1	The effect of long-term and decadal climate and hydrology variations on
2	estuarine marsh dynamics: an identifying case study from the Río de la Plata
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14	Abstract
15	The vertical growth of coastal wetlands is known to primarily be controlled by local
16	tidal range and sediment availability as well as the occurrence of storm events. In
17	estuaries, sediment availability additionally depends on riverine sediment input, the

effect of which may be more pronounced in some parts of the estuary, thereby introducing a distinct spatial pattern that depends on the estuary's shape as well as the riverine sediment input and the hydro-meteorological regime.

In the present study, we investigate how estuarine marshes along the whole Río de la Plata (RdIP) are affected by decadal and long-term variations in river discharge and storm activity. The El Niño Southern Oscillation (ENSO), in this context, appears to introduce a pronounced decadal variability on sediment loads brought into the RdIP.

Based on 15 sediment cores, recovered along the RdIP and adjacent Atlantic coast, vertical marsh growth rates were studied using radionuclide dating (²¹⁰Pb and ¹³⁷Cs) and grain size distributions. By comparing these sedimentological records with historic river discharge and storm surge data, we spatially interpret the relative importance of temporal variations in river discharge and storm activity on estuarine marsh growth.

By delivering the first estimates for vertical growth rates of the RdIP marshes, we 32 conclude that with average vertical marsh growth rates between 0.4 and 2.6 cm yr⁻¹, 33 the RdIP marshes are highly resilient against drowning under present and future SLR 34 conditions. Furthermore, our results confirm a large spatial variability of the drivers for 35 vertical marsh growth; extreme storm surges appear to play a role in the 36 37 development of the outer RdIP marshes whereas the temporal variations in river discharge seem to be hierarchically more important for the marshes in the inner 38 39 estuary.

40 Keywords

41 Estuarine marshes, Río de la Plata, sediment deposition, decadal climate variability

42 1 Introduction

Estuarine marshes are increasingly recognized as important landscape features in the context of coastal management and coastal protection strategies (Shepard et al., 2011). Besides their high ecological value (Barbier et al., 2011), they are considered as a crucial element of the so-called 'building with nature' approach that seeks for alternative adaptation strategies to the classical hard defence structures in preventing flooding of populated coastal areas (Temmerman et al., 2013). Estuarine marshes were shown to efficiently dissipate wave and storm surge energy and decrease flood

risks in coastal cities in the inner part of large estuaries (Temmerman et al., 2013;
Bouma et al., 2014; Möller et al., 2014).

The morphological development of coastal (including estuarine) marshes strongly 52 depends on the availability of suspended sediment, the local hydrological regime and 53 wave climate as well as long-term SLR (van der Wal and Pye, 2004; Callaghan et al., 54 2010; Schuerch et al., 2013). In estuaries, the above-mentioned variables are 55 controlled by the estuary's shape, river discharge, marine processes such as tides, 56 waves, storm surges, and SLR, and interactions between these parameters 57 (Dalrymple et al., 1992; Friedrichs et al., 1998; Uncles, 2002; Schuerch et al., 2014). 58 Maximum suspended particulate matter (SPM), for instance, has been shown to 59 increase with the length of the estuary and the prevailing tidal range as a 60 61 consequence of increasing maximum tidal currents (Uncles et al., 2002). The tidal range within an estuary, in turn, strongly relies on the estuary's morphology, primarily 62 63 the convergence and water depth. Tidal amplification is strongest observed in converging and deep estuaries, whereas the tidal wave is dampened in prismatic and 64 shallow estuaries (Van Rijn, 2010). The estuary's shape also controls the wave 65 exposure and associated sediment resuspension in the estuary. In response to these 66 spatial patterns of the drivers for estuarine marsh morphology, spatial variations of 67 both recent vertical growth through sediment accretion and lateral marsh dynamics 68 within an estuary have been reported by various authors (Temmerman et al., 2004; 69 van der Wal and Pye, 2004; Butzeck et al., 2014). Some stunning evidence for how 70 sedimentation processes on marshes in a small river mouth system may be affected 71 by decadal variations in the hydro-morphological regime has been presented by 72 Clarke et al. (2014). Historical data, however, on how marshes respond to changes in 73 the spatial patterns of the drivers for their morphological development, triggered by 74

decadal and long-term variations of the hydro-meteorological and riverine regime, arelacking.

77 A small tidal range has been shown to significantly increase the contribution of storm events on long-term marsh growth to enhance the ability of coastal marshes to adapt 78 79 to future SLR (Kolker et al., 2009; Kirwan et al., 2010; Schuerch et al., 2012) . This is due to the fact that storm activity induces larger wave heights and increases wave-80 induced sediment resuspension on the tidal flats adjacent to the coastal marshes. 81 The increase in suspended sediment concentration (SSC) is proportionally higher in 82 micro-tidal environments compared to macro-tidal environments (Kirwan and 83 Guntenspergen, 2010). A larger tidal range, in contrast, enables sediment 84 resuspension by tidal currents. The relative importance of current and wave-induced 85 86 sediment resuspension strongly depends on the site-specific wave exposure and the prevailing current conditions (Fossati et al., 2014). 87

In estuarine systems, an additional source of suspended sediment is the riverine 88 discharge, which is usually subject to considerable seasonal and inter-annual 89 variations (Chen et al., 2006; Depetris, 2007). Most aquatic systems in South 90 America are strongly affected by the El Niño Southern Oscillation (ENSO) in 91 92 response to changes of rainfall patterns (Mechoso and Iribarren, 1992). Especially in the tropical regions of South-America both river and associated sediment discharge 93 have been reported to strongly depend on ENSO (Restrepo and Kjerfve, 2000). 94 Excessive rainfall events over south-eastern South America during warm ENSO 95 years are responsible for increased river discharge into the Uruguay and Paraná 96 rivers (Depetris et al., 1996; Bischoff et al., 2000; Grimm and Tedeschi, 2009; 97 Barreiro, 2010), a signal that is also found in the geochemical composition of the 98 RdIP sediments (García-Rodríguez et al., 2014). 99

Our study contributes to an improved understanding of the estuary-scale processes 100 and their spatial variability affecting the morphological behaviour of estuarine 101 marshes and control mechanisms of the decadal climate variability. We emphasize 102 the spatio-temporal variability of estuarine marshes' sediment characteristics and 103 vertical growth rates to relate these to estuarine gradients and historic hydrological 104 data. As a case study, we investigate the freshwater, brackish, and salt marshes 105 around the RdIP estuary (on the coasts of Argentina and Uruguay) (Fig. 1a), where 106 the observed river discharge is highly dependent on ENSO (Depetris, 2007). More 107 specifically, we (i) investigate the spatial variability of grain size and vertical marsh 108 109 growth; (ii) assess the relative influence of riverine sediment discharge and marine drivers, namely the current and wave induced sediment resuspension, on the spatial 110 grain size distribution and vertical growth rates; and (iii) analyse how decadal climate 111 112 variations, e.g. triggered by ENSO, affect vertical growth rates and the ability of estuarine marshes to adapt to future SLR. 113

114 2 <u>Methods</u>

115 2.1 Study area

The RdIP is a funnel-shaped estuary with a length of about 280 km and a maximum width, at its mouth, of 230 km (Mianzan et al., 2001), which drains into the Atlantic Ocean at 35.5°S (Fig. 1). It is characterized by a micro-tidal regime (<1 m), with a higher tidal range along the Argentinean coast and a lower tidal range along the Uruguayan coast (Fig. 2).



Figure 1: Location of the RdIP estuary (a) and the locations of the sampled estuarine marshes (b). For coordinates of the coring locations, see Table 1. COL: Colonia.

Formed at the confluence of the Paraná and the Uruguay rivers, the size of the RdIP 126 drainage basin is 3.1 million km² (Acha et al., 2008). Annual mean river discharge 127 into the RdIP amounts to ~20,000 m³ s⁻¹ delivering ~79.8 billion kg of sediment yr^{-1} . 128 SSC varies between 100 and 300 mg l⁻¹ (Framiñan et al., 1999). Although intensive 129 dam construction has taken place in the upper Paraná and Uruguay rivers during the 130 131 1970s and 1980s, river as well as sediment discharge has increased since the 1970s due to an increased proportion of sediment being delivered from the Bermejo River 132 133 basin into the Paraná River (Amsler and Drago, 2009). Sediment loads in the Bermejo river have increased mainly due to more rainfall since the 1970s and due to 134 the high erodibility of the mountainous catchment area (Amsler and Drago, 2009). 135

In the RdIP, a turbidity maximum zone (TMZ) forms in vicinity of the transition between the fresh, estuarine and the marine domain, depending on river discharge as well as the prevailing wind and tide conditions (Burchard and Baumert, 1998; North et al., 2004). The TMZ is generally characterized by a sharp decrease in SSC on the seaward side due to increased flocculation of fine-grained suspended sediments and, consequently, enhanced sediment deposition within the TMZ (Wolanski and Gibbs, 1995; Tatone et al., 2015).

The Paraná Delta is located in the innermost part of the RdIP (Fig. 1), adjacent to the city of Buenos Aires and has a size of about 14'000 km². It is prograding with a rate of up to 75 m yr⁻¹ (Sarubbi et al., 2006). Seaward of the subaerial delta a subaqueous delta has formed, which extends about 200 km into the RdIP (Cavallotto et al., 2004) and is responsible for water depth of less than 10 m in most areas of the RdIP, including the Bay of Samborombón, where extensive salt marsh areas have developed (Fig. 1b).

150 2.2 Study sites

Our 15 study sites are situated along the Uruguayan and Argentinean coasts of the 151 RdIP (Fig. 1b, Table 1). Locations of marsh cores were selected in the mid to high 152 marsh zone (above the mean high water level), where a dense vegetation cover is 153 present and inundation takes place irregularly. In these densely vegetated mid to 154 high marshes, erosion can be neglected as the bed shear stress caused by currents 155 and waves is extremely reduced by the vegetation (Fagherazzi et al., 2012). For two 156 of the coring sites (08-1, 19-1), orthometric height measurements were conducted 157 using GPS in kinematic mode (3 receptors Trimble model 4700 and 3 antennas 158 Trimble model Microcentred L1/L2). The present marsh vegetation includes 159 freshwater species in the inner estuary (e.g. Ludwigia spp., Alternanthera 160 philoxeroides, Echinodorus sp., Eryngium sp.) and marine species (Spartina 161 162 densiflora, Juncus acutus) in the outer estuary.

While the study sites along the Argentinean coast are located on the river banks of the RdIP (except for core 08-1 in the mouth of the Río Salado and core 00-1 in the lagoon of Mar Chiquita), the study sites along the Uruguayan coast (except cores 22-1 and 02-1) are located behind the sand barriers forming at the mouths of the small rivers draining into the RIdP. All study sites, however, were chosen to be located in river mouths that are open all year round and as close to the inlet as possible.

169 2.3 Tidal range, wave exposure and suspended matter

For all 15 study sites tidal range, wave exposure and sediment availability were assessed by means of harmonic tides and GIS analysis, respectively. The amplitudes and periods of 12 tidal constituents (M2, S2, N2, K2, K1, O1, P1, Q1, M4, L2, S1 and Sa) were retrieved from the Simplified Empirical Tide Model (SEAT) (D'Onofrio et al.,

174 2012) for all 15 study sites and subsequently used to estimate the mean tidal range,
175 based on a one-year tide prediction.

176 The assessment of site-specific wave exposure included the calculation of fetch lengths of all 15 study sites for 16 different wind directions, followed by both a 177 bathymetry correction as suggested by Hill et al. (2010) and a correction for the 178 prevailing wind conditions (Burrows et al., 2008). Uncorrected fetch lengths were 179 limited to 250 km in order to account for wind-generated waves in the inner part of 180 the estuary. Bathymetry data were retrieved from nautical charts, provided by the 181 Servicio de Hidrografía Naval, Argentina (www.hidro.gob.ar/cartas/, 21.01.2013), 182 whereas wind data (1979-2012) were gathered from the NCEP-DOE Reanalysis-2 183 184 project (http://www.esrl.noaa.gov/psd/data/gridded/, 30.01.2013). For those study 185 sites that are located within a lagoon or behind a sandy barrier, site-specific wave exposure was assessed for the closest location along the coast that directly borders 186 either the RdIP or the open sea. By doing this, we assume that marshes located 187 within lagoons are supplied with sediment that has been resuspended along the open 188 shore, rather than within the lagoon, where wave heights are negligible. 189

Average SSC (over 8 years) was calculated for every study site using SSC data that have been derived from MERIS satellite data for the RdIP region (Brockmann et al., 2012), obtained from www.coastcolour.org/site_27.html (07/03/2014). SSC data span from 2005 to 2012 with variable temporal resolution (between 22 and 191 datasets per year). We assume that the average derived from these data is a reliable estimate for the site-specific sediment availability.

196 2.4 Sample collection, grain size and C/N analysis

Fifteen marsh cores were obtained using PVC tubes with an inner diameter of 10.3
cm (Fig. 1, Table 1). Average core length was 79 cm with the longest core being 115

cm and the shortest core measuring 49 cm (Table 1). In the laboratory, the cores were sliced horizontally into 2 cm-layers between 0 and 20 cm of depth, 3 cm-layers between 20 and 50 cm, and 5 cm-layers below 50 cm of depth. X-ray images were obtained using a *Swissray ddR Multi System*, operated at 40 kV and 100 mAs and automatically controlled radiation time (Wetzel and Unverricht, 2013).

Core	Station Name	Longitude	Latitude	Length	Region within the estuary
				(cm)	
00-1	Mar Chiquita	057°25.93' W	37°43.07' S	60	Southern Atlantic coast
19-1	Punta Rasa	056°46.71' W	36°19.29' S	106	Bay of Samborombón
08-1	Río Salado	057°22.38' W	35°44.73' S	115	Bay of Samborombón
05-1	Canal 1	057°06.90' W	36°16.72' S	73	Bay of Samborombón
09-1	Punta Piedras	057°11.01' W	35°31.47' S	112	Bay of Samborombón
20-1	Boca Cerrada	058°01.10' W	34°46.83' S	89	Middle estuary (Argentina)
06-1	Punta Lara	057°58.90' W	34°48.42' S	64	Middle estuary (Argentina)
10-1	Bajos del Temor	058°28.35' W	34°17.17' S	87	Paraná Delta
12-1	Isla Martín García	056°46.71' W	36°19.29' S	51	Paraná Delta
22-1	Boca Rosario	057°21.31' W	34°25.82' S	65	Middle estuary (Uruguay)
02-1	Santa Lucía	056°20.88' W	34°47.23' S	100	Middle estuary (Uruguay)
03-2	Arroyo Carrasco	056°01.66' W	34°52.68' S	72	Outer estuary (Uruguay)
07-1	Arroyo el Potrero	055°05.88' W	34°52.59' S	87	Northern Atlantic coast
04-1	José Ignacio	054°40.16' W	34°50.38' S	49	Northern Atlantic coast
04-2	José Ignacio	054°41.71' W	34°50.82' S	54	Northern Atlantic coast

Table 1: Core number, Station name, coordinates and length of all 15 cores extracted. Sorting of cores follows a virtual route from the southern Atlantic coast, into the estuary along the Argentinean coast (including the Bay of Samborombón), the Paraná Delta and back towards the Atlantic along the Uruguayan coast (Fig. 1).

209

All sediment samples were weighed before and after drying at 60°C until constant weight (>24 hours) in order to derive the dry bulk densities. Samples were then manually ground using mortar and pestle. Grain-size analysis was conducted with a *Malvern Mastersizer 2000* on aliquots of about 200-1000 mg after removal of the organic content (H_2O_2), potential traces of calcium carbonate (10% hydrochloric acid) and iron (sodium bicarbonate, sodium citrate, and sodium dithionate). Grain size data were analysed by comparing the complete frequency distributions as a function of depth as well as by analysing the grain size fractions sand (>63 μ m), silt (<63 and >2 μ m) and clay (<2 μ m).

An element analyser *Euro EA* (gas chromatographer) was employed to assess the C/N contents of small representative aliquots of 25 ± 1 mg per sample. Inorganic carbon contents are assumed to be negligible, after minor reactions observed when adding hydrogen peroxide; hence, total carbon content (TC) is interpreted as a measure of the sample's organic carbon content.

224 2.5 Radionuclide analyses

For the age determination of marsh cores 02-1, 08-1, 10-1, 12-1, and 19-1 225 radionuclide analyses (excess ²¹⁰Pb and ¹³⁷Cs) were conducted by means of alpha-226 and/or gamma-spectrometry. Cores 02-1, 12-1, and 19-1 were analysed with alpha-227 spectrometry, whereas cores 10-1 and 08-1 were analysed with gamma-228 spectrometry. Compared to alpha-spectrometry the gamma method is less precise 229 and has a higher detection limit, but allows for detection of the absolute ¹³⁷Cs marker 230 horizon as an independent control on the ²¹⁰Pb-derived ages and the measurement 231 of supported ²¹⁰Pb (via ²²⁶Ra), which is needed to calculate excess ²¹⁰Pb activities. 232 For cores where ²¹⁰Pb was determined by alpha-spectrometry selected samples were 233 additionally measured by gamma-spectrometry to assess supported ²¹⁰Pb activities 234 (via ²²⁶Ra) and to determine the lowest depth where ¹³⁷Cs can be detected. 235

For alpha-spectrometric determination of ²¹⁰Pb ~300 mg sediment were digested in
 the presence of ²⁰⁹Po yield tracer before polonium isotopes were counted using an
 Ortec Octête Plus alpha-spectrometer. The analyses were validated using *UREM-11* reference material. For gamma-spectrometric measurements two high-purity
 germanium detectors (*CANBERRA BE3830P*) were used to analyse ²¹⁰Pb, ²²⁶Ra and

¹³⁷Cs for about 10-15 g of sediments. Unsupported ²¹⁰Pb (210 Pb_{ex}) was calculated as the difference between total ²¹⁰Pb and ²²⁶Ra.

243 2.6 Dating model and derivation of deposition and accretion rates

The Constant-Flux (CF), also named the Constant Rate of Supply (CRS), dating 244 model (Oldfield and Appleby, 1978; Appleby and Oldfield, 1983; Sanchez-Cabeza 245 and Ruiz-Fernández, 2012) was applied to derive the year of deposition of a specific 246 sediment layer from the unsupported ²¹⁰Pb activity measured in the samples. In cores 247 that were too short to capture the total ²¹⁰Pb-inventory, necessary for the CF model, 248 the Constant Flux Constant Sedimentation (CFCS) model was applied to estimate 249 the missing inventory (Sanchez-Cabeza and Ruiz-Fernández, 2012). The marker 250 horizon of known age, produced by the first deposition of ¹³⁷Cs in 1954 due to 251 252 nuclear bomb testing, was used to validate the sediment ages derived from the CF model (Pennington et al., 1973; DeLaune et al., 1989). 253

Additional validation was conducted by means of LANDSAT satellite images from the 254 1973. 1981. 1984. 255 vears 1985. 1992. 1993. 2003 and 2013 (http://earthexplorer.usgs.gov/, 27.09.2013) that give information about historic land-256 building through lateral marsh expansion (Tosi et al., 2013). For study sites where 257 marsh development has started after 1973 (first satellite image available) and the 258 earliest measured date of sediment deposition in the respective core, a change in 259 sediment characteristics is expected to be observed (e.g. transition from tidal flat to 260 vegetated marsh). By comparing the CF-derived age of the sediment transition with 261 the time period of land building, observed in the satellite images, an independent 262 validation of the CF-derived sediment ages is possible (Schuerch et al., 2012). 263

Before vertical growth rates (cm yr^{-1}) were calculated from dating, the layer depths were corrected for sampling compaction as measured during core retrieval, assuming

a linear compaction between the different measurements (4-5 per core). Thereafter, sediment deposition rates (kg m⁻² yr⁻¹) were calculated as the product of the measured dry bulk density (kg m⁻³) and the vertical growth rates.

269 2.7 River discharge

Data on monthly averaged river discharge of the two major rivers entering the RdIP 270 (Paraná River and Uruguay River) were obtained from the Integrated Hydrologic 271 Database the Secretariat of Water Resources, 272 from Argentina (http://www.hidricosargentina.gov.ar/acceso bd.php, 05.03.2014) as an indicative 273 measure for the riverine sediment input that is to be closely related to river discharge 274 (Amsler and Drago, 2009; Re et al., 2009). Discharge data (1909-2012) used for the 275 Uruguay River were measured in Paso de los Libres, located about 600 km 276 277 upstream, while data measured in the Paraná River (1905-2012) were obtained in the city of Paraná, located about 450 km upstream. Annual averages were calculated 278 279 and subsequently smoothed using a moving-average filter with a window size of five years. 280

281 2.8 SEPI Index

Based on tide gauge data from Mar del Plata, located ~200 km south of the RdIP at 282 the Atlantic coast, Fiore et al. (2009) developed an annual storm erosion potential 283 index (SEPI), accounting for residual storm surge heights (above mean higher high 284 water) and storm durations. Given that the storm intensity as well as the storm 285 frequency have been shown to affect sediment accretion on coastal marshes 286 (Schuerch et al., 2012), the SEPI index is assumed to well represent changes in the 287 storm climate. Again, annual averages (1956-2005) were calculated, followed by 288 smoothing using a moving-average filter with a window size of five years. 289

290 3 <u>Results</u>

291 3.1 Wave exposure, tidal range and SSC

Wave exposure (WE) is largest along the Atlantic coast outside the RdIP. However, 292 the analysed marsh sites are not directly exposed to these wave conditions because 293 they are located behind the sandy barriers forming at the river mouths, but they are 294 assumed to be supplied with sediment that has been resuspended through wave 295 action along the offshore barrier. Generally, WE within the inner RdIP is low, although 296 variability is high. Highest WE indices within the inner RdIP are found at the sites 06-297 298 1 and 20-1, while lowest values are assessed in the Paraná Delta (cores 10-1, 12-1) (Fig. 2a). Meanwhile, highest tidal range (0.8-0.9 m) is observed in the Bay of 299 Samborombón whereas lower tidal ranges (around 0.5 m) are determined towards 300 301 the inner estuary. Along the outer Uruguayan coast tidal range is lowest (0.2 and 0.3 m) (Fig. 2b). 302





Figure 2: Calculated wave exposure (a) and tidal range (b) for all 15 study sites along the RdIP estuary.

As summarized in Table 2, the 8-year average (2005-2012) SSC is highest in the 308 inner RdIP along the Argentinean coast and lower in the outer estuary and along the 309 Uruguayan coast. Being a long-term average, these values are indicative for the 310 average sediment availability integrating riverine and marine contributions for the 311 different study sites. The temporal variability, represented by the standard deviation 312 of the measured SSC time series, ranges between 23.5 and 57.4 mg l⁻¹ and exceeds 313 the average SSC in the outer part of the estuary where wave exposure is highest 314 (Table 2). 315

Core	Average SSC (mg l ⁻¹)	Standard deviation	Region within the estuary
00-1	19.3	34.0	Southern Atlantic coast
19-1	51.9	23.6	Bay of Samborombón
08-1	92.3	37.2	Bay of Samborombón
05-1	67.4	24.4	Bay of Samborombón
09-1	140	57.5	Bay of Samborombón
20-1	143	43.3	Middle estuary (Argentina)
06-1	144	42.7	Middle estuary (Argentina)
10-1	126	40.1	Paraná Delta
12-1	117	42.0	Paraná Delta
22-1	109	36.6	Middle estuary (Uruguay)
02-1	54.8	37.5	Middle estuary (Uruguay)
03-2	26.5	28.2	Outer estuary (Uruguay)
07-1	21.9	41.6	Northern Atlantic coast
04-1	17.0	33.0	Northern Atlantic coast
04-2	16.7	32.3	Northern Atlantic coast

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Table 2: Suspended sediment concentrations (average and standard deviation) determined for the 15study sites and the regions as defined in table 1.

319

320 3.2 Grain size data

When analysing the grain size data of all cores, coarser sediments are generally recorded along the Uruguayan coast whereas finer sediments are observed along the Argentinean coast. In most cores an upward-fining trend is observed (Fig. 3). All sediment grain size distributions can be characterized by three modes that are found

at the grain-size fractions 10-20 µm (mode 1), 160-200 µm (mode 2), and 500-1000 325 µm (mode 3). The cores 05-1 and 08-1 (Bay of Samborombón), 10-1 and 12-1 326 (Paraná Delta) as well as core 02-1 (West of Montevideo) show unimodal 327 distributions with only mode 1 present. All other cores investigated show either a 328 bimodal (cores 00-1, 19-1, 09-1, 20-1) or trimodal (cores 22-1, 03-1) distribution (Fig. 329 3). Mode 2 is most pronounced in the deeper parts of all bimodal and trimodal cores 330 (dark lines in Fig. 3). With decreasing sediment depth, mode 2 appears to be reduced 331 in favour of mode 1, whereas mode 3, only observed along the Uruguayan coast 332 (cores 22-1, 03-1), is disappearing in favour of mode 2 (Fig. 3). 333



Figure 3: Grain-size distributions of the twelve most representative cores along the RdIP estuary. Dark colours indicate grain-size distributions of deeper layers, whereas lighter colours indicate shallower sediment depths. Note: The core lengths and, hence, the depth-indicating colours of the lines are not comparable between the cores.

The general upward-fining trend (Fig. 3) is also observed when looking at the 341 changes in the grain-size fractions clay (<2 μ m), silt (<63 μ m) and sand (<2000 μ m) 342 (Fig. 4). From bottom to surface, a decrease in sand content is observed in cores 19-343 1, 10-1, 02-1, whereas this trend is less pronounced in the cores 08-1 and 12-1. Fig. 344 4 shows the ages of sediment layers derived from the CF-model (cores 19-1, 08-1, 345 12-1, 10-1, 02-1). We find that for the cores 19-1, 10-1, and 02-1 the observed fining 346 trends are taking place in different time periods before the transition to the present 347 constant grain sizes is observed in the late 1960s, early 1990s, and mid-1930s, 348 respectively. Distinct layers of increased sand fractions are most pronounced in core 349 12-1 and tend not to be related to the occurrence of ENSO events (Fig. 4). 350







Figure 4: Grain-size fractions (sand, silt and clay, left panels) organic carbon content (≈TC, right
panels) as a function of depth and time (resulting from ²¹⁰Pb dating presented in section 3.5, Fig. 6).
Red filled dots indicate strong El Niño years; white dots indicate moderate El Niño events.

357 3.3 Organic carbon

The organic carbon (\approx TC) content for all cores is <5% with the lowest values found in core 10-1, where TC is increasing in parallel to the silt and clay grain-size fractions (Fig. 4). In core 02-1 TC is independent of grain size, but higher in sediment depths <40 cm. In contrast, TC contents are lower in the upper layers (<50 cm) in core 08-1, whereas no significant changes are observed in cores 19-1 and 12-1 (Fig. 4).

363 3.4 X-ray radiographies

364 X-ray radiographies of cores 19-1, 08-1, 10-1, 12-1, and 02-1 allow identification of past depositional environment and the existence of (marsh) vegetation remains. 365 Roots representing the existence of (marsh) vegetation are found throughout the 366 367 cores 02-1, 08-1, and 12-1, whereas in core 19-1 the former sub-/intertidal environment can be detected at about 70 cm (very high abundance of mussel shells) 368 (Fig. 5). In core 10-1, a clearly detectable shift from laminated/cross-bedded sub-369 /intertidal sediments to finer and less-structured marsh sediments is observed in 370 about 40 cm of depth (Ta et al., 2002) (Fig. 5). 371





Figure 5: X-ray radiographies of the cores that have been dated by means of radioisotope analysis.
Additionally, a detailed view on the transition zone from tidal flat to salt marsh in core 10-1 is shown in
panel 4.

378 3.5 ²¹⁰Pb dating

The ²¹⁰Pb-derived sediment ages, calculated from the measured ²¹⁰Pb activities (see supplementary material) are displayed in Fig. 6. The measured historical marsh surface elevations considerably vary between the different study sites, with the fastest vertical growth (steepest curve) observed in core 08-1 and the slowest growth (flattest curve) in core 02-1. The length of the reconstructed time series goes back to the year 1858 in core 02-1, while only covering the time period after 1982 in core 12-1.

For all study sites the vertical marsh growth appears to lie well above the mean SLR measured during the past century in Buenos Aires (Holgate et al., 2012; PSMSL, 2015) (Fig. 6).



Figure 6: Age-depth curve for the different aged-dated cores (coloured lines). Coloured dots indicate the maximum depth of first appearance of ¹³⁷Cs. These dots are referred to as the year 1954, when ¹³⁷Cs was first released to the atmosphere. Where no dots are displayed ¹³⁷Cs was found throughout the whole core (see supplementary material). Dashed and solid black lines show the 5-year running mean of the monthly sea-level data for Buenos Aires (BA) and Palermo (Pal), respectively (Holgate et al., 2012; PSMSL, 2015).

Validation of the ²¹⁰Pb-derived sediment ages with the first occurrence of ¹³⁷Cs in 1954 shows a good agreement between both dating models. The best fit is observed for core 02-1. With exception of core 10-1, for which the assessed age could not be validated with the ¹³⁷Cs method, ¹³⁷Cs was found in all layers that are younger than 1954. In core 10-1, ¹³⁷Cs has been detected down to a depth of 24.5 cm only, whereas the CF-model indicates that sediments from 1954 correspond to a depth of about 87 cm (Fig. 6).

Meanwhile, the above described transition of a sub-/intertidal depositional regime to marsh sediments at 40 cm depth (Fig. 5) dates back to the year 1984, which is in close agreement with observations made in the LANDSAT images from 1981 to 1985, showing the beginning of land-building at the coring site as a consequence of rapid delta progradation by the middle 1980s (Fig. 7).





412 Figure 7: LANDSAT images (http://earthexplorer.usgs.gov/) for the surrounding of core 10-1 between
413 1981 and 1985, showing rapid delta progradation and land-building.

414

415 3.6 Site-specific vertical marsh growth

When comparing the vertical growth rates of the five dated cores a clear spatial 416 pattern is detectable. Fastest marsh growth is observed in core 08-1 (Bay of 417 418 Samborombón), whereas slowest growth is recorded for core 02-1 (Santa Lucía, Uruguay). Cores 10-1, 12-1 (Paraná delta), and 19-1 (Bay of Samborombón) are 419 growing at similar rates (Table 3, Fig. 6). It should, however, be noted that direct 420 421 comparisons of absolute growth rates between the different cores are of limited validity, since the exact elevations of the core locations are only known for the cores 422 08-1 and 19-1. Such comparison, however, indicates that core 08-1 shows 423 424 considerably higher deposition and growth rates, although being elevated higher, than core 19-1 (Table 3). 425

Core	Average	Average vertical	Orthometric height
	deposition rate	growth rate	(m above MSL)
	(kg m ⁻² yr ⁻¹)	(cm yr ⁻¹)	
02-1	1.24	0.43	N/Á
08-1	9.15	2.62	1.71
10-1	8.60	1.52	N/Á
12-1	8.19	1.74	N/A
19-1	6.20	1.55	1.25



Table 3: Average deposition and surface elevation change derived from the CFCS dating model,
together with the measured site elevation for the cores 08-1 and 19-1.

430

Considerable differences in temporal patterns of vertical growth rates between the 431 five age-determined cores become apparent, when analysing the corresponding 432 deposition rates (kg m⁻² yr⁻¹) (Fig. 8). Recent deposition rates in the cores 19-1 and 433 10-1 tend to be higher than those observed prior to 1970; average pre-1970 434 deposition rates (5.61 kg m⁻² yr⁻¹, 6.91 kg m⁻² yr⁻¹) are lower than post-1970s rates 435 (7.19 kg m⁻² yr⁻¹, 9.98 kg m⁻² yr⁻¹), although the two-sample t-tests cannot confirm 436 significant differences (p=0.16, p=0.09). The opposite trend is observed for core 02-1 437 with an average pre-1970 deposition rate of 3.55 kg m⁻² yr⁻¹ and a post-1970s rate of 438 2.89 kg m⁻² yr⁻¹, but no statistically significant difference was detected (p=0.54). 439 Meanwhile, mean river discharge prior to 1970 (~16,900 m³ s⁻¹) is significantly lower 440 (p<0.001) than mean river discharge after 1970 (20,210 m³ s⁻¹), whereas SEPI is not 441 significantly different between the two periods (p=0.77) (Fig. 8). 442

Most of the depositional time series are characterized by distinct peaks that coincide 443 with either the peaks in river discharge (Fig. 8a) or the storm surge index (SEPI) (Fig. 444 8b). Maximum deposition rates in cores 10-1 and 12-1, for example, are found in the 445 years 1982 and 1983 during the historically most extreme El Niño event with the 446 highest river discharge in records (Depetris, 2007). Peak deposition in core 19-1 is 447 recorded in the year 1992, when river discharge is at its third highest peak level and 448 the SEPI index is rapidly increasing. Similarly, the peak deposition during the recent 449 decades has occurred in 1988 in core 02-1 (Fig. 8). No significant peaks but 450 continuously high sediment deposition rates are observed in core 08-1 (in the inner 451 Bay of Samborombón). 452

After the maximum peak deposition events in the early 1980s and 1990s, the temporal variability in deposition rates appears to be comparably higher in the cores of the inner estuary (cores 10-1 and 12-1), whereas deposition rates in the outer estuary (cores 08-1 and 19-1) as well as along the Uruguayan coast (core 02-1) appear to be relatively constant (Fig. 8).





Figure 8: Changes in sediment deposition rates (kg m^{-2} yr⁻¹) for five selected cores around the RdIP estuary (solid lines) in comparison with the 5-year running mean river discharges controlled by the occurrence of strong (red filled dots) and moderate (white dots) El Niño events (a) and the SEPI-index together with the major storm surges in records following Isla et al. (2009) (b).

465 4 <u>Discussion</u>

466 *4.1* Spatio-temporal variability of marsh growth in the context of estuarine 467 sediment dynamics

468 4.1.1 Inner RdIP

The sediment transport and deposition processes in the RdIP are complex (Fossati et al., 2014). They are driven by marine (tides, waves, and storm surges) as well as terrestrial forcing (riverine freshwater and sediment inputs) (Laborde and Nagy, 1999). When entering the RdIP, riverine suspended sediments of the Paraná and Uruguay rivers are distributed according to their grain size. The coarser sediments are deposited in the Paraná Delta and its subaqueous elongation (Playa Honda); the finer sediments in the estuarine marshes and the outer RdIP (Menéndez et al., 2009).

Such a transition from fine to coarse sediments can also be observed in core 10-1, 476 with fine sediments in the upper 40 cm and coarser sediments below (Fig. 4). The 477 lower part of the core was likely formed before land-building had started around the 478 mid-1980s as a consequence of the fast delta progradation (Fig. 7). The higher 479 energy conditions on the previous tidal flat, compared to the presently vegetated 480 marsh surface, promoted coarser grain sizes through bed load sediment transport. 481 Today, the higher elevated estuarine marshes are exposed to lower energy 482 conditions thus only allowing for suspended load transport of fined grained sediments 483 (Rahman and Plater, 2014). 484

Throughout the whole core 12-1, in comparison, the distribution of fine-grained sediment fraction is rather constant (Fig. 4). Layers of clearly increased sand content around the years 1990 and 2005 are likely related to the occurrence of the historically most extreme storm surge events in 1989/1993 and 2005 (Isla et al., 2009). Deposition rates in these two time periods are also elevated due to the extreme

storm events. Maximum deposition rates, however, for both "Delta cores" appear to
be related to the period of maximum river discharge in 1982/83, triggered by one of
the strongest recorded Niño events (Fig. 8a and b).

Overall, the delta marshes are growing much faster than MSL is currently rising (Fig. 6). Average SSC of the RdIP in its innermost part, where the Paraná Delta is located, is ~120 mg l⁻¹ (cores 10-1, 12-1, Table 2), while exposure to waves is small (Fig. 2a). High sediment deposition rates in the forefront of the delta are responsible for the fast delta progradation between 50-75 m yr⁻¹ in the southern part and 25 m yr⁻¹ in the north (Menéndez et al., 2009) as well as for the high vertical marsh growth rates recorded for the "Delta cores".

500 4.1.2 Middle RdIP

Fluvial freshwater discharge, sediment transport, and subaqueous channel erosion 501 dominate the river bed morphodynamics in the middle part of the RdIP estuary 502 between Colonia and Montevideo (Fig. 1b) (Laborde and Nagy, 1999). Measured 503 grain-size distributions in the estuarine marshes of the middle estuary (cores 06-1, 504 20-1, 22-1) consequently appear to be dominated by coarser grain sizes around 160-505 200 µm (mode 2), with a general upward-fining tendency (Fig. 3). This trend may be 506 associated with an increased proportion of suspended sediment load, resulting from 507 the fast vertical marsh growth that exceeds local SLR (Rahman and Plater, 2014) 508 (Fig. 6). While low-lying tidal flats and pioneer marshes are exposed to comparatively 509 high wave action and current velocities, coastal marshes that are elevating relative to 510 local MSL are exposed to reduced inundation depths and frequencies and get 511 covered by a denser vegetation canopy up to an optimal inundation height (Morris et 512 al., 2002). Direct wave impacts and associated bed load transport on the marsh 513 surface are reduced due to the dissipation of hydrodynamic energy on the marsh 514

515 platform (Möller, 2006; Möller et al., 2014). Similar upward-fining tendencies have 516 been reported for salt marshes in the Dee estuary (UK) (Rahman and Plater, 2014).

517 The observed temporal variability of deposition rates in core 02-1, being considered representative for the middle part of the estuary neither seems to be directly driven 518 by river discharge nor the SEPI index. Nevertheless, highest deposition rates over 519 the past 50 years coincide with a period of most extreme storm surges (around 520 1990). In this region of the estuary high tidal currents as well as the occurrence of 521 storm events have been shown to significantly increase SSC (Fossati et al., 2014), 522 which, in turn, enhance marsh deposition rates (Kirwan et al., 2010; Schuerch et al., 523 2012). Interestingly, only the most extreme surge events (such as in 1989/1993) 524 525 seem to have an effect on deposition rates.

526 4.1.3 Outer Uruguayan coast and Bay of Samborombón

Along the outer Uruguayan part of the estuary, sediment concentrations are comparatively low (core 03-1: 26.5 mg l⁻¹, core 07-1: 21.9 mg l⁻¹) and grain sizes in the marsh cores are sandy. While no upward-fining trend is observed for core 07-1, indicating low vertical growth rates in comparison to SLR (Rahman and Plater, 2014), a clear upward-fining trend is observed in core 03-1, which, however, could also be related to a significant change in the morphology of the sandy barrier (eastward migration) at the river mouth, where the core has been taken (Clarke et al., 2014).

The sediment dynamics in the Bay of Samborombón are characterized by a rapid decrease in SSC from the North (core 09-1: 140 mg l⁻¹) to the South (core 19-1: 51.9 mg l⁻¹). Due to an increased tidal range and higher tidal current velocities along the Argentinean coast (compared to the Uruguayan coast) fine-grained sediments are transported into the Bay of Samborombón, thus explaining the high SSC at the entrance of the Bay (Moreira et al., 2013). Meanwhile, a high residence time of 120

days, due to very small residual current velocities within the Bay of Samborombón, 540 541 and the shallow water depths, which reduce hydrodynamic wave and current energy, facilitate enhanced deposition of fined-grained sediments (Piedra-Cueva and Fossati, 542 2007). Furthermore, the Bay of Samborombón is located where a well-mixed 543 freshwater/salt water boundary and associated TMZ is developing, the exact location 544 of which depends on the prevailing wind forcing and river discharge (Framiñan et al., 545 1999; Laborde and Nagy, 1999). The very fine-grained sediments transported into 546 the Bay of Samborombón can settle only due to increased sediment flocculation 547 within the TMZ (Framiñan and Brown, 1996). 548

The performed grain-size measurements confirm the dominance of very fine 549 550 sediments in this area (cores 05-1 and 08-1) throughout the whole cores (Figs. 4, 5). 551 Although the vertical growth rate of core 08-1 is the highest for the whole estuary, no upward-fining trend is observed and no layers of increased grain-size are found since 552 553 the suspended sediment in the Bay of Samborombón likely does not contain any substantial coarse-grained sediment. The measured deposition rates are very high 554 and remarkably constant throughout the whole core. A possible reason for this low 555 variability could be the high water residence time within the Bay of Samborombón 556 (Piedra-Cueva and Fossati, 2007). Interestingly, no changes in sediment composition 557 and deposition rates are detected, before and after the dredging of drainage 558 channels in 1987 and 1996 for the Río Salado at the mouth of which core 08-1 is 559 located (Tosi et al., 2013). This implies that the sediment deposited there is primarily 560 originating from the RdIP rather than supplied by the Río Salado. 561

*4.2 Marsh growth data in the context of previous morphodynamic assessments*Our data on grain-size characteristics and vertical marsh growth is the first attempt to
use the sediments from estuarine marshes of the Río de la Plata as archives to

derive information on estuarine morphodynamics and associated estuarine marsh 565 development. It represents the first dataset for RdIP marshes describing their historic 566 development and addressing the question of how resilient these estuarine marshes 567 are to climate change. Possibilities of direct comparison of our data to previous 568 assessments are, therefore, limited. Recent vertical growth rates of 2.7 cm yr⁻¹, 569 derived from ²¹⁰Pb measurements (Bonachea et al., 2010), as well as vertical 570 accretion rates of 5 cm yr⁻¹, derived from sediment traps (Colombo et al., 2005), both 571 measured on the tidal flats in vicinity of our cores 08-1 and 20-1, respectively (see 572 Fig. 1b, Table 1), confirm the order of magnitude of the vertical growth rates 573 presented within this study. 574

575 Although only three out of five of our marsh cores date back to prior to 1970, we 576 observed a tendency of increased marsh deposition as well as vertical marsh growth rates after 1970 in the inner RdIP (10-1) and the Bay of Samborombón (19-1). Such 577 578 an increase has previously been observed by Bonachea et al. (2010) in tidal flat growth rates, and is accompanied with a significant increase in precipitation over 579 south-eastern South America and in river discharge (García and Vargas, 1998; 580 Berbery et al., 2006; Marrero et al., 2014). While prior to 1970, marsh deposition 581 rates seem not to respond to changes in river discharge and storm surge activity, 582 after 1970, the frequent occurrence of high river discharge due to several significant 583 ENSO events (e.g. 1982/83) as well the occurrence of extreme storm surge events 584 appears to have a larger impact on marsh deposition. Given the limited vertical 585 resolution of the employed dataset, we cannot certainly conclude on whether it is only 586 the most extreme ENSO and storm surge events that influence that marsh deposition 587 rates or whether smaller events could also have a significant effect. For microtidal 588 systems, however, it is known that extreme events are relatively more important for 589 marsh deposition than for macrotidal systems (Cahoon, 2006; Kolker et al., 2009). 590

Our data consistently indicate very high deposition rates, enabling the RdIP marshes 591 to vertically grow fast enough to cope with present and, most likely with future SLR all 592 around the RdIP (Fig. 7). This is especially relevant for the lowlands/salt marshes in 593 the Bay of Samborombón that is one of the most important agricultural regions of 594 Argentina (Jelgersma et al., 2002), and that is designated as a wetland of 595 international importance (i.e., RAMSAR site). Tosi et al., (2013) assume a substantial 596 coastline retreat of up to 40 km under the highest SLR scenario (120 cm until 2100) 597 due to submersion under a scenario of no increase in the marsh elevation. Our data 598 suggest, however, that flood risks may in fact be reduced along the Bay of 599 Samborombón even under high SLR projections (Vermeer and Rahmstorf, 2009; 600 Church et al., 2013). 601

4.3 Implications for estimation of the future development of estuarine marshes

The future development of coastal marshes was previously shown to be significantly 603 604 affected by changes of the tidal range (Kirwan and Guntenspergen, 2010), the intensity and frequency of storm surges (Schuerch et al., 2013) as well as the 605 prevailing wave climate (van der Wal and Pye, 2004). For the estuarine marshes in 606 the RdIP we show, however, that river discharge as an additional driver, including its 607 temporal variability, also has to be considered for estimating future marsh 608 development and the marshes' ability to adapt to future SLR. Moreover, the relative 609 importance of this driver varies spatially within the estuary and depends on the 610 location within the estuary. The difference observed between the Argentinean and 611 Uruguayan side of the RdIP is a result of the differential site-specific tidal dynamics 612 within the estuary, whereas the difference observed the inner and outer estuary is 613 likely to be representative for many other large estuaries. 614

615 5 <u>Conclusions</u>

616 We present for the first time marsh deposition as well as vertical growth rates for estuarine marshes along the RdIP. By comparing the distinct rates of five 617 representative study sites along the estuary, we contribute to a better understanding 618 of estuarine sediment transport and deposition processes. Vertical marsh growth 619 within the inner estuary and along the Argentinean coast is considerably higher than 620 along the Uruguayan coast where sediment availability is lower (Table 2). 621 Furthermore, the data show that vertical growth rates are substantially higher than 622 the current and expected future SLR rates; hence, RdIP marshes are likely to adapt 623 to future SLR. 624

625 After analysing the spatial pattern of grain-size distributions and vertical marsh 626 growth rates, we infer that the riverine sediment discharge is the major driver controlling sediment delivery in the inner of the estuary, whereas in the outer estuary 627 628 the importance of storm surge activity is enhanced. Storm surges, however, need to be of extreme nature to effectively increase marsh deposition rates. Consequently, 629 the marsh deposition rates were found to be subject to increased temporal variability 630 in the inner estuary compared to a lower variability that was observed in the salt 631 marshes of the outer estuary. 632

Based on our results, we conclude that the morphodynamics of the freshwater marshes in the inner estuary are strongly affected by riverine sediment discharge that often is controlled by decadal climate variability (e.g. ENSO). Salt marshes in the outer estuary are more impacted by marine drivers, such as storm surges that may as well be subject to decadal variations.

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