

1 Assessing the farm-scale impacts of cover crops and non-inversion 2 tillage regimes on nutrient losses from an arable catchment

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9

10 Abstract

11 The efficacy of cover crops and non-inversion tillage regimes at minimising farm-scale nutrient losses
12 were assessed across a large, commercial arable farm in Norfolk, UK. The trial area, covering 143 ha,
13 was split into three blocks: winter fallow with mouldboard ploughing (Block J); shallow non-inversion
14 tillage with a winter oilseed radish (*Raphanus sativus*) cover crop (Block P); and direct drilling with a
15 winter oilseed radish cover crop (Block L). Soil, water and vegetation chemistry across the trial area
16 were monitored over the 2012/13 (pre-trial), 2013/14 (cover crops and non-inversion tillage) and
17 2014/15 (non-inversion tillage only) farm years. Results revealed oilseed radish reduced nitrate (NO₃-
18 -N) leaching losses in soil water by 75–97% relative to the fallow block, but had no impact upon
19 phosphorus (P) losses. Corresponding reductions in riverine NO₃-N concentrations were not
20 observed, despite the trial area covering 20% of the catchment. Mean soil NO₃-N concentrations
21 were reduced by ~77% at 60–90 cm depth beneath the cover crop, highlighting the ability of deep
22 rooting oilseed radish to scavenge nutrients from deep within the soil profile. Alone, direct drilling
23 and shallow non-inversion tillage were ineffective at reducing soil water NO₃-N and P concentrations
24 relative to conventional ploughing. Applying starter fertiliser to the cover crop increased radish
25 biomass and nitrogen (N) uptake, but resulted in net N accumulation within the soil. There was

26 negligible difference between the gross margins of direct drilling (£731 ha⁻¹) and shallow non-
27 inversion tillage (£758 ha⁻¹) with a cover crop and conventional ploughing with fallow (£745 ha⁻¹),
28 demonstrating farm productivity can be maintained whilst mitigating diffuse pollution. The results
29 presented here support the wider adoption of winter oilseed radish cover crops to reduce NO₃-N
30 leaching losses in arable systems, but caution that it may take several years before catchment-scale
31 impacts downstream are detected.

32 **Keywords:** Mitigation; Agriculture; Nitrate; Phosphorus; Conservation tillage; River;

33 **1. Introduction**

34 Diffuse nutrient pollution from intensive arable agriculture is a major driver behind the
35 eutrophication of freshwater environments and leads to an array of detrimental economic (Dodds et
36 al., 2009; Smith and Schindler, 2009) and environmental (Skinner et al., 1997; Némery and Garnier,
37 2016) impacts. As naturally limiting nutrients of plant growth in aquatic systems, the enhanced land-
38 to-river transfer of fertiliser derived nitrogen (N) and phosphorus (P) fuels blooms of phytoplankton,
39 periphyton and neuro-toxin secreting cyanobacteria colonies which can dramatically lower species
40 diversity and lead to a fundamental breakdown of ecosystem functioning (Smith et al., 1999; Hilton
41 et al., 2006). Treating eutrophic water also incurs significant economic costs, with water companies
42 having to remediate problems with taste, colour and odour whilst lowering concentrations of
43 contaminants in order to make the water potable (Pretty et al., 2000). In the United Kingdom, the
44 total costs of eutrophication have been estimated at £75–114 million per year (Pretty et al., 2003).
45 Consequently, on-farm mitigation measures are required to help reduce land-to-river nutrient
46 transfers, with such schemes being financially incentivised through agri-environmental stewardship
47 programmes (Kay et al., 2009; Deasy et al., 2010).

48 The efficacy of two commonly applied mitigation measures at reducing nutrient losses from arable
49 land, cover crops (Snapp et al., 2005; Tonitto et al., 2006; Valkama et al., 2015) and non-inversion

50 tillage (Tebrügge and Düring, 1999; Stevens and Quinton, 2009; Soane et al., 2012), have been
51 widely studied for several decades. Cover crops are typically non-cash crops sown in the autumn to
52 provide winter groundcover when the field would otherwise be fallow, thereby reducing the risk of
53 soil nutrient losses from leaching and erosion (Dabney et al., 2001; Hooker et al., 2008). A range of
54 species can be grown, including N fixing leguminous (e.g. clover, vetch and pea) and non-leguminous
55 (e.g. rye, sorghum and brassicas) varieties. Cover crops have primarily been used to minimise NO₃
56 leaching by scavenging highly soluble residual soil NO₃ and converting it into relatively immobile
57 organic N (Aronsson and Torstensson, 1998; Beaudoin et al., 2005; Premrov et al., 2014). However,
58 they have also been shown to protect surface soils from erosive flows, increase soil organic matter
59 content, enhance soil structure, suppress weeds and improve soil moisture balance (Lu et al., 2000;
60 Dabney et al., 2001; Stevens and Quinton, 2009). Unfortunately, an array of negative agronomic
61 impacts of cover crops have also been reported and include the cost of establishment, difficulty in
62 destroying the cover crop prior to sowing the subsequent cash crop, the harbouring of insect pests
63 and the complexity of predicting the release of mineralised N as the cover crop residues degrade
64 (Snapp et al., 2005; Deasy et al., 2010).

65 The main objective of non-inversion, or conservation, tillage systems is to improve soil structure and
66 stability (Holland, 2004; Lal et al., 2007). In conventional tillage systems, the soil is typically inverted
67 to a depth of >20 cm using a mouldboard plough prior to secondary cultivation to create a seedbed
68 into which the subsequent cash crop is sown (Morris et al., 2010). However, under non-inversion
69 tillage systems the soil is either disturbed to a lesser degree (i.e. shallow non-inversion tillage to a
70 depth of <10 cm using discs or tines) or not disturbed at all, with sowing occurring directly into the
71 residue of the previous crop (i.e. direct drilling) (Morris et al., 2010). By improving soil structure,
72 non-inversion tillage methods have been shown to reduce soil erosion, increase organic matter
73 content, improve drainage and water holding capacity and increase microbial and earthworm
74 activity (Deasy et al., 2009; Soane et al., 2012; Abdollahi and Munkholm, 2014). However, the lack of
75 inversion can increase pest populations and lead to an accumulation of nutrients near the soil

76 surface which can be readily mobilised by surface flows and thus pose a risk to freshwater
77 environments (Holland, 2004; Bertol et al., 2007; Stevens and Quinton, 2009).

78 To date, much of the research into the effectiveness of cover crops and non-inversion tillage at
79 reducing arable nutrient losses has come from small, controlled plot scale studies (e.g. Catt et al.,
80 1998; Bakhsh et al., 2002). Whilst such studies are typically able to yield definitive conclusions as to
81 the effectiveness of certain measures by controlling for the multiple sources of variability that exist
82 within agroecosystems, they are unable to demonstrate how effective these measures would be
83 when applied in real world situations on large, commercial, arable farms. Specifically, plot-scale
84 studies typically fail to account for the impacts of mitigation measures upon crop yields, farm profit
85 margins, catchment-scale nutrient losses, or the practicalities for the farmer of deploying such
86 measures. Consequently, there is a need for more farm- and catchment-scale approaches to help
87 better inform government decision making on agri-environmental policy, particularly in the UK (Kay
88 et al., 2009). Addressing this deficiency, in 2010 the UK government launched the Demonstration
89 Test Catchment (DTC) research platform to evaluate the extent to which on-farm mitigation
90 measures could cost-effectively reduce the impacts of diffuse agricultural pollution on river ecology
91 whilst maintaining food production capacity (McGonigle et al., 2014). Across the UK, three DTCs
92 were established with each concentrating on a different farming system. This paper focuses upon
93 the intensive arable River Wensum DTC in Norfolk, UK, where cover crops and non-inversion tillage
94 methods were trialled as diffuse pollution mitigation measures on a large, commercial arable farm
95 over a three-year period (Wensum Alliance, 2016).

96 The primary objectives of this paper are as follows:

- 97 **(i)** To assess the effectiveness of cover crops and non-inversion tillage regimes at reducing N
98 and P losses at the farm-scale;
- 99 **(ii)** To examine the impact of cover crops and non-inversion tillage methods on soil fertility;

100 (iii) To assess the sub-catchment scale impacts of the mitigation measures by monitoring river
101 water chemistry downstream of the trial area;

102 (iv) To compare the economic viability and farm practicalities of cover crops and non-inversion
103 tillage operations with those of conventional farm practice.

104 **2. Methods**

105 **2.1 Study location**

106 This study focuses upon the large (20 km²) commercial Salle Park Estate located within the
107 Blackwater sub-catchment of the lowland calcareous River Wensum, Norfolk, UK (52°47'09"N,
108 01°07'00"E). The estate is situated 40–50 m above sea level with gentle slopes (< 1°) meaning that
109 subsurface leaching rather than surface runoff is the dominant pollution pathway. Intensive arable
110 cropping comprises 79% of the land use and is managed with a seven-year rotation of winter wheat,
111 winter and spring barley, winter oilseed rape, spring beans and sugar beet. The estate also includes
112 15% improved grassland, 5% mixed woodland and 1% rural settlements. Surface soils are
113 predominantly clay loam to sandy clay loam (<0.5 m depth) and these are underlain by Quaternary
114 deposits of chalky, flint-rich boulder clays and glaciofluvial and glaciolacustrine sands and gravels
115 (0.5–20 m). The bedrock is Cretaceous white chalk (>20 m) (Hiscock et al., 1993; Lewis, 2011). River
116 channels draining the catchment have been extensively deepened and straightened to reduce water
117 residence times resulting in the river no longer connecting to its floodplain. The site experiences a
118 temperate maritime climate, with a mean annual temperature of 10.1°C and a mean annual rainfall
119 total of 674 mm y⁻¹ (1981-2010) (Meteorological Office, 2016). Farm year (September to August)
120 precipitation totals were 624 mm (2012/13), 759 mm (2013/14) and 683 mm (2014/15) during this
121 study.

122 **2.2 Cultivation methods**

123 In 2013, 143 ha of arable land was identified for the trialling of winter cover crops and non-inversion
124 tillage practices aimed at reducing diffuse nutrient losses into the River Blackwater (Figure 1; Table
125 1). This consisted of nine fields split into three mitigation measures blocks, with each block sown
126 with the same crop and the same fertiliser application rate during the 2013/14 (spring beans; 0 kg N
127 ha⁻¹, 30 kg P ha⁻¹, 55 kg K ha⁻¹) and 2014/15 (winter wheat; 220 kg N ha⁻¹, 22 kg P ha⁻¹, 85 kg K ha⁻¹)
128 farm years. **Block J** (two fields, 42 ha) was kept as a control and was cultivated by conventional
129 mouldboard ploughing to 25 cm depth prior to sowing. **Block P** (three fields, 52 ha) underwent
130 shallow non-inversion tillage to a depth of 10 cm using a Väderstad Carrier and Topdown cultivator
131 prior to sowing with a Rapid drill. **Block L** (four fields, 53 ha) was direct drilled into the previous crop
132 residue using a Väderstad Seed Hawk. To minimise the risk of background variability in soil
133 conditions and historic cultivation practices masking the impacts of the mitigation measures trial,
134 each block contained the same range of soil textures (i.e. clay loam and sandy clay loam in all three
135 blocks; Figure S1) and historically had been subjected to the same seven-year crop rotation, meaning
136 that all blocks would have had comparable fertiliser inputs.

137 In addition to the different tillage regimes, Blocks L and P were sown with an oilseed radish
138 (*Raphanus sativus*) cover crop (seed density = 18 kg ha⁻¹) using a Lemken Karat cultivator in late-
139 August 2013 (Figure 2). The radish was sprayed with herbicide (glyphosate) in mid-January 2014 to
140 kill it prior to establishment of the spring beans. Oilseed radish was chosen because it provides good
141 winter groundcover and has extensive, deep tap roots to help loosen compacted soil and scavenge
142 nutrients at depth. Since there was some debate among local agronomists about the merits of
143 applying a starter fertiliser to cover crops, this was evaluated by applying 30 kg N ha⁻¹ to five of the
144 fields whilst the other two received no fertiliser. In addition to the three mitigation measures blocks,
145 **Block N** (two fields, 63 ha), being managed by normal farm practice but with different crop
146 rotations, was also monitored to facilitate comparison with the trial area. The efficacy of the cover
147 crops and non-inversion tillage regimes at reducing N and P losses was assessed by monitoring soil,
148 water and vegetation chemistry across the study area during three September to August farm years:

149 2012/13 (pre-trial), 2013/14 (cover crops and non-inversion tillage), and 2014/15 (non-inversion
150 tillage only).

151 **2.2 Field installations and sample collection**

152 **2.2.1 Porous pots**

153 Nine sets of porous pots were installed across the mitigation measure blocks in late 2013 to facilitate
154 soil water sampling, with three sets installed in each of Blocks J, L and P (Figure 1). Locations within
155 each block were selected to incorporate the full range of soil textures. Each set consisted of ten
156 individual pots installed in a row 1 m apart and buried to 90 cm depth. Soil water was collected on
157 five occasions during the study period (February, April and May 2014, March and May 2015). On
158 each occasion, pots were placed under vacuum to evacuate and dispose of any residual water and
159 were then left under vacuum for 4–5 h to draw in a fresh sample of soil water. Recovered volumes
160 from each pot were typically 20–50 mL, although five of the nine sets yielded no sample in May
161 2014. Where volumes were <10 mL, individual samples were bulked together to provide sufficient
162 water for analysis.

163 **2.2.2 Field drains**

164 Most of the arable land in the Salle Park Estate is extensively under-drained by a dense network of
165 clay and plastic field drains installed at 100–150 cm depth and which discharge into the River
166 Blackwater at a density of 43 outflows per km. Highest recorded discharges were $>10 \text{ L s}^{-1}$, although
167 discharge varied depending upon season, drain depth, catchment area and antecedent moisture
168 conditions. Most drains dried up entirely between June and September. Of 125 drains identified, a
169 subset of 11 was selected for routine monitoring at 1–2 week intervals between March 2013 and
170 March 2015 (Figure 1). Two drains drained the control Block J (D08L, D10L), three Block L (D02L,
171 D04L, D06L), three Block P (D01R, D03R, D16R) and three Block N (D07R, D09R, D13L). On each

172 sampling occasion, a 1 L grab sample was collected from the drain outflow and the discharge ($L s^{-1}$)
173 recorded.

174 **2.2.3 Soils**

175 Soils in Blocks J, P and L were sampled on five occasions during the study. Samples were collected
176 from four locations within each individual field, with the locations selected to capture the full range
177 of textural variability (Figure 1). On the first two sampling occasions (September 2013 and February
178 2014), a powered hydraulic Hydrocare auger collected 90 cm depth soil cores in two concentric
179 circles at 12 points within 10 m of each sampling location. The cores were then divided into three
180 depths (0–30 cm, 30–60 cm, 60–90 cm) and the soils combined to produce a single bulked sample
181 (~250 g) for each depth at each location. In total, 108 bulked soil samples were collected on each
182 sampling occasion (i.e. 9 fields x 4 locations x 3 depths). On the following three occasions (July 2014,
183 February 2015 and July 2015) sampling was restricted to the topsoil layer (0–15 cm depth) with soil
184 collected from 12 points within 2 m of the sampling location using a hand operated Dutch auger.
185 Again, these 12 samples were combined to produce one bulked soil for each sampling location. In
186 total, 36 samples were collected on each of these sampling occasions (i.e. 9 fields x 4 locations). All
187 soil samples were placed into air-tight polyethylene bags and stored in cool boxes prior to analysis.

188 **2.2.4 Vegetation**

189 To assess cover crop nutrient uptake rates, in January 2014 oilseed radish samples were collected
190 from the same locations within Blocks L and P as the soil samples. Within a 0.25 m² quadrat at each
191 location, all oilseed radish plants were dug up and the leaf and root material separated for individual
192 analysis. A combined root and leaf fresh weight of ~700 g was collected at each location. Cover crop
193 samples were differentiated by fields with or without a starter fertiliser application (Table 1).

194 **2.2.5 Riverine bankside monitoring**

195 To assess the impact of the mitigation measures on nutrient concentrations in the River Blackwater,
196 an automated bankside monitoring kiosk 650 m downstream of the trial area analysed a range of
197 water quality parameters at 30-min resolution throughout the study period (September 2012 –
198 August 2015). $\text{NO}_3\text{-N}$ concentrations were measured by a Hach Lange Nitratax SC optical probe,
199 whilst total reactive phosphorus (TRP) and total phosphorus (TP) concentrations were measured by
200 a Hach Lange Sigmatax SC coupled with a Phosphax Sigma. Stream stage was determined by a
201 pressure transducer housed in a stilling well and was converted to discharge using a manual stage-
202 discharge rating curve. Further details are provided in Outram et al. (2014).

203 **2.3 Laboratory analysis**

204 **2.3.1 Water samples**

205 Field drain and porous pot $\text{NO}_3\text{-N}$ concentrations were determined by ion chromatography using a
206 Dionex ICS-2000. A sodium nitrate (NaNO_3) standard ($0.50\text{--}7.50 \text{ mg L}^{-1}$) was used for calibration.
207 Instrument accuracy ($< 0.2 \text{ mg L}^{-1}$) was determined by analysing a certified reference material ($\text{NO}_3^- =$
208 $214 \mu\text{mol L}^{-1}$) with each sample batch. Phosphate ($\text{PO}_4\text{-P}$) and TP concentrations were determined
209 colorimetrically (molybdate) using a Skalar SAN++ continuous flow analyser. A potassium dihydrogen
210 orthophosphate standard (KH_2PO_4 ; $10\text{--}500 \mu\text{g L}^{-1}$) was used for calibration. Instrument accuracy for
211 $\text{PO}_4\text{-P}$ ($< 7.8 \mu\text{g L}^{-1}$) and TP ($< 9.8 \mu\text{g L}^{-1}$) were determined by analysis of certified reference materials (P
212 = $78.0\text{--}97.4 \mu\text{g L}^{-1}$) with each batch.

213 **2.3.2 Soil samples**

214 All soil samples were chopped, mixed and sieved to 2 mm. Soil $\text{NO}_3\text{-N}$ concentrations were
215 determined colorimetrically after shaking a fresh portion of each sample with 2 mol potassium
216 chloride (KCl) to extract the mineral N fractions and reacting with sulphanilamide ($\text{C}_6\text{H}_8\text{N}_2\text{O}_2\text{S}$) and *n*-
217 (1-Naphthyl)ethylenediamine ($\text{C}_{12}\text{H}_{14}\text{N}_2$). Olsen's available P was also determined colorimetrically
218 after shaking a portion of air-dried soil with 0.5 mol sodium bicarbonate (NaHCO_3) solution and

219 adding ammonium heptamolybdate ((NH₄)₆Mo₇O₂₄) and ascorbic acid (C₆H₈O₆). Soil potassium (K)
220 concentrations were determined by flame photometry after shaking the soil with ammonium nitrate
221 (NH₄NO₃) to extract available K. Soil organic matter (SOM) content was determined by loss-on-
222 ignition (430°C).

223 **2.3.3 Cover crop samples**

224 Cover crop leaf and root material was separated, air-dried, ground and sieved to 0.5 mm. On
225 representative portions of each, the total nitrogen (TN) content was determined by chromatography
226 using the Dumas method (Bremner, 1965). TP contents were determined by inductively coupled
227 plasma optical emission spectroscopy (ICP-OES) after first digesting material in nitric (HNO₃) and
228 hydrochloric (HCl) acids using a temperature controlled digestion block.

229 **3. Results**

230 **3.1 Impacts of mitigation measures on soil water**

231 **3.1.1 Nitrate**

232 During the pre-trial period (2012/13) when all blocks were under either winter wheat or spring
233 barley, there were no significant differences in mean field drain NO₃-N concentration between
234 Blocks L (5.5 mg N L⁻¹), P (6.4 mg N L⁻¹) and J (9.6 mg N L⁻¹) (Figure 3; Table 2). Concentrations of 10.0
235 mg N L⁻¹ were observed in the normal practice Block N, with the two fields in this block under winter
236 barley and spring beans.

237 However, during the cover crop and non-inversion tillage period (2013/14), pronounced contrasts in
238 soil water NO₃-N concentrations were recorded between blocks with or without a cover crop (Figure
239 3; Table 2). Mean field drain NO₃-N concentrations in cover crop Blocks P (3.5 mg N L⁻¹) and L (1.8 mg
240 N L⁻¹) were significantly ($p < 0.05$) smaller than the ploughed fallow control Block J (14.0 mg N L⁻¹).
241 This pronounced contrast was even more apparent in the porous pot samples (Figure 4), where
242 mean soil water NO₃-N concentrations in Blocks P and L were 96–97% lower than Block J during

243 February 2014 and 79–80% lower during April 2014. A peak in Block J field drain $\text{NO}_3\text{-N}$
244 concentrations (37.4 mg N L^{-1}) in late May 2014 coincided with a period of increased rainfall and thus
245 increased $\text{NO}_3\text{-N}$ leaching. However, an increase in mean porous pot $\text{NO}_3\text{-N}$ concentration in Block L
246 (15.5 mg N L^{-1}) during the same period may also reflect $\text{NO}_3\text{-N}$ release during mineralisation of the
247 cover crop residues (Figure 4). In Block N, $\text{NO}_3\text{-N}$ concentrations were high in the two drains (D07R,
248 D13L) discharging underneath a field of winter wheat in autumn 2013 ($>10 \text{ mg N L}^{-1}$), but steadily
249 declined throughout the winter to $\sim 4 \text{ mg N L}^{-1}$ by March 2014. The other drain in Block N (D09R)
250 under winter oilseed rape performed similarly to the cover crop blocks, with low $\text{NO}_3\text{-N}$
251 concentrations (mean 2.9 mg N L^{-1}) throughout winter 2013/14.

252 During the non-inversion tillage only period (2014/15), there were no significant ($p > 0.05$)
253 differences in field drain $\text{NO}_3\text{-N}$ concentrations between any of the blocks. Mean concentrations
254 recorded under shallow non-inversion tillage (5.5 mg N L^{-1}) and direct drill (6.2 mg N L^{-1}) regimes
255 were very similar to that recorded in the ploughed Block J (4.3 mg N L^{-1}). Similarly, there were no
256 significant or consistent differences in the $\text{NO}_3\text{-N}$ concentrations recorded in the porous pots of the
257 three blocks during March or May 2015.

258 **3.1.2 Phosphorus**

259 In contrast to $\text{NO}_3\text{-N}$, there were no significant ($p > 0.05$) differences in soil water TP or $\text{PO}_4\text{-P}$
260 concentrations between the different cover crop and cultivation blocks in either the field drains or
261 the porous pots (Figures 3 and 4; Table 2). During the pre-trial period (2012/13), mean field drain TP
262 concentrations ranged from $16 \mu\text{g L}^{-1}$ in Block N to $26 \mu\text{g L}^{-1}$ in Block J, although differences were not
263 significant due to large variability within each block. Similarly, during the cover crop period
264 (2013/14) mean field drain TP concentrations in Blocks P ($14 \mu\text{g L}^{-1}$) and L ($16 \mu\text{g L}^{-1}$) with a cover
265 crop were very similar to the control Block J ($15 \mu\text{g L}^{-1}$) and normal practice Block N ($17 \mu\text{g L}^{-1}$).
266 During the same period, mean $\text{PO}_4\text{-P}$ concentrations in the porous pots ranged from $31\text{--}67 \mu\text{g L}^{-1}$ in
267 the cover crop Blocks L and P to $42\text{--}54 \mu\text{g L}^{-1}$ in the control Block J, although large variability within

268 each block again meant differences were not significant (Figure 4). During the non-inversion tillage
269 only period (2014/15), mean field drain TP concentrations in the shallow non-inversion tillage Block
270 P ($14 \mu\text{g L}^{-1}$) were very similar to that recorded in the direct drill Block L ($15 \mu\text{g L}^{-1}$), the control Block
271 J ($16 \mu\text{g L}^{-1}$) and the normal practice Block N ($11 \mu\text{g L}^{-1}$). Mean porous pot $\text{PO}_4\text{-P}$ concentrations in
272 March 2015 were larger in Block P ($55 \mu\text{g L}^{-1}$) than Block J ($24 \mu\text{g L}^{-1}$), but differences were not
273 significant.

274 **3.2 Impacts of mitigation measures on soil nutrients**

275 **3.2.1 Nitrate-N**

276 There were no significant differences ($p > 0.05$) in topsoil $\text{NO}_3\text{-N}$ concentrations between the three
277 mitigation blocks during any of the five sampling occasions (Figure 5a; Table 3). High mean soil $\text{NO}_3\text{-N}$
278 N concentrations ($32.3\text{--}37.3 \text{ kg N ha}^{-1}$) were recorded in all blocks during the pre-trial period in
279 September 2013 due to residual $\text{NO}_3\text{-N}$ remaining from the previous crop. Similarly, mean
280 concentrations in all blocks tended to be lower in February 2015 ($1.6\text{--}3.4 \text{ kg N ha}^{-1}$) than in July 2015
281 ($5.6\text{--}10.3 \text{ kg N ha}^{-1}$), likely indicating both the increased leaching of soil $\text{NO}_3\text{-N}$ during the winter and
282 the accumulation of applied $\text{NO}_3\text{-N}$ in the topsoil over the course of the farm year. However, despite
283 the lack of contrast in topsoil $\text{NO}_3\text{-N}$ between blocks, there were significant reductions in
284 concentration at depth beneath the cover crop and non-inversion tillage blocks in February 2014
285 (Figure 5b). In both Blocks L and P, mean soil $\text{NO}_3\text{-N}$ concentrations were reduced by 35–37% at 30–
286 60 cm depth and by 76–77% at 60–90 cm depth relative to control Block J.

287 **3.2.2 Phosphorus**

288 Topsoil P concentrations were significantly ($p < 0.05$) greater in Blocks L and P than in Block J during
289 the cover crop and non-inversion tillage period (Table 3). However, mean concentrations in Blocks L
290 ($142.5 \text{ kg P ha}^{-1}$) and P ($132.0 \text{ kg P ha}^{-1}$) were also significantly greater than Block J ($96.4 \text{ kg P ha}^{-1}$)
291 during the pre-trial period, thus indicating these contrasts more likely reflect pre-existing differences

292 in soil type rather than the impacts of the mitigation measures. There were no significant differences
293 between Block L and Block P during any of the five sampling rounds.

294 **3.2.3 Potassium**

295 Mean topsoil K concentrations were significantly ($p < 0.05$) greater in Blocks L (292 and 648 kg K ha⁻¹)
296 and P (250 and 687 kg K ha⁻¹) than in Block J (193 and 427 kg K ha⁻¹) during both the cover crop and
297 non-inversion tillage only periods, respectively (Table 3). With no significant difference between
298 Block J and Blocks L and P in September 2013, these results indicate that covers crops and non-
299 inversion tillage were likely responsible for the increased topsoil K concentrations observed during
300 the trial period. Concentrations in the direct drill Block L were marginally higher than the shallow
301 non-inversion tillage Block P during February and July 2015, although due to large variability these
302 differences were not significant.

303 **3.2.4 Organic matter**

304 There were no significant ($p > 0.05$) differences in SOM content between the three blocks during any
305 of the five sampling occasions, with mean SOM concentrations in Block J (2.0–2.1%) always greater
306 than Blocks P (1.7–1.9%) and L (1.5–1.8%) (Table 3). The similarity of SOM content in Blocks L and P
307 during February and July 2015 also indicated no measurable difference between direct drill and
308 shallow non-inversion tillage options. However, there was evidence of a small increase in the mean
309 SOM content of Blocks L and P over the 22-month study period, with relative concentrations
310 increasing by 20% and 12%, respectively, between September 2013 and July 2015.

311 **3.3 Impacts of mitigation measures on river water quality**

312 In pronounced contrast to the field drain and porous pot data, Figure 6 reveals there was no
313 corresponding reduction in riverine NO₃-N concentrations during the cover crop and non-inversion
314 tillage period. Mean NO₃-N concentrations in the River Blackwater varied from 6.8 mg N L⁻¹ (range =

315 3.0–12.8 mg N L⁻¹; st. dev. = 2.3 mg N L⁻¹) during the 2012/13 farm year, to 7.4 mg N L⁻¹ (range = 2.1–
316 17.5 mg N L⁻¹; st. dev. = 2.9 mg N L⁻¹) during 2013/14 and 6.0 mg N L⁻¹ (range = 0.5–18.8 mg N L⁻¹; st.
317 dev. = 2.2 mg N L⁻¹) during 2014/15. Periods of elevated NO₃-N concentration predominantly
318 corresponded with periods of greater stream discharge, with higher concentrations observed during
319 the winter months (November – March) and during heavy rainfall events (e.g. late May 2014).
320 However, the highest concentrations (>15 mg N L⁻¹) recorded in May, June and October 2014 could
321 also partly relate to the mineralisation of the cover crop residues releasing a flush of NO₃-N,
322 especially as increases in Block L porous pot NO₃-N concentrations were also recorded at this time.
323 Riverine NO₃-N concentrations exceeded the 11.3 mg N L⁻¹ EU Drinking Water Directive (98/83/EC)
324 standard 4.5% of the time between September 2012 and August 2015.

325 For TP, mean concentrations were observed to decline over the study period, from 93 µg P L⁻¹ (range
326 = 41–1000 µg P L⁻¹; st. dev. = 49 µg P L⁻¹) during 2012/13, to 78 µg P L⁻¹ (range = 38–1000 µg P L⁻¹; st.
327 dev. = 43 µg P L⁻¹) during 2013/14 and to 66 µg P L⁻¹ (range = 34 – 1000 µg P L⁻¹; st. dev. = 39 µg P L⁻¹)
328 in 2014/15. These declines in instream TP concentrations arose despite the absence of similar such
329 declines in TP and PO₄-P concentrations of field drains and porous pots, respectively, indicating the
330 mitigation measures are unlikely to have been the dominant casual factor. Large peaks in TP
331 concentration (>200 µg P L⁻¹) were almost exclusively associated with heavy precipitation events.

332 **3.4 Impacts of applying starter fertiliser**

333 Nutrient analysis of the oilseed radish cover crop revealed there was a significant difference ($p <$
334 0.05) in the mean N uptake between cover crops grown with (79.4 kg N ha⁻¹) or without (69.6 kg N
335 ha⁻¹) a starter fertiliser (Table 4). This was due to a combination of both greater dry matter
336 production in fields with (2.8 t ha⁻¹) rather than without (2.6 t ha⁻¹) a starter fertiliser, and because
337 the combined mean N content of root and leaf material was greater in the five fields where the
338 fertiliser was applied (2.85%) than in the two fields where it was omitted (2.63%). Despite this, mean
339 NO₃ concentrations recorded in the porous pots during February 2014 were significantly higher in

340 the fertilised fields ($0.8 \text{ mg NO}_3\text{-N L}^{-1}$) compared to the unfertilised fields ($0.3 \text{ mg NO}_3\text{-N L}^{-1}$). The
341 uptake of K was significantly ($p < 0.05$) greater in fields with ($90.0 \text{ kg K ha}^{-1}$) rather than without (76.8
342 kg K ha^{-1}) a starter fertiliser application. However, P uptake was not influenced by fertiliser
343 application, with both treatments yielding mean uptake rates of $11.5 \text{ kg P ha}^{-1}$.

344

345 **4. Discussion**

346 **4.1 Effectiveness of the cover crop**

347 The oilseed radish cover crop proved to be highly effective at reducing soil water $\text{NO}_3\text{-N}$ levels,
348 thereby minimising $\text{NO}_3\text{-N}$ leaching losses and lowering diffuse pollution risk. Concentrations in the
349 90 cm depth porous pots were reduced by 96–97% in late winter (February 2014) and by 79–80% in
350 mid-spring (April 2014) compared to the fallow control block, whilst concentrations were reduced by
351 75–87% in the 100–150 cm depth field drains across the 2013/14 farm year. This beneficial effect
352 compares favourably with a range of previously reported $\text{NO}_3\text{-N}$ reductions under cover crops of 40–
353 50% (Aronsson and Torstensson, 1998), 38–70% (Hooker et al., 2008), 0–98% (Stevens and Quinton,
354 2009) and 25–60% (Valkama et al., 2015). Importantly, soil water $\text{NO}_3\text{-N}$ concentrations under the
355 cover crop blocks were consistently below the EU Drinking Water Directive (98/83/EC) standard of
356 11.3 mg N L^{-1} , whilst concentrations under the fallow block were above this standard for ~88% of the
357 2013/14 farm year.

358 The substantial reductions in soil $\text{NO}_3\text{-N}$ at 60–90 cm depth highlight that deep rooting oilseed radish
359 is capable of scavenging N from deeper within the soil profile than likely would be possible by
360 shallower rooting cover crop varieties (e.g. rye grass). Interestingly, the significantly reduced $\text{NO}_3\text{-N}$
361 concentrations recorded in field drain D09R during 2013/14 reveals that winter sown oilseed rape
362 had a similar performance as the oilseed radish in absorbing residual soil $\text{NO}_3\text{-N}$ and thus reducing
363 leaching risk, an observation also reported in other studies (Catt et al. 1998; Macdonald et al., 2005).

364 This finding suggests that it is the establishment of actively growing groundcover early in the autumn
365 which is central to minimising NO₃-N leaching losses.

366 The cover crop did not have any significant impact upon P concentrations in either soil or soil water,
367 a finding consistent with previous studies (Abdollahi and Munkholm, 2014). This result is not
368 surprising given that leaching, rather than surface runoff, is considered the dominant nutrient loss
369 pathway in this catchment and P has substantially lower mobility in soil than N due to sorption onto
370 metal oxyhydroxides. Soil K concentrations were, however, significantly impacted, with mean
371 concentrations increasing by 12–26% in the cover crop blocks between September 2013 and
372 February 2014, compared to a 14% decline observed in the control block. This increase in topsoil
373 fertility can in part be explained by the cover crop providing both winter groundcover to reduce
374 leaching losses and a source of organic matter for mineralisation at the soil surface.

375 **4.2 Effectiveness of non-inversion tillage**

376 Non-inversion tillage alone was ineffective at reducing soil water NO₃-N concentrations during the
377 2014/15 farm year, with neither direct drilling nor shallow non-inversion tillage significantly reducing
378 concentrations compared to the control or normal practice blocks. In fact, between October 2014
379 and March 2015, field drain NO₃-N concentrations in the direct drill Block L exceeded the drinking
380 water standard (11.3 mg N L⁻¹) on 14% of sampling occasions, compared to 3% under the control
381 Block J and 2% under shallow non-inversion tillage (Block P). This is broadly consistent with the
382 findings of previous studies which reported no clear differences in NO₃-N leaching losses between
383 conventional and non-inversion tillage practices (Stevens and Quinton, 2009; Soane et al., 2012;
384 Premrov et al., 2014). The effectiveness of non-inversion tillage at minimising NO₃-N leaching tends
385 to vary depending upon soil type, infiltration pathways and mineralisation rates of crop residues
386 (Soane et al., 2012). Leaching losses of P were also not decreased by either non-inversion cultivation
387 regime relative to the control or normal practice blocks. Previous studies have reported reductions
388 in surface runoff losses of TP under shallow non-inversion cultivation (e.g. Deasy et al., 2009),

389 however low topographic gradients in the Blackwater catchment provide limited opportunity for the
390 initiation of surface runoff. Overall, the results presented here indicate that when employed alone,
391 neither direct drilling nor shallow non-inversion tillage are effective at reducing nutrient leaching
392 losses from arable land.

393 Nevertheless, the increase in soil K levels does indicate a general improvement in soil nutrient status
394 over the duration of the study, particularly in the direct drilled Block L where mean concentrations
395 were 26–53% higher during 2013/14 and 2014/15 than those recorded during the 2012/13 pre-trial
396 period. Such increases in topsoil K concentrations under non-inversion systems have been widely
397 reported in the literature (Dabney et al., 2001; Bertol et al., 2007; Abdollahi and Munkholm, 2014)
398 and been attributed to the accumulation of crop residues on the soil surface. Similarly, whilst not
399 statistically significant, the mean SOM content showed a relative increase of 20% under direct drill
400 and 12% under shallow non-inversion tillage over the study period, compared with a 5% increase in
401 the control block. Considering that topsoil organic carbon contents across the River Blackwater
402 catchment are widely <2% (Rawlins et al., 2013), any increase in organic matter arising from
403 employing non-inversion tillage systems could ultimately yield considerable benefits in terms of both
404 soil fertility and soil structural stability (Puget and Lal, 2005). Given this was a relatively short two-
405 year study, the results presented here are encouraging considering that previous research has
406 demonstrated it can take many years of employing non-inversion tillage and/or cover crop systems
407 before substantial improvements in soil carbon content and nutrient availability are achieved
408 (Thomsen and Christensen, 2004). Further study to determine longer-term changes in SOM content
409 would be beneficial.

410 **4.3 Nitrogen balance**

411 The application of starter N fertiliser to five fields of oilseed radish cover crop in August 2013
412 increased the mean N uptake rate of the cover crop by 9.8 kg N ha⁻¹ relative to the two unfertilised
413 fields, primarily due to an increase in biomass. However, this enhanced uptake by the cover crop

414 was smaller than the fertiliser application rate (30 kg N ha^{-1}), leading to a net accumulation of N of
415 $20.2 \text{ kg N ha}^{-1}$ within the fertilised fields. Evidence of this accumulation can be seen in the soil N
416 contents at 0–30, 30–60 and 60–90 cm depths which were 3.6, 3.1 and $1.0 \text{ kg NO}_3\text{-N ha}^{-1}$ greater in
417 the fields where fertiliser was applied compared to those without (Table 5). Likewise, mean NO_3
418 leaching losses recorded in the porous pots in February 2014 were also significantly higher in the
419 fields with fertiliser applied ($0.8 \text{ mg NO}_3\text{-N L}^{-1}$) compared to those without ($0.3 \text{ mg NO}_3\text{-N L}^{-1}$). These
420 results confirm that, under these conditions, the application of starter fertiliser to the cover crop
421 was detrimental to the objective of reducing nutrient leaching. However, the efficacy of a cover crop
422 in reducing leaching depends upon its early establishment prior to the wetting up of the catchment
423 in the autumn (Dabney et al., 2001). Therefore, if the cover crop is established later (e.g. in mid-
424 September) or growing conditions are sub-optimal after sowing (e.g. due to poor soil quality or
425 weather conditions), then an initial application of fertiliser may be merited to promote growth and
426 enable the cover crop to take up sufficient quantities of residual soil N (see supplementary Figure S2
427 which presents more recent results by the authors that demonstrate application of a starter fertiliser
428 can reduce nitrate leaching losses). However, caution should be exercised as such action could
429 increase diffuse pollution risk if cover crop roots are underdeveloped and unable to absorb this
430 added fertiliser. This was not the case during this study, with the mild autumn of 2013 promoting
431 vigorous growth of the oilseed radish and thus negating the need to apply additional fertiliser.

432 **4.4 Sub-catchment scale impacts**

433 Despite recording substantial reductions in soil water $\text{NO}_3\text{-N}$ during the cover crop period, it is clear
434 from Figure 6 that there was no corresponding reduction in riverine $\text{NO}_3\text{-N}$ concentrations during
435 the 2013/14 farm year. This is despite the cover crop trial area covering 20% (143 ha) of the
436 catchment upstream of the bankside monitoring location (714 ha). A potential explanation for this
437 apparent anomaly arises from previous research in the same catchment (Outram et al., 2016) which
438 established that there was no positive relationship between fertiliser application and riverine

439 nutrient load in the River Blackwater over a three-year period. Outram et al. (2016) hypothesised
440 that the catchment is in a state of biogeochemical stationarity, whereby as a consequence of
441 decades of intensive fertiliser application, there exist legacy stores of nutrients within the catchment
442 soils and sediments which act to buffer riverine nutrient concentrations from inter-annual changes
443 in fertiliser application. By extension, we can apply the same principle here and hypothesise that
444 nutrient reductions in soil water during the cover crop period do not immediately translate into
445 reductions in riverine concentrations due to the mobilisation of nutrients from pre-existing legacy
446 stores. It could potentially take 5–10 years or more for these nutrient stores to be depleted before
447 major reductions instream are detected. Therefore, both repeated use of cover crops across a
448 rotation and an extended monitoring period would be required to fully assess the effects of cover
449 crops on river water quality at the sub-catchment scale.

450 **4.5 Cover crop management**

451 A number of practical management issues arose during the course of the trial. Prime among these
452 were difficulties in destroying and incorporating the cover crop residues prior to the sowing of the
453 subsequent spring bean crop in early 2014. The oilseed radish grew vigorously (up to 0.5 m in height)
454 and was killed off with a glyphosphate herbicide in mid-January 2014 (Figure 2b). However, large
455 quantities of fresh organic matter remained on the soil surface which proved difficult for the direct
456 drill (Väderstad Seed Hawk) and shallow non-inversion tillage (Väderstad Rapid) machinery to
457 handle. Slug populations were also considerably higher in the cover crop fields during both 2013/14
458 and 2014/15, as accumulations of fresh plant material provided optimal feeding and breeding
459 conditions, an effect reported elsewhere (Soane et al., 2012). This outcome necessitated additional
460 applications of a molluscicide (metaldehyde) to the cover crop blocks, increasing the variable
461 production costs (section 4.6). This also raised important concerns regarding pollution swapping,
462 whereby adopting mitigation measures to reduce one type of pollution (i.e. NO₃ leaching)
463 inadvertently increases another source(i.e. pesticides) is inadvertently increased (Stevens and

464 Quinton, 2009). Other agronomic problems encountered included enhanced pea and bean weevil
465 damage to the following spring bean crop and damper soil conditions under the decaying cover crop
466 residues which delayed spring cultivation operations by a few days.

467 **4.6 Farm economics**

468 For cover crops and non-inversion cultivation measures to be economically viable, these approaches
469 need to be financially competitive with traditional farm practice (Posthumus et al., 2015). Table 6
470 summarises the economic performance of the three mitigation blocks for the 2013/14 farm year.
471 The application and variable costs of establishing and managing the cover crop under direct drill
472 (£704 ha⁻¹) and shallow non-inversion tillage (£748 ha⁻¹) were higher than conventional ploughing
473 with winter fallow (£589 ha⁻¹). Previous research indicated that lower operational costs (e.g. fuel and
474 labour) of non-inversion tillage systems could increase farm margins by £10–85 ha⁻¹ compared with
475 conventional ploughing (Deasy et al., 2009; Morris et al., 2010). However, this study found that
476 operational savings in the non-inversion tillage Blocks P and L were offset by increased costs
477 associated with cover crop establishment, principally the purchasing of oilseed radish seed,
478 application of starter N fertiliser and the application of additional molluscicide to control slugs.
479 Nevertheless, higher yields for the 2013/14 spring bean crop in Blocks L (6.24 t ha⁻¹) and P (6.55 t ha⁻¹)
480 compared with Block J (5.80 t ha⁻¹) resulted in only small differences in the overall gross margin
481 between the cover crop/direct drill (£731 ha⁻¹), cover crop/shallow non-inversion tillage (£758 ha⁻¹)
482 and fallow/mouldboard ploughing (£745 ha⁻¹) systems. Yield increases in cash crops in the years
483 following a winter cover crop have also been reported elsewhere (e.g. Stobart and Morris, 2014)
484 demonstrating that farm productivity can be maintained or even enhanced whilst mitigating diffuse
485 agricultural pollution. It is also important to recognise that cover crops can provide a range of
486 additional ecosystem services aside from mitigating nutrient losses, such as carbon sequestration,
487 N₂O reduction and food production, which increase their environmental and socio-economic value
488 (Schipanski et al., 2014). Overall, the positive economic performance of the trials presented here

489 provides good evidence to support the wider adoption of oilseed radish for mitigating diffuse nitrate
490 pollution on UK arable farms.

491 **5. Conclusions**

492 To date, the majority of research into the efficacy of on-farm measures for mitigating diffuse
493 agricultural pollution has come from controlled plot scale studies which typically fail to account for
494 the impacts of measures upon crop yields, farm profit margins, catchment-scale nutrient losses, or
495 the practicalities for the farmer of deploying such measures. Here, we have addressed these issues
496 by assessing the impacts of cover crops and non-inversion tillage regimes at the farm-scale. The key
497 findings were as follows:

498 **(i)** A winter oilseed radish cover crop reduced $\text{NO}_3\text{-N}$ leaching losses by 75–97% relative to
499 fallow, but had no impact upon P losses;

500 **(ii)** Direct drilling and shallow non-inversion tillage were ineffective at reducing soil water $\text{NO}_3\text{-N}$
501 and P concentrations relative to conventional ploughing;

502 **(iii)** Soil $\text{NO}_3\text{-N}$ concentrations were reduced by ~77% at 60–90 cm depth beneath the cover
503 crop, highlighting the potential of long rooting oilseed radish to scavenge nutrients from
504 deep within the soil profile;

505 **(iv)** Despite covering 20% of the catchment, improvements in river water quality downstream of
506 the trial area were not observed, indicating prolonged use of cover crops may be required
507 before catchment-scale impacts are detected;

508 **(v)** Higher operational costs associated with the establishment of cover crop and non-inversion
509 tillage regimes were offset by increased yields in the subsequent cash crop, resulting in
510 comparable gross margins (£731–758 ha^{-1}) to conventional ploughing with fallow (£745 ha^{-1}).

511 Given the paucity of existing farm- and catchment-scale studies, further research into the
512 effectiveness of other cover crop varieties and crop mixtures at reducing arable nutrient losses,
513 particularly in the UK, is highly recommended.

514

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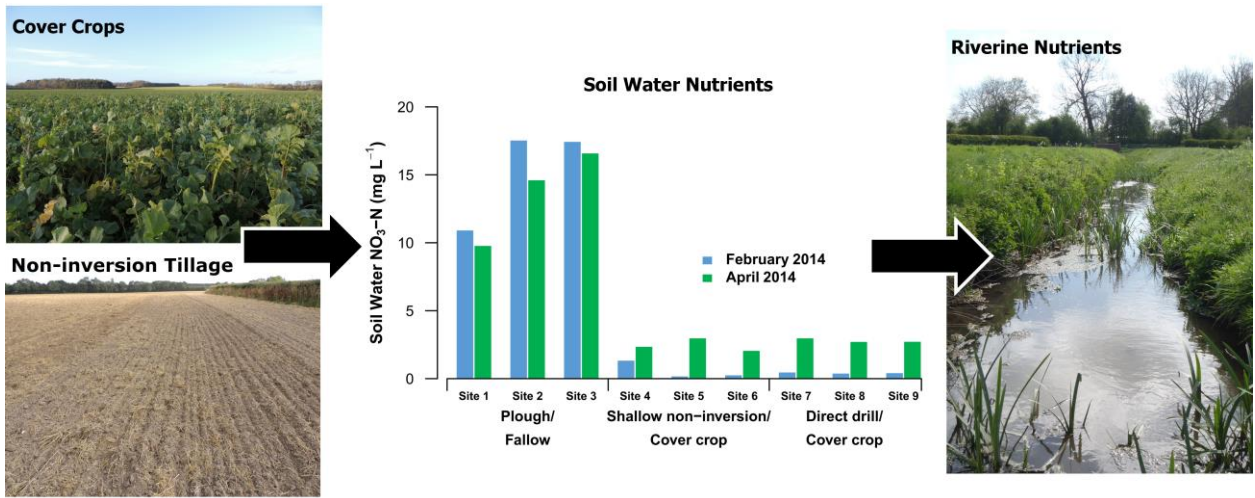
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665 **Figures**

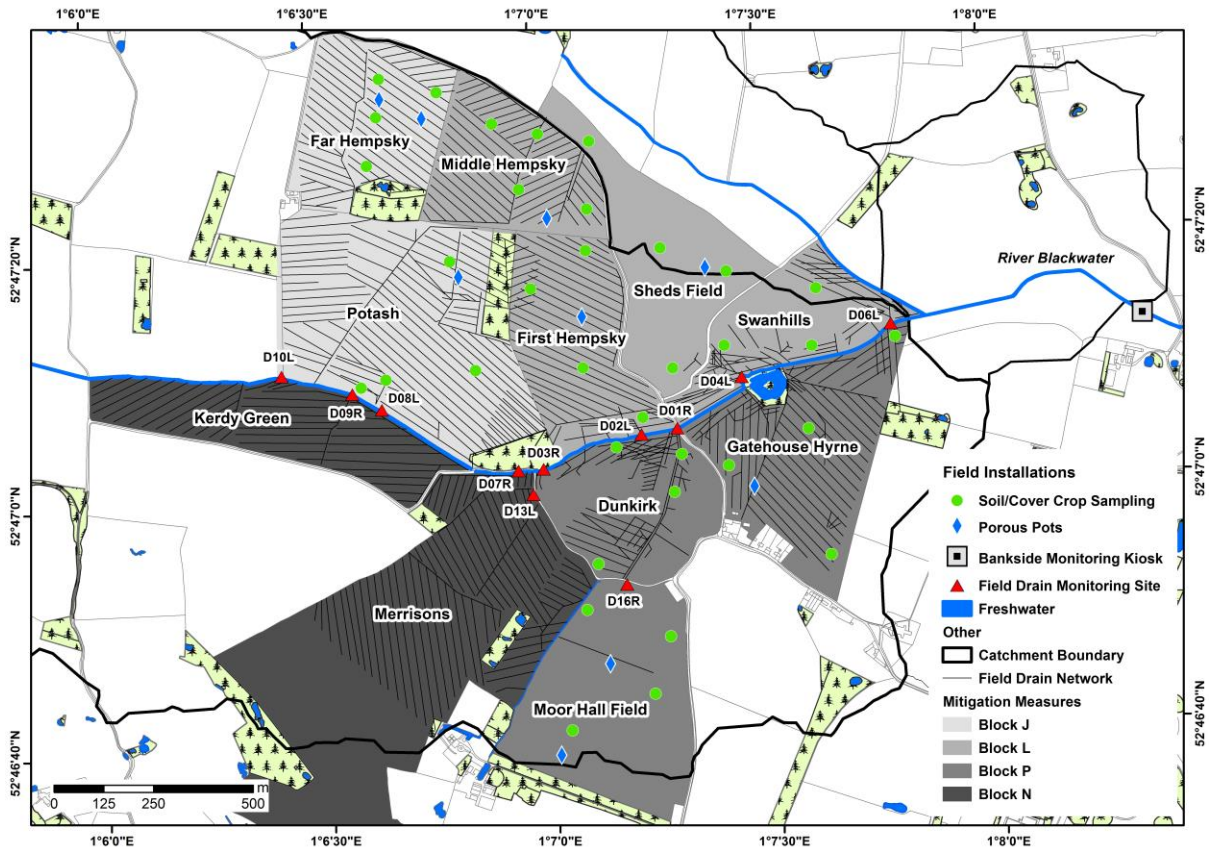


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667 Graphical Abstract: The impact of cover crops and non-inversion tillage regimes on soil and riverine
668 nutrient concentrations is assessed at the farm-scale.

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672 Figure 1: Map of the Salle Park Estate mitigation measures blocks in the River Blackwater sub-
 673 catchment, Norfolk, UK, showing the locations of field installations and sampling points.

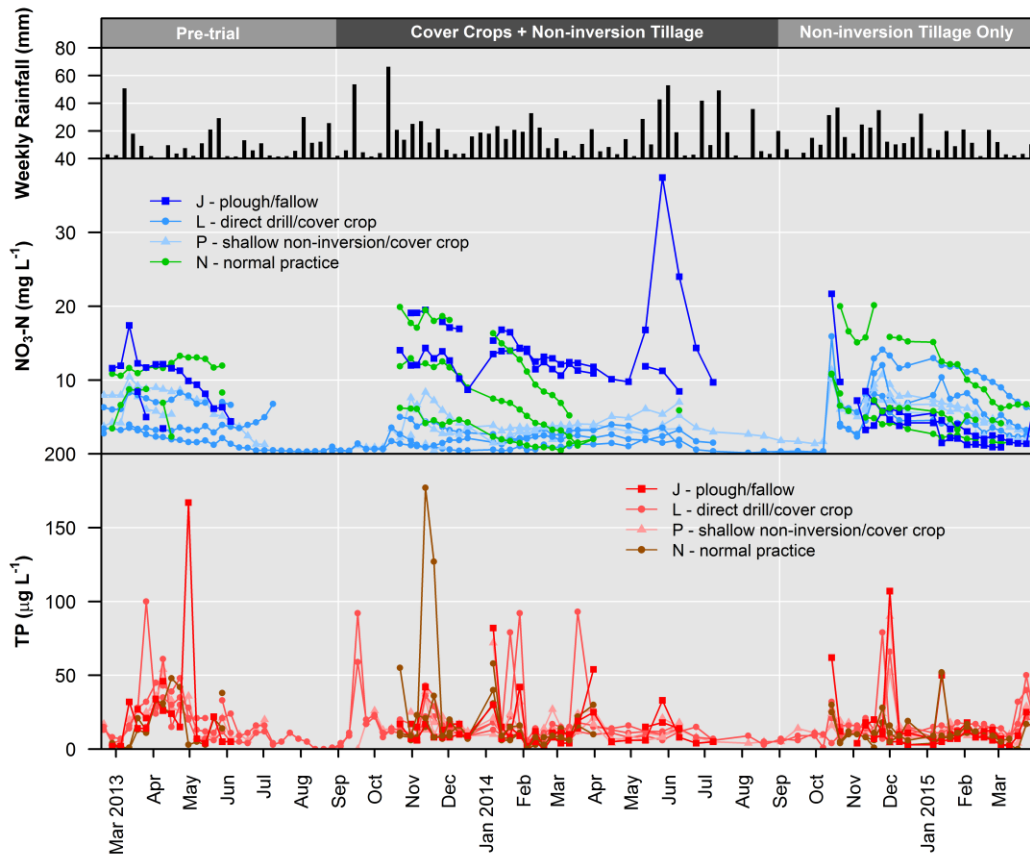
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676 Figure 2: Images of the Salle Park Estate. (A) Direct drilled oilseed radish on Sheds Field in September
677 2013. Crop residues from the previous spring barley crop can be seen on the surface; (B) Oilseed
678 radish cover crop on Dunkirk field in February 2014; (C) Winter wheat on the shallow non-inversion
679 tillage Dunkirk field in November 2014. Spring bean volunteers can be seen emerging through the
680 wheat; (D) Bankside monitoring kiosk on the River Blackwater downstream of the mitigation
681 measures trial area. River channel is 2.5 m wide.

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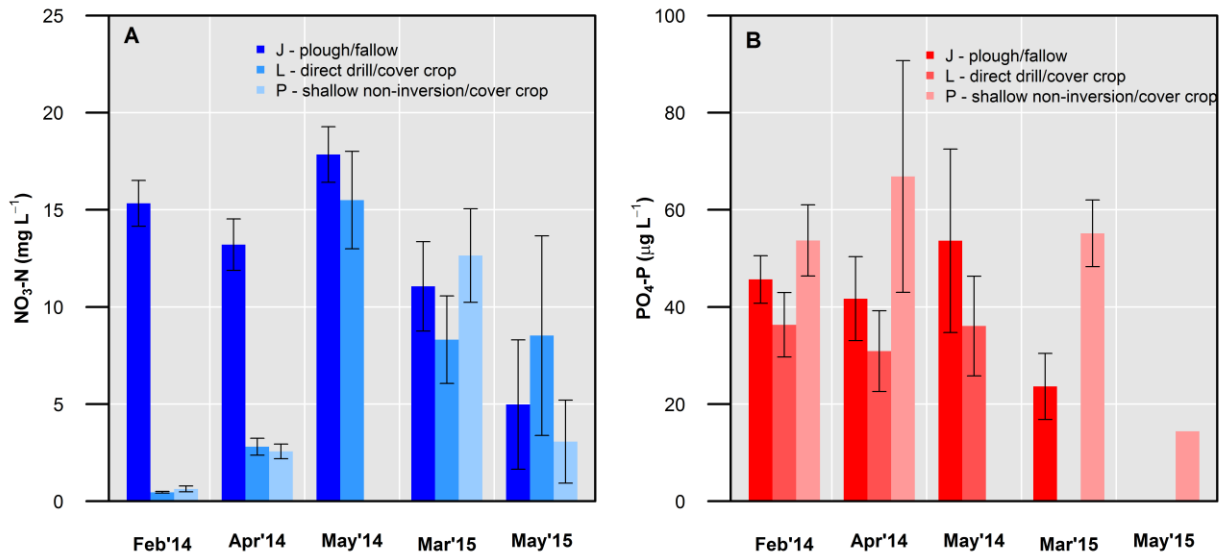


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684 Figure 3: Field drain $\text{NO}_3\text{-N}$ and TP concentrations measured in Blocks J, L, P and N between March
 685 2013 and March 2015.

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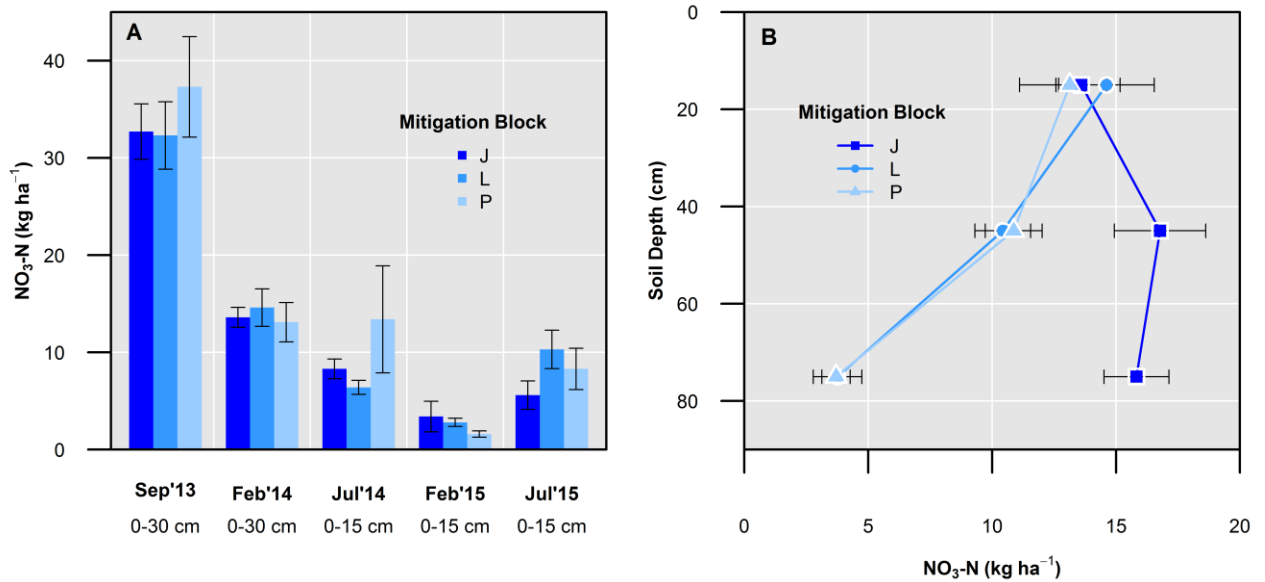
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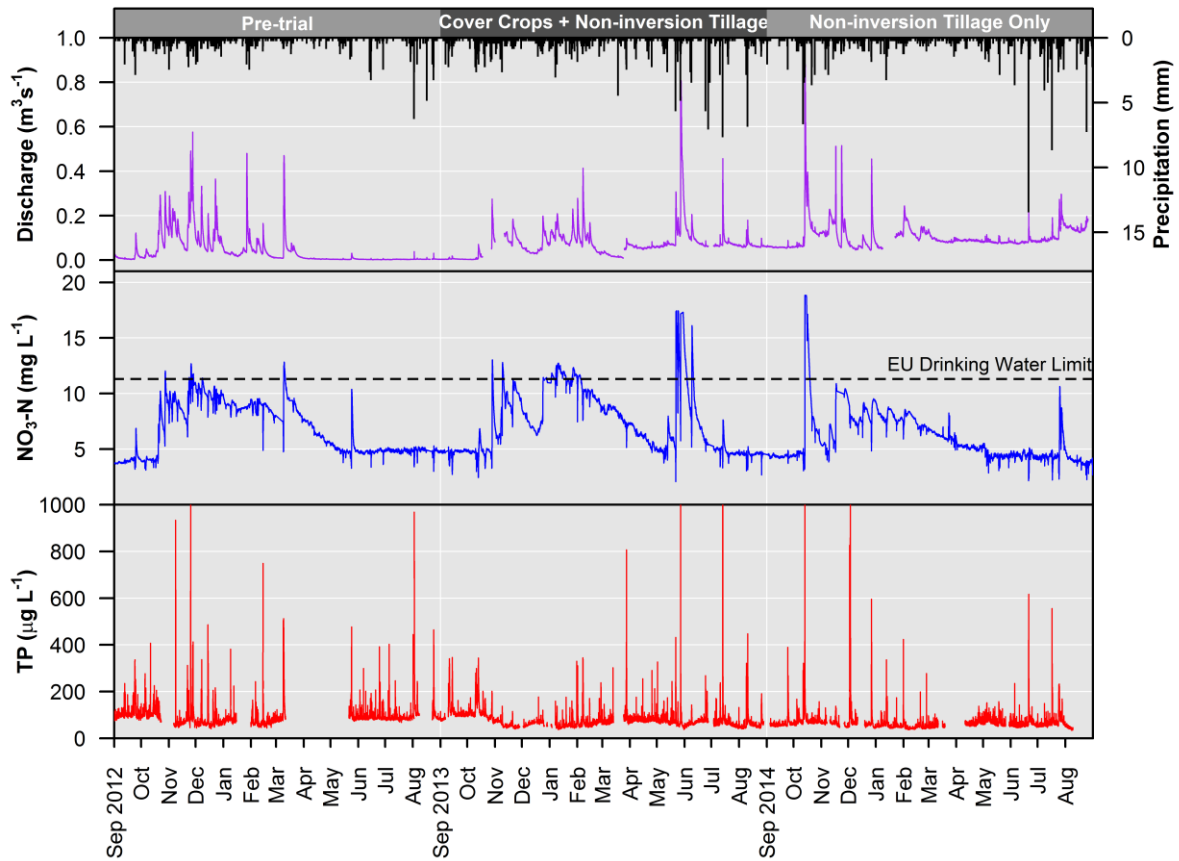
689 Figure 4: Porous pot (A) NO₃-N and (B) PO₄-P concentrations measured in Blocks J, L and P on five
 690 sampling occasions. Error bars represent one standard error.

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693 Figure 5: (A) Mean topsoil NO₃-N concentrations recorded in the three mitigation measures blocks
 694 on five sampling occasions; (B) Mean soil NO₃-N depth profiles recorded in February 2014. Error bars
 695 represent one standard error.



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697 Figure 6: High-frequency (30 min) hydrochemical data for the River Blackwater recorded between
 698 September 2012 and August 2015 at the bankside monitoring kiosk downstream of the trial area.

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713 **Tables**

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715 Table 1: Summary of the crop types and cultivation methods employed in the mitigation measures
 716 blocks during three farm years. WW = winter wheat; WBAR = winter barley; SBAR = spring barley; SB
 717 = spring beans; OR CC = oilseed radish cover crop; OSR = winter oilseed rape. Monitored field drains
 718 also listed.

Field Name	Block	Soil Type	Size (ha)	2012/13 Crop	2013/14 Crop	Starter Fertiliser	2013/14 Cultivation	2014/15 Crop	2014/15 Cultivation	Field Drains
Potash	J	Clay loam	28.4	WW	SB	-	Plough	WW	Plough	D08L, D10L
Far Hempsky	J	Sand clay loam	13.3	SBAR	SB	-	Plough	WW	Plough	-
Gatehouse Hyrne	P	Clay loam	18.8	SBAR	OR CC/SB	Y	Shallow non-inversion	WW	Shallow non-inversion	-
Moor Hall Field	P	Sandy clay loam	20.2	SBAR	OR CC/SB	N	Shallow non-inversion	WW	Shallow non-inversion	D16R
Dunkirk	P	Sandy clay loam	12.9	WW	OR CC/SB	Y	Shallow non-inversion	WW	Shallow non-inversion	D01R, D03R
Middle Hempsky	L	Clay loam	12.6	SBAR	OR CC/SB	N	Direct drill	WW	Direct drill	-
First Hempsky	L	Sandy clay loam	14.6	SBAR	OR CC/SB	Y	Direct drill	WW	Direct drill	D02L
Sheds Field	L	Sandy loam	14.8	SBAR	OR CC/SB	Y	Direct drill	WW	Direct drill	-
Swanhills	L	Sandy loam	11.1	SBAR	OR CC/SB	Y	Direct drill	WW	Direct drill	D04L, D06L
Merrisons	N	Clay loam	48.7	SB	WW	-	Plough	WBAR	Plough	D07R, D13L
Kerdy Green	N	Clay loam	14.4	WBAR	OSR	-	Plough	WW	Plough	D09R

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728 Table 2: Field drain flows, nutrient concentrations and loads recorded under each mitigation
 729 measure block between March 2013 and March 2015. Values presented as means \pm one standard
 730 deviation. Asterisks indicate *t*-test significant differences (* = $p < 0.05$, ** = $p < 0.01$) from control
 731 Block J.

Parameter	Block	Pre-trial (2012/13)	Cover crops + non-inversion tillage (2013/14)	Non-inversion tillage only (2014/15)
Flow (L s ⁻¹)	J	0.04 \pm 0.04	0.19 \pm 0.19	0.19 \pm 0.17
	P	0.07 \pm 0.11	0.17 \pm 0.22	0.26 \pm 0.41
	L	0.04 \pm 0.03	0.07 \pm 0.06**	0.08 \pm 0.05**
	N	0.06 \pm 0.07	0.23 \pm 0.21	0.26 \pm 0.24
NO ₃ -N concentration (mg N L ⁻¹)	J	9.6 \pm 3.6	14.0 \pm 4.6	4.3 \pm 3.7
	P	6.4 \pm 2.5	3.5 \pm 1.6**	5.5 \pm 2.5
	L	5.5 \pm 2.2	1.8 \pm 1.1**	6.2 \pm 3.9
	N	10.0 \pm 3.0	7.7 \pm 5.7**	7.6 \pm 5.0*
NO ₃ -N load (kg N ha ⁻¹ a ⁻¹)	J	2.2 \pm 5.8	71.9 \pm 160.4	39.2 \pm 137.6
	P	4.6 \pm 14.7	13.8 \pm 24.2**	102.1 \pm 219.9*
	L	13.5 \pm 26.7**	15.3 \pm 26.6**	47.0 \pm 53.4
	N	0.9 \pm 3.2	9.0 \pm 18.4**	15.7 \pm 31.8
TP concentration (μ g P L ⁻¹)	J	26 \pm 37	15 \pm 15	16 \pm 20
	P	21 \pm 14	14 \pm 10	14 \pm 12
	L	22 \pm 18	16 \pm 17	15 \pm 12
	N	16 \pm 15	17 \pm 28	11 \pm 9
TP load (kg P ha ⁻¹ a ⁻¹)	J	0.02 \pm 0.05	0.19 \pm 0.73	0.20 \pm 0.50
	P	0.02 \pm 0.06	0.08 \pm 0.24	0.26 \pm 0.65
	L	0.13 \pm 0.44*	0.13 \pm 0.21	0.12 \pm 0.17
	N	0.01 \pm 0.01	0.03 \pm 0.10	0.03 \pm 0.08*

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743 Table 3: Summary of the topsoil nutrient analyses for the mitigation measures blocks. Values
 744 presented as averages \pm one standard deviation. Asterisks indicate *t*-test significant differences (* =
 745 $p < 0.05$, ** = $p < 0.01$) from control Block J.

Sampling Date	Mitigation Period	Mitigation Block	Nitrate-N (kg N ha ⁻¹)	Phosphorus (kg P ha ⁻¹)	Potassium (kg K ha ⁻¹)	Organic Matter (%)
September 2013 (0-30 cm)	Pre-trial	J	32.7 \pm 8.1	96.4 \pm 26.0	498.4 \pm 105.5	2.0 \pm 0.4
		P	37.3 \pm 17.9	132.0 \pm 47.9*	557.5 \pm 157.5	1.7 \pm 0.4
		L	32.3 \pm 13.9	142.5 \pm 51.7**	483.1 \pm 101.1	1.5 \pm 0.4
February 2014 (0-30 cm)	Cover crops + non- inversion tillage	J	13.6 \pm 2.9	80.6 \pm 23.7	426.6 \pm 115.3	2.0 \pm 0.6
		P	13.1 \pm 7.0	130.8 \pm 43.5**	687.4 \pm 138.1**	1.9 \pm 0.6
		L	14.6 \pm 7.7	131.2 \pm 41.6**	648.1 \pm 153.2**	1.6 \pm 0.5
July 2014 (0-15 cm)	Cover crops + non- inversion tillage	J	8.3 \pm 2.9	-	-	-
		P	13.4 \pm 19.0	-	-	-
		L	6.4 \pm 2.9	-	-	-
February 2015 (0-15 cm)	Non- inversion tillage only	J	3.4 \pm 4.4	46.0 \pm 16.3	240.5 \pm 71.1	2.1 \pm 0.6
		P	1.6 \pm 1.1	62.6 \pm 25.6	306.0 \pm 57.2*	1.8 \pm 0.5
		L	2.8 \pm 1.7	74.2 \pm 29.7**	352.7 \pm 107.1**	1.7 \pm 0.5
July 2015 (0-15 cm)	Non- inversion tillage only	J	5.6 \pm 4.2	54.0 \pm 22.5	192.6 \pm 72.7	2.1 \pm 0.6
		P	8.3 \pm 7.3	60.9 \pm 24.9	249.7 \pm 49.7	1.9 \pm 0.5
		L	10.3 \pm 7.9	77.4 \pm 30.3*	292.0 \pm 124.9*	1.8 \pm 0.6

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748 Table 4: Nutrient analysis of the oilseed radish cover crop undertaken in January 2014. Values
 749 presented as averages \pm one standard deviation.

Parameter	Cover crop	With Starter Fertiliser	Without Starter Fertiliser
Nitrogen content (kg N ha ⁻¹)	Leaf	65.8 \pm 12.6	57.3 \pm 3.3
	Root	13.6 \pm 5.5	12.3 \pm 1.7
	Leaf + root	79.4 \pm 13.7	69.6 \pm 3.7
Phosphorus content (kg P ha ⁻¹)	Leaf	7.4 \pm 1.7	6.6 \pm 0.5
	Root	4.1 \pm 1.2	4.9 \pm 0.7
	Leaf + root	11.5 \pm 2.0	11.5 \pm 0.9
Potassium content (kg K ha ⁻¹)	Leaf	66.7 \pm 13.8	53.6 \pm 4.6
	Root	23.2 \pm 4.5	23.2 \pm 2.2
	Leaf + root	90.0 \pm 14.5	76.8 \pm 5.1
Dry matter (t ha ⁻¹)	Leaf	2.2 \pm 0.3	1.9 \pm 0.2
	Root	0.6 \pm 0.1	0.7 \pm 0.1
	Leaf + root	2.8 \pm 0.3	2.6 \pm 0.2

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754 Table 5: February 2014 nitrogen balance for the cover crop fields applied with starter fertiliser
 755 compared to those without a starter fertiliser. Values reported as averages \pm one standard deviation.

Parameter	Type	Units	With Fertiliser	Without Fertiliser	N Balance
Inputs	Applied fertiliser	kg N ha ⁻¹	30.0	0.0	+30.0
Outputs	Oilseed radish	kg N ha ⁻¹	79.4 \pm 13.7	69.6 \pm 3.7	-9.8
				Net	+20.2
Residuals	Soil 0-30 cm	kg NO ₃ -N ha ⁻¹	15.0 \pm 8.1	11.4 \pm 4.3	+3.6
	Soil 30-60 cm	kg NO ₃ -N ha ⁻¹	11.5 \pm 4.7	8.4 \pm 1.1	+3.1
	Soil 60-90 cm	kg NO ₃ -N ha ⁻¹	4.0 \pm 3.4	3.0 \pm 2.6	+1.0
	Porous pots	mg NO ₃ -N L ⁻¹	0.8 \pm 0.8	0.3 \pm 0.2	+0.5

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757 Table 6: Summary of the economic performance of the three mitigation measures blocks during the
 758 2013/14 farm year.

Profit/Cost	Mitigation Measure Block (£ ha ⁻¹)		
	J	L	P
Yield (t ha ⁻¹)	5.80	6.24	6.55
Income*	1334	1435	1506
Establishment costs	96	67	128
Application costs	90	120	120
Harvesting costs	85	85	85
Variable costs	318	432	415
Total Costs	589	704	748
Gross margin	745	731	758

*Assuming £230 t⁻¹

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