

a transient remedy to provide in-between care as an alternative to inpatient care. Psycho-social rehabilitation provides for three levels - inpatient treatment, community health center, and last clubhouse programs where consumers help each other. With the assertive community treatment approach, through jail diversion and community treatment team, and the adult mental health assessment team, patients get the appropriate level of care and criminalism is reduced.

Toshi Shibata, M.D., Psychiatry, general addiction, and forensics, Honolulu, presented the problems of mental health care and the penal and legal systems. Since 1980 there has been a great increase in prisoners, many are mental patients. This is a national trend, many are younger males, substance abusing and previously hospitalized. Police are perceived as more efficient for deviant or criminal behavior. Patients are often sentenced for one year or more. The state has a duty to provide medical care for those whom it is punishing by incarceration. Now when a mental patient is arrested, a diversion team can interrupt proceedings to avoid jail. A module is provided for rehabilitation, a pyramid theory of human motivation. At the bottom is physiological needs, and continues up through safety, belonging, esteem, and at the top self-actualization.

D. Douglas Smith, M.D., Psychiatry, Director of Medical Education, Queen's Medical Center for Behavioral Health Services, Honolulu was the final speaker on the program, and presented material on in-patient mental health care in Hawaii. He presented a brief history of public behavior toward mental patients, and briefly described current available outpatient facilities. Hospitalization becomes necessary when a patient's behavior is bizarre or dangerous to self or others, in cases of substance abuse disorder, when medication must be closely monitored, when a less restrictive setting has failed, or when a complex, unstable co-morbid condition exists. This may come through a court order, medical decision, crisis team referral, direct admission, or through the hospital emergency department. Therapy includes physiological needs, safety, psychiatric services, education, and psycho-social rehabilitation. For the future, Hawaii requires increased quantity, a prudent court system, effective medical staff, and admission based only on medical necessity.

Editor's Note:

Mahalo to Russell Stodd MD for his excellent coverage of another very busy HMA Annual meeting.

Russ, thanks also for your continued monthly "Weathervane" contributions. You always get so much useful information into one page.

Poems by Dr. Robert S. Flowers

CHRISTMAS BALLET

I stopped the car for Susan to shop
At the autoteller...and out she hopped.
I glanced away while she worked the machine
To study the mountains, covered in green.

My eyes returned to the front of the bank
Where she took her cash and murmured a "thank"
For modern technology which never sleeps,
And gives back on holidays, the money it keeps.

She smiled as she turned to approach the car,
But such as the winds here at Christmas are-
They lifted her hat with its embroidered sash
And she lunged for it using the hand with the cash!

Those winds who targeted first her hat,
Seized on that handful of bills stacked so fat.
They swirled in the air as high as the roof
Reminiscent of movements in a *Keystone Cops* Spook!

She looked like a puppy snapping at flies,
Grasping for "twenties" espied by her eyes.
Leaping and jumping in a comic ballet
A scene I'll remember 'til I'm old and gray.

Pirouettes, and toe stands, arabesques, swan dives
Fouettes and entrechats, unusual for wives.
Then all of a sudden the wind stilled its force,
But the "twenties" recovered were deficient, of course!

A lone one was missing: I joined in the search,
Scouring the shrubs and the trees for a "perch"
At last we found - But I really must say...
I'd surely have paid it...for that Christmas Ballet

Robert S. Flowers
August 25, 1990

HANUKKAH

Lord of Hosts, this Feast of Lights
Grows one candle every night
For Hanukkah, reDedication
Of Jerus'lem's restoration.

With this act that seems so simple
We remember your great temple.
How the oil kept burning bright
When fuel was there for just one night.

But let your lamp inside my heart
Burn forever...as a start!

Amen.