1	Observation of a large lee wave in the Drake Passage
2	Jesse M. Cusack* and Alberto C. Naveira Garabato
3	University of Southampton, National Oceanography Centre, Southampton, United Kingdom
4	David A. Smeed
5	National Oceanography Centre, Southampton, United Kingdom
6	James B. Girton
7	Applied Physics Laboratory, University of Washington, Seattle, Washington, USA

- ⁸ **Corresponding author address:* Jesse Cusack, University of Southampton, National Oceanography
- ⁹ Centre, Southampton, SO14 3ZH, United Kingdom
- ¹⁰ E-mail: jesse.cusack@noc.soton.ac.uk

ABSTRACT

Lee waves are thought to play a prominent role in Southern Ocean dynamics, 11 facilitating a transfer of energy from the jets of the Antarctic Circumpolar Cur-12 rent to microscale turbulent motions important in water mass transformations. 13 Two EM-APEX profiling floats deployed in the Drake Passage during the Di-14 apycnal and Isopycnal Mixing Experiment (DIMES) independently measured 15 a 120 ± 20 m vertical amplitude lee wave over the Shackleton Fracture Zone. 16 A model for steady EM-APEX motion is developed to calculate absolute ver-17 tical water velocity, augmenting the horizontal velocity measurements made 18 by the floats. The wave exhibits fluctuations in all three velocity components 19 of over 15 cm s⁻¹, and an intrinsic frequency close to the local buoyancy 20 frequency. The wave is observed to transport energy and horizontal momen-2 tum vertically at respective peak rates of 1.3 ± 0.2 W m⁻² and 8 ± 1 N m⁻². 22 The rate of turbulent kinetic energy dissipation is estimated using both Thorpe 23 scales and a method that isolates high-frequency vertical kinetic energy and is 24 found to be enhanced within the wave to values of order 10^{-7} W kg⁻¹. The 25 observed vertical flux of energy is significantly larger than expected from ide-26 alised numerical simulations, and also larger than observed depth integrated 27 dissipation rates. These results provide the first unambiguous observation of 28 a lee wave in the Southern Ocean with simultaneous measurements of its en-29 ergetics and dynamics. 30

31 1. Introduction

Lee waves can be generally defined as internal gravity waves generated by the interaction of a 32 quasi-steady stratified flow with topography. Observations of such phenomena in the ocean are 33 rare, with notable examples including high frequency, tidally forced waves in the lee of ridges 34 (e.g. Pinkel et al. 2012; Alford et al. 2014). Propagating waves must have a frequency between 35 the local inertial frequency, f, and buoyancy frequency, N, which precludes their generation in 36 many regions of the ocean where bottom flows are not sufficiently strong and topography is not 37 of the correct scale to excite such a frequency. Global maps of energy input to lee waves from 38 geostrophic flows (Scott et al. 2011; Nikurashin and Ferrari 2011) highlight the importance of the 39 Southern Ocean because it contains many regions that meet the dynamical requirements, usually 40 centred on ridges and fracture zones such as Phoenix Ridge and the Shackleton Fracture Zone in 41 Drake Passage. Lee waves extract energy and horizontal momentum from the forcing flow, and can 42 transport them both vertically and horizontally, redistributing them throughout the water column 43 via nonlinear interactions with other waves, the large-scale flow or instabilities that result in wave 44 breaking (e.g. Munk 1980). Lee waves have garnered growing interest in recent years, as efforts 45 have been made to understand the origins of small-scale turbulence and its role in returning dense 46 waters to the upper layers of the ocean as part of the global overturning circulation (Talley 2013; 47 Waterhouse et al. 2014). 48

Turbulent kinetic energy dissipation and mixing are consistently found to be enhanced over regions of rough bathymetry, using a variety of measurement techniques including tracer releases and microstructure profiles (Ledwell et al. 2000; Watson et al. 2013). The presence of lee waves in these regions is usually inferred from finescale (order 100 m) measurements of variance in velocity shear and isopycnal strain, which show a predominance of upward-travelling wave energy

(Naveira Garabato et al. 2004; Kunze et al. 2006; Waterman et al. 2013; Sheen et al. 2013) indica-54 tive of bottom generation. In addition, a more limited number of microstructure profiles indicates 55 that turbulent kinetic energy dissipation is enhanced within ~ 1 km of the ocean floor over to-56 pography (St. Laurent et al. 2012; Sheen et al. 2013). Shear and strain based parameterisation 57 methods (e.g. Polzin et al. 2014) are also used to estimate dissipation rates, and while there is cur-58 rently an unresolved quantitative discrepancy between these results and those from microstructure 59 (Hibiya et al. 2012; Waterman et al. 2014), the qualitative picture of bottom-enhanced dissipation 60 is robust. The inference from this range of observations is that lee waves are generated over rough 61 bathymetry and eventually break, causing turbulence in the vicinity of the topography. However, 62 this picture remains open to alternative interpretations, as the unambiguous observation of lee 63 waves in the Southern Ocean has remained elusive. 64

It has been appreciated in the atmospheric literature that lee waves, or mountain waves, play 65 an important role in the momentum budget and influence aspects of the general circulation (e.g. 66 Fritts 2003) and that the results of general circulation models are improved when their effects are 67 accounted for (McFarlane 1987). The dominant momentum balance in the Antarctic Circumpolar 68 Current (ACC) is between wind stress at the surface and form stress across large bathymetric 69 features, such as ridges, on scales of 1000 km (Vallis 2006). Further, recent work estimating the 70 lee wave drag on the geostrophic flow from an application of wave radiation theory suggests that 71 regions of the ACC with rough bathymetry of the required lateral scale to excite waves (1 - 10)72 km) may add a non-negligible wave drag to the momentum balance (Naveira Garabato et al. 2013). 73 Direct measurements of lee wave momentum fluxes and convergence in the Southern Ocean are 74 required to test this hypothesis. The results would have implications for numerical models that 75 do not resolve small-scale topography and internal waves, since their effect on the momentum 76 balance would need to be parameterised. 77

In this paper, we document the first observations of a lee wave in the Southern Ocean and de-78 termine its properties, fluxes of energy and horizontal momentum, and turbulent kinetic energy 79 dissipation levels. The observations were obtained with two Electromagnetic Autonomous Profil-80 ing Explorer (EM-APEX) floats deployed in Drake Passage under the auspices of the Diapycnal 81 and Isopycnal Mixing Experiment in the Southern Ocean (DIMES), a U.S. - U.K. program to 82 investigate mixing processes in the ACC (Gille et al. 2007). Previous investigations of internal 83 waves using EM-APEX floats have focussed on diagnosing near-inertial waves, which oscillate 84 with a time period of approximately 14 hours at 57° S, significantly longer than the time it takes to 85 profile (Kilbourne and Girton 2015; Meyer et al. 2016). Here, we focus on the measurement of a 86 near-buoyancy frequency wave with a period close to 1 hour in a frame of reference moving with 87 the mean flow. This has presented new challenges in analysis because time-dependence cannot be 88 neglected. Several methods for estimating vertical water velocity and turbulent kinetic energy dis-89 sipation are adapted and applied to the measurements, allowing almost complete characterisation 90 of the wave in terms of frequency, wavelength, momentum flux, energy flux and dissipation rate. 91 A description of the floats and data sampling strategy is provided in Section 2, which also in-92 cludes an assessment of a theoretical model of profiling float motion used to calculate absolute 93

vertical water velocity. In Section 3, the float measurements are used to characterise the observed
 lee wave, and estimate its associated fluxes of energy and momentum and turbulent dissipation
 rates. A discussion of the significance of our findings for the emerging picture of the role of lee
 waves in the Southern Ocean circulation is offered in Section 4, followed by concluding remarks.

2. Data and Methods

⁹⁹ a. Instrumentation and sampling strategy

The primary observations of this work were obtained by two EM-APEX floats, numbered 4976 100 and 4977, deployed at the same time and position in the Drake Passage from the RSS James 101 Cook (68° 11' 1.4" W. 57° 34' 14.9" S) on 31 December 2010 at 12:18 UTC. Float trajectories 102 are displayed in Figure 1. EM-APEX floats, described in greater detail by Sanford et al. (2005), 103 are modified APEX floats that were developed at the Applied Physics Laboratory, University of 104 Washington, in collaboration with Teledyne Webb Research Corporation. Electrodes on the outer 105 casing measure the potential difference across the instrument induced by the motion of the ocean 106 through the vertical component of the Earth's magnetic field (Sanford 1971). This information, 107 along with measurements of instrument tilt and magnetic compass heading, is used to calculate 108 relative horizontal water velocity with a characteristic precision of 1 cm s⁻¹. Relative velocity 109 is converted to absolute velocity by using surface GPS positions to estimate a depth-independent 110 constant offset. The floats are also equipped with a Seabird Electronics SBE-41 pumped CTD. 111

Using a piston to pump oil into and out of an external bladder, the floats were programmed to 112 change their buoyancy in such a way as to maintain an approximately constant vertical speed of 113 12 cm s⁻¹. The position of the piston was recorded and transmitted along with measurements 114 from the EM system, CTD and GPS position via Iridium telecommunication satellites while at the 115 surface. The sampling frequency varied but on average CTD measurements were made every 20 s 116 or 2.5 m, while EM measurements were made every 25 s or 3 m. Both floats analysed here were 117 programmed to profile continuously to 1500 dbar, taking about 3.5 hours to complete an ascent or 118 descent, pausing only while at the surface for an average of 30 minutes to transmit data. 119

120 b. Derived variables

Analysis was performed on several variables not directly observed by the floats, and their deriva-121 tion is described here briefly. Relative horizontal velocity measurements were converted to abso-122 lute horizontal velocity using the method described by Phillips and Bindoff (2014). In summary, 123 the relative horizontal velocity measured from a descent / ascent profile pair is integrated with 124 respect to time, providing a displacement estimate. The difference between this displacement and 125 the measured GPS displacement at the surface is then divided by the time taken to profile and 126 constitutes a constant depth-independent velocity that is added back to the relative velocity. This 127 method also provides an estimate for subsurface float position (x, y), in metres, in the zonal and 128 meridional direction from the point of descent. 129

In situ and potential density as well as buoyancy frequency were calculated from CTD tem-130 perature, salinity and pressure measurements using the 2010 equation of state for seawater (IOC 131 et al. 2010). Smooth reference potential density profiles referenced to 1000 dbar, ρ_{ref} , were com-132 puted by averaging 5 profiles before and after the target profile. Density perturbations, ρ' , were 133 calculated by subtracting reference density from measured density. Smooth 'reference' buoyancy 134 frequency profiles were generated using the adiabatic levelling method (Bray and Fofonoff 1981; 135 Millard et al. 1990). Pressure perturbation was estimated by integrating buoyancy perturbation, 136 $b' = -g\rho'/\rho_0$, with depth assuming hydrostatic balance before subtracting the depth average, us-137 ing a method described by Kunze et al. (2002) and further analysed by Nash et al. (2005). 138

139 *c. Estimation of vertical velocity*

140 1) DERIVATION

Following previous work on the estimation of oceanic vertical flow from gliders (Merckelbach et al. 2010; Frajka-Williams et al. 2011), we have developed a theoretical model describing the vertical motion of EM-APEX floats in a stratified, stationary fluid. After optimisation of the model parameters, absolute vertical water velocity, w, is estimated as the difference between the measured float vertical velocity, w_m , and the steady vertical velocity that it is predicted to have in still water, w_s ,

$$w = w_m - w_s, \tag{1}$$

¹⁴⁷ where $w_m = \frac{dz_m}{dt}$. Float height, z_m , is determined from pressure and latitude using the TEOS-10 ¹⁴⁸ package. In order to determine w_s , it is necessary to solve the steady equation of motion of the ¹⁴⁹ float,

$$M\frac{dw_s}{dt} = g(M - \rho V) - \rho C_D A |w_s| w_s, \qquad (2)$$

150 with

$$\frac{dz_s}{dt} = w_s,\tag{3}$$

where z_s is the float height in still water, the first term on the right of Equation (2) is the buoyancy force, and the second term is a quadratic drag force suitable for an object fully immersed in a high Reynolds number flow (Batchelor 2000). The variables are gravitational acceleration, *g*, float mass, *M*, water density, ρ , float volume, *V*, float cross sectional area *A* and a non-dimensional drag coefficient *C*_D. The float volume is a function of pressure and the volume of oil pumped ¹⁵⁶ into the external bladder. In principle, it is necessary to solve the system of differential equations ¹⁵⁷ described by Equations (2) and (3) to fully diagnose w_s . However, if a steady force balance is ¹⁵⁸ assumed, setting $\frac{dw_s}{dt} = 0$, the equations can be simplified.

Given a steady-state assumption, Equation (2) can be rearranged for w_s as

$$w_s = \operatorname{sgn}(\rho V - M) \sqrt{\frac{|g(M - \rho V)|}{\rho C_D A}}.$$
(4)

Float volume is assumed to change linearly with pressure, p and piston position k,

$$V = V_0(1 + \alpha_p[p - p_0]) + \alpha_k(k - k_0),$$
(5)

where V_0 , p_0 and k_0 denote the volume, pressure and piston position at the ballast point. Variables 161 α_p and α_k are the coefficient of compressibility and the change in volume with piston position, 162 respectively. We have neglected the effects of thermal expansion because they are difficult to 163 separate from those of pressure, since in this area of the ocean both sets of effects cause a decrease 164 in volume with depth. Variations in temperature during profiles do not typically exceed 5 °C, and 165 if a thermal expansion coefficient of 3.6×10^{-5} °C⁻¹ (as quoted in the technical specifications 166 for EM-APEX floats) is assumed, then thermal changes in volume over a profile are typically one 167 order of magnitude smaller than compressive changes, and thus can justifiably be neglected. 168

169 2) OPTIMISATION

The steady model contains 7 parameters, of which mass, ballast piston position and ballast pressure are known, having been measured or set prior to deployment. The float diameter is 16.5 cm, giving a cross-sectional area of 0.02 m² that is assumed to remain constant with depth. In subsequent calculations the area is combined with the drag coefficient into a single parameter, C_D^* , the value of which is not initially known. The remaining parameters are optimised by minimising
 the following cost function for vertical water velocity variance over many profiles,

$$\sum_{t} w(t)^2 \tag{6}$$

where w(t) denotes any absolute water velocity measurement at time *t* regardless of depth. This cost function follows from conservation of volume in an incompressible fluid, which is a very good approximation for the entire ocean, but is also assumed to hold over the smaller spatial and time scales covered by a float. We defer to Frajka-Williams et al. (2011) for a more thorough discussion of cost functions. In summary, they assessed four and found that one was as effective as (6), while two were worse and did not produce physically consistent results.

Standard least squares methods were used to perform the optimisation separately for each float, 182 using 150 profiles shortly after the lee wave was observed. Parameter estimates from technical 183 specifications were used as initial values. It is possible that parameter values may change over the 184 lifetime of a float, for example the drag coefficient can change as a result of biofouling (Merckel-185 bach et al. 2010). Profiles to optimise to were chosen so that the model would be reliable at the 186 time of the lee wave observation, while also keeping the observations independent from the model 187 parameters. The resulting parameters and their uncertainties are summarised in Table 1, along 188 with values expected from technical specifications. Uncertainties were estimated by repeating the 189 optimisation many times on random sub-samples of the chosen profiles, to build a distribution 190 of possible parameters from which the standard deviation was calculated. Over a small range of 191 parameter values close to the optimum, C_D^* and α_k co-vary with compensating effect on vertical 192 velocity. This may have resulted in a somewhat unrealistic, albeit small, difference between these 193 parameters for the two floats. 194

195 3) VALIDATION AND UNCERTAINTIES

¹⁹⁶ Without independent measurements of vertical velocity with which to compare, only a limited ¹⁹⁷ validation of the model is possible. The first check is the distribution of vertical velocities, which ¹⁹⁸ should be centred on zero, as constrained by the optimisation procedure. Figure 2 shows the ¹⁹⁹ distribution of measurements. This closely approximates a Gaussian distribution with a mean of ²⁰⁰ 0.0 mm s⁻¹ and a standard deviation of 9 mm s⁻¹. In total, 51% of velocities are less than 1 cm ²⁰¹ s⁻¹.

The Garrett - Munk (GM) spectrum (e.g. Gregg and Kunze 1991) provides an estimate of the expected internal wave induced variance of several physical quantities, including vertical velocity or vertical kinetic energy (VKE) (Thurnherr et al. 2015) as a function of vertical wavenumber.

$$VKE(m) = \pi E_0 bN f j_* \frac{1}{(m+m_*)^2},$$
(7)

where the nondimensional spectral energy level $E_0 = 6.3 \times 10^{-5}$; b is the stratification *e*-folding 205 scale taken as 1000 m in the Drake Passage (Thurnherr et al. 2015); j_* is the peak wave number, 206 which quantifies the bandwidth of the internal wave field; $m_* = j_* \frac{\pi N}{bN_0}$; and $N_0 = 5.3 \times 10^3$ rad s⁻¹. 207 Analysis of vertical velocity from LADCP measurements (Thurnherr et al. 2015) find that such 208 a spectrum holds in many regions of the ocean, spanning a range of latitudes, up to a limiting 209 wavenumber. The average VKE spectrum from the two floats, computed from 100 profiles distant 210 from the observed wave, is compared to the GM spectrum in Figure 3. In general the GM spectrum 211 with default parameter values is about a factor of 2 more energetic than the measured average 212 spectrum but is still encompassed by the spread of individual profile spectra, denoted in the figure 213 by faint grey lines. Measured energy levels decline from large to small vertical scales at a rate 214 that is consistent with the power law proportional to m^{-2} over the wavenumber range 0.03 to 0.2 215

rad m⁻¹. A notable deviation from this power law includes a broad peak at 0.02 rad m⁻¹. This is likely caused by processes with a time scale of $2\pi/N$ aliasing the spatial signal, since for a float travelling at $w_f \approx 0.12$ m s⁻¹, and $N \approx 2 \times 10^{-3}$ rad s⁻¹, $N/w_f \approx 0.02$ rad m⁻¹.

The standard deviation in vertical velocity from different choices in model parameter, estimated 219 from the distributions generated when optimising the model, is 1 mm s⁻¹. This is an uncertainty 220 that manifests as a constant bias in the profile velocity. An additional uncertainty of 1 mm s⁻¹ at 221 high frequencies is caused by random noise the pressure sensor. The final source of uncertainty 222 is introduced by a systematic bias in the model as a result of necessary simplification of float 223 dynamics. A test on the accuracy of the steady model was performed by solving the fully time-224 dependent equations of motion and comparing to the time-independent solution (not shown). The 225 difference between solutions was found to be greatest where the float was undergoing acceleration, 226 such as at the beginning and end of profiles, and when the piston was moved to alter buoyancy. 227 Synthetic profiles of density and pressure were generated, and the time response of the equations 228 to a step change in piston position was assessed. It was found that the float reached 99% of the 229 new terminal velocity after 15 s, corresponding to a vertical distance of less than 1.5 m, which is 230 smaller than the characteristic sampling distance. Thus, for measurements of processes changing 231 on time scales longer than this adjustment time or over larger vertical distances, the no acceleration 232 assumption is justifiable. 233

d. Estimation of internal wave properties

Internal wave properties are estimated by application of linear internal wave theory, summarised in the Appendix, to the measurements. Properties that can be deduced without knowledge of the wavenumber components are aspect ratio, α , intrinsic frequency, ω_0 , energy density, *E*, and the vertical fluxes and of energy and horizontal momentum, denoted $\overline{w'p'}$ and $(\overline{w'u'}, \overline{w'v'})$ respectively. To estimate the wave perturbation of horizontal velocity, (u', v'), a linear background shear is removed from absolute horizontal velocity measurements.

To estimate the aspect ratio and intrinsic frequency, fourteen sets of coherent velocity and buoy-241 ancy maxima/minima were identified from profiles using a peak detection algorithm, and con-242 firmed by eye. The amplitudes at the maxima/minima were then applied in Equations (A10) and 243 (A11). By isolating maxima in this way we assume that the variability is dominated by a single 244 monochromatic wave. Energy density was calculated by isolating segments of velocity and buoy-245 ancy profiles that contained an integer number of wave oscillations, identified from subsequent 246 maxima by eye, before computing the time average over those isolated sections following Equa-247 tion (A12). The sections used are those depicted in Figure 4. The vertical fluxes of energy and 248 horizontal momentum were also estimated for the isolated segments following the same approach. 249 The above quantities, deduced without attempting to estimate any wavenumber components, are 250 referred to as the 'observed' quantities. 251

The impact of background oceanographic variability (which is significantly larger in magnitude than instrumental noise) on the energy and momentum flux diagnostics was investigated by repeating the calculation with the addition of red noise with spectral properties, such as slope and energy level, given by a background spectrum. The background spectrum was computed by averaging the absolute velocity spectra from 100 profiles in the far field. The standard deviation of results after many repetition is the error, quoted in subsequent analysis. Ultimately, the results are found to be insensitive to choices of the type and energy level of background variability used.

To deduce the wavenumber, we fit monochromatic plane waves to observations of velocity, buoyancy and pressure perturbation. Once deduced, the wavenumber implies, following linear theory, values for all the quantities discussed above. The quantities deduced from this fitting are referred to as 'plane wave' estimates. Two illustrative profiles are presented in Section 3. The fits take into account the combination of spatial and temporal variability present in the observations
by using the depth measurement from the float's pressure sensor, the horizontal position estimated
from time-integrated horizontal velocity, and time from the internal clock. In this way, it was
possible to account for advection of the float by the local flow field.

The fitting procedure optimises five parameters: the three wavenumber components, the pressure 267 perturbation amplitude induced by the wave, and an arbitrary phase shift. Doppler shifting was 268 accounted for by using the mean horizontal velocity of each profile, and a background shear was 269 subtracted from the horizontal velocity. Markov Chain Monte Carlo methods were used to conduct 270 the fitting and produce likelihood distributions for the parameter values. Likelihood distributions 271 are proportional to the posterior probability distribution, which describes the probability that the 272 model fits the data with given parameter values. The most likely parameter set is the best estimate 273 of the parameter value and the width of the distribution is a measure of the confidence interval of 274 that parameter set. 275

e. Estimation of the turbulent kinetic energy dissipation rate

To estimate the rate of turbulent kinetic energy dissipation rate, ε , we employ the large eddy method of Beaird et al. (2012), which has previously been applied to vertical velocity measurements from gliders. We also use the more established Thorpe scale method (Thorpe 1977; Dillon 1982) for comparison.

281 1) LARGE EDDY METHOD

The large eddy method can be derived from simple scaling of turbulent motions, specifically, the turbulent kinetic energy relation (Taylor 1935),

$$\varepsilon \sim \frac{q^{\prime 3}}{l}$$
 (8)

where q' is the turbulent velocity scale and l a length scale associated with the largest overturning eddies. The choice of an appropriate length scale is subject to certain arbitrariness (Kantha and Clayson 2000). However, if one chooses the buoyancy length, defined as the vertical displacement over which a water parcel will convert its kinetic energy to potential energy in a stratified fluid and given non-rigorously as $q'N^{-1}$, then one arrives at the following equation,

$$\varepsilon = c \langle q^{\prime 2} \rangle N \tag{9}$$

where *c* is a constant of proportionality. A complementary interpretation is that turbulent eddies are dissipated over a time proportional to N^{-1} , known as the eddy turnover time. An assumption of the method is that the largest turbulent scales are isotropic, and that it is sufficient to measure the kinetic energy of one (in this case, the vertical) velocity component, equal to the mean square velocity $\langle q'^2 \rangle$, to estimate the energy of an overturn. Tests of the scaling (Beaird et al. 2012, and references therein) indicate that it is valid for a range of oceanic conditions, including weak dissipation regimes, down to $q' \sim 0.2$ mm s⁻¹ (Peters et al. 1995).

The constant of proportionality also corrects implicitly for limitations of the float vertical velocity model, and for measurements that may not fully isolate turbulent motions and include smallscale internal waves. The vertical microstructure profile measurements made shortly before deployment of the floats (Sheen et al. 2013), marked as stars in Figure 1, provide the best available calibration data. The statistics of ε from the large eddy method and microstructure match for c = 0.146 (float 4976) and c = 0.123 (float 4977).

To isolate the vertical eddy velocity signal, first a temporal low-pass filter was applied to vertical 302 velocity profiles with a cut-off period of 100 s. This was necessary to remove signals associated 303 with internal electronic noise with an approximate length scale of 9 m resulting from a suspected 304 time-stamp recording error, exhibited by both floats. The narrow bandwidth of the noise allowed 305 for its complete removal. A spatial high-pass filter was then applied with a cut-off wavelength of 306 40 m. Steady height, $z_s = \int w_s dt$, rather than measured height, z, was used as the spatial variable 307 so as to reduced aliasing caused by changes in float profiling speed and advection by vertical flows. 308 Root-mean-square vertical velocity and mean buoyancy frequency were calculated in a sliding 20 309 m window. Comparison of vertical kinetic energy spectra between profiles with high and low 310 average ε values (not shown) indicate that energy is most enhanced at scales less than 100 m. The 311 filter cut-off length scale is chosen pragmatically to capture this variance. 312

The vertical kinetic energy content at scales less than 40 m is likely to be dominated by internal 313 waves for all but the most turbulent conditions and as noted by Beaird et al. (2012), the lack of 314 a separation of scales between turbulence and waves makes it impossible to remove the wave 315 signal. This might be expected to cause an overestimation of the dissipation rate, however, since 316 the method is calibrated against microstructure measurements, the coefficient c, is proportionally 317 smaller to account for wave energy. The fact that the method theoretically relies on measuring the 318 eddy energy, rather than the wave energy remains a cause of concern. Some reassurance can be 319 taken from the documented, albeit poorly understood relationship between wave vertical kinetic 320 energy and dissipation found by Thurnherr et al. (2015) in a variety of regions, including the 321 Drake Passage. Thurnherr et al. (2015) use their findings as the basis for a new parametrisation of 322 dissipation in terms of VKE alone, which appears to provide more accurate results than shear-strain 323 based parametrisations. This is relevant because it implies that internal wave VKE is strongly 324

³²⁵ connected to dissipation. We accept that some readers may not be convinced by the large eddy ³²⁶ method and so we also estimate dissipation using the more established Thorpe scale method.

327 2) THORPE SCALE METHOD

The theoretical basis of the Thorpe scale method is that, in a stratified fluid with buoyancy frequency N, the dissipation rate is related to the largest isotropic turbulent scales, defined by the Ozmidov scale L_O ,

$$\varepsilon = L_0^2 N^3. \tag{10}$$

At scales larger than the Ozmidov scale, stratification suppresses vertical motion and turbulent eddies become anisotropic. At smaller scales, there exists an inertial subrange where energy cascades to the dissipation scale. By comparing a profile of density with the same data monotonically sorted, such that it forms a stable profile, it is possible to estimate the vertical displacement of density parcels in overturning regions. The Thorpe scale, L_T , is defined as the root mean square displacement of data in an overturn and empirically related to the Ozmidov scale by the relation $L_0 = (0.8 \pm 0.4)L_T$ (Dillon 1982).

The method is sensitive to spurious density measurements, especially in weakly stratified regions of the water column, which may occur due to salinity spiking. To counter this problem we use the intermediate profile method of Ferron et al. (1998) and reject overturns using an overturn ratio criteria (Gargett and Garner 2008).

342 3. Results

³⁴³ a. Observed wave properties

1) LARGE-SCALE OBSERVATIONS

Between the 2nd and 4th of January 2011, two EM-APEX floats were advected eastwards over 345 the northern segment of the Shackleton Fracture Zone (SFZ), a chain of sea mounts and large 346 bathymetric features that extends between the Antarctic Peninsula and the South American conti-347 nental shelf. They maintained a horizontal separation of approximately 4 km during this period. 348 The boxed area in Figure 1 marks this region, and all subsequent analysis is concentrated within 349 it. The upper-ocean buoyancy frequency and velocity upstream of the SFZ are shown in Figure 350 5 as an average of 20 profiles. The mean zonal flow speed between 100 m and 1500 m was 33 351 cm s⁻¹, with a vertical shear of 1.35×10^{-4} s⁻¹. The mean meridional flow over the same depth 352 range was 2 cm s⁻¹, with some variability between profiles and no significant shear. There also 353 exists a minimum in buoyancy frequency at 350 m depth, which may reflect upward propagating 354 internal waves with a frequency greater than 1.4×10^{-3} rad s⁻¹. 355

Figure 6a displays the measured depth-averaged horizontal flow vectors around the SFZ, as well 356 as the standard deviation of vertical water velocity measured below 100 m depth, shown by the 357 vector shading. In the lee of a large topographic ridge, oscillatory vertical velocity perturbations 358 with an amplitude exceeding 20 cm s⁻¹ were measured by both floats, resulting in large values of 359 vertical velocity standard deviation. Away from this region, vertical velocity measurements were 360 typically less than 2 cm s^{-1} . Figure 6b displays a section of vertical velocity as a function of height 361 and distance from the ridge crest. The largest vertical velocities were measured within 20 km of 362 the crest. The sawtooth-like trajectory is typical of a profiling float being advected by a strong 363 mean flow. All the topographic data used originate from version 17.1 of the Smith and Sandwell 364

(1997) global bathymetric database, since high-resolution multibeam bathymetric measurements
 were not available.

Figure 4 shows velocity and buoyancy perturbations from a sequence of profiles centred on the 367 largest vertical velocity signal. Vertical velocity from these profiles were binned and displayed 368 as a histogram in Figure 2, from which it can be seen that the distribution of velocity differs 369 greatly from the far field mean. The greatest vertical displacement of density surfaces, estimated 370 as b_0/N^2 , was observed to be (120 ± 20) m (profile 32 float 4976). The shaded segments indicate 371 measurements where vertical velocity amplitude exceeds 10 cm s⁻¹ and also varies coherently 372 with at least one other component of velocity. Profiles 31 and 32 from float 4976, and profiles 373 26 and 27 from float 4977, contain such segments. These four profiles are used in the following 374 analysis to quantify the wave properties. While Figure 4 shows several other profiles that contain 375 less conspicuous wave-like signals, noise in the horizontal velocity and buoyancy components 376 makes it difficult to confidently assess wave properties from those profiles. 377

378 2) FREQUENCY AND ASPECT RATIO

Figure 7a amalgamates the observational estimates of aspect ratio and frequency from fourteen 379 sets of maxima from four profiles (those shaded in Figure 4) into box and whisker diagrams. The 380 mean aspect ratio is 1.0 ± 0.6 . Using Equation (A9), the mean frequency is $(1.8 \pm 1) \times 10^{-3}$ rad 381 s⁻¹, and using Equation (A10) it is $(1.4 \pm 0.4) \times 10^{-3}$ rad s⁻¹. Both values are close to the local 382 mean buoyancy frequency $N \approx 2.2 \times 10^{-3}$ rad s⁻¹ and one order of magnitude larger than the local 383 inertial frequency $f \approx 1.2 \times 10^{-4}$ rad s⁻¹. The period associated with the estimated frequency is 384 approximately 1 hour. The spread of results is a consequence of the limited profiling speed, which 385 is likely capturing the gradually changing characteristics of a wave propagating through a vertical 386 shear and non-uniform stratification. 387

388 3) ENERGY AND MOMENTUM FLUXES

The shaded regions in Figure 4 indicate the isolated sections for which energy density and vertical fluxes of energy and horizontal momentum were calculated. The peak energy density was found to be 26 ± 4 J m⁻³ in profile 32 float 4976. Results from the four main profiles are displayed in Figure 8a as box and whisker plots, and range in magnitude from 10 to 26 J m⁻³.

Observational estimates for the time-mean quantities $\overline{w'p'}$ and $F_M^{(z)}$, respectively representing the 393 vertical fluxes of energy and horizontal momentum are displayed in Figures 8b and c. The peak 394 energy flux was 1.3 ± 0.2 W m⁻². All fluxes are positive, indicating upward wave propagation. 395 The smallest value was found for profile 27 from float 4977, where the wave signal occurs higher 396 in the water column, consistent with the group velocity diminishing as the depth of minimum N 397 is approached. The average vertical group velocity corresponding to the observed flux and energy 398 density is, following Equation (A15), found to be 4 ± 1 cm s⁻¹. These energy flux diagnostics are 399 likely to be underestimates, due to limitations in the method for estimating p'. For a wave with 400 $\alpha \sim 1$, the hydrostatic approximation on which estimation of p' relies (Nash et al. 2005) holds only 401 weakly. However, tests performed on a series of synthetic waves with α in the range 0.5 to 1.5 402 indicate that the method is typically in error by less than a factor of two. So while the uncertainty 403 on the measured energy flux is substantial, the order of magnitude is correct and the real peak 404 value is likely to be closer to 2 W m^{-2} . 405

Estimates of the vertical flux of horizontal momentum range from 1 to 8 N m⁻² in magnitude. The uncertainty on individual measurements is larger than in the energy flux case because the quantity is more sensitive to oceanographic variability in the horizontal velocity. Momentum flux vectors are displayed in Figure 9, and are oriented predominantly in the northwest - southwest quadrant. The scatter in vector direction is likely indicative of the three-dimensional nature of

the wave generation process, occurring off a complex topographic feature that does not lie per-411 pendicular to the mean flow, but could also be spatial variability. In the classic textbook lee wave 412 problem, the momentum flux vector would be orientated in direct opposition to the mean flow. The 413 mean zonal momentum flux was -3.1 ± 0.4 N m⁻², and the mean meridional momentum flux was 414 0.5 ± 0.4 N m⁻². In comparison, mean flow velocity vectors are orientated eastward (Figure 6a) in 415 the opposite direction to the mean momentum flux. The limitations of the floats' spatio-temporal 416 sampling of the wave mean that we cannot definitively establish whether the wave is imparting a 417 drag on the mean flow, or radiating horizontal momentum elsewhere. 418

419 b. Wave characterisation with plane wave fits

EM-APEX floats profile slowly compared to the observed wave period of 1 hour, and this will 420 have caused temporal aliasing of the measurements. The apparent vertical wavelength observed 421 from subsequent maxima in vertical velocity from Figure 4 is approximately 400 m. If the wave 422 is stationary, its horizontal wavelength can be deduced from the Doppler relation (Equation (A3)), 423 as $\omega_0 = -kU$. For the observed frequency and mean flow speed, this results in an approximate 424 zonal wavelength of 1200 m, which will be the same as the vertical wavelength for $\alpha = 1$. The 425 conclusion from this estimate is that the intrinsic wavelength could be significantly larger than the 426 apparent wavelength. 427

Fits of Equation (A8) to measurements from two profiles chosen for having the cleanest wave signal (profile 32 from float 4976 and profile 26 from float 4977) were conducted to compare the observations to the simplest possible theoretical explanation, a monochromatic plane wave. Doing so also provides a separate determination of the vertical fluxes of energy and momentum. The resulting parameter estimates (wavenumbers and pressure perturbation) from this fitting procedure were inserted into the linear internal wave equations (Equation (A8)) to produce the red curves in

Figure 10. The fit to profile 26 shows good agreement with observations for all variables, with the 434 exception of u, which is not of the correct amplitude. Profile 32 contains small scale fluctuations 435 in velocity which are not explained by a monochromatic plane wave, however, the large scale 436 variation is captured. The quantities are plotted as a function of time, rather than height, to remove 437 the temporal-aliasing that causes cusping, visible in Figure 4. Cusping occurs as alternating phases 438 of wave motion force the floats against their direction of motion, in some cases causing a complete 439 reversal of direction, and then propel them in the same direction of motion, greatly increasing the 440 profiling speed. Such forcing aliases the observations away from an expected sinusoidal shape. 441

Figure 11a shows the likelihood distributions of the plane wave derived wavenumber compo-442 nents as box and whisker plots. It should be noted that the range of the distributions is typically 443 less than 1% of the parameter value and so uncertainties are not quoted. For both profiles the 444 fitting method finds the optimal zonal wavenumber, k, to be -0.002 rad m⁻¹, which corresponds 445 to a zonal wavelength of 4000 m. This is likely to be an underestimate of the real wavenum-446 ber, because the fits do not reproduce the observed zonal velocity amplitude which is related to 447 the wavenumber by the polarisation relation in Equation (A4), and we would therefore expect a 448 smaller zonal wavelength. There is a difference in sign between profiles as to the direction of the 449 meridional wavenumber, likely due to the different time and position at which the profiles were 450 taken; however it is of similar magnitude to the zonal wavenumber. The negative sign on the zonal 451 wavenumber is significant, because it indicates that the wave phase velocity opposes the mean 452 flow. The non-negligible magnitude of the meridional wavenumber means that the total horizontal 453 wave vector is not directed exactly westward against the predominantly eastward mean flow, as 454 was also found in observational estimates of the momentum flux vectors. The vertical wavenum-455 ber is negative, indicating upward propagation, and the vertical wavelength is 1800 m for profile 456 32 and 1000 m for profile 26. 457

The frequency determined from the fits is displayed in Figure 11b. It overlaps with the observational estimate (grey box and whisker), and is 0.3N for profile 32 and 0.8N for profile 26. Eulerian frequencies are 3×10^{-4} rad s⁻¹ and 7×10^{-4} rad s⁻¹, corresponding to periods of 3 to 6 hours. If the horizontal wavevector has been underestimated, then so have these periods following from Equations (A10) and (A11). Thus, the wave is not perfectly stationary, but a fixed observer would notice a significant Doppler shift.

Energy density and the vertical fluxes of energy and horizontal momentum estimates are displayed in Figures 11c, d and e. The energy density of the best fits are 12 J m⁻³ and 15 J m⁻³, smaller than the direct estimates from observations because the model has some difficulty in reproducing the full measured velocity amplitude. Energy fluxes are slightly larger than the direct estimates, at 1.2 W m⁻² and 2.5 W m⁻², but within a factor of 2. Momentum fluxes are within the bounds of the direct estimates, with values of 3.5 N m⁻² and 7 N m⁻².

In summary, while not providing a precise description, monochromatic plane waves do give a reasonable characterisation of the observed lee wave. This is estimated to have horizontal and vertical wavelengths in the range of 1 to 4 km; to propagate upward and against the eastward mean flow; to be quasi-stationary; and to transport energy and horizontal momentum vertically at large rates that are within a factor of 2 to 3 of the direct estimates.

475 c. Turbulent kinetic energy dissipation

⁴⁷⁶ A section of the rate of turbulent kinetic energy dissipation is displayed on a logarithmic colour ⁴⁷⁷ scale in Figure 12. Results from Thorpe scale analysis are shown as large circles in Figure 12b ⁴⁷⁸ and results from the large eddy method are displayed as small circles in Figure 12c. Background ⁴⁷⁹ levels of dissipation in Drake Passage are typically of order 10^{-10} W kg⁻¹, less than the detection ⁴⁸⁰ level of either method, and are blanked out over the majority of the section. Both methods indicate ⁴⁸¹ a patch of high dissipation above and in the lee of the ridge crest, coincident with profiles of large ⁴⁸² vertical velocity. Notably large overturns of order 10 m in scale are detectable using the Thorpe ⁴⁸³ scale method, with dissipation rates in such patches approaching 10^{-6} W kg⁻¹, while the majority ⁴⁸⁴ of overturns are smaller than this. The depth-integrated dissipation rate, $P = \int_{-Z}^{0} \rho \varepsilon dz$, peaks at ⁴⁸⁵ 20 mW m⁻².

⁴⁸⁶ Using the large eddy method, dissipation rates are found to be largest in the profiles containing ⁴⁸⁷ the strongest wave signal, and peak at 10^{-7} W kg⁻¹ at roughly 1000 m depth. The depth-integrated ⁴⁸⁸ dissipation rate peaks at 6 mW m⁻², significantly less than the estimated vertical flux of energy ⁴⁸⁹ associated with the wave. The sensitivity of these results to method parameter choices was as-⁴⁸⁰ sessed by systematically varying parameters, such as filter cut-off scale and window length, over ⁴⁹¹ plausible ranges. The spatial distribution of dissipation did not change, but the magnitude of the ⁴⁹² integrated dissipation rate varied by up to 20%.

493 4. Discussion and conclusions

In this paper, observations of a wave-like feature in the vicinity of a sharp ridge made by two EM-494 APEX floats have been analysed to document the feature's physical characteristics. The limited 495 number of profiles and the necessity of considering their time-dependent nature made analysis and 496 interpretation of some properties challenging. Nonetheless, linear internal wave theory provides 497 a good description of the dominant mode of variability, which has a positive vertical energy flux 498 and negative vertical wavenumber, indicating upward propagation. The zonal phase velocity is 499 directed westward, in opposition to the mean flow, resulting in a quasi-stationary pattern, while the 500 meridional structure of the wave appears variable. This result, deduced from coherent oscillations 501 of velocity and buoyancy over several wave periods, leads to the conclusion that the floats observed 502 a lee wave, likely generated at the ridge and forced by the flow of the ACC. However, naive 503

application of infinitesimal linear wave generation theory (Bell 1975) for a near bottom flow speed of order 20 cm s⁻¹, near bottom stratification of 1×10^{-3} rad s⁻¹ and topographic wavelength of 40 km imply that the resulting wave would be evanescent. This is in contradiction to the observations, which indicate a wave of frequency near *N* and wavelength closer to 4 km in the upper most 1500 m of the water column.

This contradiction may be resolved by considering the steepness parameter s. The steepness 509 parameter is defined as the ratio of topographic height, h, to characteristic wave height, U/N, 510 giving Nh/U, for a given near-bottom flow speed and stratification (Nikurashin and Ferrari 2010). 511 Large values of s imply that the flow does not have sufficient kinetic energy to fully mount the 512 topography, such that a deeper portion of the water column may be blocked or diverted making the 513 wave generation process highly nonlinear. The value at which this transition occurs is in the range 514 of 0.4 to 0.7, depending on topographic configuration (Aguilar and Sutherland 2006; Nikurashin 515 et al. 2014). Infinitesimal linear theory requires that the steepness parameter be much less than 516 this value range. Given that the ridge height is roughly 1500 m, and that near-bottom stratification, 517 as measured from ship-based CTD casts, is 0.8×10^{-3} rad s⁻¹, flow speeds in excess of 3 m s⁻¹ 518 would be required for a sufficiently small steepness parameter. This is not a physically reasonable 519 speed for a near-bottom oceanic flow, and we conclude that the flow is highly likely to be blocked 520 below some depth. 521

⁵²² High-resolution modelling efforts in two and three dimensions using a domain analogous to the ⁵²³ Drake Passage (Nikurashin et al. 2014) show that, for large values of the steepness parameter, the ⁵²⁴ time-mean energy flux into lee waves saturates at 10 mW m⁻². For very long ridges in which the ⁵²⁵ flow configuration is largely two-dimensional, the energy flux at generation saturates at 100 mW ⁵²⁶ m⁻². These values are smaller than the energy fluxes estimated from our observations, of order ⁵²⁷ 1 W m⁻², which are in good agreement with those for a propagating monochromatic plane wave

constrained by linear theory. It is possible to estimate the expected energy flux from linear theory 528 (Bell 1975) for the portion of the water column above which blocking occurs. Doing so reduces 529 the height of the topography to an effective height h_e . Taking $h_e = 200$ m, for which the topo-530 graphic wavelength is roughly equal to the observed zonal wavelength of 4000 m, extrapolating 531 the observed mean flow speed to be 0.2 m s^{-1} near ridge top, and using the ship based CTD esti-532 mate of stratification, we get a linear energy flux value of 0.5 W m^{-2} . This value is within a factor 533 3 of the observed value. We conclude that our observations are consistent with linear generation 534 above a blocking level. However, we also acknowledge that important small scale bathymetric 535 features may exist that are not resolved by the database used (Smith and Sandwell 1997). 536

⁵³⁷ Observed integrated dissipation rates in the Southern Ocean (St. Laurent et al. 2012; Sheen et al. ⁵³⁸ 2013) are typically less than 5 mW m⁻². Our estimated values are similar to this, however, there ⁵³⁹ is some uncertainty in this result due to quantitative limitations of the Thorpe scale and large eddy ⁵⁴⁰ methods. A significant finding of our work is that the diagnosed vertical energy flux is almost two ⁵⁴¹ orders of magnitude larger than the depth-integrated dissipation rate. This result lends support to ⁵⁴² the idea that not all lee wave energy is dissipated locally (Waterman et al. 2014), however, we are ⁵⁴³ not able to deduce the fate of the wave energy from the limited observations available.

It is possible to make a basic assessment of the wave's propensity to shear instability, using the 544 Richardson number, $\text{Ri} = N^2/(\frac{\partial u}{\partial z})^2$. A necessary condition for shear instability is that $\text{Ri} < \frac{1}{4}$ 545 (Miles 1961; Howard 1961). For a single wave, the induced vertical shear $\frac{\partial u}{\partial z} = u_0 m$, where u_0 is 546 the horizontal velocity amplitude and *m* the vertical wavenumber. For the criterion to be satisfied, 547 we find that m > 0.01 rad m⁻¹. The observations indicate that m is less than this value by a factor of 548 2 to 4. In a process distinct from shear instability, a wave will become statically unstable when the 549 ratio of the horizontal velocity amplitude to the horizontal phase speed, $u_0\omega/k > 1$ (Orlanski and 550 Bryan 1969), and evidence from numerical models suggests that this can occur at slightly less than 551

⁵⁵² 1 (Liu et al. 2010). Our estimate for the static stability is in the range 0.1 to 0.25, within a factor ⁵⁵³ of 4 to 10 of the condition. These estimates indicate that the wave, at its point of observation, is on ⁵⁵⁴ the verge of undergoing shear and / or static instability. Interaction with the mean flow, changing ⁵⁵⁵ stratification or other waves may play a role in inducing or amplifying such instabilities.

A significant fraction of the diagnosed vertical flux of horizontal momentum associated with 556 the wave was oriented in opposition to the mean flow, which is approximately zonal. Signif-557 icant non-zonal components of the momentum flux are likely a consequence of the nonlinear, 558 three-dimensional nature of the generation process but could also be a result of spatio-temporal 559 variability or advection. It was not possible to deduce the divergence of the momentum flux, and 560 therefore, the implied drag force. However, the magnitude of the flux is more than two orders of 561 magnitude greater than the time-mean wind stress on the ACC (Wunsch 1998), suggesting that 562 lee waves have the potential to be a significant term in the local momentum budget of ACC jets 563 as suggested by Naveira Garabato et al. (2013). Further work will be needed to understand the 564 temporal and spatial occurrence of such wave events and a targeted observational campaign will 565 be required to conclusively test this hypothesis. 566

This paper documents the first unambiguous observation of a lee wave in the ACC. A thorough analysis of sparse of observations was conducted to produce optimal estimates of wave properties, which are broadly consistent with inferences from previous, spatially incoherent finescale measurements. The extremely energetic nature of the wave is conducive to large vertical fluxes of energy and momentum and to the generation of significant amounts of turbulence, reinforcing current appreciation for the dynamically important role that lee waves likely play in the circulation of the Southern Ocean. Acknowledgments. The DIMES experiment was funded by the U.K. Natural Environment Research Council (NERC) and the U.S. National Science Foundation (NSF). JC acknowledges the support of a NERC Ph.D. scholarship. ACNG acknowledges the support of a Philip Leverhulme Prize, the Royal Society, and the Wolfson Foundation. JG acknowledges the support of NSF grants OCE-0623177 and OCE-1129564. We would like to thank three anonymous reviewers for their insightful comments and suggestions that helped to improve the paper.

580

581

APPENDIX

Linear internal wave theory

We summarise here the results of linear internal wave theory that are used in the analysis of observations, following Gill (1982). The linearised, Boussinesq, momentum equations for an incompressible fluid assuming a constant stratification, N, constant Coriolis parameter, f, and constant mean flow $\mathbf{U} = (U, V, 0)$, can be combined into the following equation for vertical velocity perturbations, w',

$$\left[\left(\frac{\partial}{\partial t} + \mathbf{U} \cdot \nabla \right)^2 \nabla^2 + f^2 \frac{\partial^2}{\partial z^2} + N^2 \left(\frac{\partial^2}{\partial x^2} + \frac{\partial^2}{\partial y^2} \right) \right] w' = 0.$$
 (A1)

⁵⁸⁷ Plane wave solutions are assumed such that,

$$w' = w_0 e^{i(\mathbf{k} \cdot \mathbf{x} - \omega t)},\tag{A2}$$

where w_0 is the velocity amplitude, $\mathbf{k} = (k, l, m)$ is the wavevector, $\mathbf{x} = (x, y, z)$ is the position vector, and $\boldsymbol{\omega}$ the Eulerian frequency as would be measured in a frame of reference stationary with respect to the Earth. Substituting this solution into Equation (A1) gives the familiar internal wave dispersion relation,

$$(\boldsymbol{\omega} - \mathbf{k} \cdot \mathbf{U})^2 = \omega_0^2 = \frac{f^2 m^2 + (k^2 + l^2) N^2}{k^2 + l^2 + m^2},$$
(A3)

where ω_0 is the intrinsic wave frequency. It can be seen that the intrinsic frequency of a propagating wave measured by an observer travelling with the flow must lie between *f* and *N*, else the frequency would be imaginary and the solution evanescent. In the presence of a mean flow, **U**, a Doppler shifted (Eulerian) frequency, ω , would be measured by a stationary observer and the relationship between the two frequencies is $\omega = \mathbf{k} \cdot \mathbf{U} + \omega_0$.

An internal wave generates fluctuations in all components of velocity, $\mathbf{u}' = (u', v', w')$ as well as pressure, p', and buoyancy, b'. Here we have divided pressure by mean density, $p' = P'/\rho_0$, and define buoyancy as, $b' = -g\rho'/\rho_0$. The relative amplitude of these fluctuations are related to the wave length scales by the polarisation relations,

$$u_0 = \frac{k\omega_0 + ilf}{\omega_0^2 - f^2} p_0$$
 (A4)

$$v_0 = \frac{l\omega_0 - ikf}{\omega_0^2 - f^2} p_0 \tag{A5}$$

$$w_0 = \frac{-m\omega_0}{N^2 - \omega_0^2} p_0 \tag{A6}$$

$$b_0 = \frac{imN^2}{N^2 - \omega_0^2} p_0.$$
 (A7)

⁶⁰¹ The final plane wave solutions for velocity, buoyancy and pressure are then given by,

$$(u', v', w', b', p') = (u_0, v_0, w_0, b_0, p_0)e^{i(\mathbf{k}\cdot\mathbf{x} - \omega t)}.$$
(A8)

Thus, for a given mean flow speed, stratification and Coriolis parameter, linear waves are completely described by a few key parameters: the components of wavenumber (inverse wavelength) in all three directions, and the amplitude of the pressure perturbation. Frequency is fixed by the ratio of horizontal to vertical wavenumber, or aspect ratio, $\alpha^2 = (k^2 + l^2)/m^2$. The amplitude of velocity fluctuations is set by the pressure perturbation amplitude and wavenumber. Much information can therefore be deduced from limited observations of a few key variables.

⁶⁰⁸ By dividing the Equations (A6) and (A7), one gets a succinct measure of the wave frequency ⁶⁰⁹ from the amplitude of buoyancy and vertical velocity perturbations,

$$\frac{w_0}{b_0} \left| N^2 = \omega_0. \right. \tag{A9}$$

The dispersion relation can be re-cast in terms of the aspect ratio,

$$\omega_0^2 = \frac{f^2 + \alpha^2 N^2}{1 + \alpha^2}.$$
 (A10)

Equations (A9) and (A10) provide two methods for deducing internal wave frequency from measurements of velocity and buoyancy amplitude made by EM-APEX floats, both of which are used in subsequent analysis. For a nonhydrostatic wave, where $N \ge \omega_0 \gg f$, it can be shown using Equations (A4), (A5) and (A6), that the aspect ratio is related to the velocity amplitudes as follows,

$$\frac{w_0^2}{u_0^2 + v_0^2} \approx \alpha^2,\tag{A11}$$

and this result can be substituted into Equation (A10) to deduce the intrinsic frequency from velocity amplitude alone.

618 a. Energy flux

Internal waves have an energy density, E, consisting of a kinetic part relating to the motion of water parcels, and a potential part relating to the displacement of density surfaces from equilibrium,

$$E = \frac{1}{2}\rho_0(\overline{u'^2 + v'^2 + w'^2}) + \frac{1}{2}\rho_0 N^{-2}\overline{b'^2}.$$
 (A12)

Here an over-bar denotes an average over one wave period. Linear internal waves flux energy in the direction of the group velocity, c_g , so that the energy flux vector is given by

$$\mathbf{F}_{\mathbf{E}} = E\mathbf{c}_{\mathbf{g}},\tag{A13}$$

which is also defined more generally as the average covariance of pressure and velocity perturbations,

$$\mathbf{F}_{\mathbf{E}} = \boldsymbol{\rho}_0 \overline{p' \mathbf{u}'}.\tag{A14}$$

⁶²⁶ Often one is interested in the vertical energy flux, $F_E^{(z)}$, which is simply the energy density ⁶²⁷ multiplied by the vertical component of the group velocity,

$$F_E^{(z)} = E c_g^{(z)}, (A15)$$

628 or alternatively

$$F_E^{(z)} = \rho_0 \overline{p'w'}.$$
 (A16)

The equation for the vertical component of the group velocity can be derived by taking the derivative of the dispersion relation (Equation (A10)) with respect to vertical wavenumber, $\frac{\partial \omega_0}{\partial m}$, giving the result

$$c_g^{(z)} = \frac{-(N^2 - f^2)\alpha^2}{m(1 + \alpha^2)^{\frac{3}{2}}(f^2 + \alpha N^2)^{\frac{1}{2}}}.$$
(A17)

It can be seen that, for fixed α , the vertical group velocity increases with wavelength (inverse wavenumber) and has opposite sign to the wavenumber, such that negative vertical wavenumber indicates upward group velocity and upward energy flux. To estimate vertical energy fluxes from observations requires knowledge of energy density, aspect ratio and wavelength before applying these in Equations (A15) and (A17) (e.g. Kunze and Sanford 1984). Alternatively, it can be estimated from measurements of pressure perturbation and vertical velocity, applying Equation (A16) (e.g. Nash et al. 2005).

639 b. Momentum flux

⁶⁴⁰ The absolute vertical flux of horizontal momentum is defined as

$$F_M^{(z)} = \rho_0 \left[(\overline{u'w'})^2 + (\overline{v'w'})^2 \right]^{\frac{1}{2}},$$
(A18)

where the covariance of velocities are summed in quadrature to account for transport of both zonal and meridional momentum. In the case of linear lee wave generation by infinitesimal topography (e.g. Gill 1982), the vertical flux of horizontal momentum is equal in magnitude to the drag force exerted on the mean flow. If finite-amplitude effects are taken into account, including flow blocking and splitting, the drag becomes a nonlinear function of the steepness parameter (Welch et al. 2001).

647 **References**

- Aguilar, D. a., and B. R. Sutherland, 2006: Internal wave generation from rough topography. *Physics of Fluids*, **18 (6)**, 066 603.
- ⁶⁵⁰ Alford, M. H., J. M. Klymak, and G. S. Carter, 2014: Breaking internal lee waves at Kaena Ridge,

Hawaii. *Geophysical Research Letters*, **41** (**3**), 906–912.

- Batchelor, G. K., 2000: Flow at large reynolds number: Effects of viscosity. *An Introduction to Fluid Dynamics:*, Cambridge University Press, Cambridge, 264–377.
- Beaird, N., I. Fer, P. Rhines, and C. Eriksen, 2012: Dissipation of Turbulent Kinetic Energy
- Inferred from Seagliders: An Application to the Eastern Nordic Seas Overflows. *Journal of Physical Oceanography*, 42 (12), 2268–2282.
- Bell, T. H., 1975: Lee waves in stratified flows with simple harmonic time dependence. *Journal of Fluid Mechanics*, 67 (04), 705.
- Bray, N. A., and N. P. Fofonoff, 1981: Available Potential Energy for MODE Eddies. *Journal of Physical Oceanography*, **11** (1), 30–47.
- ⁶⁶¹ Dillon, T. M., 1982: Vertical overturns: A comparison of Thorpe and Ozmidov length scales. ⁶⁶² *Journal of Geophysical Research*, **87** (C12), 9601.
- Ferron, B., H. Mercier, K. Speer, A. Gargett, and K. Polzin, 1998: Mixing in the Romanche Fracture Zone. *Journal of Physical Oceanography*, **28** (**10**), 1929–1945.
- Frajka-Williams, E., C. C. Eriksen, P. B. Rhines, and R. R. Harcourt, 2011: Determining Vertical
 Water Velocities from Seaglider. *Journal of Atmospheric and Oceanic Technology*, 28 (12),
 1641–1656.

- Fritts, D. C., 2003: Gravity wave dynamics and effects in the middle atmosphere. *Reviews of Geophysics*, **41** (1), 1003.
- Gargett, A., and T. Garner, 2008: Determining Thorpe Scales from Ship-Lowered CTD Density
 Profiles. *Journal of Atmospheric and Oceanic Technology*, **25** (9), 1657–1670.
- ⁶⁷² Gill, A. E., 1982: *Atmosphere-Ocean Dynamics*. Academic Press, San Diego, 662 pp.
- ⁶⁷³ Gille, S. T., K. Speer, J. R. Ledwell, and A. C. Naveira Garabato, 2007: Mixing and stirring in the
 ⁶⁷⁴ Southern Ocean. *Eos, Transactions American Geophysical Union*, **88** (**39**), 382–383.
- Gregg, M. C., and E. Kunze, 1991: Shear and strain in Santa Monica Basin. *Journal of Geophysical Research*, **96 (C9)**, 16709.
- Hibiya, T., N. Furuichi, and R. Robertson, 2012: Assessment of fine-scale parameterizations of
 turbulent dissipation rates near mixing hotspots in the deep ocean. *Geophysical Research Let- ters*, **39 (24)**, n/a–n/a.
- Howard, L. N., 1961: Note on a paper of John W. Miles. *Journal of Fluid Mechanics*, 10 (04),
 509.
- IOC, SCOR, and IAPSO, 2010: *The international thermodynamic equation of seawater 2010: Calculation and use of thermodynamic properties*. Intergovernmental Oceanographic Commission, Manuals and Guides No. 56 UNESCO (English), 196 pp.
- Kantha, L. H., and C. A. Clayson, 2000: *Small Scale Processes in Geophysical Fluid Flows*,
 Vol. 67. Academic press, San Diego, California, 888 pp.
- Kilbourne, B. F., and J. B. Girton, 2015: Quantifying High-Frequency Wind Energy Flux into
 Near-Inertial Motions in the Southeast Pacific. *Journal of Physical Oceanography*, 45, 369–386.

- Kunze, E., E. Firing, J. M. Hummon, T. K. Chereskin, and A. M. Thurnherr, 2006: Global Abyssal 690 Mixing Inferred from Lowered ADCP Shear and CTD Strain Profiles. Journal of Physical 691 Oceanography, 36 (8), 1553–1576. 692
- Kunze, E., L. K. Rosenfeld, G. S. Carter, and M. C. Gregg, 2002: Internal Waves in Monterey 693 Submarine Canyon. *Journal of Physical Oceanography*, **32**, 1890–1913.

694

- Kunze, E., and T. B. Sanford, 1984: Observations of Near-Inertial Waves in a Front. Journal of 695 *Physical Oceanography*, **14** (**3**), 566–581. 696
- Ledwell, J. R., E. Montgomery, K. L. Polzin, L. St. Laurent, R. W. Schmitt, and J. M. Toole, 2000: 697
- Evidence for enhanced mixing over rough topography in the abyssal ocean. *Nature*, **403** (6766), 698 179-82. 699
- Liu, W., F. P. Bretherton, Z. Liu, L. Smith, H. Lu, and C. J. Rutland, 2010: Breaking of Progres-700 sive Internal Gravity Waves: Convective Instability and Shear Instability*. Journal of Physical 701 Oceanography, 40, 2243–2263. 702
- McFarlane, N. a., 1987: The Effect of Orographically Excited Gravity Wave Drag on the General 703
- Circulation of the Lower Stratosphere and Troposphere. Journal of the Atmospheric Sciences, 704 **44 (14)**, 1775–1800. 705
- Merckelbach, L., D. Smeed, and G. Griffiths, 2010: Vertical Water Velocities from Underwater 706 Gliders. Journal of Atmospheric and Oceanic Technology, 27 (3), 547–563. 707
- Meyer, A., K. L. Polzin, B. M. Sloyan, and H. E. Phillips, 2016: Internal Waves and Mixing near 708 the Kerguelen Plateau. Journal of Physical Oceanography, 46 (2), 417–437. 709
- Miles, J. W., 1961: On the stability of heterogeneous shear flows. Journal of Fluid Mechanics, 710 10 (04), 496. 711

- Millard, R. C., W. B. Owens, and N. P. Fofonoff, 1990: On the calculation of the Brunt-Väisälä 712 frequency. *Deep-Sea Research*, **37** (1), 167–181. 713
- Munk, W., 1980: Internal waves and small-scale processes. Evolution of Physical Oceanography: 714 Scientific Surveys in Honor of Henry Stommel, B. A. Warren, and C. Wunsch, Eds., MIT Press, 715 264 - 290.716
- Nash, J. D., M. H. Alford, and E. Kunze, 2005: Estimating Internal Wave Energy Fluxes in the 717 Ocean. Journal of Atmospheric and Oceanic Technology, 22 (10), 1551–1570. 718
- Naveira Garabato, A. C., a. J. G. Nurser, R. B. Scott, and J. a. Goff, 2013: The Impact of Small-719
- Scale Topography on the Dynamical Balance of the Ocean. Journal of Physical Oceanography, 720 **43 (3)**, 647–668. 721
- Naveira Garabato, A. C., K. L. Polzin, B. A. King, K. J. Heywood, and M. Visbeck, 2004: 722 Widespread intense turbulent mixing in the Southern Ocean. Science, **303** (5655), 210–3. 723
- Nikurashin, M., and R. Ferrari, 2010: Radiation and Dissipation of Internal Waves Generated 724 by Geostrophic Motions Impinging on Small-Scale Topography: Application to the Southern 725 Ocean. Journal of Physical Oceanography, 40 (9), 2025–2042. 726
- Nikurashin, M., and R. Ferrari, 2011: Global energy conversion rate from geostrophic flows into 727 internal lee waves in the deep ocean. *Geophysical Research Letters*, **38 (8)**, 1–6. 728
- Nikurashin, M., R. Ferrari, N. Grisouard, and K. Polzin, 2014: The Impact of Finite-Amplitude 729
- Bottom Topography on Internal Wave Generation in the Southern Ocean. Journal of Physical 730
- Oceanography, 44 (11), 2938–2950. 731

733

Orlanski, I., and K. Bryan, 1969: Formation of the thermocline step structure by large-amplitude 732 internal gravity waves. Journal of Geophysical Research, 74 (28), 6975.

- Peters, H., M. C. Gregg, and T. B. Sanford, 1995: Detail and scaling of turbulent overturns in the
 Pacific Equatorial Undercurrent. *J. Geophys. Res.*, **100** (C9), 18 349–18 368.
- Phillips, H. E., and N. L. Bindoff, 2014: On the nonequivalent barotropic structure of the Antarctic
 Circumpolar Current: An observational perspective. *Journal of Geophysical Research: Oceans*,
 n/a–n/a.
- Pinkel, R., M. Buijsman, and J. Klymak, 2012: Breaking Topographic Lee Waves in a Tidal
 Channel in Luzon Strait. *Oceanography*, 25 (2), 160–165.
- Polzin, K. L., a. C. Naveira Garabato, E. P. Abrahamsen, L. Jullion, and M. P. Meredith, 2014:
 Boundary mixing in Orkney Passage outflow. *Journal of Geophysical Research: Oceans*, n/a–
 n/a.
- Sanford, T. B., 1971: Motionally induced electric and magnetic fields in the sea. *Journal of Geo- physical Research*, **76** (15), 3476–3492.
- Sanford, T. B., J. Dunlap, J. Carlson, D. Webb, and J. B. Girton, 2005: Autonomous velocity
 and density profiler: EM-APEX. *Proceedings of the IEEE/OES Eighth Working Conference on Current Measurement Technology*, 2005., Ieee, 152–156.

- ⁷⁵⁰ characteristics of internal gravity wave generation by geostrophic flow over topography. *Journal* ⁷⁵¹ of Geophysical Research, 116 (C9), C09 029.
- ⁷⁵² Sheen, K., and Coauthors, 2013: Rates and mechanisms of turbulent dissipation and mixing in the
- ⁷⁵³ Southern Ocean: Results from the Diapycnal and Isopycnal Mixing Experiment in the Southern
- ⁷⁵⁴ Ocean (DIMES). *Journal of Geophysical Research: Oceans*, **118** (6), 2774–2792.

⁷⁴⁹ Scott, R. B., J. a. Goff, a. C. Naveira Garabato, and a. J. G. Nurser, 2011: Global rate and spectral

- Smith, W. H., and D. T. Sandwell, 1997: Global Sea Floor Topography from Satellite Altimetry
 and Ship Depth Soundings. *Science*, 277 (5334), 1956–1962.
- ⁷⁵⁷ St. Laurent, L., a. C. Naveira Garabato, J. R. Ledwell, a. M. Thurnherr, J. M. Toole, and a. J. Wat-
- son, 2012: Turbulence and Diapycnal Mixing in Drake Passage. *Journal of Physical Oceanog-*

⁷⁵⁹ *raphy*, **42** (**12**), 2143–2152.

- Talley, L., 2013: Closure of the Global Overturning Circulation Through the Indian, Pacific, and
 Southern Oceans: Schematics and Transports. *Oceanography*, 26 (1), 80–97.
- Taylor, G. I., 1935: Statistical Theory of Turbulence. *Proceedings of the Royal Society A: Mathe-*
- *matical, Physical and Engineering Sciences*, **151** (**873**), 421–444.
- Thorpe, S. A., 1977: Turbulence and Mixing in a Scottish Loch. *Philosophical Transactions of the Royal Society of London. Series A, Mathematical and Physical Sciences*, 286 (1334), 125–181.
- Thurnherr, A. M., E. Kunze, J. M. Toole, L. St. Laurent, K. J. Richards, and A. Ruiz-Angulo,
 2015: Vertical kinetic energy and turbulent dissipation in the ocean. *Geophysical Research Letters*, 42 (18), 7639–7647.
- ⁷⁶⁹ Vallis, G. K., 2006: *Atmospheric and Oceanic Fluid Dynamics*. Cambridge University Press, 745
 ⁷⁷⁰ pp.
- Waterhouse, A. F., and Coauthors, 2014: Global Patterns of Diapycnal Mixing from Measurements
 of the Turbulent Dissipation Rate. *Journal of Physical Oceanography*, 44 (7), 1854–1872.
- ⁷⁷³ Waterman, S., A. C. Naveira Garabato, and K. L. Polzin, 2013: Internal Waves and Turbulence in
- the Antarctic Circumpolar Current. *Journal of Physical Oceanography*, **43** (2), 259–282.

- Waterman, S., K. L. Polzin, A. C. Naveira Garabato, K. L. Sheen, and A. Forryan, 2014: Suppression of Internal Wave Breaking in the Antarctic Circumpolar Current near Topography. *Journal of Physical Oceanography*, 44 (5), 1466–1492.
- ⁷⁷⁸ Watson, A. J., J. R. Ledwell, M.-J. Messias, B. a. King, N. Mackay, M. P. Meredith, B. Mills, and
- A. C. Naveira Garabato, 2013: Rapid cross-density ocean mixing at mid-depths in the Drake
- Passage measured by tracer release. *Nature*, **501** (**7467**), 408–11.
- 781 Welch, W. T., P. Smolarkiewicz, R. Rotunno, and B. a. Boville, 2001: The Large-Scale Effects
- of Flow over Periodic Mesoscale Topography. *Journal of the Atmospheric Sciences*, 58 (12),
 1477–1492.
- ⁷⁸⁴ Wunsch, C., 1998: The Work Done by the Wind on the Oceanic General Circulation. *Journal of* ⁷⁸⁵ *Physical Oceanography*, **28** (11), 2332–2340.

786 LIST OF TABLES

Table 1. Vertical velocity model parameter estimates after optimisation for the two floats are displayed in the latter two columns, including the one standard deviation uncertainty. Expected values come from technical specifications for EM-APEX.
 41

TABLE 1. Vertical velocity model parameter estimates after optimisation for the two floats are displayed in
 the latter two columns, including the one standard deviation uncertainty. Expected values come from technical

⁷⁹³ specifications for EM-APEX.

Parameter	Units	Expected	Float 4976	Float 4977
V ₀	$10^{-2} {\rm m}^3$	2.62	2.62 ± 0.0	2.62 ± 0.0
C_D^*	$10^{-2} {\rm m}^2$	2.9	3.5 ± 0.6	2.2 ± 0.4
α_p	$10^{-6} \mathrm{dbar}^{-1}$	3.67	3.6 ± 0.3	3.8 ± 0.2
$lpha_k$	10^{-6} m^3	1.156	1.5 ± 0.3	1.0 ± 0.2

794 LIST OF FIGURES

795 796 797	Fig. 1.	Map of the northern Scotia Sea with float trajectories and vertical microstructure profiler stations used in calibrating the float-derived dissipation rates. Lee wave measurements were obtained within the boxed region, which is expanded in Figure 6.	•	44
798 799 800 801 802	Fig. 2.	Histogram of vertical velocity measurements from depths greater than 50 m. The results from both floats have been combined. The black histogram contains observations from the far field that were used to optimise the velocity model. The grey histogram contains observations from the area of the wave observation, the same profiles displayed in Figure 4. A Gaussian with zero mean and 0.9 cm s^{-1} standard deviation is shown for reference.		45
803 804 805 806	Fig. 3.	Vertical kinetic energy spectrum from 100 each profiles each from both floats (faint grey shading), as well as the mean (solid black) plotted against vertical wavenumber. The peak at 0.02 rad m^{-1} is likely caused by aliasing. The reference GM spectrum is also shown (dashed black).		46
807 808 809 810 811 812 813	Fig. 4.	An observed series of profiles for the two floats, split into rows of zonal (u') , meridional (v') and vertical velocity (w') , and buoyancy (b') . The observations are centred around the ridge crest, and approximately correspond to the section of Figure 6b between 0 km and 20 km downstream of the ridge. Each minor column represents the results from a single profile, and is numbered by its profile ID. The two major columns separate results for the two floats. The shaded regions mark segments of profiles that contain a coherent wave signal in multiple velocity components, as well as a vertical velocity amplitude in excess of 10 cm s ⁻¹ .		47
814 815	Fig. 5.	Profiles (light grey) of buoyancy frequency, zonal velocity and meridional velocity taken prior to the large vertical velocity perturbations. Mean profiles are shown in black.		48
816 817 818 819 820	Fig. 6.	a) Mean horizontal velocity vector below 100 m within the boxed region in Figure 1. Arrow colour denotes the standard deviation of vertical velocity measured below 100 m depth. Depth is contoured in 500 m increments. b) A vertical section of vertical velocity from the same region. The observations from both floats are superposed, and topography from Smith and Sandwell (1997) database is shaded.		49
821 822 823 824 825	Fig. 7.	a) Two estimates of frequency normalised by the local buoyancy frequency, displayed as box and whisker plots. The estimates were obtained using Equations (A9) and (A10), which label the <i>x</i> -axis. The inner line of each box denotes the median frequency. The two horizontal lines indicate the buoyancy frequency, <i>N</i> , and inertial frequency, <i>f</i> . b) A box and whisker plot of the aspect ratio $\alpha = \frac{k_h}{m}$, estimated from the velocity amplitudes.		50
826 827 828 829	Fig. 8.	Estimates of a) energy density, E ; b) vertical energy flux, $\overline{w'p'}$; and c) vertical flux of horizontal momentum, $F_M^{(z)}$. The error bars are displayed as box and whisker plots derived from a bootstrapping technique, the inner box contains 50% of estimates, the central line denotes the median and outer whiskers encompass the full range of estimates.		51
830 831	Fig. 9.	Vertical flux of horizontal momentum vectors, $\rho_0(\overline{w'u'}, \overline{w'v'})$, labelled by profile number. Arrow colour denotes the vertical energy flux. Depth is contoured in 500 m increments.		52
832 833	Fig. 10.	Comparison of linear internal wave fits and observations for two float profiles. The quantities u', v', w', b' and p' are plotted as a function of time since start of profile.		53
834 835	Fig. 11.	Comparison of linear internal wave fit-based diagnostics and direct estimates from observations for a) wavenumber components (for which there is no observational estimate); b)		

836		frequency normalised by buoyancy frequency; c) energy density; d) vertical energy flux;
837		and e) vertical flux of horizontal momentum. The fits were conducted on profile 32 from
838		float 4976 and profile 26 from float 4977
839	Fig. 12.	a) Depth-integrated turbulent kinetic energy dissipation (TKED) rate. b) Thorpe scale de-
840		rived estimate of the TKED rate on a logarithmic scale, the large circles denote 200 m bin
841		averages. c) Large eddy method (LEM) derived TKED rate calculated on a 20 m slid-
842		ing window. d) Bathymetry. Measurements smaller than the noise threshold of the LEM,
843		$c(w_{noise})^2 N$, where the noise velocity, $w_{noise} = 1 \text{ mm s}^{-1}$, have not been plotted. Similarly,
844		portions of the water column where overturns are not detected have no associated Thorpe
845		estimate



FIG. 1. Map of the northern Scotia Sea with float trajectories and vertical microstructure profiler stations used in calibrating the float-derived dissipation rates. Lee wave measurements were obtained within the boxed region, which is expanded in Figure 6.



FIG. 2. Histogram of vertical velocity measurements from depths greater than 50 m. The results from both floats have been combined. The black histogram contains observations from the far field that were used to optimise the velocity model. The grey histogram contains observations from the area of the wave observation, the same profiles displayed in Figure 4. A Gaussian with zero mean and 0.9 cm s^{-1} standard deviation is shown for reference.



FIG. 3. Vertical kinetic energy spectrum from 100 each profiles each from both floats (faint grey shading), as well as the mean (solid black) plotted against vertical wavenumber. The peak at 0.02 rad m⁻¹ is likely caused by aliasing. The reference GM spectrum is also shown (dashed black).



FIG. 4. An observed series of profiles for the two floats, split into rows of zonal (u'), meridional (v') and vertical velocity (w'), and buoyancy (b'). The observations are centred around the ridge crest, and approximately correspond to the section of Figure 6b between 0 km and 20 km downstream of the ridge. Each minor column represents the results from a single profile, and is numbered by its profile ID. The two major columns separate results for the two floats. The shaded regions mark segments of profiles that contain a coherent wave signal in multiple velocity components, as well as a vertical velocity amplitude in excess of 10 cm s⁻¹.



FIG. 5. Profiles (light grey) of buoyancy frequency, zonal velocity and meridional velocity taken prior to the large vertical velocity perturbations. Mean profiles are shown in black.



FIG. 6. a) Mean horizontal velocity vector below 100 m within the boxed region in Figure 1. Arrow colour denotes the standard deviation of vertical velocity measured below 100 m depth. Depth is contoured in 500 m increments. b) A vertical section of vertical velocity from the same region. The observations from both floats are superposed, and topography from Smith and Sandwell (1997) database is shaded.



FIG. 7. a) Two estimates of frequency normalised by the local buoyancy frequency, displayed as box and whisker plots. The estimates were obtained using Equations (A9) and (A10), which label the *x*-axis. The inner line of each box denotes the median frequency. The two horizontal lines indicate the buoyancy frequency, *N*, and inertial frequency, *f*. b) A box and whisker plot of the aspect ratio $\alpha = \frac{k_h}{m}$, estimated from the velocity amplitudes.



⁸⁷⁴ FIG. 8. Estimates of a) energy density, E; b) vertical energy flux, $\overline{w'p'}$; and c) vertical flux of horizontal ⁸⁷⁵ momentum, $F_M^{(z)}$. The error bars are displayed as box and whisker plots derived from a bootstrapping technique, ⁸⁷⁶ the inner box contains 50% of estimates, the central line denotes the median and outer whiskers encompass the ⁸⁷⁷ full range of estimates.



⁸⁷⁸ FIG. 9. Vertical flux of horizontal momentum vectors, $\rho_0(\overline{w'u'}, \overline{w'v'})$, labelled by profile number. Arrow ⁸⁷⁹ colour denotes the vertical energy flux. Depth is contoured in 500 m increments.



FIG. 10. Comparison of linear internal wave fits and observations for two float profiles. The quantities u', v', w', b' and p' are plotted as a function of time since start of profile.



FIG. 11. Comparison of linear internal wave fit-based diagnostics and direct estimates from observations for a) wavenumber components (for which there is no observational estimate); b) frequency normalised by buoyancy frequency; c) energy density; d) vertical energy flux; and e) vertical flux of horizontal momentum. The fits were conducted on profile 32 from float 4976 and profile 26 from float 4977.



FIG. 12. a) Depth-integrated turbulent kinetic energy dissipation (TKED) rate. b) Thorpe scale derived estimate of the TKED rate on a logarithmic scale, the large circles denote 200 m bin averages. c) Large eddy method (LEM) derived TKED rate calculated on a 20 m sliding window. d) Bathymetry. Measurements smaller than the noise threshold of the LEM, $c(w_{noise})^2N$, where the noise velocity, $w_{noise} = 1 \text{ mm s}^{-1}$, have not been plotted. Similarly, portions of the water column where overturns are not detected have no associated Thorpe estimate.