# Quantum Rotor Theory of Systems of Spin-2 Bosons 

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#### Abstract

We consider quantum phases of tightly-confined spin-2 bosons in an external field under the presence of rotationally-invariant interactions. Generalizing previous treatments, we show how this system can be mapped onto a quantum rotor model. Within the rotor framework, low-energy excitations about fragmented states, which cannot be accessed within standard Bogoliubov theory, can be obtained. In the spatially extended system in the thermodynamic limit there exists a mean-field ground state degeneracy between a family of nematic states for appropriate interaction parameters. It has been established that quantum fluctuations lift this degeneracy through the mechanism of order-by-disorder and select either a uniaxial or square-biaxial ground state. On the other hand, in the full quantum treatment of the analogous single-spatial mode problem with finite particle number it is known that, due to symmetry restoring fluctuations, there is a unique ground state across the entire nematic region of the phase diagram. Within the established rotor framework we investigate the possible quantum phases under the presence of a quadratic Zeeman field, a problem which has previously received little attention. By investigating wave function overlaps we do not find any signatures of the order-by-disorder phenomenon which is present in the continuum case. Motivated by this we consider an alternative external potential which breaks less symmetry than the quadratic Zeeman field. For this case we do find the phenomenon of order-by-disorder in the fully quantum system. This is established within the rotor framework and with exact diagonalization.


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## I. INTRODUCTION

Ultracold spinor atoms provide simple and experimentally well-controlled many-body systems with internal degrees of freedom. The simplest case is that of a spin-1 gas. The atomic spin- 1 species ${ }^{23} \mathrm{Na}$ and ${ }^{87} \mathrm{Rb}$ have been the subject of numerous experiments (see for example the reviews in [1, 2] and references therein), prompting detailed theoretical investigation of the exact spectra for tightly confined spin-1 atoms [3-9] as well as their meanfield properties in the thermodynamic limit [10, 11]. The higher spin- 2 hyperfine multiplet of ${ }^{87} \mathrm{Rb}$ was found to be stable and amenable to experimental manipulation 12 15], prompting the development of a number of spin-2 exact and mean-field theoretical results [5, 16-19]. In particular, Gross-Pitaevskii mean field theory has been used to describe spin-2 condensates under linear and quadratic Zeeman fields 20, 21. Exact quantum results have also been found for spin-2 systems under tight spatial confinement under no external fields, which can be simply extended to results with a linear Zeeman field by a gauge transformation [5, 17]. The case of the quantum states of tightly confined bosons under the presence of a quadratic Zeeman field, however, has remained less well understood.

Spinor condensates also provide a convenient platform with which to study the phenomenon of order-by-disorder [22 24 , or the selection of a particular mean-field ground state from a set of accidentally degenerate ones due to fluctuations. This subject has traditionally been of importance in elucidating the ground-state structure of frustrated magnetic systems but has also been investigated as a relevant mechanism in several cold-atom systems [18, 19, 25-32. These offer the possibility of ex-
perimentally realizing a phenomenon whose observation is still contentious in magnetic systems [33, 34]. In spin2 systems, order by disorder has been predicted to determine the ground state in the absence of a quadratic Zeeman field for species with scattering lengths within a certain range, termed the nematic region. Furthermore, the mechanism has been predicted to introduce a firstorder phase transition between two parts of the nematic region in which fluctuations select different members of the accidentally degenerate family [18, 19].

One of the goals of the present article is to present analytical results for tightly confined spin- 2 atoms in the presence of a quadratic Zeeman field. The results are obtained by utilizing an exact mapping of the interacting many-body system Hamiltonian to a 5-dimensional quantum rotor Hamiltonian, i.e., that of a single particle moving on the 4 -sphere. Similar mappings have previously been employed to study the double-well problem [35], dipolar condensates [36] and particularly the analogous tightly bound spin- 1 problem [7, 8, 37, 38].

One of the main perceived advantages of the rotor methodology is that it allows one to treat excitations about fragmented states [39, 40]. Applying the PenroseOnsager criterion for Bose-Einstein condensation, fragmented condensates are defined as those whose reduced single-particle density matrix has more than one extensive eigenvalue. When there are exactly two such eigenvalues, one may envision the state as a condensate of particle pairs. One encounters such a case in the spin2 problem in the presence of a large negative quadratic Zeeman field. Such a state cannot be approximated by a coherent state, invalidating the use of Bogoliubov theory, typically the first line of attack in calculating excitation spectra about non-fragmented condensates. The rotor
mapping, on the other hand, suffers no pathologies in the fragmented case and provides simple analytical expressions for the excitation spectra.

Previous results by Koashi and Ueda [5, 17] indicate that the exact quantum results in the absence of a quadratic Zeeman field do not mirror the continuous accidental degeneracy of the mean-field analysis. Rather, the ground state is non-degenerate and the same across the entire nematic region and no traces of the order-by-disorder induced phase transition are manifest. One may hope that the signature of the transition could nevertheless be observed in the magnetic response to the quadratic Zeeman field, which serves to classically orient the nematic order parameter. In the present article we find through an evaluation of the wave function overlaps obtained through the rotor mapping, that such a signature is nevertheless not present.

Motivated by this, we have applied the rotor mapping to the analysis of an alternative potential that does not fully break the mean-field degeneracy, noting that a large class of quadratic potentials can be experimentally obtained with external microwave fields. Using the rotor framework we show that including quantum corrections select a unique ground state. Furthermore, this selection is explicitly demonstrated through an exact diagonalization numerical approach involving a modest number of atoms. Importantly, we find that the overlap of the obtained ground states with any mean-field state tends to zero with increasing particle number, a stark departure from the standard mean-field states obtained in the continuum. On the other hand, the ordering is apparent in the spin-component occupation numbers, which can be readily experimentally probed.

This article is organized as follows. In Sec. II we first describe the continuum Hamiltonian for a spin-2 cold Bose gas. Mean field results and a phase diagram dependening on the Zeeman field and the differences in distinct total-spin scattering lengths, considered tunable, are presented. From thereon we focus on the nematic region of the phase diagram. In Sec. III we next consider the single mode approximation, relevant to a tight trap in which spatial degrees of freedom are taken to be completely frozen out, yielding an effectively zerodimensional Hamiltonian. Exact results on this Hamiltonian in the absence of a quadratic Zeeman field are summarized in Subsec. IIIB. In the following subsection we briefly outline the exact-diagonalization method used to obtain numerical results in the present work. In Sec. IV the spin- 2 rotor mapping is introduced. Though having a real spectrum, the Hamiltonian thus obtained is in general non-Hermitian. The Hermitianizing transform is generally difficult to find, but feasible in special cases. Subsec. IV C considers such a case when one of the Hamiltonian parameters is zero. Section $V$ considers general parameter configurations in the presence of a large quadratic Zeeman field. Large positive and negative values are considered in separate subsections. In both cases a simple approximate Hermitianizing transform may be
found, leading to effective harmonic oscillator Hamiltonians. In subsection $V$ C we further present analytical expressions for overlaps with the relevant mean-field states for both cases and compare them to numerics.

Finally, in Sec. VI we discuss the disparity in qualitative nematic-region behaviour arising from the meanfield and full quantum treatments in the presence of a quadratic Zeeman term. The latter contains no visible traces of order-by-disorder that is manifest in the former. Motivated by this, we introduce an alternative external potential which does not break the mean-field degeneracy. We show that beyond-mean-field corrections in this system select unique ground states, and therefore interpret the phenomenon as order by disorder. We derive analytical expressions for certain aspects of this state and numerically assess them.

## II. BACKGROUND

## A. Spinor Hamiltonian

We begin by describing the Hamiltonian governing the underlying physical system, a collection of cold interacting spin-2 bosons in a scalar trapping potential 41] and a magnetic field, manifesting itself through a linear and a quadratic Zeeman term. The full first-quantized Hamiltonian is

$$
\begin{align*}
& \hat{H}_{1 \mathrm{st}}=\sum_{i}^{N} \hat{H}_{i}^{(1)}+\sum_{i<j} \hat{V}_{i, j}^{(2)} \quad \text { with } \\
& \hat{H}_{i}^{(1)}=\frac{1}{2 m} \hat{p}_{i}^{2}+V\left(\hat{\boldsymbol{r}}_{i}\right)+p \hat{F}_{i}^{z}+q\left(\hat{F}_{i}^{z}\right)^{2} \tag{1}
\end{align*}
$$

Here $N$ is the total particle number, $m$ the atomic mass, $V$ the external potential and $\hat{p}_{i}, \hat{\boldsymbol{r}}_{i}$ and $\hat{F}_{i}^{z}$ the $i$-th particle's momentum, position and $z$-component of spin operators, respectively. $p$ and $q$ are the linear and quadratic Zeeman coefficients, respectively.

As detailed in many standard resources, such as 42], the interparticle potential $\hat{V}_{i, j}^{(2)}$ between the $i$-th and $j$ th particles is short-range and dominated by the s-wave component, i.e., it depends predominantly on the distance between the atoms. It is well approximated by a delta function with a prefactor proportional to the scattering length. There are three different scattering lengths $a_{S}$ for the three distinct values of the total spin of a pair of particles $S$ allowed by interchange symmetry, that is, 0,2 and 4 . The potential of a pair of particles can thus be written as [1, 2]

$$
\begin{equation*}
\hat{V}_{i, j}^{(2)}=\frac{1}{2} \delta\left(\hat{\boldsymbol{r}}_{i}-\hat{\boldsymbol{r}}_{j}\right)\left(c_{0} \hat{\mathbb{1}}_{i} \otimes \hat{\mathbb{1}}_{j}+c_{1} \hat{\boldsymbol{F}}_{i} \cdot \hat{\boldsymbol{F}}_{j}+5 c_{2} \hat{P}_{i, j}^{(0)}\right) \tag{2}
\end{equation*}
$$

where $\hat{P}_{i, j}^{(0)}$ is the projection operator onto the spin singlet state of the pair, $\hat{\boldsymbol{r}}_{i}$ and $\hat{\boldsymbol{F}}_{i}$ are the $i$-th particle's position and spin operator, respectively. Employing units with
$\hbar=1$, used hereafter, the $c$ constants may be expressed in terms of scattering lengths as

$$
\begin{align*}
& c_{0}=\frac{4 \pi}{7 m}\left(4 a_{2}+3 a_{4}\right) \\
& c_{1}=\frac{4 \pi}{7 m}\left(a_{4}-a_{2}\right)  \tag{3}\\
& c_{2}=\frac{4 \pi}{5 m}\left(a_{0}-a_{4}\right)+\frac{8 \pi}{7 m}\left(a_{4}-a_{2}\right)
\end{align*}
$$

Second-quantizing Hamiltonian (1) above yields:

$$
\begin{align*}
\hat{H}_{2 \mathrm{nd}} & =\int \mathrm{d}^{3} \boldsymbol{r}\left(\hat{\mathcal{H}}_{0}(\boldsymbol{r})+\hat{\mathcal{H}}_{q}(\boldsymbol{r})+\hat{\mathcal{H}}_{I}(\boldsymbol{r})\right)  \tag{4a}\\
\hat{\mathcal{H}}_{0} & =\hat{\psi}_{\alpha}^{\dagger}\left(-\frac{1}{2 m} \nabla^{2}+V(\boldsymbol{r})\right) \hat{\psi}_{\alpha}  \tag{4b}\\
\hat{\mathcal{H}}_{q} & =p \hat{\mathcal{F}}^{z}+q \hat{\mathcal{Z}} \quad \text { with } \\
\hat{\mathcal{F}}^{i} & =\hat{\psi}_{\alpha}^{\dagger} F_{\alpha \beta}^{i} \hat{\psi}_{\beta} \quad \text { and } \quad \hat{\mathcal{Z}}=\hat{\psi}_{\alpha}^{\dagger}\left(F^{z}\right)_{\alpha \beta}^{2} \hat{\psi}_{\beta}  \tag{4c}\\
\hat{\mathcal{H}}_{I} & =: \frac{c_{0}}{2} \hat{n}^{2}+\frac{c_{1}}{2} \hat{\mathcal{F}}^{2}:+\frac{c_{2}}{2} \hat{\mathcal{A}}^{\dagger} \hat{\mathcal{A}} \quad \text { with } \\
\hat{n} & =\hat{\psi}_{\alpha}^{\dagger} \hat{\psi}_{\alpha} \quad \text { and } \quad \hat{\mathcal{A}}=\sum_{\alpha=-2}^{2}(-1)^{\alpha} \hat{\psi}_{\alpha} \hat{\psi}_{-\alpha} \tag{4~d}
\end{align*}
$$

where $\hat{\psi}_{\alpha}(\boldsymbol{r})$ are the annihilation operators for bosons in the $m=\alpha$ magnetic sublevel at $\boldsymbol{r} . \hat{\mathcal{F}}^{i}(\boldsymbol{r})$ stands for the $i$ th component of the total spin density operator whereas $F^{i}$ is the $i$-th spin-2 matrix. The positional dependence of creation/annihilation operators and densities has been suppressed above for brevity. Except for the definition of $\hat{\mathcal{A}}$, repeating indices imply the Einstein summation convention. The colon delimiters represent normal ordering. Note that $\hat{\mathcal{H}}_{0}$ and $\hat{\mathcal{H}}_{q}$ are the second-quantized forms of the kinetic/potential and linear/quadratic Zeeman terms of the single particle part in Hamiltonian (1) whereas $\hat{\mathcal{H}}_{I}$ is the second-quantized form of the two-particle interaction in Eq. (22. It is also worth noting that the operator $\hat{\mathcal{A}}$ may be loosely interpreted as an annihilation operator for a spin-singlet pair of bosons [5, 17].

## B. Mean-field phase diagram at $q=0$

In determining ground states in the thermodynamic limit we may invoke Gross-Pitaevskii mean field theory which consists of replacing field operators with their expectation values, $\hat{\psi}_{\alpha}(\boldsymbol{r}) \rightarrow \psi_{\alpha}(\boldsymbol{r}) \equiv\left\langle\hat{\psi}_{\alpha}(\boldsymbol{r})\right\rangle$. In the continuum, i.e., zero external potential, we may Fourier transform the operators to $\hat{\psi}_{\boldsymbol{p}, \alpha}$ and for the ground states further consider only the zero momentum, $\boldsymbol{p}=\mathbf{0}$ components. This reduces classifying the various phases to describing the five-component order parameter $\chi_{\alpha} \equiv$ $\left\langle\hat{\psi}_{\mathbf{0}, \alpha}\right\rangle / \sqrt{N}$ where $N$ is the total particle number, up to rotational and $\mathrm{U}(1)$ phase symmetries. These order parameters are shown in Fig. 1 with respect to $c_{1,2}$. Also shown are the Majorana representations of the order parameters, which show the rotational symmetries of the states [1, 43].


FIG. 1. Mean field phase diagram at $q=0$.

In the nematic region, where $g_{2}<\min \left(0,4 g_{1}\right)$, there is an additional continuous accidental degeneracy of states with rectangular Majorana representations. A general nematic state's order parameter can be written, up to the aforementioned symmetries, as

$$
\begin{equation*}
\chi_{\mathrm{n}}(\eta)=\left(\frac{\sin \eta}{\sqrt{2}}, 0, \cos \eta, 0, \frac{\sin \eta}{\sqrt{2}}\right) \tag{5}
\end{equation*}
$$

where $\eta$ parametrizes the degeneracy. The two states shown in Fig. 1 are representatives of higher symmetry, obtained by setting $\eta=0(\eta=\pi / 2)$, which are referred to as uni(bi)-axial states. While all $\eta$ states are degenerate at the mean-field level, fluctuations lift the degeneracy through the phenomenon of order-by-disorder, selecting the uni(bi)-axial state for $c_{1}>0\left(c_{1}<0\right)$ [18, 19]. This leads to the dotted phase boundary in Fig. 1 .

Mean-field behavior in the thermodynamic limit has also been extensively investigated at non-zero $q$ in 21 leading to a number of new phases, where some of the phase boundaries with respect to $c_{1,2}$ and $q$ had to be numerically determined. While the $q=0$ ground states were invariant to changes in $c_{1,2}$ that remained within the same phase [44], ground states in some of the new $q \neq 0$ phases vary continuously with the parameters. Lastly and perhaps most importantly, the nematic accidental degeneracy in $\eta$ is lifted for any $q \neq 0$.

## III. SINGLE MODE APPROXIMATION AND EXACT DIAGONALIZATION

## A. Single mode Hamiltonian

In the remainder of the text we consider a tightly bound many-body system with a fixed number of particles $N$. This implies we can write $\hat{\psi}_{\alpha}(\boldsymbol{r})$ from Eq. (4) as $\hat{\psi}_{\alpha}(\boldsymbol{r})=\phi_{0}(\boldsymbol{r}) \hat{a}_{\alpha}$ where $\phi_{0}(\boldsymbol{r})$ is the unit-normalized lowest spatial mode of the system and $\hat{a}_{\alpha}$ is the annihilation operator for a boson in this lowest spatial mode with
magnetic number $m=\alpha$, since the tightness of the confining potential energetically prohibits spatially excited states. This is traditionally called the single mode approximation or SMA [3]. For convenience we also define the vector of operators $\hat{\boldsymbol{a}}=\left(\hat{a}_{2}, \hat{a}_{1}, \hat{a}_{0}, \hat{a}_{-1}, \hat{a}_{-2}\right)^{T}$. Substituting the $\hat{\psi}_{\alpha}$ as above and integrating out the spatial components of the Hamiltonian Eq. (4) yields

$$
\begin{equation*}
\hat{H}_{\mathrm{SMA}}=\frac{g_{1}}{2 N} \hat{\boldsymbol{F}}^{2}+\frac{g_{2}}{2 N} \hat{A}^{\dagger} \hat{A}+q \hat{Z} \tag{6}
\end{equation*}
$$

plus constants. Here $g_{i}=n_{0} c_{i}$ where $n_{0}=$ $N \int \mathrm{~d} \boldsymbol{r}|\phi(\boldsymbol{r})|^{4}$ and $c_{i}$ are defined in Eq. (3). The uppercase operators are obtained from their calligraphic density counterparts in Eq. (4) by letting $\hat{\psi}_{\alpha} \rightarrow \hat{a}_{\alpha}$, e.g., $\hat{F}^{i}=\hat{a}_{\alpha}^{\dagger} F_{\alpha \beta}^{i} \hat{a}_{\beta}=\hat{\boldsymbol{a}}^{\dagger} F^{i} \hat{\boldsymbol{a}}$ where $F^{i}$ still represents the $i$-th spin matrix.

The Hamiltonians (4) and (6) evidently conserve total particle number $\hat{N}$ and, as noted above, we consider it fixed at $N$. This allows us to drop terms arising from the spatial integrals of $\hat{\mathcal{H}}_{0}$ and : $\hat{n}^{2}$ : of Eq. (4) and to simplify the contribution of $: \hat{\mathcal{F}}^{2}:=\hat{\mathcal{F}}^{2}-C \hat{n}$ to $\hat{\boldsymbol{F}}^{2}$. Hamiltonian (6) further commutes with $\hat{F}^{z}$ and can thus be simultaneously diagonalized. In the remainder of this text we consider fixed $\hat{F}^{z}$ eigenspaces, most often the nullspace, allowing us to drop the linear Zeeman term as in Eq. (6).

## B. Known aspects of the quantum phase diagram

At zero quadratic Zeeman field $q$, the exact spectrum of the tightly confined system is known [17]. Potentially degenerate eigenlevels can be labelled by the set $\left\{N_{0}, N_{S}, F, F_{z}\right\}$ where $F_{z}$ is the eigenvalue of $\hat{F}_{z}$ and $F$ is such that the eigenvalue of $\hat{\boldsymbol{F}}^{2}$ equals $F(F+1) . N_{S}$ can be interpreted as the number of spin-singlet pairs and $N_{0} \equiv N-2 N_{S}$ as the number of bosons not in the singlet state. As mentioned above, this analogy is only a loose one, as $\hat{A}$ and $\hat{A}^{\dagger}$ do not obey Bosonic commutation relations. However, the commutation relations of these and a third operator, which the authors of [17] denote by $\hat{\mathcal{S}}_{z} \equiv \frac{1}{4}(2 \hat{N}+5)$, can be seen to be those of the Lie algebra $\mathfrak{s u}(1,1)$, closely related to that of $\mathfrak{s u}(2)$, the spin algebra. This allows for an elegant derivation of the joint $\hat{A}^{\dagger} \hat{A}$ and $\hat{\mathcal{S}}_{z}$ eigenstates in analogy with the raising and lowering operator approach to the spin algebra. Technically, $N_{S}$ and $N_{0}$ are defined such that the eigenvalue of $\hat{A}^{\dagger} \hat{A}$ equals $\left(N_{0}+\frac{1}{2}\right)\left(N_{0}+\frac{5}{2}\right)$ and $N_{0}+2 N_{S}=N$. In terms of the above quantum numbers, the energies are given by

$$
\begin{equation*}
E=\frac{g_{1}}{2}\left[\frac{F}{N}(F+1)-6\right]+g_{2} \frac{N_{S}}{N}\left(N+N_{0}+3\right) \tag{7}
\end{equation*}
$$

The easily obtained ground states show interesting parallels with the mean-field phase diagram. In the ferromagnetic region, the ground state $N_{S}$ is zero and $F=2 N$
is maximized, while in the tetrahedral region the ground state $N_{S}$ and $F$ are both zero.

The nematic-region ground state is, however, less easily reconciled with its mean-field counterparts, as the ground state is non-degenerate and unique across the entire nematic region. It consists only of singlet pairs and potentially a singlet trio, maximizing $N_{S}$ and minimizing $F$.

On the other hand, the case where $q \neq 0$ is much less well-understood analytically as $N_{S}$ or $N_{0}$ are no longer good quantum numbers. We shall focus on this regime in the following. Analytical results are obtained via the rotor mapping and contrasted with the numerical results obtained through exact diagonalization, which we briefly describe next.

## C. Exact diagonalization

Due to the effective spatial 0-dimensionality of our tightly bound system our problem is that of diagonalizing a five-mode many-body Hamiltonian. Further fixing $N$ and $F_{z}$, the relevant Fock bases may be enumerated by three independent occupation numbers. The sizes of the bases hence scale as $N^{3}$ with particle number $N$ making it quite feasible to diagonalize Hamiltonian (6), or at least find the ground state and its energy, at fixed values of $g_{1,2}, q, F_{z}$ and $N$ with regular desktop hardware in timescales on the order of hours for up to about 300 particles.

Denoting Fock states by

$$
\begin{equation*}
\left|n_{2}, n_{1}, n_{0}, n_{-1}, n_{-2}\right\rangle \equiv \prod_{m=-2}^{2} \frac{\hat{a}_{m}^{\dagger n_{m}}}{\sqrt{n_{m}!}}|0\rangle \tag{8}
\end{equation*}
$$

one way of enumerating the entire Fock basis for fixed $N$ and $F_{z}$ is by considering $n_{2}, n_{1}$ and $n_{-2}$ as independent variables and letting $n_{0}=N+F_{z}-3 n_{2}-2 n_{1}+n_{-2}$ and $n_{-1}=2 n_{2}+n_{1}-2 n_{-2}-F_{z}$. The ranges of the independent $n$ variables are cumbersome to state but can easily be found programmatically. What remains is expressing the terms of Hamiltonian (6) with respect to this basis and diagonalizing the resulting sparse matrices, which can be accomplished with standard numerical packages.

## IV. THE ROTOR MAPPING

Here we present the primary calculational tool allowing the derivation of analytical results of the present text, the rotor mapping. This has been introduced for spin1 in [7] and expanded upon in [8]. The latter reference also includes a brief discussion of the mapping for spin-2 systems in the absence of external fields. In this section we review the key points of the mapping in general and extend it to include an external potential for the spin-2 case. In subsection IV A we first comment on the natural basis of the spin-2 representation for use with the
mapping and state the form of the spin matrices in it. In subsection IV B we briefly review the main steps of the mapping and derive the rotor Hamiltonian for our system. We comment on its properties in different regions of the parameter space, particularly Hermiticity. Subsection IV C outlines the process of exactly Hermitianizing the Hamiltonian in the special case when $g_{1}=0$, demonstrating the equivalence of two Hermitian Hamiltonians, the many-body Hamiltonian (6) and that of a single particle on the 4 -sphere in a specific potential. This subsection also introduces some of the methods employed in later sections to make approximate low-energy Hamiltonians Hermitian.

## A. Cartesian basis

While the canonical spin-2 matrices are complex and Hermitian, there exists a basis in which they are completely imaginary and antisymmetric. This allows one to map the original spin operators onto linear combinations of generalized angular momentum operators, significantly simplifying the analysis. The underlying reason for this is that bosonic representations of the spin group $\mathrm{SU}(2)$ can also be thought of as representations of the real group of rotations $\mathrm{SO}(3)$.

There is a simple heuristic method of finding such a basis, based on transforming from standard complex spherical harmonics to real ones. We state results in terms of annihilation operators rather than the underlying single-particle basis. Using the phase convention $Y_{l}^{-m}(\theta, \varphi)=(-1)^{m} Y_{l}^{m}(\theta, \varphi)^{*} \propto \mathrm{e}^{-\mathrm{i} m \varphi}$, one arrives at the Cartesian annihilation operators:

$$
\begin{gather*}
\hat{b}_{1}=\hat{a}_{0} \\
\hat{b}_{2}=\frac{\mathrm{i}}{\sqrt{2}}\left(\hat{a}_{1}+\hat{a}_{-1}\right) \quad \hat{b}_{4}=\frac{\mathrm{i}}{\sqrt{2}}\left(\hat{a}_{-2}-\hat{a}_{2}\right) \\
\hat{b}_{3}=\frac{1}{\sqrt{2}}\left(\hat{a}_{-1}-\hat{a}_{1}\right) \quad \hat{b}_{5}=\frac{1}{\sqrt{2}}\left(\hat{a}_{2}+\hat{a}_{-2}\right) \tag{9}
\end{gather*}
$$

Gathering these into $\hat{\boldsymbol{b}}=\left(\hat{b}_{1}, \ldots, \hat{b}_{5}\right)^{T}$ we may neatly express parts of Hamiltonian (6) in terms of the $\hat{b}$-operators. The singlet operator becomes simply $\hat{\mathcal{A}}=\hat{\boldsymbol{b}} \cdot \hat{\boldsymbol{b}}$. The spin and quadratic Zeeman operators become $\hat{F}^{i}=\hat{\boldsymbol{b}}^{\dagger} M^{i} \hat{\boldsymbol{b}}$ and $\hat{Z}=\hat{\boldsymbol{b}}^{\dagger}\left(M^{z}\right)^{2} \hat{\boldsymbol{b}}$, where the $M^{i}$ are the pure imaginary antisymmetric spin matrices expressed in the new single-particle basis.

To state their forms concisely, let us introduce a family of simple antisymmetric matrices. Let $S_{i j}^{(-)}$be the 5 -by5 matrix with 1 in the $i$-th row and $j$-th column, -1 in the $j$-th row and $i$-th column, and 0 elsewhere. That is,
$\left(S_{i j}^{(-)}\right)_{\alpha \beta}=\delta_{i \alpha} \delta_{j \beta}-\delta_{i \beta} \delta_{j \alpha}$. The $M^{i}$ are then:

$$
\begin{align*}
& M^{x}=-\mathrm{i}\left(\sqrt{3} S_{12}^{(-)}-S_{25}^{(-)}+S_{34}^{(-)}\right) \\
& M^{y}=-\mathrm{i}\left(\sqrt{3} S_{13}^{(-)}+S_{24}^{(-)}+S_{35}^{(-)}\right) \\
& M^{z}=-\mathrm{i}\left(S_{23}^{(-)}+2 S_{45}^{(-)}\right) \tag{10}
\end{align*}
$$

For convenience also denote $Q \equiv\left(M^{z}\right)^{2}=$ $\operatorname{diag}(0,1,1,4,4)$.

## B. The rotor Hamiltonian

Next we construct the overcomplete basis 45]

$$
\begin{equation*}
|\boldsymbol{\Omega}\rangle=\frac{1}{\sqrt{N!}}\left(\boldsymbol{\Omega} \cdot \hat{\boldsymbol{b}}^{\dagger}\right)^{N}|0\rangle \tag{11}
\end{equation*}
$$

where $\boldsymbol{\Omega}$ is a norm-1 5 -component real vector, i.e., belonging to the 4 -sphere $\mathcal{S}^{4}$.

It turns out that the elements of basis 11) are exactly the spatial rotations of nematic mean-field states, characterized by the order parameter in Eq. (5). More precisely, each distinct mean-field state with an order parameter of the form $R(g) \chi_{\mathrm{n}}(\eta)$ (where $g \in \mathrm{SO}(3)$ ranges over all rotations, $R(g)$ is the matrix corresponding to $g$ in the 5 -dimensional representation, and $\chi_{\mathrm{n}}(\eta)$ are the 5 -component order parameters of Eq. (5)), can be expressed in the form of Eq. 11) with $\boldsymbol{\Omega}$ belonging to exactly one pair of diametrically opposite points on the 4-sphere.

Due to the overcompleteness of the basis, any state $|\Psi\rangle$ can be expressed as $|\Psi\rangle=\int_{\mathcal{S}^{4}} \mathrm{~d}^{4} \Omega \psi(\boldsymbol{\Omega})|\boldsymbol{\Omega}\rangle$. For any particle-conserving Hamiltonian $\hat{H}$ it is also possible to find an operator $\mathcal{H}$, interpreted as a new Hamiltonian acting on $\psi(\boldsymbol{\Omega})$, such that $\hat{H}|\Psi\rangle=\int_{\mathcal{S}^{4}} \mathrm{~d}^{4} \Omega(\mathcal{H} \psi)(\boldsymbol{\Omega})|\boldsymbol{\Omega}\rangle$ is exact. The mapping consists of letting

$$
\begin{equation*}
\hat{b}_{i}^{\dagger} \hat{b}_{j} \rightarrow(N+5) \Omega_{i} \Omega_{j}-\Omega_{j} \nabla_{i}-\delta_{i j} \tag{12}
\end{equation*}
$$

as has been derived in [7]. The operator $\boldsymbol{\nabla}$ acts as the gradient on functions defined on the 4 -sphere and yields a vector field, lying in the tangent space to the sphere at each point. If we think of a function $f$ on $\mathcal{S}^{4}$ as a restriction of a function on a broader subset of $\mathbb{R}^{5}$, the action can be expressed as $\nabla f=\frac{\partial f}{\partial \boldsymbol{\Omega}}-\left(\boldsymbol{\Omega} \cdot \frac{\partial f}{\partial \boldsymbol{\Omega}}\right) \boldsymbol{\Omega}$.

Using the rule in Eq. 12 , the norm property $\boldsymbol{\Omega}$. $\boldsymbol{\Omega}=1$ and the intuitive identity $\boldsymbol{\Omega} \cdot \boldsymbol{\nabla}=0$, we find that $\hat{\boldsymbol{b}}^{\dagger} S_{i j}^{(-)} \hat{\boldsymbol{b}} \rightarrow \boldsymbol{\Omega}^{T} S_{i j}^{(-)} \boldsymbol{\nabla}=-\mathrm{i} L_{i j}$ where $L_{i j}=$ $-\mathrm{i}\left(\Omega_{i} \nabla_{j}-\Omega_{j} \nabla_{i}\right)$ is the 5 -dimensional generalization of angular momentum. This in turn implies $\hat{\boldsymbol{b}}^{\dagger} M^{i} \hat{\boldsymbol{b}} \rightarrow$ $\boldsymbol{\Omega}^{T} M^{i} \boldsymbol{\nabla}$. We also find $\hat{A}^{\dagger} \hat{A} \rightarrow \nabla^{2}+\left(N^{2}+3 N\right)$. Putting this all together and dropping constant terms yields

$$
\begin{align*}
\mathcal{H} & =\frac{g_{2}}{2 N} \nabla^{2}+\frac{g_{1}}{2 N} \Omega_{\alpha} M_{\alpha \beta}^{i} \nabla_{\beta} \Omega_{\gamma} M_{\gamma \delta}^{i} \nabla_{\delta} \\
& +q(N+5) \boldsymbol{\Omega}^{T} Q \boldsymbol{\Omega}-q \boldsymbol{\Omega}^{T} Q \boldsymbol{\nabla} \tag{13}
\end{align*}
$$

Recall that $Q \equiv\left(M^{z}\right)^{2}$. To discuss individual parts of the Hamiltonian we will also refer to the operator multiplying $\frac{g_{1}}{2 N}$ as $\boldsymbol{M}^{2}$.

When $q=0$, the resulting Hamiltonian is Hermitian, with the ground state uniformly delocalized about the 4 -sphere, which corresponds, loosely speaking, to a condensate of singlet pairs in accord with previous results [5, 17]. It is interesting to comment on this result in light of the recent publication by Jen and Yip 46] who pointed out that even though naïve averaging of nematic states over rotations in all of $\mathrm{SO}(3)$ produces the correct groundstates for confined antiferromagnetic spin-1 bosons, extending this to spin-2 does not work, as the singlet is no longer unique in this case. The rotor mapping demonstrates that the correct state can in fact be obtained by averaging over the associated 4 -sphere.

In the general case, the obtained Hamiltonian is not Hermitian. When $g_{1}=0$ or when $N|q| \gg\left|g_{1,2}\right|$ a similarity transform may be enacted which renders the transformed Hamiltonian Hermitian and which depends only on the position operators $\Omega_{i}$. This is the topic of the next sections. A Hermitianizing similarity transform has also been identified for the general case, but it is rather different from the one considered in this article, as it is a complicated function of the Laplacian operator. It is not at present clear whether that approach leads to similar calculational simplifications as obtained in this article and its investigation is deferred to a future publication.

For completeness, and since we shall not be using the result further, we derive in the following brief subsection the form of the Hermitianized Hamiltonian for the special case $g_{1}=0$.

## C. Hermitianizing transform at $g_{1}=0$

In this special case the Hamiltonian $\mathcal{H}$ of Eq. (13) simplifies considerably as $\boldsymbol{M}^{2}$, arguably the most complicated term, is not present. We assume the correct similarity transform is of the form $\mathrm{e}^{S}$ where $S=S(\boldsymbol{\Omega})$ is a function of only the position operators. We seek $S$ such that $\mathcal{H}_{0}^{H} \equiv \mathrm{e}^{-S} \mathcal{H} \mathrm{e}^{S}$ is Hermitian. The $\boldsymbol{\Omega}^{T} Q \boldsymbol{\Omega}$ term Eq. (13) is invariant under this transformation. The Laplacian transforms as $\mathrm{e}^{-S} \nabla^{2} \mathrm{e}^{S}=\nabla^{2}+\left(\nabla^{2} S\right)+$ $|\nabla S|^{2}+2(\boldsymbol{\nabla} S)^{T} \boldsymbol{\nabla}$ and the final non-Hermitian term of Eq. 13. picks up a Hermitian $-q \boldsymbol{\Omega}^{T} Q(\nabla S)$ term. Gathering the evidently non-Hermitian terms and demanding that their sum be zero yields the condition

$$
\begin{equation*}
\left(\frac{g_{2}}{N}(\boldsymbol{\nabla} S)^{T}-q \boldsymbol{\Omega}^{T} Q\right) \boldsymbol{\nabla}=0 \tag{14}
\end{equation*}
$$

While one could make progress by formally solving a differential equation for $S$ on the 4 -sphere derived from the above, we avoid the tedious aspects of doing so by positing that $S=\boldsymbol{\Omega}^{T} X \boldsymbol{\Omega}$ for some matrix $X$. Inserting the ansatz into condition (14) and recalling that $\boldsymbol{\Omega} \cdot \boldsymbol{\nabla}=0$, we see that $X=\frac{q N}{2 g_{2}} Q$ indeed satisfies the condition. By defining $\rho_{a} \equiv \sqrt{\Omega_{2}^{2}+\Omega_{3}^{2}}$ and $\rho_{b} \equiv \sqrt{\Omega_{4}^{2}+\Omega_{5}^{2}}$ this may
be put into simple terms as $S=\frac{q N}{2 g_{2}}\left(\rho_{a}^{2}+4 \rho_{b}^{2}\right)$. After expanding out $S$ in the remaining terms added by the transformation, the final Hamiltonian is found to be

$$
\begin{align*}
& \mathcal{H}_{0}^{H}=\frac{g_{2}}{2 N} \nabla^{2}+q\left(N+\frac{5}{2}-\frac{q N}{2 g_{2}}\right) \rho_{a}^{2} \\
& +4 q\left(N+\frac{5}{2}-\frac{2 q N}{g_{2}}\right) \rho_{b}^{2}+\frac{q^{2} N}{2 g_{2}}\left(\rho_{a}^{2}+4 \rho_{b}^{2}\right)^{2} \tag{15}
\end{align*}
$$

## V. LARGE $N|q|$ LIMITS

## A. Large positive $N q$ regime

For large positive $N q$ the dominant $q \hat{Z}=q \hat{a}_{\alpha}^{\dagger}\left(F^{z}\right)_{\alpha \beta}^{2} \hat{a}_{\beta}$ term in Hamiltonian (6) is minimized for the state $a_{0}^{\dagger N}|0\rangle=b_{1}^{\dagger N}|0\rangle=\frac{1}{2} \int_{\mathcal{S}^{4}} \mathrm{~d}^{4} \Omega \prod_{i=2}^{5} \delta\left(\Omega_{i}\right)|\boldsymbol{\Omega}\rangle$, suggesting [47] that the low-lying exact eigenstates are tightly localized about the $\Omega_{1}= \pm 1$ poles. As shown in [8 the wave function has to have parity $(-1)^{N}$, so we may restrict our attention to the region about one of the poles and infer the wave function's behaviour about the other by symmetry. We choose to expand about the $\Omega_{1}=+1$ pole, motivating the reparameterization

$$
\begin{equation*}
\boldsymbol{\Omega}=\left(\sqrt{1-\boldsymbol{x}^{2}}, \boldsymbol{x}\right)^{T} \tag{16}
\end{equation*}
$$

We take the indices of $\boldsymbol{x}$ to run from 2 to 5 to avoid excessive arithmetic in subscripts. Next assume that lowlying states are of the form

$$
\begin{equation*}
\psi_{n}(\boldsymbol{x})=h_{n}(\boldsymbol{x}) \mathrm{e}^{-\frac{N}{2} \boldsymbol{x}^{T} \Gamma \boldsymbol{x}} \tag{17}
\end{equation*}
$$

where $n$ is a generic (multi)index label, $\Gamma=$ $\operatorname{diag}\left(\gamma_{2}, \ldots, \gamma_{5}\right)$ is some diagonal matrix and $h_{n}$ are some residual functions of sub-exponential growth such as Hermite polynomials. The overall factor of $N$ was extracted for later convenience. The diagonal elements of $N \Gamma$ can be interpreted as inverse squared oscillator lengths $\xi_{i 0}$ for the $i$-th direction, i.e. $N \gamma_{i}=\xi_{i 0}^{-2}$. Our assumption of tight localization amounts to the condition $\xi_{i 0} \ll 1$, which has to be checked for consistency at the end of the calculation. Since $\left\langle x_{i}^{n} \partial_{j}^{m}\right\rangle \lesssim \xi_{i 0}^{n} / \xi_{j 0}^{m}$ [48], this allows us to simplify the Hamiltonian (13) by keeping only the lowest $\xi_{i 0}$ terms multiplied by each of $\frac{g_{1,2}}{N}, q$, and $N q$.

The goal now is to express Hamiltonian (13) in terms of $x_{i}$ and $\partial_{i} \equiv \frac{\partial}{\partial x_{i}}$. The former follows from the coordinate definitions in Eq. 16 while the latter follows from computing $\nabla_{\alpha}=\hat{\mathbf{x}}_{\alpha} \cdot \nabla$ where $\hat{\mathbf{x}}_{\alpha}$ is a unit vector and $\nabla$ is the gradient operator expressed in terms of the new coordinate system. This leads to

$$
\begin{align*}
& \nabla_{1}=-\sqrt{1-\boldsymbol{x}^{2}} \boldsymbol{x} \cdot \boldsymbol{\partial} \\
& \nabla_{i}=\partial_{i}-x_{i} \boldsymbol{x} \cdot \boldsymbol{\partial} \quad \text { for } i>1 \tag{18}
\end{align*}
$$

Carrying out the necessary index algebra and truncating at the lowest order $\xi_{i 0}$ terms yields the simple expressions

$$
\begin{align*}
\nabla^{2} & \simeq \boldsymbol{\partial} \cdot \boldsymbol{\partial} & \boldsymbol{\Omega}^{T} Q \boldsymbol{\Omega} \simeq \boldsymbol{x}^{T} Q^{\prime} \boldsymbol{x} \\
\boldsymbol{M}^{2} \simeq-3\left(\partial_{2}^{2}+\partial_{3}^{2}\right) & & \boldsymbol{\Omega}^{T} Q \boldsymbol{\nabla} \simeq \boldsymbol{x}^{T} Q^{\prime} \boldsymbol{\partial} \tag{19}
\end{align*}
$$

where $Q^{\prime} \equiv \operatorname{diag}(1,1,4,4)$ is $Q$ with the first row and column omitted. Putting this all together and letting $p_{i}=-\mathrm{i} \partial_{i}$, we obtain an approximate Hamiltonian $\mathcal{H}_{+}=$ $\sum_{i=2}^{5} \mathcal{H}_{i}$ where

$$
\begin{equation*}
\mathcal{H}_{i}=\frac{A_{i}}{2 N} p_{i}^{2}+\frac{N B_{i}}{2} x_{i}^{2}-\mathrm{i} C_{i} x_{i} p_{i} \tag{20}
\end{equation*}
$$

where we do not sum over any repeated indices. The various constants in this Hamiltonian are as follows

$$
\begin{align*}
A_{2,3} & =3 g_{1}+\left|g_{2}\right| & A_{4,5} & =\left|g_{2}\right| \\
C_{2,3} & =q & C_{4,5} & =4 q \\
B_{i} & =t_{N} C_{i} & \nu_{i} & \equiv C_{i} / A_{i} \\
t_{N} & \equiv 2+5 / N & & \tag{21}
\end{align*}
$$

where $t_{N}$ and $\nu_{i}$ are introduced for the purpose of later notation. This allows us to treat each direction individually. Following reasoning analogous to that of Sec. IV C and applying the similarity transform $\mathcal{H}_{+}^{H}=\mathrm{e}^{-S} \mathcal{H}_{+} \mathrm{e}^{S}$ with $S=-N \sum_{i} \nu_{i} x_{i}^{2} / 2$ we obtain a Hermitian sum of four independent harmonic oscillator Hamiltonians, i.e., a Hamiltonian of the same form as Eq. 20 but with new constants $A_{i}^{\prime}=A_{i}, B_{i}^{\prime}=B_{i}+C_{i}^{2} / A_{i}$ and $C_{i}^{\prime}=0$.

This allows us to simply read off mode energies and oscillator lengths. They are

$$
\begin{align*}
\Delta E_{i} & =C_{i} \sqrt{1+t_{N} / \nu_{i}} \\
\xi_{i}^{-2} & =N \nu_{i} \sqrt{1+t_{N} / \nu_{i}} \\
N \gamma_{i}=\xi_{i 0}^{-2} & =N \nu_{i}\left(1+\sqrt{1+t_{N} / \nu_{i}}\right) \tag{22}
\end{align*}
$$

where $\xi_{i}$ are the oscillator lengths of the Hermitianized Hamiltonian whereas $\xi_{i 0}$ are those of the original nonHermitian Hamiltonian. The solutions are indeed of the form assumed in Eq. (17). Referring to Eq. (21) allows us to verify that $\xi_{i 0} \ll 1$ and the consistency of our approach when $N q \gg\left|g_{1,2}\right|$.

The obtained mode energies agree very well with the numerically obtained spectrum. As an illustration, the largest relative discrepancy among the 100 lowest analytically and numerically obtained energies at $N=100, g_{1}=$ $\left|g_{2}\right|, q=100\left|g_{2}\right|$ is 1.1 percent. The accuracy of the oscillator lengths, and the wave function in general, is discussed in Sec. VC

It is interesting to note that the four modes agree exactly with the continuum Bogoliubov mode energies at zero momentum, minus the density mode. [1] We believe this to be a nontrivial result as the number of particles $N$ does not neccessarily have to be large. Nevertheless, the limiting state about which we are expanding is of the mean-field form.

The rotor framework is also capable of describing excitations about fragmented states. This will be demonstrated in the following subsection. As stated previously, such excitations are outside the reach of conventional Bogoliubov analysis.

## B. Large negative $N q$ regime

For large negative values of $N q$, i.e., when $-N q \gg$ $\left|g_{1,2}\right|$, the dominant $q \hat{Z}$ term in Hamiltonian (6) is minimized for the state

$$
\begin{align*}
\left(a_{2}^{\dagger} a_{-2}^{\dagger}\right)^{N / 2}|0\rangle & \propto \int \mathrm{d} \varphi\left(\mathrm{e}^{\mathrm{i} \varphi} a_{2}^{\dagger}+\mathrm{e}^{-\mathrm{i} \varphi} a_{-2}^{\dagger}\right)^{N}|0\rangle(  \tag{23}\\
& \propto \int \mathrm{d} \varphi\left(\cos \varphi b_{4}^{\dagger}+\sin \varphi b_{5}^{\dagger}\right)^{N}|0\rangle \\
& \propto \int \mathrm{d}^{4} \Omega \delta\left(\Omega_{1}\right) \delta\left(\Omega_{2}\right) \delta\left(\Omega_{3}\right)|\boldsymbol{\Omega}\rangle
\end{align*}
$$

Note that line one of the above equation clearly demonstrates that we are working with a fragmented state, with two macroscopically occupied single-particle states for large $N$. As mentioned before, the rotor mapping is of particular utility here.

An appropriate reparameterization in this case is

$$
\begin{array}{rlr}
\Omega_{i} & =x_{i} \quad \text { for } i=1,2,3 \\
\left(\Omega_{4}, \Omega_{5}\right) & =\sqrt{1-\boldsymbol{x}^{2}}(\cos \varphi, \sin \varphi) \tag{24}
\end{array}
$$

where we have reused the label $x$ from the $N q \gg\left|g_{1,2}\right|$ case for three of the coordinates and introduced the angular variable $\varphi$ as the fourth. Further reusing notation from the previous subsection, we assume low-energy states can be written as

$$
\begin{equation*}
\psi_{n}(\boldsymbol{x}, \varphi)=h_{n}(\boldsymbol{x}, \varphi) \mathrm{e}^{-\frac{N}{2} \boldsymbol{x}^{T} \Gamma \boldsymbol{x}} \tag{25}
\end{equation*}
$$

in analogy with Eq. (17) for large positive $N q$. Here $h_{n}$ is of subexponential growth in $|\boldsymbol{x}|$ and periodic in $\varphi$ and $\Gamma=$ $\operatorname{diag}\left(\gamma_{1}, \gamma_{2}, \gamma_{3}\right)$. We again assume the $\xi_{i 0} \equiv\left(N \gamma_{i}\right)^{-1 / 2}$ are small, allowing us to keep only the lowest $\xi_{i 0}$ terms multiplied by each of $\frac{g_{1,2}}{N}, q$ and $N q$. Additionally, we assume that the wave function is not localized in the $\varphi$ direction, so that $\partial_{\varphi} \equiv \frac{\partial}{\partial \varphi}$ is of order 1 , in the sense that its matrix elements with low-lying states are at most of order 1.

Again let $\partial_{i} \equiv \frac{\partial}{\partial x_{i}}$ and define $\boldsymbol{\partial} \equiv\left(\partial_{1}, \partial_{2}, \partial_{3}\right)$, where we note that $\boldsymbol{\partial}$ does not contain $\partial_{\varphi}$. The gradient components are found to be

$$
\begin{align*}
\nabla_{i} & =\partial_{i}-x_{i} \boldsymbol{x} \cdot \boldsymbol{\partial} \quad \text { for } i=1,2,3 \\
\nabla_{4} & =-\sqrt{1-\boldsymbol{x}^{2}} \cos \varphi \boldsymbol{x} \cdot \boldsymbol{\partial}-\frac{\sin \varphi}{\sqrt{1-\boldsymbol{x}^{2}}} \partial_{\varphi} \\
\nabla_{5} & =-\sqrt{1-\boldsymbol{x}^{2}} \sin \varphi \boldsymbol{x} \cdot \boldsymbol{\partial}+\frac{\cos \varphi}{\sqrt{1-\boldsymbol{x}^{2}}} \partial_{\varphi} \tag{26}
\end{align*}
$$

Expressing components of Hamiltonian (13) in terms of $\boldsymbol{x}, \varphi$ and their partial derivatives and truncating higher order $\xi_{i 0}$ terms yields

$$
\begin{array}{rlrl}
\nabla^{2} & \simeq \boldsymbol{\partial} \cdot \boldsymbol{\partial} & & \boldsymbol{\Omega}^{T} Q \boldsymbol{\Omega} \simeq-\boldsymbol{x}^{T} Q^{\prime \prime} \boldsymbol{x} \\
\boldsymbol{M}^{2} \simeq-\partial_{2}^{2}-\partial_{3}^{2} & & \boldsymbol{\Omega}^{T} Q \boldsymbol{\nabla} \simeq-\boldsymbol{x}^{T} Q^{\prime \prime} \boldsymbol{\partial} \tag{27}
\end{array}
$$

where $Q^{\prime \prime}=\operatorname{diag}(4,3,3)$ is $(4 \mathbb{1}-Q)$ with the last two columns and rows omitted. This leads to $\mathcal{H}_{-}=\sum_{i=1}^{3} \mathcal{H}_{i}$
with $\mathcal{H}_{i}$ of the same form as in Eq. (20) and the relevant constants defined as:

$$
\begin{align*}
A_{1} & =\left|g_{2}\right| & A_{2,3} & =\left(g_{1}+\left|g_{2}\right|\right) \\
C_{1} & =4|q| & C_{2,3} & =3|q| \\
B_{i} & =t_{N} C_{i} & \nu_{i} & \equiv C_{i} / A_{i} \tag{28}
\end{align*}
$$

with $t_{N}$ as in Eq. 21. The rest of the calculation proceeds as in the previous section, again leading to Eq. (22) for $i=1,2,3$, evaluated with the above constants, and a validation of our assumptions of localized states.

Again, the mode energies are in excellent agreement with the numerics, with the largest relative discrepancy among the first 100 lowest energies at $N=100, g_{1}=$ $\left|g_{2}\right|, q=-100\left|g_{2}\right|$ equal to 0.16 percent.

## C. Wave function overlaps

Besides facilitating the analytical derivation of excitation energies, the rotor mapping also yields insightful information on the wave functions themselves. The associated 4 -sphere often provides a more intuitive picture of the wave function than the original second-quantized operator picture.

In this section we investigate the overlap of the ground state wave functions with arbitrary values of $q$ with wave functions in the limit of large $N|q|$. The ground state wave functions will be computed in two ways. In the first approach, we use the rotor mapping while with the second approach we use exact diagonalization for modest numbers of total particles. We label the wave functions with the limiting large- $N|q|$ values as

$$
\begin{aligned}
\left|\psi_{+}^{\infty}\right\rangle & =\frac{1}{\sqrt{N!}}\left(\hat{a}_{0}^{\dagger}\right)^{N}|0\rangle \\
\left|\psi_{-}^{\infty}\right\rangle & =\frac{1}{(N / 2)!}\left(\hat{a}_{2}^{\dagger} \hat{a}_{-2}^{\dagger}\right)^{N}|0\rangle
\end{aligned}
$$

which are appropriate for large positive and large negative $N q$, respectively. The first state has a clear correspondence to the mean-field uniaxial nematic state oriented along the $z$-axis (c.f. Fig. 11). The second fragmented state can be viewed as an equal-weight superposition of all square biaxial nematic states lying in the $x y$ plane, as is evident from Eq. (23). One may also view $\left|\psi_{-}^{\infty}\right\rangle$ as the $F_{z}=0$ component of any of these mean-field ground states. For large positive or negative $N q$, one expects a large overlap of the ground state with $\left|\psi_{+}^{\infty}\right\rangle$ or $\left|\psi_{-}^{\infty}\right\rangle$, respectively. On the other hand, for moderate $N q$, one may ask if any relic of the order-by-disorder phenomenon present in the continuum case, as shown in Fig. 1. remains.

The simplest expressions for the overlaps may be obtained in the regime where $N \gg 1$ and $|q|$ is not much smaller than either $\left|g_{1}\right|$ or $\left|g_{2}\right|$. We restrict our attention to this case in the following. This is slightly more restrictive than the condition of the previous section, namely
$N q \gg\left|g_{1,2}\right|$. For the case when $N q \gg\left|g_{1,2}\right|$, but $N$ is not large compared to unity, the analysis is complicated by the interplay between asymptotic series convergence and the applicability of extending Gaussian integration limits to infinity.

We define the overlap of two possibly unnormalized states $|a\rangle$ and $|b\rangle$ as $(a \mid b) \equiv|\langle a \mid b\rangle| / \sqrt{\langle a \mid a\rangle\langle b \mid b\rangle}$. States are completely determined by their wave function in the overcomplete basis and we follow the convention of labelling states of the original Hamiltonian by the same label as their rotor wave functions. That is

$$
\begin{equation*}
|\psi\rangle \equiv \int_{\mathcal{S}^{4}} \mathrm{~d} \boldsymbol{\Omega} \psi(\boldsymbol{\Omega})|\boldsymbol{\Omega}\rangle \tag{29}
\end{equation*}
$$

We label the ground states as obtained through the rotor mapping by $\left|\psi_{ \pm}^{\mathrm{R}}\right\rangle$. The sign in the subscript indicates whether we expanded Hamiltonian (13) about the large positive- or large negative- $N q$ limiting state. We label the numerically obtained ground states by $\left|\psi^{\mathrm{N}}\right\rangle$.

While the overcompleteness of the basis did not manifest itself significantly in calculating the spectrum, it does affect calculations involving the eigenfunctions. As is simple to verify from the definition of $|\boldsymbol{\Omega}\rangle$ states, $\left\langle\boldsymbol{\Omega}_{1} \mid \boldsymbol{\Omega}_{2}\right\rangle=\left(\boldsymbol{\Omega}_{\mathbf{1}} \cdot \boldsymbol{\Omega}_{\mathbf{2}}\right)^{N}$. In the thermodynamic limit, one can express this inner product in terms of delta functions on the four-sphere. However, for finite $N$, overlaps must be computed by means of double integrals over the 4 sphere:

$$
\begin{equation*}
\left\langle\psi_{a} \mid \psi_{b}\right\rangle=\int_{\mathcal{S}^{4}} \mathrm{~d} \boldsymbol{\Omega}_{1} \int_{\mathcal{S}^{4}} \mathrm{~d} \boldsymbol{\Omega}_{2} \psi_{a}^{*}\left(\boldsymbol{\Omega}_{1}\right) \psi_{b}\left(\boldsymbol{\Omega}_{2}\right)\left(\boldsymbol{\Omega}_{1} \cdot \boldsymbol{\Omega}_{2}\right)^{N} \tag{30}
\end{equation*}
$$

## 1. The case of positive $q$

Here we reuse the $\boldsymbol{x}$ coordinates of $\operatorname{Sec} . \mathrm{VA}$ as defined in Eq. 16). We integrate over only half of the 4 -sphere, as this is less cluttered by trivial (anti)symmetrizations. The relevant wave functions in the rotor picture (29) are $\psi_{+}^{\infty}(\boldsymbol{x})=\delta^{(4)}(\boldsymbol{x})$ and $\psi_{+}^{\mathrm{R}}(\boldsymbol{x})$. The latter is of the form of Eq. 17 with $h_{n}$ equal to 1, i.e., $\psi_{+}^{\mathrm{R}}(\boldsymbol{x})=$ $\exp \left(-\frac{N}{2} \boldsymbol{x}^{T} \Gamma \boldsymbol{x}\right)$, with $\Gamma=\operatorname{diag}\left(\gamma_{2}, \gamma_{3}, \gamma_{4}, \gamma_{5}\right)$ and $\gamma_{i}$ as expressed in Eq. 22), evaluated with the values given by Eq. (21).

In the new coordinates we have $\mathrm{d} \boldsymbol{\Omega}=\mathrm{d} \boldsymbol{x} / \sqrt{1-\boldsymbol{x}^{2}}$ and the dot product between vectors on the four sphere is expressed as $\boldsymbol{\Omega}_{1} \cdot \boldsymbol{\Omega}_{2}=\sqrt{\left(1-\boldsymbol{x}_{1}^{2}\right)\left(1-\boldsymbol{x}_{2}^{2}\right)+\boldsymbol{x}_{1} \cdot \boldsymbol{x}_{2}}$. Assuming tight localization about $\boldsymbol{x}=0$, the main contribution to the integral will come from that region and we may extend the boundary of integration from $|\boldsymbol{x}|=1$ to $|\boldsymbol{x}| \rightarrow \infty$. The denominator of the new integration measure varies relatively slowly, so we may set it to its value at $\boldsymbol{x}=0$.

Due to the simplicity of $\psi_{+}^{\infty}$, a straightforward calcu-


FIG. 2. a) Comparison of numerically and analytically obtained overlaps, $\left(\psi_{ \pm}^{\infty} \mid \psi^{\mathrm{N}}\right)$ and $\left(\psi_{ \pm}^{\infty} \mid \psi_{ \pm}^{\mathrm{R}}\right)$, represented by solid and dashed lines in the plot, respectively, where $\psi_{ \pm}^{\infty}$ denote the limiting states. For large $|q| /\left|g_{2}\right|$ both tend to one or zero. Inset b) demonstrates that $|q| \Delta_{ \pm}$, where $\Delta_{ \pm}$is defined under Eq. (35), tends to zero with increasing $|q|$, implying that our analytical and numerical expressions agree to at least first order in asymptotic expansion.
lation gives

$$
\begin{align*}
\left\langle\psi_{+}^{\infty} \mid \psi_{+}^{\infty}\right\rangle & =1  \tag{31}\\
\left\langle\psi_{+}^{\infty} \mid \psi_{+}^{\mathrm{R}}\right\rangle & =\int_{\mathbb{R}^{4}} \mathrm{~d} \boldsymbol{x}\left(1-\boldsymbol{x}^{2}\right)^{\frac{N}{2}} \mathrm{e}^{-\frac{N}{2} \boldsymbol{x}^{T} \Gamma \boldsymbol{x}} \\
& \simeq \int_{\mathbb{R}^{4}} \mathrm{~d} \boldsymbol{x} \mathrm{e}^{-\frac{N}{2} \boldsymbol{x}^{T}(\Gamma+\mathbb{1}) \boldsymbol{x}} \\
& =\prod_{i=2}^{5} \sqrt{\frac{2 \pi}{N\left(\gamma_{i}+1\right)}} . \tag{32}
\end{align*}
$$

On the third line we approximated $1-\boldsymbol{x}^{2} \simeq \mathrm{e}^{-\boldsymbol{x}^{2}}$, permissible on account of tight localization.

Evaluation of $\left\langle\psi_{+}^{\mathrm{R}} \mid \psi_{+}^{\mathrm{R}}\right\rangle$ involves the approximation (valid due to the localized wave functions) $\boldsymbol{\Omega}_{1} \cdot \boldsymbol{\Omega}_{\mathbf{2}}=$ $\sqrt{\left(1-\boldsymbol{x}_{1}^{2}\right)\left(1-\boldsymbol{x}_{2}^{2}\right)}+\boldsymbol{x}_{1} \cdot \boldsymbol{x}_{2} \simeq 1-\frac{\boldsymbol{x}_{1}^{2}}{2}-\frac{\boldsymbol{x}_{2}^{2}}{2}+\boldsymbol{x}_{1} \cdot \boldsymbol{x}_{2}=$ $1-\frac{1}{2}\left(\boldsymbol{x}_{1}-\boldsymbol{x}_{2}\right)^{2}=1-\boldsymbol{y}_{2}^{2} \simeq \mathrm{e}^{-\boldsymbol{y}_{2}^{2}}$ where we introduced new integration variables $\boldsymbol{y}_{1,2} \equiv\left(\boldsymbol{x}_{1} \pm \boldsymbol{x}_{2}\right) / \sqrt{2}$. With these variables and the above approximation, the integrand becomes exp $\left[-\frac{N}{2}\left(\boldsymbol{y}_{1}^{T} \Gamma \boldsymbol{y}_{1}+\boldsymbol{y}_{2}^{T}(\Gamma+2 \mathbb{1}) \boldsymbol{y}_{2}\right)\right]$, leading to $\left\langle\psi_{+}^{\mathrm{R}} \mid \psi_{+}^{\mathrm{R}}\right\rangle=\prod_{i=2}^{5} \frac{2 \pi}{N}\left[\gamma_{i}\left(\gamma_{i}+2\right)\right]^{-1 / 2}$.

Combining the results of the previous paragraph and Eq. (32), we find that the total overlap $\left(\psi_{+}^{\infty} \mid \psi_{+}^{\mathrm{R}}\right)$ can be expressed as a product of contributions from individual $x_{i}$-directions and that the $i$-th direction contributes a factor of $\left[\frac{\gamma_{i}\left(\gamma_{i}+2\right)}{\left(\gamma_{i}+1\right)^{2}}\right]^{1 / 4}$. This prompts us to define

$$
\begin{equation*}
u_{i}^{2} \equiv \frac{\left(\gamma_{i}+1\right)^{2}}{\gamma_{i}\left(\gamma_{i}+2\right)}=\frac{1}{2}\left(1+\frac{\nu_{i}+1}{\sqrt{\nu_{i}\left(\nu_{i}+2\right)}}\right) \tag{33}
\end{equation*}
$$

where the rightmost expression was derived by expanding $\gamma_{i}$ in terms of $\nu_{i}$ as in Eq. (22) and letting $t_{N} \equiv 2+5 / N \simeq$ 2. The $\nu_{i}$ are defined in Eq. (21) and are summarized here for convenience:

$$
\begin{equation*}
\nu_{a} \equiv \nu_{2,3}=\frac{q}{3 g_{1}+\left|g_{2}\right|} \quad \nu_{b} \equiv \nu_{4,5}=\frac{4 q}{\left|g_{2}\right|} \tag{34}
\end{equation*}
$$

Since each direction contributes a factor of $u_{i}^{-1 / 2}$, the total overlap is

$$
\begin{equation*}
\left(\psi_{+}^{\infty} \mid \psi_{+}^{\mathrm{R}}\right)=u_{a}^{-1} u_{b}^{-1} \tag{35}
\end{equation*}
$$

The overlap $\left(\psi_{+}^{\infty} \mid \psi_{+}^{\mathrm{R}}\right)$ is plotted in the main panel of Fig. 2 for $N=200$ particles and $g_{1}=\left|g_{2}\right|$. For comparison, we have used exact diagonalization to determine the the wave function $\left|\psi^{N}\right\rangle$ and the overlaps $\left(\psi_{ \pm}^{\infty} \mid \psi^{N}\right)$ for the same parameter ranges. As is expected, for large positive $q$ both the analytical and numerical overlap expressions approach unity for large $|q|$. To show that the two agree in more than just this obvious large- $q$ limit, we consider their asymptotic expansions. Let $f_{ \pm}=\left(\psi_{ \pm}^{\infty} \mid \psi_{ \pm}^{R}\right)=$ $1+\sum_{n=1}^{\infty} a_{n} q^{-n}$ and $g_{ \pm}=\left(\psi_{ \pm}^{\infty} \mid \psi^{N}\right)=1+\sum_{n=1}^{\infty} b_{n} q^{-n}$. Define $\Delta_{ \pm} \equiv\left|f_{ \pm}-g_{ \pm}\right|=\left|\sum_{n=1}^{\infty}\left(a_{n}-b_{n}\right) q^{-n}\right|$. In the inset of Fig. 2 we show that $q \Delta_{+}$tends to zero with increasing $q$, implying that our analytical expressions agree with the numerics to at least the first order in the asymptotic expansion.

## 2. The case of negative $q$

For this subsection, we reuse the $\boldsymbol{x}$ and $\varphi$ coordinates of Sec. (VB) defined in Eq. 24). The limiting large and negative $q$ rotor wave function is $\psi_{-}^{\infty}(\boldsymbol{x}, \varphi)=$ $\delta^{(3)}(\boldsymbol{x})$. The finite- $q$ ground-state as obtained in section VB is $\psi_{-}^{\mathrm{R}}(\boldsymbol{x}, \varphi)=\exp \left(-\frac{N}{2} \boldsymbol{x}^{T} \Gamma \boldsymbol{x}\right)$, with the matrix $\Gamma=\operatorname{diag}\left(\gamma_{1}, \gamma_{2}, \gamma_{3}\right)$ as defined underneath Eq. 25) and the $\gamma$ variables as defined in Eq. 22), evaluated at values from Eq. (28).

In the new coordinates, one has $\mathrm{d} \boldsymbol{\Omega}=$ $\mathrm{d} \varphi \mathrm{d} \boldsymbol{x} / \sqrt{1-\boldsymbol{x}^{2}} \simeq \mathrm{~d} \varphi \mathrm{~d} \boldsymbol{x}$, with the last approximation being permissible on account of localization, as in the positive $q$ case. As before we may extend the $\boldsymbol{x}$ integration boundaries to infinity. The range of integration in $\varphi$ is from 0 to $2 \pi$. The dot product between vectors on the four sphere is $\boldsymbol{\Omega}_{1} \cdot \boldsymbol{\Omega}_{2}=\cos \left(\varphi_{1}-\varphi_{2}\right) \sqrt{\left(1-\boldsymbol{x}_{1}^{2}\right)\left(1-\boldsymbol{x}_{2}^{2}\right)}+\boldsymbol{x}_{1} \cdot \boldsymbol{x}_{2}$. Since the considered wave functions do not depend on the $\varphi$ coordinate, we may simplify integration over $\varphi_{1,2}$ by a change of variables. Defining $\varphi \equiv \varphi_{1}-\varphi_{2}$ and, say, $\varphi_{2}^{\prime} \equiv \varphi_{2}$ allows us to immediately perform the now trivial $\varphi_{2}^{\prime}$ integral to obtain

$$
\begin{align*}
\left\langle\psi_{a} \mid \psi_{b}\right\rangle= & 2 \pi \int_{0}^{2 \pi} \mathrm{~d} \varphi \iint_{\mathbb{R}^{3}} \mathrm{~d} \boldsymbol{x}_{1} \mathrm{~d} \boldsymbol{x}_{2} \psi_{a}^{*}\left(\boldsymbol{x}_{1}\right) \psi_{b}\left(\boldsymbol{x}_{2}\right) \times \\
& \left(\cos \varphi \sqrt{\left(1-\boldsymbol{x}_{1}^{2}\right)\left(1-\boldsymbol{x}_{2}^{2}\right)}+\boldsymbol{x}_{1} \cdot \boldsymbol{x}_{2}\right)^{N} \tag{36}
\end{align*}
$$

where $\psi_{a, b}$ are any wave functions that do not depend on the $\varphi$ variable, such as $\psi_{-}^{\infty}$ or $\psi_{-}^{\mathrm{R}}$. Using this expression and approximations analogous to those of Eq. (32) the simpler integrals are found to be:

$$
\begin{align*}
\left\langle\psi_{-}^{\infty} \mid \psi_{-}^{\infty}\right\rangle & =2 \pi \int_{0}^{2 \pi} \mathrm{~d} \varphi \cos ^{N} \varphi \equiv \mathcal{N}_{-}  \tag{37}\\
\left\langle\psi_{-}^{\infty} \mid \psi_{-}^{\mathrm{R}}\right\rangle & \simeq \mathcal{N}_{-} \int_{\mathbb{R}^{4}} \mathrm{~d} \boldsymbol{x} \mathrm{e}^{-\frac{N}{2} \boldsymbol{x}^{T}(\Gamma+\mathbb{1}) \boldsymbol{x}} \\
& =\mathcal{N}_{-} \prod_{i=1}^{3} \sqrt{\frac{2 \pi}{N\left(\gamma_{i}+1\right)}} \tag{38}
\end{align*}
$$

To calculate $\left\langle\psi_{-}^{\mathrm{R}} \mid \psi_{-}^{\mathrm{R}}\right\rangle$, consider again the factor $f \equiv$ $\left(\cos \varphi \sqrt{\left(1-\boldsymbol{x}_{1}^{2}\right)\left(1-\boldsymbol{x}_{2}^{2}\right)}+\boldsymbol{x}_{1} \cdot \boldsymbol{x}_{2}\right)^{N}$ of Eq. 36). Due to the large exponent $N$, the significant contributions to the integral will come from regions of maximum $|\cos \varphi|$, that is for $\varphi \sim 0$ or $\pi$. In both regions, we may expand $\cos \varphi$ to quadratic order and extend integration boundaries to infinity, yielding a Gaussian integral in $\delta \varphi \equiv \varphi-\varphi_{0}$ where $\varphi_{0}=0$ or $\pi$. Also expanding the square roots and keeping lowest order terms in $\boldsymbol{x}_{1,2}$ and $\varphi$ yields

$$
\begin{equation*}
f \simeq \exp \left[-\frac{N}{2}\left(\delta \varphi^{2}+2 \boldsymbol{y}_{r}^{2}+\sum_{i=1}^{2} \boldsymbol{y}_{i}^{T} \Gamma \boldsymbol{y}_{i}^{T}\right)\right] \tag{39}
\end{equation*}
$$

where $\boldsymbol{y}_{1,2} \equiv\left(\boldsymbol{x}_{1} \pm \boldsymbol{x}_{2}\right) / \sqrt{2}$ as in the positive- $q$ case. The label $r$ equals 1 for the $\varphi_{0}=\pi$ region and 2 for the $\varphi_{0}=0$ region. The integrals over $\boldsymbol{y}_{1,2}$ are equal in both cases, and twice the $\delta \varphi$ integral is in fact approximately equal to $\mathcal{N}_{-}$of Eq. (38), as can be verified by applying the same approximate treatment of integration over $\varphi$ to $\left\langle\psi_{-}^{\infty} \mid \psi_{-}^{\infty}\right\rangle$. This leads to $\left\langle\psi_{-}^{\mathrm{R}} \mid \psi_{-}^{\mathrm{R}}\right\rangle=$ $\mathcal{N}_{-} \prod_{i=1}^{3} \frac{2 \pi}{N}\left[\gamma_{i}\left(\gamma_{i}+2\right)\right]^{-1 / 2}$.

Combining the above results and expressing everything in terms of $u_{i}$, defined in Eq. 33) and evaluated at

$$
\begin{equation*}
\nu_{c} \equiv \nu_{1}=4\left|\frac{q}{g_{2}}\right| \quad \nu_{d} \equiv \nu_{2,3}=\frac{3|q|}{g_{1}+\left|g_{2}\right|} \tag{40}
\end{equation*}
$$

summarized after Eq. 28, ultimately yields

$$
\begin{equation*}
\left(\psi_{-}^{\infty} \mid \psi_{-}^{\mathrm{R}}\right)=u_{c}^{-\frac{1}{2}} u_{d}^{-1} \tag{41}
\end{equation*}
$$

The main panel of Fig. 2 again demonstrates that both numerical and analytical overlaps tend to 1 with increasing $|q|$ while the inset shows that the convergence agrees to at least the first order in the asymptotic expansion.

## VI. ORDER-BY-DISORDER

One of the most salient features seen in Fig. 2 is the absence of the order-by-disorder phenomenon which is present for the continuum case [18, 19]. We note that while the analytical expressions for the overlaps $\left(\psi_{ \pm}^{\infty} \mid \psi_{ \pm}^{R}\right)$
are valid only for $|q|$ larger than either $\left|g_{1}\right|$ or $\left|g_{2}\right|$, the numerically computed overlaps $\left(\psi_{ \pm}^{\infty} \mid \psi^{N}\right)$ for modest particle number are valid for all $q$. For the case of $g_{1}>0$, one might expect a tendency towards the uniaxial nematic state for small $q$, but this is not exhibited in Fig. 2. Instead, for small $q$, symmetry restoring fluctuations drive the system towards the singlet state which is the true ground state for $q=0$ and finite particle number. Varying $g_{1} /\left|g_{2}\right|$ only affects how quickly the ground state approaches the respective limiting states. This effect is completely smooth in the whole nematic region: the smaller $g_{1} /\left|g_{2}\right|$ is, the faster the ground states approach the limiting mean-field states with increasing $|q| /\left|g_{2}\right|$, without any qualitative change in behavior at $g_{1}=0$.

The lack of the order-by-disorder selection at the quantum / single-mode level can be accounted for by the fact that the quadratic Zeeman potential breaks too much symmetry. Motivated by this, we consider an alternative external potential. Specifically, we consider a potential that replaces

$$
\begin{equation*}
q \hat{Z} \rightarrow \lambda\left(\hat{a}_{1}^{\dagger} \hat{a}_{1}+\hat{a}_{-1}^{\dagger} \hat{a}_{-1}\right) \tag{42}
\end{equation*}
$$

in Hamiltonian (6). Such a potential could be realized with microwave fields. We note that within mean field theory, all nematic states of the form (5) are degenerate under this external potential. Considering the rotor mapping rule in Eq. 12) one can see this propagates through the mapping by changing the last line of Hamiltonian (13) to

$$
\begin{equation*}
\mathcal{H}_{\lambda}=\lambda\left((N+5)\left(\Omega_{2}^{2}+\Omega_{3}^{2}\right)-\Omega_{2} \nabla_{2}-\Omega_{3} \nabla_{3}\right) \tag{43}
\end{equation*}
$$

In the following we will perform an analysis on this model following the rotor mapping of the previous Sections. In the Appendix, an analysis of the analogous continuum problem is discussed.

## A. Rotor treatment

The results of this section are similar to the large- $N|q|$ limit in that, for sufficiently large $\lambda$ and depending on the sign of $g_{1}$, the rotor wave function is localized either about the $\Omega_{1}$ pole or around the $4-5$ equator of the 4 -sphere. However, the localization width scales differently with $N$ than in the quadratic Zeeman case, leading to important qualitative differences. Localization at the pole (equator) also occurs at negative (positive) $g_{1}$, which is in fact the opposite of the effect in the continuum in the absence of an external potential.

For the calculations of this section we introduce a third, more general coordinate system:

$$
\boldsymbol{\Omega}=\left(\begin{array}{c}
\cos \eta \sqrt{1-\boldsymbol{x}^{2}}  \tag{44}\\
x_{1} \cos \varphi-x_{2} \sin \varphi \\
x_{1} \sin \varphi+x_{2} \cos \varphi \\
\sin \eta \cos 2 \varphi \sqrt{1-\boldsymbol{x}^{2}} \\
\sin \eta \sin 2 \varphi \sqrt{1-\boldsymbol{x}^{2}}
\end{array}\right)
$$

This can be put into a more compact form by using rotation matrices. In particular let $R_{\alpha \beta}(\varphi)$ be the matrix which rotates in the $\alpha \beta$ plane by angle $\varphi$. Then the current coordinate system can be written as $\boldsymbol{\Omega}=$ $R_{23}(\varphi) R_{45}(2 \varphi) R_{14}(\eta)\left(\sqrt{1-\boldsymbol{x}^{2}}, x_{1}, x_{2}, 0,0\right)^{T}$. Note that $R_{23}(\varphi) R_{45}(2 \varphi)=\exp \left(-\mathrm{i} \varphi M^{z}\right)$. Recalling that each point of the 4 -sphere is associated with a spatial rotation of a mean-field nematic state, the $\eta$ coordinate is seen to correspond exactly to the $\eta$ parameterizing the accidentally degenerate family of nematic states in Eq. (5), while $\varphi$ and $\boldsymbol{x}$ determine their spatial orientations.

As usual we consider the $\hat{F}_{z}$-nullspace, meaning that our wave functions will be independent of $\varphi$. By further observing factors of $N$ in Hamiltonian (13) expanded in coordinates 44 we can infer that low-lying wave functions are again localized on the scale of order $N^{-1 / 2}$ in the $x$ variables. Assuming that $\eta$ is localized about some $\eta_{0}$ and denoting $\delta \eta \equiv \eta-\eta_{0}$, we may also infer that low-lying states are localized in $\delta \eta$ on a scale of order $N^{-1 / 4}$, subject to some consistency criteria. This allows us to separate the Hamiltonian into two parts, $\hat{\mathcal{H}}_{0}$ of order 1 and $\hat{\mathcal{H}}_{\eta}$ of orders between $N^{-1 / 4}$ to $N^{-3 / 4}$, and we discard terms of higher order in $1 / N$. For compact notation introduce matrices $A(\eta) \equiv\left(1+2 g_{1} /\left|g_{2}\right|\right) \mathbb{1}+B(\eta)$ with $B(\eta)=$ $\frac{g_{1}}{\left|g_{2}\right|} \operatorname{diag}(\cos 2 \eta+\sqrt{3} \sin 2 \eta, \cos 2 \eta-\sqrt{3} \sin 2 \eta)$. Denote $\partial_{i} \equiv \frac{\partial}{\partial x_{i}}$ and $\partial_{\eta} \equiv \frac{\partial}{\partial \eta}=\frac{\partial}{\partial \delta \eta}$. Let $L_{x} \equiv-\mathrm{i}\left(x_{1} \partial_{2}-x_{2} \partial_{1}\right)$ and $T_{1} \equiv x_{1} \partial_{1}+x_{2}^{2} \partial_{1}^{2}-(1 \leftrightarrow 2)$. Then we may write

$$
\begin{align*}
\hat{\mathcal{H}}_{0}= & -\frac{\left|g_{2}\right|}{2 N} A_{i j}\left(\eta_{0}\right) \partial_{i} \partial_{j}+\lambda N \boldsymbol{x}^{2}-\lambda \boldsymbol{x} \cdot \boldsymbol{\partial} \\
\hat{\mathcal{H}}_{\eta}= & -\frac{\left|g_{2}\right|}{2 N}\left[\partial_{\eta}^{2}+\left(\cot \eta-B_{i j}^{\prime}\left(\eta_{0}\right) x_{i} \partial_{j}\right) \partial_{\eta}\right. \\
& +\delta \eta B_{i j}^{\prime}\left(\eta_{0}\right) \partial_{i} \partial_{j}+\frac{1}{2} \delta \eta^{2} B_{i j}^{\prime \prime}\left(\eta_{0}\right) \partial_{i} \partial_{j} \\
& \left.-\frac{\csc ^{2} \eta}{4} L_{x}^{2}\right]+\frac{g_{1}}{2 N} \sqrt{3} \csc \eta T_{1} . \tag{45}
\end{align*}
$$

The last line is of a non-negligible order only when the distance between $\eta_{0}$ and 0 or $\pi$ is of the order of $N^{-1 / 4}$ or less.

Noting that $\hat{\mathcal{H}}_{0}$ does not depend on $\delta \eta$, we may tackle the above with degenerate perturbation theory. First we note that $\hat{\mathcal{H}}_{0}$ may be brought to Hermitian form by applying the similarity transformation $\mathrm{e}^{-S} \hat{\mathcal{H}}_{0} \mathrm{e}^{S}$ where

$$
\begin{equation*}
S=-\frac{N \lambda}{2\left|g_{2}\right|} \boldsymbol{x}^{T} A\left(\eta_{0}\right)^{-1} \boldsymbol{x} \tag{46}
\end{equation*}
$$

The transformed Hamiltonian has the ground state energy

$$
\begin{equation*}
E_{0}\left(\eta_{0}\right)=\lambda\left(1+\frac{1}{2} \operatorname{Tr} \sqrt{\mathbb{1}+\frac{2\left|g_{2}\right|}{\lambda} A\left(\eta_{0}\right)}\right) \tag{47}
\end{equation*}
$$

and ground state eigenfunction

$$
\begin{equation*}
\psi_{0}(\boldsymbol{x})=(2 \pi)^{-\frac{1}{2}} \operatorname{det}^{\frac{1}{4}} C\left(\eta_{0}\right) \exp \left[-\frac{N \lambda}{2\left|g_{2}\right|} \boldsymbol{x}^{T} C\left(\eta_{0}\right) \boldsymbol{x}\right] \tag{48}
\end{equation*}
$$

where $C\left(\eta_{0}\right) \equiv A\left(\eta_{0}\right)^{-1} \sqrt{\mathbb{1}+\frac{2\left|g_{2}\right|}{\lambda} A\left(\eta_{0}\right)}$. We can then project $\mathrm{e}^{-S} \hat{\mathcal{H}}_{\eta} \mathrm{e}^{S}$ into this low-energy subspace to obtain an effective Hamiltonian as

$$
\hat{\mathcal{H}}_{\eta}^{\mathrm{eff}}=\int d \boldsymbol{x} \psi_{0}^{*}(\boldsymbol{x}) \mathrm{e}^{-S} \hat{\mathcal{H}}_{\eta} \mathrm{e}^{S} \psi_{0}(\boldsymbol{x})
$$

Now observe the following expectation value:

$$
\begin{equation*}
M_{i j}\left\langle\partial_{i} \partial_{j}\right\rangle=-N \operatorname{Tr}\left[M\left(\mathbb{1}+\frac{2\left|g_{2}\right|}{\lambda} A\left(\eta_{0}\right)\right)^{-\frac{1}{2}}\right] \tag{49}
\end{equation*}
$$

where $M$ is an arbitrary matrix. Observe that this case covers the coefficients of both the linear and quadratic $\delta \eta$ terms in $\hat{\mathcal{H}}_{\eta}$, Eq. 45], by choosing $M$ to be $-\frac{\left|g_{2}\right|}{2 N} B^{\prime}\left(\eta_{0}\right)$ and $-\frac{\left|g_{2}\right|}{2 N} B^{\prime \prime}\left(\eta_{0}\right)$, respectively. At this point note that should the expectation value of the linear $\delta \eta$ term be of its natural order, order 1, completing the square in $\delta \eta$ would yield another term of order 1, invalidating its placement into $\hat{\mathcal{H}}_{\eta}$ which is supposed to be of higher order in $1 / N$. Note also that the coefficient of the linear $\delta \eta$ term is exactly the derivative of the zeroth-order energy $E_{0}\left(\eta_{0}\right)$ from Eq. 47) with respect to $\eta_{0}$. The above problem is avoided if we expand about a local extremum of $E_{0}\left(\eta_{0}\right)$, eliminating the linear term. For $\hat{\mathcal{H}}_{\eta}^{\text {eff }}$ to be bounded from below, the extremum must be a minimum. Note that we do not get any apparent order inconsistencies if we expand about an $\eta_{0}$ a distance of order $N^{-1 / 4}$ away from the local minimum, but the analysis is vastly simplified when the linear term is exactly zero, particularly for the last line of Eq. (45) when close to $\eta_{0}=0$, so we focus on expansions about zeroth-order energy minima from now on.

For large enough $\lambda$, these occur only at $\eta_{0}=0$ and $\pi / 2$. In both of these cases, $A\left(\eta_{0}\right)$ is proportional to $\mathbb{1}$, so both $\psi_{0}(\boldsymbol{x})$ and $\mathrm{e}^{ \pm S} \psi_{0}(\boldsymbol{x})$ are isotropic in $x_{1}, x_{2}$. As is easy to verify, this makes the expectation values of the last line of Eq. 45 zero, eliminating those terms from $\hat{\mathcal{H}}_{\eta}^{\text {eff }}$. Additionally $B^{\prime}\left(\eta_{0}\right) \propto \operatorname{diag}(1,-1)$ which, combined with isotropy in $\boldsymbol{x}$, leads to $B_{i j}^{\prime}\left(\eta_{0}\right)\left\langle x_{i} \partial_{j}\right\rangle=0$ as well. Finally noting $B\left(0, \frac{\pi}{2}\right)= \pm \frac{g_{1}}{\left|g_{2}\right|} \mathbb{1}$ and $B^{\prime \prime}\left(\eta_{0}\right)=-4 B\left(\eta_{0}\right)$ and evaluating the coefficient of the quadratic $\delta \eta$ term via Eq. 49, we obtain

$$
\begin{align*}
\hat{\mathcal{H}}_{\eta}^{\mathrm{eff}} & =-\frac{\left|g_{2}\right|}{2 N}\left(\partial_{\eta}^{2}+\cot \eta \partial_{\eta}\right)  \tag{50}\\
& \mp 4 g_{1}\left(1+2\left[\left|g_{2}\right|+(2 \pm 1) g_{1}\right] / \lambda\right)^{-\frac{1}{2}} \delta \eta^{2}
\end{align*}
$$

where the upper sign corresponds to the expansion about $\eta_{0}=0$ and the lower sign about $\eta_{0}=\pi / 2$. This immediately implies the ground-state is localized about the pole, $\eta_{0}=0$, for negative $g_{1}$, and the $4-5$ equator, $\eta_{0}=\pi / 2$, for positive $g_{1}$. In the latter case, we may discard the $\cot \eta \partial_{\eta}$ term to obtain a 1-dimensional harmonic oscillator Hamiltonian. Letting $d_{\frac{\pi}{2}} \equiv 1+\frac{2}{\lambda}\left(\left|g_{2}\right|+g_{1}\right)$, we may write the effective mode energy and oscillator length as $\Delta E_{\frac{\pi}{2}}=2 \sqrt{\frac{2\left|g_{2}\right| g_{1}}{N}} d_{\frac{\pi}{2}}^{-1 / 4}$ and $\xi_{\frac{\pi}{2}}=\left(\frac{\left|g_{2}\right|}{8 N g_{1}}\right)^{1 / 4} d_{\frac{\pi}{2}}^{1 / 8}$.


FIG. 3. a) Absolute value of overlaps between the limiting states $\left|\psi_{ \pm}^{\infty}\right\rangle$ and numerically computed ground states with respect to particle number $N$ at $\lambda=10\left|g_{2}\right|$. The solid and dashed lines show the bigger overlaps, with the biaxial state for $g_{1}>0$ and uniaxial for $g_{1}<0$, and correspond to the linear scale on the left $y$-axis. The markers show the smaller overlaps and correspond to the logarithmic scale on the right y-axis. We see that all mean-field overlaps decrease with particle number, in agreement with our analytical findings. b) The numerically computed expectation value of the fraction of particles in the $\hat{F}_{z}=0$ single-particle state with respect to particle number $N$ at $\lambda=10\left|g_{2}\right|$. For compactness, the quantity actually plotted is $\left|\frac{\left\langle\hat{n}_{0}\right\rangle}{N}-\left(\frac{\left\langle\hat{n}_{0}\right\rangle}{N}\right)_{\infty}\right|$ where $\hat{n}_{m}=\hat{a}_{m}^{\dagger} \hat{a}_{m}$, $\langle\cdot\rangle$ denotes the ground-state expectation value and $(\cdot)_{\infty}$ denotes taking the limit of $N \rightarrow \infty .\left(\frac{\left\langle\hat{n}_{0}\right\rangle}{N}\right)_{\infty}$ is predicted analytically and equals 0 for positive $g_{1}$ and 1 for negative $g_{1}$ (see main text). Note that $\left\langle\hat{n}_{0}\right\rangle=N-\left\langle\hat{n}_{2}+\hat{n}_{-2}\right\rangle$ to a very good approximation, with $\left\langle\hat{n}_{1}+\hat{n}_{-1}\right\rangle$ already being negligible for the values of $N$ shown. The differences decrease with $N$, indicating a good agreement with analytical computations. These qualitative features are visible in c) and d) showing relative occupations of individual single-particle magnetic sublevels, labeled by $m$, at $N=200$ for both signs of $g_{1}$. Results shown in c) and d) are obtained through exact diagonalization.

In the former case, when $g_{1}<0$, we may approximate $\cot \eta \simeq \eta^{-1}$, yielding a two-dimensional isotropic harmonic oscillator Hamiltonian with the angular momentum term absent. This may be solved by reintroducing the angular momentum term and then restricting to isotropic, zero-angular-momentum states. Denoting $d_{0} \equiv 1+\frac{2}{\lambda}\left(\left|g_{2}\right|+3 g_{1}\right)$, the effective spectrum equals $E_{0}^{n}=(2 n+1) \Delta E_{0}$ where $n=0,1,2, \ldots$ and $\Delta E_{0}=2 \sqrt{\frac{2\left|g_{2}\right| g_{1}}{N}} d_{0}^{-1 / 4}$, and the oscillator length, or scale
of localization in $\eta$, equals $\xi_{0}=\left(\frac{\left|g_{2}\right|}{8 N g_{1}}\right)^{1 / 4} d_{0}^{1 / 8}$.
In both cases, states are seen to be localized in the $\eta$ direction on the scale of $\xi_{\lambda} \sim N^{-1 / 4}$. It may be verified by integration over the 4 -sphere, akin to the treatment in Sec. VC, that this causes the overlaps with any meanfield state, i.e. a state of the form of Eq. (11), to tend to zero with increasing $N$. While computationally accessible particle numbers are hardly in the large- $N$ regime, the numerical results in Fig. 3 support our analytical conclusions or, for the larger datasets, indicate the correct trend with respect to $N$. Also shown in Fig. 3 are numerical results for the occupation numbers $\left\langle\hat{a}_{n}^{\dagger} \hat{\hat{a}}_{n}\right\rangle$ which verify the anaytical results of this section.

## VII. CONCLUSION

In this work, we have developed and employed the spin-2 rotor mapping formalism to obtain a number of results that have so far proven analytically inaccessible by other means. We have obtained an exact Hermitian Hamiltonian for the special case of $g_{1}=0, g_{2}<0$ in the presence of an arbitrary quadratic Zeeman field, and an approximate Hamiltonian in the $N|q| \gg\left|g_{1,2}\right|$ regime for the entire nematic region. Its spectrum and localization width, the latter in the related $N \gg 1$ regime, were evaluated analytically and found to be in good agreement with numerical results. Notably, for large negative $q$ the ground state tends to a fragmented condensate, the excitations about which cannot be analyzed by means of conventional Bogoliubov theory, but do lend themselves to an analysis within the rotor framework.

Additionally, one finds that no traces remain of the order-by-disorder mechanism, predicted to occur in the related continuum problem. The emergent first-order phase transition at $g_{1}=0$ also seems to be gone and the behaviour is smooth across the entire nematic region. Motivated by this, we considered an alternative potential which leaves the mean-field degeneracy intact, and again applied the rotor methodology. The ground state overlaps with all mean-field states are predicted to approach zero with increasing particle number, indicating we are dealing with a highly non-mean-field state. Its individual magnetic sublevel occupation values are, however, consistent with continuum order-by-disorder results.

The present analysis demonstrates that the rotor mapping may be fruitfully applied to a number of different potentials for the tightly-confined spin-2 problem. Additionally, simple analytical expressions may be obtained in the relevant limits. This makes it a suitable candidate for application to further specialized problems within the context of tightly confined spin-2 condensates. An interesting avenue for further theoretical investigation of the mapping is also the aforementioned Hermitianizing transform that may be applied in more general setups. Preliminary analysis suggests that it is indeed applicable to an arbitrary Hermitian bilinear term in the many-body

Hamiltonian of Eq. (6).

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## Appendix A: Collective modes of continuum Hamiltonian under external field

In this Appendix, we give the collective modes of the continuum Hamiltonian described in Sec. III under the external potential given in Eq. (42). Obtaining the modes involves a straightforward but lengthy Bogoliubov analysis. Assuming we are in the nematic region of the phase diagram, we insert $\hat{\psi}(\mathbf{r})=$ $(\sin (\eta) / \sqrt{2}, 0, \cos (\eta), 0, \sin (\eta) / \sqrt{2})^{T} \sqrt{\bar{\rho}}+\hat{\phi}(\mathbf{r})$, where $\bar{\rho}$ is the constant mean-field density, into the continuum Hamiltonian (with chemical potential) and expand to quadratic order in $\hat{\boldsymbol{\phi}}(\mathbf{r})$. After diagonalizing the resulting Hamiltonian, one finds the mode energies of the usual
form

$$
\begin{equation*}
E_{\mathbf{k}, n}=\sqrt{\xi_{\mathbf{k}, n}\left(\xi_{\mathbf{k}, n}+2 \gamma_{n}\right)} \tag{A1}
\end{equation*}
$$

where the particular parameters for the five modes are

$$
\begin{align*}
\xi_{\mathbf{k}, 1} & =\xi_{\mathbf{k}, 2}=\xi_{\mathbf{k}, 3}=\varepsilon_{\mathbf{k}}  \tag{A2}\\
\xi_{\mathbf{k}, 4} & =\xi_{\mathbf{k}, 5}=\varepsilon_{\mathbf{k}}+\lambda \tag{A3}
\end{align*}
$$

and

$$
\begin{align*}
& \gamma_{1}=-c_{2} \bar{\rho}  \tag{A4}\\
& \gamma_{2}=\left(c_{0}+c_{2}\right) \bar{\rho}  \tag{A5}\\
& \gamma_{3}=\left(4 \sin ^{2}(\eta) c_{1}-c_{2}\right) \bar{\rho}  \tag{A6}\\
& \gamma_{4}=\left(4 \sin ^{2}(\eta+2 \pi / 3) c_{1}-c_{2}\right) \bar{\rho}  \tag{A7}\\
& \gamma_{5}=\left(4 \sin ^{2}(\eta-2 \pi / 3) c_{1}-c_{2}\right) \bar{\rho} \tag{A8}
\end{align*}
$$

Here, $\varepsilon_{\mathbf{k}}=\frac{k^{2}}{2 m}$ is the free particle dispersion. We next turn to an analysis of the zero-point energy due to these modes, namely $\Delta E=\frac{1}{2} \sum_{\mathbf{k}, n}\left(E_{\mathbf{k}, n}-\left.E_{\mathbf{k}, n}\right|_{\eta=0}\right)$ where $\left.E_{\mathbf{k}, n}\right|_{\eta=0}$ is subtracted to regularize the summation. It is found that, for sufficiently large $\lambda>0$, the biaxial nematic state is selected when $g_{1}>0$ while the uniaxial nematic state is selected when $g_{1}<0$. This is consistent with the rotor treatment in the main text.
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[48] Due to wave function parity such expectation values may be much less or even vanish, but the stated quantity is the upper limit on their order of magnitude.

