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1	Successful medical management of a domestic longhair cat with subdural intracranial
2	empyema and multifocal pneumonia
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24	
25	Running title: Medical management of subdural empyema in a cat
26	

1 Abstract

*Objective*: To describe a case of successful medical management of subdural intracranial
empyema and multifocal pneumonia in a domestic longhaired cat.

4

5 Case Summary: A 7-year-8-month-old male neutered domestic longhair cat presented with 6 tachypnea, respiratory compromise, vestibular ataxia, obtundation, left-sided head tilt and multiple 7 cranial nerve deficits. Neuroanatomical localisation was multifocal with central vestibular 8 involvement. Magnetic resonance imaging (MRI) of the head indicated diffuse subdural empyema, 9 mainly affecting the middle cranial fossa and the right cerebrum. Analysis of cerebrospinal fluid 10 revealed degenerate neutrophils with a mixed population of intracellular bacilli. Computed 11 tomography (CT) of the thorax was suggestive for multifocal pneumonia. Aggressive medical 12 management with IV fluids, oxygen supplementation, mannitol boluses, dexamethasone, and 13 broad-spectrum antibiotics was started. The cat demonstrated gradual improvement within 24 14 hours of starting treatment. General physical and neurological examinations nine weeks after 15 initiating treatment did not reveal any abnormalities. A CT examination performed at this time 16 revealed resolution of the cat's pulmonary lesions. The cat was still free of clinical signs nine 17 months after treatment was started.

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*New or unique information provided*: Subdural empyema is infrequently reported in cats and has high mortality rates even following surgical treatment. This is the first reported case of successful medical management of a cat with subdural empyema and suggests that aggressive medical management should be attempted in cats that are not considered surgical candidates.

23 Key words: brain abscess, bacterial meningitis, MRI, CT, antibiotics, corticosteroids

## 25 Introduction

26 Bacterial infection of the central nervous system (CNS) in cats is rare and can arise from 27 multiple sources including direct extension from adjacent structures, inoculation via bite wounds, trauma or iatrogenic means.<sup>1-5</sup> Although haematogenous spread from distant foci and migration of 28 29 foreign bodies can also occur, these routes of intracranial infection have not yet been reported in cats.<sup>6-10</sup> Bacterial infection can result in diffuse meningoencephalomyelitis as well as focal 30 parenchymal abscesses and empyema in epidural or subdural spaces.<sup>4,6</sup> Reports of subdural 31 empyema are limited with only six reports in cats.<sup>1,3,6</sup> Prognosis is considered poor and even with 32 aggressive surgical and medical treatment mortality rates are reported to be as high as 75%.<sup>1,3,6</sup> 33 34 This report describes the first case of successful medical management of subdural empyema and 35 multifocal pneumonia in a cat.

36

#### 37 Case description

38 A seven-year and eight-month-old, 3.9 kg, male neutered domestic longhair cat presented 39 following a three-week history of weight loss (0.8 kg) and a four-day history of progressive 40 lethargy and inappetence. In the 48 hours before presentation the cat developed a worsening 41 generalized ataxia and obtundation. General physical examination revealed revealed the cat to be 42 normothermic (38.3°C) with a grade II/VI left apical systolic heart murmur. The cat was 43 tachypnoeic with increased respiratory effort and right-sided serous ocular and nasal discharge. 44 No lesions were noted in the oropharyngeal cavity and both ear canals were clear with visible 45 intact tympanic membranes. Neurological examination revealed mild obtundation, vestibular 46 ataxia with falling to the left, left-sided head tilt, vertical nystagmus of the left eye (oculus sinister), 47 external ophthalmoplegia of the right eye (oculus dexter), anisocoria with a mydriatic right pupil,

absent right-sided palpebral and corneal reflexes, and decreased sensation of the right side of the
face. A multifocal lesion with central vestibular involvement was suspected. The onset,
progression, clinical examination findings and multifocal neuroanatomical localization were most
suggestive of infectious/inflammatory disease (Intracranial empyema, FIP, mycotic granuloma,
and toxoplasmosis) or neoplastic causes (lymphoma).

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54 CBC revealed a mature neutrophilia (leukocytes: 21.74x10<sup>9</sup>/l, Reference interval (RI): 5.5-55 19.5, neutrophils: 19.43x10<sup>9</sup>/l, RI: 2.5-12.5) and mild anaemia with no evidence of regeneration 56 (haematocrit 29%). Results of a biochemistry profile, venous blood gas and electrolytes and 57 coagulation parameters were within normal limits. Feline immunodeficiency virus antibody and 58 feline leukaemia virus antigen tests were negative as was Toxoplasma serum IgG/IgM antibody 59 testing. The cat was up to date with routine vaccinations and parasite treatments. Magnetic 60 resonance imaging (MRI) of the brain was performed under general anaesthesia using a 1.5 Tesla 61 magnet<sup>a</sup>, which included sagittal and transverse T2-weighted (T2W) sequences, transverse T2<sup>\*</sup>-62 weighted and T2-weighted fluid-attenuated inversion recovery (FLAIR) sequences. Transverse, 63 sagittal, and dorsal plane T1-weighted (T1W) images were obtained before and after IV administration of gadolinium contrast<sup>b</sup>. On T2W images there was marked thickening and 64 65 hyperintensity of the meninges, mostly around the right cerebrum and extending to the ventral 66 aspect of the brain and brainstem (Figure 1A, B). Ventral to the cerebrum and brainstem on the 67 right side there was separation of the pachymeninges and leptomeninges with a hypointense fluid 68 accumulation (Figure 1A, B). T1W images obtained after contrast administration showed marked 69 enhancement of the meninges but no enhancement of the accumulated fluid within the meninges 70 (Figure 1 C, D). There was swelling of the right cerebrum with a midline shift and mild

71 displacement of the cerebellum into the foramen magnum (Figure 1A, B). These MRI findings 72 were most consistent with a diffuse meningitis and predominantly right-sided subdural empyema.<sup>2-</sup> <sup>4,12,13</sup> No evidence of otitis media/interna or retrobulbar abscessation was identified. Computed 73 74 tomography (CT) of the thorax and abdomen performed with a 16-slice scanner<sup>c</sup> revealed 12 well-75 defined, rounded nodules in the left and right caudal and right middle lung lobes (Figure 2). All 76 lesions demonstrated uniform contrast enhancement after IV administration of iohexol<sup>d</sup> 77 (Omnipaque, 240mg I/mL, GE Healthcare; Belgium). The abnormal thoracic CT findings were 78 most consistent with a multifocal pneumonia. Abdominal CT findings were within normal limits. 79

80 Mannitol<sup>e</sup> (0.5mg/kg, IV over 20 minutes) was administered before a cisternal 81 cerebrospinal fluid (CSF) puncture was performed. Only a limited amount of CSF could be 82 collected due to its abnormal viscous nature. Determination of total nucleated cell counts, protein 83 concentration, and culture were therefore not possible. A direct smear was prepared, which 84 demonstrated moderate numbers of degenerate neutrophils along with lesser numbers of 85 macrophages and occasional lymphocytes, scant to moderate erythrocytes and smeared nuclear 86 debris. Long filamentous beading rods and occasional thicker bacilli were present both 87 extracellularly and within neutrophils (Figure 2). The cytological diagnosis was septic suppurative 88 inflammation with multiple Gram-positive bacterial species. Urine collected by cystocentesis and 89 blood samples taken from three different venous sites at hourly intervals did not identify any 90 microorganisms after 72 hours of aerobic and anaerobic culture. The owner declined performing 91 a bronchoalveolar lavage.

93 Subdural empyema is considered to be a neurosurgical emergency but due to the diffuse nature 94 and challenging location of the lesion surgery was not felt to be a feasible treatment option in this case.<sup>3,4</sup> Consequently intensive medical management and supportive care was initiated. For the 95 96 first 24 hours following general anaesthesia the cat was placed on continuous ECG and 97 oscillometric blood pressure monitoring with supplemental flow by oxygen. <sup>14,15,16</sup> Respiration 98 rate, oxygen saturation (pulse oximetry) and Modified Glasgow Coma Scale (MGCS) were measured every hour.<sup>14,15,16</sup> Analyses of arterial blood gas, venous blood gas and electrolytes were 99 100 performed every six hours. Throughout this period oxygen saturation and partial pressures of 101 oxygen and carbon dioxide remained largely within normal limits meaning that respiratory support 102 other than flow-by oxygen was not required.<sup>15,16</sup> During the first 24 hours the cat received three 103 boluses of mannitol<sup>e</sup> (0.5g/kg, IV over 20 minutes) due to clinical signs suggestive of increases in 104 intracranial pressure. These signs included a worsening vestibular ataxia, non-invasive blood 105 pressure measurements between 180mmHg and 220mmHg, heart rate between 90 and 120 beats 106 per minute and episodes of marked obtundation with a concurrent reduction in MGCS from 15 to 107 10. The cat further received IV fluids (compound sodium lactate at 3ml/kg/hr), clindamycin<sup>t</sup> (20 108 mg/kg, IV, q24h), enrofloxacin<sup>g</sup> (5mg/kg, IV, q24h) and dexamethasone<sup>h</sup> (0.2mg/kg, IV, q24h).

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The cat started to demonstrate gradual improvement from 24 hours after initiating treatment and continuous ECG and oscillometric blood pressure monitoring were stopped. After 48 hours of treatment corticosteroid administration was discontinued and the cat was started on oral antibiotics including clindamycin<sup>i</sup> (11mg/kg, PO, q24h) and enrofloxacin<sup>j</sup> (5mg/kg, PO, q24). At 48 hours the cat was grooming and feeding itself and respiratory rate and effort had returned to normal. After five days of hospitalisation the cat was discharged. The cat demonstrated mild vestibular 116 ataxia and head tilt at this time. Neurological examination three weeks after discharge 117 demonstrated further improvement with only mild vestibular ataxia present. General physical and 118 neurological examinations nine weeks after discharge were within normal limits. A CT 119 examination performed at that time demonstrated resolution of the earlier observed pulmonary 120 changes. Following discharge oral enrofloxacin was continued for one month and clindamycin was 121 continued for three months due to its activity against Gram-positive bacteria and anaerobes. 122 Telephone follow-up with the owner revealed that the cat was still free of clinical signs nine 123 months after discharge from our hospital.

124

## 125 **Discussion**

This case report describes successful medical treatment of a cat with subdural intracranial empyema and concurrent multifocal pneumonia. This has not yet been reported to the best of the authors' knowledge. Subdural empyema is considered a neurosurgical emergency.<sup>3,4</sup> Because of the extensive nature of the infection, including the ventral aspects of the cerebrum and brainstem, the cat in this report was not considered a good surgical candidate.

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Subdural empyema is a specific condition where empyema occurs within the boundaries of the dura mater and arachnoid.<sup>3,11,12</sup> Six reports in cats have been documented with only one animal surviving following aggressive surgical and medical treatment.<sup>1,3,6</sup> In agreement with the case presented here, all reported cats with intracranial empyema presented following initial periods of general systemic illness with lethargy, inappetence and weight loss.<sup>1-3,6</sup> These cases invariably experienced subsequent acute neurological deterioration with evidence of increased intracranial pressure and brainstem compression. All cats were reported as being obtunded with evidence of vestibular deficits and in the majority of cases ataxia and/or paresis. <sup>1-3,6</sup> Of note is that only one previously reported cat demonstrated pyrexia.<sup>3</sup> These findings are in agreement with the clinical presentation of the case presented here in which an initial history of lethargy, inappetence and weight loss rapidly progressed to marked neurological signs.

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144 MRI is considered the most effective diagnostic tool for empyema with characteristic 145 imaging findings that are consistent across human and veterinary medicine: a crescent or lentiform-146 shaped extra-axial collection of fluid that is hyperintense relative to brain parenchyma on T2W 147 images and hypointense on T1W images. The lesions have strong ring enhancement following contrast administration.<sup>2-4,11,12</sup> This lentiform appearance is attributed to the purulent fluid 148 149 conforming to the subdural space and in some cases, as seen in the present report, can extend over almost an entire cerebral hemisphere (Figure 1).<sup>2</sup> In contrast to epidurally located lesions, subdural 150 151 empyema can cross cranial suture lines. Extension is however limited by dural folds; such as the falx cerebri and tentorium cerebelli.<sup>13</sup> This can explain why the infection was limited to only one 152 153 cerebral hemisphere.

154

As with previous reports, blood and urine cultures were not found to be diagnostic and in half of cases haematological and biochemical changes are limited to an inflammatory leukogram and mild-regenerative anemia.<sup>1-3,6</sup> Route of infection has been identified in 4/6 previously published cases: retrobulbar abscess (two cases), bite wound (one case), and extension from tympanic bulla (one case).<sup>1-3</sup> In this case there was no evidence of otitis media/interna, oropharyngeal lesions, retrobulbar abscesses or bite wounds but a multifocal pneumonia was identified on CT images. Although bacterial pneumonia can be associated with haematogenous 162 spread it cannot be concluded that the subdural empyema and pneumonia in this case were 163 associated as it was not possible to obtain bacterial culture from both sites.<sup>17</sup> In previous reports 164 bacterial cultures from the sub-dural space at necropsy most commonly identified a polymicrobial 165 growth with at least one anaerobic bacteria (Fusobacterium spp., Bacterioides spp., and 166 Actinomyces spp.).<sup>1-3,6</sup> In this case the benefits of trying to obtain a definitive diagnosis with a 167 cisternal CSF sample were felt to outweigh the potential risks of performing the procedure. MRI 168 signs of increased intracranial pressure were considered relatively mild but as a precaution 169 mannitol was administered prior to CSF sampling and the cat was intensively monitored post-170 sampling. Direct smears from CSF in the current case identified a polymicrobial infection with 171 Gram-positive organisms. However there was insufficient sample to allow culture and it was 172 therefore impossible to provide a definitive identification of the organisms involved.

173

174 Although subdural empyema is expected to disrupt the blood-brain barrier and facilitates drug penetration, the concentration of antimicrobials within the CSF can still be limited.<sup>18</sup> 175 176 Consequently clindamycin and enrofloxacin were chosen as antibiotic therapy because both drugs 177 cross the blood-brain barrier and in combination provide excellent broad-spectrum bactericidal antimicrobial activity.<sup>19</sup> It is currently unclear how long antibiotic treatment should be continued 178 179 in cases of feline subdural empyema. The duration of treatment in this case was based on 180 recommendations of medical management of subdural empyema in humans and spinal empyema in dogs.<sup>18,20</sup> Dexamethasone was administered immediately after a diagnosis of subdural empyema 181 182 was made. This was based on studies in people with bacterial meningitis, which support the use of 183 short-term anti-inflammatory doses to lower intracranial pressure and reduce CNS inflammation.<sup>21,22</sup> 184

185

### 186 **Conclusions**

187 This case report suggests that subdural empyema in cats can be effectively treated by 188 aggressive medical management resulting in complete resolution of clinical signs. It also highlights 189 that thorough examination for concurrent distant infections is warranted in a cat with subdural 190 empyema. 191 192 Footnotes 193 <sup>a</sup> Gyroscan Intera; Philips Medical Systems, Surrey, UK 194 <sup>b</sup> Gadovist, 1mmol/mL gadobutrol; Bayer, Berkshire, UK. 195 <sup>c</sup> Mx8000 IDT; Philips Medical Systems, Surrey, UK 196 <sup>d</sup> Omnipaque, 240mg I/mL; GE Healthcare; Buckinghamshire, UK 197 <sup>e</sup> Polyfusor K; Fresenius Kabi, Cheshire, UK 198 <sup>f</sup> Dalacin C; Pharmacia, Kent, UK 199 <sup>g</sup> Baytril; MSD Animal Health, Buckinghamshire, UK 200 <sup>h</sup> Dexafort; MSD Animal Health, Buckinghamshire, UK 201 <sup>1</sup> Antirobe; Zoetis, London, UK 202 <sup>j</sup> Baytril; MSD Animal Health, Buckinghamshire, UK

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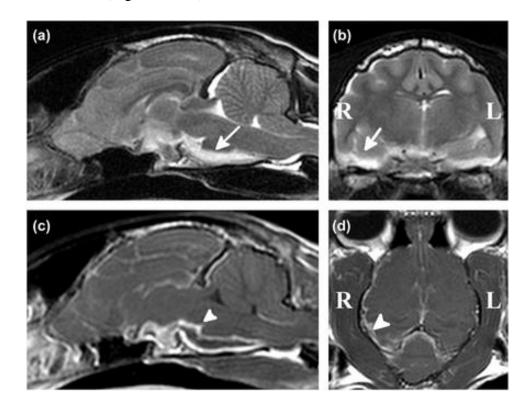
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255 Figure Legends:

256 Figure 1: T2-weighted sagittal (A) and transverse plane (B) MR images of cat brain. Sagittal (C) 257 and dorsal (D) plane T1W images following IV administration of gadolinium contrast media. On 258 T2W images there is marked thickening and hyperintensity of the meninges around the right 259 cerebrum extending to the ventral aspect of the brain and brainstem (Figure 1A, B). Ventral to 260 the right temporal lobe, adjacent to the right occipital lobe and ventral to the brainstem there is 261 separation of the pachymeninges with T2W hyperintense and T1W hypointense material (Figure 262 1A, B). Meninges show marked contrast enhancement (White arrow heads, Figure 1C, D) whilst 263 the T1W hypointense separation of the pachymeninges and leptomeninges did not enhance after 264 contrast administration (Figure 1 C, D).



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Figure 2: (A) variably degenerate neutrophils against a background of smeared nuclear debris
and erythrocytes. Modified Wright's Giemsa, bar = 50µm. Inset: Neutrophil containing several
beaded rods, bar = 10µm. (B): Transverse CT image of the thorax showing multiple pulmonary
nodules in right and left lung lobes (White arrow heads)

