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Apatite formation of bioactive glasses is enhanced by low additions of fluoride but delayed in the presence of serum proteins

Furqan A. Shah^{a,*}, Delia S. Brauer^{b,#}, Robert G. Hill^b, Karin A. Hing^a

^aSchool of Engineering and Materials Science, ^bDental Physical Sciences, Barts and the London School of Medicine and Dentistry, Queen Mary University of London, Mile End Road, London, E1 4NS, UK.

*Corresponding author: Present address: Department of Biomaterials, Sahlgrenska Academy at University of Gothenburg, Box 412, 405 30, Göteborg, Sweden, *Tel*.: +46 (0) 31 786 28 98; *E-mail*: furqan.ali.shah@biomaterials.gu.se

[#]Present address: Otto-Schott-Institut, Friedrich-Schiller-Universität, Fraunhoferstr. 6, 07743 Jena, Germany

Abstract

Five bioactive glass compositions in the SiO₂-P₂O₅-CaO-Na₂O-CaF₂ system (0 – 32 mol% CaF₂) and Bioglass® 45S5 were evaluated for their apatite forming ability in serum-free and serum-containing cell culture media for up to seven days. While F ions in low concentrations were found to enhance apatite formation, higher fluoride content caused formation of fluorite and calcite. The presence of serum proteins delayed apatite precipitation for all compositions, while Bioglass® 45S5, despite considerably higher phosphate content (2.6 vs. $\leq 1.1 \text{ mol}\% \text{ P}_2\text{O}_5$) and high concentrations of Ca²⁺ and PO₄³⁻ in solution, formed only amorphous calcium phosphate.

Highlights

- Low concentrations of fluoride enhance apatite formation in bioactive glasses
- Serum proteins retard apatite precipitation with minimal effect on ion release
- Ion concentrations remain high at later time points in serum-containing media as a consequence of reduced apatite formation

Keywords

bioactive glass, serum proteins, in vitro, fluorapatite, cell culture medium

1. Introduction

Bioactive glass (BG) is known to bond to hard and soft tissues [1]. Fluoride-containing glasses are of particular interest owing to their ability to form fluorapatite, which exhibits better chemical stability than fluoride-free apatites [2]. Fluoride has well documented antibacterial properties [3], and in low concentrations fluoride ions increase bone mass and mineral density [4]. Furthermore, fluoride-containing bioactive glasses enhance osteoblast proliferation, differentiation and mineralization [5].

Novel BG compositions are evaluated in vitro for their apatite forming ability in physiologically relevant test solutions such as SBF [6], Tris-buffer solutions [7], and cell culture media [8]. Dissolution and precipitation forms an amorphous calcium phosphate surface layer in the early reaction stages [9], which later undergoes crystallization to apatite by CO₃²⁻, OH⁻, and/or F⁻ anion incorporation. This surface apatite is able to elicit an interfacial biological response, resulting in bond formation between tissues and the synthetic material, i.e., bioactive fixation [10]. However, pivotal to this bioactivity is controlling the release rates of ionic dissolution products, i.e., Ca²⁺ and Si⁴⁺ ions [11]. Dissolution kinetics and consequently the rate of apatite formation is directly related to atomic structure [12], which therefore are critical to in vivo performance.

Although in vivo conditions do not parallel simulated in vitro conditions [13], certain proteins induce specific biological effects in simulated model systems [14]. Amino acids [15], proteins [16], and other organic molecules are rapidly adsorbed onto the glass surface and interfere with apatite formation and

stability of the precipitated surface layers. The present work investigates the role of serum proteins in attenuating the in vitro apatite forming ability of fluoride-containing bioactive glasses.

2. Materials and Methods

Five BG compositions in the SiO₂-P₂O₅-CaO-Na₂O-CaF₂ system were prepared by conventional meltquench route as described earlier [8, 17]. Bioglass® 45S5 was prepared as control (**Table I**). Glass powders were immersed in two dissolution media based on Eagle's Minimal Essential Medium with Earle's Salts (MEM). Briefly, both media contained 2.2 g/L NaHCO₃, 20 mL/L HEPES buffer solution, and were nominally Si⁴⁺ and F⁻ free; HC-MEM (pH=7.4) was serum-free, while HS-MEM (pH=7.3) contained 10% of heat-inactivated foetal bovine serum (Sigma-Aldrich) as described previously [8, 18]. Dissolution experiments, elemental analysis, characterization of glass powders by FTIR and XRD were performed as described previously [8].

One-way analysis of variance (ANOVA) with *post hoc* Bonferroni analysis (SPSS Statistics, v.20, IBM Corp.) was used for statistical analysis; p values < 0.05 were considered statistically significant. Mean values \pm standard deviations are presented.

Glass	SiO ₂	P_2O_5	CaO	Na ₂ O	CaF ₂	Classification
Bioglass [®] 45S5	46.1	2.6	26.9	24.4	-	fluoride-free
F0	49.47	1.07	23.08	26.38	-	
F4	47.12	1.02	21.98	25.13	4.75	low-fluoride
F9	44.88	0.97	20.94	23.93	9.28	
F17	40.68	0.88	18.98	21.69	17.76	high-fluoride
F32	33.29	0.72	15.53	17.75	32.71	

Table I: Nominal glass compositions (mol%)

3. **Results and Discussion**

Glass dissolution, by ion exchange and dissolution of the silicate network through a combination of Si-O-Si bond breakage [19] and silicate chain dissolution [20], caused a rapid increase in Ca^{2+} , Si⁴⁺ and F⁻ concentrations between days 0 and 3. Conversely, P (or PO₄³⁻) depletion closely mirrored apatite formation. On day 3, concentrations of Ca²⁺ and PO₄³⁻ were generally higher in the serum-containing medium, HS-MEM (**Figure 1**). Between days 3 and 7, Ca²⁺ and Si⁴⁺ (not shown) concentrations decreased slightly, and F⁻ concentrations remained approximately constant. PO₄³⁻ concentrations decreased in both solutions; however, the decrease was much more pronounced in HC-MEM, coinciding with faster apatite formation.

On day 7, ionic concentrations were also generally higher in the serum-containing HS-MEM medium, with differences in Ca^{2+} and F⁻ being less pronounced for low-fluoride glasses (F4 and F9).



(Figure 1)

At day 7, 45S5 (insets in **Figure 1**) serum containing media showed higher Ca^{2+} and PO_4^{3-} concentrations than those of all other glasses, with the significantly higher phosphate concentration most likely to be due to an absence of apatite formation, and thus of PO_4^{3-} sequestering from solution. The Ca^{2+} concentration for F0 was comparable to all fluoride-containing glasses, while PO_4^{3-} concentration for F0 was lower than all fluoride-containing glasses (except F32).

FTIR (**Figure 2**) and XRD (**Figure 3**) showed changes after BG immersion. In serum-free conditions (HC-MEM), apatite was detected as early as day 3 for the low-fluoride glasses. In the presence of serum (HS-MEM), apatite formation was delayed and could be detected for the low-fluoride glasses at 7 days, while glass F17 only formed amorphous calcium phosphate (broad absorption band at 566 cm⁻¹). Owing to its high fluoride content, F32 only showed high intensity Bragg peaks corresponding to fluorite (CaF₂) formation in both media.



(Figure 2)

Apatite formation increased with reaction time. For the fluoride-containing glasses, FTIR bands for PO_4^{3-} at 1040 cm⁻¹ became sharper while the 560-610 cm⁻¹ domain resolved into two well-defined bands. These are characteristic of crystalline calcium orthophosphates including apatite. XRD showed presence of apatite-specific reflections and a shift in the position of the amorphous halo to lower 20-values compared to the unreacted glasses [21], representing the ion-depleted glass. Apatite was also detected for F0 at 7 days of immersion in HS-MEM, while 45S5 showed an amorphous halo in XRD and a single broad absorption band at 566 cm⁻¹ in FTIR, suggesting amorphous calcium phosphate or poorly crystalline apatite.





FTIR bands for CO_3^{2-} at 710, 870 and 1400–1500 cm⁻¹ indicated carbonate incorporation into the apatite. Only B-type CO_3^{2-} substitutions are believed to occur in test solutions containing $HCO_3^{-1} \le 20 \text{ mmol } \text{L}^{-1}$ [22]. However, both HC- and HS- media contain $\approx 26 \text{ mmol } \text{L}^{-1} \text{ HCO}_3^{-}$, and therefore the possibility of A-type substitutions exists. Indeed, the vibration at 1480 cm⁻¹ has been attributed to a "*minor A-type*" CO_3^{2-} -substitution [23].

The Ca:P (mol%) ratio increased with increasing CaF₂ content. It is apparent that this Ca (but also fluoride) excess results in the formation of additional calcium-containing phases, i.e. calcite and fluorite. In contrast to previous experiments conducted using nominally carbonate-free media [17], all XRD patterns (except 45S5) were dominated by high intensity peaks associated with calcite, which increased in intensity with increasing calcium content. The limited availability of PO_4^{3-} influenced the relative quantities of the different crystalline phases, particularly with respect to the amount of F⁻ ions being incorporated into either fluorapatite or fluorite. Therefore following PO_4^{3-} depletion, HCO_3^{-} ions in solution and remaining Ca²⁺ ions form calcite, while excess F⁻ and Ca²⁺ ions form fluorite.

4. Conclusions

Fluoride ions in low concentrations were clearly beneficial for apatite formation of BG, while higher fluoride content resulted in formation of fluorite and calcite. The presence of serum proteins delayed apatite precipitation for fluoride-containing glasses, while Bioglass® 45S5, despite a considerably higher phosphate content, formed only amorphous calcium phosphate.

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Figure Captions

Figure 1: Concentrations of Ca^{2+} , P, and F⁻ in culture media (a-c) HC-, and (d-f) HS-MEM after immersion of BG. Insets: (d) Ca^{2+} and (e) P concentrations for F0 and 45S5 at day 7 (HS-MEM).

Figure 2: FTIR spectra of glasses after immersion for 3 days (grey) and 7 days (black) in (a) HC-MEM and (b) HS-MEM. Apatite formation, as interpreted from the appearance of split PO_4^{3-} (v 4) peaks and broad sharp PO_4^{3-} (v 3) absorption band, is severely delayed in HS-MEM (arrows).

Figure 3: XRD patterns of glasses after immersion for 3 days (grey) and 7 days (black) in (a) HC-MEM and (b) HS-MEM. Inset: Detailed view of F4 in HC-MEM at day 7 showing characteristic reflections for apatite in the $30-35^{\circ}$ 2 θ range.