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1 Adipocyte browning and higher mitochondrial function in peri-adrenal but not subcutaneous fat
2 in pheochromocytoma.

3
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17

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22

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34

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36

37 **Abstract**

38 **Context:** Patients with pheochromocytoma (pheo) show presence of multilocular adipocytes that
39 express uncoupling protein (UCP) 1 within periadrenal (pADR) and omental (OME) fat depots. It
40 has been hypothesized that this is due to adrenergic stimulation by catecholamines produced by
41 the pheo tumors.

42 **Objective:** To characterize the prevalence and respiratory activity of brown-like adipocytes
43 within pADR, OME and subcutaneous (SC) fat depots in human adult pheo patients.

44 **Design:** This was an observational cohort study.

45 **Setting:** University hospital.

46 **Patients:** We studied 46 patients who underwent surgery for benign adrenal tumors (21pheos and
47 25 controls with adrenocortical adenomas).

48 **Main outcome measure:** We characterized adipocyte browning in pADR, SC, and OME fat
49 depots for histological and immunohistological features, mitochondrial respiration rate, and gene
50 expression. We also determined circulating levels of catecholamines and other browning-related
51 hormones.

52 **Results:** 11 of 21 pheo pADR adipose samples, but only 1 of 25 pADR samples from control
53 patients, exhibited multilocular adipocytes. The pADR browning phenotype was associated with
54 higher plasma catecholamines and raised UCP1. Mitochondria from multilocular pADR fat of
55 pheo patients exhibited increased rates of coupled and uncoupled respiration. Global gene
56 expression analysis in pADR fat revealed enrichment in β -oxidation genes in pheo patients with
57 multilocular adipocytes. No SC or OME fat depots exhibited aspects of browning.

58 **Conclusion:** Browning of the pADR depot occurred in half of pheo patients and was associated
59 with increased catecholamines and mitochondrial activity. No browning was detected in other fat
60 depots, suggesting that other factors are required to promote browning in these depots.

61

62 **Introduction**

63 Evidence for the presence of functional brown adipose tissue (BAT) in humans (1–4) rekindled
64 research into the proposal made more than 30 years earlier that the high fat-oxidizing, energy-
65 expending capacity of BAT might be exploited to treat obesity (5). The hallmark property of BAT
66 that promotes energy expenditure is the expression of uncoupling protein (UCP)1, a
67 mitochondrial transporter that creates proton leaks across the inner mitochondrial membrane,
68 leading to the dissipation of energy as heat (6). Positron emission tomography-computed
69 tomography (PET/CT) imaging revealed that fat depots in the supraclavicular region exhibit high
70 [¹⁸F]-fluorodeoxyglucose uptake, suggesting high metabolic activity (2–4) that was increased
71 upon cold exposure (4). Potential strategies to increase energy expenditure include activation of
72 established BAT depots or induction of brown adipocyte progenitors within white adipose tissue
73 (WAT) depots using pharmacological or environmental stimuli (7–9). Thus far, there is limited
74 evidence regarding whether humans have the potential for appreciable induction of metabolically
75 active brown adipocytes within WAT.

76 Studies in mice have revealed that “classical” brown adipocytes from the interscapular
77 adipose depot are derived from a cell lineage that is distinct from white adipocytes. Brown
78 adipocytes derive from a Myf5⁺ lineage, whereas brown-like adipocytes that are induced within
79 WAT (referred to as “beige” or “brite” cells) originate preferentially from Myf5⁻ progenitor cells
80 (10). Brown and beige adipocytes have distinct molecular and developmental characteristics, but
81 the mitochondrial and regulatory differences are not fully understood. In humans, fat depots that
82 exhibit a brown/beige gene expression signature include the supraclavicular, paravertebral,
83 perirenal and epicardial fat depots. These fat depots appear to be a mixture of brown and/or beige
84 adipocytes embedded within WAT (7,11–15). The identification of specific markers for brown vs.
85 beige adipocytes has been difficult due to a lack of pure brown or beige fat samples, as well as
86 possible differences between humans and mice.

87 Pheochromocytoma (pheo) is a catecholamine-secreting neoplasm arising primarily from
88 the adrenal medulla or within paragangliomas (16). Multilocular adipocytes with UCP1
89 expression have been detected in pheo patients in perirenal fat (17–20) and OME fat (21,22), but
90 not in subcutaneous (SC) adipose tissue (19,22). These studies have been constrained by very
91 small samples sizes. In addition, the browning in perirenal and OME fat does not seem to occur in
92 all pheo patients, and may be as low as 50-60% (18,21). At present, it is unknown whether the
93 brown-like adipocytes that occur in WAT of some pheo patients exhibit metabolic changes that
94 are characteristic of brown adipocytes, such as increased mitochondrial function and uncoupled
95 respiration.

96 In the present study, we have characterized multiple WAT depots from pheo subjects and
97 control subjects with non-catecholamine secreting adrenal tumors i) to determine the prevalence
98 of browning in different anatomical WAT depots; and ii) to determine whether pheo-associated
99 WAT browning is associated with increased mitochondrial respiration activity.

100

101

102 **Materials and Methods**

103 **Human subjects**

104 The study protocol was reviewed and approved by the University of California Los
105 Angeles Medical Institutional Review Board. Each patient provided written consent after the
106 study goals, side effects and tissue sampling procedure were explained in detail. Patients in the
107 experimental group had sporadic unilateral benign adrenal pheos (i.e., no family history of a
108 pheo). Pheo patients were routinely prepared pre-operatively with a 2-4 week course of the long-
109 acting α -adrenergic receptor blocking drug phenoxybenzamine supplemented, when needed, with
110 β -blockers. Patients in the control group had aldosterone– or cortisol-secreting, or non-
111 functioning neoplasms. Exclusion criteria were (i) Paragangliomas, (ii) malignant tumor, (iii) type
112 2 diabetes treated with a thiazolidinedione, or (iv) untreated hyper- or hypothyroidism.

113 Fat biopsies were removed after tumor resection under stable intraoperative
114 hemodynamic conditions. Depending on the surgical approach taken to perform adrenalectomy,
115 ~1 g was resected from superficial SC fat in the anterior upper abdomen or in the posterior
116 abdominal wall below the 12th rib. 1-3 g was taken from retroperitoneal fat adjacent to the adrenal
117 tumor. When the operative approach was intra-peritoneal, 1-3 g OME fat was also collected. Fat
118 samples were placed on ice and processed within 30 min of collection. After cleaning, fat samples
119 were cut into pieces and used fresh for bioenergetics experiments, fixed in formalin for histology,
120 or snap frozen in liquid nitrogen and stored at -80°C.

121

122 **Blood collection and analyses**

123 Fasting blood was collected between 7 am and 10 am in EDTA tubes from patients just
124 before entering the operating room. Plasma aliquots were sent to Quest Diagnostics to measure
125 fractionated catecholamines by HPLC or stored at -80°C. Plasma glucose concentrations were
126 measured using a colorimetric glucose assay kit (GAGO-20, Sigma Aldrich). Atrial natriuretic
127 peptide (ANP) (EIA-ANP, RayBiotech, Inc.), B-type natriuretic peptide (BNP) (ELH-BNP,
128 RayBiotech, Inc.), and cortisol (ADI-900-071, Enzo) were measured according to the
129 manufacturer's instructions. For cortisol determination, steroid displacement reagent was used to
130 displace steroid binding to proteins.

131

132 **Histology**

133 Haemotoxylin and eosin staining was performed on 7 µm sections from each fat depot.
134 Several sections from different regions of each biopsy were evaluated. The presence of unilocular
135 and multilocular adipocytes in each section was assessed visually by bright-field microscopy by
136 2-3 independent observers.

137

138 **Immunohistochemistry**

139 The presence of UCP1 protein in tissue samples was assessed by immunohistochemistry
140 with a UCP1 antibody (#662045, Calbiochem) at 1:500 dilution. Staining specificity was
141 confirmed on slides where primary antibody was omitted. Sections were counterstained with
142 hematoxylin.

143

144 **Gene expression analysis**

145 RNA was extracted from frozen tissue samples using TRIzol (Life Technologies). For
146 real-time quantitative PCR analysis (RT-qPCR), 1 µg of RNA was reverse transcribed using
147 iScript (Bio-Rad). A standard curve was constructed from pooled cDNA samples to take account
148 the efficiency of primers and to obtain the Standard Quality (SQ) values. Target gene SQ values
149 were normalized to B2M and 36B4, which did not differ significantly between the groups. Primer
150 sequences are listed in Supplemental Table 1.

151 For global gene expression, RNA from pADR fat depots was arrayed on an Illumina HT-
152 12 v4.0 bead chip at the UCLA Neuroscience Genomics Core. Analysis was performed with
153 GenomeStudio V2011.1 using quantile normalization, background subtraction, and a present call
154 $P < 0.05$. Differentially regulated genes were defined as having > 2-fold difference compared to
155 control. Lists of genes that were significantly up- or down-regulated were subjected to functional
156 enrichment using DAVID annotation tools and the “single protein of protein information
157 resource” (SP_PIR) category (23). Venn analysis and heat map representations were obtained
158 with GenePattern (genepattern.broadinstitute.org).

159

160 **Protein analysis by Western blotting**

161 Western blots were performed essentially as published previously (14) with minor
162 changes. Briefly, 8 µg mitochondrial protein extracts were separated by SDS-PAGE and
163 transferred to a nitrocellulose membrane. After blocking in 5% milk and 0.2% Tween 20 in TBS,
164 anti-UCP1 antibody (1:1000 dilution, #662045, Calbiochem) was incubated overnight at 4°C in

165 3% milk and 0.2% Tween 20 in TBS. An anti-cytochrome c antibody (136F3, Cell Signalling
166 Technology®) was used in 5% bovine serum albumin and also incubated overnight. A goat
167 anti-rabbit secondary antibody (sc-2030, Santa Cruz Biotechnology, Inc.) was used at
168 1:20,000 dilution for 1h at room temperature. Immunoreactive bands were developed with
169 ECL Prime (RPN2232, Amersham) and visualized with a Bio-Rad Gel-Doc imager.

170

171 **Mitochondrial Bioenergetics**

172 Mitochondria were isolated from fresh tissues and immediately used in an XF24
173 Analyzer (Seahorse Bioscience) as previously described (24). Briefly, mitochondrial protein yield
174 was determined by Bradford assay and 50 µg pADR or 100 µg SC or OME mitochondria were
175 seeded per well by centrifugation. For the coupling assay, basal oxygen consumption rate (OCR)
176 was measured in the presence of 10 mM succinate and 2 µM rotenone, and after sequential
177 addition of 4 mM ADP (Complex V substrate), 2.5 µg/ml oligomycin (Complex V inhibitor), 4
178 µM FCCP (mitochondrial uncoupler) and 4 µM antimycin A (Complex III inhibitor). For electron
179 flow assays, basal OCR was measured in presence of 10 mM pyruvate (Complex I substrate), 2
180 mM malate and 4 µM FCCP, and after sequential addition of 2 µM rotenone (Complex I
181 inhibitor), 10 mM succinate (Complex II substrate), 4 µM antimycin A (Complex III inhibitor)
182 and 1mM TMPD containing 10 mM ascorbate (Complex IV substrate). OCR was normalized per
183 µg mitochondrial protein.

184

185 **Statistics**

186 Statistical analyses were performed with GraphPad Prism. Normal distribution of
187 samples was tested to select parametric or nonparametric tests as indicated in the figure legends.
188 Two-tailed Student's *t* test or one-way ANOVA for multiple comparisons was used to determine
189 *P* values. Pearson's coefficient correlation (*r*) and *P* values were calculated for the linear

190 correlations. All results are expressed as mean \pm SEM or mean \pm SD for subject characteristics.

191 Statistical significance was defined as $P < 0.05$.

192

193

194 **Results**

195 Forty-six patients with benign adrenal tumors were enrolled in the study; clinical characteristics

196 are presented in Table 1. Of these, 21 tumors were confirmed to be pheos on histopathology and

197 25 were adrenal cortical adenomas, which served as controls. The controls included 12

198 aldosterone-secreting adenomas, 2 cortisol-secreting adenomas, and 11 non-functioning tumors.

199 The mean age, plasma glucose and free fatty acid levels were not different between the phéo and

200 control groups. Body mass index (BMI) was lower in the phéo group compared to controls ($P =$

201 0.048).

202 Histology was performed for pADR and SC fat samples from all patients (21 pheos, 25

203 controls). OME fat was collected only from individuals having intra-peritoneal surgery, leading to

204 availability of OME samples from only 5 control and 4 phéo patients. All sections examined from

205 OME and SC depots contained adipocytes with unilocular morphology. In pADR samples,

206 multilocular adipocytes characteristic of brown/beige adipose tissue were present in 52.4%

207 (11/21) of phéo samples, but in only 4% (1/25) of the controls ($P < 0.001$, Fisher's exact test).

208 Typically, the multilocular adipocytes in pADR fat occurred in pockets that were dispersed

209 throughout the white adipocytes (Figure 1 and Supplemental Fig. 1). Based on histology, we

210 classified phéo subjects for subsequent analysis as either phéo^{Uni} (having exclusively unilocular

211 adipocytes) or phéo^{Multi} (having some multilocular adipocytes).

212 The control, phéo^{Uni}, and phéo^{Multi} groups did not differ in age, BMI, or plasma glucose

213 and free fatty acid levels (Table 1). Atrial (ANP) and B-type (BNP) natriuretic peptides, as well

214 as cortisol levels, have been associated with browning in WAT depots (25–27). Plasma levels of

215 these hormones did not differ among the three groups of patients (Table 1), suggesting no

216 influence on browning in the pheo^{Multi} group. In addition, use of β -blockers was equally divided
217 between pheo^{Uni} and pheo^{Multi} (5/10 and 5/11 patients, respectively) thus ruling out an inhibitory
218 effect of the β -adrenergic blockers on adipocyte browning. We hypothesized that differences in
219 catecholamine levels released by the adrenal tumors may influence the development of
220 multilocular adipocytes. The pheo^{Multi} group had higher total and individual plasma
221 catecholamines (norepinephrine, epinephrine, normetanephrine and metanephrine) than the
222 control group (Figure 2). Notably, the pheo^{Multi} group had higher total catecholamine and
223 norepinephrine levels than the pheo^{Uni} group. The pheo^{Uni} group also showed significantly higher
224 normetanephrine and metanephrine levels than controls, but the levels were not as high as in the
225 pheo^{Multi} group. Thus, the pheo^{Multi} patients had higher levels than control subjects for all
226 catecholamines measured, and were distinguished from the pheo^{Uni} subjects by higher total
227 catecholamine levels.

228 We examined UCP1 mRNA and protein levels in adipose tissue from pADR, SC and
229 OME depots. UCP1 mRNA abundance was significantly higher in pADR fat from the pheo^{Multi}
230 group compared to the control (9-fold) and the pheo^{Uni} (24-fold) groups (Figure 3A). By contrast,
231 UCP1 mRNA levels in SC or OME depots were low and not different between the three patient
232 groups. Immunohistochemistry localized UCP1 protein exclusively to multilocular adipocytes
233 within the pADR fat samples (Figure 3B). No UCP1 staining was observed in pADR fat from
234 control or pheo^{Uni} groups, or in OME or SC fat depots from any group. By Western blot analysis,
235 we detected UCP1 protein in pADR fat from individuals in the pheo^{Multi} group, but not in the
236 pheo^{Uni} or control groups (Figure 3C). No UCP1 protein was detected in SC or OME fat from any
237 group (data not shown).

238 The presence of multilocular adipocytes expressing *UCP1* in pADR fat from pheo
239 patients has been reported previously (17–20), but it has not been determined whether these
240 adipocytes exhibit enhanced mitochondrial function. To evaluate, we isolated mitochondria from

241 the pADR, SC, and OME fat depots of control, pheo^{Uni}, and pheo^{Multi} groups and measured total
242 respiration and activity of specific mitochondrial respiratory chain complexes. First, using a
243 coupling assay, basal oxygen consumption rate (OCR) was 7-fold higher in mitochondria from
244 pADR fat of pheo^{Multi} subjects than from the other groups (Figure 4A), whereas in SC and OME
245 fat depots it was similar in all groups. Complex V and maximal respiration rates were also raised
246 in the pheo^{Multi} group (Figure 4B) as was coupled and uncoupled respiration rates. Finally, we
247 assessed the activity of the respiratory chain complexes I-IV by performing an electron flow
248 assay. We detected increased OCR for all four complexes in pheo^{Multi} mitochondria compared to
249 both control and pheo^{Uni} groups, while pheo^{Uni} and control groups did not differ from one another
250 (Figure 4C). Overall, these results demonstrate that mitochondria from the pADR fat of pheo^{Multi}
251 patients have higher electron transport chain (ETC) activity and capacity.

252 To evaluate the relationship between *UCP1* and mitochondrial uncoupling, we assessed
253 the Pearson's correlation between the two traits in all pheo patients. There was a significant
254 positive correlation between UCP1 mRNA levels and uncoupled respiration rate ($r = 0.536$; $P <$
255 0.05). Correlations between total catecholamines and mitochondrial ETC respiratory chain
256 complex I ($r = 0.743$; $P < 0.01$), complex II ($r = 0.802$; $P < 0.01$), complex III ($r = 0.806$; $P <$
257 0.01), and IV ($r = 0.762$; $P < 0.01$) were each significant, suggesting an association between
258 plasma catecholamines and mitochondrial activity.

259 To provide an unbiased assessment of transcriptional changes that lead to enhanced
260 mitochondrial activation in pADR fat of pheo^{Multi} samples, we performed gene expression
261 profiling. We analyzed pADR adipose tissue mRNA from control, pheo^{Uni}, and pheo^{Multi} samples
262 ($n = 4$ patients from each group) by microarray hybridization. Compared to controls, pheo^{Multi}
263 samples showed 2-fold up-regulation of 470 genes and down-regulation of 274 genes ($P < 0.05$);
264 pheo^{Uni} samples showed up-regulation of 590 and down-regulation of 272 genes (Figure 5A).
265 Most relevant to the observed differences in mitochondrial activation between pheo^{Multi} and

266 pheo^{Uni} groups, 260 genes were uniquely up-regulated, and 188 genes uniquely down-regulated,
267 in pheo^{Multi} fat (Figure 5A, shaded region).

268 We performed functional annotation of the genes that were specifically altered in the
269 pheo^{Multi} group (shaded regions in Figure 5A) using the DAVID functional annotation tool (23).
270 The genes that were specifically up-regulated in pheo^{Multi} pADR fat were enriched in
271 mitochondrion- and oxidation reduction-related categories (Figure 5A). The genes that were
272 uniquely down-regulated in pheo^{Multi} pADR fat were enriched in categories that include signaling,
273 secreted proteins, and cytokines (Figure 5B). The heat map in Figure 5B displays the expression
274 pattern of the 82 up-regulated genes present in the top enrichment category, mitochondrion ($P <$
275 $1.82E-48$). Genes in this category were associated with the TCA cycle (*ACO2*, *L2HGDH*, *DLAT*,
276 *PDHX*), β -oxidation (*ACAA2*, *ACADM*, *CPT1B*, *HADHA*, *HADHB*) and respiration (*BRP44*,
277 *CABC1*, *ETFDH*, *SFXN4*, *UCP1*). Notably, several genes were components of the electron
278 transport chain complex I (*NDUFA8*, *NDUFA9*, *NDUFS3*, *NDUFV3*), complex II (*SDHA* and
279 *SDHB*), complex III (*CYCI*, *COQ3*, *COQ6*, *COQ9*), coenzyme Q complex (*UQCRB*, *UQCRC1*,
280 *UQRC2*, *UQCRFS1*), and complex IV (*COX5A*, *COX6A1*, *COX7B*). We validated expression
281 levels of several genes and proteins by RT-qPCR or western blot. ETC-related gene expression
282 levels were significantly higher in the pheo^{Multi} compared to the control group (Figure 5C). These
283 gene expression differences, together with increased mitochondrial activity, suggest that
284 mitochondria in pheo^{Multi} pADR adipose tissue are altered to promote higher β -oxidation and
285 respiration.

286 The expression of specific gene markers has been proposed to distinguish brown
287 adipocytes from beige adipocytes (7,15,28–31). We assessed representative brown and beige gene
288 expression markers in pADR fat in our control, pheo^{Uni}, and pheo^{Multi} samples using the
289 microarray data or by RT-qPCR (Supplemental Table 2). Of 17 genes assessed in pADR, only
290 *PAT2* exhibited higher expression in pheo^{Multi} compared to the other groups. These data suggest

291 that the multilocular adipocytes in pADR fat do not exhibit a typical classical brown or beige
292 adipose tissue gene expression signature.

293

294

295 **Discussion**

296 In the present study, we analyzed the effects of increased catecholamine levels present in
297 pheo patients on browning of adipose tissue depots located adjacent to and distant from the pheo
298 tumors. In our sample, which represents the largest series of pheo patients analyzed for effects on
299 browning reported to date, we identified multilocular adipocytes that express *UCP1* in
300 approximately half of the pheo subjects. Adipocytes with brown character were detected in pADR
301 fat, but not in SC or OME adipose tissue depots, which are anatomically distant from the pheo
302 tumor. The subset of pheo patients that exhibited multilocular adipocytes containing UCP1 had
303 higher plasma catecholamine levels than pheo patients that did not exhibit multilocular pADR fat
304 and control subjects with non-catecholamine-secreting adrenal tumors. We demonstrate, for the
305 first time, that the browning phenotype occurring in pADR fat of pheo subjects is associated with
306 elevated mitochondrial respiration, characterized by increased activity of all ETC complexes, as
307 well as increased uncoupled respiration. The increased mitochondrial respiration was associated
308 with elevated expression of a panel of genes involved in mitochondrial energy metabolism.

309 Pheochromocytoma is a catecholamine-secreting tumor, but there is variation among
310 patients in the levels of circulating catecholamines and in the time between tumor formation and
311 removal, which may be several years (16). Our detection of browning in pADR fat of 11/25 of
312 pheo patients is consistent with a previous study where 62% of pheo cases (5/8) had multilocular
313 adipocytes (18). Notably, we found that the induction of browning did not extend to SC or OME
314 fat depots despite the fact that the catecholamines secreted by the adrenal tumors enter the
315 systemic circulation. In mice, the SC fat depot is susceptible to browning, but may have less
316 capacity to undergo remodeling in humans (9). For example, in a previous study of eight pheo

317 patients, multilocular adipocytes were visible in the pADR fat but not the SC depot (19).
318 Similarly, no browning was detected in abdominal fat after 8h cold exposure in overweight
319 human adults under conditions that activated BAT glucose metabolism and increased energy
320 expenditure (32). Healthy human volunteers exposed to 10 days of cold also did not show SC
321 browning despite elevated plasma catecholamines (33). In contrast, using major burn trauma as a
322 model for adrenergic stress, multilocular adipocytes expressing *UCPI* in SC fat were observed
323 after only 3 weeks (34,35). Increased *UCPI* expression (3-fold) was also observed in SC fat
324 during winter (36). There are some reports of browning in OME fat in a portion of pheo patients
325 (21,22) but plasma catecholamines were not reported, making it difficult to compare to the
326 current study. Variations in browning in pheo patients could be due to catecholamines, genetic,
327 and/or environmental factors that differ among individuals (e.g., seasonal temperature at the time
328 samples were obtained).

329 The induction of browning in pheo subjects appears to be adipose depot-dependent, with
330 pADR, and to a lesser extent OME fat depots, more prone to adipose tissue remodeling than SC
331 fat. These findings could have important repercussions on the use of thermogenic agonists to
332 modulate obesity since the majority of human fat is stored in SC depots (37). Differences in
333 vascularization, innervation, or intrinsic properties of adipocyte precursor cells could contribute
334 to differences in the capacity for browning among adipose depots together with mitochondrial
335 capacity to increase respiratory activity, a prominent feature of pADR fat of pheo patients that
336 exhibited browning. We also cannot rule out the possibility that elevated local catecholamine
337 levels adjacent to the tumor play a role in the browning of pADR fat in pheo patients.

338 Molecular markers for classical brown adipocytes vs. beige adipocytes have been
339 identified in mice, and have also been used to characterize human brown/beige cells (7,11–
340 13,15,30,38). By measuring several of these mRNA markers we did not observe a clear classical
341 brown or beige signature in pADR of pheo^{Multi} patients. It should be noted that the use of these
342 gene expression markers to distinguish brown and beige adipocytes remains controversial and

343 inconclusive. We cannot rule out that the heterogeneity of the pADR tissue, containing regions of
344 typical white adipocytes neighboring the pockets of multilocular adipocytes, may prevent
345 definitive gene expression profiles to be determined. Additionally, it is possible that beige
346 adipocyte markers are fat depot-specific—that is, pADR, OME, and epicardial fat may not induce
347 the same subset of genes during browning, leading to distinct molecular signatures (39,40).
348 Regardless of the gene expression markers present, our studies of mitochondrial activity
349 definitively demonstrate that pADR fat from pheo^{Multi} patients exhibits a key functional
350 characteristic of brown and beige adipocytes in having enhanced total and uncoupled respiratory
351 activity and up-regulation of genes directly associated with mitochondrial activity. Future studies
352 may reveal whether these genes are also up-regulated in white adipose tissue in other conditions
353 that promote browning.

354 In conclusion, the phenotypic browning in pADR fat of pheo patients is accompanied by
355 metabolic alterations in mitochondrial activity and related gene expression changes, which could
356 influence fuel utilization and energy expenditure. The induction of browning in pADR from a
357 subset of pheo patients is positively correlated with plasma catecholamines, but additional factors
358 may also contribute. SC and OME fat may not undergo browning in response to chronic
359 adrenergic stress *per se*. Further analyses of the differential gene expression profile and
360 mitochondrial activity in pADR compared to SC and OME fat may shed light on the regulation of
361 browning in pheo pADR adipose tissue, and potential differences between the capacity of human
362 pADR and SC adipose tissues to undergo browning.

363

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366

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497
498

499 **Figure Legends**

500

501 **Figure 1.** Histomorphology of white adipose tissue depots. Representative images of H&E
502 stained sections from pADR, SC, and OME fat of control and pheo patients. Multilocular
503 adipocytes were present exclusively in pADR fat, and observed in 4% and 52.4% of control and
504 pheo patients, respectively (10x magnification. Black bar represents 100 μ m).

505

506 **Figure 2.** Plasma catecholamine levels in control and pheo patients. Pheo^{Multi} patients show the
507 highest catecholamine levels. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$. Data analyzed by Kruskal-
508 Wallis multiple comparison test, except for total catecholamine levels where a one-way ANOVA
509 multiple comparison test was used (n = 10-25).

510

511 **Figure 3.** Detection of UCP1 in pADR fat. A: UCP1 mRNA levels in pADR (n = 8-20), SC (n =
512 6-20) and OME (n = 2-5) fat. ** $P < 0.01$, *** $P < 0.001$ using a one-way ANOVA multiple
513 comparison test. B: Immunohistochemistry using an antibody against UCP1. Positive staining
514 was present only in the multilocular adipocytes from pADR fat (10x magnification. Black bar
515 represents 100 μ m). C: UCP1 protein in pADR fat detected by Western blot. Ponceau red stain of
516 total protein is shown for normalization.

517

518 **Figure 4.** Mitochondrial respiration is increased in pheo^{Multi} pADR fat. A: Complex II-driven
519 oxygen consumption rate (OCR) in isolated mitochondria from pADR (n = 8-12), SC (n = 5-10),
520 and OME (n = 2-3) fat depots. B: mitochondrial respiration parameters from a coupling assay.
521 Complex V and maximal respiration were obtained after sequentially injections of ADP and
522 FCCP, respectively. Coupled respiration was the oligomycin-sensitive OCR while uncoupled was
523 the OCR difference between oligomycin and antimycin A injections (n = 8-12). C: different
524 electron transport chain complexes respiration. Complex I, II, and IV respiration were measured

525 after the sequential injection of pyruvate, succinate and ascorbate/TMPD, respectively. Complex
526 III respiration corresponded to the antimycin A-sensitive respiration (n = 5-12). * $P < 0.05$, ** P
527 < 0.01 , *** $P < 0.001$. Data analyzed by Kruskal-Wallis multiple comparison test.

528

529 **Figure 5.** Gene expression profiling of pADR fat from control, pheo^{Uni} and pheo^{Multi} subjects by
530 microarray analysis.. A: Left, Venn diagrams illustrating the genes up- and down-regulated in
531 pADR fat from pheo^{Uni} and pheo^{Multi} compared to control subjects. Right, functional enrichment
532 analysis of genes that are uniquely up- or down-regulated in the pheo^{Multi} group, using DAVID
533 analysis with SP_PIR categories. The number of genes for each functional category (Count),
534 enrichment P values, and multiple testing correction (Benjamini < 0.0001 and < 0.05 for up- and
535 down-regulated genes, respectively) are presented. B: Heat map representation of gene expression
536 levels for genes in the top SP_PIR category (“mitochondrion”) genes that are up-regulated in the
537 pheo^{Multi} group. Genes are presented in alphabetical order. C: Validation of 5 electron transport
538 genes up-regulated in pADR pheo^{Multi} by RT-qPCR or Western blot. * $P < 0.05$, ** $P < 0.01$
539 using a one-way ANOVA multiple comparison test (n = 7-20).

540

541

542 **Table 1.** Characteristics of subjects used in the study.

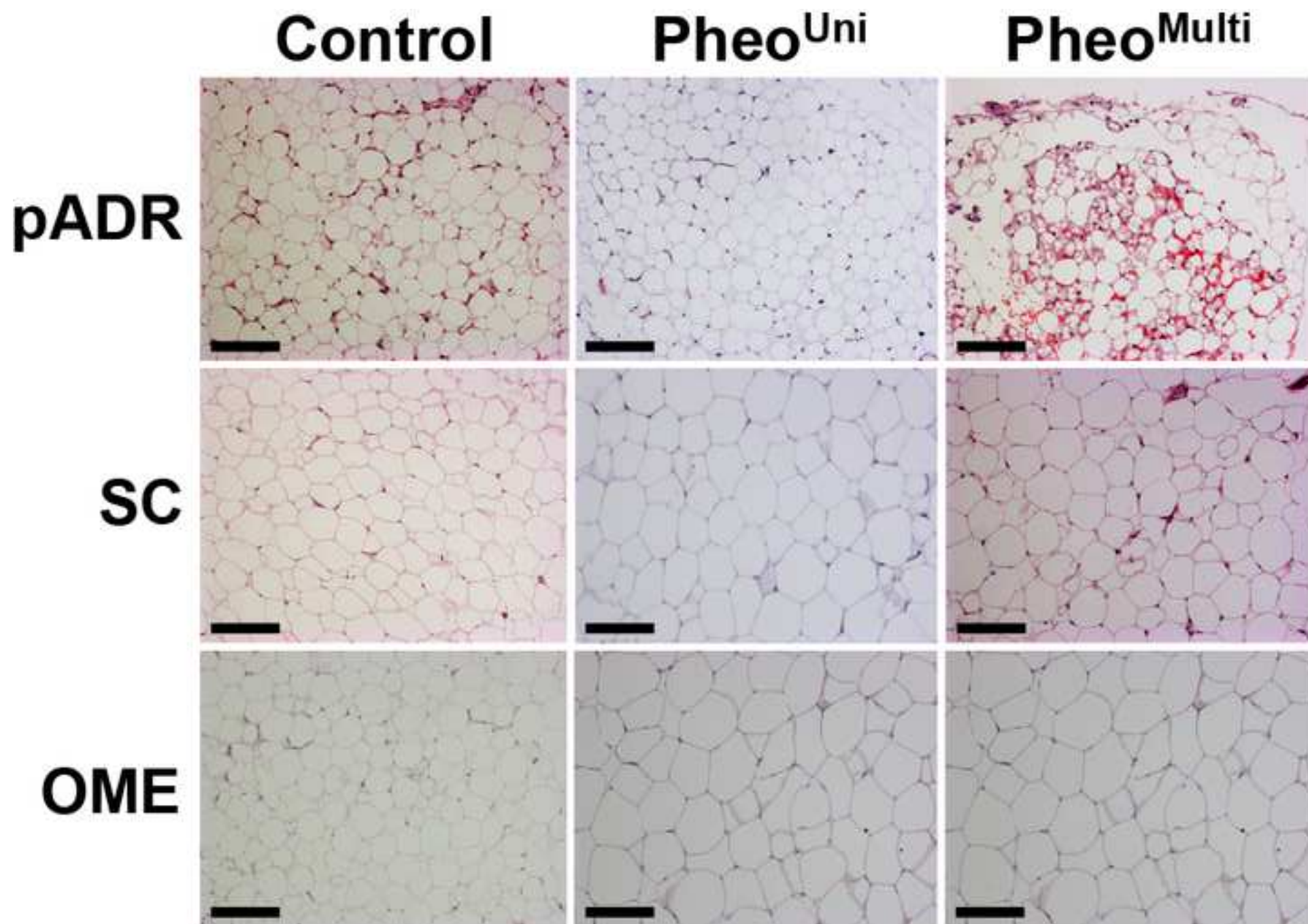
	Control subjects	All pheo	Pheo ^{Uni}	Pheo ^{Multi}
Age (years)	53.4 ± 8.2	51.2 ± 13.4	47.1 ± 13.6	54.9 ± 12.7
Male/Female (n)	15/10	9/12	4/6	5/6
BMI (kg/m ²)	30.3 ± 7.1	26.6 ± 4.5*	27.7 ± 5.6	25.7 ± 3.4
Glucose (mg/dl)	88.9 ± 35.5	78.6 ± 12.8	84.1 ± 15.7	74.1 ± 7.9
FFA (mmol/l)	0.73 ± 0.40	0.54 ± 0.30	0.47 ± 0.15	0.58 ± 0.34
ANP (pg/ml)	33.0 ± 10.2	32.2 ± 4.2	31.9 ± 8.3	32.4 ± 1.1
BNP (pg/ml)	116 ± 81	134 ± 88	177 ± 91	102.3 ± 77
Cortisol (µg/dl)	11.5 ± 3.1	9.2 ± 3.5	9.3 ± 4.9	9.0 ± 2.0

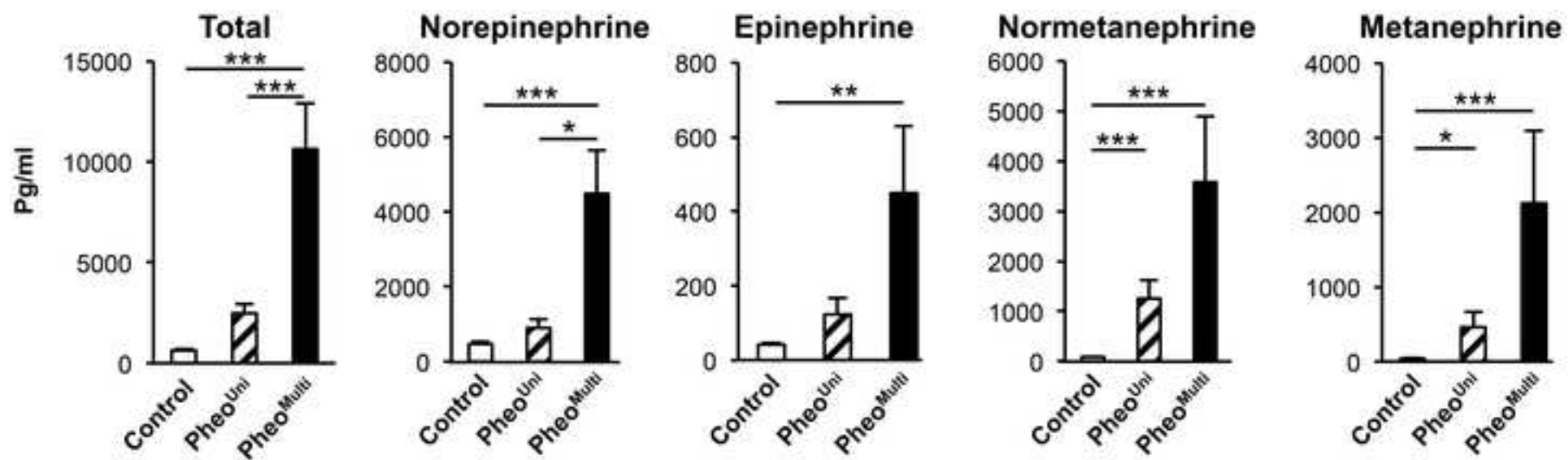
543 Data are expressed as mean ± SD. FFA, free fatty acid, ANP, atrial natriuretic peptide; BNP, B-

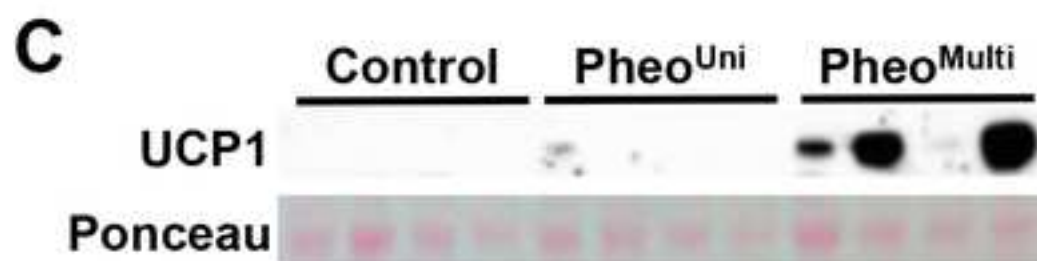
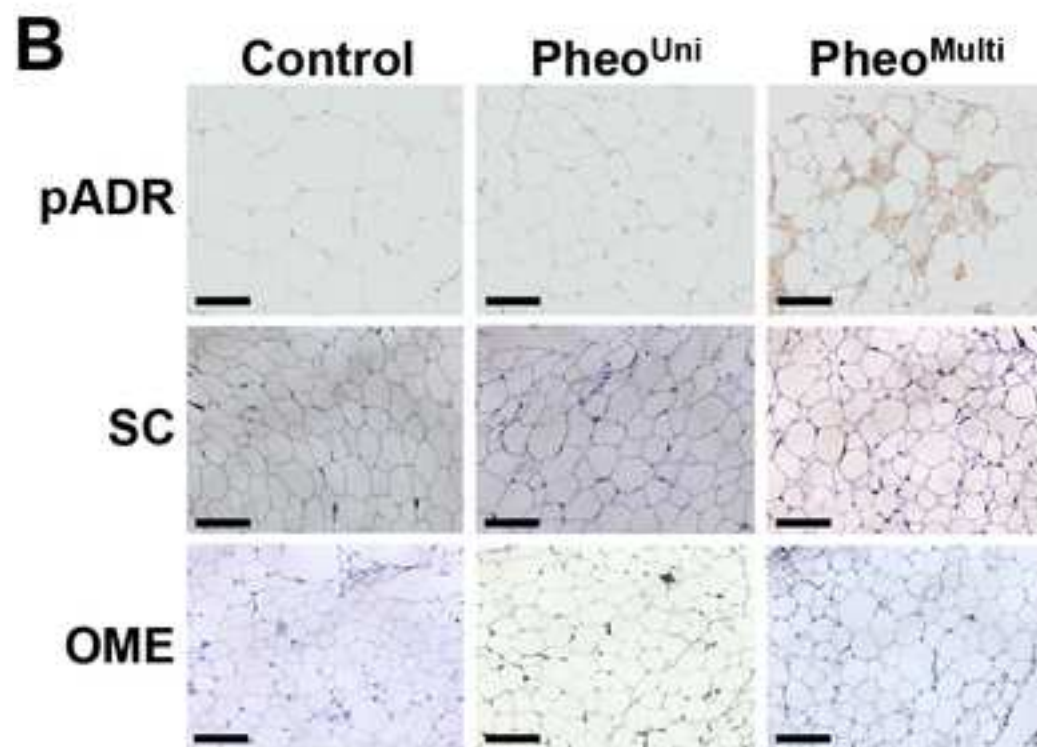
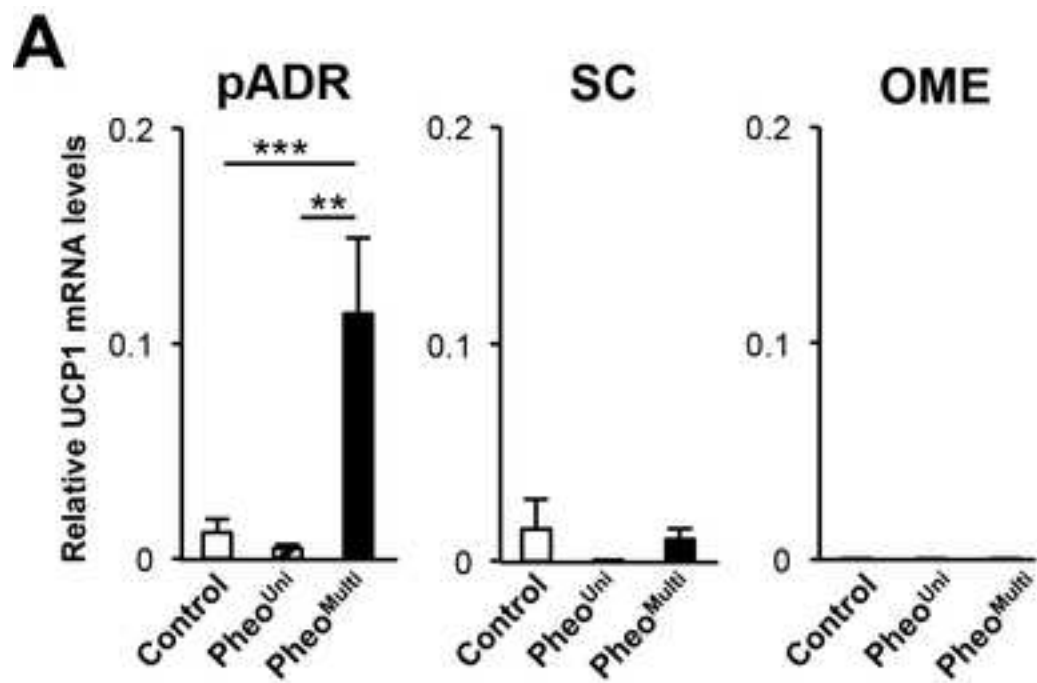
544 type natriuretic peptide. * $P < 0.05$ vs control.

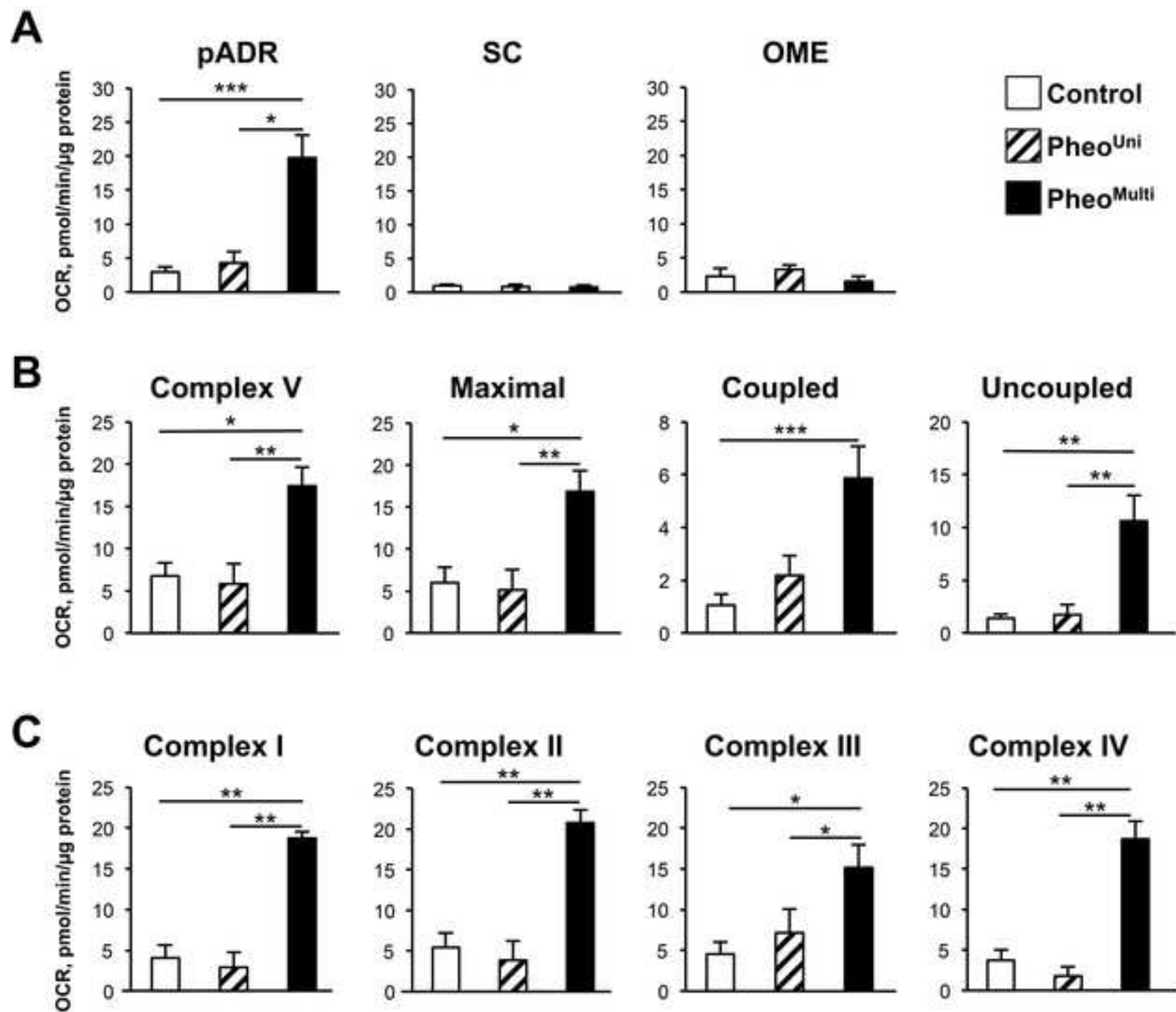
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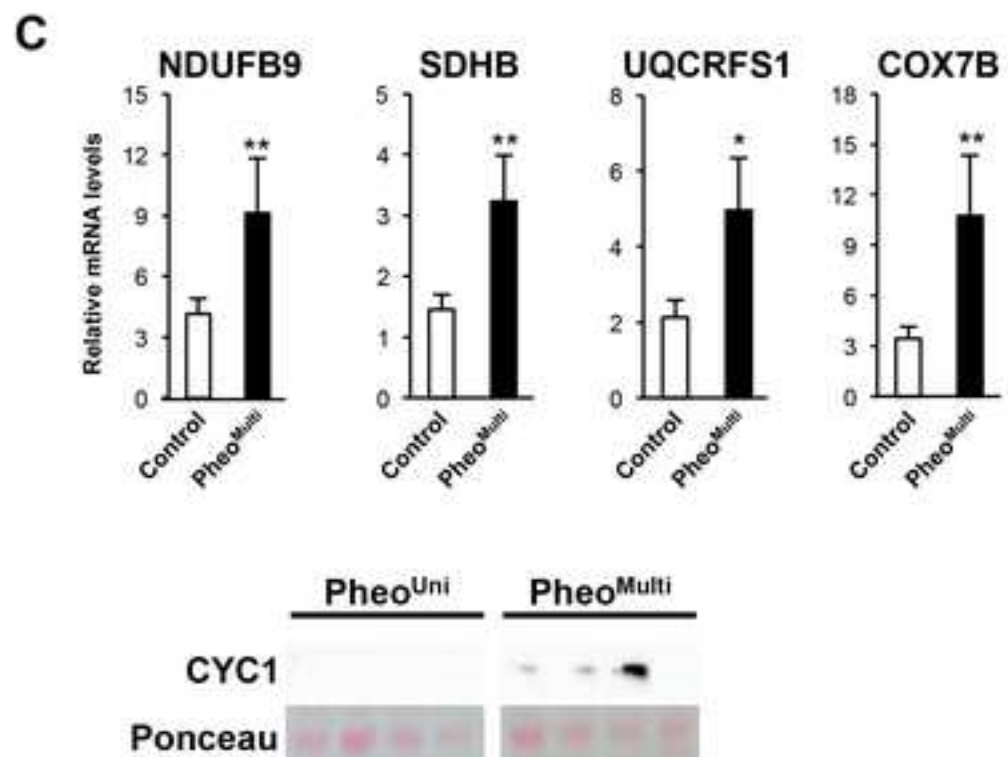
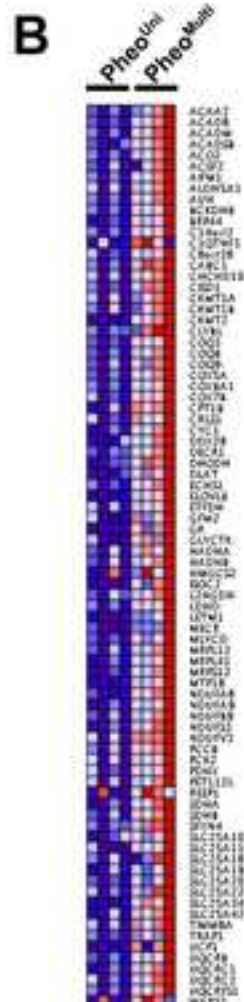
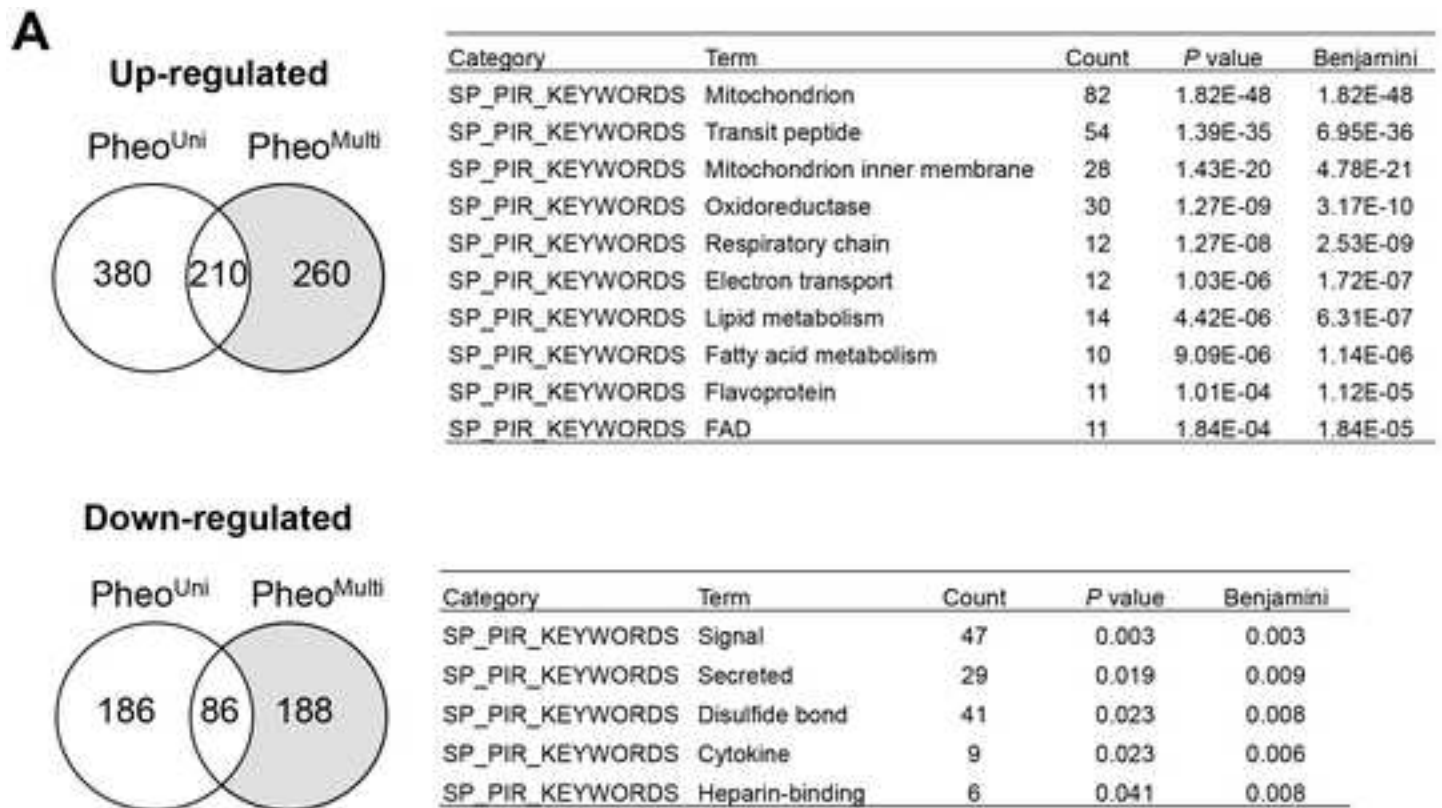
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