

COMMENTARY

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Commentary to Nicaastro et al. (2016), Borderline Personality Disorder and Emotion Dysregulation

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We realized that the paper by Nicaastro et al. [3] did not discuss all the studies involving the French version of the BSL-23. Parallel to Nicaastro and colleagues' translation, Kramer et al. [2] have used a slightly different French translation of the BSL-23 which had previously received approval by the authors of the scale (M. Bohus, personal communication, July 2010). This independent translation differs only on 4 items - a matter of nuance - from the Nicaastro and colleagues translation. In their treatment study, Kramer and colleagues randomized $N = 85$ patients with Borderline Personality Disorder (BPD) and administered the BSL-23 pre and post treatment for $n = 61$ patients. They found, for a psychiatric treatment over 10 sessions, a small, but significant, pre-post effect ($d = .28$, intent to treat). In a different randomized controlled trial for $N = 31$ patients with BPD, the same author group found a small, but significant, between-group effect favoring a short-term version of dialectical-behavior skills training ($d = .23$; completers; [1]). Given the interest of the BSL-23 in French speaking samples of individuals with BPD, the current validation study by Nicaastro et al. [3] is highly welcome and will help encourage the use of the scale in further psychotherapy studies.

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Authors' contributions

NP and UK have written the present commentary. All authors read and approved the final manuscript.

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Competing interests

The authors declare that they have no competing interests.

Consent for publication

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Ethical approval and consent to participate

Not applicable.

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