

## Accepted Manuscript

Title: Randomised controlled trial to evaluate the effect of foot trimming before and after first calving on subsequent lameness episodes and productivity in dairy heifers

Author: S.A. Mahendran, J.N. Huxley, Y-M. Chang, M. Burnell, D.C. Barrett, H.R. Whay, T. Blackmore, C.S. Mason, N.J. Bell

PII: S1090-0233(17)30025-4  
DOI: <http://dx.doi.org/doi: 10.1016/j.tvjl.2017.01.011>  
Reference: YTVJL 4946

To appear in: *The Veterinary Journal*

Accepted date: 11-1-2017

Please cite this article as: S.A. Mahendran, J.N. Huxley, Y-M. Chang, M. Burnell, D.C. Barrett, H.R. Whay, T. Blackmore, C.S. Mason, N.J. Bell, Randomised controlled trial to evaluate the effect of foot trimming before and after first calving on subsequent lameness episodes and productivity in dairy heifers, *The Veterinary Journal* (2017), <http://dx.doi.org/doi: 10.1016/j.tvjl.2017.01.011>.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



1 **Original Article**

2

3 **Randomised controlled trial to evaluate the effect of foot trimming before and after first**  
4 **calving on subsequent lameness episodes and productivity in dairy heifers**

5

6 S.A. Mahendran <sup>a,\*</sup>, J.N. Huxley <sup>b</sup>, Y-M. Chang <sup>a</sup>, M. Burnell <sup>c</sup>, D.C. Barrett <sup>d</sup>, H.R. Whay <sup>d</sup>,  
7 T. Blackmore <sup>a</sup>, C.S. Mason <sup>e</sup>, N.J. Bell <sup>a</sup>

8

9 <sup>a</sup> *Royal Veterinary College, Hatfield, Herts AL9 7TA, UK*

10 <sup>b</sup> *University of Nottingham, School of Veterinary Medicine and Science, Sutton Bonington*  
11 *Campus, Loughborough, LE12 5RD, UK.*

12 <sup>c</sup> *Synergy Farm Health, Evershot, Dorset. DT2 0LD, UK*

13 <sup>d</sup> *School of Veterinary Sciences, University of Bristol, Langford, Bristol, BS40 5DU*

14 <sup>e</sup> *Scotland's Rural College (SRUC), Kings Buildings, Edinburgh, EH9 3JG, UK*

15

16 \* Corresponding author. Tel.: +44778 4137841.

17 *E-mail address: smahendran@rvc.ac.uk (S.A. Mahendran).*

18

Accepted Manuscript

## 19 Highlights

- 20 • Lameness period and point prevalence were not significantly different between  
21 treatment groups
- 22 • The time to first lameness event was not significantly different between treatment  
23 groups.
- 24 • The odds of heifer lameness were highest between 0-6 weeks post-partum.
- 25 • Using repeated scoring at 2 week intervals allows standardised lameness  
26 detection for calculation of robust incidence rates
- 27 • 44.2% of lameness events were single locomotion scores, supporting the concept  
28 of fluctuating scores and apparent self-cure.

29 **Abstract**

30 The objective of this study was to assess both independent and combined effects of  
31 routine foot trimming of heifers at 3 weeks pre-calving and 100 days post calving on the first  
32 lactation lameness and lactation productivity. A total of 419 pre-calving dairy heifers were  
33 recruited from one heifer rearing operation over a 10-month period. Heifers were randomly  
34 allocated into one of four foot trimming regimens; pre-calving foot trim and post-calving  
35 lameness score (Group TL), pre-calving lameness score and post-calving foot trim (Group  
36 LT), pre-calving foot trim and post-calving foot trim (Group TT), and pre-calving lameness  
37 score and post-calving lameness score (Group LL, control group). All heifers were scored for  
38 lameness at 24 biweekly time points for 1 year following calving, and first lactation milk  
39 production data was collected.

40  
41 Following calving, 172/419 (41.1%) of heifers became lame during the study (period  
42 prevalence), with lameness prevalence at each time-point following calving ranging from  
43 48/392 (12.2%) at 29-42 days post-calving to 4/379 (1.1%) between 295-383 days after  
44 calving. The effects of the four treatment groups were not significantly different from each  
45 other for overall lameness period prevalence, biweekly lameness point prevalence, time to  
46 first lameness event, type of foot lesion identified at dry off claw trimming, or the 4% fat  
47 corrected 305-day milk yield. However, increased odds lameness was significantly associated

48 with a pre-calving trim alone ( $P=0.044$ ) compared to the reference group LL. The odds of  
49 heifer lameness were highest between 0-6 weeks post-partum, and heifer farm destination  
50 was significantly associated with lameness (OR 2.24), suggesting that even at high standard  
51 facilities, environment and management systems have more effect on heifer foot health than  
52 trimming.

53

54 *Keywords:* Heifer; Lameness; Prophylactic foot trimming; Productivity

55

Accepted Manuscript

## 56 **Introduction**

57 Lameness and deterioration in claw health observed during the first lactation (Offer,  
58 et al., 2000, Capion et al., 2009) is likely to contribute to poor longevity, high recurrence of  
59 foot lesions between lactations (Capion et al., 2008), reduced milk yield, poor fertility  
60 (Hernandez, et al., 2005) and increased likelihood of culling (Sogstad, et al., 2007). Claw  
61 horn lesion development in dairy heifers can occur pre-calving (Livesey, et al., 1998), with  
62 concurrent high levels of claw horn pathology present in early lactation (Webster., 2001) and  
63 lameness at 50-100 days post-partum is common (Ettema et al., 2006, Maxwell, et al., 2015).  
64 Since lameness occurs frequently in heifers, pre-calving foot inspection might reduce  
65 subsequent lameness around in the periparturient period.

66  
67 The main cause of bovine lameness is foot lesions (Murray et al., 1996), and one  
68 proposed method of managing foot health is routine foot trimming, aiming to maintain  
69 correct weight bearing for optimal function, and to minimise and prevent lesion development  
70 (Manske, et al., 2001). However, the evidence-base for the regimens used is sparse (Manning,  
71 et al., 2016).

72  
73 Locomotion scoring is the main method used to detect lameness, and previous work  
74 has demonstrated the low prevalence of proximal limb lameness (Murray et al., 1996).  
75 Lesions causing lameness on subsequent foot examination have been reported in lactating  
76 dairy cows with a locomotion score of 2 (Groenevelt et al., 2014). These lesions respond best  
77 to treatment with non-steroidal anti-inflammatory drugs and the application of a block to a  
78 sound claw (Thomas et al., 2014). These reports support the assumption that most lameness  
79 detected using mobility scoring is foot lesion-related and potentially manageable using claw  
80 trimming methods.

81

82           The primary objective of the study was to assess both the independent and combined  
83 effects of routine foot trimming in heifers at 3 weeks pre-calving and 100 days post calving  
84 on the first lactation lameness and lactation productivity. The hypothesis was that there would  
85 be a significant difference between the control group (biweekly lameness score only) and  
86 groups containing heifers that received foot trimming either pre-calving and/or post-calving  
87 with respect to lameness prevalence, 305 day first lactation milk yield, and/or time to  
88 conception.

89

## 90 **Materials and methods**

### 91 *Study design*

92           A negatively controlled randomised clinical trial (RCT) was used to compare the  
93 effect of pre- and post-calving foot trimming regimens on subsequent lameness events and  
94 production during the first lactation. The trial protocol was reviewed and approved by the  
95 Ethical Review Committee of the Royal Veterinary College (Approval number, URN 2013  
96 1255; January 2014). Sample size calculations based on detecting a 25% difference in  
97 lameness prevalence at 80% power and 5% significance, yielded a group size of 43 heifers  
98 per group (PS power and sample size calculations, Version 3, 2009).

99

### 100 *Herd selection*

101           One dairy farm business (Dorset, UK) comprising two dairy herds was used for the  
102 study, and Holstein dairy heifers calved between November 2013 and September 2014. A  
103 heifer was defined as a female bovine that was due to calve for the first time during the study  
104 period; the animal ceased being a heifer at dry off, culling or death during first lactation.  
105 Before first calving, heifers were reared at grass during the summer and housed in winter in

106 sand bedded cubicles. At 3 weeks pre-calving, heifers were moved into a transition group at  
107 the calving unit, housed in sand bedded cubicles together with multiparous cows, and calved  
108 in a loose housed straw yard. Heifers joined one of two milking herds post-partum, located at  
109 two different sites. Both dairies operated a continuous housing system for lactating cows with  
110 deep sand beds in Super Comfort Sand Stall cow cubicles (IAE, UK). Cows were milked 3  
111 times a day through a rotary parlour, and fed on a total mixed ration. Farm 1 was a high  
112 yielding (11,500 L) dairy, with high foot wear due to large walking distances and a lot of  
113 concrete flooring, and was where all heifers calved. Farm 2 was a new build, high yielding  
114 (10,000 L) dairy, with very high foot wear due to newly laid concrete, and was located  
115 approximately 7 km from Farm 1. The destination of heifers was determined at calving by the  
116 owner and herd manager who were masked to treatment group allocations and made location  
117 selection without animal inspection.

118

#### 119 *Allocation to treatment group*

120 The study interventions were conducted at the individual animal level, with each  
121 heifer treated as an independent unit. Heifers were excluded from enrolment if they had  
122 previously been lame or were lame at the time of enrolment (3 weeks pre-calving). Heifers  
123 were randomly allocated to one of the four treatment groups using random sequences  
124 generated by computer software (Excel 2007, Microsoft). The groups were as follows: pre-  
125 calving foot trim and post-calving lameness score (Group TL), pre-calving lameness score  
126 and post-calving foot trim (Group LT), pre-calving foot trim and post-calving foot trim  
127 (Group TT) and pre-calving lameness score and post-calving lameness score (Group LL,  
128 control group; Fig. 1).

129

130 Heifers not present in the transition group at the pre-calving foot trimming were  
131 randomly re-allocated to either Group LT or Group LL, a modification introduced during the  
132 trial. Randomisation was performed using random sequences generated by computer software  
133 (Excel 2007, Microsoft). Reasons for heifers not being present in the transition group  
134 included overstocking of the shed, or a change in the day that heifers were moved into the  
135 transition group to a day that the foot trimmer was unavailable.

136

### 137 *Foot trimming and locomotion scoring*

138 Foot trimming visits were carried out every 2 weeks from 1 November, 2013 until 30  
139 November, 2014. Heifers in a treatment group that were due to receive a foot trim (Groups  
140 TL, LT, TT) had all four feet examined in a hydraulic upright foot crush (HTL Hydraulic  
141 Crush, Hooftrimming). Heifers allocated to Group LL did not have their feet lifted or  
142 examined. The foot trimming was carried out by one professional foot trimmer (Dutch  
143 Diploma Holder) following the Dutch Five Step method (Toussaint Raven, 1985), with deep  
144 and wide dishing out at the sole ulcer site consistent with a modification proposed by Burgi  
145 and Cook (2008). A conservative trimming method was used which preserved sole depth and  
146 walls, and no trimming was carried out unless detectable overgrowth required correction,  
147 thereby avoiding overtrimming.

148

149 Any heifers identified as lame before entering the trimming crush were treated using a  
150 standardised protocol, irrespective of study group allocation. Any digital dermatitis lesions  
151 identified were treated with chlortetracycline spray (Cyclo spray, Dechra Veterinary  
152 Products). Claw horn lesions were treated with wooden blocks applied to the sound claw with  
153 an adhesive bond to the sole (Mini Moo Gloo, Moogloo), and corrective trimming with loose



154 and underrun horn removed according to Mahendran et al. (2015). Non-steroidal anti-  
155 inflammatory drugs were not administered.

156

157         Locomotion was assessed in all heifers at 3 weeks pre-calving, and then biweekly  
158 every  $14 \pm 3$  days for 1 year post-calving (producing 24 biweekly locomotion scores).  
159 Scoring was conducted using a modified version of the Agriculture and Horticulture  
160 Development Board (AHDB) Dairy mobility score (locomotion scores of 0, 1, 2a, 2b, 3a, or  
161 3b; Thomas, et al., 2015). Briefly, heifers with score 0 walked with a normal gait; heifers  
162 with score 1 had uneven steps but the leg was not immediately identifiable; heifers with score  
163 2a had mild asymmetry with a decreased stride length; heifers with score 2b had moderate  
164 asymmetry with a raised back; heifers with score 3a had severe asymmetry with reduced  
165 walking velocity so they were unable to keep up with the healthy herd; and heifers with score  
166 3b were minimally weight-bearing and reluctant to walk. Locomotion scoring was carried out  
167 by a single trained observer (SAM) who was effectively masked to the treatment group by  
168 virtue of the small number of heifers joining large milking groups. When a heifer was  
169 identified as lame (locomotion score 2a, 2b,3a or 3b), the farmer was informed and any  
170 further treatments were conducted at the farmer's discretion, while heifers remained in the  
171 study.

172

### 173 *Productivity data*

174         Milk yield and fertility data were extracted from monthly milk recordings collected by  
175 a single company (National Milk Records) and by using on-farm management software  
176 (Dairy Comp 305, Valley Agricultural Software). A 4% fat corrected 305-day milk yield was  
177 calculated using the formula reported by Gaines and Davidson (1923).

178

179 *Outcome measures of lameness*

180 Never vs. ever lame

181 The 48-week period prevalence was defined as the proportion of heifers that went  
182 lame during the 48-week time period, using the number of heifers present at the beginning of  
183 the study period as the denominator.

184

185 Proportion of time lame during the study period

186 This proportion was defined as the number of locomotion scores ( $>1$ ) during the 24  
187 biweekly locomotion scores following parturition, divided by the total number of locomotion  
188 score observations recorded during the study period for each heifer. Heifers exiting the study  
189 received biweekly locomotion scoring until their removal from the farm.

190

191 Lameness point prevalence at each biweekly period

192 This was calculated as the total number of heifers that were lame at each specified  
193 biweekly time point, divided by the total number of heifers present at that time point.

194

195 *Statistical analysis*

196 Binary logistic regression was used to assess the effects of treatments and farm on  
197 lameness outcome. Binomial logistic regression was used to assess the effects of treatments  
198 and farm on the proportion of time lame in the first lactation. Generalised estimating  
199 equations with logit link function was used to assess the effects of treatments, farm and time  
200 on the outcome of lameness, which accounted for the repeated measures of locomotion  
201 scores. Cox regression was used to evaluate effects of treatment and farm on time to first  
202 lameness event, and time to conception for heifers that became pregnant. A general linear

203 model was used to assess whether treatment groups and farms had any effect on the 4% fat  
204 corrected 305-day yield.

205

206 All analyses were conducted using SPSS (SPSS version 21, Lead Technologies,  
207 2012). Type I error rate was set at 5%.

208

## 209 **Results**

### 210 *Study inclusions and exclusions*

211 A total of 419 heifers were recruited between 1<sup>st</sup> November 2013 and 30<sup>th</sup> September  
212 2014 (Table 1); 188 heifers were milked in Farm 1 and 231 were heifers milked in Farm 2.  
213 Nineteen heifers were excluded due to lameness at 3 weeks pre-calving. Fifty-five heifers not  
214 in the transition group at the inspection 3 weeks before calving were randomly re-allocated to  
215 group LT or LL (27 heifers re-allocated from Group TL, and 28 heifers reallocated from  
216 Group TT). Randomisation was performed using random sequences generated by computer  
217 software (Excel 2007, Microsoft). Forty-eight heifers (11%) were lost to follow-up (culled or  
218 died); 25 were lost from Farm 1 and 23 from Farm 2. Detailed information on why heifers  
219 were lost was not available. Locomotion score data were collected for animals present, with  
220 no additional missing data, which was achievable because locomotion scoring was conducted  
221 during milking on a rotary parlour with a steady exit flow rate, so every heifer could be seen  
222 and scored. A total of 259/419 heifers conceived and were identified as pregnant during the  
223 first lactation.

224

### 225 *Overall period prevalence of heifer lameness*

226 A total of 172 heifers had a locomotion score of  $>1$  after calving. There was an  
227 overall 48-week period prevalence of 41.1% across treatment groups; no significant effect of

228 seasonality was detected ( $P=0.471$ ). The most common locomotion score was 2a, and only  
229 one heifer had the most severe locomotion score (3b) during the study period (Table 2).

230

231 There was no significant effect of treatment group on development of lameness  
232 ( $P=0.669$ ). Group hazard ratios (HR) are shown in Table 3. Prevalence of lameness was  
233 higher at Farm 2 (48.9% vs. 31.4%;  $P < 0.001$ ). There was no significant interaction between  
234 farm and treatment group ( $P=0.322$ ), and treatment did not significantly affect the proportion  
235 of time heifers were lame across the 48-week study period ( $P=0.094$ ), although TL had  
236 higher odds of lameness compared to LL (OR=1.29, 95% CI, 1.01-1.65;  $P=0.044$ ; Table 3).  
237 Of all the lameness events recorded, 76/172 (44.2%) of heifers had only a single lameness  
238 event in the entire 48-week follow-up period.

239

240 The lameness point prevalence measures differed significantly over the 24 biweekly  
241 periods (overall  $P$ -value  $< 0.001$ ), and there was a significant effect of farm ( $P=0.005$ ), but  
242 treatment group was not statistically significant ( $P=0.726$ ). The first 42 days following  
243 calving was the time of highest lameness risk (Fig. 2).

244

245 The total time at risk for all heifers was 272.6 years; lameness incidence was 0.63  
246 new cases per heifer per year (Table 4). Cox regression analyses demonstrated that farm was  
247 significantly associated with time to development of first lameness (HR, 1.797; 95% CI,  
248 1.312-2.462;  $P < 0.001$ ), but treatment group was not (HR, 0.905; 95% CI, 0.792-1.035;  
249  $P=0.527$ ).

250

251 *Type of lesions detected at the dry-off trim*

252 Of 371 heifers, 287 (77.4%) had no lesions detected at trimming. A total of 50/371  
253 heifers (13.5%) had detectable sole haemorrhage or thin soles, and 70% (35/50) of those were  
254 located at Farm 2.

255

#### 256 *Milk production*

257 Treatment did not affect the 4% fat corrected 305d yield ( $P=0.104$ ), although farm  
258 ( $P<0.001$ ) and the days in milk at conception ( $P<0.001$ ) were significantly associated with  
259 this outcome measure. The mean difference in 4% fat corrected 305-day yield was  $925\pm 238L$   
260 between farms.

261

#### 262 *Time to conception*

263 There was no effect of farm (HR, 0.651; 95% CI, 0.403-1.295;  $P=0.121$ ) or treatment  
264 (HR, 0.545; 95% CI, 0.084-3.547;  $P=0.559$ ) on time to conception. Among the 259 pregnant  
265 heifers, median time to conception was 85 days and 70 days for those 'never' and 'ever' lame  
266 during the study period, respectively.

267

#### 268 **Discussion**

269 Preventing lameness in heifers is a critical control point due to the high prevalence of  
270 lesions (Bell et al., 2009), the deterioration in foot health that occurs during first lactation  
271 (Offer, et al., 2000), increased risk of recurrence of lameness in subsequent lactations (Hirst,  
272 et al., 2002), and premature culling (Sogstad, et al., 2007) that occurs in lame heifers. Routine  
273 foot trimming of dairy cows and heifers is now a widespread practice, although the evidence  
274 base for their effective use is minimal (Potterton, et al., 2012, Manning, et al., 2016).

275

276 Our study evaluated the effect of foot trimming heifers in a high claw wear  
277 environment at 3 weeks pre-calving and 100 days post-calving (both independently and in  
278 combination) to assess the impact of foot trimming on subsequent lameness occurrence and  
279 productivity. There was no significant difference in lameness period prevalence ( $P=0.669$ ),  
280 lameness point prevalence ( $P=0.726$ ), or time to first lameness event between treatment  
281 groups ( $P=0.527$ ). However, a pre-calving trim alone significantly increased ( $P=0.044$ ) the  
282 proportion of lame heifers during the first lactation compared to the control group, and this  
283 increase occurred consistently across the follow-up period. Consequently, we concluded that  
284 the prophylactic trimming interventions used in this study did not have beneficial effects on  
285 post-calving heifers when compared to the control group (lameness scoring only). Since this  
286 deleterious effect was not seen in Group TT (pre-calving foot trim and post-calving foot  
287 trim), we suggest interpreting this finding cautiously, especially given the confidence interval  
288 calculated (Table 3; OR, 1.29; 95% CI, 1.01-1.65;  $P=0.044$ ). The Dutch Five Step claw  
289 trimming method used aimed to conserved sole depth, but this may not have been sufficient  
290 to prevent thin soles and bruising exacerbated by new concrete and sand on Farm 2; the  
291 relationship between concrete flooring and thin soles has previously been reported in the  
292 literature (van Amstel, et al., 2004). This suggests that on farms where the prevalence of thin  
293 soles is high, preventative trimming techniques might not be suitable, but reducing the  
294 excessive rate of wear might be beneficial. Abrasive concrete causes increased sole wear,  
295 leading to sole thinning and predisposing to contusions due to a lack of protection of the  
296 sensitive corium by the thin sole. However, these contusions can be responsive to appropriate  
297 trimming treatments (Thomas, et al., 2015, Groenevelt, et al., 2014). It is important that the  
298 timing and technique of trimming is appropriate to individual farm conditions and the term  
299 ‘foot inspection’ is preferred to ‘foot trimming’, to encourage sole depth conservation rather  
300 than following routine trim protocols or seeking to achieve an aesthetically pleasing finish.

301

302           The maximum point prevalence detected in this study was 12.2% (standard error of  
303 the mean [SEM], 1.7%) between 29-42 days post-partum (Fig. 2), which agrees with  
304 previously reported data for UK dairy heifers (6-37%; Maxwell et al., 2015). This pattern of  
305 increased prevalence of lameness over the first 6 weeks post-partum suggests a severe  
306 deterioration in foot health through the post-calving transition period until the time of peak  
307 lactation. Changes in the suspensory apparatus in the periparturient period challenge foot  
308 health (Talton, et al., 2002) and the loss of the digital cushion could also be involved in the  
309 development of claw lesion.

310

311           The 48-week period prevalence for lameness in our study was 41.1%. This is the first  
312 report detailing the extent to which heifer populations are affected by lameness; lameness  
313 was also more prevalent than previously described in multiparous cows. However, 76/172  
314 (44.2%) of the affected heifers had a single lameness event, in agreement with others who  
315 have reported transient and fluctuating lameness (Groenevelt, et al., 2014). Apparent self-  
316 cure in the absence of treatment is common in the early stages of lameness before clinically  
317 recognisable foot lesions appear. This has been previously explained by the resolution of sole  
318 bruising through rest, or by resolution of digital dermatitis through footbathing (Relun, et al.,  
319 2012). This suggests that the proportion of lameness scores 2 and 3 was the simplest and  
320 most appropriate outcome measure for this study, particularly on a farm where problems with  
321 sole haemorrhage and thin soles were more prevalent than sole ulcers or white line lesions in  
322 primiparous heifers, a pattern typical on well managed units with good lameness detection.

323

324           The most common lesions at drying off were sole haemorrhage and thin soles, and  
325 70% of these reported lesions occurred on Farm 2. These lesions could have been under-

326 recorded in other studies, which might explain the apparent lack of lameness prevention in  
327 our study compared to previous reports, due to the high prevalence of thin sole lesions.

328

329 In our study, there was no significant difference in the 4% fat corrected 305-day milk  
330 yield or calving to conception interval between treatment groups. However, lame heifers had  
331 a mean increase in calving to conception interval of 15 days, which confirms the study by  
332 Hernandez, et al., (2007), who reported 3.5 increased odds of delayed ovarian cyclicity  
333 compared to non-lame animals.

334

335 The absence of 55 heifers from the transition group at 3 weeks pre-calving, and their  
336 subsequent random re-allocation to treatment groups LT and LL was a limitation of the study  
337 design. While this was not intended, we have no reason to suspect that this reallocation  
338 unbalanced the groups with respect to potential confounders, as it was simply a consequence  
339 of maintaining suitable stocking densities in the transition group. Further work is needed to  
340 investigate which heifer foot trimming regimen, if any, would be most suitable in different  
341 claw wear scenarios, the effect of trimming style on lameness prevention, and whether foot  
342 trimming can provide long-term protection against pathology such as new bone formation on  
343 the third phalanx (Newsome, et al., 2015).

344

345 A modified AHDB locomotion score was used in our study (Thomas, et al., 2015),  
346 with scores of 2 and 3 being defined as clinically lame. Scoring can inform the therapeutic  
347 management of lameness (Groenevelt, et al., 2014), and with appropriate training, high  
348 within-observer agreement of scoring is possible (Garcia, et al., 2015). Using repeated  
349 scoring at 2-week intervals, it is possible to standardise lameness detection for the calculation  
350 of robust incidence rates, rather than relying on detection by farmers, which is inherently



351 variable between farms and people (Groenvelt et al., 2014). Our study used biweekly scoring  
352 rather than monthly scoring as described by Green et al., (2002), partly in an effort to  
353 improve accuracy, but also because delays in treatment initiation associated with monthly  
354 scoring has been shown to reduce recovery rates (Thomas et al., 2015). Further work is  
355 required to explore variations in the accuracy and precision of lameness and lesion detection  
356 using biweekly screening, but most studies, including ours, are primarily limited by lesion  
357 diagnosis, since lesions such as sole ulcers can take several weeks to manifest.

358 While no routine foot trimming regimen was protective in our study, trimming did not have a  
359 significant deleterious effect on the prevalence of lameness, apart from in Group TL (pre-  
360 calving foot trim and post-calving locomotion score), and there was no effect on production  
361 performance compared to the control group. Therefore, despite our findings, if lameness and  
362 severe claw lesion prevalence is high and lameness scoring is not feasible, routine claw  
363 inspection could remain a viable alternative to general observation for lameness or fortnightly  
364 lameness scoring.

365

## 366 **Conclusions**

367 No beneficial effect of a pre-calving or post-calving foot trimming regimen was  
368 detected in this controlled study, which used various lameness outcome measures including  
369 period prevalence, point prevalence, or time to index lameness event during the first lactation.

370 The proportion of lameness in the pre-calving foot trimming group (Group TL) was  
371 significantly higher than in the control group. This indicates that routine lameness screening  
372 using locomotion scoring could be preferable to routine trimming in some units for the  
373 management of heifer lameness. The protocol used should be appropriate to individual farm  
374 conditions, taking into account the availability of trained staff to carry out foot trimming or  
375 lameness scoring, cow comfort level, level of foot exposure to concrete, and heifer group

376 sizes. The greatest risk period for heifer lameness was 0-6 weeks post-partum, suggesting  
377 potential for more targeted intervention and monitoring of health status during this period.  
378 Further work is required to investigate whether there are significant benefits of foot trimming  
379 in more traditional dairy housing systems.

380

### 381 **Conflict of interest statement**

382 Dartington Cattle Breeding Trust funded this study. Dartington Cattle Breeding Trust  
383 played no role in the study design or in the collection, analysis and interpretation of data, nor  
384 in the decision to submit the manuscript for publication. None of the authors has any other  
385 financial or personal relationships that could inappropriately influence or bias the content of  
386 the paper.

387

### 388 **Acknowledgments**

389 Thanks go to the Dartington Cattle Breeding Trust for funding the project, to Synergy  
390 Farm Health and their foot trimmer Dave Phillips for the on-farm support and trimming, to  
391 the Dairy Group used in the project, to the farm owner and his staff, and to Karl Burgi for his  
392 technical advice.

### 393 **References**

394

395 Bell, N.J., Bell, M.J., Knowles, T.G., Whay, H.R., Main, D.J., Webster, A.J.F., 2009. The  
396 development, implementation and testing of a lameness control programme based on HACCP  
397 principles and designed for heifers on dairy farms. *The Veterinary Journal* 180, 178-88.

398

399 Burgi, K. and Cook, N. B., 2008. Three adaptations to the functional trimming method. Kuopio,  
400 Finland, Proceedings 7th conference of lameness in ruminants. pp 196

401

402 Gaines, W.L., Davidson, F.A., 1923. Relation between percentage fat content and yield of milk:  
403 correction of milk yield for fat content. In: *Bulletin No. 245. The University of Illinois, USA*, pp. 594

404

405 Garcia, E., Konig, K., Allesen-Holm, B.H., Klaas, I.C., Amigo, J.M., Bro, R., Enevoldsen, C., 2015.  
406 Experienced and inexperienced observers achieved relatively high within-observer agreement on  
407 video mobility scoring of dairy cows. *Journal of Dairy Science* 98, 4560-71.

408

409 Green, L. E. , Hedges, V.J., Schukken, Y.H., Blowey, R.W., Packington, A.J., 2002. The impact of  
410 clinical lameness on the milk yield of dairy cows. *Journal of Dairy Science* 85, 2250-56.

- 411  
412 Groenevelt, M., Main, D.C., Tisdall, D., Knowles, T.G., Bell, N.J., 2014. Measuring the response to  
413 therapeutic foot trimming in dairy cows with fortnightly lameness scoring. *The Veterinary Journal*  
414 201, 283-88.
- 415  
416 Hernandez, J. A., Garbarino, E.J., Shearer, J.K., Risco, C.A., Thatcher, W.W., 2005. Comparison of  
417 milk yield in dairy cows with different degrees of lameness. *Journal of the American Veterinary*  
418 *Medical Association* 227, 1292-96.
- 419  
420 Hernandez, J. A., Garbarino, E.J., Shearer, J.K., Risco, C.A., Thatcher, W.W., 2007. Evaluation of the  
421 efficacy of prophylactic hoof health examination and trimming during midlactation in reducing the  
422 incidence of lameness during late lactation in dairy cows. *Journal of the American Veterinary Medical*  
423 *Association* 230, 89-93.
- 424  
425 Hirst, W. M., Murray, R. D., Ward, W. R., French, N. P., 2002. A mixed-effect time-to-event analysis  
426 of the relationship between first-lactation lameness and subsequent lameness in dairy cows in the UK.  
427 *Preventive Veterinary Medicine* 4, 191-201.
- 428  
429 Livesey, C. T., Harrington, T., Johnston, A.M., May, S.A., Metcalf, J.A., 1998. The effect of diet and  
430 housing on the development of sole haemorrhages, white line haemorrhages and heel erosions in  
431 Holstein heifers. *Animal Science* 67, 9-16.
- 432  
433 Mahendran, S.A., Bell, N.J., 2015. Managing Claw Health in Dairy Cows and Heifers through  
434 appropriate trimming techniques. *In Practice* 37, 231-242.
- 435  
436 Manning, A., Mahendran, S. A., Bell, N. J., 2016. Evidence base behind foot trimming in UK dairy  
437 cattle. *Livestock* 21, 6-14.
- 438  
439 Manske, T., Hultgren, J., Bergsten, C., 2001. The effect of claw trimming on the hoof health of  
440 Swedish dairy cattle. *Preventive Veterinary Medicine* 54, 113-29.
- 441  
442 Maxwell, O. J., Hudson, C. D., Huxley, J. N., 2015. Effect of early lactation foot trimming in lame  
443 and non-lame dairy heifers: a randomised controlled trial. *The Veterinary Record* 177, 100-7.
- 444  
445 Murray, R.D., Downham, D.Y., Clarkson, M.J., Faull, W.B., Hughes, J.W., Manson, F.J., Merritt,  
446 J.B., Russell, W.B., Sutherst, J.E., Ward, W.R., 1996. Epidemiology of lameness in dairy cattle:  
447 description and analysis of foot lesions. *The Veterinary Record* 138, 586-591
- 448  
449 Newsome, R., Green, M., Bell, N.J., Chagunda, M., Mason, C., Rutland, C., Sturrock, C., Whay,  
450 H.R., Huxley, J.N., 2015. Linking Bone Development on the caudal aspect of the Distal Phalanx with  
451 Lameness during Life. *Journal of Dairy Science* 99, 4512-4525
- 452  
453 Offer, J. E., McNulty, D., Logue, D. N., 2000. Observations of lameness, hoof conformation and  
454 development of lesions in dairy cattle over four lactations. *The Veterinary Record* 147, 105-9.
- 455  
456 Potterton, S. L., Bell, N.J., Whay, H.R., Berry, E.A., Atkinson, O.C., Dean, R.S., Main, D.C., Huxley,  
457 J.N., 2012. A descriptive review of the peer and non-peer reviewed literature on the treatment and  
458 prevention of foot lameness in cattle published between 2000 and 2011. *The Veterinary Journal* 193,  
459 612-6.
- 460  
461 Relun, A., Lehebel, A., Bareille, N., Guatteo, R., 2012. Effectiveness of different regimens of a  
462 collective topical treatment using a solution of copper and zinc chelates in the cure of digital  
463 dermatitis in dairy farms under field conditions. *Journal of Dairy Science* 95, 3722-3735.
- 464

- 465 Sogstad, A. M., Osteras, O., Fjeldass, T., Nafstad, O., 2007. Bovine claw and limb disorders related to  
466 culling and carcass characteristics. *Livestock Science* 106, 87-95.  
467
- 468 Thomas, H.J., Miguel-Pacheco, G.G., Bollard, N.J., Archer, S.C., Bell, N.J., Mason, C., Maxwell,  
469 O.J.R., Remnant, J.G., Sleeman, P., Whay, H.R., Huxley, J.N., 2014. Evaluation of four treatments for  
470 claw horn lesions in dairy cows. *Journal of Dairy Science* 98, 4477–4486.  
471
- 472 Thomas, H. J., Miguel-Pacheco, G.G., Bollard, N.J., Archer, S.C., Bell, N.J., Mason, C., Maxwell,  
473 O.J., Remnant, J.G., Sleeman, P., Whay, H.R., Huxley, J.N., 2015. Evaluation of treatments for claw  
474 horn lesions in dairy cows in a randomized controlled trial. *Journal of Dairy Science*. 98, 4477-86.  
475
- 476 Toussaint Raven, E., 1985. The principles of claw trimming. *Veterinary Clinics of North America*  
477 *Food Animal Practice* 1, 93-107.  
478
- 479 van Amstel, S.R., Shearer, J.K., Palin, F. L., 2004. Moisture Content, Thickness, and Lesions of Sole  
480 Horn associated with thin soles in dairy cattle. *Journal of Dairy Science* 87, 757-63.  
481
- 482 Webster, A. J., 2001. Effects of housing and two forage diets on the development of claw horn lesions  
483 in dairy cows at first calving and first lactation. *The Veterinary Journal* 162, 56-65.  
484

#### 485 **Figure legends**

486

487 Fig. 1. Flow chart representing events for each treatment groups at specified intervention  
488 times. LS, locomotion score; Tr, Foot trim; TL, Pre-calving foot trim and post-calving  
489 locomotion score; LT, Pre-calving locomotion score and post-calving foot trim; TT, Pre-  
490 calving foot trim and post-calving foot trim; LL, Pre-calving locomotion score and post-  
491 calving locomotion score (control).

492

493 Fig. 2. Lameness point prevalence (%) throughout the first lactation recorded at each of the  
494 24 biweekly lameness scores.

495

496

497 **Table 1** Distribution and performance of heifers in each of the four treatment groups in the  
 498 trial designed to investigate foot trimming interventions before and after first calving in dairy  
 499 heifers.

Variable	TL	LT	TT	LL
Number of heifers enrolled in each group	79	132	77	131
Number of heifers lost to follow-up, and excluded from analysis	10	15	7	17
Proportion of heifers in each group at Farm 1 (%)	41.8	49.2	37.7	46.6
Lameness 48-week period prevalence (%)	46.8	40.2	42.9	37.4
4% fat corrected 305-day milk yield $\pm$ SEM (L)	8491 $\pm$ 272	8759 $\pm$ 203	9035 $\pm$ 290	9308 $\pm$ 245
Days to conception $\pm$ SEM	95.5 $\pm$ 7.4	105.4 $\pm$ 7.2	86.3 $\pm$ 6.8	98.6 $\pm$ 6.7

500 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion  
 501 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,  
 502 Pre-calving locomotion score and post-calving locomotion score (control); SEM, Standard  
 503 error of the mean  
 504

505 **Table 2** Proportion of lameness scores within each of the lameness scoring classes (Thomas.,  
 506 et al, 2015) as a percentage of the total number of lameness observations in that group,  
 507 presented for the four treatment groups and the two farms in a trial designed to investigate  
 508 foot trimming interventions before and after first calving in dairy heifers.

	Lameness score 0 (%)	Lameness score 1 (%)	Lameness score 2a (%)	Lameness score 2b (%)	Lameness score 3a (%)	Lameness score 3b (%)
Group TL	91.1	2.1	3.8	2.3	0.7	0.1
Group LT	93.5	1.6	3.0	1.8	0.2	0.0
Group TT	91.9	1.8	3.5	2.4	0.3	0.0
Group LL	93.0	1.7	3.6	1.3	0.3	0.0
Farm 1	95.1	1.5	2.0	1.2	0.2	0.0
Farm 2	90.5	2.0	4.5	2.3	0.6	0.1
Overall	92.8	1.8	3.3	1.8	0.4	0.1

509 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion  
 510 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,  
 511 Pre-calving locomotion score and post-calving locomotion score (control)  
 512

513 **Table 3** Association between treatments and lameness assessment based on different  
 514 lameness measurements. All analyses have adjusted for farm effect. Binary logistic  
 515 regression, binomial logistic regression, generalised estimating equations for repeated binary  
 516 measures and Cox regression were employed for these four analyses.

	Binary logistic regression: Lameness period prevalence over 48-week period  OR (95% CI)	Generalised estimating equation: Proportion of time being lame over 48-week period  OR (95% CI)	Binomial logistic regression: Presence or absence of lameness at each biweekly period  OR (95% CI)	Cox regression: Time to first lameness event  HR (95% CI)
LL	Reference	Reference	Reference	Reference
TL	1.44 (0.81-2.56)	1.29 (1.01-1.65)	1.38 (0.74-2.57)	1.38 (0.90-2.12)
LT	1.15 (0.69-1.90)	0.96 (0.76-1.22)	1.26 (0.73-2.18)	1.14 (0.77-1.68)
TT	1.18 (0.66-2.12)	1.14 (0.88-1.47)	1.36 (0.72- 2.56)	1.18 (0.76-1.83)

517 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion  
 518 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,  
 519 Pre-calving locomotion score and post-calving locomotion score (control); OR, Odds ratio;  
 520 95% CI, 95% confidence intervals; HR, Hazard ratio

521

522

523 **Table 4** Overall heifer lameness incidence rate (new lameness cases per heifer per year) for  
 524 the four treatment groups and the two farms.

Treatment group	Denominator time at risk (years)	Index lameness events	Incidence (new lameness cases per heifer per year)
Group TL	46.3	37	0.80
Group LT	89.4	53	0.59
Group TT	48.1	33	0.68
Group LL	88.8	49	0.55
Farm 1	130.5	59	0.45
Farm 2	142.1	113	0.80

525 TL, Pre-calving foot trim and post-calving locomotion score; LT, Pre-calving locomotion  
 526 score and post-calving foot trim; TT, Pre-calving foot trim and post-calving foot trim; LL,  
 527 Pre-calving locomotion score and post-calving locomotion score (control)  
 528



Accepted Manuscript