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TITLE: The effect of the intra-cervical administration of follicle stimulating hormone or luteinizing hormone on the levels of hyaluronan, COX2 and COX2 mRNA in the cervix of the non-pregnant ewe

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#### 29 Abstract:

During the peri-ovulatory period the cervix relaxes in response to changes in circulating 30 concentrations of reproductive hormones. The present study investigated the role of 31 gonadotrophins in cervical function by examining the expression of cyclooxygenase-2 (COX2) 32 and COX2 mRNA and the concentration of hyaluronan (HA) in the cervix, following intra-33 cervical treatment with either follicle stimulating hormone (FSH) or luteinizing hormone (LH). 34 Eighteen ewes were assigned to 4 groups. They were then treated with commercial intravaginal 35 progestagen sponges and equine chorionic gonadotrophin (eCG) to synchronize their oestrous 36 cycles. Intra-cervical treatments were given 24h after removal of the sponges as follows: Group 37 1: FSH, 2 mg; Group 2: LH, 2 mg; Group 3: vehicle and Group 4: control. Cervices were 38 collected 54h after sponge removal and then divided into 3 regions. The expression of COX2 39 40 and COX2 mRNA was determined by immunohistochemistry and *in situ* hybridization and those of HA by ELISA. The levels of expression of COX2, COX2 mRNA and HA were compared in 6 41 tissue layers (luminal epithelium, sub-epithelial stroma, circular, longitudinal and transverse 42 muscle and serosa) and in 3 cervical regions (vaginal, mid and uterine). The results showed that 43 44 both FSH and LH significantly increased the levels the COX2 mRNA and COX2 in the cervix but, the effects of the gonadotrophins were selective. The effects of both FSH and LH were most 45 46 evident at the vaginal end of the cervix and least at the uterine end of the cervix. Furthermore their effects were confined to the stroma and smooth muscle layers of the cervix in the case of 47 48 FSH and to smooth muscle only in the case of LH. Neither FSH nor LH affected the concentration of HA in the cervix although FSH but not LH reduced the concentration of HA in 49 50 cervical mucus. These findings suggest that the gonadotrophins regulate the expression of COX2 in the cervix and that they may have a role facilitating relaxation of the cervix during 51 52 oestrus in the ewe.

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Key words: Sheep, cervix, hyaluronan, COX2, gonadotrophins, epithelium, stroma, smooth
muscle

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#### 57 Introduction

One of the main purposes of artificial insemination in sheep breeding is to increase the rate of 58 genetic improvement for a particular trait or group of traits. However, conventional cervical 59 insemination in sheep gives poor fertility particularly if the semen used has been frozen and 60 thawed (F-T), mainly because of the unusual anatomy of the sheep cervix. The ovine cervix is a 61 long, fibrous and convoluted tubular organ that prevents easy passage of an insemination pipette 62 along the cervical lumen [1, 2]. Consequently, semen is normally deposited at the entrance to 63 the cervix and the spermatozoa have to traverse the cervix to enter the uterus and eventually, the 64 site of fertilization in the oviducts. The reduced motility of F-T semen compromises its ability to 65 transit of the cervix [3]. Consequently, a practical, low cost and effective technique for 66 intrauterine insemination would be a valuable aid to sheep breeding. 67 68

There is some natural relaxation of the cervix at oestrus [4] that is probably regulated by the periovulatory changes in reproductive hormones [5]. The cervix contains receptors for oestradiol, progesterone, oxytocin [6] as well as those for luteinizing hormone (LH) and follicle stimulating hormone (FSH) [7-13] suggesting that the gonadotrophins may have a functional role in cervical physiology at oestrus.

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There is good evidence indicating that cervical relaxation at oestrus is mediated by Prostaglandin 75 76 E<sub>2</sub> (PGE<sub>2</sub>) [4, 14-17]. The peri-ovulatory changes in reproductive hormones are associated with increased levels of cervical cyclooxygenase-2 (COX2) also known as prostaglandin 77 78 endoperoxide synthase and the increased cervical synthesis of PGE<sub>2</sub> [16, 18]. Similarly in the cow, cervical relaxation during oestrus is mediated by a local increase in COX2 and a subsequent 79 80 increase in the production of PGE<sub>2</sub> by the cervix [19]. Prostaglandin E<sub>2</sub> separates cervical collagen fibres reducing the tensile strength of the cervix [15] and allowing the cervical canal to 81 dilate. Naturally occurring cervical relaxation at oestrus is probably the result of complex 82 interactions among reproductive hormones acting on the cervix. An increase in the levels of 83 receptors for oestradiol and oxytocin during the peri-ovulatory period is thought to mediate 84 85 increased synthesis of  $PGE_2$  [19] leading to remodeling of the extracellular matrix [20, 21] characterized by a loosening of the collagen bundles [22] and associated increases in the cervical 86

concentrations of glycosaminoglycans (GAGs) especially hyaluronan (HA). These PGE<sub>2</sub> induced
changes are partially responsible for cervical relaxation as demonstrated by the ability of an
intra-cervical application of HA to increase cervical penetrability in oestrus ewes [23] and does
[24].

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Gonadotrophin receptors have been identified in the cervix of the cow and the ewe and both FSH 92 93 receptor (FSHR) and its mRNA are highest during pro-oestrus and oestrus [8] at a time when circulating FSH is also high [25]. Similarly, LHR and its mRNA are also present in the cervix of 94 cows [19, 25]. The presence of LH receptor (LHR) in cervical tissue has been reported in women 95 [26] and furthermore intra-cervical human chorionic gonadotrophin (hCG) increased the levels 96 of cAMP and COX2 in the human cervix [26]. The role of gonadotrophins in cervical relaxation 97 although implied by the presence of their receptors and some downstream mediators in the cervix 98 remains unclear. 99 100 There is very little data on the action of gonadotrophins in the ovine cervix although in a 101 102 previous study [13] we showed that the local application of FSH and/or an analogue of PGE (Misoprostol) enhanced the penetrability of the cervix [4, 13]. These data collectively suggest 103 104 that the intra-cervical application of gonadotrophins may enhance relaxation of the cervix to facilitate intrauterine insemination. 105 106 Consequently we set out to define in greater detail, the actions of FSH and LH on the ovine 107 108 cervix during the peri-ovulatory period of the oestrous cycle by studying the effects of intracervical LH and FSH on the intra-cervical levels of COX2 protein and mRNA and the 109 110 concentrations of HA in cervical tissue and cervical mucus. 111 112 113 **Materials and Methods** Animals and their management 114 115 In this study 18 adult Welsh Mountain ewes were divided randomly into two groups of 5 and two groups of 4 ewes. Due to the small number of animals a simple randomization method was 116

117	applied. Each ewe was assigned a unique number from 1 to 18. These numbers were then written
118	on small pieces of papers and were thoroughly mixed in a bowl. Then without looking, 5
119	numbers were picked up randomly for each of the group 1 (FSH) and group 2 (LH), and 4
120	numbers for each of the group 3 (gum acacia vehicle) and group 4 (no vehicle).
121	
122	The multiparous ewes were all healthy and cycling normally during last breading season. They
123	had average ( $\pm$ SD) body condition score of 2.94 $\pm$ 0.3 (2.5-3.5), body weight of 36.9 $\pm$ 3.0 (32 _
124	42) kg and age of $19.8\pm2.1$ (17 - 25) months . The animals in different experimental groups did
125	not vary in their body weight, body condition score, age or parity (Table 1). Moreover, these
126	ewes did not have any reproductive problems previously
127	
128	During the experiment the animals were housed indoors, in groups, on straw bedding and were
129	fed with a commercial concentrate diet <i>ad libitum</i> and with hay and water always available. All
130	the experimental procedures with ewes were conducted with the approval of the ethics
131	committee of the Royal Veterinary College, University of London and with authorization from
132	the Home Office (United Kingdom) in compliance with the Animal (Scientific Procedures) Act,
133	1986.
134	
135	Intra-cervical administration of FSH or LH
136	The ewes were synchronized to a common day of oestrus using intra-vaginal sponges containing
137	30 mg of fluorogestone acetate (Chronogest; Intervet UK Ltd, Northamptonshire, UK) for 12
138	days. The experiment was conducted during the non-breeding season (March to April) therefore,
139	ewes were injected intramuscularly with 500IU of equine chorionic gonadotrophin (eCG;

140 Intervet UK Ltd., Buckinghamshire, UK), at the time of removal of sponges. Ovine FSH (2 mg

141 Ovagen; ICPbio (UK) Limited, Wiltshire, UK) or ovine LH (2 mg, Sigma-Aldrich Chemie

- 142 GmbH, Steinheim, Germany) was dissolved in 0.5 ml of a vehicle consisting of 50% gum acacia
- 143 (Sigma-Aldrich Chemie GmbH, Steinheim, Germany) in normal saline. The ewes were
- 144 restrained in a yoke fitted with sidebars to minimize lateral and forward movements with the
- 145 hindquarters of the ewe raised about 4 inches. A 1 ml Eppendorf (Eppendorf AG, Hamburg,
- 146 Germany) pipette fitted with a 10 cm extension consisting of 3 X 1 ml pipette tips glued together

- 147 was used for intra-cervical administration. The tip of the extension pipette was blunted, by
- 148 cutting off about 0.2 mm of the tip, the extension pipette was then sterilised. The perineum was
- 149 wiped clean with a disinfectant wipe and a duckbill vaginal speculum introduced into the vagina
- 150 so that the external cervical opening could be seen in the light of the speculum lamp. The pipette
- tip was inserted about 1-2 cm into the cervix and the 0.5 ml bolus deposited in 80% of ewes,
- 152 when this was not possible and the FSH or LH was placed at the os cervix. In a series of
- 153 preliminary tests we established the maximum volume (0.5ml) and viscosity of vehicle required
- 154 to ensure that the bolus did not leak from the cervical canal. The intra-cervical treatments were
- applied 24 h after removal of the sponges as follows: Group 1, FSH (2 mg; n = 5); Group 2, LH
- 156 (2 mg; n = 5); Group 3, gum acacia vehicle (n = 4) and Group 4, no vehicle (the intra-cervical
- procedure was carried out but no vehicle was deposited in the cervix; n = 4).
- 158
- 159 Collection of cervical mucus and cervical tissue
- 160 Cervical mucus was collected at 48h and 54h after sponge removal, from the anterior vagina or
- 161 fornix using a duckbill vaginal speculum (attached with a penlight) pressed gently to the floor of
- 162 the vulva and with a downwards movement of the speculum handle thus allowing the mucus to
- 163 drain through the speculum into a collecting tube. The mucus was stored at -80 °C. Ewes were
- 164 killed 54h after removal of sponges (i.e. 30h after treatment) with a captive bolt pistol followed
- 165 by exsanguination. The reproductive tract was removed immediately after death and kept on ice.
- 166 All unwanted tissue was trimmed from the cervix which was then divided into 3 approximately
- 167 equal transverse segments [10, 27] representing the uterine, middle, and vaginal regions of the
- 168 cervix. The segments were fixed in neutral-buffered formalin (BDH, VWR International Ltd.,
- 169 Leicestershire, UK) for 24h, and then stored in 70% ethanol. Fixed tissues were embedded in
- paraffin wax; sections were cut at 7µm on a rotary microtome and mounted onto Superfrost Plus
- 171 slides (BDH, VWR International Ltd., Leicestershire, UK).
- 172

#### 173 *The determination of COX2 mRNA*

- 174 The levels of mRNA for COX2 were determined by *in situ* hybridization (ISH) using
- digoxigenin-11-UTP labeled sense and antisense riboprobes synthesized by Dr. Claire Kershaw,
- 176 The Royal Veterinary College University of London [5, 27]. Eight sections were examined from

each of the three regions of the cervix of each animal, using 4 sections for the sense riboprobe

and 4 sections for the antisense riboprobe. Sense and antisense riboprobes were used on differentslides.

180

# 181 The determination of COX2 protein

The procedure for the immunohistochemical localization was the same as described for our 182 laboratory [23, 28-30]. Immunoperoxidase staining was used to determine the level of COX2 183 using a polyclonal antibody (H-62 from Santa Cruz Biotechnology Inc., Santa Cruz, California, 184 USA). Sections from each region of the cervix from each animal were examined in triplicate for 185 both positive staining and negative controls. The binding site of the enzyme was stained with 186 diaminobenzidine-based peroxidase substrate (ImmPAC<sup>TM</sup> DAB, Vector Laboratory Ltd, 187 188 Cambridgeshire, England), then counterstained with hematoxylin (Hematoxylin QS, H-3404, Vector Laboratory Ltd, Cambridgeshire, England). Negative controls were examined in the same 189 190 manner but substituting the primary antibody with the non-immune rabbit IgG (Santa Cruz 191 Biotechnology, Santa Cruz, California, USA) at an equivalent concentration.

192

## 193 Quantification of in-situ hybridization and immunohistochemistry staining

The levels of both mRNA and protein for COX2 were assessed blind in six tissue layers of the cervix, namely the luminal epithelium, sub-epithelial stroma, circular smooth muscle, longitudinal smooth muscle, transverse smooth muscle and the outer serosa as described in our previous studies [10, 13, 29, 30]. No positive staining for either COX2 or its mRNA was detected in the serosa. The staining in the other five cell layers in each region of the cervix was scored for both the percentage of cells stained and the intensity of staining as described and validated in previous publications from our laboratory [10, 16, 17, 27, 29-31].

201

#### 202 Hyaluronan

(i) Papain extraction and digestion: The concentration of HA in cervical tissue was determined
 by ELISA following the extraction of total GAGs by papain digestion. The extraction of GAGs
 was performed using frozen (-80 °C) tissue [32]. Frozen cervical tissue was thawed slowly on
 wet ice and a transverse section of the tissue was cut and finely chopped using a sterile scalpel

207 blade. The papain buffer was prepared and pre-heated at 60°C for 30 min before use, to activate the enzyme. The papain buffer contained 0.25 mg/mL papain (Roche Diagnostics GmbH, 208 Mannheim, Germany) in 0.1M sodium acetate buffer, pH 5.8, (Sigma-Aldrich Chemie GmbH, 209 210 Steinheim, Germany) containing 5 mM EDTA (Sigma-Aldrich Chemie GmbH, Steinheim, 211 Germany) and 5 mM/L anhydrous cysteine hydrochloride (Sigma-Aldrich Chemie GmbH, 212 Steinheim, Germany). The papain buffer (2 mL) was added to 300mg chopped tissue in a 15 mL 213 Falcon tube which was then covered and sealed with Parafilm to prevent evaporation. The tissues were incubated at 60°C for 16 to 18 h by which time the tissue was completely digested. The 214 following day, 1 mL of the digested lysate was placed in a sterile 1.5 mL Eppendorf tube. Papain 215 activity was halted by the addition of 10 µL of 0.5 M iodoacetic acid (Sigma-Aldrich Chemie 216 217 GmbH, Steinheim, Germany) to 1mL of digested lysate. The tubes were mixed on a vortex mixer and then incubated at 37°C for 30 min after which the tubes were centrifuged at 13,000 rpm for 218 10 min. The supernatant was pipetted into a clean 1.5 mL Eppendorf tube and then stored at -219 220 20°C.

221

(ii) Hyaluronan ELISA: The digested tissue supernatant was assayed in duplicate by ELISA [33]. 222 Nunc-Immuno MaxiSorp<sup>TM</sup> 96 well plates (VWR International Ltd., Lutterworth, Leicestershire, 223 UK) were coated overnight at 37°C with 100 µL/well of 25 µg/mL human umbilical cord HA 224 (Sigma-Aldrich Chemie GmbH, Steinheim, Germany) in 20 mM sodium carbonate buffer pH 9.6 225 (Sigma-Aldrich Chemie GmbH, Steinheim, Germany). The following day the coating solution 226 was removed and the plate washed 3 times in PBS containing 0.1 % Tween 20 (PBS-Tween, 227 228 BDH, VWR International Ltd., Lutterworth, Leicestershire, UK), then blocked with 100  $\mu$ L of 229 1% BSA in PBS-Tween for 1 h at 37°C, and finally washed 3 more times in PBS-Tween. Serial dilutions of a HA standard (human umbilical cord HA ;Sigma-Aldrich Chemie GmbH, 230 231 Steinheim, Germany) were made up in PBS-Tween at concentrations of 5.0, 2.5, 1.25, 0.625, 0.3125, 0.156, 0.078, 0.039, 0.0195 and 0.00976 µg/mL. Supernatant samples were diluted 232 1:1000 in 0.01M sodium acetate buffer to enable the concentration of HA to fall on the standard 233 curve. Samples or standards (50  $\mu$ L) were added to the wells in duplicate followed by 50  $\mu$ L of 234 0.33 µg/mL biotinylated hyaluronic acid binding protein (bHABP; Seikagaku America, 235 Falmouth, Massachusetts, USA). The plates were incubated overnight at room temperature. 236

237 Blank wells containing 100 µL of PBS-Tween only were included in duplicate on each plate and

used to zero the plate reader. Maximum binding was determined in wells that contained  $50 \,\mu L$ 

of PBS-Tween and 50 µL of bHABP. Quality control samples made from pooled cervical

supernatants were also assayed in duplicate on each plate to determine the inter-assay coefficient

- of variation.
- 242

Next day, each plate was washed 3 times in PBS-Tween and 100 µL of the colour reagent

244 Streptavidin-biotinylated horseradish peroxidase complex (Amersham Biosciences UK Ltd,

Amersham, Buckinghamshire, UK) diluted 1:1000 in PBS-Tween, was added to all wells and the

plate incubated for 30 min at 37°C. After incubation the plate was washed 3 times with PBS-

247 Tween and 100 μL of ABTS (2,2'-azino-bis-(3-ethylbenzthiazoline-6-sulphonic acid)

diammonium salt) substrate was added to all wells to develop the colour. The ABTS substrate

was warmed to room temperature before addition to the wells. The plate was incubated at 37°C

for approximately 20 min by which time the optical density at 405nm (OD<sub>405</sub>) of the maximum

binding wells reached approximately 1.5. The optical density was read immediately, at OD<sub>405</sub>

and the concentrations of hyaluronan were determined against the optical density of the

standards. The limit of the sensitivity of the assay was 0.90 μg/mL. The intra-assay coefficient of

variation was 8.60% and the inter-assay coefficient of variation was 18.60%.

255

# 256 *Cervical dry matter*

Frozen cervical tissue was thawed on wet ice and a small piece removed using a sterile scalpel
blade. The piece was weighed, transferred to a dry air incubator at 60°C and left overnight (20
h). Next day the dried cervical tissue was weighed and the percentage dry weight and the
percentage water calculated.

261

# 262 Statistical analysis

The results are presented as means and standard error of the mean (S.E.M). The effects of treatment, region and tissue layer were analyzed using a mixed model ANOVA. Sheep were treated as subjects with cervical region and tissue layer as nested factors and hormonal treatment as a fixed factor. Where it was appropriate, additional *post-hoc* tests comparing the effects of treatment within either cervical region or cervical layer were made using the least significant

difference (LSD) test. The tests were carried out using SPSS for Windows (SPSS version 20.0;

269 SPSS Inc., IBM Company Headquarters, Chicago, Illinois, USA). Differences were considered

statistically significant when  $P \le 0.05$ .

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### 273 **Results**

#### 274 Effects of FSH and LH on the Expression of Cervical COX2 mRNA and COX2

275 The expression of COX2 mRNA in the cervix of ewes treated with intra-cervical FSH was

significantly greater than those treated with vehicle (P = 0.003) or the untreated control group (P

= 0.004; Figure 1). Similarly, the expression of COX2 mRNA in the cervix of ewes treated with

intra-cervical LH was significantly greater than those treated with vehicle (P = 0.007) or the

untreated control group (P = 0.006; Figure 1). There was no significant difference between the

FSH and LH (P = 0.77) or between vehicle and untreated control groups (P = 0.95)

281

The results for COX2 closely paralleled those for COX2 mRNA (Figure 1). The expression of

283 COX2 in the sheep cervix was increased by treatment for both the FSH and LH groups compared

to the vehicle groups [FSH (P = 0.006) and LH (P = 0.05)] groups and the untreated control

groups FSH (P = 0.05) and LH (P = 0.05). The expression of COX2 was not different between the

vehicle and control (P = 0.70) groups nor between the FSH and LH groups (P = 0.29; Figure 1).

287

#### 288 Patterns of Expression of COX2 mRNA and COX2 in the Regions of the Cervix

289 The pattern of expression of COX2 mRNA and COX2 in the regions of the cervix are shown in

Figure 2. The overall expression index of COX2 mRNA, irrespective of the treatment groups,

was significantly different (P < 0.001) among regions. The expression of COX2 mRNA at the

vaginal end (P < 0.001) and the mid-cervix (P < 0.001) were both significantly greater than the

- uterine end. There was no difference between the vaginal end and the mid-cervix (P = 0.68).
- However, the expression of COX2 was not significantly different among the three regions of the

295 cervix.

# 297 Effects of FSH and LH on the Expression of COX2 mRNA and COX2 in the Regions of the 298 Cervix

299 The effects of intra-cervical FSH and LH on the pattern of expression of both COX2 mRNA and 300 COX2 in the three regions of the cervix are shown in Figure 3. At the uterine end of the cervix, 301 intra-cervical FSH increased the expression of COX2 compared to untreated control (P = 0.009) and vehicle treated control (P = 0.008) ewes but it had no effect on the expression of COX2 302 303 mRNA. Furthermore, in the mid-cervix FSH had no effect on the expression of either COX2 or its mRNA. At the vaginal end of the cervix, FSH strongly increased the expression of both 304 COX2 and its mRNA compared to untreated control (both P < 0.001) and vehicle treated control 305 (both P < 0.001) ewes. There was no effect of intracervical LH at the uterine end of the cervix or 306 in the mid-cervix on the expression of either COX2 mRNA or COX2 protein itself. However, 307 intra-cervical LH strongly increased the expression of both COX2 mRNA and COX2 at the 308 vaginal end of the cervix compared to both untreated control (both P < 0.001) and vehicle treated 309

310 controls (both P < 0.001) ewes

311

#### 312 Patterns of expression of COX2 mRNA and COX2 in the Cellular Layers of the Cervix

The pattern of expression of COX2 mRNA and COX2 in the five tissue layers of the cervix are shown in Figure 4. There was no expression of either COX2 mRNA or COX2 itself in the outer serosal (sixth) layer of the cervix and these data are not presented. The expression of both COX2 and its mRNA were both significantly different (both P < 0.001) among the cellular layers of the cervix; expression in the three smooth muscle layers and the luminal epithelium were all significantly higher than in sub-epithelial stroma (all P < 0.001). There were no significant differences among the muscle layers and the luminal epithelium.

320

# 321 Effects of FSH and LH on Expression of COX2 mRNA and COX2 in the Cellular Layers of 322 the Cervix

323 The effects of intra-cervical FSH and LH on the pattern of expression of both COX2 mRNA and

324 COX2 in the five cellular tissue layers of the cervix are shown in Figure 5. There was no effect

of intra-cervical FSH on the expression of COX2 mRNA in luminal epithelium compared to both

untreated control (P = 0.20) and vehicle treated control (P = 0.13) ewes. For COX2 itself there

327 was a significant effect of intra-cervical FSH in in luminal epithelium compared to untreated control (P = 0.004) ewes but not to vehicle untreated control (P = 0.10) ewes. Intra cervical LH 328 329 had no effect on the expression of COX2 or its mRNA in luminal epithelium compared to both untreated control (P = 0.20) and vehicle treated control (P = 0.13) ewes. In the sub-epithelial 330 331 stroma, intra-cervical FSH increased the expression of both COX2 mRNA and COX2 compared to both untreated control (P = 0.004 and P = 0.006) and vehicle treated control (P = 0.01 and P =332 0.05) ewes. However, intra-cervical LH had no effect on the expression of COX2 in the sub-333 epithelial stroma, compared to either the untreated (P = 0.11) or vehicle treated control (P = 0.11)334 (0.45) groups although it COX2 mRNA was increased compared to untreated controls (P = 0.018) 335 and approached significance (P = 0.055) when compared to vehicle treated controls. Intra-336 cervical FSH increased the expression of COX2 mRNA and COX itself in all three layers of 337 smooth muscle compared to both untreated control (P = 0.003 & P = 0.008 - LM; P = 0.003 & P338 = 0.004 - CM; P = 0.04 & p = 0.03 - TM) and vehicle treated control (P = 0.01 & P = 0.02 - LM;339 P = 0.004 & P = 0.01 - CM; P = 0.008 & P = 0.05 - TM) ewes. Intra-cervical LH increased the 340 expression of COX2 mRNA and COX2 itself only in circular smooth muscle compared to the 341 342 untreated control group (P = 0.002 & P = 0.02) and in the vehicle treated control group (P =0.004 & P = 0.05) ewes. In longitudinal smooth muscle intra-cervical LH increased the 343 expression of COX2 mRNA compared to both untreated control (P = 0.001) and vehicle treated 344 control (P = 0.006) groups. However COX2 was increased compared to untreated controls (P =345 346 (0.04) but not when compared to vehicle treated control (P = 0.10). In transverse smooth muscle intra-cervical LH increased the expression of COX2 mRNA or compared to untreated control (P 347 = 0.03) and vehicle treated control (P = 0.006) groups but it did not increase COX2 mRNA 348 compared to untreated controls (P = 0.18) and vehicle treated controls (P = 0.22). 349

350

#### 351 Effects of FSH and LH on the Concentration of Hyaluronan in Cervical Tissue

The concentrations of HA in the cervix are presented in Table 2. The concentration of HA differed among cervical regions (P = 0.002) but not among treatments (P = 0.880). There was significantly more HA in the vaginal end of the cervix compared to the uterine end (P < 0.003). There was no difference between the mid-cervix and the uterine end (P = 0.554) or the vaginal end and the mid-cervix (P = 0.078). The interaction between treatment and region was not significant (P = 0.194). The water content of the cervix expressed as a percentage of the tissue wet weight was not affected by intra-cervical treatment with either FSH or LH (Table 3) but the water content of the cervix was slightly, but significantly (P = 0.002) lower at the vaginal end compared to the uterine end of the cervix (Table 3).

361

# 362 Effects of FSH and LH on the Concentration of Hyaluronan in Cervical Mucus

363 The concentration of HA in cervical mucus collected at 48 h and 54 h after the removal of progestagen pessary are presented in Figure 6. The concentration of HA in mucus collected at 364 48 h did not significantly differ among the treatments. The concentration of HA in mucus 365 collected at 54 h did not significantly differ among the treatments. The FSH group tended to 366 367 have a lower HA concentration than the control group (P = 0.080). However, the significant interaction (P = 0.013) between treatment and time of mucus collection indicated that the 368 369 concentration of HA at the different times was affected by treatment in different ways. Further 370 investigation revealed that the concentration of HA in cervical mucus for the FSH-treated group 371 was significantly lower at 54 h than at than 48 h (P < 0.014) whereas it was not affected by time in the other groups. 372

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- 374

#### 375 **Discussion**

In this study, the expression of COX2 and its mRNA was determined using semi quantitative 376 377 methods (*in situ* hybridization for mRNA and immunohistochemistry for protein). For both analyses a scoring system that had been previously validated, was used [10, 27, 28, 33]. 378 379 Furthermore, this system of quantification was able to describe the localization and distribution of expression at a cellular level. Using these techniques, our study confirmed that both COX2 380 381 and its mRNA are present in the cervix of the ewe during the follicular phase of the oestrous cycle [10, 27, 34] Furthermore the results also show that the levels of COX2 and its RNA in the 382 383 cervix can be altered by intra-cervical FSH or LH suggesting that the gonadotrophins may have a physiological role in the cervix of the oestrous ewe. The dose of 2mg of LH or FSH was used 384 for intra-cervical administration in this study and was based on our previous work where it was 385 386 able to stimulate both the protein and mRNA expression of receptors for LH and FSH in the

- 387 cervical tissues of ewes (Leethongdee et al., 2007a). Both of the receptors were expressed in all
- 388 tissue layers of the cervix except the external serosa with the highest concentrations in the
- 389 luminal epithelium and the irregular smooth muscle. Moreover, cervical administration of 2 mg
- of FSH was able to enhance the cervical relaxation in ewes (Leethongdee et al., 2007b, 2010).
- 391

Both COX2 and its mRNA were detected in all cervical layers except the outer serosal layer. The 392 393 level of expression of both COX2 and its mRNA was lower in the sub-epithelial stroma and higher in the luminal epithelium and the three layers of smooth muscle (Figure 4). In an earlier 394 publication [27] the levels of COX2 mRNA were lowest in luminal epithelium and lower than 395 396 the level of expression we observed in this study (Figure 4). The most likely explanation is that in the former study the cervices that were collected had not been manipulated at all whereas in 397 this study a speculum had been inserted into the vagina at the time of treatment and also at 48 398 and 54 hours later in order to collect cervical mucus. While this discrepancy between the two 399 studies regarding the levels of COX2 and its mRNA's expression in the cervical layers 400 (particularly luminal epithelium and sub-epithelial stroma) could be attributed to the 401 manipulation in the form of insertion of vaginal speculum, this should not confound with the 402

- 403 effects of intra-cervical treatments as the process of vaginal speculum insertion was similar for
- 404 all the experimental groups including the vehicle and non-vehicle controls.
- 405

406 The tissues of the cervix synthesize  $PGE_2$  from arachidonic acid (AA). The first step is the formation of prostaglandin H<sub>2</sub> (PGH<sub>2</sub>) a reaction catalyzed by the COX enzyme. The PGH<sub>2</sub> is 407 408 then converted to  $PGE_2$  by the enzyme PGES. The prostaglandin system is controlled mainly by COX [35] and because of the rapid catalytic inactivation of COX, this enzyme is the rate-limiting 409 410 step in the synthesis of prostaglandins [36] in the cervix. The various reproductive hormones act at multiple levels along the pathway of biosynthesis of PGE<sub>2</sub>. In vitro, oestradiol increased the 411 412 cervical level of the oxytocin receptor, the level of COX2 and the concentration of PGE<sub>2</sub> [18]. Furthermore the levels of OTR, oestradiol receptor  $\alpha$  (ER $\alpha$ ), cPLA<sub>2</sub> and COX2 were all 413 increased in the follicular phase of the oestrous cycle compared to the luteal phase [34, 40]. In 414 addition, both FSH and LH have been implicated [7, 8, 19, 39] in cervical PG synthesis. Both 415 FSH and LH receptors are present in the cervix of the ewe [10] cow [7, 8] and human [26, 41] 416

417 and the level of FSH receptor in the bovine cervix was at its maximum during the follicular phase [8]. In the ewe FSH has been shown to stimulate COX2 in an *in vitro* study [18] and in the 418 419 present study the intra-cervical application of FSH or LH increased cervical COX2 mRNA and 420 protein in the cervix of the non-pregnant ewe during the peri-ovulatory period (Figure 1). In the 421 cow the production of PGE<sub>2</sub> by cultured cervical tissue was induced by FSH [8]. The in vitro administration of both LH and FSH to cultures of cervical tissue from oestrous cows [8, 25] 422 423 stimulated both the cAMP and inositol phosphate signaling pathways [8, 42] suggesting that FSH regulates the synthesis of cervical  $PGE_2$  through one or both of these pathways [8]. 424

425

In this study, although COX2 was present in epithelium, stroma and smooth muscle indicating 426 that they are all capable of synthesizing prostaglandins, the effects of intra-cervical FSH or LH 427 428 differed. Despite the presence of COX2 in luminal epithelium this tissue did not respond to intra-cervical FSH or LH whereas stroma responded only to FSH, increasing the levels of COX2 429 and its mRNA while smooth muscle responded to both FSH and LH with increased levels of 430 COX2 and its mRNA. In the non-pregnant rat, COX2 was also localized to cervical smooth 431 432 muscle, sub-epithelial stroma and epithelium as well as vascular smooth muscle [43] and COX2 has also been detected in the human cervix [44] and human cervical fibroblasts [45]. 433

434

The cervix was analyzed in thirds; the uterine end, the mid-cervix and the vaginal end and the 435 436 patterns of expression across these regions show that the level expression of COX2 was constant across the three regions but that the expression of COX2 mRNA was lower at the uterine end of 437 438 the cervix (Figure 2). These finding are broadly in agreement with previous reports showing that levels of COX2 mRNA [10, 12, 27] and COX2 protein [34] were higher at the vaginal end of the 439 440 cervix. Along its length, the structure of the cervix is not uniform. There is a concentration of cervical folds at the vaginal end [2] which effectively obstructs the cervical canal while at the 441 uterine end the cervical canal is quite open. Consequently there is a greater need for cervical 442 remodeling at the vaginal end of the cervix and probably explains why the levels of COX2 are 443 higher at the vaginal end of the cervix. 444

445

The non-cellular component of the cervix is composed of an extensive extra cellular matrix 446 (ECM) that includes collagen, elastin and proteoglycans [46, 47]. The predominant GAG in the 447 cervix of the non-pregnant ewe is hyaluronan-like accounting for 84 to 90% of total GAGs [5]. 448 In the present study, we determined the concentration of HA in cervical tissue and there was no 449 effect of either FSH or LH although the concentration of HA was highest at the vaginal end of 450 the cervix. This finding mirrors the collagen content in the cervix of the non-pregnant cow 451 452 where the highest collagen content was in the vaginal region and lowest in the uterine region [49]. These data show that there are regional differences of HA concentrations and that HA may 453 influence the patterns of firmness along the longitudinal axes of the cervix and at different stages 454 of the oestrous cycle. 455

456

457

We determined the HA concentration in cervical mucus collected at 48 h and 54 h after pessary removal (Figure 6). The concentration of HA in cervical mucus rose in the LH-treated group but not in the FSH-treated group. The high affinity of HA for water results in a thin watery mucus when HA concentrations in cervical mucus are increased leading to the secretion of a clear mucus during the peri-ovulatory period that facilitates the transport of spermatozoa through the cervix. These data suggest that the intra-cervical application of FSH may be deleterious to the transport of spermatozoa through the cervix.

465

The cervix of the ewe relaxes at oestrus a process that is similar to the mechanism of cervical 466 467 ripening that occurs at parturition. Central to both cervical relaxation and cervical ripening is the local production of PGE<sub>2</sub> and its control by reproductive hormones. Although the pattern of 468 469 reproductive hormones at oestrus and parturition in some ways similar they are not identical and therefore it would be reasonable to assume that the mechanisms of cervical relaxation at oestrus 470 471 and cervical ripening at parturition are also similar but not identical. Relaxation of the cervix is due to a complex combination of biochemical and structural changes affecting the cervical 472 473 connective tissue and leading to an extensible organ [56] and mediated by PGE<sub>2</sub>. The mechanism of action of PGE<sub>2</sub> in the cervix appears to be multifaceted. Receptors for PGE<sub>2</sub> are present in 474 luminal epithelium, stroma and smooth muscle [57]; and prostaglandin-mediated cervical 475

476 softening in sheep, probably involves  $PGE_2$  induced loosening of collagen bundles within the 477 cervical ECM and increased production of HA [22, 53]. Hyaluronan in the ECM, because of its 478 hydrophilic properties, draws water into the ECM leading to an increase in the relative proportion of collagen to smooth muscle in the wall of the cervix. 479 Cervical relaxation is affected by other mechanisms including increased collagenase activity [58] and local 480 inflammatory reactions within cervical fibroblasts [59, 60]. However the predominate anatomical 481 482 and physiological change in cervical ripening is rearrangement of collagen [61]. These effects result in a more pliable cervix. 483

484

The patterns of contractility of smooth muscle in the cervical wall will also be altered by PGE<sub>2</sub> depending on the dominant receptor sub-types. Of the four prostaglandin E receptors (EP1 to 4), EP1 and EP3 increase the contractility of gastrointestinal smooth muscle while EP2 and EP4 relax gastrointestinal smooth muscle [36]. We suggest that the effects of PGE<sub>2</sub> on the smooth muscle of a more pliable cervix lead to cervical relaxation and an opening of the cervical canal at oestrus.

491

There can be little doubt that a central player in cervical relaxation at oestrus is the local 492 production of PGE<sub>2</sub>. In this study we have examined two aspects of PGE<sub>2</sub> in the cervix, first the 493 effect of FSH and LH on its synthesis by measuring the activity of COX<sub>2</sub> in cervical tissue and 494 495 second the action of PGE<sub>2</sub> by measuring the effect of FSH and LH on HA. The main findings summarized in Table 4, are that FSH and LH both stimulated COX2 but neither had any effect 496 497 on the concentration of cervical HA although FSH inhibited the concentration HA in cervical mucus late in the follicular phase. This lack of FSH or LH effect on cervical HA cannot, 498 499 however, be attributed to the relatively lower number of animals belonging to only one breed of sheep in the experimental groups as the variation observed in the data was not huge but normal. 500 501 FSH stimulated COX2 in the stroma and all layers of smooth muscle while LH was effective only in circular smooth muscle. Neither FSH nor LH stimulated COX2 in luminal epithelium. 502 We interpret these findings to suggest that FSH and LH have a role in cervical relaxation at 503 504 oestrus in the ewe but on their own, they cannot induce full cervical relaxation. It would appear that the role of FSH and LH is secondary to a primary role for oxytocin and oestradiol. 505

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514	Author contributions
515	All authors contributed equally to the intellectual content of this paper.
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517	
518	Conflicts of interest
519	All authors declare no conflict of interests.
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**Table 1**: The Mean±SEM body weight, body condition score, age, parity and reproductive

<sup>707</sup> history of ewes used in different experimental groups treated during the peri- ovulatory period.

Treatment	Number	<mark>Weight</mark>	<mark>BCS</mark>	Age	<mark>parity</mark>	<b>Reproductive</b>
		<mark>(Kg)</mark>	<mark>(1-5)</mark>	<mark>(Months)</mark>		<mark>history</mark>
<mark>FSH</mark>	<mark>5</mark>				<mark>Multiparous</mark>	cycling in last
		<mark>37.4</mark>				breeding season,
		<mark>±3.7</mark>	2.8±0.3	19.6±2.1		<b>Healthy</b>
LH	<mark>5</mark>				<mark>Nulliparous</mark>	cycling in last
						breeding season,
		<mark>37.4±3.5</mark>	<mark>3.0±0.4</mark>	19.2±2.3		Healthy
<mark>Gum acacia</mark>	<mark>4</mark>				Nulliparous	cycling in last
vehicle						breeding season,
		<mark>35.8±1.7</mark>	3.1±0.3	$20.2 \pm 1.5$		Healthy
<mark>None (no</mark>	<mark>4</mark>				Nulliparous	cycling in last
vehicle)						breeding season,
		<mark>36.8±3.1</mark>	2.8±0.5	20.7±2.9		Healthy

**Table 2:** The effect of intra-cervical FSH (n=5) or LH (n=5) on the concentration of hyaluronan
(mean ± the standard error of the mean) in ovine cervical tissue collected during an induced
follicular phase 54 hours after the removal of progestagen impregnated pessaries. Control ewes
were untreated (None; n=4) or treated with the gum acacia vehicle (Vehicle; n=4). There were
no significant differences.

Treatment		Hyaluronan (μg/mg wet weight)			
	Uterine end	Mid-cervix	Vaginal end	Total	
FSH	$1.53\pm0.18$	$1.34\pm0.17$	$1.66\pm0.17$	$1.51\pm0.22$	
LH	$1.52\pm017$	$1.63\pm0.17$	$1.73\pm0.17$	$1.63\pm0.40$	
Vehicle	$1.31\pm0.19$	$1.65\pm0.19$	$1.78\pm0.19$	$1.58\pm0.52$	
None	$1.21 \pm 0.19$	$1.61\pm0.19$	$2.09\pm0.19$	$1.64\pm0.19$	
Combined	$1.41\pm0.09^{a}$	$1.55\pm0.09^{a,b}$	$1.80\pm0.09^{b}$	$1.59\pm0.09$	

**Table 3**: The effect of intra-cervical FSH (n=5) or LH (n=5) on the percentage content of water (mean  $\pm$  the standard error of the mean) in ovine cervical tissue collected during an induced follicular phase 54 hours after the removal of progestagen impregnated pessaries. Control ewes were untreated (None; n=4) or treated with the gum acacia vehicle (Vehicle; n=4). Values with different superscripts are significantly different at the 5% level.

7	2	3

	Water content (%)			
Treatment	Uterine end	Mid-cervix	Vaginal end	Whole cervix
FSH	$79.8\pm0.41$	$78.2\pm0.41$	$78.8\pm0.41$	$78.9\pm0.39^{a}$
LH	$78.9\pm0.41$	$78.4\pm0.41$	$78.7\pm0.41$	$78.7\pm0.28^{a}$
Vehicle	$79.2\pm0.46$	$79.4\pm0.46$	77.2 ±0 .46	$78.6\pm0.31^{a}$
None	$78.8\pm0.46$	$78.0\pm0.46$	$77.1\pm0.46$	$78.0\pm0.38^{\rm a}$
Combined	$79.2\pm0.22^{x}$	$78.5\pm0.25^{x,y}$	$78.0\pm0.39^{y}$	$78.6\pm0.18$

**Table 4**: A summary of the effects of intra-cervical FSH or LH, on the expression of COX2, it's
mRNA and the concentration of HA in the cervix of the ewe during the follicular phase of the
oestrous cycle. An effect of either FSH or LH was only accepted if the treatment differed
significantly from BOTH the untreated and vehicle control groups.

Treatment	COX2				
rreatment	mRNA	Protein			
FSH	Selective stimulation of COX2 mRNA in the cervix. Stimulated expression only at the vaginal end of the cervix and in all cell layers except the luminal epithelium.	Selective stimulation of COX2 in the cervix. Stimulated expression at the uterine and vaginal ends of the cervix and in all cell layers except the luminal epithelium.			
LH	Selective stimulation of COX2 mRNA in the cervix. Stimulated expression only at the vaginal end of the cervix and in the three muscle layers but not in the luminal epithelium or stroma.	Selective stimulation of COX2 in the cervix. Stimulated expression only at the vaginal end of the cervix but only in circular smooth muscle.			

732 Figure legends

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Figure 1: The effect of intra-cervical FSH (n=5) or LH (n=5) on the level of cervical expression
(mean ± the standard error of the mean) of COX2 mRNA and COX2 in ovine cervical tissue
collected during an induced follicular phase 54 hours after the removal of progestagen
impregnated pessaries. Control ewes were untreated (None; n=4) or treated with the gum acacia
vehicle (Vehicle; n=4). Columns with different letters differ significantly at P<005. Within</li>
treatments, columns with different superscripts are significantly different.

Figure 2: The level of cervical expression (mean  $\pm$  the standard error of the mean) of COX2 mRNA and COX2 in three regions of the ovine cervix (the uterine end, the mid-cervix and the vaginal end of the cervix). Cervical tissue was collected during an induced follicular phase 54 hours after the removal of progestagen impregnated pessaries. Columns with different letters differ significantly at P<005. Within regions of the cervix, columns with different superscripts are significantly different.

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**Figure 3**: The effect of intra-cervical FSH (n=5; pale grey columns) or LH (n=5; medium grey 748 749 columns) on the level of cervical expression (mean  $\pm$  the standard error of the mean) of COX2 mRNA and COX2 in three regions of the ovine cervix (the uterine end, the mid-cervix and the 750 751 vaginal end of the cervix). Cervical tissue was collected during an induced follicular phase 54 752 hours after the removal of progestagen impregnated pessaries. Control ewes treated with the 753 gum acacia vehicle (Vehicle; n=4; dark grey columns) or were untreated (None; n=4; black columns). Columns with different letters differ significantly at P<005. Within and regions of the 754 755 cervix, columns with different superscripts are significantly different.

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**Figure 4**: The level of cervical expression (mean  $\pm$  the standard error of the mean) of COX2

mRNA and COX2 in five cellular tissue layers of the ovine cervix. The cellular layers are shown

in order from the central lumen of the cervix (luminal epithelium, sub-epithelial stroma,

roo longitudinal smooth muscle, circular smooth muscle and transverse smooth muscle). Cervical

tissue was collected during an induced follicular phase 54 hours after the removal of progestagen

impregnated pessaries. Columns with different letters differ significantly at P<005. Within</li>
 cellular tissue layers of the cervix, columns with different superscripts are significantly different.

**Figure 5**: The effect of intra-cervical FSH (n=5; pale grey columns) or LH (n=5; medium grey 765 columns) FSH (n=5) or LH (n=5) on the level of cervical expression (mean  $\pm$  the standard error 766 of the mean) of COX2 mRNA and COX2 in five cellular tissue layers of the ovine cervix. The 767 768 cellular layers are shown in order from the central lumen of the cervix (luminal epithelium, subepithelial stroma, longitudinal smooth muscle, circular smooth muscle and transverse smooth 769 muscle). Cervical tissue was collected during an induced follicular phase 54 hours after the 770 removal of progestagen impregnated pessaries. Control ewes treated with the gum acacia vehicle 771 (Vehicle; n=4; dark grey columns) or were untreated (None; n=4; black columns). Columns with 772 different letters differ significantly at P<005. NB: The asterisk (\*) indicates a P value (P =773 0.055) approaching significance. 774 775 Figure 6: The effect of intra-cervical FSH (n=5) or LH (n=5) on the concentration of 776 777 hyaluronan in cervical mucus collected during an induced follicular at 48 and 54 hours the removal of progestagen impregnated pessaries. Control ewes were untreated (None; n=4) or 778

treated with the gum acacia vehicle (Vehicle; n=4). There were no significant differences.

<sup>781</sup> Figure 1

















