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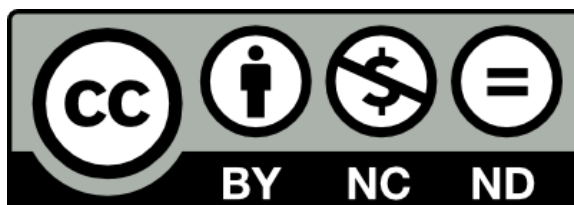
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1 Factors likely to influence the adoption of targeted selective treatment strategies by sheep  
2 farmers in Western Australia

3

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5

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11

12 **Abstract**

13           The investigation aimed to assess factors affecting the uptake of novel targeted  
14 selective treatment (TST) strategies by sheep farmers in Western Australia where the most  
15 common nematode species present were *Teladorsagia circumcincta*, *Trichostrongylus* spp. and  
16 *Nematodirus* spp. (“scour worms”). The study used a questionnaire format with  
17 questions concentrated on current worm control practices and farmers’ current understanding  
18 and adoption of putative TST strategies. Participants represented a range of environments  
19 (derived from four farming regions) and sheep management situations, and it is therefore  
20 likely that the results of this investigation will apply in other locations where scour worms  
21 predominate. Sixty-five percent of participants were aware of the TST concept and 25% had  
22 implemented it in some form. The awareness of the TST approach was greatest where sheep  
23 farmers were concerned about anthelmintic resistance, where tools such as worm egg counts  
24 and faecal worm egg count resistance tests were employed, and where professional advisers  
25 were consulted regarding worm control. Respondents that sought advice chiefly from rural  
26 merchandise retailers were considerably less (0.1-0.6 times) likely to be aware of these  
27 management tools or to be aware of TST approaches. The findings indicated that the adoption  
28 of TST strategies will require greater use of professional advisers for worm control advice by  
29 sheep farmers, and that advisers are conversant with TST concepts.

30

31 **nematodes; anthelmintic resistance; refugia; adoption**

32

### 33 **Introduction**

34 Resistance by sheep nematodes to anthelmintics (drenches) is a major problem for  
35 sheep industries globally (Kaplan and Vidyshankar, 2012). Factors including nematode  
36 biology, environment, and sheep management affect the occurrence of anthelmintic resistance,  
37 and the rate at which anthelmintic resistance develops depends on the selection pressure  
38 exerted by these factors to favour resistant genes in the nematode population (Kaplan, 2010).

39 A key concept in the management of anthelmintic resistance is the provision of  
40 “refugia” for a population of parasites not exposed to anthelmintic treatment, thus serving to  
41 dilute resistant individuals surviving anthelmintics so they do not become a significant part of  
42 the total population (Van Wyk, 2001). Parasite control strategies that maintain significant  
43 levels of refugia by limiting exposure of parasites to treatments aim to decrease the  
44 development of resistance by reducing the frequency of resistant genes in the parasite  
45 population (Kenyon et al., 2009; Leathwick et al., 2009; Leathwick and Besier, 2014).  
46 However, in some situations even relatively infrequent anthelmintic treatments are associated  
47 with a high resistance prevalence, due to environmental or animal management factors  
48 (Besier and Love, 2003; Leathwick and Besier, 2014). Targeted Selective Treatment (TST) is  
49 a refugia-based approach to worm control that restricts anthelmintic treatment to animals  
50 judged likely to suffer significant production loss or health effects if not treated, while  
51 avoiding treatment for individuals less likely to benefit from the treatment (Kenyon et al.,  
52 2009; Leathwick et al., 2009; Besier, 2012; Kenyon and Jackson, 2012). However, apart  
53 from the FAMACHA system, that identifies individual animals in need of treatment against  
54 *Haemonchus contortus* from an indication of anaemia based on the conjunctival membrane  
55 colour, according to a standardised colour chart (Van Wyk and Bath, 2002), TST  
56 strategies largely remain at a validation stage and there are few examples where the concept

57 has been translated into practicable recommendations for non-haematophagous species  
58 (Cabaret et al 2009; Besier, 2012).

59 Sustainable worm control strategies are essential in sheep producing environments  
60 such as the Mediterranean climatic regions of Western Australia (WA) where a high  
61 prevalence of anthelmintic resistance is associated with the heavy selection pressure imposed  
62 by commonly-used summer treatment strategies (Besier and Love, 2003). Alternative  
63 strategies based on refugia principles have been developed (Woodgate and Besier, 2010), but  
64 the need for significant changes to traditional control programs are believed to explain  
65 limited adoption of the modified strategies to date (Besier, 2012). In this context, the relative  
66 simplicity of TST-based programs may be considered by sheep farmers to be more  
67 practicable, with consequent greater uptake and adoption. However, local anecdotal  
68 information suggests that many farmers find it difficult to accept the concept of deliberately  
69 withholding anthelmintics to a proportion of sheep because it appears counter to long-held  
70 views that effectiveness of drenching may be compromised unless all animals in the flock  
71 are treated. Whether this reflects a lack of awareness or acceptance that anthelmintic  
72 resistance is a significant constraint on sheep productivity, and therefore the need for more  
73 sustainable control practices, is not clear. A recent national survey by the Sheep Cooperative  
74 Research Centre (M. Curnow, unpublished) indicated that whilst some practices recommended  
75 as elements of sustainable worm control programs, including use of worm egg counting  
76 (WEC) as the basis of drenching decisions, have been well-adopted, other practices such as  
77 faecal worm egg count reduction tests (FWECRT) to assess anthelmintic efficacy, have  
78 not. There is consequently a need to investigate factors likely to influence the likely uptake (or  
79 otherwise) of TST and other sustainable practices as the basis of efforts to promote wider  
80 adoption.

81           This investigation aimed to identify factors associated with the acceptance of  
82 sustainable worm control practices, especially those likely to facilitate the adoption of TST  
83 strategies by farmers in Western Australia, as the strategies may initially appear counter  
84 intuitive to farmers. More specifically, the study aimed to determine whether farmer  
85 demographics, current worm control practices and sources of animal health advice are likely  
86 to impact the awareness of TST strategies and attitudes towards adoption. The results of this  
87 investigation will act as the basis for the development of communication strategies of TST to  
88 farmers, which can be varied appropriately to suit the complexity of such strategies as  
89 suggested by Woodgate and Love (2012).

90

## 91 **Materials and methods**

### 92 *Study design*

93           The study conforms to the international reporting guidelines for strengthening the  
94 reporting of observational studies in epidemiology (STROBE) (von Elm et al., 2008) and was  
95 approved by the Murdoch University Human Research Committee.

96           The study used a questionnaire that could be completed using a paper format or in a  
97 personal interview. The questionnaire included 14 short-answer questions, four of which  
98 included specific options from which respondents could select an answer, and five of which  
99 required Yes/No answers. Questions focussed on farmer demographics included age of the  
100 respondent(s), farm location, farm size, area cropped and number of sheep. Questions focused  
101 on current worm control practices included examined respondent utilisation use of WEC and  
102 FWECRT for treatment decisions, timing and the number of drenches given in the past year  
103 to adult ewes, sources of worm control advice and perception of severity of drench resistance  
104 in their district. Questions focussed specifically on TST examined their current understanding  
105 and adoption of putative TST strategies. For this purpose, participants were asked whether

106 they were aware of or had implemented strategies whereby some sheep were deliberately left  
107 untreated when a flock treatment was given, and whether they would consider implementing  
108 TST strategies in the future.

109 Colleagues from Murdoch University's School of Veterinary and Life Sciences and  
110 the state department of agriculture were recruited for pre-testing during the development of  
111 the questionnaire to ensure questions were clear and unambiguous with no bias.  
112 Modifications to question design were made in response to feedback.

113

#### 114 *Data collection*

115 Data were obtained from 106 sheep farmers that were individually recruited to  
116 participate in the survey at five different field days throughout regional WA, from July to  
117 September 2012, giving a sample of respondents equivalent to a focus group.

118 Farmers were approached at random at the field days where the interviewer explained  
119 the purpose of study and invited the farmer to participate in the survey. To be eligible for the  
120 study, participants needed to be commercial sheep producers (running more than 200 sheep,  
121 for a commercial income) within the major sheep producing regions of Western  
122 Australia. Following recruitment, questionnaires were completed either in a short interview  
123 (n=72) or by the farmer in written format (n=34) and returned to organisers. The questionnaire  
124 was identical in both formats and responses from both formats (written or interview response)  
125 and all five field days were analysed together.

126 All responses were collected from farmers in regions in Western Australia where the  
127 major worm species of clinical significance were

128 *Teladorsagia circumcincta*, *Trichostrongylus* spp. and *Nematodirus* spp., with

129 *Haemonchus contortus* absent or only occasionally of significance (Woodgate and Besier

130 2010). No follow up was required.



131 The validity of the size of the final study group was assessed following recruitment of  
132 106 respondents at the five field days to confirm that the geographical distribution of  
133 respondents was approximately representative of the distribution of sheep in Western  
134 Australia and that statistical differentiation between the relative importance of factors  
135 included in the questionnaire could be achieved.

### 136 *Statistical analysis*

137 Data analyses were conducted using the software SPSS Statistics Standard Version  
138 22.0 (IBM Corporation, Armonk NY). The experimental unit was respondent (farmer). There  
139 was no non-response as all farmers recruited to the focus group completed the questionnaire.

140 Respondents were allocated to a region based on farm location, categorised according  
141 to agricultural regions of WA representing production areas for sheep, cattle and crops in the  
142 state (Figure 1). Drench timing was categorised by season; summer (December-February),  
143 autumn (March-May), winter (June-August) and spring (September-November). Respondents  
144 were categorised into seven age categories. Responses from age groups <20 and >70 were  
145 excluded due to lack of responses in these groups for analyses where age category was an  
146 independent variable.

147 Categorical data (utilisation of WEC and FWECRT, perception of relevance of  
148 resistance in the district, awareness and adoption of TST, source of worm control advice)  
149 were analysed using Chi square analysis (two-tailed probability) to confirm statistical  
150 differences between categorical data, and odds ratios with relative risk used to quantify  
151 relationships between factors. Continuous data (for example, rainfall, farm size, area cropped,  
152 proportion of farm cropped, number of sheep and farmer age) were analysed using univariate  
153 general linear models or linear regression. Annual rainfall data was derived from the  
154 Australian Government Bureau of Meteorology based on the farm location given by the  
155 respondent.

156

157 **Results**158 *Respondent demographics and farm characteristics*

159 All respondents were from the Agricultural Region of south-west WA where sheep are  
160 grazed intensively: Great Southern, Wheatbelt South, Wheatbelt North HR (High Rainfall),  
161 Wheatbelt North LR (Low Rainfall), Esperance Region and South West/Perth (Figure 1).

162 Properties were smallest, with the lowest sheep numbers and the percentage area  
163 cropped, in the South West/Perth region, and the largest sheep numbers per farm were in the  
164 Great Southern region (Table 1). The annual rainfall on individual properties varied between  
165 regions ( $P < 0.001$ ; Table 1) with weak but significant associations identified whereby lower  
166 annual rainfall was associated with larger farms ( $P < 0.001$ ,  $R^2 = 0.12$ ) and a greater proportion  
167 of farm cropped per respondent ( $P = 0.001$ ,  $R^2 = 0.27$ ). Weak but significant associations were  
168 also identified for farm size and the proportion (%) of farm area cropped ( $P < 0.001$ ,  $R^2 = 0.15$ )  
169 and number of sheep ( $P = 0.001$ ,  $R^2 = 0.30$ ) with a larger proportion of area cropped and more  
170 sheep on larger farms.

171

172 *Sources of worm control advice*

173 Respondents received advice from rural merchandisers (40%), veterinarians (31%),  
174 state agricultural department (Department of Agriculture and Food Western Australia; 31%),  
175 private consultant(s) (10%) and friends/neighbours (9%) (Table 2). The majority of  
176 respondents (69%) reported using a single source of advice on worm control, some more than  
177 one source (24%) and a small proportion indicated no sources for advice (7%), although it is  
178 possible that some respondents indicated only the source most commonly used, even though  
179 they were told that multiple categories could be selected.

180

181 *Worm control practices*

182           Sixty-one percent of respondents drenched ewes once within the last year, 15% twice,  
183 6% three times, and 18% did not drench ewes at all in the last year. There was an association  
184 between rainfall and the number of drenches given per year ( $P=0.010$ ), with drenching three  
185 times per year associated with higher rainfall. There was also an association between number  
186 of drenches per year and the proportion of farm cropped ( $P=0.004$ ) whereby respondents that  
187 cropped larger areas drenched less frequently. There was an association between drenching  
188 frequency and advice source with farmers that drenched ewes at least once a year being 7  
189 times (95% CI 1.6-33.2) more likely to source advice from rural merchandisers than those  
190 that did not drench ( $P=0.003$ ). For drench timing, 38% of respondents drenched in summer,  
191 41% in autumn, 13% in winter and 8% in spring.

192           Overall, 57% of respondents had used WEC at some time to aid treatment decisions  
193 (Table 2). Sheep flock sizes were larger for respondents that used WEC to aid treatment  
194 decisions ( $P=0.014$ ) than for respondents that did not use WEC, and respondents in the Great  
195 Southern region utilised WEC more often than the other regions ( $P<0.01$ ). Respondents that  
196 sourced advice from a veterinarian or the state agricultural department were 4 (95% CI 1.5-  
197 10.4,  $P=0.002$ ) and 2.5 (1.1-6.3,  $P=0.027$ ) times (respectively) more likely to have used WEC  
198 to aid treatment decisions than respondents who did not. Respondents that used advice from  
199 rural merchandisers were less likely to have used WEC (relative risk 0.3, 95% CI 0.1-0.7;  
200  $P=0.004$ ).

201           Overall, 37% of respondents had used FWECRT at some time to aid treatment  
202 decisions (Table 2). There was an association with use of FWECRT and region ( $P=0.022$ )  
203 with respondents in the South West, Wheatbelt South and Wheatbelt North LR regions less  
204 likely to have used FWECRT. Respondents with more sheep were more likely to have used  
205 FWECRT ( $P<0.001$ ). Respondents sourcing advice from a veterinarian ( $P=0.01$ ) or the state

206 agricultural department ( $P=0.03$ ) were 3(1.3-7.0) and 2.5 (1.1-5.7) times (respectively) more  
207 likely to have used FWECRT to aid treatment decisions than others, in contrast to those  
208 nominating rural merchandisers as the main advisory source that were significantly less likely  
209 to have used FWECRT (relative risk 0.16, 95% CI 0.05-0.4;  $P<0.001$ ).

210

### 211 *Perception of drench resistance*

212 Drench resistance was perceived to be a problem in their districts by 66% of  
213 respondents (Table 2). All respondents that used a private consultant stated resistance to be an  
214 issue ( $P=0.008$ ), but there was no association with other sources of advice and perception of  
215 anthelmintic resistance.

216 Respondents that utilised WEC were 2.2 times (1.0-5.1;  $P=0.04$ ) more likely to  
217 consider resistance to be important, with 74% of these respondents stating resistance to be  
218 important in their district. Similarly, respondents that utilised FWECRT (79%) were 2.8 times  
219 (1.1-6.9;  $P=0.02$ ) more likely to consider resistance important in their district. However, 56%  
220 of respondents that considered resistance to be important in their district had not conducted a  
221 FWECRT.

222

### 223 *Respondent awareness and adoption of the targeted selective treatment concept (TST)*

224 Sixty-five percent of respondents were aware of the TST concept (ie, leaving a  
225 proportion of sheep untreated), and 25% of all respondents had utilised TST strategies (Table  
226 2). Respondents that had heard of TST (including those that also used TST) had greater sheep  
227 numbers (2999 sheep) than respondents that had not heard of TST (1837 sheep;  $P=0.003$ ).  
228 Furthermore, respondents that were aware of TST more commonly utilised veterinarians,  
229 private consultants and the state agricultural department for worm control advice, while  
230 respondents using rural merchandisers were less likely to be aware of TST (Table 3). Eighty

231 percent of respondents that had utilised WEC ( $P<0.001$ ) and 90% that had utilised FWECRT  
232 ( $P<0.001$ ) were aware of TST.

233 Similarly to the patterns observed for TST awareness, the 26 respondents that had  
234 implemented TST also had greater sheep numbers (3785 sheep) than those which had not  
235 (2202 sheep;  $P<0.001$ ), and were mostly from the Great Southern and Wheatbelt North HR  
236 regions ( $P=0.025$ ), reflecting the association between farm size and location. Respondents  
237 that perceived drench resistance to be an issue in their district were 2.7 (0.9- 7.8) times more  
238 likely to have used TST than those that did not perceive drench resistance to be an  
239 issue. Respondents that had utilised WEC (57.5% respondents) or FWECRT (36.8%  
240 respondents) were also more likely to have used TST ( $P<0.001$  and  $P=0.001$ , respectively)  
241 than those that had not utilised WEC or FWECRT. Respondents that utilised veterinarian  
242 and private consultants for advice were more likely to have used TST compared to those that  
243 used rural merchandisers for advice which were much less likely to have used TST (Table 3).

244 Of the 75% of all respondents that had not implemented TST on their farms (whether  
245 or not they were aware of the concept), 48 answered the question “would you consider  
246 implementing this idea in the future?” (Table 2). Ten of the 48 respondents answering this  
247 question indicated that they would consider implementing TST and a further 12 answered  
248 that they may be interested, while 26 said they would not. A comparison of respondents that  
249 had implemented TST or were prepared to consider it ( $n=49$ ) versus those that would not  
250 ( $n=26$ ), indicated that respondents that used WEC ( $P=0.035$ ) and FWECRT ( $P<0.001$ ) were  
251 2.8 (1.0-7.3) and 7.1 (1.9-26.7) times (respectively) more likely to use or have an interest in  
252 using TST. Similarly, respondents that obtained advice from a veterinarian ( $P=0.018$ ) or  
253 private consultant ( $P=0.009$ ) were 3.9 (1.2-13.2) and 1.3 (1.1-1.5) times (respectively) more  
254 likely to use or have an interest in using TST. Although there was no statistically-significant  
255 association with the belief that anthelmintic resistance is important in their district and TST

256 implementation, 77% of the 48 respondents who considered drench resistance to be important  
257 and had heard of TST either would consider or have implemented the strategy.

258

## 259 **Discussion**

260         The complexity of sheep worm control has increased considerably with the  
261 widespread occurrence of anthelmintic resistance, in many instances requiring modifications  
262 to ensure that worm control programs are sustainable in the longer term. The refugia concept  
263 has been shown to be an effective basis for sustainable worm control recommendations  
264 (Leathwick and Besier, 2014), but the implementation of refugia-based approaches often  
265 requires a departure from routine practices. As TST strategies require the deliberate  
266 withholding of treatments to some animals in a flock, a potential barrier to their adoption is  
267 the perception that failing to treat some individuals may be detrimental to sheep production,  
268 and could impair the effectiveness of epidemiologically-based pre-emptive control programs.  
269 In WA, the high level of anthelmintic resistance involving several drug classes (Playford et al.,  
270 2014) is believed to justify refugia strategies but the new practice is likely to appear counter-  
271 intuitive to many sheep farmers, and therefore require targeted communication approaches  
272 for their adoption (Kahn and Woodgate 2012).

273         This investigation was therefore intended to provide direction for communication  
274 activities aimed at gaining TST adoption in an environment with a high prevalence of  
275 anthelmintic resistance. The distribution of responses included an appropriately  
276 representative range of respondents in terms of sheep manager profile, location, scale of  
277 sheep enterprise and the adoption of various worm control recommendations. Of the 106  
278 responses, the majority were derived from four sheep farming regions which together account  
279 for 91% of the WA sheep population, and with relatively large mean sheep flock  
280 sizes (1900 per farm). This suggests that sheep enterprises are economically significant on the

281 individual properties of most respondents, although the relative importance compared to  
282 cereal cropping (the main competitor for farmland in WA) varied between regions and  
283 respondents. The recruitment of farmers at non-specific agricultural field days as participants  
284 in a focus group provides a good distribution of respondents, reflecting the distribution of  
285 sheep production enterprises in the different regions. A strength of collecting data via short  
286 interview is that there is no non-response rate, and a personal approach ensures that all  
287 questions are completed without misunderstandings. It is possible that the method of  
288 completion (written versus interview) could impact repeatability of answers by respondents.  
289 Given that the questions and options for answering questions were identical between written  
290 and interview formats, there was no reason to suspect that the format method would alter  
291 responses to any great extent. Future studies could test agreement between methods of survey  
292 completion to confirm this and if significant differences are identified, then the questionnaire  
293 could be modified or method of questionnaire completion could be included as a factor in  
294 statistical analyses of responses.

295         The finding that the majority (65%) of respondents were aware of the TST concept,  
296 and that 25% had implemented it in some form, was unexpected as the TST concept has not  
297 yet been developed into generally recommended strategies by advisory agencies in Australia.  
298 However, interest by Australian farmers in TST strategies was confirmed by a national  
299 survey of over 1000 sheep farmers in 2014, in which 14% reported that they had trialled the  
300 strategy (M. Curnow, unpublished). This reflects awareness of the high and increasing  
301 prevalence of anthelmintic resistance in sheep worms in Australia (Playford et al., 2014),  
302 including in WA where resistance has been a significant problem on the majority of sheep  
303 farms for many years (Edwards et al., 1986; Overend et al., 1994). In this environment,  
304 resistance is believed to result largely from the routine use of strategic anthelmintic  
305 treatments in summer in a Mediterranean climate (Besier and Love, 2003), and

306 recommendations have been developed to reduce this selection pressure by drenching adult  
307 sheep in autumn rather than in summer (Woodgate and Besier, 2010). The results from the  
308 present investigation confirm wide interest in drench resistance management strategies in  
309 WA, as more respondents had drenched ewes in autumn, which is a change in recent years  
310 from the majority of farmers drenching ewes in summer (Curnow unpublished).  
311 Investigations to develop TST as an alternative approach have been under investigation for  
312 some years as field trials (Besier et al., 2010) and computer modelling studies (Dobson et al.,  
313 2011) with reports in the scientific literature and rural media. These presumably account for  
314 the wide awareness of TST by farmers, and the implementation of TST in some form by  
315 many of them. These producers may have an ‘early adopter’ attitude that could account for  
316 them being aware of TST before the population majority. Further investigations that  
317 determine how respondents became aware of TST and their general attitude to innovation  
318 could be used to guide the direction of extension programmes and maximise adoption rates  
319 according to attitude categories.

320         The investigation results provide a clear indication of factors associated with the  
321 awareness and attitudes towards TST by sheep farmers in an environment where anthelmintic  
322 resistance is prevalent. This will provide the basis for communication efforts to gain its  
323 adoption as a routine strategy. The characteristics of respondents who were either aware of  
324 the TST concept or had implemented it in some form included: larger flock sizes, use of  
325 WEC and/or FWECRT, utilisation of professional advisory sources, and anthelmintic  
326 resistance stated to be an issue in their district. Acceptance of the importance of anthelmintic  
327 resistance for continued sheep productivity is an obvious key requirement for interest in TST  
328 strategies. While 66% of respondents in this investigation considered drench resistance to be  
329 a problem, this appears surprisingly low in contrast with survey figures from countries where  
330 anthelmintic resistance is less advanced than in Australia. For example, other studies



331 showed 57% of surveyed farmers in New Zealand (Lawrence et al., 2007) and 51% in the  
332 United Kingdom (Morgan et al., 2012) rated drench resistance as a serious problem. It would  
333 be expected that interest in worm control and drench resistance would reflect the relative  
334 economic importance of sheep production.

335         The greater awareness of, and interest in, TST of respondents in the Great Southern  
336 region with larger flocks (mean, 3500 ewes per farm) contrasted with that of respondents  
337 with smaller – although significant – flock sizes (mean, 1958 ewes per farm) in the drier  
338 regions (Wheatbelt South and Wheatbelt North LR) where cereal cropping generally provides  
339 a greater proportion of farm income. This association between larger flocks and TST  
340 awareness may be linked to economic motivation, with farmers who manage larger flocks  
341 likely to have a greater incentive to reduce parasite management costs or prolong the life of  
342 effective drenches for continued profitability. Of all respondents, only 55% that routinely  
343 cropped more than 50% of the farm area considered drench resistance to be important,  
344 compared with 75% for those cropping smaller proportions of farm area. This is confounded  
345 by the association of larger cropping areas with lower annual rainfall and shorter pasture  
346 growing seasons, hence a lower risk of significant worm parasitism due to shorter periods of  
347 the year where environmental conditions (particularly moisture) in a Mediterranean climate  
348 are favourable for persistence of free living stages. This was consistent with the finding that  
349 fewer drenches were given to sheep annually in the lower rainfall regions. Despite this,  
350 FWECRT results over many years indicate the prevalence of drench resistance to be similar  
351 in both high and low rainfall regions of WA (B. Besier, personal observations). The heavy  
352 selection pressure for resistance associated with anthelmintic use in highly seasonal  
353 environments such as WA (Besier and Love, 2003) is especially applicable in the lower  
354 rainfall regions, and the need for sustainable worm control strategies therefore warrants  
355 greater recognition by sheep farmers in these locations. However, of the WA respondents,

356 77% of farmers who considered drench resistance to be a problem and who had also heard of  
357 TST, had either trialled the strategy or stated that they would consider the strategy.

358 As expected, the use of WEC and FWECRTs was associated with the perception of  
359 the importance of anthelmintic resistance and with larger flock sizes, again consistent with  
360 the relative significance of sheep enterprises. As recommendations for the use of these  
361 measurement tools are aimed at ensuring efficient worm control as much as at drench  
362 resistance management, interest in TST-based strategies is likely to require convincing sheep  
363 owners that TST can be implemented with minimal risk of disease or production loss, and are  
364 practical to apply.

365 In field trials in WA (Besier et al., 2010) and subsequent investigations in South  
366 Australia and Victoria (I. Carmichael, personal communication), and supported by computer  
367 simulation modelling (Dobson et al., 2011), leaving a proportion of sheep untreated resulted  
368 in no significant loss of production in flocks of adult ewes, which show a greater resilience to  
369 worm infections than lambs. Concerns over the practicality of implementation (particularly  
370 labour and time requirements) can also be allayed as investigations have demonstrated the  
371 effectiveness of a simple protocol using body condition score to identify individual animals  
372 that may safely be left untreated in regions where *Haemonchus contortus* is not the  
373 predominant parasite (Besier et al., 2010; Besier, 2012; Cornelius et al., 2014). Other  
374 indicators that have been investigated for selecting animals to leave untreated include target  
375 weights and weight change (Greer et al 2009; Kenyon et al 2013; Busin et al 2014).  
376 Encouragingly, the use of WECs and FWECRTs was highly correlated with the  
377 implementation of TST or willingness to consider it, so that extension measures to increase  
378 the adoption of these management tools is also likely to increase the interest in sustainable  
379 approaches. It is of interest that the proportion of respondents who utilised WECs and  
380 FWECRTs was higher than indicated by some recent surveys (M. Curnow personal

381 communication;Reeve and Walkden-Brown, 2014), as TST is most efficiently implemented  
382 with prior knowledge of worm burdens and anthelmintic efficacy. However, most who  
383 considered drench resistance to be important had never conductedFWECRTs, although the  
384 uptake of resistance testing is universally low (Lawrenceet al., 2007; Morgan et al.,  
385 2012;Playfordet al., 2014).

386         The investigation findings also highlighted the significant role of professional  
387 advisers in worm control planning and the willingness to follow sustainable control  
388 recommendations. Respondents who utilised veterinarians, private consultants and the state  
389 agricultural agency for worm control advice were significantly more likely to consider drench  
390 resistance to be a problem, to drench on fewer occasions and to use WECs and FWECRTs,  
391 compared with those who sought advice chiefly from rural merchandisers. However, the  
392 responses indicated that individual professional services (private veterinarians and  
393 consultants) and rural merchandisers were of similar rank as advisory sources (nominated in  
394 41% and 40% of replies, respectively), which is consistent with the figures from a large  
395 national survey (Reeve and Walkden-Brown, 2014). This indicates the need to ensure that  
396 merchandisers' staff are sufficiently informed regarding worm control and anthelmintic  
397 resistance, as well as TST, and that private professional advisers are conversant with the TST  
398 concept. Although the prospect of reduced drench sales may be seen as a potential barrier to  
399 the promotion of TST by merchandisers, this could be offset by the positive perception by  
400 farmers of a more informed service. The ranking of advisory sources used in Australia also  
401 contrasts with that in countries such as the UK (Morgan et al., 2012) and New Zealand  
402 (Lawrenceet al., 2007), where veterinarians are the dominant worm control source,  
403 suggesting that there is a need to better promote the availability of informed livestock  
404 management advice from consultants and veterinarians in Australia.

405           Although this investigation was conducted in a Mediterranean climatic zone where  
406 selection pressures from anthelmintic treatments are high, TST has been proposed as the basis  
407 of sustainable worm control in more temperate environments (Kenyon et al., 2009; Leathwick  
408 et al., 2008), as well as in regions where *Haemonchus contortus* is the major helminth  
409 parasite. It is likely that similar potential barriers to the adoption of sustainable strategies  
410 apply globally, especially the requirement of an awareness of the significance of anthelmintic  
411 resistance in particular locations and where relatively complex solutions are  
412 required (Woodgate and Love, 2012; Kahn and Woodgate, 2012). Demonstrations of the  
413 potential economic loss due to reduced anthelmintic efficacy will increase awareness (Besier  
414 et al., 1996; Sutherland et al., 2010; Miller et al., 2011), and demonstrations that TST is an  
415 appropriate approach for a particular environment (Larsen, 2014) and does not entail  
416 significant animal production loss will increase interest. The initial uptake of TST will be  
417 greatest by farmers who are clients of private livestock advisory services, and who have  
418 already implemented recommendations for the use of measurement tools such as WEC and  
419 FWECRT. Although the awareness of the potential cost of anthelmintic resistance may be  
420 lower where resistance is less advanced than in Australia, this may be offset by the closer  
421 involvement of farmers with veterinarians and agricultural advisers in some countries.

422

## 423 **Conclusion**

424           Conceptual barriers to the adoption of TST by sheep farmers are likely to apply in all  
425 locations due to concerns over potential losses of sheep production and worm-related disease,  
426 and an understanding of the factors associated with the strategies will aid in their adoption.  
427 This investigation confirmed that awareness of the TST approach was greatest where sheep  
428 farmers are concerned about anthelmintic resistance, where tools such as WEC and FWECRT  
429 are employed, and where professional advisers are consulted regarding worm control. The

430 wider than expected awareness of TST and implementation by some of the participants  
431 supports the relevance of the strategy in this environment, and indicates that leaving some  
432 sheep untreated is likely to be seen by many farmers as an acceptable strategy to manage  
433 anthelmintic resistance, provided that they are convinced that resistance is of sufficient  
434 importance.

435

#### 436 **Conflict of interest statement**

437 Corresponding author was employed by pharmaceutical company Jurox Animal  
438 Health from January 2013 to February 2014 but the company had no input or influence on the  
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440

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447

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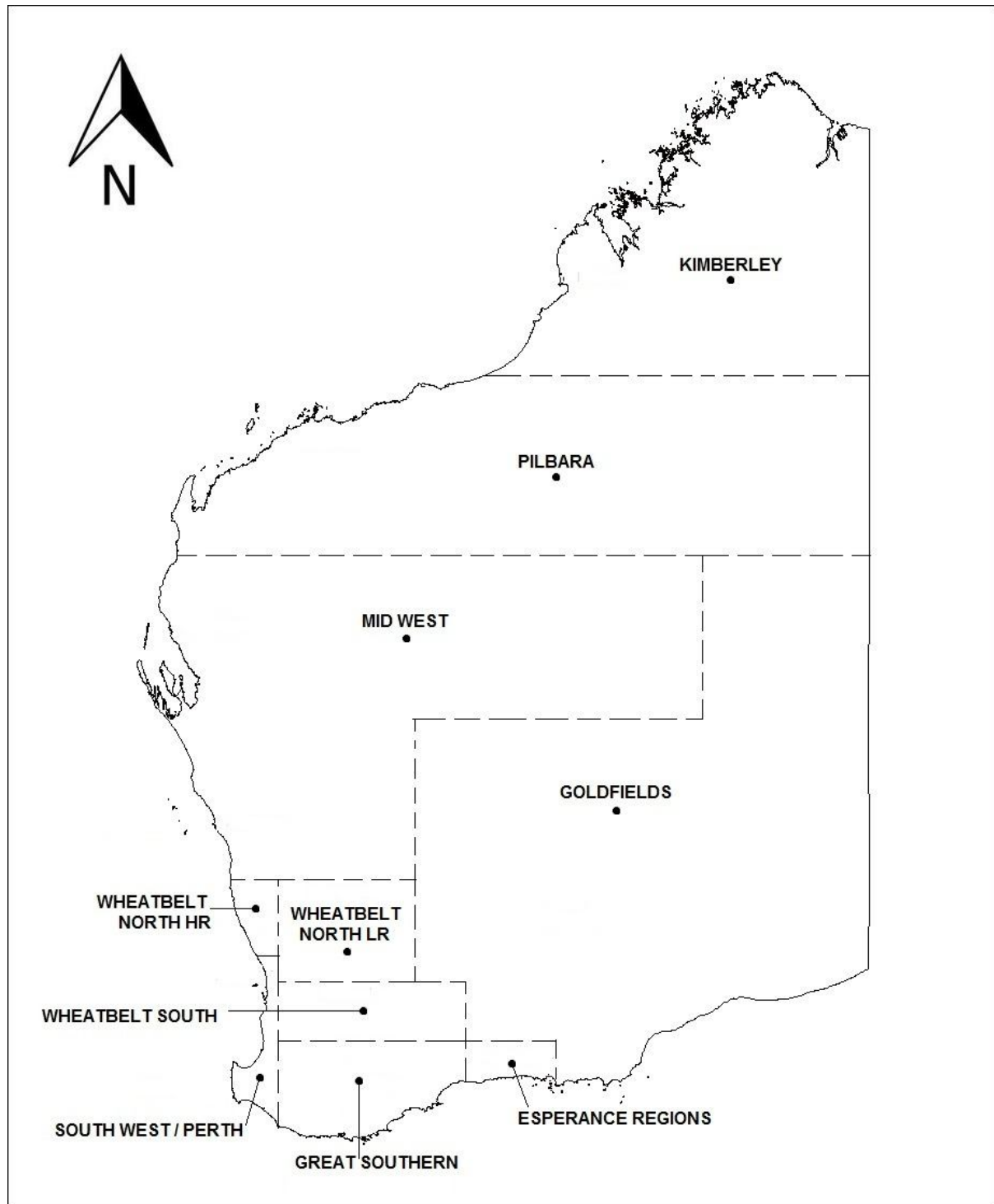
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544

545 *Figure 1. Map of agricultural regions*

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548 *Table 1. Number of responses and proportion (%) of Western Australian sheep population per region*

Region:	<b>Great Southern</b>	<b>Wheatbelt South</b>	<b>Wheatbelt North LR</b>	<b>Wheatbelt North HR</b>	<b>Esperance Region</b>	<b>South West/Perth</b>
Responses (n)	36	19	23	16	5	6
% of total responses	34	18	22	15	5	6
WA sheep farms (n)*	1762	935	1129	440	297	588
WA sheep population /region (%)*	41	19	15	8	6	2
Mean rainfall/respondent (mm/annum)	529 <sup>b</sup>	419 <sup>cd</sup>	389 <sup>d</sup>	550 <sup>b</sup>	501 <sup>bc</sup>	737 <sup>a</sup>
Mean sheep/respondent (n)	3500 <sup>a</sup>	2896 <sup>ab</sup>	1913 <sup>bc</sup>	2133 <sup>bc</sup>	1600 <sup>bc</sup>	1047 <sup>c</sup>
Mean farm size/respondent (Ha)	2920 <sup>a</sup>	3407 <sup>a</sup>	3468 <sup>a</sup>	2638 <sup>a</sup>	3367 <sup>a</sup>	329 <sup>b</sup>
Mean proportion farm cropped (%)	38 <sup>a</sup>	49 <sup>a</sup>	46 <sup>a</sup>	38 <sup>ab</sup>	43 <sup>ab</sup>	19 <sup>b</sup>

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550 \*Based on Australian Bureau of Statistics data, Department of Agriculture and Food Western Australia analysis

551 Values within rows with different superscript are significantly different (p&lt;0.05)

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554 *Table 2. Percentages of respondents who identified 'yes' or 'no' to having heard of and/or utilised specific*  
 555 *worm control tools and strategies, and their most common sources of worm control advice*

	Respondents indicating each response		Response rate (%)
	%	95% CI	
Is resistance an issue in your district?			100
Yes	66.0	56.98, 75.02	
No	34.0	24.98, 43.02	
Have used WEC in the past			100
Yes	57.5	48.09, 66.91	
No	42.5	33.09, 51.91	
Have used FWECRT in the past			99.1
Yes	36.8	27.58, 46.02	
No	62.3	53.03, 71.57	
Source of worm control advice*			100
Vet	31.1	22.29, 39.91	
Private consultant	10.4	4.59, 16.21	
State Department	31.1	22.29, 39.91	
Rural merchandiser	39.6	30.29, 48.91	
Relative/Friend	9.4	3.84, 14.96	
None	7.5	2.49, 12.51	
Heard of TST (including those who had implemented)			100
Yes	65.1	56.03, 74.17	
No	34.9	25.83, 43.97	
Have used TST in the past			99.1
Yes	24.5	16.27, 32.73	
No	74.5	66.16, 82.84	
Haven't used TST but would consider it			45.3
Yes	47.9	33.77, 62.03	
No	52.1	37.97, 66.23	

556 \*Percentages do not add to 100 as respondents could nominate more than one option

557 CI = confidence interval

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560 *Table 3. Relative risk for respondents' awareness and implementation of TST from different sources of advice*

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	Relative risk (95% confidence interval) p-value for 2-sided Pearson Chi-square test				
	Veterinarian	Private Consultant	DAFWA	Rural merchandise	Friend/Neighbour
Heard of TST (including had implemented)	4.4 (1.5, 12.6) P=0.003	1.2 (1.1, 1.3) P=0.007	3.3 (1.2, 9.0) P=0.012	0.28 (0.1, 0.6) P=0.002	ns
Used TST	4.7 (1.8, 12.0) P=0.001	20.6 (4.1, 104.3) P<0.001	ns	0.37 (0.1, 1.0) P=0.037	ns

DAFWA: Department of Agriculture and Food Western Australia (state agricultural agency)  
ns = non-significant