta t) I(t) / \sqrt{\kappa}.
$$
 (21)

This expression explicitly contains the time-dependent coupling and the filtered shot noise $I(t)$. The correlator is

$$
\langle f_{\rm in}(t) f_{\rm in}(t') \rangle = -e^{-\kappa |t-t'|/2} \cos(\delta t) \cos(\delta t'). \tag{22}
$$

For stationary noise, the RHS of Eq. [\(22\)](#page-2-4) would have to depend solely on the difference $t - t'$.

We can rewrite the equation of motion for b in terms of the new input f_{in}

$$
\dot{b} = \left(-i\omega_m - \frac{\gamma}{2}\right)b + \sqrt{\gamma}b_{\rm in} + 2\sqrt{\kappa}Gf_{\rm in} + i[H_{\rm rest}, b].
$$
 (23)

From this equation it is clear that we are always able to pass from the "unmeasured system" $(G = 0)$ to the "measured" one $(G \neq 0)$ by substituting

$$
\sqrt{\gamma}b_{\rm in} \to \sqrt{\gamma}b_{\rm in} + 2\sqrt{\kappa}Gf_{\rm in}.\tag{24}
$$

We use this to generalize the solution in Sec. [V.](#page-5-0)

B. Importance of Floquet framework

At this point it is useful to reflect on the advantage of the Floquet approach. It might appear as if it were unnecessary,

$$
\dot{b} = \left(-i\omega_m - \frac{\gamma}{2}\right)b + \sqrt{\gamma}b_{\rm in} + 2iG\cos(\delta t)I(t) + i[H_{\rm rest}, b],\tag{25}
$$

which for $H_{\text{rest}} = 0$ has the solution

$$
b(\omega) = \chi_m(\omega) \left\{ \sqrt{\gamma} b_{\rm in}(\omega) + iG \left[I(\omega - \delta) + I(\omega + \delta) \right] \right\}.
$$
\n(26)

Since $x(\omega) = b(\omega) + b^{\dagger}(\omega)$, this might prompt us to derive the "power spectrum"

$$
S_{xx}(\omega) = \int \frac{\mathrm{d}\omega'}{2\pi} \left\langle x(\omega)x(\omega') \right\rangle. \tag{27}
$$

This, however, is *not* the correct power spectrum, since $x(t)$ does not describe a stationary stochastic process. It is possible to remove the non-stationary terms manually (above they will be $\langle I(\omega - \delta)I(\omega' - \delta) \rangle$ and $\langle I(\omega + \delta)I(\omega' + \delta) \rangle$ and thus obtain the stationary part, which *is* the power spectrum [\[12\]](#page-9-9). In contrast, the systematic solution via Fourier components, which all obey stationary Langevin equations, is well-defined. In addition, the Fourier components are more versatile, and allow writing down the spectrum in arbitrary rotating frames [\[12\]](#page-9-9). They also provide more intuition, since different Fourier components tend to have different physical origins. Finally, if no exact solution is viable, they simplify the process of approximating to desired order.

C. Mechanical quadrature spectrum

We define a rotating quadrature as before (see Eq. [\(5\)](#page-1-8)). Its spectrum is [\[12\]](#page-9-9)

$$
S_{X_{\delta}X_{\delta}}^{(0)}(\omega) = S_{bb}^{(-2)}(\omega + \delta) + S_{bb^{\dagger}}^{(0)}(\omega + \delta) + S_{bb^{\dagger}}^{(2)}(\omega - \delta) + S_{bb^{\dagger}}^{(0)}(\omega - \delta), \quad (28)
$$

where S_{AB} is defined through Eq. [\(16\)](#page-2-5). We have only written down the zeroth Fourier component (the stationary part), because that is the part of the spectrum that will be measured. We can split it up into two parts

$$
S_{X_{\delta}X_{\delta}}^{(0)}(\omega) = S_{X_{\delta}X_{\delta}}^{\text{RWA}}(\omega) + S_{X_{\delta}X_{\delta}}^{\text{CR}}(\omega), \tag{29}
$$

with $S_{X_\delta X_\delta}^{\text{RWA}}$ being the result in RWA (dependent on H_{rest}), and $S_{X_\delta X_\delta}^{\text{CR}}$ being due to CR terms. Note that $S_{X_\delta X_\delta}^{\text{RWA}}$ is unchanged from the unmeasured case, since this is the essence of a BAE measurement. For $H_{\text{rest}} = 0$, we obtain our first major result

$$
S_{X_{\delta}X_{\delta}}^{\text{CR}}(\omega) = \kappa \lambda^2 G^2 \left(|\chi_m(\omega + \delta) \chi_c(\omega + 2\delta)|^2 + |\chi_m(-\omega + \delta) \chi_c(-\omega + 2\delta)|^2 \right). \tag{30}
$$

If H_{rest} is nonzero, but couples weakly, such that its effect is well approximated by introducing an effective damping constant and mechanical frequency, the analysis is unchanged, such that the correction takes the same form

$$
S_{X_{\delta}X_{\delta}}^{CR}(\omega) = \kappa \lambda^2 G^2 \left\{ |\chi_{m,\text{eff}}(\omega + \delta) \chi_c(\omega + 2\delta)|^2 + |\chi_{m,\text{eff}}(-\omega + \delta) \chi_c(-\omega + 2\delta)|^2 \right\}, \quad (31)
$$

FIG. 3. Exact optical output spectrum $\kappa S_{d^\dagger d}^{(0)}$ Eq. [\(32\)](#page-3-0) (blue, solid) in comparison to a perfect BAE measurement of the modified mechanical spectrum [\(31\)](#page-3-1) from Sec. [IV C](#page-3-2) (yellow, dashed), and the RWA result Eq. [\(9\)](#page-1-9) (red, dotted). The full spectrum (blue, solid) is calculated via Eq. [\(32\)](#page-3-0), where additional terms due to the counterrotating quadrature $X_{-\delta}$ appear. The sidepeaks of the modified mechanical spectrum do not show in the yellow curve, as they are suppressed by $|\chi_c(\omega)|^2$. Parameters $\Gamma_{\text{eff}}/\kappa = 1, \omega_m/\kappa = 2, n_{\text{eff}} = 10, G/\kappa =$ $10, \delta = \omega_m$ (thus $C = 400$). Note that the large value of Γ_{eff} is chosen for visibility.

but with an effective susceptibility $\chi_{m,eff}(\omega) = [\Gamma_{eff} - i(\omega [\omega_{m,\text{eff}}]^{-1}$. Note that if $\delta \neq \omega_{m,\text{eff}}$, the measured quadrature rotates at a different frequency than the natural oscillator quadratures and thus the measurement backaction (BA) will contaminate the measurement at later times, even in RWA. Only the case $\delta = \omega_{m,eff}$ is backaction-evading (BAE). Since this is our main interest, we will fix $\delta = \omega_{m,eff}$ in the following. For the general case $\delta \neq \omega_{m,\text{eff}}$, see Eq. [\(F1\)](#page-6-0). The change in the spectrum Eq. (31) includes a modification of the main peak, and new peaks corresponding to the upper sideband of the blue drive and the lower sideband of the red drive.

D. Optical spectrum

As we have seen, CR terms modify the mechanical quadrature spectrum, which is reflected in the optical spectrum

$$
S_{d\dagger d}^{(0)}(\omega) = G^2 |\chi_c(\omega)|^2 \left[S_{xx}^{(0)}(\omega - \delta) + S_{xx}^{(0)}(\omega + \delta) + S_{xx}^{(2)}(\omega - \delta) + S_{xx}^{(-2)}(\omega + \delta) \right]
$$

= $G^2 |\chi_c(\omega)|^2 \left[S_{X_{\delta}X_{\delta}}^{(0)}(\omega) + \lambda^2 S_{X_{-\delta}X_{-\delta}}^{(0)}(\omega) + \lambda \left(S_{X_{\delta}X_{-\delta}}^{(0)}(\omega) + S_{X_{-\delta}X_{\delta}}^{(0)}(\omega) \right) \right].$ (32)

Comparing the second line of Eq. (32) to Eq. (9) , we notice that there are extra terms present, namely those with at least one λ out front. They are due to additional terms containing X_{δ} and P_{δ} on the RHS of the equation of motion for Q. In Fig. [2,](#page-2-1) they are denoted by the two gray arrows pointing to Q. Thus, this is an *imperfection* of the BAE measurement.

In fact, the additional contributions stem from the spectrum

of the *counterrotating quadrature* X−^δ (i.e., with frequency $-\delta$) and correlations of that quadrature with X_{δ} . That prompts a remarkably literal interpretation of "counterrotating terms". It also clarifies the origin of the measurement BA. The CR quadrature can be written

$$
X_{-\delta}(t) = \cos(2\delta t)X_{\delta}(t) + \sin(2\delta t)P_{\delta}(t),\qquad(33)
$$

which makes it apparent that the measurement picks up some information about P_{δ} , the quadrature conjugate to X_{δ} .

In contrast, the *measurement backaction*, as discussed in Sec. [IV C,](#page-3-2) arises from the gray arrows emanating from I . This correction is contained within $S_{X_\delta X_\delta}$ in Eq. [\(32\)](#page-3-0).

In order to distinguish the two contributions (the imperfection and BA), we plot three functions in Fig. [3.](#page-3-3) The full optical spectrum [\(32\)](#page-3-0) in blue (solid) encompasses both contributions. A perfect BAE measurement of the modified mechanical spectrum Eqs. (9) and (31) is shown in yellow (dashed), it picks up the thermal contribution and the BA. Finally, the expected result in RWA is red (dotted), which corresponds to a perfect BAE measurement of an otherwise undriven mechanical oscillator. The sidepeaks of the modified mechanical spectrum do not show in the yellow curve, as they are suppressed by $|\chi_c(\omega)|^2$.

E. Mechanical and optical variances

An important application of BAE measurements is determining the quadrature variance, necessary for the verification of quantum squeezing. The BA imperils this by increasing the variance to

$$
\left\langle X_{\delta}^{2} \right\rangle = \left\langle X_{\text{RWA}}^{2} \right\rangle + 2n_{\text{CR}},\tag{34}
$$

where $\langle X_{\text{RWA}}^2 \rangle = \langle X_{\text{unmeasured}}^2 \rangle$ is the result calculated without CR terms and (cf. (31))

$$
2n_{\rm CR} \equiv \int \frac{\mathrm{d}\omega}{2\pi} S_{X_\delta X_\delta}^{\rm CR}(\omega) = \frac{8G^2(\kappa/\Gamma_{\rm eff}+1)}{(\Gamma_{\rm eff}+\kappa)^2+16\omega_{m,\rm eff}^2}.\tag{35}
$$

Perhaps the most surprising aspect about this result is that n_{CR} is independent of the temperature of the mechanical bath, whether it is squeezed or not, and what quadrature we measure. This fact is already realized on the level of the spectrum correction Eq. (31) . The reason, as we have noted above, is that the optical quadrature I in the measurement cavity is independent of the mechanics and that the BA is solely due to this quadrature (see Fig. [2\)](#page-2-1). Note that although we have written the change in terms of a number of phonons $2n_{CR}$, it is not thermal heating that causes this effect, but rather the extraction of information about the conjugate quadrature.

In the optical spectrum, we saw that sidepeaks appear (cf. Fig. [3\)](#page-3-3). To get an approximation to the variance of the measured mechanical quadrature, we integrate over the main peak of Eq. [\(32\)](#page-3-0). Here, we calculate the error of this method, which can be used for underdamped oscillators $\Gamma_{\text{eff}} \ll \omega_{m,\text{eff}}$. The

weight of the main peak is

$$
\left\langle X_{\text{meas}}^2 \right\rangle = \left\langle X_{\text{RWA}}^2 \right\rangle + 2n_{\text{CR}} \frac{16\omega_{m,\text{eff}}^2 (2\Gamma_{\text{eff}} + \kappa)}{(\Gamma_{\text{eff}} + \kappa)(\Gamma_{\text{eff}}^2 + 16\omega_{m,\text{eff}}^2)},\tag{36}
$$

with n_{CR} given by Eq. [\(35\)](#page-4-0). It can be experimentally accessed by integrating $S_{i[†]}^{(0)}$ $\frac{d_{\rm out}^{(0)}}{d_{\rm out}^{\rm out} d_{\rm out}}(\omega)/(\kappa G^2 |\chi_c(\omega)|^2)$ from $-\omega_{m,{\rm eff}}$ to $\omega_{m,eff}$, see Appendix [E.](#page-8-1) The second term is the BA. For example, if $\Gamma_{\text{eff}}/\kappa = 10^{-4}$, $G/\kappa = 0.05$, and $\omega_m/\kappa = 5$ (i.e., $C = 10^6$), the variance increases by 0.5 (in units of the zero-point fluctuations of the mechanical oscillator). Since $n_{CR} \propto G^2$, stronger driving quickly makes this effect noticeable. In typical experimental regimes, where $\Gamma_{\rm eff} \ll (\omega_m, \kappa),$ the BA in Eq. [\(36\)](#page-4-1) is well approximated by $2n_{CR}$, such that $\langle X_{\text{meas}}^2 \rangle \approx \langle X_{\delta}^2 \rangle$ [\(34\)](#page-4-2), as desired.

Finally, we would like to gain some insights about the good and bad cavity limits of Eqs. (35) and (36) . To give some intuition what these limits imply for the optical spectrum, consider the solution of Eq. $(4a)$

$$
d(t) = \int_{-\infty}^{t} d\tau e^{\frac{\kappa(\tau - t)}{2}} \left[2iG\cos(\omega_m \tau) x(\tau) + d_{\text{in}}(\tau) \right].
$$
\n(37)

In the good cavity limit ($\omega_m \gg \kappa$), the exponential decay is negligible over a period $2\pi/\omega_m$. Thus

$$
\int_0^{\frac{2\pi}{\omega_m}} d\tau \cos(\omega_m \tau) [\cos(\omega_m \tau) X_\delta(\tau) + \sin(\omega_m \tau) P_\delta(\tau)]
$$

$$
\approx (1/2) \int_0^{\frac{2\pi}{\omega_m}} d\tau X_\delta(\tau), \quad (38)
$$

since $X_{\delta}(\omega)$ and $P_{\delta}(\omega)$ are centered around $\omega = 0$. On the other hand, in the bad cavity limit $\kappa > \omega_m$ the photons leave the cavity faster than the change in coupling parameter, such that no averaging takes place. A simple argument then shows that the contribution from X_{δ} is roughly three times as big as the contribution from P_δ .

These properties are reflected in the variances Eqs. [\(35\)](#page-4-0) and [\(36\)](#page-4-1). In the bad cavity limit, where $\kappa \gg \omega_{m,eff}$, the number of added phonons is

$$
2n_{\rm CR} \to \frac{8G^2}{\Gamma_{\rm eff}(\Gamma_{\rm eff} + \kappa)}.\tag{39}
$$

In this regime the separation of the two drives is small compared to the bandwidth of the cavity, and therefore the BA becomes significant ($n_{CR} \sim 1$) at a cooperativity $C \sim 1$, where $C \equiv 4G^2/\kappa\Gamma_{\text{eff}}$. As we have seen, the reason is that resonant and CR terms couple with equal strength.

In contrast, the good cavity limit is $\kappa \gg \Gamma_{\rm eff}$ and $\omega_{m,eff} \gg$ κ , where Eq. [\(35\)](#page-4-0) reduces to

$$
2n_{\rm CR} \to \frac{\kappa G^2}{2\Gamma_{\rm eff} \omega_{m,\rm eff}^2}.\tag{40}
$$

This agrees with the perturbative result in Ref. [\[6\]](#page-9-5). Equation [\(40\)](#page-4-3) tells us that the BA depends inversely on the effective mechanical dissipation rate. Physically, this is because Γ_{eff} , the rate at which the mechanical oscillator relaxes to its steady state, competes with the BA rate due to CR terms, which is independent of Γ_{eff} . The BA also decreases with increasing ω_m , as CR terms become less resonant. We find that the BA becomes significant ($n_{CR} \sim 1$) for a cooperativity $\mathcal{C} \sim 16\omega_m^2/\kappa^2$. Therefore, in the good cavity regime, the CR terms are suppressed by a factor $\sim 16\omega_m^2/\kappa^2$ in comparison to resonant terms, due to the mechanism described above.

V. GENERALIZATION

Above, we have taken $H_{\text{rest}} = 0$ for simplicity, but we can in fact take any H_{rest} and write down the solution, as long as we know the steady state of $H_{OM} + H_{rest} + H_{baths}$, i.e., without the BAE measurement $(G = 0)$. Furthermore, we need

$$
[H_{\text{rest}}, I] = 0. \tag{41}
$$

If the unmeasured solution is also periodic, the consideration in [\[12\]](#page-9-9) applies: For incommensurate periods, only the stationary part will be picked up by the measurement, but if they are commensurate, some other Fourier components may enter the output spectrum.

To formulate a general theory, we collect all system (input) operators into a vector \vec{F} (\vec{F}_{in}). The Langevin equations read

$$
\dot{\vec{F}}(t) = \mathbf{A}(t)\vec{F}(t) + \mathbf{L}\vec{F}_{\text{in}}(t). \tag{42}
$$

For a time-independent $A(t) = A$, a Fourier transform yields

$$
\vec{F}(\omega) = \chi(\omega) L \vec{F}_{\text{in}}(\omega), \tag{43}
$$

with susceptibility matrix $\chi(\omega) = (-i\omega - A)^{-1}$. We can do the same for a time-periodic $A(t) = A(t + T)$ once we have reformulated the problem in terms of Fourier components. Then

$$
\vec{F}^{(n)}(\omega) = \sum_{m=-\infty}^{\infty} \chi^{(n-m)}(\omega - n\delta) \vec{L} \vec{F}_{\text{in}}^{(m)}(\omega). \tag{44}
$$

If we know how to solve the unmeasured system $(G = 0)$, we know how to find $\chi^{(n)}$ in that case. Importantly, Eq. [\(44\)](#page-5-3) does not make any assumption about the noise $\vec{F}_{in}^{(n)}$, apart from stationarity. For this reason, the replacement in Eq. [\(24\)](#page-2-6) above will leave the susceptibility matrix $\boldsymbol{\chi}^{(n)}(\omega)$ unchanged and therefore can be used to calculate the measurement BA for all systems with suitable H_{rest} . In the end, we can write down the scattering matrix in terms of the susceptibility matrix

$$
\mathbf{S}^{(n)}(\omega) = \delta_{0,n}\mathbf{L} - \boldsymbol{\chi}^{(n)}(\omega)\mathbf{L},\tag{45}
$$

which can be use to calculate the output fields

$$
\vec{F}_{\text{out}}^{(n)}(\omega) = \sum_{m} \mathbf{S}^{(n-m)}(\omega - n\delta) \vec{F}_{\text{in}}^{(m)}(\omega). \tag{46}
$$

For examples how χ can look like, see the detailed calculations in Appendices [A](#page-5-1) to [D.](#page-8-0) Appendix [A](#page-5-1) contains the setup used to produce bichromatic squeezing [\[9,](#page-9-13) [10,](#page-9-14) [12,](#page-9-9) [16–](#page-9-15)[19\]](#page-9-16), Appendix [B](#page-6-1) discusses a weak-coupling version of the former, which is easily adapted to other weakly coupled systems, and Appendix [C](#page-7-0) contains the parametric squeezing case, which is an example with more than one independent, relevant component in χ . Last is Appendix [D,](#page-8-0) which extends the method here to two mechanical modes, and covers a recently developed two-mode BAE measurement [\[20,](#page-9-17) [21\]](#page-9-18).

VI. CONCLUSION

Using the framework from Ref. [\[12\]](#page-9-9), we derived the full solution of an optomechanical system subject to a dual-beam BAE measurement $[5, 7-10]$ $[5, 7-10]$ $[5, 7-10]$ $[5, 7-10]$. This enables us to calculate the modification of the spectrum and quantify the measurement backaction precisely. Furthermore, we demonstrate that our technique is versatile, by showing how to generalize the calculation to systems where the mechanical resonator is additionally coupled to other degrees of freedom and illustrate the technique with several examples.

ACKNOWLEDGMENTS

We are grateful to Chan Lei and John Teufel for stimulating and insightful discussions. A.N. holds a University Research Fellowship from the Royal Society and acknowledges additional support from the Winton Programme for the Physics of Sustainability. D.M. acknowledges support by the UK Engineering and Physical Sciences Research Council (EPSRC) under Grant No. EP/M506485/1.

Appendix A: Dissipative bichromatic squeezing

An important application of the type of BAE measurement discussed in this article is the verification of quantum squeezing in mechanical resonators, e.g., Refs. [\[9,](#page-9-13) [10\]](#page-9-14). Here we generalize our method to this squeezing scheme, proposed in [\[16,](#page-9-15) [17\]](#page-9-19), which has successfully produced quantum squeezing of the resonator $[9, 10, 18, 19]$ $[9, 10, 18, 19]$ $[9, 10, 18, 19]$ $[9, 10, 18, 19]$ $[9, 10, 18, 19]$ $[9, 10, 18, 19]$ $[9, 10, 18, 19]$. In this case

$$
H_{\text{rest}} = -\Delta c^{\dagger} c - \left[c \left(G_{+} e^{2i\delta t} b + G_{-} b^{\dagger} \right) + \text{h.c.} \right], \quad \text{(A1)}
$$

where we have already displaced and linearized. c is the annihilation operator of another cavity in a frame rotating with the lower-frequency drive. Furthermore, we have applied the RWA to H_{rest} . The governing Langevin equations are

$$
\dot{c} = \left(i\Delta - \frac{\kappa_2}{2}\right)c + \sqrt{\kappa_2}c_{\rm in} + i\left(G_{-}b + G_{+}e^{-2i\delta t}b^{\dagger}\right),\tag{A2a}
$$
\n
$$
\dot{b} = \left(-i\omega_m - \frac{\gamma}{2}\right)b + \sqrt{\gamma}b_{\rm in} + i\left(G_{-}c + G_{+}e^{-2i\delta t}c^{\dagger}\right),\tag{A2b}
$$

where c_{in} corresponds to a vacuum (zero temperature) bath, and $b_{\rm in}$ to a finite temperature bath with mean occupation $n_{\rm th}$, so $\langle c_{\text{in}}(t)c_{\text{in}}(t')^{\dagger} \rangle = \delta(t-t'), \langle b_{\text{in}}(t)^{\dagger}b_{\text{in}}(t') \rangle = \delta(t-t')n_{\text{th}},$ $\langle b_{\text{in}}(t) b_{\text{in}}(t')^{\dagger} \rangle = \delta(t-t') (1+n_{\text{th}})$ (other correlators are zero).

In the Floquet ansatz, Eq. $(A2)$ can be expressed in terms of a block-diagonal infinite matrix [\[12\]](#page-9-9) with blocks

$$
\begin{pmatrix}\n\chi_{\text{opt}}^{-1}(\omega - n\delta) & -iG_{-} & 0 & -iG_{+} \\
-iG_{-} & \chi_{m}^{-1}(\omega - n\delta) & -iG_{+} & 0 \\
0 & iG_{+} & \chi_{\text{opt}}^{-1*}(-\omega + (n+2)\delta) & iG_{-} \\
iG_{+} & 0 & iG_{-} & \chi_{m}^{-1*}(-\omega + (n+2)\delta)\n\end{pmatrix}\n\begin{pmatrix}\nc^{(n)}(\omega) \\
b^{(n)}(\omega) \\
c^{(n+2)\dagger}(\omega) \\
b^{(n+2)\dagger}(\omega)\n\end{pmatrix} = \begin{pmatrix}\n\sqrt{\kappa}c_{\text{in}}^{(n)}(\omega) \\
\sqrt{\gamma}b_{\text{in}}^{(n)}(\omega) \\
\sqrt{\kappa}c_{\text{in}}^{(n+2)\dagger}(\omega)\n\end{pmatrix},
$$
\n(A3)

where the cavity and mechanical response functions read $\chi_{\text{opt}}(\omega) = [\kappa/2 - i(\omega + \Delta)]^{-1} \neq \chi_c$ and $\chi_m(\omega) = [\gamma/2$ $i(\omega - \omega_m)]^{-1}$, respectively.

Blocks with zero input will vanish in the steady state. Since the noise resides entirely in the zeroth Fourier component (it describes a stationary process),

$$
c_{\text{in}}^{(n)} = b_{\text{in}}^{(n)} = 0, \qquad \forall n \neq 0. \tag{A4}
$$

Although the result for general δ and Δ is available [\[12\]](#page-9-9), we focus on the simple and relevant case $\delta = -\Delta = \omega_m$, where

$$
\begin{pmatrix} b^{(0)}(\omega) \\ b^{(2)\dagger}(\omega) \end{pmatrix} = J(\omega) \begin{pmatrix} 1 & iG - \chi_{\text{opt}}(\omega) \\ 0 & iG + \chi_{\text{opt}}(\omega) \end{pmatrix} \begin{pmatrix} \sqrt{\gamma}b_{\text{in}} \\ \sqrt{\kappa_2}c_{\text{in}} \end{pmatrix}, \quad (A5)
$$

with $J(\omega) = \left[\chi_m^{-1}(\omega) + \mathcal{G}^2 \chi_{\text{opt}}(\omega) \right]^{-1}$.

Now we include the noise of a BAE measurement as per Sec. [V.](#page-5-0) The measurement requires another cavity mode coupled to the mechanical oscillator. We define

$$
\vec{F} = \begin{pmatrix} b & b^{\dagger} & c & c^{\dagger} \end{pmatrix}, \quad \vec{F}_{\text{in}} = \begin{pmatrix} b_{\text{in}} & b_{\text{in}}^{\dagger} & c_{\text{in}}^{\dagger} & c_{\text{in}}^{\dagger} \end{pmatrix}. \tag{A6}
$$

From Eq. $(A5)$, we can directly infer the elements

$$
\begin{pmatrix}\n\chi_{11}^{(0)}(\omega) & \chi_{21}^{(0)}(\omega) \\
\chi_{21}^{(2)}(\omega - 2\delta) & \chi_{23}^{(2)}(\omega - 2\delta)\n\end{pmatrix} = J(\omega) \begin{pmatrix}\n1 & iG - \chi_{\text{opt}}(\omega) \\
0 & iG + \chi_{\text{opt}}(\omega)\n\end{pmatrix}.
$$
\n(A7)

Furthermore, the elements of χ are not all independent. In general,

$$
\chi_{ij}^{(n)*}(\omega) = \chi_{\bar{i}\bar{j}}^{(-n)}(-\omega),
$$
 (A8)

where \overline{i} is the index for the operator that is the hermitian conjugate of the operator indexed by i (so $\overline{1} = 2$, $\overline{3} = 4$, and *vice versa*).

We are only interested in the elements that connect the system operators with the mechanical bath, as those will determine the susceptibility to the measurement noise. Fortunately, the only non-zero ones are

$$
\chi_{11}^{(0)}(\omega) = J(\omega) = \chi_{22}^{(0)*}(-\omega). \tag{A9}
$$

This gives the problem exactly the same structure as the case with $H_{\text{rest}} = 0$, except that here $\chi_m(\omega)$ is replaced by $J(\omega)$.

Nevertheless, we give the general formula for the added contribution due to the measurement

$$
b_{\text{add}}^{(n)}(\omega) = 2\sqrt{\kappa}G \sum_{m} K^{(n-m)}(\omega - n\delta) f_{\text{in}}^{(m)}(\omega), \quad \text{(A10a)}
$$

$$
b_{\text{add}}^{(n)\dagger}(\omega) = 2\sqrt{\kappa}G \sum_{m} K^{(-n+m)*}(-\omega + n\delta) f_{\text{in}}^{(m)}(\omega), \quad \text{(A10b)}
$$

where

$$
K^{(n)}(\omega) \equiv \chi_{11}^{(n)}(\omega) - \chi_{12}^{(n)}(\omega).
$$
 (A11)

This gives (note similarity with Eq. [\(19\)](#page-2-7))

$$
b_{\text{add}}^{(n)} = 2\sqrt{\kappa} G J(\omega - n\delta) f_{\text{in}}^{(n)}(\omega). \tag{A12}
$$

and hermitian conjugate. The CR correction can be calculated as before and looks very familiar (cf. Eq. [\(31\)](#page-3-1))

$$
S_{X_{\delta}X_{\delta}}^{\text{CR}}(\omega) = \kappa \lambda^2 G^2 \left(|J(\omega + \delta)\chi_c(\omega + 2\delta)|^2 + |J(-\omega + \delta)\chi_c(-\omega + 2\delta)|^2 \right). \tag{A13}
$$

The reason why it is so simple is that here $b^{(0)}(\omega)$ only couples to b_{in} and not to b_{in}^{\dagger} . This ceases to be the case for $\Delta \neq -\omega_m$, or in parametric squeezing in Appendix [C.](#page-7-0)

Appendix B: Dissipative bichromatic squeezing in the absence of strong-coupling effects

As a relevant example for how a weakly coupled H_{rest} can lead to effective parameters in the mechanical susceptibility, we consider the weak-coupling version of Appendix [A.](#page-5-1) We place the red-detuned drive on the red sideband $\Delta = -\omega_m$, but allow the other to vary. To second order in G_{\pm} , the effective quantum Langevin equation is (in a frame rotating with frequency δ)

$$
\dot{b} = -\left[i(\omega_{m,\text{eff}} - \delta) + \frac{\Gamma_{\text{eff}}}{2}\right]b + \sqrt{\gamma}b_{\text{in}} + \frac{2i\mathcal{G}}{\sqrt{\kappa}}s_{\text{in}}, \quad (B1)
$$

$$
\Gamma_{\text{eff}} = \gamma + \frac{4}{\kappa} \left(G_-^2 - \frac{G_+^2}{1 + 4\varepsilon^2/\kappa^2} \right),
$$
 (B2a)

$$
\omega_{m,\text{eff}} = \omega_m + \frac{G_+^2 \varepsilon}{(\kappa/2)^2 + \varepsilon^2},\tag{B2b}
$$

$$
s_{\rm in} = \frac{G_{-}d_{\rm in} + G_{+}d_{\rm in}^{\dagger}}{\mathcal{G}}.\tag{B2c}
$$

Here, $\varepsilon \equiv 2(\delta - \omega_m)$ and $\mathcal{G} \equiv \sqrt{G^2 - G^2_+}$. s_{in} is a Bogoliubov rotation of the original optical bath operators, and is therefore a squeezed, vacuum bath with nonzero anomalous correlators, such as $\langle s_{\text{in}}(\omega)s_{\text{in}}(\omega') \rangle = -2\pi \delta(\omega +$ $\omega')G_+G_-/\mathcal{G}^2.$

The equivalent master equation (generalization of Ref. [\[17\]](#page-9-19) to general drive detuning δ) is

$$
\dot{\rho} = -i[(\omega_{m,\text{eff}} - \delta)b^{\dagger}b, \rho] + {\{\Gamma_{\text{eff}}(n_{\text{eff}} + 1)\mathcal{D}[b] \over + \Gamma_{\text{eff}}n_{\text{eff}}\mathcal{D}[b^{\dagger}] + \frac{4\mathcal{G}^2}{\kappa}\mathcal{D}[\beta]\} \rho, \quad (B3)
$$

where $\mathcal{D}[a]\rho \equiv a\rho a^{\dagger} - \frac{1}{2}(a^{\dagger}a\rho + \rho a^{\dagger}a)$ is the Lindblad superoperator.

In order to include the measurement noise, it is easier to work in the laboratory frame, where

$$
\dot{b} = -\left(i\omega_{m,\text{eff}} + \frac{\Gamma_{\text{eff}}}{2}\right)b + \sqrt{\gamma}b_{\text{in}} + 2\sqrt{\kappa}Gf_{\text{in}} + \frac{2i\mathcal{G}}{\sqrt{\kappa}}s_{\text{in}}.
$$
\n(B4)

There is a subtlety here, as the anomalous averages of s_{in} , will become rotating in the transition from a rotating frame into the laboratory frame. We can ignore this difficulty, because we are only interested in the correction. Rewriting Eq. [\(B4\)](#page-1-10) in Fourier components, we find that the only independent nonzero element of the susceptibility matrix is

$$
\chi_{11}^{(0)}(\omega) = \chi_{m,\text{eff}}(\omega) \equiv [\Gamma_{\text{eff}}/2 - i(\omega - \omega_{m,\text{eff}})]^{-1}.
$$
 (B5)

We could have obtained this from Eq. [\(A9\)](#page-1-9) by setting $\mathcal{G} = 0$ (weak coupling) and replacing ω_m and γ by their modified values. Thus we can use the result Eq. [\(A13\)](#page-1-11) with $J \to \chi_{m,\text{eff}}$. Therefore, the results in the article are valid in the weak coupling case as well, with $\gamma \to \Gamma_{\rm eff}$ and $\omega_m \to \omega_{m,\rm eff}$.

Optionally, we can remain in a rotating frame, but that means we have to rotate the added measurement noise to \tilde{f}_{in} $e^{i\delta t} f_{\text{in}}$. This implies $\tilde{f}_{\text{in}}^{(n)} = f_{\text{in}}^{(n-1)}$. Solving the Langevin equation gives $\chi_{11}^{(0)}(\omega) = [\Gamma_{\text{eff}}/2 - i(\omega - \omega_{m,\text{eff}} + \delta)]^{-1}$. Consulting Eq. $(A10)$, we find that the new set of Fourier components $\tilde{b}_{\rm add}^{(n)}(\omega) = b_{\rm add}^{(n-1)}(\omega)$. It is straightforward to check that in the end $\tilde{b}_{\text{add}}(t) = e^{i\delta t}b_{\text{add}}(t)$.

This result can be adapted to a wide variety of cases, as long as they can be approximated by coupling the harmonic oscillators to baths only (and potentially modify its effective parameters).

Appendix C: Parametric squeezing

Squeezing is induced naturally in a degenerate parametric amplifier [\[22\]](#page-9-21). Whilst it is limited to 3 dB of squeezing, its solution has other interesting aspects. Here,

$$
H_{\text{rest}} = \omega_m b^{\dagger} b + (\mu b^2 e^{2i\omega_m t} + \text{h.c.}),\tag{C1}
$$

where μ is the parametric driving strength. Without the BAE measurement $(G = 0)$, the quantum Langevin equation is

$$
\dot{b} = -i\omega_m b - i\mu b^{\dagger} e^{-2i\omega_m t} - \frac{\gamma}{2} b + \sqrt{\gamma} b_{\text{in}}.\tag{C2}
$$

In Fourier components,

$$
\begin{pmatrix}\n\chi_m^{-1}(\omega - n\omega_m) & i\mu \\
-i\mu & \chi_m^{-1}(\omega - n\omega_m)\n\end{pmatrix}\n\begin{pmatrix}\nb^{(n)}(\omega) \\
b^{(n+2)\dagger}(\omega)\n\end{pmatrix}
$$
\n
$$
= \sqrt{\gamma} \begin{pmatrix}\n\delta_{n,0}b_{\text{in}} \\
\delta_{n,2}b_{\text{in}}^{\dagger}\n\end{pmatrix}, \quad \text{(C3)}
$$

where $\chi_m(\omega) \equiv [\gamma/2 - i(\omega - \omega_m)]^{-1}$. Inverting leads to

$$
\begin{pmatrix}\nb^{(n)}(\omega) \\
b^{(n+2)\dagger}(\omega)\n\end{pmatrix} = A(\omega - n\omega_m)\n\times \begin{pmatrix}\n\chi_m^{-1}(\omega - n\omega_m) & -i\mu \\
i\mu & \chi_m^{-1}(\omega - n\omega_m)\n\end{pmatrix}\n\begin{pmatrix}\n\sqrt{\gamma}\delta_{n,0}b_{\rm in} \\
\sqrt{\gamma}\delta_{n,2}b_{\rm in}^{\dagger}\n\end{pmatrix},
$$
\n(C4)

where

$$
A(\omega) \equiv \left[\chi_m^{-2} (\omega - n\omega_m) - \mu^2 \right]^{-1}.
$$
 (C5)

It is again enough to consider only one block (the other nonzero block is the hermitian conjugate)

$$
\begin{pmatrix} b^{(0)}(\omega) \\ b^{(2)\dagger}(\omega) \end{pmatrix} = A(\omega) \begin{pmatrix} \chi_m^{-1}(\omega) & -i\mu \\ i\mu & \chi_m^{-1}(\omega) \end{pmatrix} \begin{pmatrix} \sqrt{\gamma}b_{\rm in} \\ 0 \end{pmatrix} . \tag{C6}
$$

To make the discussion as simple as possible, we choose $\delta = \omega_m$ for the measurement scheme. Then the same analysis as above can be applied to obtain

$$
\chi_{11}^{(0)}(\omega) = A(\omega)\chi_m^{-1}(\omega), \qquad \text{(C7a)}
$$

$$
\chi_{12}^{(2)}(\omega - 2\omega_m) = -i\mu A(\omega), \qquad \text{(C7b)}
$$

$$
\chi_{12}^{(-2)*}(-\omega + 2\omega_m) = i\mu A^*(\omega). \tag{C7c}
$$

In order to evaluate the added noise due to the BAE measurement, we have to add the noise Eq. (20) and use Eq. $(A10)$. We find (λ) labels terms with CR origin)

$$
b_{\text{add}}^{(n)}(\omega) = i\sqrt{\kappa}G\chi_c(\omega)I_{\text{in}}(\omega)
$$

\n
$$
\times \begin{cases} i\mu A(\omega - \delta) & \text{if } n = 3\\ i\mu\lambda A(\omega + \delta) + A(\omega - \delta)\chi_m^{-1}(\omega - \delta) & \text{if } n = 1\\ \lambda A(\omega + \delta)\chi_m^{-1}(\omega + \delta) & \text{if } n = -1\\ (C8) \end{cases}
$$

This reverts to Eq. [\(19\)](#page-2-7) when we set $\mu = 0$. Using Eq. [\(28\)](#page-3-4) with the spectra calculated from Eq. $(C8)$, we obtain the correction to the quadrature spectrum. The resulting spectra have terms rotating at multiples of δ . They could be measured by coupling to another suitably driven cavity mode [\[12\]](#page-9-9), but tend to be very small.

Appendix D: Two-mode BAE

In this section, we consider another recently experimentally demonstrated QND scheme [\[20,](#page-9-17) [21\]](#page-9-18). The goal here is to measure a collective quadrature of two mechanical oscillators, in order to eventually measure both quadratures of an external force with the same device. Whilst the overall theory is more general [\[23\]](#page-9-22), in the specific experiment we consider here, both mechanical resonators couple to the same cavity and the problem has the Hamiltonian [\[20\]](#page-9-17)

$$
H = (\omega_m + \Omega)b_1^{\dagger}b_1 + (\omega_m - \Omega)b_2^{\dagger}b_2 + \omega_{\text{cav}}a^{\dagger}a + g_1(b_1 + b_1^{\dagger})a^{\dagger}a + g_2(b_2 + b_2^{\dagger})a^{\dagger}a + H_{\text{drive}} + H_{\text{diss}} \tag{D1}
$$

Note that in Ref. [\[20\]](#page-9-17) the mechanical oscillators have annihilation operators a and b , and the cavity c , whereas here, they are b_1, b_2 , and a, respectively. As before, bichromatic driving leads to a coherent state

$$
\hat{a} = 2\cos(\Omega t)\bar{a} + \hat{d},\tag{D2}
$$

where \bar{a} is a real number, and $\langle \hat{d} \rangle = 0$.

Our generic solution is applicable, because Eq. [\(41\)](#page-5-4) is fulfilled after linearizing, no matter which of the oscillators we put into H_{rest} . For example, we could chose

$$
H_{\text{rest,1}} = (\omega_m + \Omega)b_1^{\dagger}b_1 + g_1(b_1 + b_1^{\dagger})2\cos(\Omega t)\bar{a}(d+d^{\dagger}),
$$
\n(D3)

but the choice with $1 \rightarrow 2$ is equally valid. Our result for the backaction on the mechanical oscillators (all of Sec. [IV,](#page-1-1) particularly Eq. [\(31\)](#page-3-1)) thus applies to both resonators individually.

The correction to the cavity spectrum is slightly more tricky to find, since the fluctuations in the two resonators are correlated, leading to cross terms. Instead of Eq. [\(4a\)](#page-1-2) we have

$$
\dot{d} = -\frac{\kappa}{2}d + \sqrt{\kappa}d_{\rm in} + 2i\cos(\Omega t) (G_1 x_1 + G_2 x_2), \quad (D4)
$$

where $x_{1,2}$ are the position operators for the two oscillators, and $G_{1,2} \equiv g_{1,2}\bar{a}$. $x_{1,2}$ are both given through Eq. [\(19\)](#page-2-7), but with the respective parameters for each resonator.

To calculate the optical spectrum, first note that there is a cross correlation. For $m, n \in \{1, -1\}$, we have

$$
\int \frac{d\omega'}{2\pi} \left\langle x_1^{(m)}(\omega + m\delta) x_2^{(n)}(\omega') \right\rangle = -\kappa G_1 G_2
$$
\n
$$
\times |\chi_c(\omega + m\delta)|^2 \chi_{x_1}(\omega) \chi_{x_2}(-\omega - (m+n)\delta),
$$
\n(D5)

with $\chi_{x_{1,2}}$ defined analogously to χ_x in Appendix [G.](#page-9-23) Then $S_{\scriptscriptstyle{A^{\dagger}}}^{(0)}$ $d_{d \dagger d}^{(0)}$ contains two copies of Eq. [\(32\)](#page-3-0) (one for each resonator), in addition to

$$
4G^{2}|\chi_{c}(\omega)|^{2} \text{Re}\left[S_{x_{1}x_{2}}^{(0)}(\omega-\delta)+S_{x_{1}x_{2}}^{(0)}(\omega+\delta)\right] + S_{x_{1}x_{2}}^{(2)}(\omega-\delta)+S_{x_{1}x_{2}}^{(-2)}(\omega+\delta)\right],
$$
\n(D6)

where $S_{x_1x_2}$ are given through Eqs. [\(16\)](#page-2-5) and [\(D5\)](#page-1-8). Here, we used the property $[S_{AB}^{(n)}(\omega)]^{\dagger} = S_{B^{\dagger}A^{\dagger}}^{(-n)}(\omega + n\delta)$ [\[12\]](#page-9-9).

This demonstrates that our technique can also be applied for multiple modes coupled to the cavity, as long as $[H_{\text{rest}}, I] = 0$.

Appendix E: Integration of the main peak

One goal of a BAE measurement of a mechanical oscillator quadrature is to extract the quadrature variance. We show that the weight of the main peak of the optical spectrum

$$
\frac{S_{d\dagger d}^{(0)}(\omega)}{G^2|\chi_c(\omega)|^2} = S_{xx}^{(0)}(\omega - \delta) + S_{xx}^{(0)}(\omega + \delta) + S_{xx}^{(2)}(\omega - \delta) + S_{xx}^{(-2)}(\omega + \delta)
$$
(E1)

is a good measure for the quadrature variance. The weight of its middle peak at $\omega = 0$ is

$$
W = \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} S_{xx}^{(0)}(\omega) + 2\text{Re}[S_{xx}^{(2)}(\omega)].
$$
 (E2)

Equation $(E2)$ can be evaluated with the formulae in Ap-pendix [G.](#page-9-23) Given the output spectrum $\kappa S_{d/d}^{(0)}(\omega)$, the weight can be approximated by integrating from $-\omega_m$ to ω_m

$$
W \approx \left\langle X_{\text{meas}}^2 \right\rangle \equiv \int_{-\omega_m}^{\omega_m} \frac{\mathrm{d}\omega}{2\pi} \frac{S_{d_{\text{out}}^{\dagger} d_{\text{out}}}^{(0)}(\omega)}{\kappa G^2 |\chi_c(\omega)|^2}.
$$
 (E3)

Appendix F: Full quadrature spectrum

Here we present the full expression for the spectrum of the rotating quadrature X_{δ}

$$
S_{X_{\delta}X_{\delta}}^{(0)}(\omega) = \gamma \left(|\chi_m(\omega + \delta)|^2 (n_{\text{th}} + 1) + |\chi_m(-\omega + \delta)|^2 n_{\text{th}} \right) + \kappa G^2 \left\{ -2|\chi_c(\omega)|^2 \text{Re} \left[\chi_m(\omega + \delta) \chi_m(-\omega + \delta) \right] \right. \\ \left. + |\chi_m(\omega + \delta)|^2 \left(|\chi_c(\omega)|^2 + |\chi_c(\omega + 2\delta)|^2 \right) + |\chi_m(-\omega + \delta)|^2 \left(|\chi_c(\omega - 2\delta)|^2 + |\chi_c(\omega)|^2 \right) \right\} . \tag{F1}
$$

It contains a part due to the thermal bath of the oscillator (terms with a γ) and an optical part (terms with κ). If $\delta = \omega_m$, $\chi_m(-\omega+\delta) = \chi_m^*(\omega+\delta)$, and the negative term in the curly brackets cancels two resonant contributions in the second line. This cancellation makes the measurement BAE in RWA. The two terms left over cause the two side peaks to appear. Inverting the sign of the first term in curly brackets would lead to the spectrum of the conjugate quadrature $S_{P_{\rm s}}^{(0)}$ $P_{\delta}^{(0)}P_{\delta}(\omega)$, which gets all the BA in RWA. The BA due to CR terms is the same in both. If the oscillator is weakly coupled to other degrees of freedom, this formula is still approximately correct, using effective parameters Γ_{eff} , $\omega_{m,\text{eff}}$ and n_{eff} .

Appendix G: Optical spectrum

In this section we outline the derivation of the optical spectrum. We use the expression given in the main text [\(32\)](#page-3-0). For $H_{\text{rest}} = 0$, the necessary correlators are

$$
\int \frac{\mathrm{d}\omega'}{2\pi} \left\langle x^{(0)}(\omega)x^{(0)}(\omega') \right\rangle = \gamma \left[|\chi_m(-\omega)|^2 n_{\text{th}} + |\chi_m(\omega)|^2 (n_{\text{th}} + 1) \right],\tag{G1}
$$

and for $m, n \in \{1, -1\}$

$$
\int \frac{d\omega'}{2\pi} \left\langle x^{(m)}(\omega+m\delta)x^{(n)}(\omega') \right\rangle = -\kappa G^2 |\chi_c(\omega+m\delta)|^2 \chi_x(\omega) \chi_x(-\omega-(m+n)\delta), \tag{G2}
$$

where $\chi_x(\omega) \equiv \chi_m(\omega) - \lambda \chi_m^*(-\omega)$. This gives

$$
S_{xx}^{(0)}(\omega) = \gamma \left[|\chi_m(-\omega)|^2 n_{\text{th}} + |\chi_m(\omega)|^2 (n_{\text{th}} + 1) \right] + \kappa G^2 \left(|\chi_x(-\omega)|^2 |\chi_c(\omega + \delta)|^2 + |\chi_x(\omega)|^2 |\chi_c(\omega - \delta)|^2 \right), \tag{G3a}
$$

$$
S_{xx}^{(2)}(\omega) = -\kappa G^2 |\chi_c(\omega + \delta)|^2 \chi_x^* (-\omega) \chi_x^* (\omega + 2\delta), \tag{G3b}
$$

$$
S_{xx}^{(-2)}(\omega) = -\kappa G^2 |\chi_c(\omega - \delta)|^2 \chi_x(\omega) \chi_x(-\omega + 2\delta), \tag{G3c}
$$

whence $S_{dtc}^{(0)}$ $\frac{d^{(0)}}{dt^{d}}(\omega)$ can be constructed, using (cf. Eq. [\(32\)](#page-3-0))

$$
S_{d^\dagger d}^{(n)}(\omega) = G^2 \chi_c(\omega) \chi_c^*(\omega + n\delta) \left[S_{xx}^{(n)}(\omega - \delta) + S_{xx}^{(n)}(\omega + \delta) + S_{xx}^{(n+2)}(\omega - \delta) + S_{xx}^{(n-2)}(\omega + \delta) \right].
$$
 (G4)

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