# **1 Effect of ultrasound on adherent microbubble contrast agents.**

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7	Short title: Adherent Microbubbles under Ultrasound
8	PACS:
9	87.63.D- Ultrasonography
10	47.55.dd Bubble dynamics
11	43.80.Qf Medical diagnosis with acoustics (in PACS, see also 87.63.D-)
12	43.80.Cs Acoustical characteristics of biological media: molecular species, cellular level tissues
13	

#### 14 Abstract

15 An investigation into the effect of clinical ultrasound exposure on adherent microbubbles is described. A flow phantom was constructed in which targeted microbubbles were attached using biotin-streptavidin 16 linkages. Microbubbles were insonated by broadband imaging pulses (centred at 2.25MHz) over a range 17 of pressures (Peak negative pressure (PNP)= 60kPa ~ 375kPa). Individual adherent bubbles were 18 19 observed optically and classified as either being isolated or with a single neighbouring bubble. It is found 20 that bubble detachment and deflation are two significant effects, even during low amplitude ultrasound exposure. Specifically, while at very low acoustic pressure (PNP < 75kPa) 95% were not affected, at 21 22 medium pressure (151kPa < P < 225kPa) 53% of bubbles detached and at higher pressures (301kPa < P < 200 kPa) < 100 kPa < 1375kPa) 96% of the bubbles detached. In addition, more than 50% of bubbles underwent deflation at 23 pressures between 301kPa and 375kPa. At pressures between 226kPa and 300kPa more adherent bubbles 24 25 detached when there was a neighbouring bubble, suggesting the role of multiple scattering and secondary 26 Bjerknes force on bubble detachment. The flow shear, primary, and secondary Bjerknes forces exerted on 27 each bubble were calculated and compared to the estimated forces acting on the bubble due to 28 oscillations. The oscillation force is shown to be much higher than other forces. The mechanisms of 29 bubble detachment are discussed.

30

#### 31 1. Introduction

While a typical ultrasound contrast agent consists of a gas bubble protected from diffusion by an 32 encapsulating shell, targeted contrast agents add extra functionality through incorporation of binding 33 ligands. This allows the agent to specifically bind to receptors in the body, giving them applications in 34 both molecular imaging (Dayton and Ferrara, 2002, Lindner, 2004) and targeted drug delivery through 35 36 sonoporation, when the contrast agent is combined with a drug (Unger et al., 2003). Examples of studies 37 performed using targeted microbubbles include binding to P-Selectin, VCAM-1, VEGFR to detect inflammation for conditions such as atherosclerosis (Kaufmann et al., 2009, Lindner et al., 2001, Myrset 38 39 et al., 2011) and binding to H-2Kk for tracking endothelial progenitor cells during progenitor cell treatment (Kuliszewski et al., 2009). 40

At present, the majority of preclinical studies of targeted microbubbles can be placed in two broad 41 42 categories. The first of these is concerned with how to increase the binding efficacy of targeted microbubbles by helping them get to their binding site. These studies include using acoustic radiation 43 force to 'push' the targeting bubbles to potential binding sites (Zhao et al., 2004a, Rychak et al., 2005, 44 Yamakoshi and Miwa, 2009). Elsewhere, engineering strategies aimed at increasing the probability of 45 46 microbubble binding has led to deflating them in order to increase their surface area and binding functionality (Rychak et al., 2006); having multiple ligands on the surface to increase their functionality 47 (Myrset et al., 2011); increasing the density of ligands on the bubble surface; and, having buried ligands 48 49 on the shell to decrease non-specific binding (Chen and Borden, 2010). The second area is concerned with 50 using targeted microbubbles as contrast agents and trying to detect their differences and distinguish them 51 from 'free flowing' microbubbles. These studies include using simulations (Doinikov et al., 2009, Doinikov et al., 2011, Martynov et al., 2011) and single bubble acoustic experiments (Overvelde et al., 52 2011, Sprague et al., 2010, Butler et al., 2008, Zhao et al., 2006) in order to investigate the acoustic 53 properties of targeted microbubbles, image processing techniques based on temporal low pass filtering of 54 55 ultrasound echo data to distinguish stationary, adherent bubbles(Needles et al., 2009, Zhao et al., 2004b) 56 and nonlinear Doppler techniques (Mahue et al., 2011)).

57 A third area, which has received less attention, relates to the effect that ultrasound has on the targeted 58 microbubbles once they bound. In a typical ultrasound acquisition the adherent bubbles within the imaging plane will be exposed to repeated ultrasound excitation at low Mechanical Index (MI, typically 59 less than 0.2; corresponding to a pressure of 300kPa at 2.25MHz used in this study). It is not clear 60 61 whether such repeated low MI pulses cause changes to the adherent bubbles and what the implications of 62 any changes for imaging might be. As previously stated, a microbubble is bound onto its binding site 63 through a ligand tether and a molecular binding agent. If the force exerted on the adherent microbubble is 64 large enough then the tether may break or the molecular linkage fail, resulting in the detachment of the microbubble (Sboros et al., 2010). Studies to characterise the maximum shear under which targeted 65 microbubbles find their binding site and also the levels of shear that remove them once they are in 66 contact, have been conducted (Takalkar et al., 2004, Klibanov et al., 2006) and with various different 67 bubble configurations (Ferrante et al., 2009). However, it is only recently that the detachment of targeted 68 69 microbubbles due to ultrasound has been reported (Schmidt et al., 2008). The authors of this study 70 reported that so called 'secondary Bjerknes forces' causing an attractive force between two neighbour 71 bubbles oscillating in phase is enough to detach them. The effect of these forces was pronounced in that

study as the monodisperse population used meant that each bubble oscillated in phase and so attracted all

73 the surrounding bubbles. This effect has been further studied using high speed camera data to

parameterise a model of the attraction of adherent microbubbles in comparison to unbound microbubbles

in an ultrasound field (Garbin et al., 2011). This work demonstrated the effect of ultrasound on attached

76 microbubbles in a specific situation where once again attached microbubble pairs of similar size were

selected and, in this case, pulses much longer than typical imaging pulses were used.

There are other possible changes to adherent microbubbles under ultrasound. Previous studies have shown size reduction (deflation) of non-targeted microbubbles even at low acoustic pressure(Guidi et al., 2010).
A change in bubble size greatly affects its efficiency as an ultrasound scatter, as a small non-resonant bubble will not give a detectable acoustic signal. Therefore, it is particularly important to study the deflation of targeted microbubbles under ultrasound, given the typically low yields of adherent bubbles in practice.

The motivation of this study is to investigate the effects of short ultrasound imaging pulses on adherent microbubbles in a flow model using optical microscopy and quantify such effects in conditions close to those used clinically. The detachment of adherent microbubbles and the forces acting on them are investigated together with the conditions that lead to deflation of the adherent microbubbles.

# 88 **2. Methods**







#### 92 Figure 1: Schematic of the Experimental Setup

#### 93 2.1 Experimental Setup

94 The equipment, as shown in figure 1, consisted of a 2.25MHz focused ultrasound transducer with a focal length of 75mm (Panametrics V304, Olympus) focused onto a central point upon which a 100x water 95 immersible objective (LUMPlanFL 100x, Olympus) was also focused. Alignment of the focuses was 96 97 performed by placing a small metal sphere (a ball of solder on the end of a wire) in the focus of objective 98 and then focusing the ultrasound transducer onto the same metal sphere aided by a 3D translation 99 stage(Newport M-562, CA, USA). During this process the transducer was driven by a pulser/receiver operated in transmit/receive mode (Panametrics-NDT 5800) with the result displayed on a digital 100 101 oscilloscope (Sony Tektronix TDS7154). This alignment of the optics and acoustics ensures that the 102 microbubbles in view during the experiment are being insonated at the pressures measured at the 103 ultrasound focus. The size of the optically viewable area is approximately 0.1mm by 0.1mm while the 104 ultrasound focus is about 1mm by 1mm, and thus the acoustic focus is substantially larger than the optical field of view. A 200um inner diameter cellulose tube (RC55 8/200 Membrana GmbH) coated with 105 streptavidin was then placed into the focus using another identical 3D translation stage. 106

A burst of 30 Gaussian enveloped broadband sinusoidal pulses (full width half maximum of 1µs) was generated by a programmable waveform generator (Sony Tektronix AWG2021) taking an input from an in-house triggering software written in Matlab (Mathworks, Cambridge UK). The burst was amplified by a power amplifier (E&I 2100L) to drive the transducer over a one second period (pulse repetition frequency 30 Hz) followed by a 0.5 second pause before increasing the output pressure and repeating, five times in total to form a six-step pressure ramp. A calibrated needle hydrophone (HPM1/1 Precision

113 Acoustics, Dorset, UK) was used to calculate the pressures at the focal point of the ultrasound transducer.

114 A total of two separate pressure ramps were employed with the maximum insonation pressure of 370kPa

115 (peak negative pressure, accurate to  $\pm 13\%$ , corresponding MI=0.25) and 300kPa (MI = 0.20) respectively.

116 Light from the microscope objective was collected via a digital camera (Powershot A95, Canon) with a frame size of 640x480 pixels at 10 frames per second, after the light from the objective being reflected 117 through a mirror at 45 degrees and a focusing lens. The magnification of the image obtained was 118 controlled by changing the distance between the focusing lens and the camera lens and also by adjusting 119 120 the distance between the mirror and the camera to obtain an optical view of approximately 100µm x 76µm with a resolution of 0.32µm per pixel. Optical sizing was calibrated by manually measuring the diameter 121 of in-focus 5µm latex calibration beads (L5 microspheres, Meritics Ltd). In order to calculate tolerances 122 123 of the sizing process, the beads were repeatedly sized at varying degrees of focus. The standard error was 124 found to be 16% of the bubble diameter and the location of the bubble centre was found to be accurate to 125 within one pixel. To be able to distinguish when the microbubbles were exposed to the acoustic field, the 126 clocks on the PC triggering the ultrasound generation and digital camera were synchronised. Before triggering the ultrasound transmission, the video mode of the digital camera was manually triggered. 127 Video data was then captured for the duration of the ultrasound sequence until no further change in the 128 129 status of the targeted microbubbles could be visually observed.

130 In order to verify that the microbubbles were adherent to the walls of the tube, experiments were performed under flow conditions using a syringe pump in withdraw mode. In this situation any 131 132 unattached bubbles were observed to flow away. To both maximise the number of bubbles binding to the tube, and to enable the free flowing unbound bubbles in the tube to be seen, a relatively low flow rate of 133  $3\mu$ /min was used. A flow rate was selected, empirically, that was high enough to stop bubbles from 134 coming to a stop by themselves, but low enough that the shear rate caused by the flow did not lead to 135 136 observable detachment of adherent bubbles. Shear rates resulting from the flow and their effects are 137 discussed later.

#### 138 2.2 Microbubble and Tube Preparation

Microbubbles were prepared by sonication (Misonix Sonicator 3000, 21kHz 165W; 30sec) of an aqueous 139 140 suspension of distearoyl-phosphatidylcholine, distearoyl-phosphatidylethanolamine-PEG2000-biotin and 141 poly(ethyleglycol)-monostearate saturated with octafluoropropane gas. Lipids not incorporated into the microbubble shells were removed by repeated (5 times) centrifugal washing (4°C; 160 rcf; 4 minutes) of 142 the targeted microbubble dispersion in gas-stabilised ISOTON II saline (Coulter Electronic Ltd, 143 Bedfordshire, UK) using a desk-top Rotanta 460R bucket-type rotor (Andreas Hettich GmbH, Tuttlingen, 144 145 Germany). The size distribution and concentration of targeted microbubbles was reproducibly determined and returned a mean diameter of 2.4 ( $\pm 0.4$ )µm and a concentration of  $1.2 \times 10^9$  microbubbles/ml using 146 optical microscopy (Sennoga et al., 2010). 147

148 To coat the cellulose tubes one end was placed in a streptavidin (Invitrogen Life Technologies Ltd, UK)

solution at a concentration of 0.25 mg/ml. The solution was taken up by the tube through capillary action.

150 The tubes that were intended for use on that day were incubated at room temperature for at least 2 hours,

and those for use at a later date were stored in a hydrated sealed container at 5  $^{\circ}$ C to stop them from

drying out. Before being used in an experiment the remaining streptavidin solution was wicked out of the

tube using a piece of tissue paper and the two ends of the tube were inserted and glued into two 25 gauge

butterfly needles (246.052, Vygon) thus allowing the tube to be connected to a bubble reservoir on one

end and a syringe pump (SP210iwZA, World Precision Instruments) on the other. Finally, the remaining

unbound streptavidin solution was removed from the tube by pumping 2ml of sterilised PBS (Sigma-

157 Aldrich Ltd. Dorset, UK) through the tube. This process is required as any remaining streptavidin free 158 flowing through the tube at the time of the experiment could potentially block the ligands on the targeted

- 158 flowing through the tube at the time of the experiment could p 159 microbubbles before they have a chance to find their target.
- 160 2.3 Data Analysis

161 An in-house MATLAB program was designed to extract the information from the videos collected. The 162 objective of the software was to size the bubbles and also track their coordinates for the duration of the 163 ultrasound exposure. The process for data processing for each video was as follows:

- Each adherent bubble was visually identified and three points on the circumference were
   manually selected. From this the initial size and central coordinates of each bubble were
   calculated.
- 167
  2. On each of the following frames cross correlation was used after thresholding to automatically track the movement of each bubble between frames. In the event of the bubbles new position successfully being located, the bubbles were automatically sized using automated optical sizing software(Sennoga et al., 2010). In the result of the tracking algorithm failing to identify a new location, the bubbles were manually sized again as described in step 1. At the end of each frame the diameters of each bubble were then reviewed and any automatic sizing errors (such as false positives in tracking), were corrected by user intervention.
- To reduce the effects of sizing errors in the calculations for forces (due to the bubble moving out of focus or moving), a 5 element moving averaging filter was applied to the time sampled sizing data.
- 4. The data from individual bubbles was then further categorized into two classes; either
  "detachment" when a previously static bubble was observed to move between frames, or
  "survival" when a bubble was unchanged at the end of a ultrasound burst. For each event the time
  of the event, the ultrasound pressure, bubble size, size of its nearest neighbour and distance from
  its nearest neighbour were recorded. For any bubble that detached at lower pressure it was
  assumed that the same bubble would have been detached by higher pressures. A sample of data
  extracted from a single video is shown in figure 2.



Figure 2: a) Illustration of the pulse sequence. b) Diameters of bubbles against time. An 'x' indicates a detachment event, and a 'o' indicates a survival event. Bubbles were sized to  $\pm 16\%$  of real bubble size. Locations of bubbles are accurate to  $\pm 0.32\mu m$  (These values were determined through tests of the sizing carried out on 5µm calibration beads).

- 189 5. Finally, a reduction in bubble diameter between observations of more than 20% was recorded as
  190 deflation of the bubble. As above with the case of bubble detachments, a bubble deflated at a
  191 lower pressure was assumed to deflate at higher pressures.
- 192 *2.4 Force Calculations*

The detachment of adherent microbubbles is related to the various forces acting on the microbubbles, as well as a number of other factors such as the nature, number, length and relative positions of the ligands involved and whether they are under tension or not (Chen and Borden, 2010, Ferrante et al., 2009). In this study we concentrate on the calculation of the various forces acting on the microbubbles, other factors are discussed in the discussion section.

198 2.4.1 Use of Experimental Data in Force Simulations

Data gathered from the video processing, the bubble size and locations are directly used to calculate the forces on each bubble. The selection of bubble parameters used for the simulation is as follows. In the case of a detachment event, the bubble size and location are used in the video frame before visible detachment can be identified. In the case of a survival event, the bubble size and location at the end of the burst survived are used. The bubble radii at these time points are then used to calculate bubble oscillations and the incident forces described below.

When viewed in terms of a translational force, the Bjerknes force is usually considered as an average of forces over a complete cycle (hence the time averaging). However, when considering the rupture of binding ligands, the processes is a much shorter term event, meaning that the maximum, instantaneous, force exerted is more relevant to our study than the mean force over a single cycle.

209 2.4.2 Shear Forces

- 210 The force of the fluid pushing its way past the adherent bubbles may be enough to remove them from
- their binding site given a large enough flow gradient at the edges of the flow. The general formula for
- shear stress  $\tau$  for a Newtonian fluid in a pipe is  $\tau = \mu \frac{\delta v}{\delta x}$ , where  $\mu$  is the fluid viscosity and v is the
- flow velocity(Batchelor, 2000). The shear forces were calculated by tracking the speed of in focus free
- bubbles across the videos.

#### 215 2.4.3 Primary Bjerknes Force

The primary Bjerknes force also known as the acoustic radiation force, describes the translation of an
object in an acoustic field due to local pressure changes (Crum and Eller, 1970, Leighton, 1990).
Although the application of this theory in our paper is with regard to bubbles, primary Bjerknes forces act
on any inhomogenities in an acoustic field.

Given a body with a volume V in a pressure gradient  $\nabla P$  the net force applied is the time average of this, namely:

222 
$$F_{PB} = -\langle V(t) \nabla P(r, t) \rangle$$
(1)

Where ( ) denotes an average over time. In the case of the encapsulated microbubbles the volume is time dependant as the bubble oscillates in the acoustic field. Ignoring effects such as shell buckling, shell shear thinning etc. this change in volume can be described in terms of the bubble radius R, using an extended version of the Rayleigh-Plesset equation to include the basic properties of the bubble shell (Doinikov and Bouakaz, 2011):

228 
$$\rho\left(R\ddot{R} + \frac{3}{2}\dot{R}^{2}\right) = \left(P_{0} + \frac{2\sigma}{R_{0}} - P_{v}\right)\left(\frac{R_{0}}{R}\right)^{3\kappa} - \frac{2\sigma}{R} - \frac{4\mu}{R} - \frac{4\kappa_{s}\dot{R}}{R^{2}} - \frac{4\chi(R-R_{0})}{R^{2}} - P_{0} - P(t)$$
(2)

Where  $\rho$  is the density of the surrounding fluid,  $\sigma$  is the surface tension,  $\mu$  is the dynamic viscosity of the surrounding fluid,  $\kappa$  is the polytropic constant,  $\kappa_s$  is the shell's dilatational viscosity,  $\chi$  is the shell's elastic modulus, P<sub>0</sub> is the hydrostatic pressure, P<sub>v</sub> is the vapour pressure inside the bubble and R<sub>0</sub> is the initial bubble size. Based on the fact that the primary Bjerknes force is being applied to a bubble equation 1 can be rewritten as:

234 
$$F_{PB} = -\frac{4\pi}{3}R(t)^3 \frac{\partial P(r,t)}{\partial r}$$
(3)

In previous studies (Dayton et al., 1997, Doinikov and Dayton, 2006) the primary Bjerknes force was 235 236 calculated by treating the bubble as a linear oscillator with a known resonant frequency and amplitude of 237 oscillation and a time average was performed analytically over one cycle of a continuous wave oscillation. This study has taken a different approach; firstly the microbubbles in the simulation are driven 238 by a pulse derived from measured data. This reduces error in the calculation of the simulated force. This 239 change also allows for the calculation of instantaneous force as opposed to an averaged force over whole 240 cycle. This fact is used later in calculating the maximum force undergone by the bubble. When 241 242 considering the translation of a bubble, the average force over a cycle is important to show the overall 243 translation of the bubble, however, when dealing with the breaking of bonds such as in our case, it is the 244 impulse that are the most likely to have an effect. Secondly, due to the proximity of the boundary wall,

the bubble cannot be simply viewed as a linear oscillator with a known resonant frequency. Therefore, in calculating the extent of the primary Bjerknes forces, the radius-time curve is calculated for each bubble and put into equation (3) where the resulting force is given as the mean of  $F_{PB}$  observed over a single oscillation. In order to take into account the effect of the boundary on the oscillations of the bubble, a further term was added to equation (2) using image bubble theory (Doinikov et al., 2009).

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$$\rho\left(R\ddot{R} + \frac{3}{2}\dot{R}^{2}\right) = \left(P_{0} + \frac{2\sigma}{R_{0}} - P_{v}\right)\left(\frac{R_{0}}{R}\right)^{3\kappa} - \frac{2\sigma}{R} - \frac{4\mu}{R} - \frac{4\kappa_{s}\dot{R}}{R^{2}} - \frac{4\chi(R-R_{0})}{R^{2}} - P_{0} - P(t) - \left(R\ddot{R} + 2\dot{R}^{2}\right)\frac{R\rho\beta}{2x}$$
251 (4)

Where *x* is the distance of the bubble centre from the boundary, and  $\beta$  is the percentage of the pressure reflected off the boundary that interferes with the bubble.  $\beta$  was set to 0.2 based on a similarly motivated simulation carried out on a similar experimental setup (Garbin et al., 2011) and *x* was set to R<sub>0</sub>. As for the properties of the bubbles themselves,  $\kappa_s$  was  $5x10^{-9}N$  and  $\chi$ ,  $0.1Nm^{-1}$ . These values were obtained by matching the simulated results to experimental measurements of attached targeted microbubbles obtained through single bubble acoustic experiments under the same conditions (Casey et al., 2012).

#### 258 2.4.4 Secondary Bjerknes Forces

The secondary Bjerknes force occurs due to the pressure changes between two oscillating objects (Crum, 1975, Leighton, 1994). When they oscillate in phase a negative pressure gradient between the objects is formed attracting them together, however when they oscillate out of phase a positive pressure gradient is formed repelling the two oscillators away from each other. A formula for the secondary Bjerknes forces is given by:

264 
$$F_{SB} = -\frac{4}{3}\pi\rho R_1^3 \frac{\ddot{R}_2 R_2^2 + \dot{R}_2^2 R_2}{d^2}$$
(5)

Where R<sub>1</sub> is the radius of the bubble the force is being acted upon, R<sub>2</sub> is the radius of R<sub>1</sub>'s neighbouring 265 bubble and d is the separation between the two bubbles. Again as with the primary Bjerknes forces the 266 Rayleigh-Plesset equation (equation (4)) was used to calculate the oscillations of the microbubbles given 267 the derived shell properties as detailed in the previous section and the measured acoustic pulse. Equation 268 5 can be used to calculate the instantaneous force that the bubble undergoes and not just a time averaged 269 270 force over a single cycle. Although in the data gathered there were multiple bubbles at any one point in time, only a single nearest neighbour was used to calculate the secondary Bjerknes force. Even though 271 groups of bubbles do show secondary Bjerknes forces between them, the calculation of the complex 272 273 interactions that create the pressure fields between several neighbouring bubbles is beyond the scope of this study. It is worth noting that the secondary Bjerknes force between two bubbles is inversely 274 275 proportional to the square of the distance between them, resulting in a significant reduction in the 276 influence of neighbouring bubbles at greater distance.

#### 277 2.4.5 Bubble Oscillation Forces

The bubble oscillates due to the imbalance of various forces acting on it. The right hand side (RHS) of equation 4 describes the summation of the various pressures acting on a bubble which results in the motion of the bubble and its surrounding fluid (the left hand side (LHS) of equation 4). Such oscillation moves the bubble shell and the associated force may be able to stretch and break the bonds between the bubble and the wall. In this document we have named this force the bubble oscillation force as it comes into play through the inertia of the surrounding fluid when the bubble is under oscillation. The magnitude of this force acting on the wall of the bubble as it expands and contracts is the product of the pressure due to the fluid inertia (LHS of equation 4) and the bubble cross-section and is described by equation 6,

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287 
$$F_{Osc} = \pi R^2 \left( R \ddot{R} + \frac{3}{2} \dot{R}^2 \right) \rho$$
(6)

This equation was derived by integrating the inertia forces over the bubble in a similar fashion to calculating the surface tension by summing the local forces making it up (Leighton, 1994). Although this oscillation force is not the same as the actual force acting on the ligand when the bubble oscillates, calculating such force can still offer an indication of the scale of the force involved.



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Figure 3: Oscillations and associated oscillation forces experienced by a 3μm bubble. Positive forcescorrespond to an expansion, while negative forces correspond to a compression.

#### 295 **3. Results**

#### 296 *3. 1 Description of the overall data set*

The experiment detailed in the methods section was carried out a total of 42 times and a total of 229 bubbles were identified and tracked. From these experiments 1894 detachment events were generated using the process described in section 2.3.

#### 300 *3.2 Detachment in Single Bubble Environments*

From 1894 separate events taken from the data set, 367 cases were highlighted where a bubble was isolated in the experiment. This includes situations where there was only one bubble in the experiment from the start, or all other bubbles at the start of the relevant ultrasound burst have been destroyed or have detached and vanished from view, or cases where there is no bubble within a 20 radii zone around the bubble (the distance at which bubble-bubble interactions are considered to be negligible (Garbin et al., 2009)). The motivation for analysing this subset of the data is to examine the detachment of bubbles without influence of the secondary Bjerknes forces.





Figure 4: Rate of bubble detachment for increasing acoustic pressures on single adherent bubbles errorgiven is standard error across each video.

Figure 4 demonstrates the effect of increasing acoustic pressure on the detachment of targeted bubbles.The y-axis of this graph is calculated using equation (7):

314 Fraction of Bubbles Detached = 
$$\frac{\text{No.of detachment events}}{\text{Total no.of events}}$$
 (7)

It can be seen that even with MIs between 0.11 and 0.15 more than half of the adherent microbubblesdetach. This fraction of detachment increases to 96% at pressuress between 301kPa and 375kPa.

## 317 3.3 Detachment in Multiple Bubble Environments

318 1518 multiple bubble events were recorded and analysed. In these cases, bubbles are affected by319 secondary Bjerknes forces in addition to those forces acting on isolated bubbles.

320 Comparing the single and multiple bubble environments, a 2 way t-test shows a significant difference 321 between the detachment for single and multiple bubbles in the pressure range of 226kPa < P < 300kPa.



Figure 5: Detachment rates for increasing pressures. O: Single bubble environments, ■: Multiple bubble 324 environments. 325

326 3.4 Deflation of Targeted Microbubbles

Out of the 794 survival events identified, 202 were found to be in single bubble environments, and the 327 328 remaining 592, were in multiple bubble environments. The rate of deflation for the attached bubbles is shown in figure 6. 329



331

332 Figure 6: Deflation rates for attached bubbles at increasing pressures. O: Single bubble environments, ■: Multiple bubble environments. 333

334 Note that deflation is treated to be completely independent from detachment as an event, and so while all bubbles started off attached, some bubbles stayed in place and some became detached during the deflation 335

336 process as stated in 3.1. Statistically, no significant difference was found to exist between the single 337 bubble and multiple bubble environments.

#### 338 4. Discussion

In this study the effects of low amplitude ultrasound on adherent microbubbles were found to be significant. Both detachment and deflation of adherent microbubbles were observed. Specifically the detachment of bubbles was found to be the most significant effect, affecting the majority of adherent bubble population at pressuress from as low as 151kPa. To obtain some further insight into the mechanisms of bubble detachment, the magnitude of the various forces acting on each of the observed bubble was calculated and their effects discussed.

#### 345 *4.1 Effects of the forces in bubble detachment*





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Figure 7: Number of adherent bubbles detached verses primary Bjerknes force on single adherentbubbles.

351 Figure 7 displays the link between the primary Bjerknes force and detachment rates for the set of single bubbles. In the experiment the tube was placed perpendicular to the direction of the acoustic field, 352 meaning that the direction of the primary Bjerknes force experienced by each bubble was across the tube, 353 354 i.e. perpendicular to the wall the bubbles were bound to. Any change in the ultrasound field's orientation 355 would lead to a change the direction of primary Bjerknes forces and have an effect on the detachment 356 levels. While on this note, it is worth discussing the relationship between the two forces. The shear force 357 acting on a bubble is directly dependent on the cross sectional area, and so the larger the bubble the larger 358 the force acting on it. Whereas the primary Bjerknes force depends on whether the bubble is being driven 359 at resonance and the pressure it is exposed to. The larger the volume of the oscillations the larger the force that the bubble experiences. 360

Figure 8 presents the results overlaid on a simulation showing the primary Bjerknes forces over a range of bubble sizes and pressures. The figure shows that the resonant bubbles are the first to be detached whilst those far away from resonance remain resilient. This has particular implications for the clinical use of targeted microbubbles, as under some clinical investigative pressures (around 0.2MI) 89% of the targeted bubbles at resonance (ie. also corresponding to those visible under ultrasound) will become detached under the same orientations as those used in our experiment. It is worth noting at this point that when targeted microbubbles have been attached using acoustic radiation force, the primary radiation force is pushing the bubbles into the wall and so this associated detachment will not be present. However, in this situation other forces including secondary Bjerknes forces will still contribute to the detachment of targeted microbubbles.





Figure 8: Simulated primary Bjerknes force (colour bar) vs. acoustic pressure and bubble radius. Blacklines display the experimentally observed detachment rates.

At this point it is worth comparing the primary Bjerknes force as an averaged and an instantaneous force.
For a 4.2µm bubble, while the average primary Bjerknes force experienced in a single cycle is 5.3pN, the
maximum force undergone is 1.3nN, several orders of magnitude higher.



377



379 While secondary Bjerknes forces have an influence on bubble detachment, it is not possible to isolate the 380 individual forces acting on the bubbles, especially in the situation where bubble-bubble interactions are occurring. Therefore the detachment of bubbles must be considered in terms of the sum of both the 381 primary and secondary Bjerknes forces when considering the acoustic forces. Figure 9 shows an 382 increasing rate of detachment with increasing total Bjerknes force. Another mechanism that may 383 384 contribute to the detachment of microbubbles is the violent bubble oscillations breaking the ligand bonds. 385 This kind of effect would be dependent on the resonant behaviour of the microbubble itself, similar to that of the primary Bjerknes forces making the two effects indiscernible. Also in situations where there are 386 multiple bubbles together increased oscillations from multiple scattering could also explain increased 387 detachment rates. 388



Figure 10: Oscillation force against detachment rates. O: Single bubble environments, ■: Multiple
bubble environments.

392 The results show that the magnitude of the oscillation force in this experiment was much higher than that 393 of the Bjerknes forces.

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Figure 11: Relationship between Oscillation forces and Bjerknes forces for individual detached bubbles.The dotted line denotes equal magnitude in both forces.

Three forces involved in the detachment of microbubbles have been studied; namely, primary and secondary Bjerknes and oscillation forces, while the effect of shear forces was minimised in this study. The oscillation force is calculated to be much larger than the Bjerknes forces, but the effect of this oscillation force is shorter in time scale than the other forces as it does not have a net effect over cycles. The contribution of each force to bubble detachment is related to both the force magnitude and the time scale. If some ligands are folded in the beginning (under zero tension), it might take the shear/Bjerknes 404 forces to unfold the ligands and put them under tension before the oscillation force can break the bonds.
405 *4.2 Implications of Bubble Deflation and Detachment*

406 Attached microbubbles were observed to deflate with increasing rates as acoustic pressure was increased, 407 with more than 50% of bubbles experiencing deflation to some degree for pressures greater than 300kPa. 408 This has major implications for molecular imaging as, if this reaction was observed acoustically via an 409 ultrasound scanner it could give the appearance than the bubble has been destroyed as it scattering profile 410 is reduced to the point that it is no longer visible. These bubbles could then remain in place and invisibly occupy binding sites. This would introduce a bias in the quantification of molecular imaging, were the 411 412 number of microbubbles bound to a site is compared across studies. The same implications can be said to be true when considering bubble detachment; when a bubble detaches the remaining parts of the bubble 413 414 may stay in place stopping another bubble taking position at the site. On top of this, any movement of a 415 bubble away from the site reduces its effectiveness as a molecular imaging agent.

### 416 *4.3 Limitations*

In this study the orientation of the ultrasound field generates primary Bjerknes force that shears the bubble against the vessel wall. Changing the orientation of the ultrasound field would change the direction of the primary Bjerknes forces. If for example the primary Bjerknes forces were pushing the bubble in the same direction as the wall they are bound to, the effect of the primary Bjerknes force on detachment will be considerably lower than that reported in this paper.

Another limitation in this study is that the equations used to calculate the oscillation force do not take into account the kind of translational and/or asymmetrical oscillation that a bubble undergoes when in the vicinity of a vessel wall(Vos et al., 2008). Therefore further studies such as FEM modelling of targeted microbubbles adherent to a wall would be required in order to obtain further insight into the detachment process.

427 Although some targeted microbubble were exposed to ultrasound on multiple separate occasions, the time between pulses (one thirtieth of a second) and the gap between bursts (half a second) is long comparing to 428 the oscillations and gas diffusion process. However, as far as the strength of the bond is concerned one 429 430 could argue that an attached microbubble has been 'massaged' by the previous lower power bursts causing a detachment, where originally the bubble would have stayed attached. While this is a limitation 431 432 in the experimental design, the experiment was carried out in this way to improve the efficiency of data 433 collection, as it was deemed impractical to expose each microbubble to only a single burst. However, it 434 should also be noted that the inclusion of multiple event data from the same individual bubbles has unknown implications on the statistical independence of the data and further independent measurements 435 436 maybe needed to confirm the statistical findings.

## 437 **5.** Conclusion

This study investigated the effect of an ultrasound field on adherent microbubbles. It was shown that at very low acoustic pressure ( < 75kPa) most adherent bubbles remained unaltered under flow. However, a significant amount of adherent bubbles were detached and/or deflated as the pressure was increased. At pressures> 300kPa 96% of the bubbles detached. Three separate forces acting on the bubbles were 442 investigated regarding their role in the process of bubble detachment. The force from bubble oscillations

443 was found to be the largest force acting on the attached bubbles. At acoustic pressures

444 (pressure=226kPa~300kPa) more adherent bubbles detached when there was a close neighbouring bubble,

suggesting a role of multiple scattering and secondary Bjerknes Force in bubble detachment. Finally, 56%
 of attached microbubbles were found to deflate when insonated at pressures > 300kPa, although, no

447 difference was found in the deflation of single and multiple bubble environments. The recommendations

of this study are that targeted microbubbles should be imaged with a low pressure as possible in order to

449 minimise the adverse effects of ultrasound.

# 450 Acknowledgements

- 451 The authors would like to thank, Eleanor Stride, David Cosgrove, Helen Mulvana, Jonathan Casey and
- 452 Richard Browning for their valuable advice in helping to design the experiment. This work was funded
- 453 by EPSRC grant number EP/G038163/1.

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