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1                   **Wooden breast lesions in broiler chickens in the United Kingdom**

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20 **Abstract**

21 A new condition causing significant economic losses due to lesions in the *pectoralis major*  
22 muscle of commercial broiler chickens has been recently reported in Finland. The condition  
23 has been named wooden breast and is characterized by its gross and histological appearance.  
24 Between October 2014 and April 2015, samples from 5 *pectoralis major* muscles  
25 downgraded in the slaughterhouse were submitted to the Veterinary Pathology Service of the  
26 University of Nottingham for histological examination. All the five studied samples showed  
27 moderate or severe multifocal polyphasic muscular degeneration and necrosis. All cases  
28 showed variable degree of interstitial fibrosis and/or presence of adipose tissue within  
29 interstitium, as well as formation of small nodular follicle-like aggregates of lymphocytes  
30 adjacent to small blood vessels. These lesions are compatible to wooden breast and overlap  
31 with another recently reported condition known as white striping. The present communication  
32 provides evidence that wooden breast lesions are present in broiler chickens in the UK and  
33 discusses its similarities with white striping. Larger studies assessing the prevalence of  
34 wooden breast are needed to determine the relative economic importance of this condition in  
35 this country.

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42 A new condition affecting the *pectoralis major* muscle of commercial broiler chickens named  
43 wooden breast has been recently reported in Finland (Shivo and others 2014). This condition  
44 is reported to cause significant economic losses because it causes rejection from human  
45 consumption (Shivo and others 2014, Trocino and others 2015). Wooden breast is  
46 characterized by its gross and histological appearance. Grossly, pectoral muscles are hard, out  
47 bulging and pale. Polyphasic muscular degeneration with variable degrees of interstitial  
48 fibrosis and presence of perivenular lymphocytic aggregates are the histological features.  
49 Since its first description, several reports have suggested a wide occurrence of this condition  
50 in Europe and the United States of America (USA) (Mudalal and others 2015, Mutryn and  
51 others 2015, Shivo and others 2014). However, as far as the authors are aware, there are no  
52 peer-reviewed reports of wooden breast in the United Kingdom (UK).

53 Between October 2014 and April 2015, *pectoralis major* muscle samples from 5 broiler  
54 chickens (cases No. 1 to 5) coming from 3 different farms were submitted to the Veterinary  
55 Pathology Service of the University of Nottingham for histological examination. The  
56 submitted muscles corresponded to downgrades in the slaughterhouse. No other skeletal  
57 muscles from chickens belonging to those slaughter batches were downgraded. All chickens  
58 were 49-50-days-old Ross 308 broilers chickens of commercial flocks with typical in-farm  
59 mortality rates and without any out-standing clinical problems. The muscles were  
60 downgraded by meat inspectors and reported to be pale and hard. Samples were received  
61 fixed in 10% formalin. Grossly, pathologists noted that the tissues appeared diffusely pale  
62 and, in two of the five cases (cases No. 2 and 3), evident thin white striations were observed  
63 between the muscular fibres (Figure 1). Three to 4 longitudinal and transverse sections were  
64 trimmed of each sample and routinely processed for histological examination. From each  
65 sample, two 5 µm-thick sections were cut and stained with Haematoxylin and eosin (H&E)  
66 stain and Masson's trichrome stain. Histological lesions were assessed by two ECVP board

67 certified pathologists (SdB, LGR). Several parameters were semiquantified on the most  
68 affected tissue section and given semi-quantitative scores as follows: i) muscular  
69 degeneration and necrosis: 0 = absence; 1 = less than 10% of fibres affected (mild); 2 =  
70 between 10 and 40% of fibres affected (moderate); 3 = more than 40% fibres affected  
71 (severe); ii) interstitial fibrosis: 0 = absence; 1 = mild and multifocal; 2 = moderate and  
72 multifocal; 3 = abundant and diffuse or multifocal; iii) presence of adipose tissue within the  
73 interstitium: graded from low to abundant, similarly as for interstitial fibrosis. In addition, the  
74 presence or absence of the following features was noted: myotube formation, lymphocytic  
75 aggregates adjacent or around small blood vessels (with or without vessel wall being  
76 affected) and presence of inflammatory cells within and around necrotic fibres. The degree of  
77 fibrosis was semi-quantified by using Masson's trichrome stain; while rest of the lesions were  
78 assessed in H&E stained slides.

79 All the five studied samples showed moderate or severe multifocal polyphasic muscular  
80 degeneration and necrosis, characterized by hyalinization, swelling, loss of cross striations,  
81 fragmentation and/or incipient mineralization of skeletal muscle fibres. Macrophages and  
82 heterophils were often infiltrating and/or surrounding the necrotic fibres. Myotube formation,  
83 a feature indicating regeneration, was also observed in all the cases studied although it was  
84 minimal in case No. 3. The degree of interstitial fibrosis was scored as moderate in 3 cases  
85 (cases No. 1, 4 and 5), mild in one (case No. 2) and absent in another one (case No. 3). Case  
86 No. 3, instead, showed the presence of moderate amounts of proteinaceous material within  
87 the interstitium (interpreted as oedema). Variable amounts of adipose tissue were present in  
88 all cases, being abundant in case No. 2 and 3, moderate in cases No. 1 and 5, and low in case  
89 No. 4. In all the cases, the adipose tissue was present around the blood vessels as well as in  
90 other areas of the interstitium, apparently replacing muscle fibres. Finally, the formation of  
91 small nodular follicle-like aggregates of lymphocytes adjacent to or surrounding small blood

92 vessels (mainly venules) was present in all the cases, with the lymphocytes occasionally  
93 invading the blood vessel walls (Figure 2).

94 Altogether, the gross and histological appearance of the studied cases is compatible to  
95 wooden breast (Shivo and others 2014). However, this condition is reported to have  
96 overlapping features with another also recently described muscular condition, initially in the  
97 USA and later in Europe, affecting broiler chickens, known as white striping (Kuttappan and  
98 others 2012). The latter is described to affect mainly pectoral muscles and thighs. Both  
99 conditions show polyphasic muscular degeneration and necrosis as a common feature, but the  
100 presence of lymphocytic aggregates, observed in all the 5 here presented cases, is suggested  
101 to be exclusive of the condition wooden breast (Shivo and others 2014). Although the cause  
102 of both conditions remains unknown, several studies have suggested that their pathogenesis  
103 is associated to an increased body weight and growth rate (Kuttappan and others 2012, Russo  
104 and others 2015, Shivo and others 2014, Velleman and others 2015), and evidences of  
105 localized hypoxia have been provided by RNA-sequencing analysis of affected muscles  
106 (Mutryn and others 2015). Considering the strong gross and histopathological similarities and  
107 suggested pathogenesis, it seems likely that both conditions correspond to different  
108 manifestations of the same entity (Petracci and others 2015, Russo and others 2015).

109 Actually, cases No. 2 and 3 also showed evident intramuscular white striations, the typical  
110 gross feature of white striping (Kuttappan and others 2012). According to Shivo and others  
111 (2014), only the lymphocytic aggregates next to the venules would differentiate them from  
112 the previously described white striping (Shivo and others 2014). Nevertheless, a recent study  
113 from Italy reported the presence of lymphofollicular infiltrates within the interstitium of  
114 breasts affected by white striping (Russo and others 2015). In the authors' opinion, if future  
115 studies demonstrate that both entities definitely correspond to the same disease, a unique and

116 general term as for example “chicken breast myopathy” might be more adequate to refer to  
117 both conditions.

118 The present communication provides evidence that wooden breast lesions are present in  
119 broiler chickens in the UK. Larger studies assessing the prevalence of this condition and the  
120 number of downgraded or rejected pectoral muscles in the UK slaughterhouses are needed to  
121 determine the relative economic importance of this condition in this country.

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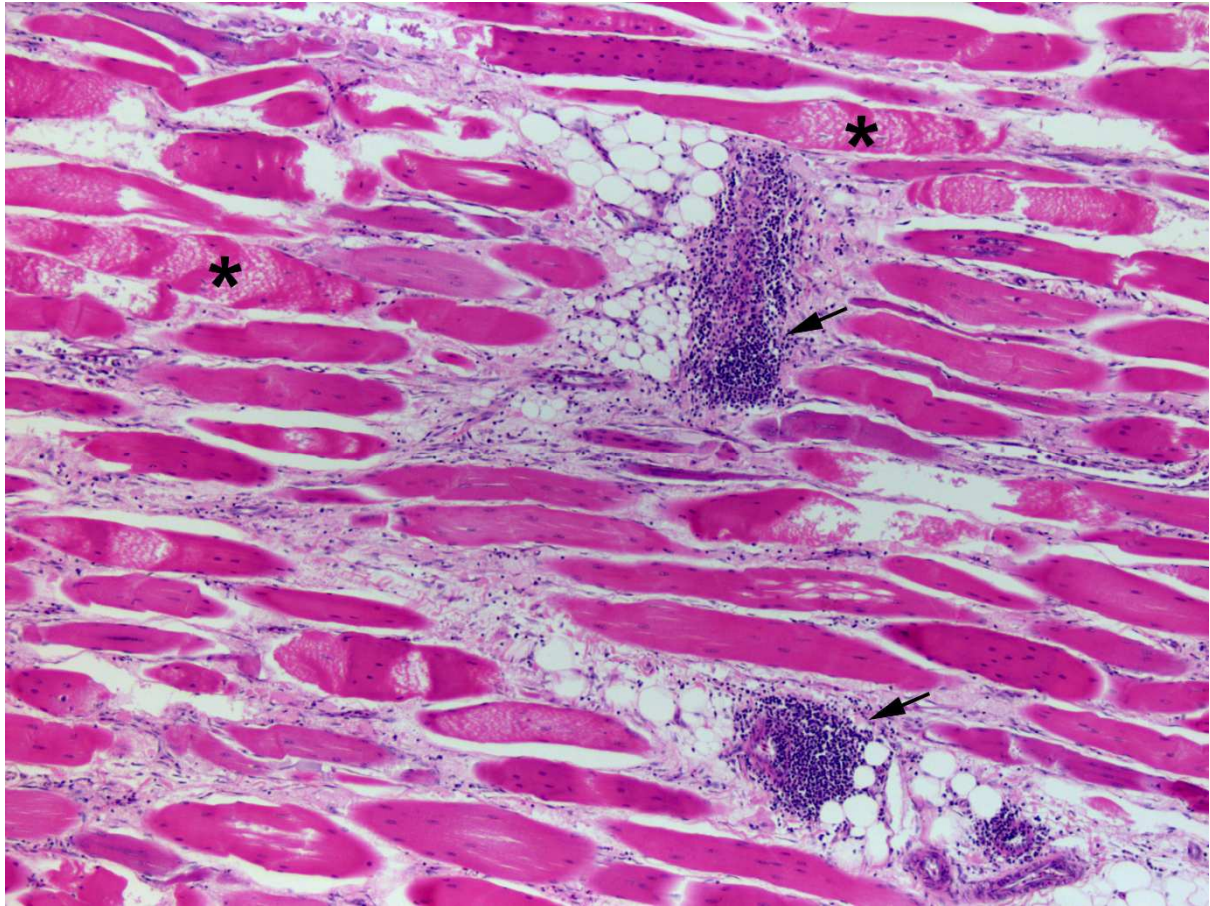


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180 **Figure 1.** Case No. 3. Transverse section of a formalin-fixed pectoral muscle. Evident  
181 multifocal white striations are present between muscular fibres. The ruler indicates  
182 millimetres (mm).

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186 **Figure 2.** Microphotograph of the major pectoral muscle. Case No. 4. Aggregates of  
187 lymphocytes are present adjacent to and infiltrating small vessels (arrows). The muscle fibres  
188 often show features of degeneration and necrosis (asterisks). Haematoxylin and eosin (H&E)  
189 stain. 10x.