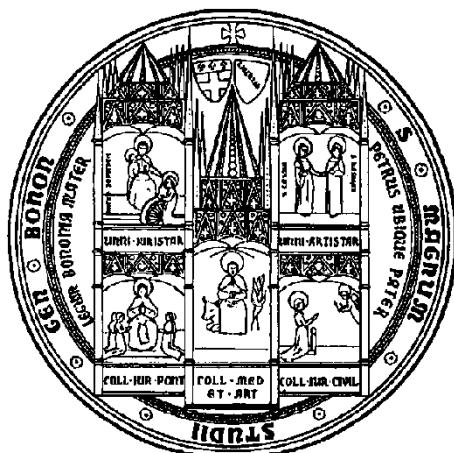




Facoltà di Scienze Motorie

# Bibliografia e ricerca scientifica nel tennistavolo



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## Principali fonti

- **Riviste scientifiche**
- Proceedings dei congressi
- Libri di testo, manuali, ecc
- Riviste divulgative
- Materiale on-line
- Ecc.



# la bibliografia nel tennistavolo

## Articoli scientifici

Rodano R., Del Rossi D., Manoni A., Del Leva P., Mallozzi L., Carvelli E.	Cinematica del tennistavolo: applicazione di un sistema di elaborazione automatica dell'immagine televisiva ELITE allo studio della cinematica del tennistavolo	Scuola dello Sport	1991
Sheppard Alex and Francois Xavier Li	Expertise and the control of interception in table tennis	European Journal of Sport Sciences	2007
Ushiyama Y., Tamaki T., Hashimoto O. and Igarashi H.	Measuring the spin of the ball by digital image analysis	Science and Racket Sports III	2004
Wei Xie, Kong Chuan Teh and Zhi Feng Qin	Speed and spin of Ø 40 mm table tennis ball and effects on elite players	ISBS Conference	2002
Xiaopeng Z.	An experimental investigation into the influence of the speed and spin by balls of different diameters and weights	Science and Racket Sports II	1998
Yoichi I. at al.	Contributions of upper limb rotations to racket velocity in table tennis backhands against topspin and backspin	Journal of Sports Sciences	2008
Yoichi I., Takeji K.	Kinematics of table tennis topspin forehands: effects of performance level and ball spin	ISBS Conference	2008
Yoichi Lino and Takeji Kojima	Kinematics of table tennis forehands: effects of performance level and ball spin	Journal of Sports Sciences	2009
Yoshida K., Sugiyama K. And Seve C.	The technique used to receive a rotating ball in table tennis	Science and Racket Sports III	2004



# la bibliografia nel tennistavolo

## Articoli scientifici

Haifan Z., Yuqin S.	kinematics of forehand attack on accelerated loop techniques in table tennis- a case study	ISBS Conference	2008
Jing Wang, Jihe Zhou, Xiaofeng Li and Lingshan Li	Biomechanical kinetic analysis of serve techniques in table tennis for elite women player Yining Zhang	ISBS Conference	2008
K.T. Lee and W. Xie	Comparative studies between the techniques of Singapore and Thailand male elite table tennis players for SEA Games 2001	ISBS Conference	2004
Kasai J. and Mori T.	A qualitative 3D analysis of forehand strokes in table tennis	Science and Racket Sports II	1998
Kondric M., Medved V., Baca A., Kasovic M., Furjan-Mandic G. and Slantinsek U.	Kinematic analysis of top spin stroke with balls of two different sizes	Proceedings of the 10th ITTF Sport Science Congress	2007
Lees A.	An overview of the application of biomechanics to racket sports	Science and Racket Sports III	2004
Lees A.	Biomechanical of racket sports: developments and current status	Science and Racket Sports IV	2009
Lees Adrian	Science and the major racket sports: a review	Journal of Sport Sciences	2003



# la bibliografia nel tennistavolo

## Articoli scientifici

Malagoli Lanzoni I., Lobietti R.	<b>A pilot study to compare footwork techniques used in Table tennis</b>	Proceedings of The World Congress of Performance Analysis of Sport VIII	2008	Magdeburg, Germany	p. 58-62
Malagoli Ianzoni I., Lobietti R. and Merni F.	<b>Footwork in relationship with strokes and efficacy during the 29th Olympic games table tennis final</b>	Journal of the 11° ITTF Sport Science Congress	2009	Yokohama, Japan	
Malagoli Lanzoni I., Lobietti R., Merni F.	<b>Footwork techniques used in table tennis: a qualitative analysis</b>	Proceedings of the 10th ITTF Sport Science Congress	2007	Zagreb, Croatia	p. 401-408
Malagoli Lanzoni I., Relatore: Prof.Merni F., Correlatore: Prof.Lobietti R.	<b>Analisi tecnica del tennistavolo: gli spostamenti</b>	Tesi di laurea	a.a. 2007/2008	Italy	



# la bibliografia nel tennistavolo

## LIBRI e MANUALI

### MANUALI TECNICI

Deniso P., Fruscione P., Quintiliani M.	<b>Tennistavolo, preparazione fisica, tecnica e didattica</b>	Società stampa sportiva	Roma	1992
Tepper G.	<b>ITTF level 1 coaching manual</b>	ITTF	<a href="http://www.ittf.com">www.ittf.com</a>	2003
Molodzoff P.	<b>ITTF advanced coaching manual</b>	ITTF		2008

## Proceedings dei congressi ITTF Sport Science Committee



### Congress history

No.	Year	Date    Month	City (Nation)	WTTC
1	1989	23 – 27 March	Rome (Italy)	Dortmund (Germany)
2	1991	21 – 23 April	Fukaya (Japan)	Chiba (Japan)
3	1993	7 – 10 May	Falkenberg (Sweden)	Gothenburg (Sweden)
4	1995	27 – 30 April	Beijing (China)	Tianjin (China)
5	1997	22 – 25 April	Lilleshall (UK)	Manchester (UK)
6	1999	18 – 19 February	Kuala Lumpur (Malaysia)	Kuala Lumpur (Malaysia)
7	2001	21 – 23 April	Osaka (Japan)	Osaka (Japan)
8	2003	17 – 19 May	Paris (France)	Paris (France)
9	2005	28 – 30 April	Shanghai (China)	Shanghai (China)
10	2007	18 – 20 May	Zagreb (Croatia)	Zagreb (Croatia)
11	2009	25 – 27 April	Yokohama (Japan)	Yokohama (Japan)

12. ROTTERDAM (Olanda): 12 th Sport Science Congress  
5-6-7 maggio 2011





# la bibliografia nel tennistavolo

## Proceedings dei congressi

## ITTF Sport Science Committee

A.Lees, I.Maynard, M.Hughes & T.Reilly (Eds.)	<b>Science and Racket Sports II</b>	London: E & FN Spon	1998
A.Lees, J.-F. Kahn and I.Maynard	<b>Science and Racket Sports III</b>	Routledge	2004
A.Lees, D.Cabello and G.Torres	<b>Science and Racket Sports IV</b>	Routledge	2009
Kondric M.	<b>Proceedings of the 10th ITTF Sport Science Congress (Zagreb, Croatia)</b>	ITTF	2007
In stampa	<b>Journal of the 11th ITTF Sport Science Congress (Yokohama, Japan)</b>	ITTF	2009

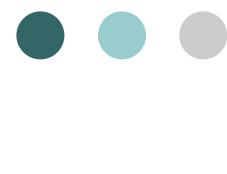


# la bibliografia nel tennistavolo

## Proceedings dei congressi

## ITTF Sport Science Committee

A.Lees, I.Maynard, M.Hughes & T.Reilly (Eds.)	<b>Science and Racket Sports II</b>	London: E & FN Spon	1998
A.Lees, J.-F. Kahn and I.Maynard	<b>Science and Racket Sports III</b>	Routledge	2004
A.Lees, D.Cabello and G.Torres	<b>Science and Racket Sports IV</b>	Routledge	2009
Kondric M.	<b>Proceedings of the 10th ITTF Sport Science Congress (Zagreb, Croatia)</b>	ITTF	2007
ITTF	<b>International Journal of table tennis Sciences n°6 (Yokohama, Japan)</b>	ITTF	2010



# Riviste divulgative (per appassionati e tecnici)



# Materiale on-line:

ETTU - European Table Tennis Union - Windows Internet Explorer

File Modifica Visualizza Preferiti Strumenti ?

Google Effettua la ricerca Condividi Traduci Compilazione automatica Entrà

AVG Search Page Status News

Preferiti Siti suggeriti Hotmail gratuita Scarica altri add-on

Outlook Web App Katamail - ivanmalagoli@... Tennistavolo Villa D'Oro ... Sports Science Congress ... ETTU - European Tab... Pagina Sicurezza Strumenti

The official European Table Tennis Union website - HOME - Search - Help - Site Map - Contact  
ABOUT ETTU, NEWS, CALENDAR, RANKINGS, EVENTS, MARKETING, DEVELOPMENT, TT4ALL

ETTU WEB TV CHANNEL

Champions League Semifinals April 15 & 16 LIVE and FREE on AOL.tv

2011 European Youth Championships

2011 European Veterans Championships

EVTTC 2011 LIBEREC

Table Tennis Technical Review mAg Last update 2010.03.15

Motor speed has to be trained by method

Do you know there is a latin term for table tennis? "Ludus pilae mensalis". Some assumptions about motor speed in sports were tested by means of arms movements in table tennis. German coaches Association offering an interesting analysis on this subject... [»](#)

Quick actions during German Cup Final Four (Photo Roscher)

Youth and Development activities, click here

More Subjects

- TT new generation : smaller and bigger problems of Europe (2010-10-25) [»](#)
- J. GRYCAN: training techniques based on Chinese model (2010-08-02) [»](#)
- Multiskills: advices to become an all around player (2010-04-20) [»](#)

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# Materiale on-line:

**www.butterfly-world.com**

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[Jun Mizutani:  
Forehand service](#)  
[Jun opens the game – part 2](#)  
[Jun opens the game – part 3](#)  
[Sayaka Hirano:  
Forehand topspin from leaning back](#)  
[Boll opens the game – part 1](#)  
[Backhand flip](#)  
[Zhang Jike -  
Backhand topspin above the table](#)  
[Zhang Jike's  
forehand reverse serve](#)  
[Basics with  
Werner Schlager](#)  
[Ryu Seung Min's  
forehand "jump"  
topspin](#)  
[Basics with R.  
Prause - Service](#)

**Jun Mizutani's high forehand service with a sudden change of direction**

Jun Mizutani is known as the Japanese player who might make it into the top 10 of the World Ranking List. At the moment he is ranked number 29. The brilliant technician Jun has also developed his very own service variety. He belongs to those who throw up the ball far above their heads and execute some surprising arm movements. The picture series in front of us gives us one example.

**Starting phase:** Pictures 1-6: Jun is standing beside the table with his back sideways towards his opponent (picture 1). His right upper leg seems to touch the edge of the table. His feet are parallel about shoulder wide apart. The ball has left the hand already and can't be seen on the picture. Jun's eyes follow the ball which is about one to two metres high. His bat is in front of his body. While he is taking the arm, which has thrown up the ball, down (picture 2), his other arm draws a semi-circle with the bat in the direction of the right hip. Like most top players he has taken his fingers away from the grip for a forehand serve. He holds the bat between his index finger and thumb to enable better wrist movement and speed. On picture 3 we can see that the arm which has thrown up the ball is down to shoulder height. The bat has reached the end of the backswing to the right.

Pictures 4-6: Jun is now pulling the bat fast in the opposite direction (dotted line hinted at on picture 3) and takes it to the end of the backswing (picture 6). On picture 4 we can also

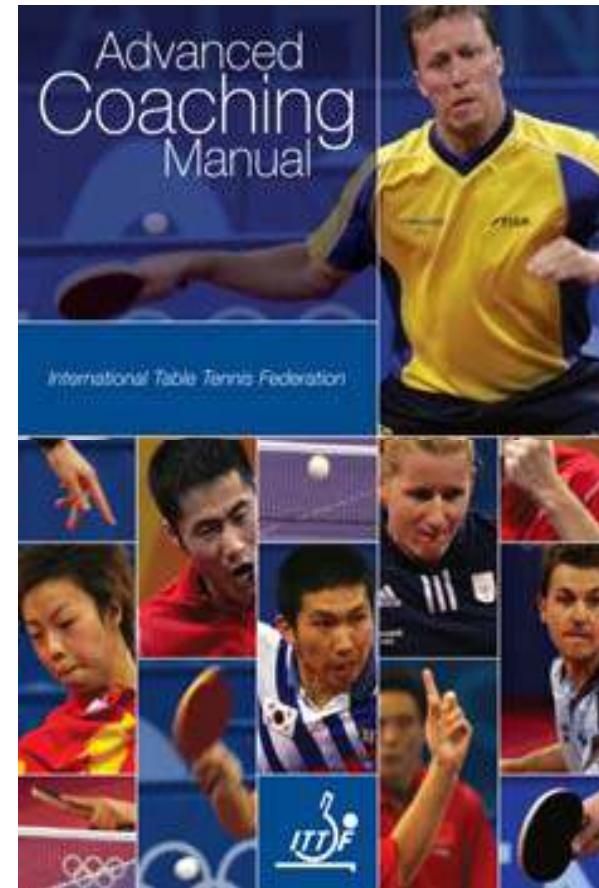




# la bibliografia nel tennistavolo

## ARGOMENTI TRATTATI

- Manuali tecnici
- Medicina ed infortunistica
- Fisiologia
- Psicologia
- Percezione
- Selezione
- Allenamento
- Materiali
- Analisi delle partite
- Biomeccanica
- Review
- Nutrizione
- Ecc...





# la bibliografia nel tennistavolo

## Articoli scientifici

review					
Lees Adrian	<b>Science and the major racket sports: a review</b>	Journal of Sport Sciences	2003	Vol. 21	p. 707-732
biomechanics	<b>Speed and spin of 40mm table tennis ball and the effects on elite players</b>	ISBS Conference	2002	Caceres, Spain	P. 623-626
Yoichi I. at al.	<b>Contributions of upper limb rotations to racket velocity in table tennis backhands against topspin and backspin</b>	Journal of Sports Sciences	2008	Vol. 26 (3)	p. 287-293
health and injuries					
Laure P. and Hosy J.	<b>Do? Clean? Glues used in table tennis present health hazards?</b>	Science and Sports	1998	vol 13 (5)	p. 230-232
Kahn Jean Francois	<b>Prevention of injuries and cardiovascular events in veteran table tennis players</b>	Proceedings of the IV World Congress of Science and Racket Sport	2006	Madrid, Spain	



# la bibliografia nel tennistavolo

## Articoli scientifici

physiology						
Zagatto A. M., Papoti M. and Gobatto C. A.	<b>Anaerobic capacity may not be determinated by critical power model in elite table tennis players</b>	Journal of Sport Sciences and medicine	2008	Vol. 7	p. 54-59	
psychology						
Seve C., Ria L., Poizat G., Saury J. And Durand M.	<b>Performance-induced experienced during high-stakes table tennis matches</b>	Psychology of sport and exercise	2007	Vol. 8	p. 25-46	
perception						
Ripoll H.	<b>Uncertainty and visual strategies in table tennis</b>	Perceptual and motor skills	1989	vol. 68	p. 507-512	
Sheppard Alex and Francois Xavier Li	<b>Expertise and the control of interception in table tennis</b>	European Journal of Sport Sciences	2007	Vol. 7 (4)	p. 213-222	
materials						
Peng C.Y., Chen J.L. and Shiang T.Y.	<b>The study of a new designed table tennis racket for training strike accuracy</b>	Journal of biomechanics	2006	vol. 39 (1)		



# TENNISTAVOLO



Yoichi I. at al.,

***Contributions of upper limb rotations to racket velocity in table tennis backhands against topspin and backspin,***

Journal of Sports Sciences, 2008, Vol. 26 (3), p. 287-293

- Soggetti: 11 atleti maschi esperti
- 14 markers
- 3 telecamere:  
2 (100 fps) e 1 (500 fps)
- Confronto fra due colpi:  
topspin e backspin

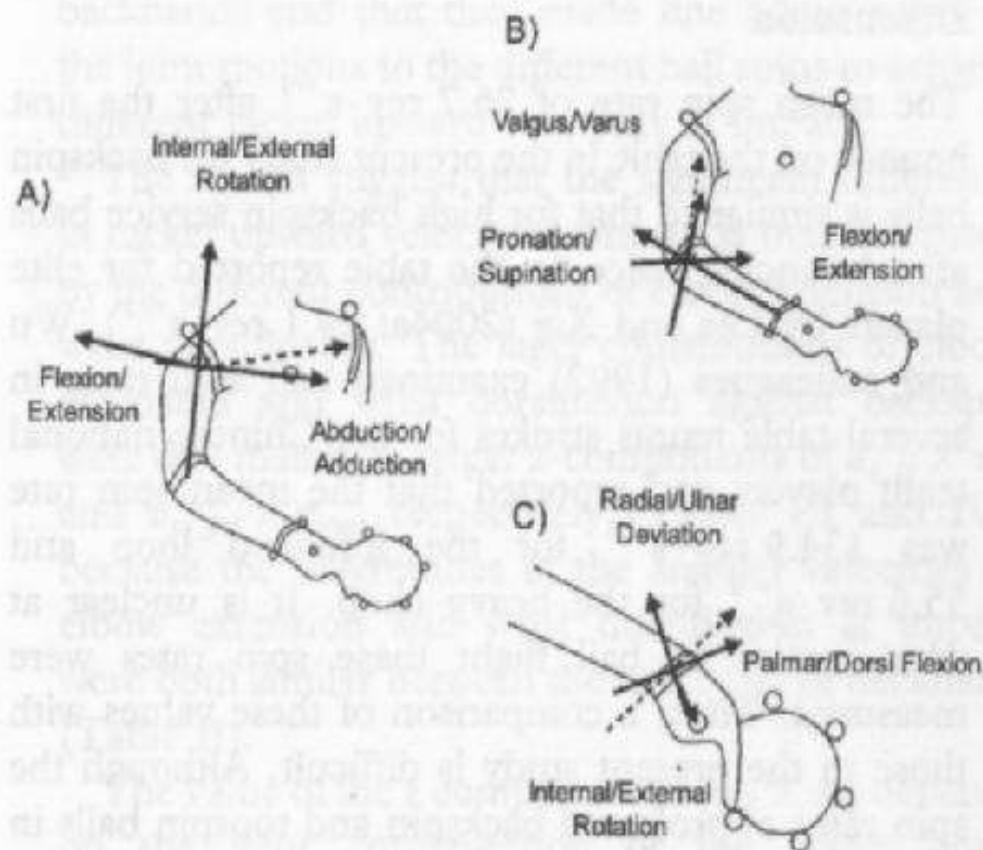


Figure 1. Definition of orthogonal joint coordinate systems for the shoulder (A), elbow/forearm (B), and wrist (C) joints.



Yoichi I. et al.,  
Journal of Sports Sciences,  
2008, Vol. 26 (3),  
p. 287-293

## Variabili:

(spalla, braccio, gomito, avambraccio,  
Polso, mano e racchetta )

- Angoli
- Velocità lineari
- Velocità angolari

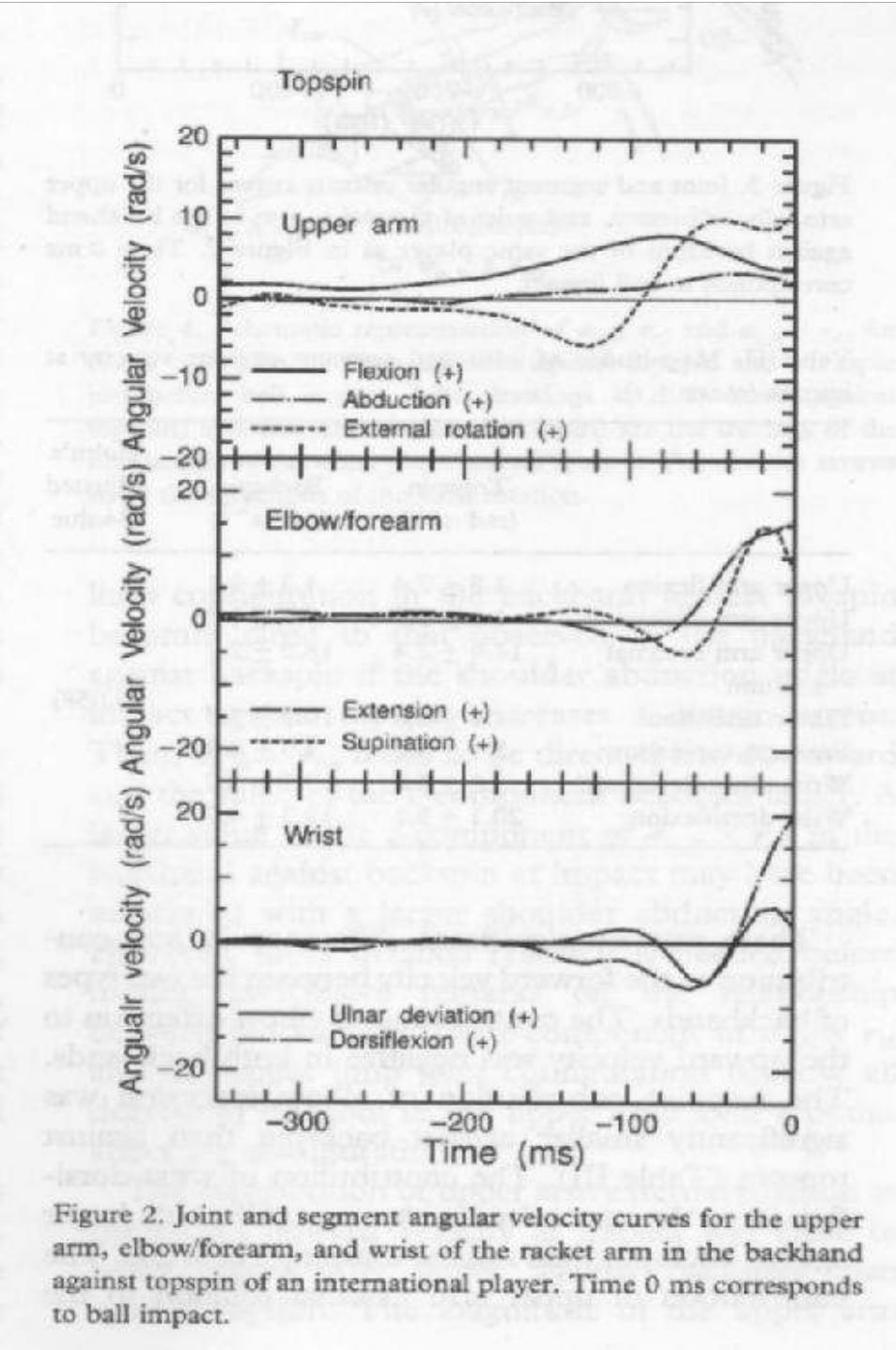


Figure 2. Joint and segment angular velocity curves for the upper arm, elbow/forearm, and wrist of the racket arm in the backhand against topspin of an international player. Time 0 ms corresponds to ball impact.



Ushiyama Y., Tamaki T., Hashimoto O. and Igarashi H.,  
***Measuring the spin of the ball by digital image analysis,***  
Science and Racket Sports III, 2004, pp. 129-133

- Soggetti:  
2 atlete donne
- Confronto fra due atlete di  
differente livello tecnico  
(1 esperta e 1 principiante)
- Markers: simboli disegnati  
random sulla pallina
- 1 Telecamera (analisi  
bidimensionale): 500 fps
- 4 Lampade alogene

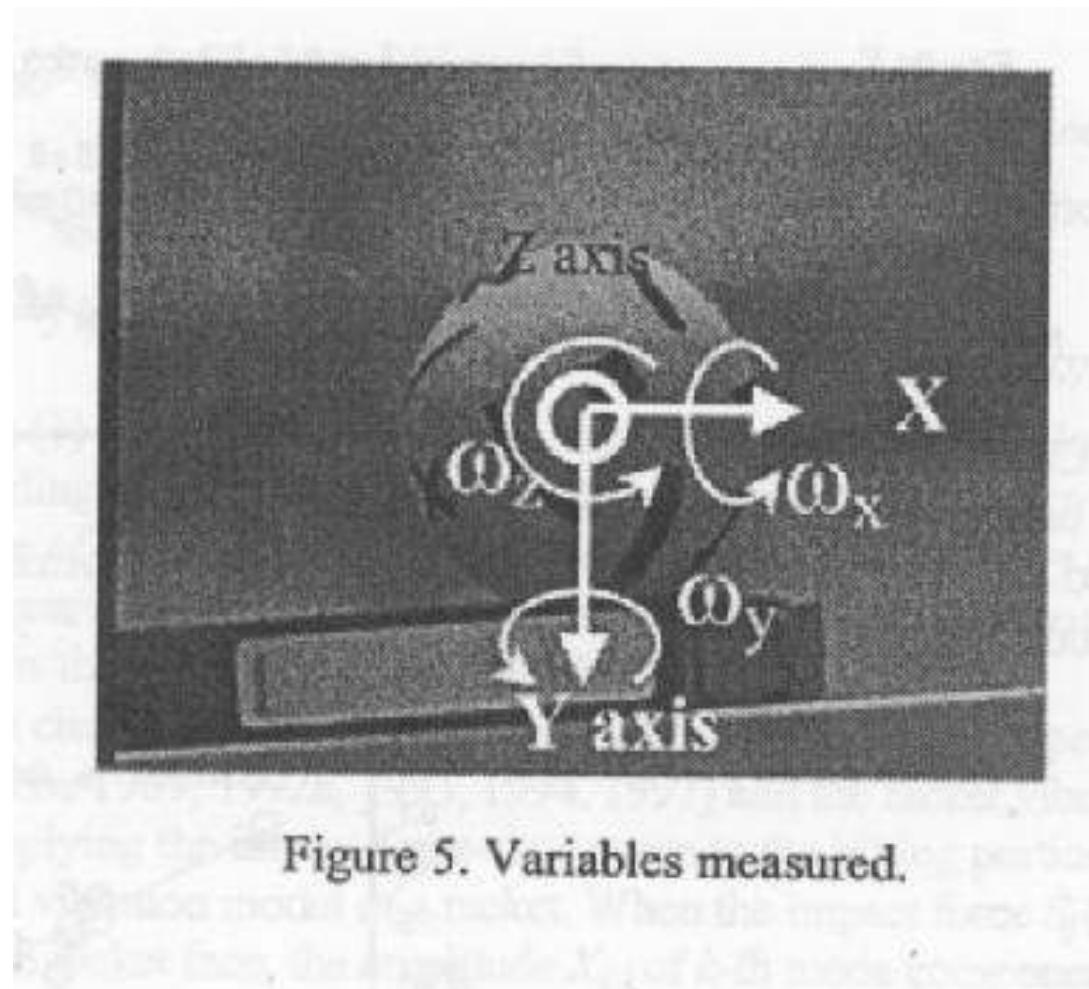


Figure 5. Variables measured.



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# GRAZIE!

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