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# Diopside Glass-Ceramics for Dental and Biomedical Applications

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**Abstract.** A series of glass compositions with varying equimolar amounts of Na<sub>2</sub>O:Al<sub>2</sub>O<sub>3</sub> were designed using Appen factor. High purity batch reagents were ball milled for 30 min and transferred to Pt/Rh crucible and melted in an electric furnace (EHF1700, Lenton, UK) at high temperatures then held for 90 min. The molten glass was poured into a graphite mould, annealed at 50°C below glass transition temperature for 1h and the remaining glass was quenched into cold water. Glass frits were crushed and ball milled into powders with different particle sizes. Glass powders with a control particle size (PS<125µm) were heat-treated via two-step heat treatment cycles and air quenched. Experimental glasses and glass-ceramics were characterised using X-Ray Diffraction (XRD), Dilatometry, Scanning Electron Microscopy (SEM) and solid state Nuclear Magnetic Resonance (NMR).

## Introduction

The failure of most dental veneering ceramics on zirconia (Y-TZP) restorations due to brittle fracture (chipping) continues to be a problem [1]. A key reason for such a failure is reported to be a mismatch in thermal expansion coefficient (TEC) between framework and veneer resulting in an excessive tensile stress that is generated in the ceramic veneer during cooling [2]. Rogers et al [3] has suggested that compositions which crystallise to form solid solutions are capable of controlling properties of the produced material among these to be mentioned; thermal, chemical, physical and mechanical properties. Diopside (Di, CaMgSi<sub>2</sub>O<sub>6</sub>) is a member of *clinopyroxene* mineral family that possess a single chain silicate structure and crystallises to form a solid solution with other cations available for substitution for calcium and magnesium. Recently the solid solution that occurs via a coupled substitution between (Ca<sup>+2</sup>/Mg<sup>+2</sup>) and (Na<sup>+</sup>/Al<sup>+3</sup>) forming C2/c monoclinic lattice have been reported [4]. Many researches have emphasised the importance of diopside and its potential applications in biomedicine and dentistry [5-8]. Diopside is a bioactive material and has been proposed for use in bone surgery due to its high bending (300Mpa) and compressive strength (1861 Mpa) which are stronger than human cortical bone [5]. It has been shown that diopside has no general toxicity in cell cultures, forms a uniform junction with newly grown bone *in vivo* and aids bone regeneration [6,7]. Diopside has also been documented to be capable of press-forming at 850 °C which resulted in formation of desired shapes [8].

The purpose of this study was to produce a new glass-ceramics based on CaMgSi<sub>2</sub>O<sub>6</sub>-NaAlSi<sub>2</sub>O<sub>6</sub> binary system that is thermally compatible with zirconia (Y-TZP) and to overcome the chipping problem of dental restorations.

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## Experimental methods

### Glass Synthesis.

Glass batches with compositions 50-61.54 SiO<sub>2</sub>, 0-11.54 Al<sub>2</sub>O<sub>3</sub>, 25-7.69 CaO, 0-11.54 Na<sub>2</sub>O and 25-7.69 MgO (mol%) were ball milled for 30 mins with alumina grinding media (12 x 26.5 mm diameter) and heated in an electric furnace (EHF1700, Lenton, UK) at 50°C/min up to 1450-1600°C (90 mins hold), poured, crushed, ball milled and re-homogenised at the same temperatures. Finally, the molten glass was poured into graphite mould and annealed at 50°C below glass transition temperature (T<sub>g</sub>) for 1h and the remaining was rapidly quenched into cold water to avoid crystallisation. Glass frits were ground and sieved to obtain powders with different particle sizes (PS<45µm and PS<125µm).

### Differential Dilatometry.

Glass cylinders obtained from the mold were cut to a cross section with dimensions (25 mm x 6 mm x 6 mm<sup>3</sup>) using a plate saw (Struers Accutom 2, Struers Ltd, Glasgow, UK) under water lubrication. Glass samples were finished to flat surfaces on wet silicon carbide grinding papers. A calibration run was carried out by using a standard alumina rod (polycrystalline Al<sub>2</sub>O<sub>3</sub> dilatometer standard, no: 6.219.1-92.2.00, Netzsch Instrument, Selb, Germany), heated between 25°C and 1200°C at 3°C/min before the experimental measurements. The thermal expansion coefficient (TEC) of the glass specimens was measured using a differential dilatometer (DIL 402PC, Netzsch Instrument, Germany) in a temperature range (25°C-1200°C) and at a heating rate of 3°C/min under nitrogen gas atmosphere. Softening point protection was applied during measurement. The TEC of the glass samples were measured over a temperature range 100-400°C using Thermal Analysis Software, (Netzsch Proteous, ver. 4.8.2, 2006, Netzsch Instrument, Germany). The glass transition (T<sub>g</sub>) temperature and dilatometric softening point (Dsp) were also obtained. The error in the T<sub>g</sub> and Dsp was ±5°C.

### Crystallisation Studies.

Glass powder samples (3g, PS<125 µm) were mixed with 0.9 ml of modeling liquid (Classic modelling liquid, CH.B:24066, Vita-Zahnfabrik, Lichtenstein, Germany) and compacted in a steel mould with plunger under 1 bar pressure for 1 min. The powder compacts were placed on platinum foils and heat treated in an electric furnace (UAF 16/10, Lenton, Hope Valley, UK) from 25°C at a rate of 20°C/min up to various nucleation temperatures, 100Di-0Jd:762 °C, 85Di-15Jd:732 °C, 75Di-25Jd: 727 °C, 50Di-50Jd: 710 °C and 25Di-75Jd: 706 °C, held for 1h and ramped up to the crystal growth temperatures 100Di-0Jd: 929 °C, 85Di-15Jd: 933 °C, 75Di-25Jd: 944 °C, 50Di-50Jd: 984 °C and 25Di-75Jd: 1006°C, held for 1h and then air quenched.

### X-Ray Diffraction.

Glass and glass-ceramic powders were analysed using X'Pert Pro X-ray diffractometer (Panalytical, B.V., Almelo, and The Netherlands). Bragg-Brentano flat plate geometry and Cu K $\alpha$  radiation ( $\lambda_1=1.54059 \text{ \AA}$  and  $\lambda_2=1.54442 \text{ \AA}$ ) was used. Data was collected from 5° to 120° (2 $\theta$ ), with the X' Celerator in continuous mode giving data equivalent to a count time of 200 s and an interval of 0.0334 °2 $\theta$  on a normal diffractometer. Phase analysis was carried out using the PANalytical X'Pert high score plus software (ICDD: PDF-4 database). The structural model of diopside (ICDD: 04-005-9771) was used for identifying the phase.

### Nuclear Magnetic Resonance-Magic Angle Spinning.

Fine ground powder of glass/glass-ceramic samples were packed into 4 mm zirconia rotors. The <sup>27</sup>Al NMR experimentation was carried out using a 600 MHz NMR spectrometer (DRX-600 Bruker Avance, Germany) with MAS at a spinning rate of 15-20 kHz. Magnetic field of 11.4T corresponding to a resonance frequency of 156.3 MHz was applied for <sup>27</sup>Al. The recycle delay was

chosen to be 0.5s throughout, so that spectra were completely relaxed. The  $^{27}\text{Al}$  chemical shift was referenced to 0 ppm frequency of the corresponding signals in 1M Al (NO<sub>3</sub>)<sub>3</sub> aqueous solution. Spectra analyses were performed using (Bruker Topspin 2.1 software).

### Scanning Electron Microscopy.

Glass-ceramics specimens were embedded in epoxy resin, polished using 0.3  $\mu\text{m}$  alumina micropolish (Buehler, USA) and ultrasonically cleaned for 10mins. Glass-ceramics specimens were etched with 2% hydrofluoric acid (HF) for 60 s, water rinsed and cleaned with ethanol for 30 s. Specimens were gold coated using an automatic sputter coater (Agar Scientific Ltd, Stansted, 108 A, England) and viewed under secondary electron imaging with a field emission scanning electron microscope (FEI Inspect F, Oxford Instruments, Oxfordshire, UK) using an accelerating voltage of 10kV together with 10mm working distance and 3.5 spot size.

## Results and Discussion.

### Differential Dilatometry Results.

The results from the differential dilatometry are presented in Table 1. The codes for the glass compositions are referred to the pseudobinary stoichiometry of CaMgSi<sub>2</sub>O<sub>6</sub> (Di) – NaAlSi<sub>2</sub>O<sub>6</sub> (Jd). The glass transition temperatures were gradually decreased from 732 to 676 °C in all glass formulations. Similar observations were reported by Jindal et al.[9]. The dilatometric softening point temperatures Dsp were also decreased from 778 to 723 °C up to 50Di-50Jd while increased again with further increasing of Di-Jd ratio in the glass (Table 1). The reduction in glass transition temperatures and dilatometric softening point could be related to the replacement/substitution of Ca<sup>+2</sup> in (Di) by Na<sup>+</sup> in (Jd). This substitution causes breakdown in the glass network due to the lower field strength of Na<sup>+</sup> (0.19) compared to that of Ca<sup>+2</sup> (0.35). This means that Na<sup>+</sup> will have lower attraction effect on the surrounding oxygens than Ca<sup>+2</sup>.

The thermal expansion coefficient of glasses was initially increased to  $8.55 \times 10^{-6}/\text{K}$  with increasing Jd ratio up to 15%. However, this value was decreased when 25% Jd was added and decreased to minimum,  $8.11 \times 10^{-6}/\text{K}$  with the highest addition of Jd ratio, 75%. The same behaviour was seen in the glass-ceramics where the highest value,  $9.22 \times 10^{-6}/\text{K}$  was recorded for the lowest Jd glass and decreased with increasing Jd ratio at the expense of Di. The initial increases in TEC value when 15% of Jd ratio was added may be attributed to the introduction of Na<sub>2</sub>O into the glass, thus Na<sup>+</sup> replaces Ca<sup>+2</sup> in the glass structure, disrupts the network and lead to increases in the TEC. On the other hand, the reduction in the TEC value as Jd content increased might be due to the increase of Al<sub>2</sub>O<sub>3</sub> in the glass. It has been suggested [10] that increase of Al in the glass can lead to an isomorphous substitution of Al for Si in the glass network. Thus, Al might be incorporated in the network as Q<sup>4</sup> species, which in turn enhances/increases the ionic crosslinking and polymerises the glass structure.

Table 1. Thermal properties results of experimental glasses and glass-ceramics. The codes for the glass compositions are referred to the pseudobinary stoichiometry of CaMgSi<sub>2</sub>O<sub>6</sub> (Di) – NaAlSi<sub>2</sub>O<sub>6</sub> (Jd).

code	T <sub>g</sub> (°C)	Dsp (°C)	TEC-Glasses (x10 <sup>-6</sup> /K)	TEC-Glass-ceramics (x10 <sup>-6</sup> /K)
100Di-0Jd	732	778	8.29	9.12
85Di-15Jd	704	748	8.55	9.22
75Di-25Jd	697	749	8.14	9.11
50Di-50Jd	680	723	8.35	8.65
25Di-75Jd	676	737	8.11	8.66

## X-Ray Diffraction Results.

All experimental glasses exhibited amorphous phase. The heat treated glasses after two-step heat treatments showed a presence of diopside as the major crystalline phase (Fig 1). A small peak associated with albite phase ( $\text{NaAlSi}_3\text{O}_8$ ) was observed in two glass-ceramic formulations with high Jd content (50Jd and 75Jd). There was a shift in the peak intensity with increases in Jd ratio. This shift might be due to the formation of diopside solid solution. This is in agreement with data reported by Abo-Mossalam et al [4] on diopside-jadeite-fluorapatite system. In his study, two crystalline phases were evident which have been identified as fluorapatite and a solid solution. This is the first time in literature where a stable solid solution was reported at atmospheric pressure. However, no crystalline peak for crystalline  $\text{NaAlSi}_2\text{O}_6$  (jadeite) at normal pressure was noticed since jadeite is only known to be formed at high pressure ( $\geq 3\text{GPa}$ ).

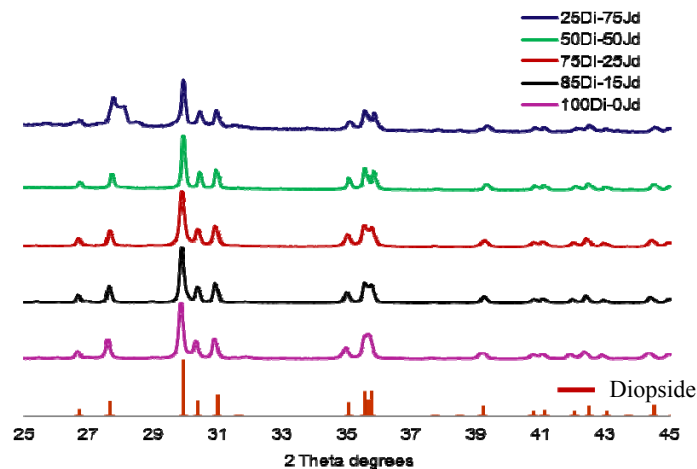


Fig 1. XRD plots of heat-treated glasses.

## $^{27}\text{Al}$ MAS-NMR results.

The  $^{27}\text{Al}$  MAS-NMR spectra of the experimental glasses are plotted in Fig 2 a. The prominent peak with maxima at 56.6-57.2 ppm is corresponding to a four coordinated aluminium tetrahedral species, Al(IV). The Al(IV) peak appears quite broad while it narrows down with increasing  $\text{Na}_2\text{O}$  and  $\text{Al}_2\text{O}_3$  substitution. Similar finding was illustrated in previous studies [4, 11]. A small fraction of Al(V) at 14.9-15.5ppm was noticed in glasses, 85Di-15Jd and 75Di-25Jd. This is due to a contamination of glass powders with alumina grinding media during ball milling process. The presence of Al(IV) species in the glasses suggests that aluminium is acting as a network former in aluminosilicate glasses.

The  $^{27}\text{Al}$  MAS-NMR spectra of heat-treated glasses are plotted in Fig 2b. The broad peak with maxima at 55.6-58.2ppm is corresponding to a four coordinated aluminium Al(IV) species and appears narrower compared to that presented in the glasses. A sharp crystalline peak at about -4ppm corresponding to Al(VI) species is also present reflecting the formation of diopside solid solution. The solid solution presented here at ambient pressure is very similar to that found at high pressure (-5ppm) [12] and has characteristic of  $^2\text{Q}$  silicate chain structure. This explains that  $\text{Al}^{+3}$  in Al(VI) acts only as network modifier cation, charge balancing with  $\text{Si}^{+4}$  and maintain the electro-neutrality of the structure. A decrease in the relative intensity of Al(VI) in a solid solution was observed with increasing  $\text{Na}_2\text{O}$  and  $\text{Al}_2\text{O}_3$  substitution. The variation in the intensity of these peaks as the composition changes can be interpreted as increasing of amorphous phase in the form of Al(IV) with increasing of aluminum content. Abo-Mosallam et al.[4] has estimated the proportion of Al(VI) into Al(IV) and Al(VI) in the solid solution from fitting NMR spectra. These authors found that the amount of Al(VI) was linearly increased as a function of increasing the aluminum content into the system. However, this amount was limited to only 20% from the total aluminum

concentration. This confirms that there is always a limited maximum value for the total substitution of  $\text{Al}^{+3}/\text{Na}^{+}$  for  $\text{Mg}^{+2}/\text{Ca}^{+2}$  despite the amount of aluminum added to the compositions.

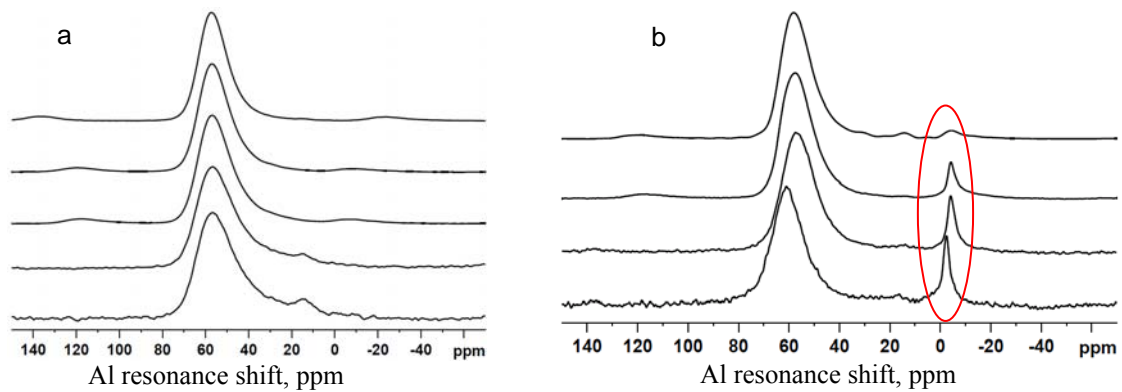


Fig 2. (a)  $^{27}\text{Al}$  MAS-NMR spectra of glasses at 12 KHz spinning rate and (b)  $^{27}\text{Al}$  MAS-NMR spectra of glass-ceramics at 12 KHz spinning rate.

### Secondary Electron Imaging (SEI) Results.

The SEI results of the glass-ceramics after two-step heat treatments are shown in Fig 3(a-e). The prominent crystalline phase shown here is diopside as perviously confirmed by XRD data. The glass-ceramic microstructure of pure diopside shows high crystallinity of diopside and crystal coalasence at the grain boundries with no evedince of matrix microcracking (Fig 3a). Previous study [8] has shown that after heat-treatment of the glass based on  $\text{CaO-MgO-Si}_2\text{O-TiO}_2\text{-Ag}_2\text{O}$  system at  $900^\circ\text{C}$ , diopside crystals were grown greatly reaching more than  $50\ \mu\text{m}$ . It was also found that the quantity of diopside precipitation increased with increasing the crystallisation temperature. At  $830^\circ\text{C}$  diopside was about 3% , 20% at  $850^\circ\text{C}$  and 80% at  $900^\circ\text{C}$ . Recently, Ott et al [13] has studied the growth mechanism of diopside and emphasised that diopside grows in two different layers. A large layer of homogenous growth structure are first present, this is however were subjected to an orientation change of the *c*-axes from being parallel to being perpendicular to the surface. Introducing  $\text{Na}_2\text{O}$  and  $\text{Al}_2\text{O}_3$  into the compositions produced glass-ceramics with rosette, dendritic and platelet/fibre-like diopside crystals with absence of matrix microcracking (Fig b-e). In addition, the amount of crystal phase formed was decreased with increasing Jd content as a function of crystallisation temperature. This is again supports the results mentioned above from XRD. The morphology, orientation, and size of these crystals clearly indicate that surface crystallisation took place in only one preferred orientation. This is in agreement with the results observed by Öveçoğlu et al. [14] where diopside crystals were reported to be grown in one preferred orientation and their length were in the range of  $15\text{-}40\ \mu\text{m}$  whereas their width were about  $5\ \mu\text{m}$ . Some droplets were seen on the glass matrix background of glass-ceramics, 50Di-50Jd and 25Di-75Jd. This might be an indication for a phase separation and a presence of albite in the residual glass. This might explain the reduction of the thermal expansion coefficient of these two formulations (see above, Table 1).

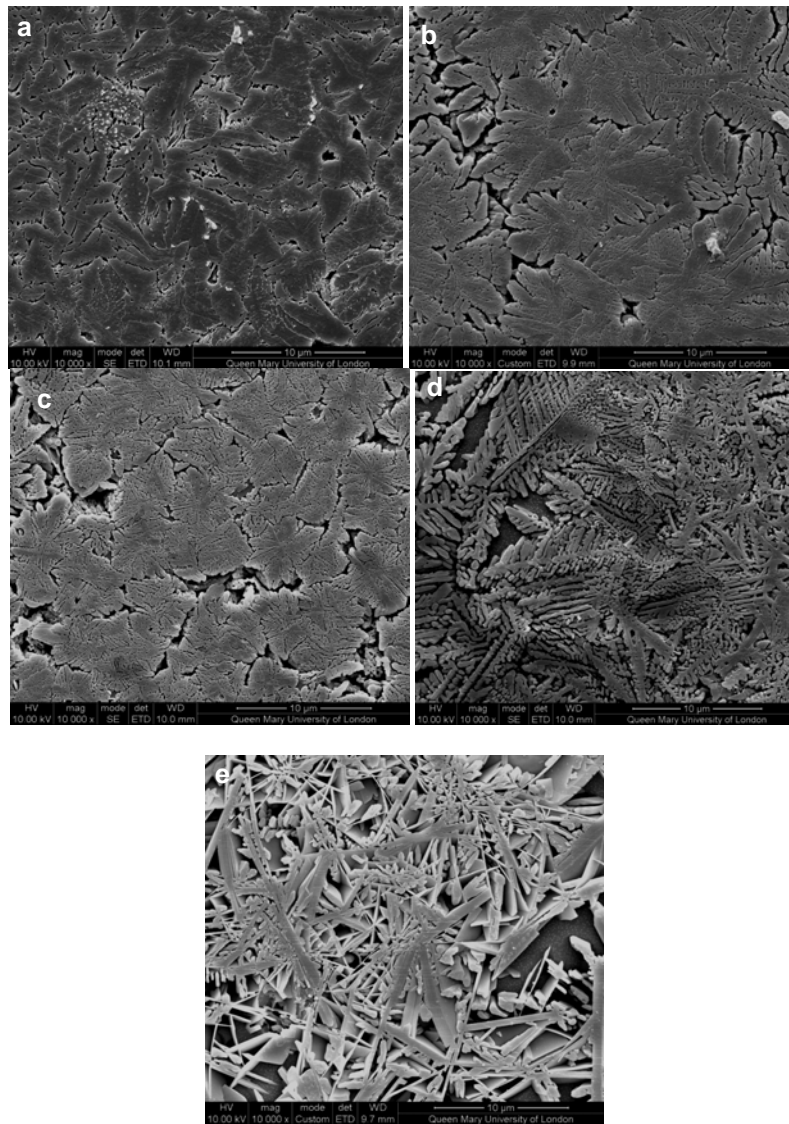


Fig 3: SEI photomicrograph of experimental glass-ceramics (a):100Di-0Jd, (b): 85Di-15Jd, (c): 75Di-25Jd, (d) 50Di-50Jd and (e): 25Di-75Jd.

### Conclusion.

New diopside glass-ceramic with unique microstructures and TECs compatible with Y-TZP ceramics were successfully produced. These glass-ceramics can be useful as a veneering material for Y-TZP ceramics and for all-ceramic diopside restorations. The produced glass-ceramics might also be a potential candidate for bone replacement.

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