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1	SUBSIDENCE CONTROL ON RIVER MORPHOLOGY AND
2	GRAIN SIZE IN THE GANGA PLAIN
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14 ABSTRACT. The Ganga Plain represents a large proportion of the current foreland basin to the Himalaya. The Himalayan-sourced waters irrigate the Plain via major river 15 networks that support approximately 10% of the global population. However, some of 16 these rivers are also the source of devastating floods. The tendency for some of these 17 rivers to flood is directly linked to their large scale morphology. In general, the rivers 18 that drain the east Ganga Plain have channels that are perched at a higher elevation 19 20 relative to their floodplain, leading to more frequent channel avulsion and flooding. In contrast, those further west have channels that are incised into the floodplain and are 21 22 historically less prone to flooding. Understanding the controls on these contrasting river forms is fundamental to determining the sensitivity of these systems to projected climate 23 change and the growing water resource demands across the Plain. Here, we present a new 24 basin scale approach to quantifying floodplain and channel topography that identifies 25 areas where channels are super-elevated or entrenched relative to their adjacent 26 floodplain. We explore the probable controls on these observations through an analysis 27 of basin subsidence rates, sediment grain size data and sediment supply from the main 28 river systems that traverse the Plain (Yamuna, Ganga, Karnali, Gandak and Kosi 29 rivers). Subsidence rates are approximated by combining basement profiles derived 30 31 from seismic data with known convergence velocities; results suggest a more slowly subsiding basin in the west than the east. Grain size fining rates are also used as a proxy 32 for relative subsidence rates along the strike of the basin; the results also indicate higher 33 fining rates (and hence subsidence rates for given sediment supply) in the east. By 34 35 integrating these observations, we propose that higher subsidence rates are responsible for a deeper basin in the east with perched, low gradient river systems that are relatively 36 37 insensitive to climatically driven changes in base-level. In contrast, the lower subsidence rates in the west are associated with a higher elevation basin topography, and entrenched 38 39 river systems recording climatically induced lowering of river base-levels during the Holocene. 40

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INTRODUCTION

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Many of the rivers of the Ganga Plain are prone to abrupt switching of channel courses 44 (avulsion) causing devastating floods over some of the most densely populated regions on the 45 globe. The Kosi River that drains central Nepal and discharges onto the Ganga Plain of Bihar 46 State has a well-documented history of frequent channel avulsion and flooding (Wells and 47 Dorr, 1987). During 2008, a single channel avulsion event resulted in a temporary eastward 48 shift of the Kosi River by tens of kilometres where the channel breached its eastern levee 49 resulting in extensive flooding (Chakraborty and others, 2010; Sinha and others, 2005, 2013, 50 51 2014). Similarly, levee failures and channel avulsion resulted in catastrophic flooding of the Indus Plain of Pakistan in 2010 and the displacement of at least 10 million people (Syvitski 52 and Brakenridge, 2013). The nature and frequency of channel avulsion is also a first-order 53 54 control on alluvial stratigraphy, defining the geometric distributions of channel and floodplain deposits (Bridge and Leeder, 1979; Slingerland and Smith, 2004). In the Ganga Plain, the 55 distribution of Quaternary channel sands and floodplain muds determines groundwater 56 57 pathways and associated arsenic pollution (Shah, 2007). Given the significance of floodwaters and groundwater pathways in the Ganga Plain, documenting and understanding variations in 58 the morphology of river channel and floodplain systems represents a research priority, 59 particularly in light of changes in monsoon intensity, glacial meltwater discharge and the water 60 demands of a growing population (Fleitmann and others, 2007; Immerzeel and others, 2010). 61

Systematic variations in the large-scale morphology of the river systems are recognised across the extent of the Ganga foreland basin (fig. 1) (Sinha and others, 2005). Rivers of the east Ganga Plain are characterised by shallow aggrading channels that frequently avulse and flood, whilst those in the west are characterised by degrading systems with incised channels and extensive areas of badland topography. In the east Ganga Plain, numerous channel avulsions and random switching of the loci of fan lobe aggradation has resulted in a net 68 westward migration of >113 km of the Kosi River over the surface of its mega-fan during the last two centuries (Wells and Dorr, 1987; Chakraborty and others, 2010). Palaeochannels are 69 well preserved across much of the surface of the Kosi and Gandak fans (Sinha and others, 70 71 2014), reflecting the dynamic and mobile nature of these systems. In the west Ganga Plain, the Ganga River is described as a braided channel within a narrow incised valley with exposed 72 cliffs extending 15-30 m above the modern channel in parts (Shukla and others, 2001; Gibling 73 and others, 2005; Shukla and others, 2012), Numerous phases of incision and aggradation are 74 documented within both the Yamuna and Ganga valleys where distinct geomorphic surfaces 75 76 and facies associations are preserved in exposed valley walls (Shukla and others, 2001, 2012; Gibling and others, 2005; Tandon, 2006). 77

In order to understand the controls on the variations in river morphology along the 78 79 Ganga Plain, we need to consider a range of possible scenarios. As rivers exit mountain ranges, they commonly evolve into broad alluvial systems where river morphology (channel pattern, 80 geometry, gradient) is typically determined by water and sediment discharges, sediment grain 81 sizes, basin subsidence rates and vegetative patterns (fig. 2) (van den Berg, 1995; Dade and 82 Friend, 1998; Dade, 2000; Duller and others, 2010; Marr and others, 2000; Allen P.A. and 83 84 others, 2013). In addition, first-order predictions from various studies (for example Paola and 85 others, 1992a; Robinson and Slingerland, 1998; Duller and others, 2010; Allen P.A. and others, 86 2013) are that downstream grain size trends are also controlled by sediment supply and 87 subsidence rate, with increased sediment supply reducing fining rates, and increased basin subsidence increasing fining rates as a result of enhanced rates of deposition or aggradation 88 promoting selective deposition in the proximal region of the basin. Grain size fining trends 89 90 impact the location of the gravel-sand transition (Dubille and Lavé, 2014), and variations in river morphology (Dade and Friend, 1998). 91

92 This paper initially quantifies the basin-wide variability in incision and aggradation of the river systems across the Ganga Plain from digital topography using a swath based technique 93 to map relative elevation of channels above or below their floodplains. The implications are 94 95 that the lateral variations in incision versus aggradation should be recorded in the underlying basin stratigraphy, and that the relative contributions of sediment derived from the western and 96 eastern Himalaya to the Ganges-Brahmaputra Delta are likely to be affected by the relative 97 efficiency of sediment transport and bypass across the Ganga Plain. In addition to quantifying 98 the relief along the valleys of the rivers, we also generate new basin-wide data on subsidence 99 100 rates and grain size fining rates from the proximal foreland basin near to the mountain front. We finally discuss and analyse these data in context of the observed patterns in incision and 101 102 aggradation of the river systems across the Ganga Plain.

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A challenge when determining longer-term (millennial) controls on fluvial morphologies is to 104 differentiate signals driven by shorter-term stochastic variations in climate or tectonic activity 105 in the upstream catchment (Benda and Dunne, 1997a; Tucker and Slingerland, 1997; Leeder 106 and others, 1998). Forward models have simulated the effects of varying parameters such as 107 108 sediment flux and basin subsidence over different timescales relative to the equilibrium time period of the basin, defined as the period required for streams within the basin to attain a steady-109 state profile (Paola and others, 1992a; Heller and Paola, 1996; Robinson and Slingerland, 1998; 110 Marr and others, 2000). In a system as large as the Ganga Plain, potential short-term ($<10^4$ 111 years) controls on sediment flux and grain size could be linked to climatic changes in 112 precipitation patterns, glacial discharge and extreme storm events or earthquakes. In contrast, 113 subsidence rates, which are controlled by topographic loading and the flexural response and 114 subduction velocity of the underlying lithosphere (Sinclair and Naylor, 2012) are unlikely to 115 vary at these timescales. Below, we discuss current knowledge and data available on the 116

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120 Current Constraints on Sediment Flux, Basin Subsidence and Sediment Grain Size across the

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Ganga Plain

Our current understanding of sediment flux into the Ganga foreland basin is based principally 122 on suspended sediment data from gauging station networks, but the spatial coverage of these 123 data is restricted (Blöthe and Korup, 2013). Advances in detrital cosmogenic radionuclide 124 (CRN) analysis have allowed ¹⁰Be concentrations to be measured in modern river sediments, 125 allowing approximation of average denudation rates from the source catchments over 126 127 timescales of thousands of years (Vance and others, 2003; Lupker and others, 2012; Godard and others, 2014). The published CRN data give an indication of how sediment flux delivered 128 to the foreland basin varies spatially between the major river systems that drain the Himalaya. 129 The mean erosion rates of $\sim 1 \text{ mm/yr}$ derived from these data can be used to infer the timescales 130 over which the rates are averaged, <1000 years in this case based on the reduction in CRN 131 production rates with depth. Sediment fluxes calculated from ¹⁰Be concentrations measured 132 from the modern river sediment reveal marginally lower fluxes at the western end of the Ganga 133 basin (fig. 3, table 1). However, estimates vary by up to a factor of three between sampling 134 years of a single river, highlighting the difficulty in accurately quantifying sediment flux to the 135 foreland basin using this approach (Lupker and others, 2012). Until we have a better 136 understanding of the controls on the variability in ¹⁰Be concentrations, it remains difficult to 137 138 quantify spatial variations in millennial-scale sediment supply rate from Himalayan catchments. Similarly, longer term erosion rates estimated from bedrock mineral cooling ages 139 of the Greater Himalaya Sequence along the strike of the range do not suggest a significant 140

west to east variation in erosion rates, although rates further east are marginally (~0.5 mm/yr) 141 higher (Thiede and Ehlers, 2013). Denudation rates over the past 4 Myr vary between ~1-2.5 142 mm/yr across the Greater Himalayan Sequence within the Ganga basin, but there are large 143 uncertainties with these data (Thiede and Ehlers, 2013). Furthermore, erosion rates in the 144 Greater Himalaya are thought to be relatively high in comparison to the Lesser Himalaya (Lavé 145 and Avouac, 2001), and as such, denudation rates derived from thermochronology studies in 146 this region do not represent catchment averaged rates. The timescales over which these 147 denudation rates have been averaged may also be too large to reflect spatial patterns in modern 148 or sub-millennial sediment fluxes to the Ganga Plain, and should not be interpreted as 149 comparable rates to those derived from ¹⁰Be concentrations. 150

Basin subsidence histories across the Indo-Gangetic Plain requires multiple, well documented wells with good stratigraphic resolution (Allen P.A. and Allen J.R., 2013), but these types of data are not available for this region (Burbank and others, 1996). Therefore, for this study, we calculate the tectonic forcing of subsidence using the depth to the crystalline basement that underlies the Siwalik succession derived from the Seismotectonic Atlas of India, prepared by the Geological Survey of India (Narula and others, 2000), integrated with the local subduction velocities (Sinclair and Naylor, 2012).

Grain size data from the principal Himalayan rivers are not available, and are therefore a key component of the new data presented in this study. We note that detailed downstream grain size fining trends have been analysed from smaller Himalayan rivers (Dubille and Lavé, 2014) that drain the foothills termed 'Piedmont Rivers' (Sinha and Friend, 1994). The grain size data show a clear transition from gravel to sand in the rivers at approximately 8-20 km from the mountain front. Given the order of magnitude increase in catchment size and likely sediment supply from the larger rivers that drain the high mountains of the Himalaya, it is reasonable to predict an increase in distance from the mountain front to the gravel-sand

166 transition for the main rivers presented here.

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REGIONAL CONTEXT

The Himalayan foreland basin formed as a result of the ongoing collision between the Indian 168 and Eurasian plates, where crustal thickening generates high topography that is supported by 169 the flexural rigidity of the underlying lithosphere (Lyon-Caen and Molnar, 1985; Flemings and 170 Jordan, 1989; Burbank and Beck, 1991; Burbank, 1992; Brozovic and Burbank, 2000). Along 171 the strike of the mountain range, variations in lithospheric rigidity and basement faulting are 172 believed to have modulated both basin width and large-scale patterns of subsidence (Burbank 173 and others, 1996). The Himalayan orogen is split into four major structural units that run 174 broadly parallel from west to east (fig. 1). These units are from south to north: the Neogene 175 176 Siwalik Group, the Proterozoic Lesser Himalayan Sequence, the Proterozoic-Ordovician Greater Himalayan Crystalline Complex and the Proterozoic to Eocene Tethyan Himalayan 177 Sequence (Yin, 2006). These lithological units are bound by major faults, the most active of 178 which is the Main Frontal Thrust (MFT). The MFT is the most southerly structure, situated 179 between the Siwalik Group and the foreland basin, and absorbs approximately 80% of the 180 181 ~21±1.5 mm/yr convergence) between India and south Tibet in central Nepal (Lavé and Avouac, 2000). 182

Sediment generated by the erosion of the Himalayan mountain range accumulates in the foreland basin. The thickness of the basin fill reduces progressively with distance from the mountain front, consistent with asymmetric subsidence caused by thrusting of the overlying orogen (Burbank and Beck, 1991; Burbank, 1992; Yin, 2006). The basin fill is dominated by the Neogene Siwalik Group and the pre-Miocene Rawalpindi Group (Burbank and others, 1996). The Siwalik Group comprises thick molasse deposits formed by the erosional products of the Lesser and Higher Himalaya (for example Kumar and others, 2004). Thin-skinned 190 tectonics associated with the MFT have incorporated these poorly consolidated molasse deposits in the hanging wall of frontal structures, forming the Siwalik Hills which represent 191 the youngest and southernmost topography of the Himalaya (Mugnier and others, 1999). The 192 foredeep basin (sensu DeCelles and Giles, 1996) lies immediately south of the Siwalik Hills, 193 forming the Indo-Gangetic Plain. Immediately inboard of the thrust front are several wedge-194 top basins, locally termed 'Duns' that act to buffer the sediment delivery to the foredeep 195 (Densmore and others, 2015). In comparison to the confined bedrock channel both upstream 196 and downstream of the Dun, the laterally unconfined and lower gradient surface of these Dun 197 198 valleys has promoted sediment deposition during periods of heightened sediment export from the mountains, producing a thick alluvial valley fill. Dun valleys of direct relevance to this 199 200 study are the Chitwan and Dehra Dun valleys where the Gandak, Ganga and Yamuna rivers 201 flow through prior to passing the MFT and exiting onto the Plain (fig. 1).

The Ganga Plain (and henceforth Plain) forms the central third of the Indo-Gangetic 202 Plain and covers an area of 250,000 km², whilst the drainage area of the entire Ganga basin is 203 in excess of 1,060,000 km² (Singh, 1996). The hydrology of rivers draining the basin is 204 dominated by the Indian Summer Monsoon (ISM), when over 85% of the annual rainfall falls 205 206 between June and September (Sinha and Friend, 1994; Tandon, 2006), producing broad peaked annual hydrographs. Along strike gradients in precipitation have been identified using passive 207 microwave data (Bookhagen and others, 2005; Anders and others, 2006) where catchments in 208 209 the east typically experience more Indian summer monsoon precipitation than those in the west. A strong north-south precipitation gradient has also been identified as a result of orographic 210 enhancement of precipitation, where the heaviest rainfall is induced by the first significant 211 212 topography encountered by southerly air masses originating from the Bay of Bengal (Bookhagen and others, 2005; Bookhagen and Burbank, 2006; Anders and others, 2006). 213

Apatite fission track ages from across the entire Himalaya do not reveal any systematic changein exhumation rates along the strike of the range (Thiede and Ehlers, 2013).

Sediment carried into the foreland basin that is not immediately deposited, typically 216 sand and finer material, can continue downstream via the Ganga, Brahmaputra and Indus rivers 217 ultimately reaching the sea where it accumulates in the Bengal and Indus fans. This fraction 218 represents up to ~90% of the total sediment load exported from the Himalava (Lupker and 219 others, 2011). Sediment trapped within the foreland basin is deposited across vast alluvial fans 220 that are separated by broad interfan or interfluve areas that are drained by foothill or Plain fed 221 rivers (Jain and Sinha, 2003; Sinha and others, 2005). These interfan parts of the basin are filled 222 primarily with sediments eroded from the frontal Siwalik range, and sediments derived and 223 reworked locally from the Plain (Sinha and others, 2005). 224

225 The rivers feeding the Plain can be divided into mountain, foothill and Plain fed (Sinha and Friend, 1994). Mountain-fed rivers originate from large source areas within the Himalayan 226 orogen, typically with a glacial source. Foothill or 'Piedmont' rivers have relatively small 227 catchment areas of 20-2500 km² (Dubille and Lavé, 2014) and drain the interfluve region 228 between alluvial fans created by sediment deposition of the much larger mountain fed rivers. 229 Plain fed rivers repetitively rework sediment deposited by the mountain and foothill fed rivers 230 (Sinha and others, 2005). Grain size measurements in central Nepal across a number of interfan 231 or foothill fed channels have documented a rapid gravel-sand transition occurring ~8-20 km 232 downstream of the mountain front (Dubille and Lavé, 2014). This same rapid transition is 233 consistent with vertical grain size measurements taken from the Siwalik molasse exposed in 234 the frontal Himalayan folds (Dubille and Lavé, 2014). Grain size fining rates have not been 235 documented for the mountain fed rivers. 236

METHODOLOGY

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Topographic Analysis

Effective mapping of channel elevations relative to their adjacent alluvial fan surface reveals 239 spatial variations in both aggradation and incision of active fluvial systems. Existing 240 approaches to identify regions where channels are perched above their adjacent floodplain, or 241 'super-elevated' (Bryant and others, 1995), are typically limited to linear elevation transects 242 across target alluvial fans using digital elevation models (DEMs) (for example Sinha and 243 others, 2005; Chakraborty and Ghosh, 2010; Chakraborty and others, 2010). A number of 244 limitations arise from this approach: (i) the approach is limited in its spatial resolution as each 245 246 transect only records elevation across a small portion of the fan, which may not necessarily be coincident with areas of highest avulsion risk; (ii) the orientation of the transects does not 247 directly reflect the geometry of either the channel or fan system; (iii) differentiating data noise 248 249 from geomorphic features such as channel levees that are often comparable in amplitude (Chakraborty and others, 2010), requiring significant degrees of smoothing to pick out first 250 order features of the alluvial fan system (Chakraborty and Ghosh, 2010). Sinha and others 251 (2014) addressed the first of these issues by taking a series of profiles following parallel linear 252 transects at 2 km spacing down the Kosi fan, permitting an assessment of changes in channel 253 super-elevation along the length of the alluvial fan; however, the spatial resolution is still 254 limited to the transects themselves, and suffers from the same problems relating to transect 255 orientation and noise outlined above. Noise reduction could potentially be achieved using 256 257 swath profiles which provide a means of increasing the signal-noise ratio, and should highlight characteristics of the along-profile topography (Telbisz and others, 2013; Hergarten and others, 258 2014). More recent generalised swath profile methods permit the use of arbitrary, non-linear 259 baselines, such as river courses, enabling the unbiased characterisation of river valley 260 morphology, but averaging along the length of a stream reach, reducing resolution (Hergarten 261 and others, 2014). 262

We present a new, spatially distributed method to map patterns of fluvial incision and aggradation across alluvial fan systems that addresses the above issues. The premise of this method is that when a channel is elevated relative to its floodplain or adjacent fan surface, the adjacent surface will lie below the elevation of the channel; when incised, the adjacent surface will have a higher elevation relative to the channel. Therefore, by mapping every location within the DEM to the closest point in the channel, it is possible to assess the relative elevation of the channel compared to the rest of the fan.

In order to produce maps of channel super-elevation, we use a swath-based method,
similar to that developed by Hergarten and others (2014) to construct generalised swath profiles
using curvi-linear baselines.

The first step in our procedure is to extract the trunk channel on the alluvial fan from 273 274 the DEM. For this work, river networks were extracted from a 90 m resolution Shuttle Radar Topography Mission (SRTM) DEM using ESRI ArcMap v10.1, using a steepest-descent flow 275 routing algorithm. Channel elevations along these river networks represent the elevation of the 276 277 water surface in 2000, the time of the SRTM data capture. The root mean squared error (RMSE) of these data in mountainous regions is ± 7.75 m, while in less mountainous regions, the RMSE 278 of the SRTM is ± 14.48 m (Amans and others, 2013). Given that the flow stage will be highly 279 variable through the year, there may be a small impact on these results, although this is likely 280 to be within the RMSE error of the DEM. As such, the use of these data should provisionally 281 be limited to the interpretation of very large scale patterns or where relief exceeds the RMSE 282 of the data ($\sim \pm 10-15$ m). 283

These trunk channels are subsequently used as a baseline along which we generate an 80 km wide swath. This swath determines the region in which we map the relative superelevation of the trunk channel, and in other applications can be modified for other river systems as required. Within this neighbourhood, we iterate through every pixel, p_i, and map it to the 288 nearest point in the trunk channel baseline, following Hergarten and others (2014); DEM pixels for which the closest point on the baseline is at either of the termini are excluded. The elevation 289 difference between the fan surface and the nearest point on the trunk channel is then calculated, 290 with the resultant swath revealing spatial variations in the elevation of the fan surface relative 291 to the closest point in the active channel (fig. 5). Negative values indicate areas of the fan that 292 are lower in elevation to the closest point in the trunk channel (the channel is perched above 293 the neighbouring fan surface); these areas are shaded red on the swath in figure 5. Conversely, 294 where the trunk channel is entrenched, elevations on the neighbouring fan surface are greater 295 296 than the closest point in the trunk channel; the more entrenched portions of the swath are coloured in blue on figure 5. Areas of the swath which are at a similar elevation to the channel 297 are shaded in yellow, and areas more than 100 m above the channel are in purple, which 298 299 typically represents mountainous topography.

300 Channel lengths extending from the Himalayan mountain front (defined as the most southerly area of notable relief) to the Ganga trunk stream were extracted for each river. 301 Longitudinal profiles of each river were also extracted from the DEM from which slope values 302 averaged over a 10 km moving window were then calculated. Normalised channel steepness 303 (k_{sn}) was also calculated at the fan apex using a reference concavity of 0.5, to allow comparison 304 of channel gradients independently of upstream catchment area (Wobus and others, 2006; Allen 305 306 G.H. and others, 2013). Similar profiles were constructed from the surface of the adjacent 307 floodplains, or valley tops where channels were entrenched in the west Ganga Plain. These profiles followed transects that were broadly parallel to the channel. 308

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Basin Subsidence

The distribution of sediment deposition, or the spatial apportioning of sediment sorting, at a
given distance (*x*) can be expressed as:

$$R(x) = \frac{r}{q_s} \tag{eq 1}$$

where *r* is the rate of sediment deposition, and q_s is sediment flux (Paola and Seal, 1995). *R* can be made non-dimensional such that:

$$R^{*}(x^{*}) = C_{0} \frac{r(x)}{q_{s}(x)} L$$
 (eq 2)

where R^* is the non-dimensional function that describes the distribution of deposition, C_0 is the volumetric sediment concentration on the bed, r is the rate of sediment deposition, q_s is the sediment flux, and L is the length of the depositional stream (Paola and Seal, 1995). Assuming that the rate of sediment deposition is controlled by the rate of tectonic subsidence, defined as $\sigma(x)$, $R^*(x^*)$ can also be expressed as:

$$R^*(x^*) = \left(1 - \lambda_p\right) L \frac{\sigma(x)}{q_s(x)} \tag{eq 3}$$

where *L* is the length of the depositional stream, $q_s(x)$ is the rate of decay in sediment flux downstream (L t⁻¹), λ_p is the sediment porosity and x^* is the normalised longitudinal location along a deposition system of length *L* (Duller and others, 2010). If *R** determines how sediment sorting is apportioned spatially, most sorting will occur at the upstream end of the system where the greatest proportion of sediment is deposited (Duller and others, 2010). The rate of downsystem grain size fining can also be described by the fractional Exner sediment mass balance (Paola and Seal, 1995), also incorporating tectonic subsidence through the *R** function:

$$\frac{df}{dx^*} = f\left[R^*\left(1-\frac{1}{J}\right)\right] - \frac{1}{J}\frac{dJ}{dx^*}$$
(eq 4)

where *f* is the fraction of a given sediment size in the deposit and J = p/f, where *p* is the fraction of a given sediment size in the transporting system (Duller and others, 2010). This predicts a 329 correlation between subsidence rates, sediment grain size fining rate and hence river330 morphology.

The methodology for calculating the tectonic forcing of subsidence of the surface near 331 the mountain front uses new maps of the depth to crystalline basement derived from seismic 332 data combined with known shortening rates (Stevens and Avouac, 2014). The approach doesn't 333 use the depth to basement, but instead utilises the gradient of the basement nearest to the 334 mountain front (Sinclair and Naylor, 2012). By reconstructing the gradient of the basement of 335 the subducting slab (θ) and combining it with known convergence velocities (V_{con}) between 336 the Ganga Plain and the Himalaya (Stevens and Avouac, 2015), we can derive the vertical 337 velocity which determines the modern subsidence velocity at the surface (V_{sub}) at point x using: 338

$$V_{sub}(x) = V_{con} \tan \theta(x) \qquad (eq 5)$$

This tectonic forcing of surface lowering (subsidence) at the mountain front remains steady as 340 long as the following remain constant: 1) the mean distribution and magnitude of topography; 341 2) the density structure of the mountain range; 3) the convergence velocity between the 342 subducting lithosphere and the distributed load of the range, and 4) the gradient of the 343 subducting lithosphere. Within these parameters, the most likely to vary at a high spatial and 344 temporal scale is the distribution of topography, as thrust units are accreted at the front of the 345 range. Analogue and numerical experiments from thrust wedges indicate that fluctuations in 346 frontal accretion versus internal thickening of the wedge can result in punctuated topographic 347 growth at a timescale characterised by the length of accreted thrust sheets divided by the 348 convergence velocity (Hoth and others, 2007; Naylor and Sinclair, 2007). For the Himalayas, 349 350 typical spacing of thrust units are approximately 12 km, which when divided by a mean convergence velocity of 18 km/Myr yields a timescale of probable topographic variations of 351 0.66 Myr. 352

Additionally, the rate of stratigraphic onlap of the Siwalik Group onto the basement of the foredeep is 19±5 km/Myr which is comparable to the convergence velocity, suggesting these parameters have been in steady state for the recent history of the thrust wedge and foreland basin system (Lyon-Caen and Molnar, 1985; Mugnier and Huyghe, 2006). Based on these arguments, we do not envisage the tectonic forcing of subsidence to have varied significantly for at least the last 100,000 years.

For this study, the time interval of interest is the period over which the present 359 morphology of the river systems of the Ganga Plains is defined; this interval may be 360 361 approximated by the topographic relief of the fluvial system divided by the sediment accumulation rates. In this case, the local relief of the incised and super-elevated channel 362 systems is up to 30 m. Holocene sedimentation rates for the proximal basin are of the order of 363 364 1 mm/yr (Sinha and others, 1996). Based on these rates, we propose that the time interval of interest in determining the basin's surface morphology is approximately 30,000 years. 365 Consequently, we see no reason to consider that subsidence rates have varied at any given 366 location in the basin during the development of the present-fluvial morphology across the 367 Ganga Plain. 368

The long-term $(>10^6 \text{ yr})$ and recent convergent velocity between the subducting plate 369 and the Himalayan topography can be approximated from the stratigraphy of the foreland basin, 370 and modern GPS data respectively. As outlined above, stratigraphic sequences observed in 371 deep well and seismic data imply convergence rates of between ~10-20 mm/yr over the past 372 15 to 20 Ma from these data (Lyon-Caen and Molnar, 1985). Contemporary GPS data (Feldl 373 and Bilham, 2006; Stevens and Avouac, 2015) have demonstrated along strike differences in 374 modern India-Tibet convergence rates. Rates in the eastern Himalayan arc are typically18-20 375 mm/yr compared to 12-15 mm/yr in the west. The tectonic displacement of fluvial terrace 376 surfaces in central Nepal (Lavé and Avouac, 2000) and northwest India (Wesnousky and 377

others, 1999) further support a systematic east to west decrease in convergence rates with
estimates of 21.5±1.5 mm/yr and 11.9±3.1 mm/yr, respectively.

Models calibrated against gravity data have also indicated that the flexural rigidity of the Ganga Basin varies along strike of the basin (Lyon-Caen and Molnar, 1985; Jordan and Watts, 2005). Jordan and Watts (2005) demonstrated that the central Himalayan foreland basin, which relates to the west Ganga Plain, has a higher effective elastic thickness (~70 km) compared to regions in the east and west (~30-50 km).

385 The gradient of the basement beneath the proximal foreland basin (θ) is measured using the depth to basement plots of the Ganga basin derived from depth converted reflection seismic 386 data (fig. 4A). The dip of the basement beneath the mountain front has been calculated using 387 388 the average gradient of the first 30 km of each profile basin-ward of the mountain front, thus reflecting a control on basin subsidence velocities of the proximal basin. Six cross-sections of 389 the foreland basin have been generated from these plots and second order polynomial equations 390 and curves have been fitted through the data to extend the cross section to a point beneath the 391 mountain front to account for increasing rates of subsidence close to the mountain front 392 (Sinclair and Naylor, 2012). A range of V_{sub} values have been calculated along the course of 393 each river using variable V_{con} values to assess the impact on V_{sub} estimates. The variable 394 convergence rate estimates used are based on Stevens and Avouac (2015) with values of 395 396 13.3±1.7 mm/yr for the Yamuna and Ganga, 18.5±1.8 mm/yr for the Sharda and Karnali and 20.2±1.1 mm/yr for the Kosi and Gandak. Previously mentioned convergence rate estimates 397 from Wesnousky and others (1999) and Lavé and Avouac (2000) have also been included in 398 399 this analysis.

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Grain Size

401 Extensive coarse gravel bars dominate the bed of the major rivers of the Ganga Plain as they exit the mountain front. During the low-flow season (October-May), a considerable portion of 402 the channel bed is accessible. If it is assumed that equal mobility conditions (Parker and Toro-403 404 Escobar, 2002) are attained during monsoon flows, allowing full reworking of gravel bar material, then the gravel deposits visible during this period should represent bedload 405 transported and deposited during the preceding monsoon (Attal and Lavé, 2006). Equal 406 mobility implies that the grain size distribution of the annual transported yield is finer than that 407 of the gravel in the armoured surface exposed at low flow, and similar to that beneath the 408 armoured layer in the subsurface (Parker and Toro-Escobar, 2002). Grain size measurements 409 were taken from ~30 to 50 km upstream of the mountain front down to the gravel-sand 410 411 transition of each of the Kosi, Gandak, Sharda, Ganga and Yamuna rivers. Ideally, 412 measurements would have been carried out at regular intervals but sampling was restricted by access and in-channel structures. Where large engineered dams (barrages) have been 413 constructed to divert water into channels for irrigation were present, samples were taken at 414 415 least 1-2 km upstream or downstream of the structure to minimise localised hydrodynamic and trapping effects, this being the distance over which the influence of the barrage appeared to 416 dissipate. 417

Grain size measurements were taken of both the surface and subsurface material using 418 photographic and volumetric analysis, respectively, to account for the effects of surface 419 coarsening (Dietrich and others, 1989; Parker, 1990). Samples were restricted to parts of the 420 bar which appeared recently reworked with imbricated and sub-rounded to rounded gravel 421 (clearly fluvial in origin). Gravel size variations were observed down the length of the gravel 422 bars so sites were chosen in the centre of the coarsest fraction for consistency. At each site, 5 423 - 10 photos were taken of the channel bed to use for photo counting. Particle sizes were 424 measured from each photo by overlaying a regular numeric square grid with 100 nodes, and 425

426 measuring the intermediate *b*-axis of each pebble beneath the nodes (Attal and Lavé, 2006; Whittaker and others, 2011). Due to the coarse nature of much of the gravel bars, larger pebbles 427 were often covered by multiple grid intersections. Consistent with the sampling method of Attal 428 429 and others (2015), pebbles covering *n* grid intersections were counted *n* times. This premise is based on Kellerhals and Bray's analysis (1971) using a voidless cube model, although it is 430 noted that this method results in over estimation of D₈₄ values (Attal and others, 2015). Results 431 from each photo at a given site were combined to create a single grain size distribution at each 432 sampling location. 433

434 Volumetric subsurface measurements were taken using techniques documented by a number of studies (Attal and Lavé, 2006; Whittaker and others, 2010; Dubille and Lavé, 2014). 435 Surface material was first removed from the site location (to a depth equal to the size of the 436 largest pebble) and 100-300 kg of material was excavated and sieved through a series of 1, 2 437 and 4 cm square mesh sieves. Pebbles larger than 8 cm were individually weighed, and the 438 weight of each fraction was recorded. For pebbles with b-axis greater than 8 cm, a 439 representative diameter was calculated by assuming that the pebble was roughly spherical and 440 had a density of 2650 kg m⁻³ (Whittaker and others, 2010). A well-mixed representative sample 441 of ~ 1 kg of the fraction < 1 cm was sieved using a 1 mm sieve, from which a ratio was 442 calculated and applied to the whole <1 cm fraction. 443

The presence of boulders on some gravel bars meant that the recommendation that the largest clast represents < 5% of the sample mass was not always fulfilled (Church and others, 1987). For both surface and subsurface measurements, the effects of excessively large pebbles on D₈₄ and D₅₀ measurements was assessed using the same method outlined in Attal and others (2015). This process involves the removal of the largest clast from the distribution and recalculating the D₈₄ and D₅₀ values. This process was then repeated but with the addition of a large clast, similar in mass to the largest clast recorded within that sample. The recalculated 451 D₈₄ and D₅₀ values with the removal or addition of the largest clast are plotted as upper and lower error bars on subsurface volumetric samples. Due to the large number of measurements 452 obtained for each surface sample, following the same procedure on surface grain size 453 454 distributions produced minimal variation (< 5%) in D₈₄ and D₅₀ values. Instead, a more conservative approach was taken, as outlined in Whittaker and others (2011), where an error 455 margin of $\pm 15\%$ was applied to account for subjective bias when measuring the intermediate 456 axis of each pebble beneath the grid node. This margin of 15% was estimated by Whittaker and 457 others (2011) based on the differences in grain size distribution from repeat sampling of the 458 459 same photo.

The position of the gravel-sand transition was also mapped for each river, by noting the point at which exposed deposits were near exclusively sand (> 95%). In some instances, small patches of gravels were present but represented a very small proportion ($\sim 1-5$ %) of the bed fraction based on visual observations.

464 Downstream fining rates of the gravel fraction along each river were calculated using465 Sternberg's exponential function of the form:

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$$\boldsymbol{D}_{\boldsymbol{x}} = \boldsymbol{D}_{\boldsymbol{0}} \boldsymbol{e}^{-\boldsymbol{\alpha}\boldsymbol{x}} \tag{eq 6}$$

where D_0 is the predicted input or initial characteristic grain size in the system (such as D₈₄), a is the downstream fining exponent and *x* is the distance downstream (Sternberg, 1875). Linear functions have also been fitted to account for alternative fining patterns observed in the literature (Rice, 1999; Whittaker and others, 2011):

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$$\boldsymbol{D}_{\boldsymbol{x}} = \boldsymbol{D}_{\boldsymbol{0}} - \boldsymbol{\beta}\boldsymbol{x} \tag{eq 7}$$

where β is the dimensionless fining rate (grain size reduction/km). The two key processes that are commonly seen to control downstream fining rates in fluvial systems are (1) the selective 476 transport and deposition of particles and (2) abrasion of particles where larger particles are broken down by mechanical processes (Paola and others, 1992b, 1992a; Ferguson and others, 477 1996; Rice and Church, 2001; Attal and Lavé, 2006; Fedele and Paola, 2007; Duller and others, 478 479 2010). The effect of pebble abrasion is considered negligible in this instance, as the lithology of gravel bars in all rivers was dominantly quartzite, suggesting that grain size fining by 480 abrasion is likely to be similar across all systems. Any differences in grain size fining will 481 likely reflect spatial variations in the grain size distribution of sediment delivered to the Plain 482 from the Himalaya, sediment flux, the spatial distribution of basin subsidence, and local 483 484 hydraulic and topographic effects (Paola and others, 1992a; Robinson and Slingerland, 1998; Fedele and Paola, 2007; Duller and others, 2010; Whittaker and others, 2011). 485

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RESULTS

Topographic Analysis

Along the strike of the mountain front, results of the swath profile analysis are consistent with 489 previous findings (Gibling and others, 2005; Sinha, 2005; Sinha and others, 2005) where the 490 degree of channel entrenchment was found to increase from east to west (fig. 5). In the far west 491 of the Ganga Plain, both the Yamuna and Ganga rivers are clearly entrenched within well-492 defined broad valleys that are incised into the surface of their respective alluvial fans. These 493 incised valleys narrow with distance downstream of the mountain front from ~ 20 km to < 1 km 494 at a point immediately upstream of the Ganga and Yamuna confluence at Allahabad (fig. 5B). 495 Close to the mountain front, the valley sides are ~ 30 m high and reduce to 10 - 20 m by ~ 80 496 km downstream. Lateral incision into valley walls by large meander loops are clearly preserved 497 in the lower half of the Ganga River. The Sharda and Karnali rivers converge at Mahsi, ~100 498 km downstream of the mountain front, to form the Karnali system which is also known as the 499 Ghaghara River in India (fig. 5B). Both tributaries of the Karnali River flow down a well-500

defined incised valley up to 40 km in width. Downstream of the Sharda and Karnali confluence, the river course turns more sharply to the east and the incised valley loses definition as the degree of entrenchment into the fan surface is reduced. Much of the surrounding floodplain is of a comparable elevation (within 10 m) to the active channel here. Further east, the Gandak and Kosi rivers show minimal signs of entrenchment on the surface of their respective alluvial fans. Much of the surrounding floodplain is of a similar or lower elevation, most notably on the Kosi River (Chakraborty and others, 2010; Sinha and others, 2013; Sinha and others, 2014).

The Kosi channel currently occupies the western margin of its alluvial fan where the 508 channel bed is marginally elevated with respect to the surface of the central area of the fan. 509 This pattern is most apparent in the upper ~80 km of the fan where much of the floodplain on 510 the east bank is relatively lower in elevation, in some cases by up to nearly 10 m, than the active 511 512 channel (fig. 5A). Whilst still within the RMSE of the DEM, this observation appear consistent with independent observations. In 2008 the Kosi River breached its eastern embankment at 513 Kusaha, Nepal (Sinha and others, 2009; Chakraborty and others, 2010). Much of the avulsion 514 belt occupied the depressed area identified as lower in elevation in the SRTM data that were 515 captured several years earlier in 2000. For the remaining length of the fan, the Kosi channel 516 517 sits at a very similar elevation to that of the fan surface.

This west to east gradient also extends beyond the Ganga Basin into the wider Indo Gangetic Plain. East of the Ganga Plain, tributaries of the Brahmaputra River appear similar in nature to the Gandak and Kosi rivers where channels are either at a similar elevation or marginally super-elevated relative to their surrounding floodplain (fig. 5C). Further west, rivers in the Indus basin show similar characteristics to those in the west Ganga Plain where active channels are laterally constrained in broad incised valleys (fig. 5A). Unlike the Ganga Plain however, these valleys widen with distance downstream and the degree of entrenchment appears lower at 10-20 m. This is interpreted as a contrast in dominant controls on channelmorphology between the Indus and Ganga basins.

Longitudinal river profiles and 10 km averaged slope values extracted from SRTM data 527 show that the Yamuna, Sharda and Karnali rivers exhibit elevated slope values relative to rivers 528 further east within the first 40 km downstream of the mountain front (fig. 6). The Ganga 529 however appears to exit the mountain front with a marginally lower gradient than the other 530 west and central Ganga Plain rivers. In the east Ganga Plain the Gandak and Kosi rivers are 531 lower in gradient, with maximum values of ~0.0015 m/m in the first 10 km, rapidly decreasing 532 to ~0.0005 m/m by 20 km downstream of the mountain front. The Kosi maintains a more 533 consistent and initially lower gradient down the length of its fan, attaining a maximum value 534 of ~ 0.001 m/m. By 40 km downstream, all of the channel gradients converge at ~0.0005 m/m 535 536 and fluctuate between 0 - 0.001 m/m for the remainder of the profile (fig. 4B). By normalising channel gradient for upstream catchment area (k_{sn}), similar patterns are displayed where 537 systems in the west and central Ganga Plain are typically steeper at the fan apex, with k_{sn} values 538 of 200-300 (fig. 6). Whilst both 10 km averaged slope and k_{sn} values appear to be influenced 539 by some noise along the first 10 km of the Gandak and Kosi profiles, k_{sn} values in the east 540 541 Ganga Plain appear slightly lower (150-250). With the exception of noise in the Gandak profile, there were no evident knickpoints that were larger in magnitude than the RMSE (~15 m) of the 542 543 data.

544 Comparing the average gradient of the Ganga and Kosi channels to their adjacent fan 545 surfaces, we see that the Ganga fan surface is steeper than the active channel (fig. 7). This is 546 more pronounced at the fan apex where the degree of channel entrenchment is also greatest. In 547 contrast, the surface gradient of the Kosi fan is comparable to the gradient of the active channel, 548 and an absence of significant channel entrenchment is also clearly highlighted.

Basin Subsidence

The depth to basement plots (fig. 4B) demonstrate an along strike variation in the geometry of 550 the Ganga basin, as has also been recognised previously by Singh (1996). In the east Ganga 551 Plain, the basin is deeper (5000-6000 m) and relatively narrow at ~200 km. The basement has 552 a steep or even convex, distal edge. Further west, the basin widens beneath the Sharda and 553 Karnali rivers. Generally, the basin is shallower here but there are isolated basement lows such 554 as on the Sharda section where the basin reaches 6000 m near to the mountain front. In the far 555 west, the basin is notably shallower at 3000-4000 m and again narrows to ~200 km wide. These 556 variations in depth to basement at the mountain front broadly correlate with the variations in 557 flexural rigidity of the downgoing lithosphere (Jordan and Watts, 2005), with lower rigidities 558 correlating with greater basin depth at the mountain front. 559

560 Results indicate that the highest average subsidence velocities (V_{sub}) at the mountain front are located in the east of the region near the Kosi fan, with rates of 1.6±0.6 mm/yr. Further 561 562 west average subsidence rates decrease to 1.4±0.4 mm/yr beneath the Gandak, 0.4±0.2 mm/yr beneath the Karnali, 0.8±0.2 mm/yr beneath the Ganga, and 0.3±0.4 mm/yr beneath the 563 Yamuna. V_{sub} estimates are generally comparable across all but the Kosi and Gandak systems 564 which are notably higher. When these calculated subsidence estimates are compared to 565 documented short term sedimentation rates across the Ganga Plain, values are comparable. An 566 average sedimentation rate of $\sim 0.08 (\pm 0.19)$ mm/yr for the entire Ganga floodplain has been 567 calculated from chemical mass balance equations (Lupker and others, 2011). Sedimentation 568 rates would be expected to increase exponentially from the cratonic to orogenic margin of the 569 basin however (Flemings and Jordan, 1989), which is consistent with sedimentation rates 570 documented closer to the mountain front. Sedimentation rates of 0.62-1.45 mm/yr have been 571 calculated from radiocarbon dating of organic material in northern Bihar upstream of the axial 572 Ganga channel between the Kosi and Gandak rivers, averaged over a time period of 700-2500 573

574 yr (Sinha and others, 1996). The comparison of calculated long term subsidence rates of 575 1.6 ± 0.6 mm/yr beneath the Kosi fan with the short term sedimentation rates of 0.62-1.45 mm/yr 576 suggest the system is broadly in balance, with subsidence slightly outpacing sediment 577 accumulation in this part of the basin.

578

Grain Size

579 Grain size distributions from sites closest to the mountain front have been compared across each of the sampled channels and are found to be comparable between systems (fig. 8). 580 Subsurface grain sizes documented close to the mountain front on the Yamuna are generally 581 582 finer than other sites, where a D_{84} value of 66 mm was recorded compared to values ranging between 146-248 mm for the Kosi, Sharda and Ganga. This is attributed to the upstream barrage 583 near Faizabad (~3 km upstream). Compared to similar barrages located close to the mountain 584 585 front on the Ganga, Sharda and Gandak rivers, a much larger proportion of flow is diverted into extensive canal networks at the Yamuna barrage, resulting in severely reduced flows 586 downstream in the natural channel. During low flow conditions, parts of the Yamuna channel 587 are entirely dry. It seems reasonable to interpret that a greater proportion of coarser material is 588 trapped upstream or very close to the barrage, where there is insufficient discharge to rework 589 590 or mobilise the coarsest fraction. The D₈₄ of the subsurface Gandak sample was also found to be relatively fine (83 mm) compared to the Kosi, Sharda and Ganga samples, which is likely a 591 592 function of the upstream Chitwan Dun. The coarse fraction of the sediment load is likely to be 593 deposited at the upstream edge of the Dun, where bedrock channels emerge onto the low gradient alluvial surface of the Dun. This is consistent with grain size measurements taken 594 within the Dun which show an overall fining and narrowing of the grain size distributions (fig. 595 596 9), where the main source of sediment into the channel is restricted to seasonal inputs by ephemeral channels draining the surface of piedmont alluvial fans comprised of Upper Siwalik 597 Group conglomerates (Kimura, 1999; Densmore and others, 2015). Hillslope processes are 598

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largely absent in these piedmont catchments where the primary source of sediment is from recycled Siwalik deposits, resulting in a much narrower input grain size distribution into the main Gandak channel. Subsurface D_{84} and D_{50} values measured on the Gandak within the Chitwan Dun vary by ~50 mm, compared to values of 100-200 mm upstream of the Dun (fig. 9).

In general, there is a strong correlation between subsurface and surface grain size 604 measurements in terms of relative change between values down each profile. Whilst there is a 605 clear surface coarsening visible, local changes in subsurface grain size are also reflected in 606 surface grain size measurements, adding confidence to this sampling approach. This trend is 607 more apparent in the coarser (D_{84}) fraction of the sediment load (fig. 10). The position of the 608 gravel-sand transition and downstream fining rates in each channel shows a considerable west 609 610 to east variation (fig. 11), irrespective of the grain size distribution of the supplied sediment (fig. 8). The mapped position of the gravel-sand transition relative to the mountain front on 611 each river suggests that gravel progrades further into the basin for rivers in the central and west 612 Ganga Plain (fig. 11). For the Gandak and Kosi rivers in the east Ganga Plain, the gravel-sand 613 transition was documented within 20 km downstream of the mountain front. The gravel-sand 614 transition observed at the Yamuna, Ganga and Sharda rivers was notably further downstream 615 at ~38, 28 and 45 km respectively. The gravel-sand transition was also not found to be an abrupt 616 transition; in most instances a zone of \sim 2-5 km was noted where the bed was predominantly 617 618 sand but large patches (up to 25% of the total bed fraction) of gravels were present, although these patches reduced in extent downstream. The position of the gravel-sand transition relative 619 to long channel profiles (fig. 6) is coincident with a break in channel slope, where a steeper 620 channel gradient exists upstream of the transition. This break in slope is less apparent in the 621 east Ganga Plain on the Gandak and Kosi profiles, which may be explained by the noise in the 622 DEM from which the long channel profiles were extracted. It seems more probable that any 623

change in gradient associated with the gravel-sand transition is not as pronounced in the east
Ganga Plain due to the gradients of these channels being lower overall. Upstream of the gravelsand transition on the Sharda, Ganga and Yamuna, channel gradient and the absolute elevation
of channels exiting the mountain front are also greater than for the Gandak and Kosi (fig. 12).

Fining rates were generally comparable across the Yamuna, Ganga and Sharda rivers 628 (table 3 and fig. 13). For each site, r² values determined using each model were also near 629 identical suggesting that the rate of exponential decay is very low (table 3). Using the linear 630 decay model, fining rates of 1.31-4.75 mm/km were observed for D₈₄ values across the 631 Yamuna, Ganga, Sharda and Gandak channels whilst a rate of 10.5 mm/km was obtained for 632 the Kosi (fig. 11). This same increase in fining rate is also apparent in the D_{50} fraction, where 633 rates increase from 0.83-1.24 mm/km across systems in the west and central Plain, to 3.21 634 635 mm/km along the Kosi. Comparable spatial differences in fining exponents (α) obtained from the exponential model were also found and are presented in figure 12. The relatively low fining 636 exponent on the D₈₄ fraction of the Gandak is likely to reflect upstream deposition of the 637 coarsest fraction of the sediment load within the Chitwan Dun. As previously discussed, the 638 grain size distribution exiting the Dun is much narrower (that is the D₈₄ and D₅₀ values are 639 quite similar) on the Gandak relative to other systems (fig. 9). The D_{84} and D_{50} values are also 640 lower than comparable sites at the mountain front in other systems. 641

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DISCUSSION

Topographic analysis of the west Ganga Plain has highlighted the degree of channel entrenchment in the surface of the Yamuna and Ganga fans, compared to the relatively subdued surfaces of the Gandak and Kosi fans further east. Subsidence velocity estimates and downstream grain size fining rates have been found to be highest in the east Ganga Plain, where fan gradients are typically less steep and the gravel-sand transition is found closer to the 649 mountain front. In the west Ganga Plain, the basement depth of the basin is notably lower than the east Ganga Plain, which when combined with known convergence velocities, suggests that 650 the west Ganga Plain is subsiding less rapidly. Assuming basement gradient and convergence 651 velocity yield a reasonable proxy for recent subsidence rates, then clear along strike variations 652 in subsidence rate exist across the Ganga basin. These variations arise from differences in the 653 elastic thickness of the underlying lithosphere (Lyon-Caen and Molnar, 1983, 1985; Jordan 654 and Watts, 2005; Jackson and others, 2008) and/or local inherited morphological variations in 655 the underthrust Indian basement (for example Lash, 1988) combined with varying convergent 656 657 velocities. This is also consistent with published modelling results that have suggested the equivalent elastic thickness of the lithosphere is lower beneath the east Ganga Plain than the 658 west (Jordan and Watts, 2005). This then raises the question of how, or whether, spatially 659 660 variable subsidence can be expressed in the surface morphology of the Ganga Plain.

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What are the Timescales of the Controlling Processes?

662 Various modelling studies have suggested that the relative impact of increased and decreased subsidence rates, sediment flux, water supply and gravel fraction on basin 663 stratigraphy/response is strongly dependent on the timescale over which these variations occur 664 (for example Paola and others, 1992a; Heller and Paola, 1996; Duller and others, 2010). To 665 determine whether a forcing is slow or rapid, an equilibrium response time (T_{eq}) is calculated 666 using the square of the basin length divided by the basin diffusivity (Paola and others, 1992a). 667 For the Himalayan foreland basin, a Teq of 2 Myr (±1 Myr) has been calculated (Heller and 668 Paola, 1992). Variations in parameters that occur over a timescale lower than T_{eq} are 669 subsequently termed as rapid, and those higher than T_{eq} as slow. Along strike of the orogen, 670 variations in the position of the gravel-sand transition on the Yamuna, Ganga, Sharda, Gandak 671 and Kosi rivers are consistent with long term (> 1 Myr) patterns of subsidence across the basin 672 where lower subsidence rates in the west result in a more distal gravel-sand transition than 673

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regions experiencing higher rates of subsidence in the east Ganga Plain, where a greater proportion of sediment is trapped in the proximal part of the basin due to a greater volume of accommodation being generated (Paola and others, 1992; Marr and others, 2000).

677 What are the Spatial Characteristics of the Controlling Processes?

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Previous works have also suggested that conditions imposed by local subsidence rates could modulate the gradient of large alluvial fan surfaces over millennial timescales (Allen P.A. and others, 2013). Longitudinal profiles of the Gandak, Sharda, Ganga and Yamuna rivers reveal a distinct break in slope at the gravel-sand transition (fig. 6). The transport coefficients of sand and gravel differ by a factor of ~10 (Marr and others, 2000) which, in combination with bed slope, determine the total flux of sediment at a point on the fluvial surface:

$$q_s(x,t) = -v \frac{\partial z(x,t)}{\partial x}$$
 (eq 8)

where q_s is sediment flux, v is the transport coefficient and z is the surface elevation. The 685 transport coefficients of gravel and sand (v) are reported as 0.01 and 0.1 km² yr⁻¹, respectively. 686 These transport coefficient values incorporate a number of independently known or 687 quantifiable variables including water discharge, Shields stress, dimensionless sediment flux 688 and sediment porosity (Marr and others, 2000). At the gravel-sand transition, an increase in 689 transport coefficient associated with a change from a gravel-bed to sand-bed river may occur; 690 however, the associated reduction in channel slope would also be expected to reduce sediment 691 flux along the profile. Analogue modelling of gravel bed channels has also suggested that a 692 reduction in both total sediment flux and grain size, as a result of upstream deposition, will 693 694 reduce the required transport capacity of the channel downstream. The progressively finer and smaller sediment load could therefore remain in transport within a channel with a lower 695 gradient (Paola and others, 1992b). This is consistent with our observations across the Ganga 696 697 Plain, where a relatively distinct change in channel slope is associated with the gravel-sand

698 transition (fig. 4B). Interestingly, the positions of the gravel-sand transitions on the Gandak and Kosi rivers are directly comparable to those observed in smaller foothill or 'Piedmont' 699 rivers (~8 to 20 km downstream of the mountain front). The catchment area of these Piedmont 700 rivers ranges from $\sim 25 - 350 \text{ km}^2$ (Dubille and Lavé, 2014) whilst the Gandak and Kosi 701 catchment areas are an order of magnitude larger at \sim 31,000 km² and \sim 50,000 km², respectively 702 (table 2). The gravel-sand transition on the Gandak, which lies ~100 km west of the foothill 703 systems considered by Dubille and Lavé (2014), was noted at ~20 km. The transition on the 704 Kosi, which lies ~100 km east of their study area, was noted at ~13 km. This suggests that the 705 706 distance that gravel progrades out from the mountain front is not strongly dependent on upstream catchment area, and therefore unlikely to be dependent on absolute sediment flux, 707 708 given the dramatically different catchment areas of the foothill and mountain catchments. 709 However, the abrupt change in slope associated with the gravel-sand transition is not a constant feature across these smaller Piedmont rivers. A less abrupt change in channel slope associated 710 with the gravel-sand transition was observed in a number of smaller foothill-fed systems 711 712 draining the Gandak-Kosi interfan area (Dubille and Lavé, 2014). In this instance, the subdued break in slope was attributed to the relative high proportion of sand relative to gravel 713 transported by the channel at the mountain outlet, where a steep channel gradient was still 714 needed to transport the large proportion of sand downstream of the transition. Where coarse 715 gravels or conglomerate made up less than $\sim 30\%$ of the sediment load, no apparent break in 716 717 slope was observed at the transition. Whether this same relationship scales up to the larger mountain fed systems has not been examined in detail. 718

The most dominant cause of a rapid reduction in grain size associated with the gravelsand transition in aggrading systems has been attributed to selective sorting (for example Paola and others, 1992b; Ferguson and others, 1996), where downstream fining by selective sorting is enhanced by bedload sedimentation (Rice, 1999; Dubille and Lavé, 2014). Poorly sorted 723 gravel mixtures and bimodal gravel inputs have been modelled to yield similar fining characteristics (Paola and others, 1992b), suggesting that rapid fining by selective deposition 724 at the gravel-sand transition is insensitive to input sediment grain size distributions. Our current 725 726 understanding of sediment flux to the Ganga basin is based on a synthesis of published fluxes calculated from ¹⁰Be concentrations measured in modern river sediments (table 1). The 727 variability within these data do not allow any robust conclusions to be drawn regarding spatial 728 variations in the long-term sediment supply rate from the Himalayan catchments to the Ganga 729 basin. A more thorough understanding in the observed variability in these ¹⁰Be concentrations 730 should be a target of future studies to better understand the role of sediment flux on these 731 systems. Spatial variations in discharge from the Ganga catchment into the Plain could also 732 contribute to the observed morphological signal. Whilst comparable discharge data are not 733 734 available across these systems, the upstream catchment area of these systems yields an appropriate substitute, where numerous studies have shown a close correlation between these 735 two variables (for example Knighton, 1998). In general, where larger catchment areas are 736 737 observed in the east, larger discharges would also be expected (table 2) which is consistent with gauged measurements where available (Sinha and others, 2005). Annual precipitation 738 estimates from the Tropical Rainfall Measuring Mission (TRMM) between 1998-2001 across 739 the Himalaya have further suggested that precipitation is typically higher in catchments feeding 740 into the east Ganga Plain (Anders and others, 2006). Interestingly, for a given sediment supply, 741 742 increased rates of water supply have been modelled to correspond with advancing gravel fronts (Paola and others, 1992a). This doesn't appear to be a factor in the Ganga system where 743 catchment area (and presumably discharge) are greatest in the east Ganga Plain, and the gravel 744 sand transition is found in its most proximal position. Given that it appears that the position of 745 the gravel-sand transition is independent of variations in input grain size distributions, upstream 746

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Where gravels prograde farthest downstream in the rivers of the central and west Ganga 749 750 Plain, channel gradients are found to be steeper close to the mountain front. In the east Ganga Plain, lower channel gradients are observed upstream of the gravel-sand transition, where the 751 relative change in channel gradient across the gravel-sand transition is also less pronounced. 752 Channel gradient measurements derived from SRTM DEM elevations (fig. 6) are not of 753 sufficient spatial resolution or quality to compare with grain size measurements obtained as 754 755 part of this study. However, given the lack of obvious pattern in grain size distributions measured at the mountain front (fig. 8) and relatively subtle changes in channel gradient at the 756 gravel-sand transition identified in the east Ganga Plain compared to the west (fig. 6), it seems 757 improbable that differences in grain size can account for the along strike variations in channel 758 gradient and grain size fining rates. Other possible interpretations of the variation in channel 759 gradient are that profiles in the east experience higher subsidence rates at the mountain front, 760 resulting in the gravel-sand transition being closer to the mountain front. Late Holocene 761 sedimentation rates of 0.62-1.45 mm/yr (Sinha and others, 1996) on the Ganga Plain are 762 763 comparable or slightly lower than subsidence velocity estimates beneath the Kosi and Gandak Rivers of 1.6±0.6 and 1.4±0.4 mm/yr, respectively. Comparable information of sedimentation 764 rates in the west Ganga Plain are not available. Alternatively, if there has been greater sediment 765 766 flux in the west, then the channel may have experienced a greater degree of backfilling. Without evidence for the latter, we suggest higher differential subsidence in the east Ganga Plain as the 767 most probable mechanism. Relative differences in fining exponents of the gravel fraction 768 769 downstream of the mountain front are consistent with along strike variations in subsidence, where gravels in the Kosi River have a fining exponent two to three times greater than systems 770 in the west Ganga Plain (fig. 13). Whilst the Gandak River has a relatively high subsidence 771

velocity estimate, this same pattern in fining exponent is not as apparent and has been attributed to the buffering role of the upstream Chitwan Dun. Based on these observations, we interpret that spatial variations in subsidence rates play a controlling role in along strike variations in the longitudinal profiles of these rivers and grain size fining rates. However, spatially variable subsidence rates alone do not explain the entrenchment of the western rivers.

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Climate and Signal Preservation

Top down changes in sediment and water discharges must have also influenced these systems 778 (Sinha and others, 2005; Wobus and others, 2010). The seasonal nature of water and sediment 779 780 delivery to the Ganga Plain is highly sensitive to variations in the strength of the Indian summer monsoon during which ~80% of the annual flow is discharged. From marine isotope stage 3 781 into the Last Glacial Maximum (LGM), a combination of low insolation and strong glacial 782 783 conditions are thought to have significantly weakened the Indian summer monsoon and regional precipitation (Goodbred Jr., 2003; Gibling and others, 2005). This is also reflected in 784 much lower runoff values interpreted from proxy records of palaeosalinity and δ^{18} O in the Bay 785 of Bengal during the LGM (Cullen, 1981; Duplessy, 1982). Following the LGM, a variety of 786 proxy records have suggested there was a widespread increase in precipitation, particularly 787 after ~12 ka (Cullen, 1981; Goodbred Jr., 2003; Srivastava and others, 2003). How fluvial 788 systems react to these climate driven variations in water and sediment discharges is more 789 difficult to predict as both incision and aggradation can occur simultaneously within a 790 catchment in response to a single perturbation (Tucker and Slingerland, 1997). 791

Numerous studies have examined the relationship between climatic transitions and
phases of fluvial incision and aggradation (for example Tucker and Slingerland, 1997;
Goodbred Jr., 2003; Gibling and others, 2005; Srivastava and others, 2008; Wobus and others,
2010; Duller and others, 2012; Densmore and others, 2015). Modelling results from Marr and

796 others (2000) have suggested that a rapid increase (over timescales shorter than T_{eq}) in water flux and/or decrease in sediment flux can result in proximal erosion of gravel and advance of 797 the gravel-sand transition. Rapid increases in sediment flux were also found to initiate an 798 799 increase in proximal channel gradient and retreat of the gravel front (Marr and others, 2000). However, considerable variability in the geomorphic response generated by increased runoff 800 intensity has also been modelled by Tucker and Slingerland (1997) using a physically based 801 model of drainage basin evolution (GOLEM); significant variations in sediment flux were 802 found to result from relatively modest variations in surface runoff, highlighting the difficulty 803 804 in correlating a specific cause (climatic condition) to effect (geomorphic response). There are also complexities regarding how climatically driven waves of incision and aggradation are 805 806 propagated downstream of the Himalaya into the Ganga Plain. The effects of stochastic forcing 807 on sediment supply to channel networks has been considered in previous studies (Benda and Dunne, 1997a, 1997b), where the intermittent storage and release of sediment within a 808 catchment has been modelled to dramatically alter the sediment mass balance over thousand 809 810 year time scales (Blöthe and Korup, 2013). Using both modelling outputs and circumstantial field evidence, unsteady sediment supply was found to affect channel morphology through the 811 generation of sediment waves and transient phases of aggradation (Benda and Dunne, 1997b). 812 If sediment transport through the catchment acts as a non-linear filter and buffers climatic 813 signals (Jerolmack and Paola, 2010; Blöthe and Korup, 2013), it raises the question of what 814 815 magnitude and wavelength of climatic forcing is capable of being recorded in the sedimentary record of the Ganga Plain? 816

Thermo-luminescence dating of quartz sands and radiocarbon dating on shell and calcrete materials preserved in the upper 2-8 m on the Ganga-Yamuna interfluve yield ages between 6-21 ka (summarised in Srivastava and others, 2003); these ages suggest that this was when the modern Ganga and Yamuna channels were last connected to the interfluve floodplain 821 surface (Srivastava and others, 2003; Gibling and others, 2005). Such a situation is consistent with climatic fluctuations associated with the end of the LGM and subsequent strengthening of 822 the Indian summer monsoon at ~11-7 ka (Goodbred Jr., 2003), which could have initiated 823 824 widespread incision of channels into their respective mega-fans across the Ganga Plain. A corresponding increase in sediment delivery to the Bengal basin was also noted between ~11-825 7 ka, which translates to a mean sediment load of more than double current load estimates 826 derived from late Holocene deposits in the basin (Goodbred and Kuehl, 2000). Estimates for 827 sediment remobilisation during the early Holocene by incision across the Plain only account 828 for ~2-25% of the total volume of sediment deposited into the basin during this period, 829 suggesting that sediment flux exported from the Himalaya must have been considerably 830 elevated (Goodbred Jr., 2003). Crucially, these observations in the Bengal basin imply that a 831 832 wide scale climatic perturbation was rapidly propagated down the full length of the Ganga system. Whether this signal was locally amplified by reworking of vast deposits of stored 833 sediment within the Himalaya (for example Blöthe and Korup, 2013) is unknown. 834

A downstream reduction in valley width and channel entrenchment identified on the 835 Yamuna, Ganga and Karnali systems is consistent with a top down wave of incision, most 836 837 likely initiated by a climate-induced increase in water or relative decrease in sediment discharges during the early Holocene (Tucker and Slingerland, 1997; Goodbred and Kuehl, 838 839 2000; Goodbred Jr., 2003; Wobus and others, 2010). However, this signal is not apparent in 840 the east Ganga Plain where channels show minimal signs of entrenchment. Whilst some aggradation is thought to have occurred during the late Holocene, these rates are not thought 841 to have been sufficient to infill earlier valley incision (Goodbred Jr., 2003). It therefore seems 842 843 unlikely that the east Ganga Plain underwent any significant phase of incision, such as that experienced in the west Ganga Plain. This is consistent with well data drilled from the Kosi 844 mega-fan (Singh and others, 1993) that suggested that the Kosi River has maintained a 845

relatively mobile braided channel throughout the Holocene, which migrated across much of thesurface of the mega-fan depositing a gravelly sand to fine sand unit.

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Subsidence vs. Climate

The Kosi exhibits low channel and fan gradients, flows over the most rapidly subsiding 849 portion of the basin and displays the highest sediment grain size fining rate. Where subsidence 850 rates are higher, proximal vertical sedimentation rates would also be expected to be higher. 851 This results in a smaller amount of sediment remaining in transport further downstream than 852 for a comparable sediment flux in a system experiencing a slower rate of subsidence. The 853 equilibrium gradient of the channel would therefore be expected to be lower where subsidence 854 rates are higher and/or where a greater proportion of the total sediment load is trapped in the 855 proximal basin, as a channel with a lower gradient should be able to convey the smaller 856 857 sediment load (Robinson and Slingerland, 1998). We hypothesise that patterns of incision and aggradation on this timescale reflect differences in the sensitivity of these systems to climatic 858 forcing of sediment and water flux (Qs and Qw respectively), such as that experienced during 859 the early Holocene in response to increased strength of the Indian summer monsoon between 860 ~11-7 ka at the end of the LGM. The sensitivity of these systems to changes in Q_s and Q_w is 861 dependent on the gradient of the equilibrium channel under the new Qs and Qw values relative 862 to the subsidence controlled gradient of the wider fan surface, assuming that the channel was 863 not originally entrenched. If the revised equilibrium channel gradient is lower than the original 864 gradient of the alluvial fan, the channel will incise into the surface of the fan apex until a lower 865 channel gradient is attained, producing an incised channel. For a constant climatic forcing of 866 channel lowering along the strike of the Ganga Plain, incision will only occur where channel 867 lowering rates outpace subsidence which will inherently be more difficult to achieve where 868 subsidence rates are higher in the east Ganga Plain (fig. 14). 869

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Based on upstream catchment areas and satellite-derived precipitation data, it seems 871 likely that systems in the east Ganga Plain experience higher discharges than those further west. 872 Discharge may play a key role in shaping the wider fan morphology, but the position of the 873 modern gravel sand transition is not consistent with these spatial variations in precipitation or 874 possible variations in sediment flux which could be related. Lower channel gradients in the east 875 could reflect these higher water discharges (van den Berg, 1995; Knighton, 1998), but would 876 fail to explain the triggering mechanism behind fan entrenchment in the west Ganga Plain. 877 However, the proximal position of the gravel-sand transition and low channel gradients 878 observed on the Kosi are consistent with the model results simulated under increased basin 879 subsidence rates (over timescales greater than T_{eq}). 880

881 Whilst absolute sediment fluxes to the basins are uncertain, approximately 90% of the total flux is thought to bypass the basin (Lupker and others, 2011) which would suggest that 882 sediment availability does not limit these systems. Again, the proximal position of the gravel 883 sand transition relative to the mountain front further suggests that the majority of this bypassed 884 sediment is likely to be transported in suspension. Spatial variations in the amount of coarse 885 bedload exported into the Plain, and deposited upstream of the gravel sand transition, is 886 unknown. Whilst beyond the scope of this study, this does appear to be a potential factor that 887 could directly influence the morphology of these systems, as the entirety of this coarser 888 sediment fraction is retained within the Plain. Further work is needed to better constrain the 889 relative proportions of suspended load and bedload within the total sediment fluxes of these 890 systems. The long term morphology of rivers in the east Ganga Plain appears to be primarily 891 controlled by the relatively higher subsidence rates experienced in the eastern end of the basin. 892 Furthermore, these systems appear to have been insensitive to wide scale changes in regional 893

climate, such as that experienced at the end of the LGM, which initiated wide-spread incisionin the west Ganga Plain.

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CONCLUSIONS

A modified swath profile analysis has been applied to topographic data across much of the 897 Himalayan foreland basin to characterise the broad nature of incision and aggradation over 898 much of the Indo-Gangetic Plains. In general, we find that the degree of channel entrenchment 899 increases from east to west across the Ganga Plain, and also decreases with distance 900 downstream. First-order subsidence velocity estimates suggest a more rapidly subsiding basin 901 902 in the east Ganga Plain with rates of up to 1.6 ± 0.6 mm/yr. Further west, subsidence velocity estimates decrease to as little as 0.3±0.4 mm/yr. Grain size fining rates are also found to closely 903 reflect these patterns of subsidence, with the highest fining rates observed in the east Ganga 904 905 Plain and lowest in the west. Furthermore, data currently available does not support a strong west to east variation in sediment flux at the thousand year timescale. Assuming that ~90% of 906 sediment delivered into the foreland basin is bypassed downstream, it also seems more likely 907 that the relative fraction of bedload delivered to the basin, which is trapped upstream of the 908 gravel sand transition, may have a more direct role on channel morphology than the total 909 910 sediment flux. We propose that higher subsidence rates are responsible for a deeper basin in the east with perched, low gradient river channels that are relatively insensitive to climatically 911 912 driven changes in base-level. In contrast, the lower subsidence rates in the west are associated 913 with a higher elevation basin topography, and entrenched river channels recording climatically induced lowering of river base-levels during the Holocene. 914

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Fig. 2. Major controls on large scale channel morphology across the Ganga Plain. These controls include sediment flux, q_s , to the basin; the distribution of tectonic subsidence, $\sigma(x)$, across the basin; the spatial distribution of sediment deposition down-system, $R^*(x^*)$; sediment grain size fining rate, df/dx^* ; and basin subsidence velocity, V_{sub} , which is a product of the horizontal convergence velocity across the Himalaya, V_{con} , and dip of the basement beneath the mountain front, θ .

Fig. 3. Sediment flux estimates derived from cosmogenic ¹⁰Be concentrations (and errors) and suspended sediment concentrations. (*) Where no data were available for the Sharda catchment, catchment-averaged erosion rates derived from the adjacent Karnali catchment (from Lupker and others, 2012) were used to calculate sediment flux estimates.

Fig. 4. (A) Depth to basement contours across the Ganga basin showing positions of basin cross sections (black line) for each river and (B) basin profiles constructed using depth to basement contours in proximity of the Yamuna, Ganga, Sharda, Karnali, Gandak and Kosi rivers. Data sources: 90 m SRTM DEM and Geological Survey of India.

Fig. 5. Valley topography from swath profile analysis for the three major river basins across the Himalayan foreland basin from west to east; (A) Indus (B) Ganga and (C) Brahmaputra.

1248 Fig. 6. Longitudinal profiles, 10 km averaged slope and normalised channel steepness (k_{sn})

1249 values for major tributaries of the Ganga basin. k_{sn} values are shown by the thinner black line

1250 on the slope plots. Vertical lines represent the position of the mapped gravel-sand transition.

Fig. 7. Absolute elevation and 10 km averaged slope values of the modern Ganga and Kosi channels and their adjacent fan surfaces at the fan apex. Fan surface profiles followed transects that were broadly parallel to the channel, either from the top of the valley side where channels were entrenched or within ~5 km of the modern channel.

Fig. 8. Surface and subsurface grain size distributions of gravel bar sediment at the mountainoutlet of each river.

Fig. 9. D_{84} and D_{50} values along the Gandak River. A notable fining and overall narrowing of the grain size distribution is visible as the channel enters the Chitwan Dun, resulting in a much narrower grain size distribution being transported into the Ganga Plain.

Fig. 10. Comparison of surface and subsurface measurements for the D_{84} (diamonds) and D_{50} (circles) values at each site across the Ganga Plain. There is a much stronger correlation between surface and subsurface values in the D_{84} values than D_{50} .

Fig. 11. Downstream distance from the mountain front (MFT) to the gravel-sand transition (GST) and linear model fining rates on averaged surface and subsurface D_{84} (dashed line) and D₅₀ (solid line) grain sizes.

Fig. 12. Lateral variations in (a) outlet elevation, (b) 10 km average channel gradient and normalised channel steepness (k_{sn}) at fan apex and (c) proximal fan apex slopes, (d) channel entrenchment at the fan apex and (e) calculated subsidence velocity (V_{sub}) beneath the proximal foreland basin across the Ganga Plain.

Fig. 13. Evolution of sediment grain size on gravel bars. Downstream fining exponents (α) for surface and subsurface averaged D₈₄ and D₅₀ values downstream of the mountain front for the Yamuna, Ganga, Sharda, Gandak and Kosi rivers. Error bars were calculated for surface samples by applying a ±15% error margin to account for subjective bias. Error margins on subsurface samples reflect the effects of the addition and removal of large clasts from the sample on D_{84} and D_{50} measurements. It should be noted that the scale of the horizontal axis is changing between plots.

Fig. 14. Cartoon illustrating the role of variable subsidence rate on surface morphology across 1277 1278 the Ganga Plain, in response to climate-driven variations in water and sediment discharge. The relative lowering of the surface between time steps t₀ (black line) and t₁ (red dashed line) is 1279 equivalent to a fall in base level, where the gradient of the fan surface is similar between 1280 surfaces. The rate of base level fall is controlled by subsidence in these scenarios where it is 1281 assumed invariant between the two time steps. A change in external forcing (sediment flux, 1282 1283 discharge) leads to an adjustment (reduction in this instance) of the fan slope between t_0 and t_1 (red solid line), which can be accommodated with net aggradation where subsidence rates are 1284 high (1) but requires vertical incision into the fan apex where subsidence rates are lower (2). 1285 1286 TABLE CAPTIONS 1287 1288 Table 1. Sediment flux estimates summarised from Blöthe and Korup (2013) Table 2. Catchment and grain size sample summary information 1289 Table 3. D_{50} and D_{84} grain size fining rate data using both exponential and linear equations. 1290 1291

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